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### PRIMARY RESEARCH PAPER

# Benthic and hyporheic macroinvertebrate distribution within the heads and tails of riffles during baseflow conditions

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**Abstract** The distribution of lotic fauna is widely acknowledged to be patchy reflecting the interaction between biotic and abiotic factors. In an in situ field study, the distribution of benthic and hyporheic invertebrates in the heads (downwelling) and tails (upwelling) of riffles were examined during stable baseflow conditions. Riffle heads were found to contain a greater proportion of interstitial fine sediment than riffle tails. Significant differences in the composition of benthic communities were associated with the amount of fine sediment. Riffle tail habitats supported a greater abundance and diversity of invertebrates sensitive to fine sediment such as EPT taxa. Shredder feeding taxa were more abundant in riffle heads suggesting greater availability of organic matter. In contrast, no significant differences in the hyporheic community were recorded between riffle heads and tails. We hypothesise that clogging of hyporheic interstices with fine sediments may have resulted in the homogenisation of the invertebrate

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community by limiting faunal movement into the hyporheic zone at both the riffle heads and tails. The results suggest that vertical hydrological exchange significantly influences the distribution of fine sediment and macroinvertebrate communities at the riffle scale.

**Keywords** Benthos · Hyporheos · Sedimentation · Connectivity · Hydrological exchange

### Introduction

The distribution of invertebrates in lotic ecosystems is typically patchy, often reflecting spatial patterns which are structured around physical, chemical and trophic processes (Silva et al., 2014; Gibbins et al., 2016; Verdonschot et al., 2016). Research examining lotic environments has typically focussed on longitudinal and lateral gradients (environmental and ecological) as exemplified through the river continuum (Vannote et al., 1980; Rosi-Marshall et al., 2016) and flood pulse concepts (Junk et al., 1989; Turić et al., 2015). However, the majority of historic research has focussed on benthic habitats and communities, with little consideration of surface-groundwater interactions (Dole-Oliver & Marmonier, 1992; Boulton & Foster, 1998; Krause et al., 2011a).

Although there is growing recognition of the role that interstitial flows play in structuring benthic and



hyporheic invertebrate communities (e.g. Dole-Olivier, 1998; Davy-Bowker et al., 2006; Mathers & Wood, 2016), the consequences of flow dynamics at small spatial scales and the associated sedimentary characteristics upon benthic and hyporheic invertebrate assemblages remain poorly quantified (Marmonier et al., 2010, 2012; Descloux et al., 2014; Jones et al., 2015). Despite several seminal papers over multiple decades which identified the potential importance of vertical hydraulic connectivity (Orghidan, 1959; Tilzer, 1968; Hynes, 1983), linkages between surface and groundwater and its influence on instream communities remain poorly studied (Boulton et al., 1999; Krause et al., 2011a).

At the scale of riffle-pool sequences (bed-form driven), decreasing water depth at the end of a pool (riffle head) forces some water downwards into the sediments (downwelling). This water travels through the sediments in a downstream direction, where typically at the tail of a riffle, increasing water depth produces a zone of low pressure forcing upwelling water through the bed sediments and into the channel (Savant et al., 1987; Boulton et al., 1998; Franken et al., 2001). Consequently, well-defined riffle units are often considered to be areas within which hydrological exchange is high compared to the surrounding sediment matrix (Malard et al., 2002). However, flow paths are often more complex than conceptual models suggest, responding to a range of factors such as flooding (Wondzell & Swanson, 1996; Dudley-Southern & Binley, 2015), bed topography (Boano et al., 2013; Wildhaber et al., 2014), sediment composition and porosity (Packman & Bencala, 2003; Gomez-Velez et al., 2014) and other instream morphological units such as coarse wood accumulations (Sawyer & Cardenas, 2012; Krause et al., 2014).

The spatial and temporal heterogeneity of surface and subsurface flows in riffle–pool sequences (Käser et al., 2009) often leads to a mosaic of depositional and erosional areas which are characterised by differing grain size distributions (Boulton & Stanley, 1995; Swan & Palmer, 2000). This pattern of fine sediment deposition (typically sand- and silt-sized fractions of ≤2 mm; Wentworth, 1922; Jones et al., 2012) directly influences the structure and composition of invertebrate communities (Brunke & Gonser, 1999) but also the nature of vertical hydrological exchange (Leek et al., 2009; Hartwig & Borchardt, 2015; Datry

et al., 2015). Consequently, the dynamic pattern of vertical hydraulic exchange exerts a strong influence on physical and chemical conditions such as temperature, oxygen concentrations and the residence time of water (Olsen & Townsend, 2003; Krause et al., 2011b). Surface water downwelling into subsurface sediments typically delivers oxygen and inputs of organic matter to hyporheic habitats, promoting aerobic microbial processes (Findlay et al., 1993; Pinay et al., 2015). In contrast, oxygen poor, nutrientrich water often enters the stream at upwelling locations (Grimm et al., 2007).

