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**Jefferson Nursing** 

Fall 2000

#### Nurses Alumni Association Bulletin, Fall 2000

**Betty Piersol** 

Elizabeth K. Prisnock

Marian E. Smith

Margaret Summers

Sally H. Wagner

See next page for additional authors

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Authors Betty Piersol, Elizabeth K. Prisnock, Marian E. Smith, Margaret Summers, Sally H. Wagner, and John W. Wagner



# Nurses Alumni Association Bulletin

School of Nursing
College of Health Professions
Thomas Jefferson University
1895-2000

Fall 2000

\* Meetings \* Annual Luncheon \* Fall Social Dates \*

#### Regular Meetings Dates:

Tuesday September 12, 2000 5:00 PM Tuesday September 14, 2000 5:00 PM Tuesday January 9, 2001 5:00 PM Tuesday March 13, 2001 5:00 PM

The above meetings are held in the Edison Building, Room 719 130 South 9th Street, Philadelphia , PA 19107

#### **Annual Meeting**

Saturday May 5, 2001 10:30 AM Solis - Cohen Auditorium Jeff Alumni Hall 1020 Locust Street, Philadelphia, PA19107

### Socials

#### **Annual Luncheon**

Saturday May 5, 2001 Social Hour 11:30 AM Luncheon 12:30 PM Alumni Hall

#### Fall Luncheon

Saturday November 4, 2000 Social Hour 12:00 Noon Luncheon 1:00 PM Alumni Faculty Club

Jefferson Alumni Hall 1020 Locust Street Philadelphia, PA 19107

Nurses Alumni Office 130 South 9th Street, Philadelphia, PA 19107, Phone: 215-955-8981

# Alumni Association of the School of Nursing

# College of Health Professions Thomas Jefferson University

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# Officers for 2000-2001 Nurses Alumni Association

#### The Bulletin Publication Committee 2000

Betty Piersol, '34 Elizabeth K. Prisnock, '47 Marian E. Smith, '36 Margaret Summers, '41, Co-Chair Sally H. Wagner, '54, Co-Chair John J. Wagner, Volunteer

The Bulletin is published annually by

Jefferson Nurses Alumni Association Thomas Jefferson University 130 South 9th Street, Suite 702 Philadelphia, PA 19107-5233

#### Officers

Nurses Alumni Association May 2000 - May 2001

President Sarah Hindson Wagner, '54

Vice President Vera Paoletti, '69

Treasurer Elizabeth Laskowski Greenlee, '50

Recording Secretary Nancy Thompson Powell, '51

President Ex Officio Alice C. Boehret, '42

Board of Directors
Jane Ryan Dietrich,'59
Jeanne Kane,'68
Nancy Dunkle Konstanzer,'50
Paula Levine,'68
Lorraine Milewski McCall,'49
Jeanette Plasterer,'51
Carole Ferry Rosle,'56
Mary Greenwood Schaal,'63

#### Committee chairs 2000-2001

By-Laws Margaret Summers '41 Sally H. Wagner, '54

Bulletin Margaret Summers '41 Sally H. Wagner, '54 John J. Wagner,

Development Betty Piersol '34 Sally H. Wagner, '54

Fall Social Vera Paoletti '69

Nominating Vera Paoletti '69

Relief Fund Trust Lorraine McCall '49

Satellite Jane Dietrich '56

Scholarship Co-chairs Carole Rosle '56 Florence Roche '56

Social Paula Levine '68

Alumni Office Coordinators Betty Piersol '34

Margaret Summers '41 Sally H. Wagner, '54 John J. Wagner, Volunteer



**Board Members** 



Past Presidents

# President's Message



#### Greetings Fellow Alumni,

Thank you for your encouragement, support and electing me to serve as your president for another four years.

The commitment that you've shown and demonstrated over the years is heartwarming and it is encouraging that your loyalty to our association is equally shared. Many accomplishments have been achieved since our inception and we truly are committed to continue with the many services provided our fellow Alumni and Nursing Education. How many Professional Associations had the foresight in 1912 to establish a "Relief Fund", in order to offer financial assistance as needed by our fellow alumni, this was perceived before Social Security and Retirement Benefits were established.

We are currently attempting to obtain a lock box with our bank account through TJU's Development Office. You will receive an acknowledgment with your tax receipt, for tax purposes, from Robert Peterson, Vice President of Development. Please note the Treasurer's Report covers the time period January 1, 1999 through June 30, 2000. Since we were the only financial account at TJU that was January 1, through December 31, the board agreed to comply with TJU's Fiscal Year.

I look forward to hearing from you with comments, suggestions for the Bulletin and providing you with information when requested.

Peg and Betty are continuing to make progress with their recovery and say, "Thank You", for your thoughts and prayers.

Sincerely,

Sally Wagner President

# Treasurer's Financial Report January 1, 1999 to June 31, 2000

INCOME		
Dues	\$18,615.00	
Annual Giving	50,234.00	
Memorials	1,080.00	
Relief fund reimbursement for flowers	8,737.00	
Miscellaneous	293.00	
Luncheon	7,444.00	
Class of 1950 Roses	95.00	
Bequest from E.C. Frampton '25	46,014.00	
Sub total		\$132,512.00
DISBURSEMENTS		
Flowers	5,720.00	
Office supplies	1,273.00	
Memorials	2,033.00	
Salaries and taxes		29,067.00
Petty cash	774.00	
Central Pennsylvania Satellite	233.00	
Luncheon	5,130.00	
Miscellaneous	18.00	
Accountant	1,115.00	
Bulletin	12,578.00	
Charitable donations	1,200.00	
Christmas Checks		1,600.00
Fall Social Faculty Room	50.00	
Luncheon Photos	336.00	
Luncheon flowers		602.00
TJU Abrams Award	50.00	
College of Nursing Mannequins	13,347.00	
Margaret Barnett Memorial Student Loan Fund	32,829.00	
Sub total		107,955.00
TOTAL		\$24,557.00

Respectfully submitted, Elizabeth Greenlee Treasurer

# Auditor's Financial Report

REVENUES					
Interest and Dividends	\$56,777.00				
Net Realized/Unrealized Gain on Investments	222,958.00 66,007.00				
Contributions					
Loan Collections	5,544.00				
Misc Loan Activity	995.00				
Other Income	64,335.00				
Total Revenues		\$468,845.00			
EXPENSES					
Scholarships	32,300.00				
Relief Benefits	30,900.00				
Bank Fees	18,401.00				
Taxes	250,790.00				
Other relief assistance	9,926.00				
Salaries and Wages	17,665.00				
Faculty and Employee Benefits	3,149.00 1,351.00				
Employers Fica					
Expense Reimbursement	(24,637.22)				
Office Supplies	123.00				
Printing & Copying	12,886.00				
Major Equipment	13,347.00 (13,347.00)				
Major Plant Equipment Clearing					
Outside Services	4,760.00				
Other Direct Expenses	34,900.00				
Other	5,175.00				
Total Expenses		397,688.78			
EXCESS OF REVENUES OVER EXPENSES		\$71,156.22			
Alumnae Scholarship Fund	04-05	-3130-PRI/INC			
FUND BALANCE - JUNE 30, 1999		\$ 347,385.76			
The fact that the second secon		\$ 547,565.70			
RECEIPTS					
Interest and Dividends	8,819.01				
Realized Gains	24,906.87				
Contributions	200.00				
	33,925.88	381,311.64			
DISBURSEMENTS		361,311.04			
Scholarships		10,300.00			
		4 444 444 44			
FUND BALANCE - JUNE 30, 2000		\$ 371,011.64			
MARKET VALUE - JUNE 30, 2000		\$ 407,696.58			

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#### September 14, 1999 - 15 members present

The minutes of the Annual Meeting in May were read and approved with one amendment, under Unfinished Business- The Relief Fund trust remains at the First Union Bank under the direction of the Finance Department of Thomas Jefferson University. The Alumni association receives a monthly statement from First Union Bank.

The Treasurer's Report was accepted as read by Treasurer, Elizabeth Greenlee and filed for audit.

Committee reports were given.

Alumni Office Coordinators report - Birthday flowers and/or cards were sent to 30 of our 80 and more graduates.

#### Unfinished Business

- 1. Since there were only six responses for the seminar on Women's Health Issues scheduled for September, it was cancelled.
- 2. A questionnaire will be included with the Annual Giving Letter sent out in January 2000 to determine if there is interest in a seminar.
- 3. Ideas for the questionnaire will be discussed at the November Alumni meeting.

#### New Business

None.

#### November 09, 1999 - 14 Members Present

The minutes of the September 14, 1999 were distributed read and approved.

The Treasurer's Report was accepted as read by Treasurer Elizabeth Greenlee and filed for audit.

Committee reports were given

Alumni Office Coordinators report - Birthday flowers and/or cards were sent to 9 of our 80 and more graduates.

#### Unfinished Business

Survey for one day seminars was accepted. It will be mailed in early December to graduates living in South Jersey, Lower Bucks, Montgomery County, Bucks County and Philadelphia.

#### New Business

A motion was made and accepted by all present at the meeting that, when we receive the check from the Estate of Elma Carey Frampton '34, the Alumni Association would purchase a new Adult Patient Simialator for the Department of Nursing and to add the remainder of the money to the second Career Scholar Fund, known as, Nurses Alumni Association Educational Fund.

#### January 11, 2000 - 15 Members Present

The minutes from the November 09, were distributed read and approved.

The Treasurer's Report was accepted as read by Treasurer Elizabeth Greenlee and filed for audit.

Committee reports were given.

Alumni Office Coordinators report - Betty Piersol and Peg Summers were in an automobile accident on January 02, 2000. Peg was taken to HUP and Betty to Jefferson. Betty was transferred to Ford Road for Rehabilitation on January 11, 2000. President Sally Wagner and other Officers will keep the office functioning. We sent birthday flowers and/or cards to 5 of our 80 and more graduates, 19 Poinsettias and 8 Christmas Checks for \$200.00.

#### Unfinished Business

- 1. Survey questionnaire sent to 250 members to see if there is an interest in having conferences with CEU's awarded. Received 36 responses with good suggestions for topics. Vera Paoletti will send letters to say thank you for responding and we will give their names to the Department of Research in Education at TJU to be on the mailing list to receive their programs that award CEU's. If they would like us to do this for them.
- Charity selected for Memorial Fund Monies to be sent this year was the Salvation Army. President will check with the Pastoral Care and Educational Program at TJU to see if they have a need for Charitable Contributions.

#### New Business

The President and board Members will provide staffing for the Alumni Office to continue operation until Peg and Betty recover and are able to resume their positions.



#### March 14, 2000 - 12 Members present

Minutes from the January 11, 2000 meeting were distributed and accepted as read.

The Treasurer's report was accepted as read by Treasurer Elizabeth Greenlee and filed for audit.

Committee reports were given. Ballot for Annual Meeting will be for President - Sally Wagner, Board of Directors - Lorraine McCall, and Jeanette Plasterer.

Alumni Office Coordinators report - mailed 2,177 Annual giving Letters. Sally will check with Marketing and University Graphics at TJUH about printing the Bulletin. We sent birthday flowers and/or cards to 11 of our 80 and more graduates.

Unfinished Business

None

#### New Business

- 1. Thank you received from Pam Watson for the three Patient Simulators donated to the School of Nursing from the Nurses Alumni Association. One is Caucasian, Hispanic and African American.
- 2. Florence Roche offered to fill Alumni Office Coordinator. All present agreed. Sally Wagner will assist.
- 3. There are some changes in the system since Jefferson took over writing of checks for our bills. We are working with the Finance Department and Staff Development Office.
- Clearance of Memorabilia Items in the Alumni Office will be held at the Annual luncheon for a donation.
- 5. Office Stufficators will be reimbursed for lunch \$5.00 and \$5.00 for parking if indicated.
- 6. Flowers for the luncheon will be purchased from the relief Fund.
- 7. Memorial Fund has \$975.00, will divide among the following charities. Salvation Army, Pastoral Program at TJU, Trinity and Samaritan Hospices.
- 8. We will discontinue sending post cards for yearly meetings since information is published in the yearly Bulletin.
- 9. Dues notices will be sent with Annual Giving Letters.
- 10. Alumni Office Coordinators Betty Piersol and Peg Summers have been absent since the automobile accident Jan.02, 2000. They are presently at the Heritage House, 1526 Lombard St. Phila., PA 19146.

