# Mott insulators in strong electric fields 

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#### Abstract

Recent experiments on ultracold atomic gases in an optical lattice potential have produced a Mott insulating state of ${ }^{87} \mathrm{Rb}$ atoms. This state is stable to a small applied potential gradient (an 'electric' field), but a resonant response was observed when the potential energy drop per lattice spacing $(E)$, was close to the repulsive interaction energy $(U)$ between two atoms in the same lattice potential well. We identify all states which are resonantly coupled to the Mott insulator for $E \approx U$ via an infinitesimal tunneling amplitude between neighboring potential wells. The strong correlation between these states is described by an effective Hamiltonian for the resonant subspace. This Hamiltonian exhibits quantum phase transitions associated with an Ising density wave order, and with the appearance of superfluidity in the directions transverse to the electric field. We suggest that the observed resonant response is related to these transitions, and propose experiments to directly detect the order parameters. The generalizations to electric fields applied in different directions, and to a variety of lattices, should allow study of numerous other correlated quantum phases.


## I. INTRODUCTION

Recent experiments on ultracold trapped atomic gases have opened a new window onto the phases of quantum matterl. 2 . A gas of bosonic atoms has been reversibly tuned between superfluid and insulating ground states by varying the strength of a periodic potential produced by standing waves of laser light 2 . These experiments offer unprecedented control of the microscopic parameters, and allow exploration of parameter regimes not previously available in analogous condensed matter systems.

This paper focuses on one such "extreme" parameter regime. Let $w$ be the amplitude for an atom to tunnel between neighboring minima of the standing laser wave, and $U$ be the repulsive interaction energy between two atoms in the same potential well. When $w$ is smaller than a value of order $U$, the ground state is a Mott insulator for certain values of the atomic density or chemical potential. In this state, the average number of atoms in each potential well must be an integer, $n_{0}$ (see Fig 11). Now consider "tilting" this Mott insulator" i.e. placing it under an external potential which decreases linearly along a particular direction in space. Conceptually, it is useful to imagine that the atoms carry a fictitious 'charge', and then this potential gradient corresponds to applying a uniform 'electric' field, $E$ (in practice this field is applied by changing the position of the center of the atomic trap ${ }^{2}$ ). We measure $E$ in units of energy, defining $E$ to be the maximal drop in potential energy of an atom moving between nearest-neighbor minima of the periodic potential (the potential energy drop depends upon the choice of the nearest neighbor, and we choose the direction(s) along which the drop is the largest to define $E$ ). In almost all Mott insulators consisting of electrons or Cooper pairs, all reasonable electric fields that can be achieved in the laboratory are small enough so that the relation $E \ll w, U$ is well satisfied. Remarkably, in the new atomic systems significantly larger 'electric' fields are easily achievable: this paper shall discuss the regime $E \sim U$ which has been explored in the recent experi-


FIG. 1: Figures $1-4$ contain schematic representations of the Mott insulator, and of various states coupled to it. Shown above is the Mott insulator with $n_{0}=2$. Each well represents a local minimum of the optical lattice potential - these we number 1-5 from the left. The potential gradient leads to a uniform decrease in the on-site energy of atom as we move to the right. The grey circles are the $b_{i}$ bosons of (1.2). The vertical direction represents increasing energy: the repulsive interaction energy between the atoms is realized by placing atoms vertically within each well, so that each atom displaces the remaining atoms upwards along the energy axis. We have chosen the diameter of the atoms to equal the potential energy drop between neighboring wells-this corresponds to the condition $U=E$. Consequently, a resonant transition is one in which the top atom in a well moves horizontally to the top of a nearest-neighbor well; motions either upwards or downwards are non-resonant.
ments of Greiner et al.2. More precisely, we shall discuss the regime

$$
\begin{equation*}
|U-E|, w \ll E, U, \tag{1.1}
\end{equation*}
$$

while allowing the ratio $(U-E) / w$ to be arbitrary.
We mention, in passing, another experimental system which has been studied under conditions analogous to (1.1). Electron transport bas been investigated in arrays of GaAs quantum dots 3 , when the voltage drop between neighboring quantum dots (the analog of $E$ ) is at or above the charging energy required to make the transition (the analog of $U$ ). However, in these systems the excess electron energy can be dissipated away to the underlying lattice, and so it appears that the threshold behav-
ior can be described by dissipative classical modelst. In contrast, for the atomic systems of interest in the present paper, there is essentially no dissipation over the time scales of interest, and a fully quantum treatment must be undertaken.

It useful to explicitly state our model Hamiltonian for the Mott insulator for our subsequent discussion. We will consider only Mott insulators of bosons, although the extension to fermionic Mott insulators is possible $\sqrt{\boxed{E}}$. We label the minima of the periodic potential by lattice sites, $i$, and assume that all bosons occupy a single band of "tight-binding" orbitals centered on these sites. Let $b_{i}^{\dagger}$ be the creation operator for a botifn on site $i$. We will study the boson Hubbard model 6.7

$$
\begin{align*}
\mathcal{H}=-w \sum_{\langle i j\rangle}\left(b_{i}^{\dagger} b_{j}+b_{j}^{\dagger} b_{i}\right) & +\frac{U}{2} \sum_{i} n_{i}\left(n_{i}-1\right) \\
& -E \sum_{i} \mathbf{e} \cdot \mathbf{r}_{i} n_{i} \tag{1.2}
\end{align*}
$$

where $\langle i j\rangle$ represents pairs of nearest neighbor sites,

$$
\begin{equation*}
n_{i} \equiv b_{i}^{\dagger} b_{i} \tag{1.3}
\end{equation*}
$$

$\mathbf{r}_{i}$ are the spatial co-ordinates of the lattice sites (the lattice spacing is unity), and $\mathbf{e}$ is a vector in the direction of the applied electric field (e is not necessarily a unit vector-its length is determined by the strength of the electric field, the lattice structure, and our definition of $E$ above). We will mainly consider simple cubic lattices, with the $\mathbf{e}$ oriented along one of the lattice directions and of unit length. Not shown in (1.2) is an implied chemical potential term which is chosen so that the average density of atoms per site is $n_{0}$. We will restrict our attention to the case where $n_{0}$ is of order unity.

Some simple key points can be made by first considering the non-interacting case, $U=0$, and also by simplifying to one spatial dimensiond. For this special case, we can write $\mathcal{H}$ as

$$
\begin{equation*}
\mathcal{H}_{0}=-\sum_{\ell}\left(w b_{\ell}^{\dagger} b_{\ell+1}+w b_{\ell+1}^{\dagger} b_{\ell}+E \ell b_{\ell}^{\dagger} b_{\ell}\right) \tag{1.4}
\end{equation*}
$$

where $\ell$ is an integer labelling the lattice sites. The exact single-particle eigenstates of $\mathcal{H}_{0}$ can be easily obtained: the eigenenergies form a Wannier-Stark ladder, and the most important property of the wavefunctions is that they are all localized. Specifically, the eigenstates can be labeled by an integer $m$ which runs from $-\infty$ to $\infty$, the exact eigenenergies are

$$
\begin{equation*}
\epsilon_{m}=E m \tag{1.5}
\end{equation*}
$$

and the corresponding exact and normalized wavefunctions can be expressed in terms of Bessel functions:

$$
\begin{equation*}
\psi_{m}(\ell)=J_{\ell-m}(2 w / E) \tag{1.6}
\end{equation*}
$$

for a derivation see e.g. Ref. 10 (their analysis is in a different gauge). The $m$ 'th state is localized near the site
$\ell=m$, and for large $|\ell-m|$ its wavefunction decays as

$$
\begin{equation*}
\left|\psi_{m}(\ell)\right| \sim \exp \left[-|\ell-m| \ln \left(\frac{|\ell-m| E}{e w}\right)\right] \tag{1.7}
\end{equation*}
$$

the decay is faster than exponential, and is extremely rapid under the conditions (1.1). The reader should resist the temptation to imagine that a particle placed initially at the site $\ell$ will eventually be accelerated by the applied electric field out to infinity. Instead, the particle remains localized near its initial site, and undergoes Bloch oscillations with period $h / E$; indeed, as is clear from the simple form of (1.5), its wavefunction is exactly equal to its initial wavefunction at regular time intervals of $h / E$. The particle can escape to infinity only be a process of Zener tunneling to higher bands not included in the single band tight-binding models in (1.4) and (1.2); the probability of such tunneling is negligibly small in the experiments of interest here, and so will be ignored in our analysis.

We now return our discussion to the full Hubbard model (1.2). As was the case in (1.5), the spectrum of this Hamiltonian is unbounded from below for $E \neq 0$, and so it does not make sense to ask for its "ground state" for any density of particles. Rather, guided by the experimental situation of Ref. 2, we are interested in states which are accessible from the translationally invariant Mott state (with an average of $n_{0}$ particles on every site) over the experimentally relevant time scales. The experiment 2 begins at $E=0$ with a Mott insulator with $n_{0}$ particles per site, rapidly ramps up $E$ to a value of order $U$, and detects the change in the state. For $w \ll U$, and for most values of $E$, the experiments displayed little detectable change in the state of the system. We can initially understand this by a simple extension of the argument presented above for the non-interacting model $\mathcal{H}_{0}$. Consider a 'quasiparticle' state of the Mott insulator, created by adding a single additional particle on one site, as shown in Fig 2 2 a. To leading order in $w / U$, the motion of this quasiparticle along the direction $\mathbf{e}$ is described by an effective Hamiltonian which is identical in form to $\mathcal{H}_{0}$, but with the hopping matrix element $w$ replaced $w\left(n_{0}+1\right)$. So any such quasiparticle states created above the Mott insulator will remain localized and will not have the chance to extend across the system to create large changes in the initial state. A similar localization argument applies to the quasihole state shown in Fig 2b: it experiences an electric force in the opposite direction, the effective hopping matrix element is $w n_{0}$, and all quasihole states are also all localized in the direction e. Indeed, it is not difficult to see that the same localization argument applies to all deformations of the Mott insulator which carry a net charge.

The important exceptions to the above argument for the stability of the Mott state are deformations which carry no net charge. It is the primary purpose of this paper to describe the collective properties of such neutral states. They will be shown to yield a resonantly strong effect on the Mott state when $E \sim U$, which has been


FIG. 2: Notation as in Fig. 1. (a) A quasiparticle on site 3; the motion of this quasiparticle is described by the localized wavefunctions (1.6) but with $w$ replaced by $3 w$. (b) A quasihole on site 3; the motion of this quasihole is also described by the localized wavefunctions (1.6) but with $w$ replaced by $2 w$.


FIG. 3: Notation as in Fig. (1) (a) A dipole on sites 2 and 3; this state is resonantly coupled by an infinitesimal $w$ to the Mott insulator in (a) when $E=U$. (b) Two dipoles between sites 2 and 3 and between 4 and 5 ; this state is connected via multiple resonant transitions to the Mott insulator for $E=U$.
dramatically observed in the experiments of Greiner et al.2. Indeed, Greiner et al. have already identified an important neutral deformation of the Mott state - it is the dipole state consisting of a quasiparticle-quasihole pair on nearest neighbor sites, as shown in Fig Ba. A key consequence of our discussion above is that, for $w \ll E$ (a condition we assume throughout), we can safely neglect the independent motion of the quasiparticle and of the quasihole along the direction of e. Only their paired motion as dipoles will be important along e, although they can move independently along directions orthogonal to e.

