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Ursinus College Grizzly Newspaper

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# The Grizzly, September 23, 1996

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era Walker	,	·		



# The Grizzly

"I will permit no man to narrow and degrade my soul by making me hate him."

- Booker T. Washington

Volume XIX Number III

The Student Newspaper of Ursinus College

September 23, 1996

# Internet Censorship Issue Addressed by Stefan Presser

### by Taneille Smith

of The Grizzly

Last Tuesday, attorney for the American Civil Liberties Union (ACLU), Stefan Presser, addressed both students and faculty in Olin auditorium. It was mid-June in Philadelphia when Presser lead the overturning of the national Communications Decency Act (CDA). The CDA was enacted in hopes of eradicating the transfer of indecent materials over the internet as they are readily available to the eyes of children

One might be asking, "why would anyone want to protect a kid's right to look at pornography?" But that's not what Presser argues that he did. During his lecture, he outlined a number of reasons why the CDA was not restricted to protecting the corruption of our nation's youth. To Presser, to the ACLU, and to people concerned with upholding our Constitutional rights, the CDA was not about profanity. Presser explained that he and the ACLU "challenged this law because it affected speech."

Presser offered some convincing arguments to prove that the information super highway is an outlet for people to express themselves. He argued that new technology has revolutionary attributes that deserve to be protected: 1) it "democratizes information." By this he means that no one in the world (if they have access to a computer and the net) can be restricted from accessing information and more importantly, from voicing an opinion. 2) "You can talk to anybody on the globe, provided they have a computer." And 3) the net is "active communication." Unlike a TV program that you dislike where the only immediate reaction you can make is to shut the set off, the net allows you to immediately express your feelings to the author concerning anything that doesn't correspond with your opinion.

Presser and the ACLU had specific clients they were defending who, if the law had not been overturned, could have faced fines up to \$250, 000 and two years in jail. One such client was a nun from California who used the net to educate teens. those at the highest risk of contracting the AIDS virus, on how to protect themselves. In order to ensure that kids were fully educated on safe sex, she offered a graphic picture of how to put a condom on properly. Even though her intent was to educate and save lives, she was in danger of going to jail.

Some people argue, though, that they want to educate their kids themselves. They just don't want their ten-year-old to come home from school, turn on the computer and look at a man's penis instead of doing their homework. Presser had an argument to counteract that point as well. He said that for those parents who worked outside the home and could not supervise their child's every move, there were alternatives. He mentioned new software such as "Surf Watch" and "Nanny Net" that can be programmed into your computer enabling you to restrict anything you don't want your child to see on the net. He said that such software was "like a lifeguard"; it's there to save your kids from drowning in a so- called sea of immorality when they begin surfing the information super highway. The advent of this technology permits us to combat unwanted material through individual response rather than censorship.

Presser equated the CDA with the censorship that goes on in communist China. He stated that "it would have been a terrible irony" if the U.S. government acted like communist China. In fact, conducting the case in Philadelphia had some symbolic significance because it's considered a site at the heart of our democracy. The overturning of the CDA was as if the liberty bell were chiming.

Although Presser believes that the CDA will not become a legal reality, he is quick to say that we should be ready and waiting for other attempts at stifling the information that whizzes by on our computer



Women's Soccer Wins First Game See story, Page 8.

Photo by Kristen Schumann

### by Erin Gambeski

of The Grizzly

Spring isn't in the air, but love is always on campus, especially at about 1:00 a.m. on Friday nights in Reimert. How do Ursinus students get together? My boyfriend once said to me, "Beer Wench, get me another" and I've been in love ever since. So I wonder:

### What's the best pick up line you've ever heard or used?

"Hi, My name's Chance. Do I have one?"

-- Mike McCuen, Senior

"Those pants must be mirrored, 'cause I can see myself in them "

-- Lori Lasco, Sophomore

"Pick up lines suggest women are objects, so I don't use pick up lines. Wanna

-- Brian Hamrick, Junior

"Did it hurt when you fell from Heaven?"

-- Leslie Funair, Junior

"If all girls were as good looking as me the world would be a perfect place."

-- Matt Cowper, Senior

"Are your legs tired? 'Cause you've been running around my mind all night."

-- Steph Zenorini, Senior

"I thought Very Fine only came in bottles.'

-- Brian Fazo, Senior

"Can I check the label on your shirt? I bet it says "Made in Heaven"?

-- Kate Weinrich, Junior

### Inside:

"Go slap a determinist. you were fated to do it." **Todd joins the Turney** camp p. 4

"Your daddy must have been a baker, 'cause you've got a great set

-- Craig Loebsack, Senior

"That shirt's very becoming on you. If I were on you I'd be coming,

-- Lori Williamson, Freshman

"I know milk does a body good, but how much milk have you been drinking?"

-- Mike Kirk, Senior

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"You're father must've been a thief because he stole the stars out of the sky and put them in your eyes."

-- Esther Fields, Senior

"Are there stars on your underwear? Because your ass is out of this world."

-- Scott King, Junior

"Can I check you for

-- Erin Gorman, Senior

"Hey little girl, do you want to go to a frat party?"

-- J.P. DeMarco, Junior

"Nice shoes. Wanna

-- Sarah Patty, Freshman

"Hi I'm Oedipus. You look just like my mother."

-- Cliff Motley, Senior

"Hi, my name is Kevin. You'll be screaming it later."

-- Chris Dappalone, Junior

"If I could rearrange the alphabet I'd put U and I together."

-- Jerry Thorell, Senior

"Do you have any Italian in you? . . Do you want any?"

-- Joseph Catalfano, Junior

### -I-N-D-E-X-

Section	po	g	es
News	1	-	2
Opinions			
Features and			
Entertainment	.5	-	6
Sports	7		8

# I'm Bored.

### by Erin Gambeski

of The Grizzly

Well, stop whining, because there are plenty of things to do on campus!

