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| 2             |                      |  |
| 3             | EFFECTIVENESS        | S OF DIFFERENT METHODS FOR PREVENTING Aeromonas hydrophila                     |
| 4             | AND Pseudomonas      | fluorescens INFECTION IN TILAPIA   |
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### **EFFECTIVENESS OF DIFFERENT METHODS FOR PREVENTING**

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# Aeromonas hydrophila AND Pseudomonas fluorescens INFECTION IN TILAPIA

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Running title: Method for preventing A. hydrophila and P. fluorescens infection in Tilapia

### ABSTRACT

33 This research evaluated a method involving provision of a concoction of Boesenbergia 34 pandurata, Solanum ferox dan Zingimber zerumbet extracts for pathogen prevention in tilapia. The concentration of each extract was 600 ppm of Boesenbergia pandurata/BP, 900 ppm of Solanum 35 ferox/SF and 200 ppm of Zingimber zerumbet/ZZ. The examination was performed by issuing two 36 37 combinations of extracts (SF:BP, SF:ZZ) against Aeromonas hydrophila and Pseudomonas *fluorescens* (10<sup>5</sup> CFUmL<sup>-1</sup>). Preventive trials were carried out by providing a concoction of extracts 38 39 through intraperitoneal injection (0.1 mL/fish) in tilapia (15±2 g) and the immersion method was 40 performed by bathing the fish in the extracts for 20 minutes, with pathogen challenging during the following 24 h being carried out. The composition of the used extract was by SF60:ZZ40; 41 42 SF50:ZZ50; BP90:SF10; BP50:SF50; and fish without being given the extract. Haematology and immunology parameters were observed at the 4<sup>th</sup> week after challanges with pathogenic bacteria. The 43 number of white blood cells (WBCs) increased significantly (P <0.05) compared to controls without 44 extract, with a similar increase observed for red blood cell (RBCs), but heamatocrit (Ht) and 45 46 hemoglobin (Hb) values did not significantly increase compared to control. Phagocytic index, 47 respiratory burst and lysozyme activities also experienced a significant increase in fish fed with 48 combined extracts compared to controls. The numbers of pathogenic bacteria in the body of the fish given extract were also lower than the control and significantly different at the 4<sup>th</sup> week. The results 49 50 of this study showed that the administration of a combined extract of SF50: ZZ50 and BP90: SF10 51 provided the best protection as indicated by relative survival percent (RPS) of 100% after being tested 52 challenged with A. hydrophila and P. fluorescent by. This study indicates that providing combined 53 extracts by injection and immersion in the ratio of SF50:ZZ50 has a positive effect in increasing the 54 non-specific immune system of tilapia and increasing protection against bacterial infections.

- 55
- Keywords: Aeromonas hydrophila, concoction, imunomodulator, Pseudomonas fluorescens
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- 58

# INTRODUCTION

The increase of global fish farming has been occurring rapidly, with increased biomass production, species diversification, geographical expansion and enlarging methods to fulfill the protein needs of fish. The increase has continually faced challenges due to associated diseases and health problems of aquacultural animals. Another triggering factor is climate change and the development of affecting aquaculture technologies in the balance or imbalance of interactions between pathogens, hosts and the environment. Almost every year, new aquacultural pathogens are
being isolated and novel diseases continue to be identified in various areas of cultivation and many
species in these areas (Rodger 2018).

67 Aeromonas hydrophila and Pseudommonas fluorescens are two pathogenic bacteria occurring 68 throughout the year, with a mortality rate of 60-80% (Hardi et al. 2012, 2016, 2017). Aeromonas causes loss and destruction of the aquaculture industry around the world (Monette et al. 2006). Fish 69 70 infected with these bacteria include (Janda & Abbott 2010) tilapia Oreochromis niloticus (Hardi et 71 al. 2012), Cyprinus carpio (Sioutas et al. 1991; Monette et al. 2006), Clarias gariepinus (Chowdhury 72 1998) and indian major carps (Karunasagar et al. 1991). Combined bacterial infections are typically 73 found in nature with heavier symptoms than in single bacterial infections. Combined infection of A. 74 hydrophila and P. fluorescens leads to stressed fish, exoptalmia, ulcers and watery organs in the bile 75 gland rupture. Likewise, combined infections of *Streptococcus agalactiae* and *A. hydrophila* cause 76 tilapia and goldfish to die more rapidly than single bacterial infections (Sugiani et al. 2012; Sumiati 77 et al. 2015).

Many of the fish diseases or pathogens do not yet have suitable preventative or treatmnent 78 79 options. For example, the use of vaccines, imonostimulants, antibacterials, and environmental 80 management to minimize epidemics. The fish vaccines are particularly varied for freshwater fish because many strains infect these bacteria. The availability of commercial immunostimulants 81 82 deriving from natural ingredients is still limited due to the low level of immunomodulatory components contained in natural compounds (Pridgeon & Klesius 2012). Some beneficial 83 84 immunomodulatory components in plants for fish include levamisole and saponins (Findlay & 85 Munday 2000) being able to increase the non-specific immune systems activity (phagocytosis 86 activation of leucocyte and WBC) (Bricknell et al. 2005). The single extract of B. pandurata and Z. 87 zerumbet plants from East Kalimantan have antibacterial activity in vitro and in vivo against A. hydrophila bacteria, while a single extract of S. ferox effectively inhibits P. fluorescens infection 88 (Hardi et al. 2016a, 2016b). That extract can be used for prevention and treatment of infections of 89 90 both bacteria in tilapia (Hardi et al. 2017, 2018b).

