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Shaoxiong LIANG, Papa-Birame GNING, Laurent GUILLAUMAT - A comparative study of fatigue behaviour of flax/epoxy and glass/epoxy composites - Composites Science and Technology - Vol. 72, n°5, p.535-543 - 2012

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Review

A comparative study of fatigue behaviour of flax/epoxy and glass/epoxy composites

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ABSTRACT

Experimental investigations on flax and glass fabrics reinforced epoxy specimens, i.e. FFRE and GFRE, submitted to fatigue tests are presented in this paper. Samples having $[0/90]_{3S}$ and $[\pm 45]_{3S}$ stacking sequences, with similar fibre volume fractions have been tested under tension-tension fatigue loading. The specific stress-number of cycles to failure (*S*–*N*) curves, show that for the $[0/90]_{3S}$ specimens, FFRE have lower fatigue endurance than GFRE, but the $[\pm 45]_{3S}$ FFRE specimens offer better specific fatigue endurance than similar GFRE, in the studied life range ($< 2 \times 10^6$). Overall, the three-stage stiffness degradation is observed in all cases except for $[0/90]_{3S}$ FFRE specimens, which present a stiffening phenomenon of around 2–3% which could be related to the straightening of the microfibrils.

Keywords: Flax fibres A. Glass fibres A. Polymer-matrix composites (PMCs) B. Fatigue B. Mechanical properties

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1. Introduction

Composite materials reinforced with synthetic fibres, particularly with glass, are widely used in industrial applications. However, the use of glass fibres reinforced polymer composites raises many occupational health and environmental issues due to the important energy consumption and the emission of pollutants during the fabrication [1]. These considerations justify the introduction of natural fibres as reinforcements in composite materials because they are derived from renewable and biodegradable resources. Moreover the elaboration process is less energy intensive than that for mineral fibres manufacturing [2]. Among the available natural reinforcements, flax fibres offer interesting specific mechanical properties (divided by respective density), which are comparable to glass fibres ones [3]. Important interest of the researchers has aroused for these

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^{0266-3538/\$ -} see front matter \circledcirc 2012 Elsevier Ltd. All rights reserved. doi:10.1016/j.compscitech.2012.01.011

materials and has led to a consequent number of studies related to natural fibres in the past few years [1-10].

However, only a few papers related to the fatigue behaviour of natural fibre reinforcements are available. Baley [6] has highlighted the increase of the Young's modulus of flax fibres for a certain number of loading cycles. The stiffness of a single fibre can rise from 40 GPa up to nearly 70 GPa. Placet [7] in his study concerning the thermo-mechanical behaviour of hemp fibres by means of dynamic mechanical analysis from 20 to 200 °C, has reported a storage modulus increase of 60%. Tong and Isaac [8] have compared the impact and fatigue behaviour of hemp fibre mat and ±45° glass fibre reinforced composites. Results show that, during fatigue cycling, the hemp fibre reinforced polymer fails without any prior visible effect on modulus. Silva et al. [9] have been interested in the fatigue behaviour of sisal fibres. The authors have found that at a fatigue stress below 50% ultimate tensile strength (UTS), all tested fibres can resist more than 10⁶ cycles. A slight increase of the hysteresis slope, which suggests an increase on fibre's Young's modulus, has been observed. More recently, investigations on the fatigue behaviour of bio-sourced composites reinforced with natural fibres have been published by Towo and Ansell [10]. The authors have studied the effects of chemical treatments on reinforcements and matrix of unidirectional (UD) sisal fibre impregnated with epoxy and polyester matrix. Composites reinforced with NaOH treated fibre exhibit a slight improvement on the laminates' fatigue resistance. Moderate raise of the composites' initial rigidity has been observed in the tension-tension fatigue test.

Despite of the great interest on biocomposite materials as alternative composites, a limited number of studies have focused on their fatigue response. This paper presents an experimental study on the fatigue behaviours of flax fibre reinforced epoxy (FFRE). In order to evaluate the benefits of this material, comparable glass fibre reinforced epoxy (GFRE) have also been tested under fatigue loading.

