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# A SIMPLE FORMULA FOR THE THIRD INTEGRAL OF MOTION OF DISK-CROSSING STARS IN THE GALAXY

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## ABSTRACT

We present a simple analytical formula for an approximated third integral of motion associated with nearly equatorial orbits in the Galaxy:  $I_3 = Z \Sigma_I^{1/3}$ , where Z(R) is the vertical amplitude of the orbit at galactocentric distance R and  $\Sigma_I(R)$  is the integrated dynamical surface mass density of the disk, a quantity which has recently become measurable. We also suggest that this relation is valid for disk-crossing orbits in a wide variety of axially symmetric galactic models, which range from razor-thin disks to disks with non-negligible thickness, whether or not the system includes bulges and halos. We apply our formalism to a Miyamoto–Nagai model and to a realistic model for the Milky Way. In both cases, the results provide fits for the shape of nearly equatorial orbits which are better than the corresponding curves obtained by the usual adiabatic approximation when the orbits have vertical amplitudes comparable to the disk's scale height. We also discuss the role of this approximate third integral of motion in modified theories of gravity.

Key words: galaxies: spiral – Galaxy: disk – Galaxy: kinematics and dynamics

## 1. INTRODUCTION

The issue of the "third integral of motion" has captured the attention of the astrophysics community for decades. At present, we know the general form of an axially symmetric separable potential (see de Zeeuw 1988 and references therein) and the vast majority of axially symmetric galactic models present stable equatorial circular orbits, as required for consistency. Although the epicyclic approximation allows us to construct an approximate third integral near a stable circular orbit by adiabatic invariance of the corresponding vertical action (Binney & Tremaine 2008), the range of validity of this integral is very limited. In particular, as we show below, the adiabatic approximation (AA) is valid for a region much smaller than the thickness of the Galactic thin disk. On the other hand, numerical experiments with orbits in axisymmetric disks have shown throughout the years that the region of quasi-integrability around the stable circular orbit is much wider than the region guaranteed by linear stability or the Kolmogorov-Arnold-Moser theorem (Binney & McMillan 2011; Hunter 2005; Sanders 2012). Moreover, most methods of obtaining approximate third integrals involve extensive numerical modeling (Binney & McMillan 2011; Sanders 2012; Bienaymé & Traven 2013). Thus, it is difficult to relate the corresponding results to the physical parameters of the system.

We present a new approximate third integral of motion, valid for orbits that cross the Galactic thin disk but do not belong to it. This integral describes the shape of nearly equatorial orbits in terms of the dynamical surface density of the thin disk. The approach is based on our recent results about a third integral of motion for nearly equatorial orbits in razor-thin disks (Vieira & Ramos-Caro 2012) and is valid for any sufficiently flattened axisymmetric disk-like configuration. Corrections due to the presence of additional structures are described, and the results are compared with numerical simulations, showing good agreement in regions near the vertical edge of the thin disk. In an era of growing attention devoted to Galactic (Jurić et al. 2008; Veltz 2008; Famaey 2012; Steinmetz 2012) and extragalactic (Bershady et al. 2010a, 2010b) surveys, simple expressions for third integrals of motion valid beyond the usual AA may be a crucial ingredient for a deeper understanding of the dynamics underlying the kinematical data obtained.

#### 2. DYNAMICS OF DISK-CROSSING ORBITS

For an axisymmetric razor-thin disk, adiabatic invariance of the vertical approximate action  $J_z$  next to a stable circular orbit leads to the fact that the vertical amplitude Z of the perturbed test-particle orbit is given by (Vieira & Ramos-Caro 2012)

