

ENERGY ASPECTS AND VENTILATION OF FOOD RETAIL BUILDINGS

Maria Kolokotroni^{*}, Savvas Tassou and Baboo Lesh Gowreesunker

*RCUK Centre for Sustainable Energy Use in Food Chains
Brunel University,
Kingston Lane, Uxbridge,
UB8 3PH, UK*

**Corresponding author: maria.kolokotroni@brunel.ac.uk*

ABSTRACT

Worldwide the food system is responsible for 33% of GHG emissions. It is estimated that by 2050, total food production should be 70% more than current food production levels. In the UK, food chain is responsible for around 18% of final energy use and 20% of GHG emissions. Estimates indicate that energy savings of the order of 50% are achievable in food chains by appropriate technology changes in food production, processing, packaging, transportation, and consumption.

Ventilation and infiltration accounts for a significant percentage of the energy use in food retail (supermarkets) and catering facilities such as restaurants and drink outlets. In addition, environmental conditions to maintain indoor air quality and comfort for the users with minimum energy use for such buildings are of a primary importance for the business owners and designers. In particular, supermarkets and restaurants present design and operational challenges because the HVAC system has some unique and diverse conditions that it must handle.

This paper presents current information on energy use in food retail and catering facilities and continues by focussing on the role of ventilation strategies in food retail supermarkets. It presents the results of current studies in the UK where operational low carbon supermarkets are predicted to save 66% of CO₂ emissions compared to a base case store. It shows that low energy ventilation strategies ranging from improved envelope air-tightness, natural ventilation components, reduction of specific fan power, ventilative cooling, novel refrigeration systems using CO₂ combined with ventilation heat recovery and storage with phase change materials can lead to significant savings with attractive investment return.

KEYWORDS

energy use, food chain, ventilation, supermarkets, heat recovery, refrigeration, UK

1 INTRODUCTION

The food chain comprises agricultural production, manufacturing, distribution, retail, consumption and waste disposal. In Europe, there were just over 48 million people employed within the EU-27s food chain in 2008; this equated to more than one in five of the EU's total workforce. The food chain was made-up of close to 17 million different holdings/enterprises and generated EUR 751 billion of added value, equivalent to just under 6 % of the EU-27's GDP, (Eurostat, 2011). In 2010, the food and tobacco industry sector accounted for almost 10 % share of the total energy consumed by the EU-27 industry (29 Mtoe vrs 292 Mtoe total), (Eurostat, 2012).

In the UK alone, it is estimated that the food chain is responsible for 195 MtCO₂e emissions from domestic food chain activity in 2010, of which 118 MtCO₂e are from UK food chain activity and the remainder from food imports; retail and catering account for 7.7 Mtoe/year or 18 MtCO₂e emissions. Figure 1 shows these statistics diagrammatically. The food chain is also responsible for 15 Mt of food waste, with households generating 7.2 Mt/year and 3.2 Mt/year from manufacturing. It should be noted that changing diet patterns and food imports have an impact on carbon emissions. Garnett (2011) suggests that although technological advancements will have significant importance in reducing the GHG emissions of the food chain, shifts in pattern - especially the lower consumption of rich GHG-intensive products such as meat and dairy products - will also be necessary. The impact of food imports is product dependent; for example imported fruits tend to higher embedded energy values compared to domestically produced fruit (Lillywhite et al, 2013), but the relative benefits over the whole chain are product-specific. It should also be mentioned that according to Eurostat data in 2011, the UK had the 'largest food and beverage retail workforce and food services workforce among the EU Member States' (Martinez-Palou and Rohner-Thielen 2011). In terms of economic activity the agri-food sector contributed £96.1 billion or 7.3% to national Gross Value Added in 2011, an increase of 7.8% on 2010 and employed 3.3 million people in the third quarter of 2012 (13% of Great Britain employment), (Defra, 2012).

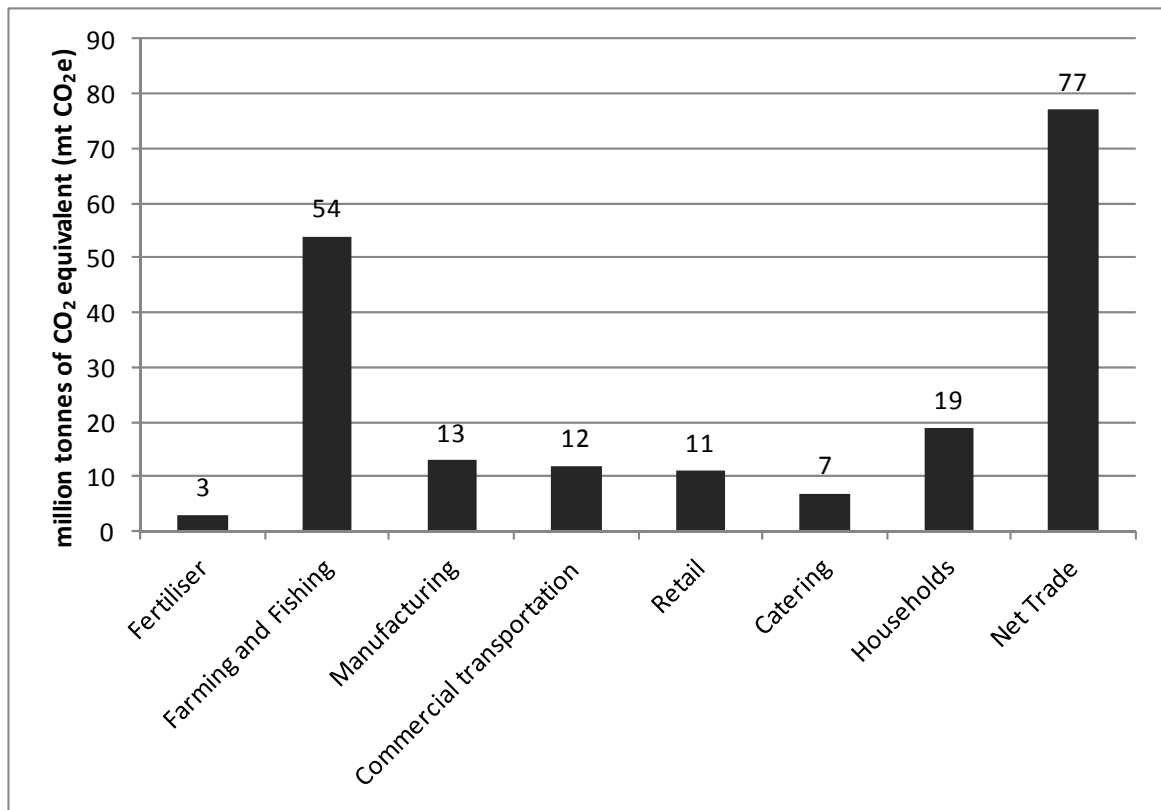


Figure 1: Greenhouse gas emission from the UK food chain (reproduced from Defra 2012, p43)

This paper focuses on the UK but in terms of giving the wider context a study in the US estimating changes in energy flows is referred to here (Canning et al, 2010); it shows that the food-related share of the national energy budget at 15.7% for 2007 based on 2002 data. The authors note that this estimate does not account for any technology changes, including energy technologies that may have occurred after 2002. The study indicates that food-related aggregated energy flow rose by 12.7% compared to 3.8% for the total-energy flow, relative to 2002.

The statistics quoted above indicate that energy use in the food chain is a significant proportion of the total energy use and estimates indicate that fossil energy savings of the order of 50% are achievable in food chains by appropriate technology changes in food production, processing, packaging, transportation, and consumption (Pimentel et al, 2008). In recent years, progress has been made in the reduction of energy consumption and emissions from the food chain primarily through the application of well proven technologies, such as heat pumps (Seck et al, 2013), that could lead to quick return on investment. To make further progress, however, significant innovations will have to be made in approaches and technologies at all

stages of the food chain, taking a holistic view of the chain and the interactions both within the chain and the external environment.

This paper focuses on the retail (supermarkets) part of the food chain. Through a literature review and a UK focus, it aims to show how low energy ventilation technologies can be used in food retail buildings in order to reduce their energy use. Section 2 presents some energy use statistics for both food retail and catering buildings while section 3 focusses on the energy requirements of supermarkets. Section 4 presents examples of low carbon supermarkets in the UK and their ventilation features with separate sections on building design and refrigeration plant.

2 ENERGY USE IN FOOD RETAIL AND CATERING

Recent statistics of energy use in the UK, indicate that 42 MWh (20% of total energy use in 2011) are used by general retail buildings and 25 MWh (almost 12% of total energy use by non-domestic buildings) are used by hotel and catering buildings (Figure 2). Of this in the retail sector, 13% is for catering and 8% is for ventilation and cooling (Figure 3). In the hotel and catering sector, 26% is for catering and 5% for ventilation and cooling. Ventilation has also an impact on the energy use of heating (more than 30% of total) and lighting in many cases (33% of total in retail and 14% in hotel and catering). (DECC, 2013).

