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### The Grizzly, January 26, 2006

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#### **Recommended Citation**

Wagner, Ali; Brooks, Bart; Emery, Allison; Lamson, Dan; Taylor, Lane; Keck, Sarah; Thompson, Diandra; Macconchie, Cecily; Harley, Darron; Repko, Jay; Brown, Brandon; Higgins, Ashley; Marcheskie, Dave; and Graham, Michael, "The Grizzly, January 26, 2006" (2006). *Ursinus College Grizzly Newspaper*. 710. https://digitalcommons.ursinus.edu/grizzlynews/710

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cconchie, Darron Harley, Jay Repko, Brandon Brown, Ashley Higgins, Dave Marcheskie, and Michae ham

# the grizzly

thursday, january 26, 2006

the student newspaper of ursinus college

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Rodin looms large over Berman

# Dr. Martin Luther King, Jr. Day observed and celebrated at Ursinus

**ALLISON EMERY** 

alemery@ursinus.edu

Last Tuesday evening, members of the campus community gathered in the Kaleidoscope for a performance event to remember and celebrate the life of Dr. Martin Luther King,

"It's so wonderful that we paused as an institution on Dr. King's birthday to celebrate the life, legacy, and indeed the ministry of a man whom I believe is the greatest American ever produced on these shores," said Reverend Charles Rice as he spoke to the students, faculty, and staff who filled the Lenfest Theater. "He symbolized for us what it meant to be committed to justice, to love, and to what is right."

The commemorative event, titled "Martin Luther King, Jr.: The Substance of Our Soul," was the product of a collaboration of student and faculty performers, including the Ursinus College Dance Company and Voices in Praise, the gospel choir.

The event opened with the reading of quotations from the speeches and sermons of Dr. King, led by Professor Domenick Scudera, and including students Jason Comcowich, Nathan Dawley, Alia Dixon, Lindsay Nicolo, Blair Reddish and Katie Urich. Melissa Hardin performed a dramatic reading of Reverend Jesse Jackson's "I am somebody."

Musical talent included performances by the Liberty Brass, directed by Adam Gaines, and Ed Gildea's warmly received rendition of Elvis Costello's "(What's So Funny 'Bout) Peace, Love, and Understanding?'

Voice in Praise, directed by Michael Adenaike, performed several selections, ultimately motivating audience members out of their seats to clap and sing along in the call-

and-response format.

The Ursinus College Dance Company's performance, "Hold Fast," choreographed by Cathy Young, incorporated the immortal words of Dr. King's "I Have a Dream" speech along with the work of celebrated African-American poet Langston Hughes. A dance solo was performed by Chris Aiken to the music of Erik Satie and Marvin Gaye.

Reverend Rice spoke, offering Dr. King's life and legacy as a solution to the seldom answered CIE question, "What does it mean to be human?" "It means you take care of one another, love one another," Reverend Rice explained. "If the word community has any validity at all, it should make us more free and more loving."

Tuesday evening's performance was the final event of Ursinus College's two day observance of the Martin Luther King, Jr. holiday. Despite the fact that classes were held the Monday before, students and staff worked to organize and attend a variety of events including a candlelight vigil, an ecumenical service, and six educational programs examining the mission of Dr. King and the African-American struggle for freedom.

Dr. Walter Greason, Assistant Professor of History, praised the dedication of students, faculty and staff in helping to organize the 2006 Dr. King commemoration, as well as those who attended the event. "This collaboration was essential to make the spirit of the college come to life for the start of our spring semester," Greason commented.

Greason also offered words of advice, challenging students to honor Dr. King in their own lives and continue his mission. "Reaching out across the difference...that is the key to making his dream of the beloved community come to life."

Reverend Rice praised the success of the event saying, "Dr. King, I'm sure, is smiling

# Renowned Rodin Exhibit premieres in **Berman Museum**

DAN LAMSON

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From the museum that brought you Sara Steele, Norman Rubington, and Sally Grizzell Larson, comes the newest exhibition: Rodin!

"Rodin: In His Own Words" has arrived at the Berman Museum of Art. The exhibit will be housed in the main gallery from January 21 through April 9.

Auguste Rodin, creator of the famous sculpture "The Thinker," was born in 1840 to a working class family in France. Through his life and work he became one of France's best known and well-loved artists.

By the time he died in 1917, he had created over 5,000 plaster items, over 1,000 bronze sculptures, about 8,000 drawings, and as many photographs. Many of these are found in

It is a unique opportunity to be able to see so many of his works together outside of France. This nationally touring exhibit, which has only 11 stops, contains approximately 30 bronze sculptures. Each sculpture features a quote from Rodin that brings the artist's work to life. There is also a documentary highlighting Rodin's preferred method of duplicationthe lost wax casting process.

Another attraction in the exhibit consists of Rodin's works on paper, as well as a selection of letters written by the artist himself.

Some signature pieces of the show are "The Mask of the Man with the Broken Nose" and "Saint John the Baptist Preaching." Many of Rodin's other works will be present to illuminate his artistic legacy.

Each of the featured statues will be accompanied by a quote from the artist to provide the viewer with a stronger grasp of Rodin's mindset and help decipher his intent in each piece. Frederick Lawton, one of Rodin's biographers, once said that Rodin's spoken words

However, some students displayed a surprising level of apathy at the news. When asked how seeing the works in person would affect one student, he stated, "I'm not getting excited. He's dead."

There are those, however, who feel that Rodin's works will offer Ursinus students a

unique opportunity to study art from a special perspective.