Wismer Lower Lounge

Wismer Parent's Lounge

WLL

WLL

Helfferich 201

Helfferich 201

Helfferich 201

Helfferich 201

Helfferich 201

Effie Brant Evans Field

Java Trench

Tuesday.	Santam	hor	21

7:00 a.m. Toning 4:30 p.m. Step Aerobics		Helfferich 201	
		Helfferich 20	

International Relations

Club

German Club 5:00 p.m. 6:00 p.m. C.A.B. 7:30 p.m.

High/Step Aerobics French Club

Wednesday, September 25

8:30 p.m.

High/Step Aerobics 7:00 a.m. 4:30 p.m. Toning 7:30 p.m. Step Aerobics 10:00 p.m. Literary Society

Thursday, September 26

Helfferich 201 7:00 a.m. Step Aerobics Helfferich 201 4:30 p.m. Step Aerobics Helfferich 201 7:30 p.m. Toning

Friday, September 27

7:00 a.m. Step Aerobics 12:00 p.m.

Organization of

Commuting Students Commuter Lounge

6:00 p.m. Ursinus Christian WPI Fellowship

Monday, September 30

7:00 a.m. Step Aerobics Helfferich 201 4:30 p.m. Step Aerobics Helfferich 201

### Sports:

12:00 p.m.

2:00 p.m.

### Saturday, September 28

Field Hockey vs. 12:00 p.m. Fairfield

Women's Soccer vs.

Dickenson

Men's Soccer vs.

Johns Hopkins

Soccer Field

Soccer Field

### Arts and Lectures:

### Through Sunday, September 29

"allTurnatives: Form and Spirit/Lathe Turned Sculpture by the Resident Artists of the International Exchange"

Through Wednesday, November 7

"The Compassionate Spirit: Sculpture and Fresco by George R. Anthonisen" Berman Museum

Berman Museum

### Tuesday, September 24

7:30 p.m.

Helen Zia: "Confessions Olin Auditorium of an Asian American

Feminist'

### Thursday, September 26

8:00 p.m.

Bryan Carrott Jazz Quartet Bomberger Auditorium

# Do You Like Wine and Cheese?

The French Club is hosting a wine and cheese gathering at the Berman Museum from 4:30-6:00 p.m. on Monday, September 30. There will be many kinds of French cheese, crackers, and wine to taste. Anyone interested is encouraged to come! You will have the chance to meet the people from the French Club, and, of course, a chance to speak a little French.

### An Expression of Gratitude from the Auch Family

To the Ursinus Community.

Words cannot express our sincerest thanks for all the love and support you have given the Auch family. No one can possibly imagine the grief that we felt when we lost our son, but it was people like you who made the burden easier to bear. Thank you very much for the Airband benefit concert, as well as the library dedication. As you embark upon another school year, do not be saddened by Ryan's death, for our loss is heaven's gain. Remember the Auch family in your heart and prayers.

> With our deepest gratitude, Mr. and Mrs. Robert Auch

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### **Editorial Policy**

All letters and articles submitted to *The Grizzly* must be signed by the author. In the interest of content integrity, anonymous articles will not be published. Opinions that interest of content integrity, antonymous authors and not necessarily those of the student body or administration. The Grizzly reserves the right to edit any submission for grammatical, legal, and/or spatial purposes.

# Life in a Determinist World

by Todd Brenneman

of The Grizzly

Mark Turney brought forth some wonderful ideas in his column two weeks ago. So, I have decided to join the Turney camp and believe in determinism. Oh, well, I guess I didn't really decide to join the camp, I was fated to do it.

But to help Mark out, I thought I would describe what the world will be like when we all realize the truth of determinism. The change will be difficult to make, but we all have to make sacrifices to accept the truth.

First, all social programs will be cut. People are fated to be in their condition. People are determined to be poor, destitute, unemployed, and down-trodden. Who are we Americans to argue against fate? Where do we get the gall to mess with fate by establishing programs like Head Start, Welfare, Affirmative Action, and the Bureau of Unemployment. What the Cosmos has decided is above us. We make no choices in view of Fate.

Second, the justice system will be demolished immediately. People who commit crimes should not be punished. They cannot help what they do. It is Fate (or God, if you'd like) that makes decisions.

Okay, I'll stop being absurd

"...go slap a determinist; you were fated to do it."

now, but when Mark titled his article, "Good, Evil, and Other Such Nonsense", that's exactly what he gave us. Nonsense. See, to me, nonsense is the idea that I'm not a free being. It is my belief that most determinists are just fooling themselves into a belief that they aren't responsible for their actions. (I'm not implying anything specific, I'm just making generalizations.) It may seem convenient when one is in some type of moral trouble for one to think he/she is not respon-

sible for his/her own actions, it's just another way for people to shirk responsibility.

Personally, I would prefer to be deluded. I'm happy being free. It's nice that I get to do what I want and not what somebody else has decided for me. In fact, I think that it's this so called "delusion" that makes this country great. People are free. No, it's not complete freedom, but it's better than none at all.

In fact, it is this freedom that gives people like myself the opportunity to write for this paper. I know that it seems I'm representing the minority opinion of this campus (quite frankly, when was truth decide by vote?). However, I have as much right to write as anyone else on this campus. It's also this freedom that allows Al Cornog and I to have a show on WVOU (Tuesdays from 11am-1pm).

So, if Mr. Turney would like to continue to present us with this nonsense, he is welcome to. It's a free country. But, if he continues, I will continue to make statements like this: go slap a determinist; you were fated to do it.

