

## Comparative study of the hyperbaric hyperoxygenation in ischemic colonic loops in rats<sup>1</sup>

### Estudo comparativo da hiperoxigenação hiperbárica em alças cólicas isquêmicas em ratos

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#### ABSTRACT

**Purpose:** To analyze and to evaluate the effect of the hyperbaric hyperoxygenation in the mechanical resistance of ischemic colon of rats. **Methods:** Eighty rats, distributed in four groups of 20 animals in each one, were used. In group 1 (G1), the control group, ischemia was not caused. Group 2 was submitted to the lesser degree of ischemia. Group 3 was submitted to the intermediate degree of ischemia. In group 4, a bigger degree of intestinal ischemia was provoked. Each group was divided in two sub-groups of ten animals each: with hyperbaric chamber (CC) and without hyperbaric chamber (SC). The animals of the four CC subgroups were placed in an experimental hyperbaric chamber in order to inhale oxygen at 100%, at two Absolute Atmospheres, for 120 minutes, for a four-day consecutive period. The animals of the four SC subgroups were kept in environment air during the five days of the experiment. All animals have been submitted to the mechanical study of the intestinal loop by the pressure test of the rupture by liquid distension. The euthanasia occurred in the fifth post-operative day. **Results:** Considering the ischemia factor, the four groups were different among them ( $p=0.0001$ ). There was no statistical difference between subgroups CC and SC ( $p=0.3461$ ). **Conclusion:** The hyperbaric oxygen-therapy did not present improvement on the induced ischemia in rats upright colic loop.

**Key words:** Ischemia. Colon. Hyperbaric oxygenation. Rats.

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#### RESUMO

**Objetivo:** Analisar e avaliar os efeitos da hiperoxigenação hiperbárica na resistência mecânica do cólon isquêmico de ratos. **Métodos:** Foram utilizados 80 ratos distribuídos em quatro grupos de 20 animais. No grupo 1, grupo controle, não se provocou isquemia. O grupo 2 foi submetido ao grau menor de isquemia. O grupo 3 foi submetido ao grau intermediário de isquemia. No grupo 4, provocou-se grau maior de isquemia intestinal. Cada grupo foi dividido em dois subgrupos de dez animais cada: com câmara hiperbárica (CC) e sem câmara hiperbárica (SC). Os animais dos quatro subgrupos CC foram colocados em uma câmara hiperbárica experimental para inalarem oxigênio a 100%, a duas atmosferas absolutas, durante 120 minutos, por quatro dias consecutivos. Os animais dos quatro subgrupos SC foram mantidos somente em ar ambiente. Todos animais foram submetidos ao estudo mecânico da alça intestinal pelo teste de pressão de ruptura pela distensão por líquido. A eutanásia ocorreu no quinto dia pós-operatório. **Resultados:** Os quatro grupos são diferentes entre si considerando o fator isquemia ( $p= 0.0001$ ). Não houve diferença estatística entre os subgrupos CC e SC ( $p= 0.3461$ ). **Conclusão:** A oxigenoterapia hiperbárica não apresentou melhora sobre a isquemia induzida em alça cólica íntegra de ratos.

**Descritores:** Isquemia. Cólon. Oxigenação hiperbárica. Ratos.

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**Introduction**

Intestinal healing is a complex subject. Poor healing can lead to expressive morbidity and mortality indexes <sup>(1)</sup>. Understanding intestinal response to adverse situations is a widely researched issue. For this reason, studies to understand intestinal response to adverse situations are common and current.

Almost all studies are related to anastomosis healing. In addition to the surgical technique and suture materials, some factors interfere with anastomosis quality. Among them are the effects of substances on healing anastomosis phases, such as antibiotics <sup>(2)</sup>, hormonal and non-hormonal anti-inflammatories <sup>(3,4,5)</sup>, antioxidants <sup>(6)</sup>, anti-neoplasics <sup>(7)</sup>, imuno-suppressor drugs <sup>(8)</sup>, and hormones <sup>(9)</sup>. Other factors that interfere with intestinal anastomosis are also being studied, such as shock <sup>(10,11)</sup>, peritonite <sup>(12,13,14)</sup>, and adherences action <sup>(15,16)</sup>. In addition to these factors, local secondary hypoxia related to a decrease in sanguineous perfusion is an important agent that can cause anastomotic complications <sup>(10,17,18,19,20,21,22,23)</sup>.