## May 6, 2000 - Annual Meeting - 52 Members present

The minutes from the March 14, 2000 minutes were accepted as read.

The Treasurer's report was accepted as read by Treasurer Elizabeth Greenlee and filed for audit.

#### Committee reports were given.

- Results from the election: President Sally Wagner Board of Directors Lorraine McCall and Jeanette Plasterer.
- 2. Satellite Joan Keller from Central Pennsylvania group reported this is their 12th year and some had come to the annual meeting by a Van.
- 3. Alumni Office Coordinators there has been a computer problem with TJU printing address labels 450 names were missing. During 1999 we sent birthday flowers and/or cards to 75 of our 80 and more graduates.
- 4. Scholarship there were 9 scholarships awarded since September.

#### Unfinished Business

- 1. All day conference cancelled few responses.
- 2. Respondents from questionnaire, were asked if they wanted their names submitted to Continuing Program at TJU. No one requested to have their name sent to the Program at TJU.

#### New Business

1. Patient Simulators were donated to the School of Nursing, feel free to visit and see them.

# Alumni Office News

Since January 10,2000, John and I have been coming into the office three days a week, as Peg and Betty were in an automobile accident on January 2, 2000, and have been unable to do the duties in the Alumni Office. They are recovering nicely. Everyone on the seventh floor Edison, have been most gracious and helpful to John and me, in teaching us how to use the office computer (ours at home speaks a different language), voice mail (I kept looking for the answering machine), Fax and the copier.

We are working with the Staff Development Office in regards to their sending an Annual Giving Gift acknowledgment with receipt, for income tax records. Staff Development is also updating current records that are in the Alumni Office Files, such as new addresses, name changes and vital statistics.

Stop by and visit with us when your in the city. We are usually in the office Monday, Tuesday and Friday, 8am to 2pm. Our office is in Suite 702, 130 South 9th Street, Philadelphia, PA 19107. Telephone (215) 955 8981.

#### E-mail address

Hyperlink mail to: nurse.alumni@mail.tju.edu

#### Birthdays

Each month birthday flowers and/or cards are sent to our age 80 and over graduates. We receive so many "Thank You" notes to let us know they appreciate being remembered and the beautiful floral arrangements. If you know of any Diploma or White Haven graduate who is age 80 or over, send us the following: first, maiden and married name, year of graduation, current address, birthday (include year, month and date of birth). Social Security number and telephone number.

### Commitment to Excellence

If you did not receive a copy of this book when the Diploma School of Nursing closed in 1982, and would like to have a copy (no charge), let us know and we will send you a copy, as long as the supply lasts. This book is an excellent reference on the history of the Diploma School of Nursing.

#### Nosokomos

We need a 1968 Nosokomos to complete our set of year books in our Alumni Office. We have six copies of the 1971 Nosokomos, they're free, let us know if you want a copy.

#### Tote Bags

We have black, waterproof, zipper closing tote bags with the Jefferson Nurses pin logo, for a donation of \$5.00 plus \$2.00 for handling and postage.

#### Social Security Numbers

We need your Social Security Number, it serves the Alumni Office as the primary identification number in our computer system. Names and SS numbers are matched to be sure we have the right person. Help us keep our office records updated by including your SS number when we request it.

#### **Double Your Dollars**

If you or your spouse work for a matching gift company, you can double and sometimes triple your gift by including a completed matching gift form with your gift

#### Lodging

When making a reservation or on registering at a hotel or a bed &breakfast in Philadelphia, ask if they give Jefferson rates. Tell them you are affiliated with Thomas Jefferson University. Be sure to have your Jefferson Identification card with you.

#### Discount Parking for Alumni

Jefferson Alumni can receive Jefferson discount parking rates by purchasing coupons for use in the Jefferson Parking garage only, located on 11th Street between Locust and Walnut. The \$4.25 coupons may be used anytime after 2:30 PM on weekdays, anytime on weekends and holidays to a maximum of 18 hours parking. Coupons can be purchased at the Commuter Service Office, 131 South10th Street, Monday through Friday, 7Am to 6 PM. Telephone: (215) 955 6417. You will need your driver's license and Alumni Identification card.

#### Identification Cards

If you lost your Jefferson Alumni Identification card or if you never received one, call the College of Health Professions Alumni Office, (215) 955 6417. There is a \$10.00 charge for a replacement card.

#### Volunteers

We are most appreciative to our dedicated Stuffication Engineers, Marian Smith, Betty Prisnock and Nettie Plasterer. They assist with all the mailings most graciously, making a tedious task most pleasant. We also had help this January from Fran and Lorraine McCall and Esther (Lorraine's sister).

Sally Wagner President



#### Alumni Office Address

Nurses Alumni Association Thomas Jefferson University 130 South 9th Street, Suite 702 Philadelphia, PA 19107-5233 Telephone (215) 955 8981 e-mail:nurse.alumni@mail.tju.edu

# Committee Reports

### Nurses Relief Fund Trust

Jefferson Diploma Nurses! As you know, we, the Jefferson Nurses Alumni Association, have a Nurses' "Relief Fund Trust." The money in this trust is to assist the graduates of the School of Nursing (Diploma Program) and the White Haven School of Nursing, who are ill, disabled or in need of additional support or maintenance. We would like to think of this as "Jeff Nurses helping Jeff Nurses."

The preliminary application found in the back of the Bulletin can be completed and sent to the Alumni Association Office. An additional Application will then be sent to you by the committee. When completed and returned, the committee will evaluate the request, determine the amount of assistance and notify the applicant as soon as possible. All information on the application is confidential,

In the event you know of any one that needs this type of assistance, do not hesitate to complete the application in the back of the Bulletin and send it in.

This past year we have been able to assist four of our graduates with a monthly stipend and several with single checks. The Relief Fund also sends monetary gifts at Christmas time to those graduates known to be home bound or in a nursing home. Birthday flowers and/or cards are sent to our graduates who we know will be celebrating their 80th or over birthday. Please let us know if you are over 80, or if you know of a graduate who is over 80.

Respectively Submitted, Lorraine McCall, Chairperson Relief Fund Committee

#### Clara Melville - Adele Lewis Scholarship Fund

The fund is to assist members of the Alumni Association to prepare for advanced nursing degrees and to expand their knowledge in caring for the patients our nurses serve.

This year we awarded nine scholarships. We had nine applications and nine were awarded. We also make awards for certification exams in a nursing specialty.

Awards are a percentage of what Alumni Members pay out of pocket expenses, exclusive of work reimbursement and other financial assistance. Awards maybe repeated each semester or yearly up to a lifetime maximum amount. We request a copy of passing grades.

Presently we have ample scholarship money in our Fund and we strongly encourage our Alumni Members to apply for scholarships. If you have any ideas on how best to spend scholarship money on our Diploma graduates other than just advanced nursing degrees and certification exams, please send your suggestions to the Alumni Office for consider-

Respectively Submitted, Carole Ferry Rosle RN, MEd Florence Roche RN, CNOR Co Chair Scholarship Committee



Harrisburg Satellite Members

#### Satellite Report - Harrisburg Satellite

We meet four times a year at Geo.'s family Restaurant in Harrisburg, PA. Remainder of dates for 2000 are September 7th and November 2nd. Meeting at 10:30 AM and luncheon at noon. Those wishing more information can contact Joan Keller 717 469 0233 or write to Joan Keller, Satellite Coordinator, 1035 South Meadow Lane, Palmyra, PA 17078. Include your name, class year, address, phone number and e-mail. Please include whether your interested in attending Central PA Satellite meetings, if you are interested in more information, you live in the area but unable to attend meetings but would like to receive information and I'm working, maybe when I retire.

Respectively Submitted, Joan Keller Satellite Coordinator Central, PA Area Social Committee

#### The Fall Luncheon

Please let us know if you would like to join us for our annual Fall Luncheon. It will be held in the Faculty Club at Jeff Hall on November 4,2000 from 12:30 to 5PM. We start with an open bar and then a lovely warm lunch is served. The Fall Luncheon is very intimate. The room is small and inviting. If you would like an invitation, and/or if you would like to refer a classmate as well, either write, call or e-mail us and let us know. Hope to see a good group there this year!!!

Respectively Submitted, Vera Paoletti

#### Nominating

The slate was taken care of at our annual meeting in May, if you would like to hold an office in our association, please write or e-mail the Alumni Office and let us know. You may also want to consider nominating someone you know. The main requirement is a true desire to keep our Alumni Association going. It is important and it is up to us!!! Remember, there are no more classes and eventually, it will come down to the remaining graduates. We need to commit ourselves to keep the Nurses' Alumni Association alive.

Respectively Submitted, Vera Paoletti

#### Alumni Bulletin

John and I have embarked on a new endeavor this spring, which is compiling information and pictures for publication in our Alumni Bulletin. This is truly a learning experience. Thomas Jefferson University's Graphics Department is formatting and having the Bulletin printed. We thank everyone who has contributed articles, information, advice and encouragement. Comments, suggestions, supplying articles, poems, and adages for publication are greatly appreciated.

#### Development

The commitment each of you have demonstrated by your Annual Giving contribution, is truly a heart warming experience. This assures our Alumni Association will continue providing us with office coordinators, who keep all our pertinent information up to date and sending a copy of the yearly Bulletin to all of our alumni. This year's contributors names will appear in the Bulletin. All monies received after August 1, 2000. Will appear in the next year's Bulletin.

Your annual giving contributions are tax deductible and you will receive an acknowledgement, from Robert Peterson Vice President of Development, with your receipt for tax purposes. Checks should be made out to Jefferson Nurses Alumni Association, TJU.

We also have received 7 matching gifts/grants. Remember you can double or triple your dollars. If you or your spouse work for a matching gift/grant company include the completed gift form with your contribution.

Since January 1, 2000 to September 1, 2000, we have received \$41,550.00. This includes all contributions including matching gifts/grants, memorial gifts, scholarship funds, dues and general funds.