For $w=0$, the dipole state in Fig $\beta$ differs in energy
from the Mott state by $U-E$. So these states become degenerate at $U=E$, and an infinitesimal $w$ leads to a resonant coupling between them. However, there are a large number of other states which are resonantly coupled to one of more of these states, and they also have to be treated on an equal footing. Indeed, it is sufficient for an given state to be resonantly coupled to any one other state in the manifold of resonant states for it to be an equal member of the resonant family - it is not necessary to have a direct resonant coupling to the parent Mott insulator. The reader should already notice that multiple dipole deformations of the Mott insulator (like the state in Fig 3 b) are part of the resonant family. In dimensions greater than one, these dipole states are only a small fraction of the set of resonant states, as we will show below. We are now in a position to succinctly state the purpose of this paper: identify the complete set of states resonantly coupled to the Mott state under the conditions (1.1), obtain the effective Hamiltonian within the subspace of these states, and determine its spectrum and correlations. The results will allow us to address the strong response of the Mott insulatgr to an electric field $E \sim U$ observed by Greiner et al. $\mathbf{E}$, and lead to some definite predictions which can be tested in future experiments.

The first step in our program is a complete description of the set of resonant states. We will do this first for one dimension in the Section IA, and for all higher dimensions in Section (1). The effective Hamiltonian in the resonant subspace will be shown to contain strong correlations among its degrees of freedom, but we will demonstrate that these can be satisfactorily treated by available analytic and numerical methods in many body theory. Before embarking on a detailed description of our computation, the reader may find it useful to examine Figs 3 and 7 for an understanding of the origin of the strong correlations in the one dimensional case. Fig 3 contains only dipole states: notice that while resonant dipole states can be created separately on nearest neighbor links, it is not possible to create two dipoles simultaneously on such links (as in Fig Aa) without violating the resonant conditions. This implies an infinite repulsive interaction between nearest neighbor dipoles in the effective Hamiltonian. Two (or more) dipoles can be safely created when they are further apart, as shown in Fig 3 b . Thus the dipole resonances are not independent of each other, and the wavefunction contains non-trivial 'entanglements' between them.

## A. One dimension

It is not difficult to see that, in one spatial dimension, the set of all nearest-neighbor dipole states constitute the entire family of states resonantly coupled to the Mott insulator in Fig 1 for $U=E$ and an infinitesimal $w$. The only subtlety concerns states like those in Fig $\AA \mathrm{b}$, which are not made up of nearest-neighbor dipoles. For


FIG. 4: Notation as in Fig. 1. Two states which are not part of the resonant manifold. (a) An attempt to create dipoles between sites 2 and 3 and also between sites 3 and 4; the result is a single dipole of length 2 which has energy $U-2 E$ relative to the Mott insulator, and so this long dipole is not part of the resonant family of states. (b) A state with energy $3(U-E)$ relative to the Mott insulator; this state is not part of the resonant family because its largest effective matrix element to any state in the resonant family is of order $w^{2} / U$ (for $U=E$; see (1.8)). In contrast, all states within the resonant family are connected to at least one other state also in the family by a matrix element of order $w$.
$w=0$, this state has energy $3(U-E)$ relative to that in Fig 1. However reaching the state in Fig $\mathrm{H}_{\mathrm{b}} \mathrm{b}$ from any state in the resonant family requires a detour through a non-resonant state. A simple second-order perturbation theory calculation shows that the closest state from the resonant family connected to Fig 亿b is a state with dipole between sites 3 and 4, and that the effective matrix element between them is

$$
\begin{equation*}
\frac{w^{2} n_{0} \sqrt{n_{0}\left(n_{0}+1\right)}}{2}\left(\frac{1}{U}+\frac{1}{2 U-E}\right) \tag{1.8}
\end{equation*}
$$

this is negligibly small, under the conditions (1.1), compared to the non-zero matrix elements $(=w)$ between states within the resonant family. Hence we can safely neglect the state in Fig $\uparrow \mathrm{b}$. More completely, the argument is that after we diagonalize the Hamiltonian within the resonant family, states coupled to that in Fig 4 b will differ from it by an energy of order $w$; the coupling in (1.8) will then be too weak to induce a resonance.

It is convenient now to introduce bosonic dipole creation operators, $d_{\ell}^{\dagger}$, to allow us to specify the resonant subspace and its effective Hamiltonian. Let $\left|\mathrm{M} n_{0}\right\rangle$ be the Mott insulator with $n_{0}$ particles on every site (the state in Fig 1 is $|\mathrm{M} 2\rangle)$. We identify this state with the dipole vacuum $|0\rangle$. Then the single dipole state is

$$
\begin{equation*}
d_{\ell}^{\dagger}|0\rangle \equiv \frac{1}{\sqrt{n_{0}\left(n_{0}+1\right)}} b_{\ell} b_{\ell+1}^{\dagger}\left|\mathrm{M} n_{0}\right\rangle \tag{1.9}
\end{equation*}
$$

Notice that we have placed the dipole operator on the left edge of the dipole which actually resides on links between the lattice sites. Clearly, we cannot create more than one dipole resonantly on the same link: hence the dipoles satisfy an on-site hard core constraint

$$
\begin{equation*}
d_{\ell}^{\dagger} d_{\ell} \leq 1 \tag{1.10}
\end{equation*}
$$

Moreover, we cannot create two dipoles simultaneously on nearest neighbor links-this leads to a non-resonant state like that in Fig Ha; such states are prohibited by a hard core repulsion between nearest neighbor sites

$$
\begin{equation*}
d_{\ell}^{\dagger} d_{\ell} d_{\ell+1}^{\dagger} d_{\ell+1}=0 \tag{1.11}
\end{equation*}
$$

The resonant family of states can now be completely specified as the set of all states of the boson $d_{\ell}$ which satisfy (1.10) and (1.11). A typical state is sketched below in Fig Da. Notice that the dipole vacuum, $\left|\mathrm{M} n_{0}\right\rangle$ is one of the allowed states.

It is now a simple matter to write down the effective Hamiltonian, $\mathcal{H}_{d}$ for the $d_{\ell}$. It costs energy $U-E$ to create each dipole, and each dipole can be created or annihilated with an amplitude of order $w$ (this corresponds to the horizontal motion of particles in Figs 1-1). So we have
$\mathcal{H}_{d}=-w \sqrt{n_{0}\left(n_{0}+1\right)} \sum_{\ell}\left(d_{\ell}+d_{\ell}^{\dagger}\right)+(U-E) \sum_{\ell} d_{\ell}^{\dagger} d_{\ell}$.

The Hamiltonian (1.12), along with the constraints (1.10, 1.11), constitute one of the correlated many-body problems we shall analyze in this paper. The eigenstates of $\mathcal{H}_{d}$ are characterized by $n_{0}$ and the single dimensionless number

$$
\begin{equation*}
\lambda \equiv \frac{U-E}{w} \tag{1.13}
\end{equation*}
$$

and a description of their properties as $\lambda$ ranges over all real values is in Section [1]. (Strictly speaking, the eigenstates of $\mathcal{H}_{d}$ depend only $\lambda / \sqrt{n_{0}\left(n_{0}+1\right)}$, but $\lambda$ and $n_{0}$ do not combine into a single constant in higher dimensions.)

It is interesting to note that there is no explicit hopping term for the $d_{\ell}$ bosons in $\mathcal{H}_{d}$ : it appears that the bosons only only allowed to be created from, and to disappear into, the vacuum by the first term in (1.12). However, this is misleading: as we will see in Section II, the combination of the terms in (1.12) and the constraint (1.11) does generate a local hopping term for the $d_{\ell}$ bosons (see (2.1)). Additional dipole hopping terms also arise from virtual processes of order $w^{2} / U$ in the underlying Hubbard model $\mathcal{H}$; however, these are negligibly small compared to those just mentioned and do not need to be included in $\mathcal{H}_{d}$.

We close this subsection by noting that the Hamiltonian $\mathcal{H}_{d}$ in (1.12) and the constraints (1.10, 1.11) can also be written in the form of a quantum spin chain. We identify the dipole present/absent configuration on a site $\ell$ as
a pseudospin $\sigma_{\ell}^{z}$ up/down ( $\sigma^{x, y, z}$ are the Pauli matrices). Then $\sigma_{\ell}^{z}=2 d_{\ell}^{\dagger} d_{\ell}-1$ and

$$
\begin{gather*}
\mathcal{H}_{d}=\sum_{\ell}\left[-w \sqrt{n_{0}\left(n_{0}+1\right)} \sigma_{\ell}^{x}+(U-E)\left(\sigma_{\ell}^{z}+1\right) / 2\right. \\
\left.+J\left(\sigma_{\ell}^{z}+1\right)\left(\sigma_{\ell+1}^{z}+1\right)\right] \tag{1.14}
\end{gather*}
$$

The constraint (1.11) is implemented by taking the $J \rightarrow$ $\infty$ limit of the last term. The spin chain model so obtained is an $S=1 / 2$ Ising spin chain in both transverse and longitudinal fields. This is known not to be integrable for finite $J$, but it does appear that the problem simplifies in the $J \rightarrow \infty$ limit we consider here.

## B. Higher dimensions

We consider here only hypercubic lattices in $D$ spatial dimensions, with e oriented along one of the principal cubic axes and a lattice spacing in length (e.g. $D=3$ and $\mathbf{e}=(1,0,0))$. Other lattices, and other directions of e, also allow for interesting correlated phases and these will be mentioned in Section IV.

Extension of our reasoning above quickly shows that the dipole states now constitute only a negligibly small fraction of the set of states in the resonant family. Once a dipole has been created on a pair of sites separated by the vector $\mathbf{e}$, its quasiparticle and quasihole constituents can move freely and resonantly, with matrix elements of order $w$, in the $(D-1)$ directions orthogonal to e. Allowing this process to occur repeatedly (while maintaining some constraints discussed below), we can build up the set of all resonantly coupled states. A typical resonant state in $D=2$ is shown in Fig Db. As in Section IA, it is useful to give an operator definition of the resonant family. To allow us to distinguish between the directions parallel and orthogonal to $\mathbf{e}$, we replace the $D$-dimensional site label $i$, by the composite label $(\ell, n)$, where $\ell$ is an integer measuring the co-ordinate along $\mathbf{e}$ (as in the onedimensional case), while $n$ is a label for sites along the ( $D-1$ ) transverse directions. Rather than using dipole operators, we now want to work with bosonic quasiparticle $\left(p_{\ell, n}^{\dagger}\right)$ and quasihole $\left(h_{\ell, n}^{\dagger}\right)$ operators, which create states like those in Fig 2a and Fig 2b respectively. More precisely, we now identify $\left|\mathrm{M} n_{0}\right\rangle$ with quasiparticle and quasihole vacuum $|0\rangle$, and so

$$
\begin{align*}
p_{\ell, n}^{\dagger}|0\rangle & \equiv \frac{1}{\sqrt{n_{0}+1}} b_{\ell, n}^{\dagger}\left|\mathrm{M} n_{0}\right\rangle \\
h_{\ell, n}^{\dagger}|0\rangle & \equiv \frac{1}{\sqrt{n_{0}}} b_{\ell, n}\left|\mathrm{M} n_{0}\right\rangle \tag{1.15}
\end{align*}
$$

The set of resonant states can now be specified by a few simple constraints on these operators, which are the analogs of (1.10,1.11). First, there are the obvious on-site hard-core constraints that no site can have more than one


FIG. 5: Typical states in the resonant subspace for (a) $D=1$ and (b) $D=2$. Black circles represent sites with quasiparticles (these sites have $n_{i}=n_{0}+1$ (see (1.3)), grey circles represent quasiholes (these sites have $n_{i}=n_{0}-1$ ), while the remaining sites have $n_{i}=n_{0}$. Note that $Q_{\ell}$ in (1.17) is zero for each column i.e. the total number of quasiparticles in every column equals the total number of quasiholes in the column to its immediate left. Only in $D=1$ does this constraint imply that all states contain only nearest-neighbor dipoles.
particle or hole:

$$
\begin{align*}
p_{\ell, n}^{\dagger} p_{\ell, n} & \leq 1 \\
h_{\ell, n}^{\dagger} h_{\ell, n} & \leq 1 \\
p_{\ell, n}^{\dagger} p_{\ell, n} h_{\ell, n}^{\dagger} h_{\ell, n} & =0 \tag{1.16}
\end{align*}
$$

Additionally, because of the manner in which these quasiparticles and quasiholes appear from the Mott state, the total number of quasiparticles in the $D-1$ dimensional layer with co-ordinate $\ell+1$ must equal the total number of quasiholes in layer $\ell$ :

$$
\begin{equation*}
Q_{\ell} \equiv \sum_{n}\left(p_{\ell+1, n}^{\dagger} p_{\ell+1, n}-h_{\ell, n}^{\dagger} h_{\ell, n}\right)=0 \tag{1.17}
\end{equation*}
$$

While the quasiparticles and quasiholes are allowed to move freely within each $D-1$ dimensional layer, they cannot move resonantly out of any layer on their own; this is, of course, related to the localization of the Wannier-Stark ladder states discussed earlier in this section.

