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## Time-dependent metabolomic profiling of Ketamine drug action reveals hippocampal pathway alterations and biomarker candidates

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## ORIGINAL ARTICLE

## Time-dependent metabolomic profiling of Ketamine drug action reveals hippocampal pathway alterations and biomarker candidates

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Ketamine, an *N*-methyl-*D*-aspartate receptor (NMDAR) antagonist, has fast-acting antidepressant activities and is used for major depressive disorder (MDD) patients who show treatment resistance towards drugs of the selective serotonin reuptake inhibitor (SSRI) type. In order to better understand Ketamine's mode of action, a prerequisite for improved drug development efforts, a detailed understanding of the molecular events elicited by the drug is mandatory. In the present study we have carried out a time-dependent hippocampal metabolite profiling analysis of mice treated with Ketamine. After a single injection of Ketamine, our metabolomics data indicate time-dependent metabolite level alterations starting already after 2 h reflecting the fast antidepressant effect of the drug. *In silico* pathway analyses revealed that several hippocampal pathways including glycolysis/gluconeogenesis, pentose phosphate pathway and citrate cycle are affected, apparent by changes not only in metabolite levels but also connected metabolite level ratios. The results show that a single injection of Ketamine has an impact on the major energy metabolism pathways. Furthermore, seven of the identified metabolites qualify as biomarkers for the Ketamine drug response.

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## INTRODUCTION

Psychiatric diseases including major depressive disorder (MDD) have a high morbidity and constitute an ever increasing burden for societies.<sup>1</sup> At present, most clinically used antidepressants are targeting monoaminergic reuptake mechanisms.<sup>2</sup> However, a limited efficacy and a delayed onset of therapeutic response combined with several side effects make them less than ideal drugs. Approximately one-third of patients are suffering from treatment-resistant depression and do not respond to commonly used antidepressants.<sup>3</sup> Reasons for the delayed therapeutic effect and treatment-resistant depression remain mysterious. To improve antidepressant drug efficacy, one line of research has focused on the *N*-methyl-*D*-aspartate receptor (NMDAR) and its signaling pathways, with the goal to manipulate glutamatergic neurotransmission, which has been associated with MDD pathobiology. Ketamine targets the glutamatergic system by blocking the NMDAR with profound effects on downstream signaling cascades.<sup>4–7</sup> Unlike selective serotonin reuptake inhibitor (SSRI) medications that result in a delayed onset of therapeutic response, Ketamine improves depressive symptoms within hours and is particularly effective in patients suffering from treatment-resistant depression.<sup>8–16</sup>

Studies on Ketamine's mode of action in rodents have shown antidepressant-like effects in several behavioral tests including Learned Helplessness, Forced Swim Test (FST), Chronic Mild Stress and Novelty Suppressed Feeding Test.<sup>17–22</sup> On the molecular level, Ketamine activates the mammalian target of rapamycin signaling pathway,  $\alpha$ -amino-3-hydroxy-5-methyl-4-isoxazolepropionic

receptors and brain-derived neurotrophic factor synthesis, ultimately resulting in an elevated number of dendritic spines.<sup>23</sup>

Psychomimetic side effects have so far prevented Ketamine's routine use in the clinic as a first-line drug. In order to develop alternative fast-acting drugs with a similar mode of action on the glutamatergic system, but with fewer side effects, a detailed understanding of the molecular events elicited by Ketamine treatment is essential.

The hippocampus was chosen as a relevant brain region for studying MDD molecular pathways.<sup>24–28</sup> Decreased hippocampal volumes during acute depressive episodes, observed with magnetic resonance imaging analyses, are believed to be involved in the pathobiology of MDD.<sup>29–32</sup> These changes are present during an acute episode of MDD and are already apparent during the first depressive episode.<sup>33</sup> Possible causes of the hippocampal volume reduction include neuronal cell loss,<sup>34</sup> pruning of apical dendrites in the CA3 subregion, decreased dentate gyrus neurogenesis<sup>35</sup> and a loss of glial cells.<sup>36</sup> Antidepressant treatment can reverse these effects and hippocampal volume decrease seems to be less prominent or even absent in phases of remission.<sup>30</sup> Patients suffering from MDD show impairments in their memory, which is highly dependent on the hippocampus,<sup>37</sup> and there is a dysregulated connectivity network of several brain regions in MDD including the hippocampus.<sup>38</sup>

Alterations affecting the metabolome are a reflection of modified pathway activities in response to drug treatment.<sup>39,40</sup> In the present study, C57BL/6 mice were treated with a single injection of Ketamine with the aim of identifying hippocampal

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cellular pathway alterations and biomarker candidates with the help of a sensitive metabolomics platform.<sup>41</sup>

## MATERIALS AND METHODS

### Animals and Ketamine treatment

Eight-week-old male C57BL/6 mice (Charles River Laboratories, Maastricht, the Netherlands) were first singly housed for 2 weeks under standard conditions (12-h light/dark cycle, lights on at 0600 hours, room temperature  $23 \pm 2^\circ\text{C}$ , humidity 60%, tap water and food *ad libitum*) in the facilities of the Max Planck Institute of Psychiatry. After habituation, the mice were treated intraperitoneally with 5-Ketamine ( $3 \text{ mg kg}^{-1}$ , Pfizer, Karlsruhe, Germany) or vehicle (0.9% saline solution). Two, fourteen, twenty-four and seventy-two hours after Ketamine treatment, an FST was performed measuring the antidepressant-like behavior and afterwards animals were killed by an overdose of isoflurane (Forene, Abbott, Wiesbaden, Germany). The animals were perfused with 0.9% ice-cold saline solution. Mice were decapitated and their brains were harvested and dissected. Total hippocampi were shock-frozen in liquid nitrogen and stored at  $-80^\circ\text{C}$  until further analysis. The experiments were performed in accordance with the European Communities Council Directive 86/609/EEC. The protocols were approved by the committee for the Care and Use of Laboratory Animals of the Government of Upper Bavaria, Germany.

