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The Grizzly, November 18, 1996

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Ursinus College

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The Grizzly

We are all born into this world with nothing. Everything we gain after that is profit.
—Sam Ewing

Volume XIX Number XI

The Student Newspaper of Ursinus College

November 18, 1996

Bears Beat Dickinson, Make NCAA Playoffs

by Jared Rakes

Editor-in-Chief



Photo by Kristen Schumann

The Bears shut out Dickinson 14-0 on Saturday, qualifying Ursinus for the NCAA playoffs, which will be hosted by Lycoming College on Saturday, Nov. 23.

In keeping with his pledge to shave his head if Ursinus could become Centennial Conference champions, Dr. Akin had his hair snipped away by all the senior football players at the end of the game. See story, photos, pages 7-8.

Security and RLO Work Through Changes

by Tim McCoy

News Editor

Students often wonder about the role security has at Ursinus. Often that role and their actions are questioned and criticized (see Opinions article on page 3). There have been several recent events on campus involving security that have caused students to question the way campus security functions.

Security has always had a limited number of officers. There is only one security officer on duty at a time, with the exception of Thursday, Friday, and Saturday nights, when there are two. However, a new development in the way security works is the addition of the Resident Directors. The RDs have taken some of the roles security has had in the past. They are now sometimes used as a first

response to calls for assistance.

If students have problems with security, security director Brian McCullough said he needs to know. He said that if students have complaints about the current set-up with Paisley desk, they should bring their concerns to him. As far as security's responses, McCullough said security officers have a handbook with everything "in black and white, but officers will look to the grey."

In The News...

by Teresa Green

of the Grizzly

NATIONAL:

President Clinton gave approval for the deployment of up to 5,000 American troops to Zaire. The decision is part of a Canadian-led international rescue mission to bring food and water to Rwandan refugees in Zaire.

Last week, the worst mid-air collision in history took place over India, killing 351 people.

American and European officials met with representatives from all the Bosnian ethnic groups to help make a plan that would bring about peace.

A pitched battle and then a firefight broke out between

Muslims, trying to return to their former homes, and the Serbs who were trying to keep them out in the worst fighting since the Dayton peace accord last year.

INTERNATIONAL:

Federal studies of Gulf War veterans have found that their death, disease and hospitalization rates are no different from those of veterans of the same era who did not serve in the war.

The army is checking into hundreds of accusations of sexual harassment, spurred by complaints at bases in Maryland and Missouri, in an investigation that has spread to all of the army's training bases.

Harold Ickes, a deputy White House chief of staff and friend of

Clinton, is leaving his post after being passed over for chief of staff. He may seek a different administration post.

Wal-Mart, a popular discount department store, has been deciding what music is appropriate and inappropriate by marking "edited", "clean", and "sanitized for your protection" on the CD's in their stores. They blank out all the words they think are inappropriate, and will only receive CD's if the record company removes certain songs or alter the art work or covers to make the acceptable for Wal-Mart to sell.

(Information taken from The New York Times)

Who Would You Take to the Final Four?

by Erin Gambeski and Trish Daley

of The Grizzly

Well here we are. It's the fourth quarter, time is running out, and you have one last chance to score. Some pick their Dream Team, others choose a one on one match.

Who would you take to the Final Four? We collected a handful of professors who would be some student's first drafts, but we're still working on ours. We do know that Dr. Wickersham would be our Zeus, and he'd be best backed by Dr. DeCatur, Dr. Perreten. . . and the list goes on.

"Dr. Wailgum, because she's smarter than the world."
— Sean Lehy, Senior

"Dr. Lobo would be the captain. Dr. Dole, Dr. Goddard, Dr. Price and Dr. Borsdorf."
— Jamie Ahl, Sophomore

"Dr. Schroeder. She makes even really boring topics interesting."
— Jill Harfman, Junior

"We can't be involved in that question."
— Scott Cranmer, Senior and John Dorr, Sophomore

"Dr. Goddard because she let me drive her Jeep Grand Cherokee to New Hampshire."
— Chris Fischer, Senior

"Dr. Stern, Dr. Hood, Dr. Clark, Dr. Kelley (she'd be the captain because she'd keep the men under control), and Dr. King."
— Alli Snyder, Senior

"Dr. Hess, Dr. Stern, Doc Engstrom, Dr. Espadas, and Dr. Machado. Male domination."
— Andy "Baby Huey" Bowwow, Senior

"Dr. Doughty. He's a pain but after you come out of his class you really appreciate how much he knows."

— Amy Holler, Junior

"Stern, Fago, Boyd, Whelan, and Hood (only if he "gives" me a good grade on my seminar paper)."

— Steve Lieberman, Senior

"Dr. Czubaroff, Mrs. Harris, and Dr. Dole. Their overall teaching habits outperform any other professor I've had here at Ursinus."

— Jim Walsh, Junior

"MaGakis is the best teacher at this school."

— Jeff Martin, Junior

"Dr. England. She's enthusiastic and fair. She's just cool."

— Kristen Burke, Senior

"Wilf. He's so full of energy."
— Greg Fry, Sophomore

"Dr. Thelen. She would be our captain because she is unlike any other teacher. She's incredible. The rest of the team would be Margot, Toni Castells-Talens, Murphy, and Goetz."
— Melissa Forbes and Diane Keller, Sophomores

"Dr. Kelley. She's just really cool."
— Serena Weinberg, Sophomore

"Zell Kravinsky is the smartest guy on campus. The rest of the team: Lobo, Williamson, Volkmer, and I don't know any more."

— Young Lee (Brother of Bruce), Freshman

See page 2, "Roving Reporter"

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RHA Minutes

by Kim Madden

Special to The Grizzly

RHA MINUTES for November 11, 1996

I. AGENDA

1. **RHA surveys**- These were filled out at lunch and dinner on Wed. Nov. 13, and Thurs. Nov. 14.
2. **Holiday decorating of the houses**- Everyone seems to agree that it is a good idea to have the tours and the faculty Breakfast served by the students.
3. **More campus phones**- Serena is calling to find out how we can go about adding phones to Helfferich, Pfahler, Wismer and Thomas.