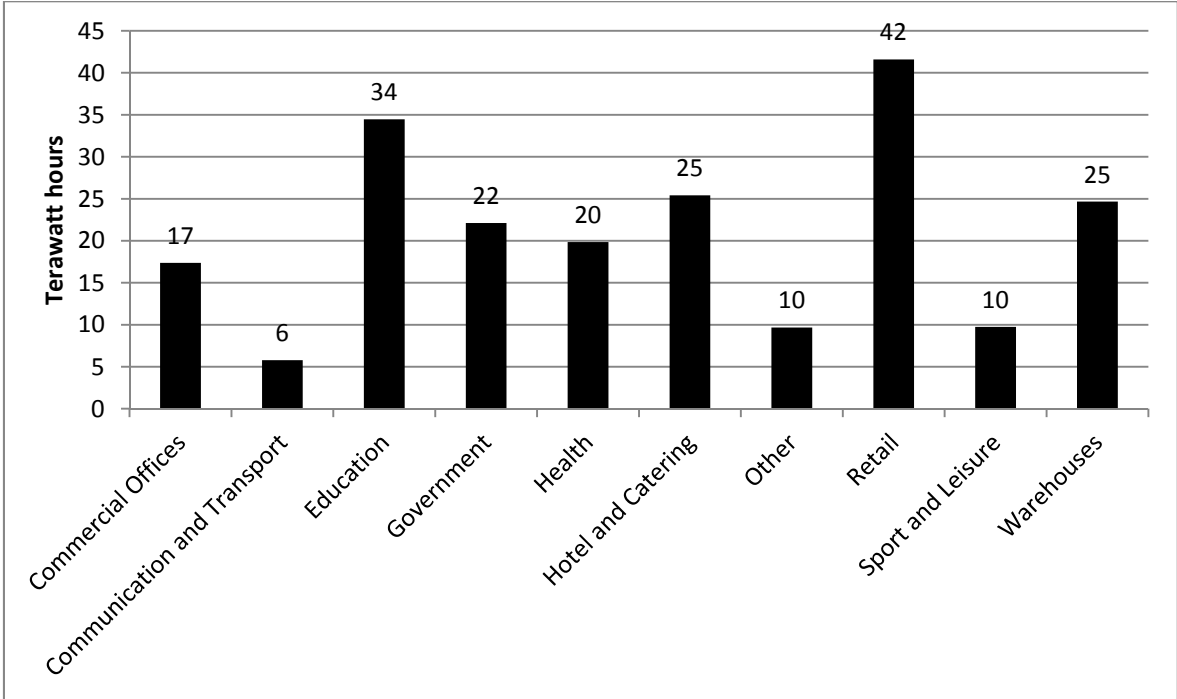


Figure 2: Final energy consumption in the service sector in the UK by sub-sector in 2012 (DECC 2013, Table 5.09).

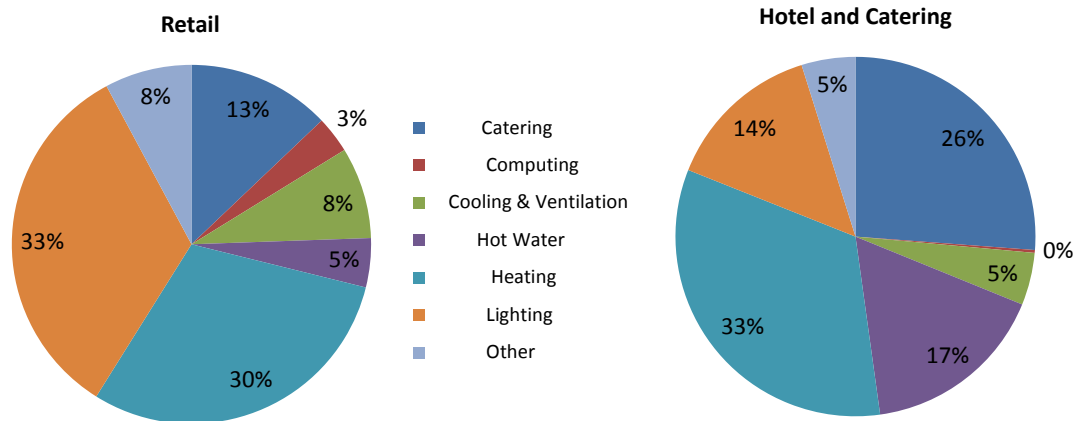


Figure 3: Final energy consumption in 'retail' and 'hotel & catering' sector in the UK by end use in 2012. (DECC 2013, Table 5.09).

In addition, energy for cooking and refrigeration in the domestic sector is a sizeable percentage of the energy use. Cooking accounts for 5% of energy use in the home for a group of 19 IEA countries (IEA19), a number similar to energy use for lighting. The International Energy Agency (IEA, 2008) also notes that appliance energy use (mostly electricity) is growing very rapidly and has overtaken water heating as the second most important household energy demand; in 2005 home appliances used 21% of households energy, (Figure 4a) In EU15, the diffusion of energy efficient large appliances such as refrigerators and freezers is improving but is still a large percentage of the appliance energy use in households (IEA, 2008). Figure 4 shows that despite the improvement in the energy efficiency of large appliances (cookers, refrigerators and freezers), energy use of appliances is increasing due to an increase in the number of small equipment. It is also important to note that as the building fabric of dwellings becomes more energy efficient, space conditioning needs will reduce, thus rendering other end-uses, such as cooking, much more important components of energy use and, as a result, there will be shift of focus of energy saving strategies towards these appliances.

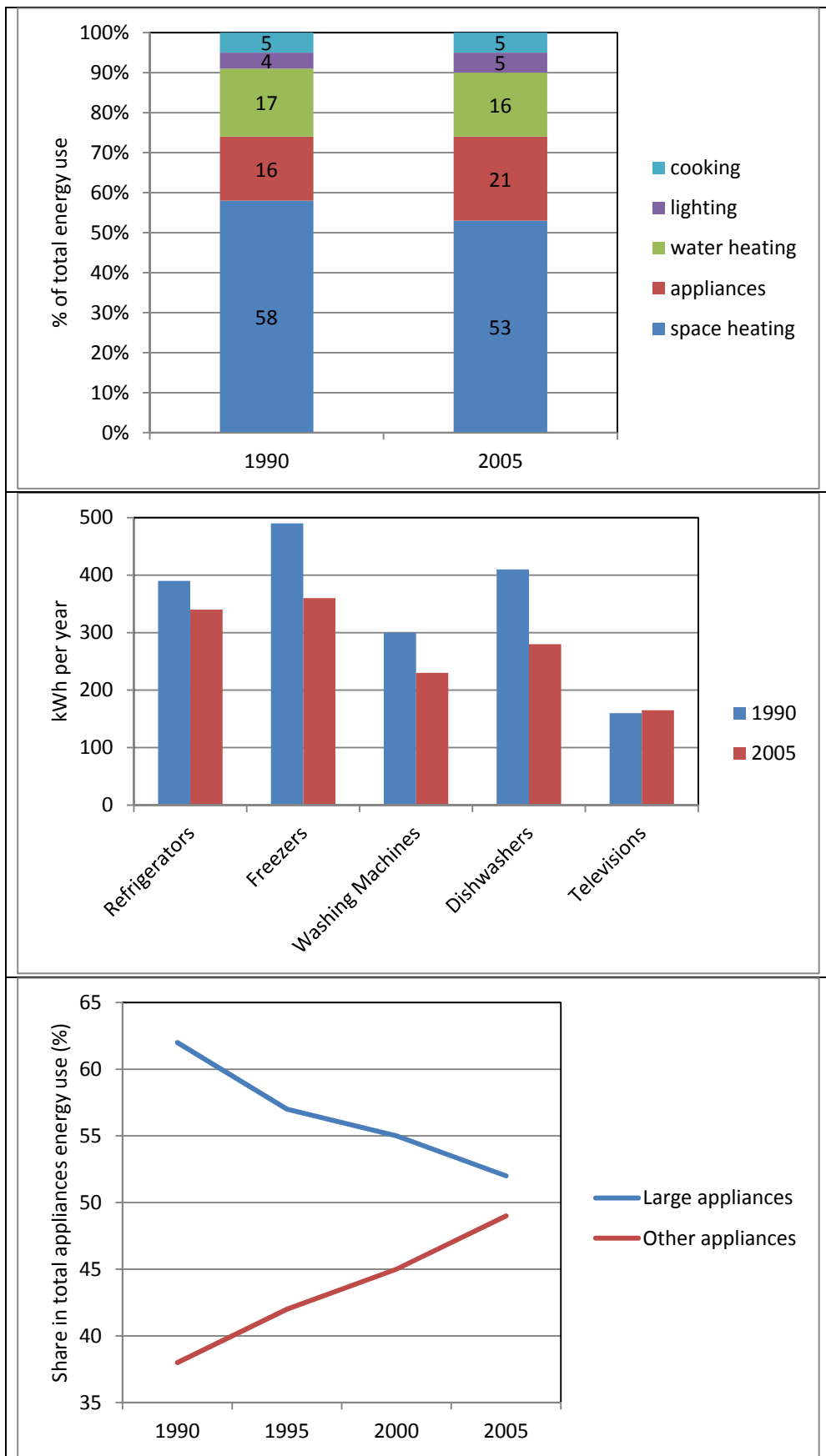


Figure 4: Household Energy Use by End Use and Appliances (a) IEA19, (b) EU15 and (c) share of large and small appliances in EU15 (source IEA 2008)

In the light of the above statistics, this project will investigate energy use reduction technologies, starting with food retail buildings in the UK which are the focus of the remainder of this paper.

