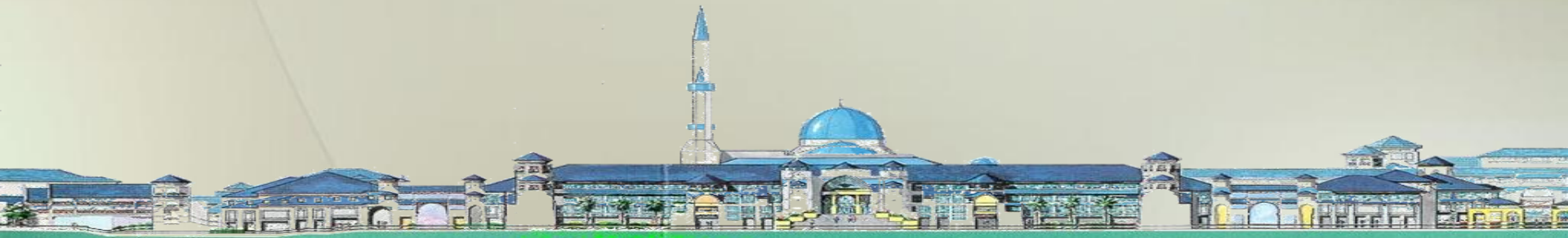




**Islamisation of Psychology,
Relevantization of Islamic
Studies and Integration
Between the Two: An
Experience in Teaching Islam
and Psychology Course**



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THREE TERMINOLOGIES IN KIRKHS IIUM

- **ISLAMISATION/ISLAMICISATION**
 - The unIslamic aspects in psychology
- **RELEVENTISATION**
 - The Operationalisation of already-Islamic Concepts; for Da`wah/Tarbiah; or effective implementation of Shari`ah
- **INTEGRATION**
 - Ayat Manzurah and Ayat Maqru'ah – support the revelation and turath; qat`i (principle) vs. zanni (theoretical/historical)
- → I.R.I – independent and/or simultaneous

ASPECTS FOR I.R.I

- **SECULAR SCIENCE = PSEUDO-RELIGION**
 - **PHILOSOPHY** influences our **AQIDAH**
 - **THEORIES** influence our **LAW/SHARI'AH**
 - **APPLICATION** influences our **AKHLAQ/ETHICS**
- **+ HISTORICAL ASPECTS** influences our **self-concept and self-esteem**

(POSSIBLE) REASONS FOR DISAGREEMENTS

- **Some scholars when they talk about Islamization, there are referring to either one of:**
 - **Islamization**
 - **Relevantization, or**
 - **Integration**
- **Some use all three terms interchangeably too**
- **Suggestion: Separating the terms may help different scholars contribute based on their abilities and interests**

FREQUENT COMPLAINT 1999-2004

- **Islamic perspectives are covered at the end of chapter (in other courses sometimes, at the end of the semester) instead of integrated throughout**
- **At least, judging by the course outlines**

CURRENT PRACTICES 2004-2011

- For each chapter or sub-discipline, the following are addressed:

Aspects	Efforts
Philosophy	Islamization
Theories/research	Islamization, Relevantization, Integration
Application	Relevantization
History	Integration

RESEARCH METHODS

	CONTENT	CODE (I.R.I)
PHILOSOPHY	Islamic philosophy of research; Islamic/scientific evaluation of positivism and social constructions;	Islamization
THEORIES/ RESEARCH/ METHODS	Experimental, Correlational, Survey, Observational, Case-studies, Other Qualitative Methods, Sampling, Ethics, Statistics – Scientific/Islamic evidences supporting/against	Islamisation/ Relevantization/ Integration
APPLICATION	Using Islamised scientific methods in studying Muslims' religious behaviours e.g. Correlation and Sadd al-Dhari`ah	Relevantization
* HISTORICAL	Experimental methods used by Ibn al- Haytham, al-Razi, Ibn Sina, al-Biruni, etc. Survey methods used by Shafi`i, Case-studies used by Hadith scholars	Integration
SYNTHESIS	Combination with Islamic Traditional Methods	

BIOLOGICAL PSYCHOLOGY

	CONTENT	CODE (I.R.I)
PHILOSOPHY	Islamic philosophy of human biology; Islamic/scientific evaluation of genetic and evolutionary perspectives	Islamization
THEORIES/ RESEARCH	Neuron, Nervous System, Endocrine System; Scientific/Islamic evidences supporting/against; Appreciation of the Hikmah; The Biology of Islamic Rituals	Islamization/ Relevantization/ Integration
APPLICATION	Provide feedback for Fatwa related to biological influences on behaviours and mental processes	Relevantization
* HISTORICAL	Ibn Sina, Fakhruddin al-Razi, al-Farabi, al-Ghazali, Ibn Qayyim	Integration
SYNTHESIS	Role of soul in the nature vs. nurture influence on behaviours; Use of neuroplasticity and neurogenesis to support Islamic perspective; Role of `aql and qalb in relation to the brain	