"I think it's terrible that no one seems to care," an art history major argued. "I mean, so what if he's dead? That doesn't make him any less cool."

One lover of his work asserted, "Rodin statues are love, passion, and in their silence, they speak in a language that cannot be described in words.'



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# Ursinus establishes Salinger Scholarship and offers Salinger's dorm room

#### **COLLEGE COMMUNICATIONS**

Ursinus College is seeking the next J.D. Salinger: a gifted young writer who could thrive in a literary atmosphere. Ursinus, where Salinger spent the fall 1938 semester, is offering the selected student-writer Salinger's old third floor room in Curtis Hall, a field-stone residence hall overlooking the front lawn of the Collegeville, Pa., campus, along with a \$25,000 annual four-year scholarship.

The award was developed by Ursinus English Professors, Jon Volkmer and Matthew Kozusko. "Whenever I have a young writer struggling to find a voice," says Volkmer, Director of Creative Writing, "I open *Catcher in the Rye* to page one. The student reads it and says, 'Yeah, I get it."

Salinger's short stay at Ursinus, where he took English literature, composition, biology, history and French III, is documented in the Ian Hamilton biography, "In Search of J.D. Salinger," and in a 1997 BBC commentary, which aired on PBS and was filmed partially at Ursinus. A memoir written by his daughter discloses that her father admired the "lack of pretension" at Ursinus. For one semester, Salinger, who stands among the freshman class in a group yearbook photo, was the drama critic for the Ursinus student newspaper. He wrote a column called "Musings of a Social Soph: The Skipped Diploma," copies of which remain in the library archives.

The Salinger Scholarship will be awarded every year, and is renewable for four years, for a total of \$100,000. "If we'd had that kind of money to give to J.D.," says Volkmer, smiling, "Maybe he wouldn't have dropped out." But the exciting part for Volkmer is the dorm room. "The room has been renovated several times since the 1930's, but still has the same character. When I looked out the window on exactly the view he would have seen, it gave me chills." The scholarship winner will only get that view for one year, however,

before having to make way for the next year's recipient.

The college asks high school teachers or guidance counselors to nominate creative writers of "outstanding originality and potential," and asks them to look for "an unusual perspective, for quirky brilliance, for a voice." Application for the Salinger Award requires students to submit a portfolio of creative writing and a recommendation letter from a high school creative writing teacher. Finalists are invited to campus for an interview. Candidates should also be able to achieve admission to Ursinus.

"As many great writers, including Salinger, have shown, the best writers are often not the best students. In the spirit of Holden Caulfield, we're looking to help out the quirky kid with unique vision. This is not just another award for the high SAT crowd," Volkmer explains.

The scholarship is an extension of Ursinus' creative writing program, which offers fiction and poetry writing, as well as seminars in travel writing, playwriting, script writing, creative nonfiction, spoken word, and writing in the community.

While Kozusko was recruited to Ursinus as a Shakespeare scholar, the Salinger connection was important to him. He teaches seminars on Salinger and is working to collect and classify the Salinger memorabilia on campus. "There's actually a surprising amount," he says.

Meanwhile, when prospective students to Ursinus are asked to name their favorite book, *Catcher in the Rye* wins, hands down. "The book's continuing influence," Volkmer notes, "is just amazing."

What would J.D. himself make of all this? The reclusive writer isn't saying. But a framed letter in the lobby of the school's admissions office, dated March 15, 1963, and signed by Salinger, notes that he looks back "with a great deal of pleasure on my own days at Ursinus."

# Artist to perform in Lansdale

#### COLLEGE COMMUNICATIONS

Internationally-acclaimed organist Gillian Weir will perform in the Ursinus College Heefner Organ Recital Series on February 5. Because of ongoing renovation of Bomberger Hall on the Ursinus campus, the recital will be held at the Trinity Evangelical Lutheran Church in Lansdale (1000 West Main St., the corner of Rtes. 63 and 363).

Weir has performed worldwide at major festivals and with leading orchestras and conductors, and is renowned for her artistry, virtuosity, and integrity. In the recital, she will play a variety of works ranging from Bach's "Trio Sonata in E Minor" to more modern pieces such as Guy Bovet's "Hamburger Totentanz."

Weir, who is English, was created Dame Commander of the Order of the British Empire by Queen Elizabeth in 1996 in recognition of her distinguished services to music. She was nominated by Classic CD magazine as one of the 100 greatest keyboard players of the century, as well as by the *Sunday Times* of London as one of the 1000 "Music Makers of the Millennium." In 2000, Britain's famed *South Bank Show*, on the ITV network, chronicled her worldwide activities as performer, teacher, and recording artist in a fascinating documentary. For more information about Gillian Weir, please visit her website, at gillianweir.com.

# Francophone Film Festival at Ursinus

#### **COLLEGE COMMUNICATIONS**

Films from France, Burkina Faso, and Chad will be featured during the annual spring Francophone Film Festival at Ursinus College. All films will be shown with English subtitles in Olin Auditorium at 7:30 p.m. The film festival is free, open to the public and no tickets or reservations are needed.

On Tuesday, January 24, *Cartouche* (France, 1962) will be screened. Directed by Philippe de Broca, the film stars the young Jean-Paul Belmondo as the 18th Century master thief, swordsman and rogue Louis-Dominique Bourguignon, alias Cartouche, and Claudia Cardinale as Venus. When Cartouche meets the beautiful bandit, Venus, the pair launches a series of scandalous raids that rock the Parisian aristocracy.