Although the processes which structure invertebrate communities at varying spatial scales have been examined (Brussock & Brown, 1991; Newson, 2002; Chessman et al., 2006), knowledge regarding the sediment characteristics and patterns of vertical hydrological exchange at the habitat/geomorphic unit scale (small-scale morphological features) and their associated relationships with macroinvertebrates requires further examination through field investigations. It is widely acknowledged that geomorphic units and river bed sedimentary characteristics influence the structure and functioning of macroinvertebrates, but community variation across individual morphological units (e.g. riffles-from the head to the tail) has not been widely investigated (Harper & Everard, 1998; Thomson et al., 2004). Riffle-scale surface and subsurface flow heterogeneity almost certainly plays a role in determining the micro- distribution patterns of macroinvertebrates (e.g. Brown & Brown, 1984; Pepin & Hauer, 2002; Davy-Bowker et al., 2006) and therefore represents a potentially influential factor in stream ecology which has been poorly quantified to date.

The aim of this study was to examine the riffle-scale distribution of benthic and hyporheic invertebrates (riffle heads and tails) in association with patterns of vertical hydraulic exchange and fine sediment characteristics. Specifically, we addressed the following questions: (i) Do benthic and hyporheic invertebrate assemblages differ between riffle heads and tails under stable flow conditions?; (ii) Do patterns of fine sediment accumulation (deposition) and vertical hydrological exchange differ between the heads and tails of riffles?; (ii) Can the patterns of fine sediment and vertical hydrological exchange help explain the microdistribution of invertebrate populations?



#### Methods

### Study site

Blackbrook ( $52^{\circ}76'N$ ,  $-1^{\circ}32'E$ ) is a small regulated stream located to the west of Loughborough (Leicestershire, UK). The river rises at a height of 250 m and drains into the River Soar, a tributary of the River Trent (NRFA, 2016). The catchment is underlain by Pre-Cambrian volcanic and intrusive igneous rocks covered by Triassic Mercia Mudstones and boulder clay (Greenwood et al., 2001). The river predominantly drains pastoral agricultural land before flowing through the town of Loughborough (UK). The study sites were located 800 m downstream of a small headwater reservoir (Blackbrook reservoir). Sampling of five riffles within a 1,200 m reach was undertaken during spring (8th April-4th May 2013). Hydrological data from a local gauging station on the River Soar (Kegworth, 52°82'N, -1°27'E) indicated stable but gradually declining baseflow discharge values over the study period (average 6.5 m<sup>3</sup>/s, range 5.07-8.2 m<sup>3</sup>/s; see Mathers & Wood, 2016).

## Experimental design and invertebrate sampling

Paired benthic and hyporheic macroinvertebrate samples were collected to examine differences between community composition in the heads and tails of five riffles. At each riffle, five sampling points in the head and tail were selected at random for hyporheic sampling (ten samples on each riffle). All sample points were at least 0.5 m from the transition of the habitat (pool or riffle) to ensure that the environmental conditions were representative of the habitat. For each sampling point, open ended PVC pipes (19 mm internal diameter) were driven into the substrate using a stainless steel T-bar to a depth of 200 mm (Boulton & Stanley, 1995; Wood et al., 2010). This depth was selected based on a number of previous studies which have investigated fine sedimentation and macroinvertebrate relationships (Pacioglu et al., 2012; Descloux et al., 2013; Mathers and Wood, 2016). These pipes functioned as permanent sampling wells and were positioned >0.5 m apart to minimise any influence from sampling in adjacent wells (Stubbington et al., 2011). Wells were installed and left in situ for 21 days to enable sufficient time for the streambed to recover after installation. Pipes were sealed between installation and sampling to prevent sediment deposition and colonisation by benthic invertebrates. A total of 6 L of water was extracted from the base of each well using a manual bilge pump which was then passed through a 125  $\mu$ m sieve to retain macroinvertebrates and sediment (typically 125  $\mu$ m to <4 mm). Two pipes were lost during the experimental period (one from a riffle head and tail respectively), reducing the total number of replicates to 48.

