



CAMPUS

Missing month

Langara College has done nothing in recognition of Black History Month. P3



SPORTS

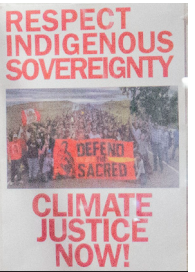
No 'Neigh'sayers

Southlands Riding Club prepares for its upcoming season of horse shows. P8

ONLINE SPECIAL

Socialist Support

A Langara club is raising money for arrested protesters. langaravoice.ca



the Voice

PRODUCED BY LANGARA JOURNALISM STUDENTS | WWW.LANGARAVOICE.CA

FEBRUARY 28, 2019 • VOL. 51 NO. 03 • VANCOUVER, B.C.



African-inspired fashion weaves community together

P4-5

African Fashion and Arts Movement Vancouver hosts two annual fashion shows to encourage African artists in Vancouver to share their culture in style, through immersive shows with dance and music. Their next fashion show will be held in August. RENA MEDOW PHOTO

Tuition too pricey

Students band together to fight against increases

By AUSTIN EVERETT

Langara students, and others across the province, were urged last week to join the movement to cap the rising cost of post-secondary education.

The "Tuition Freeze Now" campaign started at SFU in October after their latest tuition hike, and is now backed by the student body.

All post-secondary tuition fees for domestic students are capped by the provincial government two per cent per year, but international student's tuition can increase by up to 20 per cent per year, said SFU student campaigner Kayla Phillips.

"The consultation process was a total sham," said Phillips of SFU's most recent increase.

Last Thursday, students from local post-secondary schools were encouraged to attend an informational meeting about the campaign. SFU campaign organizer Giovanni HoSang said he wants to involve all public institutions even though they increase their tuition independently.

"Public education, as the name suggests, should be mostly publicly funded," said HoSang.

Langara's chair of the physics and astronomy department Bradley Hughes, who spoke at the SFU event, is head of the Langara International Socialists club.

The club scheduled a similar strategy session Thursday, Feb. 28 at 4:30 p.m., inviting Langara students to fight for lower tuition fees.

Michael Koke, Langara's director of Financial Services, wrote in an email statement that Langara has not raised international tuition for a "number of years."

The report states that during the mid-1970s, provincial governments were paying for 75 per cent of university education costs, with the federal government transferring additional funding. Today, both provincial and federal government contributions amount to less than 50 per cent of university education costs.

The SFU campaigners and their supporters will rally March 18 in preparation for the SFU board of governors meeting, on March 21.

Measles risk on campus

Highly contagious virus confirmed at Langara, isolated

By MISSY JOHNSON

Despite a confirmed case of measles on campus, there's no worry of an outbreak, says Langara's dean of nursing.

According to an alert on the college's website made on Feb. 22, the specific locations where people may have been exposed to measles was limited to the Science and Technology Building on Friday, Feb. 15, from 9:00 to 4:30 p.m..

"You've got maybe one or two people and we've got them and they're isolated," said Dr. Ann Syme, dean of nursing at Langara.

Last Friday, the college sent an email to students and staff on behalf of Vancouver Coastal Health regarding a single case of measles confirmed to be on campus on Feb. 15. The email stated that students and staff without proper documentation would be asked to stay home if the virus circulated.

She attributes the lack of an outbreak to how quickly staff were able to isolate the infected individual and reach out to everyone they were in contact with on campus while contagious.

According to Vancouver Coastal Health, the measles virus can only live for up to two hours outside of the body, but individuals are contagious for four days before they show symptoms. The incubation period for the case on campus ends March

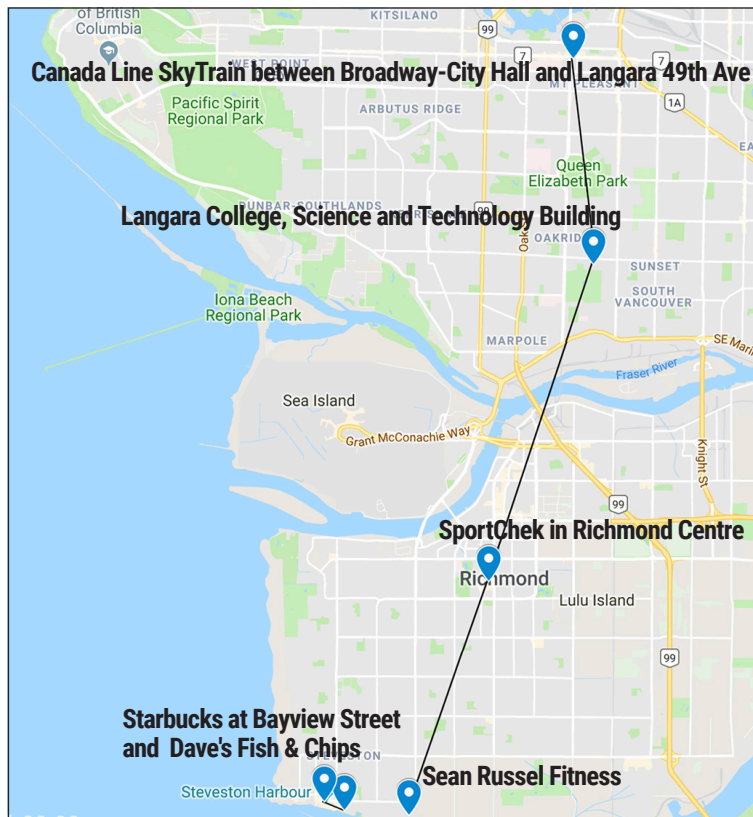
Even with both doses of the vaccine and the booster shot, about three per cent of the population can still get measles, Syme said. She suggests increasing public education about vaccines, to encourage a higher rate of immunization in Canada.

