



Universitas Airlangga

Ah. Yusuf, Kristiawati, Imawati Annisa Safitri; e-mail; ah-yusuf@fkip.unair.ac.id

The Factors Related to Family Health Seeking Behavior on Clients Mental Disorders based on Plan Behavior Theory

Introduction

Mental disorders is a brain damage which characterized by disturbance of emotions, thought processes, behaviors, and perceptions that cause suffering for patients and their families. The right treatment is needed to prevent the worse condition of mental disorders. Health seeking behavior can be predicted by using Theory of Planned Behavior approach. The purpose of this study was to analyze factors related to behavior of family in seeking treatment on

Method & Materials

The research used descriptive correlation design with cross sectional approach. The population were all family of clients with mental disorders who were treated in Wijaya Kusuma Room. The sampling used consecutive sampling in order to obtain 19 respondents. The independent variables were attitude, subjective norms, perceived behavioral control, and intention. The dependent variable in this study was health seeking behavior. The data were collected using questionnaires and analyzed using Spearman's rho test with significance level $\alpha = 0.05$.

Table 1:
Characteristic Respondent
(Family Care Giver)

No	Character	Parameter	Σ	%
1.	Age / year	21 - 30	5	26
		31 - 40	3	16
		41 - 50	6	32
		>50	5	26
	Total	19	100	
2.	Sex	Male	6	32
		Female	13	68
		Total	19	100
3.	Education	SD	5	26
		SMP	1	5
		SMA	8	43
		Univ	5	26
		Total	19	100
4.	Occupation	Private	14	74
		Farmer	3	16
		Wiraswasta	1	5
		Nothing	1	5
		Total	19	100

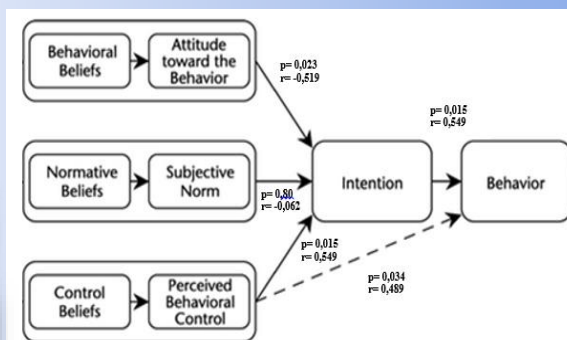


Table 2:
Characteristic Client

No.	Character	Parameter	Σ	%
1.	Age / year	21 - 30	10	52
		31 - 40	5	26
		41 - 50	2	11
		>50	2	11
		Total	19	100
2.	Sex	Male	13	68
		Female	6	32
		Total	19	100
3.	Education	SD	5	26
		SMP	5	26
		SMA	7	37
		univ	2	11
		Total	19	100
4.	Occupation	Private	6	32
		Farmer	1	5
		Wiraswasta	2	11
		Nothing	10	52
		Total	19	100
5.	Length of Damage	<1 m	1	5
		1 - 6 m	3	16
		7 - 12 m	2	11
		>1 y - 10m	9	47
		>10 y	4	21
	Total	19	100	
6.	First Choice Visit to Treatment	Kyai	4	21
		Shaman	5	26
		General dr	2	11
		Mental Hospital	8	42
		Total	19	100

Result

The correlation between factors related to family health seeking behaviour based on plan behaviour theories sowed in figure;



The statistic result between attitude with intention ($p=0,023$ and $r=0,519$), subjective norms with intention ($p=0,80$ and $r=0,062$), perceived behavioral control with intention ($p=0,015$ and $r=0,549$), perceived behavioral control with health seeking behavior ($p=0,034$ and $r=0,489$), intention with health seeking behavior ($p=0,015$ and $r=0,549$).

Conclusion

Attitude and perceived behavioral control related with the intention of seeking treatment. Subjective norm was not related to the intention of seeking treatment. Perceived behavioral control and intention related with the health seeking behavior.



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Discrimination and Violent
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