

On glucose diffusivity of tissue engineering membranes and scaffolds

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Abstract

There has been an increasing interest in the concept of growing artificial tissues in bioreactors which use numerous membranes and scaffolds to support the cellular processes such as cell growth and nutrient uptake. While these approaches are promising and may be considered to be successful in some circumstances, there is a general lack of quantitative information on the glucose (nutrient) diffusivity of these materials. In addressing this issue we have carried out a series of well-defined laboratory experiments to measure the glucose diffusion coefficient across a number of tissue engineering membranes and scaffolds saturated with water and cell culture medium (CCM). For this purpose, a diffusion cell was constructed and five different membranes and scaffolds with varying pore size and shapes were employed, which include cellulose nitrate membrane, polyvinylidene fluoride membrane, poly(L-lactide) scaffold, poly(caprolactone) scaffold and collagen scaffold. Pore size distribution, porosity and tortuosity of these materials were then determined and correlated to the glucose diffusivity values. As expected, we found that the diffusion coefficient increases with increasing pore size of the materials. These relationships are non-linear and may be non-monotonic in nature as they depend on a number of factors such as the basic building blocks of the materials which are non-periodic and heterogeneous in nature and vary within the same material, or from one material to another. We observed that glucose diffusivities in the materials saturated with CCM are significantly reduced at a given temperature which is contrary to what have been generally assumed in the previous studies on glucose transport processes. Therefore, a conclusion can be drawn that the presence of extra components and difference in fluid properties of CCM compared to water have a significant effect on the glucose diffusion coefficient in the tissue engineering membranes and scaffolds.

Keywords: Membrane; Scaffold; Glucose; Diffusion coefficient; Tortuosity

1. Introduction

The concept of growing cells outside the human body and their survival has been proven to work dated back almost a century ago when Wilhelm Roux, a German zoologist, had successfully cultured chick neural crest in warm saline water for over a period of few days (Hamburger, 1997). This is

supported by Alexis Carrel, a Nobel Prize winner in 1912, whose work showed that not only it is possible to grow tissues including connective and heart tissues *in vitro* but also maintain their characteristics for over a long period of time (Carrel, 1912). Tissue engineering has emerged now to be a valuable tool as a solution to overcome health problems such as tissue damage, degeneration and failure.

Engineered bone (Kimelman-Bleich et al., 2011; Grayson et al., 2010), cartilage (Schulz et al., 2008), tendon (Abousleiman et al., 2009; Omae et al., 2012) and blood vessel tissues (L'Heureux et al., 2007) have been successfully cultured both *in vitro* and *in vivo* (Kimelman-Bleich et al., 2011; Omae et al., 2012; L'Heureux et al., 2007). But studies have shown that culturing functional tissues *in vitro* is more complex than *in vivo* due to the need for a controlled environment during cell cultivation (Li et al., 2013). Hence, a bioreactor system is essential. To date, there have been several types of bioreactors designed to culture and grow 3D tissues, such as spinner flasks (Page et al., 2013), rotating vessels (Nishi et al., 2013; Chao and Das, 2015), perfusion systems (Baptista et al., 2013), magnetic force bioreactors (Bock et al., 2010), compression or strain bioreactors (Abousleiman et al., 2009; Wartella and Wayne, 2009), combined bioreactors which may couple perfusion with compression (Liu et al., 2012) such as rotating compression bioreactors (Wu et al., 2013) and, another perfusion bioreactor, namely, hollow fibre membrane bioreactors (Ye et al., 2006; Abdullah et al., 2009; Napoli et al., 2011, 2014; Chapman et al., 2012). Even though these bioreactors give hopes to tissue engineering approaches, they may not be able to prolong the cell culture environments (Li et al., 2013). One of the reasons for this is limited nutrient diffusion through scaffolding matrix and membrane. To achieve the desired rate of mass transfer and allow the development of novel membranes and scaffold, a good understanding of the quantitative relationship between their properties and nutrient transport behaviour is essential (Chao and Das, 2015). A good understanding of the mass transfer behaviour in these materials is also necessary as these materials may be used to calibrate and develop biosensors, e.g., for monitoring glucose level (Boss et al., 2012; Wang et al., 2013).

One of the important components of most tissue engineering bioreactors is the scaffold/membrane matrix which acts as a support for cells to grow into new tissues before being implanted into the host tissue. Some of the general characteristics of the support materials are that they must be porous for ease of nutrient diffusion and waste product removal (Florczyk et al., 2013; Guan et al., 2013; Deans et al., 2012), biocompatible (Stamatialis et al., 2008), the material must possess comparable mechanical properties to that of *in vivo* tissues (Karageorgiou and Kaplan, 2005; Karande et al., 2004), allow cell seeding, and others. Some examples of these support materials for tissue engineering purposes are summarised in Table 1.

1 Table 1. Some examples of commonly used support porous materials and their characteristics

Material	Fabrication technique	Pore size (μm)	Porosity (%)	Reference
Poly(lactic-co-glycolic acid)(PLGA) scaffold	Fiber knitting	NA	NA	Ouyang et al. (2003); Sequeira et al. (2012)
Poly(caprolactone) (PCL) scaffold	Salt leaching and thermal induced phase separation	NA	93.6 ± 0.6	Zhang et al. (2013)
Hydroxyapatite (HA) scaffold	Imaging techniques and stereo lithography	250	40	Chu et al. (2002); Kim et al. (2007)
Poly(L-lactide)/ β -tricalcium phosphate (PLLA/ β -TCP) scaffold	Solvent self-proliferating/model compressing/particulate leaching	100-250	57	Xiong et al. (2002); Kang et al. (2009)
Collagen-glycosaminoglycan (GAG) scaffold	Lyophilisation technique	96	99.5	O'Brien et al. (2005); Keogh et al. (2010)
Poly(lactic-co-glycolic acid)(PLGA) membrane	Dry/wet- and wet-spinning	0.2-1.0	NA	Ellis and Chaudhuri (2006)
Poly(lactic-co-glycolic acid)(PLGA)/polyvinyl alcohol (PVA) membrane	Wet-spinning	0.54 ± 0.11 (PLGA) 0.67 ± 0.15 (1.25 % PVA- PLGA)	46 67	Meneghello et al. (2009)

		0.89 ± 0.16	76	
		μm (2.5%		
		PVA-PLGA)		
		1.1 ± 0.1 μm	77	
		(5 % PVA-		
Poly (lactide-co-glycolide)(P _{DL} LGA) membrane	Wet-spinning phase-inversion	0.16 ± 0.006	NA	Morgan et al. (2007)
Nanoporous polyethylene membrane	Stereolithography using a biocompatible medical-grade resin (proform)	0.01649	28.9 ± 4.93	Boss et al. (2012); Boss et al. (2011)
Polypropylene microporous membrane	Melt-extrusion/cold-stretch	0.10	45-50	Yu et al. (2008)
Titania nanotubular membrane	NA	0.125	60-70	Paulose et al. (2008)

2 Tissue growth and survival are undoubtedly complex, involving an immense variety of processes from
3 intracellular transduction pathways to tissue-level mechanics (O'Dea et al., 2013). Cell differentiation,
4 survival and proliferation of tissue-engineered constructs are highly dependent on the availability of
5 nutrients. Therefore, the diffusion as well as the distribution and availability of the relevant solutes,
6 e.g., nutrients, must be fully grasped as they are important for tissue formation, growth and survival
7 (Liu et al., 2013). Glucose and oxygen are critical molecules in these regards as shown in both
8 experimental and modelling studies (e.g., Mauck et al., 2003a; Ye et al., 2006). In contrast to oxygen
9 which has been extensively studied over the years (Malda et al., 2004a, 2004b; Kellner et al., 2002;
10 Guaccio et al., 2008; Ellis et al., 2001), there is limited knowledge available on the diffusion
11 coefficients of other nutrients or metabolites especially glucose and lactic acid in porous membrane
12 and scaffold within cell culture media (CCM) (Liu et al., 2013). Most diffusion coefficient data are for
13 cases where these materials are saturated with water at ambient conditions. However, the cell/tissue
14 culture experiments are typically conducted at 37-38°C and the materials are imbibed with cell culture
15 medium (CCM).

16 The diffusivities of glucose in aqueous solutions were measured some sixty years ago (Longworth,
17 1952). More extensive measurements of glucose diffusion coefficients in different fluid and porous
18 media have been studied as well, such as water (Dionne et al., 1996), poly-ether-sulphone and poly-
19 sulphone (Curcio et al., 2005), polyvinyl alcohol (Phanthong and Somasundrum, 2003), calcium
20 alginate (Chai et al., 2004), collagen gel (Shaw and Schy, 1981), agarose gel (Weng et al., 2005) and
21 hemodialysis films and hollow fibers for blood purification processes (Klein et al., 1977). However,
22 there is little or no published information that discuss specifically the glucose diffusivity across
23 membranes or scaffolds that are used for cell/tissue engineering. Lactic acid is beyond the scope of
24 this study and will not be covered here.