II. OTHER COMMENTS

1. **Cable**- Some have expressed that they would like more of a choice as to which channels we have access to. There is still a question as to what, if anything, can be done. May have a survey closer to the end of the year.
2. **Cleaning and Recycling**- Complaints have been made as to how both of these areas are being handled, but this deals more with the Facilities Management Committee, which is currently dealing with the problem.
3. **Programs**- The idea of a field day was suggested; each governor would form a team and the teams would compete against each other. Lakita is checking with the president of CAB to make sure they are not already planning this.

Interested in writing for The Grizzly?

The Grizzly is always looking for writers. Meetings are at 6:00 Tuesday nights on the third floor of Bomberger.

The Grizzly

Editor in Chief

Jared Rakes

Section Editors

News	Tim McCoy
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Features and A&E	Jill Schnader
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Editorial Policy

All letters and articles submitted to *The Grizzly* must be signed by the author. In the interest of content integrity, anonymous articles will not be published. Opinions that appear in articles are those of those authors, and not necessarily those of the student body or administration. *The Grizzly* reserves the right to edit any submission for grammatical, legal, and/or spatial purposes.

Nothing to do? Try this...

by Teresa Green

of The Grizzly

Monday, November 18

7:00 a.m.	Step Aerobics in Helfferich 201
4:30 p.m.	Step Aerobics in Helfferich 201
4:30	Women's Studies Survey in Wismer Lobby A
5:00	Japanese Table in the Faculty/Staff Dining Room
6:00	CAB in WPL
6:00	French Movie: "La Haine" in WLL
9:30	Ursinus Christian Fellowship in WPL

Tuesday, November 19

7:00 a.m.	Step Aerobics in Helfferich 201
12:00 p.m.	Ursinus Christian Fellowship in Unity House
12:00	French Table
4:00	"Tuesday at 4" Workshop in Bomberger 209
4:30	Step Aerobics in Helfferich 201
9:30	Ursinus Christian Fellowship in WPL

Wednesday, November 20

7:00 a.m.	Step Aerobics in Helfferich 201
9:30	Bagel/Doughnut Hour
12:00 p.m.	German Table in Faculty/Staff Dining Rm.
4:30	Step Aerobics in Helfferich 201
5:15	Spanish Table in the Faculty/Staff Dining Room
6:00	SUN in WPL
6:30	Diversity Forum in WLL
8:00	Movie: "Primal Fear"
10:00	Literary Society in Zwingli's Java Trench

Thursday, November 21

7:00 a.m.	Step Aerobics in Helfferich 201
1:00	Ursinus Christian Fellowship in WPL
4:30	Step Aerobics in Helfferich 201
7:00	Wrestling vs. La Salle

Friday, November 22

7:00 a.m.	Step Aerobics in Helfferich 201
12:00 p.m.	Organization of Commuting Students in Commuter Lounge
6:00	Men's Basketball hosts Tip-off Tournament in Helfferich
7:00	Ursinus Christian Fellowship in WPL
8:00	Ursinus Concert Band and Jazz Ensemble in Bomberger Auditorium

Saturday, November 23

1:00 p.m.	Tip-Off Tournament consolation in Helfferich
2:00	Women's Basketball at Emmanuel Tournament
3:00	Tip-Off Tournament Championship in Helfferich
6:00	Movie "Heat" in WLL

Sunday November 24

12:00 p.m.	Women's Basketball at Emmanuel Tournament
4:00 p.m.	Mass in Bomberger Auditorium

Roving Reporter, cont. from page 1

"Dr. Davidson. He looks really good in a gui."

— Tricia Murnane, Sophomore

"I have just two. Dr. Eaton, she's a really nice person, and Dr. Matthew, she's nice as well."

— Tulio Albuquerque, Freshman

"Dr. Oboler, she's the coolest person I've ever known. She makes her classes really interesting."

— Jen DiMario, Junior

"Margot Kelley would be the captain 'cause she's the coolest prof on campus. Her team would be Anthony Lobo, Victor Tortorelli, Holly Gaede, and Joyce Henry."

— Malikah Jenkins, Sophomore

"Dr. Hood, Dr. Wickersham, Dr. Stern, Dr. Lionarons. They all have a genuine enthusiasm for their subject matter and a sincere commitment to the intellectual development of their students. And also Tom Whalen, for all those reasons and because he had the courage to teach in a manner he felt appropriate."

— Matt Caia, Senior

"Stern would be the captain. Throw in Machado, Boyd, Hood, and I'd fill the fifth spot."

— Brad Getz, Senior

"Dr. Dole, for her wisdom, and Dr. Goetz, for his warped sense of humor."

— Kim Hoover, Sophomore

"Ms. Boyd, Dr. Novack, Goldberg, Gilbert, and Dr. Doolittle."

— John Dwyer, Senior

"No."
— Charlotte Strandberg, French Woman Extraordinaire

"Machado is my captain followed by Henry, Volkmer, Obeler, and French."

— Matt Miller, Junior

"Ms. Boyd because I never go to class and she gives me good grades anyway, Dr. Czubaroff, Dr. Machado because he likes deviance, and Dr. Clouser because I failed German and she still gave me a B."

— Matt Cowper, Senior

A Question of Security

by Taneille Smith
of The Grizzly

After talking with a number of people on campus, I've come to the conclusion that the credibility of the Ursinus security staff is less than favorable. Various people, myself included, are wondering just what the functions of security entail? One would think they included ensuring the safety of students. Unfortunately that's not the case.

I've devised a list of a few elements that I believe should be incorporated into security's job description. Basically, they should be doing things like:

* Making sure someone's not playing their bongos at 3:00am and disturbing the eight people who live below his pseudo recording studio.

* Perhaps they should be responsible for, say, providing escorts for anyone who doesn't want to walk across the poorly lit campus in the dead of night.

(HINT: IT WOULD BE GOOD IF WE COULD SEE TWO FEET IN FRONT OF US AT NIGHT!)

* In the case of emergencies, such as alcohol poisonings, wouldn't it be more advantageous if students could directly contact an EMT instead of having to go through the sometimes less than helpful and laggard workers at Paisley desk?

* Some consideration might be made about increasing the number of call boxes on campus. Reimert is pretty much covered. Its call box happens to be conveniently located right outside security headquarters. Yes, Reimert may be the most hazardous place on campus, but emergencies do occur on a variety of sites.

