

## Influence of stimulus frequency on blockade induced by pancuronium and rocuronium. Study on rats phrenic nerve-diaphragm preparation<sup>1</sup>

Influência da frequência de estímulos no bloqueio neuromuscular produzido pelo pancurônio e rocurônio. Estudo em preparação nervo frênico-diafragma de ratos

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### ABSTRACT

**Purpose:** To evaluate the influence of two stimulation frequencies on the installation of neuromuscular blockade produced by pancuronium and rocuronium on the rat diaphragm. **Methods:** Diaphragms were submitted to an indirect frequency stimulation of 0.1 and 1Hz (Groups I and II, respectively). Subgroups were formed (n=5) according to the neuromuscular blocker employed (pancuronium-2µg/ml and rocuronium-4µg/ml). The twitch height depression was evaluated at 5, 15 and 30 minutes after adding the neuromuscular blocker. **Results:** The decrease in twitch height was greater (p<0.01) with a frequency of 1Hz at all time periods studied both in preparations that are blocked with pancuronium and in those that are blocked with rocuronium. **Conclusion:** The frequency of stimulation interferes significantly with the installation of neuromuscular blockade produced by pancuronium and rocuronium, since the reduction in amplitude of the rat diaphragm response was greater for 1Hz frequencies, at all periods studied.

**Key words:** Neuromuscular nondepolarizing agents. Neuromuscular Blocking Agents . Phrenic Nerve. Diaphragm. Electric Stimulation. Rats.

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### RESUMO

**Objetivo:** Avaliar a influência de duas frequências de estimulação na instalação do bloqueio neuromuscular induzido por pancurônio e rocurônio em diafragma de ratos. **Métodos:** Os diafragmas foram submetidos a uma frequência de estimulação indireta de 0.1 e 1Hz (Grupos I e II, respectivamente). Os animais foram divididos em subgrupos (n=5) de acordo com o bloqueador neuromuscular a ser utilizado (pancurônio-2µg/mL e rocurônio-4µg/mL). A amplitude das respostas musculares foi avaliada 5, 15 e 30 minutos após a adição do bloqueador neuromuscular à preparação. **Results:** A redução na intensidade da contração foi maior (p<0.01) com a frequência de 1Hz em todos os tempos avaliados para as preparações contendo pancurônio e rocurônio. **Conclusion:** A frequência de estímulo interfere significativamente na instalação do bloqio neuromuscular produzido por pancurônio e rocurônio, uma vez que a redução na amplitude da resposta do diafragma foi maior para a frequência de 1Hz em todos os períodos estudados.

**Descritores:** Agentes não Despolarizantes Neuromusculares. Bloqueadores neuromusculares. Nervo Frênico. Diafragma. Estimulação Elétrica. Ratos.

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## Introduction

The onset of action, degree of neuromuscular blockade and duration of action of nondepolarizing neuromuscular blocking drugs (NNMD) depend on a variety of factors. These include the cardiac output, circulation time to muscle, muscle blood flow, affinity for the site of action, potency and dose administered<sup>1</sup>. The influence of the stimulation mode, frequency and time interval between stimuli, as well as the stimulation period before administering the neuromuscular blocker, has been demonstrated both on the potency and onset times of these agents<sup>2-8</sup>. High-frequency stimulation, since it increases muscle blood flow, results in a stronger effect of neuromuscular blockers<sup>9,10</sup>. Our aim was to compare the influence of two stimulation frequencies on the installation of the neuromuscular blockade produced by pancuronium and rocuronium on the rat diaphragm.