"We'd be dealing with a 100 per cent population who was immunized, and we'd only have three per cent who's likely to get the disease," Syme said.

Langara student Natalie Pecarski, believes people shouldn't come to school if they don't have their vaccines up to date.

"If you're making a choice to not vaccinate your children or to not be vaccinated, you're just putting people in unnecessary danger," she said. "It lowers the collective immunity."

Tiffany Akins, communications leader at Vancouver Coastal Health, said vaccines can be found at public health units, family doctors or walk-in clinics.



These are the sites of measles exposure confirmed on Friday, Feb. 15 and Sunday, Feb. 17. MADE WITH GOOGLE MY MAPS

UBC extension to ease 49 bus congestion

TransLink study shows proposed SkyTrain to UBC will relieve pressure from crowded routes in the region

■ By AGAZY MENGESHA

Langara students are hopeful that the proposed SkyTrain extension from Arbutus to the UBC will relieve overcrowding on the busy 49 bus route.

Students are feeling positive about the expansion, hoping it will reduce congestion and pass-ups on the 49 bus route due to the lowered demand by UBC students.

"I support it," Langara student Nicholas Tonks said.

"I know that a lot of our students come in from Surrey and currently use the SkyTrain station," he said. "So, I think any kind of extension that keeps people on the SkyTrain and reduces overall traffic is probably a good thing."

According to TransLink's annual study, the 49 bus route was the fourth busiest bus route in Vancouver in 2017. The bus route starts at Metrotown and continues past Langara to UBC. As a result, both UBC and Langara students frequently take the bus to school, and are forced to compete with each other for space during peak congestion times.

The 49 route reported more than eight million passengers in 2017. In 18 per cent of its 15,800 hours of operational time in 2017, buses were overcrowded.

A SkyTrain line running all the way to UBC would reduce congestion on the 49 bus route as much as 32 per cent by 2045, according to data released in a joint study done by UBC and the City of Vancouver.

In comparison, a rapid-bus line along the same route was estimated to only relieve congestion on the route by three per cent by 2045.

The Lower Mainland mayors approved a 10-year transit-improvement plan four years ago that envisioned extending the Millennium Line from where it stops now, at Clark Drive, to a terminus at Arbutus Street.

The UBC expansion, which both Vancouver council and the TransLink mayors' council have voted in favour of studying, would continue on from the Arbutus station, connecting the Point Grey campus

to TransLink's SkyTrain routes.

Vancouver's new mayor, Kennedy Stewart, pushed at a council meeting earlier this month to approve the expansion from Arbutus to UBC as soon as possible.

"We'll be relying on B-Line buses to UBC for decades," Stewart said of the consequences for UBC faculty and students if the proposal was rejected.

The motion was passed almost unanimously at the meeting, which had student advocates present to support the proposed expansion.

Back at the Langara campus, students who use the 49 bus regularly also appear supportive.

"I'm all for any expansion of the transit system," said Scott Wang, a third-year marketing student at Langara.

Wang said he had been taking the bus route for three years, four times a week.

Jill Drews, a senior issues management advisor at TransLink, said that while the 49 bus remains one of its busiest routes, expansion efforts have reduced congestion.

"Ridership doesn't mean overcrowding. [The] 49 buses are all 60-footers now, which are our highest-capacity vehicle," Drews said in an email.

"Recent service improvements have reduced overcrowding on the 49 between 2016 and 2017 as well."

Wang has noticed that. "I've been here for three years, it's been a lot better than two years ago," he said.

Still, Wang thinks that TransLink needs to improve its transit system.

"It's coming a lot more regularly but around traffic times, rush hour like 5 p.m.-ish, it can get pretty brutal," Wang said.

Megan Hope Hall, a former UBC student, also approved of the proposed UBC expansion, citing difficulties she faced when commuting to school.

It's almost always too full, if you're trying to get there for a regular eight or nine start time. I normally left about half an hour earlier than I needed to catch a bus that wasn't full," Hall said.



Surrey was the only city to vote against ridesharing at the recent mayors' council on regional transportation. GOTOVAN/FLICKR

Surrey snubs Uber

Mayor Doug McCallum says more taxis will meet the need for increased transportation

■ By NATHAN DUREC

With the implementation of ridesharing in B.C. only a few months away, one mayor in the Lower Mainland refuses to be swayed in his opposition to this mobility alternative.

Surrey Mayor Doug McCallum expressed his position against the upcoming introduction of ridesharing companies, such as Uber and Lyft, at the most recent TransLink mayors' council meeting.



Doug McCallum
MAYOR OF SURREY

"I do not support, and Surrey in fact, does not support ride-hailing as such in our community," McCallum said. "And we, in fact, campaigned on that very theme during the recent civic election."