### Forced Swim Test

Each mouse was put into a 2-l glass beaker (diameter: 13 cm, height: 24 cm) filled with tap water ( $21 \pm 1^\circ\text{C}$ ) to a height of 15 cm, so that the mouse could not touch the bottom with its hind paws or tail. Testing duration was 6 min and at the end of the test the animals were immediately dried with a towel and returned to their home cage. The immobility time was scored 2 h (Ketamine-treated animals:  $n = 33$ , vehicle-treated animals:  $n = 33$ ), 14 h (Ketamine-treated animals:  $n = 31$ , vehicle-treated animals:  $n = 29$ ), 24 h (Ketamine-treated animals:  $n = 33$ , vehicle-treated animals:  $n = 33$ ) and 72 h (Ketamine-treated animals:  $n = 31$ , vehicle-treated animals:  $n = 29$ ) after Ketamine treatment by an experienced observer, blind to the condition of the animals.

### Isolation of membrane-associated proteins

Membrane-associated proteins were prepared by repeated tissue homogenization and extraction of nonmembrane proteins and solubilization with sodium dodecyl sulfate (SDS). Hippocampi were homogenized for 30 s in 1 ml of 2 M NaCl, 10 mM HEPES/NaOH, pH 7.4, 1 mM EDTA containing protease inhibitor cocktail Tablets 'cOmplete' (Roche Diagnostics, Mannheim, Germany), then incubated for 10 min and homogenized again for 30 s and further with a ultrasonicator for  $3 \times 10 \text{ s}$  on ice. The homogenates were centrifuged at  $16\,100 \text{ g}$  at  $4^\circ\text{C}$  for 20 min. The pellets were rehomogenized in 1 ml of 0.1 M  $\text{Na}_2\text{CO}_3$  and 1 mM EDTA, pH 11.3, mixed at  $4^\circ\text{C}$  for 30 min and collected by centrifugation ( $16\,100 \text{ g}$  at  $4^\circ\text{C}$  for 20 min). Subsequently, the pellets were extracted with 5 M urea, 100 mM NaCl, 10 mM HEPES, pH 7.4 and 1 mM EDTA and then washed twice with 0.1 M Tris/HCl, pH 7.6. The pellets were solubilized in 50  $\mu\text{l}$  of 2% SDS, 50 mM dithiothreitol and 0.1 M Tris/HCl, pH 7.6, at  $90^\circ\text{C}$  for 1 min and stored at  $-20^\circ\text{C}$  until further analysis.

### Western blotting

Hippocampal membrane-associated proteins from 8-week-old male C57BL/6 mice treated with Ketamine for 2 h (Ketamine-treated animals:  $n = 4$ , vehicle-treated animals:  $n = 5$ ), 14 h (Ketamine-treated animals:  $n = 5$ , vehicle-treated animals:  $n = 4$ ), 24 h (Ketamine-treated animals:  $n = 5$ , vehicle-treated animals:  $n = 5$ ) and 72 h (Ketamine-treated animals:  $n = 5$ , vehicle-treated animals:  $n = 3$ ) were fractionated by SDS-polyacrylamide gel electrophoresis with 12% separating gels and western blotting was performed based on standard protocols. After electrophoresis, proteins were transferred to polyvinylidene difluoride membranes (Immobilon-P, Millipore, Billerica, MA, USA). The primary antibody was against the subunit A of the succinate dehydrogenase complex (Anti-SDHA, 1:200, sc98253, Santa Cruz Biotechnology, Dallas, TX, USA). An anti-rabbit ECL horseradish peroxidase-linked secondary antibody (1:10 000; NA934, GE Healthcare Life Sciences, Little Chalfont, Buckinghamshire, UK) was used. The densitometric analyses were performed with the Image Lab software (Bio-Rad Laboratories, Munich, Germany).

### Targeted metabolomics analysis

Five hippocampal tissues per treatment and time point were homogenized ( $2 \text{ min} \times 1200 \text{ min}^{-1}$ , homogenizer PotterS, Sartorius, Göttingen, Germany) in 30-fold ice-cold 80% methanol. Samples were centrifuged ( $14\,000 \text{ g}$ , 10 min,  $4^\circ\text{C}$ ) and the supernatants were incubated on dry ice. Afterwards, the pellets were incubated in sixfold ice-cold 80% methanol and then combined with the previous supernatants. The metabolite extracts were vortexed, centrifuged ( $14\,000 \text{ g}$ , 10 min,  $4^\circ\text{C}$ ), lyophilized and then stored at  $-80^\circ\text{C}$  until further analysis. Samples were resuspended using 20  $\mu\text{l}$  liquid chromatography-mass spectrometry grade water. Ten microliters were injected and analyzed using a 5500 QTRAP triple quadrupole mass spectrometer (AB/SCIEX, Framingham, MA, USA) coupled to a Prominence UFLC high-performance liquid chromatography system (Shimadzu, Columbia, MD, USA) via selected reaction monitoring of a total of 254 endogenous water-soluble metabolites for steady-state analyses of samples. Samples were delivered to the mass spectrometer via normal phase chromatography using a 4.6-mm i.d.  $\times$  10 cm Amide Xbridge HILIC column (Waters, Milford, MA, USA) at  $350 \mu\text{l min}^{-1}$ . Gradients were run starting from 85% buffer B (high-performance liquid chromatography grade acetonitrile) to 42% B from 0 to 5 min; 42% B to 0% B from 5 to 16 min; 0% B was held from 16 to 24 min; 0% B to 85% B from 24 to 25 min; 85% B was held for 7 min to re-equilibrate the column. Buffer A comprised 20 mM ammonium hydroxide/20 mM ammonium acetate (pH = 9.0) in 95:5 water:acetonitrile. Some metabolites were targeted in both positive and negative ion modes for a total of 285 selected reaction monitoring transitions using positive/negative polarity switching. Electrospray ionization voltage was +4900 V in positive ion mode and  $-4500 \text{ V}$  in negative ion mode. The dwell time was 4 ms per selected reaction monitoring transition and the total cycle time was 1.89 s. Approximately 9–12 data points were acquired per detected metabolite. Peak areas from the total ion current for each metabolite-selected reaction monitoring transition were integrated using the MultiQuant v2.0 software (AB/SCIEX). Animals from the same cohort were used for all metabolomic analyses.

