



Adolescent Pathological Gambling: Using IRT to construct a scale based on the new Gambling Disorder criteria

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From DSM-IV to DSM-V

- ✓The name was changed from *Pathological Gambling* to **Disordered Gambling**
- ✓The disorder was reclassified from *Impulse-Control Disorders not elsewhere classified* to **Substance-Related and Addictive Disorders**
- ✓Nine criterions: One criterion (to commit illegal acts) was eliminated
- ✓Lower threshold for diagnosis from five to four criteria
- ✓Specified time period; symptoms must be present during a 12 month time period

Aim

Since large-scale prevalence studies suggested that **adolescents** are a high-risk group for developing problem gambling, our aim was to develop a new brief scale to assess pathological gambling among adolescents (**Gambling Behavior Scale for Adolescents, GBSA**) referring to the DSM-V and applying Item Response Theory (IRT).

Method

Participants

1187 adolescent gamblers attending high school (59% males, mean age=15.66 years, $SD=1.71$).

Scale development

A set of 45 items (5 for each DSM-V criterion) was developed. In a pilot study, items were evaluated at both qualitative and quantitative levels. As a result, some items were removed and other items were adapted obtaining a set of 33 items (Table 1).

Table 1. *Synthesis of the steps in the development of the Gambling Behavior Scale for Adolescents (GBSA).*

| DSM-V Criteria | Initial Step: 45 items | Second step: 33 items | Third step: 26 item | Final Step: 9 items |
|--|------------------------------|-----------------------------|---------------------------|---------------------------|
| Tolerance | 5 | 3 | 3 | 1 |
| Withdrawal | 5 | 4 | 4 | 1 |
| Loss of Control | 5 | 4 | 4 | 1 |
| Preoccupation | 5 | 3 | 1 | 1 |
| Escape | 5 | 3 | 2 | 1 |
| Chasing | 5 | 4 | 1 | 1 |
| Lying | 5 | 4 | 4 | 1 |
| Risk/lose relationships/opportunities | 5 | 5 | 5 | 1 |
| Bailout | 5 | 3 | 2 | 1 |

We investigated the unidimensionality of the 33-item version evaluating the presence of local dependence (LD). None of the LD statistics were greater than 10, attesting the unidimensionality of the scale.

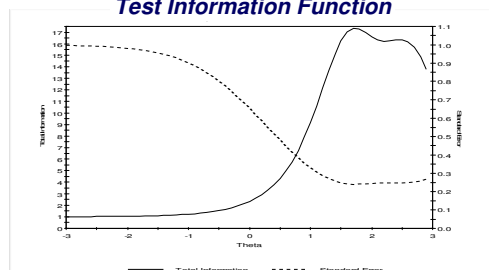
Item selection and calibration with IRT (IRTPRO software)

We tested the fit of the unidimensional two parameter model (a = discrimination, b = severity). Seven items were eliminated given a significant $S-\chi^2$ value ($p < .001$). Then, we performed the IRT calibration with the remaining 26 items. For each criterion we selected the item with the higher discrimination value ($a > 2$) (Table 1). Finally, we performed a new calibration with the remaining 9 items (Table 2).

Table 2. *Item factor loadings (λ), discrimination (a) and category threshold (b) estimates with standard errors.*

| Item | DSM-V | λ | a | b_1 | b_2 |
|------|--|-----------|-------------|-------------|-------------|
| 1 | Tolerance | .67 | 3.50 (0.34) | 1.66 (0.10) | 2.83 (0.22) |
| 2 | Withdrawal | .69 | 2.98 (0.29) | 1.55 (0.09) | 2.35 (0.18) |
| 3 | Loss of Control | .63 | 3.02 (0.38) | 1.72 (0.11) | 2.52 (0.18) |
| 4 | Pre-occupation | .52 | 1.89 (0.19) | 1.35 (0.10) | 2.21 (0.17) |
| 5 | Escape | .68 | 2.29 (0.25) | 1.62 (0.11) | 3.02 (0.24) |
| 6 | Chasing | .53 | 1.66 (0.16) | 0.82 (0.07) | 2.80 (0.21) |
| 7 | Lying | .58 | 2.53 (0.30) | 1.56 (0.10) | 2.56 (0.19) |
| 8 | Risk/lose relationships/opportunities | .68 | 3.19 (0.38) | 1.65 (0.10) | 2.65 (0.17) |
| 9 | Bailout | .70 | 1.84 (0.19) | 1.52 (0.11) | 2.87 (0.24) |

Test Information Function



The 9-item GBSA scale accurately measures from mild to high gambling severity levels.

Validity

Table 3. *Validity measures*

| | SOGS-RA | Cognitive distortions about gambling | Gambling Behaviour Frequency |
|------|---------|--------------------------------------|------------------------------|
| GBSA | .55** | .65** | .44** |

** $p < .001$

Correlations of the Gambling Behavior Scale for adolescents (GBSA) score with a DSM-III-R measure of pathological gambling in adolescents (SOGS-RA) and gambling related constructs were high and in the expected direction.

Discussion & Conclusion

The GBSA is an efficient tool to assess the DSM-V Gambling Disorder criteria in adolescents.

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