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Strong evidence of population-level impact and herd effects following human papillomavirus vaccination programs: a systematic review and meta-analysis.

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ABSTRACT

Background: Human papillomavirus (HPV) vaccination programs were first implemented in 2007. We conducted a systematic review and meta-analysis to examine the population-level impact and herd effects following female HPV vaccination programs, to verify whether the high efficacy measured in randomized controlled clinical trials are materialising under real-world conditions.

Methods: We searched Medline and Embase databases (01/ 2007-02/ 2014), and conference abstracts for timetrend studies examining changes, between the pre- and post-vaccination periods, in the incidence/ prevalence of at least one HPV-related endpoint: HPV infection, anogenital warts (AGW), and high-grade cervical lesions. We derived pooled relative risk (RR) estimates using random effect models. We stratified all analyses by age and gender. We performed subgroups analysis by comparing studies according to vaccine type, vaccination coverage and years since vaccination implementation. We assessed heterogeneity across studies using I^2 and χ^2 statistics. We performed trends analysis to examine dose-response between HPV vaccination coverage and each study effect measure.

Findings: We identified 20 eligible studies, conducted in nine high-income countries, and representing >140 million person-years of follow-up. In countries with female vaccination coverage ≥50%, HPV-16/ 18 infections and AGW decreased significantly between the pre- and post-vaccination periods by 68% (RR=0.32, 95%CI[0·19;0·52]) and 61% (RR=0·39, 95%CI[0·22;0·71]), respectively, among females <20 years. Significant reductions in HPV-31/ 33/ 45 among females <20 years (RR=0·72, 95%CI[0·54;0·96]), and AGW among males <20 years (RR=0·66, 95%CI[0·47;0·91]) and older females (RR=0·68, 95CI[0·51;0·89]) were also observed, respectively suggesting cross-protection and herd effects. In countries with female vaccination coverage <50%, significant reductions were observed for HPV-16/ 18 infection (RR=0·50, 95%CI[0·34;0·74]) and AGW (RR=0·86, 95%CI[0·79;0·94]) among females <20 years, with no indication of cross-protection or herd effects.

Interpretation: Our results are promising for the long-term population-level impact of HPV vaccination programs. However, continued monitoring is essential to identify any signals of potential waning efficacy or type-replacement.

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INTRODUCTION

Since 2007, 52 out of 195 countries have implemented human papillomavirus (HPV) vaccination programs (41% of High Income (HIC) and 15% of Low and Middle Income Countries (LMIC)¹⁻⁴). The population-level impact of HPV vaccination programs is expected to vary substantially between these countries dependant on vaccine used, implementation strategies and vaccination coverage achieved. Two HPV vaccines are currently available worldwide: the bivalent vaccine, which targets HPV types 16 and 18 (associated with 70-80% of cervical cancers globally 5), and the quadrivalent vaccine, which additionally targets HPV types 6 and 11 (associated with 85-95% of anogenital warts (AGW) cases 6). Most HIC are currently using the quadrivalent vaccine, whilst the picture is mixed for LMIC.^{2,7} Although all HPV vaccination programs target pre-adolescent girls (including or not catch-up programs for older females), a few countries, such as the United States (U.S.) and Australia, have recently included boys.^{8,9} Finally, in HIC, vaccination coverage among the younger cohorts of females ranges from nearly 90% to less than 50% depending mostly on whether the countries have school- or nonschool based programs, respectively.¹⁰

Large international randomized controlled clinical trials have shown both HPV vaccines to be safe and welltolerated, to be highly efficacious against vaccine-type persistent HPV infection and precancerous cervical lesions among women (Vaccine efficacy = 93% 100%), 11,12 and to provide some degree of cross-protection against three non-vaccine types (HPV-31/ 33/ 45), ¹²⁻¹⁴ associated with 10-15%of cervical cancers worldwide. ¹⁵ Current evidence from clinical trials also suggests that cross-protective vaccine efficacy estimates against infections and lesions associated with HPV-31/ 33/ 45 are higher for the bivalent vaccine than the quadrivalent.¹⁶ Following clinical trials, mathematical models have been used to predict the long-term population-level effectiveness and cost-effectiveness of vaccination programs delivered in different settings. Modeling studies have consistently predicted that the overall burden of HPV-related diseases amongst females will substantially decline within the next decades through vaccination, and that vaccinating girls against HPV is highly cost-effective in most countries. ¹⁷⁻¹⁹ Despite consistency in model predictions of the direct impact of HPV vaccination among vaccinated girls, uncertainty remains about the potential population-level impact of cross-protection and herd protection (e.g., indirect impact of vaccinating girls on HPV in unvaccinated males and older females), and the vaccination coverage necessary to achieve substantial herd effects. ²⁰⁻²⁴ This information is crucial to help guide vaccine choices and inform decisions about vaccination of males.