3 ENERGY REQUIREMENTS OF SUPERMARKETS

There is evidence that UK supermarkets have significantly improved their operational efficiency over the period 2000–2010. Figure 5 presents (Sullivan and Couldson, 2013) total greenhouse gas emissions relative to 2007 baseline of six supermarket chains; it can be seen that the majority have improved emissions; one of the supermarket chains reports increased emissions and this is mainly due to the expansion of operations outside the UK; its UK emissions were reduced by 5%. Sullivan and Gouldson (2013) suggest that this reduction stems from increased emphasis of these companies' sustainability strategies on climate change considerations since mid 2000s as reflected in corporate responsibility reports with specific commitments to reduce operational emissions. A recent report (British Retail Consortium, 2014) suggests that progress since the mid 2000s are due to improvements in:

- (a) retail operations by improving energy monitoring and control systems; developing investment models to support corporate energy demand reduction strategies; and improving the operational efficiency through placing doors on fridges and chillers and implementing auto-defrost processes to tackle waste energy consumption
- (b) energy use in buildings by deployment of energy efficiency technologies such as LED lighting, trialling new and innovative technologies in refrigeration, heating and ventilation equipment, and increasing the use of renewable energy on site such as biomass boilers, solar power and wind turbines
- (c) transport by increasing the use of alternative fuels in fleets, such as bio-diesel and fuels from waste, developing better route optimisation models and increasing delivery efficiency
- (d) staff training and behaviour change in energy use and efficient driving techniques were introduced.

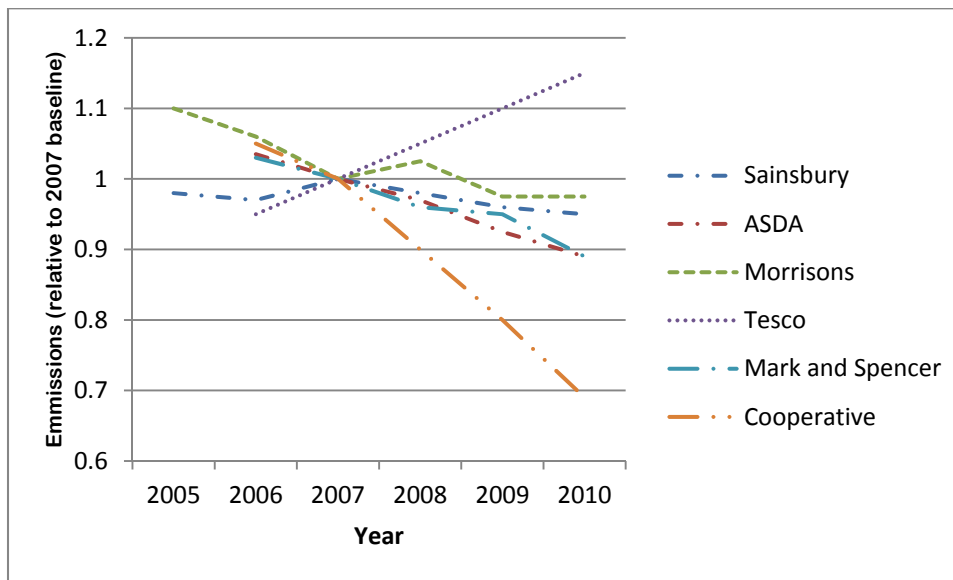


Figure 5: Total Greenhouse Gas Emissions form UK Retailers (2005-2010) (source Sullivan and Couldson 2013). Increase by Tesco is due to business expansion.

Supermarkets have supported research which will be useful for improving energy efficiency in their stores and statistical models have been recently developed to assist this. For example, Mavromatidis *et al.* (2013) describes a model based on Artificial Neural Networks (ANN) that can be used as a diagnostic tool in a specific store, and Spyrou *et al.* (2014) present a regression model for the prediction of energy use in a number of supermarkets based on a few measureable parameters such as floor sales area, food:non-food ratio, volume of sales, year of construction, ceiling height, number of floors, the existence or not of CHP. Such models are by nature restrictive and static in their applicability, and depend on the original data which informed their development. Nevertheless, these simplistic tools are very useful to specific supermarket chains as they allow a quick evaluation of the energy performance of individual stores compared to the supermarket chain's mean energy values. They do however require regular updating to account for technological and policy changes.

Despite recent improvements in energy efficiency, **retail food stores** are large consumers of energy. Food retailing in the UK is responsible for around 12.0 TWh and around 3% of total electrical energy consumption (Tassou et al, 2011). Estimates for GHG emissions from food retail operations vary between 6 and 9.5 MtCO_{2e} (Stanford, 2010). Retail food stores are a part of the commercial sector of buildings which accounts for 7% of the total delivered energy consumption worldwide, with an expected yearly increase of 1.5% up to 2035 (IEA, 2011). It remains unclear what percentage of the energy consumption is covered by supermarkets

alone, since very few studies make a distinction between building types in the non-domestic or commercial sector. In the USA, the average energy use intensity of supermarkets is 631 kWh/m² per year (Energy Information Administration, 2003 cited in Pérez-Lombard et al. (2008)). The corresponding figure for the U.K. varies between 700 kWh/m² per year for hypermarkets, to 2000 kWh/m² per year for convenience stores (Tassou et al., 2011). Current UK benchmarks (CIBSE, 2012) indicate 261 kWh/sales floor area of natural gas and 1026 kWh/sales floor area of electricity for typical supermarkets. The energy use has been normalised per floor area of the supermarket building used for sales; this is done so that comparisons reflect energy use normalised for the main business (sales) and excluding ‘auxiliary’ areas such as offices, storage, customers’ facilities etc. It might be worth for future benchmarks energy use per volume of the whole building is also calculated to reflect variation of building height. It should also be noted that Energy Performance in Buildings Directive re-cast calls for the display of energy performance certificates of buildings such as supermarkets and restaurants (Directive 2010/31/UE, 2010, paragraph 24 and article 13).

The energy use in supermarkets will depend on business practices, store format, product mix, shopping activity, the equipment used for in-store food preparation, preservation and display. This can be reflected in a current classification according to their location/function and sales floor area are described in Table 1 [Defra 2006, IGD 2013]. Energy use varies but current benchmarks do not reflect this. Research has been carried out for individual categories and Figure 6 shows diagrammatically the energy use by various parts in a hypermarket. In general, the refrigeration systems account for between 30% and 60% of the electricity used (taking into consideration smaller stores), whereas lighting accounts for between 15% and 25% with the HVAC equipment and other utilities such as bakery, for the remainder. Gas is normally used for space heating, domestic hot water and in some cases for cooking and baking and can be as high as 250 kWh/m² per year in hypermarkets.

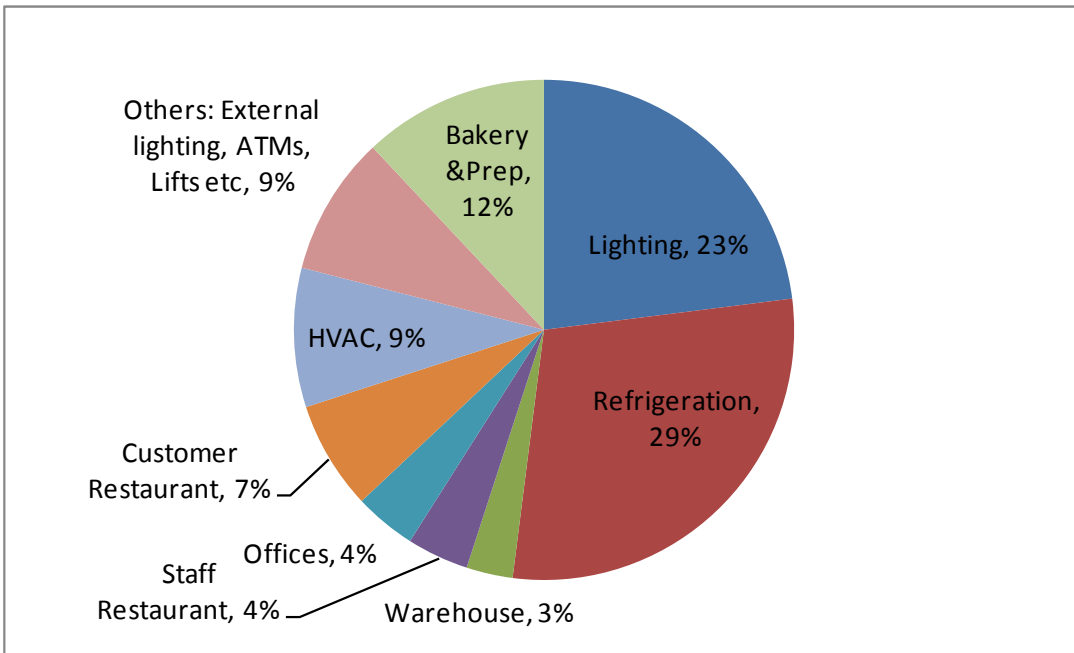


Figure 6: Percentage contribution of electrical energy use processes in a hypermarket.(source Tassou 2011).