# Annual Giving Contributors

#### 1925-1933 \$950.00

Lillian E. Hartman '25 Adele Ruppersberg '26 Filomena Doherty '27 Muriel Canis '30 Margaret Gauger '30 Minnie M. Humphrey '30 Ruth S. Johnson '30 Evelyn Arnold '31 Helen Hubbard '31 Mary T. Lawley '31 Virginia E. Leo '31 Gladys Blue '32 Lucille S. Harpel '32 Mildred S. O'Connor '32 Dorothea B. Watson '32 Pauline H. Kough '33 Dorothy Norris '33 Catherine G. Paine '33

#### 1934 \$270.00

Elizabeth Davidson Mildred D. Estrada Marie K. Lawton Julia T. McCracken Helen R. Motsay Dorothy K. Raubenhold Mildred G. M. Smith Kathryn A. Snader

#### 1935 \$150.00

Marian B. Coutts Louise B. Ellis Martha E. King Mary C. May Esther H. Neidig Eleanore E. Porter

#### 1936 \$355.00

Elinor E. Brosious Evelyn L. Dute Emma Lanzetta Elizabeth S. Miller Margaret T. Ransom Thelma Saylor Marian E. Smith Mary E. Tannis Lydia K. Yerkes

#### 1937 \$55.00

Caroline H. Masuda Elizabeth K. Mowday Harriet Zeller

#### 1938 \$230.00

Linnea Casperson Mary K. Copeland Anita Eisner Mildred E. Finn Wilma O. Lewis Sara K. Little Edith Reeves Alice L. Schilling Madeline M. Ullom

#### 1939 \$465.00

Thelma G. Beshgetoorian Grace R. Castner Ada Smith Ford Mary Gregg Julia S. Kennedy Juliet R. Light Dorothy B. Long Patricia Mills Olga Mitchell Harriet K. O'Connor Grace Petersen Leah Louise Stambaugh

#### 1940 \$640.00

Janet H. Arnold Sara E. Cattermole Virginia M. Davis Edna F. Feloni Ruth R. Holbrook Judy J. Kesserling Mary McCoy Ellora Meyer Margaret F. Miller Alice M. Moore Janet L. Plant Alma S. Shofstall Norma Z. Smith Bernice Sprecher Dorothy M. Talbot Marion J. Tracy Stella J. Wawrynovic

#### 1941 \$350.00

Sophia Driscoll
Clara M. Fitts
Dorothy J. Freeman
Gene Rouse Jerabek
Helen S. Joslin
Kathryn A. Quackenbush
Frances Rumberger
Jean L. Wagner
Geraldine Waters

#### 1942 \$600.00

Alice C. Boehret Mary Jane Braid Dorothy I. Burns Angela D. Clark Doris Mae Delong Dorothy M. Frizen Lois L. Kelly Madaline L. Knight Anna E. Krall Ferne P. Lupin Sally Luscombe Nancy H. Maxwell Rose E. Nicastro Alice B. Phelan Irene Polner Anna L. Reganis Beatrice Staron Ellen M. Steward Dorothy Templeton Ruth E. West Gladys R. White Rebecca Moore Wilson

#### 1943 \$370.00

Marie H. Breon

Kathryn S. Combs Janet R. Gerow R. P. Greener Esther Kahn Muriel L. Peake Betty J. Shaw Amanda L. Smith Ruth I. Sunderland Betty L. Suttles Jean D. Warren

#### 1944 \$150.00

Mary Kathyrn Brill Helen L. Campbell Charlotte S. Ellenbogen Grace L. Emery Beverly E. Litsinger Maureen S. McCool Geraldine S. Meyer Mary S. Smolkovic Mary Lou Stewart

#### 1945 \$1,775.00

Gladys Backensto M. Elaine Barrick Nellie M. Chillem Ruth L. Corson Patricia Crawford Eileen G. Ebling Betty M. Greenwood Florence C. Harley Lillian U. Herrick Florence L. Howanitz Janice J. Jacoby Anna Kuba Rita LaBate Jane E. Mack Bella S. Martinez Dorothy D. Mowery Christine W. Park Dorothy A. Roberts Evelyn F. Sell Beata B. Shaw Lenore L. Strigari

Mary Jane Trautman Janet L. Valentine Ruth S. Vivian

#### 1946 \$5,895.00

Margurite B. Baker

Jeanne Herr Burkins Louisa E. Eudy June S. Everly Jane Fox Betty Frommelt Laura R. Hart Idabelle Hartley Alice R. Hornickel Elaine Kimbel Elizabeth Koch Jeanne Lebkicher Jean Gilbert Metzler Mary McQuown Laura Pollock Evelyn Riggin Geraldine Rockel Betty Saunderlin Muriel Scott Nelmah Shaffer E. Dorothy Strachan Col. Jeanne Supple, USA, Ret. Jane H. Ward Josephine P. Warner

#### 1947 \$950.00

Ann Boyer Elizabeth G. Cooper Helen Corrigan Carol S. Covert Lois C. Dunlap Jane Guerin **Judith Hess** Maria B. Hunter Martha Hersberger Virginia S. Lawrence Hilda E. Lineweaver, EdD Betty McConnell Ruth G. Mc Cormick Janet E. Maurer Grace V. Mease Arlean V. Miller

Elizabeth J. Miller Florence M. Mitchell Marie Louise Peters Elizabeth K. Prisnock Jane E. Reitz Elizabeth Spencer Julia C. Stout Mary P. Swan Marie O. Thiers Laura J. Tobia Paula Tyler Irene Warner Emmabelle B. Yahres

#### 1948 \$1,045.00

Hazel Barkdoll Norma G. Bickering Margaret M. Blaine Christina Blasius Betty Budrow Anne O. Carballo Anna Mae Chalupa Mercedes F. Christ Betty T. Daughenbaugh Dorothy D. Dickie Elinor Doubet Kathryn Eyrich Dorothy M. Forshey Bertha Geary Cdr. Sophia H. Gormish Fave D. Groff Catherine L. Haas Doris A. Hano M. Patricia Haupt Rachel I. Herbert Mildred A. Hindman Ioan Hoffman Irene Kaufman Lois B. Kelly Betty L. Konjusky Louise C. Lorah Inez Mirenda Jean Monaghan Nancy L. Ritzman Althea C. Snow Doris Stevens B. J. Stillman Phyllis M. Szewczak Dorothy E. Turnbow

Lillian Van Hoy M. Arlene Watkins Mercedes K. Weber Joyce S. Weik Doris L. Weitzman Lois Patricia Zong

#### 1949 \$565.00

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Edna L Hneleski
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Judith W Bloes Nancy Crawford Sally L Danyo Joanne D'Alonzo Jane Ryan Dietrich Irene A Grady Angelina P. G. Hagan Jane A Hudson Anne V. Jones Betty Ann Kosko Thelma S Malecek Vera Meyers Barbara A. Prendergast Carol A. Staas Carol Stang Nancy K. Viereck Carol K. Wenzel

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Carolyn M. Goepfert
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Joan Kelley
Martina Martin
Judith R Mearig
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Marjorie K. Berrier Loretta Cunningham Barbara G. Eichhorn Jacqulin Harris Elizabeth Larkin Ann McBeth Marion D McGarrey Patricia Hilton Emily J Hogan Susanne Jacobson Clare Lynch Barbara C. Obin Joan A. Sheahan Patricia Truitt Sharon Sahrhage Patti Turnbull Carolyn D. Vizzard Miriam A Wall Betty Lou Woods

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Pat Daniels
Carol A Dotts
Anita Dudzek
Patricia A Goetz
Adelheid K. Henson
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Susan Leake
Carolee J Mitchell
Marcie G Moore
Linda Neveling
Rosemary Smith
Joan Spece

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Donna Adams
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Dorothy Brown
Terry Cooke
Linda Ely
Mary Elizabeth Gillin
Margaret C Hargrave

Loretta Kurland Jean A McConnell Mary Lou McGinn Dianne Rehman Doris Townsend Mary Anne Vernalus Emily Adams-Webb

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Margaret Coopey
Isabelle J. Erb
Roane Heise
Margie K Leach
Fay Leslie
Judy Linker
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Penelope A McAlees
Beth Reed
Mary Lou Schubel
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Mary Getz
Karen E Kushto
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Linda Sheetz
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Debra K Boyle-Borkowski Susan Cantwell Margaret Federico Julie J. Fenimore Barbara Graf Wendie Hunt Maureen Kelly LeFeure Mary Jo McMullin Maria Pepper Suzie Seckinger Jeanne M Stanton Ann B. Townsend

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Lynne Borden Kathy Cochin Andrea Kaye Donna Simone Leslie M Tahsler

#### 1977 \$395.00

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Judith L. DeLucca
Patricia DiCanzio
Karen Emerle
Susan Gallagher
Betty Anne Hedges
Cheryl Kline
Sari Mandel
Diane Marthers
Karen M. Robnett
Darlene Rosendale
Susan A. Sawula
Janeane Sloane

#### 1978 \$360.00

Maryann Bowman Christine Ferry Deborah L. Jones Andrea R. Mann Linda H. Muelenaer Carol Muller Meg Passic Joanne Petrelli Leslie Stickley Kathleen S. Toomey Jan Vanderveer Ernest Weatherley Sherry Yuras

#### 1979 \$285.00

Anita Devlin
Laurel Gutter
L Jeanne Leisner
Susan W. Peacock
Rhonda Pierce
Theresa Rupp
Carmen W. Russo
Lisa Sarcewicz
Cheryl M Schrier
Sandra Lee Smith
Deborah Timpano

#### 1980 \$285.00

Debbie Beveridge Gloria L. Brumbaugh Susan Curcio Clare Ebersole Berny Kopicki Marianne Ostrow Mary Ann Ragone Jeanne A. Rossiter Sara Sears Susan J Sullivan Donna Casey Weaver

#### 1981 \$155.00

Angela Dages Debra McGarry Christine Kopistansky Irene Repka Lisa A Sakser Barbara Zlotnik

#### 1982 \$290.00

Margaret DiNicola Karen Frick Marie W. Hopkins Maryann Leonard Barbara A. Leone Terry Sylvester

### **Matching Gift Companies**

Exxon Mobil Foundation - Gladys Druckenmiller Backensto '45 Abbot Laboratories Fund - Joan A. Spece '62 Exxon Educational Foundation - Helyn Romberg'37 Smith Kline Beecham Foundation - Jeanne Ryan '52 Mobil Matching Gift Program - Maria Hunter '47 Mobil Matching Gift Program - Rhoda A. M. Weisz '42

### Additional Matching Gifts

Exxon Educational Foundation - Helyn Romberg '37 Mobil Matching Gift Program Maria Hunter '47

#### Memorial Gifts

Dorothy Creek Howley '52 - Avalon String Band, Bell Oaks P.T.O., Borough of Bellmawr, Andi Berry, Faculty and Staff of E. M. Burke School, Denise Monte Carlo, Royene & Michael DiDio, Elinor Hayes, Kathleen Hunt, Patricia Jumbe, Karen Mack, Lucille McCormick, New Year's Shooters & Mummers Museum, Charles J. Sauter, III, Dorothy Rugert-Young

Viola Coke Brubaker '42 - Anna Krall '42 - Classmate.

Alice Schilling '38 - Patricia Kildee Walsh, Brian Kildee, Jim T. Kildee, J. Michael Kildee, niece & nephews. Sharon Rood Rajnic '67.

Virginia King Parry '43 - Rhinard Del. Parry, M.D. Husband



# Life's A Patchwork

Stitch a little bit of lovin',
Add a lot of tender care;
Sew together with some kindness.
Let the sun shine everywhere.
Choose a pattern for your life's work,
Add some fun along the way.
Life is like a valued patchwork.
Keep it precious day by day.

Dear Miss Piersol and Miss Summers,

Yesterday the current copy of the Nurses Alumni Association Bulletin fall 1999 came this morning and I sat down and read it in its entirety. I was so impressed and have kept last year's copy, too, but haven't read it so thoroughly. I am so glad I am a alumni member and can even in a little way "keep up" with goings on with my Alma Mater and with the 1960 classmates. I do hope that this coming year May 2000 I will be able to attend the reunion events. That would be a real thrill. I appreciate your remarks on p. 10 about our trip in October 98 to Guatemala. A group of 10 did go to Guatemala again 31 in May -9 June 1999 and the group included a Dentist, a dental hygienist, an x-ray technician and three nursing students. Again, we took much medicine and tracts and did the same as before: making home visits to prospective patients who did get seen the next day at the clinic; visits to 7 feeding stations (1 even in the gang territory in Guatemala City) and Delousing and physically assessing children by the 100's, helping in the medical and dental clinics, visiting 3 hospitals. The one hospital in the Indian village is without a cautery or bovie for their surgery and they would be most appreciative of the donation of that piece of equipment and we learned, too, that the hospital has no x-ray facility. The one x-ray machine they have has been missing a piece of its makeup (the x-ray tech with us knows the exact name for the missing piece) for 7 years and so all patients coming to the hospital

for care never have had the benefit of x-ray diagnostic assistance. The dentist and I are trying to find a way to provide these two needs.