$$Z(R) = Z(R_o) \left[ \frac{\Sigma(R_o)}{\Sigma(R)} \right]^{1/3}, \qquad (1)$$

where  $\Sigma$  is the surface density of the mass layer. Here  $R_o$  and *R* represent two values of the radial coordinate (corresponding to usual cylindrical coordinates) along the orbit. In order to test the validity of Equation (1) for nearly equatorial orbits, we must specify what we mean by the function  $\Sigma(R)$  in the case of nonnegligible thickness. This function must have the following two properties. (1) It must reduce to the surface density of the thin disk in the limit of zero thickness, and (2) it must represent a reasonable surface density profile for the 3D disk. For highly flattened disks (with a vertical dependence for  $\rho$  approaching a Dirac delta), we expect that the behavior of nearly equatorial orbits would be similar to the razor-thin case. In particular, Equation (1) should still be valid for an appropriate function  $\Sigma(R)$  in this case. Our goal is to describe the appropriate "surface" mass density function" for disks with non-negligible thickness and to determine the range of validity of Equation (1).

We consider the "integrated dynamical surface density" of the thin disk as (Bershady et al. 2010a, 2010b; Bienaymé & Traven 2013; Efthymiopoulos et al. 2007; Holmberg & Flynn 2004)

$$\Sigma_I(R) = \int_{-\zeta}^{\zeta} \rho_{\text{tot}}(R, z) dz, \qquad (2)$$

where  $\rho_{tot}$  is the "dynamical" density profile of the thin disk:

$$\rho_{\rm tot} = \sum_{i} \rho_i. \tag{3}$$

The subscript *i* corresponds to each gravitating component, such as thin disk, thick disk, bulge, and (dark matter) halo. Here,  $\zeta$  is the thickness of the thin disk, which may vary with galactocentric radius. For sufficiently flattened disks, we can consider  $\zeta$  as a constant, and, in practice, we may extend the corresponding integral of the thin-disk density  $\rho_{\text{thin}}$  to infinity.

The bulge and disk parts of Equation (2) are the surface densities obtained from photometric studies of disk galaxies (Binney & Tremaine 2008; van der Kruit & Freeman 2011). They are related to the luminosity profile by assuming a constant mass-to-light ratio for the disk (Freeman 1970; Bosma 2002; de Blok & McGaugh 1997). Furthermore, they reduce to the surface density of the corresponding razor-thin disk when the vertical dependence of  $\rho_{\text{thin}}$  on z approaches a Dirac delta. In this way, the above expression for  $\Sigma(R)$  satisfies our requirements. Moreover, recent studies were able to obtain estimates for the total surface mass density (2) in the solar position, including dark matter (see Holmberg & Flynn 2004 and references therein). The dynamical surface density of several spiral galaxies was also recently obtained via the ongoing DISKMASS survey (Bershady et al. 2010a, 2010b). Besides that, since the star's trajectory has no preference for the gravitational field of any specific component in Equation (3), we will adopt the complete expression (2) further on.

Therefore, we expect that expressions (1) and (2) work well for orbits whose amplitudes are comparable to the vertical thickness  $\zeta$  of the thin disk (which may depend on R). If we consider orbits inside the thin disk, a more reasonable approximate third integral would be given by the usual AA (Binney & Tremaine 2008, Equation 3.279). If the orbit has a vertical amplitude much smaller than  $\zeta$ , a non-negligible part of the disk's density distribution (the portion with values of zhigher than the orbit's amplitude) will generate a gravitational force which tends to repel the particle from the equatorial plane. However, Equation (1), together with the integrated surface density (2), considers that every mass element of the disk generates a gravitational field which tends to bring the particle back to the equatorial plane. In this way, Equations (1) and (2)give us values of Z which are smaller than the ones obtained from the AA. Therefore, in regions close to the equatorial plane where the AA works well, Equations (1) and (2) underestimate the orbit's vertical amplitude. However, the error obtained is usually small. Furthermore, orbits with large vertical amplitudes are mostly affected by the bulge or halo gravitational fields, depending on their mean galactocentric radius.