McCallum is one of 21 mayors that sit on the mayors' council. He voted against endorsing four recommendations TransLink staff gave to the provincial standing committee working on ridesharing. The recommendations included a minimum fare and minimal boundaries between cities for ridesharing companies.

These recommendations were made to ensure ridesharing would not lead to a decrease in TransLink ridership.

The mayor's opinion was not surprising to many of his constituents in Surrey.

For Anita Huberman, CEO of the Surrey Board of Trade, it was simply more of what she has come to expect from city council.

"When the mayor of Surrey and council indicates that they believe

and they know that ride-hailing is not for Surrey, they're not thinking of the bigger picture," Huberman said. "We want alternatives to get around and ridesharing is one of them. Transit is another. I just am quite boggled as to the limited vision of council as it relates to ridesharing."

The alternative offered by McCallum is simple: more taxis. At the last Surrey general council meeting, a vote to apply for 36 new taxi licences was approved and sent to the province. The city is still awaiting approval for the licences.

"At this stage, that is the proper way to go," McCallum said.

But for Huberman, this is not even close to being a viable solution.

"The taxi industry simply cannot, even through additional licences, accommodate our current population needs," she said. "We're going to have another 400,000 people moving south of the Fraser. Thirty or 40 taxi licences, it's not going to meet our transportation needs."

Even Mohan Singh Kang, president of the B.C. Taxi Association, is skeptical when it comes to this idea. He said that a few months ago, the province streamlined the licencing process and allowed taxi companies to add 15 per cent more vehicles to their fleets. In the Lower Mainland alone, this amounted to 304 new taxis.

But competition can be healthy, Kang said. The concern from the B.C. Taxi Association is, and has always been, safety.

"We do not have any problem with the TNCs [ridesharing companies]," Kang said. "Provided they meet the safety standards that are needed, what the taxi industry has to abide by. And also there's an even playing field."

Huberman reaffirmed her desire to see cab companies do well in a

changing market landscape as well. "We can't only rely on the taxi industry, but we don't want the taxi industry to die either. A level playing field, and there's way to do it for all industries," Huberman said.

Currently, taxi drivers must possess a class 4 driver's licence, which is for professional drivers, and obtain a chauffeur's permit that is issued through the law enforcement agency of the city they operate in. This is only done after a thorough criminal record check.

When the new ridesharing law comes into effect, the chauffeur's permit will no longer be required for any driver. In addition, criminal record checks will be done by the province, not local law enforcement.

UBER WORLDWIDE BY THE NUMBERS

4.4

4.4 million trips were taken in Toronto during its first year with Uber.

37

Thirty-seven per cent of Uber riders are between the ages of 16-24.

3

In cities like Cairo and Islamabad, the average trip for a 10-kilometre ride is less than \$3.

SOURCES: IPHONEINCANADA.CA, BUSINESSOFAPPS.COM



The 49 bus is the fourth busiest in the region, according to a 2017 TransLink service performance review. SEAN HITREC PHOTO

"Thirty or 40 taxi licences, it's not going to meet our transportation needs."

— ANITA HUBERMAN,
CEO, SURREY BOARD OF TRADE

Black history ignored

Campus lacks equal recognition

By CHELSEA LIU

Langara College did not recognize Black History Month with any displays or acknowledgment on campus.

Jeremy Rillo, a second-year nursing student, said it should be up to the school to showcase all the different ethnic groups represented at Langara and individual minority groups shouldn't have to take on that responsibility.

"It's Black History Month. It's important and should be taken more seriously," Rillo said.

The Voice reached out to the Langara Students' Union about recognizing Black History Month, but did not receive a comment before print.

There was no display in the library as there has been in previous years for Black History Month.

Second year Langara film arts student, Leon Ababio, who is Black, and said February is a busy time for the school, so a lack of events planned is not uncommon.

"It's understandable, but not justifiable," he said.

Ababio noticed events celebrating Chinese New Year and Valentine's Day around campus in February, but has seen nothing in relation to Black History Month.

"If the school is going to celebrate other holidays I think it needs to include all [cultural events] as well."

Ababio said because there aren't a lot of Black students at Langara, Black History Month tends to be overlooked.

"I think it's a lot of history that everyone should know, but I feel like the demand for that history isn't very big in Vancouver," Ababio said.

"It's Black History Month. It's important and should be taken more seriously."

—JEREMY RILLO, LANGARA STUDENT

Justin Kandola, a previous Langara student who currently attends SFU, and said there is a similar issue of representation on campus.

"It sucks to say, but Langara and SFU are pretty similar when it comes to this," he said. "I heard UBC is really good at this kind of stuff though."

Gavin Gordon, co-president of UBC's Black Student Union, said one of his reasons for starting the BSU was when he noticed a visible increase in Black students in their compared to previous years.

"There isn't a large population of Black students in Vancouver," Gordon said. "We're definitely here."

Gordon said Black History Month won't cross someone's mind unless that individual is Black, but the ethnic majorities of a school are not a true reflection of the problem.

He hopes schools make more of an effort to acknowledge and celebrate events important to all students.

"It's important that these schools recognize and understand that they should try and be accommodating," Gordon said.



Check out langaravoice.ca for the full story

BCIT installed "sleeping pods" two years ago for students to relax or take a nap in private on campus. MAXIM FOSSEY PHOTO

Sleeping pods a success

Short naps are a solution for tired students, says expert

By MAXIM FOSSEY

A designated place to snooze around campus could be what post-secondary students need as midterms approach and stress levels rise.

