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Title: Predictors of sudden cardiac death in high risk patients following a myocardial infarction

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ABSTRACT

Aims

To develop a risk model for sudden cardiac death (SCD) in high-risk acute myocardial infarction (AMI) survivors.

Methods and Results

Data from the Effect of Carvedilol on Outcome After MI in Patients With Left Ventricular Dysfunction trial (CAPRICORN) and the Valsartan in Acute MI Trial (VALIANT) were used to create a SCD risk model (with non-SCD as a competing-risk) in 13202 patients. The risk model was validated in the Eplerenone Post-Acute MI Heart Failure Efficacy and Survival Study (EPHESUS).

The rate of SCD was 3.3 (95%CI 3.0-3.5) per 100 person-years over a median follow-up of 2.0 years. Independent predictors of SCD included age >70 years; heart rate ≥ 70 bpm; smoking; Killip class III/IV; left ventricular ejection fraction (LVEF) $\leq 30\%$; atrial fibrillation; history of prior MI, heart failure or diabetes; estimated glomerular filtration rate $< 60 \text{ ml/min/1.73m}^2$; and no coronary reperfusion or revascularisation therapy for index AMI. The model was well calibrated and showed good discrimination (C-statistic = 0.72), including in the early period after AMI. The observed 2-year event rates increased steeply with each quintile of risk score: 1.9%, 3.6%, 6.2%, 9.0%, 13.4%, respectively.

Conclusion

An easy to use SCD risk score developed from routinely collected clinical variables in patients with heart failure, left ventricular systolic dysfunction or both, early after AMI was superior to LVEF. This score might be useful in identifying patients for future trials testing treatments to prevent SCD early after AMI.

Word Count: 235

Keywords: Acute myocardial infarction; sudden cardiac death; risk model; left ventricular systolic dysfunction; heart failure.

INTRODUCTION

1
2 Early reperfusion in patients with acute myocardial infarction (AMI) has greatly reduced
3 short-term case-fatality.¹ However, the survivors remain at risk of sudden cardiac death
4 (SCD) over the subsequent weeks, months and years, despite secondary preventive
5 pharmacotherapy with beta-blockers, antiplatelet therapy, statins, angiotensin converting
6 enzyme inhibitors/angiotensin receptor blockers and mineralocorticoid receptor antagonists.
7 Indeed, SCD accounts for between 20-40% of all deaths after discharge and the risk is
8 especially high in the first year after AMI.^{2,3} For example, a *post-hoc* analysis of the
9 Valsartan in Acute Myocardial Infarction Trial (VALIANT) reported that the risk of SCD
10 was 10-fold higher in the 30 days following AMI than later, falling from 1.4 percent per
11 month to 0.14 percent per month after 2 years in patients with heart failure (HF), left
12 ventricular systolic dysfunction (LVSD), or both, complicating their index event.⁴ Therefore,
13 the identification and treatment of patients at high-risk of SCD after AMI remains a clinical
14 priority.

15
16 Current guidelines advocate the use of an implantable cardioverter defibrillator (ICD) for
17 primary prevention of sudden cardiac death (SCD) in individuals with a left ventricular
18 ejection fraction (LVEF) that remains reduced ($\leq 35\%$) more than 40 days after AMI, despite
19 optimized, evidence-based, medical therapy (90 days or more in patients who undergo
20 myocardial revascularization).^{5,6} Conversely, implantation of a device before 40 days is *not*
21 recommended because two randomised controlled trials failed to show any benefit of an ICD
22 during that early period in patients with a depressed LVEF and markers of impaired
23 autonomic function (elevated heart rate, depressed heart-rate variability or non-sustained
24 ventricular tachycardia).^{7,8} More recently, a third trial showed no benefit of a wearable
25 cardioverter-defibrillator in the first three months following AMI in patients with LVEF

26 $\leq 35\%$.⁹ Nevertheless, the question remains whether selected individuals at particularly high
27 risk of SCD can be identified, as they might still benefit from more targeted use of an ICD
28 early after AMI.

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30 The aims of this study were to characterise patients who experienced SCD after AMI and
31 develop a calibrated and validated risk score for SCD using routinely collected clinical
32 variables in patients with an AMI complicated by HF, LVSD or both.

