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## Polarity sensitivity as a potential correlate of neural degeneration in cochlear implant users.

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<b>Abstract:</b>	<p>Cochlear implant (CI) performance varies dramatically between subjects. Although the causes of this variability remain unclear, the electrode-neuron interface is thought to play an important role. Here we evaluate the contribution of two parameters of this interface on the perception of CI listeners: the electrode-to-modiolar wall distance (EMD), estimated from cone-beam computed tomography (CT) scans, and a measure of neural health. Since there is no objective way to quantify neural health in CI users we measure stimulus polarity sensitivity, which is assumed to be related to neural degeneration, and investigate whether it also correlates with subjects' performance in speech recognition and spectro-temporal modulation detection tasks. Detection thresholds were measured in fifteen CI users (sixteen ears) for partial-tripolar triphasic pulses having an anodic or a cathodic central phase. The polarity effect was defined as the difference in threshold between cathodic and anodic stimuli. Our results show that both the EMD and the polarity effect correlate with detection thresholds, both across and within subjects, although the within-subject correlations were weak. Furthermore, the mean polarity effect, averaged across all electrodes for each subject was negatively correlated with performance on a spectro-temporal modulation detection task. In other words, lower cathodic thresholds were associated with better spectro-temporal modulation detection performance, which is also consistent with polarity sensitivity being a marker of neural degeneration. Implications for the design of future subject-specific fitting strategies are discussed.</p>



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1 **Title:**

2 Polarity sensitivity as a potential correlate of neural degeneration in cochlear implant users<sup>1</sup>.

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17 **Key words:**

18 cochlear implant, polarity, neural health, computed tomography scans

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20 **Abstract**

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22 Cochlear implant (CI) performance varies dramatically between subjects. Although the  
23 causes of this variability remain unclear, the electrode-neuron interface is thought to play an  
24 important role. Here we evaluate the contribution of two parameters of this interface on the  
25 perception of CI listeners: the electrode-to-modiolar wall distance (EMD), estimated from cone-  
26 beam computed tomography (CT) scans, and a measure of neural health. Since there is no  
27 objective way to quantify neural health in CI users we measure stimulus polarity sensitivity, which

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<sup>1</sup> Part of this work was presented at the Conference on Implantable Auditory Prostheses in Lake Tahoe, California, 2017

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is assumed to be related to neural degeneration, and investigate whether it also correlates with subjects' performance in speech recognition and spectro-temporal modulation detection tasks. Detection thresholds were measured in fifteen CI users (sixteen ears) for partial-tripolar triphasic pulses having an anodic or a cathodic central phase. The polarity effect was defined as the difference in threshold between cathodic and anodic stimuli. Our results show that both the EMD and the polarity effect correlate with detection thresholds, both across and within subjects, although the within-subject correlations were weak. Furthermore, the mean polarity effect, averaged across all electrodes for each subject was negatively correlated with performance on a spectro-temporal modulation detection task. In other words, lower cathodic thresholds were associated with better spectro-temporal modulation detection performance, which is also consistent with polarity sensitivity being a marker of neural degeneration. Implications for the design of future subject-specific fitting strategies are discussed.

Number of tables: 2

Number of figures: 10

## 1 Introduction

Several studies have shown that the variability in performance of cochlear implant (CI) users is at least partly due to differences in the electrode-neuron interface (Bierer and Faulkner, (2010); Cosentino et al., (2016); Garadat et al., (2010)). A conceptual model of this interface involves (1) the electrode position, (2) the current path from the electrode to the neurons and (3) the distribution of the neural population. While (1) and (2) can respectively be investigated by analyzing CT images (Saunders et al., (2002); Cohen et al., (2006); Long et al., (2014); van der Marel et al., (2015); Venail et al., (2015)) and by performing electrical measurements (Spelman et al., (1982); Vanpoucke et al., (2004); Micco and Richter, (2006); Mesnildrey et al., (2019)) assessing neural health remains a challenge.

Studies counting the remaining cells in cadaver cochleas showed the complexity of predicting neural health in CI patients, because the speed of neural degeneration depends on numerous factors such as the duration and etiology of deafness (Nadol et al., (1989); Linthicum and

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Anderson, (1991); Glueckert et al., (2005)). In addition, and rather surprisingly, studies that examined the correlation between the number of remaining nerve fibers and speech performance have yielded inconsistent results (Khan et al., (2005); Fayad and Linthicum, (2006); Nadol and Eddington, (2006); Kamakura and Nadol, (2016) ).

Since it is currently not possible to objectively quantify neural survival in CI users, several studies have tried to identify psychophysical or electrophysiological correlates. Pfungst et al., (2004) and Long et al., (2014) reported correlations between the within-subject variance in threshold across the electrode array and speech performance. They argued that a large threshold variance across the array may reflect the presence of neural dead regions, which would negatively impact speech perception. Zhou and Pfungst, (2014) measured the effect of electrical pulse rate on threshold, termed multipulse integration, in human CI users. They proposed, based on similar experiments in animals (Pfungst et al., (2011)), that the decrease in threshold associated with a doubling of the pulse rate could be a psychophysical correlate of neural health. Consistent with this hypothesis, they reported that the amplitude of the multipulse integration was positively correlated with consonant recognition in noise.

Animal studies by Prado-Guitierrez et al., 2007 and Ramekers et al., 2014 examined the effect of two parameters - the inter-phase gap and the phase duration - on the amplitude of the electrically-evoked compound action potential (eCAP). Prado-Guitierrez et al., (2007) reported that the increase in eCAP amplitude as a function of both the inter-phase gap and the phase duration was larger in healthy cochleas. The same relationship was found in Ramekers et al., (2014) for the inter-phase gap only.

A modelling study by Rattay, (1999) investigated the response of single nerve fibers to electrical stimulation. They predicted that the site of excitation along the nerve fibers should depend on stimulus polarity. In particular, they showed that cathodic stimulation tends to yield longer latencies than anodic stimulation for it is more likely to initiate action potentials at the peripheral processes. Similar observations were made by Rattay et al., (2001) and more recently by Resnick et al., (2018). Another important result from Resnick et al., (2018) is that a partial demyelination of peripheral processes reduces its excitability and yields an increase in threshold for cathodic but not for anodic stimulation. Polarity sensitivity may thus directly relate to the state

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86 of degeneration or demyelination of the peripheral processes. Since neural degeneration is  
87 retrograde by nature (Spoendlin, (1975)), it is also possible that the regions with a lot of peripheral  
88 degeneration are also regions where the number of surviving neurons is low. As a result, one may  
89 assume polarity sensitivity to relate to the local state of the neural population. More specifically,  
90 a relatively higher sensitivity to anodic stimulation compared to cathodic stimulation may reflect  
91 a site with high neural degeneration.

Polarity sensitivity can be assessed in human CI users by means of asymmetric pulse  
shapes, such as pseudomonophasic or triphasic pulses (Figure 1, Bonnet et al., (2004); Eddington  
et al., (2004); Macherey et al., (2008), (2006)). Unlike clinical symmetric biphasic pulses, such  
asymmetric pulse shapes can induce a domination of one polarity over the other, while  
maintaining electrical charge balance (Carlyon et al., (2013)). Macherey et al., (2017)  
demonstrated that polarity sensitivity at detection threshold can differ across human CI users, or  
across electrodes for a given subject. These differences have also been assumed to relate to the  
state of neural degeneration or demyelination of the peripheral processes.

Based on these studies, measuring polarity sensitivity across the electrode array has recently  
been proposed as an estimate of neural health along the cochlea (Carlyon et al., (2018); Hughes  
et al., (2018)).

Here we measure the polarity effect, defined as the difference in threshold between  
cathodic (Fig. 1.B) and anodic (Fig. 1.C) stimulation. Our first aim is to investigate how it relates  
to overall sensitivity across the electrode array (detection threshold). Furthermore,  
computational modeling by Rattay et al., (2001) predicts that the polarity effect may also depend  
on the position of the electrode in the scala tympani. Given that detection thresholds have also  
been shown to depend on the electrode-to-modiolar wall distance (EMD), we estimate this  
distance in a subset of our subjects from whom scans are available. This allows us to study the  
separate contributions of the EMD and of the polarity effect on overall sensitivity. Finally,  
assuming the polarity effect is a correlate of neural health, we would expect it to be related to  
overall performance on suprathreshold tasks. A second aim of the present study is to correlate  
the polarity effect with performance on speech perception tasks and/or to measures of spectro-  
temporal modulation discrimination (Won et al., (2007); Aronoff and Landsberger, (2013)). We

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115 hypothesize that a large positive polarity effect reveals poor neural health while a negative  
116 polarity effect reveals good neural health. We would thus expect the performance on  
117 suprathreshold tasks to be negatively correlated with the polarity effect.

118 Another measure of interest concerns the variation in threshold across electrodes. Long  
119 et al., (2014) measured detection thresholds, EMD and speech recognition in a group of CI users  
120 implanted with an experimental version of the device manufactured by Cochlear Corporation. For  
121 seven of their ten subjects, detection thresholds were positively correlated with the EMDs,  
122 referred to as the distance model. Interestingly, speech recognition scores were correlated with  
123 the residuals of the distance model, meaning that when the distance could not explain the  
124 variation in threshold across electrodes, speech performance tended to be poorer. They  
125 hypothesized that this might reflect the irregularity of neural health across the electrode array.  
126 Here we also aim to replicate this experiment with a different CI group implanted with a device  
127 from a different manufacturer.

## 2 Methods

### 2.1 Subjects

131 Experiments were conducted both in Marseille (France) and in Cambridge (United Kingdom) with  
132 a total of 15 adult CI users (16 ears) whose details are reported in Table 1. Ten subjects (11 ears)  
133 were tested in Marseille and five were tested in Cambridge. All subjects were implanted with a  
134 CII/HiRes 90k device manufactured by Advanced Bionics. Their electrode array was the HiFocus  
135 1j except for subjects S2(L) and AB9 who had the MidScala electrode. The labels S2(L) and S2(R)  
136 refer to the left and right ears of the same bilaterally-implanted subject. In the following, the data  
137 corresponding to each ear were treated as separate data sets. Subjects were paid for their  
138 participation. All experiments were approved by the ethics committees (Marseille: Eudract 2012-  
139 A00438-35; Cambridge: 00/327).

### 2.2 Detection thresholds

142 Detection thresholds were measured for all subjects using the Bionic Ear Data Collection System  
143 (BEDCS, Advanced Bionics, Litvak, (2003)) and custom Matlab interfaces.

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**144 Stimuli**

145 Electrical stimuli were 300-ms pulse trains presented at a rate of 100 pulses per second. Three  
146 pulse shapes were used (Figure 1): Cathodic-first symmetric biphasic pulses (CA), triphasic pulses  
147 with a cathodic central phase (ACA) and triphasic with an anodic central phase (CAC). The triphasic  
148 pulse shapes consisted of a central phase of a given polarity and amplitude, preceded and  
149 followed by opposite-polarity phases of the same duration and half the amplitude so as to  
150 maintain charge-balancing. ACA and CAC pulses were intended to enhance the influence of the  
151 cathodic and anodic phase respectively (Eddington et al., (2004); Carlyon et al., (2013); Macherey  
152 and Cazals, (2016)). Henceforth, ACA and CAC thresholds are referred to as cathodic and anodic  
153 thresholds, respectively. For all pulse shapes, the duration of each phase was 97  $\mu$ s.  
154 Stimuli were presented in partial tripolar (pTP) configuration with 75% of the current returning to  
155 the flanking electrodes and 25% to the ground (i.e.  $\sigma = 0.75$ , Jolly et al., (1996); Litvak et al.,  
156 (2007)). Forward-masking experiments have provided evidence that pTP may produce a more  
157 spatially-focused stimulation than MP (Bierer et al., (2011); Landsberger et al., (2012)). We thus  
158 expected detection thresholds to reflect the responsiveness of restricted portions of the auditory  
159 nerve.  
160 In pTP stimulation mode, the most apical and most basal electrodes cannot be stimulated because  
161 they do not have two neighboring electrodes, thereby limiting the maximum number of available  
162 tripolar channels to 14 (central electrodes ranging from E2 to E15). Any electrode deactivated in  
163 the patients' clinical maps (see table 1) was not tested (neither as central electrodes nor as  
164 flanking electrodes).

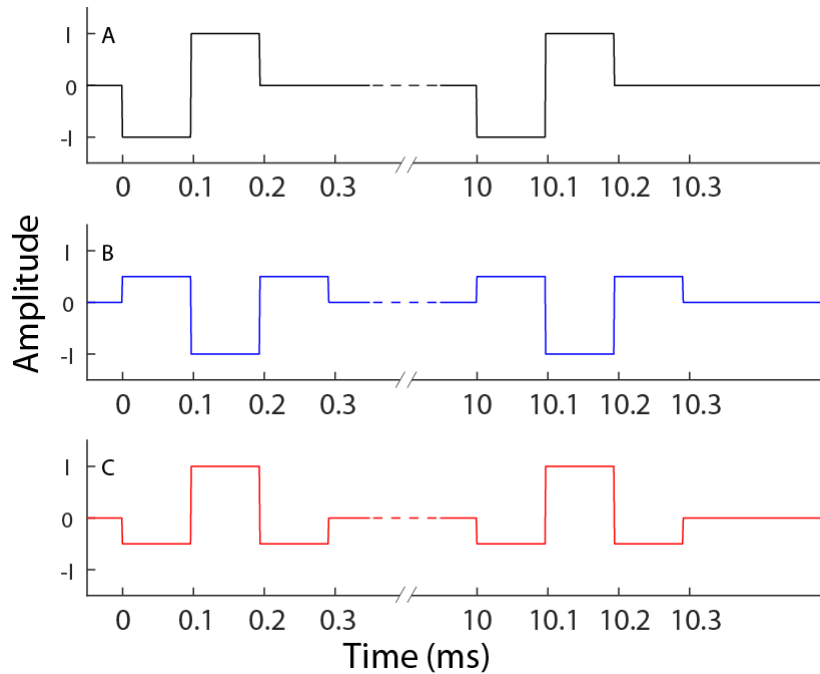


Figure 1: Electrical pulse shapes used for threshold measurements. Panel A: cathodic-first biphasic pulses (CA). Panel B: triphasic cathodic pulses (ACA). Panel C: triphasic anodic pulses (CAC).

## Procedure

For most subjects the number of conditions was 42 (14 electrodes  $\times$  3 pulse shapes) but this was reduced when an electrode was deactivated in the subject's clinical map (Table 1). Subject AB5, for whom an electrode in the middle of the array was deactivated, was tested on 11 electrodes (total of 33 conditions). The duration of a session only enabled one measure per condition. The thresholds for even and odd electrodes were measured separately yielding two blocks of 7 electrodes and 21 testing conditions. This procedure was chosen, first, to introduce a break approximately half-way through the session and, second, to be able to run independent analysis for both sets of electrodes, which will provide a control on the reliability of the measures. For each subset, one electrode was randomly selected and the three pulse shapes were tested successively, also in a randomized order. The most comfortable level (MCL) was then estimated for each specific condition.

Subjects were asked to report the perceived loudness using a loudness chart ranging from 0 to 10, where 1 corresponds to the quietest just noticeable sound, 6 to the MCL and 10 to sounds that are too loud. The stimulation level was manually increased with an amplitude step of 1 dB starting at a subthreshold level. Typically, when the loudness reached level 2, the amplitude step



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4 184 was reduced to 0.5 dB up to loudness level 4 and then further reduced to 0.2 dB until the MCL  
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6 185 was reached. Before each stimulation, it was checked that the current level did not exceed the  
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8 186 compliance limit (7 Volts) of the device. If the compliance limit was reached before the MCL, the  
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10 187 procedure was stopped and the maximum current level allowed was recorded.  
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12 188 After measuring the MCLs for all 21 conditions, detection thresholds were obtained for each  
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14 189 condition using a one-up/one-down procedure. A single 300-ms stimulus was played at an initial  
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16 190 level corresponding to 90% of the MCL (or 90% of the maximum level below the compliance limit).  
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18 191 Subjects were asked to press the space bar of a computer keyboard when they heard a sound. If  
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20 192 a percept was reported within a three-second time window, a lower-amplitude stimulus was  
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22 193 played after a random delay ranging between two and three seconds. In the absence of a  
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24 194 response after three seconds, a higher-amplitude stimulus was played after a shorter random  
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26 195 delay (between 0.1 s and 0.6 s). As a result, with or without a response, the duration between  
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28 196 two consecutive stimuli varied between two and six seconds. This timing was chosen after a pilot  
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30 197 experiment because it appeared to be a good compromise for a relatively fast procedure while  
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32 198 giving the subjects enough time to respond.  
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34 199 Note that, although thresholds obtained with this procedure may have been affected by  
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36 200 differences in response criterion between subjects, this would not be expected to influence the  
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38 201 difference between anodic and cathodic thresholds.  
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40 202 During this automatic procedure, the incremental/decremental step in level was  $\pm 0.5$  dB until  
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42 203 the first reversal and  $\pm 0.2$  dB afterwards. The procedure stopped after eight reversals and each  
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44 204 threshold was calculated as the average of the last six reversals.

### 45 205 46 47 206 **2.3 Speech recognition**

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49 207 Depending on the testing location, speech recognition was measured in a sound-insulated booth  
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51 208 or in an anechoic chamber using the subjects' own speech processor and clinical map. Two lists  
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53 209 of single words (i.e. 100 words in total) from the French (N=9) or British (N=5) versions of the  
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55 210 Phonetically Balanced Kindergarten corpus (PBK, Haskins, 1949) were presented to each  
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57 211 individual listener. S2 is an American English speaker and thus did not participate in this task.  
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59 212 Acoustic stimuli were played in free field through a Fostex 6301B loudspeaker without masking

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213 noise. Subjects sat one meter away from the loudspeaker, where the sound pressure level was  
214 adjusted to 65 dB. They were asked to repeat each word they heard. Correct and incorrect  
215 responses were scored by an experimenter sitting next to the subject and no feedback was  
216 provided.

**2.4 Spectro-temporally Modulated Ripple Test, (SMRT)**

217 In this study, apart from different native languages, CI users also had a wide variability of  
218 experience with their device (see table 1). CI experience varied from 0.5 to 15 years and some of  
219 the subjects were prelingually deaf (S5 and S10). To limit the effect of CI experience (Blamey et  
220 al., (2013)) and of native language, a spectro-temporally modulated ripple test (SMRT, Aronoff  
221 and Landsberger, (2013)) which reflects the ability of subjects to receive and integrate spectro-  
222 temporal cues, was also carried out with all 15 subjects. This test and similar ones have been  
223 shown to correlate with speech recognition performance in CI users (Won et al., (2007); Lawler  
224 et al., (2017)).

225 The SMRT test is implemented as a 3-interval, 3 alternative forced choice adaptive procedure.  
226 Two of the intervals contain a reference stimulus and one contains the target stimulus. The  
227 reference has a constant density of 20 ripples per octave (rpo) while the target has an initial  
228 density of 0.5 rpo. A one-up/one-down adaptive procedure runs with steps of 0.2 rpo until the  
229 subject cannot differentiate the target from the reference. Thresholds are given based on the  
230 average of the last six reversals and are expressed in number of rpo. For this test, subjects also  
231 used their own processor and clinical map. Stimuli were presented in the same experimental  
232 conditions as in the speech recognition experiment (i.e. free field acoustic stimulation at a level  
233 of 65 dB SPL). After one run of training with feedback, two additional test runs were carried out  
234 without feedback and the outcome measure is given as the average of these two test runs.

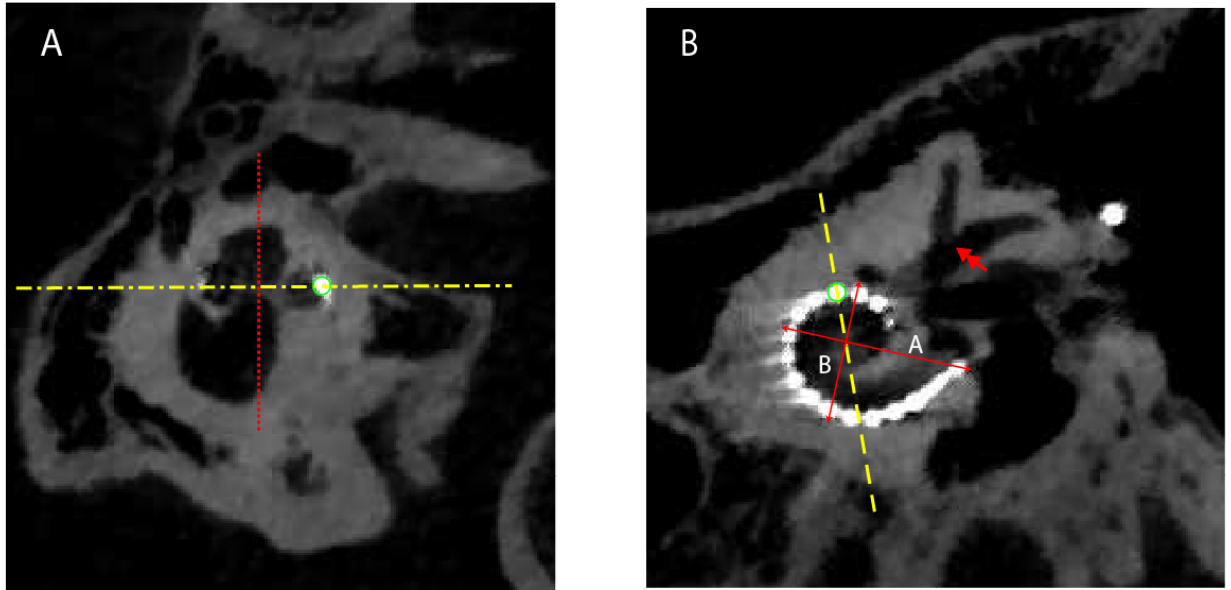


Figure 2: Panel A: vertical section view of the implanted cochlea. The red dotted line represents the modiolar axis, the yellow dash-dotted line represents the horizontal section plane corresponding to panel B. Panel B: Horizontal section of the basal turn of the cochlea. Dashed line: vertical section plane corresponding to panel A. Double arrow head: superior and lateral semicircular canals. The green circle in both panels mark the same electrode

## 2.5 Electrode-to-modiolar wall distance

The CT scans (Cone beam 5G Newtom,  $125\mu\text{m} \times 125\mu\text{m} \times 125\mu\text{m}$  voxels) from 10 ears (S1-2(R)-2(L)-4-5-7-8-10-11-17), were analyzed using the Onis Pro software (v2.5 DigitalCore®, Co. LTD) in order to estimate the electrode-to-modiolar wall distance, (EMD).