To increase the immunomodulatory activities from plant extracts, several extracts were 91 combined in aplication. A concocction of Curcuma longa, Ocimum sanctum and Azadirachta indica 92 93 extracts at a ratio of 1:1:1 more effectively inhibits A. hydrophila bacteria in vitro compared to a 94 single extract of each plant (Harikrishnan & Balasundaram 2008); the combined treatment of three 95 extracts can increase the survival rate and inhibitory process due to infection by A. hydrophila bacteria 96 in goldfish (Carassius auratus) (Harikrishnan et al. 2009). A concocction of Boesenbergia 97 pandurata, Solanum ferox, and Zingiber zerumbet extract at a ratio 1:1:1 in tilapia has an 98 immunomodulatory effect in tilapia and could increase protection and diseases recovery from A.

99 hydrophila and Pseudomonas fluorescens better than single extract (Hardi *et al.* 2019a). some 100 research show that *B. pandurata* and *Z. zerumbet* extracts contains alkaloids, flavonoids, 101 carbohydrates, and steroids (Hardi et al, 2016a). While the ekstract of *S. ferox* has higher levels of 102 alkaloids that play an important role as antibacterial properties (Hardi et al, 2016a and Huang et al 103 2008).

104 A concoction of three extracts of *B. pandurata*, *Z. zerumbet* and *S. ferox* had *in vitro* 105 antibacterial activity against *A. hydrophila* and *P. fluerescens* both in single and combined use (Hardi 106 *et al.* 2018a; 2018b). This paper will discuss the effectiveness of these three extracts to prevent 107 infection from *A. hydrophila* and *P. fluerescens* bacteria in tilapia using injection and immersion 108 methods.

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# 110

# MATERIALS AND METHODS

# 111 **Fish and Bacteria**

112 Tilapia used in this research were of size  $15\pm 2$  g, taken from the village of Teluk Dalam, 113 Tenggarong Seberang Kutai Kartanegara. The tilapia fish had been kept at the laboratory for two 114 weeks prior to use. The aquarium used for treatment was 60 x 40 x 30 cm, containing 60 L of water, 115 50% of which was changed every two days to remove remaining fish fesses and feed.

The bacteria used for the challenge trial were combination of *A. hydrophila* (EA-01) and *P. fluerescens* (EP-01) with ratio 1:1, derived from the Aquatic Microbiology laboratory, Faculty of
 Fisheries and Marine Sciences, Mulawarman University, Indonesia. Bacterial density was 10<sup>5</sup>
 CFUmL<sup>-1</sup> each bacteria, with 1 mL/fish being injected intramuscularly.

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# 121 Extract Preparation for *B. pandurata*, *Z. zerumbet* and *S. ferox*

122 The rhizomes of plants used in the study were B. pandurata and Z. zerumbet, and fruit of S. ferox. All of them were collected from traditional markets in Samarinda City, East Kalimantan. Plants 123 were cleaned of dirt, cut into slices, dried in an oven at 40 °C for 48 hours, blended in powder form 124 and refrigrated at -4 °C until the extraction stage continued. The method for extraction uses ethanol 125 solution and follows Limsuwan & Voravuthikunchai (2008). The concentrations of each extract were 126 127 *B. pandurata* and *Z. zerumbet*, and *S. ferox* respectively 600, 200 and 900 mgL<sup>-1</sup>. Comparison of 128 combination of Z. zerumbet and S. ferox extracts with rasio 40:60 and 50:50 mL. Comparison of B. 129 pandurata and S. ferox 90:10 mL and 50:50 mL.

130

### 131 Experiment

Extract was given to tilapia via use of injection and immersion methods to avoid bacterial infection of *A. hydrophila* and *P. fluerescens*. A preventive experiment was performed by issuing

- 134 combined extracts through intraperitional injection (IP) at a rate of 0.1 mL/fish and waiting for seven 135 days; on the 8<sup>th</sup> day, fish were challenged with pathogenic bacteria. Regarding the immersion method 136 for preventing pathogenic bacteria, fish were immersed for 20 minutes with a combination of extracts, 137 and challenged with the combined bacteria through intramuscular injection (IM) on the 8<sup>th</sup> day. The 138 experiment was carried out every week after injecting with bacteria until the 4<sup>th</sup> week. In addition,
- 139 the applied research treatment comprised nine groups:
- 140Group 1= IP injected fish with combination of 60 ml of S. ferox extract, 40 ml of Z. zerumbet141extract (SF 60:ZZ 40) and challenge through IM injection with combination of pathogen142bacteria.
- Group 2 = IP injected fish with combination of 50 ml of *S. ferox* extract and 50 ml of *Z. zerumbet*extract (SF 50:ZZ 50) and challenged through IM injection with combination of
  pathogenic bacteria.
- 146Group 3 = IP injected fish with combination of 90 ml of *B. pandurata* extract and 10 ml of *S. ferox*147(BP 90:SF 10) and challenged through IM injection with combination of pathogenic148bacteria.
- Group 4 = IP injected fish with combination of 50 ml of *B. pandurata* extract and 50 ml of *S. ferox* extract (BP 50:SF 50) challenged through IM injection with combination of pathogenic
   bacteria.
- 152Group 5 = Immersion fish with combination of 60 ml of S. ferox extract and 40 ml of Z. zerumbet153extract (SF 60:ZZ 40) challenged through IM injection with combination of pathogenic154bacteria.
- 155Group 6 = Immersion fish with combination of 50 ml of *S. ferox* extract and 50 ml of *Z. zerumbet*156extract (SF 50:ZZ 50) challenged through IM injection with combination of pathogenic157bacteria.
- Group 7 = Immersion fish with combination of 90 ml of *B. pandurata* extract and 10 ml of *S. ferox* extract (BP 90:SF 10) challenged through IM injection with combination of pathogenic
   bacteria.
- 161 Group 8 = Immersion fish with combination of 50 mL of *B. pandurata* extract and 50 ml of *S. ferox* 162 extract (BP 50:SF 50) challenge via IM injection with combination of pathogenic
   163 bacteria.
- 164 Group 9 = IP injected fish with PBS (phosphat buffer saline) sterile and challenge through IM
   165 injection with combination of pathogen bacteria.
- 166 Group 10 = Immersion fish with PBS sterile and challenge via IM injection with combination of
  167 pathogenic bacteria.