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METHODS

49 **Patients**

50 The high-risk AMI initiative was a collaborative undertaking by the chairpersons of the
51 steering committees of 4 randomized controlled trials to provide a large, comprehensive and
52 statistically robust dataset to help further understanding of outcomes in high-risk survivors of
53 AMI.¹⁰ The dataset was composed of the following trials: the Effect of Carvedilol on
54 Outcome After Myocardial Infarction in Patients With Left Ventricular Dysfunction
55 (CAPRICORN) trial^{11,12}; the Eplerenone Post–Acute Myocardial Infarction Heart Failure
56 Efficacy and Survival Study (EPHESUS)^{13,14}; the Optimal Trial in Myocardial Infarction
57 With Angiotensin II Antagonist Losartan (OPTIMAAL)^{15,16}; and the Valsartan in Acute
58 Myocardial Infarction Trial (VALIANT).^{17,18} OPTIMAAL was excluded from the present
59 analysis because data on LVEF were not collected. The three remaining trials, CAPRICORN,
60 EPHESUS and VALIANT enrolled patients with left ventricular systolic dysfunction, heart
61 failure, or both, between 12 hours and 21 days following an AMI. The full details of the
62 enrolled patients, the inclusion and exclusion criteria and the results for each individual trial
63 are published.^{12,14,18} The pooled dataset did not include information regarding the randomised
64 treatment allocations for each trial.¹⁰ All trials were conducted in accordance with the
65 Declaration of Helsinki and were approved by ethics committees. All participants gave
66 written informed consent to participate in the trials.

67

68 **Outcomes**

69 The primary outcome of interest in this study was SCD. The definitions for SCD used in each
70 individual trial are detailed in Supplementary Table 1. Mortality due to causes other than
71 SCD was considered the competing risk event.

72 **Statistical methods**

73 Continuous variables are expressed as means \pm standard deviations and categorical variables
74 as frequencies and percentages. Differences in baseline characteristics according to the
75 occurrence or not of SCD were assessed using the Student's t-test and the chi-square test for
76 continuous and categorical variables, respectively.

77

78 Time-to-event analysis was conducted using a competing risk model as described by Fine and
79 Gray with SCD as outcome event and mortality due to any other cause as a competing risk.¹⁹
80 Time-to-event was calculated as time from randomization, as time from AMI to
81 randomization was not available for all patients. Log-linearity was checked by plotting the
82 beta estimates versus the mean across deciles and then clinically relevant cutoffs were chosen
83 for the candidate variables. Variables were entered in the multivariable model in a backward
84 stepwise regression analysis with the p value to enter and stay in the model set to $p \leq 0.1$ and
85 $p < 0.05$, respectively. Variables considered to be of potential prognostic import were age, sex,
86 body mass index, systolic blood pressure, heart rate, LVEF, Killip class, estimated
87 glomerular filtration rate (eGFR, calculated using the Chronic Kidney Disease Epidemiology
88 Collaboration formula), previous MI, history of HF prior to randomization, atrial fibrillation
89 (AF), peripheral artery disease, hypertension, diabetes mellitus, previous stroke, reperfusion
90 or revascularization therapy for index MI. Use of beta-blockers and MRA were not included
91 for consideration in the model as information on randomized treatment allocation was not
92 available in the HRMI dataset. Sodium, potassium, and anaemia (defined as haemoglobin
93 < 13 g/dL or 12 g/dL for men and women, respectively) were not included in the models due
94 to high proportion of missing values ($> 80\%$). Patients with missing LVEF measurements
95 were excluded from the models (15%). Multiple imputation for missing values was not

96 performed. Patients with an ICD at baseline (n=96; 0.3%) were excluded for the purposes of
97 these analyses.

98

99 The competing risk regression model was derived from a cohort of patients from the
100 VALIANT and CAPRICORN trials. Model discrimination was determined by calculation of
101 the C- statistic and the Hosmer-Lemeshow test. Assessment of model calibration was
102 performed by plotting the cumulative incidence of observed versus expected SCD events
103 derived from the competing risk model across quintiles of the predicted risk. The ability of
104 the model to reclassify events compared to the use of LVEF $\geq 35\%$ alone was assessed with a
105 10-fold cross-validation with 1000x bootstrap net reclassification improvement (NRI) and
106 integrated discrimination improvement (IDI) statistics for the outcome of SCD. External
107 validation of the model was performed in the EPHEBUS trial cohort.

108

109 A simple, easy-to-use integer risk score was created with integer points assigned to each
110 prognostic variable in the model based on the log-hazard ratio estimates. For continuous
111 variables included in the model, clinically relevant cut-offs were used to create either 2 or 3
112 groups. The risk score for each patient was calculated by totalling the points across all
113 chosen prognostic variables. From the overall distribution of the risk score we formed 5
114 categories of risk. Within each risk score category, we calculated the number of events and
115 the cumulative event incidence at 40 days, 90 days, 1 years, and 2 years. Kaplan-Meier plots
116 were drawn showing the cumulative incidence curves by risk category. After fitting the
117 competing risk regression model, we assessed time interaction using $\log[-\log(\text{survival})]$
118 curves for each category of risk versus $\ln(\text{time})$. The plotted lines were reasonably parallel,

119 meaning that the proportional-hazards assumption had not been violated (proportional-
120 hazards Schoenfeld residuals by risk score quintiles, $p=0.86$ [Supplementary Figure 1]).