Now that more than seven years have elapsed since the implementation of the first HPV vaccination programs in 2007 (Appendix-Table S1), it is timely to verify whether the promising results from clinical trials and model projections are materialising at the population-level. An increasing number of post-vaccination surveillance studies have recently been published using several intermediate endpoints (e.g., HPV infection, AGW, and precancerous cervical lesions). The obj ective of this systematic review and meta-analysis is to summarize current evidence on the population-level impact of HPV vaccination, as measured in time-trend studies among females targeted for vaccination, and among males and older females. We focussed on the following HPVrelated endpoints: 1) HPV infection; 2) AGW; and 3) high-grade cervical lesions.

METHODS

Search strategy and selection criteria

We systematically reviewed the worldwide literature and report it in accordance with the PRISMA guidelines. 25 Studies were eligible if they fulfilled the following criteria: 1) they provided data on at least one of the following endpoints: HPV infection, AGW, histopathologically confirmed high-grade cervical lesions (CIN 2 or worse); 2) the population-level impact was assessed by comparing the frequency (prevalence or incidence) of the endpoint between the pre- and post-vaccination periods (time-trend studies); 3) data from the pre- and post-vaccination periods were collected among the same population sources and using the same recruitment methodology.

We excluded studies with the following characteristics because they did not measure population-level impact: 1) HPV vaccination was administered as part of an individual-based randomized trial; or 2) HPV vaccination impact was assessed by comparing the frequency of the endpoint between vaccinated and unvaccinated individuals during the post-vaccination period.

Our search strategy involved three steps. First, we searched Medline and Embase databases between January 2007 and February 2014 using a combination of the following MeSH terms, title or abstract words, with no restriction on the language of the articles: (" papillomavirus vaccine" , " papillomavirus vaccination" , " HPV vaccine" , or " HPV vaccination") and (" program evaluation" , " population surveillance" , " sentinel surveillance", "incidence", or "prevalence"), and ("papillomavirus infection", "condylomata acuminata", " anogenital warts" , " cervical intraepithelial neoplasia" , " cervical dysplasia" , " uterine cervical neoplasm" , or " HPV related diseases"). We identified eligible studies through reviewing titles and abstracts and reviewed the bibliographies of eligible articles. Second, we reviewed the abstracts of recent maj or conferences on HPV (EUROGIN Congress 2013, International Papillomavirus Conference 2012) to identify additional unpublished studies. Third, MD and MB contacted the authors of conference abstracts to obtain unpublished data. MD and EB independently assessed the eligibility of all studies. In addition, DM independently assessed eligibility of studies on HPV infection. If more than one publication from the same data source and research team was available, we kept the publication presenting the most recent data.

Data extraction and quality assessment

Our main outcomes were the relative risks (RR) comparing the pre- and post-vaccination periods for the: 1) prevalence of HPV infection for four HPV type subgroups: high-oncogenic risk vaccine types (HPV-16/ 18), three types with the greatest evidence of cross-protective efficacy (HPV-31/ 33/ 45);¹⁶ the five potentially cross-protective types (HPV-31/ 33/ 45/ 52/ 58)¹⁶, and all high-oncogenic risk (HR-HPV) non-vaccine types (all HR except HPV-16/ 18); 2) frequency (prevalence or incidence) of AGW diagnosis; and 3) frequency

(prevalence or incidence) of high-grade cervical lesions. Two authors (MD and EB) independently extracted the study characteristics and outcomes using a standardized form. MD and MB contacted authors to request supplementary extractions to standardize data stratifications between studies for comparison and pooling (e.g., same age and HPV type groupings). We also collected information on the vaccination program characteristics and vaccination coverage of the country/ region of each study (Appendix–Table S1). For the HPV prevalence studies, we collected age-specific vaccination coverage directly from each study, as vaccination status was available for all study participants. Finally, the authors of each article validated the data from their study.

Prior to contacting the study investigators, MD, AM, PLM and MB assessed whether the studies had sufficient methodological quality to be included in the meta-analysis. The quality of the studies (potential for bias and confounding, and external validity) was assessed independently from the investigators of the original studies. Potential for bias and confounding within studies were assessed by reviewing the subjects' selection/ recruitment procedures, endpoint definitions, algorithms used to identify cases, and potential confounders considered in the statistical analyses (Appendix-Tables \mathbb{S}^2 -S4)

Data analysis

Because mostly young females (<20 years old) were vaccinated in the study populations, we decided a priori to stratify all our analyses by gender and age. Furthermore, because only the quadrivalent vaccine includes types HPV-6/11 (responsible for approximately 90%of AGW⁶), we decided *a priori* to stratify our analyses for AGW by the type of vaccine.

To ensure comparability of the study results included in the meta-analysis, we first defined pre- and postvaccination periods for all studies (Appendix-Table S5). Second, for comparability, we used prevalence or incidence rate ratios as the measure of impact for all HPV-related endpoints. For HPV infection, most studies presented RR (crude and/ or adj usted prevalence ratios) and 95% confidence intervals (CI). When available, we included adj usted RR in the meta-analysis. When only crude HPV prevalence over time was available, we calculated prevalence ratios by dividing the post- and pre-vaccination prevalence and estimated the 95% CI (CI approximation for prevalence ratios²⁶) (Table 1). For AGW and precancerous lesions, all studies presented yearly frequency (prevalence or incidence) over time. We estimated pre-vaccination frequency by aggregating the data for up to three years prior to vaccination, and calculated RR by dividing each post-vaccination year by the pre-vaccination estimate.