### Specials at Zack's

Tues., 9/24-Bagel Builders at Subversions
Thurs., 9/26-Apple Pie ala Mode
Fri., 9/27-Freebie Friday-Free 160z. soda with
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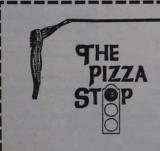
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Sat., Sept. 28, 1996

### Professor Likes Jared's Censorship Editorial

To the Editor:

In light of the, not so funny, latest incident of censorship, I am beginning to worry about teaching my Spanish for the Health Professions (Span 118) where the infamous word NAKED (oops!) might pop up every once in a while. Could somebody, please, offer a suitable synonym before I break all rules of decency? Do some people have nothing to do? Are they in dire need of getting a life?

Sincerely, Juan Espadas Professor of Spanish Olin 208

September 18, 1996

# Good, Evil, and Other Such Nonsense:

To Be Continued...

by Mark Turney
of The Grizzly

In writing "Good, Evil, and Other Such Nonsense" I planned to create a chain of articles where the conclusion of one article becomes the foundation of the next. I planned to write this column as an ongoing process of articulating the principles I am confronting. However, it is becoming apparent to me that because I have not written all of the articles, I will need to slightly revise earlier articles. Not only is it unfair to ask you to follow

revisions I make to earlier articles. but it will weaken the column. For this reason I have decided to continue this column next semester, by which time I will have completed articulating and revising all of the articles. I thank you for your understanding. especially because it's so lame to pull the column when I came on so strongly to begin with. If anyone would like to discuss the subject with me I will be more than happy to discuss it with you. I can be reached by email at mturney@itw.com or by phone at 327-1492.

The IR Club Presents:
Dr. Nicholas Berry
"War and the Red Cross"
Tues. October 8, 1996
7:30 p.m. Parents Lounge

# **Are Guns Necessary?**

"Do we really

need guns?"

by Sean Campbell

of The Grizzly

Earlier this week, a female student at Penn State University in College Park PA, took a gun and shot three students, killing one and wounding two others. The female student, out of the blue, opened up on the three other students with a hunting rifle. There was no warning, nothing seemed out of place, then three shots rang out and a person was dead. It shattered the aura of a sleepy college town, its innocence gone with three quick squeezes of a trigger. What could cause a person to do this? What was she thinking or not thinking? Why does this happen? Questions like these are better left to the philosophers and psychologists, for there seems to be no simple answers. However, this incident does bring into question the wisdom of allowing people to have guns. Do we really need them? Is there really a constitutional right to having a gun? Is there a need to protect oneself? People say that the person who pulled the trigger is responsible, not the gun. Though there may be some truth to that statement, a person who wants to act like the female Penn State student would need a gun to do so, no matter what her state of mind.

The National Rifle Association is one of the most powerful lobbies in the United States. They have over one million members and are backed by some of the most powerful lawyers in our country. They have given millions of dollars to politicians as campaign contributions to help the NRA defend their agenda: the ability of Americans to have guns. The main argument that the NRA

uses is the second Amendment of our Constitution. It says "the right of the people to keep and bear Arms, shall not be infringed." The NRA points out that our own

supreme law of the land says that people can have guns. They also use the argument that people need to protect themselves from criminals. To fight violence, we need guns to be a deterrent against criminals. The NRA seems to be a very persuasive body, for the limits placed on people who wish to obtain firearms are very few. There are laws that prevent the purchase of automatic and semiautomatic weapons and certain types of ammunition, but for the most part the NRA has been successful.

The problem with what the NRA uses as its defense is that

they take a rather hackneyed version of Amendment II. The full amendment says "A well regulated Militia, being necessary to the security of a free State, the right of the people to keep and bear Arms, shall not be infringed" (emphasis added). To me, the emphasized part is the crux of the whole Amendment. Historically, there was no standing army in the United States. The armies of

George Washington were all volunteer armies that consisted of farmers and other citizens. There was no professional

army, no form of conscription that would create a standing army to protect the United States all the time. Therefore, the Founding Fathers said that in order to protect the country without a standing army everyone could keep their guns. The thinking seems to have been that if the need arose again they would be ready to fight even though they did not have a full time army yet.

Today, since there is a rather large standing army to protect us from foreign aggression, the need for the every day citizen to bear arms seems to have evaporated. The NRA is pushing a moot point.

With regards to protecting people from violence, there are statistics that show that people with guns are more likely to get shot by a gun than those that don't own one. These people that need guns to protect themselves resort to using their own gun on themselves or others much more than they use the gun on an assailant. Not to mention the many children that accidentally shoot themselves with guns every year. Do they really need these guns?

The real question hear is did the incident at Penn State really need to happen? Did this girl really need to take a gun and shoot other people? Why didn't a friend see what was happening? We, as the every day citizens, can not answer questions like these, for they are of a personal nature that only the poor individual who took the lives of innocents into her own hands can answer. But, we can address the tool that caused the death. Though this may be naïve Constitutional Interpretation (forgive me Mr. Fitz), there no longer seems to be any reason to allow guns to remain legal when they can be misused so easily. Japan, England, and many other countries do not allow guns to be carried around, and their standard of life is not any worse for wear. In fact, their crime rates are lower than ours is. Do we really need guns?

# Announcing NEW Extended Hours in Career Services:

Now you can spend the evening with us!

The Career Services Office is pleased to announce new evening hours starting immediately. In addition to the regular hours of 9-5 on Monday through Friday, the Career Services Office will be open Tuesday, Wednesday, and Thursday evenings from 5:00-8:00 p.m.

During these evening hours, Career Advisors will be available to review resumes and cover letters, as well as to assist in the use of the computer programs and other resources available in the Career Services Office.

Sceduled appointments are recommended, but walk in visits are welcome.

The Career Services Office is located in Bomberger 121.

# **MATCH POINT**

When putting out a campfire, drown the fire, stir it, and drown it again.

REMEMBER, ONLY YOU CAN PREVENT FOREST FIRES.



A Public Service of the USDA Forest



### by Jen Mintzer

of The Grizzly

Flying across the Atlantic with George Clooney, exploring a medieval town and attending the German theater — all in all, I can definitely say this was one of my better summers.