CT images were oriented using the method described in Escudé et al., (2006). The 3D manipulating tool was used in order to visualize the basal turn of the cochlea, the vestibule and the anterior branches of the lateral and superior semicircular canals. We marked the largest distance from the round window through the modiulus to the lateral wall (distance A on Fig. 2), and the largest distance perpendicular to A (distance B on Fig. 2). The modiolar axis was defined as the intersection of A and B. In the following, the view perpendicular to the modiolar axis (Fig. 2B) is referred to as the horizontal view and the mid-modiolar sections are referred to as vertical views (Fig. 2A).

As in Escudé et al., (2006) and Pelliccia et al., (2014), the image orientation was validated using both the horizontal and vertical views. Note that the image orientation was made by considering

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4 257 the cochlear geometry rather than the electrode array. The image contrast was then adjusted to  
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6 258 offer the best representation of both the modiolar wall and the electrode. Here again the position  
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8 259 of the modiolar wall located using one view was validated using orthogonal views.  
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10 260 The position of each electrode was assumed to be at the center of the artifact. Prior to the EMD  
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12 261 measurements, the CT images were rotated around the modiolar axis in order to visualize the  
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14 262 specific electrode on both horizontal and vertical section views. The green circles in Fig. 2 identify  
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16 263 the same electrode in both the horizontal and vertical views.  
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18 264 The EMD was then measured using the software measuring tool as the radial distance from the  
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20 265 electrode to the modiolar wall (as revealed by a higher contrast). Again EMD estimations were  
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22 266 validated using both horizontal and vertical views. Two independent sets of EMD estimations  
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24 267 were made by two observers. Since, in humans, spiral ganglion cells (SGCs) are clustered in  
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26 268 Rosenthal's canal, this measurement gives a first approximation of the distance between the  
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28 269 electrodes and the SGCs.  
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## 31 32 271 **2.6 Testing Session**

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36 273 Threshold measurements, speech recognition test and SMRT were carried out in the same session  
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38 274 lasting approximately three hours. The subjects were divided in two groups (A and B). Group A  
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40 275 started with measurements on the even electrodes while group B started with measurements on  
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42 276 the odd electrodes. Each session was organized as follows:

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44 277 1. MCL estimation for even electrodes for group A and odd electrodes for group B.

45  
46 278 The order in which the electrodes were presented was randomized. In addition, for each  
47  
48 279 electrode, the presentation order of the three pulse shapes was also randomized. Then,  
49  
50 280 thresholds were measured for even (group A) or for odd (group B) electrodes, also randomizing  
51  
52 281 the electrode and pulse shape orders.

53  
54 282 2. Speech recognition test and SMRT

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56 283 3. Same as (1) for odd electrodes for group A and even electrodes for group B.

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58 284 Impedances were measured using the clinical fitting software (Soundwave v2.0, Advanced  
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60 285 Bionics) at the beginning and at the end of the session.  
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## 2.7 Statistical analysis

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The statistical analyses were performed using Matlab (MathWorks, Natick, MA), SPSS (PASW Statistics for Windows, v18.0. Chicago: SPSS Inc.) and MLwiN (Rasbash et al., (2009)).

289

290

First, we tested if one polarity was more efficient than the other by running a two sided-sign test with zero median on the polarity effect data.

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292

Second, we examined the correlations between detection thresholds, EMDs and polarity effects both at the between-subject and within-subject levels. For the between-subjects analyses, the individual data were averaged across the electrode array, yielding one data point per subject. For the within-subject analyses, the data of all three measures (thresholds, EMD, polarity effect) were normalized by subtracting from each data point of a given subject the mean value across the array of this same subject. This removed the between-subject variance and allowed the data from all subjects to be pooled before calculating the correlation. (Bland and Altman, (1995); Carlyon et al., (2018)). Henceforth the term “normalized data” refers to this specific manipulation. To investigate the separate influence of EMD and polarity effect on detection thresholds, two analyses were carried out: (i) Partial correlations were calculated (SPSS) and (ii) a multilevel regression model was fitted to the detection threshold data (MLwiN).

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303

Third, we correlated the mean polarity effect across the array of each subject (assumed to represent a global measure of neural health) to the performance on speech and SMRT tasks. The results of all correlations are presented by reporting the correlation coefficient, the degrees of freedom and the corresponding p-value ( $r$ ,  $df$ ,  $p$ , respectively).

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## 3 Results

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### 3.1 Detection thresholds

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Figure 3 displays individual detection threshold measurements for the three pulse shapes, expressed in dB relative to 1  $\mu$ A. Note that the vertical scale may be shifted between subjects to better visualize the differences in thresholds for the three pulse shapes but the range is identical.

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It is striking that the across-electrode patterns of thresholds are very subject-specific and that some of them exhibit large and highly localized peaks or troughs.

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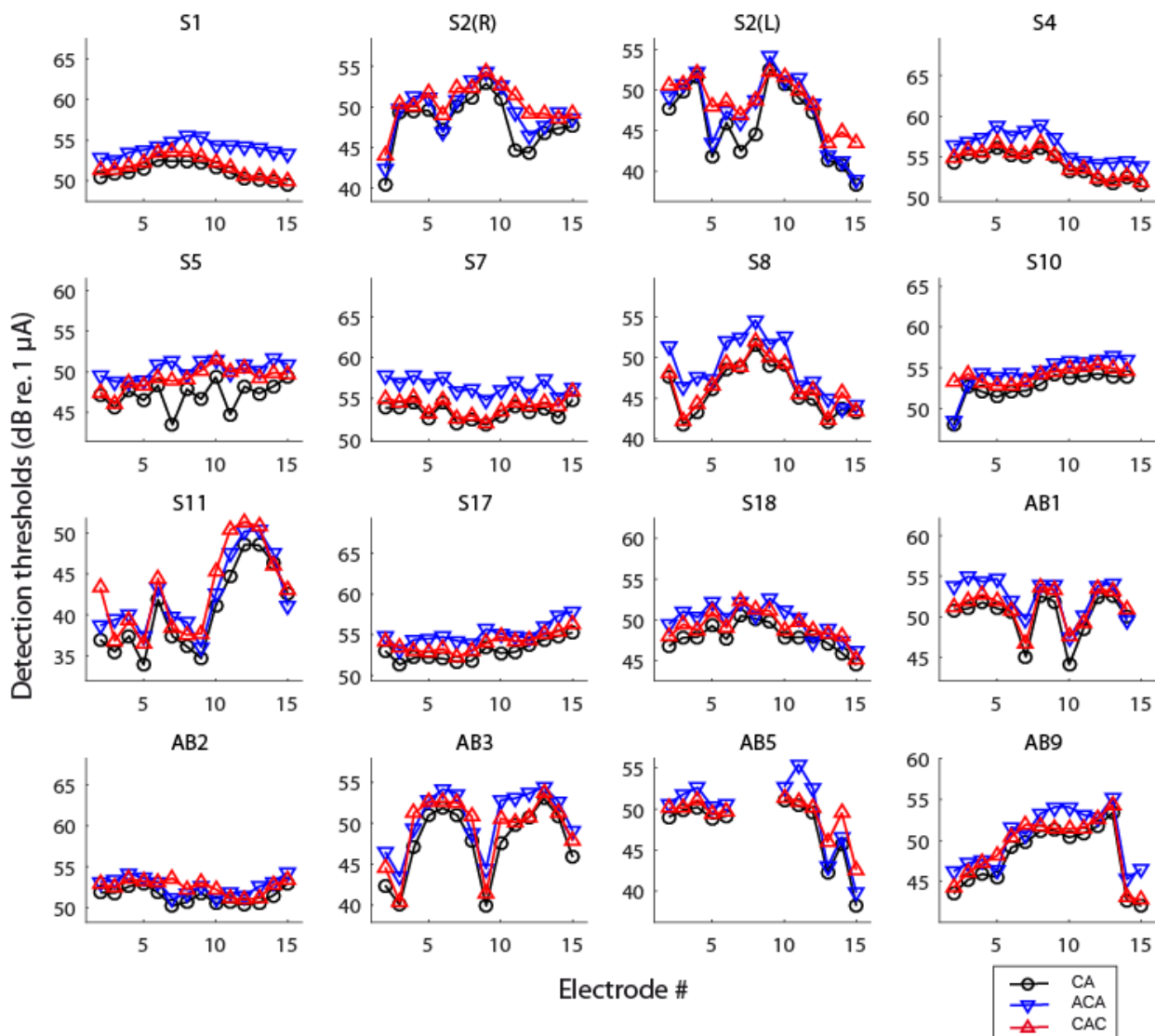


Figure 3: Detection thresholds (in decibels re. 1  $\mu\text{A}$ ) obtained for all pulse shapes (CA, ACA, and CAC) using pTP stimulation. Each panel is for one subject.

### 3.1.1 Polarity effect

CA-thresholds were always lower or equal to anodic (CAC) and cathodic (ACA) thresholds. This finding is predicted by the simple linear filter model of Carlyon et al., (2005) which accounts for the smoothing of the stimulus waveform at the level of the cell membrane. It may also relate to the fact that with CA pulses, both polarities are more likely to initiate action potentials (Coste and Pflugst, (1996); Undurraga et al., (2013)) and/or that triphasic pulses contain two phase reversals

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326 instead of one, which reduces the effect of the central phase (van Wieringen et al., (2008)).  
327 Polarity sensitivity was quantified by calculating the polarity effect, PE, defined as the difference  
328 in dB between cathodic and anodic thresholds. As a result, negative values of PE indicate that, for  
329 a given electrode, the cathodic threshold is lower than the anodic threshold. Figure 4 displays the  
330 individual across-electrode patterns of PE. Overall, out of 219 electrodes, 48 (22%) yielded  
331 negative PE (see figure 4). For each subject, we calculated the average of PE across the electrode  
332 array, referred to as  $\overline{PE}$  which can be considered as a global measure of polarity sensitivity. The  
333 average polarity effect ( $\overline{PE}$ ) was 0.87 dB and a sign test showed that across this group of CI users,  
334 the effect was more likely to be positive than negative (df = 15, p = 0.021). In other words, anodic  
335 thresholds were significantly more likely to be lower than cathodic thresholds for this group of CI  
336 users. Individual t-tests performed for each subject, on PE, yielded similar conclusions for ten out  
337 of sixteen ears tested. The polarity effect was not significantly different from zero for S2(L), S10,  
338 S11, AB2 and AB5. It was significantly negative for S2(R) (p=0.04).

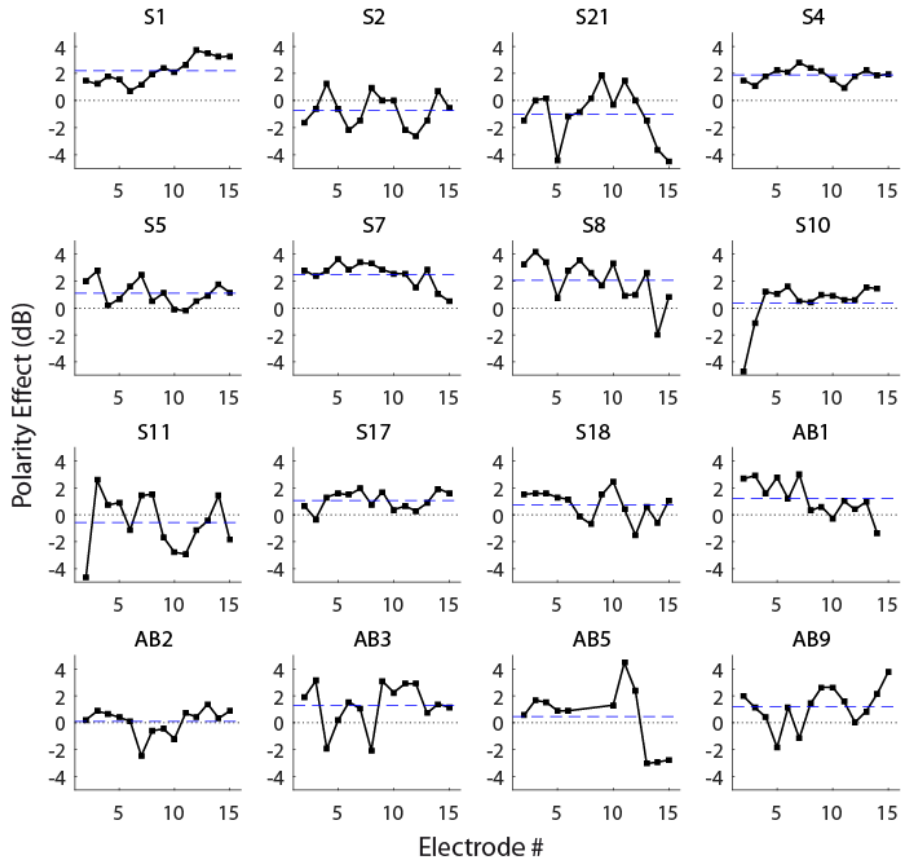


Figure 4: Across-electrode pattern of polarity effects obtained for each subject (Difference between cathodic and anodic thresholds in dB). Dotted lines indicate the 0 dB baseline. Dashed lines represent the mean PE.

If cathodic stimulation preferentially initiates action potentials at the level of the peripheral processes, the negative PE obtained for 48 of the electrodes tested may indicate that more peripheral processes are present in such cases. By extension, it may also imply that neural health is better near these electrodes.

The data were first averaged across the array for each subject. Pearson's correlations revealed a significant positive relationship between the mean thresholds with CA pulses and the mean polarity effect ( $r=0.50$ ,  $df=14$ ,  $p=0.047$ ; Figure 5.A). However, this relationship might be partly driven by the left-most point on figure 5.A (+ symbol, corresponding to subject S11).

A weak but significant correlation was also observed at the within-subject level (ie. after removing the between-subject variance, Bland and Altman, (1995)) ( $r=0.19$ ,  $df=201$ ,  $p=0.006$ , Figure 5.B).

These results indicate that the polarity effect might explain a small part of the between- and



within-subject variance in thresholds, and are broadly consistent with the findings of Carlyon et al., (2018), and Jahn and Arenberg (2019)

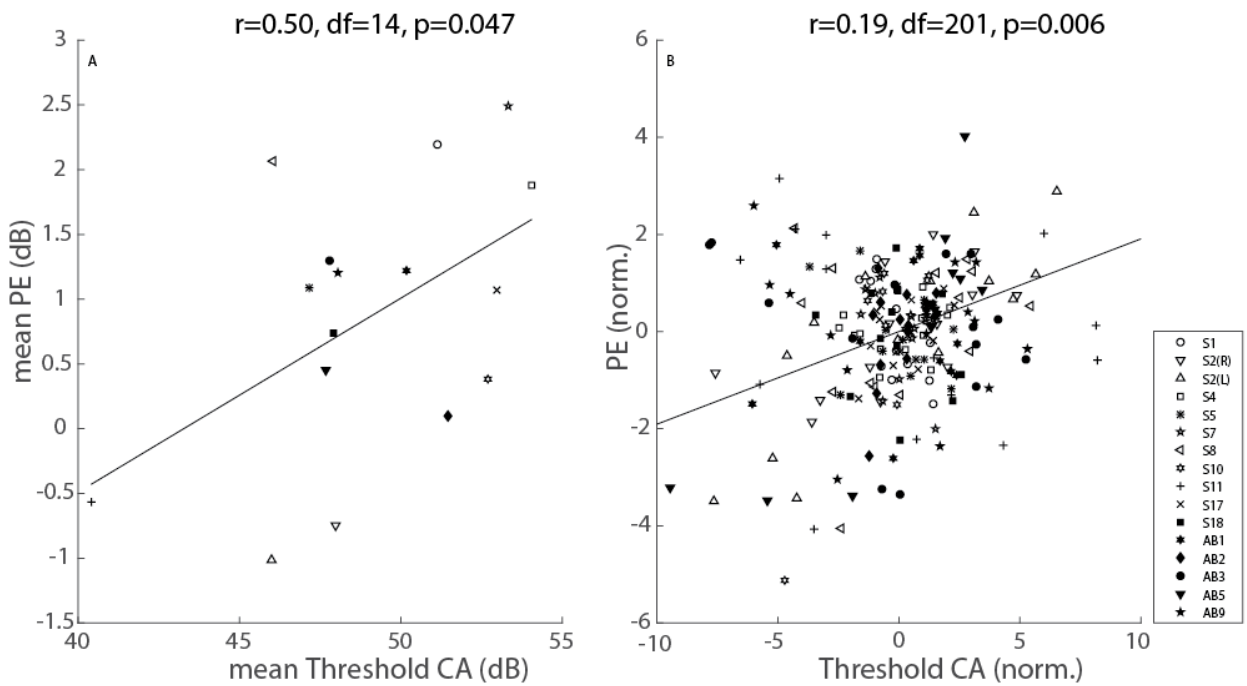


Figure 5: Panel A: Mean polarity effect (dB) as a function of the mean detection threshold (dB). Panel B: Normalized polarity effect as a function of the detection threshold (dB) measured with CA pulses, also normalized. Each symbol is for one subject

CT scans enabled the identification of irregular positions of some electrodes. S5 had his three or four most basal electrodes located inside the scala vestibuli. For S11, we spotted a tip fold-over on electrodes 1 and 2 (most apical). This subject also showed a large difference in polarity effect between electrodes 2 and 3, but it remains difficult to assess if this resulted from this abnormal positioning. As a matter of verification, the same analysis as in fig. 5 was carried out without these abnormally located electrodes. The within-subject correlation was still significant ( $r=0.20$ ,  $df=197$ ,  $p=0.005$ ) but the between-subject correlation did not remain significant ( $r=0.48$ ,  $df=14$ ,  $p=0.052$ ).

### 3.1.2 The effect of EMD

We assessed the reliability of EMD estimations using the methods described in Bland and Altman, (1999). Figure 6.A represents the EMDs reported by Observer 2 as a function of the EMDs reported by Observer 1 ( $r=0.83$ ). Figure 6.B illustrates the difference in EMDs between the two

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observers as a function of the average EMD from both observers, with dotted lines indicating the 95% confidence interval. Estimations within the confidence interval were averaged while the 6 electrodes falling beyond the confidence limits were not considered in the following statistical analyses.

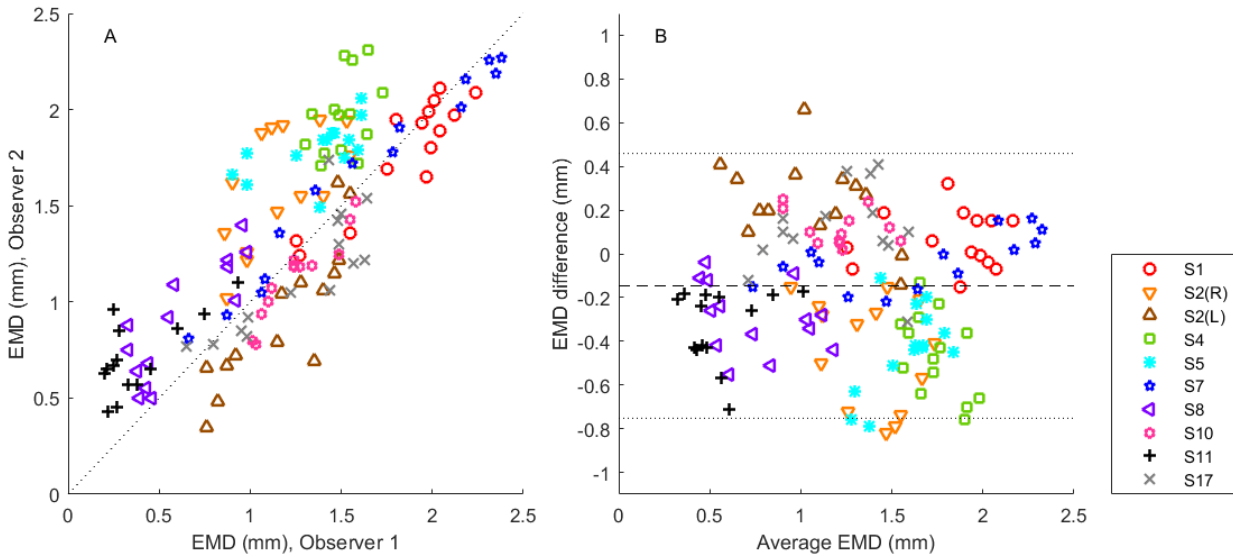


Figure 6: Panel A: EMD estimations from Observer 2 as a function of the EMD estimations from Observer 1 (mm). Dotted line represents the equality line. Panel B: EMD difference between the two observers as a function of the EMD averaged across the two observers. The dashed line represents the mean of the whole data set (-0.14 mm, the average absolute difference was 0.27 mm). The dotted lines represent the 95% confidence interval.

Figure 7 shows the individual EMD estimations as a function of the electrode number. Across the ten subjects for whom cone-beam CT scans were available, EMD estimates ranged between 0.32 and 2.33 mm, consistent with the observation of Jahn and Arenberg, (2019) for the same make of CIs.

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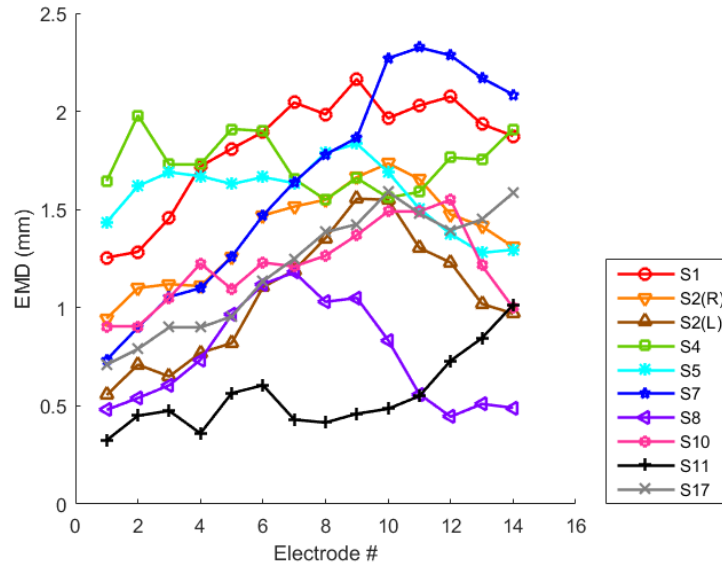


Figure 7: EMD estimations (mm) as a function of electrode number.