Continuing the analogy with Section $I A$, we can now easily write down the effective Hamiltonian, $\mathcal{H}_{p h}$, for the
quasiparticles and quasiholes which acts on the set of states defined by (1.16) and (1.17). The terms in the first two lines are the same as those already present in (1.12), but expressed now in terms of the quasiparticle/hole operators, while the last line is associated with motion along the transverse $D-1$ directions:

$$
\begin{align*}
\mathcal{H}_{p h} & =-w \sqrt{n_{0}\left(n_{0}+1\right)} \sum_{\ell, n}\left(p_{\ell+1, n} h_{\ell, n}+p_{\ell+1, n}^{\dagger} h_{\ell, n}^{\dagger}\right) \\
& +\frac{(U-E)}{2} \sum_{\ell, n}\left(p_{\ell, n}^{\dagger} p_{\ell, n}+h_{\ell, n}^{\dagger} h_{\ell, n}\right)  \tag{1.18}\\
& -w \sum_{\ell,\langle n m\rangle}\left(n_{0} h_{\ell, n}^{\dagger} h_{\ell, m}+\left(n_{0}+1\right) p_{\ell, n}^{\dagger} p_{\ell, m}+\text { h.c. }\right) .
\end{align*}
$$

Here $\langle n m\rangle$ represents a nearest neighbor pair of sites within a single $(D-1)$ dimensional layer orthogonal to $\mathbf{e}$. Notice that all the $Q_{\ell}$ in (1.17) commute with $\mathcal{H}_{p h}$, as is required for the consistency of our approach. As was the case in one dimension, the properties of $\mathcal{H}_{p h}$ are determined by the single dimensionless constant $\lambda$ in (1.13); these will be described in Section III.

It is worth reiterating explicitly here that upon specialization to the case of $D=1$ (when the indices $n, m$ only have a single allowed value and the set $\langle n m\rangle$ is empty), the Hamiltonian $\mathcal{H}_{p h}$ above is exactly equivalent to the one dimensional dipole model $H_{d}$ in (1.12).

We note in passing that in a manner similar to $\mathcal{H}_{d}$, $\mathcal{H}_{p h}$ in (1.18) can also be written as a $S=1$ spin model, with the empty/qausiparticle/quasihole states on a site corresponding to spin states with $S_{z}=0,1,-1$.

The outline of the remainder of the paper is as follows. The properties the $D=1$ model $\mathcal{H}_{d}$ will be described in Section II, while the $D>1$ model $\mathcal{H}_{p h}$ will be considered in Section [II. We discuss extensions of our results to other lattices and field directions in Section IV. Implications of our results for experiments appear in Section $\nabla$. The appendices contain some technical discussion on the nature of the quantum phase transitions found in the body of the paper.

## II. DIPOLE PHASES IN ONE DIMENSION

This section will describe the spectrum of the onedimensional dipole Hamiltonian $\mathcal{H}_{d}$ in (1.12), subject to the constraints (1.10) and (1.11).

An essential point becomes clear simply by looking at the limiting cases $\lambda \rightarrow \infty$ and $\lambda \rightarrow-\infty$ (the coupling $\lambda$ was defined in (1.13)). For $\lambda \rightarrow \infty$ the ground state of $\mathcal{H}_{d}$ is the non-degenerate dipole vacuum $|0\rangle$. In contrast, for $\lambda \rightarrow-\infty$ the ground state is doubly degenerate, because there are two distinct states with maximal dipole number: $\left(\cdots d_{1}^{\dagger} d_{3}^{\dagger} d_{5}^{\dagger} \cdots\right)|0\rangle$ and $\left(\cdots d_{2}^{\dagger} d_{4}^{\dagger} d_{6}^{\dagger} \cdots\right)|0\rangle$. This immediately suggests the existence of an Ising quantum critical point at some intermediate value of $\lambda$, associated with an order parameter which is a density wave of dipoles of period two lattice spacings. We will shortly
present numerical evidence which strongly supports this conclusion.

Further analytic evidence for an Ising quantum critical point can be obtained by examining the excitation spectra for the limiting $\lambda$ regimes, and noting their similarity to those on either side of the critical point in the quantum Ising chain 11 .

For $\lambda \rightarrow \infty$, the lowest excited states are the singledipoles: $|\ell\rangle=d_{\ell}^{\dagger}|0\rangle$; there are $N$ such states $(N$ is the number of sites), and, at $\lambda=\infty$, they are all degenerate at energy $U-E$. The degeneracy is lifted at second order in a perturbation theory in $1 / \lambda$ : by a standard approach using canonical transformations, these corrections can be described by an effective Hamiltonian, $\mathcal{H}_{d, \text { eff }}$, that acts entirely within the subspace of single dipole states. We find

$$
\begin{aligned}
& \mathcal{H}_{d, \mathrm{eff}}=(U-E) \sum_{\ell}[|\ell\rangle\langle\ell| \\
& \left.+\frac{n_{0}\left(n_{0}+1\right)}{\lambda^{2}}(|\ell\rangle\langle\ell|+|\ell\rangle\langle\ell+1|+|\ell+1\rangle\langle\ell|)\right](2.1)
\end{aligned}
$$

Notice that, quite remarkably, a local dipole hopping term has appeared, as we promised earlier at the end of Section IA. The constraints ( $1.10,1.11$ ) played a crucial role in the derivation of (2.1). Upon considering perturbations to $|\ell\rangle$ from the first term in (1.12) it initially seems possible to obtain an effective matrix element between any two states $|\ell\rangle$ and $\left|\ell^{\prime}\right\rangle$. However this connection can generally happen via two possible intermediate states, $|\ell\rangle \rightarrow d_{\ell}^{\dagger} d_{\ell^{\prime}}^{\dagger}|0\rangle \rightarrow\left|\ell^{\prime}\right\rangle$ and $|\ell\rangle \rightarrow|0\rangle \rightarrow\left|\ell^{\prime}\right\rangle$, and the contributions of the two processes exactly cancel each other for most $\ell, \ell^{\prime}$. Only when the constraints (1.10, 1.11) block the first of these processes is a residual matrix element possible, and these are shown in (2.1). It is a simple matter to diagonalize $\mathcal{H}_{d, \text { eff }}$ by going to momentum space, and we find a single band of dipole states. The lowest energy dipole state has momentum $\pi$ : the softening of this state upon reducing $\lambda$ is then consistent with the appearance of density wave order of period 2. The higher excited states at large $\lambda$ consist of multiparticle continua of this band of dipole states, just as in the Ising chain ${ }^{11}$.

A related analysis can be carried out for $\lambda \rightarrow-\infty$, and the results are very similar tothose for the ordered state in the quantum Ising chain 11 . The lowest excited states are single band of domain walls between the two filled dipole states, and above them are the corresponding multiparticle continua.

## A. Exact diagonalization

We numerically determined the exact spectrum of $\mathcal{H}_{d}$ for lattice sizes up to $N=18$. As will be evident below, these sizes were adequate to reliably extract the limiting behavior of the $N \rightarrow \infty$ limit.

The complete spectrum of $\mathcal{H}_{d}$ is shown in Fig 6 for $N=8$ and $n_{0}=1$. We used periodic boundary con-


FIG. 6: All the eigenvalues of $\mathcal{H}_{d}$ for $N=8$ and $n_{0}=1$. Note that the ground state is non-degenerate for positive $\lambda$, and there are two low-lying levels with an exponentially small splitting for $\lambda<0$ and $|\lambda|$ large.
ditions on the dipole Hamiltonian in (1.12). Note that these do not correspond to periodic boundary conditions for the original model (1.2); indeed, for (1.2) the presence of the electric field implies that periodic boundary conditions are not physically meaningful. Nevertheless, it is useful to apply periodic boundary conditions to the translationally invariant effective model (1.12), merely as a mathematical tool for rapidly approaching the $N \rightarrow \infty$ limit. Note that Fig 6 shows a unique ground state for $\lambda \rightarrow \infty$ and a two-fold degenerate state for $\lambda \rightarrow-\infty$. Above these lowest energy states, there is a finite energy gap, and the excited states have clearly split into bands corresponding to the various "particle" continua; these "particles" are dipoles for $\lambda \rightarrow \infty$, and domain-walls between the two ground states for $\lambda \rightarrow-\infty$, as we discussed in the perturbative analysis above.

We test for a quantum critical point at intermediate values of $\lambda$ by plotting the energy gap, $\Delta$, in Fig 7 . This gap is the spacing the between the lowest two of the eigenvalues plotted in Fig 6 (for finite system sizes, these low-lying levels are always non-degenerate). It becomes exponentially small in the system size as we approach the two degenerate ground states which are present for $\lambda$ sufficiently negative. In the opposite limit, $\Delta$ approaches a finite non-zero value, which becomes $U-E$, for $\lambda$ large and positive. If these two phases are separated by a quantum critical point, we expect the energy gap to scale as $\Delta \sim N^{-z}$ at the critical point $\lambda=\lambda_{c}$, where $z$ is the dynamic critical exponent. The Ising critical point has $z=1$, and so Fig 7 plots $N \Delta$ as a function of $\lambda$. We observe a clear crossing point at $\lambda_{c} \approx-1.850$ which we identify as the position of the Ising quantum phase transition. Note that the critical point is shifted away from the naive value $E=U(\lambda=0)$ to $E>U$ because of quantum fluctuations associated with the hopping of the dipoles.


FIG. 7: The spacing between the lowest two eigenvalues of $\mathcal{H}_{d}$ $(=\Delta)$ as a function $\lambda$ for various system sizes and $n_{0}=1$. We used periodic boundary conditions for $\mathcal{H}_{d}$.


FIG. 8: Scaling plot of the energy gap to test for (2.2). We used $\lambda_{c}=-1.850$ and $n_{0}=1$.