Ischemic colopathy is a special situation. Since studies on the ischemic intestine include anastomosis, it is difficult to extrapolate the results. It is not clear if the therapeutic models employed for ischemic anastomosis would be valid for the ischemic colon without being sectioned. Such interest goes back to colon ischemia and its eventual treatment by hyperbaric oxygen. Hyperbaric hiperoxia (HBO) consists of inhalation of 100% oxygen at a pressure above atmospheric pressure and presents a definite role in the treatment of several diseases<sup>(24)</sup>. In hyperbaric medicine, environmental pressure values are referred to as absolute atmospheres (atm abs) or ATA. At sea level, the pressure is defined as 1 ATA = 1 atm abs = 760 millimeters of mercury.

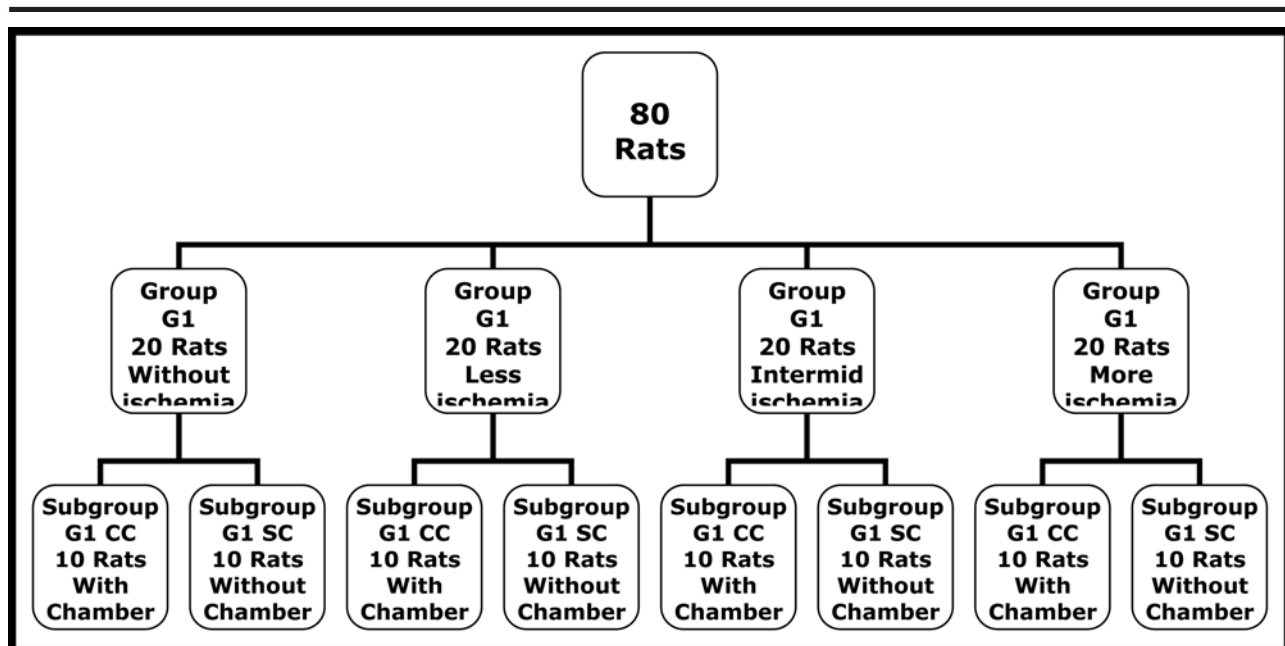
Some authors experimentally report an improvement in intestinal anastomosis healing with its use in the presence or absence of ischemia <sup>(22,23)</sup>. However, the effects of hyperbaric hiperoxia on intestinal ischemia on the upright colon loop without anastomosis are still controversial.

In this study, the effects of hyperbaric oxygen-therapy on the upright colon loop were analyzed, considering three different degrees of induced ischemia. A mechanical study of the intestinal loop was proposed through a pressure test through rupture by liquid distension in order to determine the quality of intestinal healing.