### Statistics and data analyses

**Identification of significant metabolite alterations.** Metabolite intensities were median-normalized and auto-scaled for statistical analysis. Significant metabolite level changes 2, 14, 24 and 72 h upon Ketamine treatment were identified by multivariate Partial Least Squares—Discriminant Analyses (PLS-DA) and high-dimensional feature selection significance analysis of microarrays (and metabolites; SAM) using MetaboAnalyst (<http://www.metaboanalyst.ca>).<sup>42–44</sup> The quality of the PLS-DA models was assessed for  $R^2$ , Q2 and accuracy with variable influence of projection (VIP) score  $\geq 1.0$  and for SAM with  $q \leq 0.1$  and false discovery rate  $\leq 0.1$ . We improved robustness of our data analyses and increased confidence in significantly altered metabolites and enriched pathways by only considering the overlap between the two different statistical methods.

**Identification of significantly enriched pathways.** Pathway analyses were performed for each time point using MetaboAnalyst (<http://www.metaboanalyst.ca>) applying a hypergeometric algorithm for over-representation analysis and relative-betweenness centrality for pathway topology analysis.<sup>43,45,46</sup> Pathways were considered affected if they were significantly enriched ( $P_{\text{Holm-corrected}} \leq 0.1$ ) for all significantly altered metabolites of an individual time point.

**Calculation of metabolite pair ratios.** The median-normalized metabolite intensities before auto-scaling of selected pairs of metabolites were used to calculate metabolite ratios. For statistical analyses, Student's *t*-test was performed by using the metabolite ratio of interest for each Ketamine- and vehicle-treated animal (for example, metabolite x/metabolite y of one Ketamine-treated animal) calculated by dividing the metabolite intensity of metabolite x by the intensity of metabolite y for each time point. The final metabolite ratio of interest (for example, metabolite x/metabolite y for all Ketamine- and vehicle-treated animals) was then calculated by dividing the average metabolite intensities of all Ketamine-treated animals by the average metabolite intensities of all vehicle-treated animals.

**Identification of metabolite biomarker candidates.** Antidepressant treatment hippocampal metabolite biomarker candidates were detected by applying multivariate PLS-DA models taking the VIP scores (VIP score  $\geq 1.0$ ) and SAM with  $q \leq 0.1$  and false discovery rate  $\leq 0.1$  into account. The quality of the PLS-DA models was assessed in terms of  $R^2$ , Q2 and accuracy. Metabolites qualified as biomarker candidates if they had a consistent VIP

score  $\geq 1.0$  for the 2-, 14- and 24-h time points for which good and robust PLS-DA models had been determined. In addition, they required  $q \leq 0.1$  for at least one of the time points.

## RESULTS

C57BL/6 wild-type mice were assessed at different time points with regard to antidepressant-like behavior using the FST after receiving a single injection of Ketamine ( $3 \text{ mg kg}^{-1}$ ; Supplementary Figure 1). In order to avoid any behavioral habituation, independent groups of mice were examined for their FST immobility time. A two-way analysis of variance showed no statistically significant interaction between the effects of treatment and different time points on the FST immobility time. The main effects analysis showed a significant reduction in FST immobility time when comparing Ketamine with vehicle-treated animals and significant alterations for the different time points. Therefore, no treatment effects for the individual time points were examined. A Tukey's honest significant difference test revealed a statistically significant difference in FST immobility time between the 2h (Ketamine-treated animals:  $n=33$ , vehicle-treated animals:  $n=33$ ), 14 h (Ketamine-treated animals:  $n=31$ , vehicle-treated animals:  $n=29$ ) and 72 h (Ketamine-treated animals:  $n=31$ , vehicle-treated animals:  $n=29$ ) time points, between the 14- and 24-h (Ketamine-treated animals:  $n=33$ , vehicle-treated animals:  $n=33$ ) time points and between the 24- and 72-h time points. On the basis of these results, we chose five mice per time point and group for the metabolomic analyses.

After a single injection of Ketamine, a total of 226, 218, 227 and 221 metabolites were quantified in the hippocampus for the 2-, 14-, 24- and 72-h time points, respectively (Supplementary Table 1).

The metabolite profiles separated Ketamine from vehicle-treated mice using multivariate PLS-DA for all time points (Figure 1). The quality criteria (Supplementary Figure 2A) of PLS-DA models were assessed for  $R^2$ ,  $Q^2$  and accuracy values. They indicate good and robust models, with the exception of the 72-h time point. The weak PLS-DA model of the 72-h time point can result in false-positives. Nevertheless, the results were included as they are another indication of Ketamine's fast antidepressant-like effect on the metabolome.

For the identification of metabolite changes characteristic for group separation, the VIP parameter was used. The VIP indicates the importance of each metabolite for group separation. Only metabolites with VIP values  $\geq 1.0$  were selected and used for further data analysis. To increase the robustness of our analyses, we additionally combined the PLS-DA with a high-dimensional feature selection, SAM analysis, to obtain a complete list of metabolites for each time point that significantly contribute to Ketamine drug action (Supplementary Table 2). Two hours after a single injection of Ketamine 45 metabolite levels were significantly altered (Supplementary Table 2A), with 21 metabolites reduced and 24 metabolites upregulated in Ketamine compared with vehicle-treated mice (Supplementary Table 2A). For the 14- and 24-h time points, 22 and 11 metabolites, respectively, were detected at lower levels (Supplementary Tables 2B and 2C). In agreement with the observation that the PLS-DA model of the 72-h time point is not robust, no significant metabolite alterations were found 72 h after Ketamine treatment.

Next, we interrogated the significantly altered metabolites to delineate affected hippocampal pathways (Table 1). Citrate cycle, glycine, serine and threonine metabolism and pyrimidine metabolism were significantly enriched 2 h after a single injection of Ketamine. Pentose phosphate and glycolysis/gluconeogenesis pathways were significantly enriched for the 14-h time point (Table 1).