In fact, this is exactly what we obtain for a Miyamoto-Nagai potential (Miyamoto & Nagai 1975; see Equation (4) with m = v = 0) and is illustrated in Figure 1. These density distributions pervade all space. Nevertheless, we can define a cutoff height by requiring that most of the disk mass be concentrated below this height. Although this last statement is not precise, we see that for flattened disks (Equation (4) with values of b/a around 1/10) a good choice for the cutoff height is  $\zeta \approx 3b$ , not depending on *R*. The region between  $-\zeta$  and  $\zeta$  contains more than 95% of the disk mass for any galactocentric radius (the exact number varies with the ratio b/a). It is interesting to note that, for the Miyamoto-Nagai model, Equation (1) gives practically the same results when  $\Sigma$  is the surface density of the corresponding razor-thin disk



**Figure 1.** Typical quasi-circular orbit in the Miyamoto–Nagai potential with vertical amplitude close to  $\zeta/a = 3b/a$ . The solid black line corresponds to the envelope predicted by Equation (1) with surface density (Equation (2)). The prediction from the adiabatic approximation (dashed line) overestimates the orbit's amplitude. We choose units in which G = 1, M = 1, a = 10, b = 1, E = -0.055, and  $L_z = 0.8$ , and the initial conditions are  $R_0 = 5.05$ ,  $z_0 = 1.1 \times 10^{-1}$ , and  $P_{R_0} = 0$ . The curves coincide at the point of maximum vertical amplitude, which is the starting reference to compute the predictions.

(b = 0) and when it is the integrated surface density given by Equation (2). This occurs because the system is highly flattened  $(b/a \approx 1/10)$  in such a way that most of the disk's density distribution is concentrated in a very slim region near the equatorial plane.

If the thin-disk contribution dominates over the other components of the system, we can approximate  $ho_{
m tot} pprox 
ho_{
m thin}.$  This approximation is accurate if the density of the other components is very small or absent, as tested in a two-component Miyamoto-Nagai model representing a superposition of a thin and a thick disk. (According to Hunter 2005, these disks have a radial scale length of h = a + b. Our simulations consider  $h_{\text{thin}} < h_{\text{thick}}$ ). However, as we increase the z-component  $L_z$ of the orbit's specific angular momentum-therefore increasing the radius of the corresponding stable equatorial circular orbit and, as a consequence, the mean radius of the 3D orbitcorrections due to the presence of the thick disk must be taken into account. Furthermore, for higher values of mean galactocentric radius (where the thin-disk contribution is very small compared to the corresponding thick-disk surface density), we can approximate Equation (3) by the term  $\rho_{\text{thick}}$ . According to the above numerical simulations, Equation (1) still describes a very accurate third integral of motion for amplitudes near  $3b_{thin}$ . We illustrate this behavior in Figure 2 with a typical quasicircular orbit of amplitude near the thin-disk cutoff in the region where the thick-disk contribution begins to dominate. The comparison between different expressions for the approximate third integral shows us that Equations (1)-(3) indeed result in the most accurate description for the orbit's envelope.

In all cases, deviations from Equation (1) begin to appear once we consider orbits with higher energy. It is also important to note that the above numerical experiments show that our approximate integral does not work near resonances. In both



**Figure 2.** Typical quasi-circular orbit with large  $L_z$  in the two-component Miyamoto–Nagai model with vertical amplitude close to the thin-disk edge  $\zeta/a = 3b/a$ . The solid black line corresponds to the envelope predicted by Equation (1) with surface density (2), while the dashed line is the prediction from the adiabatic approximation. The dotted line corresponds to Equations (1) and (2) with the contribution of only the thin disk,  $\rho_{\text{thin}}$ , and the dot-dashed line corresponds to the contribution of only  $\rho_{\text{thich}}$ . The thin-disk parameters are the same as in Figure 1. E = -0.11,  $L_z = 3$ ,  $M_{\text{thick}} = 2$ ,  $a_{\text{thick}} = 12$ ,  $b_{\text{thick}} = 4$ ,  $R_0 = 9.3$ ,  $z_0 = 1.1 \times 10^{-1}$ ,  $P_{R_0} = 0$ .

situations, motion deviates significantly from the quasi-circular approximation, and higher-order terms in the potential become important.

