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Photo courtesy of Valerie Osborne

Adam Matone, owner of Ma Tones Music, hopes to create a creative space for Collegeville residents. His record store, Ma Tones Music, opened last week on Main Street.

Ma Tones brings music to Collegeville

Norristown native opens up record shop, sells new and used vinyl and CDs

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Oct. 1 was a quiet, cloudy day in Collegeville, but inside Ma Tones Music things were looking bright. Music played quietly through a floor standing speaker and customers perused stacks of alphabetized records.

The grand opening of Collegeville's new record store proved successful for store owner Adam Matone.

"I sold a hundred records that day, if you had to ask me beforehand to guess what I would sell it wouldn't have been that," said Matone.

Ma Tones Music has set up shop on Main Street in the building formerly occupied by Phila-

delphia Pretzel Factory. The store sells a wide variety of music in vinyl and CDs and also offers professional CD resurfacing and vinyl cleaning.

"I try and sell a little bit of everything, from Sun Ra all the way to Green Day. There's so much music and people like all different kinds ... it's kind of fun for me to pick out different artists and different genres [to sell]," said Matone.

While much of the inventory consists of old and used records, there is also a wide selection of new vinyl, something Matone hopes the store will be recognized for.

"There's a whole slew of new records coming out and I want to be the store for that," he said.

Matone wants the store to be a

place of discovery and hopes that it will help people explore new genres of music.

"I'm into music; I always have been," said Matone. "I've always loved showing people new music and kind of expanding people's horizons, that is one thing that's really brought me a lot of joy in my life ... to show people new music and have people influence my taste as well. I like the give and take of it."

Matone is particularly passionate about punk music, a passion that the store's inventory reflects. Although Matone admits the punk selection is relatively small at this point, he noted that the store has several original pressings from bands like The Cramps and Bikini

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Annual safety report released

2015 Security and Fire Safety Report shows an increase in sexual misconduct, drug violations and decrease in liquor law violations

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Ursinus has seen a decrease in liquor law violations, but an increase in drug violations and sexual misconduct reports over the past year, according to the annual Security and Fire Safety Report released last week. Additionally, there was a decrease in hate crimes but an increase in burglary. The complete report, which the school is required to publish as a part of the Clery Act, was sent out to all students, faculty, and staff.

Associate dean of students, campus safety director, and Title IX coordinator, Kim Taylor, spoke about the increase in some of the statistics, specifically the increase in sexual assault on campus which went from five reported instances of rape in 2014 to 13 reported instances in 2015.

"I think, sadly, we did not only have five or four instances in past years," she said. "I think [now] more instances [are being reported]."

Taylor attributes the higher level of reporting to better education about the resources for students who have experienced sexual assault or dating violence.

"I think we're being much more intentional about education on campus and talking to students," said Taylor. "I think the Peer Advocates are playing a big role, because them working in tandem with the RAs provides more education and resources for people to talk to so I think that

we're hearing about them more. Although I never want to see a number higher than zero, I would rather people report so we can help them."

One Peer Advocate, Ursinus junior Sarah Gow, echoed Taylor's thoughts.

"I would say that though it is sad--it's also good," said Gow. "In my opinion, from what I've read on the statistics about reporting sexual assaults, we are not seeing an increase in assaults. We're seeing an increase in victims who feel empowered enough to seek help and report assaults. I think what's sad is that I think past years we have had a lot of people not report their assaults and that left our numbers lower."

Gow also spoke about changes they would like to see on campus—specifically, more education and awareness of assault.

"We don't want to live in a community where we're happy with rising statistics--education needs to continue until people know not to assault in the first place," said Gow. "We need to understand respect. We need to understand that rape culture is real and is ingrained in all aspects of society. We need feminism and a more widespread understanding of what that means."

They encouraged students to seek out resources for reporting and seeking support when dealing with sexual assault on campus, such as the Peer Advocates

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Kill, items that punk aficionados might not find anywhere else.

Much of the store's inventory comes from Matone's massive personal record collection.

"That was one of the hardest parts of opening up the store, my record collection went from 1,000 down to 40," he said. "There was a lot of my own stuff that I put out on the floor, so all that stuff I spent all the time searching for it's now available for everyone else ... I needed the inventory and put it out there with the hopes that someone else would enjoy it and maybe it would cycle back around to being in my collection again ... I wanted to do whatever I could to make the store a success."

Originally from Norristown, Matone recently moved back to the greater Philadelphia area from North Carolina.

"[I] saw an opportunity and I wanted to get back around here," he said. "I love Collegeville and Phoenixville."

Junior student and notorious music lover Colin McCloskey was particularly excited that a record store had come to Collegeville.

"The music gods had finally answered my prayers," said Mc-

Closkey. "Excitement, awe, inspiration, joy, and enlightenment, all at once. It gave me hope that independent record stores could still have a chance."

So far, McCloskey has been greatly impressed by the service he's received at Ma Tones.

"The store has everything a music lover wants and needs," he said. "Adam Matone himself is an incredible human being, and has an immense breadth of music knowledge. He personally curates the store and chooses and crafts the selection with his fantastical and nuanced taste. Adam will also help you find a record that he might not have at the store, which is amazingly convenient. Independent record stores are the only place where recorded music is truly treated like the art-form that it is."

But Matone wants the store to be more than just a place that sells music. He hopes that it will become a place of community for all music lovers.

