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1 Environmental controls on carbon sequestration, sediment accretion, and  
2 elevation change in the Ebro River Delta: Implications for wetland  
3 restoration

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17 **ABSTRACT**

18 Delta wetlands are increasingly recognized as important sinks for ‘blue carbon,’ although this  
19 and other ecosystem services that deltas provide are threatened by human activities. We  
20 investigated factors that affect sediment accretion using short term (3 years using marker  
21 horizons) and longer-term measures (~50 year using  $^{137}\text{Cs}$  soil core distribution and ~100 year  
22 using  $^{210}\text{Pb}$  distribution), the associated carbon accumulation rates, and resulting changes in  
23 surface elevation in the Ebro River Delta, Catalonia, Spain. Fifteen sites were selected,  
24 representing the geomorphological settings and range of salinities typical of the delta’s wetlands.  
25 Sediment accretion rates as measured by  $^{137}\text{Cs}$  distribution in soil cores ranged from 0.13 to 0.93  
26  $\text{cm yr}^{-1}$ . Surface elevations increased at all sites, from 0.10 to 2.13  $\text{cm yr}^{-1}$  with the greatest  
27 increases in natural impoundments with little connection to other surface waters. Carbon  
28 accumulation rates were highly spatially variable, ranging from 32 to 435  $\text{g C m}^{-1} \text{yr}^{-1}$  with  
29 significantly higher rates at bay sites ( $p=0.02$ ) where hydrologic connectivity is high and  
30 sediment resuspension more intense. Sites with high connectivity had significantly higher rates  
31 of carbon accumulation (averaging  $376 \pm 50 \text{ g C m}^{-1} \text{yr}^{-1}$ ) compared to sites with moderate or  
32 low connectivity. We also found high rates of carbon accumulation in brackish sites where  
33 connectivity was low and biomass production was characteristically higher than in saline sites. A  
34 stepwise regression model explained 81% of variability in carbon accumulation rates across all  
35 sites. Our data indicate deltaic wetlands can be important sinks for blue carbon, contributing to  
36 climate change mitigation.

37

38 **1.1 Introduction**

39 Delta landscapes are a heterogeneous mix of diverse wetland habitats across a range of salinities.  
40 Their location at the mouths of rivers creates a substantial interface with adjacent terrestrial,  
41 riverine, and marine zones, which contributes to high biodiversity and the provision of essential  
42 ecosystem services. This includes storm protection, habitat and nursery grounds for a variety of  
43 species, and water quality improvement through nutrient and pollutant removal (Mitra et al 2005,  
44 Ibáñez and Prat 2003, Macreadie et al. 2013). Deltas are also increasingly recognized for their  
45 ability to sequester and store large amounts of carbon, helping mitigate climate change (Pritchard  
46 2009, Ibáñez et al. 2010, Callaway et al. 2012). Within delta wetlands, both sediment accretion  
47 and carbon accumulation rates show a high degree of spatial and temporal variability as a  
48 function of wetland type, their sources of water and sediment, elevation, and vegetation  
49 community composition and productivity (Chmura et al. 2003, Craft 2007). Despite their  
50 importance, deltas globally are threatened by human activities, most notably hydrologic  
51 alterations, sea-level rise (SLR) and subsidence (elevation loss) that is often exacerbated by  
52 reductions in sediment supply (Syvitski et al. 2009, Vorosmarty et al. 2009, Day et al. 2016).  
53 Other stressors can be severe, including nutrient enrichment, pollutant loading, and land use  
54 change, both locally and within the watershed (Giosan et al. 2014).  
55 Deltas are sustained where rivers discharge enough sediment to counter SLR and local  
56 subsidence rates. The delivery of both sediment and sediment-bound carbon leads to the vertical  
57 accretion of marsh surfaces, countering sediment compaction and subsidence that occurs deeper  
58 in the soil profile (Morris et al. 2002, Chmura 2009, Webb et al. 2013). Over the past century,  
59 sediment transport in rivers worldwide has declined markedly, for example in the Mississippi  
60 where sediment loads have decreased by 69% since it was first dammed, and in Mediterranean

61 Rivers, for example the Rhone and Ebro, where sediment loads have been reduced by as much as  
62 85-95% (Giosan et al. 2014, Day et al. 2014, Rovira et al. 2015). While some river systems like  
63 the Rhone still have large floods that carry substantial sediment loads (Pont et al. 2017), the  
64 overall reduction in riverine sediment inputs contributes to lower vertical accretion rates that can  
65 lead to decreasing land elevation and an increased risk of saltwater intrusion and flooding  
66 (Syvitski et al. 2009, Genua-Olmedo et al. 2016). Over the next century, increasing rates of SLR  
67 are expected to raise sea levels by as much as a meter (IPCC 2013), exacerbating conditions in  
68 delta regions that are already undergoing land subsidence. If deltas are to persist, vertical  
69 accretion must keep pace with SLR; accretion depends in part on the ecological condition of  
70 delta wetlands and the eco-geomorphic feed-backs between vegetation and accretion rates  
71 (Morris et al. 2002, Ibáñez et al. 2014).