2. Experimental methods

2.1. Materials and specimens

FFRE and GFRE specimens were made of commercial dry rollers of non-crimp flax and E-glass fabrics, with areal weights of 235 and 434 g/m², respectively. The balanced fabrics consisted of two identical layers of UD fibres oriented perpendicular to each other and stitched together by a cotton thread of 2 g/m^2 for flax and by a polyester thread of 6 g/m² (Fig. 1). Flax and glass fabrics have been supplied by CRST, a local textile company and by SAERTEX, respectively. Both fabrics were used as received. The matrix was an epoxy system based on the resin SR 8200 with SR 8205 hardener from SICOMIN.Fibre layers were first cut from the roller and manually impregnated with the liquid matrix. The plies were hand-laid, before they were stacked under pressure in a hydraulic press equipped with heating plates. The assembly was heated at a rate of 2 °C/min up to a constant temperature of 60 °C for 8 h. The process pressures were 7 and 2 bars for FFRE and GFRE, respectively. The difference of pressures permitted to ensure similar fibre volume fractions (V_f) for the two materials (Table 1). Because of material properties of composites depend mainly on the fibre volume fraction [4], one can suppose that the 5 bar difference in curing pressure does not affect the mechanical properties. However, a difference in void fraction (V_{y}) is noticeable. The cooling of the moulded plate was realized at room temperature. Two stacking sequences of composite, i.e. $[0/90]_{35}$ and $[\pm 45]_{35}$, were fabricated for quasi-static tensile and fatigue tests. The laminates' thickness (*t*), densities (ρ_c), fibre volume fraction, and volume fraction of void are given in Table 1 with the standard deviations (SD) in brackets. V_f was calculated according to ASTM standard [11] using the



Fig. 1. Structure of the non-crimp fabric.

calculation method. Considering the variations of the fibre fractions of the two composites, it was assumed that the V_f are equivalent. The void fraction of FFRE is smaller because of the higher pressure process used (7 bars).

Rectangularly shaped specimens with a length and width of 250 mm and 25 mm were cut from the laminated plates with a high speed rotating abrasive disk. No lubrication fluid was used during cutting of FFRE specimens to avoid moisture absorption. After cutting, the edges were slightly polished with fine sandpaper. All specimens were equipped with 50 mm long and 3 mm thick aluminium end-tabs, leaving the specimens' gauge length of 150 mm.

2.2. Testing procedures

In order to determine the ultimate strength, quasi-static tensile tests, according to the ISO 527-4 standard, have been performed on $[0/90]_{35}$ and $[\pm 45]_{35}$ specimens. Five replicates have been tested in each sample. Specimens were equipped with strain gauge rosettes consisting of two grids of 5 mm provided from KYOWA. The testing machine used, for all static and dynamic loading tests, was a servo-hydraulic MTS 809 with a capacity of 100 kN. The crosshead speed was 2 mm/min. In order to limit the testing temperature to 23 °C, the tests have been carried out in a Servathin thermal chamber.

Tension-tension fatigue tests, under load amplitude control with a loading ratio of R = 0.1 have been conducted on FFRE and GFRE specimens with identical testing conditions to quasi-static tests. According to ISO 13003 standard [12], the recommended loading frequency (f) should ensure a self-heating of specimens (ΔT) of less than 10 °C during the test. Doehlert [13,14] experimental design program with seven tests on FFRE specimens has been used to establish second order response surface of ΔT , as detailed in [4]. The chosen ranges of the parameters, i.e. loading frequency (f) and loading level were from 2 to 14 Hz and from 0.4 to 0.8 UTS, respectively. The test temperatures have been recorded via a ThermaCAM SC3000 infrared camera. Results discussed in Section 3.2 show that a 5 Hz testing frequency is a good compromise between the experimental time consumption and the conformance with the fatigue standard.

Five loading levels ranging from 0.4 to 0.8 UTS have been tested. Tweleve replicate tests have been performed at each stress level for FFRE. In order to compare the FFRE and GFRE fatigue behaviours, five GFRE specimens have been tested at each loading level. Tests have been stopped at specimens' failure or at 2×10^6 cycles.

