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Second-order fatigue of intrinsic mean stress under random loadings

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Abstract

A fatigue process due to random loading that is progressively damaging a certain structural detail will vary in the presence of mean stresses. The variations are already considered in crack propagation laws and by applying equivalent 0-mean stress ranges from the Palmgren-Miner linear rule. Nevertheless, if the mean stress is intrinsic, instead of a direct consequence of the random loading, other second-order effects will have to be taken into account. Those effects are cycle quasi-ordering, histogram variations, and apparent mean tension, which are identified and defined in this study and, finally, developed in a case study for demonstrative purposes.

Keywords: Random loading, mean stress, second-order, fatigue damage

1. Introduction

Mean stress, σ_m , is a factor that can be determinate in fatigue. Its clear influence on the ultimate number of cycles, N_f , that a certain structural element or *detail* can withstand up until failure under *ceteris paribus* conditions, in terms

1 of the stress range, $\Delta\sigma$, and the cycle amplitude, has repeatedly been identified
2 over recent years [1, 2, 3, 4, 5].

3 Nevertheless, fatigue in practical structural engineering is still studied by
4 means of the Palmgren-Miner linear rule [6, 7], which incorporates Wöhler
5 curves [8]. Those curves are specified in standards such as the Eurocodes
6 [9, 10, 11] derived from ECCS seminal work [12] and in various other stan-
7 dards: AISC, ASCE, and AASTHO [13, 14, 15, 16, 17]. They are linearized in
8 Basquin's Law [18] as a log-log ratio, which also neglects the mean tension effect,
9 as the curves are derived by testing under totally reversed loading conditions,
10 i.e. with zero mean tension, $\sigma_m = 0$.

11 Moreover, the alternative theoretical procedure, see [12], based on Paris'
12 Law [19] with a failure criteria, also neglects mean stress. Examples are the
13 procedures first proposed by Griffith [20] and Irwin [21], for analytical forecasts
14 of fatigue failure by studying crack propagation. In fact, it is only considered
15 when setting the stress intensity threshold, K_{th} , and the critical K_{cr} values.
16 In other words, mean stress sets the initial or threshold crack size, a_{th} , and
17 the final or critical crack sizes, a_{cr} , but it is not included in crack-propagation
18 calculations between both points.

19 For instance, when referring to the crack propagation rate per cycle, da/dN ,
20 in fatigue processes under axial tension, crack propagation will tend to run in
21 a perpendicular direction to tension, while it will tend to propagate in parallel
22 to axial compression. Hence, different geometric factors, such as $Y(a)$ in Paris'
23 law [19], will reflect different stress concentration laws and so on. It is therefore
24 not a simple matter that is only limited to crack thresholds and critical sizes.
25 Latest studies, like *Choi et Al.* [22] or *Chandran* [23], are considering mean
26 stress in crack propagation models in deep consideration on this subject.

27 **2. Extrinsic and intrinsic mean stresses**

28 As already known, the term *mean stress* in a certain fatigue cycle refers to the
29 stress value that is precisely midway between the minimum and the maximum

1 stress values.

2 Thus, in structural engineering, typical dynamic loads such as wind, seis-
 3 mic activity, traffic, machine and human induced vibrations among others, tend
 4 to cause time-dependent forces, or actions, that proportionally induce time-
 5 dependent stresses in the corresponding structural details [24, 16, 13]. Those
 6 forces are independent of the structures, at least when disregarding non-linear
 7 interactions such as aeroelasticity, and will therefore tend to be studied ac-
 8 cordingly. For instance, a cycle corresponding to a wind pressure variation from
 9 $1 \cdot kN/m^2$ to $2 \cdot kN/m^2$ that causes a stress cycle. The mean stress, σ_m , of that
 10 stress cycle is produced by a mean pressure of $1.5 \cdot kN/m^2$ with a stress range,
 11 $\Delta\sigma$, that is produced by a pressure variation of $1 \cdot kN/m^2$, regardless of the
 12 concomitant mean stress. Hence, this decomposition is still suitable within the
 13 framework of the superposition principle in continuum mechanics, applied to a
 14 *Hookean* body under a linear elastic range, according to the theory of elasticity
 15 [25], and precisely in the case of *high-cycle fatigue*.

16 Thus, some cycle counting methods in the state-of-the-art, such as the widely
 17 known *Rainflow* method [26], the most accurate according to [27], its direct
 18 derivatives [28, 29], its evolutions such as the *3-point* ASTM rule [30, 31, 32],
 19 the *4-point* modification [33], the *recursive* algorithm [34], and closer counting
 20 methods such as the *Reservoir* [11], are used to extract the stress range his-
 21 tograms of complex random dynamic loads, while keeping the information of
 22 the mean stress of each cycle [35]. They are then directly calculated in either
 23 the *time domain* by a simple quasi-static calculation or in the *frequency domain*
 24 with, for example, the *Tovo-Benasciutti* method [36, 37], which uses the such
 25 mean-stress information of each cycle, among several other methods, see Mrsnik
 26 [38].

27 Hence, following the plain *time domain* calculation, each characteristic range
 28 interval in the histogram is cross referenced with its corresponding stress range.
 29 Then, with the number of cycles, the fatigue is calculated with the Palmgren-
 30 Miner [6, 7] linear rule and the corresponding Wöhler curve [8].

31 The alternative is to use the *frequency domain*, a procedure that will now

1 be briefly reviewed. It starts by deriving the *Power Spectral Density* (PSD)
2 function of a certain random dynamic action with a first *Fast Fourier Trans-*
3 *formation* (FFT) or *Direct Fourier Transformation* (DFT), passing from the
4 time domain to the frequency domain. It is then transposed into the structural
5 response PSD with the use of the *Frequency Response Functions* (FRF) of the
6 Multi-Degree of Freedom (MDOF) system, with lumped masses and consider-
7 ing dynamic stationary and ergodic action [39, 40, 41]. Then, the stresses are
8 derived from the displacements and the superposition principle of elasticity. In
9 that way, the expected number of cycles per second is the root square of the 4th-
10 order moment divided by the 2nd-order moment of the response PSD function.
11 The expected fatigue damage can be derived by means of some methods that
12 retain mean stress and ranges, such as the *Tovo-Benasciutti* method, among
13 others [38].

14 However, that fatigue calculation method only takes into account the effect
15 of the dynamic load cycle mean stress. It is therefore not conservative when
16 considering sources of mean stress in other elements. The approach is further-
17 more based on *extrinsic mean stress*, implying that the source of mean stress is
18 from the exterior of the structure.

19 For instance, elements with concomitant permanent tensile loading, such as
20 prestressed bolts, tendons, cables, rods, and beams under tension, among others,
21 will present mean tensile stresses in the first place, even before any dynamic load
22 has started to affect the structural elements, and cause *intrinsic mean stress*, or
23 because of other underlying loads affecting it.

24 This distinction between intrinsic and extrinsic mean stress might appear
25 insignificant, but it is in fact very relevant when considering that *extrinsic* and
26 *intrinsic* mean stresses are governed by different rules and dynamics; the former
27 is related with fast processes and the latter with much slower ones.

28 Structural elements under tension, for example, tend to be progressively de-
29 tensioned by relaxation and/or creep, corrosion, or other time dependent and
30 very slow processes that might affect them throughout their service life making
31 them to loose stiffness, even fatigue itself [42]. Hence, a stiffer or tighter struc-

1 tural element could present higher *intrinsic* mean stress at the very beginning
 2 of its service life, after which it will start to be detensioned and it will share its
 3 load with other collateral structural elements up to a minimum at the end of its
 4 service life. This means that a certain fatigue cycle, due to gusts of wind, for
 5 example, will present the same *extrinsic* mean stress, regardless of whether it
 6 is during the service life. It will therefore represent a fatigue process, as gusts
 7 of wind are a stationary, ergodic process. However, if a certain fatigue cycle
 8 occurs before or afterwards then the effects of the *intrinsic* mean stress will not
 9 be the same.

10 3. Mean stress pushing factor

11 Hence, it is clear that the *total* mean stress affects the fatigue damage of
 12 a certain cycle, regardless of its *intrinsic* or *extrinsic* nature. Thus, as most
 13 Whöler curves are derived from completely reversed zero mean-stress tests, (i.e.
 14 at $\sigma_m = 0$), [8, 11] and as the Palmgren-Miner linear rule states that a certain
 15 cycle block, i , damage, D_i , under a constant stress amplitude (or $\Delta\sigma$ range),
 16 is the cycle amount in a given block, N_i , divided by the number of cycles until
 17 failure, N_f , under block stress range, $D_i = N_i/N_f$, [6, 7], then those cycles
 18 until failure, N_f , must be calculated by considering that mean stress. Several
 19 methods have been proposed to do so. The most widely used, the Goodman
 20 approach [3], see equation (1), appears to be the most accurate when compared
 21 to its alternatives from Gerber and Soderberg [4, 5], shown in equations (2)
 22 and (3), respectively. Nevertheless, in some cases, like welded steel joints at
 23 $\sigma_{max} > \sigma_u/2$, Gerber is more accurate despite being normally too conservative
 24 [43]. Besides, in terms of accuracy there are currently other promising proposals,
 25 such as the essential work *Nieslony-Böhm* [44]. Among others like modified
 26 SWT, as proposed by *Ince-Glinka* [45] or *Karakas* [46] for welding; or like the
 27 more accurate modified Walker criterion [47], that is clearly the better one under
 28 certain corrosive environments, as pointed out by *Morgantini* [48]. Nonetheless,
 29 Goodman is still widely used even as a comparative basis because of a balance

1 between good accuracy by the safety side and great feasibility.

2 Thus, the Goodman equation (1) relates the stress range, $\Delta\sigma_{eq}$, of an *equiva-*
 3 *lent* fatigue cycle at null mean stress ($\sigma_m = 0$) causing the same fatigue damage
 4 as the original cycle with its stress range, $\Delta\sigma$, and mean stress, σ_m . In these
 5 three equations, σ_u and σ_y are, respectively, the ultimate and the yield stress.

$$6 \quad \Delta\sigma_{eq} = \frac{\Delta\sigma}{1 - (\sigma_m/\sigma_u)} \quad (1)$$

$$7 \quad \Delta\sigma_{eq} = \frac{\Delta\sigma}{1 - (\sigma_m/\sigma_u)^2} \quad (2)$$

$$8 \quad \Delta\sigma_{eq} = \frac{\Delta\sigma}{1 - (\sigma_m/\sigma_y)} \quad (3)$$

9 Now, the existing mean stress will clearly alter the total number of cycles
 10 that a certain structural detail might undergo before failure within the same
 11 stress range. The Wöhler curves are derived at a constant mean stress level,
 12 typically, of 0 MPa, although it could be higher for a few structural details
 13 such as rebars. Some simple procedure is therefore needed to compute the
 14 calculations according to the Wöhler curves, while also taking into account the
 15 effects of mean stress.

