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The Adoption of a Design Build Approach in Retrofit Projects – A Descriptive Case Study

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Key words: *Collaboration, design build, restoration, case study*

Abstract

The delivery Design Build projects across the built environment in Ireland has begun to take significant shape. There are many examples of the traditional are moving towards more collaborative practices. There exists support for the integration of a design build project approach in the retrofit realm where designer, client and developer can work collaboratively. As with the regular design build process the intent behind this collaborative approach is to encourage those associated with the built environment to consider how retrofit design and construction can contribute positively to addressing elements of climate change and the design build process. The opportunity to share the rich nature of the design build process in a unique environmentally and heritage focused project excited the authors. Secondly concerns about the way such projects are captured historically, and specifically the disciplinary knowledge and skills employed in the restoration of such a significant landmark building could be lost if not afforded some place in the research annals. This paper presents a Restoration Design-Build (RDB) process employed in the realignment of a state building in the United States adopting this novel initiative. The author, working closely with the design build manager, adopted a descriptive case study method to enhance the capabilities of understanding and generate constructive reflections and analysis. The intention was to empower the reader to explore new horizons by 'clarifying and negotiating' ideas and concerns around the RDB process. The author evaluated the usefulness of the RDB approach based on direct and indirect measures. The framework approach presented is a part of an ongoing initiative between state and project stakeholders that have shown positive results based on the teams' performance in the presented case study as well as affirmative feedback from some stakeholder participants. The positive measures adopted in this project are shared with the view of trying to encourage those associated with restoration project to adopt this approach.

INTRODUCTION

The AEC sector is quite often criticised as an industry that consumes 40% of global energy consumption and waste generation, and 25% of the global water consumption (Balasubramanian and Shukla, 2017). This had created a global interest towards delivering

green buildings, which in turn has brought attention to the Retrofit sector in the AEC. Preserving the past is now considered as an important factor for societies cultural and natural heritage, which it is argued must evolve in order to survive. Working with other disciplines and engaging stakeholders, historic preservation specialists manage change in the physical environment. Recognizing the dynamic and multifaceted nature of the field of historic preservation will help prepare the next generation of change agents. This mission is met through forward thinking, multidisciplinary teamwork, hands-on learning opportunities, and partnerships with experts, public agencies, and private organizations across the US and globally. New construction is not always the answer to a clients' building needs. Often, the renovation of commercial and residential property can just as effectively provide expanded space and fresh architecture. Society needs to recognize the value of an existing structure, especially if the location of the property is desirable. In many cases, clients may simply need to update their properties in order to meet building codes and comply with insurance standards. However, some clients have the vision to set about preserving the past and make that contribution to humanity.

What sets restoration apart from other construction projects is the fact that the project team are taking an already designed, engineered and constructed, often historic, building to a new place where it takes time to do the work properly. Being very sensitive and conscious to maintain the integrity of historic homes (often stately) and buildings in order to preserve them is the key to the success of this type of work. The setting of high standards to ensure that the protection of the original materials and features, like masonry units (brick, limestone, granite, terracotta, etc.), is the important focus, particularly as decay can be a consideration. There are specialist agents who are proud of high rates of being able to salvage even the most worn masonry units to ensure preservation of the original building material.

Trends in the Delivery of U.S. AEC Projects

In the US, the infrastructure sector has experienced a number of changes in preferred project delivery approach over the last century or so. Until the end of the nineteenth century, concurrent delivery of design, construction, and long-term operations was mandated and facilitated largely by state statutes. In particular, the fact that design professionals were not organized in strong professional organizations allowed for an environment in which designers were subordinates to constructors and not collaborators (Pietroforte and Miller 2002). These factors, including others, have led to a wide application of integrated delivery methods. By the end of the Century, however, certain historical developments produced a push to segregate design and construction activities. First, design-oriented professionals organized themselves into professional societies, such as the American Institute of Architects (AIA) and the American Society of Civil Engineers (ASCE). The interests of these groups was supported by growing public concern over the quality of construction-directed design activities. As a result, segmenting the procurement of design and construction services was first allowed by the U.S. Congress in 1893; however, the infrastructure sector's use of this split delivery method was not fully assumed until passage of the Federal Aid Road Act in 1916 (Pietroforte and Miller 2002; Rein et al. 2004). Following 10 years of development, the preparation and

launch of Public Buildings Act, the federal government required for the first time that design and construction services be procured separately, a landmark occasion.