For seven weeks in June and July, I and several other Ursinus students (accompanied by Dr. and Mrs. Clouser) had the opportunity to study and live in the university town of Tübingen, Germany. Being an English major with a minor in German, I jumped at the chance to be a part of this group.

Living in a foreign culture and interacting with its inhabitants has been an experience that I will never forget. Seeing the future "Batman" on the plane to Frankfurt was only an added bonus!

Amazingly, this celebrity sighting was only the beginning

# Study Abroad to Have Fun and Learn

of the strange luck that followed us on the entire trip. The house we rented sight-unseen, for instance, turned out to be a beautiful home overlooking the Neckar River.

Likewise, the town of Tübingen itself was ideal. Being the location of a major university, its cobblestoned medieval streets were always full of activity. During the course of our stay, for example, we attended a Dvorak concert, went to several plays, and saw quite a few unique street performers. (I was especially fond of the man who juggled fire while wearing only his underwear.)

When we exhausted the resources of Tübingen we only had a five minute walk to the train station, from where we could go virtually anywhere in Europe. Stuttgart, Cologne, Freiburg and Munich were only a few of the cities we visited via the extensive EuroRail system.

In addition to seeing the sights in Germany, we also had a chance to get to know several Germans on a personal level. Jens and Esra Koch, for instance, were a young married couple whom we befriended.

One afternoon, Jens stopped by and took us out on his family's "Stockerkahn", a canoe-type boat propelled by a long pole. Another day, both Jens and Esra took us to their favorite street-side cafe to meet their friends and talk with them.

Actually, even the days we just hung out around the house were interesting. Let's face it, you really haven't lived until you've seen <u>Blossom</u> dubbed into German.

The mundane chore of going grocery shopping even became a task that added to my knowledge of the German culture. I now know that it is absolutely necessary to bring your own bags!

In addition to all of this travelling, socializing, and shopping, I did have work to do. My research project on German theater, however, actually seemed more like fun and less like work.

My project consisted of reading plays in German and then going to

see them performed at the Zimmertheater in Tübingen. The Tübingen University library also became quite familiar to me as I did research and wrote a paper on one play in particular — Goethe's Torquato Tasso.

As I now look back on my memories of Germany, I am sure that I will return one day. The memories and friendships I made during the trip are things that I will always remember and, for these reasons, I highly recommend students of a foreign language to seize the opportunity to travel abroad.

Put your free time to a good use and tell people what <u>you</u> think. Write for The Grizzly.

Email GRIZZLY or call X2448 to talk about what <u>you</u> can do.

### Get Moving!

### A Guide to the Benefits of Exercise

### by Kerrie McKinney

of The Grizzly

One great aspect of exercise is that you're never too old to start. And if you haven't, perhaps now is the time to get moving! The benefits of exercise, such as stress reduction, weight loss, and an increase in energy and in overall health are common among those who do it on a regular basis. All it takes is a little initiative to get started, and then you'll be hooked!

How often do you hear fellow students complaining that they're tired or "stressed out"? Well, I hear it all the time and my answer is to take a break from all that work by exercising. Exercise is a great release from those everyday stresses that can become all bottled up inside. Increasing your heart rate and getting your blood flowing will make you feel energized and ready to tackle the books.

Exercise will also help you shed a few pounds in a healthy way. I often hear concerns about the "freshman fifteen" or getting a "beer belly". With some careful

planning, these concerns can be erased from your mind. Attaining a healthy weight not only boosts your self-esteem, but also decreases your risk for health problems such as coronary heart disease in the future.

Now it's time to get started! If you have not exercised regularly before or you have not exercised in some time, be sure to start out slowly, including a warm up and cool-down period before and after you exercise, so your body can adapt to the changes it will experience during exercise. Also, add your exercise time into your schedule. Planning time for exercise reminds you to do it on a regular basis and it will soon become a healthy habit every week!

A great form of exercise is cardiovascular, or aerobic, exercise. For example, using a treadmill, stairmaster, stationary bike or swimming, or taking an aerobics class are all forms of cardiovascular exercise. The American College of Sports Medicine recommends that aerobic exercise be done a minimum of three days a week, for twenty minutes each time.

Beginners, remember to begin slowly, twelve to fifteen minutes for example, and then build up to twenty minutes and beyond.

I know it can be intimidating to start an exercise program, but don't be afraid to try! Ask a friend to start with you. Be sure to set attainable goals and choose a variety of exercises, in order to not get bored or discouraged with your program. Ursinus offers several facilities to begin your exercise program. Hellferich Hall supplies a conditioning room containing bikes, stairmasters, treadmills, and rowers, as well as a weight training room. The pool is also located in Hellferich, as as are a number of aerobics classes for people at all levels of fitness. Intramural activities also offer a variety of sports to try out, which is a great way to exercise, meet new people and have some fun! Take advantage of these facilities and programs. They are here for you to use!

Good luck with your new exercise goals and continue to check "The Grizzly" for new exercise articles that will offer tips on all aspects of exercise. See you at the gym!

Hollywood has dozens of leading men. Today many have become icons, such as, John Wayne, Clark Gable, and Marlon Brando. These men will be idolized and revered for years to come. However, I want to talk about one leading man who, though not a great icon, was a great leading man in his time: Jeff Chandler.

Jeff Chandler never thought he would become a "leading man." Chandler was proved wrong on that account. A few years before his big break Chandler was involved in an accident that left a deep scar over his right eye. But, his mature good looks and acting ability enabled directors and studios to see past this minor flaw. Throughout his career Chandler starred with some of the most glamorous and beautiful ladies in Hollywood, including Maureen O'Hara and Loretta Young. Chandler usually played in action/adventure films or dramas. Some of the roles were good and some terrible. But that is what you get when your career

is controlled by the studios. One of my favorite Chandler movies is *Toy Tiger*. Chandler plays advertising art directer Rick



Todd, who longs to become a "real artist." On a trip to recruit a fellow artist for a project, Rick runs into a fatherless schoolboy, Timmy Harkinson. After finding himself caught in a lie, Timmy desperately claims Rick as his "Great Explorer" father. Rick, realizing the humiliation Timmy will go through, if his lie is

exposed, finds himself drawn into the little boy's lie. In exchange, Timmy helps Rick realize his artistic potential.