On Thursday, Feb. 23, director Michel Deville's *Almost Peaceful* (France, 2002) will be shown. Set in a tailor's shop in Paris' garment district just after World War II, the film focuses on survivors of the war and how they do and don't succeed in making a new life for themselves.

On Thursday, March 23, Games of Love and Chance (France 2003), directed by Abdel Kechiche, will be shown. The problems and issues faced by adolescents in the poor French suburbs are refracted through their performance of a classic French comedy about games of love and chance. The movie won the 2005 César, the French "Oscar," for best film.

On Monday, April 3, "Daresalam" (France/Burkina Faso/Chad 2000), a film directed by Issa Serge Coelo. This is one of the first feature films to come out of the civil war-torn country of Chad. The film portrays the misery of war by focusing on the different paths of two childhood friends.

For more information on these presentations, please contact please contact Dr. Frances Novack at fnovack@ursinus.edu.

# **Uninvited guests**



LANE TAYLOR
Everything You Never
Knew You Wanted to
Know About Sex

hear people comment that they know something "like the back of their hand." In spite of this saying however, we rarely know about everything that inhabits our hodies When we encounter a microbe, our immune system often battles the infection for days, weeks, or even years before the first symp-

We often

tom appears. While we cannot usually tell if our bodies are infected, we can usually tell when something is going on outside or on top of our skin.

Pubic lice, also known as "crabs," is a unique and intriguing sexually – transmitted infection. Unlike its cousins gonorrhea, syphilis, and Chlamydia, (which are in no way related to pubic lice but are placed in the same category because they share a common mode of transmission)

pubic lice is not life-threatening and does not necessarily warrant a visit to a medical professional.

Another unique characteristic of pubic lice is that you can visually locate the parasite causing the infection, which cannot be accomplished without a microscope with other STIs. According to the Center for Disease Control's Division of Parasitic Disease Information, one of the primary symptoms of an infection is the appearance of lice, which look like small ticks (about three mms long and three mms wide), or the appearance of nits (eggs) which are less visible.

Their larval stage, the nymph, is even more difficult to spot. Aside from actually seeing the lice, itching is the paramount symptom. And although they are named for the region they most often inhabit, pubic lice can also be found inhabiting other coarse body hair, which is found in armpits, eyelashes, legs, eyebrows, and facial hair. Pubic lice will not inhabit head hair.

The CDC affirms sexual contact as they most common mode of transmission, however in some cases pubic lice can be spread through clothing, sheets, towels, or other materials belonging to an infected individual, but these cases are rare. They cannot be transmitted by a toilet seat because they are incapable of surviving long without the human body or on a toilet seat. Though this condition can often be self-diagnosed, a health care professional can aid in diagnosis if one is unsure of whether or not he or she is infected.

Effective treatments for pubic lice are available over the counter, although there are also several prescription treatments. Pediculicides, (shampoos), are composed of pyrethrins or permethrin which is highly effective in killing the lice. To properly treat the infection, wash the hair containing lice and then dry using a towel. If using an overthe-counter treatment, completely saturate the infected area with the shampoo and leave it in for ten minutes. If using a prescription treatment, leave it in for four minutes.

The shampoo should kill the lice, however some nits may remain which can be removed by simply using fingernails. If the pubic lice also inhabit eyebrows or eyelashes, prescription petroleum is necessary and should be applied for 10 days, twice a day. It will also be necessary to clean any sheets, towels, or clothes the infected individual came in contact with two to three days before being treated, which should be done with the washing machine's hot cycle of about 130 degrees. You should re-check the infected area seven to ten days later to make sure the infection has not persisted. If pubic lice are found after seven to ten days, repeat the treatment (CDC).

If you are sexually-active and infected, inform any and all partners that they may be infected and refrain from sexual activity until the infection has subsided (CDC).

Fortunately, these uninvited guests can be gotten rid of thanks to modern science and the good fortune of lice infections occurring only where we can sense, feel, and sometimes even see them.

# An excellent opportunity is available through Career Services

SARAH KECK sakeck@ursinus.edu

Ursinus students: Don't miss your opportunity to work in a place where casual cafes and upscale bistros run up and down the streets, jazz pours out of nightclubs, and you can kayak on the Potomac River past marble tributes to America's leaders.

The 69 square miles of leisure opportunities are an incentive to working in the nation's capital. The Washington Internship Program is facilitating this for students by offering them various connections.

The Washington Internship Program, who markets themselves as providing students with a combination of work and study, places undergraduate and graduate students in internships in our nation's capital for either a semester or a year. "They're good connections to strong agencies in Washington," said Jennifer Potson Huber, the Internship Coordinator for Career Services at Ursinus College. Huber describes the program staff as selling a product, the product being different opportunities in Washington.

Students interested in the Washington Internship Program fill out an application that includes a \$1,000 application fee. If you are not accepted into the program, this fee is returned to you. If you are accepted into the program, staff members guarantee your placement into an internship, and you will be given the opportunity to experience working in Washington while taking classes. Staff members will also aid in your housing search, and will help you navigate your way around the city when you first arrive.

Huber says that there are pros and cons to this program. "Although they offer good placements, it's not for everyone," she said. "A lot depends on the person." Huber reminds students that Washington has wonderful opportunities, and while the Washington Internship Program does help some students embrace them, a lot of other students have met similar opportunities without the help of this program. Huber encourages students to use individual connections that they might have as well.