16 For instance, for a certain number of cycles, N , at a certain stress range, $\Delta\sigma$,
 17 and mean stress, σ_m , then the number of cycles to failure, N_0 , will be derived
 18 from the structural detail characteristic of the Wöhler curve, but at zero mean
 19 stress (*0-mean*). So, the apparent *0-mean* damage, D_0 , (remember that $\sigma_m \neq 0$)
 20 will be computed as the fraction between the number of cycles at such stress
 21 level and the number of cycles until failure, see equation (4). This procedure,
 22 will in practice neglect the influence of mean stress under fatigue when applied
 23 to structural elements with mean stresses other than 0.

$$24 \quad D_0 = \frac{N}{N_0} \quad (4)$$

25 In contrast, if the mean stress was anything other than 0, following the same
 26 *keep-it-simple* philosophy, previously mentioned in earlier works [49, 50, 51],

1 based on adaptation coefficients to consider other effects, then the Wöhler curves
 2 could be still applied, but only with an equivalent number of cycles, N_{eq} , at null
 3 mean stress, $\sigma_m = 0$, and within the same stress range, $\Delta\sigma$.

4 Then, the *equivalent* fatigue damage D_{eq} done by such equivalent number
 5 of cycles N_{eq} , is obtained by the Palmgren-Miner [6, 7] linear rule by simple
 6 addition. See equation (5):

$$7 \quad D_{eq} = \frac{N}{N_{eq}} \quad (5)$$

8 Therefore, for a certain number, N , of cycles with a certain stress range,
 9 $\Delta\sigma$, and a certain mean stress, σ_m , there is a relationship between the fatigue
 10 damage estimate when *neglecting* the mean stress, D_0 , and when considering
 11 it through the *equivalent* damage, D_{eq} , of cycles at $\sigma_m = 0$. This damage
 12 amplification due to mean stress can be considered by a *mean stress pushing*
 13 *factor* F_{MSP} , the mathematical definition of which is shown in the following
 14 equation (6):

$$15 \quad D_{eq} = D_0 \cdot F_{MSP} \quad (6)$$

16 Nevertheless, having the equivalences previously defined by Goodman, Ger-
 17 ber and Soderberg in terms of *equivalent* stress ranges, $\Delta\sigma_{eq}$, the question is
 18 why is it useful to consider it through a simple factor? The answer is that some
 19 procedures find the fatigue damage under random loadings by neglecting the
 20 mean stress. The proposed method can be used afterwards by simple multipli-
 21 cation of the result, block by block, which will be explained in the *case study*
 22 section 5.

23 Thus, the mean stress pushing factor, F_{MSP} , is the quotient of the equivalent
 24 damage at zero mean stress and the damage neglecting the mean stress and,
 25 substituting equations (4) and (5) into the relationship, yields equation (7):

$$26 \quad F_{MSP} = \frac{D_{eq}}{D_0} = \frac{N_0}{N_{eq}} \quad (7)$$

1 Then, Goodman's equation (1) can be converted in the same nomenclature
 2 into equation (8):

$$3 \quad \Delta\sigma_{eq} = \frac{\Delta\sigma_0}{1 - (\sigma_m/\sigma_u)} \quad (8)$$

4 From that point, equation (8) can be operated into (9), simply by dividing
 5 each side by the bare cycle range, neglecting the mean tension, $\Delta\sigma_0$:

$$6 \quad \frac{\Delta\sigma_{eq}}{\Delta\sigma_0} = \frac{1}{1 - (\sigma_m/\sigma_u)} \quad (9)$$

7 Now, recalling Basquin's law [18], if the Wöhler curve [8] is placed in a log-log
 8 ratio, it can be seen that the number of cycles to failure N_{eq} at an equivalent θ -
 9 mean stress range, $\Delta\sigma_{eq}$, and the cycles to failure at the initial stress range N_0 ,
 10 but simply neglecting the mean stress, $\Delta\sigma_0$, both present a linear relationship
 11 with the exponent, m , of the characteristic Wöhler's curve, which turns a plain
 12 slope into a log-log ratio. See equation (10):

$$13 \quad \frac{\log(\Delta\sigma_{eq}) - \log(\Delta\sigma_0)}{\log(N_0) - \log(N_{eq})} = \frac{1}{m} \quad (10)$$

14 So, recalling the property that relates the logarithmic difference with the
 15 logarithm of division, equation (10) can be operated upon by substituting equa-
 16 tions (7) and (9) into it, yielding equation (11):

$$17 \quad \frac{\log(\Delta\sigma_{eq}/\Delta\sigma_0)}{\log(N_0/N_{eq})} = \frac{\log\left[\frac{1}{1 - (\sigma_m/\sigma_u)}\right]}{\log(F_{MSP})} = \frac{1}{m} \quad (11)$$

18 Finally, from the equation (11), undoing the logarithm leads to the mean
 19 stress pushing factor, F_{MSP} : F

$$20 \quad F_{MSP} = \left[\frac{1}{1 - (\sigma_m/\sigma_u)} \right]^m \quad (12)$$

21 Consistent with same fatigue theoretical framework and recent alternative
 22 approaches [52, 53, 54], this factor can be used with any existing method to
 23 derive *only* the fatigue damage within a $\Delta\sigma$ stress range, with the Palmgren-
 24 Miner linear accumulation rule, and with the log-log Wöhler curves according

1 to Basquin's law. Thus, this approach can be used for feasible and safe predic-
 2 tions, but there are other approaches, like *Sutherland-Mandell* [55], combining
 3 Goodman at several stress range ratios R with non linear Palmgren-Miner mod-
 4 ifications looking for more accuracy at certain cases. The factor to introduce
 5 the mean stress effect, σ_m , can be adapted, if the cycle counting method con-
 6 serves the relevant information in the same way as the Rainflow method. The
 7 mean stress effect can also be introduced when it arises from other concomitant
 8 *quasi-static* loadings.

9 4. Three second-order effects of intrinsic mean tension

10 Nevertheless, it is never enough to consider the mean stress by simply adopt-
 11 ing the factor disclosed in equation (12), since the mean stress derived from
 12 mean tension induces at least three second-order effects in fatigue. Namely,
 13 *cycle quasi-ordering*, *histogram variation*, and second-order *apparent mean ten-*
 14 *sion*. These three second-order effects are disclosed in the following subsections
 15 4.1, 4.2, and 4.3, respectively.

16 4.1. Cycle Quasi-ordering

17 Looking at equation (12), it becomes clear that the existence of a concomi-
 18 tant mean tension that induces a corresponding mean stress, σ_m , will suppose
 19 an amplification of fatigue damage, D .

20 A first derivative of that fact is that, when facing a time-dependent variation
 21 of that mean tension, then the amplification will also be time dependent, i.e. if
 22 $\sigma_m = \sigma_m(t)$ then, accordingly, $F_{MSP} = F_{MSP}(t)$.

23 A second derivative of that previous fact, when applied to random loadings,
 24 generally treated as both *stationary* and *ergodic stochastic* processes, is that if
 25 the mean tension, σ_m , tends to decrease with time, then any amplification will
 26 also tend to decrease over time. This circumstance is a common occurrence, as
 27 when any existing tension in steel beams, rods, cables, tendons, etc. tends to
 28 *relax*, then creep and localized plasticity or hole slotting will tend to distribute

1 stresses around fatigue hot-spots. Besides, a progressively fatigue damaged
 2 structural element will tend to lose stiffness, sharing its load with other elements
 3 in the same structure that is usually *hyperstatic*. All these factors will contribute
 4 to induce a decreasing amplification behavior.

5 Let us consider, for instance, a stochastic random loading stress, $\sigma(t)$, de-
 6 composed into a summation of harmonics, $\sigma(t) = \sum_1^N [\frac{\Delta\sigma_i}{2} \cdot (\sin(\omega_i \cdot t))]$, each
 7 with an angular frequency of ω_i and an amplitude of half of the correspond-
 8 ing stress range, $\Delta\sigma_i/2$, depending on the motion energy at each frequency.
 9 Then, by the distributive property of the multiplication, an amplification fac-
 10 tor, $F_{MSP}(t)$, applied to whole summation is also applied independently to each
 11 isolated harmonic. Therefore, for the sake of clarity, the *quasi-order* effect can
 12 be shown simply by looking at *one single harmonic*.

13 Then, we can consider a few stress cycles of a certain isolated harmonic,
 14 with a range and an angular frequency of $\Delta\sigma$ and ω , respectively, as defined by
 15 equation (13). Purely for demonstrative purposes, if it had a linear decreasing
 16 mean stress, σ_m , descending from an initial value, $\sigma_{m,0}$, at an initial time, t_0 ,
 17 to a final value, $\sigma_{m,f}$, at a final time, t_f , then its definition will be reflected by
 18 equation (14). Finally, if that mean stress were constant over time rather than
 19 time-dependent, and with an equivalent mean value of $\sigma_m = \frac{\sigma_{m,f} - \sigma_{m,0}}{2}$, then it
 20 may be defined by equation (15).

$$21 \quad \sigma(t) = \frac{\Delta\sigma}{2} \cdot \text{sen}(\omega \cdot t) \quad (13)$$

$$22 \quad \sigma(t) + \sigma_m(t) = \frac{\Delta\sigma}{2} \cdot \text{sen}(\omega \cdot t) + \frac{\sigma_{m,f} - \sigma_{m,0}}{t_f - t_0} \cdot t + \sigma_{m,0} \quad (14)$$

$$23 \quad \sigma(t) + \sigma_m = \frac{\Delta\sigma}{2} \cdot \text{sen}(\omega \cdot t) + \frac{\sigma_{m,f} - \sigma_{m,0}}{2} \quad (15)$$

24 The above equations, (13) to (15), are in fact three different cases: by appli-
 25 cation of the superposition principle of elasticity, adding 0 or null mean stress
 26 in equation (13), a linearly decreasing mean stress in equation (14), and a con-
 27 stant mean stress in equation (15). In Fig 1, the 0-mean stress case, $\sigma_m = 0$,

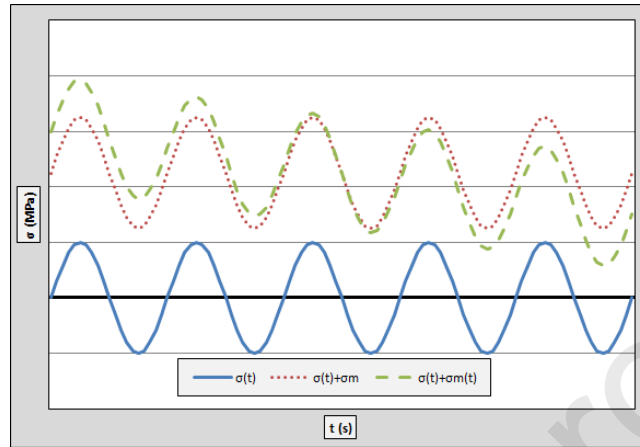


Figure 1: Superposition effect of mean stresses, σ_m , in different cases.

