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Twelve type 2 diabetes susceptibility loci identified through large-scale association analysis

Benjamin F Voight^{1,3,100}, Laura J Scott^{4,100}, Valgerdur Steinthorsdottir^{5,100}, Andrew P Morris^{6,100}, Christian Dina^{7,8,100}, Ryan P Welch⁹, Eleftheria Zeggini^{6,10}, Cornelia Huth^{11,12}, Yurii S Aulchenko¹³, Gudmar Thorleifsson⁵, Laura J McCulloch¹⁴, Teresa Ferreira⁶, Harald Grallert^{11,12}, Najaf Amin¹³, Guanming Wu¹⁵, Cristen J Willer⁴, Soumya Raychaudhuri^{1,2,16}, Steve A McCarroll^{1,17}, Claudia Langenberg¹⁸, Oliver M Hofmann¹⁹, Josée Dupuis^{20,21}, Lu Qi^{22,4}, Ayellet V Segrè^{1,2,17}, Mandy van Hoek²⁵, Pau Navarro²⁶, Kristin Ardlie¹, Beverley Balkau^{27,28}, Rafn Benediktsson^{29,30}, Amanda J Bennett¹⁴, Roza Blagieva³¹, Eric Boerwinkle³², Lori L Bonnycastle³³, Kristina Bengtsson Boström³⁴, Bert Bravenboer³⁵, Suzannah Bumpstead¹⁰, Noisël P Burtt¹, Guillaume Charpentier³⁶, Peter S Chines³³, Marilyn Cornelis²⁴, David J Couper³⁷, Gabe Crawford¹, Alex S F Doney^{38,9}, Katherine S Elliott⁶, Amanda L Elliott^{1,17,40}, Michael R Erdos³³, Caroline S Fox^{21,41}, Christopher S Franklin⁴², Martha Ganser⁴, Christian Gieger¹¹, Niels Grarup⁴³, Todd Green^{1,2}, Simon Griffin¹⁸, Christopher J Groves¹⁴, Candace Guiducci¹, Samy Hadjadj⁴⁴, Neelam Hassanali¹⁴, Christian Herder⁴⁵, Bo Isomaa^{46,47}, Anne U Jackson⁴, Paul R V Johnson⁴⁸, Torben Jørgensen^{49,50}, Wen H L Kao^{51,52}, Norman Klopp¹¹, Augustine Kong⁵, Peter Kraft^{22,23}, Johanna Kuusisto⁵³, Torsten Lauritzen⁵⁴, Man Li⁵¹, Aloysius Lieverse⁵⁵, Cecilia M Lindgren⁶, Valeriya Lyssenko⁵⁶, Michel Marre^{57,58}, Thomas Meitinger^{59,60}, Kristian Midthjell⁶¹, Mario A Morken³³, Narisu Narisu³³, Peter Nilsson⁵⁶, Katharine R Owen¹⁴, Felicity Payne¹⁰, John R B Perry^{62,63}, Ann-Kristin Petersen¹¹, Carl Platou⁶¹, Christine Proença⁷, Inga Prokopenko^{6,14}, Wolfgang Rathmann⁶⁴, N William Rayner^{6,14}, Neil R Robertson^{6,14}, Ghislain Rocheleau^{65,67}, Michael Roden^{45,68}, Michael J Sampson⁶⁹, Richa Saxena^{1,2,40}, Beverley M Shields^{62,63}, Peter Shrader^{3,70}, Gunnar Sigurdsson^{29,30}, Thomas Sparsø⁴³, Klaus Strassburger⁶⁴, Heather M Stringham⁴, Qi Sun^{22,23}, Amy J Swift³³, Barbara Thorand¹¹, Jean Tichet⁷¹, Tiinamaija Tuomi^{46,72}, Rob M van Dam²⁴, Timon W van Haeften⁷³, Thijs van Herpt^{25,55}, Jana V van Vliet-Ostaptchouk⁷⁴, G Bragi Walters⁵, Michael N Weedon^{62,63}, Cisca Wijmenga⁷⁵, Jacqueline Witteman¹³, The MAGIC Investigators⁹⁹, The GIANT Consortium⁹⁹, Richard N Bergman⁷⁶, Stephane Cauchi⁷, Francis S Collins⁷⁷, Anna L Gloyn¹⁴, Ulf Gyllensten⁷⁸, Torben Hansen^{43,79}, Winston A Hide¹⁹, Graham A Hitman⁸⁰, Albert Hofman¹³, David J Hunter^{22,23}, Kristian Hveem^{61,81}, Markku Laakso⁵³, Karen L Mohlke⁸², Andrew D Morris^{38,39}, Colin N A Palmer^{38,39}, Peter P Pramstaller⁸³, Igor Rudan^{42,84,85}, Eric Sijbrands²⁵, Lincoln D Stein¹⁵, Jaakko Tuomilehto^{86,88}, Andre Uitterlinden²⁵, Mark Walker⁸⁹, Nicholas J Wareham¹⁸, Richard M Watanabe^{76,90}, Gonçalo R Abecasis⁴, Bernhard O Boehm³¹, Harry Campbell⁴², Mark J Daly^{1,2}, Andrew T Hattersley^{62,63}, Frank B Hu^{22,24}, James B Meigs^{3,70}, James S Pankow⁹¹, Oluf Pedersen^{43,92,93}, H-Erich Wichmann^{11,12,94}, Inês Barroso¹⁰, Jose C Florez^{1,3,95}, Timothy M Frayling^{62,63}, Leif Groop^{56,72}, Rob Sladek^{65,67}, Unnur Thorsteinsdottir^{5,96}, James F Wilson⁴², Thomas IIIig¹¹, Philippe Froguel^{17,97}, Cornelia M van Duijn¹³, Kari Stefansson^{5,96}, David Altshuler^{1,3,17,40,95}, Michael Boehnke⁴, and Mark I McCarthy^{6,14,98}

¹Broad Institute of Harvard and Massachusetts Institute of Technology (MIT), Cambridge, Massachusetts, USA. ²Center for Human Genetic Research, Massachusetts General Hospital, Boston, Massachusetts, USA. ³Department of Medicine, Harvard Medical School, Boston, Massachusetts, USA. ⁴Department of Biostatistics, University of Michigan, Ann Arbor, Michigan, USA. ⁵deCODE Genetics, Reykjavik, Iceland. ⁶Wellcome Trust Centre for Human Genetics, University of Oxford, Oxford, UK. ⁷CNRS-UMR-8090, Institute of Biology and Lille 2 University,

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Pasteur Institute, Lille, France. ⁸INSERM UMR915 CNRS ERL3147, Nantes, France. ⁹Bioinformatics Program, University of Michigan, Ann Arbor, Michigan, USA. ¹⁰Wellcome Trust Sanger Institute, Hinxton, UK. ¹¹Institute of Epidemiology, Helmholtz Zentrum Muenchen, Neuherberg, Germany. ¹²Institute of Medical Informatics, Biometry and Epidemiology, Ludwig-Maximilians-Universität, Munich, Germany. ¹³Department of Epidemiology, Erasmus University Medical Center, Rotterdam, The Netherlands. ¹⁴Oxford Centre for Diabetes, Endocrinology and Metabolism, University of Oxford, Oxford, UK, ¹⁵Ontario Institute for Cancer Research, Toronto, Ontario, Canada. ¹⁶Division of Rheumatology, Immunology and Allergy, Brigham and Women's Hospital, Harvard Medical School, Boston, Massachusetts, USA. ¹⁷Department of Molecular Biology, Harvard Medical School, Boston, Massachusetts, USA. ¹⁸Medical Research Council (MRC) Epidemiology Unit, Institute of Metabolic Science, Addenbrooke's Hospital, Cambridge, UK. ¹⁹Department of Biostatistics, Harvard School of Public Health, Boston, Massachusetts, USA. ²⁰Department of Biostatistics, Boston University School of Public Health, Boston, Massachusetts, USA. ²¹National Heart, Lung, and Blood Institute's Framingham Heart Study, Framingham, Massachusetts, USA. ²²Department of Nutrition, Harvard School of Public Health, Boston, Massachusetts, USA. ²³Department of Epidemiology, Harvard School of Public Health, Boston, Massachusetts, USA. ²⁴Channing Laboratory, Department of Medicine, Brigham and Women's Hospital and Harvard Medical School. Boston. Massachusetts. USA. ²⁵Department of Internal Medicine, Erasmus University Medical Centre, Rotterdam, The Netherlands. ²⁶MRC Human Genetics Unit. Institute of Genetics and Molecular Medicine. Western General Hospital. Edinburgh, UK. ²⁷INSERM, CESP Centre for Research in Epidemiology and Population Health, U1018, Epidemiology of Diabetes, Obesity and Chronic Kidney Disease over the Lifecourse, Villejuif, France. ²⁸University Paris-Sud 11, UMRS 1018, Villejuif, France. ²⁹Landspitali University Hospital, Reykjavik, Iceland. ³⁰Icelandic Heart Association, Kopavogur, Iceland. ³¹Division of Endocrinology, Diabetes and Metabolism, Ulm University, Ulm, Germany. ³²The Human Genetics Center and Institute of Molecular Medicine, University of Texas Health Science Center, Houston, Texas, USA. ³³National Human Genome Research Institute, National Institute of Health, Bethesda, Maryland, USA. ³⁴Research and Development Centre, Skaraborg Primary Care, Skövde, Sweden, ³⁵Department of Internal Medicine, Catharina Hospital, Eindhoven, The Netherlands. ³⁶Endocrinology-Diabetology Unit, Corbeil-Essonnes Hospital, Corbeil-Essonnes, France. ³⁷Department of Biostatistics and Collaborative Studies Coordinating Center, University of North Carolina at Chapel Hill, Chapel Hill, North Carolina, USA. ³⁸Diabetes Research Centre, Biomedical Research Institute, University of Dundee, Ninewells Hospital, Dundee, UK. ³⁹Pharmacogenomics Centre, Biomedical Research Institute, University of Dundee, Ninewells Hospital, Dundee, UK. ⁴⁰Department of Genetics, Harvard Medical School. Boston. Massachusetts, USA. 41 Division of Endocrinology, Diabetes, and Hypertension, Brigham and Women's Hospital, Harvard Medical School, Boston, Massachusetts, USA. 42Centre for Population Health Sciences, University of Edinburgh, Edinburgh, UK. 43 Hagedorn Research Institute, Gentofte, Denmark. ⁴⁴Centre Hospitalier Universitaire de Poitiers, Endocrinologie Diabetologie, CIC INSERM 0801, INSERM U927, Université de Poitiers, UFR, Médecine Pharmacie, Poitiers Cedex, France. ⁴⁵Institute for Clinical Diabetology, German Diabetes Center, Leibniz Center for Diabetes Research at Heinrich Heine University Düsseldorf, Düsseldorf, Germany. ⁴⁶Folkhälsan Research Center, Helsinki, Finland. ⁴⁷Malmska Municipal Health Center and Hospital, Jakobstad, Finland. 48Diabetes Research and Wellness Foundation Human Islet Isolation Facility and Oxford Islet Transplant Programme, University of Oxford, Oxford, UK. ⁴⁹Research Centre for Prevention and Health, Glostrup University Hospital, Glostrup, Denmark. ⁵⁰Faculty of Health Science, University of Copenhagen, Copenhagen, Denmark. ⁵¹Department of Epidemiology, Johns Hopkins University, Baltimore, Maryland, USA. ⁵²Department of Medicine and Welch Center for Prevention, Epidemiology and Clinical Research, Johns Hopkins University, Baltimore, Maryland, USA. ⁵³Department of Medicine, University of Kuopio and Kuopio University Hospital, Kuopio, Finland. ⁵⁴Department of General Medical Practice, University of Aarhus,