Last Thursday, a representative from the Washington Internship Program visited Ursinus. If students didn't get the chance to talk with him, but would like further information on the program, they can stop by Career Services in Olin 104 on Monday through Friday from 9am to 5 pm, or e-mail Jennifer Potson Huber at jhuber@ursinus.edu.

"The Washington Internship Program offers good things—good packages—for the right people," Huber says. She also encourages students who don't think that this program is right for them, but who would like to explore opportunities in our nation's capital, to talk to Dr. Gerard Fitzpatrick, <a href="mailto:gfitzpatrick@ursinus.edu">gfitzpatrick@ursinus.edu</a>, of the politics department, who is familiar with other opportunities that can be found in Washington.

### **Greek Corner**

DIANDRA THOMPSON dithompson@ursinus.edu

Ursinus College is home to the Pi Chi chapter of Sigma Gamma Rho. Sigma Gamma Rho Sorority, Inc. was founded November 12, 1922 at Butler University in Indianapolis, Indiana by 7 school teachers who prided themselves on scholarship, sisterhood, and community service. These values and ideals stand true to this very day.

Sigmas, the sorority's official nickname, or SGRhos around the world have continued to enhance the quality of life within the community, perform public service by educating the youth, and has addressed concerns that impact society educationally, civically, and economically.

# **Features**

# Turning over a new leaf



**CECILY MACCONCHIE** Health advice for the couch potato in all of us

sign that truly changing ourselves is much easier said than done. New Years is really just another day in our lives. What makes us think that we can change more on this day than any other?

If I had a dollar for every time I heard the phrase "New Year, New You" over winter break, I would not worry about how I am going to pay for spring break It seems that

with every new year, we vow that we are going to be completely different people than we have been in the past, only to abandon these resolutions at the first

Whatever it is, judging by the vast increase of people at the gym this first week of the semester, New Years seems to have had a positive effect on the Ursinus student body. Everyone needs a starting point. If a new year is what it takes to begin to adopt new habits and lifestyle changes, so be it. Beginning to adopt new habits, however, is the easy part. The difficulty is being able to tough it out when every professor is demanding a ten page paper, or when (admit it) you're hung-over and the last thing you want to do is get out of bed, let alone actually put any effort into changing your habits. So here are some tips to keep your resolutions throughout the year.

Resolutions, like any goal that you want to reach, require a great deal of planning. One effective way to keep track of your goals is by writing them down, as well as the reasons these goals are important. Any time you feel the need to renew your commitment, you can look at what you've written down for motivation.

It is important to be realistic in choosing your resolutions. Suddenly trying to go from being a junk food addict to a health nut in a day is a nearly impossible task. If you want to end up completely changing your lifestyle, set a series of mini-goals to accomplish and take them one at a

Finally, have a plan B. Come up with a backup plan, a way to ensure that you do not drop everything and let all your hard work go to waste when keeping your commitment gets harder. For example, if you resolved to be healthier this year, a rough night may threaten to put an end to your resolution. However, if you recognize that nights like these, and the days that follow them will happen, you can decide that on days like that, you may take things a little easier, but continue to eat balanced meals, or that you may go for an easy walk instead of your usual workout. By planning for these days, you can successfully prevent them from sabotaging you and your goals.

As for me, my New Years resolution is to drink more water and cut down on caffeine (which I mainly get in the form of diet sodas). Hopefully I will take my own advice and not fall into the Diet Coke and Red Bull Sugarfree binges that tend to accompany lots of schoolwork.

So although it seems difficult, it is possible to change your lifestyle, provided you go about it in the right way.

### CollegeGrad.com Names Top 500 Entry Level Employers for 2006

MILWAUKEE, WI-(HRMARKETER)-January 24,

As college students return to campuses nationwide to begin the spring semester, CollegeGrad.com, the #1 Entry Level Job Site, announces the Top 500 Entry Level Employers for 2006. The list represents more than 145,000 jobs for the class of 2006, with a 9.1% increase in hiring over 2005. The list of employers is available online at www.CollegeGrad.com/topemployers and includes links to the home page, careers page and college page for each em-

Among the Top 500 Entry Level Employers, 61.4% are planning to hire more college grads in 2006 than in 2005, 15.9% will hire the same and 22.7% will be hiring fewer. "It's exciting to see the positive hiring trend continue for the Class of 2006," said Brian Krueger, president of CollegeGrad.com. "For the third consecutive year, we are seeing employers increasing their entry level hiring. This means higher demand for college students and a more robust entry level job market."

Employers recruiting the Class of 2006 are truly focusing on their college recruiting efforts as a top priority. Steven Jungman, Division Director of ChaseSource, LP explains, "Hiring new and recent college graduates has shown me how harnessing and channeling all of that raw energy and creativity can really add momentum to both existing and newly-formed companies."

Recruiters are noticing this year's students are more well-rounded compared with previous years' students. These students have a lot to offer entry level employers. "College grads entering our Corporate Management Training Program are abreast of the latest industry trends, techniques and technology," says Randy Goldberg, Executive Director of Recruiting for Hyatt Hotels. "They will define the future of Hyatt Hotels.'

As employers sing the praises of college graduates, they are also finding it more competitive to hire college grads. Dan Black, Campus Recruiting Leader for Ernst & Young explains, "Because of the increased competition for talent, accounting professionals have the opportunity to seek out the best working environment for them and we believe that it's here at Ernst & Young." Maureen Crawford Hentz, Diversity Recruiter for Osram Sylvania adds, "We are working harder to land our top candidates, as most are also being pursued by other companies. We have to highlight all of our company's best features."