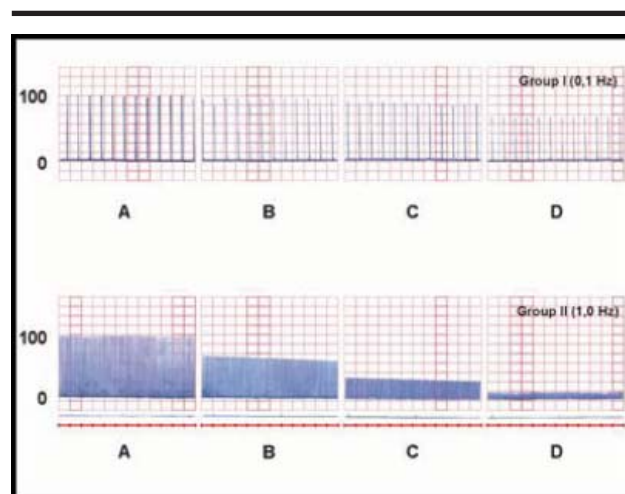
## Methods

The protocol n° 883-1, is in agreement with the Ethical Principles for Animal Research established by Brazilian College for Animal Experimentation (COBEA) and was approved by the institutional Committee for Ethics in Animal Research (State University of Campinas – UNICAMP) on september 13, 2005. Male Wistar rats weighing 250-300 g, were housed in groups of 5 per cage with free access to food and water in a temperature controlled room (23 ± 1°C) with a 12-h lightdark cycle (lights on at 6:00 am). Experiment was performed using a rat anesthetized with urethane and sacrificed by exsanguination. The hemidiaphragm was mounted essentially as described by Bulbring<sup>11</sup>. The preparation was suspended under a constant tension of 5g in a 40ml organ bath containing aerated (95%O<sub>2</sub> - 5%CO<sub>2</sub>) Tyrode solution (pH 7.4, 37°C) of the following composition (mM): NaCl 137, KCl 2.7, CaCl<sub>2</sub> 1.8, MgCl<sub>2</sub> 0.49, NaH<sub>2</sub>PO<sub>4</sub> 0.42, NaHCO<sub>3</sub> 11.9 and glucose 11.1. The nerve was placed over platinum probes connected to a Grass S48 stimulator. The diaphragm was held by its tendinous portion under constant tension through a wire connected to a Load Cell BG50 GMS isometric transducer. The diaphragm was submitted to an indirect stimulation frequency of 0.1 to 1Hz lasting 0.2msec (Groups I and II, respectively) and the tension variations produced by diaphragmatic contractions were recorded by a Gould RS 3400 physiographer. The preparations were allowed to stabilize for at least 20min before drug addition. Subgroups P and R (n=5) were formed according to the neuromuscular blocker employed (pancuronium - 2µg/mL and rocuronium - 4µg/mL, respectively). The installation of neuromuscular blockade was evaluated at 5, 15 and 30 minutes after addition of the neuromuscular blocker. Results were expressed as the mean ± SEM. For statistical analysis, the multivariate analysis of variance (MANOVA) was the method used for repeated measurements. The assumed normality required by the method was achieved

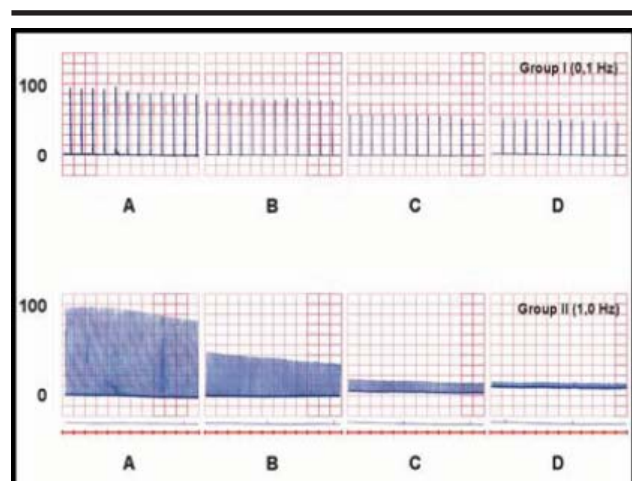
by the Box-Cox transformation. The model compared the percentages of twitch reduction between groups I and II (0.1Hz and 1Hz) and with time in both subgroups (subgroup R - rocuronium and subgroup P - pancuronium), adopting a significance level of 1% (p<0.01).