To analyze the between-subject variance in threshold, we calculated the mean threshold (across the array) and the mean EMD (across the array) for these 10 subjects. Figure 8 shows the variation of the mean threshold as a function of the mean EMD. Each symbol is for one subject. For all three pulse shapes, a significant positive correlation was found between EMDs and detection thresholds ( $df = 8, p < 0.05$ ; see figure 8). This model accounts for 52, 55 and 58% of the between-

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395 subject variance in thresholds for CA, ACA and CAC stimuli respectively. The EMD and the  
396 threshold patterns for each subject were then normalized by their mean value across the  
397 electrode array to pool the data from all subjects together and perform a within-subject  
398 correlation analysis. Figure 9 represents the normalized thresholds as a function of the EMD for  
399 the three pulse shapes. It shows that on average, only a small part of the within-subject variance  
400 in threshold can be explained by the EMD (average  $r=0.28$ ,  $df=120$ ,  $p<0.01$ ). This poor relationship  
401 may be due to a small within-subject variability in EMD values. In other words, for any given  
402 subject, the EMD was relatively homogeneous across the electrode array but it could differ across

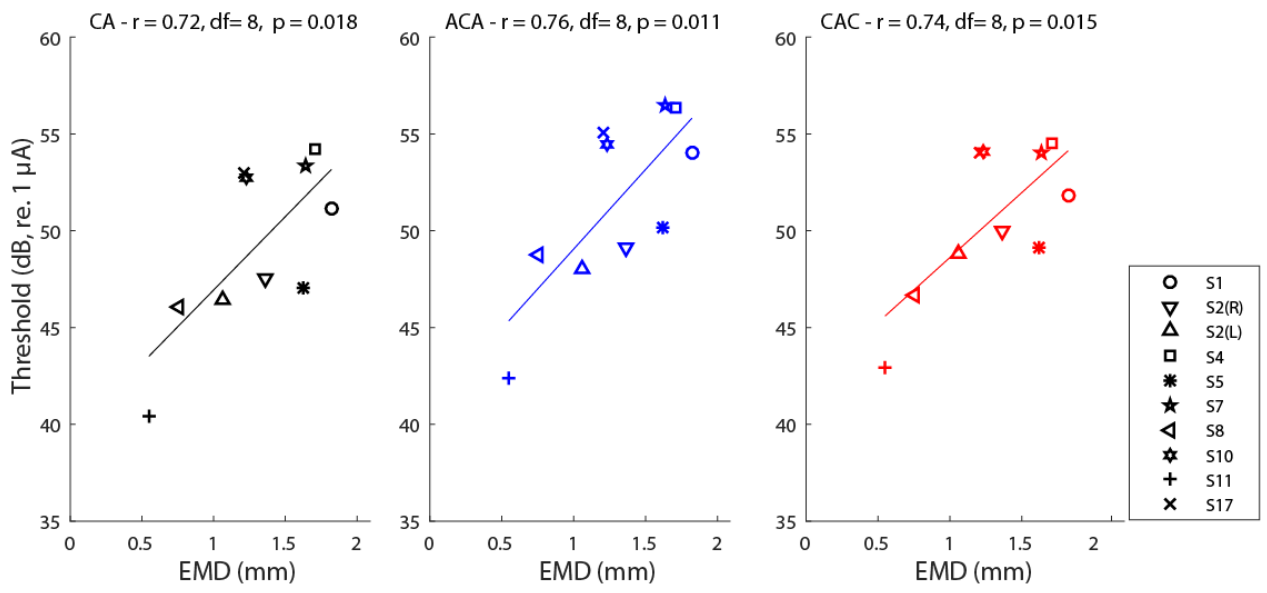


Figure 8: Mean detection threshold (dB) as a function of mean EMD (mm), averaged across the array. Each symbol is for one subject. Different panels illustrate the relationship for the three different pulse shapes CA, ACA and CAC.

403 subjects. For each subject, the difference in EMD between electrodes was smaller in our subject  
404 group (between 0.43 mm and 1.59 mm depending on the subject, 0.82 mm on average) than in  
405 Long et al., (2014), (0.75mm to 1.45mm, 1.20mm on average). This discrepancy will be discussed  
406 in section 4.

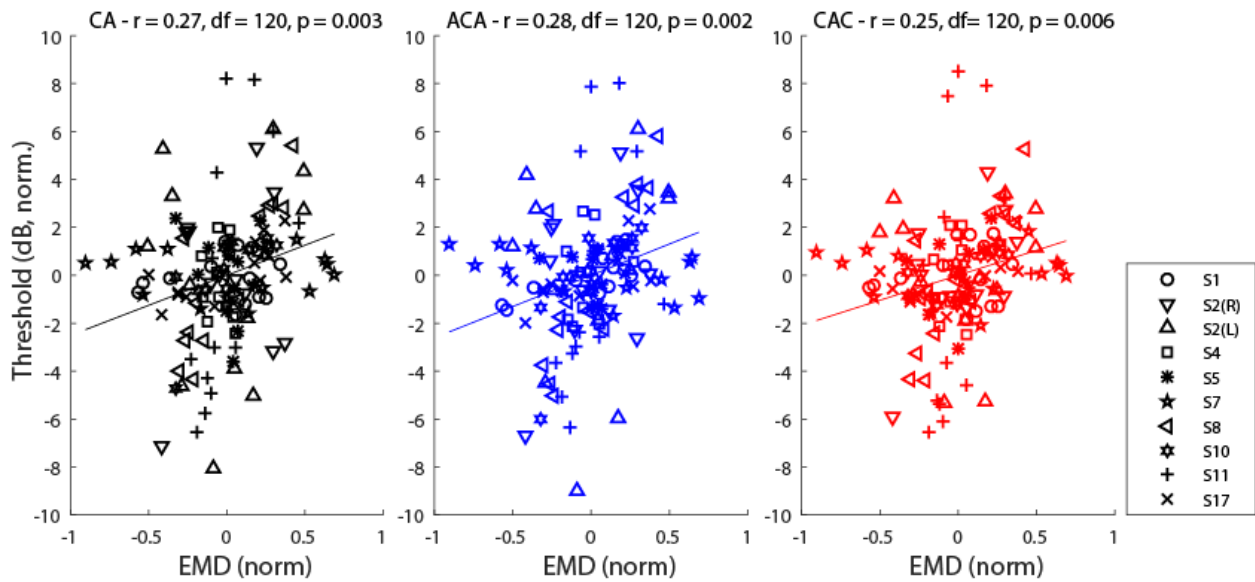


Figure 9: Normalized thresholds as a function of the normalized EMD. Each symbol is for one subject. Different panels illustrate the relationship for the three different pulse shapes CA, ACA and CAC.

### 3.1.3 Relationship between EMD, the polarity effect, and detection thresholds

The present findings suggest that both the EMD and PE have an influence on detection thresholds. However, the model study by Rattay, et al., (2001) suggested that polarity sensitivity may be influenced by the position of the electrode relative to the nerve fibers. It thus remains unclear whether the proportions of the threshold variance explained by these two parameters overlap. To investigate the combined contribution of EMD and PE on detection thresholds, partial correlation analyses were performed and the results are reported in Table 2. It indicates that detection thresholds correlate with both the EMDs and PEs and that each factor could only explain 6.5 and 4% of the variance respectively (when partialling out PE and the EMD, respectively).

It is also worth noting that no relationship was found between the EMDs and the PE when the detection thresholds were partialled out. We also fitted our data using a multilevel regression model which corroborated this finding (MLWin software, Rasbash et al., (2009), results not shown here). It therefore shows that both the EMD and PE contribute to explain some of the variance of

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425 the across-electrode threshold patterns.

426  
427 **3.2 Supra-threshold tasks**

428 **3.2.1 Speech recognition**

429 Word recognition scores ranged from 20% to 68% with an average score of 43.2% for French  
430 speaking participants and 66.6% for English speaking participants. The test/retest reliability,  
431 expressed as the percentage of variation between the two lists, ranged between 0 and 24% (12%  
432 on average for French subjects and 7% for English subjects). Individual speech recognition scores  
433 are reported in Table 1. To be able to pool the speech recognition data from all participants, the  
434 logit of the speech scores were normalized by the mean value obtained in each group. Contrary  
435 to previous studies by Pfingst et al., (2004) and Long et al., (2014), in the present data, the within-  
436 subject variance in threshold was not correlated with the normalized logit of the speech  
437 recognition scores ( $r = -0.24$ ,  $df = 12$ ,  $p = 0.399$ ).

438 Long et al., (2014) reported that neither mean threshold alone nor mean EMD alone  
439 predicted speech recognition scores. However, in their study, the root mean square error (RMSE)  
440 of the distance model was significantly correlated with speech intelligibility. As a result, they  
441 proposed the RMSE as a metric for the prediction of CI performance. For each of our subjects, the  
442 RMSE to the global distance model presented above was calculated. However, no such correlation  
443 was observed ( $r=0.19$ ,  $df=6$ ,  $p=0.64$ ).

444  
445 **3.2.2 SMRT**

446 The scores of the SMRT test carried out with all subjects ranged between 0.66 and 4.01 rpo with  
447 an average score of 1.84 rpo (see individual scores in table 1). Recently, O'Brien and Winn, (2017)  
448 reported that the transmission of spectral ripples through CI processors is subject to spectral  
449 aliasing and that additional cues may be used by the subjects to perform the task above a critical  
450 ripple density value. To circumvent this problem, the SMRT scores were winsorized with a  
451 maximum value of 2 rpo (corrected mean = 1.49 rpo).

452 It is worth noting that the outcomes of the speech recognition and SMRT tests were not  
453 correlated. This may relate to the inherent limitations of using this spectral ripple test with CIs as

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4 454 reported by O'Brien and Winn, (2017) or to the fact that speech recognition is more affected by  
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6 455 individual factors such as experience with speech. As for speech scores, SMRT scores were not  
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8 456 correlated to the RMSE ( $r=0.62$ ,  $df=8$ ,  $p=0.101$ ). The within-subject variance in thresholds was  
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10 457 not correlated to the SMRT scores ( $r=0.44$ ,  $df=14$ ,  $p=0.085$ ), however, one should mention  
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12 458 that they were surprisingly positively correlated when considering the non-winsorized SMRT  
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14 459 scores ( $r=0.62$ ,  $df=14$ ,  $p=0.010$ ).

### 16 460 17 18 461 **3.2.3 Comparison of polarity effect and performance on supra-threshold tasks**

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20 462 If, as suggested by the correlation between PE and detection threshold, PE relates to neural  
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22 463 health, we would expect better performance in SMRT and speech recognition when PE is low. To  
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24 464 evaluate this hypothesis, we consider the mean polarity effect averaged across the electrode  
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26 465 array as previously defined. Figure 10 displays SMRT scores in rpo (Panel A), and normalized  
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28 466 speech logit (Panel B) as a function of  $\overline{PE}$ . We can note that SMRT scores show a significant  
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30 467 negative relationship with  $\overline{PE}$  ( $r=-0.56$ ,  $df=14$ ,  $p=0.025$ ) which corroborates our hypothesis that  
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32 468 polarity sensitivity relates to neural health. Note that very similar correlations were obtained  
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34 469 when using the non-winsorized SMRT scores ( $r=-0.55$ ,  $df=14$ ,  $p=0.026$ ). In contrast, no significant  
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36 470 relationship was observed between  $\overline{PE}$  and normalized speech recognition scores ( $r=0.42$ ,  
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38 471  $df=12$ ,  $p=0.136$ ).

39 472 Besides, to assess the robustness of this global measure of neural health, the same correlation  
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41 473 analysis was carried out for even and odd subsets of electrodes separately, which also yielded  
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43 474 significant correlations between SMRT scores and the polarity effect (even electrode:  $r=-0.57$ ,  
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45 475  $p=0.020$ ; Odd electrodes:  $r=-0.52$ ,  $p=0.041$ ).

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47 476 Here again these results are consistent with the hypothesis that PE relates to some aspects  
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49 477 of neural health.

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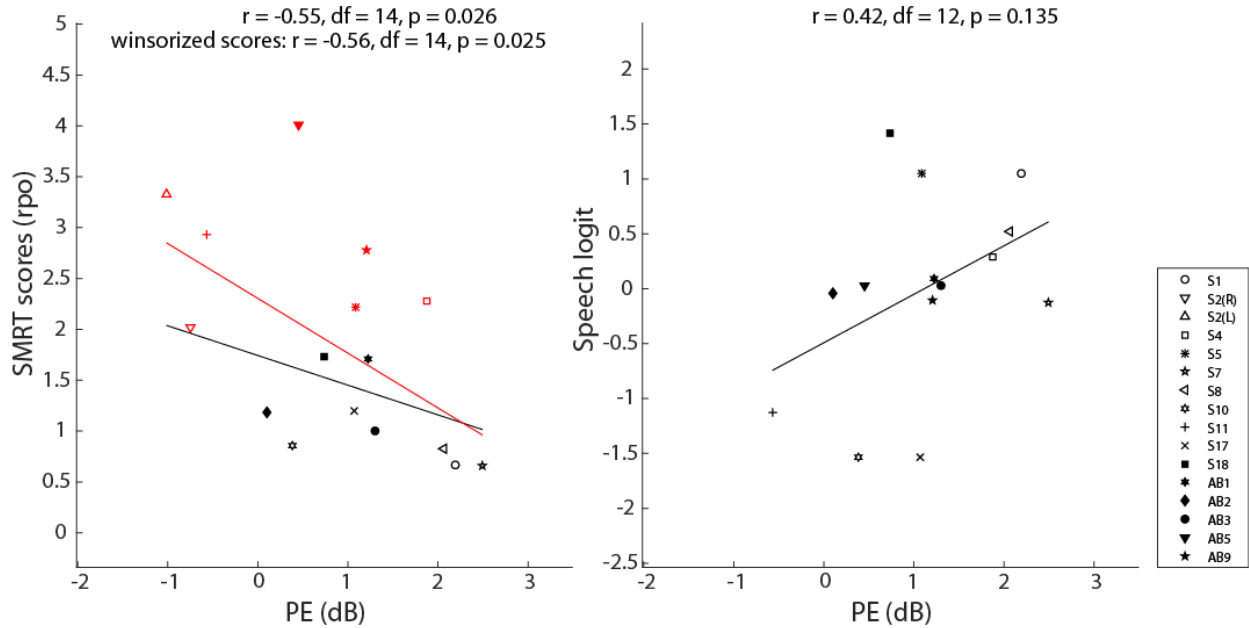


Figure 10: Panel A: SMRT scores (in ripples per octave) as a function of the difference between cathodic and anodic thresholds (in dB). Red symbols were winsorized for the correlation analysis. Panel B: Normalized logit of speech recognition scores as a function of the difference between cathodic and anodic thresholds (in dB).

## 4 Discussion and conclusion

We measured detection thresholds in CI users and tried to explain the across- and within-subject variability. In particular, we aimed to assess the influence of two potential factors on these detection thresholds: a measure of the distance between the electrodes and the nerve fibers, and a proposed psychophysical correlate of neural health. We tried to understand to what extent these factors relate to detection thresholds.

### (1) Across-site variance in thresholds

Previous studies showed that speech performance is negatively correlated with the across-site variance in thresholds (Pfungst et al., (2004); Bierer, (2007); Long et al., (2014)). This measure of variance was thus proposed as a potential correlate of neural health. As in DeVries and Arenberg, (2018), speech test outcomes in the present experiment did not replicate those findings. Several factors may have influenced this lack of relationship. First, those earlier studies were conducted with a different device and different speech materials. Second, although Long et al., (2014) used a CNC word recognition test which is close to what was done in the present study, their subject



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4 493 group was also larger and more homogeneous than ours. In the present study, speech testing was  
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6 494 carried out with the subjects' own processor meaning that the device settings/parameters  
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8 495 differed across subjects. Furthermore, their experience with their device varied from 0.5 to 15  
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10 496 years. In contrast, in Long et al., (2014), all speech recognition tests were carried out 12 months  
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12 497 post-activation and using the same external processor for all subjects, thereby providing the exact  
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14 498 same stimulation strategy (Monopolar stimulation and ACE strategy). This might have reduced  
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16 499 the number of subject-specific parameters that could influence speech recognition. Finally, the  
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18 500 stimulation mode might play an important role since Long et al., (2014) found a significant  
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20 501 relationship for PA and bipolar stimulation but not for tripolar and monopolar stimulation modes.  
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22 502 In their study, monopolar stimulation yielded rather homogeneous across-electrode thresholds  
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24 503 compared to PA (the within-subject variance in thresholds was 2.25 dB<sup>2</sup> on average for monopolar  
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26 504 and 34.8 dB<sup>2</sup> for PA). In the present study, the average variance in thresholds using pTP  
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28 505 stimulation was 8 dB<sup>2</sup>. This relatively small variance might explain why it did not correlate with  
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30 506 speech performance in the present study but did in their study with PA stimulation.

## 31 (2) Electrode-to-modiolar wall distance (EMD)

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33 508 Consistent with several previous studies, we showed that the distance to the modiolar wall  
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35 509 (i.e. near where the neurons lie) has an influence on detection threshold (Cohen et al., (2006);  
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37 510 Long et al., (2014)). More specifically, we found that the distance model could explain 54% of the  
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39 511 between-subject variance in thresholds but only 7% of the within-subject variance. As previously  
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41 512 mentioned, this difference may result from the relatively small across-site variance in EMDs for  
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43 513 our group of subjects.

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45 514 Consistent with this observation, at the individual level, the so-called distance model was only  
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47 515 significant for four of the ten subjects (S8, S10, S11 and S17). It is worth noting that in Long et al.,  
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49 516 (2014), a significant relationship was observed for seven of ten subjects with the phased-array  
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51 517 electrode configuration (PA) and for only four of them with MP configuration. Another important  
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53 518 factor might be that in their study all subjects were users of the Nucleus<sup>®</sup> perimodiolar electrode  
54  
55 519 array while in the present study, only S2(L), S8 and S11 were implanted with an electrode array  
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57 520 meant to be close to the modiolus (i.e. a HiFocus 1j with a positioner or a midscala electrode  
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59 521 array).

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522 Furthermore, we did not replicate the finding that speech scores correlate with the RMSE of the  
523 distance model.

524 Despite the difference in electrode configuration, one may wonder whether the accuracy of the  
525 EMD estimations might have affected the present results. Long et al., (2014) used a more  
526 advanced procedure for the estimation of the EMD. First, the resolution of our CT images was  
527 slightly poorer compared to Long et al., (2014) (125 $\mu$ m cubic voxels versus 100 $\mu$ m in their  
528 study). In particular, the localization of the modiolar wall in the apical region was sometimes  
529 difficult due to a poor contrast and the presence of artifacts. Second, Long et al., (2014) had access  
530 to either pre-operative scans that were not contaminated by electrode artifacts, or to a scalable  
531 cochlear model, which was not our case. This resulted in a relatively large variability in the EMD  
532 estimations from both observers. While it was verified that the analysis conducted with each set  
533 of estimations yielded consistent results, it may be possible that this variability reduced the  
534 significance of the EMD as an explanatory factor for the variance in detection thresholds.

**(3) Polarity sensitivity**

536 Macherey et al., (2008) originally reported that human CI users consistently show a  
537 higher sensitivity to anodic stimulation at MCL. Other recent studies (Macherey et al., (2017);  
538 Carlyon et al., (2018); Goehring et al., (2019); Jahn and Arenberg, (2019)) reported that some  
539 subjects and/or electrodes may also exhibit a polarity sensitivity at threshold, which is reliable  
540 but can be in either direction. In the present study we analyzed a relatively large number of  
541 measurements which revealed a higher sensitivity to anodic stimulation for 78% of the tested  
542 electrodes at threshold.

543 Similar to the results of Jahn and Arenberg, (2019), who used the same methods for  
544 threshold measurements but using monopolar stimulation, no relationship was found between  
545 EMDs and the polarity effect. The partial correlations analysis suggests that both the EMD and PE  
546 contribute to the variance in thresholds.

547 From previous modeling studies (Rattay, et al., (2001); Resnick et al., (2018)), the  
548 difference between cathodic and anodic thresholds, PE is assumed to reflect the degree of  
549 degeneration or demyelination of the peripheral processes. In particular, high values of PE may  
550 relate to a place where peripheral processes cannot be stimulated or are degenerated.  
551 Interestingly, SMRT scores and  $\overline{PE}$  were negatively correlated. Even though the part of the

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variance in SMRT explained by  $\overline{PE}$  was small (31%), this result is consistent with this hypothesis.

**(4) Perspectives**

Even though we found that both the EMD and the polarity effect might contribute to explain this variance in threshold at both the between- and within-subject levels, the correlations were weak. This means that there may be other more central factors that are important and/or that polarity sensitivity only represents one aspect of neural health (e.g. survival of peripheral processes but not overall health).

Another limitation of the present result is that our analysis of the relationship between the performance on suprathreshold tasks and the polarity sensitivity only considered  $\overline{PE}$  which is averaged across the entire array and thus removes the information of the across-electrode differences in PE. It might thus be interesting to replicate this experiment with subsets of electrodes which exhibit little variation in PE to investigate the effect of polarity on performance in a within-subject analysis. Additional factors still need to be identified to better explain those results, these might for instance include the amount of fibrosis and/or ossification.

CT-scan analysis only enabled an estimation of the distance between the electrodes and the modiolar wall. A higher resolution might have enabled measurement not only of the EMD but also of the distance to the osseous spiral lamina (OSL). This distance may better represent the potential excitation site on the peripheral processes and also better relate to polarity sensitivity, as reported by Rattay, et al., (2001). In this case it would have been interesting to test the distance model on the one hand, between the EMD and anodic thresholds and, on the other hand, between the distance to the OSL and cathodic thresholds.

Although further investigation is required to strengthen the observation made in the present study, our results add some evidence that polarity sensitivity reflects some aspects of the electrode-neuron interface that have functional/perceptual implications (Carlyon et al., (2018); Hughes et al., (2018); Goehring et al, 2019). Being able to picture the places where healthy neurons lie may be beneficial for the optimization of stimulation strategies. In particular, current focusing and current steering techniques using multipolar strategies have been investigated in the past to create spatially selective virtual channels and thus improve spectral resolution (Berenstein et al., (2008); Bonham and Litvak, (2008)). While it was demonstrated that the locus

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581 of excitation might be slightly shifted by manipulating the amplitude of different electrodes, the  
582 benefits in terms of speech recognition were small or inconsistent across studies and/or subjects.  
583 The polarity effect might provide relevant information to further improve such strategies. It might  
584 also be used to select specific electrodes in order to target regions of the cochlea where the neural  
585 population is expected to be healthy.

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Subjects	Duration of deafness prior to CI (years)	Etiology	CI use (years)	Age (years)	Deactivated electrodes	Speech scores (%)	SMRT scores (rpo)
S1	20	Unknown progressive	12	38	None	60	0.67
S2(R)	7	Unknown progressive	7	62	None	n/a	2.02
S2(L)	1	Unknown progressive	1	62	None	n/a	3.33
S4	10	Unknown progressive	13	52	None	47	2.28
S5	6	Usher syndrome	13	20	None	60	2.22
S7	24	Pendred syndrome	12	39	None	40	0.66
S8	2	Unknown progressive	15	87	None	51	0.83
S10	47	Ototoxicity following meningitis	12	61	E16	20	0.86
S11	34	Congenital	0.5	42	None	25	2.93
S17	10	Viral	11	63	None	20	1.20
S18	20	Possible ototoxicity	1.5	35	None	66	1.93
AB5	18	Otosclerosis	6	73	E8	67	4.01
AB1	n/a	n/a	7	71	E15	68	1.71
AB9	n/a	n/a	2	71	None	65	2.78
AB2	16	Acquired, possible	8	57	None	66	1.18

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		ototoxicity					
AB3	33	Otosclerosis	8	70	None	67	1.00

Table 1: Subjects details. Subjects labelled with S- were tested in France, and those labelled with AB- were tested in the United Kingdom.