To examine spatial differences in benthic communities, ten Surber samples (five in the riffle head and five in the tail) were collected at each riffle site, providing a total of 50 samples. Samples were collected using a modified Surber sampler (150  $\times$  200 mm frame fitted with a 250  $\mu m$  mesh net) over a 1-min time period. The distance between sample points was  $\geq 0.5$  m to minimise the effect of disturbance from adjacent samples. All invertebrate samples (benthic and hyporheic) were preserved in the field with 10% formaldehyde and returned to the laboratory for processing and identification.

### Environmental variables

Physical and chemical characteristics of the water were sampled from each of the hyporheic stand pipes (ten samples per site—five in the riffle head and five in the tail) for pH, conductivity and temperature using standard instruments (Hanna Instruments, Leighton Buzzard, UK). Measurements were taken in the final 2 L sample from the sampling wells to avoid possible surface water contamination. Dissolved oxygen concentrations (DO, mg l<sup>-1</sup>) were recorded at ten randomised locations in the open channel above the river bed at each riffle. All DO concentration readings were >90% saturation and did not vary significantly between sites. Flow velocity (m s<sup>-1</sup>) readings (Valeport Instrument, Totnes, UK) were recorded at five locations in each riffle head and tail. To quantify the potential influence of vertical hydraulic exchange, the direction of hydrologic exchange was estimated through the installation of a mini-piezometer (Lee & Cherry, 1978) in the head and tail at each of the five riffle sites. Pipes were inserted into the river bed to a depth of 200 mm using the same method as the sampling wells. The piezometer pipe comprises small (4.5 mm) perforations at the base of the pipe to enable communication with the saturated sediments. The



second pipe (stage well) had solid walls and was held in the water column facilitating the measurement of the river stage level. The direction of vertical hydraulic exchange was obtained through comparison of the two water levels (see Mathers & Wood, 2016). The relative volume of interstitial sedimentation was examined by retaining fine sediment extracted in the bilge pump samples (Mauclaire et al., 1998).

# Laboratory procedures

In the laboratory, benthic and hyporheic invertebrate samples were passed through a 90 µm sieve and processed. All fine sediments extracted from the hyporheic well samples were retained and oven dried at 60°C until a constant weight was recorded (Pacioglu et al., 2012). Samples were then gently disaggregated using a pestle and mortar, passed through a sieve nest (2 and 1 mm) and each fraction weighed to determine the grain size distribution (>2 mm, 2–1 mm and <1 mm; Gordon et al., 1994). All invertebrates were identified to the lowest taxonomic level possible, most to species or genus with the exception of Sphaeriidae, Zonitidae and Diptera (family), Hydracarina (order) and Oligochaeta, Cyclopidae and Hydra which were recorded as such.

### Statistical analysis

Differences in the invertebrate community composition and environmental parameters between riffle heads and tails were examined via non-metric multidimensional scaling (NMDS) in R (version 3.12; R Development Core Team, 2014) using the metaMDS function in the vegan package (Oksanen et al., 2015). Similarity matrices were calculated using Bray-Curtis coefficients for invertebrate communities and Euclidean distances were employed for environmental variables. Homogeneity of multivariate dispersions between aquatic macroinvertebrate assemblages (based on Bray-Curtis distance matrices), and the environmental data (based on Euclidian distance matrices) from benthic and hyporheic habitats were calculated using the betadisper function and compared using One-Way ANOVA. One-way Analysis of Similarities (ANOSIM) was employed to test for heterogeneity between riffle head and tail communities in PRIMER V6 (Clarke & Gorley, 2006). Taxa contributing to the divergence of the communities between riffle heads and tails were identified through the application of the similarity percentage procedure (SIMPER), and the top five taxa driving dissimilarity in benthic and hyporheic samples tested to determine if differences were statistically significant.