Although our tests were performed for Miyamoto–Nagai disks, the above considerations lead us to the hypothesis that this behavior is more general, working for any pair of axisymmetric thin+thick disk systems. In order to describe the approximate third integral of motion (1) in self-gravitating discoidal systems with more components (such as a bulge and a halo), we must, in principle, include the contributions from each structure in Equation (3). These contributions must significantly affect the shape of nearly equatorial orbits only in regions where their integrated surface density is comparable to the thin disk's surface density.

## 3. A THIRD INTEGRAL OF MOTION FOR DISK STARS IN THE GALAXY

Recently, many models of the Galaxy appeared in the literature. The need to tackle some fundamental issues, such as the degree of sphericity in the dark matter halo, led to simplifying hypotheses on the mass distributions of the different gravitating components of the Milky Way. More specifically, some recent works described, for simplicity, the disk-like part of the Galaxy as a Miyamoto–Nagai profile (Alen & Santillán 1991; Johnston et al. 1995; Helmi 2004; Irrgang et al. 2013). The potentials adopted for the halo and for the bulge vary among authors. It is worthwhile to note that there is still some debate about the sphericity (Helmi 2004; Ibata et al. 2013) and triaxiality (Law et al. 2009; Ibata et al. 2013; Deg & Widrow 2013) of the Galaxy's dark matter halo.

In this study, we consider the "bulge+disk+halo" model described in Helmi (2004). It consists of a Miyamoto–Nagai disk,



**Figure 3.** Typical quasi-circular orbit in Helmi's model (Helmi 2004) with spherical halo. The orbit has  $L_z = 2000 \text{ kpc} (\text{km s}^{-1})$ ,  $E = 65,800 (\text{km s}^{-1})^2$ ,  $R_0 = 8 \text{ kpc}$ ,  $z_0 = 1.1 \times 10^{-1} \text{ kpc}$ , and  $P_{R_0} = 0$  and lies near the solar neighborhood ( $R \approx 8 \text{ kpc}$ ; see McMillan 2011), with a vertical amplitude close to  $\zeta/a = 3b/a$ . The solid black line corresponds to the envelope predicted by Equation (1) with surface density (2), while the dashed line is the prediction from the adiabatic approximation.

a spherical Hernquist bulge (Hernquist 1990), and a logarithmic potential for the halo. In light of the above discussion, we consider a spherical halo, case in which the gravitational potential due to the Galaxy can be written as

$$\Phi = -\frac{GM}{\sqrt{R^2 + \left(a + \sqrt{z^2 + b^2}\right)^2}} - \frac{Gm}{r+c} + v^2 \ln(r^2 + d^2), \quad (4)$$

where  $r^2 = R^2 + z^2$ ,  $M = 10^{11} M_{\odot}$  (disk mass), a = 6.5 kpc, and b = 0.26 kpc are the disk parameters;  $m = 3.4 \times 10^{10} M_{\odot}$  (bulge mass), c = 0.7 kpc are the bulge parameters; and v = 131.5 km s<sup>-1</sup>, d = 12 kpc are the halo parameters. The parameters were taken from Helmi (2004).

Simulations in the corresponding "disk+bulge" system (i.e., by setting v = 0) show us that the bulge has a significant impact on the shape of disk-crossing orbits with amplitudes near  $\zeta$  only in regions where its contribution to Equation (2) is comparable to the disk's contribution. In these regions, both expression (1) and the AA give poor predictions for the shape of orbits because the flattened component no longer dominates. As the orbits become farther from the bulge, the results described above become valid again. These results do not seem to depend on the specific form of the bulge. We also performed tests with a Plummer bulge (Binney & Tremaine 2008), in place of the Hernquist profile, and obtained the same qualitative scenario.

Numerical experiments show that the halo does not significantly affect the prediction of Equations (1) and (2), and our predictions are a good approximation for orbits which do not come close to the bulge (see Figure 3). We also considered orbits in a Miyamoto–Nagai disk superposed by two Plummer spheres that represent the bulge and the halo. The results obtained are in accordance with the general picture described above. Energy conservation was checked for all calculations performed, with an accuracy characterized by a maximum relative error of  $10^{-8}$ .