## Results

Twenty rats were used in this series of experiments from which hemidiaphragms were extracted. After obtaining the control muscle response with different stimulation frequencies (0.1Hz and 1Hz) and the addition of neuromuscular blockers (rocuronium and pancuronium), neuromuscular blockade was recorded and analysed. In both groups (Group I - 0.1Hz and Group II - 1Hz) and subgroups R (rocuronium) and P (pancuronium), an increase in the percentages of the reduction in twitch height was observed (Figures 1 and 2), with a significant difference between the different times studied, compared to the control muscle's response. The effect of increasing stimulation frequency on the installation of neuromuscular blockade was statistically significant for both drugs (p<0.01). For both subgroups, mean values of the percentages of the reduction in twitch height between both groups in the different times studied were compared and also showed a statistically significant difference. For both drugs, the reduction in twitch height in Group II is greater than in Group I at all times studied (p<0.01). MANOVA confirmed a difference between groups I and II (p < 0.01), with a significant increase in the percentage of twitch reduction with time (p < 0.01).



**FIGURE 1** - Subgroup R (rocuronium 4 µg/ml)- The diaphragm's response to indirect stimulation: upper trace (Group I-0.1 Hz); lower trace (Group II-1 Hz) control-stabilization period of muscle response (A); 5 (B); 15 (C) and 30 minutes (D) after administering the neuromuscular blocker



**FIGURE 2** - Subgroup P (pancuronium 2 µg/ml)-The diaphragm's response to indirect stimulation: upper trace (Group I-0.1 Hz); lower trace (Group II-1 Hz) control-stabilization period of muscle response (A); 5 (B); 15 (C) and 30 minutes (D) after administering the neuromuscular blocker

**TABLE 1** - Percentage of height reduction (%) in the diaphragm response to indirect stimulation at different times studied - Group I (0.1 Hz) and Group II (1Hz): subgroup R (rocuronium)

Subgroup	Group	5 min	15 min	30 min	p
Rocuronium	I	4.66 ± 0.71	15.4 ± 0.96	33.5 ± 1.13	< 0.01*
	II	40.14 ± 2.27	68.7 ± 3.31	81.0 ± 7.17	

Data are the mean ± SD. \*Significant difference ( $p < 0.01$ ) between the two stimulation frequencies

**TABLE 2** - Percentage of height reduction (%) in the diaphragm's response to indirect stimulation at different times studied - Group I (0.1 Hz) and Group II (1Hz): subgroup P (pancuronium)

Subgroup	Group	5 min	15 min	30 min	p
Pancuronium	I	8.37 ± 0.63	33.95 ± 4.09	43.8 ± 1.07	< 0.01*
	II	56.86 ± 4.50	81.03 ± 4.21	96.3 ± 1.51	

Data are the mean ± SD. \*Significant difference ( $p < 0.01$ ) between the two stimulation frequencies

## Discussion

The influence that the time required for obtaining the control response and the stimulation frequency may have on the onset and degree of neuromuscular blockade<sup>3,7,14</sup> is currently debated. Previous studies demonstrated that both the degree of blockade and the onset of action of neuromuscular blockers may be affected by a number of factors, such as the stimulation mode employed, these effects being more important when more rapid frequencies are used<sup>3-6,8</sup>. The successive contractions produced by high-frequency nerve stimulation increase metabolic activity and muscle blood flow, resulting in a greater supply of drug to the stimulated muscle<sup>7,10,15</sup>. Factors related to the type of monitor used also interfere in the onset time of

