

2008

## Toast, Vol. 1, Issue 1, 2008

DIT Students Union

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# toast

the magazine of DIT Students' Union

Vol: 01 Issue: 01 The Freshers' Issue

## INSIDE THIS ISSUE:

- Site Guides
- Accommodation Advice
- Competitions
- Meet your Elected Officers
- Freshers' Week details
- & Much More...





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# toast

the magazine of DIT Students' Union

Vol: 01 Issue: 01 The Freshers' Issue

## Hello & Welcome to the first ever slice of TOAST

We've pulled out all the stops this year to serve you up this tasty tidbit, which comes slathered with juicy news and top tips on everything from Accommodation to Zygote wrangling. It's simply dripping with ideas for you to get stuck into college life, save those pennies and still have a good time- (yes- it's possible). We have liberally sprinkled it with humour, a smattering of advice and a soupcon of democracy (the good kind, not the oily Bush kind), all attractively arranged into posh triangles for easy digestion.

There's always loads going on in DITSU and this year is no exception. To make sure you know what's happening, do enjoy your TOAST with some TEA on the all new, all singing, all dancing [www.ditsu.ie](http://www.ditsu.ie). This is YOUR ONE STOP SHOP for just about everything you need to know about your Union, the DIT, your course, your exams, your social life, your job, your health, your wealth (or lack of) your personal life and more stuff you didn't even know you needed to know – It's a lofty claim, I know – but we're quietly confident.

Also keep your eye out for the DITSU SHITZU coming to a campus and page near you. This Information Bearing Canine is your St Bernard of wisdom sent to save you from the blizzard of confusion. HEED HIM WELL.

Meanwhile - don't let your TOAST go cold – Enjoy Freshers Week, get involved and oh yes, pass the marmalade.....

- the Toast Crew

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## Competition

Up for grabs: 3 pairs of VIP tickets to see The Stone Roses Experience at The Academy.

Just answer the following question and drop your entry into your local SU office.

Name the lead singer of The Stone Roses

Answer//

Name//

Mobile Number//

Compo closes on September 25th. Winners will be notified by mobile. You must be a registered DIT student to enter.

## Go On- Have A Bite

We are always on the look out for talented [or not so talented...] people to help out here at Toast. So, if you fancy yourself as a bit of a writer, gonzo journalist, photographer, illustrator or general piss-artist then we want to hear from you. Drop us a mail. [toast@ditsu.ie](mailto:toast@ditsu.ie)

### DITSU SHITZU SAYS:

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# Welcome:

Meet the team



**Dermot Julian**

VP (Services & Trading)

**Martin Dunne**

President

**Tracey Flinter**

VP (Academic & Student Affairs)



# Getting to know you...

**Martin Dunne- President**

## Howareya!

Sure it's me, Martin Dunne. As El Presidente I'll be making sure that the union stays active and is representing and defending your rights throughout DIT, at the Department of Education & Science (there be fee wanting dragons!) and beyond. I'll be around all the sites during the year so give me a shout if you see me.

We're going to have some great craic this year and I hope you're enjoying Fresher's week – if not then let me know! There'll be welfare campaigns, SHAG, RAG, promotions, protests, elections, on-site ents and plenty of nights out! If you want to get the most out of the events (and be on the inside for all the gossip) then pop into the office and get involved! We've always got odd-jobs – plus freebies! – going and there's great craic to be had around the union.

Remember we're here to help out and support you during your time in DIT. If you have any problems or queries then pop into the office and have a chat.

I hope you have a great time this year and I'll see you all at the Fresher's Ball!

Martin

## We ask the important questions, so you don't have to...

### First album ever bought?

First album I ever bought was Play by Moby. I was young and we didn't get much music on the wee small Isle of Man.

### Favourite biscuit?

My favourite type of biscuit is the chocolate hob-nob. Good for dunking, great for munching.

### What will you definately be doing at a party?

At parties you will always find me singing Irish songs very very very badly.

### Worst habit?

My worst habit is showing off my terrible legs in shorts regardless of weather.

### Any favourite phrases?

My favourite word/phrase is howareya!

### And favourite insult?

My favourite insult/ put down is I don't mean to sound angry but...

### Weird habits?

My weirdest habit is referencing everything back to a small rock in the Irish Sea.

### Best quality about yourself?

My best quality is coming from a small rock in the Irish Sea.

### Final words?

Crocs are the kings of all shoes. The clog-like look hides a soft and comforting interior!

## DITSU SHITZU SAYS:

Martin will attend a lot of meetings on behalf of DIT Students' this year. He deals with student issues internally and externally – by attending meetings within DIT and with the other external bodies. Martins main focus within the Students' Union is finance, strategic development, democracy, campaigns and communications. Sounds quite dull and a bit posh, but its for the common good! He still works for YOU so don't be afraid to ask him anything.

### CONTACT MARTIN:

president@ditsu.ie

086 603 1213





# Getting to know you...

Tracey Flinter- Vice President (Academic & Student Affairs)

## Hey guys,

Hey guys,  
My name is Tracey Flinter and I'm your Vice President for Academic and Student Affairs. I'm a graduate from Tourism, which is based in Cathal Brugha Street.  
My plans as VP for the year ahead include making sure that all students are given constructive feedback throughout the academic year. It is vital that students know where they are going wrong in order to go right! Getting involved, there's a major push on student involvement this year so sign up and lets start the party! We're going to sort out those Library opening hours too...Damn Straight!  
See you 'round,  
Tracey

## We ask the important questions, so you don't have to...

### First album ever bought?

First album I ever bought was probably Westlife; I know not the best taste in music. I can honestly say my music taste has improved since then!

### Favourite biscuit?

My favourite types of biscuits are those signature biscuits from Cadbury's; it's like a bar of chocolate and a biscuit in one...try them with tea, amazing!

### What will you definitely be doing at a party?

You will always find me in the middle of the dance floor at parties. It's the best place to be! I challenge each and every one of you to a Dance Off come September, Bring it on!

### Worst habit?

My worst habits are talking too much, getting too excited and not been able to say no to anyone!!

### Any favourite phrases?

My favourite word/phrase is "Damn Straight", fits in every context!

### And favourite insult?

My favourite insult/ put down is "You Fool", Mr T would be proud!

### Weird habits?

My weirdest habit is shouting "Woo woo whooo" about everything good!!

### Best quality about yourself?

My best quality is knowing what I want and doing everything necessary to achieve it!

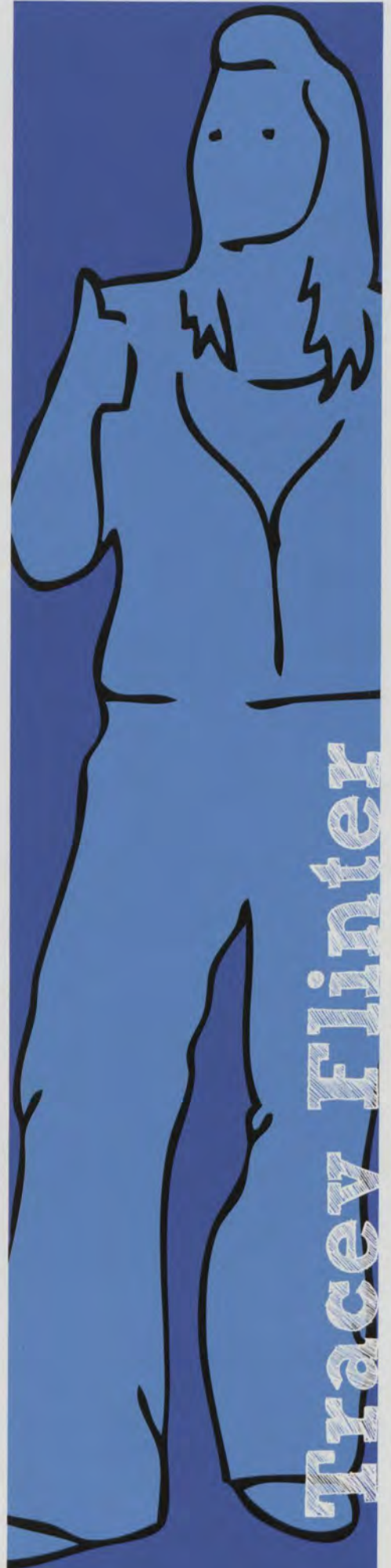
## DITSU SHITZU SAYS:

Tracey deals with all educational matters as well as basically any other problems you may have. She's your go-to woman. So whether you have a course problem, question about exam appeals or a non-educational issue like accommodation issue, health matters, etc be sure to have Tracey's number close to hand!

### CONTACT TRACEY:

[vpacademic@ditsu.ie](mailto:vpacademic@ditsu.ie)

086 603 1075





# Getting to know you...

**Dermot Julian- Vice President (Services & Trading)**

## Well boys and girls,

My name is Dermot Julian. You have finally made it to the BIG SMOKE and so let the adventure begin. They say that the college years are the best of your life, so let the good times roll. My role is to help you with any problems you may encounter regarding shops, facilities, or setting up a society or joining a club.

The main thing is to get involved and make new friends, the best way to do this is to join a club or society. I will also be responsible for organising fresher's week and rag week a little further down the line along with various nights out throughout the year. We're also looking for people to help out with events and entertainment (Freebies), so call down to your local student union office. Let the good times roll..... Sure it'll be great craic!!!

Make sure you come along to at least one Union organised event during the year (the Ulster Bank Freshers' Ball would be a good one to start with!) and enjoy yourself.

See ya there!

Dermot

## We ask the important questions, so you don't have to...

### First album ever bought?

Big Tom and the Mainliners- The Hits

### Favourite biscuit?

Chocolate Polo

### What will you definitely be doing at a party?

Drinking obviously. Come on!

### Worst habit?

Snoring

### Weird habits?

sleeping with my eyes open

### Any favourite phrases?

the only time I made a mistake was when I thought I was wrong

### And favourite insult?

that lad loves work so much he'd stand looking at it all day

### Best quality about yourself?

It's a bit personal, I'll tell ya on a one to one basis sometime...

### Final words?

See ya during Freshers' Week!

## DITSU SHITZU SAYS:

Dermot will be amongst the most popular of people on campus this year. He will organise all your social activities throughout the year. He is also responsible for services within DIT so if you have a problem with the library, a complaint about lack of toilet roll or would like to praise the shops, you'll know where to go!

