

1 RAPID AND NON-INVASIVE METHOD TO DETERMINE TOXIC LEVELS  
2 OF ALCOHOLS AND  $\gamma$ -HYDROXYLBUTYRIC ACID IN SALIVA SAMPLES  
3 BY GAS CHROMATOGRAPHY-DIFFERENTIAL MOBILITY  
4 SPECTROMETRY

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12 **Keywords:** methanol, ethanol, ethylene glycol, 1,3-propandiol ,  $\gamma$ -hydroxybutyric acid,  
13 saliva, thermal desorption gas chromatography differential mobility spectrometry.

14 **Abstract**

15 A polydimethylsilicone oral sampler was used to extract methanol, ethanol, ethylene  
16 glycol, 1,3-propandiol and  $\gamma$ -hydroxybutyric acid from samples of human saliva  
17 obtained using a passive-drool approach. The extracted compounds were recovered  
18 by thermal desorption, isolated by gas chromatography and detected with  
19 differential mobility spectrometry, operating with a programmed dispersion field.

20 Complex signal behaviours were also observed that were consistent with hitherto  
21 unobserved fragmentation behaviours in differential mobility spectrometry. These  
22 yielded high-mobility fragments obscured within the envelope of the water-based  
23 reactant ion peak. Further, compensation field maxima shifts were also observed  
24 attributable to transport gas modification phenomena. Nevertheless, the responses  
25 obtained indicated that in-vivo saliva sampling with thermal desorption gas  
26 chromatography may be used to provide a semi-quantitative diagnostic screen over  
27 the toxicity threshold concentration ranges of 100 mg.dm<sup>-3</sup> to 3 g.dm<sup>-3</sup>. A candidate  
28 method suitable for use in low resource settings for the non-invasive screening of  
29 patients intoxicated by alcohols and volatile sedatives has been demonstrated.

30  
31 + L. Criado-García and D.M. Ruskiewicz should be considered as joint first authors.

## 32 Introduction

33 Treatment of poisoning from the consumption of ethanol and the management of  
34 the intoxicated patient represents a significant burden on many health services.  
35 Further, poisoning from the consumption of other alcohols notably methanol and  
36 ethylene glycol occurs sporadically and from time-to-time outbreaks occur where  
37 food, drink or medicines are contaminated, resulting in significant mortality [1]. The  
38 essence of diagnosis is speed, and even in well-resourced health-care settings the  
39 collection of blood samples for remote analysis may introduce delays that prevent  
40 effective treatment. In communities and regions without recourse to gold-standard  
41 pathology services, or in cases where the numbers of patients runs into the  
42 hundreds [2] clinical teams may be forced to treat their patients symptomatically  
43 without recourse to reliable diagnosis. Other complications arise when intoxication  
44 from sedatives, such as  $\gamma$ -hydroxybutyric acid (GHB) taken intentionally or through  
45 malicious administration, is mistaken for ethanol abuse, or more seriously is  
46 masked by ethanol consumption. Consequently it would appear there is a need,  
47 across all scales of health services, for faster point-of-care toxicity screening for  
48 methanol, ethanol, ethylene-glycol and 1,3-propandiol. It would also be helpful to be  
49 able to screen simultaneously for the presence of sedatives such GHB, and more  
50 recently,  $\gamma$ -butyrolactone.

51 Ethylene glycol and 1,3-propandiol are highly soluble in aqueous media with Henry's  
52 Law constants of  $4 \times 10^6 \text{ mol.kg}^{-1}.\text{bar}^{-1}$  and  $910,000 \text{ mol.kg}^{-1}.\text{bar}^{-1}$  respectively  
53 making headspace analysis and, by implication, exhaled breath analysis unlikely to  
54 be practicable; note that in comparison the Henry's Law constants for methanol and  
55 ethanol are  $230 \text{ mol.kg}^{-1}.\text{bar}^{-1}$  and  $190 \text{ mol.kg}^{-1}.\text{bar}^{-1}$  respectively.

56 The utility of using saliva analysis for profiling methanol intoxication was proposed  
57 in 2009 [3] and subsequently an active membrane [4 and 5] was used to recover  
58 and analyse methanol and ethanol from human saliva with determination by  
59 thermal desorption gas chromatography differential mobility spectrometry (TD-GC-  
60 DMS) across the concentration range  $30 \text{ mg.dm}^{-3}$  to  $500 \text{ mg.dm}^{-3}$  [6]. At that time  
61 the possible utility of extending the approach to glycols was noted. In saliva fluids,  
62 drugs of abuse have been reported to be detectable for between 5 and 48 hr in the  
63  $\text{ng.cm}^{-3}$  range [7] supporting the proposition of the development of saliva based  
64 screens. Indeed, methanol and ethanol present in saliva samples has been

65 previously determined by GC-FID, with the proposition for extending the approach  
66 from confirmatory analyses to routine application in toxicology laboratories[8].

67 This research focussed on methanol, ethanol, ethylene glycol, 1,3-propandiol and  
68 GHB. Ethanol toxicity is dependent on individual tolerance and use, although levels  
69 greater than 3 g.dm<sup>-3</sup> to 4 g.dm<sup>-3</sup> may be fatal due to respiratory depression and  
70 blood ethanol concentrations between 500 mg.dm<sup>-3</sup> and 700 mg.dm<sup>-3</sup> may be  
71 considered to be the highest that may be tolerated without neurological effects [9].  
72 Methanol, may cause metabolic acidosis, neurologic injuries, and death when  
73 ingested and blood-serum methanol levels greater than 200 mg.dm<sup>-3</sup> correlate with  
74 ocular injury, while the minimal lethal dose of methanol in adults is believed to be  
75 340 mg kg<sup>-1</sup> of body weight [10]. Ethylene glycol is moderately toxic and its toxic by-  
76 products first affect the central nervous system, then the heart, and finally the  
77 kidneys. Current recommendations are that treatment with Fomepizole is initiated  
78 immediately if serum concentrations of methanol or ethylene glycol exceed 200  
79 mg.dm<sup>-3</sup>. In contrast ingestion of 1,3-propandiol is not as serious and large  
80 quantities are required to cause perceptible health damage in humans with blood-  
81 plasma concentrations over 4 g.dm<sup>-3</sup> associated with serious harm [11]. GHB has  
82 useful therapeutic uses such as treating narcolepsy, however it is also a drug of  
83 abuse and is associated with assault. The therapeutic range is narrow and  
84 accidental overdosing is a common cause of injury with potentially fatal outcomes,  
85 normally associated with cardiorespiratory arrest [12].

86 The current work sought to extend the earlier TD-GC-DMS study to include a semi-  
87 quantitative diagnostic screen of alcohol toxicants and GHB based on a non-  
88 invasive saliva sampling methodology and establish if direct extraction from saliva  
89 to a polydimethylsilicone coupon [13] with recovery and analysis by TD-GC-DMS was  
90 feasible. The DMS platform was chosen as this technique has been demonstrated  
91 to be effective for the rapid, robust and sensitive detection and quantitation of  
92 alcohols in low resource settings [14].

## 93 **Experimental**

### 94 **Ethics, participant preparation and saliva sampling.**

95 It is helpful to note at the outset that the volunteers who participated in this  
96 research were not exposed to any chemical hazard(s). The study was conducted in

97 accordance with the ethical principles of Good Clinical Practice and the Declaration  
98 of Helsinki. The local ethics committee (Ethical Advisory Committee, Loughborough  
99 University, Loughborough, LE11 2DT) approved the studies (References G10-P23  
100 and G10-P24) Three healthy adult male non-smokers volunteered to participate in  
101 this study and gave written informed consent. The participants were recruited from  
102 Loughborough University staff, students and their social networks. Each participant  
103 provided two samples throughout the experimental campaign.