168 In this research, every group using 10 fish every aquarium and three replication, so 30 fish 169 using every groups, to evaluate the effective method. Total tilapia were used in this research to 170 evaluate the extract administration with the different method (IP and immersion) in non-specific 171 immunity, susrvival rate (SR), and Relative Percent Survival (RPS) were 300 Oreochromis niloticus.

172

#### 173 **Hematological Examination**

174 Every week (first, second, third and fourth) during one month after challenging with 175 pathogenic bacteria, hematological observations were obtained. Before blood was taken, the fish were anesthetized using 50 mg MS-222 dm<sup>-3</sup>, and blood was obtained through the base of the fish, with 1 176 ml of injection syringe being washed with anticoagulants (10% tri sodium citrate). Red Blood Cells 177 178 (RBC) and White Blood Cells (WBC) parameters were observed using a Neubauer haemocytometer. 179 Observation of RBC begins by adding blood samples with Hayem's solvent and adding Turk's solvent 180 for the observation of WBC. Hemoglobin examination involved use of a sahli tube. Hematocrit (Ht %) was measured using the microcentrifuge method, and the standard solvent employed was tri 181 182 sodium citrate. The inserted blood into the micro hematocrit tube was centrifuged at 7,000 g for 10 min. Hematocrit is estimated by calculating the ratio of the column of packed erythrocytes to the total 183 length of the sample in the capillary tube, measured with a graphic reading device (Blaxhall and 184 185 Daisley Methods, 1973).

186

#### 187 Index Phagocytic

Fifty  $\mu$ L of blood was transferred into an eppendorf tube containing 50  $\mu$ L, mixed of A. 188 hvdrophila and P. fluorescens suspension (the density of each bacteria were 10<sup>5</sup> CFUmL<sup>-1</sup>), and left 189 190 for 20 minutes. The preparation of the screw was made on a glass object and dried, fixed with alcohol 191 (95%) for five minutes, then dried again. The preparation was then coloured by soaking it in Giemsa dye (10%) for 15 minutes, washed with flowing water and dried. The preparations were then observed 192 193 and the number of cells demonstrating phagocytic processes were counted (100 phagocytic cells were 194 observed), the method according to Anderson and Siwicki (1995). This parameter was observed in week 4<sup>th</sup> after chalanges (IM) with A. hydrophila and P. flourescens. 195

196

#### 197 **Respiratory Burst**

198 The test of respiratory burst activity involved use of nitro blue tetrazolium (NBT) reagent. 199 Blood derived from fish (50  $\mu$ L) was transferred to a microplate, incubated for one hour at 37 ° C, 200 the supernatant removed; cells were washed with 50 µL of PBS three times, 50 µL of 0.2% NBT was 201 added and incubated for one hour at 37 ° C. Plates were fixed with 100% methanol (50 µL) for 2-3 202 minutes, then rinsed with 30% methanol (50 µL) three times and air-dried. Then, 60 µL of KOH and 203 70  $\mu$ L of DMSO were added, with the optical density then checked using an ELISA Reader at a 204 wavelength of 540 nm the paramether analized by Secombes and Fletcher (1992) method. Likes a 205 index phagocity, this parameter was observed in week 4th after chalanges (IM) with *A. hydrophila* 206 and *P. flourescens*.

207

### 208 Lysozyme Activity

209 Moistened injection syringes with anticoagulants were prepared, with the blood of the fish 210 from the caudal vein taken. Blood was stored at room temperatue for two hours and then maintained 211 at 4 °C for 24 hours. Blood was centrifuged at 5,000 rpm for three minutes, with the separated clear 212 liquid (serum) then being removed. The test for lysozyme activity was performed according to the method of Lygren *et al.* (1999) — 10 µl of serum sample was placed into a micro titer plate and then 213 214 190 µl of lysodeikticus Micrococcus suspension added (Sigma Aldrich Chemical) (0.2 mg of 215 lysodeikticus Micrococcus / mL PBS (pH 7.4)) shaking slowly at constant room temperature. After 90 minutes of incubation, a micro titer ELISA plate reader at a wavelength of 520 nm (Lie *et al.* 1989) 216 217 was used to take readings.

Relative lysozyme activities (units) were calculated as follows: 1 Unit = 0.001 decrease in absorbance/minute. If the calculation of lysozyme activity is absolutely necessary, it can use a standard solution of chicken egg white with several concentrations in order to ensure that the standard measurement procedure curve is the same. The paramether analized according to Lygren *et al.* (1999) and observed in week 4th after chalanges (IM) with *A. hydrophila* and *P. flourescens*.

223

# 224 Total Bacteria in Fish Bodies using TPC

Calculation of total bacteria in the fish body was carried out to determine the antibacterial activity due to injection with combined extracts of *A. hydrophila* and *P. fluorescens*. The measurement of total bacteria using the TPC method was performed by counting the number of bacterial colonies in the fish's organs using  $10^{-2}$  to  $10^{-6}$  dilutions. The initial bacterial concentration was calculated using plates containing 30–300 colonies.