121

122 All analysis was performed with STATA software version 15 (StataCorp, College Station,
123 Texas). All p-values are two-sided and a p-value <0.05 was considered statistically
124 significant.

125

126

127

RESULTS

128 **Baseline characteristics**

129 The derivation cohort included 13202 patients from VALIANT and CAPRICORN. The
130 external validation cohort comprised 6632 patients from EPHEBUS. The baseline
131 characteristics of the patients of the derivation and validation cohorts are shown in Table 1
132 and Supplementary Table 2, respectively.

133

134 In the derivation cohort, the mean age was 64.1 ± 11.8 years and 29.8% were female. There
135 were 2390 (18.1%) deaths during a median follow-up of 2.0 years (interquartile range: 1.5-
136 2.5 years), of which 818 (34.2%) were due to SCD. The overall incidence rate of SCD was
137 3.3 (95% confidence interval [C.I.] 3.0-3.5) per 100 patient years.

138

139 Compared to patients alive at end of follow-up, those who experienced SCD were older,
140 more often female, more commonly had a history of previous MI, atrial fibrillation,
141 peripheral arterial disease, hypertension, diabetes, stroke and heart failure prior to
142 randomization (Table 1). Body mass index and estimated glomerular filtration rate (eGFR)
143 were lower, and systolic blood pressure and heart rate higher, in those experiencing SCD.
144 Rates of coronary reperfusion or revascularization for the index AMI were lower in those
145 with SCD compared to those surviving to end of follow-up.

146

147 **Risk Model**

148 The variables included in the final predictive model for SCD are detailed in Table 2. Age >70
149 years, heart rate ≥ 70 beats per minute, active smoking, Killip class III/IV, LVEF $\leq 30\%$, atrial

150 fibrillation, history of prior MI, heart failure or diabetes mellitus, eGFR $<60\text{ml}/\text{min}/1.73\text{m}^2$
151 and no reperfusion or revascularisation for the index AMI were independently associated
152 with a higher risk of SCD. The risk score derived from these predictive variables ranged from
153 0 to 14 points (Table 2).

154

155 The final model was well calibrated with a steep gradient in risk observed when plotted by
156 quintiles of predicted risk (Figure 1). The model discrimination was good with a C-statistic of
157 0.72 and the Hosmer-Lemeshow goodness-of-fit test gave a p-value of 0.33 supporting the
158 good calibration of the model. When externally validated in EPHESUS, the model retained
159 good calibration with good discrimination (C-statistic=0.70 [Supplementary Table 3]).

160 Patient characteristics were similar between the derivation and validation cohort
161 (Supplementary Table 4).

162

163 **Risk Model compared with LVEF $\leq 35\%$ alone**

164 To compare the derived risk score with what is recommended in current guidelines, we also
165 calculated the C-statistic using LVEF $\leq 35\%$ as the sole predictor variable in a competing risk
166 model. An LVEF of $\leq 35\%$ alone was a poor discriminator of the risk of SCD with a C-
167 statistic of 0.54. The addition of the variables identified in the risk model, greatly improved
168 the reclassification of the SCD events compared to an LVEF $\leq 35\%$ alone, with a continuous
169 NRI of 50.9% (95% CI 42.9-57.8; $p < 0.001$) and an IDI of 2.1% (1.6-2.8; $p < 0.001$).

170

171

172

173 **Event Rates**

174 The incidence rate per 100 person-years of sudden cardiac death in the 1st, 2nd and 3rd year
175 following AMI was 4.8% (95% CI: 4.4-5.2), 2.0% (95% CI: 1.7-2.3), and 1.5% (95% CI: 1.2-
176 2.0), respectively.

177

178 The observed two-year incidence of SCD increased from 1.9% in the lowest to 13.4% in the
179 highest quintile of risk score, respectively. This was consistent with the predicted event rates
180 (Table 2). An online calculator {LINK to supplement excel file} is provided for calculation
181 of the risk of SCD in patients with heart failure, left ventricular systolic dysfunction or both
182 after AMI.

183

184 To further explore the performance of the model in the period immediately following AMI,
185 we calculated the predicted rates of SCD at 40 and 90 days after randomization and found
186 these to calibrate well against the observed rates with moderate/good discrimination and a C-
187 statistic of 0.70 and 0.72, respectively (Table 3).

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DISCUSSION

196 In this *post-hoc* analysis of the high-risk AMI database, we identified eleven routinely
197 collected clinical variables which were independent predictors of SCD. Importantly, our
198 model accounted for the competing risk of non-sudden death. Using the eleven variables
199 identified, we created a simple risk score which performed well (C-statistic=0.72), both early
200 and later after AMI. By contrast, we found that a LVEF of $\leq 35\%$, by itself, was a poor
201 predictor of the risk of SCD (C-statistic=0.54).