A second test of Ising criticality is provided by also rescaling the horizontal axis of Fig 7 with $N$. General finite size scaling arguments imply that the energy gap should obey the scaling form

$$
\begin{equation*}
\Delta=N^{-z} \phi\left(N^{1 / \nu}\left(\lambda-\lambda_{c}\right)\right) \tag{2.2}
\end{equation*}
$$

where $\phi$ is a universal scaling function, and $\nu$ is the correlation length exponent. We test for (2.2) in Fig 8 with the Ising exponent $\nu=1$, and again find excellent agreement.


FIG. 9: Scaling plot of numerical results for the order parameter structure factor, $S_{\pi}$, defined in (2.3). We used $n_{0}=1$.

A final, and most sensitive, test for Ising criticality is provided by a measurement of the anomalous dimension of the order parameter. The order parameter is the density of dipoles at momentum $\pi$, and so we computed its equal-time structure factor

$$
\begin{equation*}
S_{\pi}=\frac{1}{N}\left\langle\left(\sum_{\ell}(-1)^{\ell} d_{\ell}^{\dagger} d_{\ell}\right)^{2}\right\rangle \tag{2.3}
\end{equation*}
$$

Standard scaling arguments imply that this should scale as $N^{2-z-\eta}$ at $\lambda=\lambda_{c}$, where $\eta$ is the anomalous dimension of the order parameter. Using the Ising exponent $\eta_{=1 / 4}$, we expect $S_{\pi} \sim N^{3 / 4}$. This is tested in Fig 9. Note that there is an excellent crossing point at $\lambda_{c} \approx-1.853$. This position of the crossing point is completely consistent with the crossing point found in Fig 7. Thus Fig 9 provides strong evidence for the expected Ising exponent $\eta=1 / 4$. We have also examined a plot which scales the horizontal axis in Fig 9 as in Fig 8 : the data collapse is again excellent.

## III. QUASIPARTICLE AND QUASIHOLE PHASES IN HIGHER DIMENSIONS

This section will discuss the properties of the $D>1$ dimensional model of the $p_{\ell, n}$ quasiparticles and $h_{\ell, n}$ quasiholes described the Hamiltonian $\mathcal{H}_{p h}$ in (1.18), subject to the constraints (1.16, 1.17).

As in Section it is instructive to first look at the two distinct limiting values of $\lambda$. The nature of the ground states is very similar to those in $D=1$ for these ranges of $\lambda$. For $\lambda \rightarrow \infty$, we have a unique ground state which contains only small perturbations from the quasiparticle and quasihole vacuum $|0\rangle$. For $\lambda \rightarrow-\infty$, it is clear that we want to maximize the total number of quasiparticles and quasiholes in the ground state, subject to the constraints (1.16, 1.17). There are a very large number of ways of doing this, but by considering perturbative corrections to the ground state energy in powers of $1 /|\lambda|$,
it is not difficult to see that it pays to choose one of two regular arrangements, in which the occupation numbers are independent of $n$ : $\prod_{n} \prod_{\ell \text { even }} p_{\ell+1, n}^{\dagger} h_{\ell, n}^{\dagger}|0\rangle$ or $\prod_{n} \prod_{\ell \text { odd }} p_{\ell+1, n}^{\dagger} h_{\ell, n}^{\dagger}|0\rangle$. So there is a two-fold degenerate ground state for $\lambda<0$ and $|\lambda|$ large, associated with a broken translational symmetry and the development of density wave order of period 2 in the longitudinal direction, in both the quasiparticle and quasihole densities.

The excitation spectrum in the limiting ranges of $\lambda$ can also be determined as in Section II. However, the computations are more involved and we limit ourselves to an analysis of the $\lambda \rightarrow \infty$ case in Section III A. We will investigate physics at intermediate values of $\lambda$ in the subsequent subsections, where we will see that the possibilities are richer than the appearance of a single Ising quantum critical point between the states just discussed: Section III B will present a mean field theory, while Appendices $A$ and $B$ will discuss continuum quantum field theories which can describe long-wavelength fluctuations near the phase boundaries.

## A. Excitations for $\lambda$ large and positive

There is a large manifold of lowest excited states, all of which have energy $U-E$, in the limit $\lambda \rightarrow \infty$. These are the states with exactly one $p$ quasiparticle and one $h$ quasihole, with the particle on the $D-1$ dimensional layer $\ell+1$ and the hole on the layer $\ell$. We label these states by

$$
\begin{equation*}
|\ell, n, m\rangle \equiv p_{\ell+1, n}^{\dagger} h_{\ell, m}^{\dagger}|0\rangle \tag{3.1}
\end{equation*}
$$

We break the degeneracy between these states by considering corrections in powers of $1 / \lambda$. At order $1 / \lambda$, the term in the last line in (1.18) will allow the quasiparticle and the quasihole to hop independently in their own layers, but will not induce any couplings between states with different values of $\ell$. The latter appear at order $1 / \lambda^{2}$, when as in (2.1), a nearest neighbor dipole pair can hop longitudinally between neighboring layers; again, as in $D=1$, the constraints (1.16,1.17) play a crucial role in determining these perturbative corrections. These processes are described the following effective Hamiltonian for the manifold of excited states with energy $\approx(U-E)$ :

$$
\begin{align*}
& \mathcal{H}_{p h, \mathrm{eff}}=(U-E) \sum_{\ell}\left[\sum_{n, m}|\ell, n, m\rangle\langle\ell, n, m|\right. \\
&- \frac{1}{\lambda} \sum_{\langle n m\rangle, k}\left(n_{0}|\ell, n, k\rangle\langle\ell, m, k|\right. \\
&\left.\quad+\left(n_{0}+1\right)|\ell, k, n\rangle\langle\ell, k, m|\right) \\
&+ \frac{n_{0}\left(n_{0}+1\right)}{\lambda^{2}} \sum_{n}(|\ell, n, n\rangle\langle\ell, n, n| \\
&+|\ell, n, n\rangle\langle\ell+1, n, n|+|\ell+1, n, n\rangle\langle\ell, n, n|)] \tag{3.2}
\end{align*}
$$

Note that the first summation over $n, m$ is unrestricted and ranges independently over the two variables, while the second is over nearest neighbor pairs $\langle n m\rangle$.

The Hamiltonian $\mathcal{H}_{p h, \text { eff }}$ can be analyzed by the standard techniques of scattering theory. The terms within the first two summations in (3.2) lead to a "two-particle" continuum of quasiparticle and quasihole states, while the terms within the last summation allow these states to scatter and possibly form a dipole bound state. We first form states with total transverse momentum $\mathbf{Q}_{\perp}$, and relative transverse momentum $\mathbf{q}_{\perp}$ (these momenta are $D-1$ dimensional vectors)

$$
\begin{equation*}
\left|\ell, \mathbf{Q}_{\perp}, \mathbf{q}_{\perp}\right\rangle=\frac{1}{N_{\perp}} \sum_{n, n} e^{i \mathbf{q}_{\perp} \cdot \mathbf{r}_{n}+i\left(\mathbf{Q}_{\perp}-\mathbf{q}_{\perp}\right) \cdot \mathbf{r}_{m}}|\ell, n, m\rangle \tag{3.3}
\end{equation*}
$$

where $N_{\perp}$ is the number of sites in each layer, and $\mathbf{r}_{n}$ are the spatial positions of the sites. In this basis of states $\mathcal{H}_{p h, \text { eff }}$ Next, we also transform the single longitudinal co-ordinate, $\ell$, to a 'dipole momentum', $q_{\|}$:

$$
\begin{equation*}
\left|q_{\|}, \mathbf{Q}_{\perp}, \mathbf{q}_{\perp}\right\rangle=\frac{1}{N_{\|}} \sum_{\ell} e^{i q_{\|} \ell}\left|\ell, \mathbf{Q}_{\perp}, \mathbf{q}_{\perp}\right\rangle \tag{3.4}
\end{equation*}
$$

In this basis of states, $\mathcal{H}_{p h, \text { eff }}$ takes a form which makes the mapping to standard scattering theory very explicit. The total transverse momentum, $\mathbf{Q}_{\perp}$, and the longitudinal dipole momentum, $q_{\|}$, are conserved, while there is scattering between different values of $\mathbf{q}_{\perp}$ :

$$
\begin{align*}
& \mathcal{H}_{p h, \mathrm{eff}}\left(\mathbf{Q}_{\perp}, q_{\|}\right)=\sum_{\mathbf{q}_{\perp}}\left[\varepsilon_{p}\left(\mathbf{q}_{\perp}\right)+\varepsilon_{h}\left(\mathbf{Q}_{\perp}-\mathbf{q}_{\perp}\right)\right] \\
& \times\left|q_{\|}, \mathbf{Q}_{\perp}, \mathbf{q}_{\perp}\right\rangle\left\langle q_{\|}, \mathbf{Q}_{\perp}, \mathbf{q}_{\perp}\right| \\
& +\frac{w^{2} n_{0}\left(n_{0}+1\right)\left(1+2 \cos q_{\|}\right)}{N_{\perp}(U-E)} \\
& \quad \times \sum_{\mathbf{q}_{\perp}, \mathbf{q}_{\perp}^{\prime}}\left|q_{\|}, \mathbf{Q}_{\perp}, \mathbf{q}_{\perp}\right\rangle\left\langle q_{\|}, \mathbf{Q}_{\perp}, \mathbf{q}_{\perp}^{\prime}\right|, \tag{3.5}
\end{align*}
$$

where (for a hypercubic lattice)

$$
\begin{equation*}
\varepsilon_{p}\left(\mathbf{q}_{\perp}\right)=\frac{(U-E)}{2}-2 w\left(n_{0}+1\right) \sum_{\alpha} \cos \left(q_{\perp \alpha}\right) \tag{3.6}
\end{equation*}
$$

and the summation over $\alpha$ extends over the $D-1$ components of $\mathbf{q}_{\perp}$. The expression for $\varepsilon_{h}\left(\mathbf{q}_{\perp}\right)$ is identical to (3.6) but with $n_{0}+1$ replaced by $n_{0}$. The Hamiltonian in (3.5) is that of a particle moving in $(D-1)$ dimensions with momentum $\mathbf{q}_{\perp}$ and dispersion $\varepsilon_{p}\left(\mathbf{q}_{\perp}\right)+\varepsilon_{h}\left(\mathbf{Q}_{\perp}-\right.$ $\left.\mathbf{q}_{\perp}\right)$, scattering off a delta function potential at the origin with strength $w^{2} n_{0}\left(n_{0}+1\right)\left(1+2 \cos q_{\|}\right) /(U-E)$. Its solution is well known: in addition to the scattering states, a bound state must be present in $D-1=1,2$ for any infinitesimal attractive potential, and for strong enough attraction for $D-1>2$. So for the physically relevant cases of $D=2,3$, a bound state must form for a range of $q_{\|}$values near $\pi$. It is clear that the lowest energy bound state has $\mathbf{Q}_{\perp}=0$ and $q_{\|}=\pi$ : this is a dipole
state, and just as in $D=1$, it is a precursor to the appearance of longitudinal density wave order of period 2 . The appearance of this dipole bound state suggests that the first quantum phase transition out of the featureless and gapped phase present for large positive $\lambda$ is into a state with Ising charge order; however, our discussion here is for a system with a well-developed gap to quasiparticle and quasihole states, it is yet not clear whether this approach continues to hold when the gap becomes small-we will return to this question in Appendix A.