SENSATION AND PERCEPTION

	CONTENT	CODE (I.R.I)
PHILOSOPHY	Islamic philosophy of world as an “illusion”; Islamic values on using sensation to perceive hidayah	Islamization
THEORIES/ RESEARCH	Threshold; Vision, Hearing, Smell, Taste, Skin Senses; The Fiqh of Sensation; Perception, Extra-sensory Perception in Islam ; Hikmah of Sensation Functions and Law of Perception	Islamization/ Relevantization/ Integration
APPLICATION	Defining or redefining mudarah/ mafsadah in fiqh; Using law of perception and illusion in promoting Islam and Islamic products	Relevantization
* HISTORICAL	Ibn al-Haytham, Al-Ghazali, Ibn Sina, Ibn Miskawyh, Ibn Bajjah, Ibn Rushd, Ikhwan al-Safa, Ibn Qayyim, Fakhruddin al-Razi, and numerous others	Integration

PSYCHOLOGY OF CONSCIOUSNESS

	CONTENT	CODE (I.R.I)
PHILOSOPHY	Islamic philosophy of consciousness; Level of consciousness in `aqidah, `ibadah and akhlaq	Islamization
THEORIES	Sleep, Dream, Psychoactive drugs, Altered state of consciousness: Scientific and Islamic evidences supporting and against	Islamization/ Relevantization/ Integration
APPLICATION	Improve the quality dhikr, tafakkur, qaylulah, qiyamullail; Improve drug rehab programme	Relevantization
* HISTORICAL	Al-Kindi, Ibn Hazm, Ibn Miskawayh, al-Farabi, al-Ghazali, Ibn Sirin,	Integration
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PSYCHOLOGY OF LEARNING

	CONTENT	CODE (I.R.I)
PHILOSOPHY	Islamic philosophy of learning; Islamic evaluation of secular perspective on learning e.g. behaviourism	Islamization
THEORIES	Classical conditioning, Operant conditioning, Observational Learning, Cognitive learning. Scientific and Islamic evidences supporting and against	Islamisation/ Relevantisation/ Integration
APPLICATION	Improve Islamic tarbiah, the pre-implementation of Islamic criminal law, the distribution of zakat, Islamic behaviour therapy,	Relevantisation
* HISTORICAL	Al-Ghazali, Ibn Sina,	Integration

COGNITIVE PSYCHOLOGY

	CONTENT	CODE (I.R.I)
PHILOSOPHY	Islamic philosophy of cognition; Islamic evaluation of secular cognitive perspective	Islamization
THEORIES	Memory, Thinking, Problem-solving, Decision-making, Language, and Intelligence; Scientific and Islamic evidences supporting and against	Islamization/ Relevantization/ Integration
APPLICATION	Improving Islamic cognitive therapy, Improving memory of eye-witness in Islamic criminal cases; Improving decision-making and problem-solving in syura; Improving thought process in istinbat ahkam, tafsir, sharh hadith, etc.	Relevantization
* HISTORICAL	Al-Ghazali, al-Farabi, Ibn Qayyim, al-Balkhi,	Integration

DEVELOPMENTAL PSYCHOLOGY

	CONTENT	CODE (I.R.I)
PHILOSOPHY	Islamic philosophy of stages of life and death; the concept ahliyah in fiqh; Islamic evaluation of secular perspective of life-span development	Islamization
THEORIES	Prenatal, Childhood, Adolescence, Adulthood, Ageing, Dying and Death. Scientific and Islamic evidences supporting and against	Islamization/ Relevantization/ Integration
APPLICATION	Improving tarbiah according to specific developmental stages (physical, cognitive, personality, emotional, social, sexual, moral, spiritual, etc.)	Relevantization
* HISTORICAL	Ibn Tufayl, al-Ghazali,	Integration

MOTIVATION AND EMOTION

	CONTENT	CODE (I.R.I)
PHILOSOPHY	Islamic philosophy of motivation and emotion; the theory of maqasid shar`iyyah, Islamic evaluation of the secular philosophy of motivation/emotion	Islamization
THEORIES	Types of motives, Theories of motives, Types of emotion, Theories of emotion. Scientific and Islamic evidences supporting/against ; Spiritual motivation, Religious motivation	Islamization/ Relevantization/ Integration
APPLICATION	Motivating people to perform `ibadah, da`wah and jihad	Relevantization
* HISTORICAL	Ibn Taimiyyah, al-Ghazali, Ibn Sina,	Integration