### 3.1. Comparison with Other Approximations

We examine whether there is a relation between our formula and the recently proposed correction to the AA (Binney & McMillan 2011), where a term proportional to the vertical action,  $\gamma J_z$ , is added to the azimuthal angular momentum  $|L_z|$ in order to more accurately incorporate the centrifugal force contribution to off-equatorial orbits. The centrifugal term used to estimate the radial action would depend, in that case, on  $\mathcal{L}^2$ instead of  $L_z^2$ , where  $\mathcal{L} = |L_z| + \gamma J_z$  and  $\gamma$  is a constant.

As described in Binney & McMillan (2011), there is in general a value of  $\gamma$  for which the corresponding correction describes well the vertical amplitude of a given off-equatorial orbit. However, this value varies for different orbits in the same potential, even in the case where the orbits have the same value of energy and angular momentum (and a similar radial span). In particular, it does not only depend on the flatness of the disk. In our tests with a Miyamoto–Nagai potential (b/a = 0.1), we found that  $\gamma$  should vary at least by one order of magnitude in order to correctly model orbits with different vertical amplitudes, from  $0.5\zeta$  to  $1.5\zeta$  (keeping *E* and  $L_z$  fixed for all orbits).

The factor  $\gamma$  does not seem to present any clear correlation with the value of the vertical action, although it seems to decrease as we consider orbits with higher vertical amplitude (however, orbits with the same amplitude but with different  $L_z$ are described by different values of  $\gamma$ ). For the orbit in Figure 1, for instance, one must have  $\gamma \approx 6$  in order to accurately describe the orbit's envelope (which coincides visually with the solid curve given by Equation (1)). However, it should be noted that the above correction can give accurate results for orbits that are "inside" the disk (where the AA overestimates the amplitude and Equation (1) underestimates it) and also "outside" it (with amplitudes of roughly two times the disk thickness), once the corresponding value of  $\gamma$  is found.

Although vertical amplitudes can be described with accuracy in this case, the procedure of correcting the centrifugal contribution by also considering the orbit's vertical action (as in Binney & McMillan 2011) seems more intricate than prescribing a unique value of  $\gamma$  for all orbits. Therefore, a more powerful prescription using this method would need to describe the dependence of  $\gamma$  on the orbit's parameters in such a way that a priori estimates of the orbit's vertical amplitudes could be made.

## 3.2. Tests with Completely Integrable Models

In order to rigorously test the validity of Equation (1), we have to deal with potentials with an exactly conserved third integral of motion. An important and well-known example is the case of Stäckel models, which have a simple separable form in spheroidal coordinates (see Batsleer & Dejonghe 1994; Binney & Tremaine 2008). For simplicity, we will focus on the Kuzmin–Kutuzov potential, which can be written as (see Dejonghe & de Zeeuw 1988 for the density profile and more details)

$$\Phi = -\frac{GM}{\sqrt{R^2 + z^2 + a^2 + c^2 + 2\sqrt{a^2c^2 + c^2R^2 + a^2z^2}}},$$
 (5)

where a and c are real constants. As occurs in any Stäckel model, its orbits are bounded vertically by coordinate hyperbolae. In this case, they are defined by

$$2\lambda = a^{2} + c^{2} + R^{2} + z^{2}$$
  
-  $\sqrt{z^{4} - 2(a^{2} - c^{2} - R^{2})z^{2} + (a^{2} - c^{2} + R^{2})^{2}}$  (6)

for each constant value of  $\lambda$ . Moreover, the orbits are bounded radially by coordinate ellipses given by

$$2\nu = a^{2} + c^{2} + R^{2} + z^{2} + \sqrt{z^{4} - 2(a^{2} - c^{2} - R^{2})z^{2} + (a^{2} - c^{2} + R^{2})^{2}}$$
(7)

for each constant value of  $\nu$ . Therefore, we have to compare the predictions of Equation (1) with the values of vertical amplitudes determined by relation (6). We will show that the choice of  $\zeta \rightarrow 0$ , in the integrated density of Equation (2), gives good numerical results.