* It's just a suggestion, but perhaps security should consider prioritizing calls they receive from students. Calls such as a few students having lit sparklers in their room should not be responded to with more speed than a person complaining that she is being followed by a stranger.

* Maybe security should pool their expertise and consider restructuring the "write-up" system. My logic may not be as fine-tuned as those on the security staff, but I don't think that having a burning sparkler in your room (sorry to harp on the sparkler issue, but I can't resist) should be treated in the same fashion as falling down drunk in front of a security officer. Writing someone up for both incidents is justified; however, I see a discrepancy in the reactions to the above mentioned circumstances.

Ursinus College security staff, I realize that your force has significantly dwindled over the years and I sympathize with how frustrating it must be to police the actions of about 1200 college students. But we do need your help. You've proven that you can sniff out any kegs on campus, key into our rooms, etc. Now it's time to stop being beer nazis and redefine what it means to be an Ursinus College security officer.

An Insider Throwing Out a Line

To the Editor:

This letter is in response to Marshalee Clarke's article in last week's Grizzly. Ms. Clarke, I think that you may be looking for the wrong group of people. The Admissions office was telling you the truth when they said that Ursinus is a family, but like every family, there are some people who just don't fit in for some reason or another.

I admit that stereotypes exist for blacks on this campus, but they also exist for Christians, Greeks, members of sports teams, and even for individual classes. I am sure that you know the stereotype of a freshman, and probably the one for a sophomore as well. Everyone knows that freshmen go in time to every class, are out of control at Wismer/Reimert and go to bed before midnight. Sophomores, of course, are wise fools.

As far as the two Caucasian males who offered you, they are part of that group of people in the Ursinus family that don't fit in. Unfortunately, in every race and group of people, closed-minded individuals exist.

I agree that there are cliques at Wismer. However, your race does not have to determine where you sit, nor does what happens in

Wismer accurately reflect what happens on the rest of campus. At the school forum on diversity, you stated that you are reluctant to make "the first move".

This time, let me make the first move: I extend an invitation for you to sit with me at one of the many cliques I sit with in Wismer. Pull up a chair at the "swimmer's table". Get to know the sisters of U Phi D. Sit with some people from Musser, or even grab some friends and form your own clique, but don't use your race as a reason to separate yourself from others in Wismer or anywhere else.

No one here has to be a follower. The chance to lead is one of the reasons that I chose Ursinus. Your background does not give you the excuse to follow anyone. Choose anything you want, and you can be a leader there. Start a club, or take a leadership role in an existing one. The bottom line is, if you want to lead it, then get on the ball and do it!

As far as the social experience at Ursinus, there are alternatives to drinking, sex, and drugs (which, by the way, are in no way considered extra-curricular activities). Ursinus Christian Fellowship is a great social

experience without any of those things. Musser Hall also provides some alternatives, which are cultural as well as alcohol, drug, and sex-free. The campus activities board offers movies, parties, concerts, and various performers as yet another alternative. If you look, you can find things to do on the weekend that will not only keep you out of the "party scene," but that may enlighten you as a person in the process.

Stereotyping, and the combining of varied stereotypes of people into exclusive groups is a problem for every individual. I face the stereotypes for being an active Christian, for living in Musser, for being on the swim team, and for growing up on a farm. As a person who seems to have many obstacles in her life, you should know by now not to avoid them, but to treat them as hurdles, running up to them, facing them, and going right over them. In more practical terms, this means deciding who you are, the image you want to portray, and how to assume leadership roles here at Ursinus to convey that image.

Sincerely,
John Shoen
--Sophomore

One of Four Seasons

by Trish Daley

In response to Todd Brenneman's friend,
I AM:

1 of 4 Seasons

Before Autumn:

Close your eyes when you speak to Him; put your money in the basket as it goes by; sit up straight in the pew with hands folded in lap; these shoes are to be worn only on Sunday; never use His name in vain; always smile in the church; don't run in the hallways; hold the hymnbook with one hand, like the choir does; make sure you look at the minister when he speaks, even if he doesn't look at you; this is how you spell His name; *how many names does He have?* this is how you drink his blood; this is how you eat his body; when you read His word, you should never laugh; always take your Bible on His day, NEVER drop it; this is how he died for you; this is why he died for you; you are you because He is in you; *but how can He be inside of me if he is dead and I am living?* say your prayers every night; ask for forgiveness for all of your sins, even the ones you don't know you've done; this is what the Father looks like; here's a picture of the Son; this is what we think the Holy Spirit looks like; always keep faith or below you will go, to the evil one; don't throw stones at doves; never cough while the choir is singing; *how do you know the evil one is evil and the good one is good?* What!? You mean you can compare Him to the Beast?!

Autumn:

...Who named Him God and him devil? Why does a Christmas tree celebrate his birth, when its life is taken? Why am I required to be spiritual only once a week? 52 times a year? What happens if there is left over body and blood? is it thrown away? does someone eat it? do they sell it? How do we know that He only has one word? What if he has more to say, could I find it? If heaven is up above and hell is down below, how can the Earth be round? What happens to the people who don't know the Son? Where will my friend Evea go? She's Jewish. Where will Baves and Kim Soo go?

After Autumn:

I sit in silence, straining to hear the sounds the trees use to speak. my muscles are rigid. I cannot always hear; the vision I have is often blinding, but I have been, for moments, within the Sacred Silence. I know I am. I am, i am. I mourn the death, yet prepare for birth.

ATTENTION: STUDENTS & FACULTY



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The Outsider Takes the Easy Way Out

by Mike Podgorski
of The Grizzly

In the November 11 edition of the Grizzly, there was an article entitled, "The Outsider Survives" by Marshalee Clarke. Before I begin, I'd like to say that she brings up some very valid points about this campus. I agree with her on a lot of points. But her attitude toward and assumptions about the subject she speaks of need to be addressed.