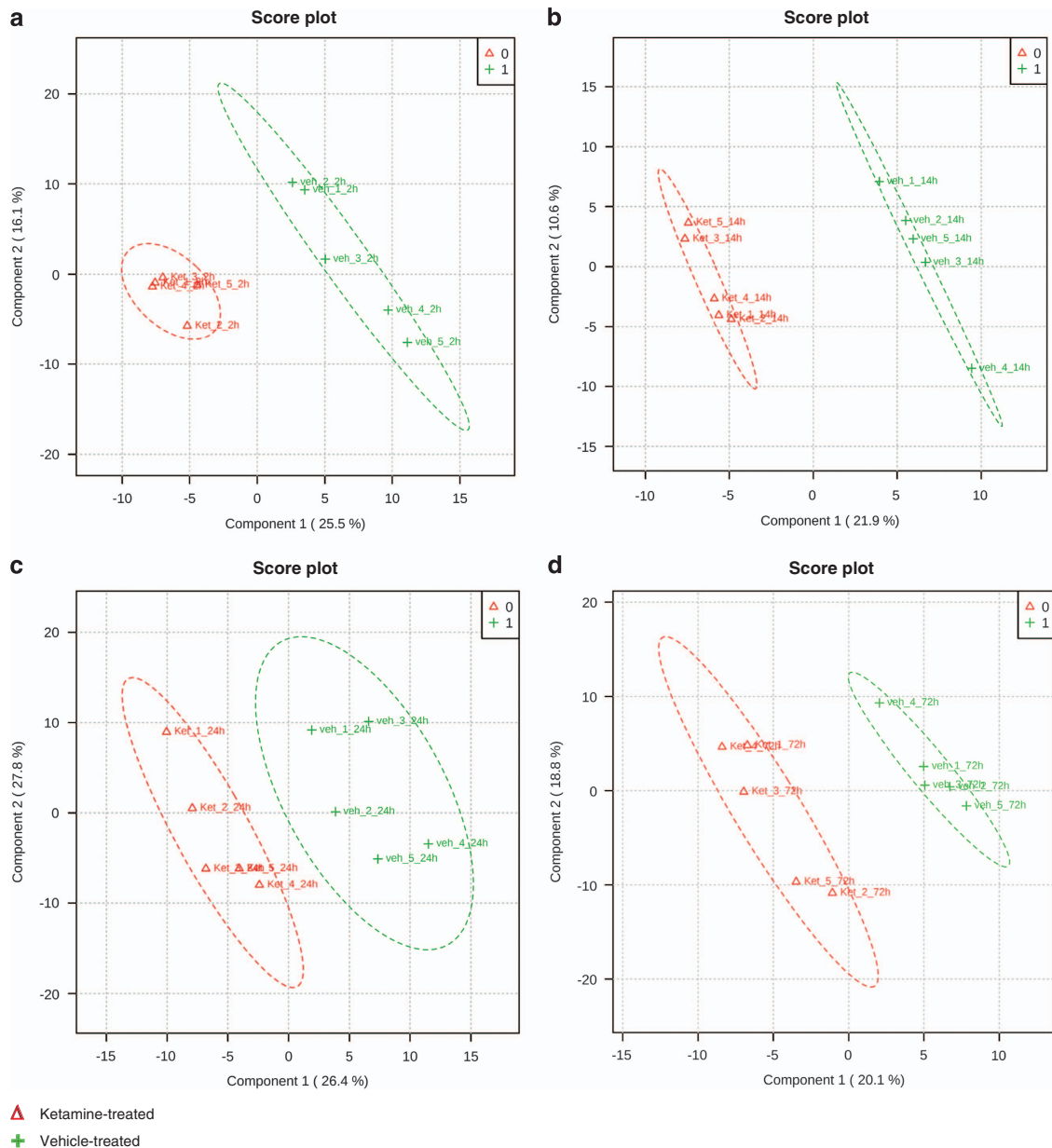
Interestingly, based on KEGG database information all five pathways are interconnected by shared metabolites

(Supplementary Figure 3). Several previous analyses by us and others have also shown an involvement of the citrate cycle in psychiatric phenotypes.<sup>47–49</sup> The citrate cycle consists of a series of biochemical reactions to generate high levels of energy through the connected oxidative phosphorylation (OXPHOS) pathway. In our analysis we show for the first time that Ketamine has an impact on the citrate cycle by altering several of its metabolite levels. Already 2 h after a single injection of Ketamine, thiamine pyrophosphate (2 h: FC = 1.43 (data not shown)), acetyl-CoA (2 h: FC = 1.49) and succinate (2 h: FC = 1.96) levels were significantly increased. Succinate-CoA (2 h: FC = 1.44) showed a high, but not significant, FC 2 h after Ketamine treatment. Fumarate (2 h: FC = 0.79) levels were significantly reduced 2 h after Ketamine injection and malate levels (2 h: FC = 0.82, 14 h: FC = 0.82) were significantly decreased for the 2- and 14-h time points. Isocitrate (2 h: FC = 0.64) tended to be downregulated and citrate (2 h: FC = 0.68) levels were lower, albeit with not a significant FC 2 h after a single injection of Ketamine. Oxaloacetate (2 h: FC = 1.17) and alpha-ketoglutarate (2 h: FC = 0.99) levels were unchanged (Figure 2a and Supplementary Table 2). Selected pairs of metabolite concentrations (metabolite ratios) can indicate alterations in enzyme activity or expression rate.<sup>50</sup> Metabolite ratios of the citrate cycle were calculated (Figure 2a and Supplementary Figure 4). The ratios are indicated by boxes, whereby each box represents a time point (from left to right 2, 14, 24 and 72 h). Significant metabolite ratio differences or trends are illustrated in pink (increased ratio) and black (decreased ratio). The citrate/acetyl-CoA ratio (2 h: ratio = 0.46) is significantly decreased 2 h after Ketamine treatment. Alpha-ketoglutarate/isocitrate metabolite ratios (2 h: ratio = 1.56, 24 h: ratio = 1.63) tended to be increased for the 2- and 24-h time points and the fumarate/succinate ratio (2 h: ratio = 0.40, 14 h: ratio = 0.55) tended to be lower at 2 h and was significantly decreased at 14 h after a single injection of Ketamine (Figure 2a and Supplementary Figure 4). Subunit A of the SDHA complex catalyzes the succinate to fumarate reaction as part of the citrate cycle. We therefore investigated whether this could be caused by altered SDHA protein levels following drug treatment. Indeed, we found such a difference when comparing hippocampal protein extracts from Ketamine- and vehicle-treated mice. Western blot analyses indicated that at the 2-h (Ketamine-treated animals:  $n=4$ , vehicle-treated animals:  $n=5$ ; FC = 1.81) and 24-h (Ketamine-treated animals:  $n=5$ , vehicle-treated animals:  $n=5$ ; FC = 1.99) time points a significant upregulation of SDHA protein can be observed upon Ketamine treatment (Figure 2b).

