**EAST COAST SURGICAL SYMPOSIUM 2018** SURGICAL TRAUMA: ONE STEP AHEAD

POSTER PRESENTATION

Abstract ID: 02

Ruptured Testicular Abscess: A Rare Complication of Epididymo-Orchitis

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Epididymo-orchitis is a medical condition characterised by inflammation of epididymis and testis

which is a common urological diagnosis encountered by healthcare professionals. Misdiagnosis and

under treatment can lead to poor outcome such as infarction and abscess formation. We presented

a 33-year-old man, with no known medical illness, presented with one-week history of left

testicular pain, swelling and fever. He was commenced on Amoxicillin by his general practitioner.

Physical examination showed left swollen and tender testis and normal right testis. Investigations

showed an elevated white cell count (WCC) 41.3x10<sup>3</sup> /L and colour doppler ultrasound (USG) testes

showed left epididymo-orhitis. He was admitted and treated with ١V

(Ampicillin+Sulbactam) for 5 days. His symptoms improved, and he discharged home well with one

week oral Unasyn®. He represented 2 weeks later with worsening left scrotal swelling and pain.

Clinical examination found a swollen, tender and erythematous scrotum with 1x1cm defect in the

left scrotum with purulent discharge. He underwent operation incision and drainage of left scrotum

and left orchidectomy. Post-operatively he recovered well. Histopathology reported as epididimo-

orchitis with abscess, necrosis and perforation. As a conclusion, testicular rupture and abscess

formation secondary to epididymo-orchitis is an uncommon reported complication. Immediate

recognition and treatment is crucial as a delayed diagnosis can lead to sepsis and infertility.

**KEYWORDS:** Epididymo-orchitis, Ruptured testicular abscess