"These record stores used to be like big meeting places back in the day. You found your friends there. I think [my goal is] just getting a place for the community to hang out that's centered around music," he said.

Matone also wants to develop a creative outlet for Collegeville

residents. Specifically, Matone is hoping to soon start distributing a community zine.

"My big goal with the store is ultimately to become a creative space. One of my immediate goals is to start putting out a zine from here ... I think it'd be great to get a publication out once a month from here where college students could be involved, or really anyone," he said.

One day Matone would even like to expand the store into a space for creative work and music making that anyone could take advantage of.

"Once everything gets [in] full swing I would like to have recording, I would like to have a practice space for bands to come in and just foster creativity because I think there's not a lot of outlets [in the area] for [that] anymore and I'm all about it," he said. "Selling music, talking about music is what I need to do to make that happen and I love doing that."

Ma Tones Music is open every day except Mondays from noon to 8 p.m. and Sundays from noon to 6 p.m. PM. Any students interested in submitting to the zine should send submissions to info@matonesmusic.com

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website.

"That's what I want to stress here: You have options," said Gow. "If you don't want any legal action we have counseling services that are completely confidential and, on the other hand, if you want to go to the police we have people who can assist you with that. Ursinus seeks to meet a victim's needs. It's not perfect, no; I think support for victims can always get better. Also, it is good to know if you don't want any support on campus that there is Montgomery County Victim Services that can also provide support."

According to the report, the school has seen an increase in burglary within the residence halls as well. The instances of burglaries within the residence halls was 8 in 2013 and 18 and 19 in 2014 and 2015, respectively. Taylor says the increase is most likely due to the increase of electronic devices on campus, which can easily be stolen.

"Electronic devices--such as phones, iPods, iPads--are often things people are looking to steal. Unlocked doors often play a big role in that," said Taylor.

Liquor law violations, however, have decreased on campus.

Taylor thinks several factors have played a role in decreasing the number of violations.

"In contrast, there's been an increase in drug violations and I think that's part of it. I think drug use has gone up and alcohol use, perhaps, has gone down," said Taylor. "The Reimert courtyard program has led to fewer incidents of open container violations."

Dean Taylor also spoke about the decrease in hate crimes on campus and what the school has been doing to keep those statistics low.

"I think that's an ongoing thing and I think the Diversity Committee has done a lot of work with that," said Taylor. "I think that hate crimes in terms of reportable statistics have gone down, but as a campus we're not where we need to be yet and I think we'll see better things ahead. Especially now that we've gotten Dean Williams appointed to a cabinet position. He's got some really good initiatives planned."

If students are interested in viewing the Annual Security and Fire Safety Report they can look for it in their emails or they can check the college website at: <https://www.ursinus.edu/live/files/1645-2016-annual-report>.

Come to Me campaign raises awareness

Student-run campaign hopes to get students talking about mental health

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Mental illness and the stigmas surrounding it are epidemics on campuses across the country. That's why senior English major Luke Schlegel is bringing the Come To Me campaign to Ursinus.

Come To Me is a student-run campaign that was started by stu-

dent William Savage at Vanderbilt University to increase awareness of mental health issues. Savage was inspired to start the campaign after the suicide of a high school friend. At Vanderbilt, the campaign runs the course of September--National Suicide Prevention Awareness month. All September, the campaign distributes yellow paper bracelets, similar to those worn as tickets at sporting events, with the phrase "Come to me"

on the outside and the number to the National Suicide Prevention Lifeline (1-800-273-8255) on the inside. At any of the busier spots on campus, like the dining hall or the walkways, one can spot a few yellow bracelets. This is done so that students can see some tangible proof that others are willing to speak about mental illness.

William Savage made Vanderbilt the first college to have a Come To Me program. A high

school friend made Purdue the second. Then it was at Penn State. Now the campaign extends to Boston College, University of Delaware, Tower Hill High School, University of Pennsylvania, Temple, Clemson, George Washington, Loyala University New Orleans, and most recently (thanks to Schlegel), Ursinus College.

Schlegel attended St. Joseph's Preparatory School, where he was

a classmate with Savage. Since Schlegel missed the month of September, he's using October to extend and spread the campaign in Collegeville.

"The stigma preventing people from talking about mental illnesses can be beaten, and this campaign is a positive step in that direction," Schlegel said. "Asking

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Staff positions at The Grizzly are open to students of all majors. Contact the adviser for details.

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for help is not a sign of weakness; rather, it shows strength.”

On Wednesday, Oct. 5, outside Olin Hall, Schlegel sat by a poster titled, “Come To Me.” Under those three words were charts and listed statistics pertaining to mental illness amongst college students.

Suicide claims the lives of 1,100 college students each year. 50 percent of college students “received no education on mental health issues prior to college.” Schlegel hopes these statistics mobilize students and encourage conversation.

Passersby who stopped to read the statistics were invited by Schlegel to write “Come to me,” on a blue paper wristband and wear the wristband.

Throughout the day, different people came to Schlegel’s side to support the campaign, including the Wellness Center and Active Minds, an Ursinus organization whose mission is similar to Come To Me.

Any donations to Come To Me benefit the Minding Your Mind foundation, a foundation that, according to its website, works to “provide mental health education to adolescents, teens and young adults, their parents, teachers and school administrators.”

Ursinus’ Come To Me campaign has two plans to increase conversation. One: get guest speakers who specialize in mental health to come to Ursinus. Two: distribute wristbands that last more than a week.

