KERTAS SOALAN FIRST PROFESSIONAL OSCE SESI 2008/2009 YEAR 2 PROGRAM KEJURURAWATAN



OSCE STATION 1: Administer Oxygen through face mask

Candidate No:			

				Score		
Step		Mark allocated	Not performed/ performed wrongly		Steps perform correctly	Total marks obtained:
1.	Greet the patient and explain the purpose	1				
2.	Clean patient's nostrils with orange stick dipped in normal saline.	2				
3.	Adjust oxygen flow rate to prescribed dosage, observe that water in humidifier is bubbling.	3				
4.	Apply face mask snugly to fit the nose and mouth.	3				
5.	Adjust elastic headband until it fits snugly and comfortably.	2				
6.	Secure tubing to patient's clothing.	2				
7.	Hang the 'No Smoking' Sign on cylinder.	2				
8.	Explain to patient the danger of smoking when oxygen therapy is on.	3				
9.	Inform patient that procedure is completed.	1				
10.	Make patient comfortable before leaving her.	1				
	Total	20				

Mark scored for the station =	5 x ()/ 20 =
Comments:		

Assessor: (AP Dr. Mehm Tha Shein)

Date: 1st July 2008

First Professional Examination 2008

OSCE Station 2: Perform a wound dressing

Cano	didat	te N	0:		

	Steps	Mark affocated	Not performed / performed wrongly	Score Performed but need to improved	Steps perform correctly	Total marks obtained
1.	Greet the patient and explain the procedure.	1				
2.	Prepare swabs for cleaning.	2				
3.	Clean the wound according to the following					
	steps while observing aseptic technique:					
	3.1 Clean from center outward.	3			representation of the control of the	
	3.2 Use one swab for each swipe.	3				
	3.3 Discard soiled swabs into a clinical waste	3				ł
	bag.]	
	3.4 Clean the skin 1 inch around the wound.	3				
4.	Cover wound with sufficient padding of	3				
	gauze.					
5.	Secure the dressing using adhesive tape.	1				
6.	Ensure the client is comfortable.	1				
	Total	20				

Note: If candidate violates the principle of asepsis or candidate is deemed failed this

procedure.	с римери	or ascesses or	tanaraate 1	s deemed 1	anca tn
Mark scored for the station =	5 x ()/ 20 =			
Comments:					

Assessor: (Mr. Rekaya Vincent Balang) Date: 1st July 2008

OSCE Station No 3: Perform Female Catheterization

			Score				
Steps		Mark allocated	Not performed/ performed wrongly	Performed but need to improved	Steps perform conectly	Total marks obtained	
1.	Greet the patient and explain the procedure.	1					
2.	Prepare swabs.	1					
3.	Lubricate the urinary catheter and place it inside the kidney dish.	1					
4.	Clean the labia majora, from the further to the nearer, from the top towards the anus.	1					
5.	Drape the client with a hole - towel exposing the genitalia area	1					
6.	Separate the labia majora with the left thumb and index finger.	1					
7.	Cleanse both labia minora.	1					
8.	Cleanse the vestibule.	1					
9.	Place the kidney dish containing the catheter near to the client valva on the sterile drape.	1					
10.	Introduce the catheter into the urethra meatus with using gloved hand, while instructing the patient to breathe in and out.	2					
11.	Insert the catheter 5-7.5 cm or until urine flows out of the catheter's end	2					
12.	Maintain separating the labia majora throughout.	3					
13.	Place the drainage end of the catheter in the kidney dish to collect the urine.	1					
14.	Withdraw the catheter when the urine flow ceases while instructing the client to breathe in deeply and exhale.	1					
15.	Remove the kidney dish with the catheter and urine.	1					
16.	Make client comfortable.	1					
	Total	20			<u> Fotal Marks</u>		

Note: If candidate violates the principle of asepsis or candidate is deemed failed this procedure.

Mark scored for the station =	5 x ()/ 20 =
Comments:		

Assessor:	Date: 1st July 2008
(Madam Chang Ching Thon)	

OSCE STATION 4: Administer an intramuscular injection

Candidate No:

	Steps	Mark allocated	Not performed/ performed wrongly	Score Performed but need to improved	Steps perform correctly	Total marks obtained
1	Greet the patient and explain the procedure.	1				
2	Select the site for injection.	1				
3	Cleanse the selected site correctly with alcohol swab.	1				
4	Allow the skin to dry.	1				
5	Pick up the prepared syringe and remove the needle guard without contaminating the needle.	1				
6	Spread the skin lightly by moving left index finger and thumb in opposite directions.	1				
7	Hold the barrel of the syringe in between the thumb and index finger of the right hand.	1				`
8	Inserts the needle at 90 degree angle with a firm quick forward thrust and hold the syringe securely.	2				
9	Stabilize the syringe by holding on the hub of the syringe using the thumb and index finger of the left hand.	2				
10	Gently pull back slightly on the plunger to ensure blood is aspirated. (withdraw the needle, discard both the medication and syringe, and start over at another site if blood is aspirated).	2				
9	Press the plunger with a smooth slow motion until all of the medication is injected.	1				
10	Wait for five second before removing the needle while stabilizing the skin with a dry swab.	2	-			
11	Apply gentle pressure over the injection site with a dry swab.	2				
12	Make the client comfortable	1				
13	Record the procedure.	1				
	Total	20				

Creet the patient and explain the procedure. 1	li i			wrongly	mploved	
2 Select the site for injection. 3 Cleanse the selected site correctly with alcohol swab. 4 Allow the skin to dry. 5 Pick up the prepared syringe and remove the needle guard without contaminating the needle. 6 Spread the skin lightly by moving left index finger and thumb in opposite directions. 7 Hold the barrel of the syringe in between the thumb and index finger of the right hand. 8 Inserts the needle at 90 degree angle with a firm quick forward thrust and hold the syringe securely. 9 Stabilize the syringe by holding on the hub of the syringe using the thumb and index finger of the left hand. 10 Gently pull back slightly on the plunger to ensure blood is aspirated. (withdraw the needle, discard both the medication and syringe, and start over at another site if blood is aspirated). 9 Press the plunger with a smooth slow motion until all of the medication is injected. 10 Wait for five second before removing the needle while stabilizing the skin with a dry swab.	1				F 15. 15.	
Cleanse the selected site correctly with alcohol swab. Allow the skin to dry. Pick up the prepared syringe and remove the needle guard without contaminating the needle. Spread the skin lightly by moving left index finger and thumb in opposite directions. Hold the barrel of the syringe in between the thumb and index finger of the right hand. Inserts the needle at 90 degree angle with a firm quick forward thrust and hold the syringe securely. Stabilize the syringe by holding on the hub of the syringe using the thumb and index finger of the left hand. Gently pull back slightly on the plunger to ensure blood is aspirated. (withdraw the needle, discard both the medication and syringe, and start over at another site if blood is aspirated). Press the plunger with a smooth slow motion until all of the medication is injected. Wait for five second before removing the needle while stabilizing the skin with a dry swab.			1			
alcohol swab. 4 Allow the skin to dry. 5 Pick up the prepared syringe and remove the needle guard without contaminating the needle. 6 Spread the skin lightly by moving left index finger and thumb in opposite directions. 7 Hold the barrel of the syringe in between the thumb and index finger of the right hand. 8 Inserts the needle at 90 degree angle with a firm quick forward thrust and hold the syringe securely. 9 Stabilize the syringe by holding on the hub of the syringe using the thumb and index finger of the left hand. 10 Gently pull back slightly on the plunger to ensure blood is aspirated. (withdraw the needle, discard both the medication and syringe, and start over at another site if blood is aspirated). 9 Press the plunger with a smooth slow motion until all of the medication is injected. 10 Wait for five second before removing the needle while stabilizing the skin with a dry swab. 11 Apply gentle pressure over the injection site with a dry swab.						
Fick up the prepared syringe and remove the needle guard without contaminating the needle. Spread the skin lightly by moving left index finger and thumb in opposite directions. Hold the barrel of the syringe in between the thumb and index finger of the right hand. Inserts the needle at 90 degree angle with a firm quick forward thrust and hold the syringe securely. Stabilize the syringe by holding on the hub of the syringe using the thumb and index finger of the left hand. Gently pull back slightly on the plunger to ensure blood is aspirated. (withdraw the needle, discard both the medication and syringe, and start over at another site if blood is aspirated). Press the plunger with a smooth slow motion until all of the medication is injected. Wait for five second before removing the needle while stabilizing the skin with a dry swab.		alcohol swab.	1			
needle guard without contaminating the needle. 6 Spread the skin lightly by moving left index finger and thumb in opposite directions. 7 Hold the barrel of the syringe in between the thumb and index finger of the right hand. 8 Inserts the needle at 90 degree angle with a firm quick forward thrust and hold the syringe securely. 9 Stabilize the syringe by holding on the hub of the syringe using the thumb and index finger of the left hand. 10 Gently pull back slightly on the plunger to ensure blood is aspirated. (withdraw the needle, discard both the medication and syringe, and start over at another site if blood is aspirated). 9 Press the plunger with a smooth slow motion until all of the medication is injected. 10 Wait for five second before removing the needle while stabilizing the skin with a dry swab.						
finger and thumb in opposite directions. Hold the barrel of the syringe in between the thumb and index finger of the right hand. Inserts the needle at 90 degree angle with a firm quick forward thrust and hold the syringe securely. Stabilize the syringe by holding on the hub of the syringe using the thumb and index finger of the left hand. Gently pull back slightly on the plunger to ensure blood is aspirated. (withdraw the needle, discard both the medication and syringe, and start over at another site if blood is aspirated). Press the plunger with a smooth slow motion until all of the medication is injected. Wait for five second before removing the needle while stabilizing the skin with a dry swab.		needle guard without contaminating the needle.	-			
thumb and index finger of the right hand. 8 Inserts the needle at 90 degree angle with a firm quick forward thrust and hold the syringe securely. 9 Stabilize the syringe by holding on the hub of the syringe using the thumb and index finger of the left hand. 10 Gently pull back slightly on the plunger to ensure blood is aspirated. (withdraw the needle, discard both the medication and syringe, and start over at another site if blood is aspirated). 9 Press the plunger with a smooth slow motion until all of the medication is injected. 10 Wait for five second before removing the needle while stabilizing the skin with a dry swab. 11 Apply gentle pressure over the injection site with a dry swab.		finger and thumb in opposite directions.	1			
firm quick forward thrust and hold the syringe securely. 9 Stabilize the syringe by holding on the hub of the syringe using the thumb and index finger of the left hand. 10 Gently pull back slightly on the plunger to ensure blood is aspirated. (withdraw the needle, discard both the medication and syringe, and start over at another site if blood is aspirated). 9 Press the plunger with a smooth slow motion until all of the medication is injected. 10 Wait for five second before removing the needle while stabilizing the skin with a dry swab. 11 Apply gentle pressure over the injection site with a dry swab.		thumb and index finger of the right hand.		1		`
the syringe using the thumb and index finger of the left hand. 10 Gently pull back slightly on the plunger to ensure blood is aspirated. (withdraw the needle, discard both the medication and syringe, and start over at another site if blood is aspirated). 9 Press the plunger with a smooth slow motion until all of the medication is injected. 10 Wait for five second before removing the needle while stabilizing the skin with a dry swab. 11 Apply gentle pressure over the injection site with a dry swab.		firm quick forward thrust and hold the syringe securely.				
ensure blood is aspirated. (withdraw the needle, discard both the medication and syringe, and start over at another site if blood is aspirated). 9 Press the plunger with a smooth slow motion until all of the medication is injected. 10 Wait for five second before removing the needle while stabilizing the skin with a dry swab. 11 Apply gentle pressure over the injection site with a dry swab.		the syringe using the thumb and index finger of the left hand.	2			
until all of the medication is injected. 10 Wait for five second before removing the needle while stabilizing the skin with a dry swab. 2 needle while stabilizing the skin with a dry swab. 2 with a dry swab.		ensure blood is aspirated. (withdraw the needle, discard both the medication and syringe, and start over at another site if blood is aspirated).				
needle while stabilizing the skin with a dry swab. 11 Apply gentle pressure over the injection site with a dry swab.			1			
with a dry swab.	,	needle while stabilizing the skin with a dry swab.				
		with a dry swab.	2			
	12	Make the client comfortable	1			
13 Record the procedure. 1	13		1			
Total 20		Total	20			