Subsequently, the Great Depression “eclipsed the private funding of public projects and the use of the combined project delivery methods” (Pietroforte and Miller 2002; pp.428). So from that the government preference for using segmented approaches to delivering projects increased through World War II. This shift was later reaffirmed in both the 1956 Federal Aid Highway Act (Rein et al. 2004) and in 1972 the Brook Act, each furthering the separation of design and construction procurement activities (Pietroforte and Miller 2002). Thus, the result of this sequence of events, governmental agencies developed their project delivery strategies around the low-bid procurement approach of a single delivery method, the Design-Bid-Build (DBB) method as we know it today. In the transportation sector most particularly, after decades of continuous use, this method became the institutionalized standard for the delivery of projects.

The infrastructure sector is currently reencountering the issues surrounding delivery strategy change; the sector-wide standard for delivering projects, the DBB method, is experiencing a deinstitutionalization. According to Oliver (1992), “deinstitutionalization refers to the delegitimation of an established organizational practice [...] as a result of organizational challenges to or the failure of organizations to reproduce previously legitimated or taken-for-granted organizational actions” (pp.564). In response to both an increasing demand for new capacity and for minimizing the impact of construction to motorists, the transportation sector is questioning the ability of a project delivery strategy that is based solely on one delivery method; several studies have shown the poor performance of this method in terms of schedule (i.e., overall duration and schedule certainty) when compared with other methods (FHWA 2006; Ibbs et al. 2003; Sanvido and Konchar 1997). Over recent years, these concerns have generated a reduction of legal, regulatory, and practical impediments to integrated delivery methods for delivering new infrastructure projects across all sectors of the AEC (Kennedy et al. 2006; Papernik and Davis 2006), including smaller type design build projects (Nyström et. al. ,2017 and Minchin et. al., 2013).

Potential Problems Associated with Changing Project Delivery Strategy

As the decades-long use of the segmented DBB method has so fundamentally shaped employee perceptions and organizational structures and practices, implementing a combined procurement approach constitutes a paradigm shift for the state agencies adopting it (Miller et al. 2000). Studies have identified that “as agencies attempt design-build for the first time, they are constrained by the low-bid culture in their organizations” (Molenaar and Gransberg 2001). In the report to Congress on Public Private Partnerships (PPP), the U.S. Department of Transportation acknowledged these difficulties, reporting that “states not accustomed to this method of procurement can find it difficult to oversee these types of projects” (FHWA 2004). In addition, although combined procurement of services is expected to reduce transactional costs for delivering a project (Pietroforte and Miller 2002), this new type of procurement usually results in state personnel spending considerable time experimenting and developing

new organizational routines to support the procurement change (FHWA 2004). These time excesses are often justified by a wider concern that traditional safeguards embedded in traditional procurement and financing approaches can be lost in the change process (FHWA 2004). So is there a need to have a more collaborative approach for restoration project delivery? Some might say no, it is the view of the author that projects like the one described in this paper can only support that adoption of an a more collaborative approach.

Ghosh and Robson (2014) offered that in order to complete the Empire State Building under the allotted 18 month schedule the contractors employed innovative construction methods and techniques. They argue that many of the construction methods qualify as tools of lean construction practiced in today's construction industry. Their paper, 'Analyzing the Empire State Building Project from the Perspective of Lean Project Delivery System' (2014) examined the design and construction processes of the Empire State Building and compared them with the Lean Project Delivery System (LPDS) processes that are increasingly employed in the construction industry today. Many contractors in the restoration have begun to consider such approaches.

Therefore, especially in the restoration area, an effective implementation of this paradigm shift requires owners to correctly identify the dimensions of change in the delivery cycle in order to establish new work relationships with contractors, suppliers, and consultants. These challenges to changing a project's delivery strategy are summarized below in the problem statement of this research effort. Since the adoption of, what might be referred to a Design Build in Restoration approach is a response to changes in the AEC environment, owner organizations are compelled to seek ways to adapt their organization to the new approach. This adaptation requires the development of new work processes along the delivery cycle, and involves the implementation of these processes within new organizational structures. This research effort will share some of the lessons learnt from the process captured from the implementation of a novel restoration design build (RDB) project.