Aarhus, Denmark. ⁵⁵Department of Internal Medicine, Maxima Medical Center, Eindhoven, The Netherlands. ⁵⁶Department of Clinical Sciences, Diabetes and Endocrinology Research Unit, University Hospital Malmö, Lund University, Malmö, Sweden. ⁵⁷Department of Endocrinology, Diabetology and Nutrition, Bichat-Claude Bernard University Hospital, Assistance Publique des Hôpitaux de Paris, Paris, France. ⁵⁸INSERM U695, Université Paris 7, Paris, France. ⁵⁹Institute of Human Genetics, Helmholtz Zentrum Muenchen, Neuherberg, Germany. ⁶⁰Institute of Human Genetics, Klinikum rechts der Isar, Technische Universität München, München, Germany, ⁶¹Nord-Trøndelag Health Study (HUNT) Research Center, Department of Community Medicine and General Practice, Norwegian University of Science and Technology, Trondheim, Norway. ⁶²Genetics of Complex Traits, Institute of Biomedical and Clinical Science, Peninsula Medical School, University of Exeter, Exeter, UK. 63Diabetes Genetics, Institute of Biomedical and Clinical Science, Peninsula Medical School, University of Exeter, Exeter, UK. ⁶⁴Institute of Biometrics and Epidemiology, German Diabetes Center, Leibniz Center for Diabetes Research at Heinrich Heine University Düsseldorf, Düsseldorf, Germany. ⁶⁵Department of Human Genetics, McGill University, Montreal, Canada. ⁶⁶Department of Medicine, Faculty of Medicine, McGill University, Montreal, Canada. ⁶⁷McGill University and Genome Quebec Innovation Centre, Montreal, Canada. ⁶⁸Department of Metabolic Diseases, Heinrich Heine University Düsseldorf, Düsseldorf, Germany. ⁶⁹Department of Endocrinology and Diabetes, Norfolk and Norwich University Hospital National Health Service Trust, Norwich, UK. ⁷⁰General Medicine Division, Massachusetts General Hospital, Boston, Massachusetts, USA. ⁷¹Institut interrégional pour la Santé (IRSA), La Riche, France. ⁷²Department of Medicine, Helsinki University Hospital, University of Helsinki, Helsinki, Finland. 73Department of Internal Medicine, University Medical Center Utrecht, Utrecht, The Netherlands. ⁷⁴Molecular Genetics, Medical Biology Section, Department of Pathology and Medical Biology, University Medical Center Groningen and University of Groningen, Groningen, The Netherlands. ⁷⁵Department of Genetics, University Medical Center Groningen and University of Groningen, Groningen, The Netherlands. ⁷⁶Department of Physiology and Biophysics, University of Southern California School of Medicine, Los Angeles, California, USA. 77 National Institute of Health, Bethesda, Maryland, USA. 78Department of Genetics and Pathology, Rudbeck Laboratory, Uppsala University, Uppsala, Sweden, ⁷⁹University of Southern Denmark, Odense, Denmark. ⁸⁰Centre for Diabetes, Barts and The London School of Medicine and Dentistry, Queen Mary University of London, London, UK. ⁸¹Department of Medicine, The Hospital of Levanger, Levanger, Norway. ⁸²Department of Genetics, University of North Carolina, Chapel Hill, North Carolina, USA. 83 Institute of Genetic Medicine, European Academy Bozen/Bolzano (EURAC), Bolzano, Italy. 84Croatian Centre for Global Health, Faculty of Medicine, University of Split, Split, Croatia, ⁸⁵Institute for Clinical Medical Research, University Hospital 'Sestre Milosrdnice', Zagreb, Croatia. ⁸⁶Department of Public Health, University of Helsinki, Helsinki, Finland. ⁸⁷South Ostrobothnia Central Hospital, Seinäjoki, Finland. ⁸⁸Red RECAVA Grupo RD06/0014/0015, Hospital Universitario La Paz, Madrid, Spain. 89 Diabetes Research Group, Institute of Cellular Medicine, Newcastle University, Newcastle upon Tyne, UK. ⁹⁰Department of Preventative Medicine, Keck Medical School, University of Southern California, Los Angeles, California, USA, ⁹¹Division of Epidemiology and Community Health, University of Minnesota, Minneapolis, Minnesota, USA, ⁹²Department of Biomedical Science, Panum, Faculty of Health Science, University of Copenhagen, Copenhagen, Denmark. 93 Faculty of Health Science, University of Aarhus, Aarhus, Denmark. ⁹⁴Klinikum Grosshadern, Munich, Germany. ⁹⁵Diabetes Unit, Massachusetts General Hospital, Boston, Massachusetts, USA. 96 Faculty of Medicine, University of Iceland, Reykjavík, Iceland. ⁹⁷Genomic Medicine, Imperial College London, Hammersmith Hospital, London, UK. 98 Oxford National Institute for Health Research Biomedical Research Centre, Churchill Hospital, Oxford, UK.

Abstract

By combining genome-wide association data from 8,130 individuals with type 2 diabetes (T2D) and 38,987 controls of European descent and following up previously unidentified meta-analysis signals in a further 34,412 cases and 59,925 controls, we identified 12 new T2D association signals with combined $P < 5 \times 10^{-8}$. These include a second independent signal at the *KCNQ1* locus; the first report, to our knowledge, of an X-chromosomal association (near *DUSP9*); and a further instance of overlap between loci implicated in monogenic and multifactorial forms of diabetes (at *HNF1A*). The identified loci affect both beta-cell function and insulin action, and, overall, T2D association signals show evidence of enrichment for genes involved in cell cycle regulation. We also show that a high proportion of T2D susceptibility loci harbor independent association signals influencing apparently unrelated complex traits.

Type 2 diabetes (T2D) is characterized by insulin resistance and deficient beta-cell function¹. The escalating prevalence of T2D and the limitations of currently available preventative and therapeutic options highlight the need for a more complete understanding of T2D pathogenesis. To date, approximately 25 genome-wide significant common variant associations with T2D have been described, mostly through genome-wide association (GWA) analyses²-¹³. The identities of the variants and genes mediating the susceptibility effects at most of these signals have yet to be established, and the known variants account for less than 10% of the overall estimated genetic contribution to T2D predisposition. Although some of the unexplained heritability will reflect variants poorly captured by existing GWA platforms, we reasoned that an expanded meta-analysis of existing GWA data would offer augmented power to detect additional common variant signals of modest effect.