Therefore, significant energy savings can be achieved by improving the efficiency of refrigeration systems, refrigeration and HVAC system integration, heat recovery and amplification using heat pumps, demand side management, system diagnostics and local combined heat and power generation and tri-generation. Energy saving opportunities also exist from the use of low energy lighting systems, improvements in the building fabric, integration of renewable energy sources, and thermal energy storage (Tassou et al 2011, Carbon Trust 2010). Another area that provides significant opportunities for energy savings is the design of more efficient refrigerated display fixtures. Figure 7 shows the contribution to the load of a vertical multi-deck open form chilled food display cabinet. As indicated, infiltration accounts for more than 75% of the energy load which has led to proposed and implemented solutions on how to minimise it (Tassou et al 2011).

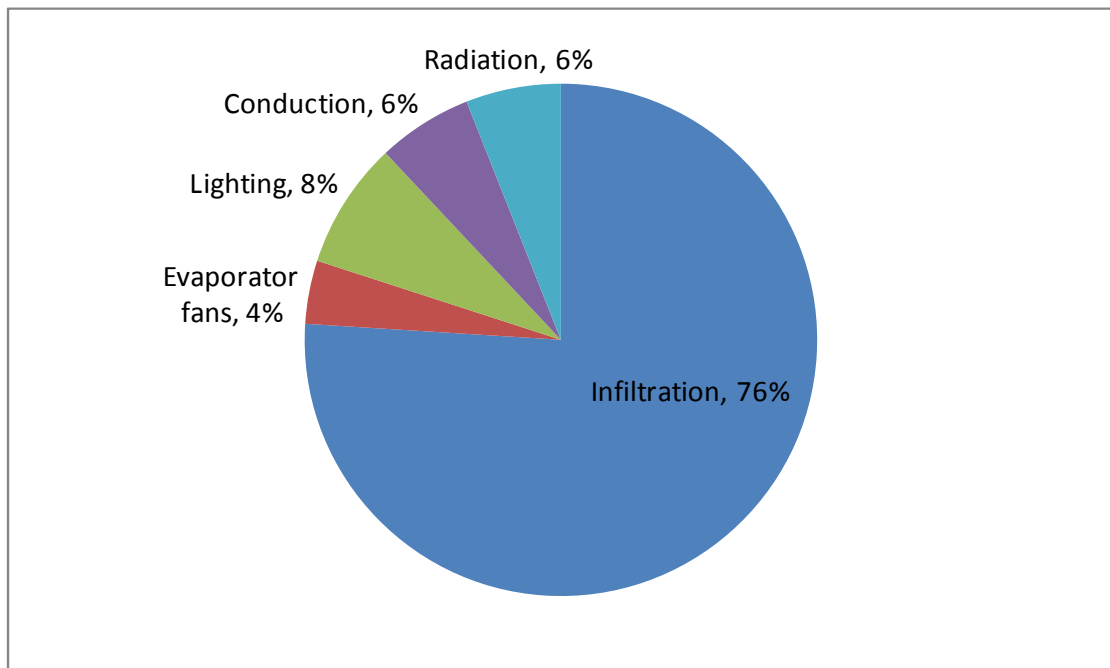


Figure 7: Contributions to the load of a vertical multi-deck open front chilled food display cabinet. (Tassou 2011)

4 EXAMPLES OF LOW CARBON SUPERMARKETS IN THE UK AND VENTILATION FEATURES

A study carried out in 2010 investigated the potential for a zero energy store (Hill et al, 2010) based on available data from supermarkets and thermal modelling. It suggests that:

- Refrigeration accounts for 40-50% of electricity consumption, with lighting and store heating/cooling systems accounting for most of the remainder.
- The need to heat or cool air introduced for ventilation purposes may account for around twice as much energy consumption as the heat lost or gained through conduction across the walls, roof and floor of the store.

Therefore, ventilation is an area where further energy efficiency improvements are possible and natural ventilation systems have started being introduced in UK stores in many cases linked with natural lighting systems.

Envelope infiltration: In the UK, air-tightness tests are mandatory for buildings with a floor area of more than 1000 m² and should be less than a maximum (or limiting) air permeability

of $10 \text{ m}^3 \cdot \text{h}^{-1} \cdot \text{m}^{-2}$ at a test pressure differential of 50 Pa (ATTMA 2010, Part L, 2013). In general, the envelope area of the building is the total area of all floors, walls and ceilings bordering the internal volume subject to the test. Overall internal dimensions are used to calculate this area. The limiting air permeability is the worst allowable air permeability. The design air permeability is the value used in establishing the Building Emission Rate (BER expressed as $\text{kgCO}_2/(\text{m}^2 \cdot \text{year})$), and is based on a specific measurement of the building concerned. So, air-tightness of supermarket envelope is regulated under the energy efficiency building regulations and in many cases $5.0 \text{ m}^3 \cdot \text{h}^{-1} \cdot \text{m}^{-2}$ at 50Pa is the desirable design value for low carbon supermarkets.

Ventilation strategies can be divided to those (a) integrated with other low carbon design strategies for the building and (b) integrated with the equipment of the supermarket.

4.1 Low carbon design and ventilation

There are examples of low carbon supermarkets and guidelines on how to achieve such buildings. Two reports sponsored by leading UK supermarket chains have been published in the last few years (Hill et al, 2010, Target Zero, 2011). In both reports, a base case supermarket was created based on the operational details of an existing store and energy efficiency measures were investigated including renewables. In this paper, only the energy efficiency improvements are reviewed.

The results of the (Target Zero, 2011) study are shown in Table 2; the energy efficiency improvements introduced were divided into three packages each with increased energy savings. Table 2 shows that all three energy efficiency packages are predicted to save money. Package B which includes ventilation features such as reduction of specific fan power and ventilation heat recovery has a lower net-present value (NPV) than Package A and therefore more attractive. For package C which includes additionally highly improved air-tightness at $5 \text{ m}^3 \cdot \text{h}^{-1} \cdot \text{m}^{-2}$ @ 50 Pa, despite the greater reduction in carbon emissions, its economic performance is less attractive.

(Hill et al, 2010) report has summarised low energy design initiatives as:

- Enhanced utilisation of daylight

- A combination of natural and mechanical ventilation, with heat exchange
- Improved refrigeration cabinets, with doors on frozen food cabinets
- Improved control over lighting and ventilation, and acceptance of a wider range of internal temperatures
- LED display lighting
- Renewable energy sources, such as biomass or wind power

The overall effect of these measures is typically to reduce energy consumption to around 400 kWh/m², with the proportional reduction in energy use for lighting and refrigeration being slightly higher than for heating and cooling. This sets a baseline for considering future reductions in energy use and emissions.

The same report (Hill et al, 2010) has identified a number of low carbon supermarkets and in particular an exemplar low carbon supermarket was constructed by one of the leading supermarket chains in the UK which has been monitored and studied by a number of research teams in the UK (Hill et al, 2010). The low carbon features of this supermarket are presented in Table 3.

A parametric simulation analysis was carried out using this supermarket as a case-study (Charalambous, 2013) by changing envelope characteristics such as air-tightness, heat transfer and roof-lights. The simulation results (using IESVE) were calibrated with operational energy data of the store; the predicted energy use was 718 kWh/m² of sales area with a break down for end-use consumption of 101 kWh/m² for lighting, 21 kWh/m² for cooling, 269 kWh/m² for heating, 227 kWh/m² for refrigeration and 100 kWh/m² for auxiliary and equipment. Some simulations were carried out using a future weather file for 2050 to investigate the effect of the proposed measures in the future. We chose to carry out simulations for 2050 rather than 2020 because they focus on characteristics of the envelope of the building (air-tightness, U-values and roof lights) which are not easily changed once the building is constructed; so long term evaluation of performance is relevant. The weather file used for 2050 has been created (Prometheous project, 2010) according to UKCP09 (Met Office, 2013) predictions for the high emission scenario (A1F1); the TRY weather file for Manchester was used for the current year simulations, and the UKCP09, A1FI, 50th percentile for Manchester was used for 2050.

The results are shown in Figures 8 to 11. Figure 8 shows the energy use predictions using current and 2050 weather files for different levels of external envelope air-tightness. The values used was 1 ACH (which is just below the UK limiting value of 10 m³/h per m² of external building envelope). The values of 7, 3 and 1 m³/h per m² were used for the simulations. As expected increased air-tightness results to a reduction in total energy use in all cases. However, it is also shown that improvement beyond 3 m³/h per m² yields diminishing results. It also shows that although the energy demand for heating is reduced in all cases, electricity demand increases due to lower heat losses through the envelope increasing the cooling demand in the summer. However, this increase could be overcome by carefully controlling the building using ventilative cooling.