104 On the morning of their study visit the participant were asked not to: brush their  
105 teeth; use any personal care products, or eat breakfast. Participants were also  
106 asked to only drink cold water, and refrain from flavoured, caffeinated, or drinks  
107 containing fruit juice(s). All saliva samples were taken in an in-vivo sample station  
108 located in a small internal room, where privacy was ensured, at the Centre for  
109 Analytical Science at the Chemistry Department of Loughborough University. A  
110 chaperone, of the same gender as the participant, was present during sample  
111 collection and access was restricted to only those researchers and participants  
112 involved in the sampling process. After an introduction to the study the participants  
113 were familiarised with the passive drool approach that was used to obtain a sample  
114 of their saliva [13], before proceeding to provide approximately 10 cm<sup>3</sup> of saliva.  
115 The participants sat with their head tilted forward to cause saliva to pool at the front  
116 of their mouth and then drain from their lips into a glass collection vial. On  
117 completion of sampling the vial was sealed promptly with a Teflon™ faced screw-top  
118 cap. Immediately after sampling the saliva was transferred to the laboratory where  
119 1.8 cm<sup>3</sup> aliquots of the saliva sample was pipetted into 2 cm<sup>3</sup> chromatography  
120 vials, which were sealed immediately with a screw cap fitted with a silicone septum.  
121 These saliva aliquots were used immediately, within 3 hr of collection and  
122 maintained at ambient temperature (20°C ± 2°C) until disposal. Saliva residues  
123 were disposed immediately after use by diluting with a disinfectant solution and  
124 rinsed down a sink with a copious flow of running water. No cells or DNA were  
125 retained or stored.

## 126 **Chemicals**

127 Ethanol, methanol, ethylene glycol, 1,3-propandiol , sodium chloride (purity of these  
128 compounds ≥99.8%) and butanoic acid, 4-hydroxy-, ammonium salt (GHB) in  
129 methanol (1 mg.cm<sup>-3</sup>) were obtained from Sigma Aldrich; see Table 1. He carrier gas

130 was obtained from BOC, UK, and purified by passing through two triple-bed gas  
131 purifiers mounted in series (Thames Restek). Nitrogen was generated on site (PEAK  
132 Scientific, UK, model nk-10L-HP) and purified by passing through a charcoal  
133 adsorbent-bed gas-purifier (Varian), a moisture filter (Varian), and a triple-bed gas  
134 purifier (Thames Restek), all mounted in series. Water (>18M $\Omega$ ) was generated on  
135 site.

### 136 **PDMS saliva sampler.**

137 A titanium cylinder (6 mm long, 2 mm o.d. C-SPTD5-6MM Markes International Ltd)  
138 coated on the internal and external surfaces with polydimethylsiloxane (internal wall  
139 thickness 1  $\mu$ m and external wall thickness 0.5 mm). was used to recover VOCs  
140 from the saliva. This approach has been described previously for the in-vivo  
141 sampling of Saliva VOCs [13]. The saliva sampler was prepared by cleaning with  
142 Milton® sterilising liquid (Suffolk, UK) and then rinsing with deionised water before  
143 conditioning under vacuum at 190 °C for 15 hr. Once conditioned the PDMS rods  
144 were inserted into a cleaned and conditioned glass thermal desorption tube and  
145 thermally desorbed for 10 min at 190 °C; the resultant GC-MS trace provided  
146 verification that the PDMS sampling media was free of contamination. On removal  
147 from the thermal desorption unit the thermal desorption tube containing the PDMS  
148 coated titanium cylinder was immediately capped, sealed and stored at 4 °C.  
149 Before use the saliva-samplers were thermally desorbed again under the conditions  
150 in Table 3 to remove any traces of possible VOC contamination that may have  
151 occurred during storage and to provide further verification that the sampler was free  
152 of contamination.

### 153 **Instrumentation**

154 Two instrument configurations were used in this study. Method development and  
155 calibration were undertaken using liquid injections to a GC-DMS. Characterisation of  
156 the recovery of the analytes from spiked saliva samples was undertaken using a  
157 thermal desorption unit interfaced to the GC-MS (Figure 1).

158 Multi-linear regression was used to optimise the differential mobility spectrometer  
159 operating parameters of: dispersion-field; temperature; number of compensation-  
160 field steps; and compensation-field step duration (DOE PRO XL Software for  
161 Microsoft Excel, SigmaZone). Data were generated from a central composite design

162 (CCD) with each of the 4 factors at 4 levels with replicates at five different  
163 concentrations, see Table 2 [15]. The DMS parameters were optimised for  
164 maximum sensitivity while maintaining “satisfactory” resolution between the ion  
165 clusters generated within the  $^{63}\text{Ni}$  ionisation source see Table 3, and Figures 2, 3  
166 and 4.

167 Calibration of the DMS under optimised conditions was undertaken using gas  
168 chromatography to introduce known on-column masses of the analytes injected in a  
169 solution of dichloromethane, Figure 1 and Table 3. A 30 m long wall-coated open-  
170 tubular capillary GC column with an internal diameter of 0.32 mm and a 0.5  $\mu\text{m}$   
171 thick trifluoropropylmethylpolysiloxane stationary phase (Rtx-200MS, Restek, UK)  
172 was interfaced to a DMS with a heated transfer-line configured as a sheath flow  
173 interface [16] made from a 20 cm length of  $\frac{1}{4}$ ” stainless steel tubing with the GC-  
174 column axially aligned within the tube. The transfer-line was heat-traced with  
175 heating tape and maintained at 100°C.

176 The DMS used in the study was a planar device (SDP-1 Sionex, MS USA) with a 0.5  
177 mm gap between the two parallel electrodes and a 5.9 MBq  $^{63}\text{Ni}$  ionisation source.  
178 The DMS was controlled through a virtual instrument (Sionex DMx Expert, Version  
179 2.4.0) run on the Dell laptop (Inspiron, 4000) The data were saved to a Microsoft  
180 Excel spreadsheet file for post-run processing. The transport gas was purified  
181 nitrogen with water concentrations maintained in the range 22.5 to 26.3  $\text{mg}\cdot\text{m}^{-3}$   
182 (Panametrics Series 35 hygrometer)

183 A two-stage thermal desorption unit (Markes International Unity 2,) was used to  
184 recover VOC extracts from saliva samples with a cold trap for refocusing the  
185 recovered VOCs packed with a mixed bed of Tenax TA and Carbograph 1TD. The 1.5  
186 m long transfer line to the GC-column was a deactivated methyl-capped capillary  
187 column (Restek, UK) with an internal diameter of 0.23 mm i.d. maintained at  
188 110°C.

### 189 **Characterisation of spiked saliva samples**

190 The concentration ranges used in this study are summarised in Table 4. A 100  
191  $\text{mg}\cdot\text{cm}^{-3}$  aqueous stock solution of ethanol, methanol, ethylene glycol, and 1,3-  
192 propandiol was prepared and aliquots of the volumes required to generate the  
193 required concentrations were spiked into the saliva samples within three hours of

194 the saliva being collected. To account for the lower concentration of the GHB  
195 standard, and to maintain a constant saliva background in the GHB  
196 characterisation experiments a different approach was adopted. Here 0.9 cm<sup>3</sup> of  
197 the saliva was used, and spiked with the required aliquot volume of the 1 mg cm<sup>-3</sup>  
198 GHB methanolic solution, before the volume was made up to 1.8 cm<sup>3</sup> with  
199 physiological saline (NaCl<sub>(aq)</sub> 8.5 g.dm<sup>-3</sup>). The ammonia present in the saliva and the  
200 GHB salt co-eluted with methanol and suppressed the formation of methanolic  
201 product ions (Ammonia has a higher proton affinity than methanol). This  
202 interference was eliminated by the addition of 150 µl of 8 % HCL solution into the  
203 saliva samples before the sampling rod was placed into the vial.