230 As a first step, petri cups, test tubes and pipettes were sterilized using dried sterilization (180 °C for two hours) prior to use. PCA solid media were used as a growth substrate, wet-sterilized in an 231 232 autoclave (121 °C for 15 minutes, 1 atm). Samples of ten grams of fish (thymus, kidney, spleen, and liver), were mashed first, then dissolved in 100 ml of sterile diluent solvent to obtain a 10<sup>-1</sup> dilution. 233 234 One ml was then taken, and put in sample tubes containing 9 ml of sterile distilled water  $(10^{-2})$  until a dilution of 10<sup>-6</sup> was achieved. A total of 1 ml of each tube was transferred into a sterile petri cup 235 236 and approximately 15 mL of PCA media was poured evenly; the petri dish was incubated for 48 hours at 30 °C (the petri dish was placed upside down in the incubator) and growing colonies then counted, 237

238 based of Mailoa et al. (2017) method. At the end of the incubation period, select all of the petri plates 239 containing between 30 and 300 colonies. Plates with more than 300 colonies cannot be counted and 240 are designated too many to count (TMTC). Plates with fewer than 30 colonies are designated too few 241 to count (TFTC). Count the colonies on each plate and a quebec colony counter should be used. This

- 242 parameter was observed in week 4th after chalanges (IM) with A. hydrophila and P. flourescens.
- 243
- 24

14 number of colonies (CFU)/mL = 
$$\frac{2\text{Colony of bacteria}}{\text{dilution X amount plated}}$$

245

#### **Protection Level for Pathogens** 246

247 To determine the effectiveness of combined extracts to prevent A. hydrophila and P. 248 *flurescens* infection, the challenge-tested fish were counted with respect to number survival rate (SR) and the protection level (RPS) was calculated on week 4<sup>th</sup> after IM infectio, and observations using 249 250 the Amend (1981) and Ellis formula (1988).

251 
$$SR = \frac{(alive fish at the end of the treatment)}{(alive fish at the beginning of the treatment)} X 100$$

252

253 
$$RPS = 1 - \frac{(percent mortality in treated group)}{Percent mortality in control group} X 100$$

#### 254 **Statistics Data analysis**

255 The data obtained were analyzed statistically using SPPS 16.0 to determine the effect of extract 256 treatment on observation parameters.

257

258

# **RESULTS AND DISCUSSION**

259 Hematology

The total tilapia WBCs to prevent bacterial infection of A. hydrophila and P. fluorosence 260 using the immersion method (Table 1) significantly increased (P < 0.05) starting from the 2<sup>nd</sup> week to 261 the 4<sup>th</sup> week after being given the combined extract (Group 5-Group 8) compared with controls 262 (Group 10) without extract. The highest increase was experienced by tilapia given the combined 263 extract of *B. pandurata* and *S. ferox* at a 50:50 of ratio (Group 6) from the 2<sup>nd</sup> week to the 4<sup>th</sup> week 264 after bacterial infection by IM. Likewise, total RBC counts (Group 5-Group 8) significantly increased 265 266 with control fish (P <0.05) since the second week of treatment, while hematocrit levels (Group 5-Group 8) significantly increased (P < 0.05) in weeks 3 and 4. Post-treatment tilapia hemoglobin levels 267 268 in Group 5-Group 8 were increased but not significantly different to control/Group 10 (P < 0.05). 269

270 Table 1. Haematology of tilapia in preventive method using a combination of extracts to bacterial 271 infection of A. hydrophila and P. fluorosence through immersion methods

| Variable           | Groups | Extracta      | Weeks                |                      |                      |   |
|--------------------|--------|---------------|----------------------|----------------------|----------------------|---|
| variable           | Groups | Extracts      | 1                    | 2                    | 3                    | 4   |
|                    | 5      | SF 60 : ZZ 40 | 1.5±0.1 <sup>a</sup> | 1.4±0.1 <sup>a</sup> | 1.6±0.1 <sup>a</sup> | $2.0\pm0.2^{b}$                                       |
| WDC (104           | 6      | SF 50 : ZZ 50 | $2.0\pm0.2^{b}$      | 3.2±0.1 <sup>b</sup> | $3.8 \pm 0.2^{c}$    | $7.6 \pm 0.2^{d}$                                     |
| wBC $(10^{\circ})$ | 7      | BP 90 : SF 10 | $1.7 \pm 0.2^{b}$    | $1.7 \pm 0.5^{b}$    | $2.0\pm0.1^{b}$      | 2.0±0.1 <sup>b</sup>                                  |
| (en/mm)            | 8      | BP 50 : SF 50 | $1.9 \pm 0.5^{b}$    | $1.7 \pm 0.5^{b}$    | $1.8 \pm 0.2^{b}$    | 2.0±0.1 <sup>b</sup>                                  |
|                    | 10     | No extract    | 1.3±0.3 <sup>a</sup> | 1.3±0.2 <sup>a</sup> | 1.3±0.2 <sup>a</sup> | 1.3±0.1 <sup>a</sup>                                  |
|                    | 5      | SF 60 : ZZ 40 | 5.9±0.1 <sup>b</sup> | 5.0±0.b              | 4.0±0.2              | 5.3±0.1   |
| <b>DDC</b> (106    | 6      | SF 50 : ZZ 50 | 5.9±0.1 <sup>b</sup> | 7.0±0.2 <sup>c</sup> | 7.8±0.1 <sup>c</sup> | $\begin{array}{c ccccccccccccccccccccccccccccccccccc$ |
| $RBC (10^{\circ})$ | 7      | BP 90 : SF 10 | $5.1 \pm 0.2^{b}$    | 6.0±0.1 <sup>c</sup> | 6.2±0.1°             | 4.4±0.2 <sup>b</sup>                                  |
| cen/mm )           | 8      | BP 50 : SF 50 | 5.2±0.1 <sup>b</sup> | 6.0±0.2 <sup>c</sup> | 6.0±0.1°             | 6.7±0.1°  |
|                    | 10     | No extract    | $2.0\pm0.3^{a}$      | 2.0±0.1ª             | $2.7{\pm}0.2^{a}$    | $2.4\pm0.1^{a}$                                       |
|                    | 5      | SF 60 : ZZ 40 | 20±0.1 <sup>a</sup>  | 23±0.1ª              | 27±0.1 <sup>b</sup>  | 30±0.1 <sup>b</sup>                                   |
| Hamadalanit        | 6      | SF 50 : ZZ 50 | $20.5\pm0.5^{a}$     | 23±0.2ª              | 28±0.1 <sup>b</sup>  | 30±0.2 <sup>b</sup>                                   |
| Hematokrit         | 7      | BP 90 : SF 10 | $22.5\pm0.5^{a}$     | 23±0.2ª              | 30±0.1 <sup>b</sup>  | 31±0.2 <sup>b</sup>                                   |
| (70)               | (%) 8  | BP 50 : SF 50 | 25±0.2ª              | 23±0.2ª              | 27±0.2 <sup>b</sup>  | 30±0.2 <sup>b</sup>                                   |
|                    | 10     | No extract    | 20±0.2 <sup>a</sup>  | 15±0.3 <sup>a</sup>  | 18±0.1a              | 15±0.2 <sup>a</sup>                                   |
|                    | 5      | SF 60 : ZZ 40 | 8±0.1 <sup>a</sup>   | 8±0.3 <sup>a</sup>   | 8±0.1 <sup>a</sup>   | 8±0.1 <sup>a</sup>                                    |
| Hamaalah           | 6      | SF 50 : ZZ 50 | 10±0.2 <sup>a</sup>  | 8±0.3 <sup>a</sup>   | 10±0.2ª              | 8±0.1 <sup>a</sup>                                    |
| (r%)               | 7      | BP 90 : SF 10 | 8±0.11 <sup>a</sup>  | 8±0.2ª               | 10±0.2ª              | 10±0.1ª   |
| (g70)              | 8      | BP 50 : SF 50 | 8±0.1 <sup>a</sup>   | 8±0.2 <sup>a</sup>   | 8±0.2 <sup>a</sup>   | 10±0.1ª   |
|                    | 10     | No extract    | $6.3 \pm 0.5^{a}$    | 8±0.1ª               | 6±0.2 <sup>a</sup>   | 6±0.2ª  |