Campus career centers have noticed the significant hiring increase. "North Carolina State's campus career fairs are bursting at the seams with employers, and opportunities for internships, coops and jobs abound," says Carol Schroeder, Director of the Career Center at North Carolina

Others are having similar experiences, receiving a greater number of requests for information sessions than ever before, and selling out job fairs months in advance.

The CollegeGrad.com survey results name Enterprise Rent-A-Car as the #1 Entry Level Employer for the fourth year in a row, with 7,000 projected entry level hires for 2006. "In the midst of an improving job market, Enterprise continues to hire the best and the brightest college graduates for our management training program," said Marie Artim, Assistant Vice President of Recruiting at Enterprise Rent-A-Car. "Hiring quality candidates with strong leadership skills is a priority, as these are the future leaders who will guide the continued growth and success of our company.'

In addition to Enterprise Rent-A-Car, CollegeGrad.com

details the hiring plans for more than 500 top entry level employers. While many on the list are household names such as Microsoft, General Electric and Boeing, there are also many lesser known employers such as TechSea, Medi-Dyn and Bisco Industries. But large or small, they are all actively seeking to hire college grads.

"This is an exciting time to be an up and coming college graduate," said Rebecca Face, Director of Corporate College Relations for Convergys. "Top employers realize today, more than ever, the talent and value that today's college graduates bring to the success of our business.'

Career centers remind students that in order to be ready for their job search, they need to start the process early. "The work of carefully researching employment options, analyzing what you have to offer an employer, and preparing to talk about it must be done by each job seeker," reminds Schroeder. "And it doesn't matter if hiring is going full blast or nearly at a standstill—the more you prepare, the better the result!"

Krueger agrees, "It's never too early to start your job search. And with more entry level career information provided to college students and recent grads than available at any other site, CollegeGrad.com is a great place to start your search. Start early for best results. Start now."

About CollegeGrad.com:

CollegeGrad.com is the #1 Entry Level Job Site on the Internet and is the leader in the field of entry level job search. Established in 1995, CollegeGrad.com has been conducting the Top Entry Level Employers Survey for the past eight years. Brian Krueger is President and Founder of CollegeGrad.com and author of the best-selling book for entry level job search, College Grad Job Hunter.

5

## My personal pact against segregation

The nationally commemorated Martin Luther King Jr. Day was observed on Jan. 17. The Ursinus College community celebrated a man who fought relentlessly to end enforced segregation in the United States. But now it is time the Ursinus College community must put into action what most of us claim to believe in.

When we grow old enough to be cognizant of our identities, we begin to associate with people that have similar or compatible characteristics. That is why boys most often play with boys and girls play with girls. In those budding years, we begin to take pride in who we are. But our pride also creates a dislike for those who possess characteristics which are different than

This is the reason "Boys rule and girls drool," and vice-

It is assumed that children eventually find out that members

of the opposite sex are not as bad as they thought they were, regardless of sexual orientation. The hope is that our children will learn on their own the other little girls and boys can be their friends.

Where is this philosophy in adult life? The basic way to end social segregation is through social interaction. What I am saying seems so basic and perfectly logical.

Some would argue that segregation does not exist. Our generation is much more tolerant of different people. but that is the problem. We are merely tolerant. According to dictionary.com, tolerance is the "ability to withstand or endure an adverse environmental condition." People should grow past the point of being tolerant because it means they really do not like difference, they simply "put up" with it. The problem with tolerance is that it does not involve love.

The love for all human kind is the essential key needed to end the segregation we see in our standard of living, social and economic status, and even on the Ursinus campus. Love makes us compassionate to want all children to have equal education regardless of region. Love allows us to not use terms that hurt people. Love would allow us to sit at the table with different people and not feel uncomfortable.

Dr. King once said that the most segregated time in black America was at 11 o'clock on Sunday. I will argue that the most segregated times at Ursinus are 11:30am-1:00pm and 4:30pm - 7:00pm. During the Martin Luther King celebration on campus, Dr. Walter Greason challenged those in attendance to sit at an unfamiliar table in Wismer, amongst other things. For those of

you that were not there, I am spreading the message to you. I am petitioning that we declare one day at one Wismer meal, where we sit amongst people we have never talked with. We could involve faculty and really put into motion what most of us claim to believe in, and that is unity.

During childhood, actions can be attributed to ignorance. As adults, we must take responsibility ourselves. Email me if you want to support what I am suggesting.



DARRON HARLEY will grow out of this phase and The Left Side of the Hallway

# The awakening

"Christopher."

"Christopher."

"Christopher."

It was nearing 2 a.m. and the 7-Eleven was getting -ready to close (contrary to popular belief, these convenience stores are only open seven hours a day, eleven days of the week). But there I was, unwilling to deny the most holy teenage rite of passage: I came in search of munchies.

The store was deserted and soundless except for the static from a television set hanging from the wall and the steady drip of semi-frozen solid from the Slurpee machine. The bare linoleum floors shined painful and ugly, casting the Wonderbread, 99 cent hot dogs and bags of puffed corn oil, in a dead light.

It occurred to me I was standing in the middle of a zombie horror movie. nutritionist's zombie horror movie.

"Christopher," a voice whispered behind me. I froze and tried to think of the normal escape methods of the film's protagonist in this situation...



CHRISTOPHER CURLEY The 7 1/2 Floor

Aren't any. Check. I slowly turned around.

"Christopher!" The voice boomed. I recoiled, and grabbed the first things I could reach behind me. Six packs of Devil Dogs.