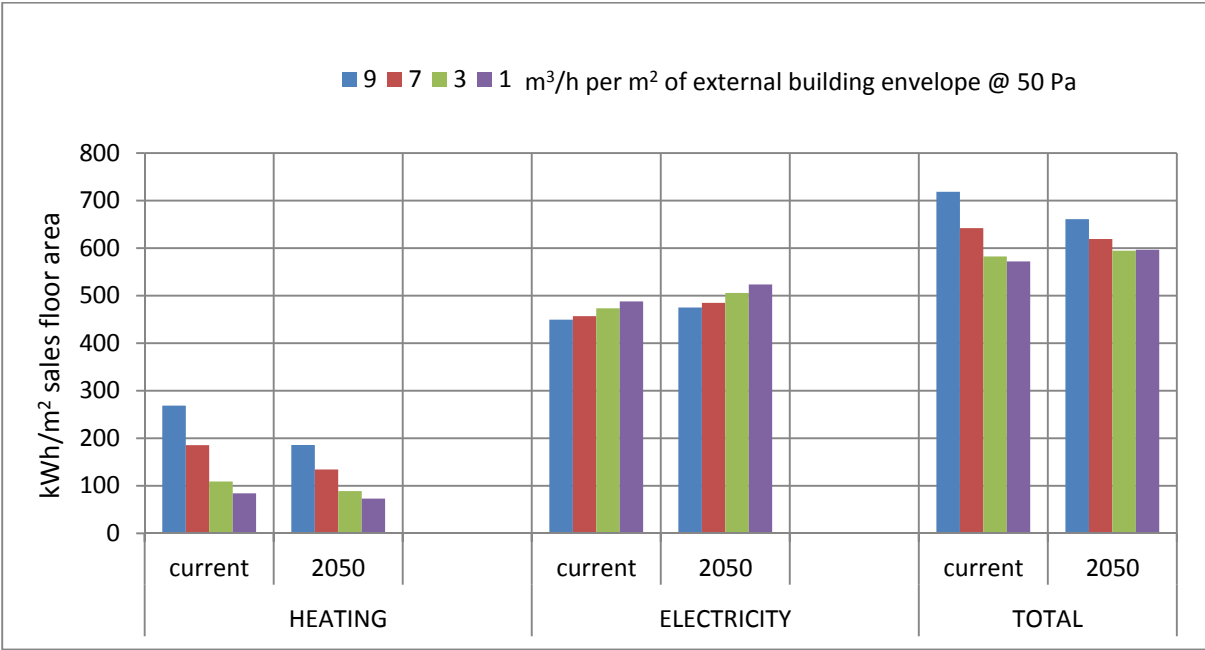


Figure 8: Effect of increased envelope air-tightness (m³/h m² of envelope area at 50 Pa) on heating and electricity energy demand for current and 2050's weather data.

Figure 9 shows the energy use predictions using current and 2050 weather files for different levels of insulation of the external envelope of the building (walls, roof and glazing including roof lights). The simulations included three scenarios (a) the building as is (walls and roof: 0.27 W/m²K, glazing 1.95 W/m²K), (b) improved insulation to current building regulations (walls and roof: 0.15 W/m²K, glazing 1.2 W/m²K) and (c) further improvement to insulation (walls and roof: 0.1 W/m²K, glazing 0.8 W/m²K). The results show that as in the case of air-tightness improved insulation of the external envelop might yield diminishing results, if a suitable ventilative cooling strategy is not implemented.

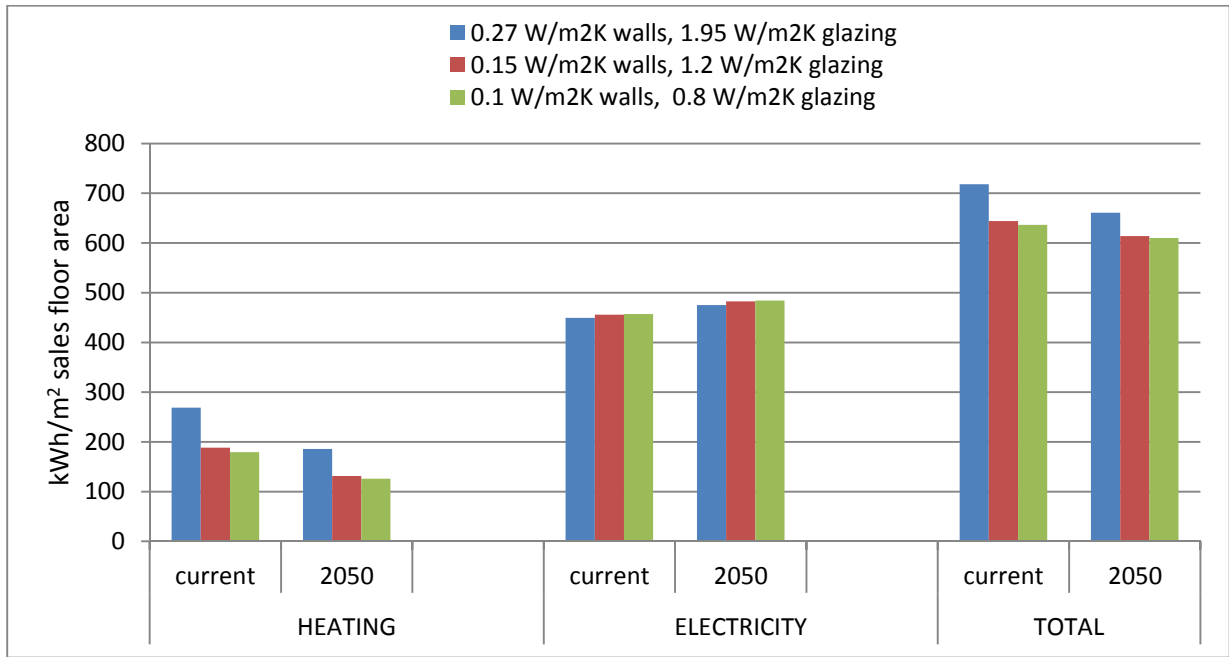


Figure 9: Effect of reduction of envelope (first number) and glazing (second number) heat transfer ($\text{W/m}^2\text{K}$, U-values) on heating and electricity energy demand for current and 2050's weather data.

Roof lights have been used increasingly in low energy supermarkets in the UK, (Figure 10).



Figure 10: Roof lights of a supermarket opened in December 2012 (courtesy of Monodraught Ltd).

Figures 11 and 12 show the energy use predictions using current and 2050 weather files for different sizes of roof lights as a percentage of the roof area. Four percentage areas were simulated: 6% of the roof area which is the current area of roof lights in the case-study building, 10, 15 and 20% of the roof area. Figure 11 shows that increasing the area of the roof lights will result to a reduction of energy required for lighting. However, Figure 12 shows that when the total energy demand is considered, an increase in energy demand is observed for roof light areas more than 10% in all examined cases.

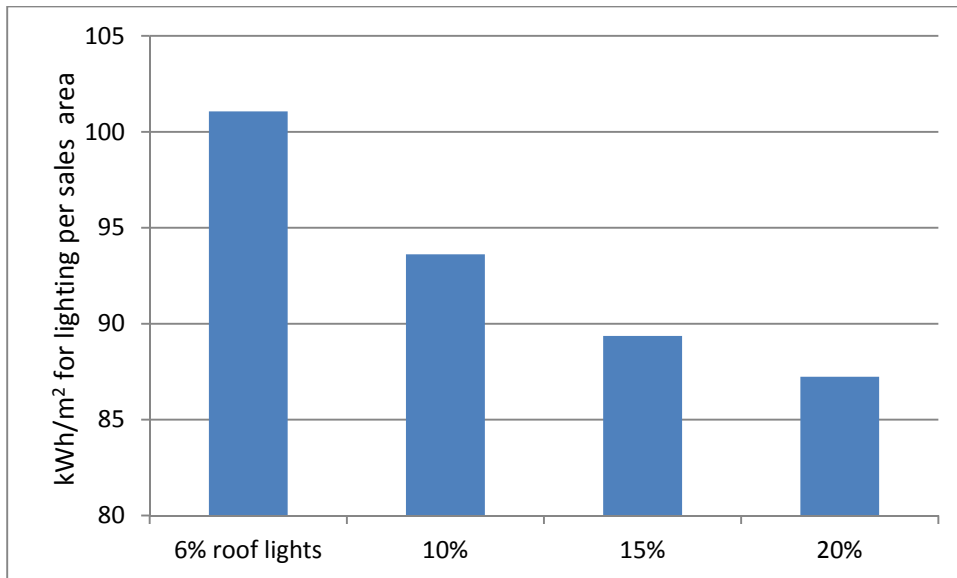


Figure 11: Effect of increasing the area of roof-lights as a percentage of roof area on electricity energy demand for lighting

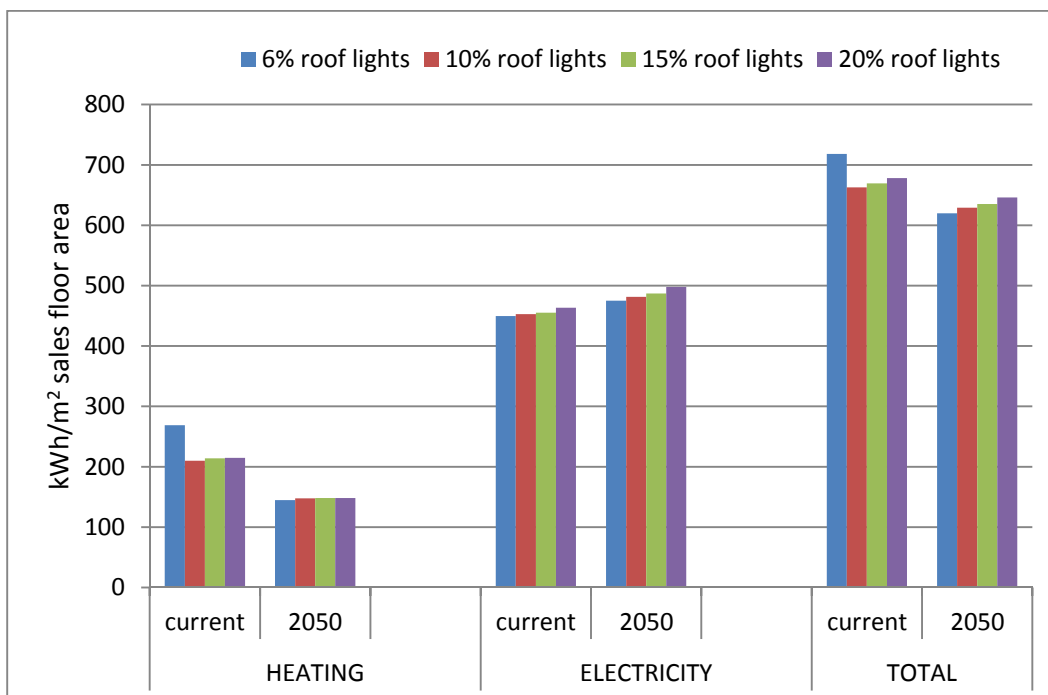


Figure 12: Effect of increasing the area of roof-lights on heating and electricity energy demand for current and 2050's weather data.