As the citrate cycle produces energy equivalents in form of GTP and NADH as well as ultimately ATP through complex V of the OXPHOS pathway, we analyzed the GTP, NADH and ATP levels upon Ketamine treatment (Figure 2c and e). GTP levels were significantly increased at the 2-h and downregulated at the 24-h time points (Figure 2c). Metabolite levels tended to be upregulated at 14 h for NADH (Figure 2d). ATP levels tended to be increased 14 h in Ketamine- compared with vehicle-treated mice and were significantly decreased at the 24-h time point (Figure 2e).

The glycolysis/gluconeogenesis pathway was also enriched upon Ketamine treatment. Almost all quantified metabolites were significantly altered 14 h after a single injection of Ketamine (Figure 3a). Glucose-6-phosphate (14 h: FC = 0.53), fructose-6-phosphate (14 h: FC = 0.40), fructose-1,6-bisphosphate (14 h: FC = 0.58) and dihydroxy-acetone-phosphate (14 h: FC = 0.24) were significantly downregulated. In contrast, 3-phosphoglycerate (2 h: FC = 1.75, 14 h: FC = 2.02) was significantly upregulated at the 2- and 14-h time points; phosphoenolpyruvate (2 h: FC = 1.75) levels were found to be significantly upregulated 2 h after Ketamine treatment and pyruvate was unchanged. Furthermore, comparing the FCs,  $q$ -values and VIP scores of all metabolites of the glycolysis pathway, we were able to show that with the exception of 3-





**Figure 1.** Multivariate partial least squares-discriminant analysis (PLS-DA) of (a) 2-h, (b) 14-h, (c) 24-h and (d) 72-h time course comparison after a single injection of Ketamine ( $3 \text{ mg kg}^{-1}$ ) or vehicle using all quantified metabolites for each time point. All  $R^2$ ,  $Q^2$  and accuracy values indicate good (2 h:  $R^2=0.99$ ,  $Q^2=0.60$ , accuracy=1.0; 14 h:  $R^2=1.0$ ,  $Q^2=0.63$ , accuracy=1.0) and robust (24 h:  $R^2=0.92$ ,  $Q^2=0.52$ , accuracy=0.8) models with the exception of the 72-h time point ( $R^2=1.0$ ,  $Q^2=0.29$ , accuracy=0.6).  $N=5$  mice per group and time point. See also Supplementary Figure 2.

phosphoglycerate and phosphoenolpyruvate, all metabolites showed the same pattern (Figure 3b). We also calculated the metabolite ratios for the glycolytic pathway (Figure 3a and Supplementary Figure 4). The fructose-6-phosphate/glucose-6-phosphate ratio (14 h: ratio=1.64) tended to be elevated 14 h after Ketamine treatment. The fructose-1,6-phosphate/fructose-6-phosphate metabolite ratio (72 h: ratio=0.48) showed a significant decrease at the 72-h time point. However, as the PLS-DA resulted in a weak model for this time point, the decreased fructose-1,6-phosphate/fructose-6-phosphate metabolite ratio might be a false-positive. The glyceraldehyde-3-phosphate/dihydroxy-acetone-phosphate ratio (14 h: ratio=0.84) was significantly lower and the 3-phosphoglycerate/glyceraldehyde-3-phosphate ratio (14 h: ratio=4.51, 24 h: ratio=2.37) was significantly increased 14 h after a single injection of Ketamine and tended to be

upregulated for the 24-h time point. The 3-phosphoglycerate/phosphoenolpyruvate (14 h: ratio=0.47) and pyruvate/phosphoenolpyruvate ratios (2 h: ratio=0.61) were either significantly or tended to be lower, respectively (Figure 3a and Supplementary Figure 4).

We next attempted to identify metabolite biomarkers for the Ketamine treatment response. PLS-DA models can be used for biomarker discovery taking the VIP scores into account. When PLS-DA for the 2-, 14-, 24- and 72-h time points were assessed for quality criteria (Supplementary Figure 2 A), all  $R^2$ ,  $Q^2$  and accuracy values indicate good and robust models, with the exception of the 72-h time point. On the basis of these results, we chose metabolites that are important and stable contributors for group separation with a consistent VIP score  $\geq 1.0$  for the 2-, 14- and 24-h time points and with  $q \leq 0.1$  for at least one of the time points.

**Table 1.** Pathway analyses of significantly altered metabolites (PLS-DA VIP  $\geq 1.0$ , SAM, FDR  $\leq 0.10$ , SAM  $q \leq 0.1$ ) 2 and 14 h after a single injection of Ketamine (3 mg kg<sup>-1</sup>)

Pathway	P-value	$P_{\text{Holm-corrected}}$ value	FDR	Metabolite	Time point (h)
Citrate cycle	0.000012	0.00095	0.0006	Fumarate	2
				Succinate	2
				Thiamine pyrophosphate	2
				Phosphoenolpyruvate	2
				Acetyl-CoA	2
				Malate	2/14
Glycine, serine and threonine metabolism	0.000016	0.00127	0.0006	Glyoxylate	2
				Betaine aldehyde	2
				Betaine	2
				Choline	2
				Glycerate	2
				Serine	2
				Cystathionine	2
				3-Phosphoglycerate	2
Pyrimidine metabolism	0.000855	0.06841	0.0234	Ureidosuccinate	2
				Cytidine	2
				Thymidine	2
				Uridine	2
				Uridine 5'-monophosphate (UMP)	2
				Cytidine diphosphate (CDP)	2
				Methylmalonate	2
				Pentose phosphate pathway	0.000004
6-Phospho-D-gluconate	14				
Fructose-6-phosphate	14				
Fructose-1,6-bisphosphate	14				
Erythrose-4-phosphate	14				
Glycolysis/gluconeogenesis	0.000432	0.03501	0.0177	Fructose-6-phosphate	14
				Fructose-1,6-bisphosphate	14
				Glucose-6-phosphate	14
				Dihydroxy-acetone-phosphate	14
				Glyceraldehyde-3-phosphate	14

Abbreviations: FDR, false discovery rate; PLS-DA, partial least square-discriminant analysis; SAM, significance analysis of microarrays (and metabolites); VIP, variable importance in projection.  $N = 5$  mice per group and time point.