25 While a number of techniques have been studied and developed to study the diffusion of small
26 molecules such as light scattering (Bica et al., 2001), nuclear magnetic resonance microscopy (NMR)
27 (Kwak and Lafleur, 2003; George et al., 2004), fluorescence spectroscopy (Ye et al., 2003; McCain et al.,
28 2004), fourier transform infrared microscopy (FTIR) (Sahlin and Peppas, 1996; Peppas and Wright,
29 1996), electrochemical techniques (Zhang et al., 2002; Cleary et al., 2003) and fluorescence recovery
30 after photobleaching (FRAP) (Pluen et al., 1999), these often require sophisticated and indirect
31 methods for the concentration measurements of the molecule diffusing across the membrane. These
32 may not allow the diffusion process to be monitored continuously (Lu et al., 2013). Furthermore, the
33 suitability of these techniques to study the materials investigated in the present study may not match
34 with the materials' properties. For instance, the light transmission from and to the solute molecules in
35 the gel-like scaffolds to capture its speed is not possible for used in the present study due to the

36 membranes/scaffolds investigated are generally not transparent. We propose in this study the use of
37 a simple diffusion cell that is easy to use and allows us to monitor the diffusion process continuously
38 over time.

39 The interest in the determination of diffusion coefficients in membranes particularly in chemical and
40 biotechnological applications can be found in many applications of membranes, e.g., water treatments,
41 drug delivery and tissue engineering (Choi et al., 2013; Bai et al., 2012; Jeon et al., 2012; Parizek et al.,
42 2012; Peter et al., 2010). Despite a number of literature works, it does seem that the mass transfer
43 behaviour in terms of dependence of diffusion on membrane morphology is still not fully understood
44 (Wang and Ma, 2012). Molecular diffusion is dependent on the membrane morphology and the fluid
45 that saturates it may have an effect on the diffusivity values (Cussler, 2009). Diffusional boundary
46 layers that are created at the porous material-liquid interfaces may offer different resistances to
47 diffusion as the fluid and materials change (Chan et al., 2012). The temperature of the system also
48 plays important roles in determining the molecular diffusion. For example, the temperature affects
49 both the solubility and diffusion coefficient of a molecule in a fluid and the porous material (Chen et
50 al., 2013). The temperature also impacts the interactions among the multi-components that make up
51 the fluid (e.g., a cell culture media) which may affect the diffusion coefficient of the molecule
52 particularly if the molecular size is big (Abdullah and Das, 2007). What we obtain for the
53 measurements of the diffusion coefficient of a molecule is therefore a lumped effect from a number
54 of inter-related phenomena.

55 It is therefore the purpose of our study to quantify the relationship between diffusion coefficient and
56 membrane morphology by engaging typical membrane and scaffold materials for tissue engineering in
57 diffusion experiments and relating the diffusivity values to the quantitative information of the pore
58 morphology of the materials. We acknowledge that some papers have discussed the dependence of
59 the diffusion coefficient on temperature, for example, that by Yui et al. (2013) which discusses the
60 change in diffusion coefficient of some solutes in water as temperature changes. Cai et al. (2012)
61 reported the diffusion of glucose in membranes at 20°C and 37°C in deionized water and in NaCl
62 solution. Umecky et al. (2013) also reported the influence of temperature on the values of the
63 diffusion coefficient of amino acids in water. However, none of these papers really relate to the
64 specific tissue engineering membranes, fluids (i.e., cell culture media) or combination of these two as
65 they are normally used in tissue engineering.

66 In this study, we have adopted a two-compartment diffusion cell technique to investigate the glucose
67 transport properties of typical tissue engineering membranes and scaffolds within CCM and water.
68 This includes the relationship between the morphology of membranes and scaffolds and its effect on

69 glucose diffusivities. In addition, tortuosity and porosity as well as the diffusion coefficient of glucose
70 in free media have been determined.

71 Please note that although the materials chosen for this study are designed for tissue engineering
72 purposes, they are not seeded with any biological cells during our experiments. This is because this
73 work is aimed at quantifying simple passive diffusion of glucose through the materials. As mentioned
74 earlier, the diffusivity values are needed for a number of practical scenarios, e.g., modelling of mass
75 transport in tissue engineering bioreactors, choosing the materials for tissue engineering bioreactors
76 and biosensors, and any others. If indeed the membranes and scaffolds are seeded with biological
77 cells (e.g., stem or epithelial cells; adherent or suspended cells), the mass transfer rate may be
78 different due to their presence. The effective passive diffusion in this case may be different depending
79 on a number of factors, e.g., density of cells in the materials, glucose uptake rate by the cells and any
80 other factors. We consider this to be a 'derived' property and not discussed in this paper.

81 **2. Materials and methods**

82 **2.1. Membranes**

83 Two types of membranes were used in this study: cellulose nitrate (CN) and polyvinylidene fluoride
84 (PVDF). The CN and PVDF membranes were purchased from Fisher Scientific UK Ltd (Loughborough,
85 UK) and Millipore UK Ltd (Watford, UK), respectively. Table 2 shows the main characteristics of these
86 membranes. Prior to conducting all experiments, the membranes were soaked in deionised water for
87 a day in order to remove any remaining preservative on the membrane surface. We define that water
88 fully imbibes into the membrane during this time period and, that there is no significant swelling and,
89 hence, changes in the pore morphology of the membrane after this period. Table 3 shows the
90 thicknesses of these membranes as measured using a surface profiling (non-contact mode) instrument
91 (Talysurf CLI 2000, Taylor Hobson Ltd, Leicester, UK). The differences between the thicknesses at
92 different time intervals are defined as due to the swelling of the membrane because of imbibition.
93 The measurements were only done for water. As evident from the table, there is no significant change
94 in the thickness of the membrane and, hence, swelling.

95 **2.2. Scaffolds**

96 Poly(caprolactone) (PCL), poly(L-lactide) (PLLA) and collagen scaffolds were used in this study. PCL was
97 purchased from the Electrospinning Company Ltd (Didcot, UK) while PLLA was a kind gift from the
98 same company. Collagen was purchased from Matricel GmbH (Herzogenrath, Germany). Table 2
99 shows the main characteristics of these scaffold materials. The appendix shows fibre density of the
100 PCL and PLLA scaffolds as supplied by the manufacturer. Before their use, all scaffolds were treated as

101 follows. PCL was treated with 15% ethanol (Fisher Scientific UK Ltd, Loughborough, UK) for 30 min to
 102 aid in wetting the material and to remove any trapped air, before being soaked and washed with
 103 deionised water, replacing the water twice in 30 min in order to remove any trace of ethanol. The
 104 same treatment was applied to PLLA except that a 70% ethanol solution (Fisher Scientific UK Ltd,
 105 Loughborough, UK) was used. Collagen scaffold was pre-soaked in deionised water for 30 min before
 106 used in experiments. A different treatment was used in this case as the collagen scaffold is hydrophilic
 107 while both PCL and PLLA are hydrophobic in nature. Similar to the membranes, we define that there is
 108 no significant swelling and, hence, changes in the pore morphology of the scaffold after this period.
 109 Table 3 shows the thicknesses of these scaffold materials. Similar to the membranes, it is deduced
 110 that there is no significant swelling based on the results depicted in the table.

111 2.3. Other materials

112 The cell culture medium (CCM) used was Dulbecco's Modified Eagle Medium (DMEM) (Life
 113 Technologies Ltd, Paisley, UK). The glucose was of analytical grade powder D-glucose-anhydrous
 114 (Fisher Scientific UK Ltd, Loughborough, UK) of molecular weight 180.16 g/mol.

115 Table 2. Summary of the commercial membrane and scaffold properties

Material		Thickness (μm) based on Manufacturers' information	Manufacturers' pore size (μm)	Min pore size (μm)	Mean pore size (μm)	Max pore size (μm)	Source
Membrane	PVDF	125	0.1	0.08	0.32 ± 0.29	1.65	Merck Millipore (Watford, UK)
	CN	122.5	0.45	0.21	0.6 ± 0.30	2.09	Whatman International Ltd (Maidstone, UK)
Scaffold	PLLA	50	12-18	4.04	13.67 ± 4.25	25.87	The Electrospinning Company Ltd (Didcot, UK)
	PCL	50	20-30	5.8	21.69 ± 6.85	44.84	The Electrospinning Company Ltd (Didcot, UK)
	Collagen	1500	80	12.55	75.15 ± 5.21	175.18	Matricel GmbH (Herzogenrath, Germany)

116

117

118 Table 3. Material thicknesses as measured a surface profiling instrument (Talysurf CLI 2000, Taylor
 119 Hobson Ltd, Leicester, UK), and their respective swelling percentage. Please note that the average
 120 thicknesses we have measured vary slightly from the values of average thickness that the
 121 manufactures provide for the same samples (Table 2).