Variables	Control	r	df	p
Threshold, EMD	PE	0.25	117	0.006*
Threshold, PE	EMD	0.20	117	0.029*
EMD, PE	Threshold	0.06	117	0.516

Table 2: Partial correlations statistics.

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1 **Title:**

2 Polarity sensitivity as a potential correlate of neural degeneration in cochlear implant users<sup>1</sup>.

3

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17 **Key words:**

18 cochlear implant, polarity, neural health survival, computed tomography scans

19

20 **Abstract**

21

22 Cochlear implant (CI) performance varies dramatically between subjects. Although the  
23 causes of this variability remain unclear, the electrode-neuron interface is thought to play an  
24 important role. Here we evaluate the contribution of two parameters of this interface on the  
25 perception of CI listeners: the electrode-to-modiolar wall distance (EMD), estimated from cone-  
26 beam computed tomography (CT) scans, and **a measure of neural health. ~~the state of neural~~**  
27 **~~degeneration. Unfortunately~~ Since** there is no objective way to quantify neural health survival in

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<sup>1</sup> Part of this work was presented at the Conference on Implantable Auditory Prostheses in Lake Tahoe, California, 2017

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CI users. ~~Therefore,~~ we ~~measure~~ ~~investigate~~ ~~whether~~ stimulus polarity sensitivity, which is assumed to be related to neural degeneration, ~~and investigate whether it~~ also correlates with subjects' performance in speech recognition and spectro-temporal modulation detection tasks. Detection thresholds were measured in fifteen CI users (sixteen ears) for partial-tripolar triphasic pulses having an anodic or a cathodic central phase. The polarity effect was defined as the difference in threshold between cathodic and anodic stimuli. Our results show that both the EMD and the polarity effect correlate with detection thresholds, both across and within subjects, although the within-subject correlations were weak. Furthermore, the mean polarity effect, averaged across all electrodes for each subject was negatively correlated with performance on a spectro-temporal modulation detection task. In other words, lower cathodic thresholds were associated with better spectro-temporal modulation detection performance, which is also consistent with polarity sensitivity being a marker of neural degeneration. Implications for the design of future subject-specific fitting strategies are discussed.

Number of tables: 2

Number of figures: 10

## 1 Introduction

Several studies have shown that the variability in performance of cochlear implant (CI) users is at least partly due to differences in the electrode-neuron interface (Bierer and Faulkner, (2010); Cosentino et al., (2016); Garadat et al., (2010)). A conceptual model of this interface involves (1) the electrode position, (2) the current path from the electrode to the neurons and (3) the distribution of the neural population. While (1) and (2) can respectively be investigated by analyzing CT images (Saunders et al., (2002); Cohen et al., (2006); Long et al., (2014); ~~van der Marel et al., (2015)~~; Venail et al., (2015)) and by performing electrical measurements (~~Spelman et al., (1982)~~; Vanpoucke et al., (2004); Micco and Richter, (2006); Mesnildrey et al., (2019)) assessing neural ~~health survival~~ remains a challenge.

Studies counting the remaining cells in cadaver cochleas showed the complexity of predicting neural ~~health survival~~ in CI patients, because the speed of neural degeneration depends on

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numerous factors such as the duration and etiology of deafness (Nadol et al., (1989); Linthicum and Anderson, (1991); Glueckert et al., (2005)). In addition, and rather surprisingly, studies that examined the correlation between the number of remaining nerve fibers and speech performance have yielded inconsistent results (Khan et al., (2005); **Fayad and Linthicum, (2006);** Nadol and Eddington, (2006); Kamakura and Nadol, (2016) ).

Since it is currently not possible to objectively quantify neural survival in CI users, several studies have tried to identify psychophysical or electrophysiological correlates. Pfungst et al., (2004) and Long et al., (2014) reported correlations between the within-subject variance in threshold across the electrode array and speech performance. They argued that a large threshold variance across the array may reflect the presence of neural dead regions, which would negatively impact speech perception. Zhou and Pfungst, (2014) measured the effect of electrical pulse rate on threshold, termed multipulse integration, in human CI users. They proposed, based on similar experiments in animals (Pfungst et al., (2011)), that the decrease in threshold associated with a doubling of the pulse rate could be a psychophysical correlate of neural **health survival**. Consistent with this hypothesis, they reported that the amplitude of the multipulse integration was positively correlated with consonant recognition in noise.

Animal studies by Prado-Guitierrez et al., 2007 and Ramekers et al., 2014 examined the effect of two parameters - the inter-phase gap and the phase duration - on the amplitude of the electrically-evoked compound action potential (eCAP). Prado-Guitierrez et al., (2007) reported that the increase in eCAP amplitude as a function of both the inter-phase gap and the phase duration was larger in healthy cochleas. The same relationship was found in Ramekers et al., (2014) for the inter-phase gap only.

A modelling study by Rattay, (1999) investigated the response of single nerve fibers to electrical stimulation. They predicted that the site of excitation along the nerve fibers should depend on stimulus polarity. In particular, they showed that cathodic stimulation tends to yield longer latencies than anodic stimulation for it is more likely to initiate action potentials at the peripheral processes. Similar observations were made **by Rattay et al., (2001) and more** recently by Resnick et al., (2018). Another important result from Resnick et al., (2018) is that a partial demyelination of peripheral processes reduces its excitability and yields an increase in threshold



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86 for cathodic but not for anodic stimulation. Polarity sensitivity may thus directly relate to the state  
87 of degeneration or demyelination of the peripheral processes. Since neural degeneration is  
88 retrograde by nature (Spoendlin, (1975)), it is also possible that the regions with a lot of peripheral  
89 degeneration are also regions where the number of surviving neurons is low. As a result, one may  
90 assume polarity sensitivity to relate to the local state of the neural population. More specifically,  
91 a relatively higher sensitivity to anodic stimulation compared to cathodic stimulation may reflect  
92 a site with high neural degeneration.

93 Polarity sensitivity can be assessed in human CI users by means of asymmetric pulse  
94 shapes, such as pseudomonophasic or triphasic pulses (Figure 1, Bonnet et al., (2004); Eddington  
95 et al., (2004); Macherey et al., (2008), (2006)). Unlike clinical symmetric biphasic pulses, such  
96 asymmetric pulse shapes can induce a domination of one polarity over the other, while  
97 maintaining electrical charge balance (Carlyon et al., (2013)). Macherey et al., (2017)  
98 demonstrated that polarity sensitivity at detection threshold can differ across human CI users, or  
99 across electrodes for a given subject. These differences have also been assumed to relate to the  
100 state of neural degeneration or demyelination of the peripheral processes.

101 Based on these studies, measuring polarity sensitivity across the electrode array has recently  
102 been proposed as an estimate of neural health survival along the cochlea (Carlyon et al., (2018);  
103 Hughes et al., (2018)).

104 Here we measure the polarity effect, defined as the difference in threshold between  
105 cathodic (Fig. 1.B) and anodic (Fig. 1.C) stimulation. Our first aim is to investigate how it relates  
106 to overall sensitivity across the electrode array (detection threshold). Furthermore,  
107 computational modeling by Rattay et al., (2001) predicts that the polarity effect may also depend  
108 on the position of the electrode in the scala tympani. Given that detection thresholds have also  
109 been shown to depend on the electrode-to-modiolar wall distance (EMD), we estimate this  
110 distance in a subset of our subjects from whom scans are available. This allows us to study the  
111 separate contributions of the EMD and of the polarity effect on overall sensitivity. Finally,  
112 assuming the polarity effect is a correlate of neural health survival, we would expect it to be  
113 related to overall performance on suprathreshold tasks. A second aim of the present study is to  
114 correlate the polarity effect with performance on speech perception tasks and/or to measures of

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4 115 spectro-temporal modulation discrimination (Won et al., (2007); Aronoff and Landsberger,  
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6 116 (2013)). We hypothesize that a large positive polarity effect reveals poor neural health survival  
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8 117 while a negative polarity effect reveals good neural health survival. We would thus expect the  
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10 118 performance on suprathreshold tasks to be negatively correlated with the polarity effect.

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12 119 Another measure of interest concerns the variation in threshold across electrodes. Long  
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14 120 et al., (2014) measured detection thresholds, EMD and speech recognition in a group of CI users  
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16 121 implanted with an experimental version of the device manufactured by Cochlear Corporation. For  
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18 122 seven of their ten subjects, detection thresholds were positively correlated with the EMDs,  
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20 123 referred to as the distance model. Interestingly, speech recognition scores were correlated with  
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22 124 the residuals of the distance model, meaning that when the distance could not explain the  
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24 125 variation in threshold across electrodes, speech performance tended to be poorer. They  
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26 126 hypothesized that this might reflect the irregularity of neural health survival across the electrode  
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28 127 array. Here we also aim to replicate this experiment with a different CI group implanted with a  
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30 128 device from a different manufacturer.

## 31 129

## 32 130 **2 Methods**

### 33 131 **2.1 Subjects**

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36 132 Experiments were conducted both in Marseille (France) and in Cambridge (United Kingdom) with  
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38 133 a total of 15 adult CI users (16 ears) whose details are reported in Table 1. Ten subjects (11 ears)  
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40 134 were tested in Marseille and five were tested in Cambridge. All subjects were implanted with a  
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42 135 CII/HiRes 90k device manufactured by Advanced Bionics. Their electrode array was the HiFocus  
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44 136 1j except for subjects S2(L) and AB9 who had the MidScala electrode. The labels S2(L) and S2(R)  
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46 137 refer to the left and right ears of the same bilaterally-implanted subject. In the following, the data  
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48 138 corresponding to each ear were treated as separate data sets. Subjects were paid for their  
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50 139 participation. All experiments were approved by the ethics committees (Marseille: Eudract 2012-  
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52 140 A00438-35; Cambridge: 00/327).

### 53 141

### 54 142 **2.2 Detection thresholds**

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56 143 Detection thresholds were measured for all subjects using the Bionic Ear Data Collection System  
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(BEDCS, Advanced Bionics, Litvak, (2003)) and custom Matlab interfaces.

**Stimuli**

Electrical stimuli were 300-ms pulse trains presented at a rate of 100 pulses per second. Three pulse shapes were used (Figure 1): Cathodic-first symmetric biphasic pulses (CA), triphasic pulses with a cathodic central phase (ACA) and triphasic with an anodic central phase (CAC). The triphasic pulse shapes consisted of a central phase of a given polarity and amplitude, preceded and followed by opposite-polarity phases of the same duration and half the amplitude so as to maintain charge-balancing. ACA and CAC pulses were intended to enhance the influence of the cathodic and anodic phase respectively (Eddington et al., (2004); Carlyon et al., (2013); Macherey and Cazals, (2016)). Henceforth, ACA and CAC thresholds are referred to as cathodic and anodic thresholds, respectively. For all pulse shapes, the duration of each phase was 97  $\mu$ s.

Stimuli were presented in partial tripolar (pTP) configuration with 75% of the current returning to the flanking electrodes and 25% to the ground (i.e.  $\sigma = 0.75$ , Jolly et al., (1996); Litvak et al., (2007)). Forward-masking experiments have provided evidence that pTP may produce a more spatially-focused stimulation than MP (Bierer et al., (2011); Landsberger et al., (2012)). We thus expected detection thresholds to reflect the responsiveness of restricted portions of the auditory nerve.

In pTP stimulation mode, the most apical and most basal electrodes cannot be stimulated because they do not have two neighboring electrodes, thereby limiting the maximum number of available tripolar channels to 14 (central electrodes ranging from E2 to E15). Any electrode deactivated in the patients' clinical maps (see table 1) was not tested (neither as central electrodes nor as flanking electrodes).

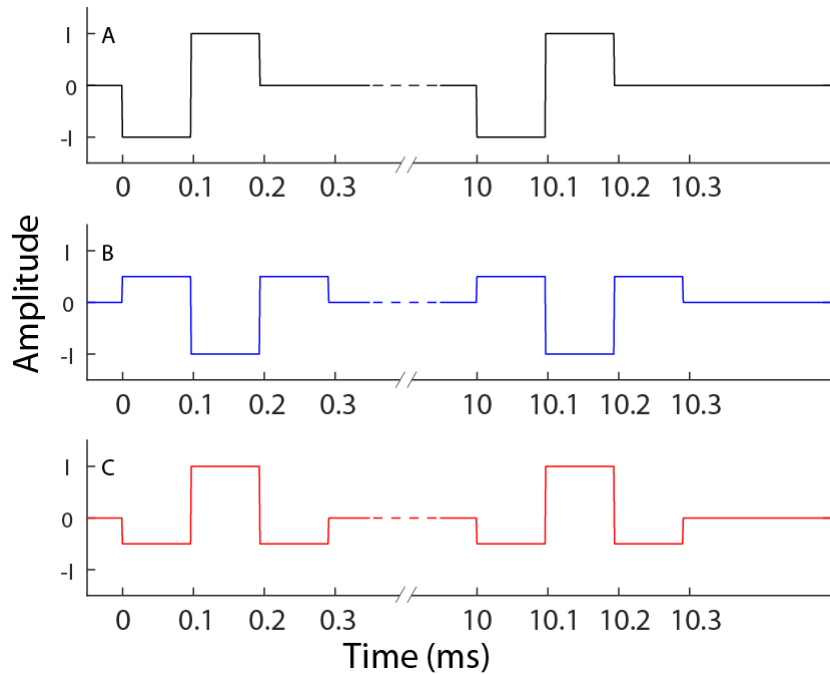


Figure 1: Electrical pulse shapes used for threshold measurements. Panel A: cathodic-first biphasic pulses (CA). Panel B: triphasic cathodic pulses (ACA). Panel C: triphasic anodic pulses (CAC).

## Procedure

For most subjects the number of conditions was 42 (14 electrodes  $\times$  3 pulse shapes) but this was reduced when an electrode was deactivated in the subject's clinical map (Table 1). Subject AB5, for whom an electrode in the middle of the array was deactivated, was tested on 11 electrodes (total of 33 conditions). The duration of a session only enabled one measure per condition. The thresholds for even and odd electrodes were measured separately yielding two blocks of 7 electrodes and 21 testing conditions. This procedure was chosen, first, to introduce a break approximately half-way through the session and, second, to be able to run independent analysis for both sets of electrodes, which will provide a control on the reliability of the measures. For each subset, one electrode was randomly selected and the three pulse shapes were tested successively, also in a randomized order. The most comfortable level (MCL) was then estimated for each specific condition.

Subjects were asked to report the perceived loudness using a loudness chart ranging from 0 to 10, where 1 corresponds to the quietest just noticeable sound, 6 to the MCL and 10 to sounds that are too loud. The stimulation level was manually increased with an amplitude step of 1 dB starting at a subthreshold level. Typically, when the loudness reached level 2, the amplitude step

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4 185 was reduced to 0.5 dB up to loudness level 4 and then further reduced to 0.2 dB until the MCL  
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6 186 was reached. Before each stimulation, it was checked that the current level did not exceed the  
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8 187 compliance limit (7 Volts) of the device. If the compliance limit was reached before the MCL, the  
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10 188 procedure was stopped and the maximum current level allowed was recorded.  
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12 189 After measuring the MCLs for all 21 conditions, detection thresholds were obtained for each  
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14 190 condition using a one-up/one-down procedure. A single 300-ms stimulus was played at an initial  
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16 191 level corresponding to 90% of the MCL (or 90% of the maximum level below the compliance limit).  
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18 192 Subjects were asked to press the space bar of a computer keyboard when they heard a sound. If  
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20 193 a percept was reported within a three-second time window, a lower-amplitude stimulus was  
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22 194 played after a random delay ranging between two and three seconds. In the absence of a  
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24 195 response after three seconds, a higher-amplitude stimulus was played after a shorter random  
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26 196 delay (between 0.1 s and 0.6 s). As a result, with or without a response, the duration between  
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28 197 two consecutive stimuli varied between two and six seconds. This timing was chosen after a pilot  
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30 198 experiment because it appeared to be a good compromise for a relatively fast procedure while  
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32 199 giving the subjects enough time to respond.  
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34 200 Note that, although thresholds obtained with this procedure may have been affected by  
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36 201 differences in response criterion between subjects, this would not be expected to influence the  
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38 202 difference between anodic and cathodic thresholds.  
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40 203 During this automatic procedure, the incremental/decremental step in level was  $\pm 0.5$  dB until  
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42 204 the first reversal and  $\pm 0.2$  dB afterwards. The procedure stopped after eight reversals and each  
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44 205 threshold was calculated as the average of the last six reversals.  
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### 47 207 **2.3 Speech recognition**

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49 208 Depending on the testing location, speech recognition was measured in a sound-insulated booth  
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51 209 or in an anechoic chamber using the subjects' own speech processor and clinical map. Two lists  
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53 210 of single words (i.e. 100 words in total) from the French (N=9) or British (N=5) versions of the  
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55 211 Phonetically Balanced Kindergarten corpus (PBK, Haskins, 1949) were presented to each  
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57 212 individual listener. S2 is an American English speaker and thus did not participate in this task.  
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59 213 Acoustic stimuli were played in free field through a Fostex 6301B loudspeaker without masking  
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214 noise. Subjects sat one meter away from the loudspeaker, where the sound pressure level was  
215 adjusted to 65 dB. They were asked to repeat each word they heard. Correct and incorrect  
216 responses were scored by an experimenter sitting next to the subject and no feedback was  
217 provided.

**2.4 Spectro-temporally Modulated Ripple Test, (SMRT)**

220 In this study, apart from different native languages, CI users also had a wide variability of  
221 experience with their device (see table 1). CI experience varied from 0.5 to 15 years and some of  
222 the subjects were prelingually deaf (S5 and S10). To limit the effect of CI experience (Blamey et  
223 al., (2013)) and of native language, a spectro-temporally modulated ripple test (SMRT, Aronoff  
224 and Landsberger, (2013)) which reflects the ability of subjects to receive and integrate spectro-  
225 temporal cues, was also carried out with all 15 subjects. This test and similar ones have been  
226 shown to correlate with speech recognition performance in CI users (Won et al., (2007); Lawler  
227 et al., (2017)).

228 The SMRT test is implemented as a 3-interval, 3 alternative forced choice adaptive procedure.  
229 Two of the intervals contain a reference stimulus and one contains the target stimulus. The  
230 reference has a constant density of 20 ripples per octave (rpo) while the target has an initial  
231 density of 0.5 rpo. A one-up/one-down adaptive procedure runs with steps of 0.2 rpo until the  
232 subject cannot differentiate the target from the reference. Thresholds are given based on the  
233 average of the last six reversals and are expressed in number of rpo. For this test, subjects also  
234 used their own processor and clinical map. Stimuli were presented in the same experimental  
235 conditions as in the speech recognition experiment (i.e. free field acoustic stimulation at a level  
236 of 65 dB SPL). After one run of training with feedback, two additional test runs were carried out  
237 without feedback and the outcome measure is given as the average of these two test runs.

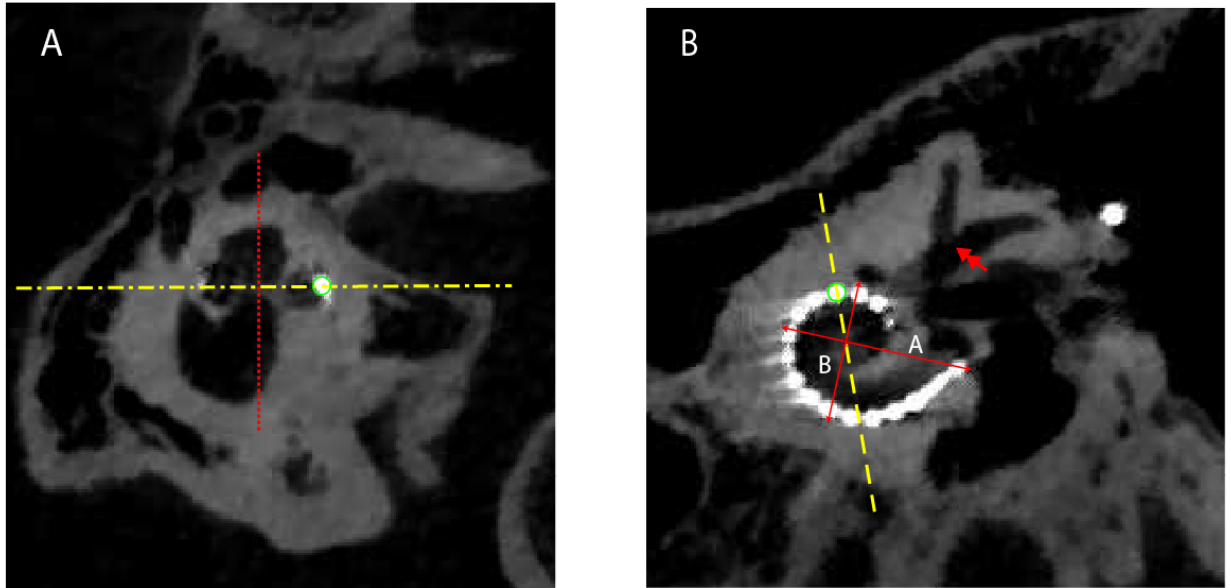


Figure 2: Panel A: vertical section view of the implanted cochlea. The red dotted line represents the modiolar axis, the yellow dash-dotted line represents the horizontal section plane corresponding to panel B. Panel B: Horizontal section of the basal turn of the cochlea. Dashed line: vertical section plane corresponding to panel A. Double arrow head: superior and lateral semicircular canals. The green circle in both panels mark the same electrode

## 2.5 Electrode-to-modiolar wall distance

The CT scans (Cone beam 5G Newtom,  $125\mu\text{m} \times 125\mu\text{m} \times 125\mu\text{m}$  voxels) from 10 ears (S1-2(R)-2(L)-4-5-7-8-10-11-17), were analyzed using the Onis Pro software (v2.5 DigitalCore<sup>®</sup>, Co. LTD) in order to estimate the electrode-to-modiolar wall distance, (EMD).

CT images were oriented using the method described in Escudé et al., (2006). The 3D manipulating tool was used in order to visualize the basal turn of the cochlea, the vestibule and the anterior branches of the lateral and superior semicircular canals. We marked the largest distance from the round window through the modiulus to the lateral wall (distance A on Fig. 2), and the largest distance perpendicular to A (distance B on Fig. 2). The modiolar axis was defined as the intersection of A and B. In the following, the view perpendicular to the modiolar axis (Fig. 2B) is referred to as the horizontal view and the mid-modiolar sections are referred to as vertical views (Fig. 2A).