### CONTACT DERMOT:

[vpervices@ditsu.ie](mailto:vpervices@ditsu.ie)

086 603 1076





# Class REP Recruitment

Make sure your class has one...

## Bigger, Better, Stronger: With YOU.

### Class Reps – what's the story?

Every class on every programme in DIT is entitled to representation within the Students' Union and within DIT. This is done through the Class Rep. Each September the elected officers (President, two Vice-Presidents and the six local site Convenors) invest a lot of time and energy visiting every class in DIT to run elections for these positions.

We want to ensure that this vital representation is in place to make certain that ALL students have a voice on matters that affect them – everything from assignments, timetables, college facilities to welfare services, RAG Week and events/craic on site.

### So, what does a Class Rep have to do?

- Attend the Class Rep meetings regularly and let your classmates know what was discussed at these meetings and about any important stuff that might affect them.
- Tell us in the Students' Union about any difficulties your class is experiencing and also about any achievements of your classmates so we can publicise them.
- Let your Classmates know about Students' Union Events, promotions, offers, maybe organise a class party and also get lots of freebies for yourself and your class!
- Have Fun!

### Interesting. So, what kind of experience do I need?

#### **NONE!**

However, you should be reliable and able to manage your time effectively. You should be enthusiastic and keen to develop your own skills. You should be committed to doing a good job and sensitive to other people's concerns, as you will be representing the views of others.

Any registered student can put himself or herself forward to be a Class Rep. The Elected officers will be doing the rounds and electing Reps in the classes over the course of the next few weeks.

### Sounds great. Count me in. What's next?

SU Officers will be running Rep Elections in your class over the next few weeks so you can just SIT THERE & VOTE.

### Could we make it any easier?

The best way for us to know what's happening in classes is for the Class Rep to tell us. Then we know what issues to focus on and we can update you about what's happening – whether that's exam dates, campaigns info or news of a party.

### This is the basic function of the Class Rep system.

Every class (full/part time, apprentice, post-grad) in DIT is entitled to representation – to have a link to & from their Students' Union and an independent voice in DIT.

### This link is YOU, the SU Class Rep.

dit students' union

**CLASS  
REP  
RECRUITMENT**

'08-'09



# Don't just take our word for it...

## Ken Gallagher

- Garda



I am currently working as a member of An Garda Siochana based in Store St in Dublin. (We cover Bolton St and Cathal Brugha St so watch out!) However before figuring out that I was too thick for any other job I attended DIT Aungier St where I got my Certificate in Transport Management. I also was the Class Rep for my course.

*Being Class Rep gave me invaluable experience for my current job, for example dealing with members of the public and dealing with people in authority. As Class Rep you have to try and please both parties in which you are in the middle. This means you really learn how to compromise and then sell your solution to both parties.*

In my course we had a very small number of hours a week, scattered over each day of the week. To deal with this I was able to have our timetable changed so that we had no college on a Friday at all, meaning we could do some serious socialising on the Thursday night! I did this by arranging class rooms, clearing it with the relevant lecturers and then presenting it to the Head of the course, so by having it all sorted the Head of the course couldn't argue.

Apart from the work bit, as a Class Rep you get to make some great friends outside your own course and some really valuable contacts in and around the college. Plus there's no shortage of sessions after meetings and on a serious side if in later years you have any interest in becoming an active member of your union it will benefit you considerably. If you get the chance to be Class Rep – go for it!

## Prof. Brian Norton

- President of DIT



At DIT we value enormously the active input of our students in decisions regarding the delivery of their programme of study and in the development of Institute policy more generally. There is strong student representation on the full range of bodies throughout the Institute including Programme Committees, Faculty Boards, Academic Council and the Governing Body.

*Obviously for such a system of representation to work there need to be representatives!*

I would therefore strongly encourage all students to consider putting themselves forward as class representatives. In addition to the important role of representing your classmates, being a class rep will also provide you with significant experience in advocacy and will give you an insight into decision-making processes in DIT; for many students these are invaluable skills for their future careers.

Without students there would be no DIT, so please do become involved to help us strive to provide a truly student-centred learning experience.

## Bob Coggins

- CEO of Campus.ie



The role of Class Rep is much more than being the party organiser and the loudest person in the class, although these may be the most enjoyable parts! Elected Class Rep in first year, I became the defacto voice for the class, and ensured the whole class was happy with how we were dealt with by the college. When we felt a lecturer was not up to standard or was putting us under too much pressure, I was sent to the head of the course with the message and an ultimatum.

The fact that the class rep system is so well recognised in DIT is a credit to the Students' Union and the college, and it should be exploited to its full potential. A lot of colleges don't have as much emphasis on student participation in the education system, and suffer as a result.

*Don't miss the opportunity to argue with lecturers, Heads of Department, and the Students' Union where necessary. It's an experience you'll never forget.*

I ended up being Ents officer, and President of the Students' Union, but lots of my friends who were Class Reps went out into the workforce and became the people who bring and hold groups together. They become the leaders, the managers, the key opinion formers and the backbone of their respective communities.

Take the opportunity when it arises to make a difference, have your voice heard, and amplify the voices of your classmates.

## Tracey Flinter

- Vice President (Student & Academic Affairs)



What do Class Reps actually do? Well, when I was elected as the Class Rep for first year Tourism in Cathal Brugha St. it was all about organising the parties and nights out. Little did I know that I would be elected in for another three years and love every minute of it. I remember the first Class Rep training I visited, hadn't a clue who anyone was but sure I went along for the craic and met another 150 people in the same boat as myself.

Basically, Class Reps are there to provide both their Class and DITSU with information on events, freebies and site issues and vice versa. I got to know a lot of people from other courses both within Cathal Brugha St. and else where within DIT. Every time I went for an interview employers were more interested in what exactly I got involved in within the Students Union, rather than what my previous work experience had been. Fair enough it takes balls to put yourself up for election but if you don't do it you will never know, sure I probably wouldn't have made it to this position if I hadn't.

*DITSU are here to improve your overall experience within DIT and we need Class Reps in order to achieve this. So what are you waiting for Grab the Bull by the Balls and become a Class Rep!!*





aka: Danger Street

# Site Guide:

Aungier Street



Hi, I'm Eric Fitzgerald, and I'll be your class rep convenor for this evening! I'm a third year Journalism with a Language (German) student, and here's the scoop on what I'm going to try and accomplish for all of you this year.

Being a convenor for Aungier Street this year is gonna be a tough job - mainly because there's so much I want to do!

Aungier Street has the potential to be the best campus in DIT bar none, and I've some great ideas which will help it become a vibrant, bustling student centre. Too often I just see people milling to and from lectures. I want chanting congregations in the SU while a band rocks out on the stage there. I want debates and guest speakers in lecture rooms. I want fair prices for coffee so you can just chill out and relax when the time calls for it. I want it all for you, the students of DIT Aungier Street - and I want it now!

I'm going to help class reps realise their true potential and show them just how much power they have to make a difference. Not only that, but I'll have a fully functioning LPIT committee to help me deal with Aungier Street issues, organise kick-ass events and help you with any complains you may have.

I have lots of plans on a site level, but there's several things I want pushed through on a college-wide basis at CPIT, too. SU elections

have been a particular bugbear of mine, mainly because they could be so much bigger, bolder and more engaging. That's what I'm hoping to deliver to you - elections that will really get you thinking and, most importantly, get you voting.

I'm going to be bugging our sabbatical officers Martin Dunne, Tracey Flinter and Dermot Julian to get value for money from USI. I'm cautiously optimistic about new USI President Shane Kelly and I was impressed with the union's response to the recent fees crisis. However, one swallow doesn't make a summer, and I'll be looking to see that we get value for our membership fee. I want this money to go towards worthwhile campaigns and initiatives, not just lining the pockets of inefficient national representatives.

That's what I'm going to do for you, but here's what I want you to do for me. Make my life a living hell. Yes, you heard me. I want to be constantly barraged with queries, complaints and issues. If you don't have something for me to help you with, then my job's pretty worthless, isn't? Whether it's something as small as the door in your lecture room being a bit gammy, or a crime as heinous as a lecturer giving you three seconds to do a four billion word essay, I want to hear about it and I want to help you sort it out. Let's work together to make this a great year for Aungier Street and for DIT as a whole. Eric



## The worst thing about Aungier Street

Its huge!! It takes ages to find your way around at the start.

## Best place to eat in or around Aungier St. is:

Café Sofia on Wexford St, the student breakfast.

## Best place to have the craic is :

The student area in the basement and the courtyard – during the summer months.

## Look out for bargains :

In the many charity shops in the area.

## Best kept secret about Aungier St. is:

One of the porters is a retired superhero, but we can't tell you which one...

## Most active society in Aungier St. is:

Fashion Show Soc is huge here and Drama Soc are really active too.

## Most active club in Aungier St.:

Surfing.

## Why is Aungier St. the best site:

It is close to town, lots of pubs and restaurants around, courtyard rocks and there is always something to do.

## Don't miss out on:

Freshers week and a brekkie in Café Sofia.

## Words of wisdom for people starting out in Aungier St.:

The rooms are numbered in order, so it's not as difficult to find your way around as it initially seems. Figure out where the library is early on and make sure and drop into the Students' Union office in the basement, just to know where it is and get involved!

### DITSU SHITZU SAYS:

DIT Aungier Street was one of the sites captured by the rebels during the 1916 Easter Rising, it was a Jacobs factory back then though. Fancy that!

Look out for the Jacobs stones that form part of the Courtyard...



Your SSA, Sharon.



Bungee Jumping in Aungier...



Team Fresh in the Aungier Car Park!



Caption.



Prof. Norton is accosted! RAG '08



Just a quick dip! RAG Swim '08





# Site Guide:

Cathal Brugha Street

aka: The Brugha

Name: Peter Keegan

Course: DT491 Environmental Health

First album I ever bought was:  
The Spice Girls album when I was in fifth class and CD's were new!

My favourite type of biscuit is:  
Bourneville Chocolate biscuits...three layers of heaven...

At a party you will always find me:  
In the kitchen...its where the drink is kept and everyone goes through it!

My worst habit is:  
Smoking...even when I 'quit', I still manage to smoke...