Material	Average thickness of dry sample (1) (μm)	Average thickness of wet sample after soaking in water for 24 hours (2), which represent the samples at the beginning of diffusion experiment (μm)	Average thickness of wet sample after soaking in water for 48 hours (3), which represent the samples at the end of diffusion experiments (μm)	Swelling between dry sample (1) and wet sample (2) (%)	Swelling between wet sample (2) and wet sample (3) (%)
PVDF membrane	98.38	98.61	101.23	0.23	2.66
CN membrane	124.22	125.54	129.79	1.06	3.39
PLLA scaffold	32.04	33.58	34.11	4.81	1.58
PCL scaffold	37.79	38.85	40.89	2.80	5.25
Collagen scaffold	1659.37	1699.9	1715.3	2.44	0.91

122

123 2.4. Determination of pore size distribution of the membrane and scaffold materials

124 Measurement of pore size is done manually using the software ImageJ (Wayne Rasband, National
 125 Institute of Mental Health). The analysis of the pore size distribution of the sample materials also used
 126 scanning electron microscopy (SEM) images where it enables visual images of membrane/scaffold's
 127 morphology and can be used directly in ImageJ software. Although these images refer to the surface
 128 morphology of the membranes and scaffolds investigated, they represent the sample morphology
 129 well as the samples have a fairly homogeneous (narrow range) of pore size distribution. The SEM
 130 images were uploaded on to the software and lines were drawn for every pore after setting the scale
 131 to track the measurements. The minimum, maximum and average of pore size are shown in Table 2.
 132 On the other hand, the pore size distributions for the selected materials are shown in Figure 3.

133 2.5. Evaluation of the porosity (ϵ) and tortuosity (τ) of the membrane and scaffold materials

134 Besides the pore size distribution, the porosity values of the materials were determined as they effect
135 the solute diffusion through the materials. The porosity values depend on the size and distributions of
136 the pores in the materials. Further, they are required to find out the tortuosity of each
137 membrane/scaffold material in this study.

138 Porosity is defined as the ratio of voids volume to total volume:

$$139 \quad \epsilon = 1 - \frac{V_m}{V_t} \quad (1)$$

140 Where, V_m is solid volume and V_t is total volume of sample.

141 Porosity can be determined either using indirect or direct approaches. Apparent densities estimation,
142 pycnometric methods and mercury porosimetry are direct approaches while computerised analysis of
143 scanning electron microscopy images and air-liquid displacement techniques are indirect approaches
144 (Palacio et al., 1999). In this study, we opted for a direct approach, which is a pycnometric method. By
145 measuring the masses and fitting the experimental data into the equation below, porosity is evaluated.

$$146 \quad \epsilon = 1 - \frac{m_1 + m_2 - m_3}{V_t \rho_w} \quad (2)$$

147 where m_1 is the mass of dry sample, m_2 is the mass of pycnometer levelled with water, m_3 is the mass
148 of pycnometer levelled with water together with sample contained inside and ρ_w is the water density
149 which is 0.9970 g/cm^3 at room temperature.

150 The dry membranes and scaffolds were each weighed separately before soaking them wet in the
151 pycnometer. Assuming the porous materials were soaked completely and effectively in water, the
152 masses of these wet samples were measured together with the water-levelled pycnometer, giving m_3 .
153 The experimental data were then fitted into Eq. (2) above giving porosity of the materials investigated.

154 Tortuosity, on the other hand, considers the increase in distance of a diffusing molecule due to pore
155 bending and curves. Tortuous channels hinder the movement of molecules which gives resistance to
156 mass transfer. This hindrance is included and defined by the tortuosity factor which takes into account
157 the fluid transport system as well as the pore connectivity. A relatively straight channel gives a
158 tortuosity value of unity while porous materials give a tortuosity value greater than unity, but typically
159 between 2 and 3 (Martin, 1993).

160 Nuclear magnetic resonance (NMR) based measurements, mercury intrusion porosimetry, image
161 analysis (Wu et al., 2006) and determination of the ratio of diffusion coefficient in free media to the
162 diffusion coefficient in the porous network (Barrande et al., 2007) are some example methods used to
163 evaluate the tortuosity. The latter is used in this study where the effective diffusion coefficient (D_e) is

164 derived from diffusivity measurements with the diffusion cell; porosity (ϵ) is derived from the
165 aforementioned method and the diffusion coefficient in free media (D) is calculated from Stokes-
166 Einstein equation described below. Hence, tortuosity (τ) is derived from the following relationship:

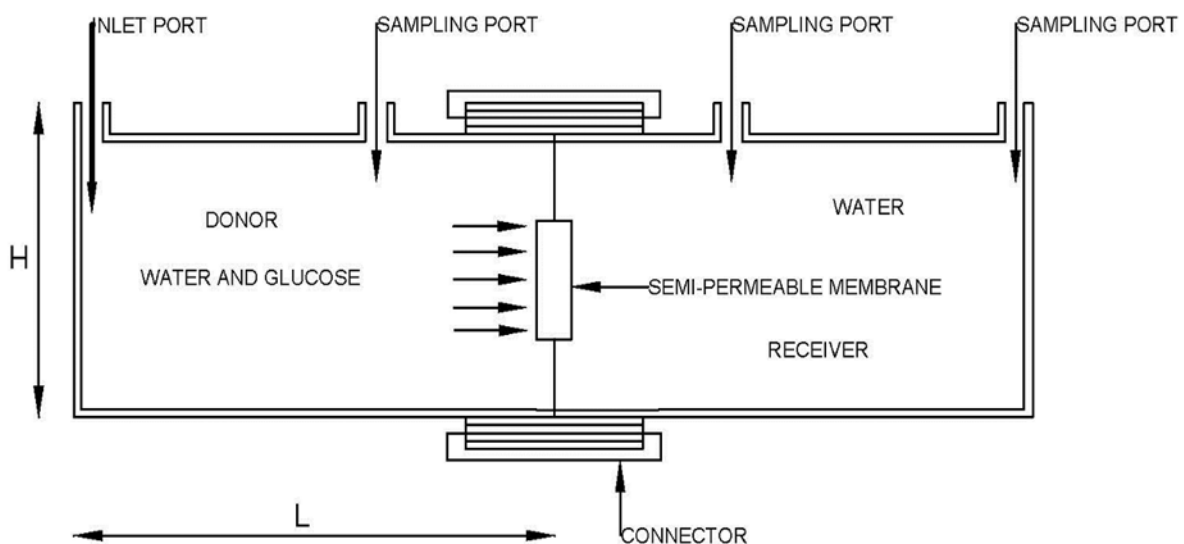
$$167 \quad D_e = D \frac{\epsilon}{\tau} \quad (3)$$

168 It must be noted that different types of diffusivities are used in the above equation where D_e leads to
169 transport diffusivity by fitting experimental measurements into Eq. (6) while D represent self-
170 diffusivities calculated Stokes-Einstein equation (Eq. (9)).

171 2.6. Measurement of glucose diffusion coefficient

172 2.6.1. Diffusion cell for measurement of glucose diffusion coefficient

173 Two rectangular diffusion cells, which are similar to those described by Chenu and Roberson (1996),
174 were made to measure the diffusion coefficient of glucose across the membranes and scaffolds in
175 both CCM and water. Both cells consisted of two acrylic chambers with identical volumes. The
176 chambers were called donor and receptor phase, respectively. A larger cell was used to determine the
177 diffusion of glucose across the membranes and scaffolds in water while the smaller cell was used with
178 CCM to help reduce the amount of CCM consumed per experiment. The diffusion cells were
179 assembled by tightly screwing the half chambers into the rubber gaskets, with the membrane/scaffold
180 fixed in between (Figure 1). The rubber gaskets were embodied to prevent leakage between the half
181 chambers.