It is reasonable to expect that Equation (1) works well for vertical amplitudes of the order of the disk thickness. In the model described by Equation (5), the thickness can be represented approximately by the parameter *c*, so we can expect good predictions for orbits with  $Z/a \sim c/a$  or less. This fact is confirmed by numerical experiments, as in Figure 4, showing three typical cases of increasing vertical amplitude: (a)  $Z/a \sim c/(5a)$ , (b)  $Z/a \sim 2c/a$ , and (c)  $Z/a \sim 4c/a$ . We see that the difference between the envelope determined by Equation (1) and the one formed by the coordinate hyperbolae increases with the vertical amplitude. The maximum percentage difference between black and gray envelopes is approximately 0.5%, 2%, and 4% for cases (a), (b), and (c), respectively.

The predictions of Equation (1) improve for increasingly flattened disks. This can be seen, for example, by decreasing the value of c/a to 0.05 (half of the value in Figure 4). Figure 5(a) shows an orbit with a vertical amplitude 10 times larger than the thickness of the disk but with an envelope very near the coordinate hyperbola. The next orbit of Figure 5(b), with an amplitude of the order of c/a, exhibits an envelope coinciding completely with the coordinate hyperbola. The maximum percentage difference between black and gray envelopes in Figure 5(a) is approximately 0.3%, whereas for Figure 5(b) there is no difference. For smaller values of the ratio c/a, this behavior holds, tending to decrease the percentage difference in orbits with great amplitudes.

## 4. PERSPECTIVES

## 4.1. Other Realistic Mass Models

It would be instructive to check the validity of expressions (1) and (2) for orbits just outside the thin disk in mass models with two-component stellar disks that take into account the exponential dependence of  $\Sigma$  on galactocentric radius (McMillan 2011), as well as vertical profiles which are more consistent with recent kinematic observations (Veltz 2008; Jurić et al. 2008; Steinmetz 2012). For example, the luminosity density distribution within a galactic disk can be written in the general form (van der Kruit & Freeman 2011; van der Kruit 1988)

$$L(R, z) = L_o e^{-R/h} \operatorname{sech}^{2/n} \left( \frac{nz}{2h_z} \right),$$
(8)

where  $L_o$  is the central luminosity density, h is the scale length,  $h_z$  is the scale height, and n = 1, 2, ..., i.e., ranging from the isothermal distribution (n = 1) to the exponential disk  $(n \rightarrow \infty)$ . By assuming that the mass-to-light ratio is constant, the above mathematical expression can also be used to represent the stellar mass distribution, which is dominant in regions within the optical disk and far from the bulge. In these regions, the contribution of bulge and halo can be neglected and  $\Sigma_I$  will be proportional to  $h_z e^{-R/h}$ . Observational results suggest that



Figure 4. Sequence of three orbits with  $L_z/\sqrt{GMa} = 0.1$  in the Kuzmin–Kutuzov potential with c/a = 0.1. Left: the orbit in the meridional plane along with the envelope formed by the curves coordinates (gray) and the envelope predicted by relation (1) (black). Right: a detail of the figures on the left which shows that the difference between the gray and black envelopes increases with the vertical amplitude. The parameters for each orbit are (a) Ea/GM = -0.7, R(0)/a = 0.85, z(0)/a = 0.01; (b) Ea/GM = -0.6, R(0)/a = 1.0, z(0)/a = 0.1; and (c) Ea/GM = -0.55, R(0)/a = 1.0, z(0)/a = 0.1. All orbits have  $P_{R_0} = 0$ .