We derived summary estimates of the impact of HPV vaccination for each endpoint using random effect models on the log scale.^{27,28} We performed subgroup analysis to identify potential sources of heterogeneity by comparing the summary estimates obtained from subsets of studies and/ or groups within studies grouped by: vaccine type (bivalent, quadrivalent), vaccination coverage (Low<50%, High≥50%; study-specific coverage estimates for HPV infection, and country/ region-level coverage for the other outcomes), age (<20, 20-24, 25-

29, 30-39 years), years since vaccination program implementation (1,2,3,4 years), source of study data (population-based, health provider/ insurance-based, clinic-based), and adj ustment of the impact measure (yes, no). We examined heterogeneity across studies using l² and χ^2 statistics²⁸. I² values less than 50% between 50-75%, and more than 75% represent low, substantial and considerable heterogeneity, respectively 29 . The p-value associated with the χ^2 statistic represents the statistical significance of heterogeneity. Finally, we examined dose-response between HPV vaccination coverage (independent variable) and the log RR of each study (dependent variable) by fitting a linear regression, weighted by the inverse variances of the log R R^{30} . We performed all analyses using Review Manager 5.2 and SAS 9.4.

Role of the funding source

The funding source had no role in the study design, data collection, analysis and interpretation, or writing of the report. MB had full access to all the data in the study and had final responsibility for the decision to submit for publication.

RESULTS

We identified 661 articles and 29 conference abstracts, of which 20 records met the inclusion criteria (HPV infection (n=7)³¹⁻³⁷, AGW (n=11)³⁸⁻⁴⁸, and high-grade cervical lesions^{49,50} (n=2)) (Figure 1). The studies were conducted in nine HICs and examined the population-level impact of vaccination among 16,600 females for HPV infection, more than 125 million person-years of follow-up for AGW and 15 million female-years of follow-up for high-grade cervical lesions (Table 1). The vaccine used, vaccination strategy, delivery and vaccination coverage varied substantially (Table 1 and Appendix-Table S1). All studies had sufficient methodological quality to be included in the meta-analysis (Appendix-Tables $\mathfrak{S}\text{-}\mathfrak{S}$). However, because two studies examined the entire Danish population over identical time periods,^{42,48} we only included the Baandrup et al. study in our main analysis (the choice of study had no impact on results, Appendix-Table S6).

HPV infections

Among females aged 14-19 years, the overall prevalence of HPV-16/ 18 significantly decreased, by 64% (RR=0·36, 95%CI[0·25;0·53]) compared to the pre-vaccination period (Figure 2a), with a significant doseresponse with vaccination coverage ($p=0.005$). The overall prevalence of HPV-31/33/45 also significantly decreased post-vaccination by 28% (RR=0·72, 95%CI[0·54;0·96]), but reductions were not significantly associated with vaccination coverage. The overall prevalence of HPV-31/ 33/ 45/ 52/ 58 and non-vaccine HR types (i.e. all HR except 16/ 18) did not change significantly between the pre- and post-vaccination periods.

Among females aged 20-24 years, the overall prevalence of HPV-16/ 18 decreased by 31% (RR=0·69, 95%CI[0·47;1·01]) in the post-vaccination period (Figure 2b). Although the overall reduction in HPV-16/ 18 infection was not significant, a dose-response was observed with vaccination coverage (p=0·01). No significant declines in prevalence or dose-response with vaccination coverage were observed for HPV-31/ 33/ 45 or HPV-

31/ 33/ 45/ 52/ 58. Finally, there was a small non-significant increase in non-vaccine HR types (RR=1·09, 95%CI[0·98;1·22]), which was negatively associated with increasing vaccination coverage (p=0·03).

In addition to vaccination coverage, the use of adjusted or crude RPs emerged as a substantial source of heterogeneity among studies (I² between 50 and 75% for many endpoints, Figure 3). Interestingly, the point estimate of adjusted RPs were lower than crude RPs for HPV subgroups with substantial post-vaccination reductions (i.e., HPV-16/ 18 among 14-24 year olds, and HPV-31/ 33/ 45 among 14-19 year olds), but were higher for the other endpoints.

Anogenital warts diagnosis (AGW)

Among females aged 15-19 years in countries using the quadrivalent vaccine, AGW decreased significantly by 31% (RR=0·69, 95%CI[0·60;0·79]). A striking dose-response was observed between AGW reduction and increase in population-level female vaccination coverage (p=0·001) (Figure 4a). AGW were reduced by 61% (RR=0·39, 95%CI[0·22;0·71]) in studies with high vaccination coverage compared to a reduction of 14% (RR=0·86, 95%CI[0·79;0·94]) in studies with low vaccination coverage (Figure 5a). In addition to vaccination coverage, years since the start of vaccination emerged as a significant source of heterogeneity (I²=68% p=0·02) (Figure 5a).