1 is depicted for a few cycles (blue solid line), as is the linearly decreasing mean
 2 stress, $\sigma_m = f(t)$, (green striped line) and, finally, the constant mean stress
 3 superposition (red dotted line).

4 Now, Fig. 2 shows the Rainflow cycle-counting method applied to the case
 5 of linearly decreasing mean stress, $\sigma_m = f(t)$, over a few cycles. The first step,
 6 depicted in Fig. 2 (green striped lines), is to count half cycles upwards starting
 7 at each valley. The second step is to repeat the first step, but looking for half-
 8 cycles downwards, starting at each peak, as depicted in Fig. 2 (red dotted line
 9 and amber striped-dotted line), the former with the first huge half-cycle from
 10 the first peak and the later for the following peaks. It is remarkable that, when
 11 neglecting the mean-stress effect, the cycle count identifies the same cycles for
 12 the three mean stress cases, with a previous and a single huge cycle covering
 13 the mean stress variation for the whole period of study.

14 Hence, the stress range, $\Delta\sigma$, and the mean tension, σ_m , of each cycle are
 15 linearly related, in order to introduce the effect of mean stress, σ_m , depending
 16 on the fraction of the period, T , and the mean stress slope or first derivative,
 17 $\sigma'_m = \frac{d[\sigma_m(t)]}{dt}$, as shown in Fig. 3.

18 Finally, it is transformed into its equivalent stress range, $\Delta\sigma_{eq}$, by applying
 19 Goodman's equation, (1), to the stress range, $\Delta\sigma$, of each cycle, and the mean

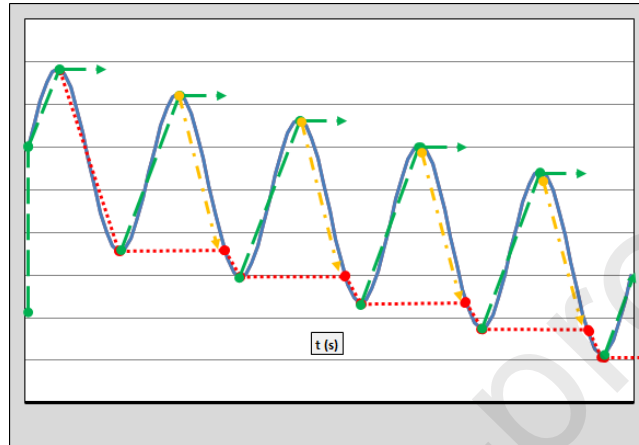


Figure 2: Rainflow cycle count with decreasing mean stress.

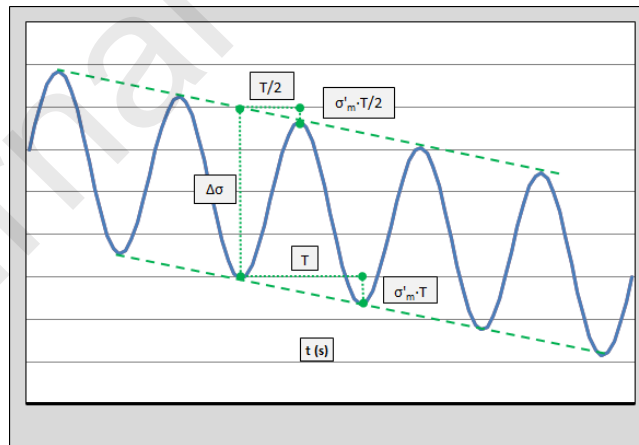


Figure 3: Determination of each cycle's stress range, $\Delta\sigma$, and mean stress, σ_m .

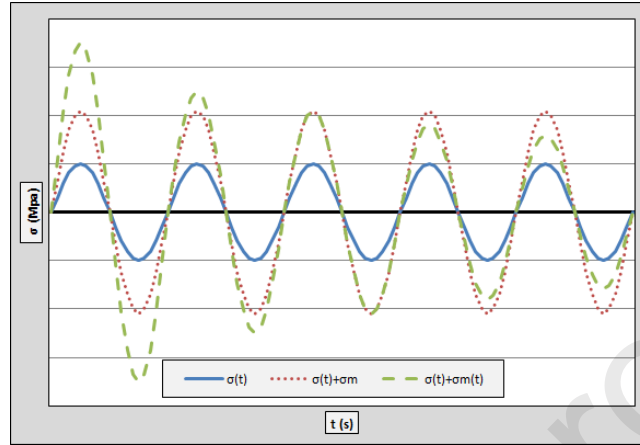


Figure 4: Transformation of each case by Goodman's rule.

1 stress, σ_m , as depicted in Fig. 4. The 0-mean stress, $\sigma_m = 0$ case, (solid blue
 2 line) undergoes no transformation, while the constant mean stress, $\sigma_m \neq f(t) \neq$
 3 0, (dotted red line) undergoes constant amplification of the corresponding peak
 4 and valley stress range, $\Delta\sigma$, values, while the linearly decreasing mean stress,
 5 $\sigma_m = f(t)$, (striped green line), undergoes a stress range, $\Delta\sigma$, amplification
 6 that is higher in former cycles and that progressively decreases. Besides, it
 7 remains valid considering aspects like the change in stress ratio $R = \sigma_{max}/\sigma_{min}$
 8 [52, 55, 48, 46, 53, 54], and conservative in pre-strained elements [56].

9 The question is now whether the above is as a rule generalizable? For in-
 10 stance, for any random loading causing a fatigue process with a concomitant
 11 long-term decreasing mean tension, there will be a corresponding slow drop of
 12 the mean stress, σ_m , at least when compared to the mean frequency of the pro-
 13 cess. In such cases, the mean stress function can be discretized into small finite
 14 segments of constant slope, where this relationship remains true. Besides, if the
 15 random loading is both a stationary and an ergodic process and can be defined as
 16 an stochastic harmonic function in the shape of $\sigma(t) = \sum_1^N [\frac{\Delta\sigma_i}{2} \cdot (\sin(\omega_i \cdot t))]$,
 17 any amplification factor derived from Goodman's equation (1) and applied si-
 18 multaneously at any time to all harmonics composing the stochastic process,
 19 can be extracted as a common factor of the summation, by a simple distributive

1 property of multiplication, in the same way as the *mean stress pushing factor*,
 2 F_{MSP} .

3 All of the above implies two things. First, an apparently disordered random
 4 loading can produce a *quasi-ordered* fatigue process. Second, mean stress am-
 5 plification can be derived for a continuous process for some discrete intervals
 6 within a certain period. Besides, the total fatigue has to include both the ampli-
 7 fication by the F_{MSP} and the sequence effect, that can be achieved by applying
 8 the *mean disorder pushing factor*, F_{MDP} , previously presented in [49].

9 4.2. Histogram variation

10 Fatigue is a pathology that is mainly, although *not* only studied in metallic
 11 structures, where mechanized or threaded details, unions, and abrupt changes
 12 of geometry, etc. constitute heterogeneities or discontinuities that affect the
 13 mechanical characteristics of the structural detail, making it susceptible to fa-
 14 tigue processes. This type of structure is generally light, constituted by slender
 15 elements. In these cases, there are second-order effects, such as *buckling*, that
 16 affect the stability of the structures.

17 In fact, the stiffness of any element under flexural forces and in the presence
 18 of axial compression force will apparently decrease, even with the same geometry
 19 and inertia, because the deflection of the deformed shape is multiplied by the
 20 axial force generating second-order moments that are added to the bending
 21 moments, increasing the deformation to the point of equilibrium, if any; an
 22 effect that is called *buckling* and that could be the case of compression in beams
 23 of lattice girders, pylons, and columns.

24 However, the same happens in the opposite case when *the axial force is a*
 25 *tension*. In that case, the deflection of the deformed shape is multiplied by any
 26 axial tension, giving rise to a negative moment that counteracts the bending.
 27 One example might be the deck of an upper arch of a bridge, where the horizontal
 28 component of the arch reaction is balanced by the tensility of the deck. The
 29 tension therefore assists stability by increasing rigidity.

30 In view of the above, in cases of *intrinsic* mean tension, and in this type of

1 slender metallic element, stiffness is highly conditioned by the existence of an
2 axial force of tension or compression. The same is true for natural frequencies
3 and vibrational behavior. So, if the axial force changes, then the rigidity will
4 change as a direct consequence and likewise *the natural frequencies*.

5 Supposing that the dynamic actions exciting the structure were independent
6 of the internal structural dynamics that vary the axial effort, as in the case
7 of *intrinsic* mean tension, it would mean that the dynamic response would
8 change completely and could even trigger resonance phenomena. Examples
9 could be cables, hangers, braces, etc. with an initial prestressing or tightening
10 that decreases with time, if the length, mass and tension of the cable at a given
11 moment had a frequency coupled with incident wind speed, imposed vibrations,
12 and so on.

13 One way of mitigating this possible effect would, first of all, be to find the
14 *input* power spectrum *PSD*, $S_x(f)$, and then the frequency response function
15 *FRF*, $|H(f)|$, depending on the maximum and minimum tension of the process.
16 If any of the peaks of both functions matched each other, the maximum *output*
17 power spectrum, $S_y(f)$, could be obtained as the product of both factors. In
18 the intermediate situations, despite conservative estimates with a safety margin,
19 the tension maximizing the response or *output PSD*, $S_y(f)$, will be chosen. See
20 Fig. 5.

21 Hence, it is a question of identifying the predominant input frequencies with
22 greater energy in the incident action and any coincident frequencies. In that
23 case, the first strategy would be to avoid natural frequencies coinciding with
24 these frequencies, either by designing the tension of the concrete elements, per-
25 haps with stratified strategies, or by simply taking into account the worst situ-
26 ation in the calculation and verifying compliance against fatigue.