182

183 Figure 1. Schematic drawing of a diffusion cell

184 The larger cell has a volume of 207.5 ml per chamber with an internal geometry of length 100 mm x
185 height 45 mm x width 50 mm. The smaller cell has a volume of 41 ml per chamber with an internal
186 geometry of length 20 mm x height 45 mm x width 45 mm. Each half chamber was filled with either
187 CCM or water. The donor phase also contained glucose solution. The glucose powder was pre-mixed
188 in a beaker with either CCM or water prior to the start of the experiment. Both solutions of pure
189 CCM/water (receptor phase) and glucose mixed with CCM/water (donor phase) were allowed to
190 equilibrate at either 27 or 37°C in the heated water bath for 60 min before the apparatus was
191 assembled. The whole apparatus was placed in a thermostated water bath at either 27 or 37 ± 1°C.

192 The corresponding diffusion coefficients were calculated according to Fick's first law. Fick's first law
193 describes the diffusion of small uncharged molecules well. It is given by (e.g., Crank, 1975)

$$194 \quad J = -D \frac{\partial C}{\partial z} \quad (4)$$

195 where J is the mass flux describing the mass transfer through an area per unit time, D is the diffusion
196 coefficient of the solute molecule; C is the concentration of the diffusing solute molecule while z is the
197 diffusion length. Obstruction effects as a result from diffusion across membranes and scaffolds must
198 be considered with certain porosity and partition coefficient. These properties are included in the
199 effective diffusion coefficient of the material (Gutenwik et al., 2004) defined by

$$200 \quad J = -D_e \frac{\partial C}{\partial z} \quad (5)$$

201 Assuming that there was no change in volume, Eq. (5) was transformed into Eq. (6) and that the
202 glucose diffusion across membranes and scaffolds in CCM was calculated as given below:

$$203 \quad V_d \frac{\partial C_d}{\partial t} = -D_e A \frac{C_d - C_r}{l} \quad (6)$$

204 where l was the membrane/scaffold thickness, A the membrane/scaffold area, D_e the effective
205 diffusion coefficient of the material and V_d the donor volume. By measuring the concentration in both
206 chambers at different times, a diffusion coefficient was calculated by fitting Eq. (6) to the
207 experimental data.

208 2.6.2. Measurements of glucose diffusion coefficients of the samples saturated in water

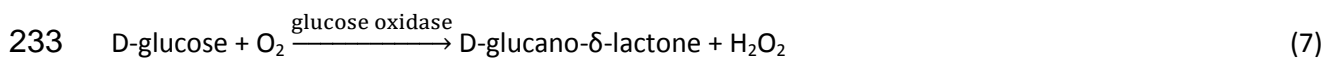
209 A UV spectrophotometer (UV Mini 1240, Shimadzu, Japan) was used to monitor the change in glucose
210 concentration over time. Each chamber (Figure 1) was filled with 207.5 ml of deionized water as this is
211 the amount that is required to fill the chamber completely. The donor phase also contained 2 mg/ml
212 of glucose solution. Samples of 2.5 ml were taken using a plastic syringe from both the donor and
213 receptor phase at intervals of 1 h until equilibrium was established. The samples were placed in a glass

214 cuvette and analysed by the UV spectrophotometer at a wavelength of 190 nm. Immediately after
215 being analysed, the samples were poured back into the donor and receptor phase, respectively, to
216 keep the volume constant. All experiments were conducted in duplicate.

217 2.6.3. Glucose monitoring system for diffusion in the materials saturated in CCM

218 An issue was encountered while investigating the diffusion of glucose in CCM. The photometric
219 elution curve showed significant noise at around 190 nm suggesting that the presence of other
220 molecules in CCM might interfere and obscure the concentration measurements. To resolve this issue,
221 a glucose analyser was used instead. To resolve this issues and to measure the diffusion of glucose in
222 CCM, an YSI glucose analyser (YSI 2300 STAT PLUS, YSI UK Ltd, Hampshire, UK) was used. The
223 outstanding performance of YSI glucose analyser has been known for more than two decades (Lindh
224 et al., 1982; Clarke et al., 1987; Burrin and Alberti, 1990). It has been well accepted as a device for
225 measuring glucose concentration due to its ease of use, quick analysing time (1 min) and small sample
226 size (25 μ l). This instrument is based on enzymatic reaction. The system consists of two membrane
227 layers, an enzyme layer and a platinum electrode. The first layer which houses porous polycarbonate
228 minimises the glucose diffusion into the enzyme layer to avoid the reaction from becoming enzyme-
229 limited while the third layer which contains cellulose acetate only allows small molecules such as
230 hydrogen peroxide to pass through and finally reaches the platinum electrode where it is oxidised to
231 produce electrons.

232 Immobilized enzyme reaction:



234 Anode reaction:



236 Each half chamber was filled with 41 ml of CCM. The donor phase also contained 8 mg/ml of glucose
237 solution. The diffusion of glucose was monitored by withdrawing samples using a plastic syringe from
238 both the chambers, at intervals of 1 h for a period of 8-9 h. The samples were placed in a glass cuvette
239 and 25 μ l were aspirated by the sipper for glucose concentration determination. The volume loss for
240 each chamber remains consistent for every sample, thus the issue of keeping the volume constant can
241 be ignored. All diffusion experiments were conducted in duplicate.

242 2.7. Determination of glucose diffusion coefficient in liquid

243 Diffusion coefficient of glucose in liquid media is an important factor to evaluate tortuosity. In this
 244 study, Stokes-Einstein equation is considered to evaluate this parameter for both water and CCM:

$$245 \quad D = \frac{k_B T}{6\pi\eta r} \quad (9)$$

246 where k_B is Boltzmann's constant with a value of 1.3807×10^{-23} J/K, T is the working temperature in K,
 247 η is the liquid dynamic viscosity in kg/m/s and r is the Stokes radius of glucose with a value of $3.65 \times$
 248 10^{-10} m (Bouchoux et al., 2005). The liquid dynamic viscosity is determined in-house using a U-tube
 249 viscometer (Poulten, Selfe & Lee Ltd, Essex, UK) (Kim et al., 2002), which are provided in Table 4. This
 250 gave kinematic viscosity, which were converted to dynamic viscosity. The experiments for the
 251 measurements of the fluid viscosity were performed at two operating temperatures, i.e., 27 and 37 \pm
 252 1°C for both water and CCM.

253 Table 4. Dynamic viscosities of liquids at different temperatures (determined in-house using a U-tube
 254 viscometer)

Liquid	Temperature (°C)	Average dynamic viscosity (kg/m/s)
Water	27 \pm 1	0.000865269
	37 \pm 1	0.000649516
CCM	27 \pm 1	0.001306489
	37 \pm 1	0.001100855

255

256 3. Results and discussions

257 To investigate the relationship between diffusion and membrane morphology, the microstructures of
 258 all the materials were investigated using a scanning electron microscopy (SEM) as discussed in the
 259 next section. The diffusion of glucose across membranes and scaffolds saturated in water and CCM
 260 was monitored. The results show that the diffusion coefficient is higher at a larger pore size, indicating
 261 least resistance of glucose molecules diffusing through the channel. Porosity and tortuosity were also
 262 determined to develop a correlation between diffusion and membrane morphology with porosity and
 263 tortuosity.

264 3.1. Material characterisation

265 SEM was utilized to observe the morphology of membranes and scaffolds used in this study. The dry
 266 samples were placed on a sample stand and coated with carbon. The high voltage SEM (Cambridge
 267 Stereoscan 360 SEM) was used to view the surface morphology of the investigated membranes and
 268 scaffolds. Figure 2 presents typical SEM images of PVDF membrane, CN membrane, PCL scaffold, PLLA

269 scaffold and collagen scaffold. The photographs show the distribution of pores and channels within
270 the material where Figure 2a and 2b show the pore distribution of the membranes. Please note that
271 Figures 2a and 2b have different scale bars. Figure 2c-2e show the distribution of channels and that
272 collagen scaffold has relatively straight orientation and larger pores and this attributes to the
273 diffusivity value presented in Table 6.