Returning to New York, Rick sets out to look for Timmy's mother, only to find no Gwen Harkinson living in the city. Back at his office, Rick's boss, Gwen Taylor, is distressed over his failure to accomplish his assignment. Fed up with the "rat race," Rick quits. Problems arise when Timmy's mother goes to visit him and discovers her son gone. The ending is typically Hollywood, happy. The moral of the story is a good one and very real. The movie shows the audience the importance of motherly

love, but also the yearning for fatherly attention. Timmy, left in a boarding school, craves not only his mother's attention but a father's, too. The movie also addresses the social issue of a single parent trying to fit a career in with raising a child, something that many of us know very well. The movie is in color, so go see it! Pleasant viewing!

# What's Up In Wellness

### by Cristin Veit

of The Grizzly

Well, now that the semester is under way, a great number of people are beginning to feel stressed about how to manage their time. This stress comes from trying to find time for the amount of work they have to finish, trying to fit sports into their lives, and figuring out when they will ever have time to relax. It can also be difficult to readjust back into the "school mode" for some people. Everyone feels some type of stress while at school. Stress is the physical, emotional and mental response to change, regardless of whether the change is positive or negative. If a person is unable to return to a relaxed state after feeling stressed, the stress may begin to take a toll on the body by leading to mental and physical exhaustion or illness. Therefore, it is important to be able to recognize the signs of stress and deal with stress appropriately.

The symptoms listed below are some indications of an elevated stress level:

- ♦ Problems eating or sleeping,
- ◆ Increased use of alcohol or other drugs,
- ♦ Increased boredom and fatigue; a general sense of "the blahs",
- ◆ Problems making decisions; in creased procrastination,
- Becoming anxious, confused, or frustrated over unimportant events.
- ◆ Inability to get organized
- ♦ Frequent headaches, backaches,

muscle aches, or tightness in stomach,

♦ Frequent colds and infections.

If stressors become too great, a crisis may evolve, and the affected person needs to know how to manage the crisis. The following three steps are ways in which to deal with a crisis:

- 1. **Get Out**: Physically leave the source of the stress. Leave the situation until you are able to calm down. Think things through and come back with a healthy attitude and perspective.
- 2. Take Time Out: Stop what you are doing, find a quiet place, close your eyes, and take deep breaths. As you exhale, imagine the tension streaming out of your body. Do this several times, concentrating on relaxing key body areas such as the forehead, stomach, shoulders, and legs.
- 3. Talk To Someone: Do not keep emotions and feelings inside. Call a friend. Discuss how you feel, not just the stressful event. If no one is around, write your thoughts out on paper.

Being able to recognize how

much stress your body can handle is an important part of being able to cope with stress. Therefore, make sure you can recognize the stress you are putting yourself through and find ways to deal with it. Most important, take time to relax, and make sure you always have time for yourself. If stress management programs are necessary, or you think you need to talk to a counselor for help, feel free to stop in at the Wellness Center for more information.

### Anthonisen Exhibit Captures the Human Spirit

### by Teresa Green

of The Grizzly

f you have not visited the

I suggest you do so soon. It is now housing a giant exhibition of the world renowned sculptor George R. Anthonisen.

Anthonisen is known for his works which incorporate themes of the family, human nature, love, hatred, and the human spirit. His ability to combine many different aspects in each of his sculptures makes his work very appealing to

people of all ages.

I went to visit Anthonisen's

work and I was impressed with many of his sculptures. "The Murder of Cain and Able", "Creation", and "Game Over" are just a few of the spectacular works that Anthonisen has created in recent years. Their messages are easily understood and yet the complexity of the sculpture makes one wonder how he has been able to create so many wonderful works in so little time.

Anthonisen's work is on display in the Berman Museum of Art until November 27th. If you have never seen any of his work, you truly are missing out.

# Money, Blood, Greed and Drugs: Video Reviews

### by Brian Hamrick

Mine....all mine....

nother week has passed, and, unfortunately, I still have not been able to get off this damn campus (my damn lazy ass) and go see a new movie. I humbly beg your apologies, and promise that I will have something fresh, and new, and wonderful for next week. In the mean time, I just going to talk about some of my favorite videos from the summer, and encourage you all to go see them ... NOW! My cohort, Joe, was unable to muster the energy for his column this week because he is ill (wish him well if you see him and make him get better), and so I will be a bit more verbose than usual. In advance, I again ask your pardon.

Soon to be on Video - Cemetery Man (R)

This is actually an Italian

movie, shot out-of-sync in English. What out-of-sync means is that the movie is shot without sound, and the dialogue is dubbed in later. The actors either speak, in this case, Italian, phonetic English, or English. This movie was very well done and it doesn't look like a cheesy dub-in. The actual title of the movie when it was released earlier in the year was Dellemorte, Dellamore (Of Death and of Love).

The story line is a man,
Dellemorte, who works in a
cemetery with his bizarre,
possibly autistic assistant Nagy.
After people have been buried
for seven days they come back to
life and can only be killed by a
massive head wound. As
Dellemorte says "A gun is best,
but a shovel works just fine."
The plot thickens when he
becomes involved with a
beautiful young widow (Anna
Falchi). She dies, he is faced

with killing her corpse, and many other things. It gets rather complicated, but easy to follow.

It was directed by a prodigy of Dario Argento, the master of Italian horror. It is solid, it is funny, and it is entertaining. Whenever it comes out, go see it, be amazed, and have fun.