As in Escudé et al., (2006) and Pelliccia et al., (2014), the image orientation was validated using both the horizontal and vertical views. Note that the image orientation was made by considering

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4 258 the cochlear geometry rather than the electrode array. The image contrast was then adjusted to  
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6 259 offer the best representation of both the modiolar wall and the electrode. Here again the position  
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8 260 of the modiolar wall located using one view was validated using orthogonal views.  
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10 261 The position of each electrode was assumed to be at the center of the artifact. Prior to the EMD  
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12 262 measurements, the CT images were rotated around the modiolar axis in order to visualize the  
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14 263 specific electrode on both horizontal and vertical section views. The green circles in Fig. 2 identify  
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16 264 the same electrode in both the horizontal and vertical views.  
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18 265 The EMD was then measured using the software measuring tool as the radial distance from the  
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20 266 electrode to the modiolar wall (as revealed by a higher contrast). Again EMD estimations were  
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22 267 validated using both horizontal and vertical views. Two independent sets of EMD estimations  
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24 268 were made by two observers. Since, in humans, spiral ganglion cells (SGCs) are clustered in  
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26 269 Rosenthal's canal, this measurement gives a first approximation of the distance between the  
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28 270 electrodes and the SGCs.  
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32 272 **2.6 Testing Session**  
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36 274 Threshold measurements, speech recognition test and SMRT were carried out in the same session  
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38 275 lasting approximately three hours. The subjects were divided in two groups (A and B). Group A  
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40 276 started with measurements on the even electrodes while group B started with measurements on  
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42 277 the odd electrodes. Each session was organized as follows:

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44 278 1. MCL estimation for even electrodes for group A and odd electrodes for group B.  
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46 279 The order in which the electrodes were presented was randomized. In addition, for each  
47  
48 280 electrode, the presentation order of the three pulse shapes was also randomized. Then,  
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50 281 thresholds were measured for even (group A) or for odd (group B) electrodes, also randomizing  
51  
52 282 the electrode and pulse shape orders.

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54 283 2. Speech recognition test and SMRT  
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56 284 3. Same as (1) for odd electrodes for group A and even electrodes for group B.

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58 285 Impedances were measured using the clinical fitting software (Soundwave v2.0, Advanced  
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60 286 Bionics) at the beginning and at the end of the session.  
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## 288 2.7 Statistical analysis

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The statistical analyses were performed using Matlab (MathWorks, Natick, MA), SPSS (PASW Statistics for Windows, v18.0. Chicago: SPSS Inc.) and MLwiN (Rasbash et al., (2009)).

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First, we tested if one polarity was more efficient than the other by running a two sided-sign test with zero median on the polarity effect data.

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Second, we examined the correlations between detection thresholds, EMDs and polarity effects both at the between-subject and within-subject levels. For the between-subjects analyses, the

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individual data were averaged across the electrode array, yielding one data point per subject. For the within-subject analyses, the data of all three measures (thresholds, EMD, polarity effect) were

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normalized by subtracting from each data point of a given subject the mean value across the array of this same subject. This removed the between-subject variance and allowed the data from all

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subjects to be pooled before calculating the correlation. (Bland and Altman, (1995); Carlyon et al., (2018)). Henceforth the term “normalized data” refers to this specific manipulation. To

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investigate the separate influence of EMD and polarity effect on detection thresholds, two analyses were carried out: (i) Partial correlations were calculated (SPSS) and (ii) a multilevel

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regression model was fitted to the detection threshold data (MLwiN).

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Third, we correlated the mean polarity effect across the array of each subject (assumed to represent a global measure of neural health survival) to the performance on speech and SMRT

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tasks. The results of all correlations are presented by reporting the correlation coefficient, the degrees of freedom and the corresponding p-value (r, df, p, respectively).

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## 309 3 Results

310

### 3.1 Detection thresholds

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Figure 3 displays individual detection threshold measurements for the three pulse shapes, expressed in dB relative to 1  $\mu$ A. Note that the vertical scale may be shifted between subjects to

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better visualize the differences in thresholds for the three pulse shapes but the range is identical. It is striking that the across-electrode patterns of thresholds are very subject-specific and that

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some of them exhibit large and highly localized peaks or troughs.

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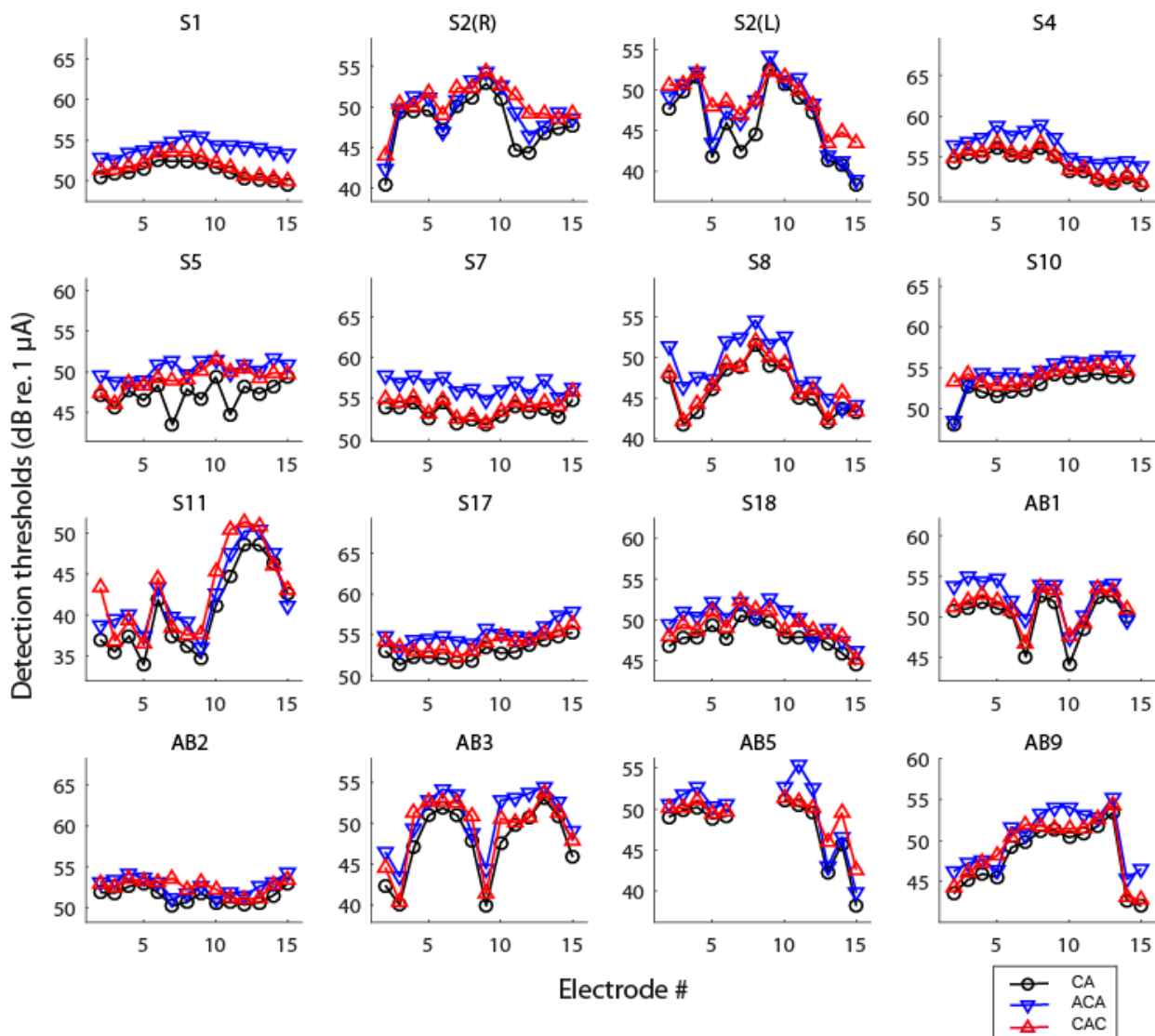


Figure 3: Detection thresholds (in decibels re. 1  $\mu$ A) obtained for all pulse shapes (CA, ACA, and CAC) using pTP stimulation. Each panel is for one subject.

### 3.1.1 Polarity effect

CA-thresholds were always lower or equal to anodic (CAC) and cathodic (ACA) thresholds. This finding is predicted by the simple linear filter model of Carlyon et al., (2005) which accounts for the smoothing of the stimulus waveform at the level of the cell membrane. It may also relate to the fact that with CA pulses, both polarities are more likely to initiate action potentials (Coste and Pflugst, (1996); Undurraga et al., (2013)) and/or that triphasic pulses contain two phase reversals

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327 instead of one, which reduces the effect of the central phase (van Wieringen et al., (2008)).  
328 Polarity sensitivity was quantified by calculating the polarity effect, PE, defined as the difference  
329 in dB between cathodic and anodic thresholds. As a result, negative values of PE indicate that, for  
330 a given electrode, the cathodic threshold is lower than the anodic threshold. Figure 4 displays the  
331 individual across-electrode patterns of PE. Overall, out of 219 electrodes, 48 (22%) yielded  
332 negative PE (see figure 4). For each subject, we calculated the average of PE across the electrode  
333 array, referred to as  $\overline{PE}$  which can be considered as a global measure of polarity sensitivity. The  
334 average polarity effect ( $\overline{PE}$ ) was 0.87 dB and a sign test showed that across this group of CI users,  
335 the effect was more likely to be positive than negative (df = 15, p = 0.021). In other words, anodic  
336 thresholds were significantly more likely to be lower than cathodic thresholds for this group of CI  
337 users. Individual t-tests performed for each subject, on PE, yielded similar conclusions for ten out  
338 of sixteen ears tested. The polarity effect was not significantly different from zero for S2(L), S10,  
339 S11, AB2 and AB5. It was significantly negative for S2(R) (p=0.04).

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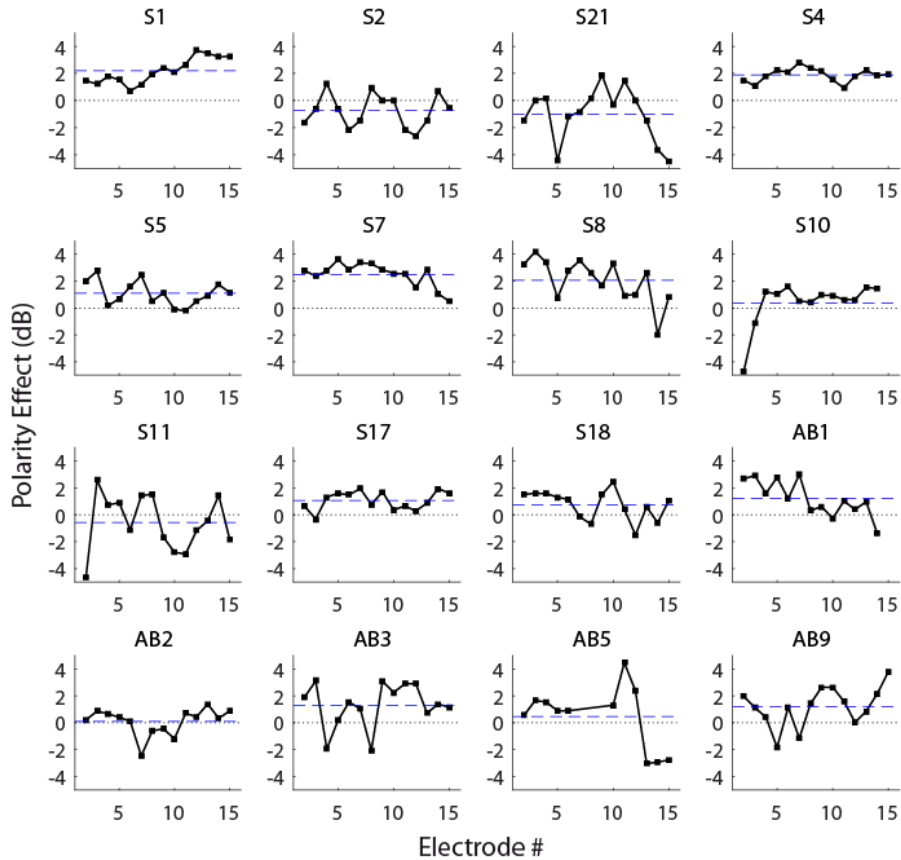


Figure 4: Across-electrode pattern of polarity effects obtained for each subject (Difference between cathodic and anodic thresholds in dB). Dotted lines indicate the 0 dB baseline. Dashed lines represent the mean PE.

If cathodic stimulation preferentially initiates action potentials at the level of the peripheral processes, the negative PE obtained for 48 of the electrodes tested may indicate that more peripheral processes are present in such cases. By extension, it may also imply that neural **health survival** is better near these electrodes.

The data were first averaged across the array for each subject. Pearson's correlations revealed a significant positive relationship between the mean thresholds with CA pulses and the mean polarity effect ( $r=0.50$ ,  $df=14$ ,  $p=0.047$ ; Figure 5.A). However, this relationship might be partly driven by the left-most point on figure 5.A (+ symbol, corresponding to subject S11).

A weak but significant correlation was also observed at the within-subject level (ie. after removing the between-subject variance, Bland and Altman, (1995)) ( $r=0.19$ ,  $df=201$ ,  $p=0.006$ , Figure 5.B).

These results indicate that the polarity effect might explain a small part of the between- and

within-subject variance in thresholds, and are broadly consistent with the findings of Carlyon et al., (2018), and Jahn and Arenberg (2019)

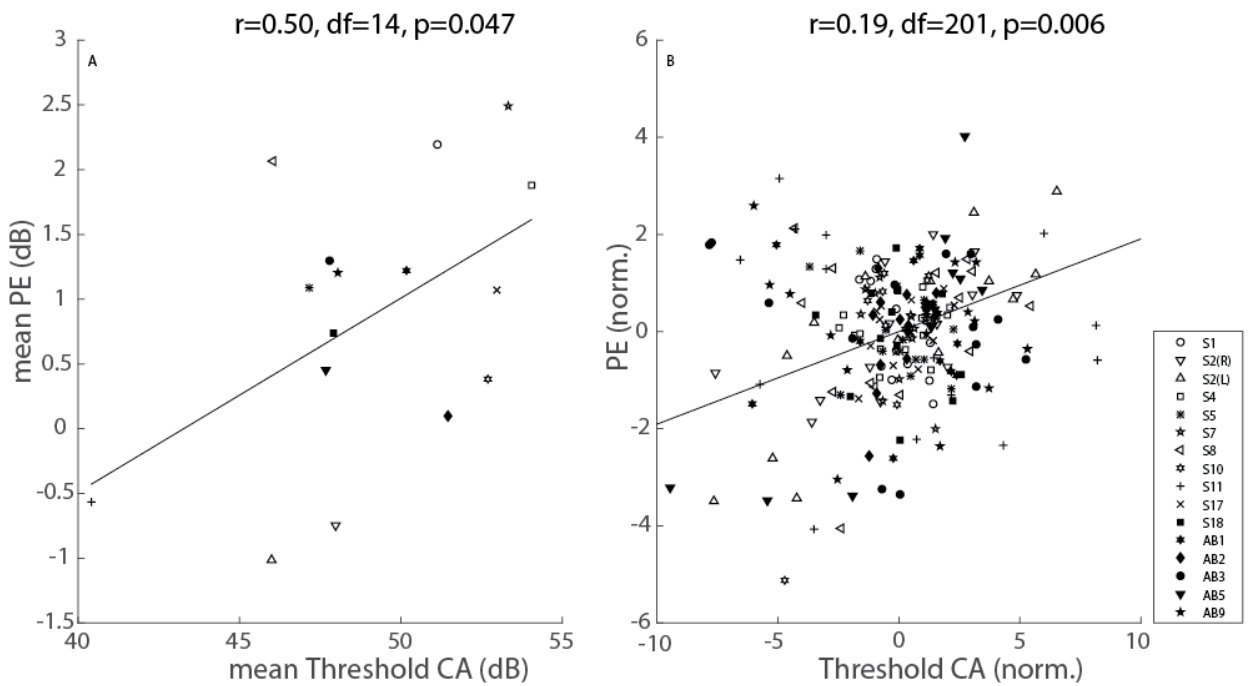


Figure 5: Panel A: Mean polarity effect (dB) as a function of the mean detection threshold (dB). Panel B: Normalized polarity effect as a function of the detection threshold (dB) measured with CA pulses, also normalized. Each symbol is for one subject

CT scans enabled the identification of irregular positions of some electrodes. S5 had his three or four most basal electrodes located inside the scala vestibuli. For S11, we spotted a tip fold-over on electrodes 1 and 2 (most apical). This subject also showed a large difference in polarity effect between electrodes 2 and 3, but it remains difficult to assess if this resulted from this abnormal positioning. As a matter of verification, the same analysis as in fig. 5 was carried out without these abnormally located electrodes. The within-subject correlation was still significant ( $r=0.20$ ,  $df=197$ ,  $p=0.005$ ) but the between-subject correlation did not remain significant ( $r=0.48$ ,  $df=14$ ,  $p=0.052$ ).

### 3.1.2 The effect of EMD

We assessed the reliability of EMD estimations using the methods described in Bland and Altman, (1999). Figure 6.A represents the EMDs reported by Observer 2 as a function of the EMDs reported by Observer 1 ( $r=0.83$ ). Figure 6.B illustrates the difference in EMDs between the two

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observers as a function of the average EMD from both observers, with dotted lines indicating the 95% confidence interval. Estimations within the confidence interval were averaged while the 6 electrodes falling beyond the confidence limits were not considered in the following statistical analyses.

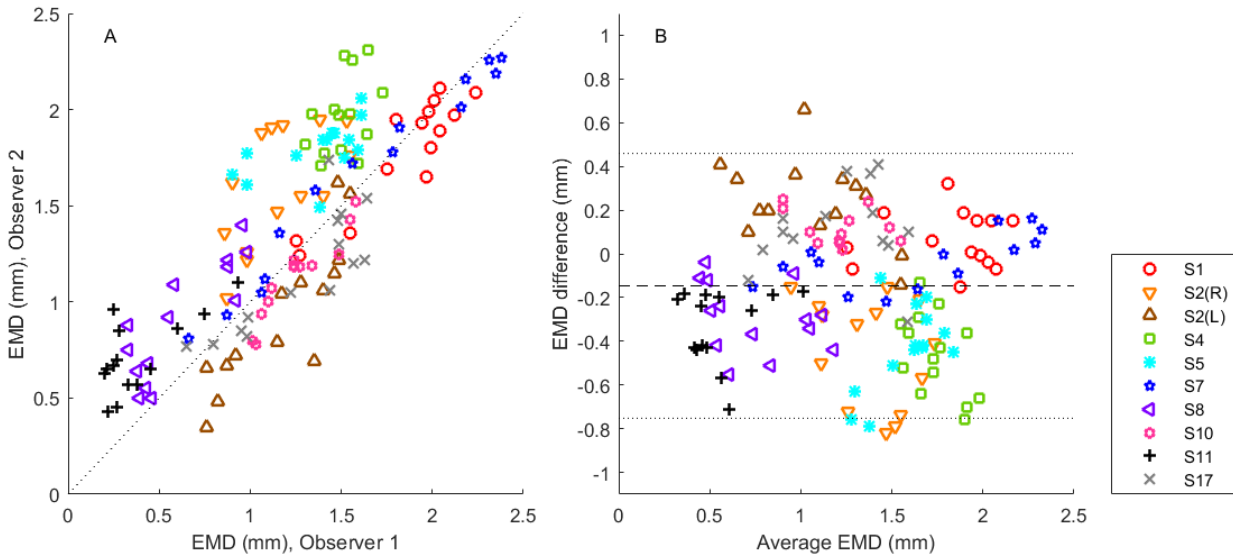


Figure 6: Panel A: EMD estimations from Observer 2 as a function of the EMD estimations from Observer 1 (mm). Dotted line represents the equality line. Panel B: EMD difference between the two observers as a function of the EMD averaged across the two observers. The dashed line represents the mean of the whole data set (-0.14 mm, the average absolute difference was 0.27 mm). The dotted lines represent the 95% confidence interval.

Figure 7 shows the individual EMD estimations as a function of the electrode number. Across the ten subjects for whom cone-beam CT scans were available, EMD estimates ranged between 0.32 and 2.33 mm, consistent with the observation of Jahn and Arenberg, (2019) for the same make of CIs.

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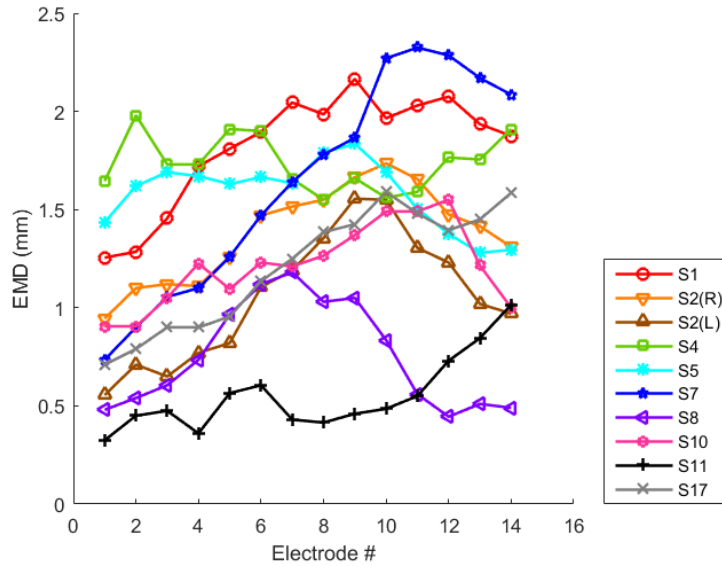


Figure 7: EMD estimations (mm) as a function of electrode number.