In addition, roof vents have been included in low energy supermarkets which might be a suitable solution in combination with roof lights to provide an easily controlled ventilative cooling strategy. A recent example of such installation is in a superstore which opened in January 2013 (see Figure 13). This followed the installation of bespoke windcatchers at the

Cheetam Hill Store which has achieved 37% energy use reduction based on energy efficiency measures and a total of 66% CO₂ reduction if the combined cooling heating and power plant room utilising absorption chiller technology is included (Campbell and Riley, 2009).



Figure 13: Windcatchers of a supermarket opened in January 2013 (courtesy of Monodraught Ltd).

4.2 Refrigeration plant and ventilation

CO₂ refrigeration systems have been used in recent years because of the environmental benefits they offer in terms of energy use reduction and avoidance of harmful refrigerant leakage to the atmosphere. At Brunel University, novel CO₂ refrigeration systems have been developed for supermarkets, notably with the integration of CO₂ refrigeration and trigeneration systems where the refrigeration generated by the trigeneration system is used to condense the CO₂ refrigerant in a cascade arrangement (Suamir et al, 2012 and 2013, Ge et al 2013). The trigeneration system consists of a natural gas engine based CHP system and a sorption refrigeration system. The heat rejected by the CHP system is used to drive the sorption chiller, with the cooling energy produced employed to condense the CO₂ refrigerant of the subcritical CO₂ refrigeration system. Table 4 shows energy performance of a conventional and the proposed system for a case study supermarket and it indicates that 30% fuel energy savings; the case-study supermarket is the Cheetam Hill Store, also referred to in the previous section. Figure 14 shows a conventional and the proposed supermarket energy systems.

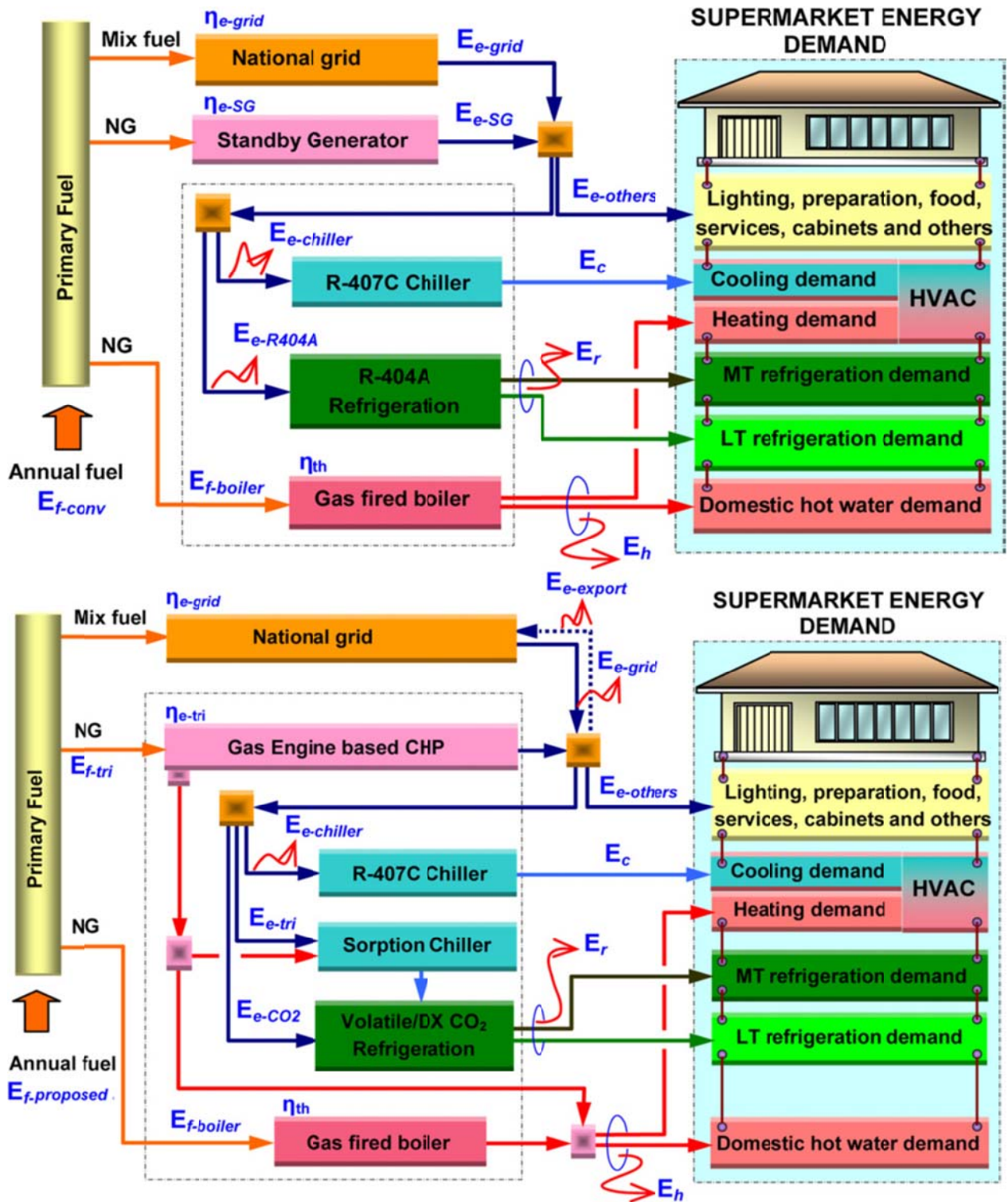


Figure 14: Energy flow diagram of case study supermarket with conventional and proposed energy system, (Source Suamir and Tassou, 2013).

The cooling/heating demands for the building are usually provided by an air handling unit (AHU) with pre- and re-heat and cooling coils supplied by the gas fired boiler and compression chiller. The integration of the CO₂ cascade refrigeration system with the HVAC

system and the AHU for heat recovery was investigated using the supermarket simulation model 'supersim' developed under the TRNSYS simulation environment (Ge and Tassou 2011). The results show that by controlling the head pressure of the refrigeration system a proportion or all the heat demand of the supermarket can be satisfied with heat recovery (Ge and Tassou, 2013).

Finally, in recent years Phase Change Materials (PCM) have been used in passive and active ventilation systems to maximise heat recovery applications and free cooling using external air. There is a vast amount of research in this area but has not been applied directly to supermarkets. The authors have developed a modelling method using CFD and thermal modelling to investigate the impact of active PCM systems in displacement ventilation (DV) in large enclosures. It was found that the addition of the PCM-Heat Exchanger (HX) in the DV diffuser reduces the energy requirement for heating in the intermediate and summer periods when 'no-night-ventilation' and 'limiting-control ventilation' night charging strategies for the PCM are used (Figure 15). These PCM charging strategies lead to annual energy demand reductions of 34% and 22% respectively, compared to the conventional DV system. The full night ventilation strategy for the DV-PCM-HX system will result in 20% higher energy consumption compared to the DV-only system. (Figure 16). This higher energy results from higher HVAC energy due to overcooling of the space and higher fan power. These strategies might have good effectiveness in specific areas of a supermarket such as refrigerated warehouses for occupant comfort as well as the general customer areas.