204 Once the analytes had been added the saliva standards were homogenised.  
205 Immediately this had been done a PDMS coated titanium cartridge was removed  
206 from its sealed thermal desorption tube and placed into the vial, which was then  
207 sealed immediately. It was important that this procedure was undertaken in a fast  
208 and reproducible manner to minimise the effects of evaporative losses in the study.  
209 The sealed vial was then placed into a heating-block, maintained at 37 °C for 10  
210 minutes. At the end of the extraction-time the vial was uncapped and the PDMS  
211 coated titanium cartridge was removed with stainless steel tweezers and excess  
212 fluid removed by gently wiping it with a lint-free wipe ('Kimcare' Kimberly-Clark  
213 Professional, UK). The PDMS coated titanium cartridge was then placed  
214 immediately into its glass thermal desorption tube and analysed. Cross-  
215 contamination checks were run by taking blank runs between every measurement.

## 216 **Results and discussion**

### 217 **Evaluation of responses**

218 Figure 2 shows the GC-DMS response surfaces from methanol (A), ethanol (B),  
219 ethylene glycol (C), 1,3-propandiol(D) and GHB (E) at three levels of column-loading  
220 that span the ranges of analyte concentrations associated with the physiological  
221 thresholds of these compounds. The four dispersion-field levels used (Table 3)  
222 enabled analytical responses to be resolved

223 Figure 3 shows background subtracted differential mobility spectra obtained from  
224 the responses shown in Figure 2 for methanol (A), ethanol (B) and ethylene glycol  
225 (C), while Figure 4 compares the responses for 1,3-propandiol(D) and GHB (E). The

226 dotted lines in these figures indicate the boundary of the reactant ion peak that was  
227 removed by the background subtraction in the data processing. The observed  
228 responses were complicated with shifts in compensation-field maxima with  
229 increasing concentration, and the generation of features embedded within the  
230 reactant ion peak that were only discernible after background subtraction. Such  
231 phenomena were indicative of the formation of fragment ions and, or, “auto-  
232 modification” of the alpha functions of the product ion.

233 With a dispersion-field of  $25 \text{ kV.cm}^{-1}$  and a column-loading of  $10.2 \text{ ng}$ , methanol  
234 yielded a single peak attributed to a hydrated protonated monomer cluster ion at a  
235 compensation-field of  $-444 \text{ V.cm}^{-1}$ , that was partially obscured within the reactant  
236 ion peak. Reducing the column-loading to  $2.0 \text{ ng}$  resulted in a compensation-field  
237 shift for the hydrated protonated monomer cluster ion to  $-439.6 \text{ V.cm}^{-1}$ . At a lower  
238 limit of a  $0.20 \text{ ng}$  column-loading, only one peak was observed at  $-439.6 \text{ V.cm}^{-1}$ .  
239 These observations are consistent with an increase in the alpha-function [17] of a  
240 hydrated protonated methanol cluster ion with increasing methanol concentration  
241 [18] (modification of the transport gas. At a dispersion-field of  $(18 \text{ kV cm}^{-1})$  ethanol  
242 also yielded a complicated response with features consistent with the generation of  
243 fragment ions overlaid with unresolved hydrated protonated monomer cluster ions,  
244 and hydrated proton-bound cluster ions, observed to fall at approximately  $-154.2$   
245  $\text{V.cm}^{-1}$  for the hydrated protonated monomer cluster-ion and  $-122.8 \text{ V.cm}^{-1}$  for the  
246 proton-bound dimer cluster ion. Two features attributed to fragment ions were  
247 observed to be obscured within the reactant ion peak. One was at a compensation-  
248 field of  $-238 \text{ V.cm}^{-1}$  at a column-loading  $40.7 \text{ ng}$  and  $-230 \text{ V.cm}^{-1}$  at column-loadings  
249 of  $15.3 \text{ ng}$  and  $5.1 \text{ ng}$ . The other was present at  $-216.6 \text{ V.cm}^{-1}$  at  $40.7 \text{ ng}$ , shifting to  
250  $-207.6 \text{ V.cm}^{-1}$  at  $15.3 \text{ ng}$  and  $5.1 \text{ ng}$ .

251 At a dispersion-field of  $22 \text{ kV.cm}^{-1}$  ethylene glycol produced a clearly resolved  
252 feature at  $-51.6 \text{ V.cm}^{-1}$ , attributed to a proton-bound dimer cluster ion, along with  
253 two features obscured by the reactant ion peak. The weakest of these features,  
254 completely obscured by the reactant ion peak was observed at a compensation-field  
255 of  $-403.8 \text{ V.cm}^{-1}$  across the range of column-loadings with no indication of auto-  
256 modification observed. However, the other feature, partially obscured by the  
257 reactant ion peak, was observed to shift from a compensation-field of  $-359.2 \text{ V.cm}$   
258  $^{-1}$ , with a column-loading of  $81 \text{ ng}$ , to  $-337 \text{ V.cm}^{-1}$  with a column loading of  $14.3 \text{ ng}$ .



259 The lowest column loading applied generated a low intensity split peak that  
260 straddled  $-337.4 \text{ V.cm}^{-1}$ . At the same dispersion-field ( $22 \text{ kV.cm}^{-1}$ ) 1,3-  
261 propandiol yielded two features, both resolved from the reactant ion peak. The peak  
262 at a compensation-field of  $15.4 \text{ V.cm}^{-1}$  was attributed to a proton bound dimer ion  
263 cluster. The feature attributed to a hydrated monomer-ion cluster was observed to  
264 shift to more negative compensation-fields with increasing column-loading. At  $80 \text{ ng}$   
265 the peak maximum was at a compensation-field of  $-283.4 \text{ V.cm}^{-1}$ , shifting to  $-261.2$   
266  $\text{V.cm}^{-1}$  when the column-loading was reduced to  $2.7 \text{ ng}$ .

267 GHB also showed complex behaviour with a dispersion-field of  $23 \text{ kV.cm}^{-1}$ . In  
268 addition to well-resolved hydrated protonated monomer cluster ions and proton-  
269 bound dimer cluster ions, fragment ions obscured within the RIP envelope were also  
270 evident, and the compensation-field maxima of these fragment ions shifted with  
271 increasing column-loading of GHB. Hydrated protonated monomer cluster ions had  
272 a compensation field peak maximum at  $-131.8 \text{ V.cm}^{-1}$  and the proton-bound dimer  
273 compensation-field maxima was observed at  $33.2 \text{ V.cm}^{-1}$ . No discernible trend in a  
274 shift in compensation-field maxima was observed with column loading for the  
275 hydrated protonated monomer cluster ion, and the proton-bound dimer was not  
276 formed at the lowest column loading of  $0.51 \text{ ng}$ . At a column loading of  $12.9 \text{ ng}$  two  
277 unresolved fragment ions were discernible within the RIP envelope. The most  
278 intense feature was at  $310.2 \text{ V.cm}^{-1}$  with a shoulder at  $-296.8 \text{ V.cm}^{-1}$ . Reducing the  
279 column loading to  $1.9 \text{ ng}$  resulted in a single fragment ion with a compensation-field  
280 peak maximum at  $-301.2 \text{ V.cm}^{-1}$  and at a column loading of  $0.51 \text{ ng}$  the fragment  
281 ion was still observable with a compensation-field peak maximum of  $-288 \text{ V.cm}^{-1}$ .

282 Despite the complexity of the responses it was possible to generate well resolved  
283 and analytically useful chromatographic peaks, see Figure 5. The chromatograms  
284 for ethylene glycol, 1,3-propandiol and GHB were generated by integration of the  
285 differential mobility spectra across the proton-bound dimer ion features and the  
286 hydrated protonated monomer responses, and these are shown as discrete traces  
287 in Figure 5 overlaid with the summed chromatographic response. For ethanol and  
288 methanol the chromatograms were generated by integration of the complicated  
289 features that contained hydrated protonated monomers and proton-bound dimer  
290 ions. Figure 5 shows the intensities of the peaks reflecting the differences in the  
291 ionisation efficiencies as well as the column-loadings of the five compounds. Of

292 particular note was the behaviour of ethylene glycol with a peak shape that  
293 indicated a saturated response with significantly lower sensitivity compared to the  
294 other four compounds.