Figure 5. Two orbits with  $L_z/\sqrt{GMa} = 0.5$  in the Kuzmin–Kutuzov potential with c/a = 0.05. In case (a), where Ea/GM = -0.46, R(0)/a = 1.3, and z(0)/a = 0.1, and  $P_{R_0} = 0$ , the envelope determined by Equation (1) (black) is very near the coordinate hyperbola (see the detail in the right panel); however, the vertical amplitude is large compared to the thickness of the disk. A case with a smaller amplitude of the order of c/a, as in case (b), reveals a very good prediction of Equation (1). In this case Ea/GM = -0.55, R(0)/a = 1.05, z(0)/a = 0.01 and  $P_{R_0} = 0$ .

 $h_z$  is independent of the galactocentric radius (van der Kruit & Freeman 2011), but, for the sake of generality, we consider it as a function of *R*. Thus, Equation (1) reduces to

$$\frac{Z^{3}(R)}{Z^{3}(R_{o})} = \frac{h_{z}(R_{o})}{h_{z}(R)}e^{(R-R_{o})/h}$$
(9)

once we assume  $\zeta(R) \propto h_z(R)$  in Equation (2). Equation (9) relates the vertical amplitude of disk-crossing orbits with the scale height (depending on *R*) and the scale length. If  $h_z$  is assumed to be constant, the prediction for the vertical amplitude is given by  $Z(R) = Z(R_o)e^{(R-R_o)/3h}$ . It is worth pointing out that Equation (9) is valid for any value of *n* in the luminosity profile (8). In fact, Equation (9) is valid for any "separable" luminosity profile with a well-defined scale height  $h_z(R)$ . If the radial profile is not strictly exponential, the exponential in Equation (9) should be substituted by  $L(R_o, 0)/L(R, 0)$ . In regions where the thick-disk contribution becomes rel-

evant, the corresponding third integral (9) will depend on  $h_{z,\text{thir}}/h_{z,\text{thick}}$ —as well as on *n*—in a nontrivial manner.

On the other hand, it is possible to relate the vertical amplitude of disk-crossing orbits with the *z*-velocity dispersion by combining Equation (1) with the equation of hydrostatic equilibrium (van der Kruit & Freeman 2011),

$$\sigma_z(R) = \sqrt{c\pi G \Sigma_I(R) h_z}, \qquad (10)$$

where  $\sigma_z(R)$  is the *z*-velocity dispersion integrated over *z* and *c* is some constant which varies from 3/2 (exponential disk,  $n \to \infty$ ) to 2 (isothermal distribution, n = 1), depending on the vertical profile. If we again assume that  $h_z$  is a function of *R*, then

$$\frac{Z^{3}(R)}{Z^{3}(R_{o})} = \frac{h_{z}(R)}{h_{z}(R_{o})} \frac{\sigma_{z}^{2}(R_{o})}{\sigma_{z}^{2}(R)},$$
(11)

which relates the vertical amplitudes of disk-crossing orbits to two measurable quantities,  $h_z$  and  $\sigma_z$ . For the case

of galactic disks represented by the luminosity profile (8),  $\Sigma_I(R) \propto h_z(R) \exp(-R/h)$  and the above expression reduce to Equation (9). In this case,  $\sigma_z(R)/h_z(R)$  will have an exponential dependence on *R* with an *e*-folding of twice the luminosity scale length, a result pointed out by van der Kruit & Freeman (2011) in the case of constant scale height.

#### 4.2. Modified Theories of Gravity

We now briefly describe the shape of orbits predicted by modified theories of gravity as an extension of the formalism presented in Vieira & Ramos-Caro (2012). If the motion of test particles is described by a modified potential  $\Psi$  (as in Bekenstein & Milgrom 1984; Rodrigues et al. 2010) with

$$\left. \frac{\partial \Psi}{\partial |z|} \right|_{z=0} = f \Sigma(R) \tag{12}$$

for a razor-thin disk, where f(R, z) is a function depending on the parameters of the modified theory and  $\Sigma$  is the surface density of the thin disk, then the extension of the razor-thin disk formalism to three-dimensional disks will generate an approximate third integral of motion for nearly equatorial orbits that describes their envelope in the meridional plane by

$$Z(R) = Z(R_o) \left[ \frac{\Sigma_{\Psi}(R_o)}{\Sigma_{\Psi}(R)} \right]^{1/3}$$

with  $\Sigma_{\Psi}$  defined by

$$\Sigma_{\Psi}(R) = \int_{-\zeta}^{\zeta} f(R, z)\rho(R, z)dz.$$
(13)