I don't think that it is right for her to assume that since she was called "just a black girl" that this was "another form of intolerable racism." How she went from point A to point B here boggles me. How can she possibly make such an assumption when she doesn't even know what that person actually thinks? Now, of course it is a little ridiculous to go up to a person and ask "Did you make that comment because you are racist or was it because..." Get real. Nevertheless, the inference she makes is not valid. I don't think it very responsible to jump to such conclusions because they entail very serious ramifications. In fact, I find it very dangerous because it leads to that

"I am an outsider" attitude. Please, I am really tired of hearing that crap about "nobody understanding" or "I'm an individual" or "I'm an outsider." It is an attitude which provides a cheap excuse to not care and I think that sucks (like I already said).

Personally, I don't believe that anybody can totally understand anybody else because there is no way for another person to experience things exactly as you have. The only way for somebody else to experience "you" is through similar experiences and incomplete accounts through language, which is a poor tool for representation even though it's the best we've got. I would never expect so much from another person.

About your attitude, there are already enough gaps to be bridged between people on this campus. The apathy, as I've said, is pathetic here and too easy to fall into. Don't be so egotistical as to make that gap even wider. You will only be making it tougher to close that chasm between yourself and potential friends around you. In fact, you will defeat yourself in a sense. Anyway, it's your decision.

It's All In Your Head

To The Editor:

While reading the latest issue of *The Grizzly*, we became appalled, offended, and dismayed when we read the article authored by Marshalee Clarke entitled "The Outsider Survives". We feel that the view presented by Miss Clarke does not accurately depict the issue at hand: what constitutes an outsider?

Our fine friend Mr. Webster has defined an "outsider" to be "one who is outside or not included." Miss Clarke, however, defines "an outsider [as] someone who is misunderstood or feels alienated based on the demographics of his or her current surroundings."

What, may we ask, do demographics have to do with being an outsider?

Demographics are used for market research! One does not become an outsider merely because of his or her race, religion, sexual preference, or other such characteristics. A person, instead, becomes an

outsider if he or she allows him/herself to become one. Although some may choose to blame their feelings of being an outsider on their race or creed, this is clearly irrelevant. It is also not a reason to allow yourself to be a follower and not a leader. One's skin color may be predetermined, but leadership capabilities are something to be developed over time. Thus, whether one is a leader or a follower is not related to race, as Miss Clarke suggests. This fact is apparent in the diversity of the student leaders on this campus.

We understand that there is discrimination on campus and we do not wish to make light of the situation. To hold up a single incident involving "a couple of Caucasian males" as representative of the attitudes of the entire student body is unfair. There are hundreds of other people on this campus who do not judge people based upon the color of their skin. We feel that Miss Clarke has not

given these others a fair chance.

Speaking of giving people a fair chance, whatever happened to those members of the Ursinus community that are not -American or White Anglo-Saxon Protestant? Petty distinctions, such as these, perpetuate further hostilities between members of

"What, may we ask, do demographics have to do with being an outsider?"

the Ursinus community. To so flagrantly and ignorantly label people in this manner does nothing to lessen whatever racial tensions the author may be experiencing.

Moreover, Miss Clarke's comment, "You cannot have fun here if you don't drink, have sex, or do drugs," is a blatant fallacy. It is, in fact, possible to have fun

on campus without participating in any of the noted activities, which Miss Clarke deemed "extracurricular." The fun to be had on campus is directly proportional to the amount of effort he or she puts into finding and creating his or her own fun. Opportunities for non-drinkers to have fun on campus can be found at weekly C.A.B. movie premieres, intramural and club sports, on-campus entertainers, Java Trench, U.C.F., or even by renting a movie from Media Services.

In fact, fun can be had just about anywhere--yes, EVEN in Wismer. Contrary to what Miss Clarke says, the Wismer cliques are not so much racial cliques, but groups of people who happen to be friends or have common interests, such as the football team, sororities, and fraternities. The so-called "ethnic" cliques are not just an African-American phenomenon. While on the surface they may seem to be

purely ethnic groups, these people have become a "clique", if that's the word Miss Clarke insists on using, due to common interests.

And so, Miss Clarke, we do not wish for you to feel like an outsider. We extend to you a friendly invitation to join us for lunch anytime. We usually sit in the alcove between the desert table and the Lobby B entrance at the table closest to the window on the right. We hope that you will not feel like an outsider, as our group consists of an agnostic, an atheist, an Episcopalian, a few Catholics, and a Mennonite. We consist of men and women. We are American, Laotian, and Indian. We are Republicans and Democrats. We are drinkers and non-drinkers. We are all freshmen, just like you. We hope to see you, or anyone else willing to take us up on our offer soon.

Sincerely,

Brett Bertolino, Kelly Knapp,
Mary Marcopul, Jessica Kilian
--Freshmen

What's Up In Wellness

The Great American Smokeout

by **Cristin Veit**
of **The Grizzly**

Cigarette smoking affects a great number of people, including those who do smoke, and those who do not. On Thursday, November 21, 1996, the American Cancer Society will be sponsoring a special day called "The Great American Smokeout." On this day, the American Cancer Society hopes to reach as many people as possible in an effort to reduce the number of smokers nationwide and the problems that arise from smoking. Americans are starting to smoke at a younger age, and 80% to 90% of smokers begin before age twenty. That means about 3,000 teens start smoking every day. Thursday is the day for all smokers to try and give up the habit, as difficult as it may seem. Research in over 40,000 studies has proven that smoking does in fact cause disease and death. One in five, or twenty percent of the deaths in the United States each year, is a result of smoking. More Americans die from smoking-related diseases than from AIDS, drug abuse, car accidents, and murder combined.

Smoking costs the nation over \$100 billion a year in health-care costs and lost productivity. This means that smoking costs about \$398 a year per American. Some of the health problems caused by smoking include emphysema, lung cancer, chronic bronchitis, heart disease, or strokes. Lung cancer has surpassed breast cancer as the leading cause of cancer deaths among women, and it is still the number one cause of cancer deaths for men. The Environmental Protection Agency has estimated that 4,000 lung cancer deaths annually, or three percent of the total, are caused by involuntary smoking.