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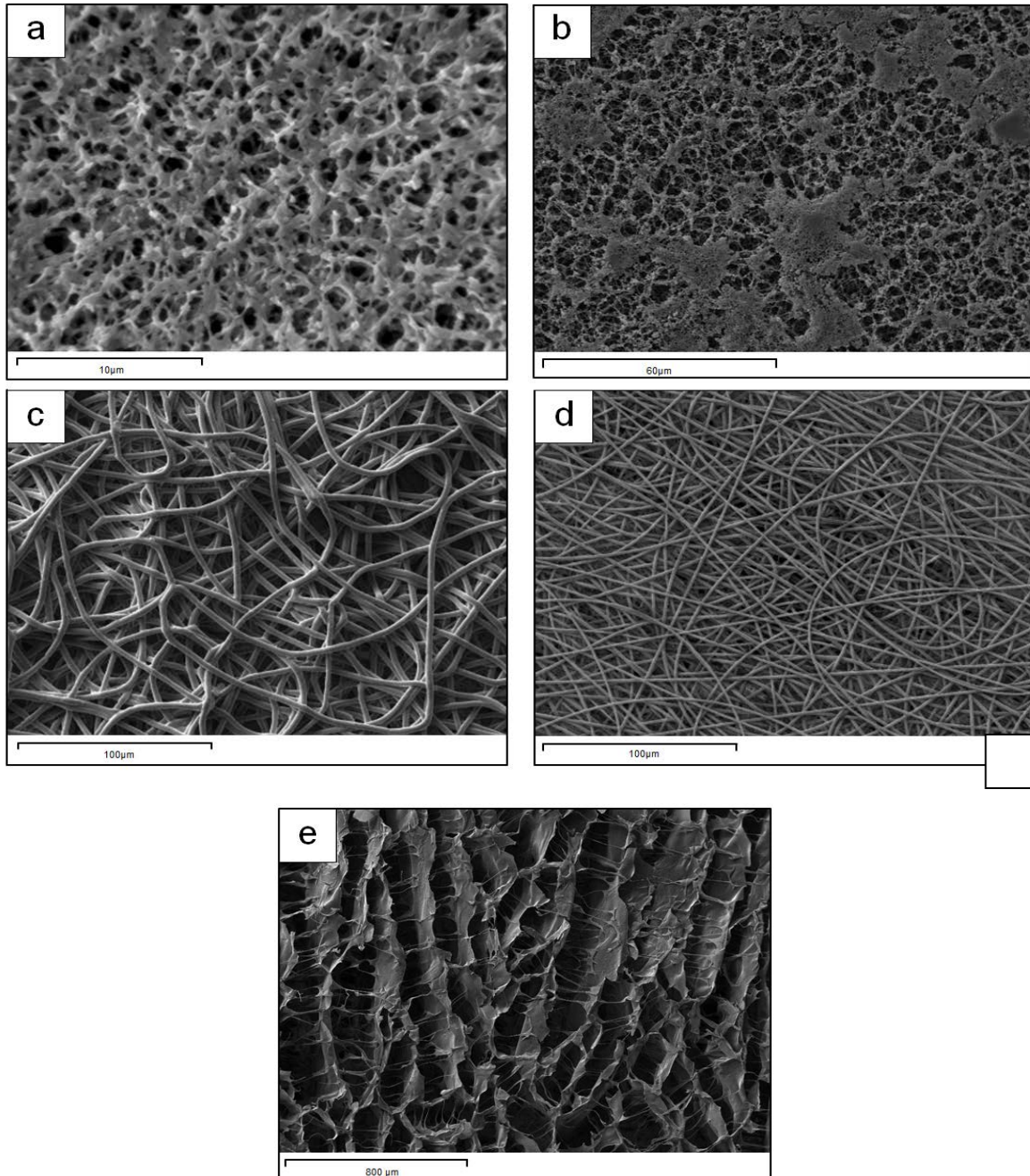
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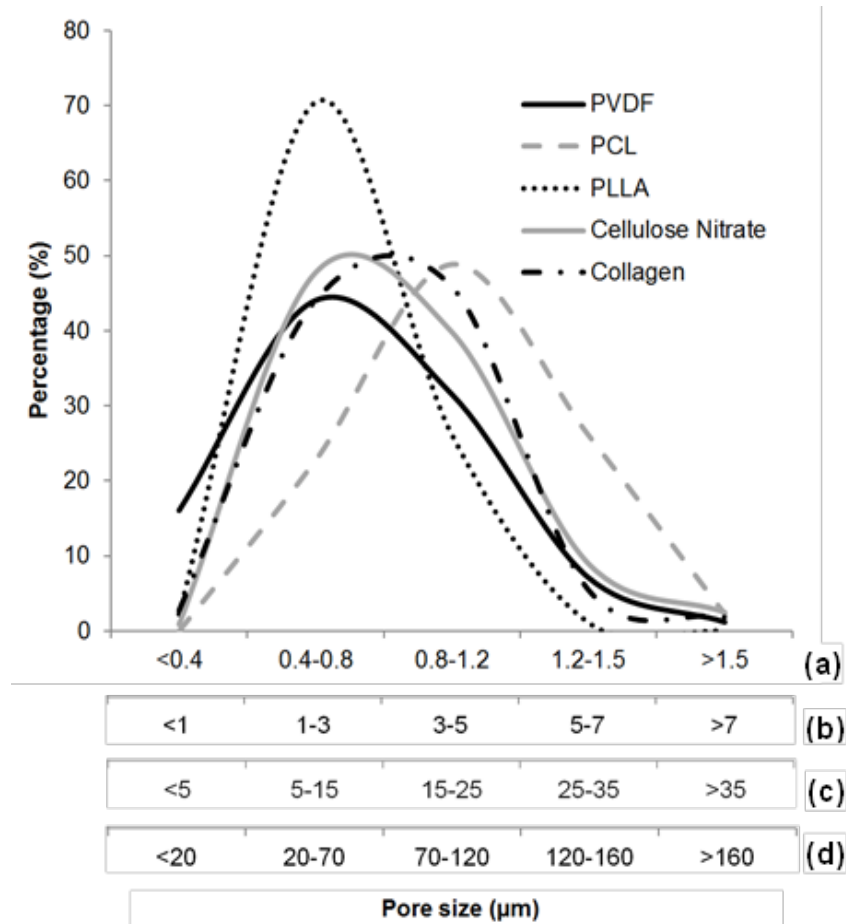
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291 Figure 2. SEM micrographs showing surface morphology of the selected sample materials: (a) PVDF
292 membrane, (b) Cellulose Nitrate membrane, (c) PCL scaffold, (d) PLLA scaffold and (e) Collagen
293 scaffold

294 Pore size distribution across the surface of the material was also investigated (Figure 3) using the
 295 software ImageJ. It is done manually as described in section 2.4 and the procedure is reproducible.
 296 Most results are in good agreement with the manufacturer's size rating except for PVDF membrane.
 297 PVDF gave a higher mean pore size than the rating and can be ignored.



298
 299 Figure 3. Average pore size distribution of membrane/scaffold as determined by us; x-axis scales are
 300 referred as follows: (a) Cellulose Nitrate membrane, (b) PVDF membrane, (c) PCL and PLLA scaffolds
 301 and (d) Collagen scaffold. The pore sizes have been manually obtained using ImageJ

302 **3.2. Atomic force microscopy (AFM) observation for surface roughness**

303 Atomic force microscopy is a characterisation method and presents high possibilities of application in
 304 both the field of microscopy observation and characterisation of various surfaces (Ochoa et al., 2001).
 305 The difference between AFM and SEM is that AFM can be used to determine 3D surface
 306 topography/roughness while SEM is used to determine pore size, both of which have been reported to
 307 affect the diffusion process. Figure 4 shows the 3D AFM images of cellulose nitrate (CN) membrane
 308 and PVDF membrane at a scan area of 10 μm using an atomic force microscope model Topometrix
 309 Explorer (Veeco Explorer AFM, Santa Barbara, USA) with a high resonant frequency (HRF) silicon probe
 310 and tapping mode as the imaging mode. The nodules are seen as bright high peaks.

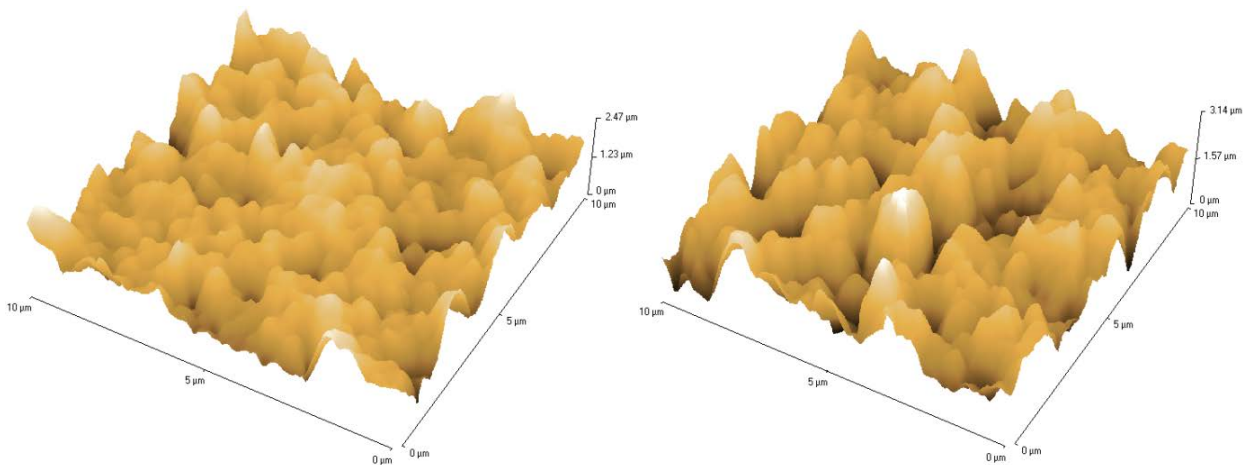
311 The results for roughness parameters R_a and R_{rms} are presented in Table 5. R_a is the average surface
 312 roughness while R_{rms} is the root mean squared values. The average surface roughness values and the
 313 root mean squared values were estimated by the AFM software using the following expressions
 314 (Henke et al., 2002):