### 295 **Calibration**

296 Calibration of the differential mobility spectrometer was based on the peak volumes  
297 for the proton-bound dimer ion responses for the two glycols and GHB. The ethanol  
298 calibration was based on the integration of the complicated feature containing  
299 unresolved hydrated protonated monomers ion clusters and proton-bound dimer  
300 ions while the methanol calibration peak volume was taken from the proton-bound  
301 monomer ion response. Table 4 summarises the calibration parameters data.

### 302 **Saliva analysis**

303 The responses obtained from saliva spiked with a range of concentrations of the  
304 analytes are summarised in Figure 6 and Figure 7. The chromatography contained  
305 substantial numbers of recovered compounds from the saliva sample, nevertheless  
306 it was possible to identify the analytes reliably based on their compensation field  
307 and retention times.

308 The intensities of the responses observed reflected the combined interactions of:  
309 the adsorption/absorption behaviour of the analytes onto/into the PDMS sampler  
310 medium; the product ion dynamics noted above of the five compounds; and  
311 interactions with the saliva matrix. Matrix interactions in drooled saliva are  
312 problematic in that microbiological activity and stability of the analytes are likely to  
313 be related to the analyte's concentration and will have a time dependent element.  
314 Further the physical chemical properties of the saliva may also vary between  
315 samples. The previous study with this sampler contrasted the responses obtained  
316 from drooled saliva samples against those obtained by sampling directly in the  
317 mouth, under the tongue next to the salivary glands. Sampling in the mouth was  
318 found to be more sensitive and more reproducible than adopting a passive drool  
319 approach. Further, obtaining a passive drool sample requires significantly more  
320 patient / participant training and compliance than placing a small rod under their  
321 tongue and as such is likely to be a more practical approach to working with  
322 patients/participants who may have analytes at levels high enough to be a cause of  
323 concern for their safety and welfare [13]. Nevertheless the adoption of a passive

324 drooled-saliva approach enabled a matrix that approximated the intended sampling  
325 conditions to be acquired safely and practicably. Finally, the loss of the more  
326 volatile methanol and ethanol to the saliva headspace and hence from the  
327 experiment also needs to be acknowledged as a methodological weakness.

328 The fragmentation behaviour observed during the method development stage with  
329 liquid injections was not observed in the saliva studies. The presence of other  
330 closely eluting components within the chromatogram made background subtraction  
331 problematic and subsequently it was not possible to investigate fragment ion  
332 artefacts with confidence. The on-column masses of methanol recovered were  
333 estimated to fall in the range 0.35 ng to 3 ng over the range 100 mg.dm<sup>-3</sup> to 2 g.dm<sup>-3</sup>  
334 and similarly for ethanol the on-column masses were estimated to fall in the range  
335 29 ng to 42ng. Recoveries for ethylene glycol fell were lower with up to 7 ng  
336 obtained at high saliva loadings of 3 g.dm<sup>-3</sup>, contrasted with 1,3-propandiol  
337 recoveries of up to 22 ng at the same level. GHB was the most efficiently recovered  
338 from saliva with 10 ng recovered at 100 mg.dm<sup>-3</sup> increasing to an estimated on-  
339 column mass of 34 ng at 400 mg.dm<sup>-3</sup>.

#### 340 **Conclusion.**

341 This pilot study demonstrates the effective recovery, detection and semi-  
342 quantitative estimation of all the analytes of interest to this work. This represents a  
343 potentially useful methodological advance in the rapid assessment of alcohol  
344 toxicity and embodied within a TD-GC-DMS or a TD-GC-IMS for it provides a fieldable  
345 approach for a rapid screen and evaluation protocol for alcohols present at toxic  
346 levels from a single non-invasive sample. This has not been possible previously and  
347 has the potential for the development of point-of-care toxicity assessment in  
348 emergency room settings. Indeed this study, in concert with others, is developing  
349 the concept of extending volatile biomarker measurement from breath to a range of  
350 excretory routes. There are instances when breath sampling might be problematic  
351 (a propensity for an inebriated patient to vomit for instance) and as such skin and  
352 saliva offer alternative routes and techniques for studying and exploiting the  
353 tissue/blood/breath-skin-saliva excretion mechanics for non-invasive diagnostics  
354 [17].

355 The apparently simplicity of the analytes belies significant complexity in the ion  
356 chemistries associated with their detection using ambient ionisation or radioactive  
357 ionisation approaches. Earlier mass spectrometric studies with alcohols have  
358 identified the formation of fragment ions associated with proton transfer ionisation  
359 approaches [18, 19 and 20]. The presence of signals due to product ion  
360 fragmentation would not appear to be without precedent. The alcohol product ions,  
361 and their fragment ions, are highly mobile and therefore are associated closely with  
362 the water-based reactant ion signals. Increasing resolution between the reactant  
363 ion signal and analyte signals by increasing the dispersion field strength has the  
364 combined effect of reducing the analytical sensitivity by reducing the analytical area  
365 of the ion filter while at the same time promoting fragmentation reactions [21  
366 and 22]. The possible ion fragmentation of GHB has not been reported previously.

367 Compensation field maximum shifts attributable to the auto-modification of the  
368 transport gas by analyte neutrals was also observed and this is an area that will  
369 require further investigation to characterise it completely.

370 The study of fragmentation mechanisms, products and their ramifications for  
371 alcohol determination by differential mobility spectrometry along with the  
372 development of detection and signal processing algorithms to enable peak-shift  
373 from auto-modification of the differential mobility transport gas to be handled  
374 efficiently are logical next steps in the development of this area. In parallel to such a  
375 study will be the refinement of the methodology to reduce the chromatographic run  
376 time to less than 300 s, and the continued development of the sampling approach  
377 to reduce the sampling time so that a total analytical run time of 600s might be  
378 achieved. This would to enable the delivery of a clinical pilot study within an  
379 appropriate poisons unit to assess the efficacy of this approach in patients,  
380 benchmarked to current gold-standard toxicity screens.

381

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## 389 **References**

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RAPID AND NON-INVASIVE METHOD TO DETERMINE TOXIC LEVELS  
OF ALCOHOLS AND  $\gamma$ -HYDROXYLBUTYRIC ACID IN SALIVA SAMPLES  
BY GAS CHROMATOGRAPHY-DIFFERENTIAL MOBILITY  
SPECTROMETRY  
TABLES

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**Table 1** Summary of chemicals used in the experimental procedure.

| <b>Compound</b>    | <b><i>IE</i>/ eV</b> | <b><i>PA</i>/ kJ.mol<sup>-1</sup></b> | <b><i>T<sub>Bp</sub></i>/ °C</b> | <b>CAS</b> | <b>Formula</b>  |
|--------------------|----------------------|---------------------------------------|----------------------------------|------------|---|
| Methanol           | 10.84                | 754.3                                 | 64.7                             | 67-56-1    | CH <sub>3</sub> OH  |
| Ethanol            | 10.48                | 776                                   | 72.6                             | 64-17-5    | C <sub>2</sub> H <sub>5</sub> OH  |
| Ethylene glycol    | 10.55                | 815                                   | 197.3                            | 107-21-1   | C <sub>2</sub> H <sub>6</sub> O <sub>2</sub>                                    |
| 1,3-propandiol     | 10.80                | 876.2                                 | 182.2                            | 57-55-6    | C <sub>3</sub> H <sub>8</sub> O <sub>2</sub>                                    |
| <sup>(1)</sup> GHB | n.f.                 | n.f.                                  | 295.6                            | 591-81-1   | {C <sub>4</sub> H <sub>7</sub> O <sub>3</sub> }·{NH <sub>4</sub> } <sup>+</sup> |

**Note:** *IE*: ionization energy, *PA*: proton affinity, *T<sub>Bp</sub>*: boiling point. n.f: data not found.

<sup>(1)</sup> Obtained as a methanolic solution of concentration 1 mg.cm<sup>-3</sup> in CH<sub>3</sub>OH.