Comments.	
Assessor:	Date: 1 st July 2008
(Miss Jane Buncuan)	

Mark scored for the station = 5 x ()/ 20 =

OSCE STATION 5: Perform a nasogastric tube feeding

Candidata	Min		
Candidate	INU:		

		Mark allocated	Not performed/ performed wrongly	Performed but need to improved	Steps perform correctly	Total marks obtained
1	Greet patient and explain the procedure.	1				
2	Place patient in semi Fowlers' position.	1				
3.	Check tube for placement: 3.1 Kink the nasogastric tube before removing spigot	1				
	3.2 Connect nasogastric tube to a 20ml syringe	1				
	3.3 Aspirate the gastric content3.4 Test gastric aspirate with blue litmus paperOR	1				
	Listen with stethoscope in the correct place for air entry sound					
4.	Kink nasogastric tube before disconnecting syringe from tube.	1				
5.	Attach a 50ml-feeding syringe to the nasogastric tube with the tube remaining kinked.	2				
6.	Pour in 10mls of warm water into syringe and slowly unfold the tube.	1	1			
7.	Fill syringe with the required amount of milk.	2				
8.	Hold syringe approximately 45 cm above patient's forehead to allow the feed to flow down slowly.	3				
9.	Rinse the tube with 10mls plain water before the syringe empties.	1				
10.	Kink nasogastric tube, disconnect the syringe and fix back spigot to the tube.	2				·