Solving a Distinct Historical Restoration imperative

The rationale behind this research is two-fold. The first motivation arose from reflection on the type of project delivery strategy communicated by the state of Oklahoma for the restoration of the State capital. The opportunity to share the rich nature of the design build process in a unique environmentally and heritage focused project excited the authors. Secondly concerns about the way such projects are captured historically, and specifically the disciplinary knowledge and skills employed in the restoration of such a significant landmark building could be lost if not afforded some place in the research annals.

It is the coincidence of the changing design build focus in restoration projects, and complex disciplinary challenges that coalesce to provide the rationale for this research.

Descriptive Case Study approach

The use of case study research within built environment research and development initiatives explicitly recognizes that an attempted to explore the field of study, as defined in the title,

and gather information on it is the basis for an appropriate. In order to do this exploration, data was collected and assimilated from formal and informal observation, field notes, vignettes and reference to (researcher-written) profiles and reports, and individualized educational programs. Case study designs and applications can vary widely: They may be used for either exploratory, descriptive or explanatory purposes, and may take either typical, critical or deviant approaches. To further compound the situation, they may be prepared by a wide variety of processes and so cause complexity.

Descriptive case studies may be exploratory, if relatively little research has been done in the area, or they may be illustrative of aspects thought to be representative or typical: Both exploratory and illustrative aspects may be included in a single case study, with accent being on the typical. Hakim (1987) has classified descriptive case studies as typical, or selective: The typical, we have already introduced above. The selective case study may focus on a particular issue or aspect of behavior with the objective of refining knowledge in a particular area, to provide a better understanding of causal processes. The selective case study may lead to questions about 'how' and 'why' issues or behavior conspired to produce the resulting outcomes: This leads into explanatory evaluation.

Case studies may either focus on a single case or use a number of cases: A single case may form the basis of research on typical, critical or deviant cases, while multiple cases may be used to achieve replication of a single type of incident in different settings, or to compare and contrast different cases. Multiple-subject case studies are especially useful if topics are too complex or involve too many actors to be addressed using a simple interview survey. Single case studies are analogous to single experiments, and as such are justified using the same arguments as the single experiment. This single case study provides the context for capturing a historically significant building's redevelopment and offering a reflective paper to share those elements that may contribute to a better understanding for future built environment professionals to advance with some level of clarity and direction.

The Design Build Process

Project Delivery is a comprehensive process in today's AEC sector and includes planning, design and construction along with the post construction requirements to complete a building facility or project. Adopting the most appropriate delivery method is one of the fundamental decisions owners make while developing the acquisition strategy. In the traditional design-build project delivery method, the DB is responsible for both the design and construction stages of the project. Table 1 identifies different Project Delivery Systems, Procurement Methods and Contract Format for different types of Construction Projects in the Built Environment.

Project Delivery Systems	Procurement Methods	Contract Format
Construction Management at Risk (CMR) also known as CM/GC	Best Value (BVS)	Cost Plus Fee
Design-Bid-Build (DBB)	Low Bid	Guaranteed Maximum Price (GMP)
Design-Build (DB)	Negotiated	Lump Sum (or Fixed Price)
Multi-Prime (MP)	Qualifications-Based (QBS)	Target Price
	Sole Source (or Direct Select)	Unit Price

Table 1: Project Delivery Systems, Procurement Methods and Contract Format for Construction Project.

Through well-developed relationships with trade partners, Restoration Design-Build (RDB) can provide a cohesive team for every step of the project process. By utilizing this team approach throughout the design and construction phases, like Design Build, the restoration DB approach is able to minimize project risk, control project cost, and reduce the delivery schedule. The design-build process allows the project to be owner driven as the construction program maximizes the owner's value at the completion of the project. There is one firm, one contract, one integrated flow of work from design inception to project completion.