The MTS 809 testing machine was equipped with a crosshead displacement sensor (Δl), with a 0.003 mm resolution corresponding to a strain precision ($\Delta l/l_0$) of 0.002% for the gauge length of specimens $l_0 = 150$ mm. It was assumed that such an accuracy of the strain data is satisfactory for this study. Therefore, the strains in the fatigue tests have been calculated based on the ratio of the crosshead displacements to the specimen gauge length.

3. Results and discussion

3.1. *Quasi-static properties*

The representative loading curves of $[0/90]_{3S}$ and $[\pm 45]_{3S}$ FFRE and GFRE specimens, are presented in Fig. 2. It can be seen that

the GFRE exhibit better performance than the FFRE for both stacking sequences. Elastic properties, e.g. Young's modulus (*E*) and Poisson's ratio (ν) measured in the strain range of 0.05–0.25% as well as the tensile strength (σ_{UTS}) and ultimate strain (ε_{UTS}) data are presented in Table 2. The coefficients of variation (CV) in percentage are given in brackets. For [0/90]_{3S} specimens, the modulus and the strength of FFRE are respectively 35% and 55% lower than the corresponding properties for GFRE. Also, the properties of the FFRE [±45]_{3S} specimens are 41% and 23% lower. This observation is due to the higher intrinsic mechanical properties of the glass fibre compared to flax. One can remark that the CV of the FFRE is much lower than that of flax fibres [5] because of the averaging effect on the composite scale. The scattering of the two materials is comparable.

3.2. Loading frequency identification

The effect of the loading frequency has been studied by measurement of samples' self-heating temperature in the central area. Generally, ΔT rises at the early stage of the test and stabilizes after around 500 s as plotted in Fig. 3.Fringe plots (Fig. 4) show that ΔT increases with loading level and testing frequency. Results show that, by strictly following the standard [12] ($\Delta T < 10^{\circ}$ C), the testing frequency should not exceed 8 Hz and 2.5 Hz for [0/90]₃₅ and [±45]₃₅ FFRE specimens, respectively. However, due to the high number of tests foreseen, a higher test frequency is desired. 5 Hz appeared as a good compromise ensuring the recommended selfheating for all specimens, except for [±45]₃₅ samples tested at 0.8 UTS. Moreover, three [±45]₃₅ FFRE specimens tested at 1 Hz and 0.8 UTS, exhibited $\Delta T = 7.4^{\circ}$ C with an average life equivalent to 5 Hz tested specimens.

3.3. Fatigue behaviour

3.3.1. P-S-N curves

Table 3 gives the average fatigue life (N_f^{avg}) with the average logarithm of the specimens' number of cycles to failure $(\log(N_f)^{avg})$. The standard deviation for each loading level of FFRE and GFRE specimens is also given. Corresponding experimental results are plotted in Figs. 5a and 6a. A modified *S*–*N* curve function (Eq. (1)) is used to model specimens' life. *y* is the maximum loading stress in MPa plotted as ordinate, while the abscissa value *x* is expressed in Eq. (2). N_f is the number of cycles to failure, *A* and *B* are intrinsic parameters of the material, and *C* represents the number of standard deviation (*s*) corresponding to the confidence level [15]. *s* is calculated under the hypothesis of a constant standard deviation throughout all loading levels. The identified parameters of Eq. (1) are given in Table 4. *C* equal to 0 and –2 correspond



Fig. 3. Temperature arising kinetic of [±45]₃₅ FFRE specimens.

respectively to curve with 50% and of 98% of survival probability for all studied materials.