## B. Mean field theory

This section will present the results of a mean field analysis of $\mathcal{H}_{p h}$. The central idea of the mean field theory is very simple: we treat the quantum fluctuations along the longitudinal direction for all $n$ by the exact numerical treatment developed in Section $\llbracket$ for $D=1$, while the transverse couplings are treated in a mean field manner. One important benefit of this approach is that the important constraints (1.16) are treated exactly.

This approach also naturally suggests the appearance of additional phases which have no analog in the $D=1$ case. In particular, the motion of single $p$ and $h$ bosons in the transverse direction implies that superfluid order can develop along these $D-1$ dimensions only. There is no possibility of superfluidity in the longitudinal direction because motion along this direction can occur only via charge neutral dipole pairs which appear in the first term in (1.18). This-transverse superfluid therefore has a 'smectic' character ${ }^{12}$, and its existence implies that we have to allow for $\langle p\rangle$ and $\langle h\rangle$ condensates: these appear naturally in our mean field theory.

As in the meayfield treatment of the zero field boson Hubbard modelbl, the approximation involves a decoupling of a hopping term. In particular, we only decouple the last transverse hopping term in (1.18), and obtain the following mean field Hamiltonian for a set of sites, labelled by $\ell$, representing any chain along the longitudinal direction

$$
\begin{align*}
& \mathcal{H}_{p h, m f}\left[\left\langle p_{\ell}\right\rangle,\left\langle h_{\ell}\right\rangle\right]=\sum_{\ell}\left[-w Z n_{0}\left(\left\langle h_{\ell}\right\rangle h_{\ell}^{\dagger}+\left\langle h_{\ell}\right\rangle^{*} h_{\ell}\right)\right. \\
&-w Z\left(n_{0}+1\right)\left(\left\langle p_{\ell}\right\rangle p_{\ell}^{\dagger}+\left\langle p_{\ell}\right\rangle^{*} p_{\ell}\right) \\
&-w \sqrt{n_{0}\left(n_{0}+1\right)}\left(p_{\ell+1} h_{\ell}+p_{\ell+1}^{\dagger} h_{\ell}^{\dagger}\right) \\
&+ \frac{(U-E)}{2}\left(p_{\ell}^{\dagger} p_{\ell}+h_{\ell}^{\dagger} h_{\ell}\right) \\
&\left.-\mu_{\ell}\left(p_{\ell+1}^{\dagger} p_{\ell+1}-h_{\ell}^{\dagger} h_{\ell}\right)\right] . \tag{3.7}
\end{align*}
$$

Here $Z$ is the co-ordination number of any site along the $D-1$ transverse directions, and the expectation values $\left\langle h_{\ell}\right\rangle$ and $\left\langle p_{\ell}\right\rangle$ have to determined self-consistently from a diagonalization of (3.7) subject to the constraints associ-
ated with (1.16), which now become

$$
\begin{equation*}
p_{\ell}^{\dagger} p_{\ell} \leq 1 \quad ; \quad h_{\ell}^{\dagger} h_{\ell} \leq 1 \quad ; \quad p_{\ell}^{\dagger} p_{\ell} h_{\ell}^{\dagger} h_{\ell}=0 \tag{3.8}
\end{equation*}
$$

We have imposed the constraints (1.17) in a mean-field manner by chemical potentials $\mu_{\ell}$, whose values must be chosen so that

$$
\begin{equation*}
\left\langle p_{\ell+1}^{\dagger} p_{\ell+1}\right\rangle=\left\langle h_{\ell}^{\dagger} h_{\ell}\right\rangle \tag{3.9}
\end{equation*}
$$

is obeyed; note that these constraints are macroscopic, and so there is no approximation involved in using a chemical potential to impose them. In practice, the diagonalization of $\mathcal{H}_{p h, m f}\left[\left\langle p_{\ell}\right\rangle,\left\langle h_{\ell}\right\rangle\right]$ must be carried out for a finite number of sites $\ell=1 \ldots N$; we found that the mean-field solutions approached the $N=\infty$ limit at quite small and manageable values of $N$. The ground state energy of $\mathcal{H}_{p h}$ per chain is not equal to the lowest eigenvalue, $E_{0}$, of $\mathcal{H}_{p h, m f}\left[\left\langle p_{\ell}\right\rangle,\left\langle h_{\ell}\right\rangle\right]$ but is easily computable from it by the relation

$$
\begin{equation*}
E_{p h, m f}=E_{0}+w Z \sum_{\ell}\left[n_{0}\left|\left\langle h_{\ell}\right\rangle\right|^{2}+\left(n_{0}+1\right)\left|\left\langle p_{\ell}\right\rangle\right|^{2}\right] . \tag{3.10}
\end{equation*}
$$

Indeed, we can also view $\left\langle p_{\ell}\right\rangle$ and $\left\langle h_{\ell}\right\rangle$ as arbitrary complex numbers which are determined by the minimization of (3.10).

The results of the solution of the above mean-field equations are summarized in the schematic phase diagrams in Fig 10 and in the numerical results in Figs 11 and 12. It is useful to discuss the phases, in turn, as a function of decreasing $\lambda$.

For $\lambda$ very large and positive (to the right of the point $A$ in Fig 10, no symmetry is broken, and we have a featureless ground state with no superfluidity and an energy gap to all excitations.

There is a superfluid-insulator transition at $A$ driven by the condensation of the $p$ and $h$ bosons. The superfluidity appears in the direction transverse to the electric field, and all layers behave equivalently. We will examine fluctuations near this critical point in Appendix A and show that the interlayer coupling is irrelevant near the critical point in $D=3$, and so each layer is described by an independent critical theory.

As shown in Fig 10a, the mean-field theory exhibits a first order quantum transition at the the point $C$ associated with the sudden development of Ising density wave order i.e. the states with $\lambda$ to the left of $C$ have $\left\langle p_{\text {even }}^{\dagger} p_{\text {even }}\right\rangle \neq\left\langle p_{\text {odd }}^{\dagger} p_{\text {odd }}\right\rangle$, and similar for the density of the $h$ bosons. In mean-field theory, the state to the immediate left of $C$ also has the loss of the $p$ condensate in the odd layers (say), and the loss of $h$ condensate in the even layers. In general, it is quite possible that fluctuations, beyond those included in the present meanfield theory, will replace the first order transition at $C$ by two second order transitions at $C_{1}$ and $C_{2}$, as shown in Fig 10b. At the first transition at $C_{1}$, the order parameter is only the Ising density wave, while there is $p$ and


FIG. 10: Schematic phase diagrams as a function of $\lambda$. In (a) we display the topology of the phase diagram found by the solution of the mean field equations: thin lines are second order quantum phase transitions, while the thick line is a first order transition. The parity of the $\ell$ index is indicated as a subscript to the $p$ operators. The expectation values of $h$ quasiholes obey the same relations as those for the $p$ quasiparticles, but with the roles of 'even' and 'odd' interchanged. The Ising density wave order is present for all $\lambda$ to the left of $C$. In (b) we display a hypothetical phase diagram, possibly induced by fluctuations, in which the first order transition is replaced by two second order transitions; now Ising order is present at $\lambda$ to the left of $C_{1}$. There are superfluid-insulator transitions at $A, B, C$ and $C_{2}$, and Ising density wave transitions at $C$ and $C_{1}$.


FIG. 11: Mean field numerical values of the condensates $\left\langle p_{\ell}\right\rangle$ and $\left\langle h_{\ell}\right\rangle$ as a function of $\lambda$ for $n_{0}=1$ and $Z=4$. The solutions shown are obtained by diagonalizing (3.7) for $N=6$, but essentially identical results obtain for $N=4$.


FIG. 12: As in Fig 11. The values of $\left\langle h_{\text {odd }}+h_{\text {even }}\right\rangle$ are very close, but not identical, to the $p$ values shown above.
$h$ transverse superfluidity in all the layers; the second transition at $C_{2}$ involves the continuous vanishing of the $p(h)$ condensate in the odd (even) layers in a superfluidinsulator transition, in the presence of a background of Ising density wave order.

The final transition at the point $B$ involves loss of all $p$ and $h$ condensates. There is long-range Ising density wave order at all $\lambda$ to the left of $B$, and a gap to all excitations.

The theory of fluctuations about these mean-field results is discussed in Appendices A and B. As we have already noted, these could be strong enough to also modify the topology of the phase diagram in Fig 10a. One extreme possibility is that the transverse superfluid phases could disappear entirely, and we are left only with two insulating phases, one with Ising density wave order and the other without; the phase diagram is then as in $D=1$. However, we show in Appendix A that the value of a particular critical exponent determines that this is not the generic situation.

## IV. OTHER FIELD ORIENTATIONS AND LATTICES

Our discussion has so far limited itself to hypercubic lattices, with the direction of the electric field, e, oriented along one of the principal axes. Similar analyses can be carried out for other lattices and for other directions of e. A large variety of correlated phases appear possible, including many not related to those already discussed. We will illustrate these possibilities by an example here, but leave a more detailed discussion to future work.

Consider a square lattice (in $D=2$ ) but with $\mathbf{e}=$ $(1,1)$. In this case, the resonant transitions from the Mott insulator involve moving a $b_{i}$ boson by one lattice


FIG. 13: A typical state in the resonant subspace for a square lattice with $\mathbf{e}=(1,1)$. Representation is as in Fig 5. The quasiparticles and quasiholes occur only occur in dipoles oriented along the $+x$ or $+y$ directions. Note that it is possible for dipoles to undergo a ring-exchange around a plaquette, in which the configuration around plaquette $a$ can become like that around plaquette $b$; this process is contained in the resonant model $\mathcal{H}_{d}^{\prime}$ in (4.1) and (4.2), and does not require much weaker virtual processes in the Hubbard model $\mathcal{H}$ (which are suppressed by powers of $w / U)$.
spacing, either along the $+x$ or the $+y$ direction. However, once such a dipole has been created, the quasiparticle and the quasihole cannot move resonantly to any other sites (except by processes of order $w^{2} / U$ which we have consistently neglected here). So the resonant subspace can be described completely in terms of dipole states, just as in the $D=1$ case discussed earlier. A typical state is illustrated in Fig 13. The effective Hamiltonian of this space of dipole resonant states is identical in form to (1.12):
$\mathcal{H}_{d}^{\prime}=-w \sqrt{n_{0}\left(n_{0}+1\right)} \sum_{a}\left(d_{a}+d_{a}^{\dagger}\right)+(U-E) \sum_{a} d_{a}^{\dagger} d_{a}$,
except now the label $a$ extends over the links of the square lattice. There continues to be a hard-core constraint $d_{a}^{\dagger} d_{a} \leq 1$ like (1.10), but the possibility for new physics arises from the complexity of the generalization of the constraint (1.11), which is now
$d_{a}^{\dagger} d_{a} d_{b}^{\dagger} d_{b}=0$ for links $a, b$ which share a common site.

Note that each dipole blocks the occupancy of dipoles on six neighboring links. It would be interesting to determine the properties of $\mathcal{H}_{d}^{\prime}$ subject to the constraint (4.2).

The possibility of rich physics becomes apparent in thinking about the case $\lambda<0$ and $|\lambda|$ large. Here the low-lying manifold of states corresponds to maximizing
the number of dipoles, and these are in one-to-one correspondence with the close-packed dimer coverings of the square lattice. A natural ring-exchange term of the dipole bosons also becomes apparent upon considering perturbative corrections in powers of $1 /|\lambda|$ : this derivation is similar in spirit to that in Section II (see Fig 13). We emphasize that the dominant ring exchange does not come from virtual higher order processes in the underlying Hubbard model $\mathcal{H}$ (which are strongly suppressed by factors of $w / U)$, but is already contained within the physics of the resonant subspace as described by (4.1) and (4.2). Inanalogy with other studies of quantum dimer models $13.14,15$ and boson ring exchange models, possibilities of bond-ordered,phases open up. Fractionalized, and Bose metal phases 16 are also possible, but these may be more likely on non-bipartite lattices.