Rating - 8 out of 10

A Great Movie from Last Year

- The Usual Suspects (R)

It's a really complicated film, and just as things are being sorted out another fact is thrown in that screws up all the character perceptions. Any movie that can do this well is worth watching, and this goes beyond the normal wellness factor. Aside from having a fantastic cast (Gabriel Byrne, Kevin Pollock, Stephen Baldwin, Dan Hedeya, Kevin Spacey), the script is one of the tightest pieces of writing I have experienced in a long time. Nothing is forced, nothing is fake, it just flows as smooth as chocolate mousse down a white wall, building up momentum before it makes a lasting impression.

Most of the movie is told from the perspective of Verbal Kint (Kevin Spacey), a cripple who was involved in all the crimes committed. A US Customs Agent is trying to figure out what happened when a boat is torched, if Dean Keaton (Gabriel Byrne) is dead, By questioning Kint the story is told, almost entirely in flashback, and the crimes are explained. At least that's what you are led to believe. Watch it and see for yourself.

Rating - 9 out of 10

A Really Cool Drug Movie - Killing Zoe (R)

This movie, directed by Roger Avery and produced by Quentin Tarrantino, is a very intense film about a bank robbery, in Paris, on Bastille Day. Eric Stoltz (Some Kind of Wonderful, Pulp Fiction) plays the main character who travels to Paris to help his friend. One of the first thing he does when he arrives, though, is to hire a prostitute from his cab driver. The prostitute, played by Julie Delpy (White, Europa Europa), is an art student who, surprise, surprise, works in a bank (I wonder which one?) during the day. Stoltz's friend, Jean-Hugh Anglade (Queen Margot) is the heroin addicted, AIDS infected, screwed-up, ummm, mastermind of the heist. Stoltz is there to break into the vault while Anglade and his men subdue the bank patrons and workers.

It's a really disturbing movie is some ways, the ways being the twenty minute long drug-filled romp through the seedier dives of Paris, Dixieland clubs with strange women, pills, bottles, thrilling sound of Euro-techno pop. Then it gets really disturbing with the bloodbath through the bank. But, if you can keep watching the movie, although always interesting, it becomes intensly interesting when character loyalties begin to change. Money, blood, greed, and drugs do funny things to people, as the movie shows. Don't eat too much before hand, smoke heavily throughout, and enjoy.

Rating - 8 out of 10

Well, to wrap up this week's column, I'm just going to list what I think are really good, and really bad movies. I'll try to keep them from within the last five years:

### Fantastic Movies:

- · The Piano (R)
- · Farewell my Concubine (R)
- · Smoke (R)
- · Dune (PG-13)
- · Amateur (R) (Actually, all Hall Hartley movies are excellent)

### Crap

- · The Great White Hype (R)
- · The Dead Next Door (R)
- The Flintstones (PG)
- · Phenomenon (PG-13) (Didn't see it, didn't want to)

That's all for now, folks. Go watch a movie, and then plot revenge on an enemy. Nicely, of course.

College can cause heart disease. It can be a time of great intellectual growth but spiritual atrophy. If you're not careful your head can grow large while your heart grows hard.

Ursinus Christian Fellowship invites those students who'd like to develop their heart as well as their head to an.......

'OPEN HOUSE'



This Friday 7 pm Bomberger Auditorium

Um...we'd kind of like everybody on campus to attend, OK?

Last week's movie quote, "You want out of this parking lot? Okay." was correctly answered by Laura Owens, a senior Communications major. This (un?)famous line was spoken by Dan Ackroyd in *The Blues Brothers*.

Since Laura was our ONLY guess this week, and we have received multiple complaints that our previous two quotes were too difficult, here's one we hope over two people will recognize:

"Do you gamble, \_\_\_\_?"
"Every time I order out."

Email either JOCatalfano or BRHamrick with your guess, and you will be entered in our contest to win . . . (drumroll) . . . something we will determine NEXT WEEK. I promise. (extra credit: insert proper name in blank for an extra pat-on-the-

# Announcing the Chi Rho Psi Charity Kickball Tournament

All proceeds go toward providing Christmas gifts for victims of child abuse Date: October 5, 1996

Registration Fee: \$3 per player

For more information Contact Carl Ewald at 409-8729(offcampus) or e-mail at CAEWALD

### (continued from Page 8) not going to get in the net.

The Lady Hawks did get three shots on the offensive side against Ursinus, but a strong showing by keeper Nicole Gieder kept the game locked at 0-0 at the half. Though the score was no indication. Ursinus dominated the first half and led in both possession time on offense and in penalty corners 4-3. Unfortunately for the Lady Bears, the second half would prove to be a different story.

When the second half began, it seemed as if the half-time talk had inspired the ladies of Lehigh, who were a different team than they were in the first half.

The Lady Hawks were constantly on the attack. Ursinus' keeper faced many more shots in the second half than in the first half, and once again Gieder held them off. The Lady Bears did provide some excitement on offense, but the Lehigh defense was just too strong. With 24 minutes left to play in the second half, the stalemate was ended when, off of a penalty corner, Lehigh's Courtney Thomson found the back of the cage to put Lehigh up 1-0,

Ursinus did find the energy to mount a few more offensive attacks, but the Lady Hawks shut them down. At the sound of the final buzzer the scoreboard read 1-0, and Lehigh was the victor.

For the Lady Bears of Ursinus this game was the start of a new era in field hockey. They have four more Patriot League games left to play, along with their regular schedule.





On Saturday Ursinus dropped a two goal lead and lost a 3-2 overtime decision to host Lafayette in a Patriot League game. Kate Ruley gave Ursinus (1-4, 0-2) a 1-0 lead when she scored 7:01 into the game.

Selena Trecroce put the Bears up 2-0 with her goal 5:04 into the second half of the game. However, Lafayette's Abby Moyer scored with just 4:24 remaining to tie the game at 2-2. She then scored 3:04 into overtime to give the Leopards the win.