RESULTS

GWA meta-analysis and replication

We conducted a meta-analysis of eight T2D GWA studies comprising 8,130 T2D cases and 38,987 controls of European descent. We combined case-control data from the Wellcome Trust Case Control Consortium (WTCCC), Diabetes Genetics Initiative (DGI) and Finland-US Investigation of NIDDM genetics (FUSION) scans (the subjects of a previous joint analysis⁷), with those from scans performed by deCODE genetics⁶, the Diabetes Gene Discovery Group², the Cooperative Health Research in the Region of Augsburg group (KORAgen), the Rotterdam study and the European Special Population Research Network (EUROSPAN). The effective sample size (n = 22,044) of stage 1 of the current (hereafter designated 'DIAGRAM+') meta-analysis was more than twice that of the earlier DIAGRAM (DIAbetes Genetics Replication and Meta-analysis) study⁷. After genomic control correction of each component study, we combined association data for 2,426,886 imputed and genotyped autosomal SNPs into a fixed-effects, additive-model meta-analysis using the inverse-variance method (Online Methods, Fig. 1, Supplementary Tables 1 and 2 and Supplementary Note). We observed only modest genomic control inflation ($\lambda_{gc} = 1.07$), suggesting that the observed results were not due to population stratification. After removing SNPs within established T2D loci (Supplementary Table 3), the resulting quantile-quantile plot was consistent with a modest excess of disease associations of relatively small effect (Supplementary Note). Weak evidence for association at HLA variants strongly associated with autoimmune forms of diabetes (Supplementary Table 3 and Supplementary Note) suggested some case admixture involving subjects with type 1 diabetes or latent autoimmune diabetes of adult-hood; however, failure to detect T2D associations at other non-HLA type 1 diabetes susceptibility loci (for example, INS, PTPN22 and IL2RA) indicated that any such misclassification was too modest to drive stage 1 associations outside the HLA. The stage 1 meta-analysis also provided further confirmation of many previously reported signals and, at some of these, refinement of the peak association signal (Fig. 1, Supplementary Table 3 and Supplementary Note).

We selected for stage 2 follow-up the most strongly associated SNP from each of the 23 new autosomal regions showing the most compelling evidence for association (all $P < 10^{-5}$ in stage 1; Supplementary Table 3). We combined exclusively *in silico* data from three GWA samples (Atherosclerosis Risk in Communities (ARIC) study, Nurses' Health Study and Framingham Heart Study) not included in the primary meta-analysis (2,832 cases and 15,843 controls) with additional (predominantly *de novo*) genotyping in up to 31,580 cases and 44,082 controls, for a maximum possible stage 2 sample size of 34,412 cases and 59,925 controls (effective sample size of 79,246), all of European descent (**Supplementary Tables** 1 and 2).

Stage 2 analyses indicated that the set of 23 signals was enriched for true association signals. In all, 21 showed directional consistency of effect between stage 1 and 2 (binomial test, $P \sim 3.3 \times 10^{-5}$), and for 15, the stage 2 *P* value was <0.05 (Supplementary Note). In joint analysis of stage 1 and 2 data (up to 42,542 cases and 98,912 controls), 13 autosomal loci exceeded the threshold for genome-wide significance (*P* ranging from 2.8×10^{-8} to 1.4×10^{-22}) with allele-specific odds ratios (ORs) between 1.06 and 1.14 (Table 1 and Fig. 2). All signals remained close to or beyond genome-wide significance thresholds (the least significant *P* value was 5.2×10^{-8}) when we repeated analyses after implementing a second (post meta-analysis) round of genomic control adjustment within stage 1 data (Supplementary Note).

We extended our search for susceptibility signals to the X chromosome, identifying one further signal in the stage 1 discovery samples meeting our criteria for follow-up (represented by rs5945326, near *DUSP9*, $P = 2.3 \times 10^{-6}$). This SNP showed strong evidence for replication in 8,535 cases and 12,326 controls (OR (allowing for X-inactivation) 1.32 (95% CI 1.16–1.49), $P = 2.3 \times 10^{-5}$), for a combined association *P* value of 3.0×10^{-10} (OR 1.27 (95% CI 1.18–1.37)) (Table 1 and Fig. 2).

Fourteen signals reaching genome-wide significance

Two of the 14 signals reaching genome-wide significance on joint analysis (those near *MTNR1B* and *IRS1*) represent loci for which T2D associations have been recently reported in samples which partially overlap with those studied here¹⁰,¹⁴-¹⁶ (Table 1).

A third signal (rs231362) on 11p15 overlaps both intron 11 of *KCNQ1* and the *KCNQ1OT1* transcript that controls regional imprinting¹⁷ and influences expression of nearby genes including *CDKN1C*, a known regulator of beta-cell development¹⁸. This signal maps ~150 kb from T2D-associated SNPs in the 3' end of *KCNQ1* first identified in East Asian GWA scans^{8,9}. SNPs within the 3' signal were also detected in the current DIAGRAM+ meta-analysis (for example, rs163184, $P = 6.8 \times 10^{-5}$), but they failed to meet the threshold for initiating replication. A SNP in the 3' region (rs2237895) that was reported to reach genome-wide significance in Danish samples⁹ was neither typed nor imputed in the DIAGRAM+ studies. In our European-descent samples, rs231362 and SNPs in the 3' signal were not correlated ($r^2 < 0.05$), and conditional analyses (see below) establish these SNPs as independent (Fig. 2 and Supplementary Table 4). Further analysis in Icelandic samples has shown that both associations are restricted to the maternally transmitted allele¹¹. Both T2D loci are independent of the common variant associations with electrocardiographic QT intervals that map at the 5' end of *KCNQ1* ($r^2 < 0.02$, D' < 0.35 in HapMap European CEU data)¹⁹,²⁰ (Supplementary Table 5).

Of the remaining loci, two (near *BCL11A* and *HNF1A*) have been highlighted in previous studies^{7,21_23} but are now shown to reach genome-wide significance. Rare mutations in *HNF1A* account for a substantial proportion of cases of maturity onset diabetes of the young, and a population-specific variant (G319S) influences T2D risk in Oji-Cree Indians²⁴.

Confirmation of a common variant association at *HNF1A* brings to five the number of loci known to harbor both rare mutations causal for monogenic forms of diabetes and common variants predisposing to multifactorial diabetes, the others being *PPARG*, *KCNJ11*, *WFS1* and *HNF1B*. A T2D association in the *BCL11A* region was suggested by the earlier DIAGRAM meta-analysis (rs10490072, $P = 3 \times 10^{-5}$), but replication was inconclusive⁷; there is only modest linkage disequilibrium (LD) between rs10490072 and the lead SNP from the present analysis (rs243021, $r^2 = 0.22$, D' = 0.73 in HapMap CEU).

The remaining nine signals map near the genes *HMGA2*, *CENTD2*, *KLF14*, *PRC1*, *TP53INP1*, *ZBED3*, *ZFAND6*, *CHCHD9* and *DUSP9* (Table 1 and **Figs.** 1 and 2) and represent new T2D risk loci uncovered by the DIAGRAM+ meta-analysis.

Understanding the genetic architecture of type 2 diabetes

Combining newly identified and previously reported loci and assuming a multiplicative model, the sibling relative risk attributable to the 32 T2D susceptibility variants described in this paper is ~1.14. With addition of the five T2D loci recently identified by the Meta-Analysis of Glucose and Insulin-related traits Consortium (MAGIC) investigators¹²,¹³ and incorporation of estimates of parent-of-origin–specific effect sizes observed at the *KCNQ1* and *KLF14* signals and at a recently described locus on chromosome 11p15 (which confers substantial risk when paternally inherited but is protective when maternally transmitted¹¹), this figure rises to ~1.16. Given estimates of sibling relative risk for T2D in Europeans of ~3 (ref. ²⁵), variant discovery efforts to date have therefore explained only ~10% of observed familial clustering. We used available data to evaluate several mechanisms that might be contributing to that proportion of familiality which reflects residual, unexplained heritability²⁶.

Copy number variants (CNVs)—We re-examined stage 1 data looking for associations with SNPs known to provide robust, high-LD tags for common CNVs in European populations. After combining four inventories of CNV-tagging SNPs that survey at least 40% of common CNVs genome-wide >1 kb in size, we found no convincing evidence that this class of variants contributes substantially to T2D risk (Supplementary Note).

Secondary signals revealed by conditional analysis—If there are additional independent susceptibility variants at the loci identified, total genetic variance attributable to these regions will be underestimated when based on the lead common variants alone. To explore the potential for independent secondary alleles, we repeated the stage 1 metaanalysis after simultaneously conditioning on 30 known and newly discovered autosomal loci (Supplementary Note). Using a cutoff of $P < 1 \times 10^{-4}$ (to reflect approximate adjustment for the number of independent SNPs in a ~2 Mb interval), we found preliminary evidence for secondary signals at five loci (*TP53INP1, CDKN2A, HHEX-IDE* and *KCNJ11*, in addition to that at *KCNQ1*; Fig. 1, Supplementary Fig. 1 and Supplementary Table 4). At *CDKN2A*, the secondary signal is consistent with evidence that haplotype-based analyses generate considerably stronger evidence for association than either signal alone³,²⁷. Further fine-mapping efforts will be required to confirm the secondary signals at *TP53INP1*, *HHEX-IDE* and *KCNJ11*.