Community abundance and taxa richness metrics were derived from the raw data. Functional feeding traits based on Tachet et al. (2010) and abundances of taxa characterised as highly or moderately sensitive to sediment as defined by the Fine Sediment Sensitivity Ratings (FSSR; Extence et al., 2013) were calculated for each benthic sample. Feeding traits were assigned based on the dominant weighted group (fuzzy coded categories). Where a taxon had equal weightings for two categories, taxon abundance was assigned to both the groups. In addition, abundances of Ephemeroptera, Plecoptera and Trichoptera (EPT) groups, and individual taxon were examined. Abundances of feeding trait groups, sediment sensitive macroinvertebrates, EPT and individual taxa were log(x + 1) transformed prior to analysis to comply with the underlying assumptions of the statistical tests (McMullen & Lytle, 2012).

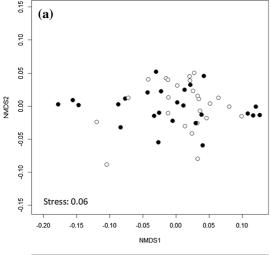
A linear mixed effects (LME) model was developed for each of the macroinvertebrate community descriptors and individual taxon abundances to test for differences between riffle head and tail communities. Models were fitted using the 'nlme' package in R Version 3.1.2. Location was specified as a fixed factor and riffle site as a random factor in recognition that replicates within a riffle are less independent than those at different riffle sites. The model was fitted using the restricted maximum likelihood (REML) estimation function. LMEs were also fitted to each of the environmental parameters (pH, conductivity, velocity, grains >2 mm, 2–1 mm and <1 mm) to test for any location differences (riffle heads versus tails).

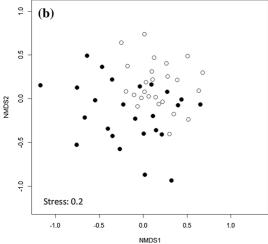
### Results

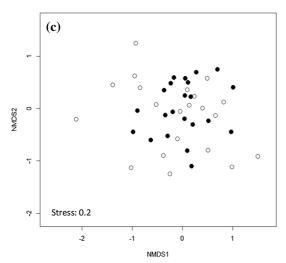
Variability in environmental parameters between riffle heads and tails

Vertical hydraulic exchange in riffle heads was downwelling at four out of the five sites examined, with riffle tails characterised by upwelling water (all sites). The magnitude of vertical hydraulic exchange varied, ranging from +2.5 cm (upwelling) to -1.2 cm









◄Fig. 1 Non-metric multidimensional scaling (NMDS) biplots of variation for: a environmental parameters; b benthic communities and; c hyporheic communities from the head and tail of riffles on Blackbrook. Solid symbol riffle head and open symbol riffle tail

(downwelling). Multivariate dispersion for environmental parameters were higher (Fig. 1a) for riffle heads (average distance: 48.73) than for riffle tails (average distance: 32.42), although this was not statistically significant ( $F_{1,48} = 1.524$ , P = 0.22). When differences in fine sediment content between the riffle head and tail were considered, greater quantities were recorded in riffle heads for all grain sizes examined (Fig. 2), although this was only significant for the 2–1 mm fraction ( $F_{1,41} = 5.316$ , P = 0.026). Significant differences in pH were recorded between riffle heads and tails  $(F_{1,41} = 12.624, P = 0.001)$ , with riffle heads having higher pH values than tails. No other significant differences in environmental parameters were observed between riffle head and tail locations. Mean values for environmental parameters recorded in the field by site and riffle location (head or tail) are presented in Table 1.

Variability in the benthic community between riffle heads and tails

A total of 4576 individuals and 41 taxa (32 in riffle heads and 35 in riffle tails) were recorded in 50 benthic Surber samples. A total of 6 taxa were unique to riffle heads, 9 to tail communities and 17 to the benthos (Table 2). The most abundant taxa were Chironomidae (68% of total benthic abundance), followed by Oligochaeta (7%), Baetis rhodani (Leach, 1815; 6%) and Chloroperla torrentium (Pictet, 1841; 6%). NMDS indicated significant differences between benthic invertebrate communities within riffle heads and tails (ANOSIM R = 0.206, P < 0.001; Fig. 1b). Riffle head communities demonstrated significantly greater heterogeneity (average distance: 0.3777) than tails (average distance: 0.3037;  $F_{1,48} = 5.2112$ , P = 0.027). The top 5 taxa driving dissimilarity between riffle head and tail communities were: B. rhodani (13.3% dissimilarity), Oligochaeta (9.6%), C. torrentium (7.9%), Chironomidae (7.8%) and



Fig. 2 Mean (+1 Standard Error) grain size distribution for hyporheic pump samples on Blackbrook. *Grey* riffle head and *white* riffle tail. Significant differences between the two locations (head and tail) for individual grain sizes are indicated by *asterisk* (*P* < 0.05 LME)