We close by noting that it is easily possible to orient e so that only one direction is resonant. For a cubic lattice in $D=3$ this can be done by choosing $\mathbf{e}=(1, a, b)$ where $a, b \neq 0,1$ are some arbitrary real numbers. Then resonant transitions to dipole states can occur only along the $x$ direction, and the resonant manifold separates into decoupled one dimensional systems, each of which is separately described by the one-dimensional dipole Hamiltonian $\mathcal{H}_{d}$ in (1.12). This may be a simple way of experimentally realizing the model $\mathcal{H}_{d}$.

## V. IMPLICATIONS FOR EXPERIMENTS

An important issue that must be faced at the outset is the extent to which the non-equilibrium time-dependent experiments can be described by the ground and low energy states of the effective models that have been discussed in this paper. In the experiments of Greiner et al.2, the 'electric field' (in practice, this is realized by a magnetic field gradient) is turned from an initial zero value to $E$ in a time of order $h / w$. In a system under the conditions (1.1), this may not allow easy access of the ground state. As an alternative, we suggest that $E$ be ramped up rapidly to a value to the right of the point A in Fig 10, and then slowly increased through the possible critical points in Fig 10. This could produce states with either the density wave Ising order, or the transverse superfluid order.

Having produced such states, the next challenge is to directly detect the quantum order parameters associated with the phases in Fig 10. We address two possible probes in the subsections below.

## A. Momentum Distribution

One experimental quantity that is relatively easy to measure is the momentum distribution of the atoms contained in the optical lattice. This is done by shutting off the lattice potential and the trapping potential and allowing the atoms to freely expand until the resulting cloud
is large enough that its density profile can be spatially resolved optically. The scale to which the cloud expands before measurement can be made much larger than the original lattice dimensions. In this limit the final spatial position at which an atom is detected determines the momentum at which the momentum distribution function is being measured.

The momentum distribution for the boson Hubbard model containing $N$ sites is given by

$$
\begin{equation*}
\Pi(\mathbf{q})=|f(\mathbf{q})|^{2} \frac{1}{N} \sum_{j, k} e^{i \mathbf{q} \cdot\left(\mathbf{r}_{j}-\overrightarrow{\mathbf{r}}_{k}\right)}\left\langle b_{j}^{\dagger} b_{k}\right\rangle \tag{5.1}
\end{equation*}
$$

where $f(\mathbf{q})$ is the form factor for the tight-binding orbitals associated with the lattice potential, and the momentum $\mathbf{q}=m \mathbf{R} /\left(\hbar t_{e x}\right)$, where $\mathbf{R}$ is the distance from the detection position to the center of the trap, $m$ is the mass of the atoms, and $t_{e x}$ is the time elapsed in the expansion (this expression ignores the influence of gravity, but an appropriate modification is straightforward). The development of off-diagonal long-range order peaks the momentum distribution at the values of $\mathbf{q}$ equal to the reciprocal lattice vectors of the optical lattice potential, and has been used as an experimental signature of the superfluid phase. 12

Let us first consider the $D=1$ case. A very important consequence of our restriction to the subspace of resonant states is that the boson correlator $\left\langle b_{\ell}^{\dagger} b_{\ell^{\prime}}\right\rangle$ vanishes for $\left|\ell-\ell^{\prime}\right|>1$. Hence Eq. (5.1) becomes ( $q$ is the component of $\mathbf{q}$ in the direction of the 'electric' field

$$
\begin{align*}
\Pi_{1 D}(q)=|f(q)|^{2} & {\left[n_{0}+\frac{\sqrt{n_{0}\left(n_{0}+1\right)}}{2}\right.} \\
& \left.\times \sum_{\ell}\left\{e^{i q}\left\langle d_{\ell}^{\dagger}\right\rangle+e^{-i q}\left\langle d_{\ell}\right\rangle\right\}\right] \tag{5.2}
\end{align*}
$$

where the lattice spacing has been taken to be unity, and $d_{\ell}^{\dagger}$ is the dipole creation operator defined in (1.9). For the periodic boundary conditions we have used (as we noted earlier, such boundary conditions are not physical, but they should not modify the results in the limit of large system sizes), the values of $\left\langle d_{\ell}\right\rangle$ depend only on the parity of $\ell$ (a very small ordering field is applied to lift the Ising symmetry, and choose one of the ground states in the region with spontaneous Ising order), and hence the overall amplitude of (5.2) is determined only by $\left\langle d_{\text {even }}\right\rangle+\left\langle d_{\text {odd }}\right\rangle$. We show our numerical results for these, and other related quantities, for the Hamiltonian $\mathcal{H}_{d}$ in (1.12) in Figure 14. There is a broad maximum in $\left\langle d_{\text {even }}\right\rangle+\left\langle d_{\text {odd }}\right\rangle$ near the Ising critical point, as this is the region with maximal dipole number fluctuations. The critical singularity in this quantity at $\lambda=\lambda_{c}$ is determined by that of the energy operator of the Ising field theory: this singularity is weak and is essentially unobservable in Fig 14. The quantities sensitive to the Ising order parameter (such as $\left\langle d_{\text {even }}\right\rangle-\left\langle d_{\text {odd }}\right\rangle$ ), show more singular behavior in Fig 14 near $\lambda_{c}$ determined by the


FIG. 14: Ground state expectation values of $\left\langle d_{\ell}\right\rangle$ and $\left\langle d_{\ell}^{\dagger} d_{\ell}\right\rangle$ for the $D=1$ model $\mathcal{H}_{d}$ in (1.12). The results are for $N=16$ sites and periodic boundary conditions. A very small ordering field was applied to choose one of the degenerate Ising ground states present for sufficiently negative $\lambda$. We have chosen the gauge in which $\langle d\rangle$ are real.
magnetization exponent $\beta$. However these observables are not detectable by a measurement of the momentum distribution function.

In higher dimensions $(D>1)$ for the case where $\mathbf{e}$ is aligned along one of the lattice directions, the dependence of the distribution function on $q_{\|}$should be qualitatively similar to the $q$ dependence in the $D=1$ case discussed above. However a much clearer signal of the transverse superfluidity should be visible. The presence of the $\langle p\rangle$ and $\langle h\rangle$ condensates imply that the correlator (5.1) has phase coherent contributions when $\mathbf{r}_{j}-\mathbf{r}_{k}$ lies in the plane perpendicular to the applied 'electric' field. This implies that in states with transverse superfluidity, there should be Bragg peaks along lines in $\mathbf{q}$ space with values of $\mathbf{q}_{\perp}$ equal to the reciprocal lattice vectors of the $D-1$ dimensional lattice lying in the plane perpendicular to $\mathbf{e}$. As the transverse dimensionality is $D-1=2$, the superfluid order can only be quasi-long-range at nonzero temperature, and hence the Bragg peaks are not true delta functions in the infinite volume limit, but are power-law singularities. Experimental detection of these Bragg lines would be quite interesting.

## B. Ising Order Parameter

We have seen that the Ising order is not directly reflected in the momentum distribution and hence can not be measured in the free expansion method described above. The properties of the Ising order parameter, $\phi$, are discussed in Appendix B; one convenient definition
for $\phi$ is

$$
\begin{equation*}
\phi=\frac{1}{N} \sum_{\ell}(-1)^{\ell}\left\langle d_{\ell}^{\dagger} d_{\ell}\right\rangle \tag{5.3}
\end{equation*}
$$

in $D=1$ (see 2.3), and a related definition can be made for higher $D$. One possibility for coupling to the Ising order parameter experimentally would be to introduce a phase-locked subharmonic standing wave at half the wave vector of the optical lattice so that the standing wave takes the form (in 1D)
$\Phi(x, t) \propto[\cos (Q x) \cos (Q c t)+B \cos (Q x / 2+\theta) \cos (Q c t / 2)]$.

Squaring this and taking the time average gives the effective lattice potential

$$
\begin{equation*}
V(x) \propto-\left[\cos ^{2}(Q x)+B^{2} \cos ^{2}(Q x / 2+\theta)\right] \tag{5.5}
\end{equation*}
$$

Adjusting the relative phase to $\theta=0$ or $\pi / 2$ adds a 'staggered magnetic field' term to the Ising Hamiltonian

$$
\begin{equation*}
H_{B} \propto \pm B^{2} \phi \tag{5.6}
\end{equation*}
$$

A simpler experimental method for the case where the trap confinement is strong in the directions transverse to the axis of the 1D lattice is the following. An additional standing wave (derived from the same laser) but oriented in the $y$ direction (say) would yield

$$
\begin{equation*}
\Phi(x, y=0, t) \propto[\cos (Q x) \cos (Q c t)+B \cos (Q c t)] \tag{5.7}
\end{equation*}
$$

and hence a potential along the $x$ axis of

$$
\begin{equation*}
V(x, y=0) \propto-\left[\cos ^{2}(Q x)+2 B \cos (Q x)+B^{2}\right] \tag{5.8}
\end{equation*}
$$

which would also couple to the Ising order

$$
\begin{equation*}
H_{B} \propto B \phi \tag{5.9}
\end{equation*}
$$

In either case, such a perturbation could be used to break the Ising symmetry and selectively populate one of the two Ising states. In addition, it could be used to measure the order parameter itself. The AC stark shift of the atomic hyperfine levels would differ between adjacent sites. The relative strengths of the split hyperfine absorption lines would then be a measure of the Ising order parameter 17

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## APPENDIX A: FLUCTUATIONS AND QUANTUM FIELD THEORIES: SUPERFLUID-INSULATOR TRANSITIONS

The mean field theory of Section IIIB can be used as a starting point for a more sophisticated treatment of fluctuations. Such fluctuations will modify the meanfield exponents in the vicinity of the second order phase boundaries in Fig 10a, but could also change the topology of the phase diagram to that in Fig 10b.