My favourite word/phrase is:  
"ridiculous". Because so many bloody things are.

My favourite insult/put down is:  
To take hundreds of pictures at events/parties and then to put the terrible ones up on bebo....or just keep them to remind people at later stages.

My weirdest habit is:  
Sniffing my upper lip...odd...I know.

My best quality is:  
My brutal honesty.



My plans as Convenor for the year ahead include getting as many students as possible involved in the Students' Union and not only the Students' Union but in the day to day activities of college life, like handing out fruit at welfare, getting students to vote in the college elections, getting students to give feedback on the course and modules, getting students to come out to parties and events in the locals. I wanna get the outdoor area in the common room revamped and I wanna get the student entertainments back into the canteen! I have many other items on my own agenda....but that would be giving away one too many a secret like! If any of ye have any ideas or problems or wanna give me a task to do, drop me an email, call into the office or come to a Class Rep (come for the chat, stay for the free food) Can't wait to meet all ye first years and reacquaint myself with you other lot and if you see me in the corridors stop me to say hello!

Peter



### The worst thing about The Brugha is:

The lift breaks down very frequently, there are lots of stairs and some people are too lazy to take the stairs...even if it is only one floor..

### Best place to eat in or around The Brugha is:

the Canteen at first, but if you get bored of the food there, the Blue and Green room offer amazing food for reasonable prices! .

### Best place to have the craic is :

anywhere you're with mates whether it be the canteen, the library, the lecture room, the common room, the pub or the cinema.

### Look out for bargains :

everywhere! You're a student with a Student Card that gets you 10% discount! Ask everywhere you go!

### Best kept secret about The Brugha is:

sometimes in the evenings if the Blue and Green room hasn't filled up, the students go round asking people if they want a free dinner...great for when the Bank of Parents has dried up.

### Most active society in The Brugha is:

the Drama Society. Though they are the most visibly active, other societies are just run more quietly than those outgoing drama bunch, so keep your eyes and ears peeled, call into us into the Student Union office for more details.

### Most active club in The Brugha:

What are Clubs? I know they exist, but you rarely see them on site past sign up day. Maybe you should form your own...

### Why is The Brugha the best site:

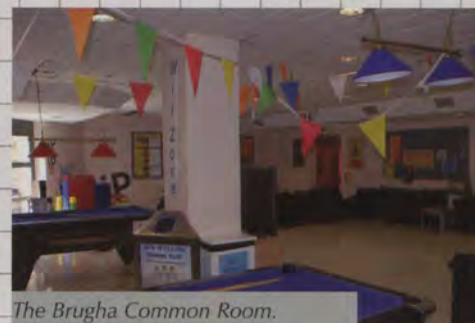
The Brugha is the best site because we are a smaller campus. We only have about 1,500 student's altogether...and if you come to events, join societies and get involved in Students' Union activities, the campus becomes even smaller and you get to know nearly everyone.

### Don't miss out on:

Students' Union events and the Senior Citizens Christmas Party in December – the most rewarding thing to do around Christmas is to volunteer a few hours to charity.

### Words of wisdom for people starting out in The Brugha:

Get to know the porters, cleaning staff, maintenance staff, librarians, canteen staff, pub staff and get to know your Studnets' Union...because together...we know everything there is to know! Also – Marlborough Street only connects with Cathal Brugha Street on the ground floor...I really had to learn that the hard way!



The Brugha Common Room.



Fees Protest hits the Brugha!



It's all Fun & Games...



Go Yvonne & Áine!



More Brugha girls. SHAG '08



Become a Governing Councillor.





# Site Guide:

Kevin Street

Name: Sean Campbell

Course: Electrical Services Engineering (final year)

First album I ever bought was jaysus i cant remember...really!

My favourite type of biscuit are tim tams. Yum yum!

You will always find me in the sleeping position at parties.

My worst habit is picking my nose and flicking it at people I don't like! Hehe.

My favourite word / phrase is build a bridge and get over it! or man up ta feck!

My favourite insult / put down is you can take the girl out of the bog but ya cant take the bog out of the girl!!!

My weirdest habit is sleep walking!

My best quality is ....god knows.....



My plans as Convenor for the year ahead include having fun having fun and having more fun. I want to bring in bands to the snackery as much as possible, I hope to get as many freebies for all students and not just the students who are there at the right time and the right place! You can give out about Kevin Street but we have a lot going for us - a swimming pool, a gym and some of the best Students' Union staff that anyone could ask for. Eve, Ed and Mairead are there to help you with any problems that you might have no matter how big or small and, of course, I will be around the campus every day to add any advice and if I can't help you I will pass you on to someone who can! In this mag I challenge you the students to come up with ideas for fun events to 'Get Kevin Street Rockin'. College is all about having fun as well as getting that bit of paper at the end it!

Sean



### The worst thing about Kevin Street is:

That it's old and it doesn't look the part, but there is something about Kevin Street that I just can't put my finger on – it's a cool place and it's got a homely feel around it – just like your grannys house with the tea pot cover over the pot of tea and the dirty auld dog in the corner.

### Best place to eat in or around Kevin Street is:

The Fresh shop on Camden Street but ya would want your bank manager with ya at times. The restaurant in the college plus they're open to suggestions – so please tell us or them what you want. Stay on campus and enjoy the craic – we're going to 'liven up lunch times'.

### Best place to have the craic is:

The pub! We haven't got a bar on campus but Shine on the corner is the closest thing to it, they will host loads of events this year and the snackery is going to be the new hum on site with live bands and more going on during the year.

### Look out for bargains:

in the Students' Union Shop. We are trying to extend the amount of products we can fit in but as you will see its not the biggest shop in the world, if you have any suggestions or you think something is missing, let us know!

### Best kept secret about Kevin Street is:

Well, if I told you that then it wouldn't be a secret now would it? But in fairness the pool isn't a bad auld spot to have a lunch time swim or just a good wash.

### Most active society in Kevin Street is:

Drama Drama Drama and they are full of the auld drama, lets have a change this year folks and see the new and active socs come through!

### Most active club in Kevin Street:

The GAA is active but I would like to think that rugby is pushing them. They're a good bunch of lads in all of the clubs so get active and get stuck in. Its good craic and ya will make a few friends along the way.

### Why is Kevin Street the best site:

God knows, it's probably the two girls in the Student's Union office that work very hard to make it as good as they can (and Ed of course...).

### Don't miss out on:

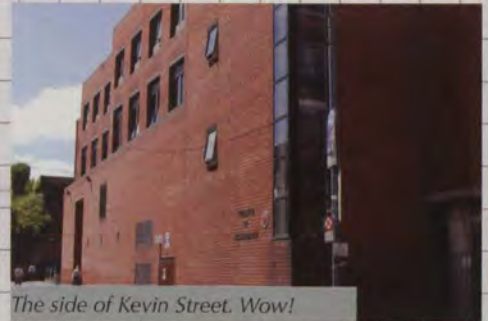
Freshers Week Ball, Rag Week Events. The craic is to be had at all the Students' Union events all year. You have to enjoy yourself as well as pass a few exams along the way (ya might need some qualifications sometime in the future after you travel the world and get married and settle down in your 40s).

### Words of wisdom for people starting out in Kevin Street:

Have fun enjoy your college experience, but do a little bit of work along the way to cover your arse. Get into a Club or Society or set up your own i.e. the Tree Hugging Soc! Why not, its all a good laugh! Don't be scared of asking anyone for help or just directions in any way, the Students' Union is here to lend a hand in any way we can so use us ! So happy days!!!!



Your SSA, Eve.



The side of Kevin Street. Wow!



The Anexe during Elections.



Big Bash girls, and boy!.



Jocks Away! RAG Swim '08.



Halloween Ball '07.





aka: Boltoneer

# Site Guide:

Bolton Street



Site: Bolton Street

Name: Ian 'Mousey' 'The Mouseman'  
The artist formerly known as Ian Mullin

First album I ever bought was  
Like a Virgin by Madonna

My favourite type of biscuit is  
soggy.

You will always find me in  
ones cups at parties.

My worst habit is  
saying the word 'PAR-TAY' at every possible opportunity.

My favourite word/phrase is  
whistling at people

My favourite insult/ put down is  
you've a face like a bag of chisels

My weirdest habit is  
Jake Stevens impressions

My best quality is  
my Brazilian.

As Class Rep Convenor for Bolton Street I am planning to do things a little different, normally the position has been reactive by combatting some problems once they have happened, that you yourselves have brought to our attention in the Students' Union. I plan to be proactive (that's not to say previous convenors haven't done an amazing job because they have). I hope to combat the problems before they happen and if you can give me a heads up on anything PLEASE DO. Most of all I want this year to be fun and I'm sure you do too but don't forget why were all here. If you are new to DIT then you are in for a real surprise, it's an amazing place. In some ways DIT and DITSU have been like a second family to me, and if you get involved, put yourself out there and generally have a good time, I think you will definitely agree with me. So if you see me around campus, come over and say hello, whether it's a private word or just a bit of banter I'm up for it all. I'll leave you with some words of wisdom that really had an impact on me when I first started college; College is 80% life and 20% academic but you can't have one without sucession in both. Have a great year guys, lets make it a year you will never forget.

Ian



**The worst thing about Bolton Street is:**

The serious lack of toilet paper, the lack of consistent heating and the fact that women only show up when it's sunny!

**Best place to eat in or around Bolton Street is:**

Is Deli Baby, check out Joanne and June's specials!!!

**Best place to have the craic is:**

At dawn in the smoking shelter.

**Look out for bargains:**

Wackers Pet Shop and Capel Street sex shops, be good and if you can't be good then be good at it!

**Best kept secret about Bolton Street is:**

The clean toilet, but we're not telling where it is!

**Most active society in Bolton Street is:**

Comedy and Drama.

**Most active club in Bolton Street:**

are GAA and Karting.

**Why is Bolton Street the best site:**

Da Banter!!

**Don't miss out on:**

The lunchtime gigs

**Words of wisdom for people starting out in Bolton Street**

Get involved! There's more to college then just going to class. Watch out for the tiny salmon chasing the impossible dream in Japan! Much love

**DITSU SHITZU SAYS:**

Linen Hall, Bolton Street, used to be a Linan Mill – it was destroyed in a fire.

Oh, you will always hear students here complain about the lack of toilet paper, perhaps it's best to bring your own...