To analyze the between-subject variance in threshold, we calculated the mean threshold (across the array) and the mean EMD (across the array) for these 10 subjects. Figure 8 shows the variation of the mean threshold as a function of the mean EMD. Each symbol is for one subject. For all three pulse shapes, a significant positive correlation was found between EMDs and detection thresholds ( $df = 8, p < 0.05$ ; see figure 8). This model accounts for 52, 55 and 58% of the between-

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396 subject variance in thresholds for CA, ACA and CAC stimuli respectively. The EMD and the  
397 threshold patterns for each subject were then normalized by their mean value across the  
398 electrode array to pool the data from all subjects together and perform a within-subject  
399 correlation analysis. Figure 9 represents the normalized thresholds as a function of the EMD for  
400 the three pulse shapes. It shows that on average, only a small part of the within-subject variance  
401 in threshold can be explained by the EMD (average  $r=0.28$ ,  $df=120$ ,  $p<0.01$ ). This poor relationship  
402 may be due to a small within-subject variability in EMD values. In other words, for any given  
403 subject, the EMD was relatively homogeneous across the electrode array but it could differ across

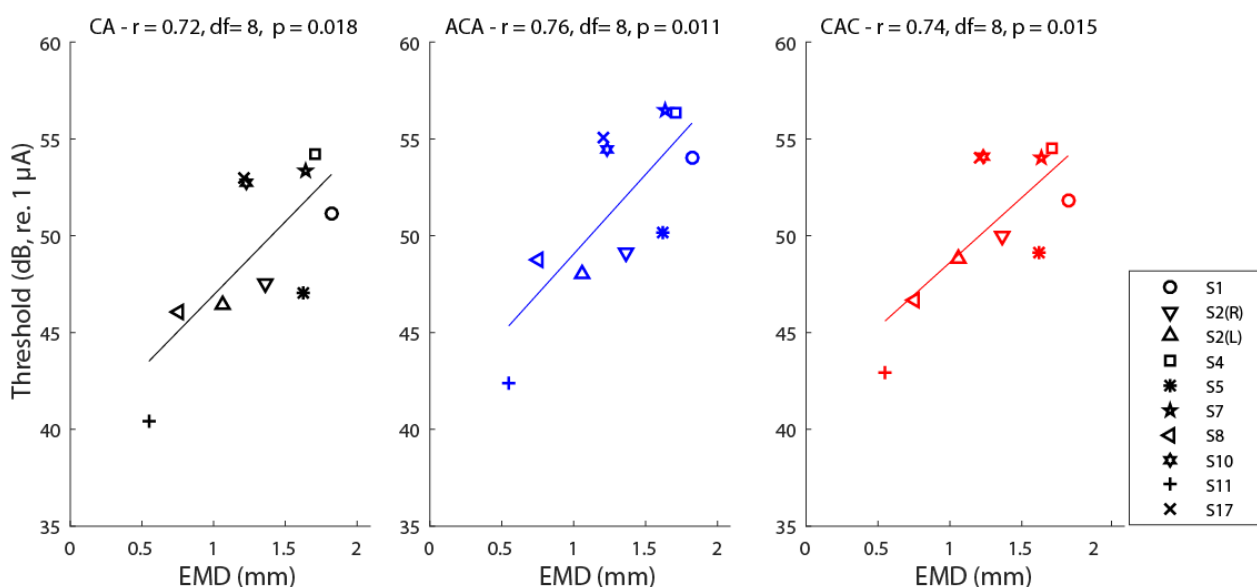


Figure 8: Mean detection threshold (dB) as a function of mean EMD (mm), averaged across the array. Each symbol is for one subject. Different panels illustrate the relationship for the three different pulse shapes CA, ACA and CAC.

404 subjects. For each subject, the difference in EMD between electrodes was smaller in our subject  
405 group (between 0.43 mm and 1.59 mm depending on the subject, 0.82 mm on average) than in  
406 Long et al., (2014), (0.75mm to 1.45mm, 1.20mm on average). This discrepancy will be discussed  
407 in section 4.



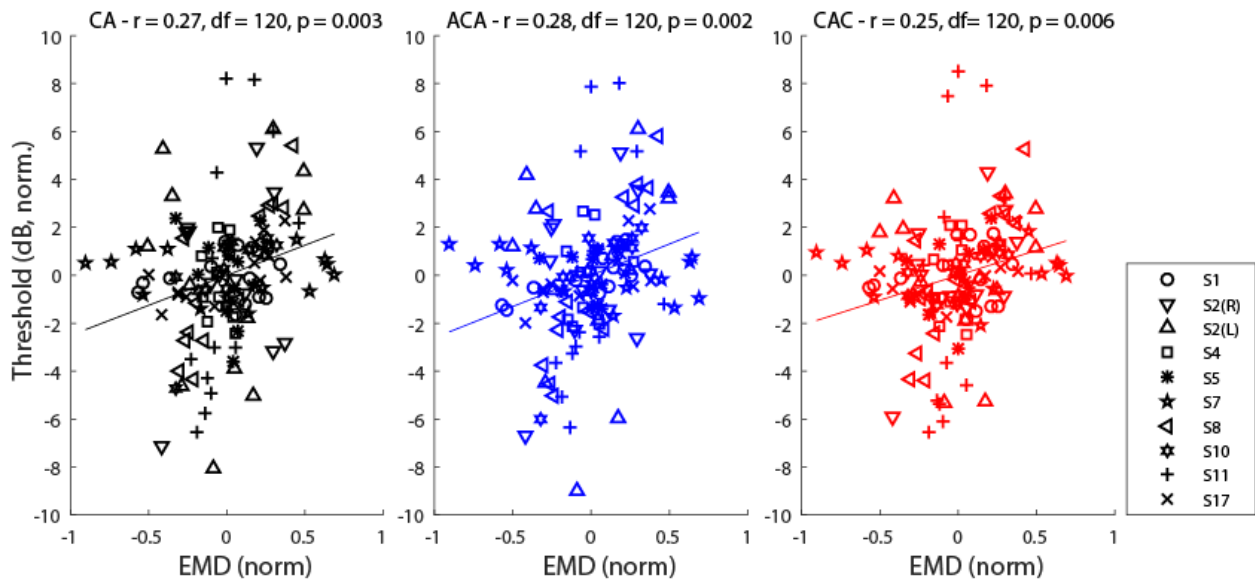


Figure 9: Normalized thresholds as a function of the normalized EMD. Each symbol is for one subject. Different panels illustrate the relationship for the three different pulse shapes CA, ACA and CAC.

### 3.1.3 Relationship between EMD, the polarity effect, and detection thresholds

The present findings suggest that both the EMD and PE have an influence on detection thresholds. However, the model study by Rattay, et al., (2001) suggested that polarity sensitivity may be influenced by the position of the electrode relative to the nerve fibers. It thus remains unclear whether the proportions of the threshold variance explained by these two parameters overlap. To investigate the combined contribution of EMD and PE on detection thresholds, partial correlation analyses were performed and the results are reported in Table 2. It indicates that detection thresholds correlate with both the EMDs and PEs **and that each factor could only explain 6.5 and 4% of the variance respectively** (when partialling out PE and the EMD, respectively).

It is also worth noting that no relationship was found between the EMDs and the PE when the detection thresholds were partialled out. We also fitted our data using a multilevel regression model which corroborated this finding (MLWin software, Rasbash et al., (2009), results not shown here). It therefore shows that both the EMD and PE contribute to explain some of the variance of

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426 the across-electrode threshold patterns.

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428 **3.2 Supra-threshold tasks**

429 **3.2.1 Speech recognition**

430 Word recognition scores ranged from 20% to 68% with an average score of 43.2% for French  
431 speaking participants and 66.6% for English speaking participants. The test/retest reliability,  
432 expressed as the percentage of variation between the two lists, ranged between 0 and 24% (12%  
433 on average for French subjects and 7% for English subjects). Individual speech recognition scores  
434 are reported in Table 1. To be able to pool the speech recognition data from all participants, the  
435 logit of the speech scores were normalized by the mean value obtained in each group. Contrary  
436 to previous studies by Pfingst et al., (2004) and Long et al., (2014), in the present data, the within-  
437 subject variance in threshold was not correlated with the normalized logit of the speech  
438 recognition scores ( $r = -0.24$ ,  $df = 12$ ,  $p = 0.399$ ).

439 Long et al., (2014) reported that neither mean threshold alone nor mean EMD alone  
440 predicted speech recognition scores. However, in their study, the root mean square error (RMSE)  
441 of the distance model was significantly correlated with speech intelligibility. As a result, they  
442 proposed the RMSE as a metric for the prediction of CI performance. For each of our subjects, the  
443 RMSE to the global distance model presented above was calculated. However, no such correlation  
444 was observed ( $r=0.19$ ,  $df=6$ ,  $p=0.64$ ).

445  
446 **3.2.2 SMRT**

447 The scores of the SMRT test carried out with all subjects ranged between 0.66 and 4.01 rpo with  
448 an average score of 1.84 rpo (see individual scores in table 1). Recently, O'Brien and Winn, (2017)  
449 reported that the transmission of spectral ripples through CI processors is subject to spectral  
450 aliasing and that additional cues may be used by the subjects to perform the task above a critical  
451 ripple density value. To circumvent this problem, the SMRT scores were winsorized with a  
452 maximum value of 2 rpo (corrected mean = 1.49 rpo).

453 It is worth noting that the outcomes of the speech recognition and SMRT tests were not  
454 correlated. This may relate to the inherent limitations of using this spectral ripple test with CIs as

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4 455 reported by O'Brien and Winn, (2017) or to the fact that speech recognition is more affected by  
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6 456 individual factors such as experience with speech. As for speech scores, SMRT scores were not  
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8 457 correlated to the RMSE ( $r=0.62$ ,  $df=8$ ,  $p=0.101$ ). The within-subject variance in thresholds was  
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10 458 not correlated to the SMRT scores ( $r=0.44$ ,  $df=14$ ,  $p=0.085$ ), however, one should mention  
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12 459 that they were surprisingly positively correlated when considering the non-winsorized SMRT  
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14 460 scores ( $r=0.62$ ,  $df=14$ ,  $p=0.010$ ).

### 15 16 461 17 18 462 **3.2.3 Comparison of polarity effect and performance on supra-threshold tasks**

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20 463 If, as suggested by the correlation between PE and detection threshold, PE relates to neural **health**  
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22 464 **survival**, we would expect better performance in SMRT and speech recognition when PE is low.  
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24 465 To evaluate this hypothesis, we consider the mean polarity effect averaged across the electrode  
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26 466 array as previously defined. Figure 10 displays SMRT scores in rpo (Panel A), and normalized  
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28 467 speech logit (Panel B) as a function of  $\overline{PE}$ . We can note that SMRT scores show a significant  
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30 468 negative relationship with  $\overline{PE}$  ( $r=-0.56$ ,  $df=14$ ,  $p=0.025$ ) which corroborates our hypothesis that  
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32 469 polarity sensitivity relates to neural **health survival**. Note that very similar correlations were  
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34 470 obtained when using the non-winsorized SMRT scores ( $r=-0.55$ ,  $df=14$ ,  $p=0.026$ ). In contrast, no  
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36 471 significant relationship was observed between  $\overline{PE}$  and normalized speech recognition scores  
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38 472 ( $r=0.42$ ,  $df=12$ ,  $p=0.136$ ).

39 473 Besides, to assess the robustness of this global measure of neural **health survival**, the same  
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41 474 correlation analysis was carried out for even and odd subsets of electrodes separately, which also  
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43 475 yielded significant correlations between SMRT scores and the polarity effect (even electrode:  $r=-$   
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45 476  $0.57$ ,  $p=0.020$ ; Odd electrodes:  $r=-0.52$ ,  $p=0.041$ ).

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47 477 Here again these results are consistent with the hypothesis that PE relates to some aspects  
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49 478 of neural **health survival**.

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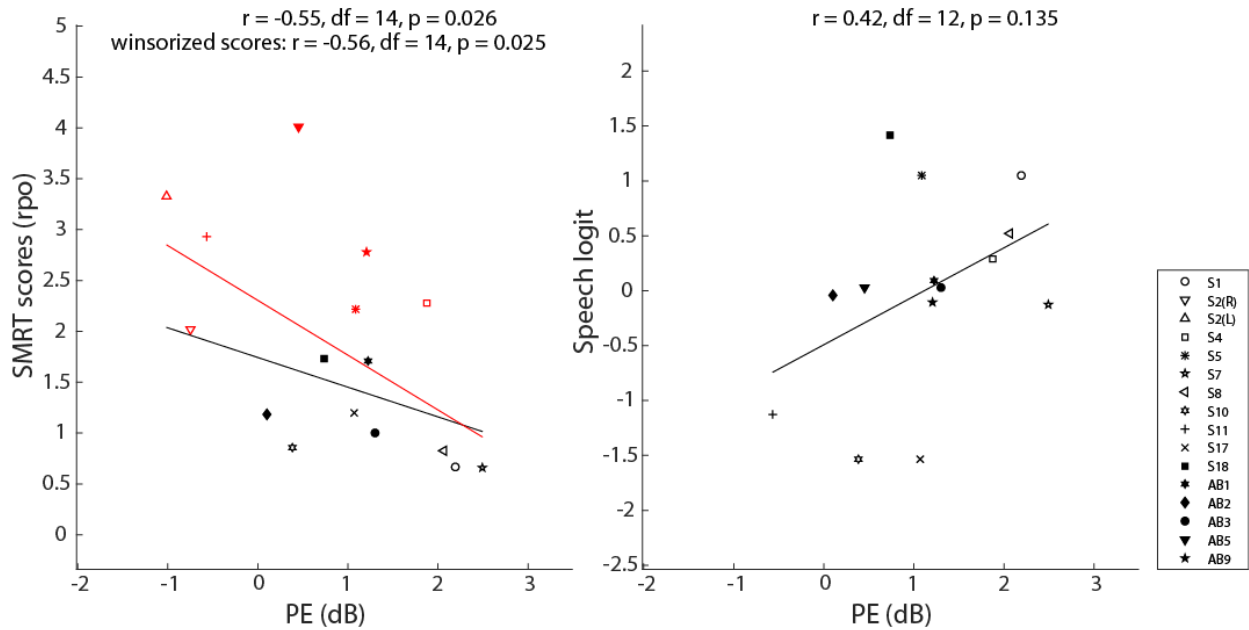


Figure 10: Panel A: SMRT scores (in ripples per octave) as a function of the difference between cathodic and anodic thresholds (in dB). Red symbols were winsorized for the correlation analysis. Panel B: Normalized logit of speech recognition scores as a function of the difference between cathodic and anodic thresholds (in dB).

## 4 Discussion and conclusion

We measured detection thresholds in CI users and tried to explain the across- and within-subject variability. In particular, we aimed to assess **the influence of two potential factors on these detection thresholds** ~~the role of two potential factors influencing the neural responsiveness~~: a measure of the distance between the electrodes and the nerve fibers, and a proposed psychophysical correlate of neural **health survival**. We tried to understand to what extent these factors relate to detection thresholds.

### (1) Across-site variance in thresholds

Previous studies showed that speech performance is negatively correlated with the across-site variance in thresholds (Pfungst et al., (2004); Bierer, (2007); Long et al., (2014)). This measure of variance was thus proposed as a potential correlate of neural **health survival**. As in DeVries and Arenberg, (2018), speech test outcomes in the present experiment did not replicate those findings. Several factors may have influenced this lack of relationship. First, those earlier studies were conducted with a different device and different speech materials. Second, although Long et

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4 494 al., (2014) used a CNC word recognition test which is close to what was done in the present study,  
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6 495 their subject group was also larger and more homogeneous than ours. In the present study,  
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8 496 speech testing was carried out with the subjects' own processor meaning that the device  
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10 497 settings/parameters differed across subjects. Furthermore, their experience with their device  
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12 498 varied from 0.5 to 15 years. In contrast, in Long et al., (2014), all speech recognition tests were  
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14 499 carried out 12 months post-activation and using the same external processor for all subjects,  
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16 500 thereby providing the exact same stimulation strategy (Monopolar stimulation and ACE strategy).  
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18 501 This might have reduced the number of subject-specific parameters that could influence speech  
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20 502 recognition. Finally, the stimulation mode might play an important role since Long et al., (2014)  
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22 503 found a significant relationship for PA and bipolar stimulation but not for tripolar and monopolar  
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24 504 stimulation modes. In their study, monopolar stimulation yielded rather homogeneous across-  
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26 505 electrode thresholds compared to PA (the within-subject variance in thresholds was 2.25 dB<sup>2</sup> on  
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28 506 average for monopolar and 34.8 dB<sup>2</sup> for PA). In the present study, the average variance in  
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30 507 thresholds using pTP stimulation was 8 dB<sup>2</sup>. This relatively small variance might explain why it did  
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32 508 not correlate with speech performance in the present study but did in their study with PA  
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34 509 stimulation.

## 35 510 **(2) Electrode-to-modiolar wall distance (EMD)**

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37 511 Consistent with several previous studies, we showed that the distance to the modiolar wall  
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39 512 (i.e. near where the neurons lie) has an influence on detection threshold (Cohen et al., (2006);  
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41 513 Long et al., (2014)). More specifically, we found that the distance model could explain 54% of the  
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43 514 between-subject variance in thresholds but only 7% of the within-subject variance. As previously  
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45 515 mentioned, this difference may result from the relatively small across-site variance in EMDs for  
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47 516 our group of subjects.

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49 517 Consistent with this observation, at the individual level, the so-called distance model was only  
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51 518 significant for four of the ten subjects (S8, S10, S11 and S17). It is worth noting that in Long et al.,  
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53 519 (2014), a significant relationship was observed for seven of ten subjects with the phased-array  
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55 520 electrode configuration (PA) and for only four of them with MP configuration. Another important  
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57 521 factor might be that in their study all subjects were users of the Nucleus® perimodiolar electrode  
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59 522 array while in the present study, only S2(L), S8 and S11 were implanted with an electrode array  
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4 523 meant to be close to the modiolus (i.e. a HiFocus 1j with a positioner or a midscala electrode  
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6 524 array).

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8 525 Furthermore, we did not replicate the finding that speech scores correlate with the RMSE of the  
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10 526 distance model.

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12 527 Despite the difference in electrode configuration, one may wonder whether the accuracy of the  
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14 528 EMD estimations might have affected the present results. Long et al., (2014) used a more  
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16 529 advanced procedure for the estimation of the EMD. First, the resolution of our CT images was  
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18 530 slightly poorer compared to Long et al., (2014) (125 $\mu$ m cubic voxels versus 100 $\mu$ m in their  
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20 531 study). In particular, the localization of the modiolar wall in the apical region was sometimes  
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22 532 difficult due to a poor contrast and the presence of artifacts. Second, Long et al., (2014) had access  
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24 533 to either pre-operative scans that were not contaminated by electrode artifacts, or to a scalable  
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26 534 cochlear model, which was not our case. This resulted in a relatively large variability in the EMD  
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28 535 estimations from both observers. While it was verified that the analysis conducted with each set  
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30 536 of estimations yielded consistent results, it may be possible that this variability reduced the  
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32 537 significance of the EMD as an explanatory factor for the variance in detection thresholds.

### 33 (3) Polarity sensitivity

34 538 Macherey et al., (2008) originally reported that human CI users consistently show a  
35 539 higher sensitivity to anodic stimulation at MCL. Other recent studies (Macherey et al., (2017);  
36 540 Carlyon et al., (2018); Goehring et al., (2019); Jahn and Arenberg, (2019)) reported that some  
37 541 subjects and/or electrodes may also exhibit a polarity sensitivity at threshold, which is reliable  
38 542 but can be in either direction. In the present study we analyzed a relatively large number of  
39 543 measurements which revealed a higher sensitivity to anodic stimulation for 78% of the tested  
40 544 electrodes at threshold.  
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48 546 Similar to the results of Jahn and Arenberg, (2019), who used the same methods for  
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50 547 threshold measurements but using monopolar stimulation, no relationship was found between  
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52 548 EMDs and the polarity effect. The partial correlations analysis suggests that both the EMD and PE  
53  
54 549 contribute to the variance in thresholds. ~~play a role in the neural responsiveness.~~

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56 550 From previous modeling studies (Rattay, et al., (2001); Resnick et al., (2018)), the  
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58 551 difference between cathodic and anodic thresholds, PE is assumed to reflect the degree of  
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60 552 degeneration or demyelination of the peripheral processes. In particular, high values of PE may  
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553 relate to a place where peripheral processes cannot be stimulated or are degenerated.  
554 Interestingly, SMRT scores and  $\overline{PE}$  were negatively correlated. Even though the part of the  
555 variance in SMRT explained by  $\overline{PE}$  was small (31%), this result is consistent with this hypothesis.

**(4) Perspectives**

556 Even though we found that both the EMD and the polarity effect might contribute to explain this  
557 variance in threshold at both the between- and within-subject levels, the correlations were weak.  
558 This means that there may be other more central factors that are important and/or that polarity  
559 sensitivity only represents one aspect of neural health survival (e.g. survival of peripheral  
560 processes but not overall health survival).

561 Another limitation of the present result is that our analysis of the relationship between the  
562 performance on suprathreshold tasks and the polarity sensitivity only considered  $\overline{PE}$  which is  
563 averaged across the entire array and thus removes the information of the across-electrode  
564 differences in PE. It might thus be interesting to replicate this experiment with subsets of  
565 electrodes which exhibit little variation in PE to investigate the effect of polarity on performance  
566 in a within-subject analysis. Additional factors still need to be identified to better explain those  
567 results, these might for instance include the amount of fibrosis and/or ossification.

568 CT-scan analysis only enabled an estimation of the distance between the electrodes and  
569 the modiolar wall. A higher resolution might have enabled measurement not only of the EMD but  
570 also of the distance to the osseous spiral lamina (OSL). This distance may better represent the  
571 potential excitation site on the peripheral processes and also better relate to polarity sensitivity,  
572 as reported by Rattay, et al., (2001). In this case it would have been interesting to test the distance  
573 model on the one hand, between the EMD and anodic thresholds and, on the other hand,  
574 between the distance to the OSL and cathodic thresholds.

575 Although further investigation is required to strengthen the observation made in the  
576 present study, our results add some evidence that polarity sensitivity reflects some aspects of the  
577 electrode-neuron interface that have functional/perceptual implications (Carlyon et al., (2018);  
578 Hughes et al., (2018); Goehring et al, 2019). Being able to picture the places where healthy  
579 neurons lie may be beneficial for the optimization of stimulation strategies. In particular, current  
580 focusing and current steering techniques using multipolar strategies have been investigated in  
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582 the past to create spatially selective virtual channels and thus improve spectral resolution  
583 (Berenstein et al., (2008); Bonham and Litvak, (2008)). While it was demonstrated that the locus  
584 of excitation might be slightly shifted by manipulating the amplitude of different electrodes, the  
585 benefits in terms of speech recognition were small or inconsistent across studies and/or subjects.  
586 The polarity effect might provide relevant information to further improve such strategies. It might  
587 also be used to select specific electrodes in order to target regions of the cochlea where the neural  
588 population is expected to be healthy.

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593 participants for their work. This study was partly funded by Advanced Bionics.



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Subjects	Duration of deafness prior to CI (years)	Etiology	CI use (years)	Age (years)	Deactivated electrodes	Speech scores (%)	SMRT scores (rpo)
S1	20	Unknown progressive	12	38	None	60	0.67
S2(R)	7	Unknown progressive	7	62	None	n/a	2.02
S2(L)	1	Unknown progressive	1	62	None	n/a	3.33
S4	10	Unknown progressive	13	52	None	47	2.28
S5	6	Usher syndrome	13	20	None	60	2.22
S7	24	Pendred syndrome	12	39	None	40	0.66
S8	2	Unknown progressive	15	87	None	51	0.83
S10	47	Ototoxicity following meningitis	12	61	E16	20	0.86
S11	34	Congenital	0.5	42	None	25	2.93
S17	10	Viral	11	63	None	20	1.20
S18	20	Possible ototoxicity	1.5	35	None	66	1.93
AB5	18	Otosclerosis	6	73	E8	67	4.01
AB1	n/a	n/a	7	71	E15	68	1.71
AB9	n/a	n/a	2	71	None	65	2.78
AB2	16	Acquired, possible	8	57	None	66	1.18

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		ototoxicity					
AB3	33	Otosclerosis	8	70	None	67	1.00

Table 1: Subjects details. Subjects labelled with S- were tested in France, and those labelled with AB- were tested in the United Kingdom.