Here,  $\rho(R, z)$  is the disk's density distribution. If  $\rho$  is concentrated near the galactic equatorial plane and if it falls off very rapidly with z, we can approximate f in the integrand of Equation (13) by its value at z = 0. With this approximation, the prediction for the envelopes in the meridional plane reduces to

$$Z(R) = Z(R_o) \left[ \frac{f(R_o, 0) \Sigma_I(R_o)}{f(R, 0) \Sigma_I(R)} \right]^{1/3},$$
 (14)

with  $\Sigma_I$  given by Equation (2). Equation (14) has the same form as its analogue in the case of razor-thin disks (Vieira & Ramos-Caro 2012); the only difference is the use of the integrated surface mass density (2) in place of the 2D surface density.

For MOND (Bekenstein & Milgrom 1984), Equation (14) is given by (see Vieira & Ramos-Caro 2012)

$$\frac{Z^{3}(R)}{Z^{3}(R_{o})} = \frac{\mu_{R}}{\mu_{R_{o}}} \frac{\Sigma_{I}(R_{o})}{\Sigma_{I}(R)},$$
(15)

where  $\mu_R = \mu(|\nabla \Psi(R, 0)|/a_o)$  is the MOND interpolating function, whereas for RGGR (Rodrigues et al. 2010) we have

$$\frac{Z^{3}(R)}{Z^{3}(R_{o})} = \frac{1 - V_{\infty}^{2} / \Phi_{N}(R_{o}, 0)}{1 - V_{\infty}^{2} / \Phi_{N}(R, 0)} \frac{\Sigma_{I}(R_{o})}{\Sigma_{I}(R)},$$
(16)

where  $\Phi_N$  is the Newtonian potential, given by Poisson's equation, and  $V_{\infty}$  is the circular velocity at infinity.

## 5. CONCLUSIONS

We extend the relation (1), valid for axially symmetric razorthin disks, to more general galactic models, including several components that are usually identified as bulge, thin disk, thick disk, and halo. For this class of models, we can write

$$Z(R)\Sigma_I^{1/3}(R) = Z(R_o)\Sigma_I^{1/3}(R_o),$$
(17)

where  $\Sigma_I$  is the integrated dynamical surface density given by Equations (2) and (3). Such a relation expresses the fact that disk-crossing orbits are determined by an approximated third integral of motion of the form  $I_3 = Z \Sigma_I^{1/3}$ . By performing numerical calculations on a realistic model for the Milky Way (combinations of Miyamoto–Nagai models were also considered), we show that the predictions of Equation (17) are highly accurate for orbits far from the bulge and with vertical amplitudes of the order of the disk's scale height. This fact suggests that Equation (17) can be applied to the old stars belonging to the thick disk.

The above considerations may also be regarded as a dynamical counterpart to distinguish between thin-disk and thick-disk stars in models of the Galaxy, complementary to kinematic and photometric studies (Pauli et al. 2003; Veltz 2008; Jurić et al. 2008; see also Steinmetz 2012 and references therein). Moreover, the approximate third integral obtained here can be used as an effective "vertical action" ( $J_z = 8G^{(1/2)}/(3\pi^{1/2})I_3^{(3/2)}$ ; see Vieira & Ramos-Caro 2012) in self-consistent models for the Galaxy's distribution function depending on all action variables (e.g., Binney 2010; Binney & McMillan 2011).

Finally, the predictions of Equations (15) and (16) may be used in the future as an additional test of modified theories of gravity (MG) when sufficient data concerning the vertical amplitudes of orbits near the equatorial plane of spiral galaxies become available. Even if predictions for the rotation curves are the same as in Newtonian gravity + dark matter (DM) models, the behavior of off-equatorial orbits may be a further probe to distinguish between DM and MG models for spiral galaxies.

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