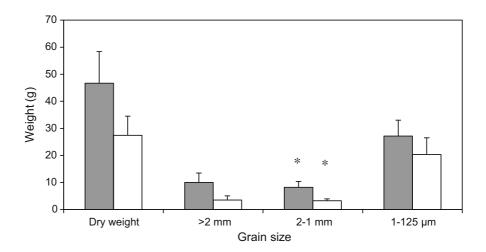


Table 1 Summary of environmental parameters recorded for each riffle site on Blackbrook

Riffle	Conductivity (μS/cm <sup>2</sup> )	pН	Temperature (°C)	DO (%sat)	Flow (m/s)	VHE (cm)
Head						
1	$437.5 \pm 1.85$	$7.52 \pm 0.02$	$10.45 \pm 0.17$	$100.3 \pm 0.85$	$0.30 \pm 0.09$	-0.1
2	$457.2 \pm 3.26$	$7.86 \pm 0.05$	$12.98 \pm 0.68$	$96.4 \pm 0.68$	$0.28 \pm 0.08$	0.6
3	$484.6 \pm 11.44$	$8.42\pm0.02$	$11.96 \pm 0.17$	$91.4 \pm 0.24$	$0.22\pm0.02$	-0.5
4	$465.3 \pm 5.51$	$8.38 \pm 0.05$	$11.33 \pm 0.17$	$95.0 \pm 0.58$	$0.57 \pm 0.13$	-1.2
5	$483.0 \pm 4.73$	$8.36 \pm 0.07$	$11.36 \pm 0.12$	$91.6 \pm 0.24$	$0.31 \pm 0.12$	-0.2
Tail						
1	$474.4 \pm 13.03$	$7.32 \pm 0.06$	$10.18 \pm 0.08$	$99.8 \pm 1.07$	$0.62 \pm 0.09$	0.5
2	$467.0 \pm 3.26$	$7.98 \pm 0.05$	$14.12 \pm 0.52$	$94.6 \pm 0.81$	$0.49 \pm 0.04$	2.5
3	$498.6 \pm 2.52$	$8.08 \pm 0.10$	$13.24 \pm 0.49$	$92.8 \pm 0.58$	$0.41 \pm 0.05$	0.4
4	$458.0 \pm 2.95$	$8.38 \pm 0.02$	$10.96 \pm 0.20$	$92.4 \pm 0.68$	$0.50 \pm 0.13$	1.0
5	$495.4 \pm 3.83$	$8.40 \pm 0.03$	$10.88 \pm 0.14$	$91.0 \pm 0.55$	$0.37 \pm 0.08$	0.9

Values represent mean  $\pm$  standard error

Gammarus pulex (Linnaeus, 1758; 7.3%). B. rhodani was the only taxon to demonstrate significant differences in abundances between riffle heads and tails, with significantly more individuals in riffle tails  $(F_{1,30} = 14.050, P < 0.001)$ .

Community abundance ( $F_{1,44} = 5.101$ , P = 0.028) and taxa richness ( $F_{1,44} = 6.429$ , P = 0.015) were significantly greater at riffle tails than heads (Fig. 3). Significant differences between the abundances of EPT ( $F_{1,44} = 21.962$ , P < 0.001) and taxa sensitive to fine sediment ( $F_{1,43} = 15.095$ , P < 0.001) were recorded between riffle heads and tails, with greater total abundances found in riffle tails. Greater abundances of scraper feeders were recorded in riffle tails

 $(F_{1,39} = 30.144, P < 0.001;$  Fig. 4). No other significant differences were determined in the abundances of benthic predators, filterers, deposit feeders or shredders, although the relative proportion of shredders was greater at riffle head sites (Fig. 4).