On p. 15, the memories of the nurses training days at Jeff were just a little different during my time 1957 - 1960 and so I appreciate her recall and it did bring back many fond memories of my years of training for which I am eternally grateful. Being in professional nursing whatever the era is not easy but is rewarding when remembers for whom one is working - The Great Physician. To be "employed" by Him is a rewarding calling, a ministry that makes eternal differences starting in the now. I also recall the joy of meeting a Jeff grad just by identifying the cap that the nurse was wearing. I still wear my cap and do so with pride. The wearing of whites and the cap has made compliments come my way all unexpectedly even from the chief of surgery at one of the hospitals where I work. Many patients family comment that "at last I was taken care of by a real nurse". I love my cap, but more so, I love what it stands for - a noble life calling which enlists hundreds of colleagues down through the years and with whom there is a rapport with ties that bind. May this legacy last forever and be successfully passed on to the future generations. God bless you both and our alma mater.

Kindest regards,

Catherine White (e-mail: white@bacone.edu)

## Friendship

Your friend is your needs answered.

He is your field which you sow with love and reap with Thanksgiving.

And he is your board and your fireside.

For you to come to him with your hunger, and you seek him for peace.

The Prophet Kahil Gibran

#### 1999 Philanthropy Honorees

Betty Piersol '34, Margaret (Peg) Summers '41, – Together Betty Piersol and Margaret (Peg) Summers boast a combined 139 years at Jefferson. Betty and Peg graduated from Jefferson's diploma nursing program in 1934 and 1941 respectively and served in many capacities as nurses at Thomas Jefferson University Hospital until they retired, Betty in 1977 and Peg in 1982. Known for their warmth, compassion and dedication to patient care, they have been office coordinators of the Jefferson Nurses Alumni Association since 1985. The Nurses Alumni Association has given tirelessly to Jefferson and its students through the years.

Lieutenant Colonel Madeline Ullom '38 - Named Female Veteran of the year. POW Remembrance Park in Tucson Arizona. The POW Remembrance Park is dedicated in remembrance of the sacrifices endured by our POWS held captive ion foreign soil. Principal funding was generously donated by Mr. Lucius D. Legg on behalf of Lieutenant Colonel Madeline Ullom, an EX-POW. Lieutenant Colonel Madeline Ullom was a prisoner of war for nearly three years in Manila, Philippine Islands Madeline was a dedicated nurse whose chief interest was caring for her patients even while incarcerated. Through her tireless efforts to help others, she became one of a select group of individuals known as the "Angels of Bataan and Corregidor". For her heroism, she was awarded a Bronze Star Medal and two oak leaf clusters. After being freed in February 1945, she remained in the Army until her retirement in 1964.



### The Caregiver Stress Talk Outline

My intention was to share information on caregiver stress at our Jefferson Nurses' Education Seminar Day. However, since we could not go forward with that, I thought it was worth sharing my information with you in the Bulletin. I would like to emphasize that my intention for preparing this talk was to help other who may be in the same situation I found myself in 4 years ago. I encourage anyone who is a caregiver, and who may need help to feel free to call me.

#### Overview: Why stressed? So overwhelmed......

Where to begin?

Physical assessment, diagnosis of patient

Pick right physician, right treatment

Testing, referrals, insurance

Financial responsibility and resources; identify all assets, etc.

Legal; establish Power of Attorney

What to do?

Care at home – establish patient care area, supplies; meeting with family members, who is available? Resources: social services, adult day care, respite care, family relief.

Final Outcomes

Total responsibility for final decisions: nursing home, how to choose right one Dealing with the state—Medicaid application

Remembering your Spirit

Relaxation

Breaks

Support groups

Respectively submitted, Vera Paoletti, '68

# Presentation on Beadership

Leadership Address @ Penna. State Nurses Assoc.

#### Pamela G. Watson, ScD. MS. RN. Chair School of Nursing TJU

When Jessie Rohner asked me to give this talk on leadership I was pleased to have an opportunity to close out an evening in which one potential and eight accomplished nursing leaders have been honored. To all of you I extend my heartfelt congratulations, and best wishes. For my role tonight I am going to tell you a nursing leadership story. A little over a year ago I attended a memorial service at Jefferson Hospital for Janet Hindson, RN, who was found dead of a massive MI in the little modest apartment where she had lived for years.

Miss Hindson, as nearly everyone called her... had graduated from Jefferson Hospital School of Nursing in 1950, and then worked at Jefferson for forty five years...and she worked tirelessly for the Jefferson Nurses Alumni Association.. In fact her death may have gone unnoticed for days, had she not been due at a luncheon I was hosting for the Alumni Board... after the luncheon, her sister... also a Jefferson graduate and President of the Alumni Association went to Janet's apartment and found her body... Janet always lived in the same local neighborhood a few blocks from the hospital. ... Always wore her cap... her name tag, her pin, her white uniform, her white stockings and her polished nurse mates... would not have dreamed of wearing scrubs... a stethoscope around her neck, Nikes, nail polish, earrings...or hair on her collar... I think you get the picture...but as you are about to discover that is not the picture so to speak. Miss Hindson never earned a degree nor did she ever take management/leadership course...disclaimer here...

Miss Hindson's memorial service began with the customary tributes from the hospital nursing leadership and me, then a physician who had worked with Miss Hindson as a member of the house staff, and through out the years gave tribute. During his talk Dr. Merli spoke of Janet's ability to EXERCISE AUTHORITY in an egalitarian manner that elicited RESPECT and cooperation... by that he meant she very quickly let the house staff know what was expected of them... and that expectation was that they would perform in a manner consistent with Janet's Vision... that is to say her vision of Patient care in which EXCELLENCE was the goal and COMPASSIONATE care WAS THE HALLMARK. Naturally we were all moved by Dr. Merli's tribute, and the leadership behaviors and characteristics he saw in Janet.

After Dr. Merli the truly meaningful tributes began... and meaningful because these tributes were spontaneously given when people in the audience were invited to come forward if they wanted to say something about Janet... meaningful because the tributes were offered by people who had all worked under Miss Hindson's supervision...a racially mixed group of nurses, nurse's aids, nutrition and dietetics, unit secretaries...and so on.

And what did they want to say about this nursing supervisor who looked to be somewhat rigid and stodgy, and even humorless...?

Certain themes ran through each person's comments whether the person a clinical nurse specialist or an aide. These are some of the themes STANDARDS... everyone spoke of her standards, and her expectation that everyone would do his/her best...

Standards exemplified in her own performance... that she would always do the best she could in her job, and that no detail was too small for her; and no task was beneath her.

Many people spoke FONDLY of her nonverbal communication skills...that she could look at a person and that person would know exactly what that she was thinking... such as YOU are WEARING sneakers, or What do you mean you want to be paid overtime because you didn't manage your time well so now you are here late charting.

Everyone spoke of her PATIENT CENTERED APPROACH...and she always reminded them of their awesome responsibility to meet patients' needs in a kind manner... Each person would re-affirm what the previous person said especially about treating every patient as though that person was a family member.

And people spoke of her HUMOR ....HER DEAD PAN HUMOR.. HER COURAGE AND THE POWER OF HER CONVICTIONS... and her willingness to defend and fight for what she knew was right...

All such wonderful leadership behaviors and attributes... But for me the most meaningful thing people said about Miss Hindson was her respect for their DIGNITY and the sense that she VALUED them. They all clearly felt RESPECTED and VALUED by her... and they felt a sense that she valued the work they did ... that it wasn't as though one person's contribution was more important than another's... it was that each PERSON makes a different contribution...and that each contribution is if equal value in the greater scheme of things.

For the ability to demonstrate that one VALUES people is not only a critical element of leadership, it is a gift. Hearing people speak of feeling valued by Janet caused me to reflect on my own leadership style and to ask myself whether faculty or other people who report to me would say they feel valued by me. Everyone needs to feel valued...and to be able to convey this notion is particularly important in today's rigorous and sometimes unforgiving management environment where leaders are called upon to make people "stretch"... to identify the "value added" aspect of each person's performance, to ask people to do more with less...to get more out of everyone...and often with cost containment, budget savings mandates we are precluded from giving people salary increases they deserve, and we have to implement reductions in benefits...So how in this kind of work a day world does a leader demonstrate valuing?

These are some of the actions that I believe are essential for effective leadership today:

Operating on the assumption that everyone wants to do a good job and holding people accountable in a positive manner.

- 1. Recognizing every accomplishment, no matter how seemingly small.
- 2. Saying thank you...again and again..sending notes of thank.
- Never leave an e-mail or voice mail unanswered...even if it is just a one word message like thanks or okay.
- 4. Reaching out to people on a human level...walking down the hall...trying to slow down...knowing significant facts about families and events, etc.
- 5. Being strong enough not to offer defense if someone complains...just listening.
- 6. Sleeping on it ...never fire off a memo or phone message in anger.
- 7. Not taking oneself too seriously.
- 8. Trying to be more laid back.
- 9. Recognizing that people think that one has lots more power than most leaders really have.
- 10. Teaching people the rules of the game, and how to succeed in the organization in which we are employed... and offering whatever support possible to make success happen.

So there you have it, a story of what I would call unfettered frontline leadership, and what I took away to apply to my own leadership role. Oh and one final note about Janet ... the memorial service ended with a rendition of AMAZING GRACE by ...a nurse's aide Regina, a lovely African American woman in her early forties, who, I would say radiates goodness... after the service I went up to tell her what a wonderful job she did...and she said...I never have sung in public before... they came and asked if I would sing for Miss Hindson.. And you know I would do anything for that lady... so my heart was pounding, she said... but I did it!

Later I learned ... speaking of communication...that Regina had been asked if she would speak for Miss Hindson... and Regina thought that person had said sing for Miss Hindson... so once the committee found out she was prepared to sing that is what she did...and the Memorial Service was better for her contribution.

As I conclude this talk, I hope the Janet Hindson story has had a meaning for each of you, and it has given you pause to think about your own leadership styles and skills.

Thank you for giving me this opportunity to share this leadership story with you.



### Anonymous

He who works with his hands is a laborer;
He who works with his head and his hands is a craftsman;
He who works with his head and his hands and his heart is an artist.

Author Unknown

# Patient Assimilators

Ms. Sally Wagner, President Jefferson Nurses Alumni Association 388 West 6th Street Ship Bottom, NJ 08008-4707

Dear Sally,

On behalf of the nursing faculty, I should like to extend my very special thanks to you and the Board of Directors for the generous gift you have given to the Department of Nursing. Indeed, We are thrilled to be able to purchase three high-tech mannequins for our Clinical Nursing laboratory. Many of our existing mannequins, in addition to being somewhat old-fashioned, have suffered the ravages of time and no longer function adequately. Thus, the new mannequins you have given us will be a wonderful contribution to nursing education at Jefferson. We are especially pleased to be able to purchase an African American mannequin, a Hispanic mannequin and a Caucasian mannequin. Over the years we have been most eager to foster cultural diversity by having mannequins that truly represent the patients we serve.

It is difficult for me to adequately express my gratitude to the Jefferson Nursing Alumni for once again being so generous to the Department of Nursing in the College of Health Professions. As you know, the value of the Alumni Associations gift is in excess of \$13,000. As well you have indicated that the remaining gift from which you obtained the funds for the mannequins will be used to support Nursing scholarships. My sincere thanks to all of you.

Sincerely,

Pamela G. Watson, ScD, RN

# Fanet C. Hindson Award



Sally, Mary Ann, and Nancy

On their 50th Anniversary, the class of 1950, presented a check in the Amount of \$3,050.00, to Mary Ann McGinley, PhD, RN, Senior Vice President for Patient Services and Chief Nursing Officer, to insure the continuation of the Janet C. Hindson Memorial Award.



1950 class picture with caps

We are wearing our caps in memory of Janet, our classmate who worked at Jeff for 45 years. Janet wore her cap every day until she retired in 1995. She died in March,1998.