The stress-number of cycles to failure curves for different confidence levels e.g. survival probabilities of 50% and 98%, (P-S-N) of [0/90]_{3S} specimens are plotted in Fig. 5 a. The regression coefficient (r) of S–N curves for the FFRE and GFRE samples are -0.947 and -0.972, respectively, indicating that the model fits well with the data points. The two curves reveal that the GFRE specimens exhibit a higher resistance to fatigue loading in the studied ranges. This is in accordance with the higher static strength of the glass reinforced composite. At the fixed endurance limit of 2×10^6 cycles, an increase of confidence from 50% to 98% reduces the design stress by 27.1% and 26.4% for FFRE and GFRE, respectively. However, the higher static strength becomes less preeminent as the imposed cyclic stress decreases. The slope of the GFRE curve is steeper (B = 56.5) than that of the FFRE (B = 25.2), implying a more important decrease of the stress level with respect to the fatigue life. The evolution of the specific stress $(\overline{\sigma})$ which is the ratio of the applied stress and the composite's densities given in Table 1, as a function of $log(N_f)$ is plotted in Fig. 5b. One can see that the difference of FFRE and GFRE is reduced, and for $\bar{\sigma}$ = 88 MPa the experimental points of the two composites coincide at around 10⁵ cycles.

$$y = A - Bx + Cs \tag{1}$$

$$x = \log(N_f) \tag{2}$$



The *P*–*S*–*N* curves of $[\pm 45]_{3S}$ specimens are plotted in Fig. 6a. All samples tested at 0.4 and 0.5 UTS (represented by points with

Fig. 2. Quasi-static responses in tensile loading of (a) [0/90]₃₅ and (b) [±45]₃₅ for FFRE and GFRE specimens.



Fig. 4. Temperature response plots of (a) [0/90]₃₅ and (b) [±45]₃₅ FFRE specimens.

Table 1 Average physical properties of FFRE and GFRE composites; standard deviations in brackets.

	t (mm)	$\rho_c (g/cm^3)$	$V_{f}(\%)$	V_{ν} (%)
FFRE $((0/90)_{3S} \text{ and } (\pm 45)_{3S})$	2.18 (0.07)	1.28 (0.01)	43.7 (1.5)	1.3 (0.8)
GFRE $((0/90)_{3S} \text{ and } (\pm 45)_{3S})$	2.33 (0.04)	1.79 (0.03)	42.5 (1.0)	3.8 (2.0)

Table 2 Average in-plane mechanical properties of FFRE and GFRE laminates; coefficients of variation in % in brackets.

	E (GPa)	v	$\sigma_{UTS}({ m MPa})$	ε _{UTS} (%)
FFRE $(0/90)_{3S}$ GFRE $(0/90)_{3S}$ FFRE $(\pm 45)_{3S}$ GFRE $(\pm 45)_{3S}$	14.3 (5.5%) 21.9 (5.1%) 6.5 (10.1%) 11.1 (9.6%)	0.17 (28%) 0.14 (3.0%) 0.75 (4.7%) 0.48 (17%)	170 (11.5%) 380 (6.8%) 79 (8.3%) 103 (8 1%)	1.72 (7.6%) 2.16 (7.3%) 3.8 (16%)
(= /33				-

arrows) did not break before the endurance limit defined at 2×10^6 cycles. *S*–*N* curves according to Eq. (1) with 50% and 98% survival probability for both composites are plotted. For this stacking sequence, the regression coefficients (*r*) for FFRE and GFRE samples are -0.938 and -0.960, respectively, is satisfactory. GFRE specimens present better fatigue resistance at higher loading levels. The 50% *S*–*N* curves intersect at log(*N*) = 3.73 (5370 cycles) and σ = 64 MPa. Below this stress, the fatigue behaviour of both

 Table 3

 Average fatigue life of FFRE and GFRE specimens; standard deviations in brackets.

laminates can be considered to be comparable. The specific S-N diagrams plotted in Fig. 6b reveal that the FFRE composite has a better fatigue resistance in the studied range.

It can be noted that the fatigue curves normalised by the tensile strength (Table 3) reveal the predominance of the FFRE specimens on GFRE for both stacking sequences. Also, the difference in voids fraction (Table 3) can possibly influence fatigue behaviour of specimens. This needs further investigations to be verified.