Among older females (20-39 years) and young males (15-19 years) in countries using the quadrivalent vaccine, non-statistically significant decreases in AGW were observed post-vaccination (11%(RR=0·89, 95%CI[0·79;1·02] and 5% (RR=0·95, 95%CI[0·84;1·08], respectively) (Figure 4b,c). Again, there was a significant dose-response between AGW reductions among older females and young males and increase in population-level female vaccination coverage (p=0·05 and 0·005, respectively); and subgroup analyses revealed female vaccination coverage as a main source of heterogeneity (l^2 =86% p<0·008) (Figure 5b,c). In countries with high female vaccination coverage, AGW were significantly reduced by 32% (RR=0·68, 95%CI[0·51;0·89]) and 34% (RR=0·66, 95%CI[0·47;0·91]) among older females and young males, respectively. No changes in AGW were observed among older males (20-39 years) in countries using the quadrivalent vaccine.

The only study examining population-level changes in AGW following vaccination with the bivalent vaccine reported a small but significant decrease among females aged 15-19 years (RR=0·96, 95%CI[0·94;0·97]) (Figure 4a). Conversely, a small but significant increase in AGW was observed among males aged 15-19 years (Figure 4c), and there was no significant effect among older females and males (Figure 4b,d).

Figure 6 illustrates the changes over time in AGW in studies with the quadrivalent vaccine, taking into consideration the main sources of heterogeneity. Figure 6a clearly illustrates that there was a rapid and significant decline over time in AGW for females aged <30 years old in studies with high vaccination coverage. However, in studies with low vaccination coverage (Figure 6b), the decline was observed only among females <20 years old, and became significant only in the third year following vaccination implementation. There was also a rapid and significant decline over time in AGW for males aged <30 years old in studies with high female vaccination coverage (Figure 6c). However, there was a general tendency of increasing AGW for older males in studies with low female vaccination coverage (Figure 6d).

High-grade precancerous cervical lesions

A significant decrease in high-grade lesions was observed in the only study reporting data among females aged 15-19 years (RR=0·69, 95%CI[0·66;0·73]), but there was no significant change in the two studies reporting data among older females (Appendix-Figure S1).

DISCUSSION

This systematic review and meta-analysis, representing more than 140 million person-years of follow-up data from nine HIC, reports significant population-level decreases in HPV-related outcomes up to four years after the start of HPV vaccination programs. In countries with high vaccination coverage, HPV-16/ 18 infection and AGW decreased by more than 60% in females younger than 20 years of age, starting after the first year of the programs. Furthermore, in these countries, our results suggest that there is evidence of vaccine crossprotection and herd effects, with significant reductions in HPV-31/ 33/ 45 infection among females younger than 20 years of age, and AGW among males and older females, respectively. In countries with low vaccination coverage, significant reductions were observed for HPV-16/ 18 infection and AGW among young females, but no significant reductions were observed for HPV-31/ 33/ 45 among young females or HPV-related outcomes among males and older females (i.e., no indication of cross-protection or herd effects). Our findings provide strong evidence that HPV vaccination is highly effective and can provide cross-protection outside trial settings, and reinforce the need for early vaccination and high vaccination coverage to maximize populationlevel effectiveness and herd effects.

Although this meta-analysis is based on time-trend ecological studies, and thus causality cannot be concluded, several factors strongly suggest that the reported reductions in population-level HPV-related outcomes can be attributed to HPV vaccination: 1) magnitude of the effect, 2) dose-response relationship between vaccination coverage and effect, and 3) consistency between the studies included in the review despite different methods and settings, and consistency with results from clinical trials and mathematical modeling. Firstly, reduction in HPV-16/ 18, AGW and high-grade cervical lesions were large and statistically significant in the target age groups for vaccination (females <20 years). Secondly, there was a statistically significant positive association between increases in vaccination coverage and reduction in HPV-16/ 18 infection among young females and AGW among both females and males. Furthermore, reductions in AGW increased over time since vaccination (as the number of vaccinated cohorts increased), especially in youngest age groups with highest vaccination coverage. Thirdly, there was consistency in results between countries with similar levels of vaccination coverage. Furthermore, in the studies where the vaccine status was available, vaccinated females had significantly lower HPV-related outcomes than unvaccinated females in the post-vaccination era. ^{32-34,37,41,51-54} Our results are also consistent with data from clinical trials that demonstrated a high vaccine-type efficacy,^{11,12} and suggested some degree of cross-protection against HPV-31/33/45 but not against HPV-

52/58.¹⁶ However, the higher bivalent cross-protective efficacy reported in a recent meta-analysis of clinical trial data¹⁶ was not observed in our population-level meta-analysis (Figure 3). Finally the large herd effects observed with high vaccination coverage are consistent with predictions from dynamic model.^{[20-24](#page-13-0)}