In 2016, Burnaby's BCIT campus installed "sleeping pods" in their library for students to privately get some rest and reduce stress.

Students are more likely to experience feelings of depression and irritability with sleep loss, said Ralph Mistlberger, who specializes in circadian rhythms and sleep patterns at SFU. He agrees with the use of sleeping pods on campus.

"I think it's a fantastic idea. The best solution is to get more sleep at night. In reality we can't always," Mistlberger said.

Mei Young, BCIT's operations manager said students use sleeping

pods more around exam periods, and they have been successful so far.

In the Langara Students' Union, students are often seen napping in the arm chairs and couches without more private options available on campus.

Taking a short nap is a possible

"I'm definitely getting less sleep and my sleeps don't feel as deep."

—SCOTT PEROFF, LANGARA STUDENT

solution to improve alertness during the day, Mistlberger said.

"If circumstances are that you can't get enough sleep at night, a nap is so much more powerful and restorative than having an extra cup of coffee."

Langara student Scott Peroff said he uses his smartwatch to track his

sleep and noticed a change during midterms.

"I'm definitely getting less sleep and my sleeps don't feel as deep. And I wake up earlier in the morning because my biological clock seems to be more stressed out," Peroff said.

He said he liked the idea of sleeping pods on campus, "If you put them somewhere like the LSU where students already go to sleep, at least you'd give them some privacy."

Dan Pon, a librarian at Langara, said there are more students using the library during midterms. There is a higher demand for resources, and more urgent questions for librarians, but Pon doesn't agree that sleep pods are the answer.

"I think personally, maybe better resources for group studies, or more tables or computers would probably get more use than the sleeping pods themselves," he said.

See langaravoice.ca for full story.

SLEEPING STATS

CANADA, AGES 18 TO 64

7-9

The recommended amount of sleep is seven to nine hours a night.

65

About 65 per cent of people report troubles sleeping.

1/3

About one-third of respondents sleep less than recommended.

SOURCE: 150STATCAN.GC.CA

Vague quake plan shakes confidence

College drills absent, protocol unclear

By CHRISTINA DOMMER

Some faculty and students at Langara College say the school's procedure for earthquakes lacks the coordinated drills necessary for serious seismic activity.

English professor Sean Gray feels that most teachers' preparedness for seismic emergencies comes from the initial instruction upon being hired.

All teachers have as a reference is the online mandate.

"There's not a whole lot," Gray said. "There's basically a couple of documents that we can refer to on the myLangara website."

B.C.'s Juan de Fuca Plate has seen six earthquakes over a 4.0 magnitude in February according to the U.S. Geological Survey.

A year ago, The Voice reported the chimney on Building A could collapse during an earthquake. An analysis from Weiler Smith Bowers

Consulting deemed the chimney seismically unsafe seven years ago and it has still not been renovated.

The Langara facilities department was unavailable for comment on the status of the chimney.

Second-year fine arts student Owen Patterson will be falling back on the earthquake drills he learned in grade school. He finds Langara's emergency procedures obscure.

"I'm not really aware of any sort of escape plans or any kind of places to go, things to do in case of an emergency," Patterson said.

For international students, who didn't grow up practicing earthquake drills, it's even more unclear.

Although second-year accounting student Sayyaf Mohamed knows about tsunami drills from his school in Sri Lanka, he is not very familiar with proper earthquake procedure.

"We [talked] in one class, I think one English class," Mohamed said. "So we were just talking about what to do and they were giving some sheets, but I don't remember exactly."

In comparison, UBC and Kwantlen Polytechnic University

list instructions to wheelchair users in an earthquake, while Langara does not. SFU provides laboratory earthquake safety information, and participated in the annual Shake-Out BC, a province-wide earthquake drill in last October. VCC's nursing

students even took part in a disaster simulation after an earthquake drill last year.

A Vancouver school board facilities plan released last week named 30 schools at risk of closure for being structurally unsafe during a quake.



An emergency procedures booklet in Building A. CHRISTINA DOMMER PHOTO

AFRICAN-INSPIRED

STORIES AND PHOTOS

Show strengthens fabric of local Black community

In the largest African fashion show in Vancouver, models couldn't help but dance down the runway while showing off the vibrant colours and patterns created by local African-inspired designers.

The bi-annual fashion show, hosted by African Fashion and Arts Movement Vancouver, is held in February as part of Black History Month, and again in August. The show was held at South Vancouver's Scottish Cultural Centre.

"What we're doing is more than just showcasing African fashion, we're showcasing our culture. We are here in the West Coast to merge cultures and learn from each other," said Emmanuel Okee, one of 10 designers who presented at the Feb. 16 show.

AFAM aims to promote African fashion and arts by establishing a platform for entrepreneurs to showcase their work and build connections, said Lisa-Jane Hayfron, the event's public relations coordinator.

This month's show featured performances by local singers and dancers interspersed between showing the fashion lines. Guests were encouraged to mingle, dance, take photos and participate in AFAM's silent auction to

support children's education in the West African city of Lomé, Togo between fashion shows.

Although the AFAM fashion show is advertised as being for anyone, regardless of ethnicity,

"What we're doing is more than just showcasing African fashion, we're showcasing our culture. We are here in the West Coast to merge cultures and learn from each other."

