

1 Evolutionary ecology of specialisation: insights from phylogenetic 2 analysis

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11 **In this Special Feature, we assemble studies that illustrate phylogenetic approaches**
12 **to studying salient questions regarding the effect of specialization in lineage**
13 **diversification. The studies use an array of techniques within a wide-ranging**
14 **collection of biological systems (plants, butterflies, fish, and amphibians are all**
15 **represented). Their results reveal that macroevolutionary examination of**
16 **specialisation provides insight into the patterns of trade-offs in specialized systems;**
17 **in particular, the genetic mechanisms of trade-offs appear to extend to very**
18 **different aspects of life history in different groups. In turn, because a species may be**
19 **a specialist from one perspective and a generalist in others, these trade-offs**
20 **influence whether we perceive specialisation to have effects on the**
21 **evolutionary success of a lineage when we only examine specialisation along a single**
22 **axis. Finally, how geographical range influences speciation and extinction of**
23 **specialist lineages remains a question rife with potential for further insight.**

24 25 1.INTRODUCTION

26
27 Specialisation is a repeated pattern in living systems, suggesting that there are
28 general mechanisms underlying its evolution. Clearly, every species interacts with only a
29 small subset of all other species and in only a subset of habitats. Thus, some constraints
30 on associations have simple explanations: biogeography and range limits preclude pairs
31 of species, or a species and a particular suite of environmental variables, from being in

32 the same vicinity. We do not currently have precise information on the extent to which
33 range limits enforce the levels of specialisation that we see in nature [1, 2]. Despite this
34 large knowledge gap, we have clear instances where species have access to many
35 potential mutualists or habitats, yet have evolved adaptations that restrict their
36 proportional usage [3, 4]. The evolution of these adaptations may themselves directly
37 affect the speciation process [5] or simply be associated with macroevolutionary and
38 macroecological patterns (e.g., diversification through correlated characters or reduced
39 geographical extent [6]). This Special Feature serves to highlight our current knowledge
40 on how evolution has produced clades and communities notable in their variation in the
41 level of specialization, despite a paucity of well-characterized pathways that might
42 produce such variation [7]. We focus especially on studies that employ a
43 macroevolutionary perspective to investigate (1) the evolutionary success of specialists
44 and (2) how specialisation is shaped by variation along multiple morphological and
45 environmental axes.

46

47 *(a) The Evolution of Specialisation*

48 Is specialisation a dead-end? A once-held view was that the evolution of
49 specialisation was a one-way street, with transitions back to a broader niche breadth
50 being restricted [8]. Recently, however, a growing number of studies of specialisation
51 indicate that transitions from specialisation to generalisation are possible [9, 10].
52 However, examinations of transitions in a phylogenetic context sometimes provide
53 conflicting results. In birds, transitions in the level of specialisation are rare [11]. Yet in
54 plants, there are many examples of reversals in specialisation [12]; for example,

55 pollinator breadth exhibits little phylogenetic signal [13]. Phytophagous insects also
56 exhibit equivocal results with transitions occurring in either direction [14, 15]. Thus,
57 evidence is mounting that specialisation is not an absolute “dead-end”, even though a
58 disproportionate number of transitions may be in the direction of generalist to specialist
59 in some systems. However, the conditions and processes that lead to biases in transition
60 rates in one direction or the other remain poorly understood.

61 The envisioned pathway that would produce biased transitions from generalisation
62 to specialisation involves the idea of trade-offs, which however have proved elusive to
63 demonstrate empirically. The trade-offs might operate at the physiological level through
64 antagonistic pleiotropy [16]. For instance, C4 plant photosynthetic pathways have greater
65 efficiency in hot, dry environments, but lower photosynthetic rates in shaded, moist
66 environments [17]. Ecology could enhance the evolution of specialisation through
67 producing further genetic trade-offs. If a certain environment were more common (e.g.,
68 dry environments in the above example), deleterious mutations that affect the
69 performance in other environments might accumulate [18]. If these changes represented
70 loss-of-function mutations, reversals towards a generalist state would be rare. Whether
71 physiological or genetic trade-offs occur in tandem or independently is not well
72 characterized, nor is there much compelling evidence of irreversibility [12].