Notes: Values (means  $\pm$  SD) with different superscript in a row show significant differences (P < 272 273 0.05). 274

275 Preventive test throug the injection (IP) method (Table 2) showed that WBC had the highest increase in tilapia using the treatment ratio of SF 50: ZZ 50 (Group 2). The increase was significantly 276 277 different with the control/Group 9 (P <0.05) in Group 1-Group 4 treatment by IP from 1<sup>st</sup> to 4<sup>th</sup> week of observations. A similar result was showed RBC and hematocrit, with results for fish given extracts 278 279 being significantly different (P < 0.05) to control. Only fish heamoglobin (Group 1-Group 4) was not significantly different with the fish control in terms of prevention of bacterial infections via the IP 280 281 method.

| 283 | Table 2. Haematology of tilapia in preventive testing using a combined extract against bacteria |
|-----|---|
| 284 | infection of A. hydrophila and P. fluorosence through IP method                                 |

| Variable               | Groups | Extracts      | Weeks              |                      |                      |                      |
|------------------------|--------|---------------|--------------------|----------------------|----------------------|----------------------|
| v allable              |        |               | 1                  | 2                    | 3                    | 4                    |
|                        | 1      | SF 60 : ZZ 40 | 1.7±0.5ª           | $2.2 \pm 0.15^{a}$   | 1.8±0.2 <sup>a</sup> | 1.8±0.5 <sup>a</sup> |
| WDC $(10^4)$           | 2      | SF 50 : ZZ 50 | $3.4 \pm 0.3^{b}$  | 4.3±0.2 <sup>b</sup> | 4.0±0.1 <sup>b</sup> | 4.9±0.2 <sup>c</sup> |
| w DC (10 $cell/mm^3$ ) | 3      | BP 90 : SF 10 | $2.0\pm0.15^{a}$   | $2.7{\pm}0.2^{a}$    | 2.4±0.1ª             | 2.4±0.3ª             |
| ()                     | 4      | BP 50 : SF 50 | $2.4{\pm}0.25^{a}$ | $2.8 \pm 0.3^{a}$    | 2.0±0.2ª             | 2.5±0.1ª             |
|                        | 9      | No extract    | 1.5±0.1a           | $1.3 \pm 0.5^{a}$    | 1.3±0.3 <sup>a</sup> | 1.3±0.1ª             |