Part of Come To Me’s mission to leave a legacy includes distributing rubber wristbands. The

Come To Me team hopes to see everyone on campus wearing one before the semester’s end.

Schlegel struggles with anxiety. He sees a counselor at the Wellness Center. That’s part of why Schlegel wants to get us talking. The conversation may be sustained by students wearing Come To Me wristbands, donating to the campaign, speaking to Schlegel about orchestrating a visit from a guest speaker, or—most simply but sometimes the most difficult to initiate—talking to people about mental illness.

“I hope other students who may be struggling for some reason take that step as well,” says Schlegel. “You are not a burden when you ask others for help.”

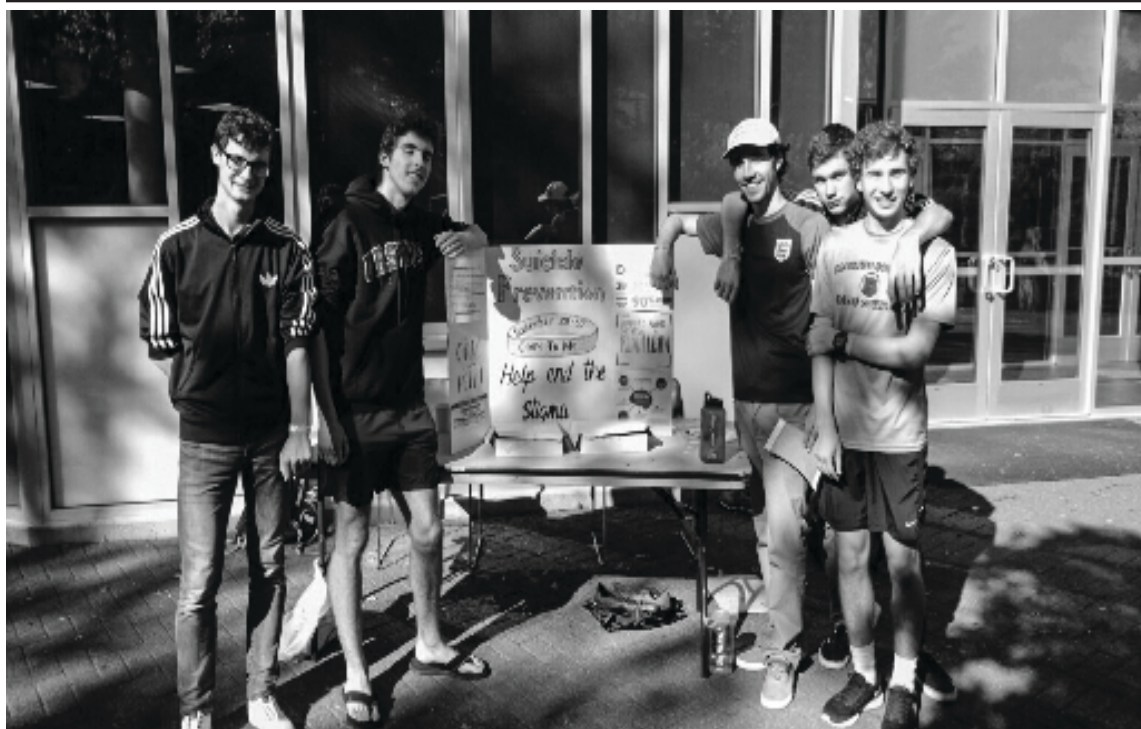


Photo courtesy of Tom Armstrong

Ursinus students, including Luke Schlegel (third from left), set up a table in Olin Plaza to promote Come to Me Campaign.

Requesting comments for retiring faculty

The following members of our academic community will retire at the end of this academic year. They are:

- **Patricia Schroeder, English**
- **Hugh Clark, History**

In late January 2017 we are planning to honor their many contributions to the College by celebrating their careers and by remembering their various roles as teachers, scholars, mentors, advisers, colleagues and friends.

Students are invited to take some time to jot down remembrances and thoughts about their interactions with these memorable and dedicated members of our community. Each retiree will be given a book that will hold messages from current and former students, faculty and staff. Photos are encouraged as well.

Please send in your comments, reflections and good wishes to the Dean’s Office mailbox (DOffice@ursinus.edu) before January 13, 2017.

International Perspective: French TA excited to learn what it’s really like to live in the U.S.

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It’s been almost two months now that I have been in the U.S. As a foreigner, I am often asked about what I like or dislike the most about this country, and one question seems to be the most recurrent: “Why did you choose to come to the U.S.?” Behind this question lie several implicit thoughts. Indeed, I am the French TA for this academic year at Ursinus and I guess that the students here also have a certain image of France in mind; some of them would probably love to visit my country and imagine that life is so much easier there than in the U.S. That is why they might not understand my choice to leave the beautiful and sunny South of France to come to a snowy Pennsylvania. But guess what? I had a certain image of the U.S. in my mind, too!

It is not my first time here, but it is my first time living in this country and the first time really experiencing the American way of life... Not as a tourist for once! But when it comes to answering the question “What do you like the most about the U.S.?” nothing comes to my mind. Of course, I can come up with something like, “I appreciate how friendly people are,” even if I know that what may appear as kindness is often just a cultural way to be polite. I also have this response: “I like the diversity of people among U.S. citizens,” which is true, but is it why I chose to come to the U.S.? I am not sure about that. I also like the landscapes and the different climates that I encounter in the U.S., as this country is so big and as there are so many things to see here. But again, that is not my main reason for being here.