11.	Clear the unit and ensure client is comfortable.	1		-	
12.	Record the feeding in the intake and output chart.	1			
	Total:	20			

	Total:	20			
Comment:					
•					
1					
				. AST T. DOGG	
Assessor:(Madan	n Rose Nanju)		Da	ite: 1 st July 2008	

OSCE STATION 6: Verification before Blood Transfusion

Candidate:	No.		
Canunate.	TAGE		

Step	is.	Mark allocated	Not performed/ performed wrongly	Score Performed but need to improved	Steps perform correctly	Total marks obtained
1	Greet the patient and explain the purpose.	1				
2	Check patient's particulars.	1				
3	Verify that patient has consented for the blood transfusion by checking that consent form is signed by patient.	2			,	
4	Verify doctor's order in the case-notes for: Type of blood component; Amount required;	3				
	Date/time for transfusion					
5	Verify the following particulars of the patient: Name, Age, Sex Identification card no. Admission registration no. 	5				
6	Verify the details regarding the packed blood cells to be transfused: - Blood group - Rhesus factor - Blood pack number - Expiry date of pack cell	4				
7	Inform patient the following possible signs and symptoms related to blood transfusion reactions: - fever/chills, - itching / rash,	4				
	- shortness of breath /chest pain - headache,					
	Total	20				

Mark scored for the station =	5 x ()/ 20 =
Comments:		

Assessor:	Date: 1st July 2008
(AP Dr. Chang Kam Hock)	•

First Professional Examination 2008

OSCE STATION 7: Preparation of Mixed Insulin

Candidate No:		

	Steps Check "avairy date" colour	Mark allocated	Not performed / performed wrongly	Score Performed but need to improved	Steps perform correctly	Total marks obtained
1	Check "expiry date", colour changes, insulin clumps, granular deposits and growth particles for each of the insulin vial.	1				
2	Check doctor's prescription (5 rights)	1				
3	Roll Monotard and Actrapid vials between two hands.	1				
4	Clean the rubber stopper of each vial with alcohol swab.	1				
5	Draw an amount of air equal to the dose of Actrapid insulin as prescribed into syringe and inject into the vial of Actrapid insulin.	2				
6	Turn vial upside down with needle of syringe still inside.	1				
7	Let syringe fill up by itself with Actrapid insulin up to the required amount.	1				
8	Pull the plunger down to unit marker slightly beyond the dose to be given.	1				
9	Withdraw needle from vial.	1				
10	Expel any bubbles.	2				
11	Draw an amount of air equal to the dose of Monotard insulin into syringe and inject into the vial of Monotard.	2				

12	12.1 Insert needle of partially filled syringe (same syringe) into Monotard (cloudy insulin) vial.	1		
	12.2 Hold firmly and do not push in plunger.	1		
13	Turn vial upside down and hold syringe at eye level.	1		
14	Let syringe fill up by itself with Monotard insulin up to the required amount.	2		
15	Withdraw needle from vial.	1		
	Total:	20	Total marks scored:	
Cor	mment:			-
Ass	sessor:		Date: 1st July 2008	
	(Mr. Merikan Aren)		•	

OSCE Station No 8: Instruct Client how to use the Metered- Dose Inhaler

		No:	lidate	Cand
--	--	-----	--------	------

	Steps	Mark allocated	Not performed / performed wrongly	Performed but need to improve	Performed correctly	Mark(s) obtained
1.	Greet the client and explain the	3 (4) (1) (1) (1) (1) (1) (1) (1) (1) (1) (1		ile sum je		
1.	procedure.	1				
2.	Position the client in a comfortable position.	1				
3.	Explain to her what metered dose inhaler is, its parts, the action of the drug and its side-effect.	2				
4.	Remove the cap while holding the inhaler upright.	1				
5.	Shake the inhaler.	1				
6.	Instruct client to tilt head back slightly and breathe out.	1				
7.	Breathe in and out for three times.	2				
8.	Hold inhaler in the mouth at the start of the third inspiration.	2	,			***************************************
9.	Press down on the inhaler to release the medicine and breathe in slowly.	2			·	
10.	Hold the breath for 10 seconds to allow medicine to go deeply into your lungs.	2				
11.	Exhale through pursed lips.	2				
12.	Instruct client to wait for 2 – 5 minutes before the next inhalation if prescribed.	1				
13.	Instruct client not to repeat inhalations before the next scheduled dose.	1				
14.	Make client comfortable.	1				
	Total	20		T	otal Marks	

Mark scored for the station =	5 x ()/ 20 =
Comments:		

Assessor:	Date: 1st July 2008
(Madam Shanui Shabas)	·