Overview of RDB Process:

Design Process:

- Initial Consultation
- Preliminary Design and Project Cost Range
- Design Partnership Agreement
- Development of Existing Conditions and Project Design Alternatives
- Design Revisions and Materials Selection
- Final Design Approval
- Construction Contract

Build Process:

- Scheduling and Materials Ordering
- Project Initiation – including health and safety protocols

- Ongoing Construction planning and updates
- Project Completion
- Completed Project Consultation (important phase of the project)

The advantages associated with the RDB process include:

Reduced Financial Risk:

- Eliminates the risk of paying for complete drawings that do not fit within your budget once construction costs are determined.
- The project is designed to fit within the client investment comfort range
- Problem solving is completed during the design phase, not during construction when they can become more costly.

Efficiency:

- Allows for a shorter, smoother construction process.

Accountability:

- Design-Build maintains complete accountability of your project at all times.

Background of the Project and the Stakeholders

“The State Capitol Building represents who we are as a people. It resonates with the spirit of the people who have walked through its hallways or sat in its chambers for the past 100 years. The State Capitol of Oklahoma is a functioning historic and irreplaceable treasure, serving the people of our great state, as a building, a museum, and a repository of our government’s past, while simultaneously, the constantly evolving headquarters of its future, in both its daily use and governmental guidance” (Oklahoma Capitol Restoration CAP Solicitation No. 15151DB Report, 2014).

It took three years and \$1.5 million to build Oklahoma’s Capitol building a century ago. It will take at least six years and as much as \$245 million to prepare the building for its next 100 years. Plans and design work to repair and renovate the 452,000-square-foot building were completed based on the historic data archived.

The work schedule identified that the building’s exterior restoration would begin in July 2016 and the interior in September of that year. Trait Thompson, the Capitol project manager for the Oklahoma Office of Management and Enterprise Services, reported that the project would involve every square inch of the capitol building. Details of the project include:

COST: Estimated at \$245 million; \$120 million in bonds authorized by Oklahoma Legislature and another \$125 million bond issue pending.

DURATION: Exterior work to take an estimated 3.5 years; while the interior work to take an estimated six years.

EXTERIOR REPAIRS:

- Eleven levels of scaffolding to be erected.
- Repair 21 miles of mortar joints.
- Repair 240 cracked or damaged stones.
- Restore 477 windows.
- Restore 43,000 pounds of cast iron.
- Expand exterior loading dock
- Replace exterior doors
- Partial roof replacement
- Repair exterior stairs, plazas, sidewalks and battlements.
- Repair east tunnel.

Reflections on the use of Design Build Process in Restoration

Existing buildings and legacy project systems can offer distinctive challenges which are technical (e.g. access to archived data, capturing & maintaining accurate as-built data, lack of interoperability, high data volumes), organizational (e.g. public representation, stakeholder collaboration, new workflows) and cultural (e.g. learning curve, learning on the job, increased effort) in nature (Volk, Stengel, & Schultmann, 2014). In some cases, sections of the restoration facility may remain operational during upgrades, adding another particular layer of operational complexity. Despite these challenges, the construction trades face increasing pressure to; (a) maintain a high level of performance to ensure a faster time to market for the manufactured products and (b) optimize construction labor headcount to alleviate the congestion on site.

Some of the fundamental points that provide a depth of learning for all stakeholders include:

- Allow the members of the team to share their knowledge and gain confidence - allow and schedule time for this as this will require more time than you might expect
- Encourage them to schedule meetings outside of the designated time
- Encourage the team members to challenge assumptions
- Ensure that project team members, especially those who will have to travel to meetings acquire as much background knowledge as possible
- Embrace stakeholder -led collaborative efforts that lead to team success and look for ways to foster it
- Make any expectations clear to all project team members.

This kind of truly collaborative approach demands a major time commitment and agreed/shared goals. One cannot assume that the team members know what it is they are going to say and roll with it as easily. Be prepared to have situations that will take more time than you might have scheduled for, especially as time will be gained in the execution of work when clarity around objectives is achieved. The time spent will allowed team members to deepen their understanding of the requirements to be successful, improve interactions with each other, develop a capacity to embrace differences, and work toward a more collaborative approach to solving the project.

Discussion and Future Direction

The authors reflected on a number of advantages in the collaborative RBD project - social benefits, learning benefits, and development of skills, knowledge and competences of the participants for their future careers. The early stage meetings be embedded to reduce the social anxiety of students by providing an instant group of peers with whom they would not feel exposed. Instead they would feel a sense of community through engaging in the common task of grappling with and understanding the competition structure and the material associated with it. Secondly, it was hoped that the method would help to promote deeper understanding, especially for the international audiences as their knowledge and experience in the US construction processes is very limited.