202

203 The latter finding is consistent with the evidence from three trials showing no benefit from an
204 implanted or wearable defibrillator in patients with a low LVEF early after AMI.⁷⁻⁹ Yet,
205 arguably, it is in the early period after AMI that interventions to reduce the risk of SCD are
206 needed most. This is because proximity to the acute coronary event is also an important
207 predictor of the risk of SCD. For example, in VALIANT, the rate of SCD was higher during
208 the first 30 days after AMI in patients with a LVEF $>40\%$ than in those more than 90 days
209 after AMI with a LVEF $\leq 30\%$.⁴ Collectively, these findings highlight the need to identify
210 variables, other than LVEF, which will improve SCD risk stratification early after AMI. Such
211 a strategy could allow better targeting of defibrillators (or other treatments) to the patients
212 most likely to benefit from them. The risk score described here may offer that possibility.

213

214 However, a first step is to consider whether the variables in the score proposed are
215 biologically plausible. The independent predictors of SCD we identified included absence of
216 coronary reperfusion, prior myocardial infarction and history of heart failure. Together these
217 are clearly related to the development of myocardial scar and left ventricular systolic

218 dysfunction, as well as myocardial ischaemia, each of which is a powerful substrate for
219 ventricular arrhythmias; each also interacts with the others to amplify risk.

220

221 We also found that renal dysfunction and diabetes mellitus were associated with a higher risk
222 of SCD. This was also unsurprising, given that both these conditions increase the risk of all
223 the substrates for electrical instability described above.²⁰⁻²² Moreover, renal dysfunction and
224 diabetes each reduce the potential protection offered by coronary revascularisation as both
225 conditions are associated with a diffuse coronary artery disease phenotype and a lower
226 probability of successful percutaneous and surgical revascularisation.²³ Each of renal
227 dysfunction and diabetes also increases the risk of developing heart failure after AMI, a
228 further way in which they likely augment the risk of SCD.^{24,25} Autonomic dysfunction is also
229 a recognised complication of diabetes, itself increasing the risk of cardiac electrical
230 instability. Both renal dysfunction and diabetes cause electrolyte abnormalities, particularly
231 hyperkalaemia, which may also potentiate the risk of arrhythmias. The risks of heart failure,
232 diabetes, renal impairment and more extensive coronary disease are also associated with
233 more advanced age (and older individuals are less likely to undergo coronary reperfusion and
234 revascularisation).

235

236 Another predictor of SCD was elevated heart rate, which may be a marker of autonomic
237 instability.²⁶ Smoking at the time of index AMI was also associated with risk of SCD,
238 possibly because of the risk of further coronary events and earlier failure of coronary
239 revascularisation in patients who continue to smoke.²⁷

240

241 Even if biologically plausible, any risk score of this type must also identify a relatively small
242 and high-risk group of patients, to make any intervention based on it potentially cost-
243 effective. How discriminating might our risk score be in clinical practice? Robust
244 epidemiological data demonstrate that no more than one-third of patients with AMI develop
245 heart failure, left ventricular systolic dysfunction or both within 3 months of their event i.e.
246 the denominator for use of this risk score is no more than a third of all patients with AMI.²⁸ If
247 only patients with a risk score in the top two quintiles are considered further, just one third of
248 the initial patients (i.e. 10% of all patients with AMI) would be considered at sufficiently
249 high risk of SCD to potentially merit further intervention. Specifically, in the derivation
250 cohort, the risk of SCD in these individuals was 8.2% at 90-days and 22.4% at 2-years i.e. an
251 approximately 1-in-12 patients experienced SCD at 90-days and 1-in-5 at 2 years. Targeted
252 defibrillator (or other) therapy should be feasible and potentially cost-effective in such an
253 enriched subgroup of AMI survivors.

254

255 Of course, the key question is whether a score like the one proposed identifies patients with a
256 *modifiable* risk of SCD. The only way to test this is to conduct an intervention trial.
257 However, if such a trial were based on the score we propose, it would require a considerable
258 divergence from conventional thinking about primary prevention of SCD. This is because
259 40% of the patients in highest two quintiles of risk-score had a baseline LVEF >30%, yet
260 current guidelines for use of defibrillators is focussed on patients with a low LVEF.^{5,6}

261

262 It might also be possible to improve upon our score and to consider alternative interventions
263 to a defibrillator. The addition of neprilysin inhibition to renin-angiotensin system blockade
264 reduces the risk of sudden cardiac death in patients with chronic HF with reduced ejection

265 fraction (HFrEF).²⁹ The potential benefits of this pharmacological approach in patients with
266 LVSD, heart failure, or both following AMI is currently being examined in the PARADISE-
267 MI trial (ClinicalTrials.gov identifier NCT02924727). The burden of ventricular scar and
268 replacement fibrosis, detected by cardiac magnetic resonance imaging, is associated with the
269 risk of ventricular arrhythmias in patients with heart failure and other cardiomyopathies, and
270 may help identify individuals, irrespective of LVEF, who are at increased risk of SCD.