3.3.2. Statistical distribution

In the previous section, the P–S–N curves have been plotted with the assumption that the life of the specimens $(\log(N_f))$ follows a normal distribution and that the SD is constant for all loading levels, as mentioned in the statistical treatment standard [15]. This standard refers to the fatigue of metallic materials. This section is dedicated to the verification of this hypothesis for the FFRE specimens. The cumulative survival probability (Fw_{exp}) of $[0/90]_{3S}$ and [±45]_{3S} specimens and the normal cumulative distribution fitting curves (Fw(x)) are compared in Fig. 7. Fw_{exp} in each loading level has been calculated from Eq. (3), where Q is the total number of tested specimens and *i* is the decreasing order of the fatigue life data. The cumulative normal distribution curve is given in Eq. (4), where $x = \log(N_f)$, μ and s are the average specimen life and SD for each loading level. Based on Chi-square normal distribution test, χ^2 varied from 0.310 to 5.57, corresponding to χ^2_{005} and χ^2_{75} , the hypothesis of the normal distribution of $log(N_f)$ is considered to be validated.

	0.8 UTS		0.7 UTS		0.6 UTS		0.5 UTS		0.4 UTS	
	N_f^{avg}	$\log(N_f)^{avg}$	N_f^{avg}	$\log(N_f)^{avg}$	N_f^{avg}	$\log(N_f)^{avg}$	N_f^{avg}	$\log(N_f)^{avg}$	N_f^{avg}	$\log(N_f)^{avg}$
FFRE	2058	3.16	12 710	4.00	79 183	4.80	206 666	5.24	1151 224	6.12
$(0/90)_{3S}$	(1485)	(0.43)	(9483)	(0.33)	(74 017)	(0.28)	(114 849)	(0.27)	(481 840)	(0.19)
GFRE	665	2.79	2541	3.39	11 076	3.98	72 153	4.76	353 871	5.47
$(0/90)_{35}$	(330)	(0.18)	(875)	(0.14)	(6833)	(0.24)	(55 035)	(0.33)	(229 543)	(0.30)
FFRE	4308	3.50	37 308	4.40	438 617	5.57	>2 × 10 ⁶	>6.30	>2 × 10 ⁶	>6.30
(±45) ₃₅	(3012)	(0.40)	(24 282)	(0.27)	(288 223)	(0.25)				
GFRE	700	2.90	1790	3.25	7771	3.87	>2 × 10 ⁶	>6.30	>2 × 10 ⁶	>6.30
(±45) _{3S}	(185)	(0.04)	(350)	(0.08)	(2874)	(0.16)				



Fig. 5. P-S-N (a) and specific S-N (b) behaviour of $[0/90]_{3S}$ FFRE and GFRE specimens.



Fig. 6. S-N (a) and specific S-N (b) behaviour of [±45]_{3S} FFRE and GFRE specimens.

Table 4S-N curve parameters.

	Α	В	S
FFRE (0/90)35	220	25.2	8.3
GFRE (0/90)3S	459	56.5	13.6
FFRE (±45) _{3S}	94	7.0	2.6
GFRE (±45) _{3S}	141	20.6	2.6

$$Fw_{exp} = i/(Q+1) \tag{3}$$

$$Fw(x) = \int_{-\infty}^{x} 1/\sqrt{2\pi s^2} \times Exp(-(x-\mu)^2/(2s^2))dx$$
(4)

The standard deviations of specimens' loglife (Table 3) of each loading level are compared in Fig. 8. The scattering of the FFRE samples decreases with the decreasing loading level, which is contrary to the GFRE samples for both laminations and also to the literature review for other materials [16,17]. The hypothesis of constant SD throughout S-N curve as suggested in the standard [15] is questionable for flax and glass reinforced composites.