Ruff!



Go get her Tiger! SHAG '08.



Greenery Galore.



SHAG '08 launched in Bolton St.



The all important votes...

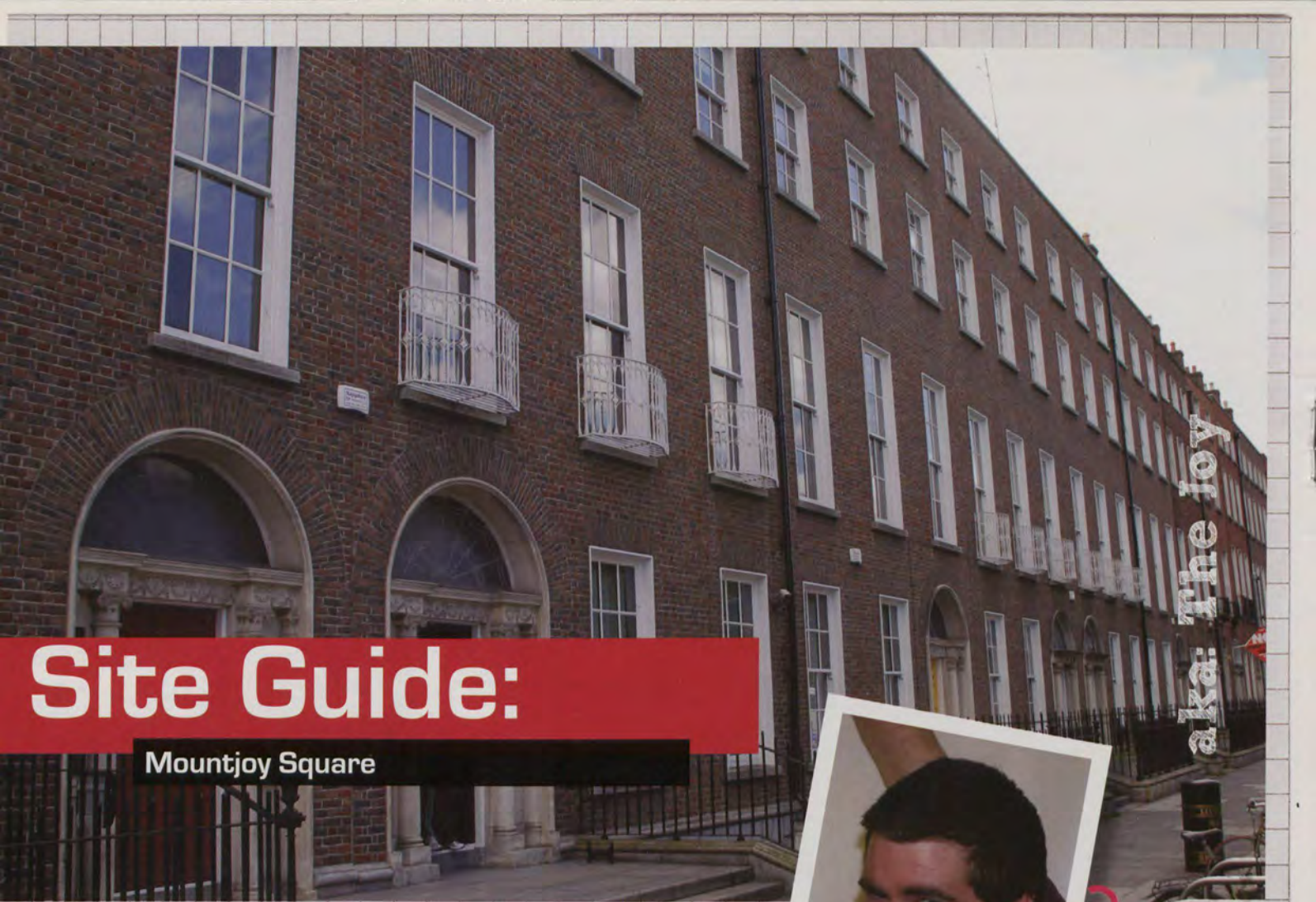


You know who you are...Dec!



Ian meets the Saw Doctors!





# Site Guide:

## Mountjoy Square

Name: Jonathan Hayes

Course: Visual Communications

First album I ever bought was really, you don't wanna know and I would actually like to forget!  
\*slowly turning scarlet thinking of it\*

My favourite type of biscuit is i'm not big on biscuits... but if I had to choose, probably Café Noir, which is actually really weird because I don't like coffee either but sure we can just leave it down to one of those great mysteries in life! Ok I've just Googled this (clearly too much time on my hands) and now I actually have a full list, Toffee Pops, Jammie Dodgers, Mikado, Jaffa Cakes (although the website disputed their eligibility as a biscuit) and Shortcake...I'm hungry now!!!

You will always find me in the section I've decided is my dance floor for the night (not necessarily the actual dance floor), in the corner pointing and laughing, in the middle of the crowd of people who look the funnest, at the bottom of a cocktail glass looking for more at parties.

My worst habit is being crude and rude in front of Mary Scally (sorry mammy) grossing people out with various bodily contortionist tricks – cracking all my joints, especially my neck.

My favourite word/phrase is 'lovin' it!' 'Ah sure ya know me like'. 'Excuse me for a moment while I take my foot out of my mouth!' (This one is not actually my favourite, its just one I end up having to use ALOT!!!)



I have no solid plans set in stone...yet! I have a few ideas I'm going to push though, like societies, I want every student in one! Party Liasion Officers in Mountjoy Square are the best and with their help I'm really going to push for on site entertainment and try and get everyone involved in something. College is supposed to be fun so I'll make sure it will be! I want to get to know everyone so I can really find out what makes you tick, so don't be surprised if your having lunch or something and I just show up, sit beside ya and start chatting bout everything and anything.

We have Tracy Flinter (The V.P. for Student and Academic Affairs for those not in the know) on Campus this year so I'll be working closely with her to make sure the academic side of student life runs smoothly and if not, we can be sure to sort it out for you as best we can! Beyond all that I'm just waiting for other people to tell me what to do. I'm your puppet for the year so just come on down and talk to me and give me jobs to do, parties to go to, problems to solve, anything – anything at all! My only solid plan is to make Mountjoy Square the best it can be and the envy of all the other sites so all the other convenors have their work cut out for them if they want to keep up with us...watch this space!!

Jon



**The worst thing about Mountjoy Square is:**

The weird Hogwarts like staircases!

**Best place to eat in or around Mountjoy Square is:**

Hill 16 (great soup & sandwiches).

**Best place to have the craic is:**

Down in the Students Union, of course!

**Look out for bargains:**

Chinese restaurants on Parnell St, for a quick chicken Teriyaki on the way home. Yum!

**Best kept secret about Mountjoy Square is:**

Our Movie Nights, always a bit of craic.

**Most active society in Mountjoy Square is:**

The Reject Soc (they do everything from Pole dancing classes to table quizzes).

**Most active club in Mountjoy Square:**

Camogie (Go on the girls!)

**Why is Mountjoy Square the best site:**

We have our very own Father Ted Corner – Careful now, don't make a mess on the couch!

**Don't miss out on:**

Art Materials on sale each semester, next one is Wednesday 29th of September, downstairs in the canteen.

**Words of wisdom for people starting out in Mountjoy:**

Don't get lost!! Get stuck in, Join a Society or Club.

**DITSU SHITZU SAYS:**

Beware the ghost of Artists Past, who is often to be heard roaming the corridors of Mountjoy Square...

Yipes!



Your SSA, Meabh.



Portland Row, we love you!



MSQ Common Room.



Art & Design Week launch at MSQ.



The Purple Place.



The Big Bash '08.





# Site Guide:

Rathmines

Site: Rathmines  
Name: Conleth Stanley  
Course: Bmus

First album I ever bought was  
The Corrs, its so sad!

My favourite type of biscuit is  
the Classic Digestive with its lasting dunking quality

You will always find me in  
the off license en route to and from parties.

My worst habit is  
being me...oh and alcoholism, not really...oh oh oh, late night eat-  
ing, we call it soakage eating!

My favourite word/phrase is  
"ya will", "will ya now", "actually"

My favourite insult/ put down is  
ya F\*\*\*\*\* (translation = Fruitcake)

My weirdest habit is i always type  
"studnets" instead of "students"

My best quality is  
ha ha this must be a trick question...my ability to be serious in a  
twinkling of an eye!!! and get the job done, results results results.



**Howdy!**

My plans as Convenor for the year ahead include to take over the world..the pinky and the brain etc...is to continue the hard work of the last two years into a third. Try and make college life enjoyable in Rathmines, but the only way for it to happen is for all to get involved, offer a hour a week to the Union and we (to quote a famous song) could be heroes. So come on board and lets make a difference. To continue to represent "studnets" at all levels so as they always receive the best and fairest deal in and out of college life. So lets all keep the head above water, swim out to the office and I'll give you armbands and together, we can make a raft!

**Conleth**



### The worst thing about Rathmines is:

That its a bit further away from everyone else.

### Best place to eat in or around Rathmines is:

All depends on Budget, for just coffee has to be Moda under 5 yo yo's, dunnes stores is for better value 5-10 bob, the village across the road for friendly hippy food 10-15 worth of rent, toast for pleasant food and a pint 20+ Gotta be Kafka, luxury. But never forget all the takeaways near by for the post Tramco experience!!!

### Best place to have the craic is:

Some mates gaff before we hit everywhere in Rathmines, Roddy's on a Tuesday, Toast every other day, Rathmines Inn for the sunny post lecture pint and Tramco 7 nights a week

### Look out for bargains:

the charity shops, last minute birthday presents galore and of course we have our own shopping centre with all its suburban magic, the Swan Centre.

### Best kept secret about Rathmines is:

It's the Best, we see through the charm and get straight to the issues!

### Most active society in Rathmines is:

Music Ensemble Soc, with gigs going on all the time!

### Most active club in Rathmines:

Oops, none! Maybe you could get one going?

### Why is Rathmines the best site:

Because we can sing and play the theme tune to "its simply the best, duh duh duh duh, better than all the rest, duh duh duh duh..."

### Don't miss out on:

calling into the new SU office en route to the library, or do what has been done for centuries and ambush me in the corridor or canteen or in France.