Variability in the hyporheic community between riffle heads and tails

A total of 470 individuals comprising 27 taxa (21 in the riffle head and 19 in the riffle tail) were recorded from the 48 hyporheic samples. A total of 7 taxa were unique to heads and 6 to the riffle tails, and 3 taxa were unique to hyporheic samples (Table 2). The most



**Table 2** Presence–absence taxa list. + indicates present in samples and 0 indicates absent

Taxon	Benthic		Hyporheic	
	Head	Tail	Head	Tail
Mollusca				
Ancylus fluviatilis	+	+	0	0
Sphaeriidae	+	+	+	0
Lymnaea peregra	0	+	+	0
Zonitidae	+	0	0	0
Oligochaeta	+	+	+	+
Erpobdella octulata	+	+	+	+
Erpobdella testacea	0	+	0	0
Crustacea				
Gammarus pulex	+	+	+	+
Asellus aquaticus	0	+	+	+
Candona sp.	0	+	+	+
Cyclopida (cf Acanthocyclops)	0	0	+	+
Hydra	+	0	+	+
Sida sp.	0	0	+	+
Arachnida			•	
Hydracarina	+	0	+	+
Insecta	'	Ü	'	'
Diptera				
Chironomidae	+	+	+	+
Chaoboridae	0	0	+	0
Tipulidae	+	+	0	0
Simuliidae	0	+	0	+
	+		0	
Ceratopogonidae Trichoptera	T	+	U	+
•			0	
Agapetus fuscipes	+	+	0	+
Polycentropus flavomaculatus	+	+		
Mystacides longicornis	+	0	0	0
Hydropsyche siltalai	+	+	0	0
Limnephilidae sp. (1st instar)	+	+	+	+
Rhyacophila dorsalis	+	+	+	+
Halesus radiatus	+	+	0	0
Sericostoma personatum	+	+	0	0
Potamophylax latipennis	+	+	0	0
Silo pallipes	+	+	0	0
Ephemeroptera			_	
Baetis rhodani	+	+	0	+
Leuctra hippopus	+	+	+	0
Leuctra moselyi	0	+	0	0
Ephemerella ignita	+	+	0	+
Ephemera danica	+	0	+	0
Paraleptophlebia cincta	+	+	+	0
Plecoptera				

Table 2 continued

Taxon	Benthic		Hyporheic	
	Head	Tail	Head	Tail
Chloroperla torrentium	+	+	+	+
Isoperla grammatica	+	+	0	0
Nemurella picteti	0	+	0	0
Coleoptera				
Limnius volckmari (larvae)	+	+	+	0
Elmis aenea (larvae)	+	+	0	+
Hydrophilidae	0	0	+	0
Gyrinidae (Gyrino sp.)	+	+	0	0
Hydraena (adult)	0	+	0	0
Dytiscidae(larvae	+	0	0	0
Odonata				
Zygoptera	0	+	0	0

abundant taxa were Cyclopidae (24% of total abundance), Chironomidae (23%) and *Candona* sp. (21%). NMDS indicated no distinct differences between hyporheic communities recorded from riffle heads or tails, with communities from both locations displaying overlap (ANOSIM considerable R = 0.001, P = 0.401; Fig. 1c). Multivariate dispersion was not significantly different for riffle heads (average distance: 0.4944) or tails (average distance: 0.4890;  $F_{1.48} = 0.0199 P = 0.8885$ ). The top 5 taxa driving dissimilarity between riffle head and tail communities were as follows: Cyclopidae (18.5% dissimilarity), Chironomidae (17.7%), Oligochaeta (16.1%), Candona sp. (Baird, 1854; 15.5%) and Hydra (12.4%). No significant differences between riffle heads or tails were recorded for any of the hyporheic community metrics or individual taxon tested (LME P > 0.05; Figs. 3, 4).

### Discussion

Riffle-scale variability in benthic communities

The results from this study indicate that benthic macroinvertebrate assemblages differed between the head and tail of riffles during the period of stable base flow examined, illustrating the presence of clear microdistribution patterns of fauna. Comparable



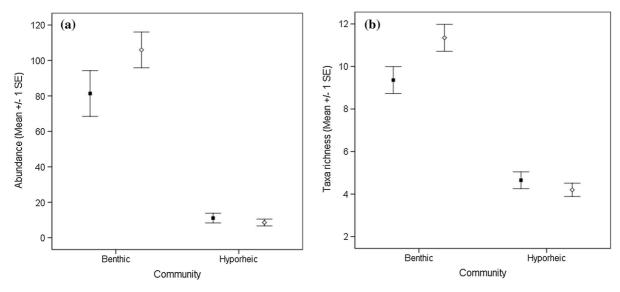


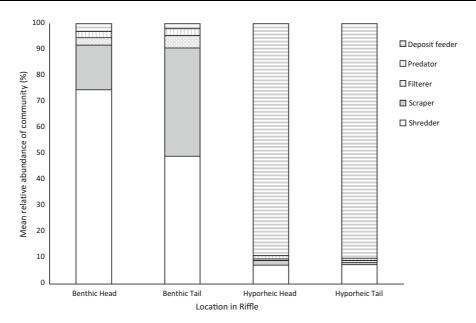
Fig. 3 Mean (±1 Standard Error) differences for **a** abundance and; **b** taxa richness. *Solid symbols* riffle head communities and *open symbols* riffle tail communities