73 Notably, the difficulty of defining and detecting specialisation hampers our ability
74 to pinpoint its pathways and trade-offs. In the evolution of specialisation of plants on
75 pollinators, steep trade-offs (where adaptations improving the attraction or use of one
76 pollinator decrease the attraction or use of others) will generally favour specialisation
77 [19]. Studies on plant-pollinator specialisation in particular have provided many

78 examples showing how caution must be exercised in inferring fitness trade-offs from
79 morphological traits (“phenotypic specialisation”, e.g., long corolla tubes [20]).
80 Classically, floral corolla tubes were one trait conceived as an appropriate indicator of
81 reduction in biotic partnerships (narrow corolla tubes suggesting efficient pollination by
82 hummingbirds and poor pollination by bees and vice versa for wide corolla tubes [21]).
83 Many cases of apparent specialisation on certain functional groups pollinators have been
84 observed to be, in fact, ecologically generalized (e.g. flowers with wide corollas are
85 visited by insect and birds [22-24]).

86 Characterization of trade-offs is further complicated because they can occur at
87 different scales and involve different aspects of a species’ biology [25] (see *Axes of*
88 *Specialisation*). This complexity has led to the somewhat perplexing view that trade-offs
89 are uncommon, at least in within-species comparisons [25]. Intriguingly, the elusive
90 nature of trade-offs spurred investigation of whether they were an essential condition - a
91 theoretical study by Muchhala and colleagues [26] demonstrated that the selective cost of
92 lost pollen alone is sufficient to drive specialisation even in the absence of trade-offs. To
93 date, there have been few phylogenetic comparisons, yet analyses of host-pathogen and
94 plant-pollinator associations suggest that the ability to incorporate a certain plant species
95 into diet breadth is correlated with phylogenetic distance [27-29]. This suggests that
96 specialisation on clades of hosts or mutualists is widespread and that the use of certain
97 hosts is indeed lost over evolutionary time-scales. Notably, this pattern is consistent with
98 trade-offs, but also consistent with ecological models of the loss of selection for
99 interacting with hosts or mutualists that are outside of a species’ range.

100 From a macroecological perspective, there is one additional reason to expect the
101 appearance of dead-ends with transitions to the specialist state [6]. If specialists occupy a
102 narrow niche, they often also occupy smaller ranges [1], and endemics are more
103 susceptible to extinction [6, 30]. While some data suggest that the evolution of
104 specialisation is associated with evolutionary success in plants [31], habitat specialisation
105 is correlated with increased extinction risk in birds and bumble bees [32, 33]. If
106 specialists go extinct more frequently, most specialists will appear as young lineages on
107 phylogenetic trees [34] that have had less opportunity to transition to a generalist state
108 [10]. Species occupying a smaller range can also be less likely to speciate [35, 36]. Both
109 of these processes would produce a pattern whereby there are more extant generalist
110 lineages, each with the potential to transition to a more specialized state. Yet there are
111 examples that show empirical support for the opposite as well, with generalists exhibiting
112 higher extinction risk, at least in Odonata [37].

113 In this volume, we examine how “evolutionary success” in terms of speciation
114 and extinction rates varies with specialisation and document transitions between
115 specialisation and generalisation. Specialisation and generalisation in the diversification
116 of lepidopterans were examined for evidence of the musical chairs versus the oscillation
117 hypotheses [38]. Following a “musical chairs” model we might see that specialist clades
118 were more often transitioning between hosts, but remaining specialized, whereas in the
119 “oscillation” model we would predict that niche-breadth shifts (e.g. in phytophagy in
120 lepidopteran clades) from generalist to specialist would be more common. Rather than a
121 pattern of decreased diversification in specialist lepidopteran clades, Hardy and Otto find
122 more support for the Musical Chairs hypothesis [37]. In addition, they find a negative

123 relationship between host-plant breadth and diversification rates, with generalists
124 diversifying at lower rates because of their broad niches. This calls into question whether
125 specialisation can ever be considered a dead-end, at least in phytophagous insects. While
126 transitions to a more generalist state might be rare, host switching within specialist clades
127 is common and generates more species that are specialized, such that lowered
128 diversification rates will not be apparent. These patterns held despite the finding that
129 extinction rates were considerably lower in polyphagous lineages, suggesting that
130 specialists could potentially appear as evolutionary dead-ends due to declines in
131 persistence, but not due to trade-offs that prevent transitions back to a more generalized
132 state.