So what is it? What I am doing here? I’m going to tell you the truth. Actually, what I like the most about being in the U.S. is the idea of the U.S. itself. It is as if I am looking at myself from above and feeling envious or jealous of myself. I like the fact that I can see for myself a truth which is different from

what movies, TV, or media have attempted to impose on me in France. I like that I can either validate or invalidate the clichés I know of the U.S. I like the fact that, thanks to my own experience in the U.S., I will be able to know if I agree or not with the ideas that people can have about the American culture. And more importantly, I might be able to finally know what I really like here!

It is already more clear in my mind. For instance, I have learned that a lot of clichés prevalent in France about the U.S. are incorrect. Even if some people do match the stereotypical image of “the American guy” and even if fast food is omnipresent, I still have met a lot of great people. Most of them do know what the rest of the world imagines of their country and they are able to laugh about that. Americans are smart, funny, and open-minded! Are Americans lazy or inactive, like the stereotypes insist? Of course not. Most students that I have met are athletes and Americans seem to love sports much more than any French person would!

So what is good about living in the U.S. is that I am learning what living here is really like. I know what is nice, what I like, and I know what I do not like. Even the things that I do not like are worth experiencing, and I am happy to embrace every aspect of this culture during my stay here.

Lea Mariette is the French Fulbright Teaching Assistant at Ursinus College this year. She is from Avignon, a city in the South of France, where she completed degrees in Law and English. In 2015, she taught French in New Zealand for the school year. While teaching at Ursinus, she is also studying Spanish and participating in the Meistersingers choir.



Photo courtesy of Johannes Karreth

Dr. Ann Karreth, left, and Dr. Johannes Karreth, right, are both professors in the politics department.

A partnership in politics

Veteran professor Ann Karreth is joined this year by her husband, Johannes

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Two professors in the politics department share a relationship unlike the others. Dr. Ann Karreth, assistant professor of politics, has been a staple in the department since the fall of 2014. Now in her third year teaching at Ursinus, Karreth has been joined by her husband Johannes.

The husband and wife duo may share the same job title, but each have found different places in the political science subgroups of comparative politics, international relations, American politics, and political theory.

Ann teaches introductory courses on comparative politics, as well as upper level classes on politics in the developing world, focusing particularly on democracy in Africa—her primary area of research. Johannes teaches courses on international relations, and serves as the advisor for the Model United Nations program. In the spring, he will continue the longstanding Ursinus tradition of taking students to the National Model UN conference.

Johannes said he is “looking forward to getting to know more students and get students involved in doing research on international politics.”

Ann described their differing interests. “He teaches international relations, so he looks at relations between states in international politics, and I look at politics within states, particularly in developing countries [like] African countries,” she said.

“He ... looks at relations between states in international politics, and I look at politics within states...”

— Ann Karreth
Assistant professor of politics

It is fitting that both Karreths are now teaching alongside each other in the politics department since the discipline is what first drew them together. The couple met in graduate school while pursuing master’s degrees at the University of Georgia (UGA).

“We were in the same incoming cohort,” Ann said.

Ann explained that she was

drawn to UGA because of one professor specifically.

“I wanted to work with one particular professor that was in the politics department, Howard Riarda, who actually just passed away last year,” she said. “I was interested in the work he was doing in developing countries. I really wanted to work with him, and he was at UGA, so I applied.” Riarda was also the dissertation advisor for Ann’s father—also a political scientist.

Echoing the sentiments of many Ursinus students, she continued, “I really liked the department because it was small enough that I felt I could really get to know the professors.” Used to a small department from her own education, she appreciates the similar size of the Ursinus community.

Originally from Massachusetts, moving to Georgia seemed like quite the change for Ann. “[I’m] from this New England liberal bubble. Moving down to the very different South was an adventure, but I really enjoyed my time there . . . I took a gamble,

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Students unite for worker justice

United Students Against Sweatshops raises awareness about UC cleaning staff

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Monday morning, stacks of brightly colored construction paper and markers fill a table in Lower Wismer. Greeting students that approach the table, Ursinus junior Zev Bliss explains the initiative to write thank you cards for members of the cleaning staff.

Organized by United Students Against Sweatshops (USAS), the cards are intended to help build a relationship between students and the cleaning staff, a group that is often forgotten by the Ursinus community.

Students are encouraged to write words of gratitude for the work the cleaning staff contributes to everyday life at Ursinus. Bliss compiled a list of Spanish phrases to make students’ messages more easily accessible to Spanish-speaking members of the cleaning staff.

“For the entirety of the cleaning staff, Spanish is their first language,” Bliss, a core group member of USAS, explained.

Bliss described USAS’s mission of the thank you cards. “We are doing this specifically to reach out to students and build a sense of community between cleaning staff workers and our student body,” he said.

He also stressed their goal of inclusivity. As Ursinus does not directly hire its cleaning staff, it can become easy to forget that they are also members of the community.

“It’s easy to sort of alienate them, essentially because they do work we typically see as not valuable,” Bliss said. “It’s really important for us [USAS] that we view the cleaning staff as people and that we build a community with them, and show that we’re committed to caring about them and valuing them.”

According to USAS president Sam Wanta, “Our goal as USAS is to build a truly inclusive cam-

pus community that includes even our most forgotten-about individuals.”