—EMMANUEL OKEE, FASHION DESIGNER

volunteers and designers agree that events like the show can help unify and strengthen the African community in Vancouver.

For Okee, events like AFAM are an important step for building culture.

"It's important to come out to events like this, you know we have times where we talk about important things and the deeper issues,

but sometimes it's good to just revel in the spirit of fun and excitement," said Okee.

AFAM model-turned-designer Ebru Pinar was inspired to create her business, Marbling Creations, after taking a volunteer trip to Africa last year.

While there, she was influenced by East African handmade accessories and the plumeria flower which is local to that region and created her line to help share African art with North America.

"In Vancouver, the African community is not so big and the one that we have is not sewn together," said fashion designer Ebru Pinar, "so I think this event brings everybody together, African or wherever you are from in the world. We are all human beings."

Pinar, who is Turkish-Canadian, debuted her line at February's show.

Both Pinar and Hayfron are encouraging more artists in the African community in Vancouver to get involved.

"We would absolutely love more people to know about this amazing movement, to have more support and love as well as more artists in the African community to partake in our annual fashion show," said Hayfron.

THROUGH TIME FAMOUS BLACK DESIGNERS

» Elizabeth Keckley

After saving up to buy her freedom from slavery, Keckley became the personal dressmaker in the 1860s for Mary Todd Lincoln, the 16th First Lady.

» Ann Lowe

Lowe made history when she designed Jacqueline Bouvier's wedding gown for her 1953 marriage to JFK.

» Willi Smith

Smith became the youngest designer in 1971 to be nominated for a Coty American Fashion Critics' Award.

» Tracy Reese

Reese has designed for First Lady Michelle Obama and is one of today's most successful African-American designers.

SOURCE: THE DAILY BEAST / ESSENCE.COM



Clockwise from bottom left: the UBC-based dance group Sin-Birds performs at AFAM's Feb. 16 show; a dress and cape designed by Ethio Fashion House, which uses hand-woven cotten fabrics; a model wearing Touch of Africa strikes a pose on the runway; models showcasing the work of AFAM's designer of the year, Safari Kabumbe.



FASHION ON SHOW

BY RENA MEDOW

Designs draw inspiration from 54 countries

According to African-inspired designers sharing their collections at African Fashion and Art Movement Vancouver's Feb. 16 fashion show, African fashion is all about eye-catching prints and vibrant colours.

The designs shown at AFAM reflected the diversity of culture and tradition within Africa's 54 countries. Some of the designers drew inspiration from plants and nature, and others from their childhood memories and native cities.

One Ethiopian-style brand that walked the runway, Éthio Fashion House, used hand-woven cotton fabric to create diaphanous gowns that twirled as the models walked.

AFAM's fashion designer of the year, Safari Kabumbe uses African fabric to create western-

inspired pieces, drawing his inspiration from nature.

Influenced by the fashion and accessories she admired during a trip to Kenya, Uganda and Tanzania last year, designer Ebru Pinar decided to introduce those local styles into her line.

"When I was there, actually, I [saw] these

beautiful sandals, so colourful and fun, and accessories and jewelry," she said. "I was like, oh my gosh, these are amazing."

In her debut line "Unconditional Love," she used the motif of the heart as an accent on her sandals and jewels.

Emmanuel Okee's brand, Udamma Fashion, utilizes ankara fabric, a print style made

by using wax on cotton to create bright patterns traditionally worn for celebrations.

Ankara wax prints are often named after well-known people, places or things, conveying messages through its motifs.

Okee often collaborates with his sister in Nigeria to create Udamma Fashion. The fashion line was inspired by his trips home to Lagos, the country's largest city, to visit family.

"I just couldn't ignore the fashion, it was really popping," said Okee, who has lived in Canada for over a decade. "It reminded me of where I came from, and how we had different fashion designers and different colours and it was very much more expressive and vibrant, even in our clothing."



College ignores black tribute

Throughout the year, Langara has many cultural festivities, celebrating events from different parts of the world, including Diwali and Lunar New Year, but why doesn't the school celebrate Black History Month?

Perhaps it is because of the school's overall population, which has more students of Indian and Chinese descent than of African descent. Langara also has many international students from these countries and hosting the events may make them feel less homesick and help in creating friends.



OPINION
TIERNEY GRATTAN

On the Government of Canada's official website, it says "During Black History Month, Canadians celebrate the many achievements and contributions of Black Canadians," and yet there is no recognition of Black History Month at Langara.

Having an event for a specific culture can also be a teaching strategy. Vancouver is very multicultural and people from all over the world live here. Some international students may be unfamiliar with certain cultures residing in Vancouver. Through events like Black History Month, students can learn about other cultures and understand

"Through events like Black History Month, students can learn about other cultures and understand them better."

them better. It may alleviate prejudice towards people from different backgrounds and cultures, and allows people to share the unique wonders and characteristics of their culture.

Langara should do more to honour and celebrate Black History Month on campus because of the long history of oppression and systemic racism towards black people and culture in North America.

Even though people of African descent make up only 1.7 per cent of Metro Vancouver's population, Black History Month is just as important as any other cultural tribute in the city, and is just as worthy of being represented at a school event.