The studies included in the meta-analysis possess the strengths and weaknesses inherent in ecological studies. They provide a wealth of timely information on the impact of HPV vaccination using large study populations, but are particularly vulnerable to information bias and confounding (Appendix-Tables \mathbb{S}^2 -S4). However, the three most important potential sources of bias and confounding in these studies are likely to underestimate the impact of vaccination. Firstly, due to increased awareness of AGW from licensing of the HPV vaccines and the launch of the vaccination programs, there is potential for confounding related to possible increases in health seeking behaviours and information bias from increased diagnosis of AGW over time. Secondly, most studies had insufficient or no information to adequately control for sexual activity, which may have been increasing over time.^{42, 55, 56} These limitations may explain the slight increase in the prevalence of non-vaccine HR types and AGW consultations in the post-vaccination period within groups with low or no vaccination coverage (e.g., older females and males) (Figures 2b and 6). Thirdly, there is potential for information bias due to masking by HPV-16/ 18, particularly in the pre-vaccine period.⁵⁷ That is, by preventing HPV-16/ 18 infection, vaccination could remove the potential masking effect of these types, producing increased detection of non-vaccine types. Conversely, the main potential source of overestimation of vaccination impact is present in clinic-based studies measuring the proportion of consultations attributable to AGW in sexual health clinics (Appendix-Table $\mathbb{S}\!3^{38,41}$ Indeed, changes in the clientele between pre- and postvaccination periods could overestimate vaccination impact on AGW if consultations due to other causes increased (e.g., chlamydia consultations⁴¹). Clinic-based studies represent two thirds of the studies examining the population-level impact of vaccination on AGW in countries with high vaccination coverage, and may partly explain slight reductions in AGW among older males (Figure 6). Fourthly, the external validity of the studies was generally good (Appendix-Table S2-S4). However, because most studies were among individuals consulting the health system, HPV vaccination impact results may not be completely generalizable to groups with lower health seeking behaviour, particularly in countries where HPV vaccine is delivered in healthcare clinics. Finally, given the indirect nature of our inferences, our analysis may not have the adequate sensitivity to detect small post-vaccination effects (e.g., type-replacement, or herd effects and cross-protection when vaccination coverage is low).

Our results should be interpreted cautiously as they represent the short-term population-level impact of HPV vaccination programs. Firstly, the cohorts of vaccinated girls have not reached the ages with highest incidence rates of HPV infection, AGW and cervical lesions (i.e., between 20 and 35 years of age). Therefore, the direct and herd impact are expected to continue to increase over time (Figure 6) as overall populationlevel vaccination coverage increases. Secondly, there is currently insufficient evidence to draw conclusions about the existence of net type-replacement (e.g., no significant increase in the prevalence of HR nonvaccine types among groups with highest vaccination coverage). This may be because there is no type

replacement, or partly due to the short follow-up time or dilution of type-specific changes by grouping HPVtypes. Thirdly, the time horizon was too short to examine waning of vaccine efficacy. However, randomizedcontrol trials have shown no signs of waning vaccine efficacy after 9·5 years of follow-up.⁵⁸ Fourthly, given the long lag time between infection and cancer, there is currently no available direct evidence of the impact of vaccination on HPV-related cancers. However, given that HPV infection is the cause, and high-grade precancerous cervical lesions the precursors of cervical cancer, these intermediate outcomes have been deemed acceptable proxies for efficacy against cervical cancer by regulatory bodies worldwide. ⁵⁹⁻⁶² Nevertheless, one should be careful in using reductions in precancerous cervical lesions from screening databases as proxies for cervical cancer as 1) they may reflect changes in screening recommendations and participation, and 2) they are not HPV type-specific. In addition, surveillance studies based on cervical screening registries may overestimate the population-level impact of HPV vaccination, if vaccine uptake is higher among women who get screened. ⁶³⁻⁶⁶ Finally, as previously shown, HPV-6/11-related disease (e.g., AGW) trends are a poor proxy of change in HPV-16/18 and its related diseases (e.g., cervical cancer). ⁶⁷ This is because HPV-6/ 11 will be easier to eliminate and control through vaccination than HPV-16/ 18 due to its shorter durations of infectiousness and/ or lower transmissibility.