# THE GAME PLAN

by Tony Palladino and Phil Blessington

### **TONY'S PICKS**

### **PHIL'S PICKS**

TAMPA BAY 21, Detroit 14 PB--Two words: Barry Sanders...

Detroit 24, TAMPA BAY 7

Houston 30, PITTSBURGH 28 PITTSBURGH 21, Houston 10 TP--The Oilers prove they're the best team in the Central.

Minnesota 10, N. Y. GIANTS 7

Minnesota 35, N. Y. GIANTS 3

TP--Dan Reeves starts sending out resumes.

SEATTLE 17, Green Bay 14

Green Bay 31, SEATTLE 7

TP--Green Bay is ripe for the picking.

PHILADELPHIA 28, Dallas 7

PHILADELPHIA 24, Dallas 17

PB--Fourth and one twice, not once, baby.

New Orleans 27, BALTIMORE 24 BALTIMORE 17, New Orleans 9 PB--Terrible! The only thing good to come out of New Orleans is the gumbo soup!

JACKSONVILLE 17, Carolina 14 TP--Jaguars win the cat fight this year. Carolina 20, JACKSONVILLE 7

\*Home teams listed in capital letters.

### by Joel Schofer

Sports Editor

The NFL is in full swing by now, and I realize that I've made little mention of this fact save a few sentences in the first Philly

Well, this is a problem that needs to be addressed. I don't know how I managed to wait until my third column of the year to talk in detail about the Eagles, but I did. Here it goes, a position by position analysis of the Eagles and a position by position comparison to some things we're all too familiar with.

We'll start with a strength of the team, the Eagles' defensive line.

The defensive line is like the mashed potatoes at Wismer. Every now and then you'll encounter some lumps, and every now and then they'll run a little thin, but overall you can count on them to be a solid addition to your team or meal.

When it comes to the Eagles' linebacking crew, however, it's another story. The linebackers remind me of the stir-fry bar.

On the outside you've got William Thomas, who is the stir-fry bar complete with chicken or beef, red and green peppers, broccoli, and all the teriyaki sauce you need. Just

of the heist. Stoliz is there to

what the doctor ordered. In the middle is James Willis, when the meat's there but the vegetables suck. All running defense, but no coverage.

And then there's Marc Woodard, who shows up every Saturday and Sunday as an omelette bar complete with a messy, egg-caked pan and no one in line because the damn thing is just poor. Poor. That's Woodard.

In the secondary we've simply got cornerbacks Bobby Taylor and Troy Vincent, a.k.a. the bagels, and safeties Brian Dawkins and Mike Zordich, a.k.a. the pasta bar. When there's nothing you want to eat and everything is just bad, the defensive line can't apply any pressure and the linebackers are invisible, you can always eat the bagels and pasta and they'll always be good.

On the offensive side of the ball we've got the quarterbacks.

# and as further man and both obstants A Philly Fan

They're not out of the ordinary and they're required to play the game. If one of them breaks you'll know about it, but there's always another one ready to step in. Sound like the plates at Wismer?

The running backs, Ricky Watters, Kevin Turner, and Charlie Garner can be compared to none other than the chicken nuggets with sweet and sour sauce, the pierogies, and a whole bin full of cheese sticks.

In other words, the best that Wismer (or the NFL) has to offer. The kind of stuff that makes you proud to be a hungry American. Watters, Turner, and Garner make running back the most talented position on the team.

The starting receivers, Irving Fryar and Chris T. Jones, respectively remind me of white rice and the spicy oriental chicken and vegetables that the chef was making

Fryar and the white rice have been around forever and always make a contribution when put in the game or on a plate.

Jones, on the other hand, is new, appealing to the eye, and makes your senses leap to attention, just like that spicy chicken that I had three quarterbacks, or plates, of.

Unfortunately, we don't know if the creations of that chef will stick around and become a regular feature of Wismer or if they'll all be as spectacular as the first, just like we don't know if Chris T. is for real or not and if we can expect spectacular performances every week.

The cereals in Wismer remind me of none other than rookie tight end Jason Dunn. You wouldn't notice his contribution to the team if it weren't for his 54 yard catch over the middle, just as you don't really notice the cereal except for that one time every four weeks that they have the Lucky Charms you're always looking for.

They give you want you want, but only every four weeks. Jason

By now I think you have the idea, but there are a few areas of the team I must touch on quickly.

The offensive line is like the frozen yogurt castle. It's big, actually enormous, and on some days it's phenomenal, when it's got vanilla yogurt, and on other days it makes you wonder why the hell it's even there, when it's got butter pecan and strawberry.

By the way, who the hell would

mix butter pecan and strawberry? Anyway, the kicking game is the milk. It's good, except for the occasional day when it's sour or completely missing.

The special teams are, you guessed it, swiss cheese with large holes. It wouldn't be swiss cheese, or the Eagles' special teams, without the holes.

In other words, this Eagles team could be a day when you walk into Wismer and they're serving phenomenal mashed potatoes, the omelette bar, bagels, pasta, vanilla yogurt, white rice, fresh milk, and swiss cheese with gaping holes, but the chef's not making anything, there's butter pecan yogurt, and you broke a plate.

Or it could be any of a number of things, but what you'll notice if you think about it is that the selections at Wismer I've chosen, or the Eagles, are by and large above average. It is a rare day that the milk's sour, there's butter pecan yogurt, the potatoes are lumpy, etc.

All of this translates to a good team, and a good meal, but one thing is certain. All year the special teams, I mean swiss cheese, will have holes.

# **BEARS HANDLE DIPLOMATS**

# Beat Nationally Ranked F&M

### by Tony Palladino

Of The Grizzly

For the second game in a row, the Bears' defense held the opposition to zero points while the Bears' offense overwhelmed and tired out the opposing defense. Put the two together and you get a 13-0 Ursinus victory over nationally ranked host Franklin & Marshall College.