patterns have been reported for benthic communities in a limited number of studies conducted on riffle-scale variability (Brown & Brown, 1984; Pepin & Hauer, 2002; Davy-Bowker et al., 2006). The dynamic nature of stream habitats, in particular substratum composition, flow velocity and trophic resources, typically results in patchy microdistribution of invertebrates (Fonseca & Hart, 2001; Brosse et al., 2003). Environmental parameters in this study varied more within riffle heads and correspond with the greater community heterogeneity (beta-diversity) recorded at these localities.

The fine sediment content of hyporheic substrates (subsurface sediments) was found to be significantly greater at the riffle heads in this study, reflecting the widely reported characteristics of vertical hydraulic exchange (VHE). Downwelling water is typically associated with the transport of sediment into the river bed at the head of riffles, whilst upwelling water, often at the riffle tail, has the potential to flush fine sediments from interstitial spaces (Huettel et al., 1996; Ren & Packman, 2007; Datry et al., 2015). A number of other studies have also reported greater quantities of fines in the riffle head associated with downwelling water and flows during high discharge events (Brown & Brussock, 1991; Dole-Olivier & Marmonier, 1992; Dole-Olivier et al., 1997; Saenger et al., 2005). Although the strength of VHE varied between riffle heads and tails, the significant difference in pH indicates the occurrence of vertical exchange within the substrates. This difference also probably reflects microbial activity in the hyporheic zone which can result in a different physio-chemical signature when water re-enters the stream channel (Boulton et al., 1999; Fowler & Scarsbrook, 2002).

The quantities of fine sediment in benthic sediments within this study stream are unlikely to have been great enough to limit or prevent movement of organisms within the interstices of the benthic zone (Mathers & Wood, 2016), although it was clearly strong enough to have influenced the observed riffle-scale faunal distribution patterns. Lotic invertebrate communities typically constitute highly dynamic rather than sessile assemblages (Downes et al., 1993), and as a consequence, in response to abiotic and biotic cues, the varying dispersal abilities of taxa can lead to smallscale spatial variations in macroinvertebrate communities (Wilson & McTammany, 2016). These abiotic and biotic parameters are most stable under baseflow conditions (Poff et al., 1997; Suren & Jowett, 2006). A number of EPT taxa have been documented to avoid colonisation of habitats containing large amounts of fine sediment (Larson & Ormerod, 2010), and this characteristic is reflected in tail communities supporting significantly more EPT taxa. In this study, B. rhodani abundance was significantly higher in the riffle tail where fine sediment deposition was observed to be lower. Previous research has found that B.





**Fig. 4** Relative abundance of functional feeding groups for benthic and hyporheic communities from the head and tail of riffles on Blackbrook. Note: meiofauna classified as deposit feeders based on the literature available (Henderson, 1990;

Dussart & Defaye, 2001) and the order of groups in the bar chart corresponds directly to those presented in the key

*rhodani* is highly sensitive to fine sediment (Wood et al., 2005). Similarly, taxa which are characterised as being particularly sensitive to the presence of fine sediments (Extence et al., 2013) were found in greater abundances in riffle tails where fine sediment accumulation was lower.

Feeding traits associated with the physical habitat template and resource availability may also influence micro-scale spatial variability. Substrates containing less fine sediment at the tail of riffles in this study supported significantly greater abundances of scrapers (Relyea et al., 2000; Bo et al., 2007). The presence of fine sediments can inhibit access to trophic resources, with some species in other studies reported to be confined to areas of clean gravel (Wood & Armitage, 1999; Rabeni et al., 2005). The distribution of organic matter is also frequently patchy (Maridet et al., 1997; Wipfli et al., 2007), but typically higher volumes are recorded at riffle heads due to their proximity to upstream pools which are often a store of organic material (Mermillod-Blondin et al., 2000). Some of this material will be transported as suspended particulate organic matter and carried into the interstitial spaces of the sediments at the head of riffles (Pusch, 1996; Brunke & Gosner, 1999), and may explain the higher abundances of shredders recorded in these areas in this study.