Our overall findings are likely generalizable to HIC as most of the heterogeneity between countries disappeared once results were stratified by vaccination coverage and age (Figures 3 and 5), and given similarities in sexual behavior, 56 HPV type distribution, 68,69 age profile of HPV prevalence, 70 and cervical cancer incidence between HIC.⁷¹ However, precise estimates of population-level impact will vary between countries according to their programmatic specificities, such as the characteristics of catch-up campaigns. Our results should be extrapolated to LMIC with caution as all studies in the meta-analysis were from HIC and given differences between HIC and LMIC in sexual behavior, ⁵⁶ HPV epidemiology^{70,71} and potential cofactors of HPV infection and disease, such as high HIV prevalence.⁷² However, there is no evidence to suggest that vaccine efficacy would be lower in LMIC, particularly because the vaccine has been shown safe and immunogenic among HIV infected women. 73 On the other hand, herd effects may differ in LMIC with very different population-level sexual behaviour (e.g., greater mixing between older men and younger women, more concurrency in partnerships). Even in the unlikely scenario that there would be no herd effects in LMICs, a recent global modeling study has shown that HPV vaccination would be highly cost-effective, given very high cervical cancer incidence and mortality in these countries (PRIME). ¹⁹

This first meta-analysis of the population-level impact of HPV vaccination programs shows compelling evidence of a strong and statistically significant dose-response between HPV vaccination coverage and reductions in HPV-16/ 18 infection and AGW among females targeted for vaccination. In addition, our study provides the first evidence of a dose-response between female vaccination coverage and reduction of AGW in older females and males. Our results have important policy implications. The sharpest declines in HPV-related outcomes in females and males were observed in countries with school-based vaccine delivery (e.g., U.K., Australia, New Zealand), suggesting that this strategy facilitates faster roll-out and higher vaccination

coverage. The study also shows population-level data supporting clinical-trial evidence of HPV vaccine crossprotection against HPV-types 31/ 33/ 45, though no dose-response was seen with vaccination coverage.

In conclusion, the results of this study are very promising for the long-term population-level impact of HPV vaccination programs on cervical cancer and other HPV-related diseases. However, it is important to continue monitoring and evaluating HPV vaccination programs to confirm these results and to remain vigilant for evidence of potential waning efficacy, type-replacement or lower vaccination coverage amongst groups at greater risk of HPV-related cancers.

PANEL: RESEARCH IN CONTEXT

Systematic review

To undertake this meta-analysis we performed a systematically review to identify all time-trend studies examining changes, between the pre- and post-vaccination periods, in the incidence/ prevalence of at least one HPV-related endpoint: HPV infection, anogenital warts (AGW), and high-grade cervical lesions. We searched Medline and Embase databases between January 2007 and February 2014 using a combination of the following MeSH terms, title or abstract words, with no restriction on the language of the articles: (" papillomavirus vaccine" , " papillomavirus vaccination" , " HPV vaccine" , or " HPV vaccination") and (" program evaluation" , " population surveillance" , " sentinel surveillance" , " incidence" , or " prevalence"), and (" papillomavirus infection" , " condylomata acuminata" , " anogenital warts" , " cervical intraepithelial neoplasia" , " cervical dysplasia" , " uterine cervical neoplasm" , or " HPV related diseases"). We also reviewed the abstracts of recent maj or conferences on HPV (EUROGIN Congress 2013, International Papillomavirus Conference 2012) to identify additional unpublished studies. Twenty records, from nine high income countries, met the inclusion criteria (HPV infection $(n=7)^{31-37}$, AGW $(n=11)^{38-48}$, and high-grade cervical $\text{lesions}^{49,50}$ (n=2))

Interpretation

This meta-analysis showed, for the first time, a strong and statistically significant dose-response between HPV vaccination coverage and population-level reductions in HPV-related outcomes among young females. In countries with high female vaccination coverage (≥50%), HPV-16/ 18 infection and AGW declined by more than 60% in females younger than 20 years. Furthermore, the study provides the first evidence of a dose-response between vaccination coverage and herd effects. In countries with high female vaccination coverage, AGW among young male and older females declined by 20-30%. Finally, the study showed statistically significant declines in HPV-types 31/ 33/ 45 among young females, which is suggestive of cross-protection.

CONTRIBUTORS

MD, MB and MCB conceived the study. MD and EB did the literature search and performed the analysis. MB, MCB, AM, PLM and JB participated in the analysis. MD and MB co-drafted the first version of the article. DM independently assessed eligibility of studies on HPV infection. All other authors (HA, LB, HB, SB, JMLB, TC, BD, CKF, EWF, AMJ, JAK, KK, SKK, EVK, LM, DM, LN, JO, KGP, KS, PS, SNT, CT) provided data, after having

performed supplementary analysis for the purposes of this meta-analysis. All authors interpreted the results and critically revised the manuscript for scientific content. All authors approved the final version of the article.

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CONFLICTSOF INTERESTS

MB reports unrestricted grants from Merck (herpes zoster- none are ongoing); MD has consulted for GlaxoSmithKline (herpes zoster vaccine); HA reports grant from bioCSL for the Australian genital warts surveillance network; SB, DM, KS report grant from GlaxoSmithKline for HPV testing of some samples (study number EPI-HPV-109903); JMLB reports grants from bioCSL/ Merck; BD reports grants from bioCSL and speaker fees from Merck and SPMSD; CKF owns shares in CSL Biotherapies who have licensed the Gardasil vaccine to Merck, has received travel reimbursement and speaker fees from Merck; AMJ has been a Governor of the Wellcome Trust since 2011; JAK reports grant from Merck; SKK reports grants from Merck and is a member of the Scientific Advisory Board of Merck and expert lecturer for Sanofi Pasteur MSD; EVK reports grants from Merck and GlaxoSmithKline and personal fees from Merck; LN reports consulting fees from Merck; SNT reports grants from bioCSL; EB, MCB, LB, HB, JB, TC, EWF, KK, PLM, LM, AM, JO, KGP, PS, CT declare that they have no conflict of interest.