We analyze fluctuations about the mean field results using a method very similar to that described in Chapter 10 of Ref. 11 for the Hubbard model. We decouple the intra-layer hopping terms in $\mathcal{H}_{p h}$ (those in the last line of (1.18) only by Hubbard-Stratonovich transformations using complex fields $P_{\ell}\left(\mathbf{r}_{\perp}, \tau\right)$ and $H_{\ell}\left(\mathbf{r}_{\perp}, \tau\right)$ where $\mathbf{r}_{\perp}$ is a spatial co-ordinate for the $D-1$ transverse directions, and $\tau$ is imaginary time. Then, after standard simplifications, we obtain an expression for the partition function $\mathcal{Z}_{p h}$ of $\mathcal{H}_{p h}$ which has the following schematic form

$$
\begin{align*}
& \mathcal{Z}_{p h}=\int \mathcal{D} P_{\ell}\left(\mathbf{r}_{\perp}, \tau\right) \mathcal{D} H_{\ell}\left(\mathbf{r}_{\perp}, \tau\right) \\
& \exp \left[-\int d^{D-1} \mathbf{r}_{\perp}\left(\mathcal{S}_{0}+\mathcal{S}_{1}\right)\right] \tag{A1}
\end{align*}
$$

The action $\mathcal{S}_{0}$ involves couplings only within a single layer $\ell$, but with different values of $\mathbf{r}_{\perp}$

$$
\begin{align*}
\mathcal{S}_{0} \equiv & \int d \tau \sum_{\ell}\left[K_{p}\left|\nabla_{\perp} P_{\ell}\left(\mathbf{r}_{\perp}, \tau\right)\right|^{2}+r_{p}\left|P_{\ell}\left(\mathbf{r}_{\perp}, \tau\right)\right|^{2}\right. \\
& \left.+K_{h}\left|\nabla_{\perp} H_{\ell}\left(\mathbf{r}_{\perp}, \tau\right)\right|^{2}+r_{h}\left|H_{\ell}\left(\mathbf{r}_{\perp}, \tau\right)\right|^{2}\right], \tag{A2}
\end{align*}
$$

and $K_{p, h}, r_{p, h}$ are coupling constants. Note that the factors of $n_{0}$ and $n_{0}+1$ in the last line of (1.18) break particle-hole symmetry and so there is no special symmetry relation between these coupling constants. The action $\mathcal{S}_{1}$ couples different layers and times together for the same value of $\mathbf{r}_{\perp}$

$$
\begin{align*}
e^{-\mathcal{S}_{1}} \equiv & \int \mathcal{D} p_{\ell}(\tau) \mathcal{D} h_{\ell}(\tau) \mathcal{P}\left[p_{\ell}(\tau), h_{\ell}(\tau)\right] \\
\times & \exp \left[-\int d \tau\left\{\sum_{\ell}\left(p_{\ell}^{\dagger} \frac{\partial p_{\ell}}{\partial \tau}+h_{\ell}^{\dagger} \frac{\partial h_{\ell}}{\partial \tau}\right)\right.\right. \\
& \left.\left.+\mathcal{H}_{p h, m f}\left[P_{\ell}\left(\mathbf{r}_{\perp}, \tau\right), H_{\ell}\left(\mathbf{r}_{\perp}, \tau\right)\right]\right\}\right] \tag{A3}
\end{align*}
$$

with $\mathcal{H}_{p h, m f}$ defined in (3.7), and $\mathcal{P}$ is a projection operator which represents the constraints (3.8) (these could be imposed formally in the functional integral by a very strong on-site repulsive interaction among the $p_{\ell}$ and $h_{\ell}$ bosons). As in Section III B, we have imposed the constraints (1.17) by time-independent Lagrange multipliers ("chemical potentials") $\mu_{\ell}$ : as we noted earlier, there is no approximation involved in neglecting the fluctuations of $\mu_{\ell}$, because there is only one constraint per layer and there are a macroscopic number of particles within each
layer. The values of $\mu_{\ell}$ are to be determined at the end by the requirements

$$
\begin{equation*}
\frac{\partial \ln \mathcal{Z}_{p h}}{\partial \mu_{\ell}}=0 \tag{A4}
\end{equation*}
$$

Further progress in describing the properties of $\mathcal{Z}_{p h}$ requires some understanding of the structure of $\mathcal{S}_{1}$. This was already addressed to some extent in Section III B where we explored the properties of the Hamiltonian $\mathcal{H}_{p h, m f}$. However, here we need to generalize that analysis to the case where its arguments are time-dependent fields $P_{\ell}\left(\mathbf{r}_{\perp}, \tau\right) H_{\ell}\left(\mathbf{r}_{\perp}, \tau\right)$. This is quite an involved task, but we will only need some general constraints that are placed on the structure of $\mathcal{S}_{1}$ by the principles of gauge invariance. In particular, associated with the conservation laws (1.17), we observe that $\mathcal{Z}_{p h}$ is invariant under the time and layer-dependent transformations generated by the arbitrary field $\phi_{\ell}(\tau)$

$$
\begin{align*}
p_{\ell+1} & \rightarrow p_{\ell+1} e^{i \phi_{\ell}(\tau)} \\
h_{\ell} & \rightarrow h_{\ell} e^{-i \phi_{\ell}(\tau)} \\
P_{\ell+1} & \rightarrow P_{\ell+1} e^{i \phi_{\ell}(\tau)} \\
H_{\ell} & \rightarrow H_{\ell} e^{-i \phi_{\ell}(\tau)} \\
\mu_{\ell} & \rightarrow \mu_{\ell}+i \frac{\partial \phi_{\ell}}{\partial \tau} \tag{A5}
\end{align*}
$$

We are interested here only in the case of timeindependent $\mu_{\ell}$, and so this transformation takes $\mu_{\ell}$ into an unphysical set of values; nevertheless, as we will see shortly, A5 is still useful in placing constraints on $\mathcal{S}_{1}$ in the physical regime.

First, we address the influence of fluctuations by approaching the transition involving condensation of $P_{\ell}, H_{\ell}$ from the side of large and positive $\lambda$, i.e. we increase $E$ (and decrease $\lambda$ ) until mean-field theory indicates we are approaching a phase with transverse superfluidity at the point $A$ in Fig 10. The ground state of $\mathcal{H}_{p h, m f}$ is translationally invariant in this region, and so we can safely assume that all the coupling constants in $\mathcal{S}_{1}$ are also independent of $\ell$. Similarly, we can assume that $\mu_{\ell}$ is also independent of $\ell$. If we were to approach the condensation of $P_{\ell}, H_{\ell}$ from the opposite side of negative $\lambda$, the ground state of $\mathcal{H}_{p h, m f}$ would have a broken Ising symmetry, and the following analysis would only need to be modified by allowing all couplings, and $\mu$, to depend upon the $\ell$ sublattice. We describe the action $\mathcal{S}_{1}$ by expanding it in powers of the fields $P_{\ell}, H_{\ell}$, and in their temporal gradients (the $\mathbf{r}_{\perp}$ and $\tau$ dependence of these fields is now implicit); to second order in the fields and to first order in temporal gradients, the most general terms invariant
under (A5) are

$$
\begin{align*}
\mathcal{S}_{1} & =\sum_{\ell} \int d \tau\left[\widetilde{K}_{p} P_{\ell}^{*} \frac{\partial P_{\ell}}{\partial \tau}+\widetilde{K}_{h} H_{\ell}^{*} \frac{\partial H_{\ell}}{\partial \tau}\right. \\
& +\widetilde{K}_{p h}\left(P_{\ell+1} \frac{\partial H_{\ell}}{\partial \tau}+P_{\ell+1}^{*} \frac{\partial H_{\ell}^{*}}{\partial \tau}\right)  \tag{A6}\\
& \left.+\widetilde{r}_{p}\left|P_{\ell}\right|^{2}+\widetilde{r}_{h}\left|H_{\ell}\right|^{2}+\widetilde{r}_{p h}\left(P_{\ell+1} H_{\ell}+P_{\ell+1}^{*} H_{\ell}^{*}\right)\right]
\end{align*}
$$

Consistently requiring invariance of (A6) under the timedependent gauge transformations A5) to the order we have performed the expansion in $\mathcal{S}_{1}$ demands additional constraints on the coupling constants above; these are

$$
\begin{equation*}
\widetilde{K}_{p}=-\frac{\partial \widetilde{r}_{p}}{\partial \mu} ; \quad \widetilde{K}_{h}=\frac{\partial \widetilde{r}_{h}}{\partial \mu} ; \quad \widetilde{K}_{p h}=\frac{\partial \widetilde{r}_{p h}}{\partial \mu} \tag{A7}
\end{equation*}
$$

There are also a large number of permitted higher order terms in $\mathcal{S}_{1}$ which we have not written down explicitly; some of these will play an important role below.

Armed with the low order terms in the action $\mathcal{S}_{0}+\mathcal{S}_{1}$ controlling the fluctuations of $P_{\ell}$ and $H_{\ell}$ we can now use standard techniques to focus on the low energy excitations. It is natural to diagonalize the quadratic form displayed in these actions: this will lead to two eigenmodes with distinct eigenvalues. We focus attention on the lower eigenmode, while integrating out the higher eigenmode. We identify the lower eigenmode by the field $\Psi_{\ell}$ : this has the structure

$$
\begin{equation*}
\Psi_{\ell}\left(\mathbf{r}_{\perp}, \tau\right)=c_{p} P_{\ell+1}\left(\mathbf{r}_{\perp}, \tau\right)+c_{h} H_{\ell}^{*}\left(\mathbf{r}_{\perp}, \tau\right) \tag{A8}
\end{equation*}
$$

for some constants $c_{p, h}$. Note that we are performing the same 'rotation' in field space for all $\mathbf{r}_{\perp}$ and $\tau$ (and hence all frequencies). This ensures that $\Psi_{\ell}$ has a simple behavior under (A5):

$$
\begin{equation*}
\Psi_{\ell} \rightarrow \Psi_{\ell} e^{i \phi_{\ell}(\tau)} \tag{A9}
\end{equation*}
$$

We integrate out the high energy mode orthogonal to (A8), and obtain our final effective action now expressed in terms of $\Psi_{\ell}$ :

$$
\begin{align*}
\mathcal{Z}_{p h}= & \int \mathcal{D} \Psi_{\ell}\left(\mathbf{r}_{\perp}, \tau\right) \exp \left[-\int d^{D-1} \mathbf{r}_{\perp} d \tau \sum_{\ell}\left(\mathcal{L}_{0}+\mathcal{L}_{1}\right)\right] \\
\mathcal{L}_{0}= & \left|\nabla_{\perp} \Psi_{\ell}\right|^{2}+\left|\frac{\partial \Psi_{\ell}}{\partial \tau}\right|^{2}+r_{\psi}\left|\Psi_{\ell}\right|^{2}+\frac{u}{2}\left|\Psi_{\ell}\right|^{4} \\
& \quad+v\left|\Psi_{\ell}\right|^{2}\left|\Psi_{\ell+1}\right|^{2} \\
\mathcal{L}_{1}= & K_{\psi} \Psi_{\ell}^{*} \frac{\partial \Psi_{\ell}}{\partial \tau} \tag{A10}
\end{align*}
$$

We have rescaled $\Psi_{\ell}$ and time to obtain unit coefficients for the first two terms in $\mathcal{L}_{0}$, and the $\mathbf{r}_{\perp}$ dependence of $\Psi_{\ell}$ is implicit. We have also written down a quartic nonlinearity within a layer $(u)$, and the simplest coupling between neighboring layers $(v)$ which preserves invariance under (A9); we expect both these couplings to be
positive because of the repulsive interactions between the microscopic bosonic degrees of freedom. The parameter $r_{\psi}$ tunes the system across the quantum phase transition at the point $A$ in Fig 10 which resides at $r_{\psi}=r_{\psi c}$; the transition is from the featureless, gapped phase at large positive $\lambda\left(r_{\psi}>r_{\psi c}\right)$ to a phase with superfluidity in the transverse $D-1$ dimensions as $\lambda$ is decreased $\left(r_{\psi}<r_{\psi c}\right)$; the superfluidity is associated with the condensation of $\Psi_{\ell}$.

Just as in the derivation of (A7), we can also examine the consequences of time-dependent gauge transformations in A5 A9) on (A10). This now leads to the relationship

$$
\begin{equation*}
K_{\psi}=-\frac{\partial r_{\psi}}{\partial \mu} \tag{A11}
\end{equation*}
$$

Combined with (A4), the above result now yields a crucial result. Close to the quantum critical point, the singular free energy associated with $\mathcal{Z}_{p h}$ is determined directly by $r_{\psi}$. For this singular term to obey ( A 4 ), we conclude (as also argued in Chapter 10 of Ref 11) that $\partial r_{\psi} / \partial \mu=0$ at $r_{\psi}=r_{\psi c}$; A11) now implies

$$
\begin{equation*}
K_{\psi}=0 \quad \text { at } r_{\psi}=r_{\psi c} \tag{A12}
\end{equation*}
$$

So we can neglect $\mathcal{L}_{1}$, and the critical theory is described entirely by $\mathcal{L}_{0}$. Within each layer $\ell$, this theory has the relativistic invariance of $(D-1)+1$ spacetime dimensions and dynamic critical exponent $z=1$.