Trophy and Winner

Mary Ann McGinley, PhD, RN, Senior Vice President for Patient services and Chief Nursing Officer, Anne O'Malley Delengowski, '80, RN, MSN.

# Fanet C. Hindson Award

#### Thomas Jefferson University Hospital, Inc. Department of Nursing

The Miss Janet C. Hindson Award recognizes individuals whose work exemplifies the caring and service to others that characterized Miss Hindson's life. The award is given to an individual who demonstrates steadfast caring for the most vulnerable in society. Steadfast caring embodies devotion to relieving suffering, respect for colleges and commitment to creating environments that enhance the physical, mental and spiritual comfort of others.

### Criteria for selection of Nominees

Evidence of the following qualities:

a. A commitment to relieving the suffering of others.

b. Respect for colleagues and interest in the professional growth of others.

C. Creation of environments that support the physical, mental and spiritual comfort of others.

#### Nomination Process

Individuals wishing to nominate a candidate should describe in a letter the qualities of the candidate and their relevance to the Janet C. Hindson Award. Explicit examples of behavior of the nominee and the impact the nominee's behavior on the environment of care and on colleagues should be included. The letter should also contain the name, title, address and phone number of the nominee and the person nominating the candidate. The letter should be sent to:

Mary Ann McGinley Ph.D., RN Senior Vice President for Patient Care Thomas Jefferson University Hospital, Inc. 1100 Walnut Street Suite 2210 Gibbon Philadelphia, PA 19107

By April 1, 2001

The Janet C. Hindson Steering Committee will meet to consider candidates. Notification of the award winner and his/her sponsor takes place in April.

The award will be presented during the celebration of Nurse's Week

The Janet C. Hindson Award Steering Committee is composed of the following:

Mary Ann McGinley Ph.D., RN Senior Vice President for Patient Care Chair and two members of the Nurses' Week Committee Sally Hindson Wagner Two members of the Jefferson Nurses Alumni Association Vice President for Nursing Chair of the Nursing Leadership Group Katie Dugery

#### Dr. Watson and fellow faculty,

Thank you for inviting me to be a part of your class night celebration.

First, let me say congratulations to each and everyone of you. Each of you have traveled the journey to this day in your own unique way. Who better to realize the experiences and the sacrifices made by you than your fellow classmates and those who have gone before you.

The faculty of Jefferson have acknowledged your accomplishments as successful graduates. And as a successful graduate may I, on behalf of the Jefferson College of Health Professions Alumni Association, welcome you wholeheartedly. Just as your faculty have worked hard to prepare you educationally, your alumni have worked hard to maintain the professional organization that your association is today. Let the Alumni Association be the very basis of your professional organizational involvement. I assure you that is a most worthwhile involvement for you, especially at this time.

My involvement with Jefferson's Alumni Association has been constant since my graduation 41 years ago. First with Jefferson's Nurses Alumni and now the College Alumni. I have benefitted both professionally and socially from my involvement. Professionally it is empowering to be made aware of trends in the health care delivery system and in education. No one challenges my information when it is qualified by its source - Jefferson. In the social area, I can quote Abraham Lincoln when he said so eloquently "The greater part of one's life is made up of his friendships." I have made many friends, shared many enjoyable times, and learned a great deal from my fellow Alumni.

The Alumni Association is here to help you. We offer networking seminars, mentoring programs, library use and general information sessions to mention a few. In addition, there are social activities for alumni and students. You can be involved as much as you choose! The important thing is that you are aware of the great opportunity provided.

Now is the time to make a difference. Professionals need the support provided by organization. We would like to hear from you. I assure you will be impressed with the association and its president Joanne Ludwig. The Alumni Board of Directors represent all the disciplines of education at Jefferson. They are helpful and resourceful. Be proud of who you are and what you are. You have earned the right.

Help us to make things better for you, your fellow alumni and our future alumni, the students of Thomas Jefferson College of Health Professions.

Submitted by Jane Ryan Dietrich '59

Jane's daughter is a member of this graduating class.

# Feff HOPE

Homelessness in Philadelphia - what images does this bring to mind? A figure on a park bench, covered with old blankets or newspapers? Food kitchens, serving meals to people who come in 'from the street?' Shelters that provide beds for the night? Have you ever wondered how you could be involved in helping the homeless? As nurses and students, we have a unique opportunity to make a difference at the ACTS shelter on Wednesday evenings.

The ACTS I medical clinic was founded by Jefferson nursing students and faculty in 1997. The clinic is run primarily by nursing students and is located in an old church in the Fairmont section that serves as a residential shelter for adults and children. This clinic site is unique due to the fact that the residents of the shelter may stay for up to a year or longer while working to get back on their feet and find housing and jobs. At the clinic, we are able to treat existing health problems, diagnose new ones and follow up on a weekly/monthly basis with the patients. In any one given night, some 15 patients are treated for everything from pediatric care and immunizations, prenatal care, asthma to annual Pap smears and gynecological treatment. The clinic operates between the level of a primary care office and an emergency room. It is organized to deal most effectively with acute problems, but we recognize that homeless people have difficulty with access to types of medical services. We also serve as health advocates, helping patients to receive care from medical and social service systems.

The Acts joined with Jeff HOPE (Health, Opportunities, Prevention and Education) in 1998, which four weekly clinics. Jeff HOPE is a student run organization, established in 1991 by a group of Jefferson medical students who saw a need in the homeless community for proper medical care. The focus has been to provide dignified, accessible and comprehensive care in homeless shelter clinics. At the same time, students are exposed to a way of life most have never imagined before. They gain insight into the frustration and difficulties that the undeserved population of the community face in the health care system.

Jeff HOPE is overseen by the department of Family Medicine and receives support from various sources. Some financial support comes from Thomas Jefferson University, as well as some equipment and supplies. Grants from the Civic Foundation, the Pfizer Medical Humanities Initiative, Rhone-Poulenc Rorer, the Aids Fund, the SmithKlineBeecham Community Impact Award and Johnson & Johnson helped to fund the program. We also receive donations from alumni and faculty, as well as in-kind donations from several pharmaceutical companies.

Nursing students have an opportunity to be involved not only as members of the medical treatments teams, but also as sites directors, lab pharm and student coordinators, patient advocates, and education or research team members. The multidisciplinary treatment teams are composed of undergraduate nursing students, medical students and graduate nursing students. Pharmacy students from the University of the sciences also do rotations at the clinic. PT and OT students participate at the shelter by their involvement in their "Hands of Hope" and "Ways and Means" groups. JeffKids is another program where students run activities for the children of the shelter. Over eight hundred students currently participate each year. Faculty preceptors donate their time to enable the program to function. Over one hundred faculty members, physicians, residents and nurse practitioners supervise patient care. Students gain valuable hands on experience as team members by taking health histories and doing health assessments, before presenting to the volunteer NP or doctor. They also have the opportunity to learn good communication techniques. They teach the patients about health and hygiene issues; an important goal is for the patient to develop good habits about monitoring their own health. The patients become familiar with the students who come every week, allowing them to develop relationships with the teams and become comfortable enough with their situation to talk about it with them. The interest shown in the patient's situation and health will HOPEfully have a positive impact that they won't forget!

Students involved at ACTS have described their experience as one of the best they have had while at Jefferson. The opportunity to be involved and make a difference is not only a great memory they will have forever, but a building block for continued community involvement in the future.

Respectively Submitted by a Jefferson RN, BSN, Nursing Student Class 2001



#### **Army Poets**

Over the years, there are little things we keep, forget about, find and enjoy again many years later.

So it is with this poem "nurse". I don't remember the exact date, but I know it had to be in 1944 or 1945. It was in the ETO edition of the Stars and Stripes, the army newspaper. I cut it out and put it in my writing case. When things were going badly, I would read it and be re-inspired to move along and continue to practice nursing.

I never wanted to be a nurse. I wanted to be a teacher. Once I got into nursing, I realized what could happen when good nursing was practiced. So with the GI Bill, I went to college so I could teach nursing. At low moments in college, this poem was my talisman for continuing. It never failed to lift my spirits and confirm my belief in nursing and nurses.

Alice C. Boehret, '42



#### Nurse

The devil full of evil glee, With all his devilish ease, For mandkind brewed a potion And labeled it disease.

Then out of the depths of his hatred And out of his deep disdain, He mixed a wicked powder And this he labeled pain.

Then God made a lovely creature To counteract the curse And when he had her finished He simply called her nurse.

Clement L. Lockwood

#### To Honor Women Veterans

In the Fall of '99, I received an invitation to participate in the Honoring of Women Veterans in Marlton, NJ. The event was to be a part of the annual Marlton Day Celebration.

One of the ladies on the Board of Directors felt that the Women Veterans were completely ignored in all of the Veterans celebrations. Besides, all these women were volunteers and volunteers are usually ignored. The Town Council agreed with her and records were searched and the women were identified and asked to participate. We were asked to wear our uniforms, if we still had them, and more importantly, could still get in them. There was no RSVP on the note, so I marked the calendar and made plans to go.

One day I was surprised by a telephone call asking me if I was going to attend. After I said yes, I was asked if I needed a ride, I didn't, so I was told where and when to report.

The day was beautiful, and hot, as it can be in October. I arrived at the gazebo and met four or five veterans from the several branches of service and a variety of wars, police actions and what-have- you the country has been engaged in. We were directed to the bandstand and seated in the first row. The Mayor asked if I had been a WAC or a WAVE. Indignantly I said, "No, the oldest woman's branch of service The ANC". There were other WW II veterans: a Navy Corps Woman (WAVE) WW II, a recent retiree of ANC and others not really identified.

We were honored by an honor color guard and a band (Military from Fort Dix) and then a Proclamation (A copy of this proclamation is on the following page). Because we were immediately in front of the platform we could hear nothing. All the sound went out over our heads. Finally we were handed a copy of the Proclamation and the ceremony was over.

It really was a touching occasion and the township was trying to do something no other town has done - Honor the Women who served their country.

Personally, I had never fully realized that All Women who were in Service had volunteered. It just seemed the right thing to do at the time.

# A Proclamation }

WHEREAS, the history of women serving in defense of our nation began with the women who served during the American Revolution and continues through the years with those who serve today; and

WHEREAS, during the Revolutionary War and the Civil War, in their determination to be of service to their Country, women disguised themselves as men to serve as soldiers, suppliers, nurses and spies, and it was not until World War I that women were permitted to officially serve in the Armed Forces; and

WHEREAS, that determination continues today in that there are almost two million women veterans who have served their country voluntarily and with honor alongside America's servicemen in peacetime and in conflicts; and

WHEREAS, presently the 211,000 women on active duty represent 11% of this Country's active force. The nearly 150,000 women in the Reserves represent 13 percent of the Country's force; and

WHEREAS, military women, throughout the many conflicts in which the United States of America was involved, have served with sacrifice, distinction and achievement and have been the recipients of our nation's highest awards for service and bravery, among those The Congressional Medal of Honor, The Purple Heart, The Bronze Star, The Soldiers Medal, the Air Medal, the Navy-Marine Corps Medal for Heroism, and the U. S. Army Distinguished Service Medal; and

WHEREAS, from the Revolutionary War to the present, American women veterans have been invisible heroines, who are examples to future generations that securing our country's liberty and freedom is everyone's responsibility.

NOW, THEREFORE, BE IT RESOLVED by the Township Council of the Township of Evesham, County of Burlington, State of New Jersey that the Township Council hereby recognizes and applauds all military women for their sacrifices, patriotism, and services to our Country, both in war and peace.