The conditional analysis also provided preliminary ($P < 10^{-5}$, our stage 1 threshold) evidence for 19 signals outside known loci (Fig. 1 and Supplementary Table 6). The most notable signal (rs1481279, conditional $P = 8.4 \times 10^{-9}$) maps near *NHEDC1* and corresponds to one of the signals of interest following stage 1 (rs7674212, $P = 1.7 \times 10^{-7}$ unconditioned). Failure to replicate that signal (P = 0.3 in 21,889 stage 2 cases and 39,568 controls) suggests this was a false positive (Supplementary Note). Several regions showed substantial

incremental evidence for association in the conditional analysis as compared to unadjusted analyses and represent potential targets for large-scale replication and gene-gene interaction analyses. Indeed, one of these regions (at rs11708067 near *ADCY5*, unadjusted $P = 1.7 \times 10^{-4}$, conditional $P = 2.2 \times 10^{-6}$) has recently been shown, following initial identification through GWA analysis of continuous glucose measures, to have genome-wide significant associations with T2D in large-scale case-control analyses that involved several DIAGRAM + samples¹²,¹³.

Etiological heterogeneity—To determine whether etiological heterogeneity might have compromised power to detect genuine T2D susceptibility signals, we performed BMI- and age-of-diagnosis (AOD)-stratified analyses within stage 1 data. We compared effect size estimates for all known T2D risk variants in 2,877 obese (defined as $BMI > 30 \text{ kgm}^{-2}$) and 4,048 nonobese (BMI 30 kgm⁻²) T2D cases when compared to similarly stratified controls (Supplementary Note). Although risk estimates for 23 of the 30 autosomal loci were numerically greater in the nonobese comparison than in the obese comparison (binomial test, P = 0.0018), only TCF7L2 (P < 0.001) and BCL11A (P = 0.02) showed significant (P < 0.001) 0.05) evidence for effect-size heterogeneity. For AOD, we compared risk-locus genotypes for 1,317 cases with AOD <45 years of age and 4,283 cases with AOD >45 years of age, as well as continuous analyses of AOD within all cases (n = 7,104; Supplementary Note), and found no strong evidence of differential effects. Although recognizing that BMI at examination and AOD are imperfect measures of BMI and age at disease onset, we conclude that a focus on more homogeneous subsamples would not have provided more efficient identification of known T2D susceptibility variants. Furthermore, these data argue against the potential for these common variant signals to afford clinically useful subclassification of individuals with T2D.

Overlap with GWA signals for other diseases—We noted that seven of the newly discovered autosomal loci (near BCL11A, ZBED3, KLF14, CHCHD9, HMGA2, HNF1A and *PRC1*) are characterized by strong ($P < 10^{-6}$) associations with phenotypes other than T2D (Supplementary Table 5). In each case, these appear to be distinct and independent signals. For example, variants at the 3' end of HMGA2 (~180 kb distant from the T2D signal) have widely replicated effects on adult height²⁸ but are weakly correlated with the T2D-associated SNP rs1531343 ($r^2 < 0.01$, D' < 0.15 in HapMap CEU). The KLF14 region harbors distinct signals for both T2D and basal cell carcinoma²⁹. At HNF1A, previous studies have reported a cluster of associations, with phenotypes including low-density lipoptrotein (LDL) cholesterol³⁰ and circulating C-reactive protein levels^{31_33}, mapping ~18-72 kb from the peak T2D signal. Though these two sets of HNF1A signals maintain appreciable LD in European samples $(r^2 \sim 0.1, D' \sim 1)$, they are likely to be independent; the T2D association at the lead SNP for lipids (rs2650000) is far weaker than the association at rs7957197 (P = 0.003 compared to $P = 4.6 \times 10^{-7}$ in stage 1 samples), whereas LDL cholesterol shows a reciprocal pattern of association ($P = 7 \times 10^{-9}$ at rs2650000 compared to P = 0.73 at rs7957197 in the same lipid meta-analysis data³⁰).

If we include the *KCNQ1* associations described above, previous reports at *JAZF1*, *CDKN2A* and *CDKAL1* (refs. ³⁴-⁴⁰) and other signals identified by systematic analysis of the National Human Genome Research Institute (NHGRI) GWA catalog⁴¹ (Supplementary Table 5 and Supplementary Note), at least 13 of 30 autosomal T2D loci show this pattern of closely approximated (within 500 kb) but distinct associations with traits other than T2D or related anthropometric and glycemic phenotypes. This is in addition to what appear to be coincident signals involving T2D susceptibility variants at *IRS1* (associated with coronary disease), *JAZF1* (associated with height) and *HNF1B* (associated with prostate cancer) (Supplementary Table 5). Simulations conducted using the NHGRI catalog as a reference set indicate that the number of non-T2D signals observed at T2D loci significantly exceeds

expectation ($P \sim 1.6 \times 10^{-3}$ for non-T2D signals within 500 kb of T2D loci, $P \sim 7.0 \times 10^{-5}$ (n = 8) for non-T2D signals within 100 kb of T2D loci). Many of these instances of colocalization may represent variants within different regulatory domains that result in tissue- and disease-specific effects mediated through the same genes and pathways.

Understanding the biology of T2D-susceptibility loci

This analysis takes the number of independent loci showing genome-wide significant associations with T2D beyond 35. For some, such as those at *KCNJ11* and *SLC30A8*, the molecular mechanisms responsible for the susceptibility effect can be assigned with some confidence⁴². At others, the identities of the causal variants, the genes through which they act and the pathophysiological processes which they influence remain obscure. We used several approaches designed to link DIAGRAM+ and previously reported T2D association signals to biological insights relevant to T2D pathogenesis.

Physiological analyses—Variants at *FTO* are known to influence T2D predisposition through an effect on BMI. In ~21,000 population sample individuals from the GWA metaanalysis of adult BMI completed by the Genetic Investigation of ANthropmetric Traits (GIANT) consortium⁴³, no other autosomal T2D susceptibility locus had the property that the T2D risk allele was significantly associated with higher BMI (Supplementary Note). *FTO* is therefore the only one of the known T2D signals driven by a strong primary causal association with obesity.

We also examined the effect of T2D susceptibility alleles on continuous glycemic measures in up to 46,186 nondiabetic subjects from the MAGIC meta-analysis¹², ¹³. Coefficients for association between the T2D risk allele and higher fasting glucose were positive for 28 of the 31 loci, and 17 of these T2D loci showed significant (P < 0.05) directionally consistent associations with fasting glucose (Fig. 3 and Supplementary Note). However, the magnitudes of effect sizes for fasting glucose and T2D were only weakly correlated (Supplementary Fig. 2 and Supplementary Note), indicating that the mechanisms influencing normal glucose homeostasis and those responsible for the development of T2D are not entirely congruent. T2D risk alleles at four loci (at PPARG, FTO, IRS1 and KLF14) were associated (P < 0.05) with higher fasting insulin, consistent with a primary effect on insulin action, whereas at three other loci (at TCF7L2, CENTD2 and CDKAL1), the association with reduced fasting insulin indicates beta-cell dysfunction (Fig. 3). Indices of beta-cell function (HOMA-B) and insulin sensitivity (HOMA-IR) derived from paired fasting glucose and insulin measures from ~37,000 individuals supported these mechanistic inferences (Fig. 3). In all, risk alleles at ten loci (the previously reported loci at MTNR1B, SLC30A8, THADA, TCF7L2, KCNQ1, CAMK1D, CDKAL1, IGF2BP2 and HNF1B and the newly discovered locus at CENTD2) were associated (P < 0.05) with reduced beta-cell function, and three loci (previously reported loci at PPARG and FTO and the newly discovered locus at KLF14) were associated with reduced insulin sensitivity. The associations with improved insulin sensitivity evident for risk alleles at TCF7L2, IGF2BP2 and CDKAL1 probably reflect truncated ascertainment, as the MAGIC analyses were restricted to nondiabetic individuals. For the previously reported loci, these findings are broadly consistent with those from more detailed physiological studies⁶,⁸,⁴⁴ and suggest that, of the newly discovered loci, the risk alleles at CENTD2 modify T2D susceptibility through a detrimental effect on beta-cell function. In contrast, the risk alleles at KLF14 and possibly HMGA2 (ref. ⁴⁵), along with those at PPARG, IRS1 (ref. ¹⁰) and ADAMTS9 (ref. ⁴⁶), appear to have a primary effect on insulin action which is not driven by obesity, unlike the alleles at FTO. The MAGIC meta-analysis did not extend to the X chromosome, but analysis of rs5945326, near *DUSP9*, in a sub-set of MAGIC samples (n = 14,644-21,118), revealed no significant (P < 0.05) associations with any fasting glycemic trait. For this

signal, as with the other newly identified loci, more detailed phenotypic analyses will be required to determine how these impact T2D risk. Overall, these data are consistent with the impression that common T2D risk alleles more often act through beta-cell dysfunction¹²,⁴⁴, but they provide further examples of T2D risk variants that exert their primary effects on insulin action.