133 The Musical Chairs hypothesis may be clade-specific, as other patterns have been
134 seen in some plant-pollinator relationships. The shift from a specialized relationship (e.g.
135 pollination by few resin-collecting bees) to a generalized relationship (e.g. pollination by
136 many pollen-feeding insects) can be followed quickly by a reversal to a more specialized
137 relationship (e.g. pollination only by “buzz-pollinating” bees) [39]. This last example is
138 consistent with the oscillation hypothesis, which postulates that generalist lineages give
139 rise to specialist daughter species, but over time specialists can gradually add functions
140 and become more generalist. Similarly, in an analysis of pollinator breadth in
141 passionflowers, Abrahamczyk et al. [40] find that shifts are not disproportionately from
142 generalisation to specialisation. Instead, reliance on the sword-bill hummingbird
143 (*Ensifera ensifera*) appears to have evolved early on in a clade that then generated many
144 new species by allopatric isolation, some of which escaped from specialisation by
145 reducing their floral tubes, thereby being able to rely on a broader set of bird or bat

146 pollinators. In contrast to the idea that shifts in specialisation result in speciation
147 (pollinator shifts), Abrahamczyk et al. [40] find more evidence favouring biogeographical
148 shifts spurring the process of lineage splitting. In *Tritoniopsis revoluta* (Iridaceae)
149 Anderson et al. [41] report that pollinators vary geographically across the plant's range
150 and are closely associated with variation in floral traits, suggesting a strong role of
151 distribution and range in how biotic specialisation influences speciation (see *Range*
152 *extent, specialisation, and diversification*).

153 In summary, the studies in this Special Feature indicate that specialisation is not a
154 certain “dead-end” from an evolutionary perspective. First, transition from specialisation
155 to generalisation is possible and even prevalent in certain ecological contexts. Second,
156 specialisation in traits related to foraging or reproduction can be associated with
157 increased evolutionary success of some specialist clades, especially in specialist clades
158 that experience greater transition rates to different specialist states (“musical chairs”
159 pattern described above; Hardy and Otto [38]). Specialisation also need not by itself be
160 the driver of speciation. In the sword-bill-pollinated clade of passionflowers,
161 Abrahamczyk and colleagues find that specialized pollination is not the driver of
162 speciation but instead the precondition for successful species persistence in small
163 populations, which then adapt locally and evolve into separate species [40].

164 Hardy and Otto [38] raise the interesting point that the question of whether
165 specialisation influences speciation depends on how specialisation is defined: “One gray
166 area is how to define the relevant niche with respect to diversification, as generalists
167 along some axes (e.g., resource use) may be specialists along others (e.g., in host-
168 pathogen interactions). While theoretical models have shown that speciation is more

169 likely when phenotypes are multi-dimensional...this raises a challenge for empiricists
170 who must identify the phenotypic axes exhibiting the strongest diversifying selection in
171 order to detect relationships between niche breadth and speciation.” Other authors in this
172 Special Feature also tackle the issue of multi-dimensional axes of specialisation.

173

174 *(b) The Axes of Specialisation*

175 Specialisation can be defined in a number of ways, and there are many ways to
176 expand the “Jack of all trades, master of none” paradigm. One way to define
177 specialisation is the breadth occupied by a species on niche axes. Most species probably
178 are a generalist on some axes and a specialist on others [16]. For example, some species
179 of *Dalechampia* (Euphorbiaceae) exhibit apparently compensatory
180 specialisation/generalisation on two pollination niches axes: specialisation on the
181 temporal axis (shorter duration of blooming season) is associated with generalisation in
182 the number of pollinator species used and vice versa [42]. A growing body of evidence
183 suggests that, while physiological trade-offs are uncommon, constraints may act to allow
184 for specialisation along alternate facets of a species’ life history, e.g., where an advantage
185 with one biotic partner or in inhabiting one niche comes at the expense of dealing with
186 another [43-45]. Limits on floral specialisation may also accrue from conflicting selection
187 generated by herbivores or by abiotic factors. For example, specialisation on large bees
188 may select for large petals or bracts, but this may be countered by selection by herbivores
189 (that use the same cues to find host tissues) [46], selection for water conservation in xeric
190 environments [47, 48], or selection for rapid seed production in seasonal habitats [49-51].