**Methods**

The research was approved by the Animal Experimentation Ethics Commission (CEEA-IB-UNICAMP), according to Ethical Principles adopted by the Brazilian College of Animal Experimentation (COBEA) – Protocol # 588-1. Eighty male rats Wistar-CEMIB/UNICAMP, were used with weights varying from 300 to 350 grams. These animals were raised under similar environmental and feeding conditions. The animals used were kept in specific cages with five rats. The light/dark cycle was characterized by artificial lightning for a period of 12 hours a day, and temperature and humidity were equivalent to the general environment. The animals had free access to food and water throughout the experiment. There was no fasting before the surgical procedure. These 80 rats were distributed in 4 groups and each group was subdivided into two subgroups containing 10 animals (Figure 1).

The anesthesia was intravenous (tail vein) with a sodium pentobarbital solution diluted in physiological solution (5 mg/ml); a 30 mg/kg dose was applied. After xifopubic medium laparotomy and exposure of colic veins,



**FIGURE 1** - Experimental fluxogram. Groups and subgroups distribution and characteristics.

ischemia was induced with a 4.0 polypropylene thread in the following manner: Group 1 (G1) – control group – group without ischemia (Figure 2); group 2 (G2) was submitted to a lesser degree of ischemia with linkage of the inferior mesenteric artery trunk and marginal arcade four centimeters above the peritoneal reflection (Figure 3). Group 3 (G3) was submitted to an intermediary ischemia level with linkage of the inferior mesenteric artery trunk and marginal arcade four centimeters above the peritoneal reflection and at the peritoneal reflection level (Figure 4). In Group 4 (G4) ischemia was amplified by linkage of the inferior mesenteric artery trunk, linkage of the marginal arcade to the peritoneal reflection level and trunk linkage of the medium colon veins (Figure 5).

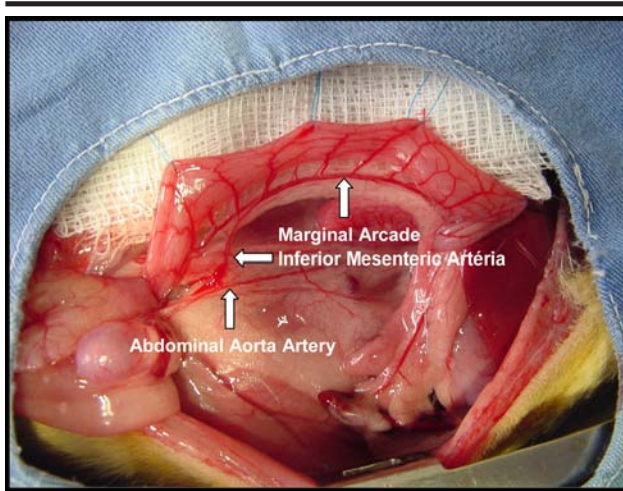


FIGURE 2 - Animal from Group 1.

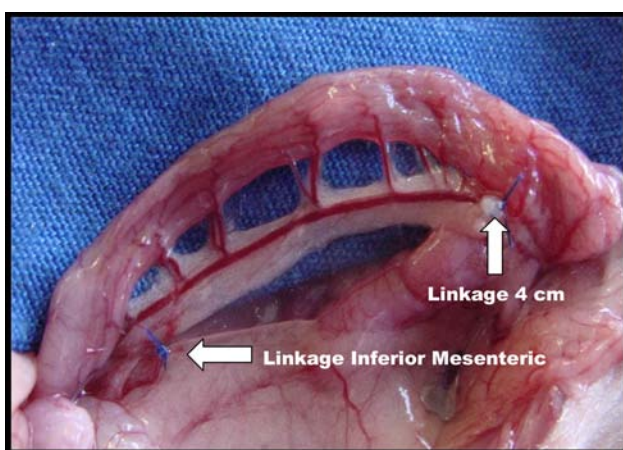


FIGURE 3 - Animal from Group 2

Right after the operations were concluded, each group of twenty animals was subdivided into two subgroups of ten animals: subgroup CC and SC. The animals of group CC were placed in a hyperbaric experimental chamber to inhale oxygen at 100%, 2 ATA, for 120 minutes. Each session was repeated daily, at the same time, for four consecutive days. In between sessions, the animals breathed environmental air and had free access to food and water. The rats from the subgroups SC remained in cages with five animals and

breathed environmental air during the 5-day period of the experiment. Euthanasia occurred on the fourth post-operative day (fifth experimental day) with a lethal dose of 3% sodium pentothal in the tail vein. The abdominal cavity was opened and a five centimeter colon segment, measured from the peritoneal reflection was removed and submitted to intraluminal cleaning. The specimens were immersed in a solution containing papaverine chloridate and saline solution (250mg/litro) at 37° C, for a 30 minute period.

