

## ABSTRACT

### **THE DIFFERENT OF SELF EFFICACY MOTHER WITH HIV-POSITIVE WHO ARE MEMBER AND NON-MEMBER OF PEER SUPPORT GROUP IN SURABAYA**

Descriptive Comparative Study

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Self-efficacy was a belief of individuals in the capability to organize and implement actions to achieve a goal which determined how a person felt, thought, and motivated to act and behave. Peer support groups were groups which provide support for mother with HIV positive aimed to increased self-efficacy. This study aimed to analyze the differences the level of self-efficacy between mother with HIV positive who participated in peer support groups and those who did not.

The design of this study was descriptive comparative with cross sectional approach. The population were mothers with HIV-positive. The sample was 10 mothers with HIV-positive who are members of Couple Community and 10 mothers with HIV-positive in Puskesmas Dupak Surabaya. Data was collected with questionnaires and analyzed with Mann Whitney Test.

Statistic analysis of this study was significant with hypothesis ( $p=0,002$ ) showed that self-efficacy mothers with HIV-positive who are members of a peer support group was better than self-efficacy mothers with HIV-positive who aren't members of a peer support group. The highest self efficacy in HIV-positive mothers both members and non members of peer support group was in the managing and adhering of medication. The lowest self-efficacy in HIV-positive mothers who are members of peer support group was managing symptoms, meanwhile in HIV-positive mothers who are not members of peer support group was managing depression/moods. It can be conclude that peer support group for HIV-positive mothers were important to improve their self-efficacy.

***Keywords: Self-efficacy, Peer support groups, HIV-Positive Mother***