This resulted in seven metabolite biomarker candidates for Ketamine drug action (Supplementary Figure 2B).

## DISCUSSION

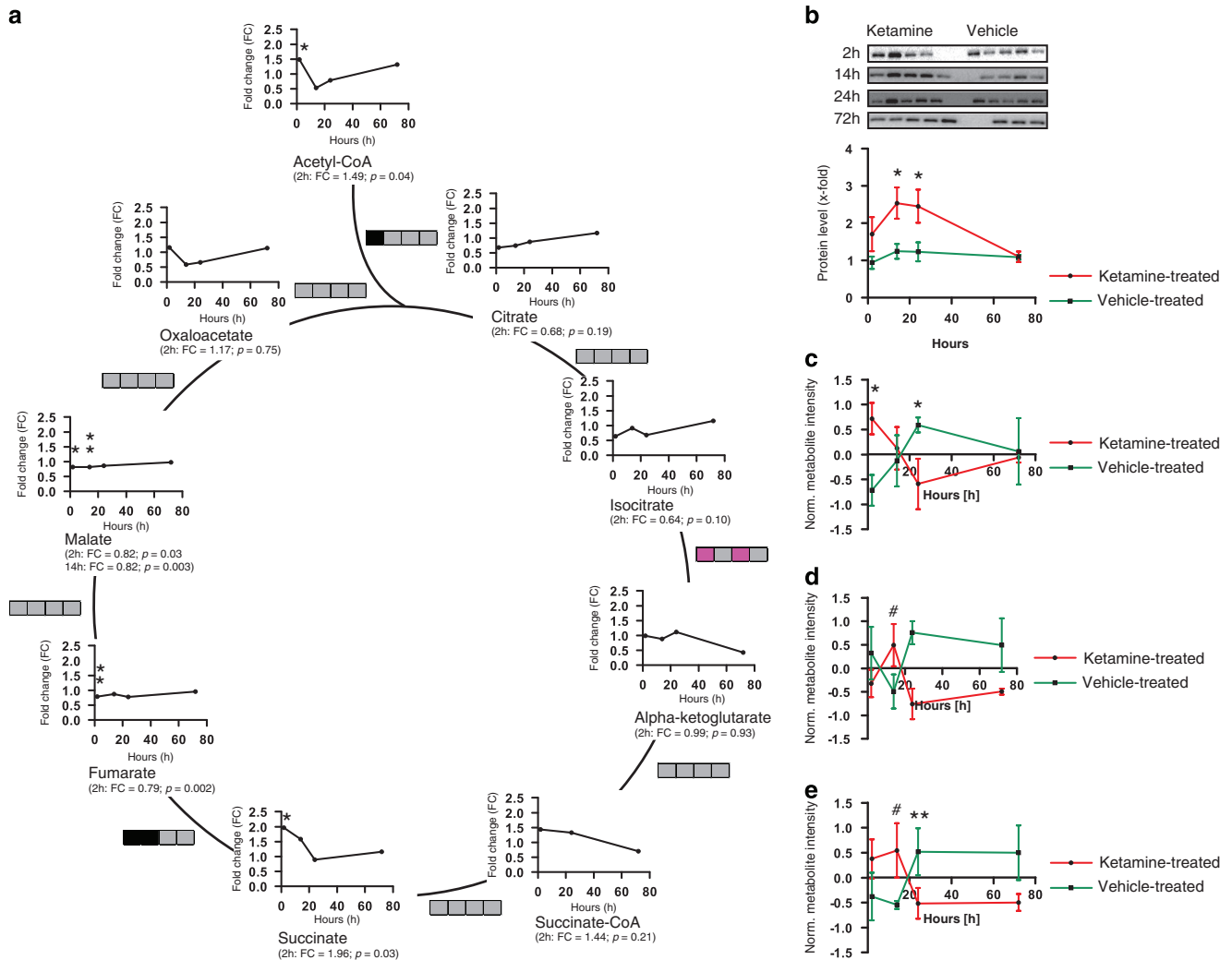
Metabolomics provides an analytical tool for the identification of pathway alterations and drug targets.<sup>39,51–54</sup> To our knowledge, this is the first study that identifies metabolite alterations, affected pathways and biomarker candidates for the Ketamine treatment response in mice.

Our results indicate significant metabolite level and metabolite ratio changes that are part of several pathways including citrate cycle, glycine, serine and threonine metabolism, pyrimidine metabolism, pentose phosphate pathway and glycolysis/gluconeogenesis (Table 1). Mitochondrial abnormalities including alterations in energy metabolism such as citrate cycle and glycolysis have previously been implicated in the pathobiology of affective disorders.<sup>47–49,55–60</sup> We observed several metabolite level and metabolite ratio changes of the citrate cycle already 2 h after Ketamine treatment (fumarate, malate, citrate and isocitrate, alpha-ketoglutarate/isocitrate levels increase; succinate, acetyl-CoA and succinate-CoA, citrate/acetyl-CoA and succinate/fumarate levels decrease; Figure 2a). Alterations in metabolite ratios can reflect changes in enzyme activities or protein expression. Interestingly, pyruvate dehydrogenase, isocitrate dehydrogenase and SDH are part of or connected to the citrate cycle and regulated by Ca<sup>2+</sup>.<sup>61</sup> Ketamine blocks the NMDAR resulting in a

decreased Ca<sup>2+</sup> flux into the cell and mitochondria, which ultimately could be the cause for an inactivation of these enzymes and the here observed metabolite level and metabolite ratio alterations. Decreased isocitrate/alpha-ketoglutarate and succinate/fumarate ratios as well as altered SDHA protein levels further support this hypothesis.