Variables	Control	r	df	p
Threshold, EMD	PE	0.25	117	0.006*
Threshold, PE	EMD	0.20	117	0.029*
EMD, PE	Threshold	0.06	117	0.516

Table 2: Partial correlations statistics.

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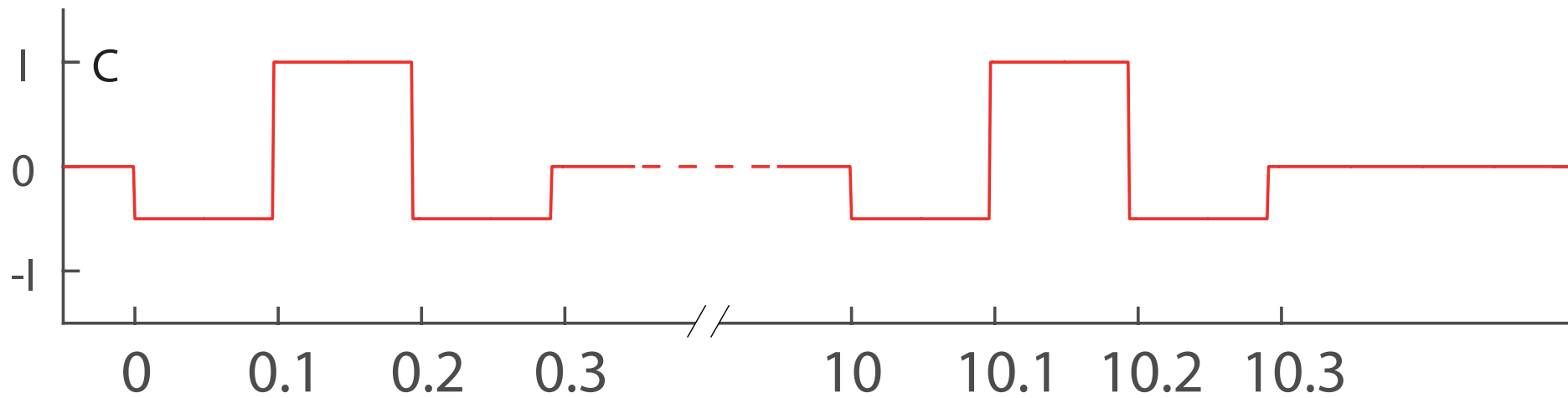
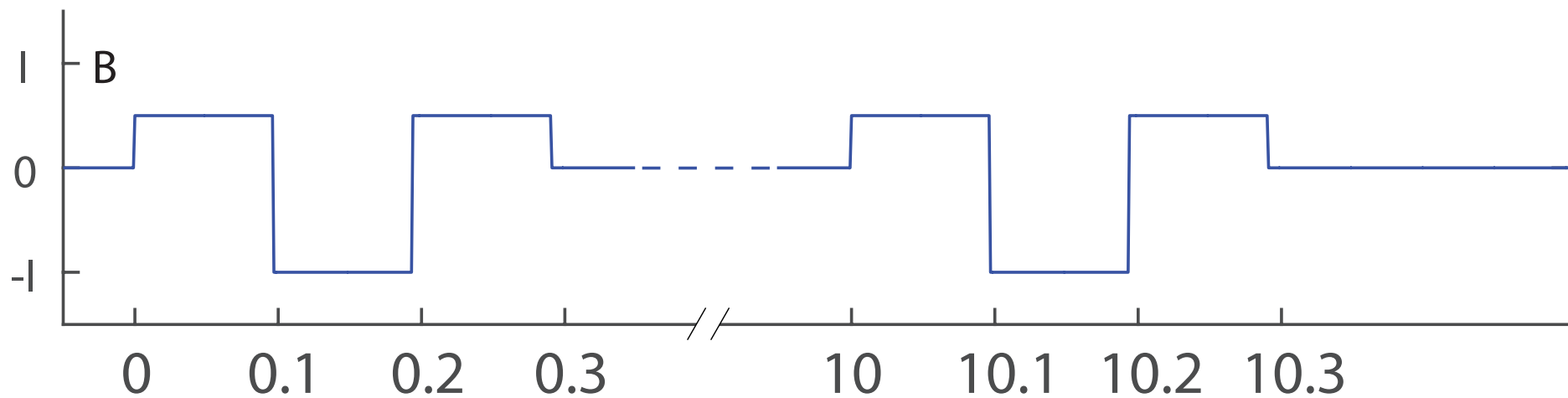
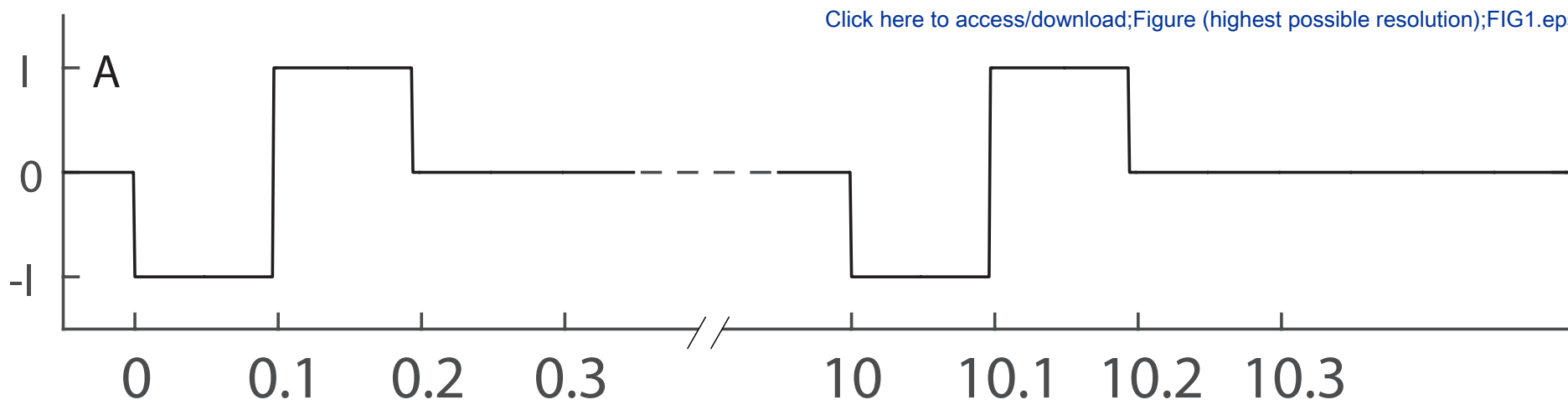


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Amplitude



Time (ms)

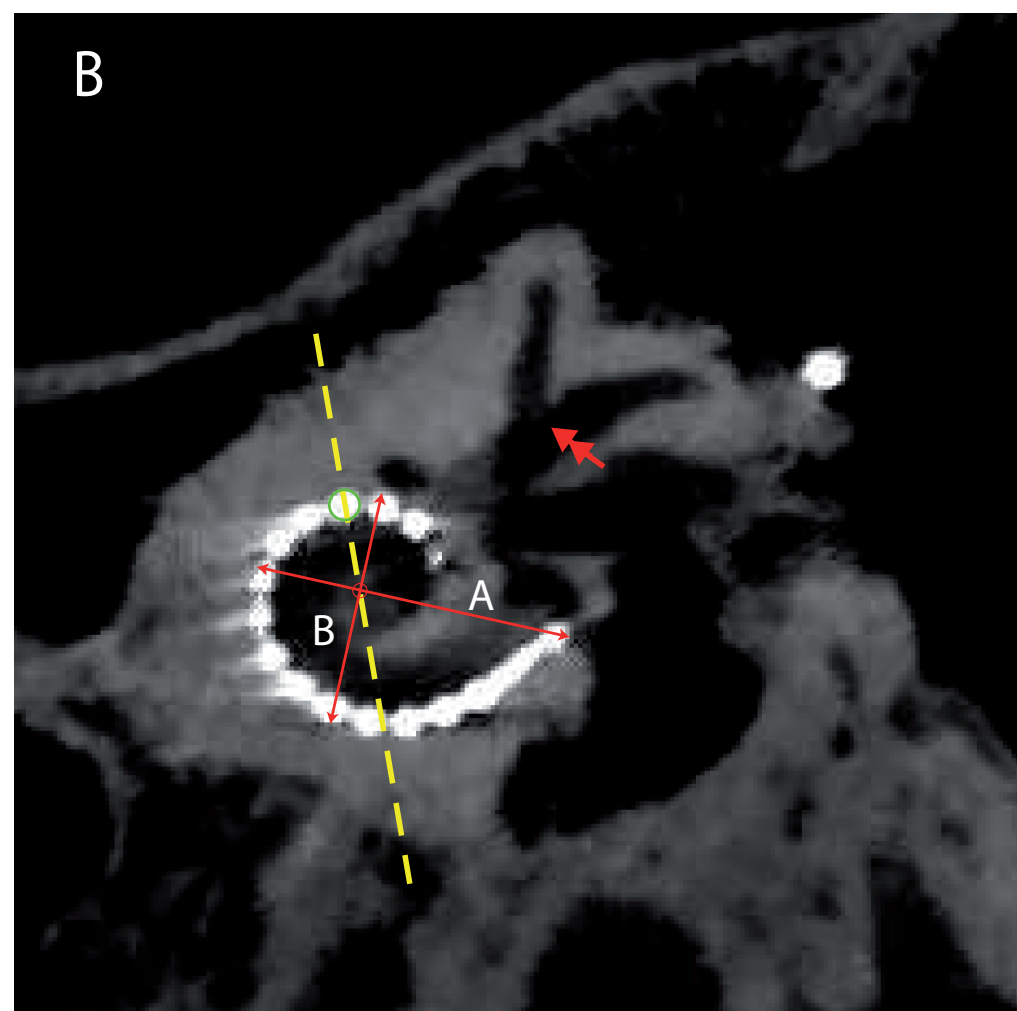
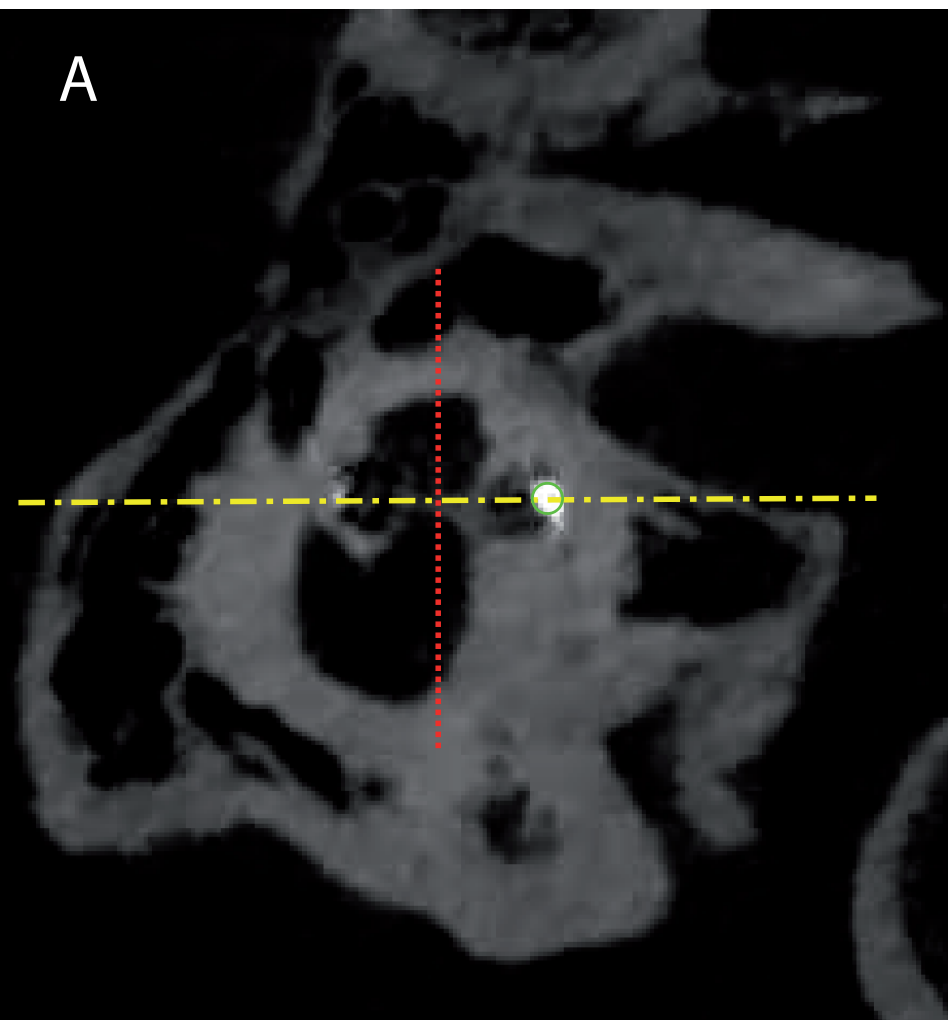
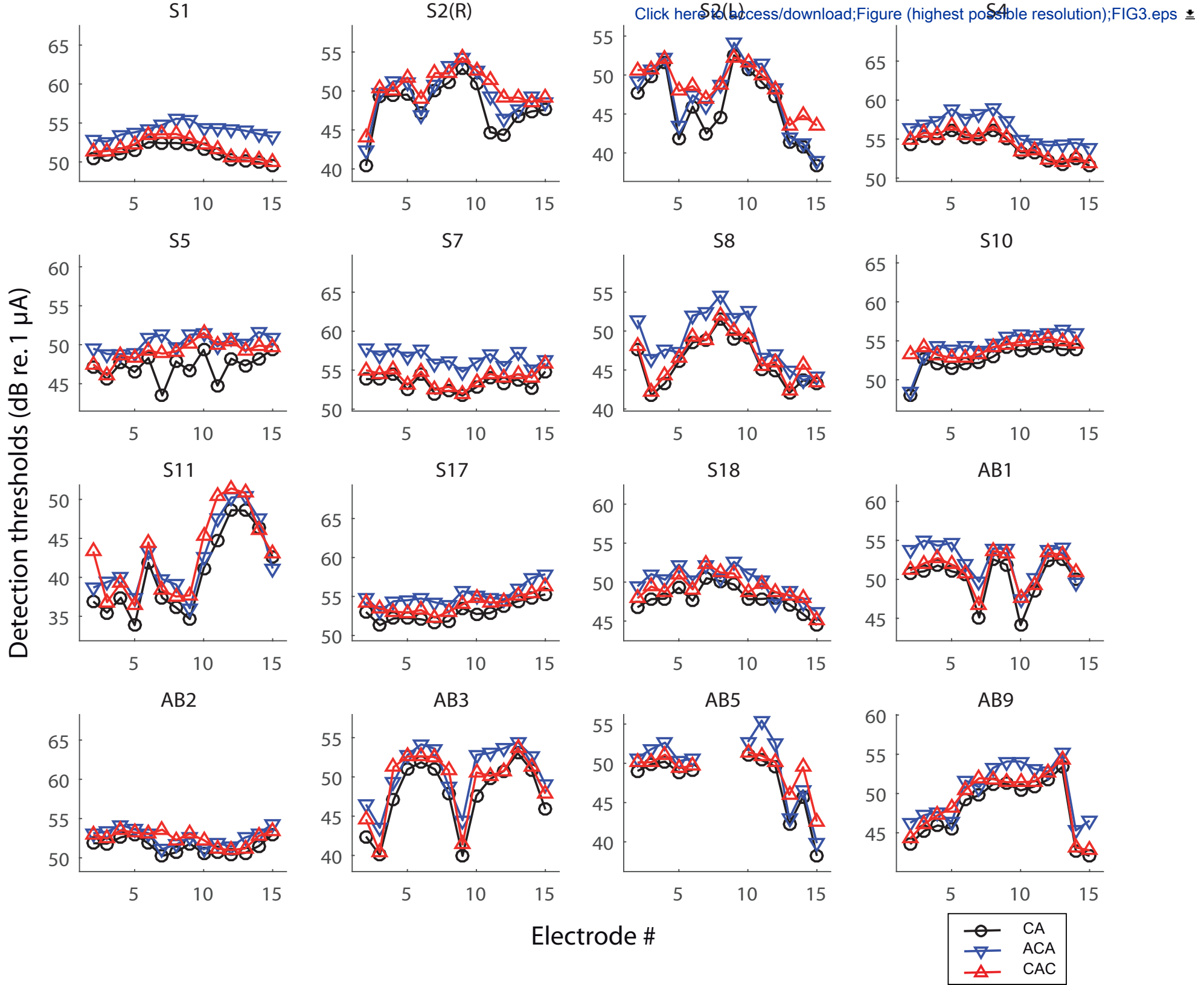
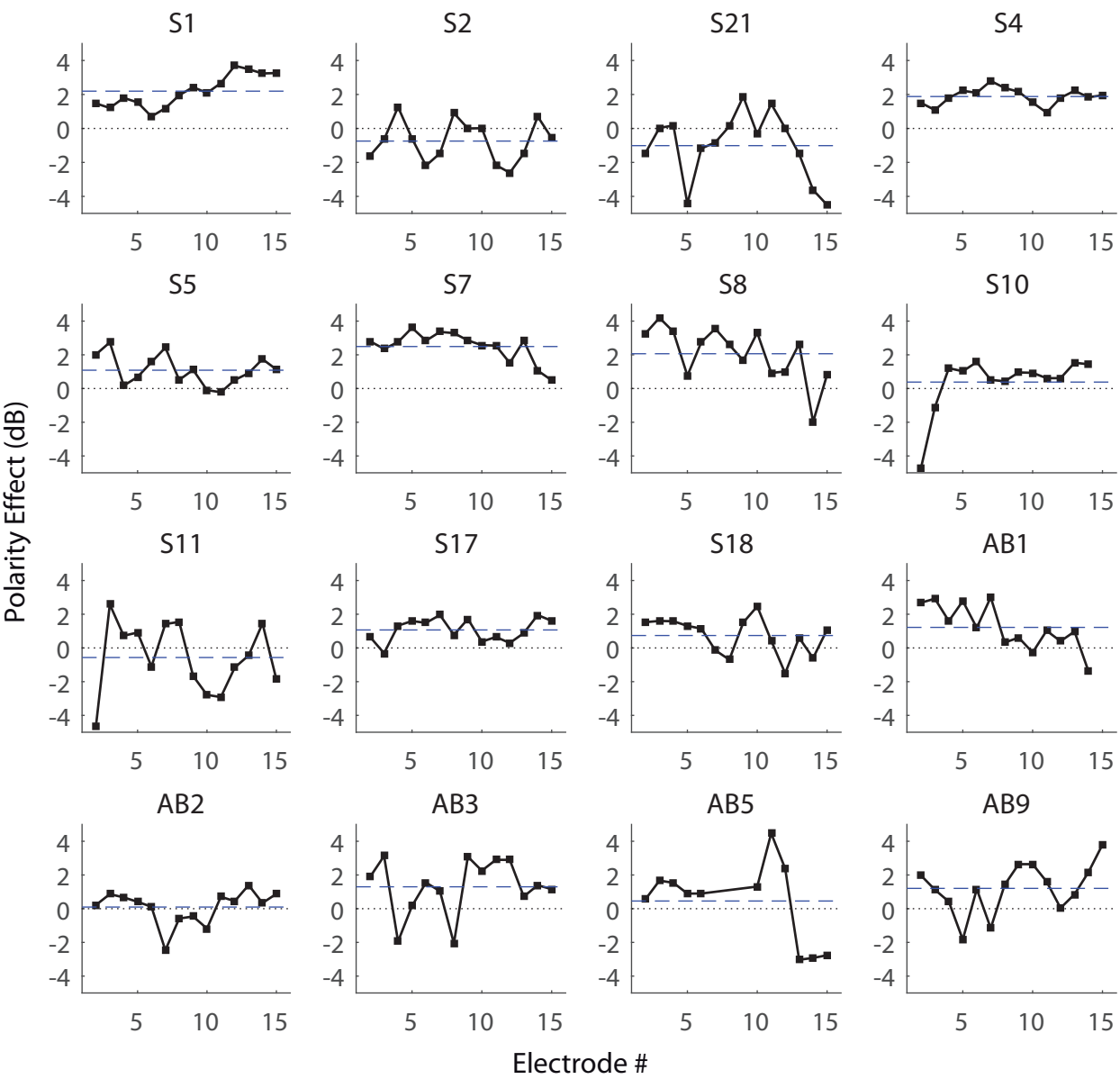
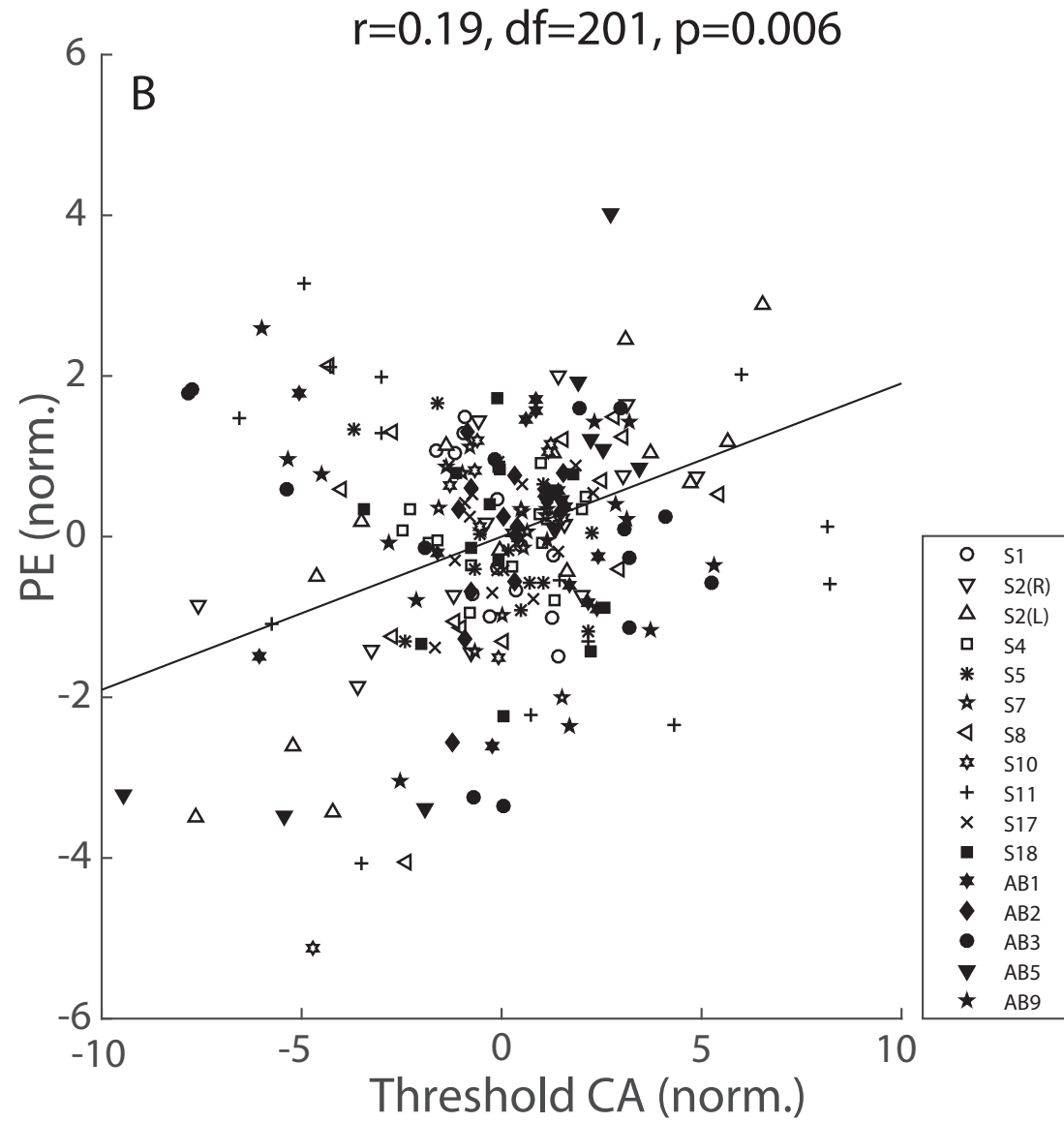
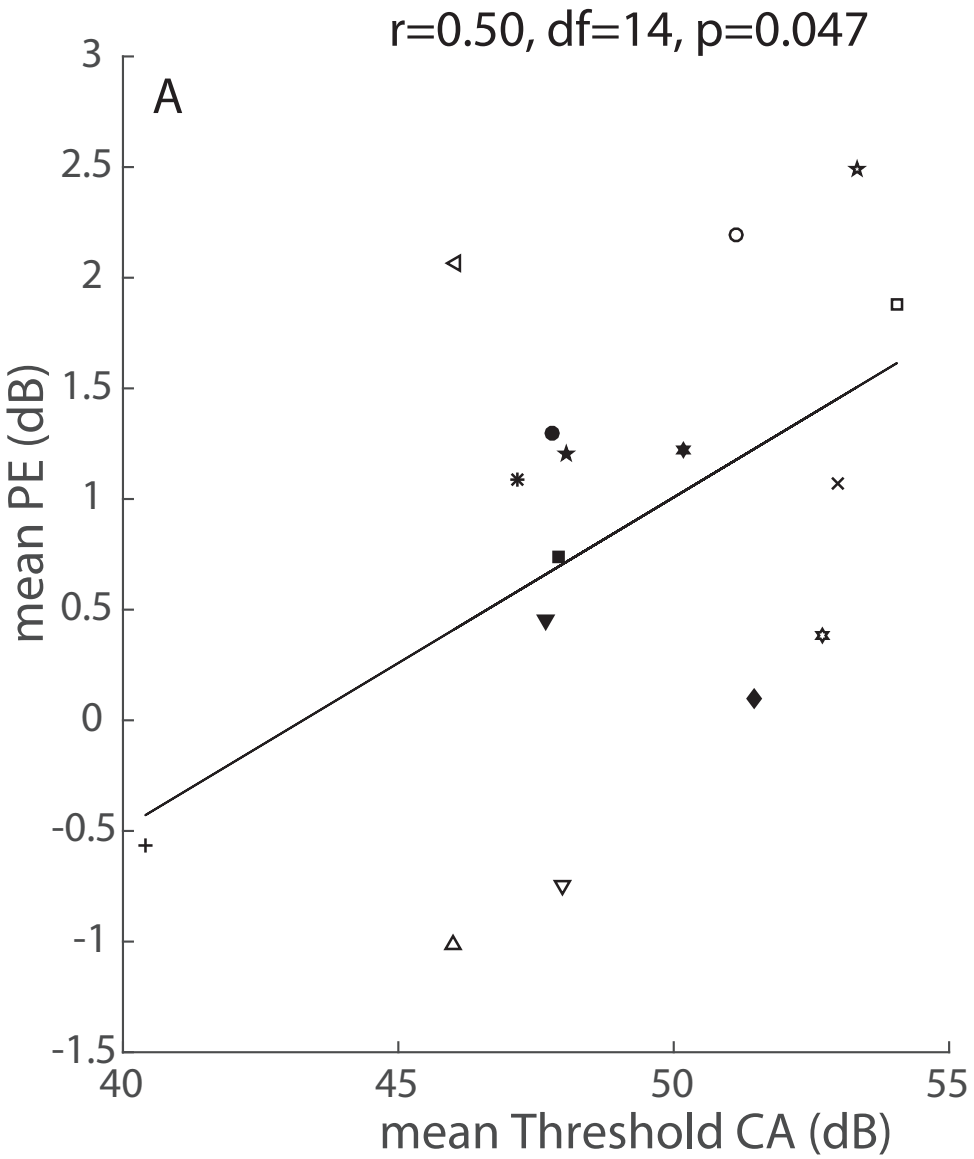
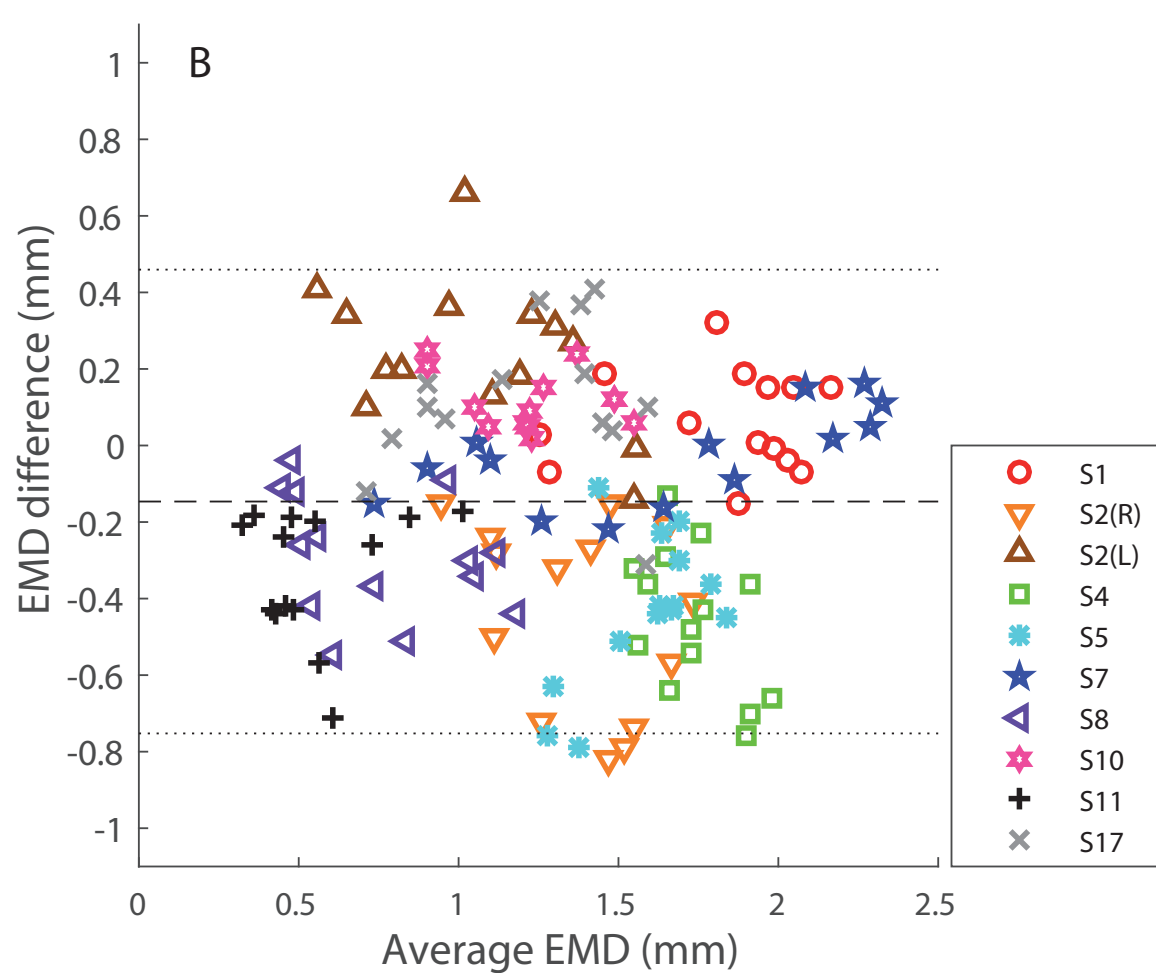
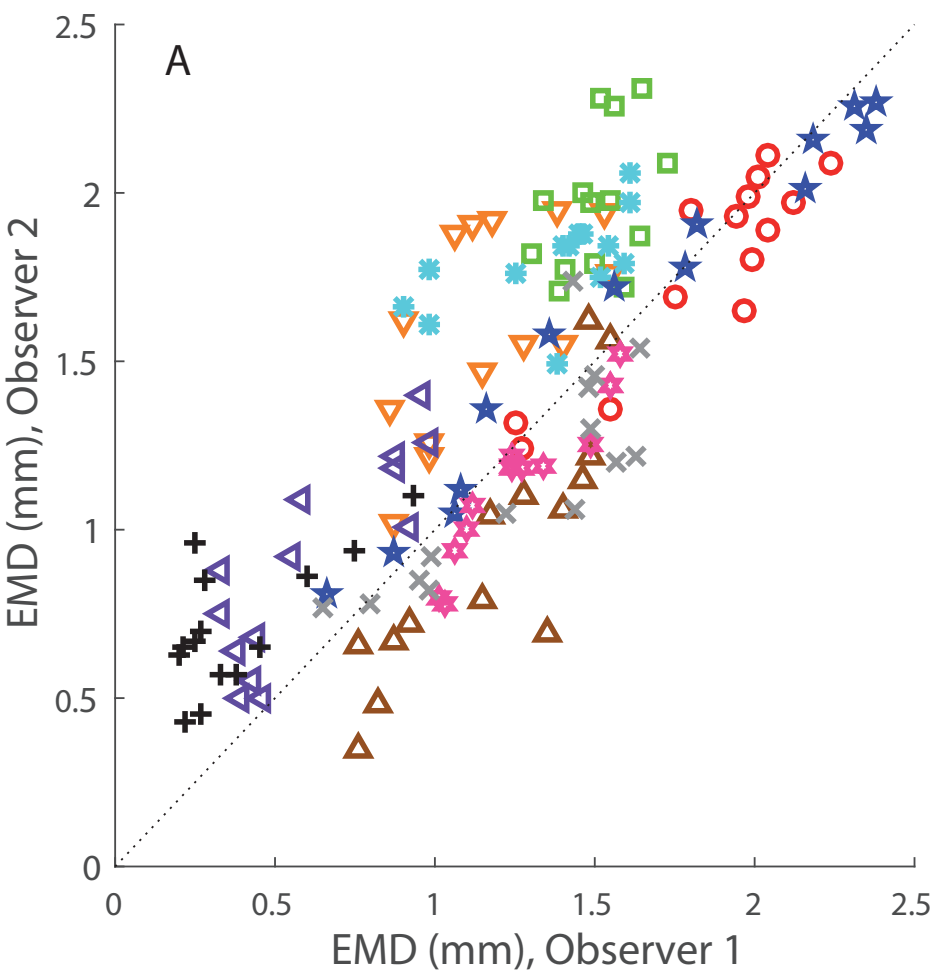