27 For instance, the case of a bi-supported, 6 m length, *square hollow section*
28 SHS 100.5 profile is presented, in order to illustrate that effect. In addition to
29 its own weight, it is loaded with 300 kg of uniformly distributed dead load. This
30 profile has a decreasing tension from 100 to 0 kN and it is proposed to determine
31 the *natural frequencies* as a function of the aforementioned tension. For the sake

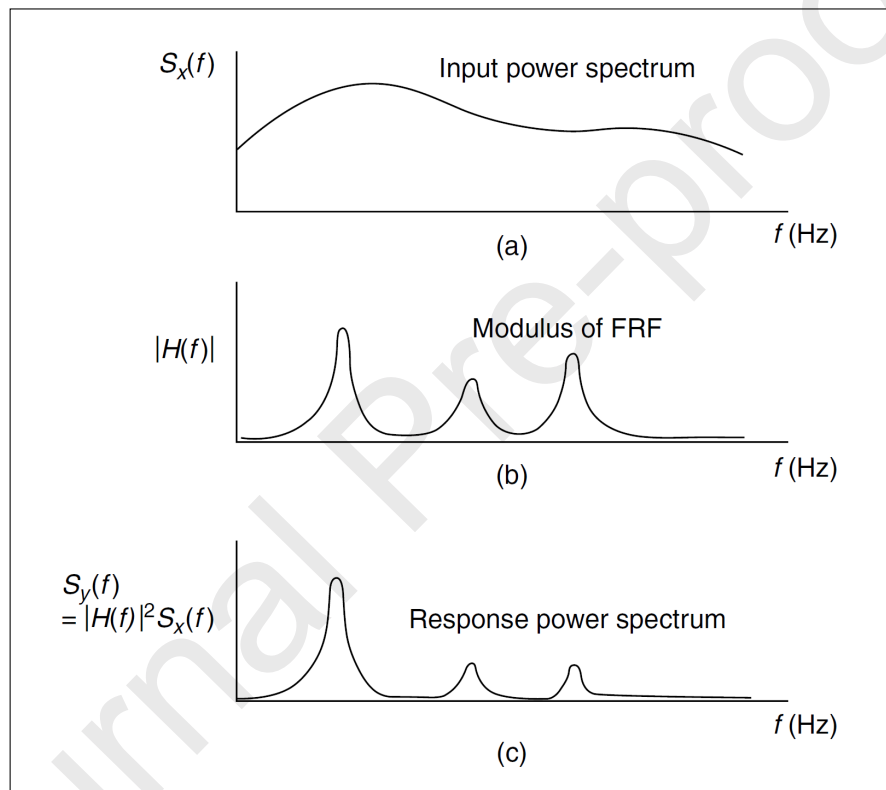


Figure 5: Derivation of response power spectra.

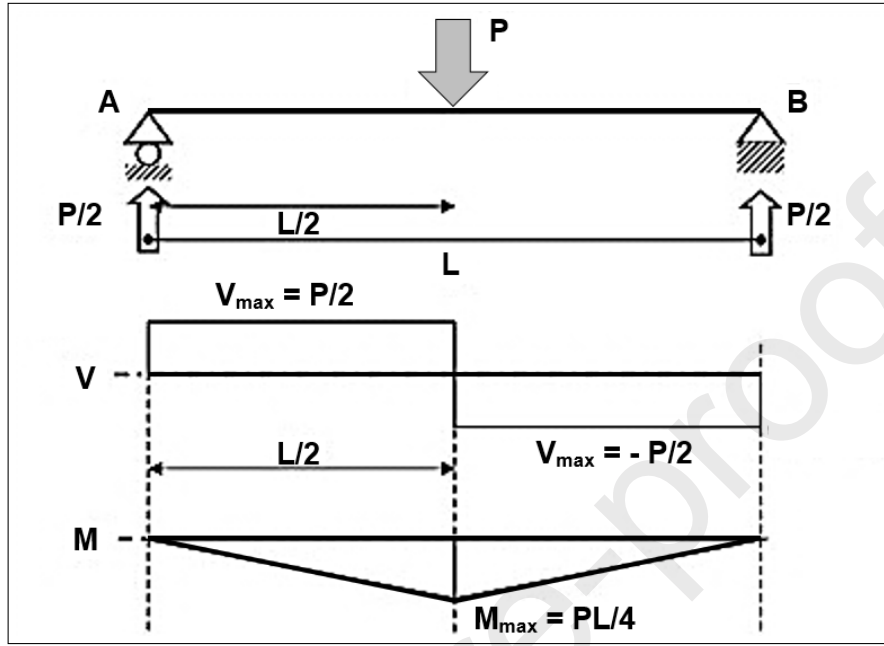


Figure 6: Bi-supported beam model.

1 of simplicity, an equivalent Single Degree of Freedom (SDOF) model is applied.

2 An MDOF case is presented in the case study section 5.

3 So, the first step is to determine the deflection caused by 1 kN at span center
 4 in a conventional bi-hinged model, such as the one shown in Fig. 6, following
 5 the *virtual works* method.

6 In the case of a beam without tension, the deflection law is derived from the
 7 equation of elasticity (16), as a function of the x coordinate, as expressed in
 8 equation (17), for the domain of $0 \leq x \leq L/2$, and the value of that equation is
 9 shown in equation (18) at span center:

$$10 \quad y''(x) = -\frac{M(x)}{E \cdot I} \quad (16)$$

$$11 \quad y(x) = -\frac{P \cdot x^3}{12 \cdot E \cdot I} + \frac{P \cdot L^2 \cdot x}{16 \cdot E \cdot I} \quad (17)$$

$$y(L/2) = \frac{P \cdot L^3}{48 \cdot E \cdot I} \quad (18)$$

In the case of an axial load under tension, N , the differential equation to obtain the deflection law, $y(x)$, is (19). By substituting (20), we arrive at equation (21), which will have to be solved:

$$y'' - \frac{N}{EI} \cdot y = -\frac{1}{2} \cdot \frac{P}{EI} \cdot x \quad (19)$$

$$\alpha^2 = \frac{N}{EI} \quad (20)$$

$$y'' - \alpha^2 \cdot y = -\frac{1}{2} \cdot \frac{P}{EI} \cdot x \quad (21)$$

Then, after decomposing the differential equation problem into an homogeneous part, y_{GH} , plus a particular solution, y_{PC} , a general solution to the homogeneous part is equation (22), while the particular solution of the complete equation is in the form shown by equation (23). So, (24) represents a summation and the general solution of the complete y_{GC} is shown below in equation (25):

$$y_{GH} = C_1 \cdot e^{\alpha x} + C_2 \cdot e^{-\alpha x} \quad (22)$$

$$y_{PC} = \frac{P}{2N} \cdot x \quad (23)$$

$$y_{GC} = y_{GH} + y_{PC} \quad (24)$$

$$y_{GC} = C_1 \cdot e^{\alpha x} + C_2 \cdot e^{-\alpha x} + \frac{P}{2N} \cdot x \quad (25)$$

For instance, it is sufficient to impose the boundary conditions, shown in (26), in order to find the constants, C_1 and C_2 . Then, deriving the values of the

1 constants, as shown in the following equations (27) and (28), and substituting
 2 them into equation (25) above, will yield equation (29) that is shown below:

$$3 \quad y(0) = 0 \wedge y'(L/2) = 0 \quad (26)$$

$$4 \quad C_1 = -\frac{P}{2N} \cdot \frac{1}{\alpha \cdot (e^{\alpha \cdot L/2} + e^{-\alpha \cdot L/2})} \quad (27)$$

$$5 \quad C_2 = \frac{P}{2N} \cdot \frac{1}{\alpha \cdot (e^{\alpha \cdot L/2} + e^{-\alpha \cdot L/2})} \quad (28)$$

$$6 \quad y(x) = \frac{P}{2N} \cdot \left[\frac{e^{-\alpha x} - e^{\alpha x}}{\alpha \cdot (e^{\alpha \cdot L/2} + e^{-\alpha \cdot L/2})} + x \right] \quad (29)$$

7 It can now be seen in Fig. 7 that the lower the the tension, then the closer
 8 are the values of derived equation (29) to those of equation (17).

9 Fig. 7 shows the deflection value at several x positions for the case of a load
 10 $P = 1 \cdot kN$, located at span center and at $N = 0 \cdot kN$ and at $N = 100 \cdot kN$
 11 of tension load; a substantial change in the deflection value, in the form of
 12 increased stiffness, can be seen.

13 Thus, the values of the natural frequencies, in Hz, for a *Single Degree Of*
 14 *Freedom* SDOF bi-supported beam model, are listed in the last column of Table
 15 1, related to the last row as a function of the tension load, N , shown in the
 16 first column. The other columns showing the flexibility v derived from beam
 17 deflection, the stiffness k as the inverse of flexibility, the beam stiffness to mass
 18 ratio k/m , and the corresponding SDOF angular and simple frequencies, ω and
 19 f . Accordingly, as can be seen, in a long process that is sustained over time,
 20 while the tension starts at 100 kN and is then reduced, due either to relaxation
 21 or other processes, to 0 kN, the natural frequency varies between 3.72 and 2.94
 22 Hz, see Fig. 8. This frequency change after loosing stiffness by detensioning is
 23 consistent with recent studies, such as *Wu et Al.* [42].

24 One consequence is that, if the incident dynamic action, treated as station-
 25 ary, has a frequency of 3.5 Hz due to external causes, such as wind buffeting

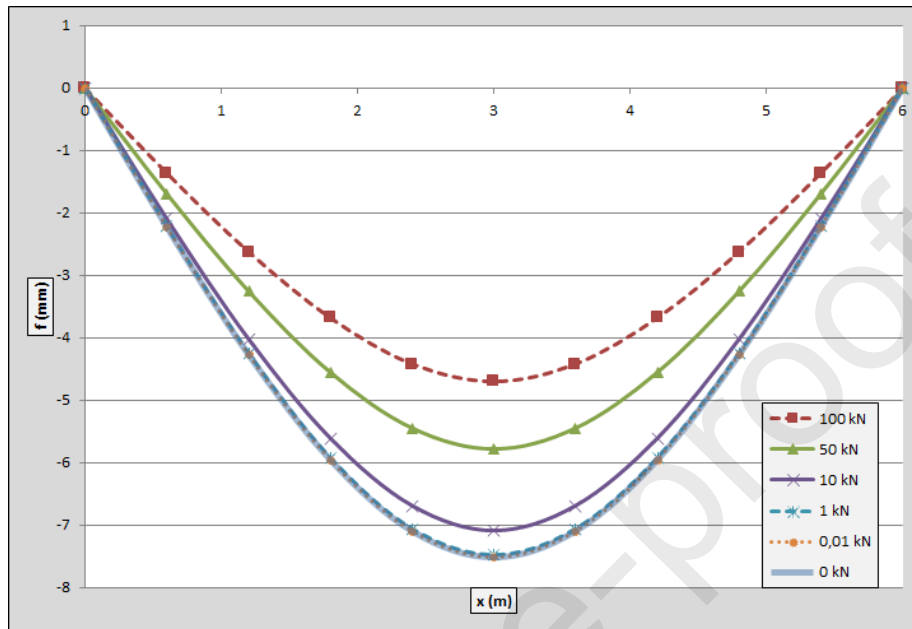


Figure 7: Deflection law $y(x)$ in mm.