Last Saturday the Bears simply out played the Diplomats from the opening kickoff. After a scoreless first quarter the UC offense drove down the field and capitalized on a roughing the kicker penalty. That penalty resulted in a Chris Orlando to Ben Mills 5 yard touchdown strike. Mark McGonagle added a boot from 42 yards out in the waning seconds

of the first half to give Ursinus a 10-0 lead into half-time.

As was the case with the previous two games, the second half belonged to the Bears. Ball control was the name of the game. The Bears held the ball for the first 7:17 of the third quarter. The Bears' defense allowed the F&M offense a total of only 14 plays the entire second half. A 31 yard field goal by McGonagle in the third quarter provided the final score of 13-0, as F&M never threatened in the fourth quarter.

Ursinus dominated the game. The offensive line blew F&M off of the line of scrimmage every play, the running backs exploded through holes, and the quarterback delivered balls that the receivers were all too happy to catch. Defensively the front seven dominated the trenches while the secondary picked and

knocked passes out of the air.
"Special" teams proved to be just that on this day.

As head coach Steve Gilbert said, "In big games like this one, competitors raise the level of their game". Compete they did, as Ursinus is now 1-0 in the conference with everybody else looking up.

Huddle-Ups.....Ursinus intercepted F&M 3 times in the game..... The last time Ursinus started out 3-0 was in 1931..... In beating F&M, Ursinus defeated the Centennial Conference preseason #1 team (UC was ranked #7)..... The UC offense had the ball for a total of 48 minutes and 12 seconds and pounded out 258 on the ground.... Next week's game is at home against the Green Terror of Western Maryland.

# WOMEN'S SOCCER WINS FIRST GAME

# Larkin Scores Game Winner

The Ursinus College women's soccer team won its first-ever varsity game last Wednesday. The host Bears defeated Wesley, 1-0, in overtime.

"We've been very close," said an elated head coach Bill Bonewitz. "That's the third time in six games that we have gone to overtime. We kept trying to get that one finishing goal to do it for us, and we finally did today."

Megan Larkin scored the gamewinner 6:19 into the first overtime period. Larkin's first-career goal was assisted by Carin Restivo.

Ursinus (1-6, 0-3) outshot Wesley (2-3-1), 24-15. Kathleen Farrell saved 13 shots in the Ursinus net to register her first career shutout. Coach Bonewitz also cited the play of Aly Yeager and Kate Rowlyk, two defensive midfielders.

On Saturday the Bears, in search of their first Centennial Conference victory, were blanked by host Johns Hopkins 7-0. Ursinus has been outscored 16-0.

# VOLLEYBALL WINS TWO STRAIGHT

# Beat Lincoln and Albright

The Bears won their second straight match on Saturday by beating Lincoln University 3-0. They won by scores of 15-1, 15-6, 15-2.

Chloe Morroni led the Ursinus team with nine kills, while Lauren Wagman racked up nine assists. Six of Morroni's kills came in the first game.

Last Tuesday the Ursinus volleyball team battled back from a 2-0 deficit and defeated their host Albright, 3-2, in a nonconference volleyball match. After dropping the first two games, 9-15, and 5-15, Ursinus won the next three by scores of 15-6, 15-8 and 16-14.

Senior captain Jenni Nelson led Ursinus with 35 assists, 15 digs, and 13 service points. Tracy Disanto was aggressive at the net.

# MEN'S SOCCER WINS FIRST CONFERENCE GAME

### Daniluk Posts Shutout

### by Joel Schofer

Sports Editor

This past Saturday the Ursinus men's soccer team triumphed over both the hot weather and the Diplomats of Franklin & Marshall College as the Bears (3-4, 1-0) returned home with a 1-0 win in their first Centennial Conference game of the year.

Ursinus dominated the play by controlling the ball and keeping it on their offensive side for the majority of the first half.

The game remained scoreless, however, until Vince Milano scored what would be Ursinus' only goal with 4:59 left in the half. Milano's goal was a crossing pass from outside the 18 that touched nothing but the diving keeper's fingertips as it sailed into the upper right corner of the goal. Lee Griffith recorded the assist.

The remainder of the first half and the entirety of the second half featured Ursinus' strong defense, led by newly installed sweeper Brad Getz, Ed Luberski (the best one-legged defender in the world), and keeper Chris Daniluk. Daniluk recorded the first shutout of his career by saving six shots.

The Bears took 14 shots to F&M's 12, with Ryan Costello taking five and Brian Bailey two. Mike McIlhinney and Khary Flamer received yellow cards for Ursinus.

Last Wednesday, host Moravian (2-3) earned a 3-1 non-conference win over Ursinus. Joe Pisoni scored the Bears' lone goal, unassisted, with 9:16 to play in the game.

Moravian outshot Ursinus 17-9. Chris Daniluk had five saves in goal for the Bears.

For the season, Joe Pisoni and Brad Getz have three goals a piece, with Mike Traud and Ryan Costello each contributing two.

# FIELD HOCKEY BEGINS PATRIOT LEAGUE SEASON

### by Andrew Ruhf

Of The Grizzly

This past Thursday the Lady Bears traveled to Lehigh University to kick-off their inaugural Patriot League season. Ursinus went into the game with a 1-2 record, their two losses coming against Georgetown and Vermont. Lehigh, on the other hand, came into the game with a 2-1 record and was still energized from their last victory over Columbia. Ursinus was looking at a tough game against Lehigh and they knew that this was an especially important game against a Patriot League opponent.

After the team introductions and salute to our nation, the game began with Lehigh getting the opening tap. After a few minutes of back and forth play, Ursinus began to dominate the offensive portion of the game. The Lady Bears got three quick shots on goal off of their first penalty corner opportunity, but unfortunately the Lady Hawks goalkeeper decided that the ball was (continued on Page 7)