Dated this 2<sup>nd</sup> day of October, 1999 in Marlton, New Jersey

AUGUSTUS F. TAMBURRO Mayor Evesham Township

#### The War Years

The summer of 1935, while my sister Jeanne and I were at Scout Camp in Tunkhannock, my parents moved from the cemetery back to their own home on Main Street. It was a much smaller, more compact house facing a busy thoroughfare where the sounds of rushing automobiles with their beeping horns, the piercing sirens of the fire trucks on their way to and from Station 5 and the constant clanging of the street cars were everyday occurrences. Now, sitting on the front porch, instead of watching the daily parade of miners from the Dorrance Colliery, we observed folks hustling back and forth to town or teenagers going to or from school. It was a whole new world to me. And it saw many changes in my life.

We were on Main Street barely two and a half years when my mother died at the age of 36. I was twelve years old and in seventh grade. Within the next two years an uncle of whom I was very fond and my maternal grandmother also died. Jeanne got married and left home, World War two began and Buddy joined the Air Force. Draft Boards were set up and the classifications A1 and 4F were everyone's concern. My father and I were alone on Main Street buying U.S. War Bonds, registering for Ration Books in order to purchase our allotment of sugar, meat butter, etc. Spam and organ meats came into their prime as they required no points and so we saved points for a more succulent steak or roast And we read and watched. As James Stewart, Glenn Miller, Clark Gable and other stars went off to war. Everywhere we saw posters of Uncle Sam pointing his finger at us saying "I want you". We knew and sang along with everyone else the words to "Bell Bottom Trousers", "I Left My Heart at the Stagedoor canteen" and Irving Berelin's "You're In The Army Now"! It was a patriotic time, it was an unsettled time, it was a sad time. And what was in the future for me?

In spite of the personal losses I experienced at this time and the difficulties of coping during the war years, I was indeed fortunate in that I was blessed with a large family, aunts, uncles and later nieces and nephews and cousins by the dozens. They have always been and still are my source of support. My home was wherever one of the family might be, and having discovered "sand in my shoes" early in life, my home changed quite frequently. But that's getting ahead of the story.

In June 1943 I graduated from James M. Coughlin High School, a large urban institution. And now what? And then somewhere deep within the confines of my psyche rose the strong, persistent desire to become a registered nurse and to work among the American Indians. To become an RN was explicable because of nursing's high recruitment at the time, but the call to work among the Indians was inexplicable. I knew I just had to do it. It was strange, for the only exposures I had up to that time, to Native Americans were brief encounters in history classes, the red Mohawk Arithmetic Test we used in grade school and Queen Esther's Rock in nearby Wyoming, the site of a bloody Indian massacre in the 1700s. But somehow, I knew this is what I wanted and had to do. Becoming a Cadet Nurse was the beginning. With the military services depleting the civilian hospitals of graduate nurses, the government launched an intensive recruitment program for student nurses. All expenses were paid, on and off duty uniforms were supplied, and a monthly stipend was provided. The program was shortened from 36 to 30 months so that the seniors could be released to enter the military, remain at there own hospital or go elsewhere. The only stipulation was that they remained in active nursing for the duration of the war. It was an answer to my prayer and more than I could ever hope for. Six months after my high school graduation, spending that time at home with my father, I was admitted to the Jefferson Medical College Hospital School of Nursing in Philadelphia. It was with both anticipation and trepidation however, that I said goodbye to my Father and Aunt Therese the afternoon of January 27, 1944, as they left my trunk and me in my room on Walnut St. and returned to Wilkes-Barre. Betty Golden and Janice Hook, my roommates and I were embarking upon a most interesting, challenging and awesome world.

The first six months at Jeff was the probation period and I, like all my classmates, was expected to follow all the rules and regulations for student nurses at Jeff. This meant remaining single until graduation, refraining from intoxication or the drinking of alcoholic beverages which was punishable by suspension or expulsion, refraining from smoking in uniform and not going on duty with the odor of smoke on one's person, (a nurse was liable to discharge if she smoked while on duty. In addition, the use of cosmetics, nail dyes and perfume and the wearing of jewelry in uniform were forbidden. We as probies had no overnights for these first six months and had to be in residence every evening by nine. The curfew was extended to ten on Saturdays and Sundays. Our rooms were inspected regularly and the borrowing of clothes and other articles was discouraged as being "unethical". Students were expected to be in class five minutes before the expected time and were reminded that tardiness was a discourtesy to the instructor and needed to be explained as soon as possible. Roll call was every morning at six forty five in the dining room and you waited with some apprehension and breathed a sigh of relief as Miss Annie Shafer, the night supervisor, checked your name off her roll, eyed you from top to toe seeing that your uniform was just right, and your hair confined in a hair net and off your neck. We thought little of these rigid rules, regulations and procedures. We just felt proud to be there, a part of the renown Jeff community.

Submitted by Marie Louise Peters '47

### Nursing In The 1940s

July 18, 1944. 8:00 p.m. a time to remember!! The night was received with a white organdy Jeff cap, denoting the end of an era, our probation period. Oh how gallantly we marched into the amphitheater singing "Onward, Nurses, Onward" proudly dressed in our student uniforms, i.e. pink dresses, immaculately cleaned, heavily starched white collars, cuffs, bibs and aprons, and black shoes and stockings. Miss Kinnear, our Anatomy Instructor, presented each of us to Miss Jackson, the Directress of Nursing, who in turned pinned a cap on our heads. We recited the Nightingale Pledge in unison, vowing among other things "to practice my profession faithfully and to devote myself to the welfare of those committed to my care". It was another milestone in our lives.

My first two assignments after capping were a month in the Diet Kitchen and a month in Central Supply, two of the hottest places in the hospital. Remember, this was the summertime in Philadelphia, and the days before central air conditioning, so consequently, within minutes after reporting on duty my white stiff collar and cuffs were no more than flimsy replicas. Then I was assigned to Star Floor (Jeff had no thirteenth floor) where Miss Dygan was Head Nurse, and where some of the wealthiest patients admitted. It was with some fear and trepidation at first that I, a recently capped inexperienced student nurse provided care to this special clientele and assisted at rounds with some of the most renown men in medicine. Patients and physicians gave me confidence and it was soon evident that the care I rendered on Star Floor was just good nursing care, no different than what I had been taught in my nursing arts class as a probie, and gave on the wards. From Star Floor I progressed through all the services including operating room and /or delivery room, observing and/or assisting at required number of surgeries and births. I was assigned to private and semi private floors as well as to the long 30-40 bed wards common at that time. (It was not unusual to still have beds down the middle of the wards and more beds in the halls). Like my colleagues, I learned to care for all my assigned patients, on whatever floor or service, whether they be in or out of oxygen tents and attached to various tubes and bottles. And part of this care included seeing that in the afternoon all patients had the opportunity to have their hands and faces washed and receive a brisk alcohol back rub and a linen change if necessary. No matter to what service or floor a student was assigned, she would be assured that she, and/or another nurse would be delegated this responsibility. "PM Care" was an important component of "Tender Loving Care".

At Jeff, in the forties, we each earned our diploma's the old fashioned way, we earned it. At the same time too, we developed an unyielding bond of camaraderie that still exists today, fifty years later. We worked 8, 10 and 12 hour shifts with classes in between. (To skip a class was unheard of). We became adept at putting down nasal gastric tubes for gastric analysis, we mastered the idiosyncrasies of the Wangensteen suction apparameters.

ratus and overcome our fears of caring for the patients with tracheotomy and laryngotomy tubes. Our nursing supplies were reusable i.e. platinum needles, and rubber gloves. We washed soiled equipment and yes we cleaned, dried and powered gloves. The day of the disposable thermometers, syringes, needles and gloves had not yet arrived. When assigned to the Central Supply Room, we learned to prepare and autoclave the various trays for whatever the procedure, i.e. dressing changes, removal of sutures, catheterizations, etc. When a request was sent from one of the floors for a tray, it was complete with all the sterilized instruments, dressings etc. that might be needed. And some of the intravenous solutions such as normal saline and 5% glucose in water also from Central Supply. Although at the time it seemed to be a very hot and less exciting assignment than working with patients, Central Supply proved to be a very valuable experience later on.

Although patient care took precedence over everything else at Jeff, on week-ends when no regular surgeries or treatments were scheduled and patients were visiting with their friends and families, we cleaned bedside stands and cupboards, carbolized mattresses and bedpans and did other duties as assigned. And we did it without question, it was a part of our assignment and no one felt abused, or that this was beneath her dignity or that her civil rights were being violated.

There was a young spirited graduate nurse of the medical floor at that time, Miss Janet Correll by name. She also taught us Materia Medica a course all about drugs. She made the course alive and interesting, keeping us forever on our toes. We just never knew when she might see us passing medicines and stop to ask the what, why, and reactions which might be anticipated from the drug. We did learn our drugs and solutions, how to calculate dosages and to administer them properly. Although some drugs were sent from the pharmacy to the floors in bottles designated for specific patients, many medicines were delivered in large stock bottles from which we carefully doled out the patient's prescribed amount each day. Sometimes the dosages had to be adjusted to meet the patient's needs and we learned to do that too. The day of the prepackaged medication and the unit system dosage was still in the future. Pre-op hypodermic medications were prepared by us by dissolving the tiny white morphine or atropine pill (or whatever the drug) on a small sterile watch glass crystal with the normal saline we had previously drawn in a 2cc syringe. Technique was paramount as was the importance of checking three times the name of the person to whom the drug was to be given. Narcotics were checked and duly recorded on every shift, by two nurses, the one going off duty and the one coming on. In addition every nurse was expected to record all the medications she administered and care she gave to her patients in her nurse's notes before going off duty.

While I was going from one rotation to another, the world was also changing. On April 12, 1945 President Franklin Roosevelt died and on May 8th VE Day was declared and troops began returning from Europe. And then one afternoon while in my room, I was on night duty at the time, I had a call from the Nursing Office telling me that my brother was there. Buddy had just come back from overseas. There he was dressed in his Eisenhower jacket and Air Corps uniform grinning from ear to ear and "feeling no pain". We spent the next few hours walking up and down Market and Chestnut Streets looking for a toy for Andrew and a doll for Jeannie, my sister's young children. It was quite a shopping experience! And then in August the atomic bomb was dropped and Japan surrendered. The war was finally over, and troop ships with servicemen and their families began arriving in Philadelphia. And the incidence of diarrhea among the infants at the hospital escalated. I remember that one of the prescribed treatments at the time was a tea enema and I guess I administered so many to the poor little tykes that I am no avid tea drinker even to this day!

And so I spent my two and a half years at Jeff, progressing from being a probie, to a senior, from learning how to make an acceptable occupied bed, to being in charge of a ward or unit. My classmates and I learned to make decisions and to assume responsibility early in our nursing career for, after seven pm and until seven am we usually covered a ward alone or with another student or aide. The Evening and Night Supervisors made their rounds once or twice a shift, but other than that we were on our own. When in doubt or in am emergency however, we had only to pick up the phone and call for help.

In our senior we had cause to be especially happy. We exchanged our black shoes and stockings for white ones and our stipend which had been fifteen dollars for our first nine months, then increased to twenty dol-

lars for the next twenty one, would soon, during our last six months of training, reach the grand sum of thirty dollars! Who could ask for anything more?

And so I entered the last phase of my basic nursing program. I applied for and was accepted to spend my last six months in pediatrics, at the University Hospitals of Cleveland, Ohio. Another classmate, Edie Harkins and I were the only two from our class who chose to spend this last period away from our institution, she working with surgical patients in the Medical Center at Lakeside Hospital, and I at Babies and Children's. It was an entirely new nursing experience for each of us from the very beginning. Though still students, we now wore white uniforms, and in many respects were treated as though we were full fledged graduate nurses. There were new procedures to learn but fewer rules and regulations to follow. We also enjoyed the concerts at Severance Hall across the street and the homes to which we were invited. And Christmas there was a wonderful time, a perfect way to remember one's last few days as a student nurse. My affiliation at Cleveland was over in mid January 1947 and I returned to Pennsylvania. I had at last completed all the requirements asked of a student nurse.