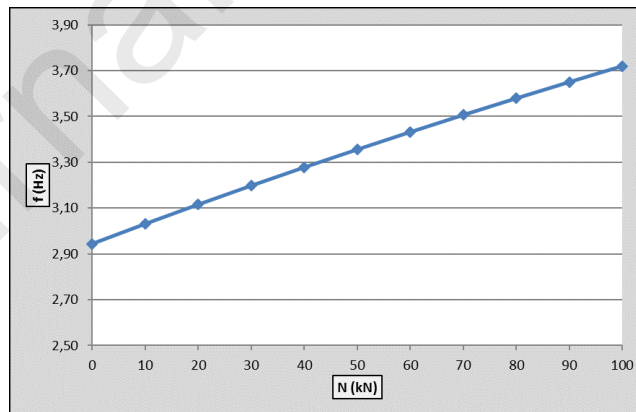
1 given the rugosity of the windward terrain, or traffic, or a pedestrian promenade
 2 area, etc. ., and if the calculation of the response power spectra, $S_y(f)$, were
 3 under the initial or final tension conditions, then the response would spuriously
 4 be diminished, since the real fact is that the *resonant response* would be much
 5 more harmful and *will certainly occur* at a certain moment of the service life of
 6 the element.

7 Three corrections are therefore needed for the situation described above to
 8 be applicable to a certain case study:

- 9 1. Calculate the response power spectra, $S_y(f)$, in the worst scenario, i.e.
 10 the one where the natural frequencies of the FRF functions, $H(f)$, are co-
 11 coincident with the dominant frequencies of the input power spectra, $S_x(f)$.
 12 For instance, in the present case, it would be for tension loads of around
 13 70 kN. For a more complete analysis, the service life could be discretized
 14 into several sub-periods, with several tension load hypotheses and their
 15 corresponding frequencies.

Table 1: SDOF natural frequencies, f [Hz], depending on tension load, N [kN].

N	v	k	k/m	ω	f
[kN]	[mm/kN]	[kN/mm]	[(rad/s) ²]	[rad/s]	[Hz]
0	7.52	0.13	342.08	18.50	2.94
10	7.09	0.14	362.64	19.04	3.03
20	6.71	0.15	383.17	19.57	3.12
30	6.37	0.16	403.68	20.09	3.20
40	6.06	0.16	424.15	20.59	3.28
50	5.78	0.17	444.60	21.09	3.36
60	5.53	0.18	465.02	21.56	3.43
70	5.30	0.19	485.42	22.03	3.51
80	5.09	0.20	505.79	22.49	3.58
90	4.89	0.20	526.14	22.94	3.65
100	4.71	0.21	546.46	23.38	3.72

Figure 8: Natural SDOF frequency depending on axial load $f=f(N)$ in Hz.

- 1 2. Consider the *quasi-order* due to detensioning, considering the full range
2 of both maximum and minimum loads. In the present case, from 100 kN
3 to 0 kN.
- 4 3. Correct the average stress with the Goodman's equation or the derived
5 mean tension pushing factor, F_{MTP} , considering the average tension caused
6 by the higher tension of the following: the one giving the maximum re-
7 sponse power spectrum, $S_y(f)$, and the process mean value, $(N_{max} +$
8 $N_{min})/2$; in the present case, 70 kN.

9 4.3. *Second-order apparent mean tension*

10 The way that mean tension can generate second-order effects that alter the
11 histogram has been described in the previous section. In this section, the same
12 idea is expressed *in reverse*, drawing attention to how second-order effects such
13 as buckling can cause induced medium tensions, which are not extrinsic, because
14 they are not due to the action itself, nor essentially intrinsic, as they are not
15 part of the element itself, but are intrinsic to the whole structural system.

16 Indeed, if a constant action is maintained in the structural system, when a
17 structural element is unloaded, then the structure seeks to maintain equilibrium,
18 by a redistribution of its load among its constituent elements, causing increased
19 mean tension among the others. This unloading, if due to effects such as the
20 buckling of slender elements under compression, could induce different types of
21 stiffness in the element, when induced by either compression or traction. So if
22 a dynamic action is applied to the element with a completely reversed cycle, its
23 load will be higher during the part of the cycle under tension and lower during
24 the part of the cycle under compression, causing an effective *apparent mean*
25 *tension* in the cycle.

26 A clear example of this phenomenon would be the bracing frames of buildings
27 that withstand the horizontal actions of wind and seismic activity by means of
28 axial truss-like elements: i.e. the *Concentrically Braced Frame* CBF systems.
29 Fig. 9 presents the most common typologies shown in Eurocode 8 [57], as stated
30 in [58].

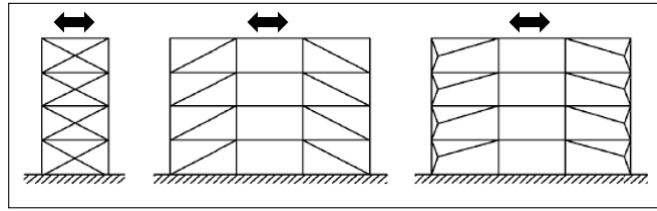


Figure 9: CBF bracing typologies to withstand lateral loading of buildings, as per Eurocode 8.

1 In those CBF systems, only the contribution of the tensioned diagonal braces
 2 is considered, Art. 6.3.1 (3) [57], completely neglecting the contributions of
 3 the diagonal braces under compression. It is not that they have no *de facto*
 4 collaboration, but the buckling reduces the effectiveness of any compression
 5 effort. Any consideration of that effort will, therefore, be conservative.

6 By imagining a completely reversed horizontal dynamic action, in an idealized
 7 structure with no imperfections, the system will be antisymmetric and, at
 8 any one time, the tensile stress of a diagonal brace will be equal, in module,
 9 to the compressive stress of the other. Nevertheless, in reality, imperfections
 10 cause the diagonal braces to buckle under compression and, in order to rebal-
 11 ance the system, all the compression that one diagonal brace is not providing
 12 will be converted into tension in the other. When the cycle changes and the
 13 diagonal brace previously under tension is under compression, it will begin to
 14 buckle, losing compression and causing tension overload in the other diagonal
 15 brace previously under compression.

16 Thus, if by an alternate action, at one extreme of the cycle, two idealized
 17 X-bracing diagonals were correspondingly loaded at 100 kN tension first and
 18 -100 kN compression, at the other extreme of the cycle they would logically
 19 be loaded at -100 kN and 100 kN, respectively, completing totally reversed
 20 cycles with a mean load of 0 kN and an amplitude of 100 kN. Nevertheless, the
 21 diagonal braces are never ideal in reality and the brace under compression at
 22 one extreme of the cycle will actually lose effort, with compression for example
 23 of up to -50 kN, which will overload the other diagonal brace under tension by

1 up to 150 kN, a situation that is reversed at the other cycle extreme. Hence,
 2 the diagonal would be initially tensioned at 150 kN and then compressed up to
 3 -50 kN compression. Therefore, in reality, despite the external reversed action,
 4 applied with 0-mean tension, in practice it causes cycles from -50 kN to 150 kN,
 5 with a mean tension of 50 kN and an amplitude of 100 kN, which is precisely
 6 the *second-order apparent mean tension*.

7 Such an effect needs always to be considered, through the application of the
 8 appropriate mean tension correction coefficients F_{MSP} , derived from Goodman,
 9 Gerber or Soderberg, as previously mentioned.

10 5. Case study

11 We will consider a 12-storey building with 8 planes of shearing bracing, made
 12 of X-type diagonals, 4 of which face each horizontal direction forces, x and y,
 13 with a length in plan view of 36 m, a width of 24 m and, finally, a height of
 14 37.2 m. The storey dimensions are regular, with a height of 3.1 m and a span
 15 between columns of 6 m, and a total effective mass at each storey of *151,200*
 16 *kg*. See Fig. 10.

17 The building faces wind loading, with a basic velocity of *29 m/s* and a terrain
 18 category II, according to Eurocode 1 [24, 59], defining the terrain roughness for
 19 wind loading. Thus, under such conditions, the axial loading at the bottom
 20 storey, due to wind loading in the ultimate limit state is 291,85 kN, while the
 21 diagonal bracing profiles are *UPN-100*, the columns are HEB-180 profiles, and
 22 the crossbeams are HEB profiles, all made of S-275 steel [9]. The diagonal
 23 bracing connections are *6x M12 10.9 steel bolts*, which attach the diagonal braces
 24 to a gusset plate welded at the HEB profile corner [10].

25 At the time it was built, the shearing plane was executed by building the
 26 columns and crossbars first, completing the gantry, welding the gusset plates to
 27 each corner, and then attaching the diagonal braces. Nevertheless, when plac-
 28 ing the diagonal braces, their temperature was slightly higher than the gantry,
 29 but only by *10 °C*. This difference might not seem very much, although when

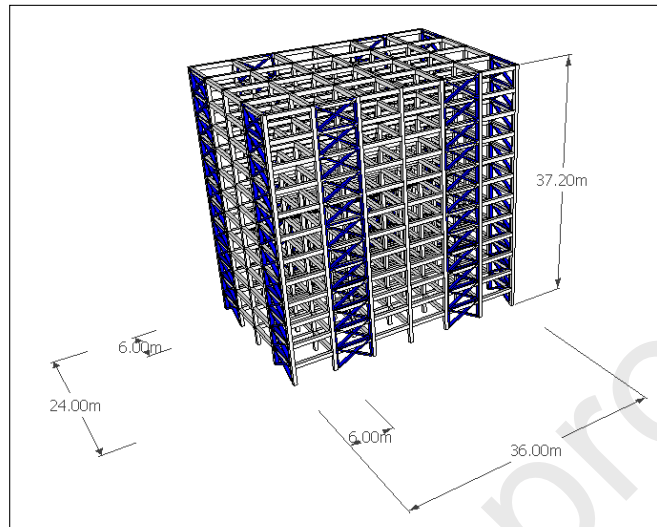


Figure 10: Geometry of the building for the case study.