Bliss explained that USAS sees conditions for many campus workers, especially the cleaning staff, as less than ideal. “They’re subject to discrimination and harassment... and they deserve better. They deserve to be seen as part of the community and valued as such,” he said.

According to Bliss, USAS has been in communication with the Ursinus administration about issues that affect the cleaning staff.

“Our goal as USAS is to build a truly inclusive campus community...”

— Sam Wanta
USAS president

The administration has informed USAS that they will strive to take these issues seriously. However, because the cleaning company Olympus is not affiliated with Ursinus, responsibility for these issues does not rest on the college’s administration.

USAS believes that in order to avoid these issues, Ursinus should directly hire members of the cleaning staff rather than relying on an outside company.

USAS strives to secure fair working conditions for the cleaning staff regardless of the college’s legal responsibility to do so. “Ursinus must hold itself accountable for the well-being of each person who is a part of this campus,” Wanta said.

With programs like the making of thank you cards, Bliss said, “We’re trying to build student awareness of the cleaning staff and of the problems that they face ... so we can try to change those things and make it better for them.”

Though USAS is currently

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and it worked out," she said.

However, Johannes took an even longer trip to meet his wife-to-be. A native of Bavaria, Germany, he moved to the States at age 23 to pursue his master's degree. "He was an exchange student . . . [he] was planning on just coming for a year, but then he stayed," Ann said.

"It has been terrific to become a part of the Ursinus community."

— Johannes Karreth
Assistant professor of politics

Chance worked out in both Karreth's favor. "I was glad that he chose UGA because otherwise we would never have met," she continued.

Johannes, she added, refuses to admit that his love for her is what drew him to stay in the United States. "I like to think it was [all because of me], but he says no," she said. "That he was just enthralled with the US education system. I'm not so sure." Whatever the reason is, she laughs about it now, glad that it happened.

Their journey to Ursinus wasn't that smooth, however. Along the way, their story took a difficult turn. Halfway through their time at UGA, Johannes transferred to the University of Colorado. The two were apart for about a year before reuniting in Colorado to finish their dissertations. They both taught there for a short time before accepting positions on the east coast. Ann came to Ursinus, but Johannes went to the University of Albany.

Already married, the Karreths had to cope with a long-distance marriage for two years. Then a position in the politics department opened up, and they saw

an opportunity to further their careers in not only the same state but at the same school. According to Ann, Johannes "applied, interviewed, and thankfully got the job" at UC.

The couple, now living together for the foreseeable future, is much happier with this state of affairs. "We usually had long weekends together last year, and the breaks and the summers. But it's nice to have him around seven days a week . . . Every morning we drive to work together; he drives on the way there, and I drive on the way back," Ann explained.

"It has been terrific to become a part of the Ursinus community," Johannes said.

"I was looking forward to the opportunity to work closely with students in a liberal arts setting, and Ursinus has turned out to be a wonderful environment for that. I've been really impressed with what my students bring to the table in each of my classes," he added.

The pair plans to stay at Ursinus for a while, which is a favorable situation for many of their students. Sophomore Audrey Pitcher is in Ann's comparative politics class this semester. "It's pretty engaging; she gives students room to talk about current events and things, [which is] pretty cool," she said.

"Whenever I see her [outside of] class she says hi," Pitcher mentioned.

Johannes is especially eager to continue his time at Ursinus. "I'm very much looking forward to working with students in the next years," he said. "This is a great time to be at Ursinus College, and I'm grateful I could join this community."



Have feedback on this story? Visit The Grizzly on Facebook!



Photo courtesy of Zev Bliss

USAS members at the organization's national conference in Pittsburgh last year. The Ursinus chapter is currently striving to raise awareness about the working conditions of the college's cleaning staff.

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working towards worker justice on the Ursinus campus, Bliss explained that the issues that the Ursinus chapter of the national student-led organization tackles have broader implications. "We are focusing on our campus workers, but labor is an international issue and a national issue as well," he said.

"We're trying to build student awareness of the cleaning staff and of the problems that they face..."

— Zev Bliss
USAS member

The Ursinus chapter of USAS holds the ultimate goal of institutional change. While their current efforts focus on ensuring that the cleaning staff is seen as equals within the Ursinus community, Bliss said this would be "impossible without creating institution-

al change."

After attending regional and national USAS conferences, the group's members are prepared to organize more events on campus this year.

"It was really informative and taught us a lot about organizing, and how important it was that we do things like this," Bliss said. "It was a snapshot of what campus organizing looks like nationally."

USAS also hopes to work with other social justice organizations on campus, such as FIA, ALMA, and SUN. "We would like to form a coalition of other justice-based organizations, because we know that all of the issues we're talking about are connected," Bliss said.

"The issue of unsafe or unfair labor conditions is a racialized issue, it's a gendered issue," Bliss said. "Everything we're doing is connected to everything that other groups are doing, and we want to have more voice, more power."

USAS will be hosting the card-making table each day this week until Thursday, from 11 a.m. to 1

p.m. each day.

Students who want to get involved with USAS can visit their facebook page or contact Bliss at zebliss@ursinus.edu.