The reason most people tend to smoke and cannot quit is because of nicotine. Nicotine, the natural part of the tobacco leaf, is an addictive drug which works on the brain and other parts of the nervous system. Although some may find it difficult to believe, nicotine is as addictive as cocaine and heroin. In 1988, the Surgeon General reported that a "hit" of nicotine reaches the brain in 7

seconds, which is two times as fast as heroin. A small dose of the pure form of nicotine injected directly into the bloodstream (like heroin) would kill a person in one hour. People become hooked on the nicotine, but they also enjoy smoking because of the taste, feel, and smell of cigarettes. Also, smoking can have strong mental links to certain activities such as having coffee after dinner or talking on the phone. Smokers need to "practice" quitting and keep trying because it is often difficult the first time around. The withdrawal symptoms from nicotine vary from person to person, but in general the first few days are the worst, and then the symptoms taper off until the person is accustomed to a smokeless life. The most important aspect of trying to quit smoking is that the person WANTS to quit. That is the most effective way to stop, and 43.5 million Americans have quit already.

Some people may believe that it is too late to quit, or that they do not smoke enough to even bother quitting. It is never too late, however, to quit smoking, and here are some reasons to quit:

- **Feel Better:** breathe easier, cough less, have better blood circulation
- **Energy Will Improve:** increase oxygen supply to the body
- **Reduce Risk of Illness:** improved immune system, heart disease risk cut in half
- **Live Longer:** enjoy life more
- **Food Will Taste Better:** sense of smell and taste return while appetite improves
- **Save Money:** no longer wasting \$ on cigarettes; save \$ on health care
- **Look Better:** clothes and breath will not smell like smoke, whiter teeth
- **Better Self Esteem:** feel better about yourself, happier

There are rumors that if one stops smoking, one will gain weight. However, this does not need to happen. Some tips on how to stop smoking and not gain weight include:

1. Have a plan and set goals for quitting.
2. Reduce cravings by drinking

lots of water and chewing sugarless gum.

3. Increase activity to help maintain weight and keep the mind off smoking.
4. Reduce stress in your life.
5. Get support from others who are close to you.
6. Change habits which remind you of smoking.

In order to quit and remain a non-smoker, it is important to have a positive attitude, picture success, and relax with the help of the people around you. By ceasing to smoke, an individual may reduce the risk of heart attack, reduce the risk of cancers related to smoking, and lower blood pressure and heart rate to normal levels. It is important for smokers to realize what can happen to their own bodies as well as the people around them who suffer the effects of second-hand smoke. On Thursday, remember that it takes all of us to lessen the number of smokers around us. People who do not smoke need to encourage those who do to stop. The battle against smoking is not an individual one, but a project for all of us. For the Great American Smokeout, special survival kits will be available from the RA's for any smokers who would like to try to quit.

REMINDER!
Tuesday, November 26,
1996
the Wellness Center will close
at 3p.m. for the Thanksgiving Holiday!



A Salute to America's Heroes

Last week we celebrated Veteran's Day. Unfortunately, vacation was not an option. It is a time when we remember the true heroes, men and women who sacrificed their lives for America, whether they believed in the cause or not, and those who survived to tell their stories. This week's article pays tribute to two of America's greatest heroes, who luckily or skillfully survived to see a film made about their war experiences. We must never forget Alvin C. York, nor Audie Murphy. Both men hold the title

of most decorated soldier, York for WWI and Murphy for WWII. Both received the Medal of Honor for combat, America's highest military honor.

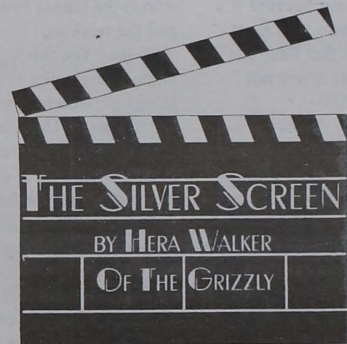
In *Sergeant York*, Gary Cooper gives an honest and accurate portrayal of Alvin C. York. York is a sharp-shooting, moonshine loving, Tennessee farmer. After "finding the Lord" and mending his wicked ways, Uncle Sam steps in and drafts York. Filing a formal protest as a "conscientious objector," York's protest is denied. While at boot camp, York merits the attention of his commanding officer, Major Buxton, who sympathizes with York's convictions. Here Major

Buxton convinces York that violence is sometimes a necessity to insure freedom. In the climactic scene, set in the Argonne Forest, York single-handedly kills 25 German soldiers and captures 132 prisoners after witnessing the death of his army pal. It's true!!!!

Audie Murphy's story is no less spectacular. In 1955, Hollywood decided to make a movie from Murphy's best-selling autobiography *To Hell and Back*. The film traces Murphy from his humble

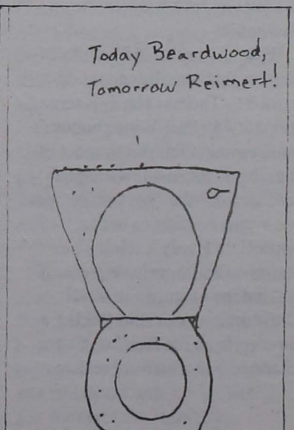
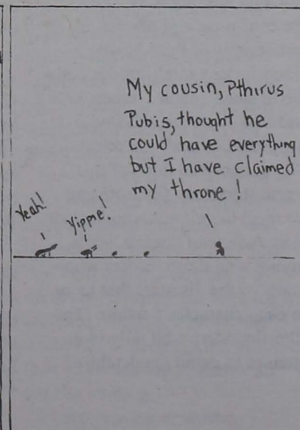
origins as a Texas sharecropper's son, his rejection by the Marines and Navy for being vertically challenged (during his film career, Murphy had to wear platform shoes while the studio casted

woman who would not tower over him.), to his acceptance in the Army. During his military career, Murphy rose to the rank of Lieutenant and killed 240 German soldiers. Upon returning to the States, Murphy caught the eye of Hollywood, where he was cast in a number of B-quality westerns. Murphy proved his acting ability in John Huston's *Red Badge of Courage*, a role with which Audie greatly empathized. All three films are a must see. Pleasant Viewing!



I Paint What I See

by **Ara Brown**



The Critic and the Movie

By Brian Hamrick

So Lonely

Movie of the Week: *The Ghost and the Darkness*

Well boys and girls, men and women, children of all ages, Val Kilmer is back, rather quickly from *Heat*, to star in this movie with Michael Douglas (*Disclosure*, *Fatal Attraction*), that was released a couple months ago and, surprisingly, is still in the theaters. Surprising because it's been several months, and most movies don't last that long, not surprising because it was not good, because it was.