315
$$R_a = \frac{1}{N} \sum_{i=1}^N |z_i| \quad (10)$$

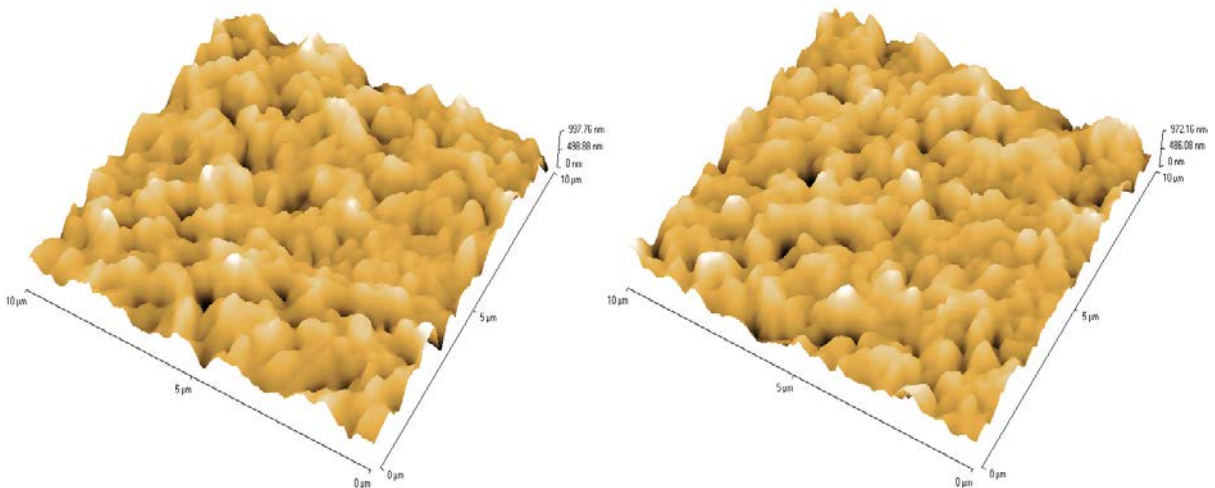
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$$R_{rms} = \sqrt{\frac{1}{N} \sum_{i=1}^N z_i^2} \quad (11)$$

317 where N is the number of points sampled on the surface and z_i is the surface height variation of the
 318 point ($\pm z$) from the mean surface level.

319 **A**



320 **B**



322

323 Figure 4. 3D AFM topographic images of (A) CN and (B) PVDF membranes

324 When the surface consists of deep depressions and high peaks, high roughness parameters are
 325 expected (Idris et al., 2007). It was also observed from other study that less tightly packed nodules

326 created a rough surface indicated by the high roughness parameter values (Idris et al., 2007). The
327 change in the roughness parameters is proportional to the change in the pore size (Bessieres et al.,
328 1996). The values in Table 5 clearly shows that PVDF membrane with a smaller pore size than cellulose
329 nitrate membrane has lower surface roughness values and the 3D AFM image also shows that PVDF
330 membrane has lower peaks as compared to cellulose nitrate membrane.

331 Comparison between Figure 4A and Figure 4B indicates that the nodules are slightly merged and much
332 lower peaks observed. In theory, this means that the roughness parameter decreases and it agrees
333 well with the values presented in Table 5. It has been shown in other studies (Goodyer and Bunge,
334 2012; Idris et al., 2007) that high surface roughness on membranes indicates increased flux as well as
335 decreased diffusion path length. A decrease in diffusion path length may imply less tortuous
336 pores/channels, increasing the ease of diffusion and this is reflected in the diffusion coefficient values
337 obtained in Table 6 where cellulose nitrate membrane has a higher average diffusion coefficient value
338 than that of PVDF membrane. The surface topography of the scaffolds is not included in this paper
339 due to their high height ranges on small scanned areas which are built for the atomic force
340 microscope used in this study.

341 Table 5. Roughness parameters of Cellulose Nitrate and Polyvinylidene Fluoride (PVDF) membranes

Membrane	R _a (nm)	R _{rms} (nm)
PVDF	164.3	208.6
	144.9	181.2
Cellulose Nitrate	286.2	367.2
	440.9	548.8

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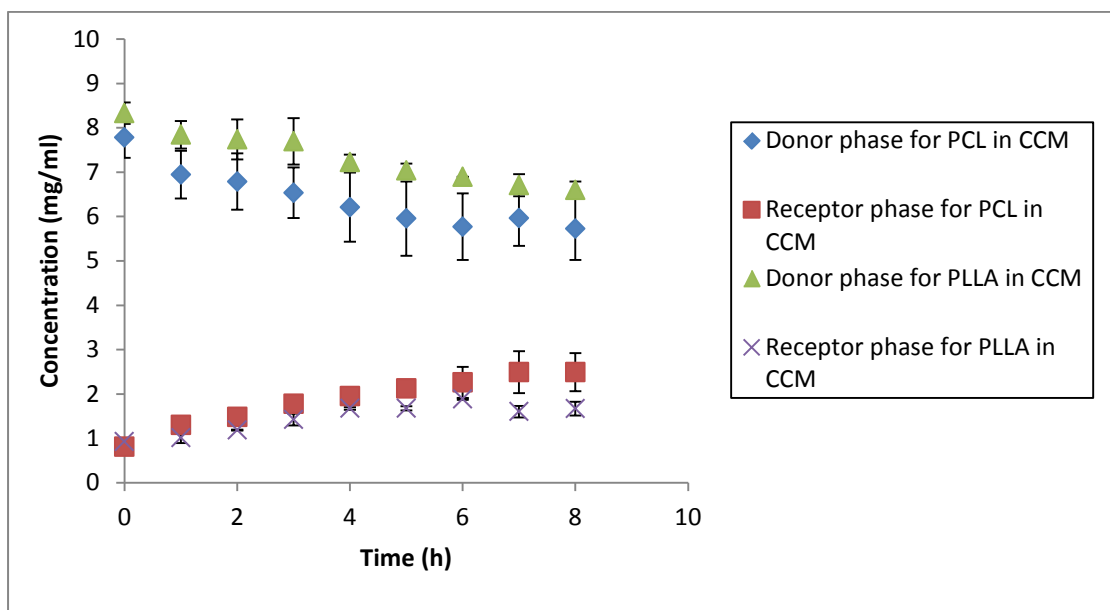
343 3.3. Glucose diffusion analysis

344 The basis for engaging different pore size and shapes tissue engineering membranes and scaffolds is
345 to study if the varying morphological porous structures of the materials engaged have an effect on the
346 diffusion of glucose. Typical curves for the temporal change in glucose concentration for both donor
347 and receptor phases are shown in Figure 5. All other membranes show similar pattern as depicted in
348 Figure 5. It can be clearly seen that this measurement gives a smooth concentration change. Table 6
349 summarizes the results from all these measurements. As expected, the effective diffusion coefficient
350 is higher for a material with larger pore size. Figure 2e highlights the morphology of collagen scaffold
351 that enables a relatively low resistance to diffusion of glucose molecules through the scaffold. The
352 image clearly shows relatively straight channels and larger pores in comparison to other

353 scaffolds/membranes, thus providing less hindrance to glucose molecules diffusing through the path
354 length. All other membranes/scaffolds' compositions are much more intertwined, thus providing more
355 resistance to glucose diffusion through the materials (Figure 2a-2d). This is reflected in the diffusion
356 coefficient values shown in Table 6 where PVDF membrane with the smallest pore size of 0.1 μm has
357 the smallest glucose diffusivity while collagen scaffold with 80 μm pore size has the largest glucose
358 diffusivity. They show that the corresponding diffusion coefficient increases with increasing pore size
359 of the material. This is true independent of the media used. This effect can be explained with the fact
360 that the pore radius increases. However it must be noted that apart from pore size, other microscopic
361 properties such as porosity and tortuosity also have an effect on diffusion. It is also apparent that the
362 results for both water and CCM saturated membranes/scaffolds are significantly different. The glucose
363 diffusion coefficients of membranes and scaffolds saturated with CCM are significantly reduced at a
364 given temperature. This shows that other molecules present in CCM have significant influence with
365 respect to diffusion.