72         One effect of sediment accretion is the accumulation of sediment-bound carbon  
73 (allochthonous carbon) that is delivered and deposited on wetland surfaces (Macdonald et al.  
74 1998, Ibáñez et al. 2010). This is coupled with         carbon fixation in aboveground and  
75 belowground biomass (autochthonous carbon) that can be permanently buried in sediments,  
76 making coastal and deltaic wetlands natural carbon sinks (Craft 2007, Callaway et al. 2012). In  
77 spite of their small area globally, they hold a disproportionate amount of the earth's total soil  
78 carbon, helping to regulate climate change through carbon uptake and long-term storage  
79 (Bridgham et al. 2006, Chmura 2009, Mitsch et al. 2013). Until relatively recently, research on  
80 the ability of ecosystems to sequester carbon has focused on terrestrial (primarily tropical)  
81 forests, but the quantity of carbon sequestration and storage by coastal ecosystems, the so-called  
82 "blue-carbon," is an important component of the global carbon cycle. Annually, the global rate  
83 of carbon burial for salt marshes ( $87 \pm 10 \text{ Tg C yr}^{-1}$ ) is estimated to exceed that of tropical

84 rainforests ( $53 \pm 10 \text{ Tg C yr}^{-1}$ ), which have long been considered the most significant global  
85 terrestrial carbon sink (McLeod et al. 2011). Through these processes carbon can be held in  
86 biomass over annual to decadal time scales, and in sediments over much longer (perhaps  
87 millennial) scales (Macreadie et al. 2013). The on-going accumulation of sediment and carbon  
88 in a rising sea level scenario leads to the vertical accretion of marsh surfaces, increasing surface  
89 elevation, and carbon can accumulate almost indefinitely under these circumstances (Morris et  
90 al. 2002, Chmura 2009, Webb et al. 2013). In the microtidal Mediterranean, sediment delivery  
91 mostly occurs episodically via freshwater flows during periodic river flooding and salt water  
92 flows during marine storm events, rather than through daily tidal inundation (Pont et al. 2017).  
93 The input of freshwater and the associated nutrients also lead to increased primary productivity,  
94 helping build soil organic matter (Hensel et al. 1999, Craft 2007, Day et al. 2011, Calvo-Cubero  
95 et al. 2013).

96         Despite the recognition that delta ecosystems are important carbon sinks, there are gaps  
97 in our understanding of sediment and carbon dynamics in deltaic systems (Bianchi and Allison  
98 2009, Webb et al. 2013). For instance, upstream hydrologic disturbance due to water  
99 management schemes (i.e., dams, irrigation, etc.) or land use change can reduce carbon  
100 accumulation rates and release buried sediment carbon as a result of erosion, leaching, and  
101 microbial mineralization (Ibáñez et al. 2010, Macreadie et al. 2013). Further complicating this  
102 are differences in carbon burial rates that might arise as a function of variable habitat conditions  
103 and intensity of human alteration within regional wetland complexes. Deltaic wetlands are  
104 typically a mix of habitat types that vary in salinity, geomorphic position, hydroperiod, and  
105 vegetation type, all of which exert some control on the patterns of sediment and carbon  
106 accumulation (Hensel et al. 1999, Ibáñez et al. 2010, Day et al. 2011).

107 Few studies, especially in the Mediterranean have investigated the environmental factors  
108 that control spatially variable sediment and carbon accretion rates, and the resulting elevation  
109 changes across large regional wetland complexes (Day et al. 2011). Earlier work in the Ebro  
110 Delta focused on sediment accretion, and showed that accretion rates were highest in  
111 hydrologically connected marshes at  $0.5 \text{ cm yr}^{-1}$  (with corresponding vertical elevation increases  
112 of  $0.66 \text{ cm yr}^{-1}$ ); rates were lowest in sites lacking river connections ( $0.14 \text{ cm yr}^{-1}$ ) with  
113 corresponding surface elevation increases of  $0.09 \text{ cm yr}^{-1}$  (Ibañez et al. 1997, 2010). These  
114 studies were not designed to quantify the contribution of carbon accumulation rates, which are  
115 also expected to vary widely as a function of plant species composition, salinity, water level,  
116 human disturbance, and the influx of water and sediments from river flooding or storm events  
117 (Craft 2007, McLeod et al. 2011). Salinity is a particularly important variable because of its  
118 negative influence on plant community biomass production (Curcó et al. 2001), which in turn  
119 can alter the ecosystem services related to carbon sequestration and storage. For instance, Craft  
120 et al. (2009) found that the ecosystem services associated with biomass production were higher  
121 in brackish compared to salt marshes, where primary production is typically higher. Similar  
122 research on the sequestration of blue carbon in wetlands of the Mediterranean region is lacking.

123 Here we investigate factors that affect sediment and carbon accumulation rates, and the  
124 resulting change in surface elevation in the Ebro River Delta. We measured sediment accretion  
125 rates using three different dating methods; short-term measurements at the soil surface (horizon  
126 markers) and longer- term measurements based on soil cores ( $^{137}\text{Cs}$  and  $^{210}\text{Pb}$  dating), as well as  
127 soil carbon content and carbon accumulation rates in 15 delta marshes that vary in salinity,  
128 hydroperiod, geomorphological setting, elevation, plant community composition, and their  
129 relative degree of connectivity to other surface waters. We hypothesize that sites with greater

130 hydrological connectivity and freshwater inputs will have higher sediment accretion and carbon  
131 accumulation rates, leading to more rapid surface elevation increases. Understanding what drives  
132 the dynamics of sediment and carbon accumulation, and assessing the ability of wetlands to build  
133 vertically and keep pace with SLR will aid in management activities that promote the resilience  
134 of delta wetlands. While previous studies have investigated this topic in constructed wetlands  
135 (Calvo-Cubero et al., 2013, 2014) and in other regions with a Mediterranean-climate (Callaway  
136 et al. 2012, Morris et al. 2013), this is the first study assessing carbon sequestration rates in  
137 coastal wetlands of the Mediterranean basin.