### Words of wisdom for people starting out in Rathmines:

Get involved, your Union, your Voice, doing it for you! No Question too small, no answer too short .

## What about my site?

### Dude, Where's My Union?

Although we would like to have a presence in every single DIT building, its just not possible to be everywhere. If you are attending classes in one of the smaller DIT annex sites you might want to know which which DIT Students' Union office you are attached to.

DIT Portland Row – DIT Mountjoy Sq

DIT Sackville Place – DIT Cathal Brugha St

DIT Chatham Row - DIT Aungier St

DIT Temple Bar – DIT Aungier St

**Remember as a DIT student you can use any DIT Students' Union office.**



# FRESHERS' FOR FREE TRIATHLON

'coz we're sound like that!

Welcome to DIT and what is, undoubtedly, **THE** best Freshers Week in any 3rd level institution in this country. It's a bold claim but we stand by it. We give you a Freshers' Week jam packed with both daytime events and nighttime events in the best venues in the city and we give it to you for **FREE**. That's right boys and girls – you can go to every event on the Freshers' Week calendar for free. **We're sound like that!**

The full schedule of events is on the opposite page and the following page again has extremely important information on how opening your **Ulster Bank** account will benefit you greatly all through your 1st year in DIT and beyond. An **Ulster Bank** account isn't just for a free ticket to the Freshers Ball, ya know. . .

The full schedule is also available on our fantastic BEBO site [bebo.com/ditsu](http://bebo.com/ditsu). Join us and bask in all the free tickets, other freebies, competitions, breaking news etc.

## Monday Night – Comedy in The Village

We did this kind of night for the first time last year and it went down brilliantly so we're doing it again! We'll have **THE BEST** comedian in Ireland – **David O'Doherty** entertaining you. Having just won the Main Prize at the Edinburgh Comedy Festival it's **OFFICIAL** that he's the best – we're not just saying that ya know!

Followed by the best original Irish band you've never heard of – **Fred**. Just back from a string of dates in the States and Electric Picnic and featuring on the Ian Dempsey Breakfast Show – they rock!!

It's a solid start to the week, designed to ease you in and get you into the spirit of things. . .

Admission to the Village is **FREE**, but the capacity is limited guys, so get there nice and early to avoid disappointment. . .

Also, if you see tickets being given out, grab one and stick it in your pocket. We will be giving some out on the following nights too, and if you collect all three there just might be something in it for you on the Wednesday night!



## Tuesday Night – DIT 'Ulster Bank' Freshers' Ball in The Academy

The 'Big Daddy' of our Freshers' Week events, the Freshers' Ball has to be seen to be believed. This night has got so much going on, we **DEFY** you to try experience it all.

And . . . it's a '**Back to School**' theme! See the irony? So, boys, break out those secondary school uniforms for one last time if ya still have them and girls, we're not entirely convinced that Irish secondary school uniforms are the most flattering so maybe ye're better off doing your own take on it. . . . but one way or another dress up for **THE BIGGEST** and best 'Back to School' party you'll ever see. . . we'll have saucy schoolgirls giving out goodies on the night and a whole host more school-themed goodness. . . dress to impress!!

We've got **The Blizzards** headlining the Main Stage, fresh from the studio and touring with their new album. With the hottest front man in Irish music and the most energetic on-stage performances we've seen in ever, they'll bring the house down.

They'll be supported by **TKO**, the band Hotpress have billed 'One of the best live acts in Ireland'. Having wowed crowds everywhere from the smallest festivals in the country, to opening for The Frames, the TKO lads love to perform and will get your night going like no other band can. They've also been known to give out goodies during their act so be sure to be up near the front to get yours . . .

Once TKO and The Blizzards have done their thing on the main stage, we're not gonna just shove a DJ up there to ease you through the rest of the night. That's not how we roll. We've got THE best covers band this country has ever spawned, **Bluemoose**, rounding off the night in the main room. On top of their standard 6-night-a-week gigging schedule, they've been flying over to the UK every Wednesday during the summer, playing on the X Factor Tour so they've had loads of practice for this one!

And all that's just on the Main Stage people! The Academy will fit 1600 of you wonderful people and spreads over **4 FLOORS** and we've got the good stuff happening on each of them . . . The **Songs of Praise Rock n' Roll Karaoke** will be on a floor all of its own. Get in there and belt out your favourite rock song for our amusement, prizes for the best of ye! . . . Find the **O2 Bar** and get yourself a blast of head-clearing pure oxygen – you won't find **THAT** anywhere else in the country, least of all at a Freshers' Ball but like I said earlier, **we're sound like that** . . . we'll have a room where you can chill a bit and take a break from the madness if ya need to . . . there'll be people playing with fire, there'll be girls with snakes, there'll be dancers . . . there'll be free limited edition T shirts and some very exclusive limited edition hoodies to be given away, so keep your eyes peeled . . . and a load more little touches that you'll just have to wait to see . . .

**How's it free? Just open yourself an Ulster Bank account and get a ticket!! Ulster Bank will give you a load of other stuff, including 100 euro for nothing, and we'll give you a load of stuff too if ya just use the account a couple of times a month. Check out all the details on the next page.**

P.S. Once all the tickets have gone. . . if you're one of those who didn't manage to get one, be sure to check out our BEBO [bebo.com/ditsu](http://bebo.com/ditsu) as we'll have a few to give away there at the last minute. . .

## Wednesday Night – Silent Disco in Zanzibar

Oxygen has done it. Electric Picnic has done it. And now DIT Students' Union is doing it just for you! The **Silent Disco** is destined to be huge so be sure to get in there as soon as doors open,

Zanzibar is a huge venue but there are only 1000 headsets for the headphone disco so not everyone will get to play.

2 DJs.

2 different DJ sets being played simultaneously. You flick a switch on your headset to hop between the two.

Everyone singing along.

Fun fun fun till 3 in the morning.

How's it free? Just show up early and be one of the first to grab yourself a headset.

### The best of the rest . . .

All through Freshers Week, on each site, we'll have something organized during lunchtime. It will be anything from bands to comedians to hypnotists to contortionists to a crazy Scottish man who swallows all sorts of things including live fish and brings them back up dead or alive, depending how nice the crowd wants to be to the fishies. . . Details will be on each site so keep an eye out for the posters!

Wed 24th will see **BT2** coming on site in Aungier St. They'll be out in the courtyard with a pretty trailer upon which there'll be a couple of bands playing including a live performance by **DJ Kormac**. Kormac is just back from playing the Main Stage in Electric Picnic and he went down a storm – don't miss your chance to see him for free! They'll be giving out free goodie bags, but they'll be limited in supply so grab one while they're going. They'll also be doing free makeovers on the day so be sure to take advantage.

There'll be free **Red Bull** floating around during the week. . . keep an eye out for the girls with the hook-up. . .

There'll be free copies of **Hotpress** appearing at some stage too. . . again, keep your eyes peeled. . .

We've a massive inflatable outdoor **cinema screen** that'll be showing up all over the place, so if you see it on your site go and check it out . . .

So there's your Freshers Week! It'll be a good one, trust us!

As 1st semester rolls on keep an eye out for massive posters appearing on your site keeping you up to date on what we've got going on . . . for now we'll let you in on one little secret . . . around the beginning of November we're looking to have 'The World's Sexiest DJ', Colleen Shannon to Dublin to play a gig just for us . . . tickets won't break the bank and they'll go fast so look lively when they go on sale . . .

**We're working on a load of other things too. The handiest way to stay updated is to join us on BEBO at [bebo.com/ditsu](http://bebo.com/ditsu)**

**Enjoy your FREE Freshers Week and always , always, remember... we're sound like that.**



# Ulster Bank Deal

Special Ulster Bank student offer. It's scorching!

## DIT Students' Union and Ulster Bank...giving YOU a ridiculous amount of free stuff. . . .

So here's how it works. . . open a new Ulster Bank current account during Inductions Week or Freshers Week here in DIT and receive ALL these wonderful goodies. . .

- A FREE ticket to the Freshers Ball in the Academy featuring The Blizzards, an Oxygen Bar, Rock n' Roll Karaoke, Bluemoose and more. . . you won't want to miss it. . . it's a School Disco theme boys and girls so dress to impress. . .
- €100 cash deposited into your new account
- Upfront interest free overdraft of €650
- 25% off mobile price plans from 3
- 10% discount at BT2 as well as a free makeover

- €5 GameStop discount
- 40% discount on all bill pay phones or €10 discount on prepaid phones from Carphone Warehouse
- Transaction fee free banking
- Commission-free foreign exchange

Opening the account ALSO puts you in the running for the Ulster Bank Golden Bag competition. Two DIT students who open a new Ulster Bank account will win one or other of:

- A Wii Console with Wii Fit Game or
- 3 mobile broadband pack PLUS a BT2 goodie bag PLUS a selection of gifts from Carphone Warehouse

Obviously Terms and Conditions apply as usual so be sure to read them but trust us – it's a good deal!

The main condition is that you use the account 3 times a month. . . which is very easy to do considering any ATM withdrawal counts as a transaction and any lodgment counts as a transaction too.

On top of ALL that free stuff is you do use the account 3 times a month, then you'll also be eligible for MORE free stuff in 2nd Semester too. . . it might be free tickets to RAG Week or it might be a free ticket to a bigger gig we do before the end of the Summer (like last year's BIG Bash – ask around!). . . either way it'll cost ya nothing and save ya queuing!

PLUS as a special treat there may even be a free limited edition T shirt in it for you too. . .

SEE?! Definitely worth opening the account and using it 3 times a month. . .

**And remember it's not JUST for 1st years. ANY DIT student who opens a new Ulster Bank account over Inductions and Freshers Weeks is entitled to all the free goodness!**

# Gig Guide & Compo

Your pass to the hottest tickets...

## Midnight at The Academy presents: THE STONE ROSES EXPERIENCE

**Date //** Friday 26th September  
**Tickets //** €15 including booking fee available on ticketmaster.ie  
**Doors //** 11pm  
[www.myspace.com/therosesexperience](http://www.myspace.com/therosesexperience)

The Stone Roses Experience are the ultimate Roses tribute act. They will perform the classic hits of The Stone Roses live at The Academy for one night only on 26th September. Tickets €15 are available at all usual ticketmaster outlets now.