191 Expanding the number of axes to include both biotic and abiotic specialisation can
192 also provide insight into the underlying forces that spur the evolution of specialisation.
193 For example, pollinators often select for larger corolla size, but such increases exert a
194 large cost in terms of water loss in dry environments [47, 48], as noted above. Without
195 information on the physical-environmental niche, it would be hard to ascertain why more
196 species do not display large flowers. Examining these trade-offs in a phylogenetic
197 framework can be a powerful approach to understanding the constraints on the evolution
198 of specialisation. Litsios et al. [52] provide evidence in this Special Feature of a negative
199 correlation between environmental tolerances (in temperature, salinity and pH) and host
200 specificities in clownfish and anemone mutualisms, which would likely confound
201 phylogenetic analyses of diversification along any single specialisation niche axis.
202 Further, if differential specialisation across resource axes is widespread, it may be a large
203 contributor to the local coexistence of specialist and generalist species [52], and provide
204 insight into the puzzling observation that specialists often do not outcompete generalists
205 [53].

206 Despite finding that multiple axes contribute to specialisation and interact to
207 influence its evolution [16], we have little information on whether abiotic or biotic factors
208 are more likely to drive specialisation, or whether dispersal and geographic range provide
209 environmental heterogeneity to spur initial transitions to specialisation. Muschick et al.
210 [54] examine these questions in this volume using the radiation of cichlids in Lake
211 Tanganyika, testing the idea that specialisation along multiple niche axes occurs
212 according to a common sequence of transitions. In these cichlids, subdivision of trophic
213 traits occurs in the early stages of adaptive radiation, while sexual communication traits

214 diversify late in the radiation. The phylogenetic analysis of Muschick and colleagues [54]
215 also finds limited support that specialisation along biotic niche axes (diet) precedes
216 specialisation along abiotic niche axes (macrohabitat).

217

218 *(c) Range Extent, Specialisation, and Diversification*

219 Environmental heterogeneity is a key factor both in the evolution of specialisation
220 and in the evolutionary success of the resulting lineage [7]. For example, if spatial
221 heterogeneity is such that the abundance of a commonly used host changes rapidly over
222 space (beta-diversity is high), this should accelerate the evolution of specialisation [41].
223 Much of the work in this area is done with herbivorous insects, with some studies
224 suggesting that generalisation is positively associated with large range size [55] and
225 others finding cases where a specialist can have a much larger range if its host species is
226 widespread [56]. Models of the evolution of specialisation that incorporate environmental
227 heterogeneity and associative mating indicate that these variables can result in a decrease
228 in gene flow between environments and contribute to speciation [7]. Anderson et al. [41]
229 examined pollinators in different parts of a plant species' range and found a close
230 association between floral traits and the traits of the pollinators in the region but did not
231 find strong evidence that these patterns greatly influenced gene flow and dispersal.
232 Presumably if selection pressures were consistent for generations, speciation could occur,
233 yet pollinators may be too variable between years [57]. Further work on the interplay
234 between dispersal, range, and beta-diversity would lend insight into how specialisation
235 evolves and persists as well as the propensity of these factors to lead to speciation.

236 Widely dispersing organisms are more likely to have opportunities to expand their
237 geographical range [58]. Species occupying large ranges should experience divergent
238 selection pressures upon their constituent populations; heterogeneity of selection
239 pressures may in turn provide selection towards generalisation across the entire species
240 (leading to its scoring as a generalist in a phylogenetic trait reconstruction that might use
241 just one accession to represent the species), but selection for different specialists at the
242 local population level. Bonetti and Wiens [59] find evidence in amphibians, however, that
243 the causal arrow could point in the opposite direction, with species with wide climatic
244 tolerances having the ability to persist in a greater number of locations than generalists.
245 Range size could then influence the heterogeneity in selection pressures from biotic
246 partnerships, allowing specialisation to evolve in other niche axes. Bonetti and Wiens
247 [59] find trait associations consistent with these expectations, with species having broad
248 tolerances for variation in temperature and precipitation rather than trade-offs in these
249 tolerances. For example, specialisation along the climatic niche can reduce range size and
250 set up conditions conducive to the evolution of specialisation along other niche
251 dimensions. Thus, we can observe associations in the levels of specialisation between
252 different axes of specialisation rather than trade-offs.