WRITERS WANTED

Lend your voice to The Grizzly

Join us for our weekly news meeting

Mondays, 6 p.m.
Ritter 141

Happening on Campus

Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday
Global Horror: International Film Festival Screening German 7 p.m. Olin Auditorium	Shark Tank Viewing Party 3 p.m. - 5 p.m. U-Imagine Center	Fall Break	Fall Break	Fall Break	Fall Break	Shut Up, I Made Giraffes: Justice and Creativity in The Book of Job 4:30 p.m. Olin Auditorium

The new face of change: A defense of millennials

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When I mentioned I was writing an article in defense of millennials, junior Alex Nigro said, “Ugh, how many times am I gonna hear ‘You millennials! You don’t know what you’re talking about.’ I’m done with it.” This exclamation perfectly describes how millennials have been treated.

In spring 2013, Time magazine published an article by Joel Stein dedicated to millennials, or what was called “The Me Me Me Generation.” The article outlined, with numerous studies from psychological organizations, how those born during 1980-2000 are selfish, narcissistic, and entitled, as well as a slew of other negative traits.

Although Stein’s article noted that millennials will “Save us all,” it wasn’t enough. This article set off a firestorm of not only people reacting to the content of the article, but also the beginning of an obsession with millennials and all

that is supposedly wrong with us. I, for one, am sick of the millennial slander.

I find all of this criticism to be, to use a popular term for someone in the generation of participation trophies and “special snowflakes,” unfair. The world we’ve grown up in and the technologies available to us are incomparable to any other generation before us, thus changing how young people might “typically act.”

I often hear complaints about millennials’ social media use being the gravest offense to older generations. First, millennials were raised in an environment that included not only the invention of innovative technology like smartphones and social media but also the widespread use of technology to constantly contact the outside world.

Growing up with the evolution of social media, which includes Myspace, Facebook, Instagram, Snapchat, and Twitter, creates an environment similar to growing up in a fish bowl.

There is a feeling of constant

surveillance when we join these social networks that document our lives. This not only manifests itself into a need to present yourself at your best but also just having to constantly think about presenting yourself virtually at all times. This idea of branding yourself through your social media use can obviously come across as narcissistic or selfish when in fact it can be extremely beneficial.

It makes no sense to label connecting with people outside your town and beyond narcissistic. Aside from that, branding and having the ability to present yourself makes for an excellent career skill. In fact, “Branding and Identity” is a skill you can list on LinkedIn. There’s a reason the Career and Professional Development office has UC students doing an internship watch a video on the importance of branding and the use of social media.

Using social media can just be plain fun as well. Things like the Snapchat dog filters and pictures of latte art are no different than baby

boomers tuning into their favorite television show to see color TV or hogging the telephone to talk to their friends.

It’s part of a generational disconnect in which normal millennial (not to mention fun) behaviors are blown out of proportion by those older than us and are labelled foolish or stupid because it’s something they’re not used to.

I feel some of the older generations are quick to judge especially when some of them are just as “addicted” to technology as we are! According to an article for The Huffington Post by Ira Wolf offers a critique of baby boomers because over 50 percent of working adults check their work email on weekends and vacations.

With technology aside, this hatred of millennials is simply a typical case of the older generation’s skepticism of the younger one. The older generation blames the younger one for any problem that the society is currently facing.

We go into debt to try to finish our higher education, which

we should likely do if we want to compete in the highly competitive job market. In college, we have to complete research, internships, and externships if we want to stand out in the competitive job market. I won’t even get into the difficulties of going into adult life with debt, including navigating health insurance, mortgages, 401(k)s, or buying a house.

So excuse our sense of “entitlement” for wanting higher wages to pay off these debts and to compensate for the work we have been doing since we were 18. Excuse our wonder and skill at growing up with technology and knowing how to use it for our entertainment and career benefit. Excuse us for being a generation that demands action against the cards that have been dealt. Just as the generations before us, we’ll continue changing the world.

Students need to understand consent

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Editor’s Note: This article addresses themes of sex, rape, and sexual assault. We advise discretion for readers.

What is consent? At the most basic level, it is approving of something. On college campuses, however, consent has come to mean something more. Conversations about consent often center on someone’s right to decide whether to engage in sexual activity with someone else.

Unfortunately, not everyone is clear on what constitutes consent. We saw the debate over consent recently in the Stanford rape case where Brock Turner assaulted a woman who was unable to consent due to intoxication. Even though Turner was convicted of three counts of sexual assault, his defense attorneys argued that his intoxication mitigated his crime, and the judge in the case agreed. It’s easy for people to believe that consent is up for negotiation when we constantly see it questioned and under investigation by our judicial

system. And when it’s someone we know, the lines of consent seem to blur completely.

According to the Rape, Abuse & Incest National Network, 59 percent of rapists are acquaintances of the victim, 34 percent are family members of the victim, and 7 percent are strangers. Turner was in the lesser category as a stranger but anyone is capable of hurting another human. While my story doesn’t follow the same path, it does involve a man who didn’t understand consent and took advantage of me before I came to Ursinus. Before I go any further, I’d like to thank Josh Hoffman for being so brave by sharing about his addiction in the Grizzly two weeks ago, which inspired me to share something that is hard for me and many others to talk about.

I clearly remember the day I met him, though I wish I remembered for a good reason. The story starts like all the others, girl meets boy, they like each other and start to date. Travis* was my first boyfriend and he was my first kiss. Things went well for the first month. We took things slow because I wasn’t ready.

One night, we were laying on the couch at his house when things got a bit more heated than ever before, and his hands started roaming. He claimed that I’d like it and I was being too uptight. He said it would make him happy. I responded with a strong “No.” Travis huffed but we went back to kissing until his hand went too low again. I fought him but I lost.

