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## Reflections from the past: Life lessons for better living.

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University of Idaho

Reflections  
&  
Lessons For

# Better Living



Susan Stuntzner

PhD, LPC, CRC, NCC  
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**REFLECTIONS  
&  
LESSONS FOR BETTER LIVING**

**Reflections from the Past: Life Lessons for Better Living**

**Susan Stuntzner**

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**University of Idaho**

Counselling Association of India  
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## Author Biography

**Susan Stuntzner, PhD**, is an assistant professor in the rehabilitation counseling profession at the University of Idaho. She is also a Licensed Professional Counselor, a Certified Rehabilitation Counselor, and a Nationally Certified Counselor. Presently, she trains master level students to become counselors, writes, and conducts research. Dr. Stuntzner is the author of another book entitled, *Living with a Disability: Finding Peace Amidst the Storm*. She is presently working on a book for the family called, *Resiliency & Coping with Disability: The Family After*. Dr. Stuntzner has first-hand experience in living with a visible disability for over 28 years. Dr. Stuntzner is a recent graduate from University of Wisconsin – Madison where she obtained her PhD in rehabilitation psychology.

# CONTENTS

*Acknowledgement*

Forward

## LOCUS OF CONTROL

1.	APPRECIATE THAT “CHANGE” IS HARD	2
2.	IDENTIFY WHAT YOU CAN CONTROL	3
3.	CHANGE THAT WHICH YOU CAN	4
4.	CHALLENGES ARE A PART OF THE JOURNEY	5
5.	APATHY IS THE ENEMY	6
6.	STOP REACTING – DO SOMETHING!	7
7.	GET “ANOTHER” PERSPECTIVE	8
8.	BELIEFS & PERSPECTIVE ARE EVERYTHING	9

## REGULATING YOUR THOUGHTS & EMOTIONS

9.	LEARN TO DEAL WITH AMBIGUITY	11
10.	TRUST YOUR “FEELINGS”	12
11.	MENTAL RUMINATION BENEFITS NOONE	13
12.	PUSH THE ”EJECT” BUTTON	14
13.	LET GO OF MENTAL MISERY	15
14.	BE COGNIZANT OF YOUR FEARS	16
15.	IDENTIFY YOUR “SELF-INDUCED” HELL	17
16.	QUIET THE MIND	18
17.	RELEASE THE NEGATIVE	19
18.	FOCUS ON THE POSITIVE	20
19.	USE ANOTHER PERSPECTIVE	21
20.	PRACTICE GRATITUDE	22

## LIFE COPING STRATEGIES

21.	GIVE YOURSELF TIME	24
22.	BECOME A SLEUTH	25
23.	ASK FOR WHAT YOU NEED	26

24.	REMEMBER THE POWER OF CHOICE	27
25.	TALK IT OUT	28
26.	WRITE IT OUT	29
27.	ACQUIRE CLARITY & VISION	30
28.	DEVELOP TENACITY	31
29.	NEVER GIVE UP	32
30.	BE WILLING TO TAKE A STAND	33
31.	KNOW WHEN ENOUGH IS ENOUGH	34
32.	DISCOVER THE HUMOROUS SIDE	35
33.	SERIOUSNESS IS HIGHLY OVER RATED	36

### **SOCIAL SUPPORT**

34.	IDENTIFY YOUR SUPPORTS FOR SUCCESS	39
35.	LOCATE YOUR SUPPORT SYSTEM	40
36.	SEEK OUT LIKE-MINDED PEOPLE	41
37.	SURROUND YOURSELF WITH “WINNERS”	42
38.	BE WILLING TO RECEIVE SUPPORT	43
39.	RESPECT & HONOR YOUR FRIENDS	44
40.	LISTEN FOR THE “LESSONS”	45
41.	REJECT THE “NAY SAYERS”	46

### **PURPOSE IN LIFE**

42.	BE WILLING TO FIND A “HIGHER” PURPOSE	49
43.	SEARCH FOR “MEANING”	50
44.	DISCOVER YOUR PATH	51
45.	BE WILLING TO FOLLOW YOUR PATH	52
46.	LOOK TO THOSE YOU ADMIRE	53
47.	HARNESS THE POWER OF YOUR EXPERIENCES	54
48.	FIND YOUR VOICE	55
49.	KNOW WHEN TO EDUCATE	56

### **OUTLOOK & SATISFACTION WITH LIFE**

50.	DESIRE BETTER FOR YOURSELF	60
51.	VISUALIZE THE POSSIBILITIES	61

52.	BECOME AN OBSERVER OF “ LIFE”	62
53.	SEPARATE NEEDS FROM WANTS	63
54.	BE WILLING TO SET GOALS	64
55.	PARTICIPATE TO THE FULLEST	65
56.	MAXIMIZE YOUR ASSETS	66
57.	IMPERFECTION IS INEVITABLE	67
58.	BALANCE IS KEY	68
59.	LEARN FROM “LIFE”	69

### **FUNCTIONING & INDEPENDENCE**

60.	FOCUS ON YOUR ABILITIES	72
61.	DO YOUR BEST NO MATTER WHAT	73
62.	DISCOVER THAT WHICH YOU LOVE	74
63.	MAXIMIZE YOUR STRENGTHS	75
64.	EMBRACE YOUR POWER	76
65.	ADVOCATE	77
66.	SET BOUNDARIES	78

### **SPIRITUALITY**

67.	EMBRACE SPIRITUALITY	81
68.	RECOGNIZE GOD IS FOR YOU	82
69.	BUILD A SPIRITUAL CONNECTION	83
70.	SURRENDER TO WIN	84
71.	TRUST GOD ABOVE ALL ELSE	85
72.	DISCOVER GRATITUDE	86
73.	LOOK FOR THE MIRACLES	87
74.	UNDERSTAND THE POWER OF FORGIVENESS	88
75.	PRACTICE FORGIVENESS	89
76.	THIS TOO SHALL PASS	90
77.	FINISH YOUR “LESSONS”	91
78.	PRACTICE KINDNESS	92
79.	LEARN TO PRACTICE ACCEPTANCE	93

### **PERSONAL GROWTH**

80.	ACKNOWLEDGE THAT LIFE IS NOT FAIR	96
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81.	BE WILLING TO “LEARN”	97
82.	DISCOVER THE UNKNOWN	98
83.	VALUE YOURSELF	99
84.	SEEK THE BEST	100
85.	SEARCH FOR YOUR “MENTOR”	101
86.	BECOME A SKILLED “INCORPORATOR”	102
87.	USE YOUR EXPERIENCE FOR THE WELFARE OF OTHERS	103
88.	DISCOVER ADDITIONAL SKILLS	104

### **FAMILY CONNECTIONS & VALUES**

89.	LEARN FROM FAMILY	107
90.	IDENTIFY YOUR VALUES	108
91.	RELISH THE “GOOD” TIMES	109
92.	APPRECIATE & HONOR YOUR FAMILY	110
93.	BE WILLING TO IDENTIFY POSITIVE CHANGE	111



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