Table 2. Top: DMS factor levels selected for response optimisation study,

Bottom operational parameters selected (predicted from multiple linear regression)

| Ref | $E_d/kV.cm^{-1}$ | $T/^\circ C$ | $N$ | $\delta/ms$ | Ref | $E_d/kV.cm^{-1}$ | $T/^\circ C$ | $N$ | $\delta/ms$ |
|-----|------------------|--------------|-----|-------------|-----|------------------|--------------|-----|-------------|
| 1   | 20               | 80           | 50  | 10          | 14  | 25               | 120          | 50  | 50          |
| 2   | 20               | 80           | 50  | 50          | 15  | 25               | 120          | 100 | 10          |
| 3   | 20               | 80           | 100 | 10          | 16  | 25               | 120          | 100 | 50          |
| 4   | 20               | 80           | 100 | 50          | 17  | 22.5             | 100          | 75  | 30          |
| 5   | 20               | 120          | 50  | 10          | 18  | 22.5             | 100          | 75  | 30          |
| 6   | 20               | 120          | 50  | 50          | 19  | 20               | 100          | 75  | 30          |
| 7   | 20               | 120          | 100 | 10          | 20  | 25               | 100          | 75  | 30          |
| 8   | 20               | 120          | 100 | 50          | 21  | 22.5             | 80           | 75  | 30          |
| 9   | 25               | 80           | 50  | 10          | 22  | 22.5             | 120          | 75  | 30          |
| 10  | 25               | 80           | 50  | 50          | 23  | 22.5             | 100          | 50  | 30          |
| 11  | 25               | 80           | 100 | 10          | 24  | 22.5             | 100          | 100 | 30          |
| 12  | 25               | 80           | 100 | 50          | 25  | 22.5             | 100          | 75  | 10          |
| 13  | 25               | 120          | 50  | 10          | 26  | 22.5             | 100          | 75  | 50          |

| Compound        | $E_d/kV.cm^{-1}$ | $T/^\circ C$ | $N$      | $\delta/ms$ |
|-----------------|------------------|--------------|----------|-------------|
| Methanol        | 25               | 100 (108)    | 110 (60) | 10 (48)     |
| Ethanol         | 18               | 100 (80)     | 110 (60) | 10 (50)     |
| Ethylene glycol | 23               | 100 (100)    | 110 (75) | 10 (10)     |
| 1,3-propandiol  | 23               | 100 (120)    | 110 (75) | 10 (30)     |
| GHB             | 21               | 100          | 110      | 10          |

Note.  $E_d$  is the dispersion field (Some instruments use the term Radiofrequency Voltage.);  $T$  is the gas temperature within the ion filter, sometimes referred to as "cell" temperature;  $N$  is the number of steps in the differential mobility compensation field scan (defining the fidelity of the spectral features); and,  $\delta$  is the dwell time for each step in the compensation field scan (defining the sensitivity of the response). The combination of  $N$  and  $\delta$  defines the chromatographic performance of the system.

The heating and cooling rates of the DMS cell were too slow to enable multiple levels to be selected within a single chromatographic run. Further, switching the number of steps and step duration in the DMS spectra during a chromatographic run was not possible. Consequently mid-range levels were used.

**Table 3 Instrument parameters.**

| Parameter                                 | GC-DMS                            | TD-GC-DMS      | Units                              |
|---|-----------------------------------|----------------|------------------------------------|
| <b>Gas chromatograph conditions</b>       |                                   |                |                                    |
| Carrier gas                               | He                                | He             |                                    |
| Injection temperature                     | 200                               |                | °C                                 |
| Split flow                                | 10.2                              | see below      | cm <sup>3</sup> .min <sup>-1</sup> |
| Carrier gas flow                          | 1.5                               | 1.5            | cm <sup>3</sup> .min <sup>-1</sup> |
| Carrier gas pressure                      | 172                               | 172            | kPa                                |
| Phase                                     | trifluoropropylmethylpolysiloxane |                |                                    |
| Column length                             | 30                                | 30             | m                                  |
| Column diameter                           | 0.32                              | 0.32           | mm                                 |
| Phase thickness                           | 0.5                               | 0.5            | µm                                 |
| Temperature start                         | 30                                | 30             | °C                                 |
| Hold-time start                           | 1.5                               | 1.5            | min                                |
| Temperature ramp-1                        | 6                                 | 6              | °C. min <sup>-1</sup>              |
| End temperature-1                         | 60                                | 60             | °C                                 |
| Hold-time-1                               | 2                                 | 2              | min                                |
| Temperature ramp-2                        | 20                                | 20             | °C. min <sup>-1</sup>              |
| Temperature final                         | 180                               | 180            | °C                                 |
| Hold time final                           | 2                                 | 10             | min                                |
| <b>Differential mobility spectrometry</b> |                                   |                |                                    |
| Transport gas                             | N <sub>2</sub>                    | N <sub>2</sub> |                                    |
| Dispersion field frequency                | 1.2                               | 1.2            | MHz                                |
| Dispersion field mark space ratio         | 1:3                               | 1:3            |                                    |
| [H <sub>2</sub> O] in transport gas       | 22.5 to 26.3                      | 22.5 to 26.3   | mg.m <sup>-3</sup>                 |
| Transport gas flow rate                   | 300                               | 300            | cm <sup>3</sup> .min <sup>-1</sup> |
| DMS cell temperature                      | 100                               | 100            | °C                                 |
| Compensation field scan range             | -500 to 100                       | -500 to 100    | V.cm <sup>-1</sup>                 |
| Compensation field scan increment         | 109.1                             | 109.1          | V.cm <sup>-1</sup>                 |
| Compensation field scan dwell-time        | 10                                | 10             | ms                                 |
| Dispersion field start                    | 25                                | 25             | kV.cm <sup>-1</sup>                |
| Dispersion field start hold time          | 0 to 125                          | 0 to 125       | s                                  |
| Dispersion field step-1                   | 18                                | 18             | kV.cm <sup>-1</sup>                |
| Dispersion field step-1 hold time         | 125 to 185                        | 125 to 185     | s                                  |
| Dispersion field step-2                   | 23                                | 23             | kV.cm <sup>-1</sup>                |
| Dispersion field step-2 hold time.        | 185 to 600                        | 185 to 600     | min                                |
| <b>Thermal Desorption</b>                 |                                   |                |                                    |
| Tube purge duration                       |                                   | 1              | min                                |
| Tube purge flow                           |                                   | 32             | cm <sup>3</sup> .min <sup>-1</sup> |
| Tube purge temperature                    |                                   | 35             | °C                                 |
| Primary desorption temperature            |                                   | 180            | °C                                 |
| Primary desorption split                  |                                   | 0              | cm <sup>3</sup> .min <sup>-1</sup> |
| Primary desorption time                   |                                   | 5              | min                                |
| Cold trap low temperature                 |                                   | 0              | °C                                 |
| Secondary desorption temperature          |                                   | 300            | °C                                 |
| Secondary desorption split                |                                   | 12             | cm <sup>3</sup> .min <sup>-1</sup> |
| Secondary desorption time                 |                                   | 5              | min                                |

Table 4. Summary of the concentration ranges selected for the calibration of the DMS ( $[i]_{(liq)}$ ) and the subsequent aliquot volumes ( $V_{(s)}$ ) and the concentrations of the spiked saliva standards  $[i]_{(s)}$  used to characterise the recovery of the analytes from by TD-GC-IMS

| Compound        | $[i]_{(liq)}/\text{mg.dm}^{-3}$ | $B_0/V.s$ | $B_1/V.s.\text{ng}^{-1}$ | LoD*/ng | $R^2$ |
|-----------------|---------------------------------|-----------|--------------------------|---------|-------|
| Methanol        | 10 to 250                       | -0.02     | 0.27                     | 0.42    | 0.994 |
| Ethanol         | 250 to 1000                     | -8.22     | 0.28                     | 4.62    | 0.983 |
| Ethylene glycol | 100 to 500                      | -0.02     | 0.27                     | 0.52    | 0.994 |
| 1,3-propandiol  | 100 to 500                      | -0.48     | 0.30                     | 1.42    | 0.997 |
| GHB             | 20 to 500                       | -0.18     | 0.31                     | 0.63    | 0.995 |

Note: these ranges relate to the linear portion of the calibration range where the integrated peak volume (I) was given by:

$$I(V.s) = B_0(V.s) + B_1(V.s.\text{ng}^{-1});$$

\*, estimated from linear regression.