366 It is worth pointing out that the diffusion coefficient for the materials increases from 27°C to 37°C.
367 This is apparent for both water and CCM saturated membranes/scaffolds. This is due to a decrease in
368 viscosity at a higher temperature. This is also due to the increased kinetic energy of the glucose
369 molecules at higher temperatures and the results can be seen in Table 6. However, it must be noted
370 that the focus of this study is not to determine the influence of the temperature on the diffusion
371 coefficient. Hence there were only two different temperatures used in the experiments in this work.

372 The diffusion coefficient in free media (liquid) calculated from Stokes-Einstein's equation is
373 comparable to what have been reported in literature, as shown in Table 7. As expected, glucose
374 diffusion through membrane/scaffold is smaller than in the liquid which is reflected in the values
375 shown in Table 6 except for collagen scaffolds both at 27°C and 37°C. This may be due to the
376 homogeneous and relatively parallel pore structure as can be seen from the surface morphology of
377 the collagen scaffold in Figure 2e. Although glucose was still able to diffuse through the
378 membrane/scaffold, the diffusion coefficient is reduced compared to its value in free media. This may
379 be due to several reasons. The diffusion length for glucose increases due to impermeable segments of
380 the membrane; this is an obstruction or tortuosity effect (Westrin and Axelsson, 1991). The amount of
381 water/CCM available for diffusion is also reduced to a fraction of the total volume due to the
382 microstructure of the material. Hence, a much lowered value compared to the diffusivity of glucose in
383 free media.



384

385 Figure 5. Diffusion cell experiment with 8 mg/ml glucose for both PCL and PLLA scaffolds saturated in
 386 CCM at 37°C

387 Table 6. Effective diffusion coefficients with standard deviations for glucose across
 388 membranes/scaffolds saturated in water and CCM

Material		Manufacturers' pore size (μm)	Effective diffusion coefficient (m^2/s)			
			Water at 27°C	Water at 37°C	CCM at 27°C	CCM at 37°C
Membrane	PVDF	0.1	$1.20 \pm 0.38 \times 10^{-10}$	$1.87 \pm 0.17 \times 10^{-10}$	$7.28 \pm 3.37 \times 10^{-11}$	$7.68 \pm 2.78 \times 10^{-11}$
	CN	0.45	$1.87 \pm 0.50 \times 10^{-10}$	$1.95 \pm 0.28 \times 10^{-10}$	$7.63 \pm 0.17 \times 10^{-11}$	$8.91 \pm 0.80 \times 10^{-11}$
Scaffold	PLLA	12-18	$2.08 \pm 0.20 \times 10^{-10}$	$2.57 \pm 0.92 \times 10^{-10}$	$1.36 \pm 0.45 \times 10^{-10}$	$1.39 \pm 0.28 \times 10^{-10}$
	PCL	20-30	$3.52 \pm 2.35 \times 10^{-10}$	$4.13 \pm 1.75 \times 10^{-10}$	$1.64 \pm 1.33 \times 10^{-10}$	$1.78 \pm 0.50 \times 10^{-10}$
	Collagen	80	$9.59 \pm 3.64 \times 10^{-9}$	$1.07 \pm 0.47 \times 10^{-8}$	$3.56 \pm 0.84 \times 10^{-9}$	$3.71 \pm 2.78 \times 10^{-9}$

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393 Table 7. Comparison of the diffusion coefficient values for liquid only calculated from Stokes-Einstein's
 394 equation and found in previous papers

	Calculated from Stokes-Einstein's equation (Eq. 9)	Values reported in previous papers
Diffusion coefficient in water at 27°C (m ² /s)	7.0 x 10 ⁻¹⁰	5.4 x 10 ⁻¹⁰ (Kleinstreuer and Agarwal, 1986)
Diffusion coefficient in water at 37°C (m ² /s)	9.6 x 10 ⁻¹⁰	9.0 x 10 ⁻¹⁰ (Buchwald, 2011)
Diffusion coefficient in CCM at 27°C (m ² /s)	4.6 x 10 ⁻¹⁰	NA
Diffusion coefficient in CCM at 37°C (m ² /s)	5.7 x 10 ⁻¹⁰	5.9 x 10 ⁻¹⁰ (Provin et al., 2008)

395

396 Many papers have been published on the diffusion coefficients of glucose across various membranes
 397 and scaffolds at different temperatures. Papenburg et al. (2007) reported a value of 1.04 x 10⁻¹⁰ m²/s
 398 of glucose diffusion coefficient across PLLA scaffold saturated with water at 4°C while Shanbhag et al.
 399 (2005) obtained the glucose diffusion coefficient across inverted colloidal crystal (ICC) scaffold
 400 saturated in water at 25°C to be 2.7 x 10⁻¹⁰ m²/s. In other studies conducted by Wang et al. (2009) and
 401 Boss et al. (2012) at 37°C using hydroxypropyl chitosan (HPCTS) crosslinked with gelatin (GEL) and
 402 chondroitin sulphate (CS) scaffold and asymmetric alumina membrane, both saturated in water,
 403 glucose diffusion coefficient values were found to be 1.16 x 10⁻¹⁰ m²/s and 1.39 x 10⁻¹⁰ m²/s,
 404 respectively. These reported values are within the range of experimentally-deduced diffusion
 405 coefficients found in the present study (Table 6).

406 3.4. Relationship between porosity (ε) and tortuosity (τ)

407 As stated earlier, tortuous channels which are part of the pores of the membranes and scaffolds
 408 hinder the diffusion of the molecules (namely, glucose in this case) through the materials. The
 409 tortuosity of the molecule represents the average path length resulting from all resistances to
 410 diffusion over which the molecule travels during the diffusion through the material. The fluid that
 411 saturates the pores should hinder the molecular diffusion in different ways. Furthermore, as the
 412 resistance to diffusion changes due to change in temperature, the tortuosity values should also
 413 change.

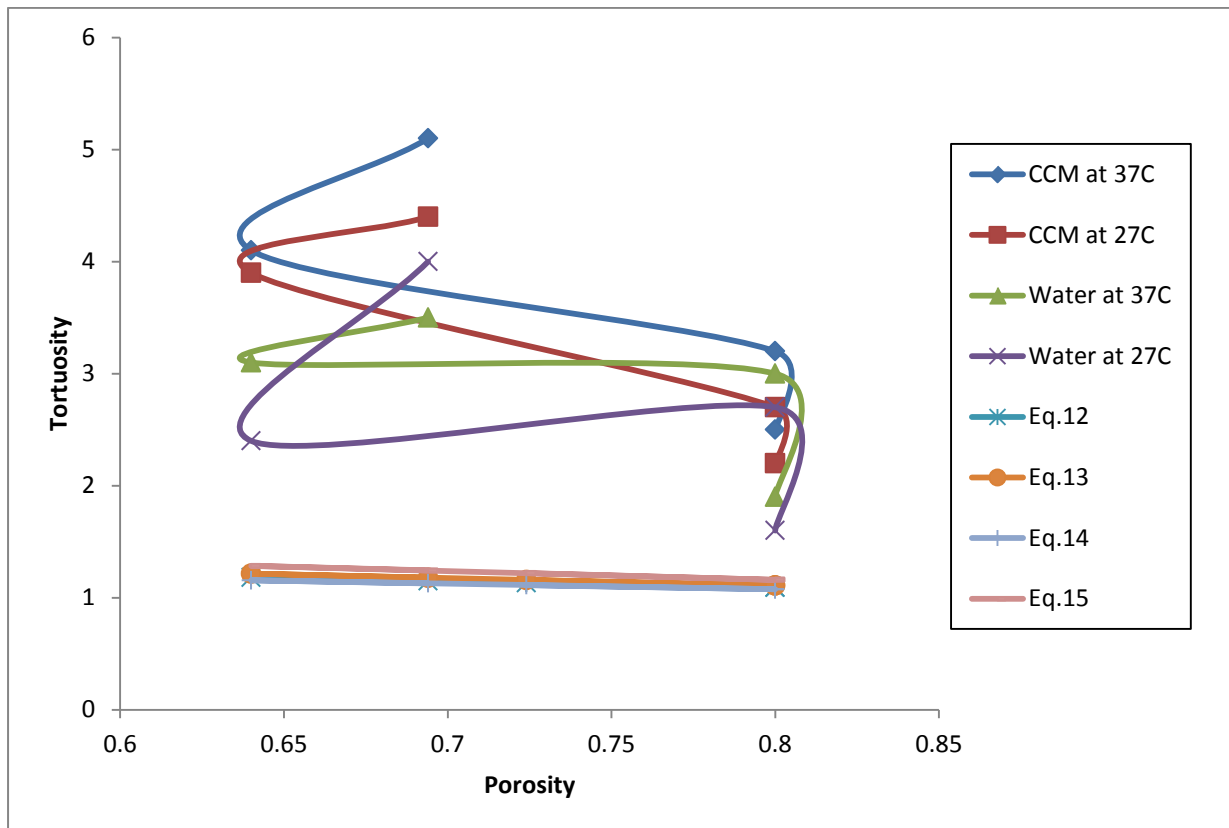
414 The porosity is a macroscopic property of the material that represents the amount of void spaces in
 415 the material and pore size distribution although in reality it may be difficult to determine the subtle
 416 differences in the effects of these on the porosity values. Nevertheless, in an attempt to understand
 417 how the diffusional paths of the molecules change with the pore structures of the materials, we
 418 attempt to correlate the tortuosity values to porosity of the materials at different temperatures and
 419 for different fluids. In traditional literature of flow and transport in porous media, many such
 420 relationships can be found. Some of these relationships are reported for idealised porous material as
 421 shown in Table 9. It is visible from the image (Figure 2) that PCL scaffold benefits from larger pores
 422 and less tortuous channels which give a lower tortuosity value compared to other
 423 membranes/scaffolds. This is depicted in Table 8 where PCL scaffold gives a tortuosity value of 2.5 and
 424 consequently a higher diffusion coefficient (Table 6) in comparison to other materials. PVDF
 425 membrane, with the smallest pore size, gives the largest tortuosity value of 5.1 (Table 8) and the
 426 lowest diffusion coefficient value (Table 6). One can also observe from Table 8 that the tortuosities
 427 vary with temperature and this is consistent with what have been found in several studies before (e.g.,
 428 Gao et al., 2014; Sadighi et al., 2013; Sharma and Chellam, 2005).