PERSONALITY PSYCHOLOGY

	CONTENT	CODE (I.R.I)
PHILOSOPHY	Islamic philosophy of personality (human nature, syakhsiyyah Islamiyyah, and individual differences); Islamic evaluation of secular perspectives of personality	Islamization
THEORIES	Psychodynamic, Trait, and Cognitive-social perspectives of personality. Scientific and Islamic evidences supporting/against	Islamization/ Relevantization/ Integration
APPLICATION	Selecting workers for Islamic organizations; applying different fiqh for based on individual differences	Relevantization
* HISTORICAL	Al-Ghazali, al-Muhasibi and numerous others; `Ilm al-jarh wa al-ta`dil	Integration

ABNORMAL PSYCHOLOGY

	CONTENT	CODE (I.R.I)
PHILOSOPHY	Islamic philosophy of abnormality from `aqidah, shari`ah and akhlaq perspectives; Islamic evaluation of secular criteria of abnormality	Islamization
THEORIES	Classification of psychological disorders, Universal vs. Culture-bound, Anxiety disorders, Somatoform disorders, Dissociative disorders, Mood disorders, Schizophrenia, Personality disorders, Seasonal affective disorders. Scientific and Islamic evidences supporting/against. Spiritual disorders (sifat madhmumah) in relation to modern labels of disorder	Islamization/ Relevantization/ Integration
APPLICATION	Define or redefine legal insanity, , etc.	Relevantization
* HISTORICAL	al-Balkhi, al-Ghazali and numerous others	Integration

SOCIAL PSYCHOLOGY

	CONTENT	CODE (I.R.I)
PHILOSOPHY	Islamic philosophy of ummah, habl min Allah and habl min al-nas; Islamic evaluation of secular perspectives of society	Islamization
THEORIES	Conformity, compliance, obedience; Attitudes, persuasion, attribution, prejudice and discrimination, Interpersonal attraction, liking and love, Altruism and aggression	Islamization/ Relevantization/ Integration
APPLICATION	Reducing prejudice/discrimination, and aggressive behaviour, Increasing brotherhood, helping behaviour, Changing unIslamic attitude to Islamic attitude. Preventing religious cults	Relevantization
* HISTORICAL	Al-Ghazali, al-Farabi, Ibn Khaldun, Ibn Tufayl	Integration

CHALLENGES: STUDENTS' MISCONCEPTIONS

- **After Islamic perspectives being covered throughout the chapter, not just at the end, some students found it too challenging.**
- **The followings are some of the misconceptions based on students essay, presentations, and final exam answers using the example of Observational Learning**

- 1. The theory is **TOTALLY** Islamic!
 - Dalil: Qabil and the raven; Ummu Salamah and `Umrah Hudaybiyyah
- 2. The theory is **TOTALLY** unIslamic
 - Only Rasulullah SAW as Uswatun Hasanah
- 3. The Qur'an and Hadith cited are **not linked** with the arguments or link them superficially

- **4. Criticising results**
 - e.g. criticising Bandura's research participants instead of the theory
- **5. Accepting early Muslim scholars' opinion as the Truth.**
 - Wahyu vs. Turath
- **6. The integration is disintegrated**
 - e.g. Two separate sections
- **7. Accepting one dalil/evidence as the ultimate support of a theory**
 - it should be compared with other dalils.

- Need **critical** thinking
- People are influence by model but not always
- **Soul** play a **moderating** factors e.g. Stories of Asiah RA and wives of Lut & Nuh

SUGGESTIONS FOR SCHOLARS: POST-2011

QUR'AN AND SUNNAH

- **Index of psychological terms in the Qur'an**
- **Index of psychological themes in the Qur'an**
- **Index of psychological terms in the Hadith**
- **Index of psychological themes in the Hadith**
- **The psychological aspects Qur'anic Uslub**
- **The psychological aspects of Prophetic saying, behaviours and taqrir**

SHARI`AH

- **Identifying psychological `illah that influenced previous fatwa**
- **Identifying psychological `illah as guide for contemporary fatwa**
- **Psychology in Qawa`id Usuliah and Qawa`id Fiqhiyyah**

USULUDDIN

- **Contributions of early Muslims scholars indexed by chapters and sub-topics**
- **Psychological aspects of Al-Anbiya' AS, Muhammad SAW, and Sahabah RA**
- **Psychology of Da`wah**
- **Psychology of Islamic Movement**

PSYCHOLOGY

- **Dilemma of Muslim applied psychologists**
- **Transferring from curriculum to co-curricular activities**
- **Empirical research supporting I.R.I**
- **Translation to English, works in Arabic, Malaysian and Indonesian languages**
- **A comprehensive, pedagogical/androgocial-based textbook**

ULTIMATE OBJECTIVES

- **Ibadah** - Basic Psychology: understanding Allah by understanding ourselves
- **Khilafah** – Applied Psychology: using psychological principles to improve the religious and worldly lives of people