1 placing the braces and fixing the connections, the temperature tended towards
 2 equilibrium, so the diagonal braces tended to shorten, causing an equivalent
 3 mean tension. Note that a difference of 10 degrees is quite common for on-site
 4 works where completion can take several days. Nevertheless, even though this
 5 tension is unintentional in this case study, the diagonal bracing normally has a
 6 degree of pretensioning for proper performance. In this case, the temperature
 7 increment is equivalent to a pretensioning of 34.04 kN.

8 Hence, two models are produced to represent a shearing plane under two
 9 hypothetical situations. A first one where the diagonal braces remain under
 10 tension, due to the temperature increment, $\Delta T = 10^\circ C$, in the execution
 11 phase, and a second situation when it loses its initial tension after several cycles
 12 and progressive hole slotting at bolt connections. In those models, the diag-
 13 onal braces are considered as non-linear elements, working only under tension
 14 and in no case under compression, with corresponding temperature gradients
 15 depending on the situation.

16 These models were then used to represent an equivalent lumped mass,
 17 Multi-Degree Of Freedom *MDOF*, system, considering horizontal motion at

1 each storey at a total of 12 modes. A three-way 12×12 matrix was required,
 2 corresponding to mass, damping and stiffness matrix, to represent the system.
 3 The mass matrix was a diagonal matrix, with a storey mass at each diagonal
 4 element. The damping matrix is another diagonal matrix, with the damping
 5 at each storey, that can be considered almost but not completely regular and
 6 equivalent to a conservative figure of 2% damping. Finally, the stiffness matrix
 7 was the inverse of the flexibility matrix that was slightly more complicated.

8 A force of $F = 100kN$ was introduced at each storey in the model to obtain
 9 the flexibility matrix, registering the consequent displacements at each storey,
 10 but one force at a time, filling the 12×12 flexibility matrix f , in both situations.
 11 The stiffness matrix was therefore the inverse of the flexibility matrix. There was
 12 no need to reproduce the full matrix of both situations, but it was sufficient to
 13 show the stiffness increment, when the load was applied to the uppermost storey
 14 with diagonal bracing under tension. The consequent horizontal displacement
 15 at the uppermost storey was 102 mm, while it grew to 112.9 mm when applied
 16 without any load, implying a drop in stiffness.

17 Then, the *eigenvalues* and *eigenvectors* of the flexibility matrix were found
 18 and the corresponding *frequency response functions FRF* of each mode i , $H_i(f)$,
 19 were developed, to obtain the natural frequencies and the natural modes of
 20 vibration. Thus, with the FRFs, the frequency response function of the motion
 21 at the first storey, z_1 , caused by the force at each storey, i , was then derived by
 22 $H_{z_1 F_i}(f)$.

23 For instance, in the following Fig. 11, the frequency response function of
 24 the motion at the first storey is shown due to wind buffeting at the 12th storey
 25 with tensioned and detensioned diagonal bracing.

26 The solid blue line represents the situation where the equivalent *intrinsic*
 27 tension corresponds to $\Delta T = 10^\circ C$, while the red striped line shows the sit-
 28 uation where any initial tension is lost. In reflection, it can be seen that this
 29 approach is not only about considering the mean stress through Paris' law, or as
 30 it is considered in Goodman, Gerber and Soderberg, as it changes the structural
 31 response itself, varying the natural frequencies, in consistency with *Wu et Al.* at

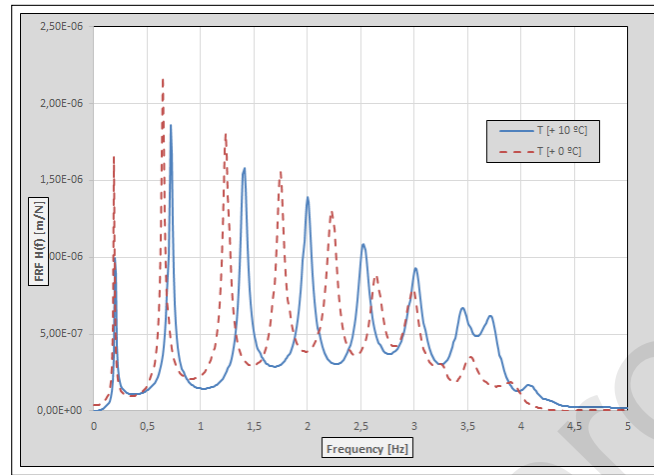
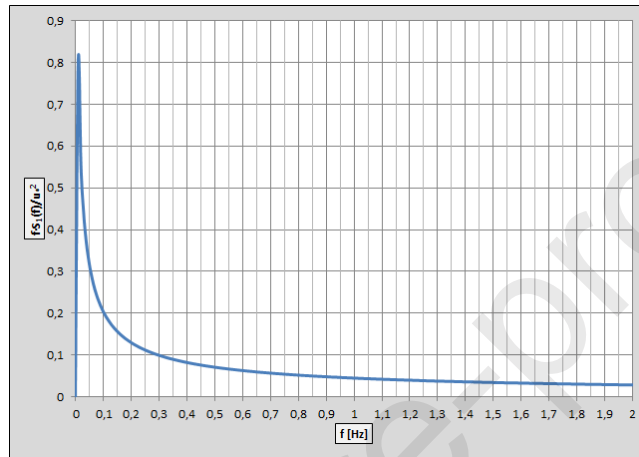


Figure 11: Frequency response function of motion at the first storey, due to wind buffeting at the 12th storey with tensioned and detensioned diagonal bracing.

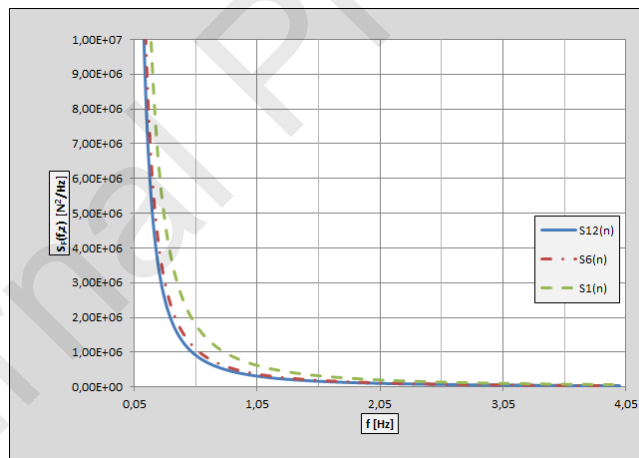
1 [42] when loosening stiffness. Hardly significant under a broad band uniform pro-
 2 cesses, it is in narrow banded ones, if a peak at the input PSD could match the
 3 peak at the FRF during the detensioning process, because at this point it could
 4 develop resonance effects and very damaging fatigue. In this case, the natural
 5 frequencies tend to decrease, but their peaks become higher. One explanation
 6 could be the non-linearity, if the diagonal braces are only working under tension,
 7 or only under compression, because they need to surpass the pretension before
 8 buckling, which is relevant in terms of stiffness and effective damping elements.

9 The wind load spectra were estimated with the method proposed by Dav-
 10 enport [60], which is widely used. As this is an external force, the *extrinsic*
 11 process applies to both situations. Accordingly, in Fig. 12 the normalized wind
 12 spectra (a), scaled to disregard mean wind velocity and frequency, is depicted
 13 and the PSD of the wind loading force at the first, the sixth, and the twelfth
 14 storeys (b).

15 The power spectral density of the displacements at the first storey, caused by
 16 the wind loading at each storey can therefore be derived, see Fig. 13. Besides,
 17 the power spectral density of the stress at the joining bolts is directly derived



(a) Davenport's normalized wind spectra.



(b) Power spectral density of wind loading force.

Figure 12: Wind loading spectra.

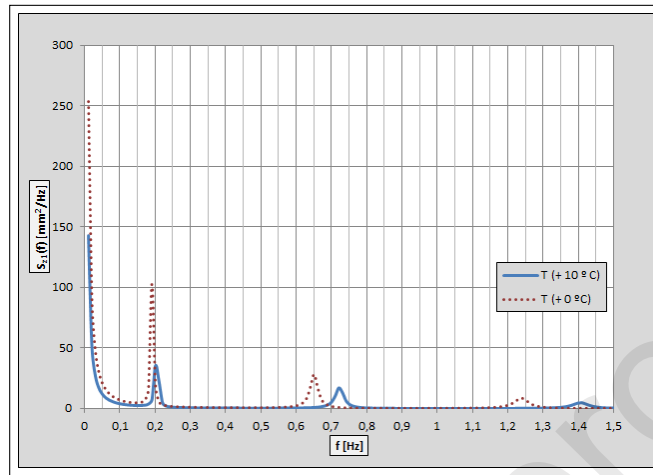


Figure 13: PSD of the displacements at the first storey due to wind buffeting the whole building.

1 from the displacement measurements, considering the relationship between dis-
 2 placement and axial load, and the relationship between axial load and stress at
 3 the bolts, considering their effective resistant sections.

4 In both cases, the solid blue line depicts the spectra with tensioned diagon-
 5 al bracing, while the red dotted line depicts the scenario of the detensioned
 6 diagonal bracing. The power spectral density of the stress at the bolts is the
 7 required PSD.

8 5.1. Cycle account and fatigue damage

9 There are several methods applied to cycle counting starting with a wide-
 10 band stress spectra in random loading, such as the methods proposed by Zhao-
 11 Baker [61], Petrucci-Zuccarello [62], α_{75} [63], the very promising Tovo-Benasciutti
 12 [37, 35, 36], well fitted for broad-band Gaussian and non-Gaussian processes,
 13 as pointed out by Ding and Chen [64], and Dirlik [65], along with recent im-
 14 provements to consider somehow the mean stress effect [52, 53, 54]. Finally,
 15 there are recent interesting proposals too, like the *bands* method by Braccesi et
 16 Al. [66], dividing the broad band PSD in frequency bands, applying Rayleigh
 17 distribution [67, 68] at each band, and finally combining all damage.