The Stone Roses Experience are widely regarded as the most accurate tribute to The Stone Roses. They focus on bringing the authentic live sound of the Roses to audiences who never had the pleasure of seeing the original band, using the original instruments as closely as possible and tweaking that desired classic Roses tone.



Sell out shows all over the UK and Ireland have shown the popularity of the Stone Roses music is still as fresh today as it was back in the late 80's. Oxegen '08 was a perfect example of this, where they opened the festival to an ecstatic crowd.

The Stone Roses Experience continue to take the music of the Stone Roses to every corner of the UK and Ireland, having students, the young, the old, 90's throwbacks and generally anyone who listens to them coming back for more each time. For the complete Stone Roses Experience, this is the one.

**Don't forget to enter the competition...**

**We have 3 pairs of VIP tickets for the gig to give away. 'Cos we're sound like that!**

This means 3 people plus a friend each will get access to the upstairs VIP balcony for the gig. Many thanks to the good people of MCD for this prize.

Winning these tickets couldn't be simpler. Just fill in the entry form on page 1 of this magazine, and drop into your SU. If you need a sneaky hint then visit the Events section of ditsu.ie and you might just find one...



**DITSU SHITZU SAYS:**

Taking advantage of this offer is a great way to ensure yourself a **FREE** ticket to one of the biggest gigs of the year.

Trust me- you don't wanna miss this one...



**ditsu.ie**  
dit students' union  
\* Ulster Bank



The Academy' presents:  
**NoDisco Launch Party**

**Where** // The Academy's Green Room  
**Date** // Friday September 5th 2008  
**Tickets** // On the door. Admission is free before 11.30pm / €5 after.

Dublin's newest and most prolific music venue is delighted to announce the launch of it's brand new Friday night clubnight 'NoDisco'. NoDisco opens at 10pm on Friday 5th September.

Featuring guest DJ performances from  
**HAM SANDWICH** ( Niamh & Podge )  
**NEOSUPERVITAL** ( Jessie Love Action )

NoDisco promises to deliver a weekly soundtrack of the world hottest indie, rock & electro pop acts that the Academy has become home to including Crystal Castles, Supergrass, MGMT, Killers, Black Kids, CSS and many more.

## Exclusive Freshers' Offer at the New Wa Wa Charity Shop

Women's Aid is celebrating Freshers' Week and the launch of their new Wa Wa shop with an exclusive offer for DIT students. The shop, just across the road at 39 Aungier Street, has put a discount voucher offering €2 off purchases over €10.00 in each Freshers' pack.

Call over today to see the high value, low-cost donated items, ranging from shirts to skirts, books to bow-ties, kitchenware to candles. All clothes are new or nearly new, washed, ironed and beautifully displayed, all at great value prices. Wa Wa also stocks an excellent range of top designer clothes for very affordable prices. To top it off, they have stylish fitting rooms that have plenty of room so you can try on your bargains before you go home.

The Wa Wa Shop is also encouraging students go green and donate unwanted or used items. Your unwanted items may be someone else's treasure. The shop take bric a brac, crockery, jewellery, ornaments, clocks, mirrors, unwanted presents, small pieces of furniture and clean women's, men's and children's clothes. Or maybe you are able to donate more than stock. If you have 3-4 hours to spare per week you could join Denise and her team of volunteers in the shop. Call 01-4759927 for more volunteering information.

Not only are you getting a bargain when shopping at Wa Wa, but the money you pay goes straight to the Women's Aid National Freephone Helpline (1800 341 900), so they can continue their work with women who are being physically, emotionally and sexually abused in their own homes.

# WaWa Shops

WaWa supporting Women's Aid

We take  
...clean, good quality items including:

- Ladies, gents and kids clothes
- Unwanted gifts
- Jewellery
- CDs, DVDs and videos
- Recent books
- Magazines

And... if you have 3-4 hours to spare per week and would like to volunteer, call to your local shop.

WaWa, 39 Aungier St,  
Dublin 2  
01475 9927  
(opposite the entrance to the DIT)

WaWa, 12 Main Street,  
Dundrum  
01 296 0284

Women's Aid





# Socialising

## Organisational Skills

### Confidence Building

#### Involvement

##### Entertainment

###### Trips Away

###### Interpersonal Skills

###### Exciting Times

###### SO MUCH MORE



**Who** – Run by the students of DIT for the students of DIT. There are just under 80 active societies throughout the six main DIT campuses that range from Artistic & Performance, Political & Debating, Socially Conscious & Humanitarian, Religious & Charity, Social, Gaming & Fun and Course Related / Academic, plus so much more. If you cannot find what you are looking for, it is easy to start a society of your own, all you need is 15 like minded people and a good idea!

**Why** – To meet the extra curricular needs of the students of DIT and to create a positive “on campus” environment for all DIT students!

**Where** – On every DIT campus, check out [www.socs.dit.ie](http://www.socs.dit.ie) for further information. There is a host of opportunities to get involved. There is something there to keep to keep you busy and meet new people every evening!

**When** – Throughout the whole academic year, there are workshops, classes, trips, plays, DJ lessons and more.

*“of the students, for the students, by the students of DIT”*

**Societies**  
of DIT



**Get Involved**  
[www.socs.dit.ie](http://www.socs.dit.ie)



# DIT Sports

40 Sports- 1 Unique Institute

Welcome to Dublin Institute of Technology and congratulations on taking up the challenge of third level education. While you're here you will have the opportunity to study towards the career of your choice, to make new friends and to develop new skills that you will retain for life.

Luckily for you – life at D.I.T. is not just about study - The DIT Sports & Recreation team are dedicated to providing fantastic opportunities for you to participate in sport and recreation while you are here...

Whether you are interested in competitive sport or regular recreational activity we aim to provide something for everyone. So wherever your interests lie - a weekly yoga class, or representing DIT at the Sigerson/ Donaghy cup, an intra mural soccer/ dodgeball league, or inter varsity competitions, with 40 sports clubs in action each year – the choice is yours!

Make sure to take a look at our sports & leisure facilities around the city, and get to know the sports officers who have all of the information about joining the "Fit to Go Club", participating in recreational sports leagues and all things sporting throughout D.I.T.

Our sporting facilities include:

- Kevin Street – 18m swimming pool, sports hall and gym.
- Bolton Street – gym and sports hall.
- Grangegorman - playing fields and dressing rooms

Membership of our "Fit to Go" Club is available at very competitive rates for Students (and graduates!).

New membership packages are now on offer, to suit individual needs, and include:

**All-Inclusive Membership** – Unlimited access to all facilities and free access to all classes.

**Pool Only Membership** – 18m four-lane swimming pool along with free entry into aqua aerobics classes.

**Fitness Membership** – Unlimited access into all classes, Aerobics, Step, Circuit Training, Bootcamp, Bodytone, Yoga, Pilates and Kick Aerobics.

Memberships are available to everyone including DIT students and staff, graduates and the public.

Apply on-line to arrange your Free One Day Pass today.

In 2007-2008 D.I.T. supported 115 sports scholars, representing 20 different sports. Take the opportunity to try something new, and train or compete with Irelands up and coming sports stars.

Third level education is a busy time with lots going on... take time out from the exam prep and study to be physically active... it's a great way to meet people, stay healthy, reduce stress and keep the mind alert. Enjoy your time at D.I.T. I look forward to seeing you all at the fun, recreational and competitive sporting events throughout the year

## Contacts:

Detail:

Detail:

Detail:

## Calendar of Events:

### Freshers Week

Outdoor Sports Blitz's - 23rd 24th and 25th of September 2008.

5-a-side soccer, Dodgeball, GAA 7's, Ultimate Frisbee, Rugby 7's and Tag Rugby One day blitz's will be organised at the playing fields on Grangegorman Campus. The main emphasis is participation and fun rather than serious competition and aims to encourage more students to be involved in sport at a level that suits them.

### Clubs & Societies Festival

Week Beginning 29th September 2008. Be a part of it by joining a sports club during Clubs week.....or at anytime during the academic year. Check out [www.ditsports.ie](http://www.ditsports.ie) or contact a Sports Officer for details.

### College Health Awareness Week

13th -17th October 2008. Theme – 'Adopt a Healthier Lifestyle'

The aim of the week is to encourage and inspire both students and staff to adopt a healthier lifestyle through offering a comprehensive programme of health and fitness based initiatives.

### Club Training Programme

October 2008.

Clubs & Societies Training Day

Treasurer's Session

Sponsorship/Fundraising Session

PR Officer Session

### Refresher Days

2nd and 3rd of February 2009.

Clubs will get the opportunity again to recruit new members for their second term so if you have missed out on participating in some club's activities don't miss this second chance to join up!

### Annual Sports Awards Night

Thursday 22nd April 2009

The Annual Sports Awards night recognises, celebrates and rewards the outstanding achievements and contributions that individuals and groups have made to Sport at the Institute during the year.







# Money Matters

How to make the most of your Euros

## Money, Money, Money, Must be Funny!

Pack away the buckets and spades, the summer's over and its time to get yourself sorted for the year. Doom & gloom headlines and talk of a recession may have you worrying about your financial state. But don't despair - here's a list of money making & saving ideas and advice for you to maximise your income and minimise your expenditure so you can enjoy your year without losing your shirt.

### Getting sorted!

There's nothing like finally receiving your grant cheque or pay packet to bring on a bad case of the splurges. And while you may deserve a treat after paying all those boring bills & rent – ask yourself are those shoes/pints/phone worth facing a bleak fortnight with zero funds. So if you're getting a name for coin fishing down the back of every couch you see – read on and get sorted..

### Can't wait for payday

Is payday the only day in the month you're not terrified to even look at your bank balance? Planning ahead and budgeting pays off. Tot up how much you earn/receive every month and then subtract, rent, bills, & repayments and divide what is left into four. This is your weekly spend allowance. Withdraw it in cash every Monday - keep it safe and do not overspend!  
Simple – **yet effective.**

People spend the most on pay day and the few days after. So, instead of blowing all your cash in week one, why not stock up on some good food, combine it with all that healthy/ mystery food you bought months ago and which has been gathering dust in your cupboards & invite friends round for a great night in.

Receiving that grant cheque is the same – don't be tempted to splash out immediately. Figure out how much you have received per week. If you're renting, this will probably be less than your rent each week, so use it wisely Grasshopper. Then, if there's any dosh left - treat yourself at the end of the month, gloriously guiltfree - when you'd usually be moping around flat broke.