271

272 **Limitations**

273 This was a *post-hoc* analysis and the patients analysed were selected through enrolment in
274 clinical trials. Ideally, our score should be validated in a less selected population. The
275 definition of SCD in each trial (Supplementary Table 1) and the maximum time from AMI
276 from which randomization was permitted, differed somewhat. Furthermore, not all
277 adjudicated sudden cardiac deaths represent events where a ventricular arrhythmia occurred
278 and are potentially preventable by use of prophylactic defibrillators e.g. recurrent AMI,
279 ventricular rupture or pulmonary embolism. Moreover, these other events should have
280 reduced the predictive accuracy of the model yet it still performed well. To explore the
281 potential for any bias due to these differences we calculated the C-statistic for each trial
282 individually and found that the model performed equally as well in all three trials
283 individually (CAPRICORN, 0.68 [95% CI 0.67-0.70]; VALIANT, 0.72 [0.71-0.74];
284 EPHEsus 0.70 [0.68-0.72]). Patients with multiple comorbidities may be at high risk of
285 SCD but decision making regarding the appropriateness of therapies to prevent SCD such as
286 ICD, should be made on a case by case basis and taking into account the degree of
287 comorbidity and the competing risk of non-SCD. Our risk score did not take account of how
288 variables changed over time after AMI. Furthermore, we were unable to account for the use
289 of implantable cardioverter defibrillators following randomisation, a factor which may

290 modify the subsequent risk of SCD. Some potentially relevant variables (e.g. potassium) were
291 not available. A further limitation is that information regarding treatment with renin-
292 angiotensin aldosterone system inhibitors and beta-blockers was not available therefore the
293 risk model does not take into account those patients who did not receive these treatments
294 known to reduce the risk of SCD. The variables considered for inclusion in the risk model are
295 routinely collected in clinical with the aim of making the risk score easy to calculate. This
296 approach may ignore other variables which are potentially associated with the risk of SCD
297 e.g. burden of myocardial scar and markers of impaired autonomic function. The trials
298 providing the data used in the analysis are over 15 years old and may not therefore, represent
299 contemporary clinical practice; in particular, increased use of primary reperfusion therapy
300 may mean that modern rates of SCD are lower than those presented. We used classical
301 methods of risk modelling but it may be that more complex, and potentially more accurate,
302 models could be constructed by using machine learning approaches and may be an area for
303 further research.³⁰ The proposed use of this score, to target interventions to reduce the risk of
304 sudden death, needs to be tested in a prospective randomized controlled trial.

305

306 **Summary**

307 We developed an easy to use score for predicting the risk of SCD in patients with heart
308 failure, left ventricular systolic dysfunction or both, early after AMI. The score uses
309 routinely collected clinical variables and is superior to (and additive to) LVEF on its own.
310 This score might be useful in identifying patients for future trials testing treatments aimed at
311 reducing the risk of SCD early after AMI.

Conflicts of interest

Dr. Sharma reports grants and personal fees from Boeringer-Ingelheim and Roche, grants from Takeda and personal fees from Akcea during the conduct of the study; grants and personal fees from Alberta Innovates Health Solution Clinician Scientist fellowship and grants from CCS-Bayer Vascular award outside the submitted work. Dr. Girerd reports personal fees from Novartis and Boeringer outside the submitted work. Dr. Gregson reports personal fees from Amarin Corporation, Edwards LifeSciences, MVRX and Biosensors outside the submitted work. Dr. Jhund reports personal fees from Novartis during the conduct of the study; grants from Boeringer Ingelheim and personal fees from Boehring Ingelheim, Vifor Pharma and Cytokinetics outside the submitted work. Dr. Pfeffer reports grants and personal fees from Novartis, personal fees from AstraZeneca, DalCor, GlaxoSmithKline, NovoNordisk, Sanofi, Roche, Jazz Pharmaceuticals, MyoKardia, Servier and Takeda outside the submitted work. Dr. Pitt reports personal fees from Bayer, Astra Zeneca and KBP pharmaceuticals outside the submitted work; In addition, Dr. Pitt has a patent US Patent # 9931412 issued. Dr. Rossignol reports personal fees from Relypsa, Inc. and Vifor Pharma Group Company during the conduct of the study; grants and personal fees from AstraZeneca, Bayer, CVRx and Novartis and personal fees from Fresenius, Grunenthal, Servier, Stealth Peptides, Vifor Fresenius Medical Care Renal Pharma, Idorsia and NovoNordisk outside the submitted work; and is a co-founder of CardioRenal. Dr. Zannad reports personal fees from Janssen, Bayer, Novartis, Boston Scientific, Resmed, Amgen, CVRx, General Electric, Boehring, AstraZeneca and Vifor Fresenius outside the submitted work; and is a co-founder of CardioRenal and CVCT. All other authors have reported that they have no relationships relevant to the contents of this paper to disclose.