The riffle-scale distribution patterns in this study are almost certainly linked to sampling taking place during a period of stable low-flow conditions (Schmid, 1993; Buendia et al., 2014; Campbell et al., 2015). It is also likely that these patterns will not always be as clear and will breakdown during periods of elevated discharge (spates). Disturbances play an important role in patch dynamics and the microdistribution of invertebrates, as they often reset community trajectories through the alteration of physical templates and resource partitioning (Winterbottom et al., 1997; Death, 2010). Consequently, studies which examine the distribution of invertebrates should do so whilst acknowledging local disturbance history and its potential effect on biotic and abiotic parameters (Effenberger et al., 2006; Mathers & Wood, 2016).

Riffle-scale variability in hyporheic communities

In marked contrast to benthic samples, no significant differences in hyporheic communities were evident between head and tail communities. NMDS indicated that the hyporheic communities from riffle heads and



tails were comparable. However, in contrast to the findings in this study, previous studies examining the distribution of the hyporheos in relation to hydrological exchange and sediment structure report that diversity is often greatest in downwelling zones (Fowler & Scarsbrook, 2002; Olsen & Townsend, 2003). These findings however, are typically a function of the physio-chemical properties of the water which influences the dominance of hypogean and epigean fauna. Downwelling water is often characterised by high DO levels, which supports both epigean and hypogean fauna. In contrast, upwelling water is characterised by a dominance of hypogean fauna which display adaptations to low dissolved oxygen levels (Dole-Oliver & Marmonier, 1992; Franken et al., 2001).

The lack of differences between hyporheic communities in the two zones in this study may reflect the homogenous nature of the hyporheic zone with clogging of subsurface interstitial spaces (colmation) by fine sediment reducing the amount of available pore space between substrates (Strommer & Smock, 1989; Descloux et al., 2013). It is hypothesised that colmation limited faunal movement and utilisation of the subsurface sediments to the extent that the community was largely comprised (92%) of five ubiquitous taxa (Cyclopidae, Chironomidae, Candona sp., Oligochaeta and Hydra). Blackbrook is regulated via a small reservoir upstream of the study location and it is widely recognised that impoundment often reduces the magnitude and frequency of high flow events that naturally flush fines (Petts, 1984; Wood & Armitage, 1997; Milan & Large, 2014). In the absence of high flows, sedimentation of benthic and hyporheic sediments may occur, with river beds characterised by a finer gravel matrix than comparable unregulated rivers (Armitage, 1987; Sear, 1993; Jones et al., 2015).

Colmation of hyporheic sediments is widely acknowledged to lead to reductions in the diversity and density of invertebrates within the hyporheic zone (Richards & Bacon, 1994; Strayer et al., 1997; Weigelhofer & Waringer, 2003; Bo et al., 2007). Increasing interstitial fine sediment concentrations have been documented to increase divergence of benthic and hyporheic communities (Descloux et al., 2013); a feature which was evident in this study with 17 taxa being unique to the benthic community. Clogging of the interstitial pore spaces restricts the movement of individuals between benthic and

hyporheic sediments (Sarriquet et al., 2007; Descloux et al., 2013; Mathers et al., 2014), with only burrowing taxa or those characterised by a smaller body size able to penetrate deeper into the substratum (Gayraud & Phillipe, 2001; Duan et al., 2009; Xu et al., 2012).

#### Conclusion

This study demonstrates that small-scale differences in sediment composition within the heads and tails of riffle influences the distribution of benthic invertebrates under stable baseflow conditions. This pattern reflects the direction of vertical hydrological exchange and illustrates the influence that interstitial flows can play on the distribution of both macroinvertebrate communities and fine sediments at the riffle scale. These results also highlight the importance of microscale habitats in maintaining stream diversity. High volumes of interstitial fine sediment were present in the hyporheic sediments, and this could account for the limited faunal abundances and richness of hyporheic communities. It may also help explain the homogeneous hyporheic community composition recorded in both riffle heads and tails in this study. It is important to recognise that this study was undertaken during stable baseflow flow conditions and seasonal shifts in the riffle-scale distribution of macroinvertebrates will occur reflecting the dynamic hydrological conditions within the stream. Few studies have attempted to address the effect of local hydraulic exchange and sedimentation patterns on benthic and hyporheic faunal distribution, and there is a need for further in situ studies to build upon the observations reported in this study.

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