"Holy hell," I sighed. Then my vision cleared. In the center of the racks of Doritos, Sun Chips, and Smartfood, there was a small fire, glowing blue and red.

"Do not besmirch me, idolator! For I am the voice of God." I cleared my eyes and looked around the store. Still no one. I leaned forward.

"The voice of God is speaking to me from a burning bag of Funyuns?" I said. "This is a joke."

"It is not a joke," Funyun bag/God replied.

# The weigh in on proper fitness center etiquette

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At times, working out in the Ursinus Fitness Center can be incredibly frustrating thanks to some inconsiderate students. Ursinus College boasts a very impressive workout facility that all students are granted the privilege to use. Yet the privilege to use the weight room lately appears to be viewed as less of a privilege and more of a right to many students. The failure of a large number of students to rerack their weights after they have finished an exercise is creating numerous problems in the weight room.

It makes it difficult for other students to figure out whether or not someone is still using a piece of equipment when they don't put it away. At the same time, not everybody uses the same amount of weights, so a person will have to spend valuable minutes of his or her time removing weights before even starting to exercise. People should not have to adjust their entire workout regimen because selfish

students have not taken the time to restack and unload the equipment they have the privilege to be using.

At the same time, the scattered weights pose a great safety threat in the weight room. Dumbbells that are strewn about the free-weight section are very easy to trip over while you are attempting to gather weights for your next set. Scattered weights also result in frustration when you are holding a thirty pound dumbbell in one hand and you have no idea where the other is located.

The friendly fitness center staff must also shoulder the burden of students not restacking weights. At the end of the night, the staff members are expected to clean the weight room up. This includes re-racking weights left behind by students.

It only takes a few extra seconds of a workout to clean up after you have finished a particular exercise set. Have some respect for your fellow students and the Fitness Center staff by doing the right thing.

"And that's how I got these webbed feet," I said stretching out my toes for the group to see.

"How come the store didn't burn down?" one girl asked. "What about the Funyuns?"

"Still fresh," I said. "Better than. Like manna. Miraculous.

"That doesn't make any damned sense," Michael, a college student, said, standing up angrily.

"Maybe you don't make any damned sense," I replied, shooting firebolts from my eyes. He turned into a

"Wait a minute," someone said from the back row. "Who's driving this thing?"

Chris Curley "didn't believe in God before. Pretty sure I'm going to Hell now." chcurley@ursinus.edu.

Have an opinion? Have something to say about he opinions of others? Simply want to be heard? Please send your questions, comments, complements, and complaints to the Opinions Editor at heturnbach@ursinus.edu.

# **Opinions**

# This week in propaganda

We have been writing *Communism for Dummies* for quite some time now and we think it is high time we were honest with you: our loyal fan base. You keep asking us, "How, Misters Sergeant and Flyntz? How can you be so witty, funny and devastatingly handsome week after mundane week?" And we keep answering, "Simple! The wit is a gift from On High, and the looks are courtesy of Neutrogena Pore-Replenishing Face Wash Cream "", which conceals the fact that we are actually 76 and 74 years old, respectively."

But in all honesty folks, sometimes we just cannot pray the slow news week away. That is why we have inaugurated a feature installment, which we (like the good untalented writers we are) will use whenever God hits the metaphorical "Report as Spam" button when he opens our metaphorical prayer-email. It is called "This Week in Propaganda," and at the very least it is better than our haikus.

First up is everyone's favorite Public-Enemy-Number-One-Turned-Forgettable-Figurehead-of-Minor-Tactical-Importance: Osama "bin" Laden. He released

yet another one of his world famous audiotapes this week and let me tell you, his cover of *Sugar We're Going Down* by Fallout Boy *sucks*.

No seriously, he is more of a nu-jazz kind of guy. This particular audiotape contained yet another helpful threat warning us that "Something Big And Terrible Is Coming Our Way," with the insinuation that "If We Were Not Scared Before, We Should Be Scared Now, For Verily, Our Doom Approacheth!"

This is not news. He has been pulling this shtick since before he made it big in the terrorist business with his

2001 debut album. What is news, however, was that this time, he offered us a truce. Granted, he did not say on what terms this said truce could take place, but I doubt it would work even if he did spell it out. Let us be honest—accepting a truce from Osama bin Laden is like accepting a dinner date from Scott Peterson. And as far as propaganda goes, we here at CfD have officially given Mr. bin Laden's tape one out of five stars. I am sorry for all you al Qaeda fans out there, but not only do peace offerings from a glorified cave hobo not hold much water but they tend to make him sound

like someone's crazy, unmedicated Uncle Ned as opposed to a slaughterer of the innocents.

And on the opposite side of the globe, U.S. policymakers have returned bin Laden's rhetoric in kind which is just the latest development in what has long since been acknowledged by private citizens as "The World's Biggest and Costliest Pissing Contest." Everyone's favorite Vice-President (read: cyborg), Dick Cheney, responded to the comments with all the gravitas of Harrison

Ford in Air Force One, vowing that "we don't negotiate with terrorists... I think you have to destroy them."

Amazing. He can drop the F-bomb on a U.S. Senator, but to the man who butchered 3,000 people in the worst terrorist attack in recent memory, he has to consult IMDB.com for his retorts. Two out of five stars, sir, and that is only because we Support the Troops <sup>CR,TM</sup> so much.

That is all the propaganda we have for this week, kiddies. Look forward to more wanton imbecility next week, when we will cook up another bogus feature installment for our own personal gain. Toodles!