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relevance to cardiac imaging. *Eur Heart J* 2018;

FIGURES

Figure 1: Model calibration plot: percentage of observed versus predicted risk of sudden cardiac death at 2-years according to quintile of risk score

Legend: SCD, sudden cardiac death. Note: The models were also well calibrated in the validation set: a steep gradient in risk by quintiles of predicted risk was observed (Table 2).

Figure 2: Kaplan-Meier failure cumulative incidence curve by quintile of risk score

TABLES

Table 1: Baseline characteristics of the study population (derivation set: CAPRICORN and VALIANT)

Table 2: Multivariable competing risk model for sudden cardiac death (derivation set: CAPRICORN and VALIANT)

Table 3: Cumulative incidence of sudden cardiac death at 2-years by quintile of risk score (derivation set: CAPRICORN and VALIANT)

Table 1: Baseline characteristics of the study population (derivation set: CAPRICORN and VALIANT)

	Alive n=10812	SCD n=818	Non-SCD n=1572	p-value
Age (years)	62.9±11.7	66.9±11.2	70.5±10.5	<0.001
Age (years)				
≤60	4418 (40.9%)	225 (27.5%)	265 (16.9%)	<0.001
61-70	3241 (30.0%)	237 (29.0%)	410 (26.1%)	
>70	3153 (29.2%)	356 (43.5%)	897 (57.1%)	
Male	7738 (71.6%)	556 (68.0%)	977 (62.2%)	<0.001
BMI ≥25 kg/m ²	7630 (72.1%)	542 (67.8%)	973 (64.4%)	<0.001
Current smoking	3642 (33.7%)	255 (31.2%)	367 (23.5%)	<0.001
SBP ≥140 mmHg	1843 (17.1%)	182 (22.4%)	290 (18.5%)	<0.001
Heart rate ≥70 bpm	7448 (69.3%)	605 (74.5%)	1207 (77.2%)	<0.001
LVEF (%)	35.5±9.8	32.0±9.8	32.7±10.0	<0.001
LVEF ≤30%	3332 (30.8%)	389 (47.6%)	733 (46.6%)	<0.001
Killip III/IV	1749 (16.2%)	220 (26.9%)	499 (31.8%)	<0.001
eGFR (ml/min/1.73m ²)				
≤45	1209 (11.3%)	171 (21.3%)	477 (30.6%)	<0.001
46-60	2282 (21.4%)	227 (28.2%)	420 (27.0%)	
>60	7192 (67.3%)	406 (50.5%)	661 (42.4%)	
Sodium ≤135 mmol/L	215 (13.8%)	15 (14.3%)	24 (18.0%)	0.41
Potassium (mmol/L),				
<4	134 (8.7%)	11 (10.5%)	12 (9.0%)	0.30

4-5	1169 (75.5%)	70 (66.7%)	96 (72.2%)	
>5	246 (15.9%)	24 (22.9%)	25 (18.8%)	
Previous MI	2700 (25.0%)	366 (44.7%)	685 (43.6%)	<0.001
HF history	1055 (9.8%)	202 (24.7%)	390 (24.8%)	<0.001
Atrial fibrillation history	1224 (11.3%)	176 (21.5%)	350 (22.3%)	<0.001
PAD history	795 (7.4%)	92 (11.3%)	226 (14.4%)	<0.001
Hypertension history	6075 (56.2%)	530 (64.8%)	1016 (64.6%)	<0.001
Diabetes history	2571 (23.8%)	265 (32.4%)	583 (37.1%)	<0.001
Stroke history	729 (6.7%)	90 (11.0%)	204 (13.0%)	<0.001
Anaemia	397 (25.9%)	47 (45.6%)	49 (36.6%)	<0.001
Reperfusion during index event	6021 (55.7%)	274 (33.5%)	582 (37.0%)	<0.001

Legend: BMI, body mass index; SBP, systolic blood pressure; LVEF, left ventricular ejection fraction; eGFR, estimated glomerular filtration rate; MI, myocardial infarction; HF, heart failure; PAD, peripheral artery disease.