Val has to go to Africa for a British railroad magnate to oversee the building of a bridge so that the railroad can penetrate the wilds of the continent before the French or Germans do. When he gets there everything is going fine for the first seven weeks ... UNTIL a lion kills one of the workers. So, Val climbs a tree, waits one night, the lion comes,

and blammo Val shoots the lion. And there was much rejoicing. Yea, yea!

Everyone thinks that Val is a bad-ass, including himself, until two lions show up, behave very differently from other man-eaters (what man-eating lions are called by the natives), and kill around forty, fifty workers without Val being able to do anything about them. The lions are called "The Ghost and the Darkness" by the wise African who is the liaison between Val and the workers.

So they hire this legendary hunter Remington (Michael Douglas), who tries to help them kill the lions. He fails, but sticks around for a bit because a bond of friendship has, of course, developed between him and Val.

As usual, I'm not going to give away the ending, but I will say that one of the weakest parts of the film was the sheer predictability of the plot. I saw it with two friends of mine, and a couple minutes before some-

thing would happen one of them would whisper what was going to happen, and be right.

Other than that, the movie is just good for the eyes. There are amazing panoramic shots of the landscape of Africa, aerial shots of hundreds of workers toiling away, graphic shots of the lions mauling people, and good use of shadow and light throughout. All the actors did a good job; in fact, I thought that Val was better in this than in *Heat*. Interestingly enough, Douglas received billing over Val, who had a much larger part. It reminded me of *Batman*, where Jack Nicholson received billing over Michael Keaton, who actually was *Batman*. I guess the studio thought he had more drawing power. Oh well ...

That's about all for me right now. I don't know what I'm going to see this week (I never do), but you will, of course, hear, or read, about it next week. For any Star Trek fans the new movie comes out this Friday, so go see it and tell me how it is. Ciao.

Jude: Hardy's Novel Arrives in the Flesh

by Meghan Gualtieri

of The Grizzly

Anticipation: Someone has decided to bring Thomas Hardy's masterpiece *Jude the Obscure* to movie theatres. **Fear:** Someone is actually going to attempt to smoothly transfer such phenomenal writing to a movie screen. **Vexation:** No, not the film...two flat tires on the way home from the Ritz at 2:00 a.m. tend to disappoint.

While it may be difficult to fathom that any film could do justice to Thomas Hardy's tome, director Michael Winterbottom's *Jude* remains faithful to most of the novel (the last few chapters are cut from the film version, but are worth reading to better appreciate Hardy's tale). *Jude* stands as an impressive piece of art, independent of the novel. Christopher Eccleston (taking a far step from his *Shallow Grave* character) successfully realizes

the role of Jude Fawley, a man trying to free himself from the social shackles that prevent him from attaining a university education. Jude's very liberal minded counterpart (and cousin), Sue Bridehead, is played by Kate Winslet in a performance that surpasses her work in both *Heavenly Creatures* and *Sense and Sensibility*. Both characters must endure the hardships of their respective unhappy marriages as well as the confusing and painful wanderings of their hearts. Good fortune rarely smiles upon the ill-fated couple. When Jude and Sue do manage to find happiness, it is all too transitory. The unexpected turns of this tragic story may fascinate and astonish the viewer who has not read *Jude the Obscure*, while toying with those readers who know of the disasters that loom in each character's future. The film flounders a bit only in its attempt to detail the depths of

love and sorrow as Hardy does in his novel—a difficult task considering the fact that one is transferring four hundred pages of text into a two hour movie.

While some scenes in *Jude* present visually stunning images, the cinematography of other scenes seems a bit banal or aesthetically displeasing. A jolting camera run through a forest, one that proves to be rather ineffective within the context of the moment, cannot compare with the opening panoramic view of a bleak field filmed in black and white. This opening shot sets the tone for the entire film (color does resume after a brief period of time) and grabs the viewer's full attention. For the most part, *Jude* paints a seemingly true picture of Hardy's famous Wessex.

Hardy's text, fine acting, and a strong supporting cast make *Jude* a film worth seeing, one that embraces the timeless sentiments of a tormented soul seeking Something More. (*Jude*, rated R, *** out of a possible ****)

Concert and Jazz Bands to Perform

The Ursinus College Concert Band and Jazz Ensemble will present a concert on Saturday, Nov. 23 at 8 p.m. in Bomberger Auditorium. Dr. Norman David, visiting assistant professor of music, will conduct. The concert is open to the public, and no tickets or reservations are needed.

Concert Band selections will include "Chorale Variations" by J.S. Bach, "Haunted Carnival" by Rob Grice and "Regatta for Winds" by David Shaffer. Students Michelle E. Glynn, flute and Jennifer deRuyter, clarinet, will be featured with Dr. David, clarinet, in "Trio for Woodwinds" by Carroll M. Butts.

The Jazz Ensemble will perform such favorites as "It Had To Be You" by Gud Kahn and Isham Jones; "Birth of the Blue" by B.G. DeSylva, Lew Brown and Ray Henderson; and "Basin Street Blues" by Spencer Williams.

Conductor David received his bachelor's degree from McGill University, his master of music in composition from the New England Conservatory of Music, and his doctor of musical arts in composition from Temple University. A member of the International Association of Jazz Educators and the College Band Directors National Association, David has been a professional

musician for almost 30 years.

David has performed and recorded in the United States, Canada and France with some of the top names in jazz and popular music, among them: George Garzone, Jamaaladeen Tacuma, The Dukes of Dixieland, Bobby Vinton, Jack Jones and Gladys Knight and the Pips. He has been recorded as sideman of WATTWorks/ECM and several independent labels, and his first album as a leader will be released in the summer of 1997 on the CoolCraft label. He is also an experienced orchestral performer and interpreter of new music for saxophone and clarinet.

A prolific composer/arranger and writer, David was the recipient of a Fellowship Grant in Jazz Composition from the National Endowment for the Arts. His jazz and art music compositions have received world premieres in Boston and Philadelphia, and have been cited by the Artists' Foundation of Massachusetts and Vanguard Artists' Associates of Southern Florida. His first book, *Jazz Arranging: Band Instrumentation and Scoring* is currently being considered for publication by Ardsley House Publishers, New York City.