|                | 1 | SF 60 : ZZ 40 | $7.4 \pm 0.15^{d}$     | 6.8±0.25 <sup>c</sup> | 5.9±0.2°             | 6.0±0.5 <sup>c</sup>  |
|----------------|---|---------------|------------------------|-----------------------|----------------------|-----------------------|
| DDC (106       | 2 | SF 50 : ZZ 50 | $7.9 \pm 0.2^{d}$      | 7.7±0.3 <sup>d</sup>  | 6.0±0.1 <sup>c</sup> | 6.0±0.2 <sup>c</sup>  |
| $(10^{\circ})$ | 3 | BP 90 : SF 10 | 5.5±0.1 <sup>b</sup>   | 6.6±0.1 <sup>c</sup>  | 5.0±0.1 <sup>b</sup> | $5.4 \pm 0.2^{b}$     |
| (cen/mm)       | 4 | BP 50 : SF 50 | 5.8±0.1 <sup>b</sup>   | 5.8±0.1 <sup>b</sup>  | 7.7±0.1°             | 7.0±0.1°              |
|                | 9 | No extract    | $2.4 \pm 0.2^{a}$      | 2.6±0.2 <sup>a</sup>  | 2.7±0.2ª             | 2.4±0.1ª              |
|                | 1 | SF 60 : ZZ 40 | 31±0.5 <sup>b</sup>    | 25±0.1ª               | 22±0.1ª              | 22±0.1ª               |
|                | 2 | SF 50 : ZZ 50 | 22.2±0.15 <sup>a</sup> | 25±0.2ª               | 20±0.2ª              | 22±0.1ª               |
| Hematokrit (%) | 3 | BP 90 : SF 10 | 25±0.1ª                | 25±0.1ª               | 30±0.2ª              | 21,5±0.1 <sup>a</sup> |
|                | 4 | BP 50 : SF 50 | 25±0.2 <sup>a</sup>    | 25±0.1ª               | 25±0.1ª              | 21±0.2 <sup>a</sup>   |
|                | 9 | No extract    | 20±0.1ª                | 15±0.2 <sup>a</sup>   | 14±0.1ª              | 15±0.1 <sup>a</sup>   |
|                | 1 | SF 60 : ZZ 40 | 10±0.2 <sup>a</sup>    | 10±0.1ª               | 8±0.2 <sup>a</sup>   | 9±0.2 <sup>a</sup>    |
| Hamaalahin     | 2 | SF 50 : ZZ 50 | 10±0.2 <sup>a</sup>    | 10±0.1ª               | 8±0.2 <sup>a</sup>   | 9±0.1 <sup>a</sup>    |
| (a%)           | 3 | BP 90 : SF 10 | 10±0.2 <sup>a</sup>    | 10±0.1ª               | 8±0.1 <sup>a</sup>   | 8±0.1 <sup>a</sup>    |
| (870)          | 4 | BP 50 : SF 50 | $10\pm0.2^{a}$         | 10±0.1ª               | $8\pm0.1^{a}$        | 8±0.2 <sup>a</sup>    |
|                | 9 | No extract    | 6.3±0.2 <sup>a</sup>   | 7±0.1ª                | 5±0.1ª               | 4±0.1 <sup>a</sup>    |

Notes: Values (means  $\pm$ SD) with different superscript in a row show significant differences (P < 0.05).

# 288 Index Phagocytic

The fish given the combined extract of SF 50: ZZ 50 (Group 2) through the injection method 289 (IP) showed the highest index phagocytic improvement compared to the other treatments (Group 1, 290 3,4,5,6,7,8) at the 4th week after the challenge test and were significantly different to the 291 controls/Group 9 (P <0.05). Likewise, with the immersion method, prevention from bacterial 292 infections of A. hydrophila and P. fluorescens with a combined extract of SF 50: ZZ 50 (Group 6) 293 showed the highest increase of index phagocytic in the 4<sup>th</sup> week after the challenge (IM) test. The 294 295 entire treatment of the extract combination was increased and significantly different from the control 296 (P <0.05). All combination of extract (Group 1- Group 8) were increased in index phagocytic and significantly to the controls in the 4<sup>th</sup> week after the challenge test (Figure 1). 297



Figure 1. Index phagocityc of tilapia on challenge test using combined extract to bacterial infection
 of *A. hydrophila* and *P. fluorosence* through injection and immersion methods.
 Different superscript in a row show significant differences (P < 0.05).</li>

303

# 304 **Respiratory Burst**

Respiratory burst activity of tilapia given a combination of extracts increased during the 4<sup>th</sup> week either through injection or immersion methods (Figure 2.). A significant increase compared to the control group occurred in all given extracts with different combinations. However, only the ratio of SF 50:ZZ 50 by IP method (Group 2) was significantly different (P<0.05) from the combination of other extracts and to the controls (Group 9).

0.450 0.400 0.350 0.300 0.250 0.200 0.500 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000 

- 311
- Figure 2. Respiratory burst activity of tilapia on preventive methods by using a combination of
   extracts to bacterial infection of *A. hydrophila* and *P. fluorosence* through injection and
   immersion method
- 315

# 316 Lysozyme Activity

The activity of tilapia lysozyme given all combination of extracts (Group 1-Group 8) with different comparisons were increased, and significantly different to control without extract (P> 0.05) in the 4<sup>th</sup> week after the challenge test. Only Group 2 was significantly different to others concocction extract (Figure 3). But the all conccoction of extract (Group 1- Group 8) were significantly different to contol (Group 9 and Group 10) without extract (P > 0.05).



# 323 324

325 326

327

Figure 3. Lysozyme activity of tilapia in preventive method by using a concocction extract to bacterial infection of *A. hydrophila* and *P. fluorosence* through injection and immersion methods

The total bacteria of A. hydrophila and P. fluorescens in the body of tilapia in prevention 328 through injection (IP) and immersion methods were lower than controls (Group 9 and Group 10) 329 330 without extracts at the 4<sup>th</sup> week after the challenge test (IM) with pathogenic bacteria (Table 3). The lowest bacterial density in tilapia was found for those fish given a combination extract of SF 50: ZZ 331 50 (Group 2) and different control with no extract/ Group 9 (P <0.05), as well as for the combined 332 extract of BP 90: SF 10 (Group 3), in which the total value of bacteria was lower than the control 333 334 (Group 9) and was significantly different (P <0.05). All concocction of extract (Group 1-Group 8) coused total bacteria decreased in tilapia on week 4<sup>th</sup> after chalanges with A. hydrophila and P. 335 336 fluorescent (IM). The decreased of total bacteria was significantly to the control (Group 9 and Group 10) with P <0.05. The concocction SF 50 : ZZ 50 and BP 90 : SF 10 (Group 2 and Group 3) were 337 338 injection (IP) administration can supress the bacterial growth in the fish body and significantly to the others cocccoction. While, only the concocction SF 50 : ZZ 50 (Group 6) by immersion 339 340 administration was significantly with the others coccoction and to the control/Group 10 (P <0.05).