Figure 1

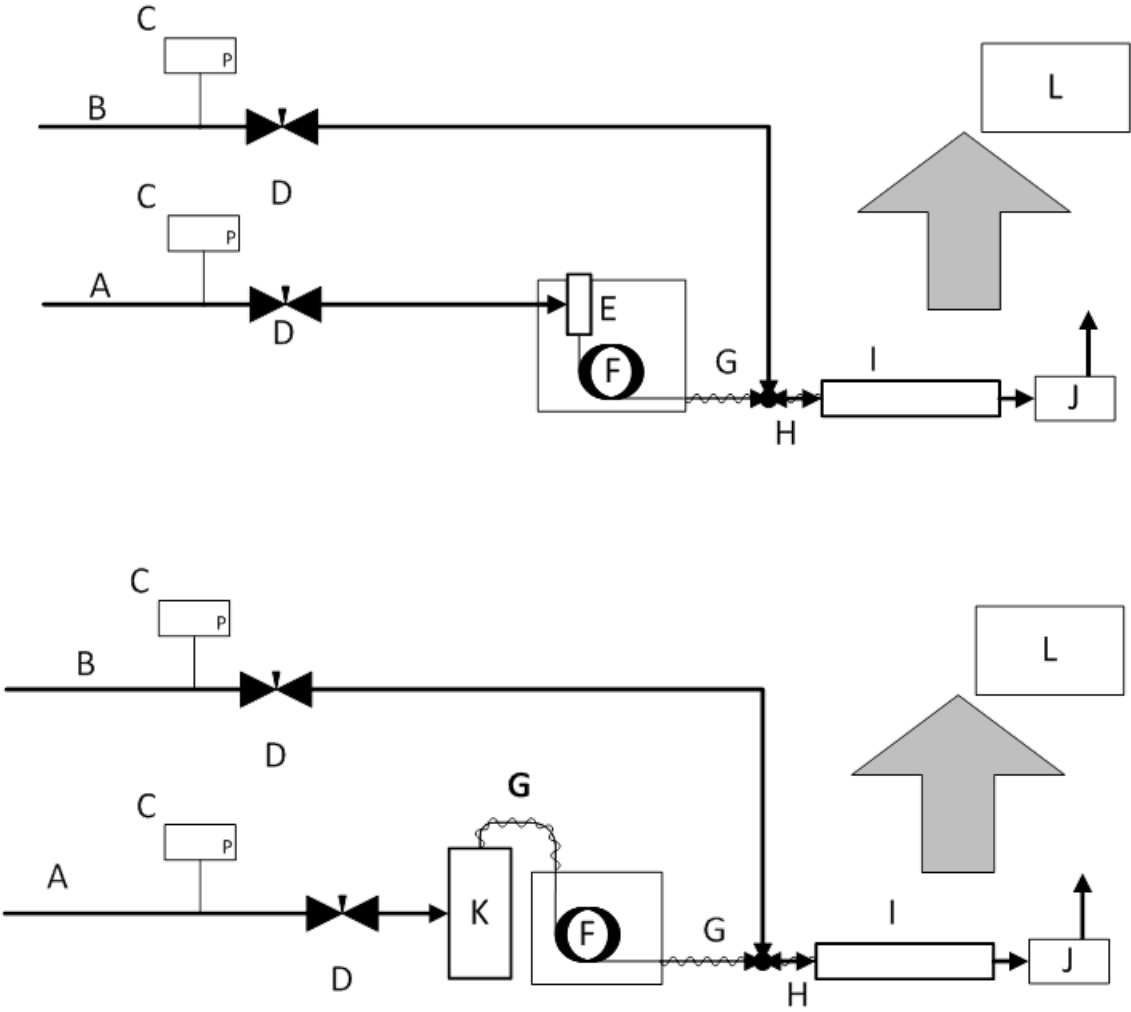


Figure 2

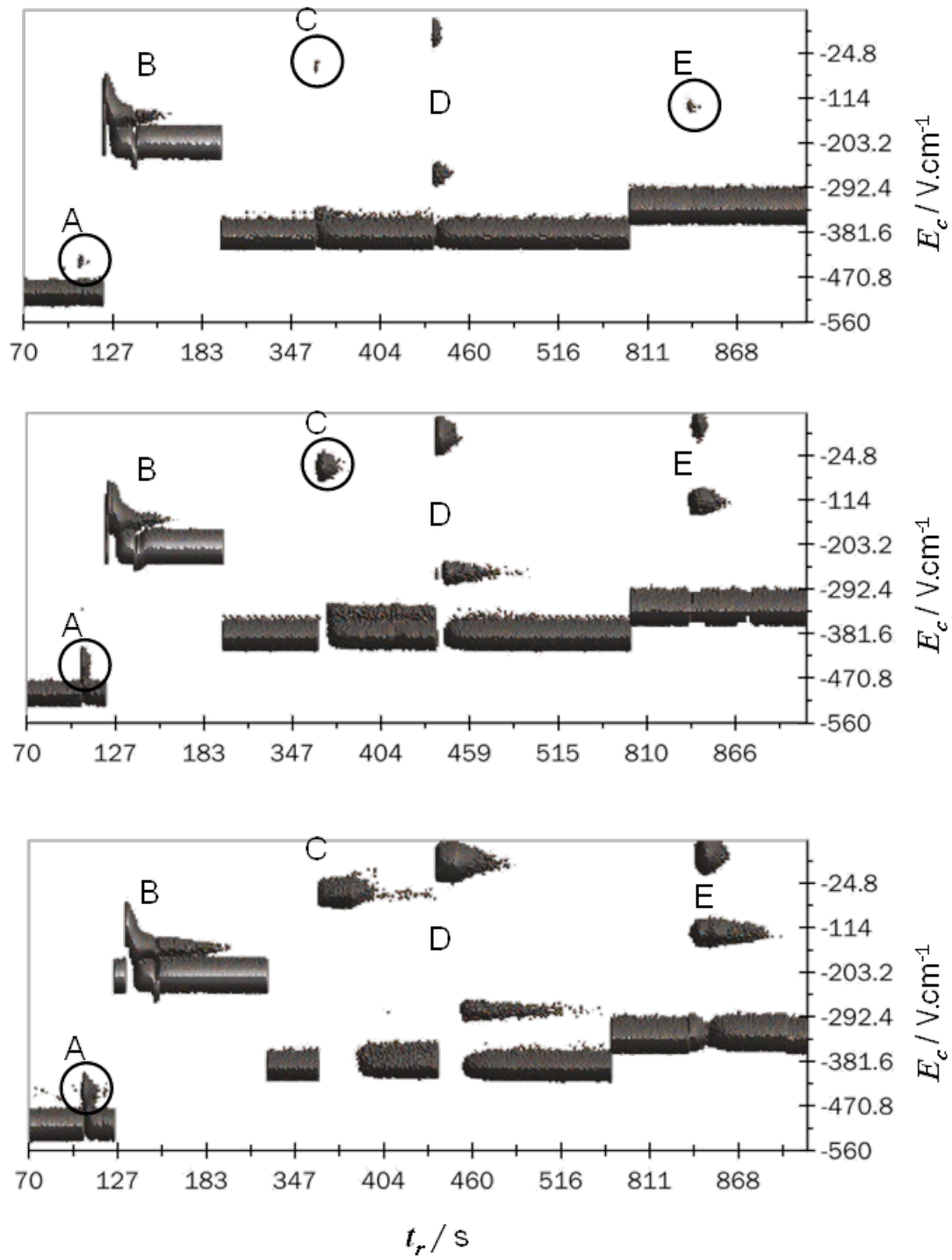