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CENTENNIAL CONFERENCE ACADEMIC HONOR ROLL

Football - Gary Rodenbaugh, Kevin Bailey
Men's Cross Country - Barry Keppard
Women's Cross Country - Carrie Haslbeck, Wendy Sands
Men's Soccer - Kerim Oncu
Women's Soccer - Juliet Mae Hutcheson
Volleyball - Lauren Wagman

Dr. Akin, shown here after his haircut, helped Ursinus celebrate the Bears' Centennial Conference Championship. See story, picture, page 8.

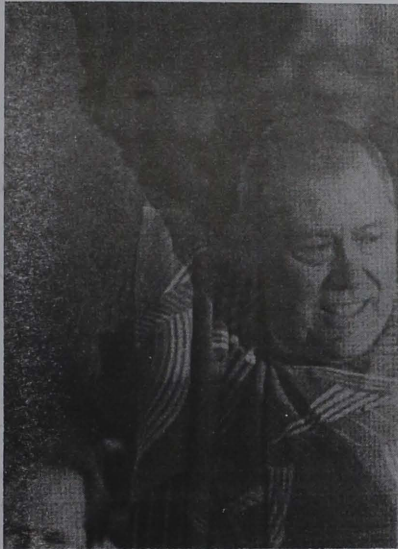


Photo by Kristen Schumann

THE GAME PLAN

by Tony Palladino and Phil Blessington

TONY'S PICKS

DENVER 35, Minnesota 14
TP: Denver is on track to compile the best record in the NFL.

Chicago 24, DETROIT 21
TP: The Wayne Fontes era is coming to a rapid close.

New England 35, INDIANAPOLIS 24
PB: The Colts get healthy with a win over the Pats.

Tampa Bay 21, NEW ORLEANS 14
PB: This is a battle of the worst teams in the NFL, but not even the Bucs lose to the Saints.

Baltimore 28, JACKSONVILLE 21
PB: This will be an old fashioned shoot out in the AFC Central.

Seattle 27, OAKLAND 24
TP: Mike White is on his way out as Al Davis starts the Joe Bugel era.

PHILADELPHIA 28, Arizona 12
Cincinnati 21, ATLANTA 10
Houston 28, CAROLINA 14
New York Giants 17, DALLAS 14
Buffalo 24, NEW YORK JETS 10
Kansas City 28, SAN DIEGO 24
SAN FRANCISCO 42, Washington 24
GREEN BAY 35, St. Louis 27
PITTSBURGH 21, Miami 20

***The home teams are listed in capital letters.

PHIL'S PICKS

Minnesota 14, DENVER 7

DETROIT 28, Chicago 10

INDIANAPOLIS 21, New England 17

NEW ORLEANS 28, Tampa Bay 14

JACKSONVILLE 35, Baltimore 34

OAKLAND 21, Seattle 10

PHILADELPHIA 28, Arizona 3
ATLANTA 14, Cincinnati 10
CAROLINA 14, Houston 6
New York Giants 21, DALLAS 17
Buffalo 24, NEW YORK JETS 10
Kansas City 17, SAN DIEGO 3
Washington 17, SAN FRANCISCO 14
GREEN BAY 24, St. Louis 7
Miami 35, PITTSBURGH 34

A PHILLY FAN

by Joel Schofer

Sports Editor

Every week after the "Philly Fan" comes out I get many reactions from my readers.

Some, such as Big Jeff "Superman" Lehrman, call my room and leave messages detailing how much of a fool they looked like when my column made them laugh out loud in the middle of a relatively silent library. (Yes, Jeff's investment can in fact leap tall buildings in a single bound, just not small buildings that serve food.)

Some argue with me and voice their disagreement with my opinions and others inquire as to how I come up with some of the ideas, analogies, etc. that I use every week.

Most of the comments, however, come from those people who were included in the column, either to their like or dislike, or from those who, like Kyle Dean, were not included in my column and would desperately like to be.

Well, I can honestly say that I've got a HUGE list of people swimming around in my head, all of them having expressed some desire to see their name in print. I also have a smaller list of people, though, all of them having expressed a desire to never see their names in print.

If you read my column enough, or know me personally, you can probably guess from which of my two lists I am more likely to pluck names from for my column.

That's right. If you don't want your name in my column, be sure you never tell me that.

So, my mission this week is to put all those people in my column that both want and don't want to be there, but at the same time talk about sports.

You know what? You might think I can't do it, but I think I can. Big surprise, huh?

You see, there are many different aspects and people involved in sports, just as there are a great variety of people on my lists.

Some have hair and are in a sorority, such as The Franchise, and some don't have hair, have women at their feet, and have no shot, such as Josh Hartle.

Some are among the best looking on campus, such as Mike Traud, and some are alluring, wear overalls and Nikes, and would remove every one of my limbs if I actually put her name in here.

And then there are some who bear a resemblance to certain sports figures...

Bob Clements is a small, white version of the Sixers power forward Derrick Coleman. Both are loud and obnoxious. Both are a tad on the "husky" side and both think they're the absolute best at what they do, which in one case is drink beer and make noise and in the other case is play basketball.

Mr. Clements' roommate, a certain goalkeeper ugly women have been known to call Chris Daniluk, is the Rick Kotite of goalkeepers. If he has a good team he can do the job, but if he has an average team with a few talented players, his stats--to put it plainly--suck. First team

Centennial Conference keeper? Second team? Honorable mention? Please. That's like Kotite winning NFL Coach of the Year.

And a whole Philly Fan devoted to arguing that you should have won some honor for this season's performance? Is Kotite on the front of *Sports Illustrated*? I didn't think so.

You might not think that the Sixers backup backup backup shooting guard/point guard Rex Walters would make his way into the Philly Fan this week, but if I'm going to talk about Lori Lennon he has to.

They're both white. They're both about the same height and have the same hair color. Most importantly, however, they both don't get much action but are certainly "willing" participants, in athletics of course. What else could I have been talking about? (Lori, I'm smiling. Wherever I am I'm smiling.)