341

| 3 | 42 |
|---|----|
| 3 | 43 |

Table 3. TPC of tilapia bacteria in preventive method by using combination of extracts to bacterial infection of *A. hydrophila* and *P. fluorosence* through injection and immersion methods

|        |                         | 0 1   |
|--------|-------------------------|---|
| Groups | Extracts                | Total Bacteria (10 <sup>5</sup> CFUmL <sup>-1</sup> ) |
| 1      | IP SF 60 : ZZ 40        | 120±10 <sup>c</sup>                                   |
| 2      | IP SF 50 : ZZ 50        | 32±5 <sup>b</sup>                                     |
| 3      | IP BP 90 : SF 10        | $55\pm7^{\mathrm{b}}$                                 |
| 4      | IP BP 50 : SF 50        | 117±11°   |
| 5      | Immersion SF 60 : ZZ 40 | 140±9°  |
| 6      | Immersion SF 50 : ZZ 50 | $45 \pm 5^{b}$  |
| 7      | Immersion BP 90 : SF 10 | $98\pm8^{\circ}$                                      |
| 8      | Immersion BP 50 : SF 50 | 110±10 <sup>c</sup>                                   |
|        |                         |   |

| 9  | IP control        | 257±11 <sup>a</sup> |
|----|-------------------|---------------------|
| 10 | Immersion control | 300±11 <sup>a</sup> |

344 Notes: Values (means SD) with different superscript in a row show significant differences (P < 0.05)</li>
 345

346 **Prevention against** *A. hydrophila* and *P. fluorosence* 

347 The highest percentage of SR and RPS of tilapia in preventive methods against A. hydrophila and P. fluorosence use were found on tilapia that had been given extracts SF 50:ZZ 50 (Group 2) and 348 349 BP 90:SF 10 (Group 3) by injection until week 4. Meanwhile, the average SR of tilapia that were 350 given a concoction of extract was demonstrated to be higher than controls/ Group 9 and Group 10 351 (Table 4). The best SR and RPS of tilapia preventive using immersion method had given extracts SF 352 50:ZZ 50 (Group 6) than others concocction (Groups 5, 7, 8) but, Groups 5, 7, and 8 ware increase the SR and significantly different to the control (Group 10) with P<0.05. 353 354 Relative percent survival in all groups that administration with the concocction extracts were

more than 65 %, only on Group 7 (Immersion BP 90 : SF 10) that lowest RPS (58%). Hardi et al (2018a), Ellis (1988), Osman *et al* (2009) says that RPS more than 60% showed the vaccine or immunostimulant ware effective in protection bacteria infection.

358

Table 4. Survival Rate and RPS of tilapia bacteria in preventive method by using combination of
 extracts to bacterial infection of *A. hydrophila* and *P. fluorosence* through injection and
 immersion method

| Groups | Extracts                | SR                  | RPS                 |
|--------|-------------------------|---------------------|---------------------|
| 1      | IP SF 60 : ZZ 40        | 88±10 <sup>b</sup>  | 83±10 <sup>b</sup>  |
| 2      | IP SF 50 : ZZ 50        | 100±10 <sup>c</sup> | 100±10 <sup>c</sup> |
| 3      | IP BP 90 : SF 10        | 100±10 <sup>c</sup> | 100±10 <sup>c</sup> |
| 4      | IP BP 50 : SF 50        | 85±10 <sup>b</sup>  | $79 \pm 10^{b}$     |
| 5      | Immersion SF 60 : ZZ 40 | 75±10 <sup>b</sup>  | 65±10 <sup>b</sup>  |
| 6      | Immersion SF 50 : ZZ 50 | 80±10 <sup>b</sup>  | $72 \pm 10^{b}$     |
| 7      | Immersion BP 90 : SF 10 | 70±10 <sup>b</sup>  | $58 \pm 10^{b}$     |
| 8      | Immersion BP 50 : SF 50 | 75±10 <sup>b</sup>  | 65±10 <sup>b</sup>  |
| 9      | IP Control              | 29±10 <sup>a</sup>  |                     |
| 10     | Immersion Control       | 29±10 <sup>a</sup>  |                     |

Notes: Values (means SD) with different superscript in a row show significant differences (P < 0.05) 363

The use of immunostimulants and antibacterials derived from plant extracts has been previously carried out for fish and shrimp cultures for *Aeromonas salmonicida*, *A. hydrophila*, *Vibrio anguillarum*, *V. vulnificus*, *V. salmonicida*, *Yersinia ruckeri* and *Streptococcus* spp. (Barman *et al.* 2013). According to Sakai (1999) and Findly & Munday (2002), immunostimulants are additional ingredients given to organisms and are able to increase the innate (non-specific) immune system to prevent pathogenic infections. Cells playing important roles in the non-specific immune system are WBCs; their activity is influenced by fish, nutrition and the environment (Harrikrishnan *et al*, 2003;
Mastan, 2015). The increase of WBCs of tilapia given all concoction extract (Group 1-8) was higher
than the control without extract (Group 9 and 10), and the survival rate of tilapia after *A. hydrophila*and *P. fluorescens* infection reached 100% using a combination of SF 50: ZZ 50 and BP 90: SF 10
through injection (Group 2 and Group 3). Immersion administration method, give a infection
protection around 58-72%, and the best protection agains bacteria shown in Group 6 (immersion SF 50: ZZ 50) was 72%.

377 The difference methods in administration of extracts in fish affects on protection against 378 bacteria infection. These results demonstrate that giving a combination of extracts can improve the 379 non-spatial performance of the immune system of fish by producing more WBCs, subsequently 380 inhibiting bacterial growth in the body (as can be seen in the lowest bacterial TPC data in this treatment compared to other combined extracts or control), and the different methods (IP and 381 382 immersion) of administration show differences in performance of the immune system. Hardi et al (2019b) explain that the that the addition of combined extract into feed has a positive effect on the 383 tilapia's immune system and the SF50/ZZ50 combination appears to improve the innate immune 384 385 system of tilapia to treat and prevent bacterial infections throug feed.