Expression analyses—We used expression data to seek clues to the genes mediating the T2D susceptibility effects we had detected. First, we examined expression-QTL (eQTL) data (in 23,720 transcripts) for subcutaneous adipose tissue (n = 603 with GWA data) and blood (n = 745) samples typed with the Illumina 300K chip⁴⁷ (Table 2 and Supplementary Note). Among the newly identified loci, the most compelling signal was at rs972283, strongly associated with expression of *KLF14* in adipose tissue and correlated ($r^2 = 0.3$ in HapMap CEU) with the SNP (rs738134) with the strongest *KLF14 cis* expression signal. Both the T2D and *cis* eQTL associations at this locus showed strong parent-of-origin effects¹¹. At the *TP53INP1* locus, the *cis*-eQTL data suggest the T2D susceptibility effect is mediated via altered *CCNE2* expression. In contrast, the significant *cis*-eQTL associations at the *ZBED3, CENTD2, HNF1A* and *PRC1* T2D susceptibility signals are likely to be misleading, as the patterns of conditional association indicate that the T2D association and *cis* eQTL signals are not coincident. At previously reported T2D association signals, we found strong overlap with *cis* eQTL effects for *IRS1* (consistent with data on IRS1 protein expression and function in skeletal muscle¹⁰), *JAZF1* and *CAMK1D*⁷.

We also explored the tissue expression profiles of 27 autosomal genes mapping to the newly discovered regions of association and performed quantitative RT-PCR analyses across a panel of human tissues relevant to T2D pathogenesis (Supplementary Note). The broad expression of many of the transcripts, including 24 transcripts with evidence of beta-cell transcription (Supplementary Note), limited our ability to prioritize among candidate transcripts on the basis of static patterns of transcript expression.

Pathway and protein-protein interaction analyses—Reasoning that the additional T2D susceptibility loci would amplify our ability to identify over-represented molecular processes⁴⁸, we deployed several complementary approaches to detect evidence of pathway or network enrichment (Supplementary Note). Using GRAIL⁴⁹, we found that genes within T2D-associated regions showed evidence of increased connectivity within PubMed abstracts, though this largely reflects shared roles in monogenic or syndromic diabetes (involving *HNF1A*, *HNF1B* and *WFS1*). We also showed that the extent of protein-protein interaction between the products of genes mapping to the association signals substantially exceeded expectation (Supplementary Note). Pathway enrichment analyses using the PANTHER database⁵⁰ uncovered some evidence of over-representation of signal transduction and protein metabolism and modification, and Reactome⁵¹ highlighted a separate set of pathways including metabolism of lipids and lipoproteins, endothelins and beta-arrestins (for details, see Supplementary Note).

The only consistent signal to emerge across multiple analyses involved cell-cycle regulation. Network analyses based on protein-protein interaction data detected (unadjusted $P \sim 0.004$) an 18-member subnetwork characterized by enhanced protein-protein interaction connectivity and highly enriched for genes implicated in cell cycle regulation ($P = 2.8 \times 10^{-7}$). A smaller (five, only partly overlapping genes) cell-cycle network independently emerged from the Reactome analyses, and gene-set enrichment analysis of selected candidate pathways⁵² also detected over-representation of association signals ($P \sim 0.006$) among cell-cycle genes (Supplementary Note). Because many genes within these networks are expressed in pancreatic islets and T2D-association effects at several of these loci are

mediated primarily through beta-cell dysfunction⁴⁴, these findings highlight the contribution of regulation of beta-cell mass to the long-term maintenance of normal glucose homeostasis.

In addition, these analyses highlighted notable biological connections between sets of genes within confirmed T2D-association regions. For example, *HMGA2* emerges as a key transcriptional regulator of *IGF2BP2* (refs. ⁵³,⁵⁴). However, because *Hmga/Hmg1c* knockout mice are deficient in adipocyte differentiation⁴⁵, and the *IGF2BP2* risk allele is associated with reduced beta-cell function⁵⁵, further work is required to establish the relevance of this regulatory interaction to T2D pathogenesis. Our analyses also revealed that *TLE4* (at the *CHCHD9* locus) encodes a homolog of Groucho that forms complexes with TCF proteins, including TCF7L2, to modulate transcription at target sites⁵⁶. Finally, *FURIN*, one of the genes mapping to the newly identified *PRC1* locus, encodes a paired basic amino acid cleaving enzyme; both NOTCH2 and ADAMTS9 (ref. ⁷) are known targets of FURIN cleavage⁵⁷.⁵⁹.

Notably, these global approaches failed to provide any consistent support for many other mechanisms previously promoted on the basis of biochemical or physiological evidence as likely contributors to T2D pathogenesis¹ (Supplementary Note). Overall, the relative paucity of signals from these analyses—particularly when contrasted with the compelling patterns of enrichment seen for other complex traits⁴⁸—indicates, either that T2D pathogenesis is characterized by substantial etiological heterogeneity or that the processes critical to T2D development are poorly represented in existing pathway and interaction databases.

DISCUSSION

By increasing the discovery sample size, our study has substantially expanded the number of loci for which there is strong statistical evidence indicating a role in T2D predisposition. When combined with recent reports of additional T2D susceptibility loci arising from studies of continuous glycemic traits¹²,¹³ and parent-of-origin effects¹¹, the number of confirmed loci for T2D currently stands at ³⁸.

Although these discoveries represent new opportunities to explore the biology of T2D predisposition, the challenges inherent in translating these common variant association signals into biological mechanisms of disease causation are clear. Nevertheless, the analyses we report have generated several mechanistic hypotheses that can direct future efforts at functional evaluation and genetic refinement. At some loci, particularly those near HNF1A, HMGA2 and KLF14, existing biology, coupled with phenotypic and expression data presented here, highlight the named genes as prime candidates for mediating the susceptibility effect. For example, the T2D susceptibility effect near KLF14, which maps within an imprinted region on chromosome 7q32 and which, on the basis of the MAGIC meta-analysis data, appears to be driven by reduced insulin action, is restricted to the maternally transmitted allele¹¹. As KLF14 is maternally expressed, and the eQTL association between rs972283 and KLF14 expression (see above) is similarly restricted to the maternal allele, KLF14 (a widely expressed, intronless member of the Krüppel-like family of transcription factors⁶⁰) emerges as the main regional candidate. At the Xchromosome signal, evidence implicating DUSP9 (mitogen-activated protein kinase phosphatase-4) in the regulation of insulin action in mice gives DUSP9 particular salience as an association candidate⁶¹,⁶². However, as described above, failure to detect associations with continuous glycemic phenotypes (including fasting insulin and HOMA-IR) means that the functional connection with DUSP9 remains speculative.

In other regions, such as those near *PRC1*, *TP53INP1* and *CHCHD9*, the functional connections and/or eQTL associations of particular genes mapping within or close to the

respective association intervals show *FURIN*, *CCNE2* and *TLE4*, respectively, to be promising biological candidates. At yet other loci, such as those centered around *ZBED3*, *CENTD2* and *ZFAND6*, existing data provide little, if any, basis for strong inferences concerning the genes likely to mediate the T2D susceptibility effect. Accumulation of new data—through deep resequencing of the regions, fine-mapping and functional studies in humans and in animal models—will be required to characterize the specific variants responsible and the genes and pathways through which they execute their effect on T2D risk.

One theme emerging from this work is the high frequency with which loci implicated in T2D susceptibility harbor variants that influence other common traits. This colocalization of common risk variants exceeds chance expectation, often connects diseases with little obvious mechanistic overlap and typically involves statistically independent susceptibility signals. Recent evidence that tissue-specific eQTL signals are preferentially located in regulatory sequences some distance from transcriptional start sites⁶³—in common with many complex trait association signals—suggests that further dissection of these regions should improve understanding of the genomic organization of tissue- and/or developmental-stage-specific regulation.

A further conclusion is that common SNP signals are likely to fall short in explaining the observed familial aggregation of T2D, at least in European descent populations. The limited power of our study (Table 1) to detect several of the genome-wide significant variants we report here (based on the stage 1 sample size and stage 2 odds ratios that minimize 'winner's curse' effects) indicates that there are likely to be many additional common variant signals of similar effect that could be detected by further expansion of the GWA meta-analysis approach. However, it seems unlikely that these will explain a substantial proportion of unex-plained heritability. Based on the data presented, the same is likely to be true for common CNVs and for variation on the sex chromosomes. As a result, the attention of researchers in the field is increasingly directed toward evaluation of the contribution of low frequency and rare variants to complex trait susceptibility. Several lines of evidence-the overlap in loci implicated in monogenic and multifactorial diabetes, the congregation of multiple disease signals at a limited number of loci the conditional analyses-point toward the importance of obtaining complete descriptions of causal genetic variation (of all types and frequencies) at the loci uncovered by this and other GWA studies. Such loci are likely to represent hotspots at which the overall contribution to T2D predisposition and biology may be considerably greater than that estimated using the discovered common variants alone.

METHODS

Methods and any associated references are available in the online version of the paper at http://www.nature.com/naturegenetics/.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

Footnotes

Correspondence should be addressed to D.A. (altshuler@molbio.mgh.harvard.edu), M.B. (boehnke@umich.edu), P.F. (froguel@good.ibl.fr), T.I. (illig@helmholtz-muenchen.de), M.I.M. (mark.mccarthy@drl.ox.ac.uk), K. Stefansson (kstefans@decode.is), C.M.v.D. (c.vanduijn@erasmusmc.nl) or J.F.W. (jim.wilson@hgu.mrc.ac.uk).