Table 2: Multivariate competing risk model for sudden cardiac death (derivation set: CAPRICORN and VALIANT)

Retained variable	HR (95%CI)	Coefficient	P-value	Integer
Age >70 years	1.24 (1.02-1.51)	0.22	0.030	+1
Heart rate \geq 70 bpm	1.18 (1.01-1.39)	0.17	0.038	+1
Smoking (active)	1.32 (1.10-1.58)	0.28	0.003	+1
Killip III/IV	1.20 (1.02-1.42)	0.19	0.027	+1
LVEF \leq 30%	1.55 (1.34-1.79)	0.44	<0.001	+2
Previous MI	1.53 (1.31-1.79)	0.43	<0.001	+2
Atrial fibrillation	1.45 (1.22-1.73)	0.37	<0.001	+1
HF history	1.36 (1.14-1.63)	0.31	0.001	+1
Diabetes	1.19 (1.02-1.38)	0.17	0.026	+1
eGFR <60 ml/min/1.73m ²	1.36 (1.16-1.59)	0.31	<0.001	+1
No index reperfusion	1.87 (1.60-2.18)	0.62	<0.001	+2

C-index full model=0.72 (95% CI:0.71-0.74)

C-index LVEF alone=0.54 (95% CI:0.53-0.55)

Abbreviations as per Table 1.

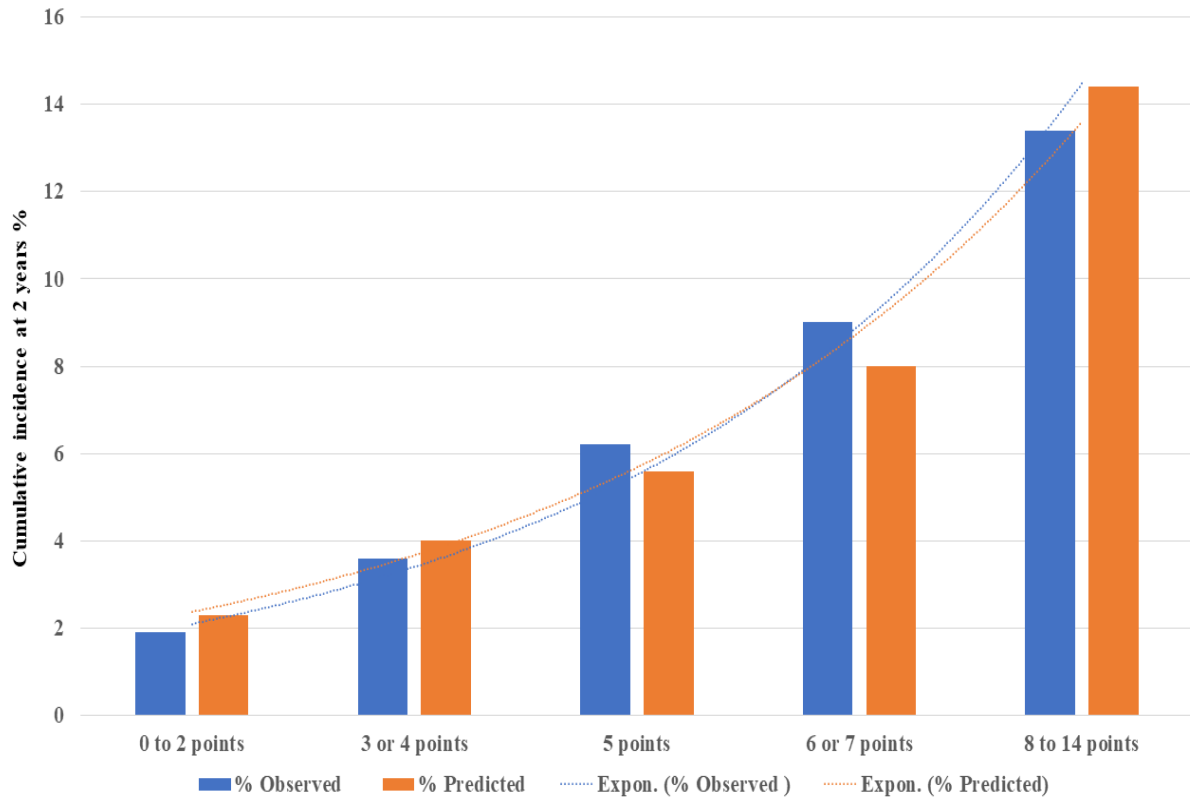
Table 3: Cumulative incidence of sudden cardiac death by quintile of risk score (derivation set: CAPRICORN and VALIANT)