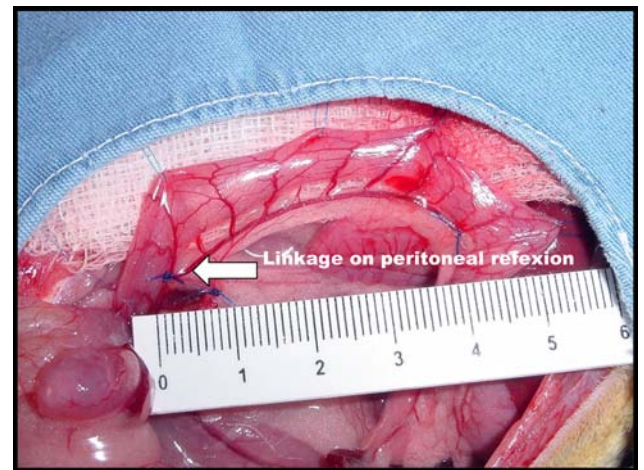


FIGURE 4 - Animal from Group 3



FIGURE 5 - Animal from Group 4

#### Intestinal loop mechanical study

All specimens were submitted to the Pressure of Rupture by Liquid Distension resistance test (PRDL). The PRDL test was defined as the intraluminal pressure necessary to promote solution overflow through the loop wall, by continuous infusion on isolated loop extremities. The specimen was coupled to a three-way tap (NIPRO®) installed on an infusion pump syringe (B. BRAUN-871.012) and on the support system. The segment to be infused with physiological solution was reduced to two centimeters (Figure 6). A polyethylene catheter connected the system to a polygraph (GOULD RS 3800), forming a communication vase system. This situation was considered as zero initial parameter and the PRDL study was initiated by infusion of

physiological solution at a constant speed of 2 ml/minutes. The infusion was concluded after a pressure meter fall, which corresponded to the loop rupture. The pressure was recorded by a polygraph as millimeters of mercury (Figure 7). Variance Analysis (ANOVA) and Tukey Test were the statistical analysis employed to evaluate the results. These were considered different when  $p \leq 0.05$ .

### Results

The animals had good clinical evolution during the post-operative period. There was no death registered. The rupture pressure values for each rat are expressed as millimeters of mercury on Table 1. The values for average rupture pressure by liquid distension of the four groups were compared on Figures 8 and 10, and the values of the eight subgroups were compared on Figure 9. Analyzing the ischemia and hyperbaric chamber factors (Table 2). It is possible to conclude that the groups are different from one another by analyzing the variance ( $p = 0.0001$ ). Through the Tukey test, it can be concluded that group 4 is more ischemic than group 3; group 3 does not differ from group 2; however, group 2 is more ischemic than group 1 ( $p \leq 0.05$ ). It can be concluded that there is no statistical difference when the hyperbaric chamber effect is analyzed ( $p = 0.3461$ ).