AUTHOR CONTRIBUTIONS Manuscript writing: B.F.V., L.J.S., V.S., A.P.M., C.D., E.Z., T.F., T.M.F., R. Sladek, U.T., D.A., M.B., M.I.M.

Clinical samples: A.P.M., H.G., C.L., L.Q., M.V.H., P. Navarro, K.A., B. Balkau, R. Benediktsson, R. Blagieva, L.L.B., K.B.B., B. Bravenboer, N.P.B., G. Charpentier, M.C., A.S.F.D., C.S. Fox, C. Gieger, N.G., S.G., S.H., C. Herder, B.I., T.J., P.K., J.K., T.L., A.L., V.L., M.M., T.M., K.M., P. Nilsson, K.R.O., C. Platou, W.R., M.R., M.J.S., B.M.S., G.S., T.S., K. Strassburger, Q.S., B.T., J. Tichet, T.T., R.M.v.D., T.W.v.H., T.v.H., J.V.v.V.-O., C.W., R.N.B., F.S.C., U.G., T.H., G.A.H., D.J.H., K.H., M.Laakso, K.L.M., A.D.M., C.N.A.P., P.P.P., I.R., E.S., J. Tuomilehto, M.W., N.J.W., B.O.B., H.C., A.T.H., F.B.H., J.B.M., J.S.P., O.P., T.M.F., L.G., R. Sladek, U.T., H.-E.W., J.F.W., T.I., P.F., C.M.v.D., K. Stefansson, D.A., M.B., M.I.M. Stage 1 genotyping and analysis: B.F.V., L.J.S., V.S., A.P.M., C.D., E.Z., C. Huth, Y.S.A., G.T., T.F., H.G., N.A. C.W. K. P. Navarro, K.A. P. Banadikteson, A.I.B., L.L. B. K.B.B., S.B. N.P.B. G.

N.A., C.J.W., C.L., A.V.S., M.v.H., P. Navarro, K.A., R. Benediktsson, A.J.B., L.L.B., K.B.B., S.B., N.P.B., G. Charpentier, P.S.C., M.C., G. Crawford, M.R.E., M.G., N.G., C.J.G., C. Guiducci, C. Herder, B.I., A.U.J., N.K., T.L., C.M.L., V.L., M.M., T.M., M.A.M., N.N., P. Nilsson, F.P., G.R., R. Saxena, T.S., K. Strassburger, H.M.S., A.J.S., T.T., R.M.v.D., G.B.W., J.W., R.N.B., S.C., F.S.C., U.G., K.L.M., I.R., E.S., J. Tuomilehto, A.U., N.J.W., H.C., F.B.H., T.M.F., L.G., R. Sladek, U.T., H.-E.W., J.F.W., T.I., P.F., C.M.v.D., K. Stefansson, D.A., M.B., M.I.M.

Stage 2 genotyping and analysis: B.F.V., L.J.S., V.S., A.P.M., C.D., C. Huth, Y.S.A., G.T., H.G., N.A., C.J.W., C.L., J.D., L.Q., M.v.H., P. Navarro, K.A., A.J.B., E.B., L.L.B., K.B.B., S.B., N.P.B., P.S.C., M.C., D.J.C., G. Crawford, A.S.F.D., M.R.E., C.S. Franklin, M.G., C. Gieger, N.G., S.G., C.J.G., C. Guiducci, N.H., C. Herder, B.I., A.U.J., T.J., W.H.L.K., N.K., A.K., P.K., J.K., T.L., M. Li, C.M.L., V.L., T.M., K.M., M.A.M., N.N., P. Nilsson, F.P., A.-K.P., C. Proença, I.P., W.R., N.W.R., N.R.R., G.R., M.R., M.J.S., P.S., T.S., K. Strassburger, H.M.S., Q.S., A.J.S., T.T., R.M.v.D., T.W.v.H., J.V.v.V.-O., G.B.W., M.N.W., C.W., J.W., R.N.B., S.C., F.S.C., U.G., T.H., D.J.H., K.H., M. Laakso, K.L.M., A.D.M., C.N.A.P., P.P.P., I.R., E.S., J. Tuomilehto, A.U., N.J.W., H.C., M.J.D., F.B.H., J.S.P., O.P., I.B., J.C.F., T.M.F., L.G., R. Sladek, H.-E.W., U.T., J.F.W., T.I., P.F., C.M.v.D., D.A., M.B., M.I.M.

Analysis group: B.F.V., L.J.S., V.S., A.P.M., R.P.W., C.D., E.Z., C. Huth, Y.S.A., G.T., T.F., H.G., N.A., C.J.W., J.D., M.V.H., M.G., C. Gieger, A.U.J., N.K., A.K., J.R.B.P., A.-K.P., N.W.R., N.R.R., R. Saxena, M.J.D., P.F., M.B., M.I.M.

Biological analyses: V.S., G.T., L.J.M., S.A.M., J.D., K.S.E., A.L.E., P.R.V.J., V.L., I.P., A.L.G., J.B.M., U.T., K. Stefansson, M.I.M.

Informatics analyses: B.F.V., V.S., G.W., S.R., O.M.H., A.V.S., T.G., W.A.H., L.D.S.

DIAGRAM consortium management: B.F.V., L.J.S., V.S., A.P.M., C.D., E.Z., R.N.B., S.C., F.S.C., A.H., K.L.M., E.S., J. Tuomilehto, R.M.W., G.R.A., H.C., M.J.D., A.T.H., T.M.F., L.G., R. Sladek, U.T., H.-E.W., J.F.W., T.I., P.F., C.M.v.D., K. Stefansson, D.A., M.B., M.I.M.

⁹⁹A full list of members is provided in the Supplementary Note.

¹⁰⁰These authors contributed equally.

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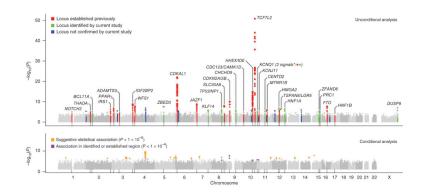


Figure 1.

Genome-wide Manhattan plots for the DIAGRAM+ stage 1 meta-analysis. Top panel summarizes the results of the unconditional meta-analysis. Previously established loci are denoted in red and loci identified by the current study are denoted in green. The ten signals in blue are those taken forward but not confirmed in stage 2 analyses. The genes used to name signals have been chosen on the basis of proximity to the index SNP and should not be presumed to indicate causality. The lower panel summarizes the results of equivalent meta-analysis after conditioning on 30 previously established and newly identified autosomal T2D-associated SNPs (denoted by the dotted lines below these loci in the upper panel). Newly discovered conditional signals (outside established loci) are denoted with an orange dot if they show suggestive levels of significance ($P < 10^{-5}$), whereas secondary signals close to already confirmed T2D loci are shown in purple ($P < 10^{-4}$).

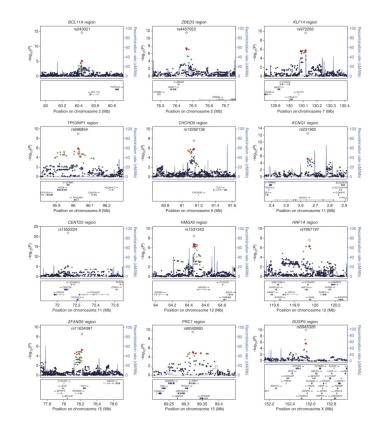


Figure 2.

Regional plots of the 12 newly discovered T2D loci. Genotyped and imputed SNPs passing quality control measures across all stage 1 studies are plotted with their meta-analysis *P* values (as $-\log_{10}$ values) as a function of genomic position (NCBI Build 36). In each panel, the index association SNP is represented by a diamond, with stage 1 meta-analysis results denoted by a red diamond and the combined stage 1 and stage 2 meta-analysis results denoted with a clear symbol. Estimated recombination rates (taken from HapMap CEU) are plotted to reflect the local LD structure. Color of remaining SNPs (circles) indicates LD with the index SNP according to a scale from $r^2 = 0$ to $r^2 = 1$ based on pairwise r^2 values from HapMap CEU (red, $r^2 = 0.8-1.0$; orange, $r^2 = 0.6-0.8$; green, $r^2 = 0.4-0.6$; blue, $r^2 = 0.2-0.4$; black, $r^2 < 0.2$; gray, no r^2 value available). Gene annotations were taken from the University of California Santa Cruz genome browser.

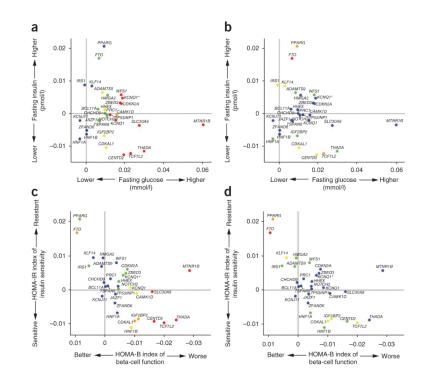


Figure 3.