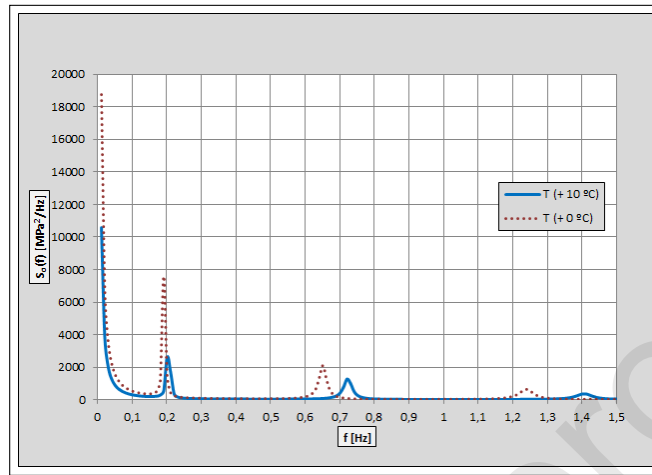


Figure 14: PSD of the bolt stress at the first storey caused by the wind over the whole building.

1 Dirlik method will be used for this case study, as it is still regarded as the
 2 most accurate [69, 70, 71], but others could be applied. In fact, depending on the
 3 case, a recent comparison by Mrsnik [38] set Tovo-Benasciutti and Zhao-Baker
 4 as the preferred methods after Dirlik.

5 Following this procedure, based on the PSD moments, the expected peaks
 6 per second were 1.49 and 1.44, respectively, with tensioned and detensioned
 7 diagonals, and the expected 0-stress crossings, were 0.73 and 0.7, likewise re-
 8 spectively. This difference might not appear very large, but it becomes clearer
 9 when deriving the range probability and histogram variation. See Fig. 15 and
 10 Fig. 16, respectively. In the interests of clarity, the cycle amount is calculated
 11 for a single year of the service life, considering total seconds, one cycle per peak,
 12 and peaks per second.

13 The first thing brought to our attention is the second-order effect of an
 14 intrinsic mean tension in the histogram variation, already mentioned in sub-
 15 section 4.2. Among other things, such variation implies a further modification
 16 of *Nieslony-Böhm* [52, 53, 54] if adapting the PSD before applying a rainflow
 17 cycle distribution method such as *Dirlik*. The second issue is that, when barely
 18 applying the Palmgren-Miner rule, considering a detail category of 100 MPa at

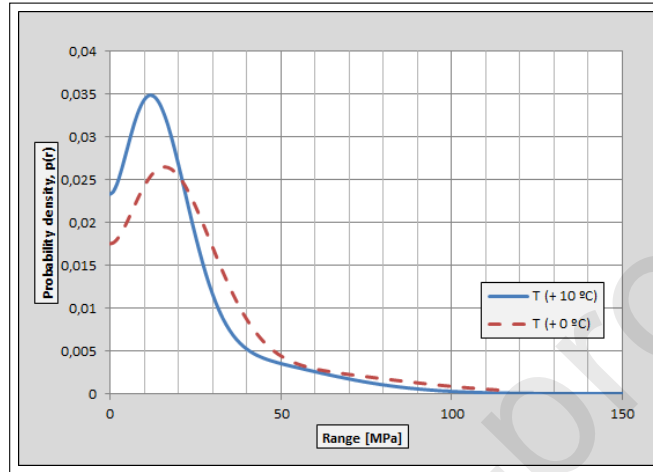


Figure 15: Probability density of cycle ranges according to Dirlik's method with tensioned and detensioned diagonal bracing.

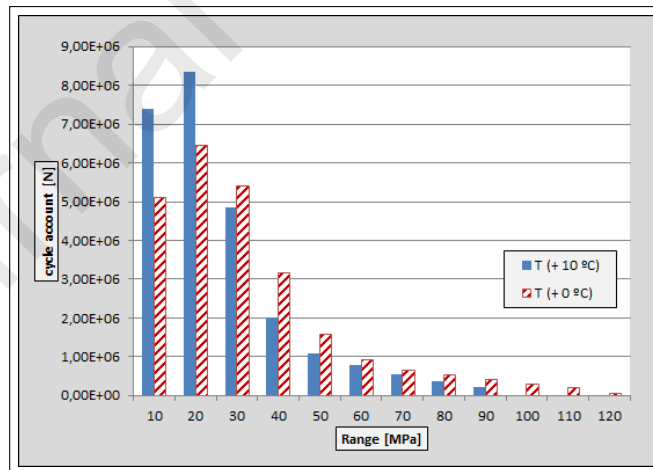


Figure 16: Cycle histogram by Dirlik method with tensioned and detensioned diagonal bracing.

Table 2: Fatigue Damage with detensioned diagonals.

$\Delta\sigma$	ni	Ni	Di
10	7.40E+06	2E+11	0.00%
20	8.35E+06	6.24E+09	0.13%
30	4.85E+06	8.21E+08	0.59%
40	2024607	1.95E+08	1.04%
50	1097274	6.38E+07	1.72%
60	788249	2.57E+07	3.07%
70	555819	1.19E+07	4.68%
80	3.55E+05	6.09E+06	5.83%
90	2.05E+05	3.38E+06	6.07%

1 $2 \cdot 10^6$ cycles according to Eurocode 3, then the fatigue damage is 23.1% with
 2 tensioned diagonal bracing and 49.1% with detensioned bracing. See Tables 2
 3 and 3.

4 However, the tension range of each cycle was not taken into account in
 5 Dirlik's method, since the element is unable to withstand compression forces
 6 because of buckling. Mean stress must therefore be considered, through the
 7 mean stress pushing factor previously defined in equation (12). In the first
 8 scenario, a temperature increment, $\Delta T = 10^\circ C$, leads to a mean tension of $T =$
 9 $34.02kN$ at the diagonal brace, causing a mean stress at each bolt of 67.5 MPa,
 10 each with a resistant section of $84mm^2$. Besides, on the safety side, each range,
 11 $\Delta\sigma$, is considered to start from that stress level, meaning an apparent mean
 12 stress of half the cycle range. Accordingly, Table 4 discloses the corresponding
 13 numerical results.

14 In the second scenario, the detensioned diagonal braces presented no *intrin-*
 15 *sic* mean stress. Nevertheless, the non-linearity caused by compressed diagonal
 16 buckling led to an *apparent mean stress* of half the stress range, as it only works
 17 under tension. Accordingly, Table 5 discloses the corresponding numerical re-
 18 sults..

Table 3: Fatigue damage with detensioned diagonals.

$\Delta\sigma$	n_i	N_i	D_i
10	5.10E+06	2E+11	0.00%
20	6.44E+06	6.24E+09	0.10%
30	5.40E+06	8.21E+08	0.66%
40	3161782	1.95E+08	1.62%
50	1580030	6.38E+07	2.47%
60	907748	2.57E+07	3.54%
70	662495	1.19E+07	5.58%
80	5.24E+05	6.09E+06	8.60%
90	4.02E+05	3.38E+06	11.90%
100	2.92E+05	2.00E+06	14.63%
110	2.00E+05	1.24E+06	16.13%
120	6.40E+04	8.02E+05	7.98%

Table 4: Fatigue damage considering *intrinsic* and *apparent* mean stress with tensioned diagonal bracing.

$\Delta\sigma$	n_i	N_i	D_i	σ_m	F_{MSP}	$D_{eq,i}$
10	7.40E+06	2E+11	0.00%	72.5	1.46	0.01%
20	8.35E+06	6.24E+09	0.13%	77.5	1.50	0.20%
30	4.85E+06	8.21E+08	0.59%	82.5	1.54	0.91%
40	2024607	1.95E+08	1.04%	87.5	1.58	1.64%
50	1097274	6.38E+07	1.72%	92.5	1.62	2.79%
60	788249	2.57E+07	3.07%	97.5	1.67	5.13%
70	555819	1.19E+07	4.68%	102.5	1.72	8.04%
80	3.55E+05	6.09E+06	5.83%	107.5	1.77	10.30%
90	2.05E+05	3.38E+06	6.07%	112.5	1.82	11.02%

Table 5: Fatigue Damage considering *intrinsic* and *apparent* mean stress with detensioned diagonal bracing.

$\Delta\sigma$	n_i	N_i	D_i	σ_m	F_{MSP}	$D_{eq,i}$
10	5,10E+06	2E+11	0,00%	5	1,03	0,00%
20	6,44E+06	6,24E+09	0,10%	10	1,05	0,11%
30	5,40E+06	8,21E+08	0,66%	15	1,08	0,71%
40	3161782	1,95E+08	1,62%	20	1,11	1,80%
50	1580030	6,38E+07	2,47%	25	1,13	2,81%
60	907748	2,57E+07	3,54%	30	1,16	4,12%
70	662495	1,19E+07	5,58%	35	1,19	6,67%
80	5,24E+05	6,09E+06	8,60%	40	1,23	10,55%
90	4,02E+05	3,38E+06	11,90%	45	1,26	14,98%
100	2,92E+05	2,00E+06	14,63%	50	1,29	18,91%
110	2,00E+05	1,24E+06	16,13%	55	1,33	21,40%
120	6,40E+04	8,02E+05	7,98%	60	1,36	10,87%

1 Thus, consideration of the mean stress value will raise the fatigue damage
2 from 49.91% up to 92.9%, in the case of detensioned diagonal bracing, and from
3 23.1% to 40.05%, in the case of tensioned diagonal bracing. Its consideration
4 is therefore not optional, as the fatigue damage that is forecast will otherwise
5 lead to unsafe predictions.

6 Finally, cycle *quasi-ordering* needs to be considered as the mean induced
7 order. For the tensioned diagonal bracing, the average cycle, calculated as simple
8 weighted average in the corresponding histogram has an average stress range of
9 25.58 MPa and an average mean stress of 80.29 MPa, meaning an equivalent
10 stress range of 27.81 MPa at 0 mean stress in accordance with Goodman's
11 equation application (1). The average stress range of 31.74 MPa and the average
12 mean stress of 15.87 MPa, for the detensioned diagonal bracing, implies an
13 equivalent stress range of 32.25 MPa. The sequence effect coefficient proposed
14 in [49] should be applied for its consideration. In this case it was negligible with
15 a mean stress range decrease of only 5 MPa.

16 As a final clarification, the three mentioned *second-order* fatigue effects are
17 not specific for this case studied. Cables, stay-cables, superior arch bridge decks,
18 braces, hangers, rods, beams under tension (within a truss or a framed tube
19 building), a curtain wall, pre-tightened bolts, tendons and the like are suscepti-
20 ble to such effects. Generally speaking, anything under tension could experiment
21 *cycle quasi-order* and *histogram variation* if gradually losing tension and stiff-
22 ness accordingly. Besides, at any system supported by a plurality of elements
23 (e.g. beams), when one of them start to loss stiffness, it is translated in a load
24 sharing rearrangement within the others, causing *apparent mean stress* on them.