The energy equivalents GTP and NADH are produced through the citrate cycle and ATP via the connected OXPHOS pathway. GTP is generated during the transformation of succinate-CoA to succinate. We observed significantly higher levels of succinate after Ketamine treatment possibly resulting in elevated GTP levels. We could show a significant upregulation of GTP (Figure 2c) already 2 h upon Ketamine treatment; 14 h after a single injection of Ketamine, NADH and ATP levels tended to be increased (Figure 2d and e). GTP and ATP levels were significantly reduced for the 24-h time point when comparing Ketamine- with vehicle-treated mice (Figure 2c and e). Taken together, whereas initially higher levels of energy equivalents are produced upon Ketamine injection, they are reduced again at 24 h and return to normal levels at the 72-h time point.

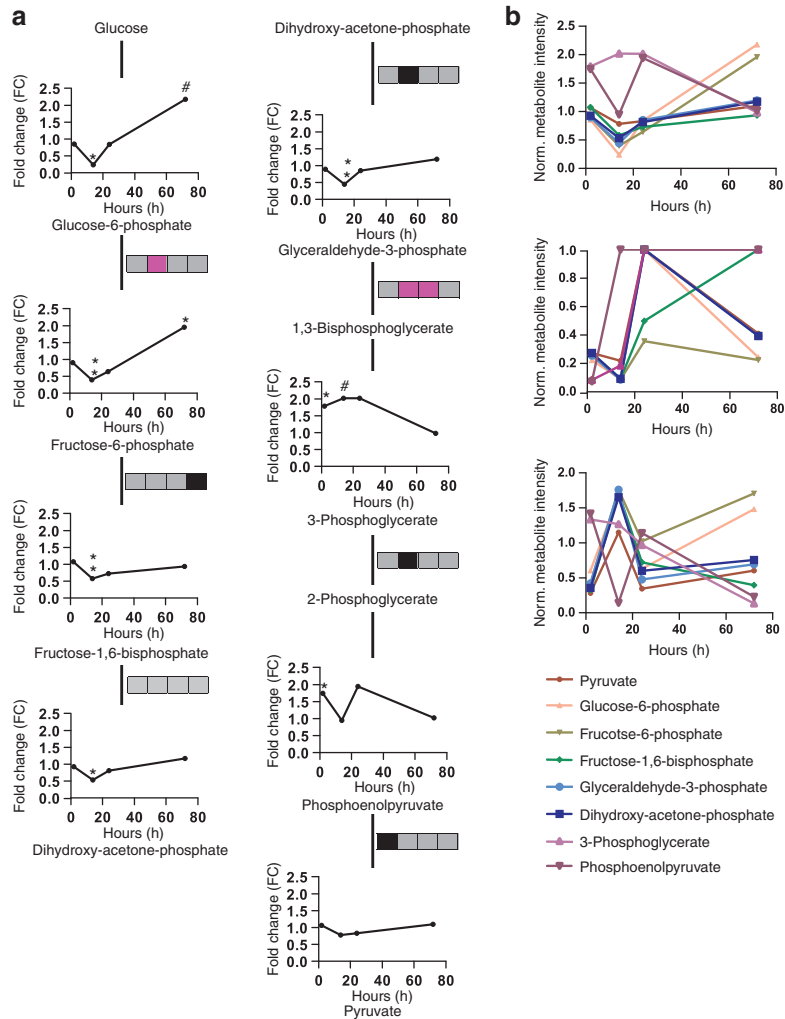
Results from previous studies have associated the antidepressant treatment response with drugs elevating ATP levels. Phosphorous-31 magnetic resonance spectroscopy data have shown decreased NPT levels (mainly ATP) in the brain of depressed patients. Another magnetic resonance spectroscopy study could demonstrate lower NPT levels (mainly ATP) in fluoxetine responders compared with nonresponders.<sup>62,63</sup> These



**Figure 2.** Citrate cycle metabolite level, metabolite ratio and energy status analyses upon Ketamine treatment ( $3 \text{ mg kg}^{-1}$ ) of 2-, 14-, 24- and 72-h time points. **(a)** Citrate cycle time course showing metabolite fold change (FC) and metabolite ratios. Metabolite ratios are indicated by boxes and each box represents a time point (from left to right 2, 14, 24 and 72 h). Significant metabolite ratio differences or trends are illustrated in pink (increased ratio) and black (decreased ratio).  $N=5$  mice per group and time point. **(b)** Western blot analysis of succinate dehydrogenase complex, subunit A (SDHA) from Ketamine- and vehicle-treated mice hippocampi, 2 h ( $1.705 \pm 0.4583$ , Ketamine-treated,  $n=4$ ;  $0.9417 \pm 0.1633$ , vehicle-treated,  $n=5$ ),  $P=0.1285$ , 14 h ( $2.539 \pm 0.4195$ , Ketamine-treated,  $n=5$ ;  $1.247 \pm 0.1988$ , vehicle-treated,  $n=4$ ),  $P=0.0381$ , 24 h ( $2.456 \pm 0.4456$ , Ketamine-treated,  $n=5$ ;  $1.234 \pm 0.2532$ , vehicle-treated,  $n=5$ ) and 72 h ( $1.103 \pm 0.1382$ , Ketamine-treated,  $n=5$ ;  $1.085 \pm 0.06048$ , vehicle-treated,  $n=3$ ) after treatment. Energy-state analyses of **(c)** GTP, **(d)** NADH and **(e)** ATP 2, 14, 24 and 72 h after Ketamine treatment ( $n=5$ ). # $P \leq 0.10$ , \* $P \leq 0.05$ , \*\* $P \leq 0.01$ .  $P$ -values were determined by Student's  $t$ -test. Error bars represent s.e.m.