Plots of fasting blood glucose, insulin and derived indices for the established and new T2D loci. (**a,b**) Plots of fasting glucose (*x* axis) and fasting insulin (*y* axis). (**c,d**) Plots of HOMA-B (an index of beta cell function; *x* axis) and HOMA-IR (an index of insulin sensitivity; *y* axis). Each point refers to a single T2D association signal, with colors denoting the strength of the association to either the *x*-axis variable (left-hand of each pair of plots) or *y*-axis variable (right-hand of each pair) (red, $P < 10^{-3}$; orange, $10^{-3} < P < 10^{-2}$; yellow, 0.01 < P < 0.05; green, 0.05 < P < 0.20; blue, P > 0.20). The two *KCNQ1* associations are distinguished by the notation *KCNQ1* for rs163184 and *KCNQ1** for rs231362. The gene names associated with each signal have been chosen on the basis of proximity to the index SNP and should not be presumed to indicate causality.

Table 1

Association results for stage 1 + 2 which exceed a genome-wide threshold (overall *P* value $< 5 \times 10^{-8}$)

								Stage 1 ^d		Stage 2 ^d	•1	Stage 1 + 2 ^d	
SNP	Chr.	Position B36 (base pair)	Risk allele ^b	Nonrisk allele ^b	Frequency risk allele (Hapmap CEU)	Nearby gene ^c	OR (95%CI)	P value	OR (95% CI)	P value	OR (95% CI)	<i>P</i> value	Power ^e
							up to and 38,9	up to 8,130 cases and 38,987 controls	up to and 59,	up to 34,412 cases and 59,925 controls ^{f}		up to 42, and 98,91	up to 42,542 cases and 98,912 controls
New T2D susceptibility loci	eptibil	ity loci											
rs243021	7	60,438,323	A	IJ	0.46	BCL11A	1.09 (1.05–1.13)	$8.1 imes 10^{-6}$	1.08 (1.06–1.10)	$6.2 imes 10^{-11}$	1.08 (1.06–1.10)	$2.9 imes 10^{-15}$	0.60
rs4457053	2	76,460,705	IJ	A	0.26	ZBED3	1.16 (1.10–1.23)	$4.2 imes 10^{-8}$	1.07 (1.04–1.10)	$2.7 imes 10^{-7}$	1.08 (1.06–1.11)	2.8×10^{-12}	0.25
rs972283	Г	130,117,394	IJ	A	0.55	KLF14	1.10 (1.06–1.15)	$1.8 imes 10^{-6}$	1.06 (1.03–1.09)	$6.4 imes 10^{-6}$	1.07 (1.05–1.10)	2.2×10^{-10}	0.19
rs896854	∞	96,029,687	H	C	0.48	TP53INPI	1.10 (1.06–1.15)	$1.2 imes 10^{-6}$	1.05 (1.03-1.08)	$2.2 imes 10^{-5}$	1.06 (1.04–1.09)	$9.9 imes 10^{-10}$	0.08
rs13292136	6	81,141,948	U	Т	0.93	CHCHD9	1.20 (1.11–1.29)	$1.5 imes 10^{-6}$	1.08 (1.04–1.13)	$2.4 imes 10^{-4}$	1.11 (1.07–1.15)	$2.8 imes 10^{-8}$	0.02
rs231362	11	2,648,047	IJ	A	0.52	KCNQI	1.11 (1.06–1.16)	$6.4 imes10^{-6}$	1.07 (1.05–1.09)	$3.2 imes 10^{-9}$	1.08 (1.06–1.10)	2.8×10^{-13}	0.38
rs1552224	11	72,110,746	A	C	0.88	CENTD2	1.13 (1.07–1.19)	$7.0 imes 10^{-6}$	1.14 (1.11–1.18)	$3.2 imes 10^{-18}$	$1.14 \\ (1.11 - 1.17)$	1.4×10^{-22}	0.58
rs1531343 ^a	12	64,461,161	C	IJ	0.10	HMGA2	1.20 (1.12–1.29)	$1.7 imes 10^{-7}$	1.08 (1.04–1.12)	$1.1 imes 10^{-4}$	1.10 (1.07–1.14)	$3.6 imes 10^{-9}$	0.07
rs7957197	12	119,945,069	H	A	0.85	HNFIA	1.14 (1.08–1.19)	$4.6 imes 10^{-7}$	1.05 (1.02–1.09)	$4.6 imes 10^{-4}$	1.07 (1.05–1.10)	$2.4 imes 10^{-8}$	0.01
rs11634397	15	78,219,277	IJ	A	0.60	ZFAND6	1.11 (1.06–1.16)	$5.1 imes10^{-6}$	1.05 (1.03-1.08)	$1.2 imes 10^{-5}$	1.06 (1.04–1.08)	$2.4 imes 10^{-9}$	0.07
rs8042680	15	89,322,341	A	C	0.22	PRCI	1.10 (1.06–1.15)	$8.2 imes 10^{-6}$	1.06 (1.03–1.08)	$1.6 imes 10^{-6}$	1.07 (1.05–1.09)	2.4×10^{-10}	60.0
rs5945326	×	152,553,116	A	U	0.79	DUSP9	1.25 (1.14–1.37)	$2.3 imes 10^{-6}$	1.32 (1.16–1.49) ^{f}	$2.3 imes 10^{-5}$	1.27 (1.18–1.37)	$3.0 imes 10^{-10}$	0.99^{f}
Previously known	UWU												
rs7578326	5	226,728,897	A	IJ	0.64	IRSI	1.12 (1.07–1.17)	$8.7 imes 10^{-7}$	1.10 (1.08–1.13)	$2.2 imes 10^{-15}$	1.11 (1.08–1.13)	$5.4 imes10^{-20}$	0.83
rs1387153	11	92,313,476	H	C	0.28	MTNRIB	1.12 (1.07–1.17)	$1.0 imes 10^{-6}$	1.08 (1.05–1.10)	4.4×10^{-10}	1.09 (1.06–1.11)	$7.8 imes 10^{-15}$	0.46

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OR, odds ratio; CI, confidence interval; Chr., chromosome.

²Proxy SNP rs2612067 was genotyped in METSIM, FUSION2 and HUNT stage 2 samples.

b Alleles are indexed to the forward strand of NCBI Build 36.

cGene region named for nearest gene (except where there is a very strong positional candidate).

 $d_{\rm AII}$ P values reported are two-sided and based on an inverse-variance weighted meta-analysis model (fixed effects).

 e^{2} Power to detect autosomal SNPs given the stage 1 sample sizes and stage 2 ORs, the risk AF in Hapmap (CEU), for $\alpha = 1 \times 10^{-5}$. Additive model assumed, 8% population prevalence.

f Maximum stage 2 sample size for the X chromosome SNP was 8,535 cases and 12,326 controls. Allelic odds ratios calculated assuming X-chromosome inactivation in females. Power to detect SNP given stage 1 sex distribution and X-chromosome inactivation in females, otherwise as for autosomes.

Table 2

Expression QTL results for T2D-associated variants in blood and adipose tissue

 5.8×10^{-13} 1.6×10^{-19} 1.4×10^{-16} 1.9×10^{-17} 4.5×10^{-12} 8.7×10^{-10} 5.9×10^{-50} 3.8×10^{-98} SNP with strongest correlation with trait $^{m heta}$ 6.0×10^{-9} 4.9×10^{-35} 5.7×10^{-94} 7.4×10^{-94} $1.7 imes 10^{-6}$ 2.3×10^{-9} $P_{adj}g$ 0.0018 0.00140.0042 0.0051 0.69 3.1×10^{-17} 7.0×10^{-105} 2.7×10^{-117} $2.2 imes 10^{-12}$ 3.9×10^{-16} 4.4×10^{-22} 7.8×10^{-12} $3.4 imes 10^{-17}$ $7.8 imes 10^{-10}$ 1.1×10^{-96} 3.0×10^{-13} 2.7×10^{-24} 8.7×10^{-39} 1.3×10^{-53} 2.3×10^{-21} 5.8×10^{-7} 8.3×10^{-8} 3.4×10^{-5} 1.1×10^{-7} P value rs11065202 (0.09) rs11065504 (0.08) rs11065504 (0.08) rs12595616 (0.57) $SNP(r^2)f$ rs10774561 (0.02) rs6864250 (0.18) rs3741593 (0.00) rs2259883 (0.19) rs4556628 (0.21) rs2176040 (0.74) rs4521216 (0.02) rs4704389 (0.20) rs4735339 (0.61) rs2943653 (0.93) rs738134 (0.30) rs519790 (0.04) rs25644 (0.03) rs9204 (0.02) rs9211 (0.01) 2.0×10^{-6} 1.4×10^{-4} $P_{adj}d$ 0.00880.058 0.026 0.011 0.048 0.78 0.290.13 0.37 0.92 0.18 0.500.800.680.890.58 0.28 8.1×10^{-11} 2.9×10^{-10} 1.2×10^{-12} $2.8 imes 10^{-5}$ 1.0×10^{-9} 6.4×10^{-6} $3.4 imes 10^{-6}$ $3.7 imes 10^{-5}$ $7.6 imes 10^{-5}$ 3.8×10^{-5} 8.6×10^{-7} 3.9×10^{-4} 1.3×10^{-6} 1.4×10^{-4} $3.4 imes 10^{-8}$ $5.7 imes 10^{-8}$ 2.9×10^{-6} 3.7×10^{-4} 2.1×10^{-4} P value Effect (s.e.m.)c0.302 (0.070) 0.429 (0.068) -0.225 (0.053) -0.248 (0.067) -0.387 (0.058) 0.337 (0.066) 0.240 (0.065) 0.318 (0.068) 0.319 (0.064) 0.248 (0.065) -0.254 (0.064) -0.497 (0.068) -0.360(0.063)0.312 (0.065) -0.371 (0.057) -0.251 (0.059) -0.331 (0.059) -0.630(0.131)-0.229 (0.056) Adipose Tissue Blood Blood Blood Blood Blood Blood Blood Blood Blood UNC119B (NM_032661) STARD10 (NM_006645) CAMKK2 (NM_172215) CAMKK2 (NM_172215) IRSI (Contig50189_RC) ACADS (NM_000017) BC040632 (AK022320) ZBED3 (NM_032367) VPS33B (NM_018668) IQSEC1 (NM_014869) PDE8B (NM_003719) CCNE2 (NM_057749) PSMD9 (NM_002813) P2RX4 (NM_175568) KLF14 (NM_138693) OASL (NM_003733) OASL (NM_003733) COQ5 (NM_032314) IRS1 (NM_005544) Gene (transcript) Risk allelebĊ Ċ U F < H A 4 ۲ ADAMTS9 TP53INP1 CENTD2 PPARGNearby gene^d ZBED3 HNFIA KLF14PRCIIRSI Position B36 (bp) 76,460,705 130,117,394 12,264,800 64,680,405 96,029,687 72,110,746 119,945,069 89,322,341 226,728,897 Novel loci reported in this study Previously reported loci Chr. S 12 15 0 1 Ξ ŝ × ŝ rs13081389 rs4457053 :s8042680 rs7578326 rs7957197 rs6795735 rs972283 rs1552224 rs896854 SNP