138

## 139 **2.1 Methods**

140

141 The Ebro River Delta in Catalonia, Spain, covers 330 km<sup>2</sup>, of which about 80 km<sup>2</sup> are  
142 brackish and saline natural wetlands (Figure 1). They provide some of the most important  
143 habitats for fish and waterfowl in the western Mediterranean, as well as other important  
144 ecosystem services such as storm protection, water quality benefits, and educational and  
145 recreational opportunities (Ibáñez et al. 1997). Much of the rest of the deltaic plain (65%) is in  
146 agricultural land use devoted to rice production. The delta is experiencing coastal retreat at the  
147 river mouth by wave action and subsidence because the influx of new sediments is not enough to  
148 counter these forces (Ibáñez et al. 2010). Like many deltas globally, marshes in the Ebro delta  
149 suffer from sediment starvation as a result of altered hydrology - primarily the construction of  
150 large numbers of dams within the watershed that act as sediment traps and have reduced the flow  
151 of sediment and organic matter from the Ebro River to the delta by an estimated 99% (Ibáñez  
152 and Prat 2003, Rovira et al. 2015).



153 Fifteen sites in the Ebro River delta were selected for this study (Table 1), including nine  
154 brackish marshes and six salt marshes that vary in their landscape or geomorphological position,  
155 and the degree of connection to other surface waters. The sites are marshes located at the mouth  
156 of the Ebro river, adjacent to coastal lagoons and Mediterranean bays, and impoundments within  
157 the delta. The delta has a long history of anthropogenic disturbance including salt production,  
158 grazing, small urban settlements and the widespread conversion of marshes to rice fields that are  
159 fed by a network of irrigation canals. This represents widespread hydrologic alteration that has  
160 affected the degree to which wetlands are connected to sources of freshwater (river) and  
161 saltwater (sea). At present only about 25% of the Ebro River delta is natural habitat (Benito et  
162 al. 2014).

163 With the exception of the Garxal marshes located at the mouth of the Ebro River, the  
164 wetlands are isolated from direct river flooding and have limited input of freshwater and river  
165 sediments (e.g., there is a small input through the irrigation or drainage networks). The coastal  
166 lagoon and bay wetlands have some degree of connection, for instance the Encanyssada lagoon  
167 marshes have a limited connection to the Ebro delta bays and are dominated by plant species  
168 such as *Phragmites australis* and *Spartina patens*. Three salt marsh sites are located on  
169 the large Alfacs and Fangar bays that have formed as a result of long-term sediment transport  
170 from the Delta's coastline and are hydrologically open to exchange with the open water of the  
171 bays. Two types of impounded wetlands are also found: marshes impounded by human activity  
172 (isolated by canals, abandoned rice fields, etc.) and naturally impounded fresh to brackish high  
173 organic soil marshes fed primarily by groundwater inflows. These are naturally disconnected  
174 from other surface waters.

175           As a result of this heterogeneous landscape, the wetlands in this study can be arranged  
176 along a continuum of hydrologic connectivity between each site and any adjacent surface waters.  
177 We placed them into three categories (high, moderate, and low) of relative hydrologic  
178 connectivity using hydrological records, mapping of the delta, and our long history of site visits  
179 and knowledge of the sites (Ibañez et al. 2010):

- 180       - High: direct hydrologic connection with open exchange between the wetland and the  
181       Ebro River and/or the Mediterranean Sea.
- 182       - Moderate: periodic hydrologic connections between the wetland and adjacent water  
183       bodies (e.g., lagoons) in periods of high water levels or storms.
- 184       - Low/None: wetlands are rarely or never connected to adjacent waters due to  
185       impoundments.

186 While the result is a qualitative ranking, it provides an indication of differences in site hydrology  
187 (Table 1).

188

189

190           Marker horizons and Surface Elevation Tables (SETs) were used to measure short-term  
191 rates of vertical accretion and any change in the surface elevation of the wetlands, respectively  
192 (Cahoon and Turner 1989, Callaway et al. 2013). Replicate plots (n=2) were established in each  
193 site in 2009 in a representative 50x50 m area of the marsh. Each plot was 4x4 m in size with a  
194 SET station in the center, and three randomly placed 1-m<sup>2</sup> marker horizons within the plot. The  
195 marker horizons consisted of a layer of kaolinite placed on the marsh surface. SET  
196 measurements were made quarterly between September 2009 and September 2012. Marker  
197 horizons were sampled in 2013, giving incubation times of 46 or 47 months.

198           The SET data were used to calculate marsh surface elevation at each site by taking the  
199 average of each of the four fixed positions (9 readings per position). The mean of the fixed  
200 positions was then averaged to obtain one elevation value for the location of each SET at each  
201 survey. Elevation change was calculated using linear regression of measurements from the  
202 initial readings at the time of SET installation across the time series to generate a linear rate of  
203 change (Callaway et al. 2013). The rates for each plot (n=2) were averaged for an overall rate for  
204 the site.