Figure 3

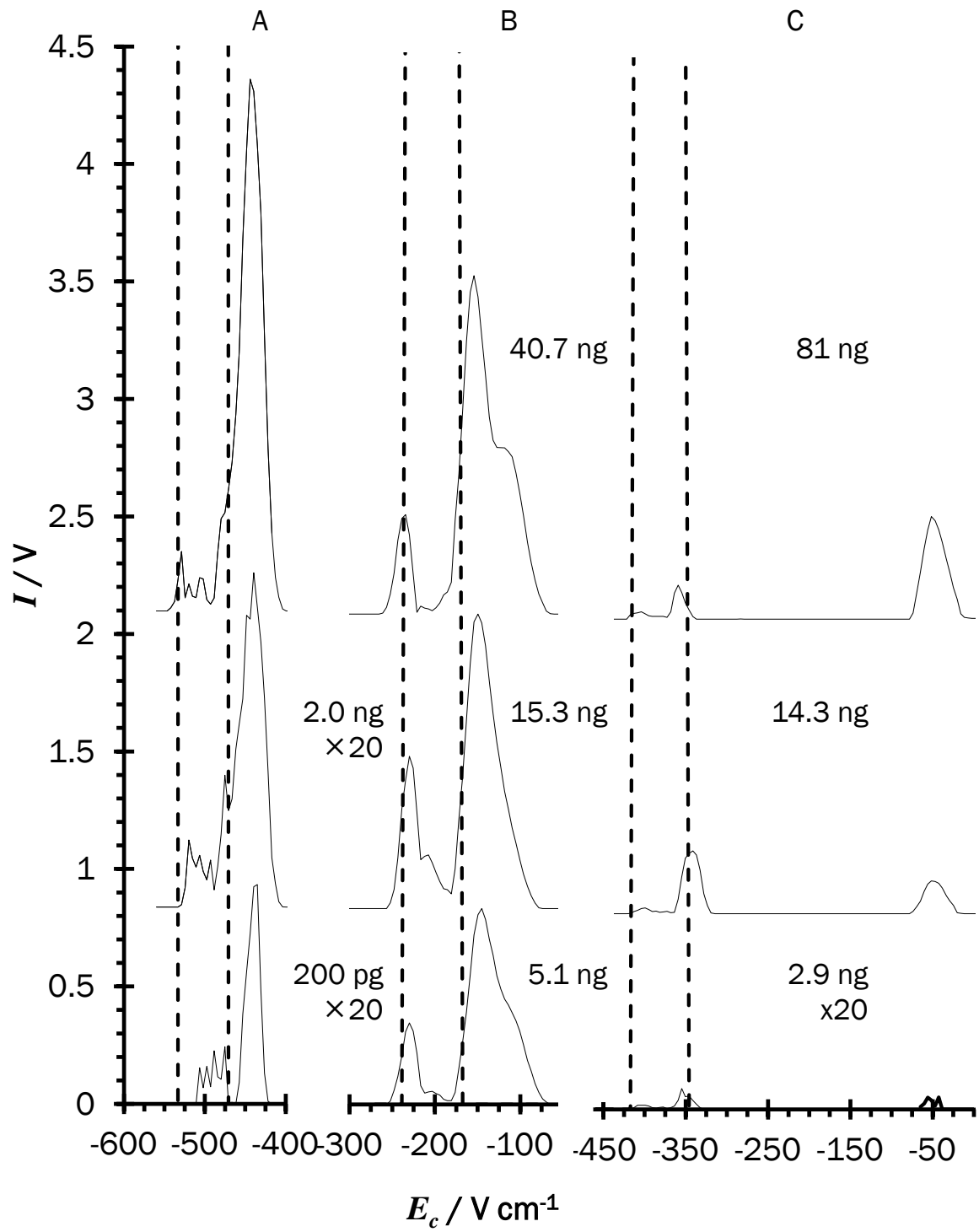


Figure 4

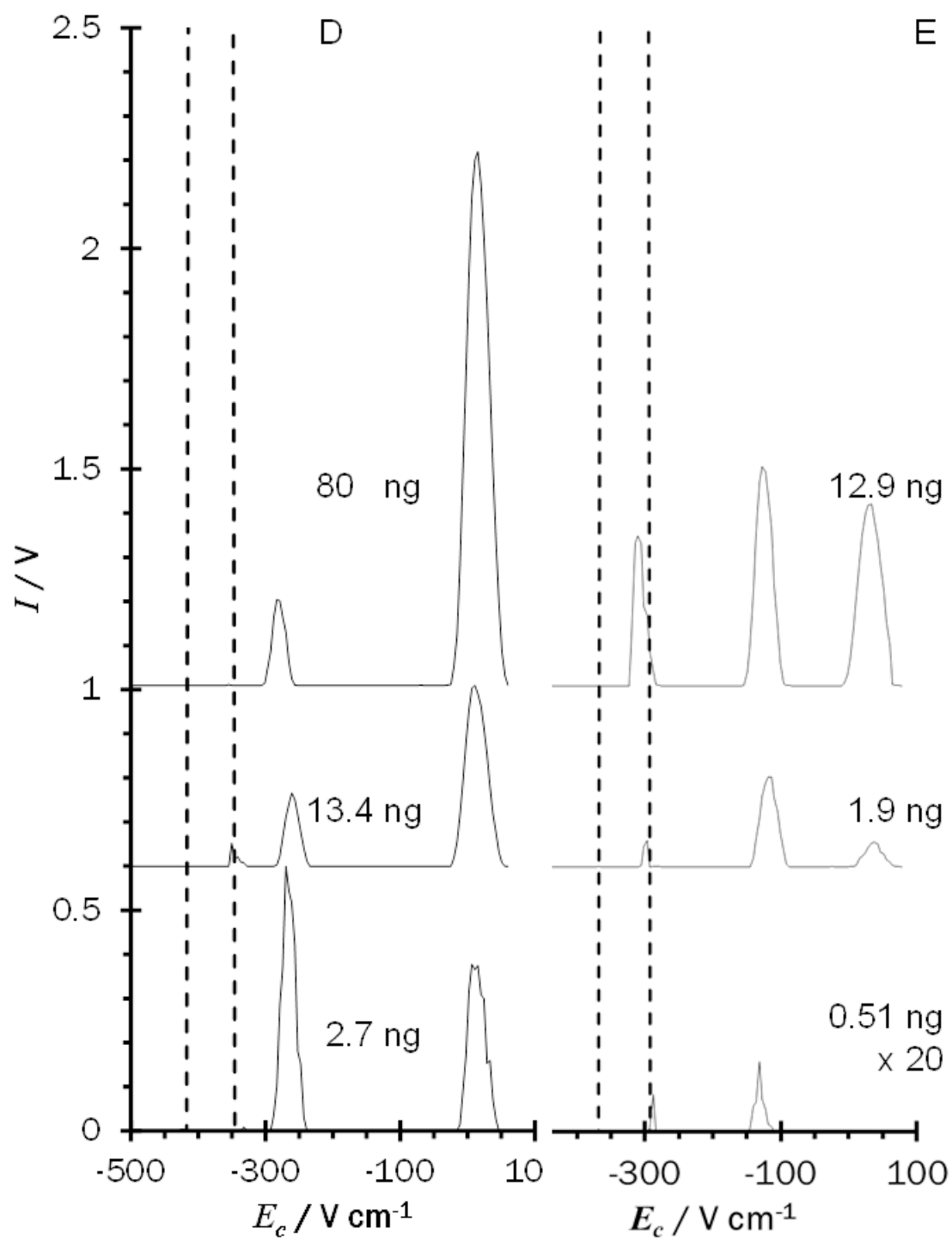


Figure 5