3.3.3. Permanent deformation

Typical stress–strain hysteresis loops of the early $(n/N_f = 0)$ and last loading cycles $(n/N_f = 1)$ of the different laminates are

presented in Fig. 9. Generally, the loops move towards higher strains for constant stress level. It is seen in Fig. 9b that the final hysteresis loop of the GFRE specimen moved very far from the first cycle. This difference is in accordance with the important quasistatic maximum strain data of GFRE samples (Table 2). The plot of the maximum (ε_{max}) and minimum (ε_{min}) strains with respect to the life ratio (Fig. 10) highlights a continuous increase independent of the laminates' lay-ups and reinforcement types. This is supposed to be related to the cyclic creep effect because the fatigue loading consists of a positive mean stress superimposed with sinusoidal variations [18,21,22]. Because both extreme strains present similar trends, only the minimum strain, indicating the permanent deformation of the samples during the test [20], is discussed subsequently. The overall development of ε_{\min} for all loading levels is plotted in Fig. 11. Each curve is a representative test result for a given loading condition (not an average curve) and the scattering bars enclose all the curves of the specimens tested on the same loading level. One can observe that, after a rapid rise, ε_{min} evolves into a quasi-linear stage for a long life ratio followed by an acceleration phase, except for the [0/90]₃₅ FFRE specimens (Fig. 11a). In this particular case, only the first two stages are observed suggesting a brittle behaviour. The more pronounced acceleration stage of the [±45]₃₅ GFRE specimens (Fig. 11d) reveals a ductile behaviour as indicated by the quasi-static failure strain (Table 2).

The trends of ε_{min} are similar regardless of the loading level. For a given laminate, ε_{min} increases with the imposed load. For $[0/90]_{3S}$ specimens (Fig. 11a and b), the response curves of different loading



Fig. 7. Probability of survival graphs for (a) $[0/90]_{3S}$ and (b) $[\pm 45]_{3S}$ FFRE specimens.



Fig. 8. Standard deviations of $log(N_f)$ for (a) $[0/90]_{3S}$ and (b) $[\pm 45]_{3S}$ FFRE and GFRE specimens.



Fig. 9. First and final hysteresis loops of (a) [0/90]₃₅ and (b) [±45]₃₅ FFRE and GFRE specimens at 0.8 UTS.

levels seems parallel to each other, although the N_f can have 10^3 times different (Table 3). By contrast with $[0/90]_{3S}$, the slopes of $[\pm 45]_{3S}$ curves increase with the loading level (Fig. 11c and d).

3.3.4. Dynamic modulus evolution

The evolution of the specimens' dynamic modulus gives information on the material's damage evolution. This modulus is calculated as the slope of the straight line connecting the maximum and minimum stress tips of a hysteresis loop. Fig. 12 shows typical and global evolutions of the normalized modulus (E/E_0) with respect to the specimens life ratio for $[0/90]_{3S}$ specimens, where *E* and E_0 are respectively the actual cyclic and average modulus measured during the first cycles. As expected, the modulus of GFRE decreases in three stages: a first and third stage with a sharp decrease of the modulus and a second steady stage between the two. The loss of modulus is measured between 7% and 25%. This range is similar to the general behaviour of traditional composites loaded in fatigue as described by Case and Reifsnider [17]. The overall evolution of GFRE plotted in Fig. 12b shows that this evolution depends on the loading level, i.e. more stiffness loss is recorded for lower loadings.



Fig. 10. Typical maximum and minimum cycle strains evolution of (a) [0/90]₃₅ and (b) [±45]₃₅ FFRE and GFRE specimens at 0.8 UTS.



Fig. 11. Global minimum cycle strain of specimens: (a) [0/90]₃₅ FFRE (F), (b) [0/90]₃₅ GFRE (G), (c) [±45]₃₅ FFRE and (d) [±45]₃₅ GFRE, for loading from 0.4 to 0.8 UTS.

In contrast, the modulus of the FFRE specimens increases by around 2% on average, with the life ratio, and then remains stable until failure without a third stiffness decreasing stage (Fig. 12a). From Fig. 12b, it can be concluded that the evolution of the scattering of specimens tested on the same loading level (conditions) is independent of the loading level.