MATT FLYNTZ
DAN SERGEANT
Communism for Dummies

# Whole Foods Market harvests natural energy

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Recently, natural-food grocer Whole Foods Market Inc. purchased 458 million kilowatt-hours of wind energy which will be used to power every one of their stores, including their national headquarters and regional offices. This is enough to power 44,000 homes annually. At first I envisioned big windmills being installed atop each Whole Foods store, but upon further investigation I discovered this was not the case. Instead they have purchased the aforementioned hours of energy from a Colorado based company and the money will be used to help power a grid which provides energy for the stores and other business which are contracted. The money will be used to pump wind energy into the grid which will reduce the usage of fossil fuels such as coal and natural gas.

Why would Whole Foods switch to such a source of energy? It would seem that Whole Foods is trying to make themselves appear more appealing to their clientele, which includes all shoppers but with special interest for those interested in a wholly organic and natural processing and scientific free shopping experience. Since they cater to a clientele that is concerned with being environmentally friendly, it would make sense that this move is one which they hope will bring in new customers and show their continued support and concern for their customers interests.

If you have never shopped at a Whole Foods market I highly recommend it. The taste of organic foods is far superior to non-organic foods and the prices are more than reasonable. They have similar layouts to standard grocery stores which include Dairy, Bakery, and Meat sections. Some even have a Jamba Juice connected with the store which is an excellent place for healthy smoothies.

## The new prejudice: the 'unruly' child?

ASHLEY HIGGINS ashiggins@ursinus.edu

The prevalence of ADD/ADHD, particularly, the instances of prescribing medication for said disorders is more than shocking and has sparked debate for years. In the U.S. the use of Ritalin alone (not accounting for other medications such as Concerta) has increased 500% over the past ten years and 4000% over the past 25 years.

ADD/ADHD is a disorder barely heard of in neighboring countries such as Canada and the U.K. has only recently begun prescribing medication for the disorder.

Though the U.S. accounts for an approximate mere 5% of the world's population, the U.S. consumes 85% of the Ritalin market. One in eight schoolchildren is currently medicated for ADD/ADHD.

It seems completely unreasonable that the U.S. could be the only country gripped by an epidemic of ADD/ADHD. Most psychologists, psychiatrists, and social theorists feel that ADD/ADHD is a grossly over-diagnosed condition. However, this is not to say that ADD/ADHD does not truly exist, which has been proven physiologically through brain scans and studies of the brain chemistry of true ADD/ADHD patients. This thorough examination of brain chemistry is thus far only for scientific research and such examination is never used in clinical diagnosis of ADD/ADHD. Many par-

ents bluntly ask their doctors for a prescription for their 'unruly' or 'unmanageable' child.

What is really at work here? Is this another example of a 'quick-fix' mentality that has dominated the U.S. (in stereotyping and in reality)? What happens to children who refuse ADD/ADHD drugs?

In a fast-paced U.S. school curriculum that is quick to medicate and sluggish to ask why do they 'slip between the cracks'? According to U.S. standards, what is a normal child and is ADD/ADHD the answer for a child who does not fit the mold?

ADD/ADHD drugs such as Ritalin or Concerta are also on the rise for recreational usage, either in snorting a powder form much like cocaine for an instant high or as a replacement for caffeine overloads around finals.

A peculiar trait of these medications is their unilateral effect, meaning that regardless of whether one may have ADD/ADHD or not, the medicine has the same effect. ADD/ADHD medicines are classified as amphetamines, and are powerful stimulants capable of causing withdrawal even after a few days of usage. What happens to schoolchildren who are on medication for years and then decide to quit them?

Most people do not go off the medicine. When they cannot concentrate or begin acting abnormally most would assume this is evidence validating that they truly have the disorder. This is not so. With most medications the human body becomes addicted or dependent upon the medicine.

However, assuming that one truly abandons his or her Ritalin, what happens? That person developmentally becomes whatever age he or she was when first medicated. So, when ADD/ADHD children try to quit the medicine later in life, they find they lack the study skills or work ethic to do it themselves. They may have never had to try or work unaided by medicine.

Now, it seems that any child who will not sit still during class or dozes off during class is medicated. Any child who does not fit the mold of obedient, docile may at some point experience pressure to be medicated. Any child who hates school and feels unmotivated to achieve his or her parents' standards may be put on medicine. Again, this is not to claim that ADD/ADHD is not a real disorder in some children and adults, but the prevailing majority of children on ADD/ADHD medicine are only guilty of acting like children.

# **Sports**

# Fiery free throws from Furey

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Last Saturday a presence of greatness filled the gymnasium with an aroma of determination. Last minute

heroics from big man, Will Furey, gave the Bears the edge to swat away Swarthmore College 65-60.

Ursinus held a special celebration for the 25th anniversary of the 1981 Division III National Championship Men's Basketball team. Members of that unforgettable team were on hand to cheer on the Bears of today in a Centennial Conference clash on the court.

Just after tip-off the Bears forged an early 6-4 lead but it was soon diminished by a 10-2 run over the Bears lifting Swarthmore to an early 14-8 lead at 13:33. The Garnet's lead grew by nine points making it a 21-12 game late in the first half.

Robbery became the Bears game as two steals and two turnovers cut down the Garnet lead to one, 24-23. A late layup by Swarthmore's Jon

Tundel gave Swarthmore the intermission advantage with a score 26-23.

The second half was one filled with heroics from the Bears shooting over 90 percent from the foul line hitting 14-16. In the first ten minutes of the second half, the tumbleweeds swept across the court turning the game into a western-style shootout with seven different lead changes.