Based on Yin et al (2006), Jeney and Anderson (1993), and Mulero (1998) researchs, the 386 administration of extract can be applied via injection, bathing or oral administration, the latter seems 387 388 to be the most practicable in fish. Both injection and immersion methods have a different advantages 389 and disadvantages (Evensen, 2016). Advantages the injection method are most potent, little waste of 390 immonostimulan, Cost-effective method for high-value species. And the immersion method 391 advantages are large-scale application possible, moderate stress to the fish, allows mass vaccination 392 or immunostimulant of immunocompetent fish. Evensen (2016) exlpaint abaout the disadvantages 393 using immersion method than injection. Immersion method need a large amount of immonostimulan 394 is needed, can be cost prohibitive, low to moderate efficacy and inferior to injection delivery in terms 395 of efficacy Cost prohibitive for large fish. Based on research shows that the injection method can 396 increase RPS rather than immersion at the same time. This is due to immonostimulant delivery in the 397 body of the fish. The injection method, immunostimulant directly into the blood, while the immersion 398 method, immonostimulan must penetrate the fish skin, so that more time is needed to improve the 399 immune system, the same statement was explain by Midtlyng (2006).

400 The efficiency of method in immunotimulant admistration in fish, can shown by RPS. The 401 vaccine or immonostimulant potency and efficacy testing methods in fish and proposes detailed 402 recommendation of test setup, challenge conditions and outcome acceptance criteria for controlled 403 trials: exposure by bath challenge in two concentrations; maximum 10% non-specific mortality and 404 20% within-group variation after challenge; control mortality  $\geq$ 60 %, vaccinate mortality  $\leq$ 24 %; and following the Amend (1981) recommendations, the proposed acceptance criteria for potency equateto a standardised RPS of 60 % or above.

407 The total value of Tilapia RBCs in the preventive trial was higher than the control without 408 extract, and significantly different (P <0.05). Both A. hydrophila and P. fluorescens bacteria produce 409 hemolysin protein which can lyse RBCs, the numbers of which are therefore decreased in infected 410 fish (Hardi et al. 2013). This decrease has also been noted to occur in tilapia infected with S. 411 agalactiae (Hardi et al, 2011), S. iniae (Sugiani et al. 2012), A. hydrophila (Dosim et al. 2006) and 412 Pseudomonas sp. Tilapia being injected with extracellular and intracellular proteins from A. 413 hydrophila (Hardi et al. 2013) and Pseudomonas sp. has been found to lead to degeneration, necrosa 414 and bleeding in kidney organs, subsequently affecting fish blood production (Hardi et al. 2014).

However, similar observations were not observed for tilapia given combination of extracts (both methods administration), with RBC values being noted after infection. Hemoglobin (Hb) and hematocrit (Ht) values did not change in the first week with all treatments and the immersion or injection method administration including controls, and decreased values of Ht and Hb occurred in controls without extracts from 2<sup>nd</sup> and 4<sup>th</sup> weeks after injection and immersion application methods, whereas in the treatment fish given extract, Ht and Hb values were relatively increased but not significantly different between the difference in extract comparison.

The concentration decrease in RBC, Hb and Ht in tilapia that were not given extracts of *B. pandurata*, *S. ferox*, and *Z. zerumbet* with different concoctions in this study was due to bacterial infections of *A. hydrophila* and *P. fluorescens* (Hardi *et al.* 2013). According to Scott and Rogers (1981), Ht is the proportion of the volume of RBC in the blood. For a further explaination, the content of Hb in catfish has been found to decrease due to swelling of RBCs and the presence of poor Hb mobilization of the spleen and kidneys. Scott and Rogers (1981) noted that spleen disorders can cause an increase of Ht levels due to the introduction of erythrocytes into the circulatory system.

429 The total bacteria in the fish body were decrease in fish extract groups than control groups. 430 flavonoids, alkaloid, and steroids are antibacterial substance or metabolic secunder, that have ability 431 to inhibit the growth of bacteria. Extract of B. pandurata contains alkaloids, flavonoids and 432 carbohydrates and Z. zerumbet contains alkaloids, flavonoids, steroids and carbohydrates, which are 433 able to suppress the bacteria growth (Hardi et al, 2016a) and Wink (2010). Ekstract of S. ferox has 434 higher levels of alkaloids that play an important role as antibacterial properties (Hardi et al, 2016a 435 and Huang et al 2008). Flavonoids and alkoloids could damage the wall surface of the bacteria that 436 grow, particularly at low temperatures and fatty acids are believed to damage the structure and function of the bacterial cell wall and membrane (Hayes & Berkovitz 1979). This research showed 437 438 that the extract improve the non specific immunity, supress the bacteria growth, and increase the 439 bacterial infection protection.

| 440               |   |
|-------------------|---|
| 441               | CONCLUSION  |
| 442               | This study demonstrates that a concoction of an extract with a ratio of SF 50: ZZ 50 and BP   |
| 443               | 10:SF 10 provides the best protection against A. hydrophila and P. fluorescent bacterial infections   |
| 444               | through injection and SF 50:ZZ 50 is the best ratio to protect the both bacteria infection in immersion   |
| 445               | methods. But, the injection is the better method to increase the innate (non-specific) immune system  |
| 446               | and protection againts A. hydrophila and P. fluorescens infection quicly than immersion. However,   |
| 447               | the concoction extracts ratio SF 50: ZZ 50 were increase immunity of non-specific tilapia and protect   |
| 448               | bacterial infection througt injection or immersion.   |
| 449               |   |
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