

Current Issues in PHARMACY

Qamar Uddin Ahmad



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Current Issues in Pharmacy

Editor

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TABLE OF CONTENTS	Page
PREFACE	3
Chapter 1: Issues in Pharmacy Education	
<i>Tariq Abdul Razak</i>	5
Chapter 2: Direct-to-Consumer Advertising in Malaysia: Skirting the Regulations?	
<i>Syahiera Farhana Zakaria; Noordin Othman</i>	15
Chapter 3: Tobacco Control Education in Pharmacy: From Theory to Practice	
<i>Mohamad Haniki Nik Mohamed; Saraswathi Simansalam</i>	25
Chapter 4: Pharmaceutical Promotion: The Theoretical Framework of Regulation	
<i>Noordin Othman; Agnes Vitry; Elizabeth E. Roughead</i>	57
Chapter 5: The Challenge of Pharmaceutical Promotion Regulation in Malaysia	
<i>Noordin Othman; Agnes Vitry; Elizabeth E. Roughead</i>	70
Chapter 6: Innovations in the Delivery of Pharmaceutical Care	
<i>Nurdiana Jamil; Syahiera Farhana Zakaria</i>	88
Chapter 7: Microencapsulation of Gentamicin into PLGA-Chitosan Matrices	
<i>Anas Abdullah Hazim; Ahmad Fahmi Harun Ismail; Mohamed Awang; Farahidah Mohamed</i>	112
Chapter 8: Process Analytical Technology Based Monitoring and Control of Crystal Properties in Pharmaceutical Crystallisation Processes	
<i>Mohd Rushdi Abu Bakar; Zoltan Karman Nagy</i>	129
Chapter 9: Pharmaceutical Application of Solid Dispersion Technology in Improving Solubility of Poorly Soluble Drugs: A Review	
<i>Uttam Kumar Mandal</i>	156

Current Issues in Pharmacy

Chapter 10: Natural Surfactants for Pharmaceutical Emulsions	
<i>Hadi, J. N; Norazian M. Hassan; Kausar Ahmad</i>	178
Chapter 11: The Vascular Protective Effects of Polyphenols	
<i>Juliana Md Jaffri</i>	196
Chapter 12: The Stress and Free Radical towards Disease and Aging	
<i>May Khin Soe</i>	215
Chapter 13: Research and Development on Antidiabetic Herbs: Malaysia Perspective	
<i>Abdul Razak Kasmuri</i>	227
Chapter 14: <i>In Vitro</i> Activities of Malaysian Antidiabetic Plant Extracts on Adipocyte Cells	
<i>Muhammad Taher; Mohamed Zaffar Ali Mohamed Amiroudine; Deny Susanti</i>	238
Chapter 15: Herbs as Antimicrobial Remedies and the Scientific Evidences	
<i>Norazian M. Hassan; Qamar Uddin Ahmed</i>	249
Chapter 16: Phytochemical Screening Expedition 2009: Drug Discovery From Nature	
<i>Siti Zaiton, M. S; Norazian M. Hassan; Shamsul Khamis</i>	274
Chapter 17: Pharmacology, Phytochemistry, and Toxicity of <i>Rhazya Stricta</i> DECNE	
<i>Saifullah Khan; Farmanullah</i>	285
Chapter 18: Effect of Different Growth Regulators on Shoot Proliferation of Garlic (<i>Allium sativum</i> L.)	
<i>Santi Rosana; Retno A. Budi Muljono; Ishak</i>	305
Chapter 19: Metals in Herbal Formulations	
<i>A. B. M. Helal Uddin</i>	320
Chapter 20: Flavonoids: Future Pharmaceutical Agents	
<i>Qamar Uddin Ahmed</i>	333

CHAPTER 19

METALS IN HERBAL FORMULATIONS

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Traditional medicine has historical, cultural, religious and social bases. It has been accepted and endorsed as a means of health complications from ancient time. The approach and application could have differences based on different types of traditional medicines but one thing is common is that it carries the cultural social identity of the civilization. As the time passes and urbanization and modernisation is excelling for last few decades it was expected that the dependency will become more on modern conventional therapy. But surprisingly the trend of consumption of traditional medicine has gained popularity and getting attention from the users of the countries advocating modern medicine. Due to the growing popularity WHO has to come out with guidelines and policies for the approval of TM at a wider aspect. Lack of formal research, systematic development of protocols, standard analysis methods make the TM questionable from the safety and efficacy point of view. It is very important to conduct proper research study of TM to ensure the safety and efficacy of the TM.

Introduction

Traditional medicine refers to the system of treating people suffering from various diseases in non conventional way. It has an ancient history. The use of traditional medicine is as old human civilization. Since the start of adopting societal system by mankind the practice