### Or then again...

According to some boffins somewhere the next time you feel the urge to 'treat' yourself, you should **think again**. Splashing the cash around might feel great at the time but a person's mood can quickly drop a level following a shopping spree. (I think we all recognise that sinking feeling - post retail frenzy leaving you with a big hole in your bank balance and a hideous pair of lime green flares (again) ) So give the over-indulgence a miss – you'll survive – and if you need a mood boost, do something that's cheap or free (yes it's possible -see page 28 for proof). Why not stick on a face mask, ask a mate around for a cuppa, go for a run, play a game of scrabble and enjoy some at-home pampering instead.

### No grant?

Don't feel too sorry for yourself if you do not qualify for the grant. There are other avenues to explore: see [www.studentfinance.ie](http://www.studentfinance.ie) to find out what other funding you may be eligible for.

### Free money!

Be sure to check out the DIT Student Assistance Funding schemes available in the areas of childcare, rent, dental, medical, travel(course specific) and general student assistance funding. There is a criterion



to be met, but you won't know if you don't ask, so pop down to the Union Office for more details on these funds or check out [www.ditsu.ie](http://www.ditsu.ie).

## Money making ideas!

Get paid to shop or eat out by signing up to mystery shopping or online survey companies. You get paid for simply giving details on how you found the experience.

Or why not recycle your old mobile phone, check out <http://ie.envirofone.com> and depending on the model of your phone, you may get a few quid for it.

Promotional work, handing out/delivering leaflets and marketing jobs have become very popular. This is a great opportunity to get a taste for the industry, meet new people and have loads of fun while you're at it. Keep an eye on [www.ditsu.ie](http://www.ditsu.ie) for jobs in these areas

## Credit Cards

The ladies are known to be almost twice as likely to use their credit card to buy clothes as men. The next time you see something that you 'must have', give yourself three days to think about buying it- it's amazing how often you'll go off the idea and if your heart is still set on something, most shops will hold items for you, so never be afraid to ask. Clever spenders are shopping around online for the best price option, so why not window shop on the net.

Students are not advised to get credit cards but if you are considering one, be sure to check out [www.itsyourmoney.ie](http://www.itsyourmoney.ie) to compare products available.

## Loans and getting credit

Borrowing money can help you spread out your costs over time, but can work out to be very expensive so know your options before you borrow. Consider the interest as well as the loan and then consider how long it would take you to save for what you want instead. Evaluate how much you can afford to repay, how long the loan will last and what happens if your situation changes. [www.itsyourmoney.ie](http://www.itsyourmoney.ie) service offers an excellent comparison of costs and benefits.

Keep in mind that if you struggle to repay loans or miss payments, your credit rating can be affected. This sounds like something that you don't have to worry about until you start earning but it may bite you in the ass when you're looking to borrow for that trip round the world when you graduate.

All credit history information (borrowing and repaying loans etc. from any bank you deal with) is documented in a credit record. The Irish Credit Bureau (ICB) holds this for 5 years after a loan is closed. (Think ahead and remember that lenders analyse this to ensure that you can/are likely to repay a loan.) Bear all this in mind if you intend to borrow and carefully consider repayment implications.

## Debt

Ultimately any form of credit puts you in debt. If you are unable to keep up with repayments, this is when debt becomes a problem. People can become worried and upset. There is a free and confidential advisory service MABS (Money Advice and Budgeting Service). They help and guide you through budgets and financial decisions so contact one of the MABS offices, located throughout the city. Information from [www.mabs.ie](http://www.mabs.ie)

**If you need any more information or advice on budgeting do not hesitate to contact your local Students' Union office.**

## Bargain Hunt!

- Check [www.ditsu.ie](http://www.ditsu.ie) for info on freebies and vouchers and keep your eye out for our numerous goodie giveaways on campus as we give out as much free stuff for you as possible all year.
- Look out for great bands, comedy in the best city venues and lots lots more brilliant SU Ents at bargain prices all year long.
- Check for student discounts in shops and on the endless websites that offer cash savings to students. Be sure to get hold of the Student Travel Card for bus, Luas, train discounts as well as other retail savings at the your local Students' Union office.
- Look out for free/discounted services advertised on [ditsu.ie](http://ditsu.ie) and in the SU common areas: for example free haircuts. Students can avail of service from trainee hairdressers who are near the end of their course and are always supervised.
- Phone companies are competing for your business with improved rates, free sim cards etc. so make sure you are with the operator that is most cost effective for you. [www.callcosts.ie](http://www.callcosts.ie) is an excellent interactive website to help you compare the cost of personal mobile phone and broadband operators.
- If you have broadband internet, Skype is completely free to communicate with other people on Skype and cheaper to phones and mobiles around the world- Just download at [www.skype.ie](http://www.skype.ie)

## Useful Websites:

### [www.studentfinance.ie](http://www.studentfinance.ie)

Information on financial support for further and higher education.

### [www.ifsra.ie](http://www.ifsra.ie) / [www.itsyourmoney.ie](http://www.itsyourmoney.ie)

For FREE independent information on financial products available. Check out the 'Starting college' section which offers practical advice to help manage your student budget more effectively.

### [www.mabs.ie](http://www.mabs.ie)

MABS (Money Advice and Budgeting Service) is a national, free, confidential service for people in debt.

### [www.ditsu.ie](http://www.ditsu.ie)

If you have any questions/enquiries about anything above or you're just not sure of the answer, drop into your local Students Union office or check out [ditsu.ie](http://ditsu.ie) for more information and advice.



# Dear Abby

Your very own agony Aunt answers all...

**Dear Abby,**

I am 18 years old and I have been going out with a boy the same age as me for the last 3 months. I met him while out in town with my friends and we were all really hammered. I really like him and I think he really likes me, but last weekend I started to develop a rash.... down there. I confided in one of my friends and she reckons that maybe he gave me something nasty. I confronted my boyfriend about it and he said I probably got it from one of the skanky toilets in one of the skanky clubs that we go to. Is this possible? What should I do? Also is there an all-in-one treatment cream cos I'm wayyy to embarrassment to go to my family doctor and my rash is getting worse.

**Yours, Itchy**

**Dear (aptly named) Itchy,**

Which one of these skanky nite clubs that gave you the rash did you pick this boy up from? I think the problem is obvious here, you need to start looking for better, less skanky nite clubs. Why don't you pick up a copy of your Freshers mag in order to find out which non-skanky nights out are going on near you? And the next time you feel like picking 'something' up in a niteclub, try make it a less fungus-based product such as a boy that doesn't insist in 'sharing' his extra curricular activity with you. Your chemist will give a cream for the itch.

**Yours scathingly  
Abby**

**Dear Abby,**

I am ridiculously happy at the moment. Things are going great in general. I'm going out with a guy who is fantastic; he has a fantastic car (new BMW), a great job (club promotion) and buys me presents all the time (clothes, jewellery, etc.). I have everything I ever wanted – but there is a small problem – he is a complete arsehole. Please give me a few pointers on how to change a man; I've heard women everywhere do this all the time.

**Yours, Desperate**

**Dear (young and naïve) Desperate,**

Did your mother never tell you no-one likes a gloater? 'Cause they don't!! 'Ooh poor me, all these free presents and I just don't like him'!! What do you want from me? Look you're young and innocent now, luckily this will pass with time and you will realise you can't change anyone except yourself and from the sounds of things this is the obvious answer: instead of expecting HIM to change, why don't you YOU change instead. Desperate- Lets face it, you seem like a bit of a moron anyway so what harm can it do?

**Yours disgustedly  
Abby**



*This is a work of fiction and any resemblance between the characters and persons living or dead is purely coincidental. The author shall not be responsible for any damages or loss of earnings arising from the ability or the inability to understand the humour in this article. Some assembly may be required. Do not read while operating a motor vehicle or heavy equipment. Keep away from small children.*

## On a budget

Free things to do in Dublin

Congratulations, you've picked the world's most expensive city as the backdrop for your student years! By the time you've forked out for all the boring stuff like rent, food and books, there's barely money left for a breakfast roll let alone a social life. But don't start banging your head off a brick wall just yet, I've compiled a list of ways to spend your time that are just as free, far more interesting and a tad less painful....

A night out can do severe damage to your bank balance, but there are a few ways to get around those pesky cover charges. The Palace, Dandelion and Doyles never charge in, Ri-Ra is free in if you go in from the Globe between 11 and half 11, except on Fridays. Club M is free before 11pm. Break for the Border have chill out music on Mondays, The Wool Shed and Grill have a Brazilian Party every Wednesday, Pravda have the King Kong Club on Thursday, the Mint Bar in the Westin Hotel host a Salsa night every Friday, admission to these is free all night. To keep up to date on gigs listings check out [entertainment.ie](http://entertainment.ie), [hotpress.ie](http://hotpress.ie) or [gumtree.ie](http://gumtree.ie) or [phantom.ie](http://phantom.ie)

Most museums in Dublin are free in. So why not look at really old dead things in the National Museum of Ireland, test your artistic talent in the National Gallery or spend a Saturday in the President's

gaff? Information on most museums are listed on [www.museum.ie](http://www.museum.ie) or pop into your nearest Tourist Information Office.

There are loads of gardens and parks around the city open to the public for walks, picnics, people watching etc. Stephen's Green has lots of ducks to feed. The Iveagh Gardens is best for an afternoon of chill-axing. The National Botanic Gardens has an impressive collection of unusual plants and is worth a look, even for those of us who aren't horticultural maniacs! There's a load to do in Marley Park, including 14 football pitches, a cricket pitch, tennis courts, a golf course, a BMX track and a craft centre.

What better (and free-er) way to enjoy this beautiful city than walking? Bull Island, The 40foot, Howth and Dun Laoghaire are all popular spots for getting some air. iWalks, free podcast audio guides of Dublin, are available to download from [www.visitdublin.com](http://www.visitdublin.com), they also come with detailed maps of the route.

If all else fails try some of these random boredom busters to kill time; get a ride on an eco cab, taste all the free samples in the Temple Bar Food Market, rent a dvd from any public library, donate blood and eat as many of the free cakes as possible or take up busking.