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Table 1. Characteristics of the studies included in the systematic review and meta-analysis

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OR: Odds ratio; RR: Relative risk (Post-vaccination prevalence or incidence / Pre-vaccination prevalence or incidence)

Data sources are considered as: 1) Population-based when the study population includes the total population of a given country/ region, 2) Health provider/ insurance-based when the study population is constituted of a subgroup of the total population participating in a specific health program or insurance plan, 3) Clinic-based when the study population is constituted of a limited number of clinics or hospital' s clients.

† For studies on HPV infection, the pre- and post-vaccination periods were already determined in original publications (except for Kavanagh et al.). For studies on AGW and cervical lesions studies, the pre- and post-vaccination periods were determined for the purpose of this systematic review as described in the Appendix-Table S5.

[‡] The sample size is restricted to the age groups used in the review. For studies on HPV infection, the pre and post-vaccination sample sizes were already determined in original studies. For studies on AGW and cervical lesions, the pre-vaccination sample size corresponds to the cumulative number of person-years up to three years pre-vaccination, including the year of the introduction of HPV vaccination. The post-vaccination sample size corresponds to the cumulative number of person-years from 1 to 4 years after the introduction of vaccination, depending on data available in each study.

§ Data from Brotherton et al. 2011⁴⁹ are restricted to the Victorian registry data. Supplementary data from the Australian Institute of Health and Welfare 2013 report⁷⁴ were provided by Dr. Brotherton. Since the report covers all regions of Australia, it was used as our main data source for the review.

13 HR-HPV types were presented in the original publications whereas the 18 HR-HPV types available were used for the purposes of this meta-analysis

For HPV infection, the investigators recalculated the RR of prevalence using the original data from their specific studies. For AGW and precancerous lesions, we estimated pre-vaccination frequency by aggregating the data for up to three years prior to vaccination, and calculated RR by dividing each post-vaccination year by the pre-vaccination estimate

Figure 1. Flowchart of study selection.

Figure 2. Changes in the prevalence of HPV infections between the pre- and post-vaccination periods among females aged 13-24 years old, ranked by age-specific vaccination coverage (≥ 1 dose) reported in studies.

A) Females 13-19 years old§

B) Females 20-24 years old

NA: Not available; RR: Relative risk; CI: Confidence interval; HR: High-risk

p-value for trends obtained by fitting a linear regression between the log RR and the age-specific coverage of each study, weighted by the inverse variances of the log RR: Females 13-19 years old, HPV16/ 18 p=0.005; HPV 31/33/ 45 p=0.14; HPV31/ 33/ 45/ 52/ 58 p= 0.69; HPV HR except 16/ 18 p=0.60, Females 20-24 years old, HPV16/ 18 p=0.01; HPV 31/ 33/ 45 p=0.63; HPV31/ 33/ 45/ 52/ 58 p= 0.46; HPV HR except 16/ 18 p=0.03
S The minimum and of participants

§ The minimum age of participants varied between studies (see Table 1)

* Age-specific proportion of females, included in the analysis of each study, who received ≥1 dose of the HPV vaccine.

 † Data not available for females 13-19 years old in Kavanagh et al., and for females 20-24 years old in Cummings et al.

 ‡ Data not provided because they were considered as potentially unreliable according to NHANES analytic guidelines^{[70](#page-15-0)}: Prevalence estimates had a relative standard error (RSE) of >30% and the sample size was below the recommended sample size for analyses of complex survey data, by design effect and specified proportion. To be consistent throughout the studies using complex survey designs, we excluded data not meeting the recommended sample size for analyses of complex survey data, by design effect and specified proportion. The only data excluded was for HPV31-33-45 from NATSAL: unweighted pre-vaccination prevalence: 3/ 85; unweighted post-vaccination:16/ 215; weighted prevalence ratio: 3.50 (0.97-12.67).

Figure 3. Subgroup analyses of the changes in the prevalence of HPV infections between the pre- and post-vaccination periods among females.

A) Females 13-19 years old

B) Females 20-24 years old

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NA: Not available; RR: Relative risk; CI: Confidence interval; HR: High-risk

Figure 4. Changes in AGW diagnosis between the pre- and post-vaccination periods among females and males aged 15-39 years old, ranked by the national/setting-specific females' vaccination coverage.