Due to the historic nature of the building, those associated with the project often do not know what they are getting into until the disassembling of components has commenced. More specifically, the windows on the Oklahoma Capitol project are specific to this building and through a focused and collaborative investigative process, the design-build delivery method really assists in coming up with resolutions quickly and with little cost. The opportunity to collaborate and discuss matters as they emerge as a shared ownership of the project is clearly observed. On the contrary, if this were a traditional delivery method, for any unforeseen conditions or changes that need to be made, the team would have to follow the traditional protocol of notifying the Owner, contacting the Architect, receiving a stamped set of drawings to denote the changes made, etc. In Design Build, the project team very simply make a decision and implement it immediately – documenting everything in an as-built manner.

One of the primary benefits of design-build is also the shifting of risk from one primary group (i.e. the architect or contractor) to the entire group. This is especially beneficial for this historical project owner, with the large amount of risk that could be involved with restoring a 100-year-old building. When the team run into issues on-site, the design-build team understands that whatever decision is made, everyone on the team shares the same risk if that decision turns out to be incorrect or flawed. This delivery method truly forces everyone on the team to work together for one common goal: to complete a successful project.

The understanding of the complexity of the advanced technology repair methods employed was a major limitation for this study as the expert masons hired for the project were from

Poland and communication proved difficult. Also, frequent changes give the construction trades limited time to react, thus lowering their productivity. The retrofit conditions also affected productivity, for example as health and safety was a huge concern on this public facility which remained in use during the restoration period impacted on how the project progressed. The lack of an existing formal method for measuring productivity for the project made it difficult to compare our observations against a baseline, such is the nature of restoration work. The second limitation is in the research method. Nevertheless, despite the limitations of a case study method, the complexity of the construction environment and the integration of the researchers in the field provides a solid foundation for analysis and conclusions. As Glaser & Strauss (1967) argue; it is the intimate connection with empirical reality which permits the development of a testable, relevant and valid theory.

Changing from a low-bid, design-bid-build process to a best value, competitive Design Build process for delivery of a facility is not easy. Information about how this change should be implemented is limited, especially at the organization-wide level.

The significance of using well qualified personnel on a project of this nature is that if contracted correctly from the beginning of the projects lifecycle, offers opportunity for the development of high performing facilities through sustainable building construction processes with fewer resources and lower risk than a traditional process. It can be argued that, within the framework of alternative project delivery methods, project management strategies and collaborative work environments, will affect improvements in the construction supply chain. The first objective of this paper was to present a background to the implementation for a retrofit project. It was found that there is limited published research on RBM use for construction projects, with most publications offering research related to sharing project accomplishments. However, there are limited studies which have qualitatively and quantitatively examined the impact of retrofit and its contribution to dealing with old buildings allows us to consider each part of the structure as an individual element that makes up the whole. Such analysis is of concern and should be especially so to owners. To this effect, as part of future research, a RDB framework be developed and proposed which will evaluate the stakeholder expectations driving the decision-making during the planning, implementation and use of appropriate conservation methods and their impact on task-level labor performance. The AEC sector in general can benefit by extending a RDB framework as a methodology for future projects.

Conclusion

The purpose of this paper was to articulate the reasons behind AEC industry change in perspective and altitude. The drivers for adopting collaborative and green strategies in construction have been acting as a catalyst to change in the dynamics of AEC industry. This has resulted in the increased development and proposed applications of BIM based sustainability models. The relevance of the increasing recognition of the synergy benefits is clearly supported by the evolution of different themes in restoration projects that are trying to deal with the many complexities involved in this specialist type of project. The findings of

this paper provided insight into the areas that need development to reach a consistent and mature level of integration between the type of approach in restoration but also the nature of stakeholder involvement. Essentially, it has been argued that more development is required in capturing the practice struggles with the alignment of the RDB process.

Other findings from the research for the paper is the gap that has been found in academic literature in providing solutions and framework for the synergy developed from the approach to restoration design build by the sector with dealing and the charting of best practice. Further work is required to analyse real-life project problems where the results can contribute sufficiently to offering a framework for RDB.

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