205           Estimates of sediment accretion rates were made by gamma analysis of  $^{137}\text{Cs}$  and  $^{210}\text{Pb}$   
206 soil cores collected at each site. Soil cores were collected to a depth of 48 cm using a cylindrical  
207 PVC corer sealed with a screw top and an interior diameter of 11.5 cm. Each core was sectioned  
208 into 4-cm increments (this thickness was used due to sampling constraints), dried to a constant  
209 weight at 60 °C, and weighed to determine bulk density. Samples were passed through a 2-mm  
210 diameter mesh sieve before determining particle size distribution by sieving for sand (2.0 – 0.5  
211 mm diameter), silt (diameter < 0.5 mm and > 0.002 mm), and clay (diameter < 0.002 mm). The  
212 total carbon (%TC) and nitrogen content (%TN) of the soils was determined using a Carlo Erba  
213 NA 1500 analyzer. Because soils were not tested for carbonates prior to analysis, we present  
214 results as total soil carbon. Organic matter content was determined by loss on ignition (LOI;  
215 Craft et al. 1991).

216           Each 4-cm depth increment was analyzed for  $^{137}\text{Cs}$  and  $^{210}\text{Pb}$ . Cesium-137 was produced  
217 by aboveground thermonuclear testing that began in 1954, with peak fallout rates in 1964. With  
218 a half-life of 30 years, it is commonly used as a marker in soils where the peak  $^{137}\text{Cs}$  activity in  
219 the soil profile corresponds to the soil surface in 1964. Sediment or organic matter above that  
220 depth in the soil profile is assumed to have accumulated since that time, providing a measure of

221 vertical accretion rates (Ritchie and McHenry 1990).  $^{210}\text{Pb}$  is a naturally occurring radionuclide  
222 with a half-life of 22.3 years that is used to estimate sediment accretion rates over the past 100-  
223 150 years (Craft and Richardson 1998). In this case, vertical accretion rates are calculated based  
224 on the distribution of excess  $^{210}\text{Pb}$  with depth using the constant initial concentration model (e.g.,  
225 Schelske et al. 1994). Samples were counted for 20 to 90 h by the CRII-RAD Laboratory  
226 (Valence, France) using an EGG/ ORTEC Type GMX (gamma hyperpure germanium N-type)  
227 detector.

228  $^{210}\text{Pb}$  accretion rates were calculated by regressing the natural log of the  $^{210}\text{Pb}$  activity  
229 with depth. The slope of the line (S) is equivalent to the activity of  $^{210}\text{Pb}$  over the depth profile.  
230 Accretion rates (AR) are then calculated as:

$$231 \quad \text{AR} = -\text{Ln}2 \div 22.3 * 1 \div S$$

232

233 Carbon accumulation rates were calculated based on the  $^{137}\text{Cs}$  peak using the formula:

$$234 \quad \text{C accumulation rate} = \text{SAR} * \text{BD} * \% \text{TC}$$

235 Where: SAR = sediment accretion rate derived from  $^{137}\text{Cs}$  soil profile

236 BD = mean bulk density above the  $^{137}\text{Cs}$  peak

237 %TC = mean % total carbon above the  $^{137}\text{Cs}$  peak

238

239

240 Water levels were measured at each site (above or belowground relative to the soil surface) using  
241 OTT groundwater monitoring wells installed in each site (one well in the middle of two paired  
242 SET sites). At each site visit water samples were analyzed for temperature (T), salinity (ppt),  
243 conductivity (  $\text{S cm}^{-1}$ ), dissolved oxygen (DO,  $\text{mg L}^{-1}$ ) and pH using an YSI 556MPS

244 Multiprobe system. Data were collected monthly at all sites between August 2009 and January  
245 2012.

246

247

248 Differences between site means were determined using ANOVA and the Tukey-Kramer  
249 HSD means comparison test. To investigate the influence of the measured environmental factors  
250 on rates of carbon accumulation, sediment accretion and elevation change, a stepwise regression  
251 model was used to select the best-fit model based on minimum Akaike Information Criterion  
252 (AIC) values. Predictor variables included site type and dominant vegetation, the water quality  
253 parameters salinity and DO, water levels, elevation, and sediment particle size distribution.  
254 Coefficients of variation (CV) for the water quality and water level data were calculated as the  
255 ratio of the standard deviation to the mean and used in the analysis as predictor variables. All  
256 statistical analysis was done using JMP v12.0.

257

### 258 **3.1 Results**

259 Water quality and soil characteristics varied in the delta marshes as a function of  
260 geomorphological setting (Table 2), although differences were significant only for the CV of  
261 salinity ( $p < 0.05$ ) and marginally significant for the CV of water levels ( $p = 0.055$ ). Natural  
262 impoundments had the lowest mean water levels, while the bays, which are more open to  
263 hydrologic fluxes, had significantly higher variability in water levels, indicating more pulsing  
264 events (CV = 55.8, compared to 7.1 and 1.5 for lagoons and human impounded sites,  
265 respectively).

266 Soil total carbon (TC) content varied widely, from a mean low of 2.6% in a coastal  
267 lagoon site, to 36.4% in the river mouth site. The natural impoundments with their inflows of  
268 fresh groundwater had the highest mean soil TC at  $19.7 \pm 10.1\%$ . Lagoon sites had the lowest  
269 mean TC ( $10.1 \pm 8.8\%$ ) and also had the largest proportion of sand in their sediments (with a  
270 mean of nearly 65%).