Risk score quintiles	Baseline, n	Censored before 40 days, n	Non-SCD at 40 days, n	SCD at 40 days, n	SCD observed cumulative incidence at 40 days, %	SCD predicted cumulative incidence at 40 days, %
1 (0-2 points)	2808	3	20	13	0.5	0.4
2 (3-4 points)	3940	5	84	26	0.7	0.7
3 (5 points)	1712	2	54	16	0.9	1.1
4 (6-7 points)	2736	3	104	54	2.0	1.8
5 (8-14 points)	1764	2	120	60	3.4	3.5
Risk score quintiles	Baseline, n	Censored before 90 days, n	Non-SCD at 90 days, n	SCD at 90 days, n	SCD observed cumulative incidence at 90 days, %	SCD predicted cumulative incidence at 90 days, %
1 (0-2 points)	2808	4	26	19	0.7	0.7
2 (3-4 points)	3940	10	109	43	1.1	1.3
3 (5 points)	1712	5	71	36	2.1	1.9
4 (6-7 points)	2736	6	158	84	3.1	2.8
5 (8-14 points)	1764	3	165	90	5.1	5.3

Risk score quintiles	Baseline, n	Censored before 1 year, n	Non-SCD at 1 year, n	SCD at 1 year, n	SCD observed cumulative incidence at 1 year, %	SCD predicted cumulative incidence at 1 year, %
1 (0-2 points)	2808	111	50	37	1.3	1.6
2 (3-4 points)	3940	163	177	105	2.7	2.8
3 (5 points)	1712	70	131	78	4.6	4.1
4 (6-7 points)	2736	112	304	169	6.2	5.8
5 (8-14 points)	1764	38	319	174	9.9	10.5
Risk score quintiles	Baseline, n	Censored before 2 years, n	Non-SCD at 2 years, n	SCD at 2 years, n	SCD observed cumulative incidence at 2 years, %	SCD predicted cumulative incidence at 2 years, %
1 (0-2 points)	2808	1023	75	50	1.9	2.3
2 (3-4 points)	3940	1520	255	135	3.6	4.0
3 (5 points)	1712	599	179	101	6.2	5.6
4 (6-7 points)	2736	879	432	232	9.0	8.0
5 (8-14 points)	1764	432	459	229	13.4	14.4

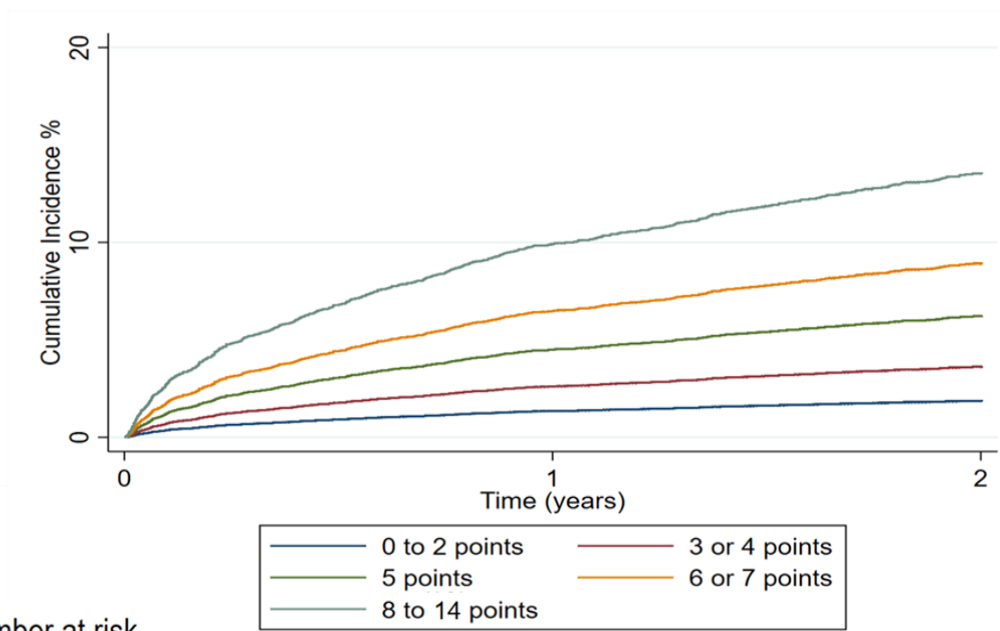
Abbreviations as per Table 1

Figure 1: Model calibration plot: percentage of observed versus predicted risk of sudden cardiac death at 2-years according to quintile of risk score



Note: The models were also well calibrated in the validation set: a steep gradient in risk by quintiles of predicted risk was observed (Table 2).

Figure 2: Kaplan-Meier failure cumulative incidence curve by quintile of risk score



Number at risk	0	1	2
0 to 2 points	2808	2610	1670
3 or 4 points	3940	3496	2040
5 points	1712	1433	837
6 or 7 points	2736	2157	1198
8 to 14 points	1764	1233	645