I remember talking to myself thinking it didn’t physically hurt so maybe I was being too dramatic. I was thinking, “Everyone goes this far and we didn’t have sex.” This was just the beginning, though. I’d say no, he’d do it anyway and I’d make up excuses for him, usually blaming myself. It eventually escalated to the point where he coerced me into having sex with him, even though I had repeatedly said no before the act.

When it was over, he got up and left to go home. I, too, got up, and walked him to the door. I remember I stood at my front door staring at the lock for a stupid amount of time, and then the denials came. I called my best friend and asked her if she had explicitly said yes when she and her boyfriend had

sex. She laughed and said that they just knew and how words weren’t necessary.

Last year, Nick Anderson and Peyton M. Craighill from the Washington Post looked at consent on campuses and found that students were divided over whether less explicit signals constituted consent. The problem is everyone has different physical reactions, which can be mistaken for more by their partner. The article refers to the “It’s on Us” campaign, spurred by the Obama administration, which reminds students, “If someone does not or cannot consent to sex, it’s rape.”

In the end, staring at my front door, I couldn’t get those silent tears to stop. Sometimes I still can’t. So why is consent important? Whether it’s a casual hookup or a relationship, make sure to always get verbal consent because you may do something you’ll regret or that will go further than you are comfortable with. I still can’t say the R-word because it makes it real what happened to me. I have found that there are people out there that will keep you safe and cherish you. Keep looking for those people and

don’t ever lose hope.

Assault happens, especially on college campuses. The Rape, Abuse & Incest National Network also states that 11.2 percent of all students experience rape or sexual assault through physical force, violence, or incapacitation. Among undergraduate students, 23.1 percent of females and 5.4 percent of males experience rape or sexual assault. It can happen to anyone regardless of gender or sexual orientation. Remember, it’s your body and only you can say what happens to it. You have a right to keep it safe and protect it.

To anyone whom this has happened to, keep moving forward. Keep your head up, even when you feel like laying on the ground, curling into a ball, and never getting up. Get up. Get up one hundred times over because in the end no means no.

If you or anyone you know has been sexually assaulted know that Ursinus has help. You can go to the Prevention and Advocacy page on Ursinus’ website which outlines how to get the help you deserve and available resources.

*Name has been changed.

Rafter continued from pg. 8

A product of Springfield, Pa., and a graduate of Saint Joseph's Preparatory School, Rafter chose Ursinus as the school where he would showcase his aggressive defensive play. It is safe to say that he has put on quite a show since his freshman year in 2013.

This season, as of Oct. 1, Rafter has already tallied 210 total tackles. Rafter, who is also a captain for the team this year, has been a starter and linebacker for the Bears for each of the past four seasons. He is playing a key leading role for the squad this year after having been a solid anchor in years past.

Rafter has had a very productive career during his time at Ursinus. According to the official Ursinus football website, Rafter has a total of 35 games played, meaning he has never missed a game throughout his four years at UC. Some other notable stats recorded include his 7 interceptions with 118 return yards, his 117 solo tackles, and his 93 assisted tackles. Rafter has also been very consistent with his productivity, never averaging less than 5 tackles per game since his sophomore year; during his junior year he averaged 8.9 tackles per game. His career average is 6.0 tackles per game.

"It feels really good," Rafter said. "I have never been focused on my stats or records, but when I heard I had reached 200 tackles, it made me think about my career so far: I have nothing but appreciation for the opportunities I have been given, and for all the great coaches and players that I have had the honor of playing with," said Rafter, after being asked what it felt like to reach such a landmark.

Rafter is humble and keeps his teammates and coaches in

mind when reflecting on who has helped him reach this mark.

"Without the support of my coaches and teammates, I would not be in the position I am right now," he acknowledged. "I can't say enough about my teammates. They push me to work hard, and without the trust I have in them I could not have accomplished this."

Rafter also had a lot of praise for how his coaches have helped him develop.

"My coaches have been great teachers and mentors to me, always putting me in spots to be successful," Rafter said.

He emphasized how his teammates and coaches motivate him.

"At the end of the day I don't want to let my teammates down," he explained. "I work hard and understand where I need to be and what I need to do because I know my teammates trust me to do so and I trust that they will do the same."

However, Rafter has a powerful sense of self-motivation as well. To break a school record takes hours of hard work and dedication on the field.

"My motivation is my love for the game and my competitiveness," he stated.

As his career comes to a close at Ursinus, Rafter has much to look back on and be proud of. With the support of his teammates and coaches, he has accomplished an extraordinary feat that not many people can relate to. In his last season playing football at Ursinus, Rafter has built up a solid legacy.

Rafter and the Bears will play against the Juniata Eagles on Saturday, Oct. 15, after coming off a bye week and a slow first half of the season. They are determined to get their first win of the season and get back to their winning ways.

BBBS continued from pg. 8

an older mentor they can rely on for support," Gerhartz explained. "I have been blessed with an incredible support system and feel this is an excellent opportunity to give back."

"I have been blessed with an incredible support system and feel this is an excellent opportunity to give back."

—Jon Gerhartz
UC Big Brother and football player

"It's awesome to have someone that looks up to you and looks forward to your visit every week, not to mention brags to her friends about you," Weil added.

This mentality demonstrates the goal of the Big Brothers Big Sisters program: students coming together to provide support and be a friend to younger students.

"My favorite part about volunteering is being able to be something that is constant in the life of my little sister," Weil said.

