

# THE ANALYSIS FACTORS OF FAMILY SUPPORT RELATED TO EXCLUSIVE BREASTFEEDING BASED ON PRECEDE PROCEED THEORY IN PUBLIC HEALTH CENTRE RINBESI ATAMBUA SELATAN

Maltidis Asry Seran, Yuni Sufyanti Arief, Iqlima Dwi Kurnia

\*Faculty Of Nursing Universitas Airlangga

Kampus C Mulyorejo Surabaya East Java 60115

Email: iqlimainers@gmail.com

## ABSTRACT

**Introduction:** Family Support is needed to help mother to give exclusive breastfeeding. Family Support can be influenced by several factors, such as knowledge, attitude, culture, resources and the role of health workers. This Study was aimed to analyze those factors related to family Support in Public health centre Atambua Selatan. **Method:** This Research used cross sectional design. The population were 44 mothers of the breastfeeding mothers and breast feeding mother who have infant with age 0-6 months. Purposive sampling was used to select 26 eligible participants. The variables in this study were knowledge, attitude, culture, resources, and the role of health workers. The dependent variable was family support. Data were collected through questionnaire and analyzed with spearman's Rho correlation test with level of significant  $p < 0,05$ . **Results:** Result showed that the family's knowledge ( $p = 0,889$ ), attitude ( $p = 0,635$ ), resources ( $P = 0,651$ ), and the role of health workers ( $p = 0,169$ ) were not significant, Culture ( $0,001$ ) is significant. **Discussion:** Based on Data analysis, it can be concluded that there were no correlation between knowledge, attitude, resources, and the role of health workers with family support with exclusive breastfeeding in Public health centre Atambua Selatan but there is correlation between culture with family support for exclusive breastfeeding in Public health centre Atambua Selatan. Therefore, more research is needed to involving the family in improving the successful of exclusive breastfeeding.

**Keywords:** *Knowledge, attitude, Culture, resources, Family Support.*