Before turning to an examination of the properties of (A10), we pause to discuss the modifications required to describe the onset of transverse superfluidity with increasing $\lambda$ in the region $\lambda<0$ at the point $B$ in Fig 10 (a similar reasoning can also be applied to the point $C_{2}$ in Fig 10b). Here, long-range Ising order is already present in $H_{p h, m f}$ for $\lambda$ sufficiently negative. We can proceed to a description of the superfluid transition as above, but as noted earlier, all couplings in (A10) will acquire an $\ell$ dependence which modulates with period 2 . The tuning parameter $r_{\psi}$ will also be different for even and odd $\ell$. Consequently only $\Psi_{\ell}$ with $\ell$ even (say) will become critical near the transition, while $\Psi_{\ell}$ with $\ell$ odd remains non-critical and can be integrated out. The simplest interlayer coupling between critical modes is now $\left|\Psi_{\ell}\right|^{2}\left|\Psi_{\ell+2}\right|^{2}$, but its co-efficient should be small and is likely to be attractive.

We now return to an examination of (A10) for the case of $\ell$-independent couplings at the transition with $U-E$ positive at the point $A$ in Fig 10 . It remains to examine the consequences of the interlayer coupling $v$ on the standard theory of the superfluid-insulator transition. At $v=0$, we have the standard $\varphi^{4}$ field theory with $\mathrm{O}(2)$ symmetry in $(D-1)+1=D$ spacetime dimensions. As a first step, we can compute the scaling dimension of $v$ at its critical point. A standard power-counting argument shows that

$$
\begin{equation*}
\operatorname{dim}[v]=\frac{2}{\nu}-D=\frac{\alpha}{\nu} \tag{A13}
\end{equation*}
$$

where $\nu$ and $\alpha$ are the standard correlation length and "specific heat" exponents in $D$ spacetime dimensions. In $D=3$, the $\mathrm{O}(2)$ fixed point has 18 $\alpha=-0.015<0$, and so we conclude that $v$ is formally irrelevant. In $D=2$, the very weak specific heat singularity at the Kosterlitz Thouless transition suggests the same conclusion.

A more complete analysis of the influence of $v$ can be obtained by considering a physical susceptiblity for ordering in the longitudinal direction. As we have seen in Sections II and IIIB, the simplest allowed ordering is a density wave of period two. The tendency to this ordering is measured by the static susceptibility $\chi_{\pi}$

$$
\begin{align*}
\chi_{\pi}=\frac{1}{N_{\|}} \sum_{\ell, \ell^{\prime}} \int & d^{D-1} \mathbf{r}_{\perp} d \tau(-1)^{\ell+\ell^{\prime}} \\
& \left.\left.\langle | \Psi_{\ell}\left(\mathbf{r}_{\perp}, \tau\right)\right|^{2}\left|\Psi_{\ell^{\prime}}(\mathbf{0}, 0)\right|^{2}\right\rangle \tag{A14}
\end{align*}
$$

Note that this response function is similar to $S_{\pi}$ in (2.3), but we are considering here a zero frequency response, while (2.3) involved an equal time correlator. We can compute (A14) in powers of $v$, and by a familiar Dysontype argument, write it as

$$
\begin{equation*}
\chi_{\pi}=\frac{\mathcal{C}}{1-2 v \mathcal{C}} \tag{A15}
\end{equation*}
$$

where $\mathcal{C}$ is an 'irreducible' correlator within a single layer (it is irreducible with respect to cutting a $v$ interaction line):

$$
\begin{equation*}
\left.\mathcal{C}=\left.\int d^{D-1} \mathbf{r}_{\perp} d \tau\langle | \Psi_{\ell}\left(\mathbf{r}_{\perp}, \tau\right)\right|^{2}\left|\Psi_{\ell}(\mathbf{0}, 0)\right|^{2}\right\rangle \tag{A16}
\end{equation*}
$$

The computation leading to (A15, A16) is the fieldtheoretic analog of the computations which lead to a dipole bound state induced by the interlayer coupling in the strong-coupling analysis of Section III A. Ignoring the influence of $v$ on $\mathcal{C}$, standard scaling arguments imply that $\mathcal{C}$ has a singular part which behaves as

$$
\begin{equation*}
\mathcal{C} \sim\left|r_{\psi}-r_{\psi c}\right|^{-\alpha} \tag{A17}
\end{equation*}
$$

If we had $\alpha>0$, then the denominator in (A15) would vanish at some $r_{\psi}>r_{\psi c}$ for any small $v$, and $\chi_{\pi}$ then diverges: this would imply the presence of an Ising density wave transition before the onset of superfluidity. However $\alpha<0$ in $D=3$, and so this condition does not apply. Nevertheless, there is a significant (albeit finite) enhancement of the specific near the $\mathrm{O}(2)$ critical point in $D=3$, and so the instability in $\chi_{\pi}$ may well occur for a moderate value of $v$. If so, the mean-field phase diagram would be modified, and the Ising ordered phase would fully overlap and extend beyond the region with transverse superfluidity. Indeed, under suitable conditions, the superfluid phase could also shrink to zero, and we would then have only a single Ising transition between two insulating phases. Alternatively, if the Ising fluctuations are weaker, $\chi_{\pi}$ could diverge somewhere in the superfluid phase to the left of $A$ in Fig 10, and then the mean-field phase diagram would be modified to the structure in Fig 10b.

## APPENDIX B: ISING PHASE TRANSITION

In Appendix A we completed a description of fluctuations near all the superfluid-insulator transitions in Fig 10. It remains to describe the second order Ising critical point $C_{1}$ in Fig 10b; this we do in the present appendix.

As usual, we expect the Ising phase transition to be realized by a quantum field theory of a real scalar field $\phi(\mathbf{r}, \tau)$, where $\mathbf{r}=\left(\ell, \mathbf{r}_{\perp}\right)$ is a $D$ dimensional spatial co-ordinate. The main subtlety here is that the Ising transition occurs in a background of transverse superfluid order, and corrections from superflow fluctuations can lead to anisotropic singular corrections to the critical theory. A theory of an Ising order parameter coupled to isotropic superflow fluctuations has been analyzed by Frey and Balents ${ }^{19}$; here, we will show that the particular anisotropic nature of both the superfluid and Ising order leads to a more singular coupling between the two order parameters.

Any observable sensitive to the period 2 modulation in the density of particles or holes can be used to define the order parameter $\phi(\mathbf{r}, \tau)$. A convenient choice in our present continuum formulation is to take

$$
\begin{equation*}
\phi\left(\ell, \mathbf{r}_{\perp}, \tau\right) \sim(-1)^{\ell}\left|\Psi_{\ell}\left(\mathbf{r}_{\perp}, \tau\right)\right|^{2} \tag{B1}
\end{equation*}
$$

An effective action, $\mathcal{S}_{\phi}$, for the Ising field $\phi$ can be generated by using $\phi$ as a Hubbard-Stratonovich field to decouple the $v$ term in ( A 10 ). This leads to an action with the structure

$$
\begin{align*}
\mathcal{S}_{\phi}=\int d^{D} \mathbf{r} d \tau & {\left[\frac{1}{2}\left(\partial_{\tau} \phi\right)^{2}+\frac{K_{\perp}}{2}\left(\nabla_{\perp} \phi\right)^{2}\right.} \\
& \left.+\frac{K_{\|}}{2}\left(\nabla_{\|} \phi\right)^{2}+u_{I} \phi^{4}\right] \\
- & w_{I} \sum_{\ell} \int d^{D-1} \mathbf{r}_{\perp} d \tau(-1)^{\ell}\left|\Psi_{\ell}\left(\mathbf{r}_{\perp}, \tau\right)\right|^{2} \phi\left(\ell, \mathbf{r}_{\perp}, \tau\right) \tag{B2}
\end{align*}
$$

where the fluctuations of $\Psi_{\ell}$ are described by (A10), and we have included the usual analytic terms present in the $\phi^{4}$ theory of an Ising quantum critical point. The last term in (B2) represents a linear coupling between the Ising order parameter and density fluctuations in the superfluid state. In the isotropic case considered by Frey and Balents such a linear coupling was absent, and the simplest allowed coupling was between $\phi^{2}$ and the density fluctuations: this was because the Ising order parameter represented a density wave at a large wavevector, and they coupled linearly only to fluctuations of the superfluid phase at the same wavevector, and the latter are quite high energy. In the present case also, the $(-1)^{\ell}$ factor in the last term in (B2), also shows that $\phi$ couples linearly to the superfluid phase fluctuations at a wavevector $q_{\|}=\pi$. However, the key difference here is that the
superfluidity is present only along the transverse direction, and, to leading order, the superfluid phase fluctuations are independent of $q_{\|}$.

The singular effect of the $w_{I}$ term in (B2) can be illustrated by integrating out the $\Psi_{\ell}$ using the action (A10) in a single loop approximation. To leading order in $u$, we are in the transverse superfluid state as long as $r_{\psi}<0$, and a simple calculation of the phase and amplitude fluctuations of the superfluid order parameter shows that we generate the following term in $\mathcal{S}_{\phi}$ :

$$
\begin{equation*}
\frac{1}{2 u} \sum_{q_{\|}, \mathbf{q}_{\perp}, \omega}\left|\phi\left(q_{\|}, \mathbf{q}_{\perp}, \omega\right)\right|^{2} \frac{\left|r_{\psi}\right|\left(\mathbf{q}_{\perp}^{2}+\omega^{2}\right)}{\left|r_{\psi}\right|\left(\mathbf{q}_{\perp}^{2}+\omega^{2}\right)+K_{\psi}^{2} \omega^{2} / 2} \tag{B3}
\end{equation*}
$$

where $\omega$ is an imaginary frequency. Note that this is a singular function of $\mathbf{q}_{\perp}$ and $\omega$ only when $K_{\psi} \neq 0$. We do not expect $K_{\psi}=0$ near the Ising critical point, because exact particle-hole symmetry is not present in the
underlying Hamiltonian, and the arguments which lead to (A12) hold only at the superfluid-insulator transition. All the couplings in $\mathcal{S}_{\phi}$ can be expected to be a smooth function of $\mu$, and the constraint is now expected to lead only to a Fisher renormalization 20 of exponents. An analysis of $\mathcal{S}_{\phi}$ with (B3) included requires a renormalization group computation: this we leave to future work, as a full discussion of the renormalization of the momentum dependence of the propagator requires a two loop analysis.

In closing, we note that although $K_{\psi} \neq 0$, in practice the degree of particle-hole symmetry breaking is quite small, as is indicated by the almost equal values of $\langle p\rangle$ and $\langle h\rangle$ in Figs 11 and 12 . So $K_{\psi}$ can also be expected to be quite small, and we should, therefore, also consider the case $K_{\psi}=0$. In this case, (B3) does not induce any singular terms, and we have to consider terms induced by $\Psi_{\ell}$ fluctuations at higher orders in $u$, and also the term included in Ref 19.

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