271 We found clear  $^{137}\text{Cs}$  peaks in the soil profile at all sites (see Figure 2 for examples of  
272  $^{137}\text{Cs}$  and  $^{210}\text{Pb}$  soil profiles), and were able to date 10 of the 15 cores using  $^{210}\text{Pb}$ . The  $^{137}\text{Cs}$   
273 maxima ranged from very near the soil surface (6 cm depth, for example at Tancada) to nearly  
274 the bottom of the core (38 cm at Alfacada), resulting in estimates of sediment accretion rates  
275 between 0.13 and 0.93  $\text{cm yr}^{-1}$  (Table 3). Accretion rates measured using  $^{137}\text{Cs}$  were slighter  
276 higher than rates measured using  $^{210}\text{Pb}$ , which ranged from 0.11 to 0.84  $\text{cm yr}^{-1}$ ; there was also a  
277 fair amount of consistency between the accretion rates obtained at the individual sites by  $^{137}\text{Cs}$   
278 and  $^{210}\text{Pb}$ , with a correlation coefficient of 0.69 for the two measures. Although there were  
279 differences in mean accretion rates when sites are grouped by geomorphological setting,  
280 differences were not significant (Figure 3). The Bay sites, located at the margins of the delta  
281 where wind is likely to resuspend and deliver sediment had the highest mean sediment accretion  
282 rates. Rates were lowest at an impounded site, Olles salt marsh, for both measures (0.13 and  
283 0.11, for rates based on  $^{137}\text{Cs}$  and  $^{210}\text{Pb}$ , respectively); while the highest  $^{137}\text{Cs}$ -values occurred at  
284 Fangar (a bay site, 0.84  $\text{cm yr}^{-1}$ ), and Alfacada and Encanyssada West (lagoons, 0.93 and 0.80  
285  $\text{cm yr}^{-1}$  respectively).

286 Short-term sediment accretion estimates based on horizon marker data were similar to the  
287  $^{137}\text{Cs}$  measurements, varying between 0.05 and 0.90  $\text{cm yr}^{-1}$ , and again the highest and most  
288 consistent rates were seen in the bays ( $0.68 \pm 0.34 \text{ cm yr}^{-1}$ ; Table 3). Surface elevations

289 increased at all sites, at rates between 0.10 to 2.13 cm yr<sup>-1</sup>. Overall, sediment accretion rates  
290 (both short and long-term measures) and elevation changes were lowest in the lagoons. Surface  
291 elevation increases were highest in the natural impoundments, averaging 1.96 ± 0.25 cm yr<sup>-1</sup>  
292 (p=0.02), with the greatest increase in vertical elevation (2.13 cm yr<sup>-1</sup>) at Ullals, a natural  
293 impoundment dominated by . In nearly all cases the surface elevation increases are  
294 higher than estimated rates of relative sea level rise in the delta of 0.5-0.7 cm yr<sup>-1</sup> (Prado et al.  
295 2019).

296 Rates of carbon sequestration based on <sup>137</sup>Cs dating were also highly spatially variable,  
297 ranging from 32 to 435 g C m<sup>-1</sup> yr<sup>-1</sup> (Table 3). As with sediment accretion rates, bays had the  
298 highest mean rate at 367 ± 84 g C m<sup>-1</sup> yr<sup>-1</sup>, fully three times higher than in the lagoons, which  
299 had the lowest rate (110 ± 90 g C m<sup>-1</sup> yr<sup>-1</sup>). Contrary to our initial hypothesis, some of the  
300 highest rates of carbon burial were seen in salt marshes, including Punta Banyà located on the  
301 Alfacs Bay, at 435 g C m<sup>-1</sup> yr<sup>-1</sup>. The lowest rates were recorded in a brackish marsh located  
302 adjacent to a coastal lagoon (Encanyssada East, 32 g C m<sup>-1</sup> yr<sup>-1</sup>) and a salt marsh with low  
303 biomass located in the backshore of a beach (Buda Platja, 39 g C m<sup>-1</sup> yr<sup>-1</sup>). The River Mouth site  
304 (Garxal), which is hydrologically connected to the Ebro and its sediment and nutrient loads, was  
305 among the highest at 324 g C m<sup>-1</sup> yr<sup>-1</sup>. Overall, mean TC accumulation rates in brackish and salt  
306 marshes were nearly identical, at 204 and 207 g C m<sup>-1</sup> yr<sup>-1</sup>. Our data show that sites with a high  
307 degree of hydrologic connectivity had significantly higher rates of carbon accumulation  
308 averaging 356 ± 50 g C m<sup>-1</sup> yr<sup>-1</sup> compared to 123 ± 58 and 166 ± 44 g C m<sup>-1</sup> yr<sup>-1</sup> in the sites  
309 ranked with moderate and low connectivity (p= 0.013; Figure 4). The relatively high mean  
310 carbon accumulation rates at the impounded sites (low connectivity, Table 3) may be related to  
311 high rates of primary productivity, particularly in the three brackish sites where the highly

312 productive species or dominate the plant community  
313 (Ibañez et al. 2010). In the impounded salt marsh site dominated by  
314 (Olles Impounded), carbon accumulation was low ( $53 \text{ g C m}^{-1} \text{ yr}^{-1}$ ). Thus, we found the highest  
315 carbon accumulation rates under two conditions that appear to differ in their primary sources of  
316 carbon. The first is where hydrological connectivity to other surface waters is relatively high,  
317 allowing inputs of allochthonous carbon, and the second is where connectivity is low, yet  
318 biomass production is high under brackish conditions allowing inputs of autochthonous carbon.  
319 This lends support to our hypothesis that sites with greater hydrologic connectivity support  
320 higher carbon accumulation rates. Carbon fixation in biomass and its subsequent incorporation  
321 into soils at sites where connectivity is low is another mechanism for high rates of carbon  
322 accumulation.