Beds, sleep pods or whatever you want to call it, Langara needs them. TAESA HODEL ILLUSTRATION

Desperately seeking Zzzz

If anyone could reap the benefits from a midday snooze, it would be a college student.

In 2016, BCIT installed two sleep pods in its Burnaby campus library for students to take naps, making it the first post-secondary school in the Lower Mainland to do so. No other schools have followed suit, but it's time that Langara seriously considered installing a designated sleep area on campus.

A clinical review published by *Sleep Medicine* found that sleep quality and quantity are closely related to academic performance and learning capacity. This means that when

a student's sleep is restricted by trying to balance school, work and a social life, they will experience lower neurocognitive performance, and poor declarative and procedural learning. The clinical review also found that students from various education levels are chronically sleep deprived and often suffer from daytime sleepiness.

As a student, I'm all too familiar with the feeling of heavy eyelids and having my head bob like a chicken while trying to stay awake in class. I've also caught drool slipping from my lips while I dozed during a lecture more times than I'd like to

admit.

A quick catnap between classes could provide students with the ability to feel significantly more alert — a benefit for both students and instructors. Considering that Langara does not have student residences, right now the best place to count sleep on campus is a quiet corner in the library



OPINION
KELSEA FRANZKE

(although I doubt the librarians appreciate sleeping students in study spaces).

The National Sleep Foundation suggests a nap of just 20 to 30 minutes to restore alertness, enhance performance and reduce mistakes and accidents. A quick shut-eye lasting any longer is more likely to be accompanied by grogginess, so it's best to keep your mid-day siesta to a minimum.

So please Langara, give us some space to sleep on campus. Both students and staff could use a quick nap sometime during their busy days — I know I sure could.

Businessnews

Millennials lead the tech field

Being surrounded by technology from a young age gives industry a boost

■ By KRISTIAN TREVENA

The technology workforce in B.C. is thriving, largely thanks to millennials who have been surrounded by tech from a young age, according to one software development manager.

Millennials, anyone born between 1981 and 1996, make up a large portion of technology-based jobs, which make up about five per cent of B.C.'s total workforce.

A main reason why millennials pursue careers in technology has to do with the way they were raised in an environment saturated with

technology, said Jordan Rieger, a software development manager at Webnames.ca and special industry

guest at the Feb. 28 Tech Thursdays event, a monthly Langara session about careers in technology.

"You can't discount the impact of computer games," Rieger said, adding that the habits of fixing up and tinkering with these games lead millennials to learn more about

their computers and how to make them run better.

The technology industry is booming, but many employers are looking for candidates with a good deal of experience, something new graduates often lack, said Ryan White, a video game developer at Kabam in Vancouver.

But tech companies are looking for more than just computer

smarts, said Raymond Chow, who coordinates Langara's web technology program. Many companies also want to see social skills and how candidates will fit in with company culture.

"A lot of technology jobs out there require a good sense of teamwork and collaboration," Chow said. That said, millennials sometimes face the challenge of youth and inexperience, White said.

"Tech companies always want more experienced and more senior people, but people can't get that experience unless someone actually hires them," he said.

"You can't discount the impact of computer games."

— JORDAN RIEGER, SOFTWARE DEVELOPMENT MANAGER, WEBNAMES.CA

the Voice

The Voice is published by Langara College's journalism department. Editorial opinions are those of the staff and are independent of views of the student

government and administration. We welcome letters to the editor. They may be edited for brevity. Your letter must include your name and phone number.

HOW TO REACH US

PHONE
604-323-5396

E-MAIL
thevoice@langara.bc.ca

WEBSITE
langaravoice.ca

DROP-IN

Room A226
Langara College

SNAIL MAIL

The Voice
100 West 49th Ave.
Vancouver, B.C.
V5Y 2Z6

INSTRUCTOR
Erica Bulman

PAGE EDITORS

PAGE 1
Taesa Hodel

PAGE 2
Nick Laba

PAGE 3
Kathryn Tindale

PAGE 4 & 5
Kirsten Clarke

PAGE 6
Kelsea Franzke

PAGE 7

Darren Amner

PAGE 8
Agazy Mengesha

MANAGING EDITOR
Nick Laba

MANAGING WEB EDITOR
Patrick Penner

WEB EDITOR

Roxanne Egan-Elliott

SOCIAL MEDIA EDITOR
Nathan Durec

REPORTERS
Austin Everett
Christina Dommer
Chelsea Liu
Joshua Ray

Kim Lau

Liam Hill-Allan
Maxim Fossey
Missy Johnson
Rena Medow
Tierney Grattan
Kristian Trevena
Jennifer Blake

WE WANT TO HEAR FROM YOU

Have a different point of view? Write us

Journalism instructor Erica Bulman oversees The Voice.

Email: ebulman@langara.bc.ca

CONTACT US

Online at
langaravoice.ca

Twitter
@LangaraVoice



A pair of students sit in a Langara auditorium. LIAM HILL-ALLAN PHOTO

Silver screen social scene

Free film series touts cinema as a communal experience

By LIAM HILL-ALLAN

Langara's upcoming free film series, Modern Times, gives students the opportunity to watch movies as part of an audience, an activity which statistics suggest is on the decline.

According to film historian and SFU lecturer Joseph Clark, watching a movie as part of a group can enhance the experience. But reports show that the numbers of cinema-goers is on the decline with the advent of Netflix and other home movie streaming services.