The man with the St. Louis Arch for a shot, Joe Scholz, made his sixth three pointer of the season to give the Bears the biggest lead of the second half 45-41.

Swarthmore started playing the trey game making two consecutive shots from beyond the arch to boost their lead over the Bears 50-47 midway through the second. A jumper from a Garnet guard made the score 55-52 before the free throw surge.

Imagine tip-toeing up to a line that is 12 feet wide and staring down a cold steel rim 15 feet away like the barrel of a gun, knowing that inches, even centimeters, could make the difference between glory and defeat. Will Furey had to face this pressure within the final minutes of the game.

Furey went to the charity stripe three consecutive times with the opportunity of making six consecutive shots. The Helfrich

Hooligans wiggled their spirit fingers and held their breath six times as Furey drained every single shot.

The brilliant bulbs on the scoreboard read 61-56 with 39 seconds left giving the Bears the edge towards the end.

The Garnet gave one last effort scoring a trey and a jumper but with the need to foul to stop the clock the M&M boys, McGarvey and McEvily, drained two shots each from the foul line sealing the victory over Swarthmore 65-60.

Senior standout Mike McGarvey finished the afternoon with a career high eight steals and netting 12 points in the win.

Sophomore sensation Nick Shattuck led the team with 15 points and a perfect 5-for-5 from the foul line.

Brian McEvily had a solid performance

with 12 points, three assists, and three steals.

Mike McGarvey

Fiery free-thrower, Will Furey, also had a double digit game posting ten points and Matt "The Mohawk" Fabian was a beast bringing down a team high eight boards.

The Bears are still championship bound and sitting at the top of the Centennial Conference with a 9-1 record (13-4 overall). Ursinus will face familiar foe Franklin & Marshall this Saturday at home. Game time is at 3 p.m.



### **Bearly Reminder**

Thursday Jan. 26th

Women's Basketball @ Washington-7:30 p.m. Saturday Jan. 28th

Wrestling at Stevens/USMMA-10 a.m. Indoor Ttrack & Field at Patriot Games @ George Mason-11 a.m.

M&W Swimming vs. Washington-1 p.m.
Women's Basketball vs. F&M-1 p.m.
Men's Basketball vs. F&M-3 p.m.

Gymnastics @ Temple-7 p.m.

Tuesday Jan. 31st
Women's Basketball vs. Bryn Mawr- 7 p.m.
Wednesday Feb. 1st

Wrestling vs. Muhlenberg-7 p.m. Men's Basketball @ Washington-7:30 p.m.

## Welcome to Super Bowl XL

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Championship weekend is over and the Pittsburgh Steelers and the Seattle Seahawks are headed to Detroit to play in Super bowl XL. To be worthy of a trip to the big show, you must earn it and throughout the season both teams did just that. Two teams that no one picked to win it all proved everyone wrong.

After becoming the first sixth seed to advance to the Conference final by stunning the Colts in a 21-18 victory last week, the Steelers are back to the Super Bowl for the first time since 1995.

Led by the sophomore sensation Ben Roethlisberger, the Steelers smacked around the Denver Broncos in a 34-17 win. Pittsburgh came out passing and totally ripped apart the Denver Broncos in the AFC title game. The first drive resulted in a field goal. On Denver's next possession, Pittsburgh's Joey Porter blitzed to force a Jake Plummer fumble. Five plays later, Roethlisberger hit Cedrick Wilson for a touchdown to make the score 10-0. Pittsburgh never looked back from there.

Plummer, who had played so well throughout the season, reeked of horrible play this game and went 18 for 30 for 223 yards with two lost fumbles and two interceptions. Midway through the fourth quarter, Denver pulled within 27-17 and got the ball back at its 20. A Plummer fumble on fourth and ten pretty much made it a rap and sent Jeromone "The Bus" back to his hometown.

After suffering a concussion in last weeks playoff game against Washington, Shaun Alexander showed the world why he is this year's MVP. The Seattle Seahawks had everything they needed to get to their first Super Bowl in the history of the organization. While Shaun Alexander rushed for 132 yards and two touchdowns, it was the defense that highlighted this lopsided game which ended the NFC championship at 34-14. The Seahawks dominating defense pressured Carolina quarterback Jake Delhomme and picked off three passes, while shutting down the best offensive weapon of this post-season, superstar Steve Smiths.

Jerramy Stevens received a 17 yard TD pass from Delhomme to make the score 7-0. Josh Brown made it 10-0 with a 24-yard field goal set up by Delhomme forcing a very questionable pass for Smith into triple coverage. Seattle's defense came up big again when Delhomme threw a pass to Keary Colbert and was intercepted by Marquand Manuel who returned it for 32 yards to the Panthers 17 yard line. Alexander punched it in from the one yard line and made it 17-0. The only highlight for the Panthers came from Smith breaking free for a 59 yard punt return and making the score 17-7. There was definitely no miracle about to take place in this game.

The Seahawks completely shut down Carolina's running game, and Smith finishing the game with five catches for a total of 33 yards says it all. After Michael Boulware got the Seahawks' third interception, the game was pretty much over, but Brew Carter added a pointless 47 yard TD. The most memorable moment came at the end of the game when Smith was popped with a huge hit and fumbled on a reception in the final two minutes. This hard core hitting is exactly what I'm expecting to see on Super Bowl Sunday from both the Seahawks and the Steelers. Get ready for some hyped-up ads and a dog fight between two teams. Welcome to Super Bowl XL.