Submitted by Marie Louise Peters '47



### Discovery

Today I smiled, and all at once
Things didn't look so bad.
Today I shared with someone else,
A bit of hope I had.
Today I sang a little song,
And felt my heart grow light,
And walked a happy little mile,
With not a cloud in sight.

Today I worked with what I had,
Nor longed for any more,
And what seemed like only weeds,
Were flowers at my door.
Today I loved a little more,
Complained a little less,
And in the giving of myself,
Forgot my weariness.

Grace E. Easley

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# Buncheon Photos



# Hodak Moment

The luncheon was truly a "Kodak Moment". The cameras flashed as Alumni took pictures during the splendid, breezy spring day at Jefferson Alumni Hall, the setting for the 105th anniversary of the Jefferson Alumni Association and the 67th annual meeting and luncheon.

The day's format was basically maintained with just a few changes for the convenience of our Alumni. The membership meeting was in the Solis-Cohen Auditorium at 10:30AM instead of 10AM at someone's request so additional Alumni would be able to conveniently attend the meeting time. The suggestion turned out to be a good one. The cocktail/social hour was in the Eakin Lounge with luncheon guests socializing in the lounge and the beautiful West courtyard where the azaleas were in full bloom. Jefferson memorabilia were sold by our Honorary Alumnus John Wagner. There were great values this year and we were fortunate to have John coordinate and man the Alumni Store.

Afterwards we proceeded to the Jefferson Alumni Hall's main dining room for lunch. New and old slides as Jefferson nursing students, nursing floors, former nurses' residences, new achievements and the general surroundings over the years were shown on a repeating carousel projector. Everyone could reminisce throughout the entire day. It was surprising how easily everyone was recognized on the slides.

The main dining room was decorated with African violet plants that most of the attendees carried home with them. This year as a special treat, long stem roses were donated by Barbara Fisher Ackerman of the 50th Anniversary class commemerating the Rose Arch at their graduation. Each of her classmates attending the luncheon received a rose. Vases filled with lovely roses in memory of those classmates no longer with us, and in honor of those unable to attend the luncheon were placed on each of the 50th Anniversary class tables. What a lovely gesture.

The Class of 1950 announced their generous donation to The Janet Hindson Memorial Fund in memory of their classmate Janet on the anniversary of their 50th graduation. Mary Ann McGinley, Sr VP at Thomas Jefferson University Hospital, accepted the donation while extolling the contributions Janet made to the nursing profession.

Sally and John Wagner stepped in as the Alumni Office Co-ordinators after Peg Summers and Betty Piersol had their unfortunate car accident in January. As a special thank-you to Sally and John for all their hard work, the Alumni presented them with a gorgeous azalea bush.

Many thanks to everyone who pitched in to manage the check-in table the day of the luncheon. You did a great job.

Our phone is awaiting your call to help plan and host the next luncheon. The Alumni Office's number is (215) 955-8981. Thanks in advance for your suggestions, ideas and help.

See you at the 107th anniversary luncheon on the first Saturday in May - May 5, 2001.

Paula J. Levine, RN, MBA Chair, Social Committee

# $\int_n \mathcal{M}_{emoriam}$

1929	Arlene Maurer Lansberry	1945	Margaret Gaffey Poole
1932	Virginia M. Fuller	1945	Elizabeth Louise Snyder
1934	Kathleen Warner Armitage	1946	Ruth Fairweather Nemeth
1936	Emma Painter Lanzetta	1947	Doris Pfromm Cavanaugh
1936	Mary E. Tananis	1948	Elizabeth Furtaw Logan
1937	Dorothy R. Landis	1950	Ann Albert Lundgren
1938	Alice I. Schilling	1952	Dorothy Creek Howley
1940	Marion Kustay Sobiesiak	1952	Lois Glasgow Powell
1943	Ann Lois Davis Cabrey	1954	Janet Seckinger Marshall
1943	Virginia King Parry	1954	Barbara Ann Newcombe
1943	Mary Benedict Weller	1958	Barbara DiGiondomenico Denny
1944	Grace Little Emery	1970	Margaret Connors Marchant
	*	45,0	Transparet Commons Triancham

Dear Mrs. Wagner,

Please thank the Alumni Association for making a donation in my mothers memory. My mother was extremely proud to be a part of Jefferson. The care given to both my mother and father by Jeff doctors and nurses in the past three years was outstanding. Although they both had terminal illnesses with limited treatments available, I always thought they got the best of what was available. Everyone treated both the body and the spirit and they were given good quality of life till the very end. Even in the end they were treated with dignity and kindness. All were very important to our family.

The above letter was sent by Kathleen Howley, daughter of Dorothy Creek Howley



Scatter thus your seeds of kindness, All enriching as you go leave them. Trust the Harvest giver; He will make each seed to grow. So until the happy end, Your life shall never lack a friend. Anonymous



# How To Be Happy ....Abundant Living

Robert Louis Stevenson was ill much of his life. As a child he could not play with other boys. Most of the things he wanted to do were restricted from him but he grew up anyway and wrote such wonderful stories as "A Child's Garden of Verse," "Treasure Island," and many other stories that have been a delight to millions.

He always seemed happy in spite of his handycap. Did he have a secret formula? Perhaps so, at least it is said he had twelve rules to follow:

- 1. Make up your mind to be happy. Learn to find pleasure in simple things.
- 2. Make the best of your circumstances. No one has everything, and everyone has something of sor row intermingled with gladness of life. The trick is to make the laughter outweigh the tears.
- 3. Don't take yourself too seriou ly. Don't think that somehow you should be protected from misfor tune that befalls other people.
- 4. You can't please everybody. Don't let criticism worry you.
- 5. Don't let your neighbor set your standards. Be yourself.
- 6. Do the things you enjoy doing, but stay out of debt.

- 7. Never borrow trouble. Imaginary things are harder to bear than real ones.
- 8. Since hate poisons the soul, do not cherish jealousy, enmity, grudges. Avoid people who make you unhappy.
- 9. Have many interests. If you can't travel, read about new places.
- 10. Don't hold post-mortems. Don't pend your time brooding over sorrows or mistakes. Don't be one who never get over things.
- 11. Do what you can for those less fortunate than yourself.
- 12. Keep busy at something. A busy person never has time to be unhappy.

# Scholarship Application

The Clara Melville-Adele Lewis Scholarship Fund of the Alumni Association of the School of Nursing (Diploma Program) College of Health Professions Thomas Jefferson University 215-955-8981

1.	Name:				
		Name)	(First Name)	(Middle Initial)	(Maiden Name)
2.		ber and Street)		(0)	760 E 750
2	i			(City and State)	(Zip Code)
3.				Telepho	one #:
4.	Include a letter of	acceptance from	the University or College	e you plan to attend.	
5.	Positions held. Arr	range in sequence	e, listing present or last po	sition first.	
	Title of Position	Name	of Employer	Address	Dates of Employment
6.	Current membersh	nips:   Alumni	Association	NA DIN D	Other
7.	List your activities	in professional o	organizations.		
	,	,			
	D 1	0 1 5			
8.			ns for your professional c		
	Address of School_				
	Tuition cost	Total	Per cre	dit	
	Additional expenses	Books	Fees _		Other
9.	Available financial	assistance (amou	nts)		
	Scholarships		_ Loans	Work reimbursemen	
10.				past? If yes, amoun	
	Number of credits t	his semester		ii yes, amoun	Dates
			e require that you could		1 1 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2
Sign			e require that you send p	roof of your passing grade to	the Alumni Office.
(for	additional space, use b	ack of this form).			
	ed June 1999 h 1998				
June	1994				
Marc	mber 1987 h 1984				
Octob	per 1976				

# Nurses Scholarship Fund

#### Purpose

To assist members of the Alumni Association in the preparation for a degree in nursing.

#### General Requirements

Membership in the Alumni Association (preferred).

At least one year of professional experience as a registered nurse.

Enrollment full-time or part-time in an accredited program, leading to a baccalaureate or higher degree in nursing.

Letter of acceptance from the University or College you plan to attend.

A close relative (daughter, son, granddaughter/son, niece or nephew) of a graduate of the Diploma Program planning to attend Jefferson's Nursing Program could be eligible to receive a scholarship, provided all requirements are met.

#### Awards

All things being equal, preference will be given to those who have most nearly completed degree requirements. An application for Scholarship Funds is required for each semester.

### **Application Procedure**

Applications are available from the Nurses Alumni Office or the the Chairperson, Scholarship Committee:

School of Nursing Alumni Association Thomas Jefferson University 130 South 9th Street, Suite 702 Philadelphia, PA 19107-5233.

Telephone 215-955-8981

Submit all applications at least forty five (45) days prior to the regularly scheduled meetings of the Alumni Association (second Tuesday of September, November, January, March and the annual meeting in May).

Include the name and address of the person or school to whom the scholarship check is to be sent.

Each application is given careful consideration and considered on a first come, first served basis.

Revised June 1999 March 1998 June 1994 November 1987 March 1984 Spring 1982 Spring 1978 Fall 1977

Fall 1976

The Clara Melville-Adele Lewis Scholarship Fund of the Alumni Association of the School of Nursing (Diploma Program) College of Health Professions Thomas Jefferson University 215-955-8981

June 1999

September 1997

## Certification Application

1	Name:(Last Name)	(First Name)	(Middle Initial)	(Maiden Name)		
2.	Address:					
	(Number and Street)		(City and State)	(Zip Code)		
š.	Year of Graduation:	Social Security #:	Telep	phone #:		
í.	I applied and have been accepted specialty:	to sit for   Certification	Re-certification	examination in the following		
	Name			_ Date		
· .	Costs Incurred:					
	Examination Fee:					
ó.	Financial assistance available to y	ou : (state amount)				
	Work reimbursement:		Other:			
	To receive financial assistance wit Office:	h Certification costs, send a	copy of one of the follo	owing to the nurses Alumni		
	1. Canceled check					
	2. Receipt of payment					
	3. Your passing grade					
3.	Are you a member of the Alumni	Association?	□ No			
).	Plans for your future professional	career:				
				37		
io	nature			Date		

# Application for Certification

#### Purpose

To assist members of the Alumni Association to meet the costs of certification in a nursing specialty.

#### Requirements

Alumni of the Diploma Nursing Program of Thomas Jefferson University.

Membership in the Alumni Association preferred.

At least two years' experience in the nursing speciality requested.

Application and acceptance by organization offering certification examination.

#### Awards

Monies will be granted to applicants who meet the requirements.

### Application Procedure

Applications are available from the Nurses Alumni Office or Chairperson, Scholarship Committee.

School of Nursing Alumni Association Thomas Jefferson University 130 South 9th Street, Suite 702 Philadelphia, PA 19107 Telephone (215) 955 8981

Submit Applications at least four (4) weeks prior to the regularly scheduled meeting of the Alumni Association ( second Tuesday of September, November, January, March and the annual meeting in May.) Each application is given careful consideration and considered on a first come, first served basis.

June 1999

September1997

Nurses Alumni Association School of Nursing College of Health Professions Thomas Jefferson University 215-955-8981

# Application for Relief Fund Benefits

Applicant Data				
Name:		No. of the last of		100 5 4 1 - 25 T W
(Last Name)	(First Name)	(Middle Initia	d)	(Maiden Name)
Address:(Number and Street)		(City and State)		(Zip Code)
Year of Graduation:	Social Security #	A - A - A - A - A - A - A - A - A - A -	enhone #:	
Type of Membership   Life   Acti				
	A 200 CASE CONTRACTOR		□ No I	ies, Date
List your specific needs				
Include the reason for this specific reque				
Signature				
Applicant or Representative				
Relationship to Applicant	16	(C) 1.C \		(7) C 1)
(Number :	and Street)	(City and State)		(Zip Code)
Attending Physician Statement				
Patient's Name				
Diagnosis (If injury, give date of acciden	t)			
Date first consulted for this illness		_ Length of illness		
If patient hospitalized: name of hospital	-	_ Dates		
If patient in nursing home or extended of	care facility:			
Name of Facility				
Address of Facility				
Physician's Signature			Degree	
Address:				
(Number and Street)		(City and State)		(Zip Code)
Authorization				
I hearby authorize the above named phy Alumni Association with respect to this			ed by the Je	fferson's Nurses
Signature			Date	
(Applicant or Representa	ative)			
Relationship to Applicant				
Important: Read Reverse Side of this Form				

# To Be Eligible for Relief Fund Benefits

Membership in the Association for one year preferred. However all requests will be given consideration. All things being equal, members will be given first consideration.