A) Females 15-19 years old

B) Females 20-39 years old

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C) Males 15-19 years old

D) Males 20-39 years old

RR: Relative risk; CI: Confidence interval

p-value for trends obtained by fitting a linear regression between the log RR and the rank of vaccination coverage of each study, weighted by the inverse variances of the log RR : Females 15-19 years old: p=0.001; Females 20-39 years old: p=0.05; Males 15-19 years old: p=0.005; Males 20-39 years old: p=0.06

- Before vaccination: Cumulative number of cases and person-years up to three years pre-vaccination, including the year of the introduction of HPV vaccination.
- † After vaccination: Cumulative number of cases and person-years from 1 to 4 years after the introduction of vaccination, depending on data available in each study.
- ‡ Years of post-vaccination follow-up: Number of years after the introduction of HPV vaccination considered in the meta-analysis (see Appendix-Table S5 for more details).
- § Studies were qualitatively ranked by the national/ setting-specific vaccination coverage, by considering the number of cohorts vaccinated and vaccination coverage achieved in each cohort. However, it was not possible to estimate the overall vaccination coverage for each study (see Appendix-Table S1 for details about the program description, number of cohorts vaccinated and 3-dose vaccination coverage for each study).

Figure 5. Subgroup analyses of the changes in AGW diagnosis between the pre- and post-vaccination periods among females and males (NOTE: data are for years with female only vaccination programs).

A) Females 15-19 years old

B) Females 20-39 years old

29

C) Males 14-19 years old

D) Males 20-39 years old

Figure 6. Changes in AGW diagnosis among females and males during the first four years after the introduction of HPV vaccination with the quadrivalent vaccine, stratified for age and females' vaccination coverage.

- * High coverage: the results from the following studies were combined depending on the years of follow-up available: Year 1 and 2: Oliphant 2011, Baandrup 2013, Ali 2013; Year 3 and 4: Ali 2013 (see Appendix-Table S1 for information about each study vaccination coverage).
- [†] Low coverage: the results from the following studies were combined depending on the years of follow-up available: Year 1: Leval 2013, Kliewer 2012, Flagg 2013, Nsouli-Maktabi 2013, Mikolaj czyk 2013; Year 2, 3, 4 : Leval 2013, Flagg 2013, Nsouli-Maktabi 2013; Bauer 2013 (see Appendix-Table S1 for information about each study vaccination coverage).

Supplementary appendix

Table S1. Description of HPV vaccination programs and vaccination coverage for each study country/region

The predominant delivery method is stated where mixed methods were allowed

† 3-dose coverage reported, but if unavailable, coverage for at least one dose is indicated

‡ Possible underreporting of HPV vaccination coverage for women 20-26 years old as reported in Brotherton et al. Vaccine 2014

 \textdegree Few women have received 3 doses of the vaccine at this time since the catch-up program was not initiated before 2012 (37-50% had received the first HPV vaccine, and 28-39% had received the second)

Data sources for vaccination coverage and program descriptions:

Australia

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Canada

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Denmark

- 1. Widgren K, Simonsen J, Valentier-Branth P, Molbak K. Uptake of the human papillomavirus-vaccination within the free-of-charge childhood vaccination programme in Denmark. *Vaccine* 2011; **29**: 9663-7.
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Germany

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Table S2. Methodological quality and risk of bias in studies examining changes in HPV infection between the pre- and post-vaccination periods.

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Table S3. Methodological quality and risk of bias in studies examining changes in anogenital warts between the pre- and post-vaccination periods.

CDC: Centers for Disease Control and Prevention

Table S4. Methodological quality and risk of bias in studies examining changes in high-grade lesions between the pre- and post-vaccination periods.

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Table S5. Pre and post-vaccination years considered in the meta-analysis.

AIHW: Australian Institute of Health and Welfare

* For HPV infection, pre- and post-vaccination years were determined in original studies. The impact measure presented in original studies compared the combined postvaccination years to the combined pre-vaccination. The only exception is the study by Kavanagh et al., in which yearly prevalence was presented separately for 2009,

2010, 2011, and 2012. We considered 2009 and 2010 as pre-vaccination years since the vaccination coverage was very low and 2011 and 2012 as post-vaccination years.

- † For anogenital warts, pre-vaccination years (up to 3 according to the data available) were determined for the purpose of the meta-analysis. We included the calendar year of HPV vaccination introduction in the pre-vaccination period because year-end vaccination coverage with more than one dose was very low. All subsequent years were considered as post-vaccination years.
- $\frac{4}{3}$ Studies where the pre-vaccination years considered in the analysis included 1 or 2 years after the introduction of HPV vaccination, but during which the vaccination coverage was considered low (i.e. $\lt 15\%$).
- § Since only two studies examined AGW during the fifth year after the introduction of HPV vaccination (1 with a high coverage and 1 with a low coverage), we restricted the analysis to four years. Similarly, for cervical lesions, the analysis was restricted to the first four years.
- ^I Blanks in the post-vaccination years indicate that the study did not evaluate the outcome in this year

Table S6. Results of the sensitivity analysis using the results of Sandø et al instead of Baandrup et al.

Figure S1. Changes in the incidence of high-grade cervical lesions between the pre and post-vaccination period among females aged 15-39 years old.

AIHW: Australian Institute of Health and Welfare