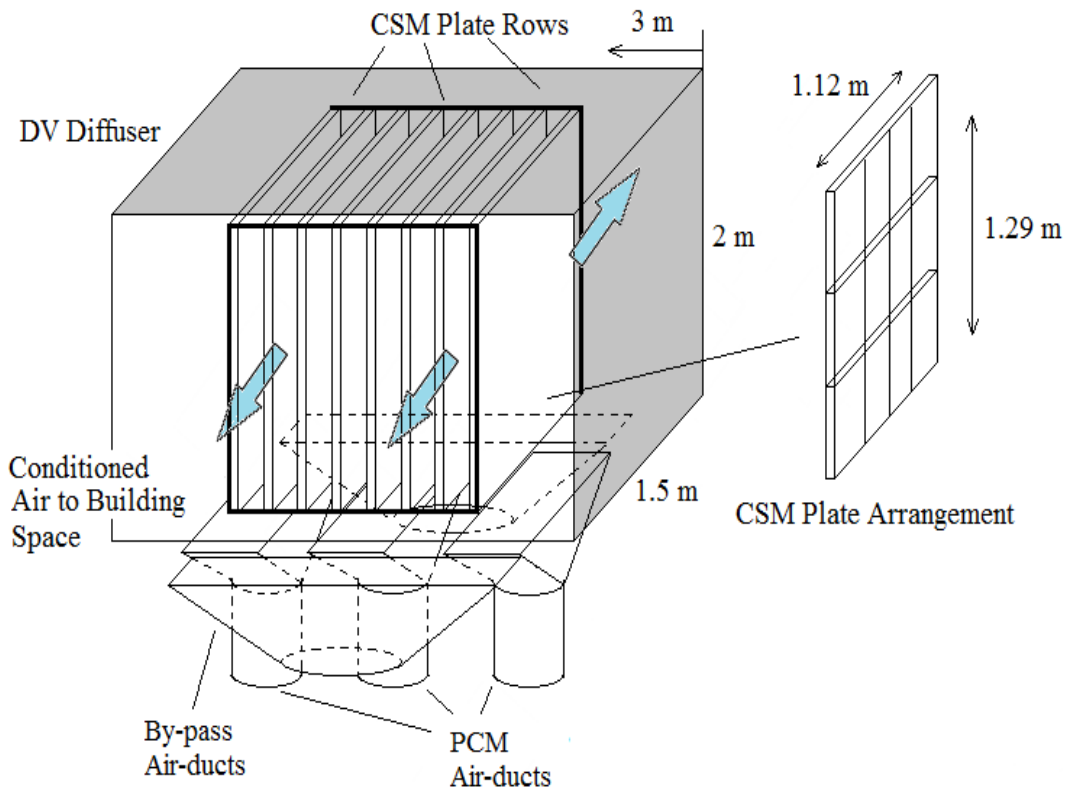


Figure 15: Diagram of the PCM DV diffuser, ducts and CSM plate arrangement inside diffuser (source Gowreesunker et al 2013).

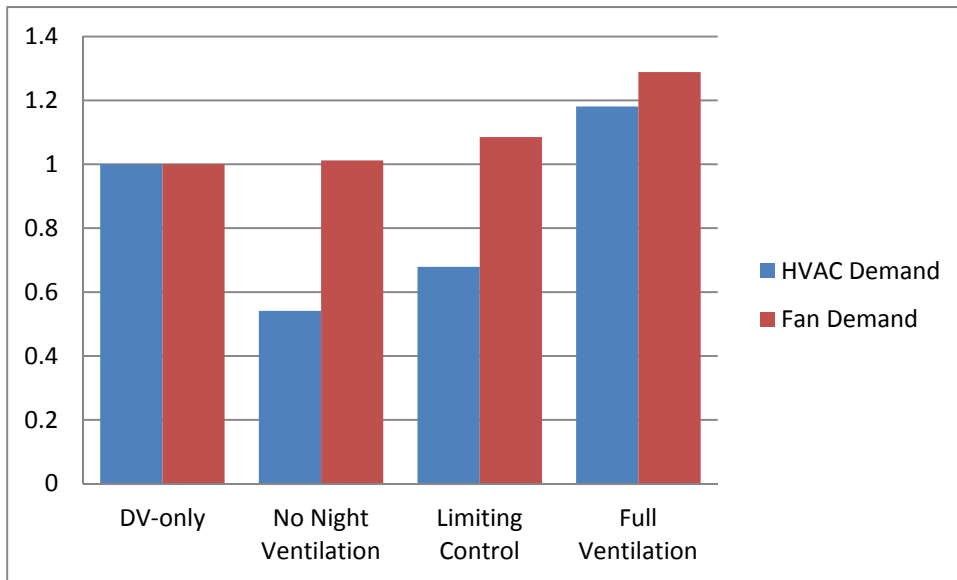


Figure 16: Comparison of energy demand of alternative controls for the PCM system and full ventilation system in comparison to displacement ventilation system.

5 CONCLUSIONS AND PLANNED WORK

This paper presented current energy use statistics of food retail buildings to demonstrate the high potential for the application of energy efficient technologies in the design of these buildings and their HVAC equipment. It focussed on UK examples of latest 'low carbon' supermarkets and showed that there is potential for significant energy savings with attractive financial return. It outlined current development in refrigeration systems and their integration with the energy management of the building for potential savings in the provision of environmental conditions.

Future work will target the goal of zero or near zero emission store whilst improving service and shopper experience. Investigations will involve future concept store design and building envelope for both small urban and out of town hypermarkets, to improve thermal performance and allow optimum integration of renewable energy and natural technologies (such as natural ventilation, day-lighting and thermal storage using PCMs) with HVAC equipment and their optimum integration within the constraints and objectives to provide flexibility and lower environmental impacts. Shopper surveys will be carried out to assess and improve their shopping experiences, whilst reducing their carbon footprints.

6 ACKNOWLEDGEMENTS

This work is carried out as part of the RCUK Centre for Sustainable Energy Use in Food Chains (EP/K011820/1) project. Thanks are due to Adonis Charalambous who carried out the simulations reported in Figures 8, 9, 11 and 12 as part of his Masters Dissertation.

7 REFERENCES

- ATTMA (2010), Technical Standard L2. Measuring Air permeability of Building Envelopes (Non-Dwellings), October 2010. <http://www.attma.org/downloads/> [Assessed: 2 January 2014]
- British Retail Consortium, (2014).
http://www.brc.org.uk/brc_show_document.asp?id=4434&moid=8074

- Campbell A and Riley O (2009), Building Services For Low Carbon Supermarkets, Proc. Inst. R. 2009-10. 3-1
- Canning P, Charles A, Huang S, Polenske KR, and Waters A (2010), *Energy Use in the U.S. Food System*, United States Department of Agriculture, Economic Research Service, Economic Research Report Number 94 March 2010.
- Carbon Trust (2010). Refrigeration road map, CTG021, 56 pgs. www.carbontrust.co.uk.
- Charalambous A, (2013). Energy Performance of Supermarket Buildings in the UK based on Climate Change Predictions, MSc thesis, Brunel University.
- CIBSE (2012), Guide F: Energy Efficiency in Buildings, CIBSE
- DECC, (2013), Energy consumption in the UK, Chapter 5: Services Sector Energy consumption, <https://www.gov.uk/government/organisations/department-of-energy-climate-change/series/energy-consumption-in-the-uk>
- Defra (2006). Economic Note on UK Grocery Retailing, Food and Drink Economics branch. <http://archive.defra.gov.uk/evidence/economics/foodfarm/reports/documents/Groceries%20paper%20May%202006.pdf>, [Assessed: 2 January 2014]
- Defra, 2012. *Food Statistics Pocketbook*. <http://www.defra.gov.uk/statistics/foodfarm/food/> [Assessed: 2 January 2014]
- Directive 2010/31/UE, 2010. <http://eur-lex.europa.eu/LexUriServ/LexUriServ.do?uri=OJ:L:2010:153:0013:0035:EN:PDF> [Assessed: 12 February 2014]
- Eurostat, 2011. *Food: from farm to fork statistics*. http://epp.eurostat.ec.europa.eu/cache/ITY_OFFPUB/KS-32-11-743/EN/KS-32-11-743-EN.PDF, [Assessed: 2 January 2014]
- Eurostat, 2012. *Energy, transport and environment indicators*. (http://epp.eurostat.ec.europa.eu/portal/page/portal/product_details/publication?p_product_code=KS-DK-12-001) [Accessed 2 January 2014].
- Garnett T (2011). Where are the best opportunities for reducing greenhouse gas emissions in the food system (including the food chain)? *Food Policy* 36 (2011), S23–S32.
- Ge YT and Tassou SA, (2011). Performance evaluation and optimal design of supermarket 4refrigeration systems with supermarket module 'supersim', Part I: Model Description and Validation, *International Journal of Refrigeration*, 34: 540-549
- Ge YT and Tassou SA, (2013). Control strategies to maximise heat recovery form CO2 refrigeration systems in supermarket applications in the UK, 2nd IIR International Conference on Sustainable and the Cold Chain, April 1-3, 2013, Paris, France.