429 Figure 6 shows the plot of porosity-tortuosity relations between experimental and empirical results.
 430 As expected, both results are not comparable as the approaches in equation were based on a specific
 431 idealised model of a porous medium (Sun et al., 2013) while the experimental results were collated
 432 from different membranes and scaffolds of different pore size and microstructure.

433 Table 8. Experimentally-calculated porosity and tortuosity for all materials

Material		Manufacturers' pore size (μm)	Porosity (%)	Tortuosity (-)			
				Water at 27°C	Water at 37°C	CCM at 27°C	CCM at 37°C
Membrane	PVDF	0.1	69	4.0	3.5	4.4	5.1
	CN	0.45	64	2.4	3.1	3.9	4.1
Scaffold	PLLA	12-18	80	2.7	3.0	2.7	3.2
	PCL	20-30	80	1.6	1.9	2.2	2.5
	Collagen	80	72	NA	NA	NA	NA

434



435
 436 Figure 6. Comparison of porosity-tortuosity relations for all materials which are determined from the
 437 experiments in this work and four models of ideal porous material. The equations for the relationship
 438 between tortuosity and porosity for ideal porous media saturated with water (Eq. 12 – Eq. 15) are
 439 shown in Table 9.

440 Table 9. Porosity-tortuosity relations for ideal porous materials saturated with water

Equation number	Relation	Reference
12	$\tau = 1 - 0.41 \ln \phi$	Comiti and Renaud (1989)
13	$\tau = 1 - 0.49 \ln \phi$	Mauret and Renaud (1997); Barrande et al. (2007)
14	$\tau = 1/\phi^{0.33}$	Bear (1972); Dullien (1975)
15	$\tau = 1 + 0.8(1 - \phi)$	Koponen et al. (1996)

441
 442 **4. Conclusion**

443 A diffusion cell has been constructed to measure the diffusion coefficient of glucose across varying
 444 pore size and shapes tissue engineering membranes and scaffolds which are saturated with water and
 445 CCM. The rationale behind selecting different porous structure of membranes and scaffolds in this

446 study was to observe how the different morphological porous structure of the materials investigated
447 might have an effect on the glucose diffusion. The results showed the glucose diffusion coefficients for
448 materials saturated with CCM are significantly reduced at a given temperature. This may be due to the
449 multi-components that make up CCM and what we obtained is therefore a lumped effect from a
450 number of inter-related phenomena. A similar trend was observed for both diffusion in water and
451 CCM where a higher diffusion coefficient was evident with larger pores due to increased pore size.
452 SEM enabled visual images of materials investigated including the morphology, porosity, pore size and
453 tortuosity. Both porosity and tortuosity were evaluated in this study and based on our results, a low
454 tortuosity value was found for the PCL scaffold used in this study and this is true independent of the
455 media used. The low tortuosity value coupled with a higher diffusion rate compared to other materials
456 were due to less hindrance to mass transfer and less tortuous channels. Varying the glucose
457 concentration for diffusivity measurements and determining the mass transfer rate with the presence
458 of biological cells (e.g., stem or epithelial cells; adherent or suspended cells) in the scaffolds will be
459 valuable for future work.

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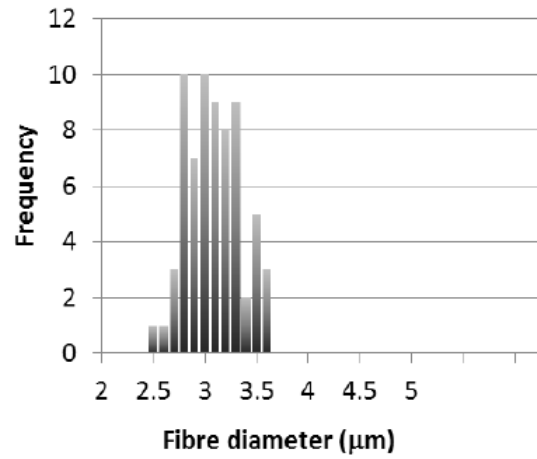
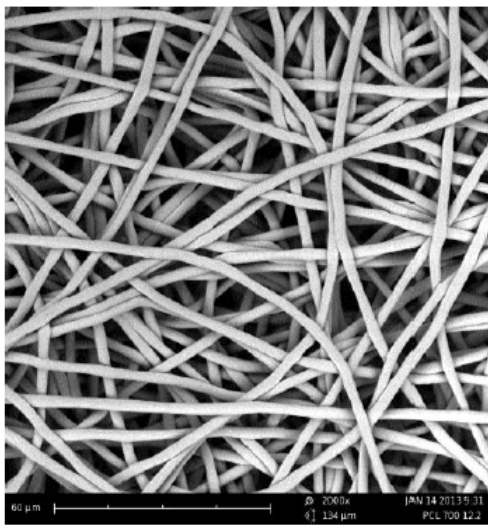
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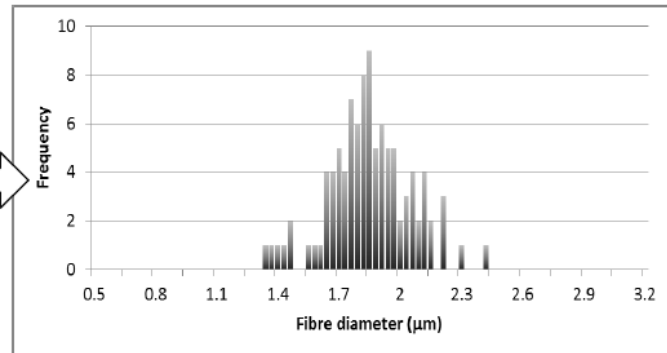
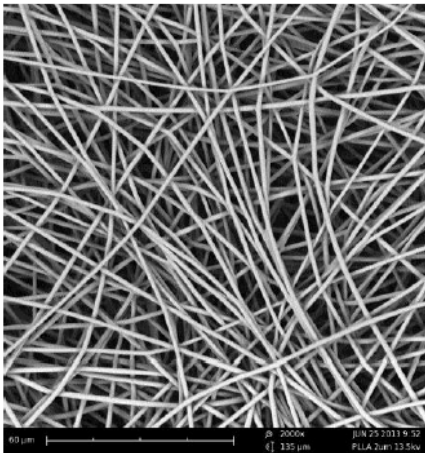
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772 Appendix



773

774 Figure A 1. SEM micrograph of PCL scaffold and its fibre diameter distribution (supplied by the
775 manufacturer and included in the paper with their consent)



776

777 Figure A2. SEM micrograph of PLLA scaffold and its fibre diameter distribution (supplied by the
778 manufacturer and included in the paper with their consent)