"I think that communal experience is actually really important," Clark said. "Watching in a communal environment with an audience can be a really important way to see the world differently."

Simon Rolston, one of the film series organizers, said that watching a film with others can lead to inter-

esting discussions.

"It's really easy for people to be able to engage with it when they're still sitting in the seats," Rolston said.

While cinema-style viewing may enhance the movie experience, a 2019 survey conducted by Box Office Mojo shows that North American movie ticket sales have declined by around 17 per cent since 2002.

Cinema alternatives like Netflix are wildly popular. A 2018 report published by Sandvine, a networking equipment company, revealed that Netflix accounts for almost 15 per cent of internet downstream traffic worldwide.

The popularity of home streaming services has some in the industry

advocating for the cinema experience. At the Cinema Audio Society awards earlier this month, film director Steven Spielberg said that while at-home viewing has improved, the movie theatre experience is irreplaceable.

"There is nothing like going to a big dark theatre and having the experience wash over you," said Spielberg.

Langara student Dylan Lindsey said he typically streams movies online for convenience, though he still favours the movie theatre experience.

"It's more enjoyable to go with friends to the theatre," said Lindsey.

The theme of this year's film series is time and technology and will run from Feb. 27 to March 21.

"It's more enjoyable to go with friends to the theatre."

—DYLAN LINDSEY, LANGARA STUDENT

2019 FILM SERIES MODERN TIMES

» Modern Times

Wednesday, Feb. 27
Thursday, Feb. 28

» Sunset Boulevard

Wednesday, March 6
Thursday, March 7

» Run, Lola, Run

Wednesday, March 13
Thursday, March 14

» Her

Wednesday, March 20
Thursday, March 21

SOURCE: LANGARA.CA

Kondo effect calms messy lives

Decluttering your workspaces can lead to an organized mind

By TIERNEY GRATTAN

Marie Kondo's new Netflix show could inspire students to declutter their workspaces—as her philosophy dictates: a clear workspace can lead to greater happiness and more productivity.

Her popular Netflix show, *Tidying Up with Marie Kondo*, follows Kondo helping different families organize their homes to "spark joy" in their lives.

In a recent interview with CNBC's *Make It*, Kondo said when your workspace is organized, it will result in increased efficiency because your use of time becomes more productive.



Elinor Warkentin
PROFESSIONAL ORGANIZER

Emily Chow, a Langara student studying sociology, said that having a clean and organized room helps her to study better, but that schoolwork can take up most of a student's time and energy.

"Students aren't going to be as interested in cleaning up the room just because they can't deal," Chow said. "They have to only focus on their studies."

Tidying calms and also lifts her mood. She is very interested in using some of Kondo's methods, but recognizes that the thought of cleaning for some students can be stressful.

Elinor Warkentin, a professional organizer based in Vancouver, said the interest in decluttering has grown a lot and Kondo is one reason for this growth.

One of the things she has noticed is digital clutter.

"Students may find it a challenge to organize their emails in their inbox, folders, documents and they might not understand the principles of filing," Warkentin said.

This could be more of a problem for students since most of their work is now normally done with computers as well as social media, she said.

Sara McIntyre, an instructor in the film arts department at Langara, said it's best for students to

label files and get rid of things you don't need.

"I think it's nice to be attentive to what we have in our life,

and I do believe that if you've got a lot of clutter, it does bog you down mentally and emotionally," McIntyre said.



Langara student Emily Chow at home tidying her room. TIERNEY GRATTAN PHOTO

Theatre alum makes leap to television

Film and TV actor remembers his time — and grades — in tough Studio 58 program

By JOSHUA REY

Luke Camilleri is a working actor in Vancouver who always remembers his time with Studio 58 at Langara College.

Since graduating in 2008, Camilleri has appeared in film and TV shows such as *Percy Jackson and The Olympians: The Lightning Thief*, *A Series of Unfortunate Events*, *Supernatural* and *The Crossing*.

Studio 58 is known for being a tough program, but Camilleri said it prepared him well for an industry famous for being tough to break into.

"It was a very thorough program and I had a positive experience," Camilleri said. "I remember being taught by Kathryn Shaw the most. She is a theatre legend and she's intimidating, but that was a good thing."

David Hudgins, the acting artistic director, remembered Camilleri fondly.

"He was a fantastic student that was always great," Hudgins said. "I remember directing him in a play called *Guys and Dolls* where he played Sky Masterson. You could feel his stage presence, and I knew he was destined to be a leading man."

The hardest part for Camilleri

"You could feel his stage presence, and I knew he was destined to be a leading man."

—DAVID HUDGINS, ASSOCIATE DIRECTOR

was the transition from theatre to film acting because preparing for a role is different.

"Going into film from theatre was tough," said Camilleri. "In theatre, it takes weeks to prepare for a role because you really got to step into the character's shoes. In film, there wasn't much rehearsal and you only had a day or two to step into the character's shoes."

Camilleri, who offers tips to hopeful actors hoping to make it after school, has posted three online audio clips offering a variety of real-life tips he is happy to provide for future Studio 58 grads.

Camilleri suggests that students should journal, keep their beginners-mind, have fun and make sure they don't take things too seriously.

He said personally, he has always been able to rely on Langara faculty and his former classmates for support.

"It is like a family and you can always rely on them for tips."