# Health Alert:

## Mumps in Third Level colleges

The National Immunisation Office of the HSE has advised us that there have been a number of outbreaks of mumps, particularly among college students over the past few years. These outbreaks are occurring because MANY YOUNG ADULTS AGED 18-25 YEARS HAVE NOT RECEIVED TWO DOSES OF MUMPS (MMR) VACCINE and thus third level colleges have large numbers of susceptible individuals facilitating ongoing transmission of mumps infection.

Mumps is an acute viral illness that causes fever, headache and characteristically painful swollen salivary glands. Complications can include meningitis, deafness, and inflamma-

tion of the testicles in adult males. Mumps is infectious from about 6 days before to the 10 days after onset of symptoms. This illness has potential to disrupt the education of a large number of students.

MMR VACCINES ARE AVAILABLE FREE FROM YOUR OWN GENERAL PRACTITIONERS.

Please check your vaccine status by asking your parent or GP if you have received 2 doses of MMR vaccine. If you have not received any MMR vaccines or you have only received one dose please go to your own GP for vaccination.

Vaccines will also be available in your relevant student health centres free of charge from 22nd September 2008

**DIT Southside Campus Student Health Centre Aungier Street 01 402 3051**

**DIT Northside Campus Student Health Centre Bolton St./Linen Hall 01 402 3614**

For information :<http://www.immunisation.ie/en/3rdLevelStudents/Mumps/>

Yours sincerely

Dr. Brendan Clune (DIT Medical Officer)

**DITSU SHITZU SAYS:**

No to Mumps!

Go see those friendly nurses...  
Grrr!!!

**DITSU SHITZU SAYS:**

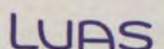
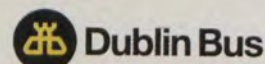
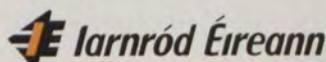
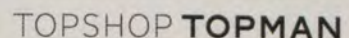
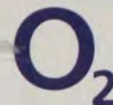
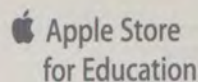
Hey ladies, if you wanted to study in DIT back in 1897 you would have been offered the discipline known as 'Women's Work' which included such gems as dressmaking, cookery and, of course, laundry work!

**SAVE ON TRAINS**  
**SAVE ON BUSES**  
**SAVE ON FOOD**  
**SAVE ON FASHION**  
**SAVE ON LIVING ...**



**STUDENT TRAVELCARD**  
LIVE LIFE YOUR WAY

**AMAZING DISCOUNTS & DEALS AT:**



[www.studenttravelcard.ie](http://www.studenttravelcard.ie)



# Accommodation

Our tip-top guide to renting...



## Our 4 Point Guide:

### 1. CALL IN

- Call into us in the Students' Union office to check our latest listings and noticeboards, or post an accommodation wanted notice yourself.
- Ask us for help with anything you are unsure of.
- Use our maps to locate areas you have come across and ask us if you're not sure about the area.
- Collect a free rent book.
- Post a notice - if you are looking for or have an extra room

### 2. LOG ON

- [www.ditsu.ie](http://www.ditsu.ie)  
Check out the up to date listings as well as your rights as a tenant and what to do if you have a question or a problem.
- [www.daft.ie](http://www.daft.ie) The busiest accommodation site in Ireland
  1. Sign up and log on as a user.
  2. Create Email alerts. Utilise Advanced search.
  3. Search the Lettings/Sharing databases.
  4. Do not delay- good places go fast! So call the landlord/agent immediately.
  5. Be patient. August to October is the busiest time of the year.
- Also check: [www.findahome.ie](http://www.findahome.ie), [www.let.ie](http://www.let.ie), [www.myhometolet.ie](http://www.myhometolet.ie), [www.gumtree.ie](http://www.gumtree.ie), [www.collegecribs.ie](http://www.collegecribs.ie), [www.propertynews.com/rentalsearch](http://www.propertynews.com/rentalsearch)

### 3. NEWSPAPERS

- The Evening Herald: (City Edition) Mon-Fri daytime paper. Best days Mon & Thur. If you see something you like, call it straight away, as they always go fast.
- Local area papers: Such as the Northside people, Southside people etc.
- Classified Ads: various publications- e.g Buy and Sell.

### 4. WORD OF MOUTH

Ask your neighbour, your classmate, your shopkeeper, your lecturer and everyone you meet. Spread the word that you are looking and you'd be surprised who knows a landlord or someone moving out. If you are interested in a particular area, why not enquire with local services and put up notices in shops. Maximise every opportunity you come upon and you'd be amazed just how quickly you'll get fixed up.

Bear in mind that it takes time to find a place and to search within your budget. Remember- bills are usually not included in the rent and students can find it difficult to get 9 month leases, so be patient, utilise the DITSU Accommodation checklist and search effectively.

Start today and get the ball rolling! Some people advertise a month or more prior to availability of a dwelling, so get your eyes peeled and the very best of luck.  
If you have any questions, give us a shout in person or on [accommodation@ditsu.ie](mailto:accommodation@ditsu.ie). We're here to help so just ask.

**Happy Hunting and Good Luck!**

**Tracey and the SU Crew x**



## Your Rights:

While some landlords may grumble and pretend not to know this, every tenant has rights which are protected by law. Yes, even students – so **KNOW YOUR RIGHTS**. They are:

- You have the right to privacy.
- Your accommodation must be fit to live in.
- Rent can only be increased once a year (see Tenancies Act 2004).
- Your landlord should register with the PRTB\* within one month from when you move in.
- To register you with the PRTB\* the landlord will need your PPSN(state ID) number.
- You must be given/give written notice to leave.
- Your deposit should be returned within a reasonable time.
- The landlord can only withhold money for any rent owed or damaged caused.
- You can apply to the PRTB\* if you cannot resolve your tenant-landlord dispute.

\*PRTB – Private Rental Tenancy Board  
- www.prtb.ie 2nd Floor, O'Connell Bridge House, D'Olier Street, D2.  
Ph:016350600 E:information@prtb.ie

\*\* A dwelling in which a landlord is also resident is exempt from the tenancy registration system ie. Digs/ Self catering/ Lodgings.

## Contacts:

**Tracey Flinter**

(VP Academic & Student Affairs)

086 603 1075

vpacademic@ditsu.ie

**Aimee O'Callaghan**

(Student Affairs Manager)

01 402 4510

086 815 1468

studentaffars@ditsu.ie

Or call into any Student Union office for help and advice. Best of luck with your search.

## Rent & Deposits:

- GET A RECEIPT FOR YOUR DEPOSIT! Preferably on headed paper, signed and dated.
- Record ALL transactions- deposit and rent payments. Pick up a free Rent Book from the SU & make sure you USE IT.
- Do not hand over cash if possible. Pay the deposit and first months rent by cheque or bankdraft.
- Be sure to get the landlords details for future payments.
- When your tenancy ends, the landlord must promptly return your deposit. Only exception is for any rent arrears or damages incurred while you were renting.
- For further information or advice see www.ditsu.ie or contact your SU office.

# Good Luck!

**Student Fares 2008/09**

http://www.buseireann.ie – Student Travel – Bus Éireann

**Bus Éireann**

Principal Services Airport Services About us BUY YOUR TICKETS ONLINE

Bus Éireann getting you there  
Return Fares from Dublin to:

Galway	€18	Cork	€17.50
Sligo	€22.50	Limerick	€18
Waterford	€13	Belfast	€22
Donegal	€25	Kilkenny	€11
Wexford	€17		

Save 10% when you buy National Tickets & Day Tours online.  
valid until the 31st December 08  
Tickets can be purchased at Student Union Shops

For timetable information visit [buseireann.ie](http://buseireann.ie) or contact (01) 8366111

10% Discount when Expressway Tickets are purchased online. Prices correct at time of print

**Bus Éireann**  
www.buseireann.ie



## What better to go with Toast than a nice cuppa Tea...

Much and all as we would like to, sometimes we can't cram as much as we would like onto our slice of Toast. And that's where a nice big cuppa Tea comes in. Tea is a whole section of our new website dedicated to the wierd and wonderful, and always with an eye for your entertainment.

Because college isn't all about study you know...



## Come and see what's Freshly Brewed...

**Movies that you should see but might not get the chance if it weren't for me**

**I listen to bands that don't even exist yet, and I prefer their early stuff...**

**Top 5 viral movies. Viral? Should I be worried about my Welfare?**

**10 things you should absolutely never, under any circumstances, say to...**

Our resident Movie Buff gives the low down on movies that you just haven't been cool enough to have seen... until now!

Our music guru is considered the next Dave Fanning. Compliment or not, this guy certainly knows his music, and has decided to share his knowledge.

We think this whole interweb thing could really take off. That's why we choose our top viral videos, just so you don't have to go out hunting for them.

You've all been there. That one time you said something you really shouldn't have... Avoid nasty surprises with our super handy guide.

First genre up: Sci-Fi

First up: Obscure Side Projects

Nominate your faves

First up: A Bouncer

[www.ditsu.ie/tea](http://www.ditsu.ie/tea)



Represent your  
county in  
Ireland's  
biggest  
GAA college  
event.

1-a-side GAA Blitz



# DIT GAA Club

## Men & Women's Tournament

All players, new freshers and existing players welcome.

Represent your county (wear your county jersey)

2pm to 6pm, Wednesday 24th September

At Grangegorman Campus (St. Brendans Hospital off the N.C.R)

Buses leave from: Aungier St - 1.15pm Bolton St - 1.15pm Cathal Brugha St - 1.15pm

Online Registration can be done at [www.ditgaa.ie/7aside](http://www.ditgaa.ie/7aside)

Entry fee: €5 includes GAA club membership, BBQ after the final and night out for everyone – Venue TBC.



For more info contact:

Billy O'Loughlin  
086-315 3210

Kevin McManamon  
087-610 0107

Lucozade

## HEAD2HEAD

On the day Lucozade are coming out and running their Head to Head Challenge, so if you like you can compare your speed, power in your kick and much more against Lucozade players such as Colm Cooper, Cora Staunton, Damien Duff etc.

So to find out more about this or any other sports and clubs information check our website:

[WWW.DITSPORTS.IE](http://WWW.DITSPORTS.IE)

or contact one of the Sports Team.

  
SPORTS  
AND RECREATION  
SERVICE



