

SYSTEMATIZATION OF OCCUPATIONAL HEALTH CARE: A PERSON-CENTRED PROPOSAL

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INTRODUCTION

The Systematization of Occupational Health Care (SOHC) is based on the approach of “Person Centered Healthcare”, using the management tool of “Plan, do, check and act”, the model “Systematization of Nursing Care”, the “Interdisciplinary Worker’s Health Approach Instrument”, the “Worker’s Health Risk Index”, and health taxonomies, as theoretical references. The SOHC aims at the articulated, intersectoral and interdisciplinary systematization [1] in occupational health from an adequate methodology to integral and integrated care. SOHC is understood as the organization of the conditions necessary to carry out the person-centered care process with regard to method, staff and instruments. The “Process” term makes it possible to identify, understand, describe, explain and/or predict the needs of the human person, family or community at a given time, in the context of health and disease process.

METHODOLOGY

SOHC presupposes a conception of worker's health (WH) [2], its origin and its potentiality to transform or to be transformed. The potentiality of this articulation based on intersectoral and interdisciplinary intervention is wide, constituting an embryo of transformation in the theoretical-practical model in occupational health [3].

The SOHC comprises six steps:

1. Data collection aimed at identifying health problems as well as efficient and targeted recording of worker’s needs.
2. Diagnostic mapping, contemplating the use of taxonomies that cover the complexity of the WH field, particularly related to the health, environment and work triad.
3. Intervention planning, where each mapped diagnostic generates an intervention.
4. Interdisciplinary validation, consisting of a discussion of the interdisciplinary health team to validate impressions raised during consultations.
5. Implementation of the care plan, which consists of implementing the proposed actions through interdisciplinary care, group work, and collective and environmental interventions.
6. Assessment, following and monitoring the effectiveness of the implemented health interventions.

RESULTS

Figure 1 presents the SOHC model, as follows:

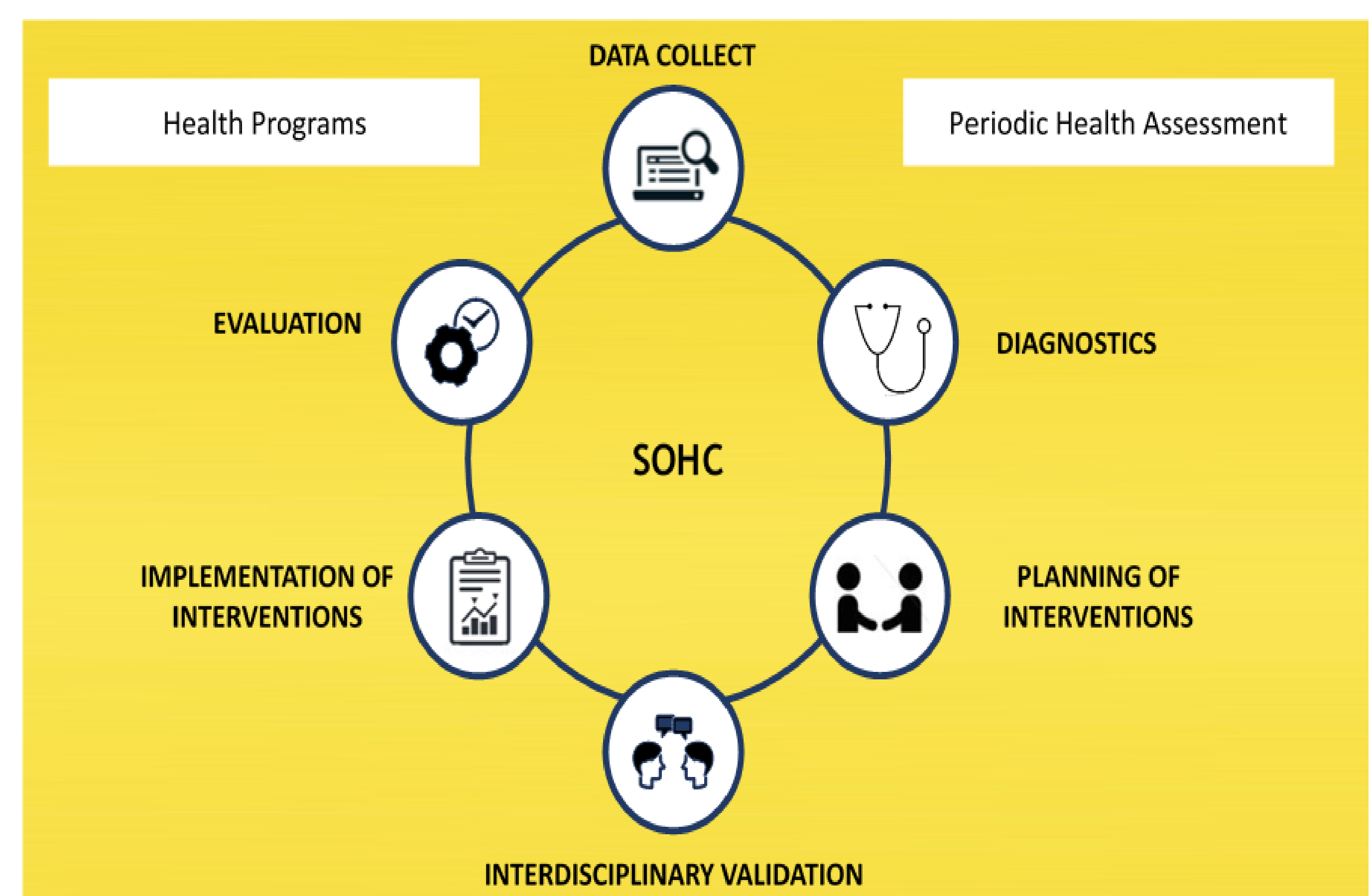


Figure 1 - Model Systematization of Occupational Health Care.

FINAL CONSIDERATIONS

SOHC model places the worker at the center of care, respecting their needs and autonomy, and providing quality health care.

KEYWORDS

Interdisciplinary approach; person centred healthcare; workers health; health management.

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