Skating to the finals

South Vancouver skaters make it to STARskate finals

■ By JOSHUA REY

For figure skaters Tiffany Yen and Bernice Chau, the challenge isn't qualifying for the STARskate final.

It's getting enough ice time to make sure they are ready for it.

Preparing for a final is always tough and coach Yuan-Qin Leong said she hopes that the challenge her skaters face will pay off.

Yen and Chau, who have been training extensively with Leong, hope to finish in the top three of the STARskate Final, which is being held at the Capital News Centre in Kelowna from March 1-3.

They been training at the ice rink at Sunset Community Centre – though perhaps not as much as they would like.

"We have limited ice time and that is a challenge. Most of the training we do is off the ice," Leong said.

Yen said Leong has been helping her with her lands, jumps and also practising her solo routine off the ice.

Yen hopes to get a high grade of execution, which is a component of scoring figure skating performances.

"There is a lot of pressure for the final," Yen said. "I also want to show my parents how well I can do."

Chau hopes to get some experience at the STARskate final, and said that while training has been hard, it's also been a fun challenge for her.

"I want to focus and not put pressure on myself," Chau said.

"Yuan-Qin has helped me a lot physically and mentally to prepare for the final."



Mona Grace Sache, Eddison D, and Coach Deborah Bell relax after practice at Southlands Riding Club, Vancouver, B.C. JENNIFER BLAKE PHOTO

Show season springs up

Equestrians are training for the coming competition circuit

■ By JENNIFER BLAKE

As show season approaches, preparations are in full-swing at Southlands Riding Club.

Mona Grace Sache plans to participate in multiple shows throughout the spring and summer.

These days, the 13-year old has been riding her horse Eddison D every day for an hour in order to be prepared.

"We work on muscling Eddison up, getting his cardio back," Mona Grace said.

"Then I work on muscling myself up and getting fitter myself so I can ride him properly for the shows."

Southlands will hold its first spring show of the year on March 2.

"I'm riding three to four horses a day, and I'm teaching as well as

helping around the barn and managing," said riding instructor Deborah Bell, who said she plans on competing this year as well.

Bell said the recent snowstorms have made preparations difficult, due to bad roads and frozen footing.

"Giving our horses any more than two or three days off is hard," Bell said.

"They really struggle mentally without getting out, getting proper exercise," she said.

Bell said that Southlands Riding Club members work all winter to refine both the horses' and riders' skills.

Mona Grace has a team including her coach and mother to help prepare for shows.

"It's a family passion," said Christine Sache, Mona Grace's mother.

Mona Grace said her coach provides a lot of emotional and physical support during show season, and said Bell was "very helpful to her."

"It's great to work with the horses and the riders as athletes and develop them," Bell said of her riders.

But Mona Grace said some one-on-one time with Eddison D is equally important.

"I do like having time just with my horse to get myself prepared for the show," she said.

Mona Grace said she had to build a relationship with her horse in order to understand what he needs from her.

"He likes having a connection with one certain person," said Mona Grace, who one day dreams of working up from local competitions to the world class Fédération Equestre Internationale events.

UPCOMING SRC SHOWS

» March 2

Dressage percent day
9 a.m. - 5 p.m.

» March 10

St. Patrick play day & schooling
show 10 a.m. - 2 p.m.

» April 7

Dogwood Dressage
8 a.m. - 4 p.m.

For more information on future shows, please check the Southlands Riding Club website.



Simran Basra, Goalkeeper for the Langara Falcons women's soccer team, says athletes have been waiting on campus facilities for a long time. KIM LAU PHOTO

No Langara plans for YMCA closure – yet

2021 closure will force Langara athletes to seek other facilities

■ By KIM LAU

Starting in 2021, Langara athletes will need to find an alternative training facility that is accessible and convenient.

The south Vancouver YMCA is set to close in early 2021 for major renovations, opening back up in 2023.

Langara officials have said there are no immediate plans to build a physical education facility on campus.

With no training facilities on campus except for a gymnasium in Building G, the athletes have long

used the facility at the YMCA next door for training.

"It will make it much more difficult for some of them to get a consistent place to work out," said Paul Eberhardt, head coach of the Langara Falcons men's basketball team.

"I would say about half of them regularly use the YMCA pass."

According to Wendy Lannard, Langara facilities director, the 25-year master plan is a road map for the future of the campus growth over the next 25-plus years.

She said a new gym will not be addressed in the first phase of the new master plan.

"Langara will have a new 25-year master plan by late 2019/2020," Lannard said in an email statement to *The Voice*.

"There are no timelines for any buildings nor a new gym," she said.

Simran Basra, the Falcons' women's soccer goalkeeper, said athletes have been asking about an on-campus athletics facility for ages.

"We are always asking what's happening about the new gym," she said.

The YMCA's closure means that the athletes will not have easy access to a convenient location for regular workouts.

"The Y has always been there," Basra said.

"It is so close and so convenient. We used to go in between classes and then come back for more classes."

The YMCA is scheduled to close in 2021, which gives the college a two-year window to look for new training venues for its athletes.

"It's something we definitely have to figure out," said Langara athletics director Jake McCallum.

"I mean that I don't think the institution would react by building a new facility because the YMCA is going to be not there," he said.

"So, that is something I have to sort out where that will be this summer."