### The Following Are Entirely Excluded

- 1. Pregnancy and its complications.
- 2. Cosmetic Surgery
- 3. Dental surgery and/or complications.

#### How to Apply for Relief Fund Benefits

- 1. Complete your part ( the top portion) of the Benefit Form and sign the authorization at the bottom.
- 2. Have your physician complete his or her part of the Benefit Form.
- 3. If the Alumni member cannot complete the Benefit Form, the person submitting the form must show his or her relationship to the member when signing and give address and telephone number.
- 4. The complete Benefit Form should be sent to:

Chairman, Relief Trust Fund Committee Jefferson Nurses Alumni Association Thomas Jefferson University 130 South 9th Street, Suite 702 Philadelphia, PA 19107-5233 Telephone (215) 955 8981

All information is confidential.

All Relief Fund requests will be considered by the Board of Directors of the Nurses Alumni Association for the amount of monies granted.



#### Pins

Jefferson pins may be purchased from J. E. Caldwell and Company, Chestnut and Juniper Streets, Philadelphia, PA 19107 (graduates prior to 1969) and from Neal Abrams, Inc., 740 Sansom Street. Philadelphia, PA 19106 (graduates 1969 and after).

Identification can be obtained by directing correspondence to the Director, Student Affairs and Services, College of Health Professions, Thomas Jefferson University 130 South 9th Street, Suite 709, Philadelphia, PA 19107-5233. Telephone (215) 503 8189.

#### Transcripts

All requests for transcripts must be submitted in writing to the University Office of the Registrar, Thomas Jefferson University, 1015 Walnut Street, Suite G-22, Philadelphia, PA 19107-5099. Telephone (215) 503 8734. Requests should include the name and address of the institution to which you want them sent Their is a \$5.00 fee for each transcript. Make checks payable to Thomas Jefferson University.

#### Class Address List

Class lists are available from the Alumni Office Coordinators at a charge of \$2.00 per list. If you write to the Alumni Association, use your first name, maiden name, married name and year graduated. Make checks payable to the Jefferson Nurses Alumni Association.

Please notify the Alumni Office Coordinators of any corrections, marriage, deaths or change of address. Help us keep errors at a minimum and our files accurate. Direct correspondence to: Jefferson Nurses Alumni Association, Thomas Jefferson University, 130 South 9th Street, Philadelphia, PA 19107-5233. Telephone (215) 955 8981.

#### Alumni Identification Card

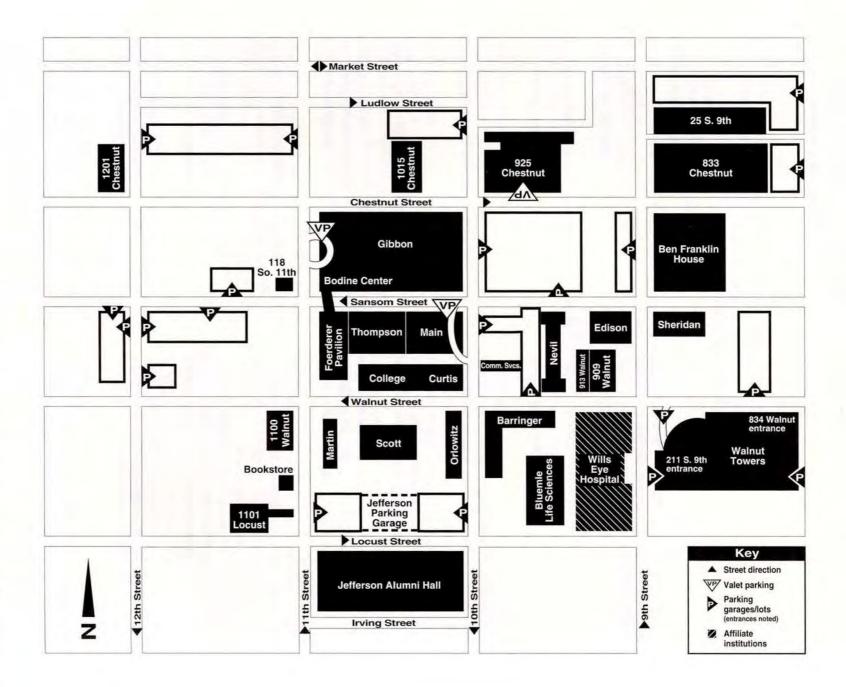
To replace a lost Alumni Identification Card write to Dottie Grieb, Director of Alumni Relations, 130 South 9th Street, Philadelphia, PA 19107-5233. Telephone (215) 503 7709 and request a replacement. Replacement charge \$10.00.

#### Change of Address Form

Present Name	Spouses Name
Name when graduated	Year
Former Address	
New Address	
Present Phone number (Area Code)	
Present Position	
Personal News	

Mail to: Jefferson Nurses Alumni Association, Thomas Jefferson University, 130 South 9th Street, Suite 702, Philadelphia, PA 19107-5233. Telephone (215) 955 8981.

Jampus Map



# Hotels

Park Hyatt Philadelphia at The Bellevue Hotel Broad & Walnut Sts., 19102 (215) 893-1234

Center City Hotel 501 N. 22nd St., 19130 (215) 568-8300

Doubletree Hotel Philadelphia Broad at Locust St., 19107 (215) 893-1600

Embassy Suites Center City Philadelphia 1776 Benjamin Franklin Pkwy., 19103 (215) 561-1776

Four Seasons Hotel One Logan Square, 19103 (215) 963-1500

Holiday Inn Express Midtown 1305 Walnut St., 19107 (215) 735-9300

Crowne Plaza Philadelphia Center City 1800 Market St., 19103 (215) 561-7500

The Latham Hotel 135 S. 17th St., 19103 (215) 563-7474

Philadelphia Marriott 1201 Market St., 19107 (215) 625-2900

The Rittenhouse Hotel 210 W. Rittenhouse Sq., 19103 (215) 546-9000

The Warwick Philadelphia 1701 Locust St., 19103-6179 (215) 790-7755

Franklin Wyndham Plaza Hotel 17th and Race Sts., 19103 (215) 448-2000 Comfort Inn Penn's Landing 100 N. Christopher Colombus Blvd., 19106 (215) 627-7900

Holiday Inn - Independence Mall 4th & Arch Street, 19106 (215) 923-8660

Omni Hotel at Independence Mall 4th & Chestnut Sts., 19106 (215) 925-0000

Penn's View Hotel 14 North Front St., 19106 (215) 922-7600

Sheratin Society Hill 1 Dock St., 19106 (215) 238-6000

Abigail Corby Bed & Breakfast Rittenhouse Square, 19103 (215) 735-1881

The Barclay Hotel
Rittenhouse Square - 237 S. 18th St., 19103 (215) 545-0300

Bed & Breakfast Center City 1804 Pine St., 19103 (215) 735-1137

If you call for a reservation mention that you are affiliated with Thomas Jefferson University and ask if Jefferson rates are available (have your Jefferson Alumni Identification available for identification).

January 1999

Irene Babins Repka (Mark (TJM '81), 15 Weems Creek Dr., Annapolis, MD 21401. I am happy to report Rose (nee Pitts) has moved into my neighborhood! It has been wonderful to pick up where we left off after our graduation (after almost 18 yrs.). It's really great having an old friend back again! Remember if any one comes to Annapolis my door is always open!

Lisa A. Kelly Saker (Ernest), 6244 Old trail, New Port Richey,FL 34653. Ernie had his second CABG on Sept. 17,1999. (First one 1989-when the Cardiac Surgeon said it would last 10 yrs.- he wasn't kidding). Anyway he's doing great. we lost our 18 y.o. cat & 16 y.o. dog within one month of each other. But the other 3 dogs & 1 cat are doing well and keeping us busy. Keeping the Black Lab off of Ernie until his chest healed was a challenge! I'm still teaching at Webster. if anyone comes to the Tampa Bay area -look us up! (especially if you love animals) our next project maybe joining the Greyhound Rescue Association. Normally old & sick racing Greyhounds are destroyed, but we rehabilitate them and find people to adopt them. They make great pets.

Barbara Owens Zlotnik (Mark), 640 Serrill Dr., Hatboro, PA 19040. Hi everyone. My daughter, Yvonne who graduated with us (in utero) is now a freshman in college. Didn't the time go by quickly? Hope to see you all at the 20 year reunion. e-mail barb1701@aol.com

#### Class of 1982

Margaret O'Kane DiNicola (Tom), 84 Cage Rd., East Brunswick, NJ 08816. Everything here is great. Joe is ten years old, played cello with the school band this past year. Jim is 9 years old and has showed interest in piano. Both love basketball; they must get that from my side. They enjoy swimming, baseball, skiing, biking and boys week road trips. They have been to more places than I ever have. I cherish every moment with them, when I'm not working full time at Saint Peters University Hospital in the OR.

Barbara A. Kominsky Leone (Chuck), 193 Leonard Ave., Clarksboro, NJ 08020. The Leone family is doing well. Maria turned 2y.o. The boys will both be in High School next year. Chuck has been recently diagnosed with Non - Hodgkins Lymphoma and is responding to treatment. Say prayers.

Kathleen M. Santangelo Sharkey (Ken), 50 Walsingham Rd., Mendham, NJ 07945. We've settled nicely here and are enjoying the area. Erin is 5 1/2 and doing well in Kindergarten. She continues to keep us on our toes! Hello to all!



\* Please Note: The meeting dates are Tuesday Sept. 12th and then Tuesday NOVEMBER 14th. Not Tuesday the 14th of "September" as seen on the inside front and back cover.

#### Regular Meetings Dates:

Tuesday September 12, 2000 5:00 PM
\* Tuesday November 14, 2000 5:00 PM
Tuesday January 9, 2001 5:00 PM
Tuesday March 13, 2001 5:00 PM

The above meetings are held in the Edison Building, Room 719 130 South 9th Street, Philadelphia , PA 19107

# \* Meetings \* Annual Luncheon \* Fall Social Dates \*

#### Regular Meetings Dates:

Tuesday September 12, 2000 5:00 PM Tuesday September 14, 2000 5:00 PM Tuesday January 9, 2001 5:00 PM Tuesday March 13, 2001 5:00 PM

The above meetings are held in the Edison Building, Room 719 130 South 9th Street, Philadelphia , PA 19107

#### **Annual Meeting**

Saturday May 5, 2001 10:30 AM Solis - Cohen Auditorium Jeff Alumni Hall 1020 Locust Street, Philadelphia, PA19107

## Socials

#### **Annual Luncheon**

Saturday May 5, 2001 Social Hour 11:30 AM Luncheon 12:30 PM Alumni Hall

#### Fall Luncheon

Saturday November 4, 2000 Social Hour 12:00 Noon Luncheon 1:00 PM Alumni Faculty Club

Jefferson Alumni Hall 1020 Locust Street Philadelphia, PA 19107

Nurses Alumni Office 130 South 9th Street, Philadelphia, PA 19107, Phone: 215-955-8981

#### Jefferson Nurses Alumni Association

Thomas Jefferson University 130 South 9th Street, Suite 702 Philadelphia, PA 19107-5233 (215) 955-8981 Non-Profit Organization U.S. Postage Paid Mailed from Zip Code 19850 Permit No 276