253

254 *(d) Conclusions and Future Directions*

255 Forister et al. [60] list a number of interesting unanswered questions in the
256 evolutionary ecology of specialisation. While they concentrated on plant-insect
257 associations, we attempt here to examine the process in a range of invertebrate and
258 vertebrate systems (butterflies, bees, hummingbirds, amphibians, fish lineages). The

259 problem of how to define specialisation remains. Generally, our view of trade-offs
260 appears to be widening, and this broadened perspective has the consequence of making
261 trade-offs more readily apparent. Whether or not trade-offs are observed depends on how
262 wide we cast the net; trade-offs do appear to be an important characteristic of
263 specialisation if we allow that they may operate between very disparate facets of a
264 species' life history (e.g., pollination and herbivory). Furthermore, the issue of dispersal
265 and range size presents further complicating factors, influencing the number and
266 combinations of conditions encountered (and therefore the trade-offs observed). Recent
267 studies indicate that the association between range size and niche breadth may vary in its
268 strength depending on niche position as well as the axes of the niche (dietary or habitat)
269 examined [61], suggesting that the complexity of these factors will provide an active area
270 of research for some time.

271 From a conservation perspective, specialists are some of our most charismatic
272 species, with the sword-billed hummingbird and the ca. 50 species of plants that
273 completely depend on it for pollination being a striking example. Thus, specialist species
274 often receive greater conservation attention than do generalists [62]. Although there is
275 evidence that specialists can exhibit superior competitive strategies in their element (for
276 foraging and/or reproductive assurance) [63], there is also evidence that their greater
277 reliance on a smaller subset of species puts them at greater risk of extinction [64].
278 Historically, a central question raised about specialisation was whether it commonly
279 represented a dead-end [65]. From a macroevolutionary perspective, specialist clades
280 may play a particularly important role in generating additional species at high rates due to
281 host switching (the Musical Chairs process; see [38]), and this process would tend to

282 make many specialists species appear “young” on phylogenies. With the current
283 conservation focus on the phylogenetic uniqueness of a given species [66], one
284 implication is that the “young” nature of many specialists may put them at lower
285 prioritization for conservation. Additionally, while there is little evidence to suggest that
286 specialisation is irreversible or associated with lower speciation rates, specialist clades
287 can experience higher extinction rates. Elevated speciation rates may buffer specialist
288 clades from being lost to extinction to a certain extent [67], but further research should
289 examine which specialist clades may be at the limits of the compensatory effects of
290 speciation and experiencing net declines in species richness.

291 Network studies are providing some valuable insight into how specialisation
292 varies among communities. However, while connectance (the number of links between
293 trophic levels compared to the maximum possible) is often equated with stability, loss of
294 specialists will appear as increased connectance in networks [68]. Additionally, gain of a
295 high proportion of weedy generalist species in numerous communities will result in
296 lowered beta-diversity and more homogeneous community composition over larger
297 spatial scales [69]. While these two outcomes would suggest that we lose biodiversity
298 despite increasing stability in networks, there are at least two reasons to suggest that
299 specialists may be as robust as generalists to environmental perturbations. First, specialist
300 species often rely on generalist partners (i.e., networks tend to be asymmetrical and
301 nested) [70, 71]. Second, as exemplified in clownfish in this Special Feature, generalist-
302 specialist trade-offs across multiple resource axes will act as a buffering force, such that
303 specialists in bipartite networks may be habitat generalists, thus providing a further
304 balancing mechanism that allows for coexistence of species [52]. Recent studies have

305 incorporated macroevolutionary and phylogenetic approaches into network studies to
 306 reveal the influence of shared traits on forming network interactions [28, 64], and the new
 307 metrics currently emerging [72] will likely further provide an important link between the
 308 influences of evolutionary history, traits, and environmental heterogeneity.

309 In summary, specialists can experience greater evolutionary success compared to
 310 their generalist counterparts, possibly due to the very trade-offs that often drive
 311 specialisation. In cases where we observe specialisation along a number of different niche
 312 axes, historical range size may provide insight into how suites of specialized traits arise in
 313 lineages. Some of these insights would be impossible to gain without using a
 314 macroevolutionary perspective, and the studies in this issue highlight how comparative
 315 phylogenetic analysis sheds light on general principles underlying the evolution and
 316 persistence of specialized interactions.

317

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