Like most student-athletes, both Weil and Gerhartz have to navigate busy schedules. Between practice, classes, homework, and all of the other things that come with the college grind, it can be challenging to set aside time to be a part of another kid's life.

"I am very involved on campus, so balancing school with swimming and other activities can be a challenge," Weil said.

For Gerhartz, time management is just as important. He has to balance football along with many other commitments around campus.

"If I can make his day that much better, then one hour of my day was worth it," Gerhartz said. "It is a tradeoff I am happy to accept to give my little the support he needs."

While spending time with their littles, Weil and Gerhartz have plenty of fun. They often have interesting stories to tell about these times.

"At outdoor recess with the third grade, nothing is more intense than playground zombie tag," said Gerhartz. "The bigs (the zombies) are tasked with

chasing the third graders (the humans) until they are all infected (tagged) and become zombies."

Little connections like this can add up, and that is the true value that a program like Big Brothers Big Sisters can have, according to Weil and Gerhartz.

"Every time I go and visit my little, a lot of her friends think I am her actual big sister," Weil said.

Weil and Gerhartz really appreciate their involvement with the Big Brothers Big Sisters program.

Gerhartz concluded with some final words. "My favorite part about Big Brothers Big Sisters is when we first walk into the cafeteria at Barkley Elementary and are greeted by the entire third grade, ecstatic to see we are back. I am continually rejuvenated by their energy every time I am at the school."

Students interested in joining the Big Brothers Big Sisters program at Ursinus can email BBBS@ursinus.edu, or visit their website ursinus.edu/live/news/289-big-brothers-big-sisters.



Photo Courtesy of Henry Gustafson

The Ursinus football team during a practice. The football team will be taking on the Juniata Eagles in Huntington, Pa., Saturday, Oct. 15 at noon.

Scores as of Monday, Oct. 10, 2016

Field Hockey (9-2)	Football (0-5)	M. Soccer (4-7)	W. Soccer (4-6-1)	Volleyball (8-10)	M. Cross County (0-0)	W. Cross Country (0-0)
Oct. 5; Ursinus 2 - Haverford 0	Oct. 5; Ursinus 2 - Wilkes 0	Oct. 5; Ursinus 1 - Haverford 0	Oct. 5; Ursinus 1 - Haverford 0	Oct. 5; Haverford 3 - Ursinus 0		
Oct. 8; Ursinus 6 - Johns Hopkins 2	Oct. 8; Johns Hopkins 2 - Ursinus 1	Oct. 8; Johns Hopkins 3 - Ursinus 2	Oct. 8; Johns Hopkins 3 - Ursinus 2	Oct. 8; Johns Hopkins 3 - Ursinus 0		
				Oct. 8; Manhattanville 3 - Ursinus 0		





Photo Courtesy of Grace Steel

Senior Captain Tim Rafter has reached the milestone of 200 tackles for his career. Rafter still has five more games to rack up more tackles. He currently sits at 210 tackles and is twelfth on the all-time Ursinus list.

Rafter Tackles Milestone

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Tim Rafter, a senior on the football team, has recently bro-

ken the 200-tackle milestone for his career. In the history of Ursinus athletics, only twelve other athletes have achieved this impressive feat. With five games to go in the season, Rafter has the

opportunity to reach the top five on the list.

See Rafter on pg. 7

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UC Athletes Give Back to Their Community

Junior football player Jon Gerhartz and junior swimmer Rachel Weil volunteer at Barkley Elementary School in Phoenixville, with the Big Brothers, Big Sisters program

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Ursinus' student body has a thriving culture of giving back, with an overabundance of service opportunities to be had. One of the most popular services is Big Brothers Big Sisters. This year, however, almost every volunteer in the program is an athlete.

Coordinated by junior Jake Zolna, the Big Brothers Big Sisters program provides a mentor-friend to troubled grade school students. Locally, people like Jonathan Gerhartz and Rachel Weil donate their time and friendship to students at Barkley Elementary School in Phoenixville.

"This is a great organization; [more] people should look into becoming big," said Weil, a junior swimmer. "The program is a great way to give back; it's also fun and rewarding."

Gerhartz, a junior wide receiver on the football team, agreed that the program was a great way

to make connections with local students.

"We eat with the kids and catch up on what has gone on in their lives in the past week," Gerhartz said.

A typical day of volunteering for Weil and Gerhartz begins around noon when the volunteers sit down for a meal with their little brother or sister. After catching up with each other, it's on to the fun: The big brothers and sisters head to recess and engage in activities like board games and chilling with their littles and friends.

"We like to play the board game Guess Who and hang out with her friends," Weil said.

Both Weil and Gerhartz volunteer with Big Brothers Big Sisters because they understand how important it is for kids to have a sibling-like role model in their lives.

"I volunteer because I find it is important for young kids who have a difficult childhood to have

See BBBS on pg. 7

Upcoming Games

Thursday	Friday	Saturday	Sat. Cont.	Sunday	Monday	Tuesday
Women's Soccer @ Swarthmore 7 p.m.		M & W Golf vs Revolutionary Collegiate Golf Classic	Football @ Juniata 12 p.m.	M & W Golf vs Revolutionary Collegiate Golf Classic		Men's Soccer vs. Stockton 7 p.m.
Field Hockey @ TCNJ 7:30 p.m.		M & W Cross Country vs. Inter-Regional Border Battle	Men's Soccer @ Washington College 1 p.m.	Field Hockey @ West Chester 1 p.m.		