For some conventional composites materials, a stiffening effect is noticed due to the annealing effect of the polymer matrix [19]. However, in the present study, laminates were made of the same epoxy matrix with an identical curing process, but the enhancement phenomenon is observed only in the specimens reinforced with flax fibres with [0/90]_{3S} layup. Indeed, the tensile modulus increase of single natural fibres in cyclic loading (e.g. flax, sisal, hemp) has been described in [6,7,9]. Particularly, Baley [6] found that cellulose microfibrils which are spirally wound with a certain angle relative to the fibre axis, tend to straighten when the fibre is axially loaded, resulting in an important increase (60–80%) of Young's modulus. Though, for the [0/90]₃₅ FFRE specimens, half of the reinforcement was loaded along the fibre axis, the rearrangement of microfibrils is responsible of the increase of the composite's modulus as depicted in [10]. In addition, even after the combing process, natural fibres of dry fabrics are not straight. Hence, during fatigue loading, the realignment of the wavy fibres can also contribute to the stiffening effect measured. These



Fig. 12. Modulus ratio evolution of [0/90]₃₅ FFRE and GFRE specimens: (a) typical at 0.8 UTS and (b) global.



Fig. 13. Modulus ratio evolution of [±45]₃₅ FFRE and GFRE specimens: (a) typical at 0.8 UTS and (b) global (0.4–0.8 UTS).

straightening hypotheses can be partially confirmed by the permanent deformation described in Section 3.3.3. However, the slight stiffening phenomenon measured on composite scale is much less pronounced than that on fibre scale. The presence of fibres perpendicular to the load and the resin properties under fatigue loading may pull down the specimen's modulus.

Typical and global evolutions of the E/E_0 with respect to n/N_f for $[\pm 45]_{35}$ GFRE and FFRE specimens are plotted in Fig. 13. The specimens' modulus decreases clearly in three stages as usually describe for composite materials. A steep decrease of the modulus happens in the early stages of the relative fatigue life, followed by the second steady decrease phase lasting for a relatively long life ratio, i.e. $0.1 < n/N_f < 0.9$. Thirdly, an acceleration stage occurs with an overall modulus loss of 15–20% for FFRE and of 50–70%, for GFRE. GFRE samples' loss of modulus is more than three times higher than for FFRE ones. This points out that flax reinforced laminates present a more stable cyclic performance than the glass fibre reinforced ones. One can also conclude that for [±45]₃₅ FFRE and GFRE specimens the evolution of the stiffness is independent of the loading level.

4. Conclusion

Experimental investigations of fatigue tests have been conducted on FFRE and GFRE specimens with $[0/90]_{3S}$ and $[\pm 45]_{3S}$ stacking sequences. Thermographic studies using the response surface method have suggested a test frequency of 5 Hz as a trade-off between temperature elevation and test duration. *S*–*N* curves of $[0/90]_{3S}$ specimens show higher fatigue properties of the GFRE composites compared to FFRE. For $[\pm 45]_{3S}$ specimens, the fatigue resistance of GFRE is better than FFRE for stress levels higher than 64 MPa but comparable below this level. The comparison of the specific stress reveals that the FFRE composites have a better resistance through the studied range. This phenomenon is considered to be due to the matrix controlled behaviour in the $[\pm 45]_{3S}$ lay up sequence combined with the lower density of the flax reinforcement. The statistical distribution of FFRE specimens' loglife follows a normal distribution while the standard deviations tend to decrease with the decreasing loading level which is converse to the literature. The analysis of the minimum cycle strains highlights permanent cyclic deformations occurring for all tested specimens.

 $[0/90]_{3S}$ GFRE specimens show a total loss of the modulus of 7–25% depending on loading level. In contrast, a modulus increase of around 2% is remarkable for the $[0/90]_{3S}$ FFRE composites subjected to fatigue loading. This stiffening phenomenon can be explained by the self-straightening effect of the flax fibre in association with the realignment of the microfibrils contained in the fibre. The total loss of modulus of 15–20% and 50–70%, respectively, is found on $[\pm 45]_{3S}$ FFRE and GFRE specimens suggest that flax fibre reinforced composites offer a more stable cyclic performance than the glass fibre composite. The stiffness degradation of both composites exhibits no dependence on the loading level.

Acknowledgement

The financial support of the FABER fund from the Bourgogne Region, France is gratefully acknowledged.

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