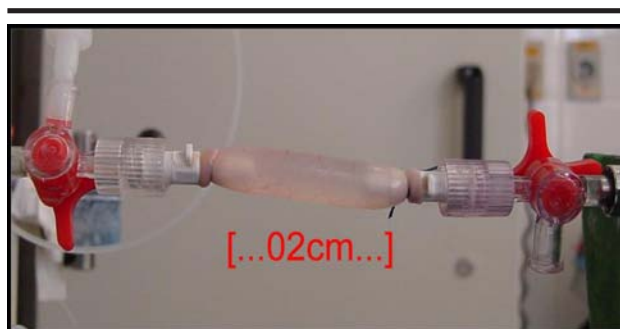


FIGURE 6 - Detail of the loop ready for the rupture test

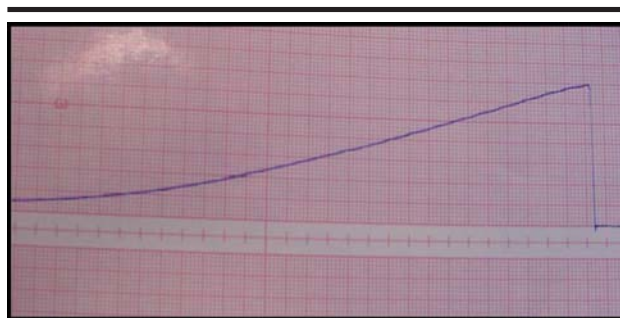


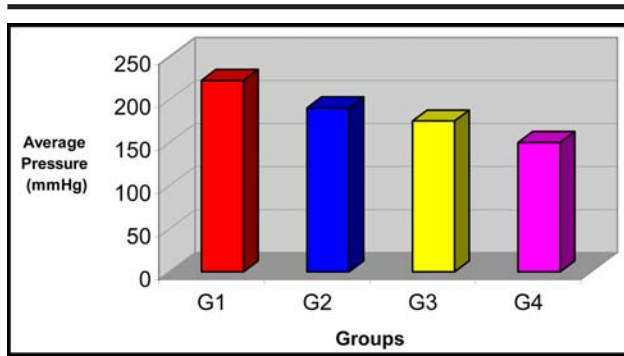
FIGURE 7 - Graphic recording showing the Pressure of Rupture by Distension. The curve is ascending and there is a sudden drop at the rupture time.

TABLE 1 - Individual values for pressure of rupture by liquid distension (mmHg) on 80 animals studied

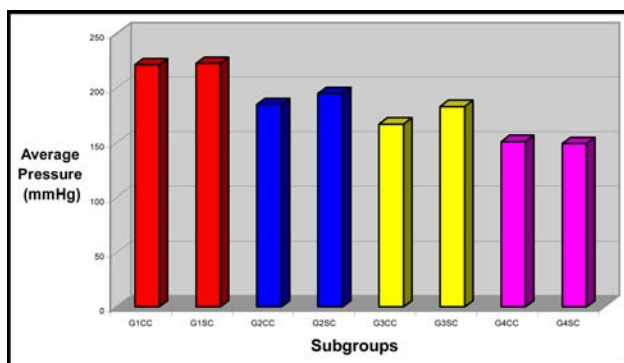
	GROUP 1		GROUP 2		GROUP 3		GROUP 4	
	Subgroup G1 CC	Subgroup G1 SC	Subgroup G2 CC	Subgroup G2 SC	Subgroup G3 CC	Subgroup G3 SC	Subgroup G4 CC	Subgroup G4 SC
R1	248	200	180	220	184	224	160	170
R2	240	274	160	200	184	184	152	154
R3	216	240	180	170	172	236	156	160
R4	278	200	200	250	176	200	158	144
R5	200	230	210	232	156	184	148	130
R6	176	200	180	208	160	176	132	144
R7	176	274	170	160	144	168	132	160
R8	200	176	200	170	160	116	172	140
R9	200	200	180	200	150	190	178	148
R10	280	232	190	140	184	152	122	140

TABLE 2 - Results of the variance analysis (on Ranks) for the variable rupture pressure by liquid distension

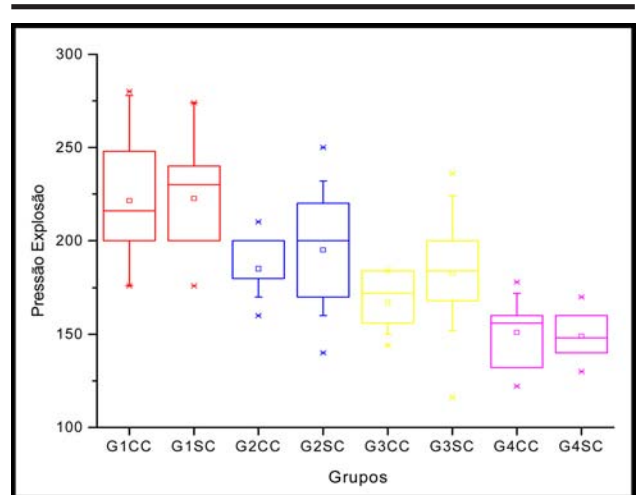
Variation source	g.l.	Square Sum	Average Square	F	P-value
Group	3	23101,77	7700,59	29,95	0,0001
Chamber	1	231,20	231,20	0,90	0,3461
Group*Chamber	3	606,67	202,22	0,79	0,5053



