

## Document details

[< Back to results](#) | 1 of 1
[Export](#)
[Download](#)
[Print](#)
[E-mail](#)
[Save to PDF](#)
[Add to List](#)
[More... >](#)
[Full Text](#)
[View at Publisher](#)

 Mental Health, Religion and Culture  
 16 September 2017, Pages 1-6

## Religious - integrated therapy for religious obsessive - compulsive disorder in an adolescent: a case report and literature review

[Article in press](#) [?](#)

 Md Rosli, A.N.<sup>a</sup>, Sharip, S.<sup>b</sup> [✉](#), Wan Ismail, W.S.<sup>b</sup> [🔍](#)
<sup>a</sup>Department of Psychiatry, International Islamic University Malaysia – Kuantan Campus, Kuantan, Malaysia

<sup>b</sup>Psychiatry, Universiti Kebangsaan Malaysia Medical Centre (UKMMC), Wilayah Persekutuan Kuala Lumpur, Malaysia

### Abstract

Religious obsessive-compulsive disorder (OCD) is relatively under-reported among adolescent and carries poorer outcome. We report a 20-year-old Muslim man who was diagnosed with religious OCD when he was 14 years old. He had recurrent blasphemous intrusive thoughts upon performing religious rituals which had hindered him from practising his religion. Despite being on tablet escitalopram 10 mg and conventional cognitive-behavioural therapy, the result was to no avail. A religious-integrated therapy was introduced by incorporating some of the Islamic values, knowledge, and practice during the exposure and response prevention therapy for five consecutive days along with cognitive restructuring. A considerable amount of symptom and functional relief was achieved. He excelled in his studies and equally important was able to resume practising his religion. Religious-integrated therapy is an untapped area that should be offered as the treatment option in certain cases where religion plays an important role in illness's phenomenology and patient's coping. © 2017 Informa UK Limited, trading as Taylor & Francis Group

### Author keywords

[Islam](#)
[religiosity](#)
[Religious obsessive-compulsive disorder \(OCD\)](#)
[religious-integrated therapy](#)
**ISSN:** 13674676

**CODEN:** MHRCA

**Source Type:** Journal

**Original language:** English

**DOI:** 10.1080/13674676.2017.1370700

**Document Type:** Article in Press

**Publisher:** Routledge

### References

This article has not been published yet.

If this article contains references, they will become available when the article is published.

[🔍 Sharip, S.](#); Psychiatry, Universiti Kebangsaan Malaysia Medical Centre (UKMMC), Wilayah Persekutuan Kuala Lumpur, Malaysia, ; email:shalisah@ppukm.ukm.edu.my

© Copyright 2017 Elsevier B.V., All rights reserved.

### Metrics [?](#)

0 Citations in Scopus

 0 Field-Weighted  
Citation Impact


### PlumX Metrics [▼](#)

 Usage, Captures, Mentions,  
Social Media and Citations  
beyond Scopus.

### Cited by 0 documents

 Inform me when this document  
is cited in Scopus:

[Set citation alert >](#)
[Set citation feed >](#)

### Related documents

 Find more related documents in  
Scopus based on:

[Authors >](#)
[Keywords >](#)
[< Back to results](#) | 1 of 1[^ Top of page](#)

[About Scopus](#)

[What is Scopus](#)

[Content coverage](#)

[Scopus blog](#)

[Scopus API](#)

[Privacy matters](#)

[Language](#)

[日本語に切り替える](#)

[切换到简体中文](#)

[切换到繁體中文](#)

[Русский язык](#)

[Customer Service](#)

[Help](#)

[Contact us](#)

---

**ELSEVIER**

[Terms and conditions](#) [Privacy policy](#)

Copyright © 2018 Elsevier B.V. All rights reserved. Scopus® is a registered trademark of Elsevier B.V.

Cookies are set by this site. To decline them or learn more, visit our [Cookies page](#).

 RELX Group™