blockade. The application of a preload to the adductor pollicis muscle, indispensable in mechanomyography, increases regional metabolism, leading to a greater blood supply to the monitored muscle. Consequently, a larger number of neuromuscular blocker molecules may reach the neuromuscular junction at a shorter time interval<sup>1,3,15</sup>. Muscle blood flow is important because muscles close to the central circulation and with a better perfusion such as the diaphragm tend to be more rapidly paralyzed than peripheral and less perfused muscles such as the adductor pollicis<sup>16,17</sup>. Another explanation is that more frequent stimulation may lead to neurotransmitter depletion at the stimulation site, causing a greater and earlier blockade of muscle response<sup>7,14,18</sup>. Indeed, if the number of acetylcholine molecules is decreased, the proportion of receptors which

need to be occupied by the relaxant to inhibit neuromuscular transmission will be reached more rapidly<sup>7,14</sup>. The present study demonstrated that the percentages of height reduction in muscle response produced by the two neuromuscular blockers are significantly increased when high-frequency stimulation (1Hz) is applied. These results emphasize the need to be judicious when comparing the onset time and degree of neuromuscular blockade in studies with different frequencies and modes of stimulation. An effect not evidenced when the motor nerve is stimulated with a 0.1Hz frequency may be partially revealed with 2Hz frequencies and totally revealed when high-frequency stimulation is applied<sup>19</sup>. In addition, the difference in sensitivity between the diverse muscle groups must be considered and varies according to the drug used and the type of muscle fiber, i.e., it depends on physiologic and histologic differences between muscles<sup>20,21</sup>. It is accepted that red fibers or slow-twitch muscles, are more sensitive to nondepolarizing neuromuscular blockers than fast-twitch white fibers. The adductor pollicis is made up of slow-twitch fibers and the diaphragm is made up of red fibers<sup>22</sup>. The presence of a larger number of cholinergic receptors at the motor end-plate of fast-twitch fibers in comparison to slow-twitch fibers may also explain the difference in sensitivity between both types of muscle fibers<sup>20</sup>. In clinical practice it is very important to reduce the time between the induction of anesthesia and tracheal intubation, which is a period of greater risk for hypoxia and aspiration of gastric contents. Considering circulation time for laryngeal and respiratory muscles, onset of neuromuscular blockade is faster in these muscles than in the pollicis adductor which is frequently used in clinical practice for monitoring neuromuscular function<sup>16,23</sup>. Since the adductor pollicis is more suitable for use in routine clinical practice, the use of a stimulation frequency of 1Hz is recommended to determine the time corresponding to optimal intubating conditions<sup>(24)</sup>. Previous clinical studies found a reduction of about 50% in the onset time of rocuronium when stimulation frequency was increased from 0.1Hz to 1Hz and associated this shortened onset with rocuronium's probable presynaptic effect. The early occupation of prejunctional cholinergic receptors interferes with the mobilization of acetylcholine from reserve storage vesicles to readily available stores. Thus, there is a decrease in acetylcholine release according to an increasing rate of stimulation<sup>19</sup>. Factors related to the drug may interfere in the supply of a sufficient amount of drug molecules to occupy a certain number of cholinergic receptors, reduce the margin of safety and compromise the integrity of the neuromuscular junction. Drug affinity for the neuromuscular junction, as well as the potency, clearance and dose of drug administered are emphasized<sup>19,24</sup>. In this study, subparalyzing doses of rocuronium and pancuronium were used and the evolution of the blockade occurred in a differentiated manner for two neuromuscular blockers. The percentages of decrease in muscle response obtained with pancuronium at the different times studied

in both groups (0,1 and 1Hz), were greater than that observed with rocuronium, under the same conditions, which may be attributed to pancuronium's greater potency in comparison to rocuronium. However, there is evidence that onset of neuromuscular blocked is more dependent on patient characteristics than on the properties of the muscle relaxants<sup>1</sup>.

### Conclusion

Our results demonstrate a difference in response to the blockers used, as the stimulation frequency is increased. The decrease in of neuromuscular responses on the rat diaphragm produced by the two agents is greater when high frequencies are used.

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