- Ge YT, Tassou SA, Suamir N, (2013). Prediction and analysis of the seasonal performance of tri-generation and CO₂ refrigeration systems in supermarkets, *Applied Energy*, available on-line
- Gowreesunker BL, Tassou SA, Kolokotroni M (2013). Coupled TRNSYS-CFD simulations evaluating the performance of PCM plate heat exchangers in an airport terminal building displacement conditioning system, *Building and Environment* 65: 132-145
- Hill, F., Courtney, R. & Levermore, G. 2010. Towards a zero energy store - a scoping study (ZEST). Manchester: University of Manchester.
www.sci.manchester.ac.uk/uploads/zestfinalreport.pdf
- IEA (2008) *Worldwide Trends in Energy Use and Efficiency Key Insights from IEA Indicator Analysis*. IEA
- IEA. 2011. *International Energy Outlook 2011*. Available:
[http://www.eia.gov/forecasts/ieo/pdf/0484\(2011\).pdf](http://www.eia.gov/forecasts/ieo/pdf/0484(2011).pdf) [Accessed 15 June 2013].
- IGD, UK Grocery Retailing, (2013). <http://www.igd.com/our-expertise/Retail/retail-outlook/3371/UK-Grocery-Retailing/#2>
- IGD, 2013, UK Grocery Retailing, <http://www.igd.com/our-expertise/Retail/retail-outlook/3371/UK-Grocery-Retailing/#2> [Accessed 2 January 2014].
- Lillywhite R, Sarrouy C, Davidson J, May D and Plackett C (2013). Energy dependency and food chain security. DEFRA (FO0415)
<http://randd.defra.gov.uk/Default.aspx?Menu=Menu&Module=More&Location=None&Completed=0&ProjectID=16433> [Assessed 6 February 2014]
- Martinez-Palou A and Rohner-Thielen E (2011). From farm to fork – a statistical journey along the EU’s food chain. Eurostat: Statistics in focus
http://epp.eurostat.ec.europa.eu/cache/ITY_OFFPUB/KS-SF-11-027/EN/KS-SF-11-027-EN.PDF [Assessed 6 February 2014].
- Mavromatidis G, Acha S and Shah N (2013). Diagnostic tools of energy performance for supermarkets using Artificial Neural Network algorithms, *Energy and Buildings* 62, pp304–314
- Met Office, UK (2013). UK Climate Projections.
<http://ukclimateprojections.metoffice.gov.uk/21678> [Assessed: 2 January 2014]
- Part L (2013), Building Regulations Part L2A Conservation of Fuel and Power in new buildings other than dwellings,
<http://www.planningportal.gov.uk/buildingregulations/approveddocuments/partl/approved> [Assessed: 2 January 2014]

- Pérez-Lombard, L., Ortiz, J. & Pout, C. 2008. A review on buildings energy consumption information. *Energy and Buildings*, 40, 394-398.
- Pimentel, D., Williamson, S., Alexander, CE., Gonzalez-Pagan, O., Kontak, C., Mulkey, SE. 2008. Reducing energy inputs in the US food system. *Human Ecology*, 36: 459-471
- Prometheus project. 2010; University of Exeter, Centre for Energy and the Environment, <http://emps.exeter.ac.uk/research/energy-environment/cee/projects/prometheus/>
- Seck, GS., Guerassimoff, G., Maizi, N. 2013. Heat recovery with heat pumps in non-energy intensive industry: A detailed bottom-up model analysis in the French food & drink industry. *Applied Energy*, 111: 489-504
- Spyrou MS, Shanks K, Cook MJ, Pitcher J, Lee R (2014). An empirical study of electricity and gas demand drivers in large food retail buildings of a national organisation. *Energy and Buildings* 68 (2014) 172–182
- Stanford J (2010). Reducing energy Consumption and GHG Emissions in the Food Supply Chain, Food Processing Farada, Interim Report, 40 pgs, Project No. 1125.
- Suamir IN and Tassou SA (2013). Performance evaluation of integrated trigeneration and CO2 refrigeration systems, *Applied Thermal Engineering* 50, 1487-1495
- Suamir IN, Tassou SA and Marriot D (2012). Integration of CO2 refrigeration and trigeneration systems for energy and GHG emission savings in supermarkets, *International Journal of Refrigeration* 23, 407-417
- Sullivan R and Gouldson A (2013). Ten years of corporate action on climate change: What do we have to show for it? *Energy Policy*, Vol. 60, pp.733-740.
- Target Zero (2011), Guidance on the design and construction of sustainable, low carbon supermarket buildings, <http://www.steelconstruction.info/index.php?title=Special:ImagePage&t=Supermarket+guidance+doc+v2.pdf> [Assessed: 2 January 2014]
- Tassou, S. A., Ge, Y. T., Hadawey, A., Marriott, D.(2011).Energy consumption and conservation in food retailing, *Applied Thermal Engineering*, 31 (2011) 147-156.

List of Tables

Table 1: Food Retail Shops Classification according to their floor area [Defra 2006, IGD 2013]

Table 2: Energy Efficiency Measures for zero carbon stores (source Target Zero, 2011 p. 21)

Table 3: Emission Reduction Measures for zero carbon stores (Hill et al, 2010 p 22)

Table 4: Energy savings systems for supermarkets [Source Suamir et al, 2012]

Table 1: Food Retail Shops Classification according to their floor area [Defra 2006, IGD 2013]

Category	Floor Area
Convenience store – usually in an dense urban location, sometimes part of a building	<280 m ²
Supermarket – usually in an urban location, part of another building or a stand-alone building	280-1400 m ²
Superstore – usually in a suburban location, mostly a stand-alone building	1400-5000 m ²
Hypermarket – usually in an out-of-town shopping area; often with no food items included	>5000 m ²

Table 2: Energy Efficiency Measures for zero carbon stores (source Target Zero, 2011 p. 21)

Option	Energy Efficiency Measures	Total operational CO ₂ emissions (kgCO ₂ /yr) [change from base case total emissions]	Change in capital cost from base case building [%]	Change in 25 year NPV from base case building (£)
Base case building	-	699,289	-	-
Package A	Composite internal floor High efficiency lamps and luminaires Specific fan power reduced by 20% Motion sensing control throughout Improved chiller efficiency SEER = 6 Improved boiler efficiency to 95% Building oriented so that glazed façade faces south	508,196 [-27%]		-973,545
			[-0.36%]	
Package B	Package A plus (or superseded by):	419,895		-1,053,332
	Very high efficiency lamps and luminaires Specific fan power reduced by 30% Roof lights 10% with daylight dimming Improved chiller efficiency SEER = 7 Ventilation heat recovery (60% efficient) Improved air tightness 7m ³ /hr per m ² @ 50 Pa	[-51%]	[0.90%]	
	Package B plus (or superseded by):	379,548		-495,153
Package C	Specific Fan power reduced by 40% Roof lights 15% with daylight dimming Improved chiller efficiency SEER = 8 Highly improved air tightness 5m ³ /hr per m ² @ 50 Pa Active chilled beam / radiant ceiling Advanced thermal bridging (0.013W/m ² K) Improved wall U-value to 0.25W/m ² K	[-46%]	[5.1%]	

Table 3: Emission Reduction Measures for zero carbon stores (Hill et al, 2010 p 22)

Envelope/Glazing	Nanogel sandwich skylights 1200mm clerestory glazing
Lighting	900 Lux instead of 1200 lux DALI control system – individually addressable fittings LED lighting in display cabinets
Ventilation/Cooling	Windcatchers roof vents Control by CO ₂ concentration
Refrigeration	Doors on freezer cabinets Anti-sweat coatings CO ₂ refrigerant
Energy supply	CHP system powered by biofuel derived from wastes Micro-wind turbine
Forecast energy savings	50% energy use reduction compared with the base case (2006 regulations store) 66% emissions reduction

Table 4: Energy savings systems for supermarkets [Source Suamir et al, 2012]

Fuel Utilisation Components	Supermarket energy systems		Unit
	Conventional	Proposed	
Trigeneration Fuel	-	7,450,016	kWh
Boiler Fuel	874,068	24,670	kWh
Imported Electricity	2,817,321	62,343	kWh
Fuel of imported electricity	8,537,338	188,919	kWh
Exported electricity	-	332,962	kWh
Fuel saving to grid supply	-	1,008,975	kWh
Total fuel required	9,411,406	6,654,630	kWh
Fuel Energy savings	-	2,756,776	kWh/year
Fuel energy savings ration (FESR)	-	29.29	%

List of Figures:

Figure 1: Greenhouse gas emission from the UK food chain (reproduced from Defra 2012, p43)

Figure 2: Final energy consumption in the service sector in the UK by sub-sector and end use 2012 (DECC 2013, Table 5.09).

Figure 3: Final energy consumption in 'retail' and 'hotel & catering' in the UK by end use in 2012. (DECC 2013, Table 5.09).

Figure 4: Household Energy Use by End Use and Appliances (a) IEA19, (b) EU15 and (c) share of large and small appliances in EU15 (source IEA 2008)

Figure 5: Total Greenhouse Gas Emissions from UK Retailers (2005-2010) (source Sullivan and Couldson 2013)

Figure 6: Percentage contribution of electrical energy use processes in a hypermarket.(source Tassou 2011).

Figure 7: Contributions to the load of a vertical multi-deck open front chilled food display cabinet. (Tassou 2011)

Figure 8: Effect of increased envelope air-tightness (m^3/m^2 of envelope area at 50 Pa) on heating and electricity energy demand for current and 2050's weather data.

Figure 9: Effect of reduction of envelope (first number) and glazing (second number) heat transfer ($\text{W}/\text{m}^2\text{K}$, U-values) on heating and electricity energy demand for current and 2050's weather data.

Figure 10: Roof lights of a supermarket opened in December 2012 (courtesy of Monodraught Ltd).

Figure 11: Effect of increasing the area of roof-lights as a percentage of roof area on electricity energy demand for lighting

Figure 12: Effect of increasing the area of roof-lights on heating and electricity energy demand for current and 2050's weather data.

Figure 13: Windcatchers of a supermarket opened in January 2013 (courtesy of Monodraught Ltd).

Figure 14: Energy flow diagram of case study supermarket with conventional and proposed energy system, (Source Suamir and Tassou, 2013).

Figure 15: Diagram of the PCM DV diffuser, ducts and CSM plate arrangement inside diffuser (source Gowreesunker et al 2013).

Figure 16: Comparison of energy demand of alternative controls for the PCM system and full ventilation system in comparison to displacement ventilation system.