323

324

325 Stepwise regression analysis indicates that the geomorphologic setting, water level  
326 fluctuations (water level CV), salinity, and sediment particle size were important in explaining  
327 variability in sediment accretion, carbon accumulation, and surface elevation change across sites  
328 (Table 4). Short term sediment accretion as measured by horizon markers varied with  
329 geomorphological setting and was higher where water level variability (hydrologic pulsing) was  
330 high; the model explained 82% of the variation in the short-term accretion rates ( $p = 0.003$ ).  
331 Increases in surface elevation were positively related to elevation and directly to carbon  
332 accumulation rates ( $R^2 = 0.75$ ,  $p = 0.001$ ; Table 4), demonstrating the role of organic matter in  
333 building soils. Increases in surface elevation were greatest at the natural impoundments, which  
334 occur in the interior of the delta (away from shorelines) where elevations are high (Vilacoto at



335 1.78 cm-yr<sup>-1</sup> and Ullals at 2.13 cm yr<sup>-1</sup>). These sites have soils that are high in carbon (mean TC  
336 19.7 ± 10.1%) and vegetation is dominated by the highly productive species  
337 . Carbon accumulation rates were negatively related to both mean salinity and its  
338 variability, where lower salinity was associated with higher rates of carbon accumulation ( $R^2 =$   
339 0.81,  $p= 0.02$ ). Like sediment accretion, carbon accumulation rates tend to increase as water  
340 levels become more variable, although the effect of water level variability was small.

341

342

#### 343 **4.1 Discussion**

344 Rates of carbon and sediment accumulation, and surface vertical elevation change varied  
345 across the Ebro River Delta in response to the environmental variables of landscape position  
346 (geomorphological setting), salinity, and water level fluctuations. Vertical accretion rates were  
347 higher at sites where high hydrologic connectivity can cause surface water pulsing events as a  
348 function of winds, overwash inputs during storms, and riverine inputs during high flows (e.g., to  
349 the river mouth and bay sites; Day et al. 1995, 2011). Carbon accumulation and vertical  
350 accretion rates were also high in the brackish, impounded sites, which support highly productive  
351 plant species such as that add autochthonous carbon to build marsh soils  
352 (Windham 2001, Moore et al. 2012). Nutrients carried by the Ebro river may contribute to high  
353 organic matter production at the river mouth site, although there are indications that nutrient  
354 concentrations have decreased over the past several decades. For example, Ibañez et al. (2011)  
355 report that soluble reactive phosphorus declined from a mean annual maximum of 294.9 µg l<sup>-1</sup> in  
356 1990 to a low of 43.8 µg l<sup>-1</sup> in 2005. Nitrate also varied from a maximum of 2.9 mg l<sup>-1</sup> in 1992  
357 to a low of 2.0 mg l<sup>-1</sup> in 2003. Drainage from rice fields also creates a subsidy for plant growth,

358 for example Calvo-Cubero et al. (2013) found phosphate levels of  $0.13 \text{ mg L}^{-1}$  and total nitrogen  
359 concentrations of  $1.1 \text{ mg L}^{-1}$  in agricultural drainage water in the Ebro Delta.

360 Overall, carbon accumulation rates in the delta marshes ranged from 32 to  $435 \text{ g C m}^{-2} \text{ yr}^{-1}$ ,  
361 reflecting the high spatial variability common to estimates of carbon burial in coastal systems  
362 (McLeod et al. 2011, Ouyang and Lee 2014). Consistent with sediment accretion, carbon  
363 sequestration rates were significantly higher in the bays where water levels fluctuate widely and  
364 the wetlands experience more wind driven water and sediment movement (Perez et al. 2000,  
365 Ibañez et al. 2010). Wind driven sediment movement can be substantial, for instance Booth et al.  
366 (2000) found in a modeling study of microtidal bays in coastal Louisiana, that wind speeds of  $4$   
367  $\text{m s}^{-1}$  were high enough to resuspend approximately 50% of bottom sediments on an aerial basis.  
368 Generally, the concentration of suspended sediments is correlated with high wind events that  
369 resuspend and move bottom sediments (Perez et al. 2000). As in many coastal ecosystems,  
370 carbon accumulation in the Ebro Delta wetlands is due to both external (allochthonous) and  
371 internal (autochthonous) inputs: external sources include organically enriched fine sediments of  
372 the bay and the transport of the products of macrophyte breakdown (rice plants and seagrasses),  
373 while internal sources result from algae and plant (both aboveground and belowground) biomass  
374 production (e.g., Windham 2000, Ibañez et al. 2002, Calvo-Cubero et al. 2013). The fine  
375 sediment rich in organic matter and nutrients originates in the rice fields and is transported  
376 through the drainage network into the bay where it is re-suspended and redistributed by winds  
377 (Ibañez et al. 2002). This helps explain why Punta Banya, a salt marsh located at the margin of  
378 Alfacs bay and exposed to dominant winds, had the highest rate of carbon sequestration recorded  
379 in this study ( $435 \text{ g C m}^{-2} \text{ yr}^{-1}$ ; Table 3). This site sits at the lowest elevation of any of the sites,  
380 with variable water levels and a high proportion of sand in the soil profile (Table 2) due to