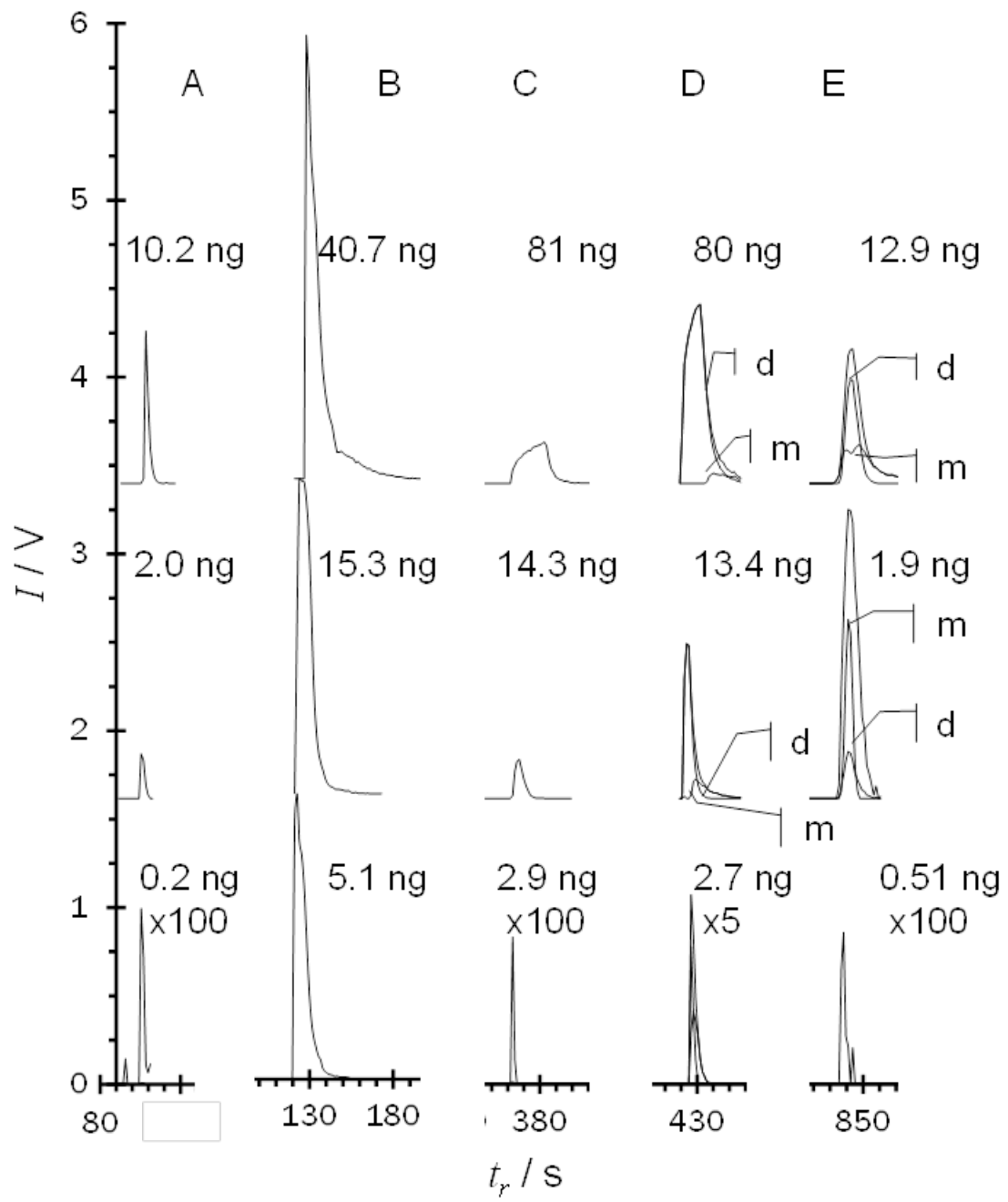




Figure 6

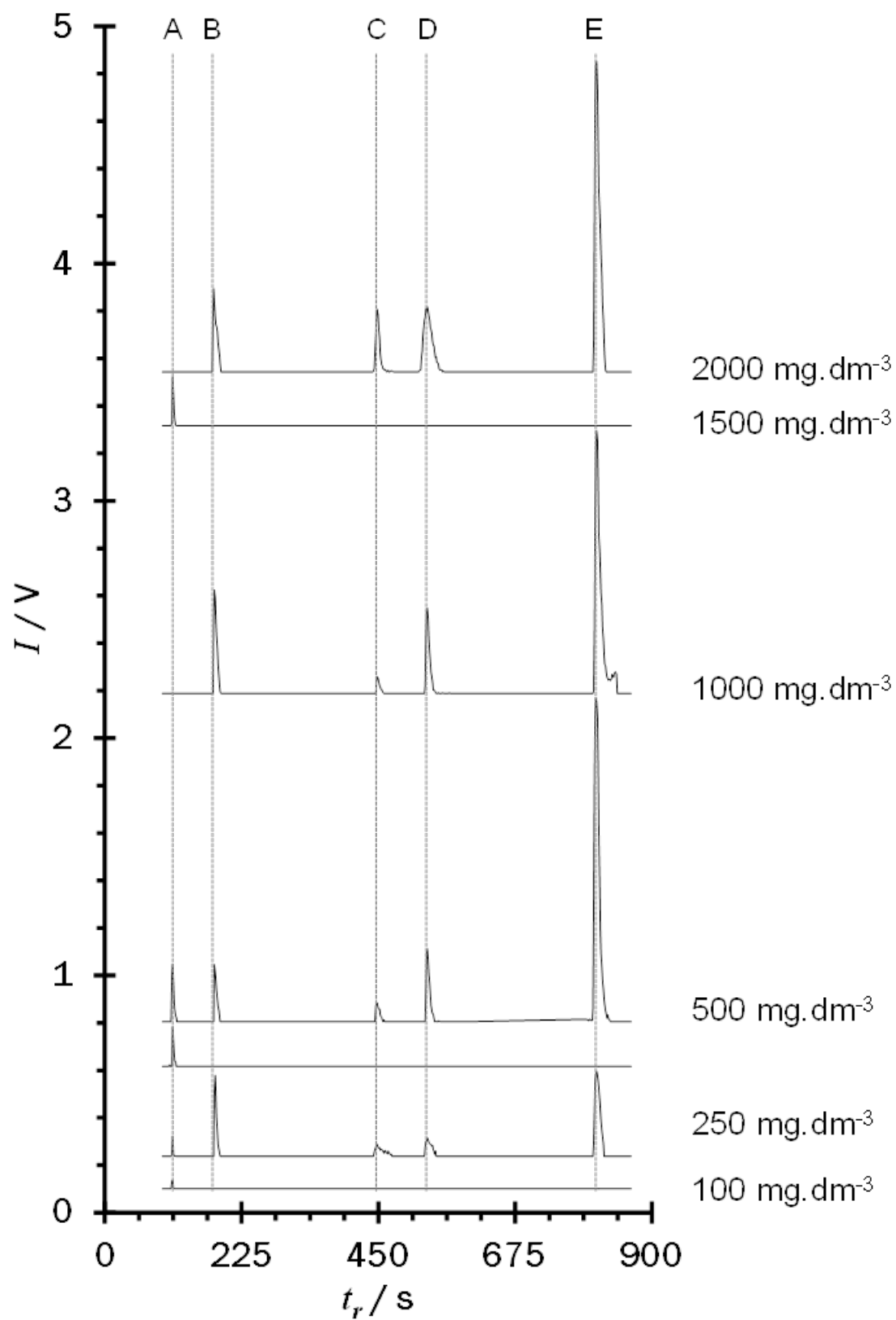


Figure 7