SP Ur. Position B(0) NetWork B(0) NetWork B(0) Rest Pail Pail Pail Pail Pail Pail R50(1) B(0) B(0) B(0) B(0) B(0) B(17) Pail Pail Pail R50(1) JACH Albo JACH Adipos D-374(0.05) 1.4×10^{-6} 0.36 67372231 1.1×10^{-9} 2.3×10^{-6} R50(1) JA JACH Adipos D-346(0.05) 1.4×10^{-6} 0.37 1.3×10^{-9} 2.3×10^{-3}	Position Neurry barries Risk barries Tissue Erfloet (s.c.m.) F and												A THE TRANSPORTED AND A DATE OF A DA	
	7 28,102,747 <i>MZK MAMTS Mipose</i> -0.274 (0.055) 1.5 × 10^-6 0.036 0.7372321 1.1 × 10^9 10 12,368,016 <i>MXK MZF M MATZ Mipose</i> -0.346 (0.055) 1.4 × 10^-9 0.70 (10,00) 5.2 × 10^-10 10 12,368,016 <i>CAMK G MMK Model Model</i>	SNP	Chr.	Position B36 (bp)	Nearby gene ^a	Risk allele b	Gene (transcript)	Tissue	Effect (s.e.m.) ^C	P value	$P_{ m adj}d$	$\int f(r^2) f$	<i>P</i> value	$P_{ m adj}g$
$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	28.162.747 $AZFI$ A $AZFI$ (NM_175061) Adipose -0.346 (0.055) $1_4 \times 10^{-9}$ 0.70 11633852 $5_2 \times 10^{-10}$ 12.368.016 $CAMKID$ G $CAMKID$ G $CAMKID$ Blood 0.668 (0.062) $1_6 \times 10^{-25}$ 0.03 1237655 $1_2 \times 10^{-26}$ 12.368.016 $CAMKID$ G $CAMKID$ Blood 0.668 (0.062) $1_6 \times 10^{-25}$ 0.032 $1_8 \times 10^{-16}$ 12.368.016 $CAMKID$ G $CAMKID$ Blood 0.498 (0.064) $3_9 \times 10^{-16}$ $1_8 \times 10^{-16}$ 12.368.016 $CAMKID$ Blood 0.384 (0.064) $3_9 \times 10^{-16}$ 0.357 $3_3 \times 10^{-9}$ 12.44 $KITID$ Blood 0.384 (0.064) $3_9 \times 10^{-6}$ 0.357 0.43 0.62 0.02^{-16} 94.455.539 HHEX/IDS C $KITI(NM_004523)$ Blood 0.43 0.54 0.61 0.63 0.64×10^{-6} 94.455.539 HHEX/IDS C $KITI(NM_004523)$ Blood						<i>ADAMTS9</i> (NM_182920)	Adipose	-0.274 (0.055)	$1.5 imes 10^{-6}$	0.036	rs7372321 (0.11)	1.1×10^{-9}	$2.3 imes 10^{-5}$
		rs849134	٢	28,162,747	JAZFI	A	JAZFI (NM_175061)	Adipose	-0.346 (0.055)	1.4×10^{-9}	0.70	rs1635852 (1.00)	$5.2 imes 10^{-10}$	0.17
$ \begin{array}{c c c c c c c c c c c c c c c c c c c $	$ \begin{array}{c ccccccccccccccccccccccccccccccccccc$	rs12779790	10	12,368,016	CAMKID	IJ	<i>CAMK1D</i> (AL137430)	Blood	0.668 (0.062)	1.6×10^{-25}	0.052	rs11257655 (0.83)	1.2×10^{-25}	0.04
	$ \begin{array}{c c c c c c c c c c c c c c c c c c c $						<i>CDC123</i> (NM_006023)	Blood	0.498 (0.064)	$3.9 imes 10^{-14}$	0.012	rs11257600 (0.57)	1.4×10^{-16}	4.9×10^{-5}
	$\begin{array}{l lllllllllllllllllllllllllllllllllll$						CAMKID (NM_020397)	Blood	0.384 (0.064)	7.6×10^{-9}	0.44	rs11257655 (0.83)	$3.3 imes 10^{-9}$	0.13
	94,455,539 <i>HHEX/IDE</i> C <i>KTF/I</i> (NM_004523) Adipose 0.202 (0.059) 9.4×10^{-4} 0.54 rs10882095 1.6×10^{-4} <i>KTF/I</i> (NM_004523) Blood 0.185 (0.054) 9.7×10^{-4} 0.62 rs6533826 7.9×10^{-6} <i>MARCH5</i> (NM_017824) Adipose $-0.262 (0.060)$ 2.5×10^{-5} 0.31 rs10748579 7.4×10^{-36}						<i>CAMK1D</i> (NM_153498)	Blood	0.643 (0.062)	2.6×10^{-23}	n/a	rs12779790 (1.00)	2.6×10^{-23}	n/a
Blood 0.185 (0.054) 9.7×10^{-4} 0.62 $rs6583826$ 7.9×10^{-6} (0.43) (0.43) 2.4×10^{-5} 0.31 $rs10748579$ 7.4×10^{-36} (0.04) (0.04) (0.04) (0.04) (0.04) (0.04) $rs1078579$	KIF1/ (NM_004523) Blood $0.185 (0.054)$ 9.7×10^{-4} 0.62 $rs6583826$ 7.9×10^{-6} MARCH5 (NM_017824) Adipose $-0.262 (0.060)$ 2.5×10^{-5} 0.31 $rs10748579$ 7.4×10^{-36}	rs5015480	10	94,455,539	HHEX/IDE	U	<i>KIF11</i> (NM_004523)	Adipose	0.202 (0.059)	9.4×10^{-4}	0.54	rs10882095 (0.53)	1.6×10^{-4}	0.059
Adipose $-0.262 (0.060)$ 2.5×10^{-5} 0.31 $rs10748579$ 7.4×10^{-36} (0.04) (0.04)	<i>MARCH5</i> (NM_017824) Adipose -0.262 (0.060) 2.5×10^{-5} 0.31 rs10748579 7.4×10^{-36} (0.04)						<i>KIF11</i> (NM_004523)	Blood	0.185 (0.054)	$9.7 imes 10^{-4}$	0.62	rs6583826 (0.43)	$7.9 imes 10^{-6}$	0.0025
	lht, chromosome.						MARCH5 (NM_017824)	Adipose	-0.262 (0.060)	2.5×10^{-5}	0.31	rs10748579 (0.04)	7.4×10^{-36}	3.2×10^{-31}
^d Gene region named for nearest gene (except where there is a very strong positional candidate).		Alleles are i	ndexed	to the forward	d strand of NC	CBI Buil	ld 36.							
	Alleles are indexed to the forward strand of NCBI Build 36.													

 c Effect of T2D risk allele measured in units of standard deviation of the standardized distribution of the mean-log expression ratio.

 d value for the expression trait association at the lead T2D SNP after conditioning on the local SNP that shows the most significant correlation with the expression trait.

^eThe SNP in the 2-Mb window that shows the strongest correlation with the expression trait.

f Correlation r^2 between the T2D-associated SNP and the SNP that shows the strongest correlation with the expression trait (in CEU HapMap).

^g value for the expression trait association after conditioning on the strongest T2D associated SNP in the region. A more detailed explanation of the table contents and analyses is provided in the Supplementary Note.