A certain Wismer worker, known to those who are close to

her and those who read her name tag as Pat, is another fine soul who just loves to see her name in print. This week she gets compared to Ricky Watters because they were both a little confused.

Ricky had the nerve to complain about a lack of carries when he had 19 opportunities to make something happen in the Buffalo Bills game. Heaven forbid Charlie Garner, who is a phenomenal talent also, get more than two carries in a game! Coach Ryan Rhodes should kick Watters square in the ass!

He is complaining about a season during which he already has rushed for approximately 950 yards and has led his team to a 7-3 record!!! Let's sound it out, folks. Con...fu...sion.

Pat was also a little confused this week. Well, actually a little more than a little confused, but that's both understandable and forgivable. Pat, you came at Lori with something she was not expecting and for that I am eternally grateful.

BEARS WIN CONFERENCE CHAMPIONSHIP TO MAKE NCAA PLAYOFFS!!!

The Ursinus College defense put the exclamation point on the Bears' championship season with a 14-0 shut-out of perennial Centennial Conference champion Dickinson (3-4, 5-5). The win gave the Bears (7-0, 9-1) the conference title outright.

Ursinus held Dickinson to 137 total yards and just five first downs. The Red Devils' offense did not get inside the Ursinus 30-yard line.

Dickinson had not been shut out in 95 regular-season games, since a 48-0 loss to Emory & Henry in 1987. They had not been blanked in a conference game since a 31-0 loss to Gettysburg in 1986.

"This just feels great," said Bears' middle linebacker Gary Rhodenbaugh. "The chemistry and attitude on this team has been outstanding, but we also have a lot of guys with some talent."

"(The shut out) is a big testament to the seniors and the leaders on this team," Rhodenbaugh continued. "Brian Faso is one of the best leaders I've been around, and Jon Oliver really set the tone for our defensive line."

Saturday it was Peter Hinckle who helped set the tone for the game. Hinckle intercepted three passes, two of which led to Ursinus touchdowns.

Hinckle's second interception, his Ursinus-record 10th of the season, gave the Bears the ball at the Dickinson 11-yard line with 5:48 to play in the third quarter. Three plays later the Bears were faced with a fourth-and-one at the Dickinson 2-yard line.

Ursinus had been stopped at the Red Devils' 1-yard line twice in the first half, but Bears' head coach Steve Gilbert had no thoughts of attempting the go-ahead field goal.

"I would probably go for it nine out of 10 times in that situation," Gilbert said. "We've got to make a touchdown there. We're going to run the ball over Sean Barrera, the best lineman in the conference."

"We came away with no points the first two times down there," Gilbert said. "It couldn't happen again."

It didn't. Brandon Shepherdson ran right over Barrera for a touchdown.

"We had all the confidence in the world we could score," Barerra said. "The first two times (Dickinson) wanted it more."

"As soon as the play call came in from the sideline, 32-Blast, I knew we were going to score," Barerra continued. "There was no way we were going to get stopped

again."

Ursinus sealed the win late in the fourth quarter. Hinckle's final interception led to Chris Orlando's 23-yard touchdown pass to Ron Floyd with 1:44 remaining. The catch gave Floyd an Ursinus-record 18 touchdown receptions for his career.

"The record doesn't mean as much right now as it will, perhaps in the future," Floyd said.

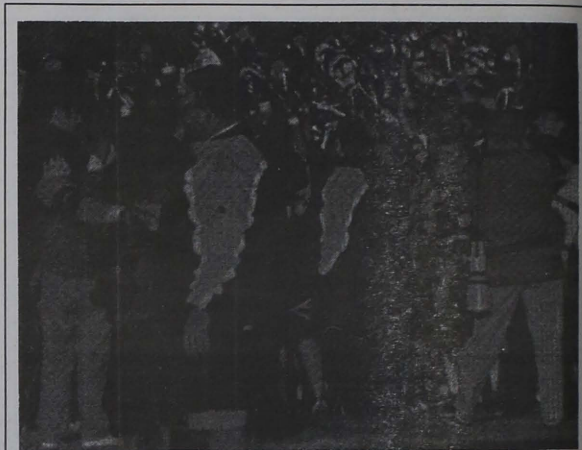
"Winning the conference championship is the important thing."

Orlando finished the game with six completions in 13 attempts for 88 yards. He had been pulled in favor of Kory Stauffer in the second quarter.

"Chris missed some passes early, so I felt we needed a change," Gilbert said. "Kory went in and missed some of the same passes. The interception he threw down at the goal line in the second quarter was just a freshman mistake."

"At half time, we decided to go with Chris for the rest of the game," Gilbert said. "Hey, we were 8-1 this season with Chris as a starting quarterback. And he didn't let us down in the second half."

Notes: The win was a costly one for Ursinus. Shepherdson, who led all rushers with 77 yards on 26



The Bears' 14-0 shut out of Dickinson will take them to Lycoming College this Saturday for the NCAA playoffs.

Photo by Kristen Schumann

carries, suffered a fracture of his right fibula in the fourth quarter. He was to undergo an operation Sunday morning to put a plate in the leg, which was broken in more than three places. He may also need to have a screw placed in his ankle...Earlier in the second half the Bears' other tailback, Dan Steigerwalt dislocated his right shoulder. There's a slight chance

he can play next week. Since Ursinus has made the NCAA playoffs, which will be hosted by Lycoming College on Saturday, November 23rd...The shutout marked the first time since 1933 that Ursinus had shut out four opponents in one season...The Bears' nine wins are the most since the 1902 team went 9-0.

GETZ AND FINNEGAN RECEIVE POST-SEASON HONORS

by Joel Schofer

Sports Editor

Two members of the Ursinus College men's soccer team have been named to the 1996 All-Centennial Conference Team. Senior Sweeper Brad Getz received his third career nomination when he was named to the

first team squad. This season Getz moved from the forward position, where he had become UC's all-time leading scorer, to anchor the defense from the sweeper spot.

Sophomore midfielder Matt Finnegan's six goals this season allowed him to become the Bears' leading scorer in conference action.

FINAL CC STATISTICS

W	L	T	PCT
4	5	0	.444

Matt Finnegan...6 goals, 12 points

Chris Daniluk...89 saves, 21 goals allowed, 80.9% of shots saved, 2.29 goals against average

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