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Immunobiology

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Stress-induced histamine 4 receptor with 4-methylhistamine modulates the effects of chronic stress on the Th1/Th2 cytokine balance (Article)Ahmad, S.F.^a , Zoheir, K.M.A.^{a,b}, Ansari, M.A.^a, Korashy, H.M.^a, Bakheet, S.A.^a, Ashour, A.E.^a, Attia, S.M.^{a,c} ^aDepartment of Pharmacology and Toxicology, College of Pharmacy, King Saud University, PO Box 11451, Riyadh, Saudi Arabia^bDepartment of Cell Biology, National Research Centre, Cairo, Egypt^cDepartment of Pharmacology and Toxicology, College of Pharmacy, Al-Azhar University, Cairo, Egypt


Abstract

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Alterations to the immune system caused by stress have been considered to markedly increase the risk for immune-related diseases such as cancer and autoimmune disorders. We investigated the potential anti-stress effects of the histamine 4 receptor (H4R) agonist, 4-methylhistamine (4-MeH), in a murine stress model. Mice were placed in 50ml conical centrifuge tubes for 12h followed by a 12h rest. The effects of treatment with 4-MeH (30mg/kg, i.p., twice daily) for 2 days were assessed. At 2 days after physical restraint, mice were sacrificed and tissues harvested. We evaluated the effects of 4-MeH treatment on CD4⁺ T cell production, and intracellular IFN- γ and IL-4 expression in these cells. We also assessed IL-1 β , IFN- γ , TNF- α , and IL-4 mRNA expression as well as IFN- γ , TNF- α , G1TR, Ox40 and IL-4 protein expression in the spleen. The results showed that 4-MeH treatment of stressed mice results in a substantial increase in the CD4⁺ T cells as well as in IFN- γ production by these cells. Compared to both untreated and stressed controls. In contrast, IL-4 expression decreased significantly following 4-MeH treatment of mice. Moreover, stimulation of the H4R resulted in up-regulated expression of IL-1 β , IFN- γ and TNF- α mRNAs and decreased the expression of IL-4. Western blot analysis confirmed decreased protein expression of IFN- γ , TNF- α , G1TR, Ox40 and increased IL-4 in the SC group and treatment of mice with 4-MeH reversed these effects. Our results confirm the significant impact of chronic stress on T cell function and production of Th1/Th2 mediators H4R. © 2014 Elsevier GmbH.

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Topic: Receptors, Histamine | Histamine | receptor H4R

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4-Methylhistamine dihydrochloride [Chronic stress](#) [Cytokines](#) [Histamine 4 receptor](#)
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Indexed keywords

EMTREE drug terms: [4 methylhistamine](#) [CD134 antigen](#) [gamma interferon](#)
[glucocorticoid induced tumor necrosis factor receptor](#) [histamine H4 receptor](#) [interleukin 1beta](#)
[interleukin 4](#) [messenger RNA](#) [tumor necrosis factor alpha](#) [4-methylhistamine](#)
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IFN gamma gene IL 1beta gene IL 4 gene immobilization stress immunomodulation
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lymphocyte activation lymphocyte count physiological stress spleen Th1 cell
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MeSH:

Animals Glyceraldehyde 3-Phosphate Dehydrogenase (NADP+) Histamine Agonists
Interferon-gamma Interleukin-1beta Interleukin-4 Lymphocyte Activation
Lymphocyte Count Male Methylhistamines Mice Mice, Inbred BALB C
Receptors, Histamine Restraint, Physical RNA, Messenger Spleen Stress, Physiological
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4-methylhistamine; Glyceraldehyde 3-Phosphate Dehydrogenase (NADP+); Histamine Agonists; IL1B protein, mouse; Interferon-gamma; Interleukin-1beta; Interleukin-4; Methylhistamines; Receptors, Histamine; RNA, Messenger; Tumor Necrosis Factor-alpha

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