inconsistent findings make it difficult to know whether our observations of initially increased or later decreased ATP levels contribute to the antidepressant-like effect for Ketamine. Previous data from a study in rats have suggested that the antidepressant-like effect observed after a single injection of Ketamine is mediated by an increased anabolic rate-mediating cell growth and differentiation. An elevated anabolism might be mediated through a higher energy demand, which we indeed observed 2 and 14 h after Ketamine treatment. The glycolytic pathway was also found to be enriched upon Ketamine treatment (Table 1). Almost all metabolites of this pathway show lower levels (glucose-6-phosphate, fructose-6-phosphate, fructose-1,6-bisphosphate, dihydroxy-acetone-phosphate and glyceraldehyde-3-phosphate) 14 h after Ketamine injection, with the exception of 3-phosphoglycerate and phosphoenolpyruvate that are upregulated at the 2-h time point. The observed changes might be caused by a feedback mechanism of the citrate cycle, which can have an impact on glycolysis by either activating or inhibiting it or

by the metabolite ratio changes (fructose-6-phosphate/glucose-6-phosphate, fructose-1,6-phosphate/fructose-6-phosphate, glyceraldehyde-3-phosphate/dihydroxy-acetone-phosphate, 3-phosphoglycerate/glyceraldehyde-3-phosphate, 3-phosphoglycerate/phosphoenolpyruvate and pyruvate/phosphoenolpyruvate) of the glycolysis pathway indicating altered enzyme activities or protein expression. Interestingly, whereas we found a reduced glycolysis pathway activity after Ketamine treatment, a previous study has shown an elevation of glycolytic metabolites following SSRI treatment, suggesting that the two drug types have very different modes of action.<sup>47</sup> The rapid increase in newly synthesized synaptic proteins and spines upon Ketamine treatment is known to be initiated through the activation of mammalian target of rapamycin. Neither conventional antidepressants such as imipramine and fluoxetine acutely or chronically administered nor electroconvulsive shock activate mammalian target of rapamycin.<sup>23</sup> Moreover, it was observed that the SSRI sertraline inhibits mammalian target of rapamycin.<sup>64</sup> All these



**Figure 3.** Glycolytic metabolite levels and metabolite ratios and fold change (FC), variable influence of projection (VIP) score and  $q$ -value comparisons of all quantified glycolytic metabolites at 2-, 14-, 24- and 72-h time points after Ketamine treatment ( $3 \text{ mg kg}^{-1}$ ). (a) Glycolysis/gluconeogenesis time course metabolite FCs and ratios. Metabolite ratios are indicated by boxes and each box represents a time point (from left to right 2, 14, 24 and 72 h). Significant metabolite ratio differences or trends are illustrated in pink (increased ratio) and black (decreased ratio). (b) Comparison of the FCs,  $q$ -values and VIP scores of all metabolites of the glycolytic pathway.  $N = 5$  mice per group and time point.  $\#P \leq 0.10$ ,  $*P \leq 0.05$ ,  $**P \leq 0.01$ .  $P$ -values were determined by Student's  $t$ -test.

findings might explain the delayed onset of conventional antidepressants and the opposite findings with regard to pathway activity between conventional SSRI antidepressants and Ketamine.

Whereas acute treatment of rodents with Ketamine at low levels reduces depressive-like behavior as assessed by the FST immobility time, higher doses of the drug chronically administered for 10 days have the opposite effect using the same behavioral assay.<sup>65</sup> Already at smaller doses ( $6 \text{ mg kg}^{-1}$ ) Ketamine also induces prepulse inhibition deficits, known to be impaired in schizophrenia, that can be reversed by antipsychotics.<sup>66,67</sup> Furthermore, chronically injected high subanesthetic doses of Ketamine produce positive, negative and cognitive schizophrenia-like symptoms in healthy humans<sup>68</sup> and rodents.<sup>65</sup> For all these reasons, Ketamine treatment is also used to generate animal models of schizophrenia.

A possible explanation for the different acute and chronic Ketamine treatment effects might be the involvement of different receptor types. Acute Ketamine treatment has been reported to only block NMDAR on GABAergic neurons, whereas chronic treatment with high doses not only blocks NMDARs universally but also nicotinic acetylcholine receptors.<sup>69</sup>

Alterations in metabolite, transcript and protein levels in *post-mortem* tissue from schizophrenic patients have been reported for glycolysis, citrate cycle and OXPHOS, the same pathways observed to be affected in the present study.<sup>70–72</sup> As Ketamine at higher doses can induce schizophrenia-like symptoms, it is conceivable that certain molecular pathways are shared between the antidepressant and psychotic effects. At the same time there must be differences in other affected pathways responsible for the opposite effects of the drug. Owing to its psychomimetic side effects Ketamine is not used as a first-line drug to treat MDD in the clinic. An improved understanding of the molecular events causing the antidepressant effect of Ketamine will help in developing alternative fast-acting drugs with a similar mode of action.

Finally, we were also interested in exploiting our metabolomics analysis data to identify a biosignature for the Ketamine drug response. PLS-DA and VIP score analyses revealed that 2-ketoisovalerate, glutathione, maleate, methylmalonate, SBP, fumarate and cytosine represent stable and consistent metabolite biomarkers for all time points (Supplementary Figure 2B).



We only assessed Ketamine's behavioral effect using FST immobility time. We did not carry out any additional behavioral analyses including Learned Helplessness, Chronic Mild Stress and Novelty Suppressed Feeding Test that have been reported by others.<sup>17–22</sup> Performing several consecutive behavioral assays might affect the animals' metabolome and skew the data. Other limitations of our study include the limited number of animals that were used for the metabolomic analyses ( $n = 5$ ) and the relatively large number of metabolites quantified ( $> 200$ ), which could result in false discoveries.

Future metabolomic analyses of other brain regions relevant for MDD including the prefrontal cortex, thalamus and amygdala will further our understanding of Ketamine's mode of action and the antidepressant effect. Repeating our studies with an animal model of depression will add further relevance to the human situation.

## CONFLICT OF INTEREST

The authors declare no conflict of interest.

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