381 deposition from the lateral movement of sediment along the sand barrier that defines the bay.  
382 The relatively dense sandy soils (BD of  $1.15 \text{ g cm}^{-3}$ ) and high organic carbon content combine to  
383 give this site high carbon sequestration rates.

384 Conditions at the Garxal river mouth sites lead to high carbon accumulation as a result of  
385 the subsidy of riverine sediment and nutrients from the Ebro River (Torrecilla et al. 2005); and  
386 marine inputs that occur during storm events. These sites also receive carbon and nutrient inputs  
387 from marsh plant decomposition and macrophyte litter from the Garxal lagoon (Ibañez et al.  
388 2010). The site is brackish and dominated by *Phragmites* and *Spartina*, and  
389 the organic carbon content of the surface soils are the highest we measured; 36% TC at the  
390 surface with correspondingly low bulk density ( $0.49 \text{ g cm}^{-3}$ ). The result is a high rate of carbon  
391 accumulation of  $325 \text{ g C m}^{-2} \text{ yr}^{-1}$ . In contrast, sediment and carbon accumulation rates were over  
392 three times lower in the lagoons. Many of the lagoon sites, such as Tancada, have a restricted  
393 hydrologic connection with Alfacs Bay and the open sea, effectively limiting sediment  
394 movement and carbon accumulation. Limited hydrologic connectivity that results in reduced  
395 inputs of sediment and associated nutrients have been shown in many systems including coastal  
396 wetlands in Georgia (USA; Craft and Casey 2000), the Chesapeake Bay (USA; Noe and Hupp  
397 2009), and the Peace–Athabasca Delta (Canada; Long and Pevelsky 2013).

398 At all sites, vertical accretion rates varied as a function of the temporal scale of the  
399 measurement; for example, in the lagoons, natural impoundments, and the river mouth sites,  
400 short-term sediment accretion rates (as measured by horizon markers) were significantly lower  
401 (with means of  $0.24$ ,  $0.27$ , and  $0.27 \text{ cm yr}^{-1}$ ) than the medium-term rates (circa 50 years) as  
402 measured by  $^{137}\text{Cs}$  dating ( $0.47$ ,  $0.42$ , and  $0.58 \text{ cm yr}^{-1}$ ). This temporal difference may be  
403 explained in part by dam construction on the Ebro River, for example the Mequinenza and

404 Ribarroja large dams, which were completed in 1965 and 1969, respectively. These have  
405 contributed to a substantial reduction in riverine sediment loads in the last half century leading to  
406 reduced sediment transport from the River to the Delta marshes (Ibáñez et al. 1997, Rovira et al.  
407 2015).

408         The biggest gains in surface elevation were found at the natural impoundments that are  
409 isolated from surface water inflows (Ullals, Vilacoto) and the river mouth sites (Garxal) at 2.13,  
410 1.78, and 1.05 cm yr<sup>-1</sup>, respectively. These sites have low salinities and relatively high soil  
411 carbon, conditions that contribute to soil building. At these sites, short term sediment accretion  
412 rates above the markers were much lower. For example, at the Ullals site horizon markers  
413 showed an increase of 0.25 cm yr<sup>-1</sup> while surface elevation increased by 2.13 cm yr<sup>-1</sup> and carbon  
414 accumulation by 217 g C m<sup>-2</sup> yr<sup>-1</sup>. This is related to the dense growth of                     which has  
415 high rates of belowground biomass production, reported to vary, for example, between 640 and  
416 6,250 g m<sup>-2</sup> in coastal marshes on the US Atlantic coast (Moore et al. 2012). In the Ebro Delta  
417                     marshes have been reported to produce belowground biomass of 3,740 g m<sup>-2</sup> and  
418                     marshes as high as 8,070 g m<sup>-2</sup> (Ibáñez et al. 2002); this high rate of biomass production  
419 leads to a rise in surface elevation. Both the estimates of <sup>137</sup>Cs sediment accretion and SET  
420 surface elevation change include the organic matter incorporated to the soil by root growth,  
421 however the surface horizon marker estimates, which measure above the root zone, do not  
422 (Turner et al. 2000, Baustian et al., 2012). For this reason, accretion rates from <sup>137</sup>Cs and <sup>210</sup>Pb  
423 were higher than accretion as measured by marker horizons.