25 **6. Discussion**

26 The proposed procedure is well suited for structural details belonging to large
27 infrastructures such as buildings, bridges, industrial facilities, towers, reservoirs,
28 aerogenerators and the like, executed on-site and subjected to random loadings
29 such as wind, traffic or low seismicity. Under these scenarios dealing with un-

1 certainty, the added value of a prediction lies in the balance between safety,
2 actual material saves and cost effectiveness of the analysis. Accordingly, it is
3 an evolved procedure based on the correction of frequency domain calculation,
4 application of Dirlik's [65] (or equivalent) method to deduce Rainflow cycle his-
5 tograms [26] and fatigue damage calculation, to consider *extrinsic* and *intrinsic*
6 mean stresses and its derived *second-order fatigue* effects.

7 The case study revealed that, in some cases, the change in an intrinsic mean
8 tension could lead to a change in the global system stiffness, changing the cycle
9 histogram. In the case presented in the previous section, a tension due to a
10 common difference of temperature left a difference in fatigue damage according
11 to the plain Palmgren-Miner linear rule application of 23.1% to 49.1%. There-
12 fore, an extrinsic mean stress could lead to different ranges but an intrinsic
13 mean stress could lead to completely different fatigue loading. The way to deal
14 with these differences is to discretize the linear process of detensioning, by con-
15 sidering a half period with tensioned diagonal bracing and a half period with
16 detensioned ones, which would yield predicted fatigue damage of 36.1%.

17 There again, the non-linearity caused by buckling of the diagonal bracing
18 leads to apparent mean tensions of 45 and as much as 60 MPa in the cases of
19 tensioned and detensioned diagonal bracing, respectively. This apparent mean
20 tension, in isolation, caused a pushing factor of 1.36 under detensioned diagonal
21 bracing scenarios, while added to existing intrinsic mean stress lead to a mean
22 stress pushing factor of up to 1.82, increasing fatigue damage substantially,
23 which yielded an average fatigue damage of 66.48 kN.

24 The sequence effect was calculated in this case, following the rule already
25 disclosed in [49], considering the mean cycles from an average range of 27.81
26 MPa to 32.25 MPa. However, it was negligible in this case. For instance,
27 the ultimate stress of a 10.9 steel bolt was 1000 MPa, so the equivalence in
28 accordance with Goodman's ratio would be very much lower than in most cases
29 for common structural details made of carbon steel.

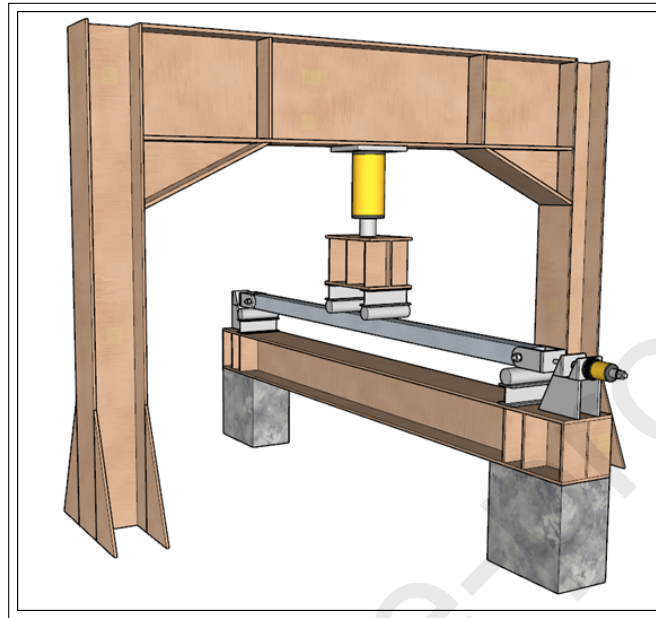


Figure 17: SDOF testing system including variable intrinsic mean stress.

1 7. Future works

2 Now, once the theoretical framework has been developed on the basis of the
 3 partial experimental evidences and previous works in literature, it is time to
 4 define at least the *minimum experimental setup* to research on the importance
 5 of such *second-order fatigue effects*. Indeed, the case study was developed in
 6 two situations with tensioned and detensioned diagonals, but the reality will be
 7 divided in several intermediate situations. This could lead, in one hand, to some
 8 intrinsic mean stress at whose frequency the sample starts to develop resonance,
 9 with very damaging effects to fatigue, meaning this *before and after* procedure
 10 underestimated the consequences. While, on the other hand, this intermediate
 11 resonance could lead to *cycle quasi-ordering* only from a certain stage to the end.
 12 Accordingly, the experimental setup shown in Fig. 17 discloses a *SDOF* testing
 13 system able to test a beam sample analogous to the one proposed in section 4.2.
 14 It is based on a rail fatigue test with an hydraulic pulsator imposing a variable
 15 force to a beam, but with a system able to tension it.

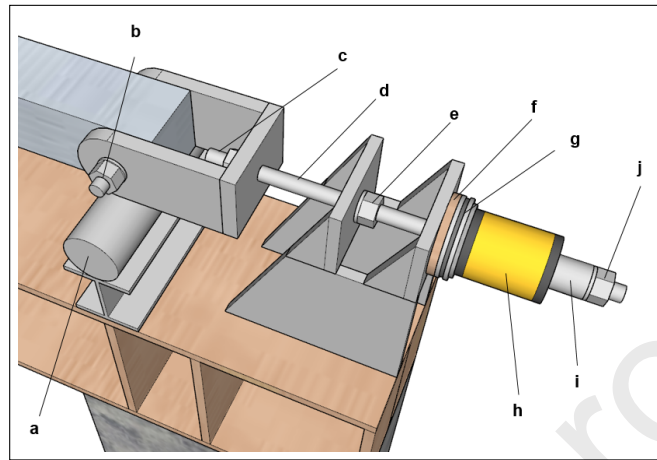


Figure 18: Cycle histogram by Dirlik method with tensioned and detensioned diagonal bracing.

1 The system to add variable intrinsic mean stress to the beam sample is
 2 divided in a passive and an active extreme. The next Fig. 18 shows in detail
 3 the active zone, while the passive is similar but up to the locking nut and washer.
 4 The active extreme is composed of a support *a*, to provide a vertical reaction,
 5 with a pin *b* attaching a hinged grip system. Then, with the anchoring nut and
 6 washer set *c* at one end of the threaded rod *d*, it is possible to transmit tension
 7 to the sample simply by pulling such rod *d*. In order to do it, at the other end of
 8 the threaded rod *d*, there is a set composed by a fixing nut and washer set *j*, that
 9 is pushed by the inner cylinder *i* of an hydraulic press *h*, whose reaction passes
 10 by the pressure plate *g* and the supporting disk *f* to a passive support. Finally,
 11 the last feature is the locking nut and washer *e* that enables the possibility to
 12 maintain a certain level of tension during a fatigue stage, when shutting down
 13 the hydraulic press.

14 The experiment could consist in applying a variable force with the hydraulic
 15 pulsator at certain constant frequency, decreasing progressively the tension and
 16 intrinsic mean stress, possibly dividing it in stages. Thus, with an accelerometer
 17 and a potentiometer to measure frequencies and deflections, and the pressure
 18 plate to measure the tension at each moment, it is possible to test such effects
 19 and calibrate to avoid under or over estimations.

1 8. Conclusions

2 The main contribution of this manuscript is to rethink the mean stress during
 3 fatigue life, dividing it into two components by source: extrinsic and intrinsic
 4 mean stresses, disclosing their implications. Besides, it defines a new mean
 5 stress pushing factor on the basis of Goodman equation, to be applied after
 6 the histogram is found. Moreover, three second-order fatigue effects derived
 7 from intrinsic mean tension are also identified and described: cycle quasi-order,
 8 histogram variation and apparent mean tension. Finally, as a case study a CBF
 9 system of 12 DOF is used disclosing the procedure to take into account each
 10 part of mean stress.

- 11 1. The concepts of *extrinsic* and *intrinsic* mean stress have been presented.
 12 *Extrinsic* mean stress arises from the actual variable random loading that
 13 causes fatigue, while *intrinsic* mean stress is due to concomitant perma-
 14 nent loads or indirect structural responses, not directly related to the
 15 random loading.
- 16 2. *Extrinsic* mean stress can be considered for any stress range, $\Delta\sigma$, based
 17 on the fatigue damage forecast method, modified by an innovative mean
 18 stress pushing factor, F_{MSP} , derived from Goodman's ratio, as long as
 19 the cycle counting method that is employed registers such information in
 20 the same way as the Rainflow method.
- 21 3. The same applies to *intrinsic* mean stress, although intrinsic mean stress
 22 usually arises from an existing concomitant tension tending to slowly de-
 23 crease with time, while that tension causes three *second-order fatigue ef-*
 24 *fects*, increasing expectable damage and must, therefore, be considered.
- 25 4. The first second-order fatigue effect identified in this study is the *cycle*
 26 *quasi-ordering*, occurring when a random loading, defined as an stochastic
 27 stationary and ergodic process, is concomitant to a slowly varying mean
 28 tension. In such cases, the equivalent range, $\Delta\sigma_{eq}$, at 0-mean stress, $\sigma_m =$
 29 0, will tend to be greater in earlier cycles than in later ones. As this
 30 amplification is verified and applied simultaneously to all the harmonics

- 1 in the stochastic process, then it is likewise for the summation by the
2 distributive property.
- 3 5. The second second-order fatigue effect is the *histogram modification*. It
4 occurs because any existing tension changes the structural system effective
5 stiffness and, therefore, the natural frequencies and the Frequency
6 Response Functions (FRF) will vary accordingly. Besides, it implies a
7 change in the response power spectra, $S_y(f)$, and the corresponding cycle
8 counting. Moreover, as the tension tends to vary during the service life,
9 the natural frequencies could become coupled to those of the input power
10 spectra, causing resonance and near resonance effects at that time.
- 11 6. The third second-order fatigue effect is the generation of an apparent mean
12 stress, due to the unloading of some elements under compression, because
13 of buckling, transferring such loading to other elements under tension.
- 14 7. A case study based on the bracing system of a 12-storey building under
15 wind loading has been developed, showing how to take into account the
16 above-mentioned second-order effects and how to integrate their impact
17 on fatigue calculations.

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Highlights

- Mean stress pushing factor to fatigue damage
- Consideration of intrinsic and extrinsic mean stress
- Definition of three second-order fatigue effects
- Development of a 12-storey building as case study
- Proposition of a simple experimental setup