**FIGURE 8** - Graphic distribution of the values for average rupture pressure by liquid distension (mmHg) for the four groups



**FIGURE 9** - Graphic distribution of the values for average rupture pressure by liquid distension (mmHg) for the eight subgroups



**FIGURE 10** - "Box-Plot" of the rupture pressure by liquid distension (mmHg) by groups and subgroups

Comparison of groups

<b>Tukey test for rupture pressure</b>			
Averages with the same letter are not statistically different			
Group	N	Average	
G1	20	222	A
G2	20	190	B
G3	20	175	B
G4	20	150	C

**Discussion**

A decrease of sanguineous perfusion on a surgical wound is one of the most important causes of post operative complications. This event, when not reversed, can compromise the oxygen available to the healing tissue, altering its reparation physiology<sup>(25)</sup>. The correction of hypoxemia through administration of supplementary oxygen, particularly in hyperbaric conditions, can be therapeutically efficient in healing wounds under these conditions<sup>(26)</sup>. Hyperbaric oxygen-therapy, when employed on the intestine with induced ischemia, refers to healing of intestinal anastomosis in most of the literature work. In those studies in which hyperbaric oxygen-therapy was employed to treat ischemic colic anastomosis, this technique was efficient at minimizing hypoxia damage<sup>(22,23)</sup>. Dockendorf et al.<sup>(27)</sup> provoked ischemia in rat's jejunum without anastomosis. They observed that there was no statistical difference between the groups regarding complications induced by ischemia. Therefore, these authors concluded that hyperbaric oxygen-therapy has a limited value on treating acute ischemia in the small intestine. The objective of this work was to analyze the effect of hyperbaric oxygen-therapy on three progressive degrees of acute ischemia provoked in rats' left intact colon loop, without the use of sectioning or anastomosis. The presence of loose adhesions over the ischemic colon in some animals was

observed in the group with more intense ischemia, as well as areas of apparent ischemia of the colon wall, but without macroscopic signs of gangrene. These alterations suggested the gravity of ischemia installed by the experimental model and therefore the proposed objective was achieved. Mortality was not observed in the groups, even though the ischemia induced was visible. The measurement of the mechanical resistance for the loops tested also showed that they became acutely ischemic. In order to perform these evaluations, the biomechanical test of Pressure of Rupture by Liquid Distension was chosen, for the purpose of determining the quality of intestinal healing through its mechanical resistance. The animals from the control group (G1) were not submitted to ischemia. The animals from group 2 (G2) were submitted to a lesser degree of ischemia. The average rupture pressure for G1 was statistically higher than the average for G2, which proves the ischemia induced in group G2. The animals from group 3 (G3) were submitted to an intermediary degree of ischemia, higher than G2 and smaller than G4. There was no statistical difference between G2 and G3 regarding the rupture pressure. A higher degree of ischemia was induced on animals from group 4 than animals from G2 and G3. However, the average rupture pressure for G4 was statistically smaller than G3, which proves an increase of ischemia. The four groups were

divided into two subgroups: CC (with chamber) and SC (without chamber). There was no statistical difference between the subgroups. Therapy with hyperbaric chamber was not able to improve the effects of ischemia in colon loops without anastomosis. Most likely, the colon sectioning that causes anastomosis completely interrupts the sanguineous offer by the viscera wall. Therefore the integrity of intraparietal veins must represent a factor of sanguineous demand and protection to the ischemic territory. A research line is then opened to obtain more intense ischemia and higher lethality indexes. Perhaps hyperbaric hyperoxya can influence the results under extreme ischemia conditions.

### Conclusion

Advantages were not observed by employing hyperbaric hyperoxygenation in induced colic ischemia.

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