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2-19-2020

Is Food a Right or a Privilege? A Discussion on Hunger and Food Insecurity

Pheed Philadelphia

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Is Food a Right or a Privilege?

A Discussion on Hunger and Food Insecurity

Pheed Philadelphia

A dark blue diagonal graphic that starts from the bottom left corner and extends towards the top right corner, covering the lower half of the slide.

What *is* Food Insecurity?

- **“...a lack of consistent access to enough food for an active, healthy life.” - USDA**
- **Though related, food insecurity is NOT hunger**
- **Hunger is a *physical* feeling**
- **Food Insecurity is a lack of financial resources to provide food for households**

What does Food Insecurity look like?

- **USDA breaks food insecurity into two categories: low and very low**
 - **Low: “Reports of reduced quality, variety, or desirability of diet. Little or no indication of reduced food intake.”**
 - **Very Low: “Reports of multiple indications of disrupted eating patterns and reduced food intake.”**
- **What food insecurity can sound like:**
 - **“I have to wait for my next check before I go shopping.”**
 - **“Since the dining halls closed earlier last night and I didn’t know, I haven’t eaten since lunch yesterday.”**
 - **“It’s hard to eat healthy, I can’t afford to buy organic foods”**

1 in 8 people



struggles with hunger.

1 in 6
children

struggles with hunger.

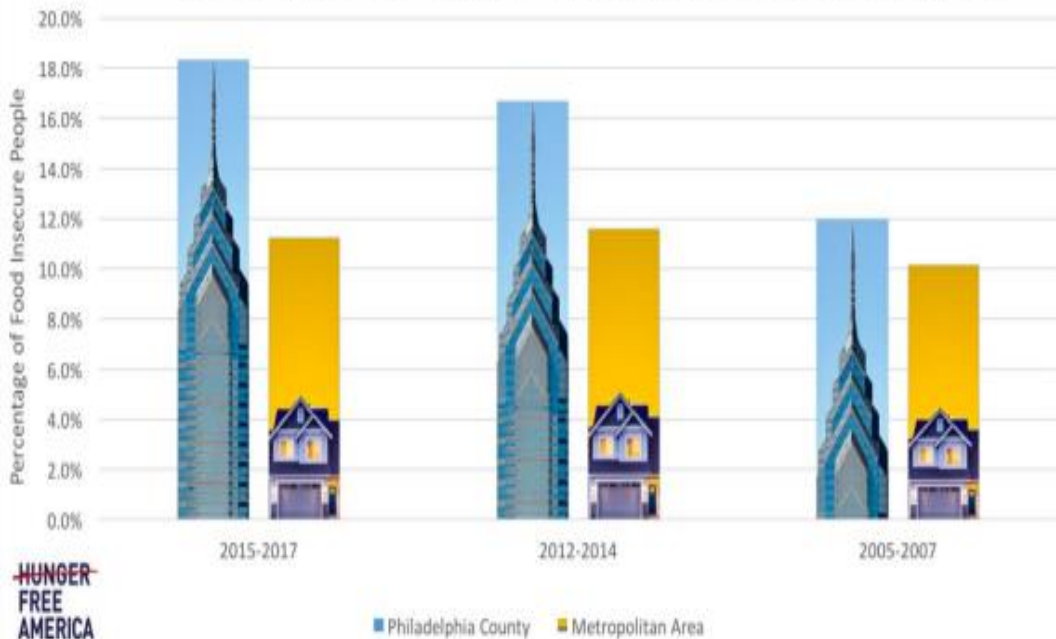
People facing hunger in
Pennsylvania
are estimated to report needing

\$797,438,000

more per year to meet their food needs.

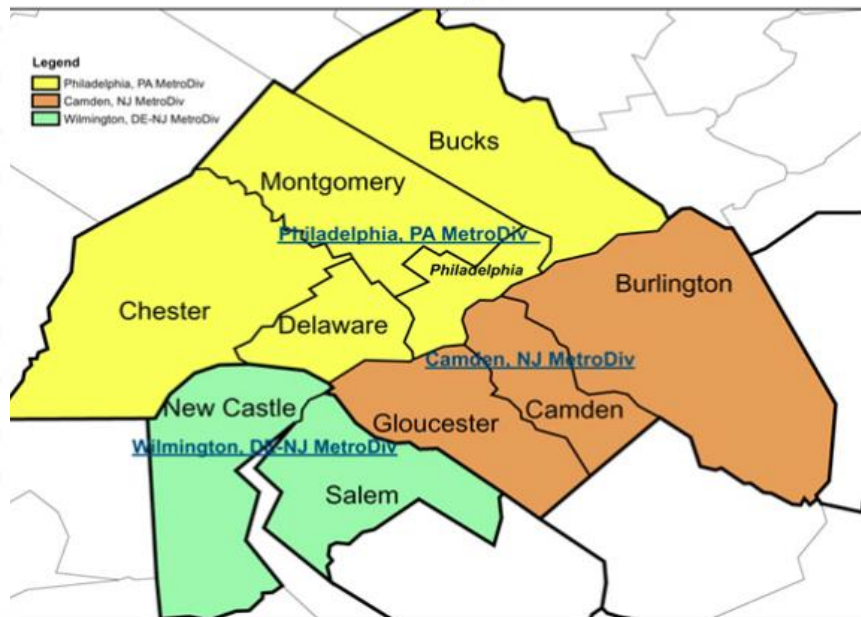
Food Insecurity in Pennsylvania

Proportion of Food Insecure People in Philadelphia City vs Philadelphia Metropolitan Area



Map 3

Philadelphia-Area Metropolitan Divisions (MetroDivs)
Effective January 1, 2004



Food Insecurity in Philadelphia

It Happens Here.

In a survey run by the USDA...

- **42% of community college students reported they were at the lowest levels of food security**
- **36% of university students indicated they were at these levels**

In a study of nearly 4,000 students in 12 states...

- **48% accounted food insecurity in the past 30 days**
- **22% had low levels of food insecurity that categorized them as hungry**

**37% of surveyed students at La Salle
reported being food insecure**

Is food a right or
a privilege?

The Basket

Basement of Benilde

M-Th 12:30-2:00

M&W 4:45-6:15

Chapel Lounge

(College Hall)

M-F 9:00-5:00

References

“Food Insecurity.” *Food Insecurity | Healthy People 2020*, www.healthypeople.gov/2020/topics-objectives/topic/social-determinants-health/interventions-resources/food-insecurity.

“Pennsylvania.” *Feeding America*, www.feedingamerica.org/hunger-in-america/pennsylvania.

“Philadelphia Falling Behind in Freedom to Eat.” *Great Philadelphia Hunger Report | Hunger Free America* https://www.hungerfreeamerica.org/sites/default/files/atoms/files/Philadelphia%20Hunger%20Report%202018_0.pdf

“Community Development.” *OMB Statistical Definitions: Their Impact on CRA and HDMA Reporting - Cascade: No. 54, Spring 2004 - Philadelphia Fed*, www.philadelphiafed.org/community-development/publications/cascade/54/01_omb-statistical-definitions.

Food Insecurity, Dr. Laura Frank