424         Although salinity was a predictor of carbon accumulation rates (Table 4), we found no  
425 significant difference in carbon accumulation rates between brackish and salt marshes, reflecting  
426 the high variability in site conditions within each group. However, increases in surface elevation

427 were twice as high in brackish compared to salt marsh sites (with means of 0.95 and 0.49 cm yr<sup>-1</sup>, respectively), as were <sup>137</sup>Cs sediment accretion rates at 0.55 compared to 0.36 cm yr<sup>-1</sup>.  
428  
429 Callaway et al. (2012) also found no difference in carbon accumulation between brackish and  
430 salt marshes in a study of the Mediterranean-type wetlands in San Francisco Bay. However,  
431 many studies of coastal wetlands (e.g., Loomis and Craft 2010) report significantly higher rates  
432 of carbon accumulation under brackish conditions. Typically, the influx of fresh water with its  
433 associated nutrient loads into brackish sites favors the accumulation of organic matter from  
434 highly productive plant species such as *Spartina patens*. Lane et al. (2017) found this when  
435 nutrient rich water in treated municipal effluent was added to forested wetlands in the  
436 Mississippi River delta, increasing carbon sequestration. However, in some cases this can be  
437 offset by higher rates of carbon remineralization in the presence of sulfate, an efficient terminal  
438 electron acceptor (Poffenbarger et al. 2011).

439 Carbon accretion rates in the delta marshes (32 to 435 g C m<sup>-2</sup> yr<sup>-1</sup>) are well within the  
440 range of carbon accumulation reported in other studies (McLeod et al. 2011, Ouyang and Lee  
441 2014). In a comprehensive review of tidal wetlands, Chmura et al. (2003) report a range of 18 –  
442 1,713 g C m<sup>-2</sup> yr<sup>-1</sup> with a global average of 210 g C m<sup>-2</sup> yr<sup>-1</sup>; a more recent estimate gives a  
443 slightly higher value of 245 g C m<sup>-2</sup> yr<sup>-1</sup> (Ouyang and Lee 2014). These are close to the average  
444 of the sites sampled in this study (205 g C m<sup>-2</sup> yr<sup>-1</sup>). We found carbon accumulation rates  
445 differed by wetland class, however there was also high variability within all geomorphological  
446 groups due to other environmental factors. Quantifying the spatial variability in rates is a first  
447 step in mapping regional carbon sinks in order to plan conservation and restoration efforts, and  
448 more fully understand the mechanisms that control carbon sequestration (McLeod et al. 2011,  
449 Nahlik and Fennessy 2016).

450

## 451 **5.1 Conclusions**

452 Our data support the hypothesis that sites with greater hydrological connectivity have  
453 higher carbon accumulation rates. This provides several insights related to the restoration and  
454 management of blue carbon stocks. One is that deltaic wetlands are effective carbon sinks,  
455 particularly where sites have been allowed to maintain their connectivity to other surface waters.  
456 Maintaining connectivity where it exists, and restoring it where possible, allows the transfer of  
457 sediment, carbon, nutrients and energy within a landscape (Turner et al, 2000, Pringle 2003,  
458 Syvitski et al. 2009) linking different habitats in the delta across a range of spatial and temporal  
459 scales, and promoting processes that sustain marsh surfaces and preserve soil carbon, including  
460 plant primary productivity. However, what is not known is whether this capacity of wetlands in  
461 the Mediterranean to act as sinks for carbon dioxide might be offset by methane production,  
462 which could lead to a net positive radiative forcing of climate (Neubauer and Megonigal 2015,  
463 Lane et al. 2016). The balance of carbon fluxes, including methane emissions, deserves more  
464 study to fully understand the carbon dynamics of these systems and the controls on carbon flux  
465 rates that determine their role as greenhouse gas sinks, especially at low salinity sites where  
466 methane flux rates tend to increase (Pendleton et al. 2012).

467 Secondly, these data help support the growing body of research showing a negative  
468 relationship between human disturbance (for instance in the Ebro delta as indicated by land use  
469 change and hydrologic alteration) and soil carbon sequestration and storage (McLeod et al. 2013,  
470 Macreadie et al. 2013, Nahlik and Fennessy 2016, Fennessy et al. 2018). Human disturbance  
471 and land conversion has been shown to increase carbon dioxide emissions from soils in coastal  
472 wetlands, equivalent to an estimated 0.15 to 1.02 Pg C globally (Pendleton et al. 2012). Human

473 activities that uncouple hydrologic linkages such as in the Ebro Delta not only slow carbon  
474 sequestration rates, but may lead to a loss of ancient carbon stored deeper in the soil profile  
475 through increased rates of decomposition (Pendleton et al. 2012).

476           The ability to make sound management decisions that are linked to conservation and  
477 climate policies depends on understanding the interactions of hydrology, sediment movements,  
478 and carbon dynamics (Callaway et al. 2012, Temmerman et al. 2013, Web et al. 2013, Ibáñez et  
479 al. 2014). This is particularly urgent if policies designed to maintain or restore coastal wetlands  
480 for carbon storage are to be implemented. Identifying the characteristics of wetlands that rapidly  
481 sequester carbon can be used to help target wetlands or wetland types that provide this ecosystem  
482 service, providing an argument for their protection and restoration. Managing deltaic wetlands  
483 to maintain hydrologic connectivity is a key strategy to enhance their resilience in the face of  
484 environmental change.

485

#### 486 Acknowledgments

487 This study was funded by the Government of Spain (Ministerio de Medio Ambiente, Research  
488 Project 056/RN08/04.3, Development of techniques to compensate subsidence and sea level rise  
489 in coasts and wetlands of the Ebro Delta, 2009–2010). Siobhan Fennessy was supported by a  
490 Fulbright Research Fellowship.

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