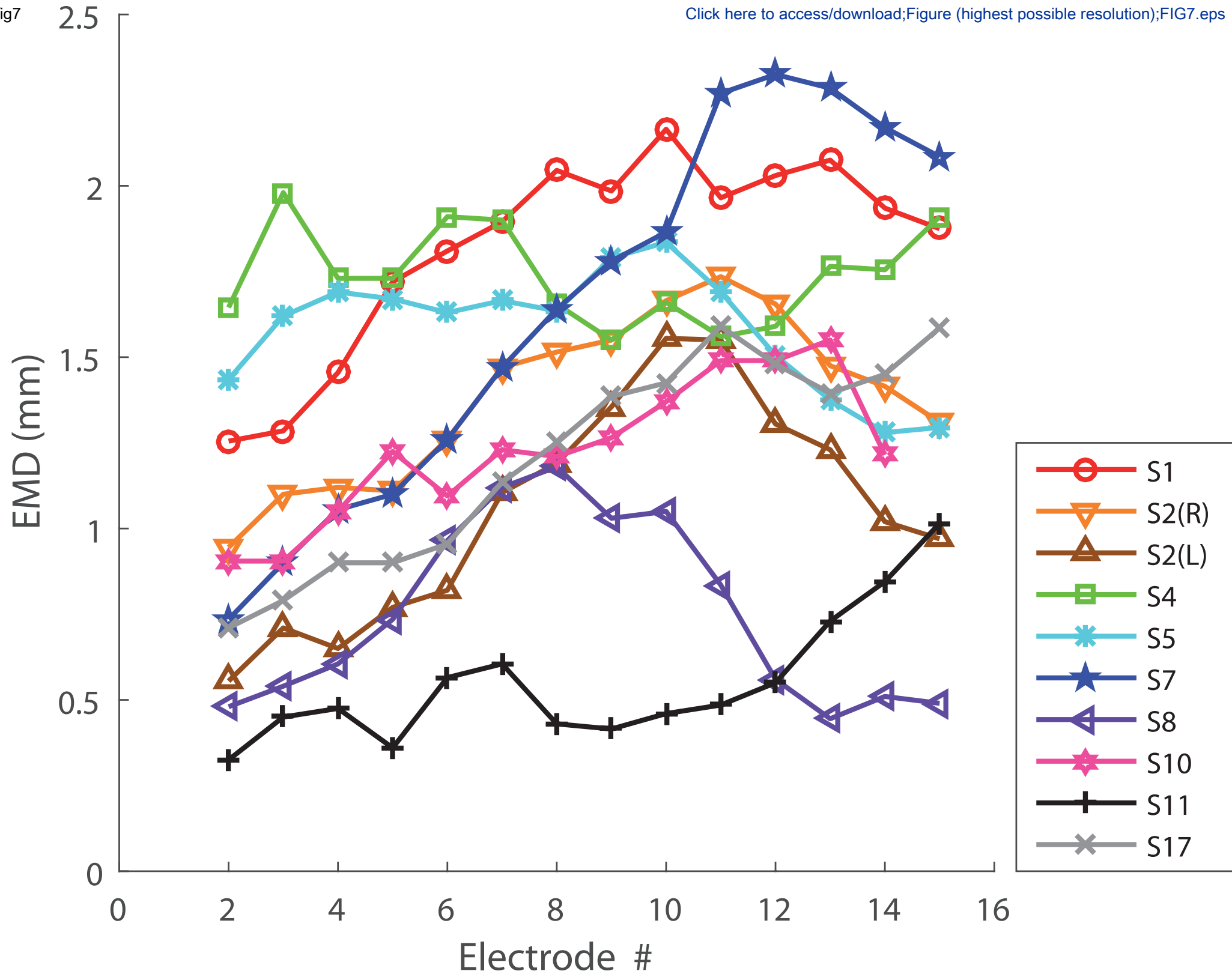
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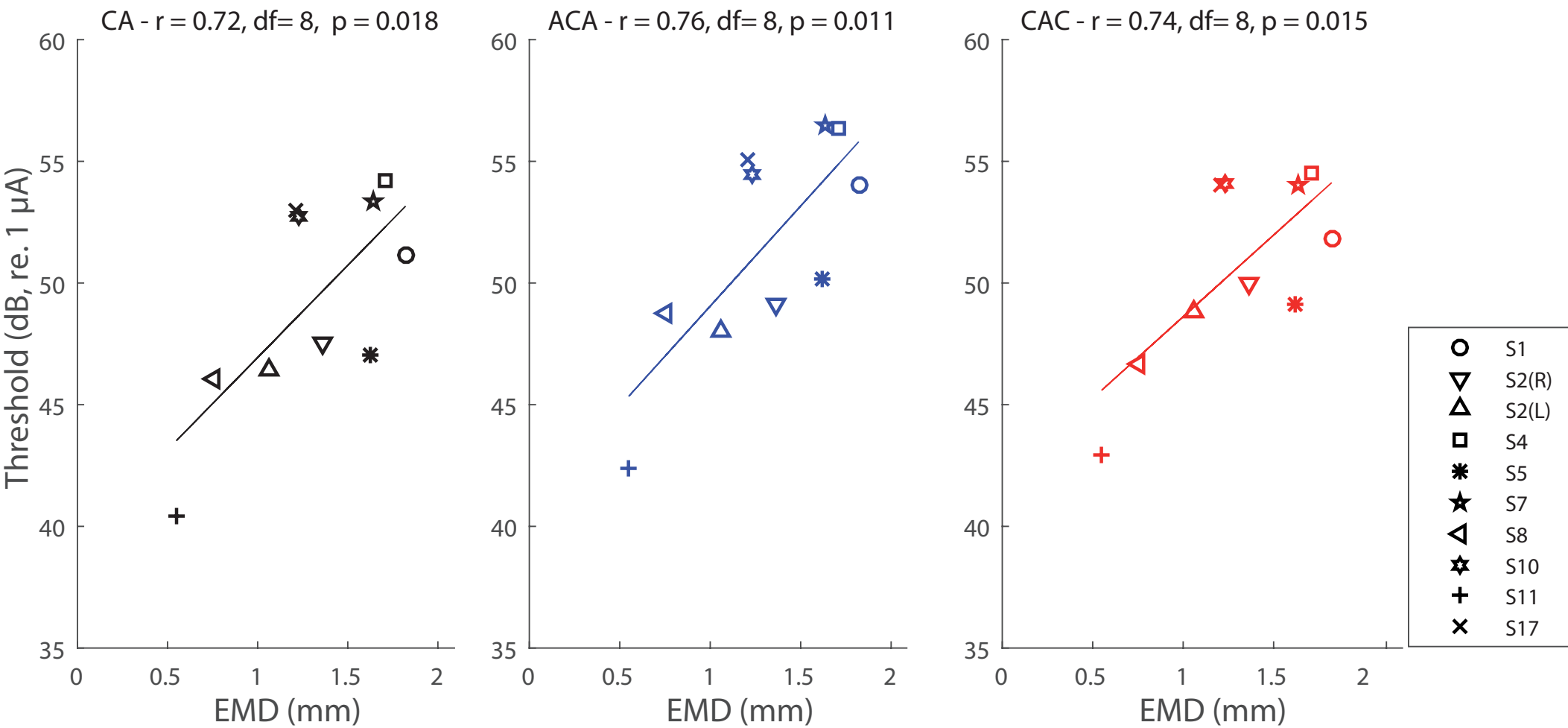


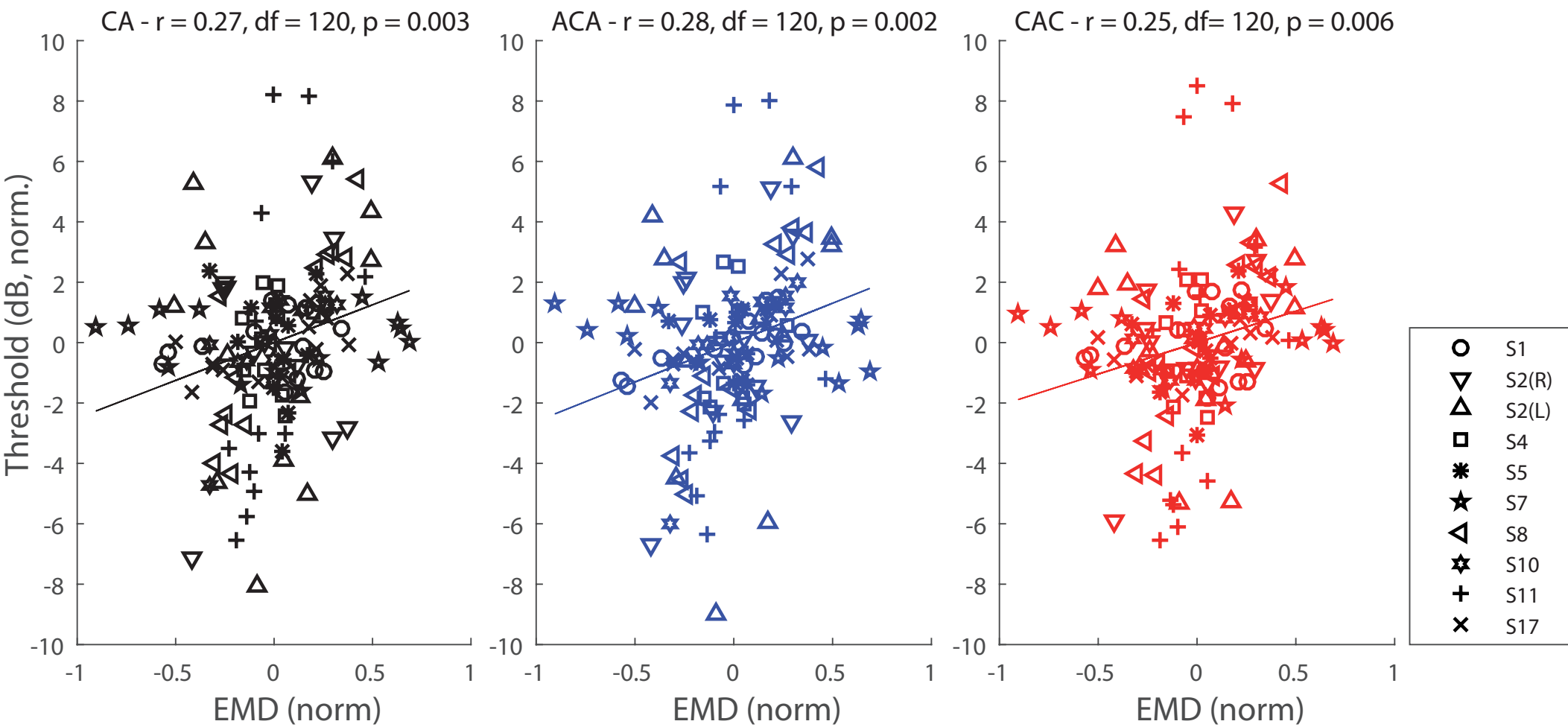


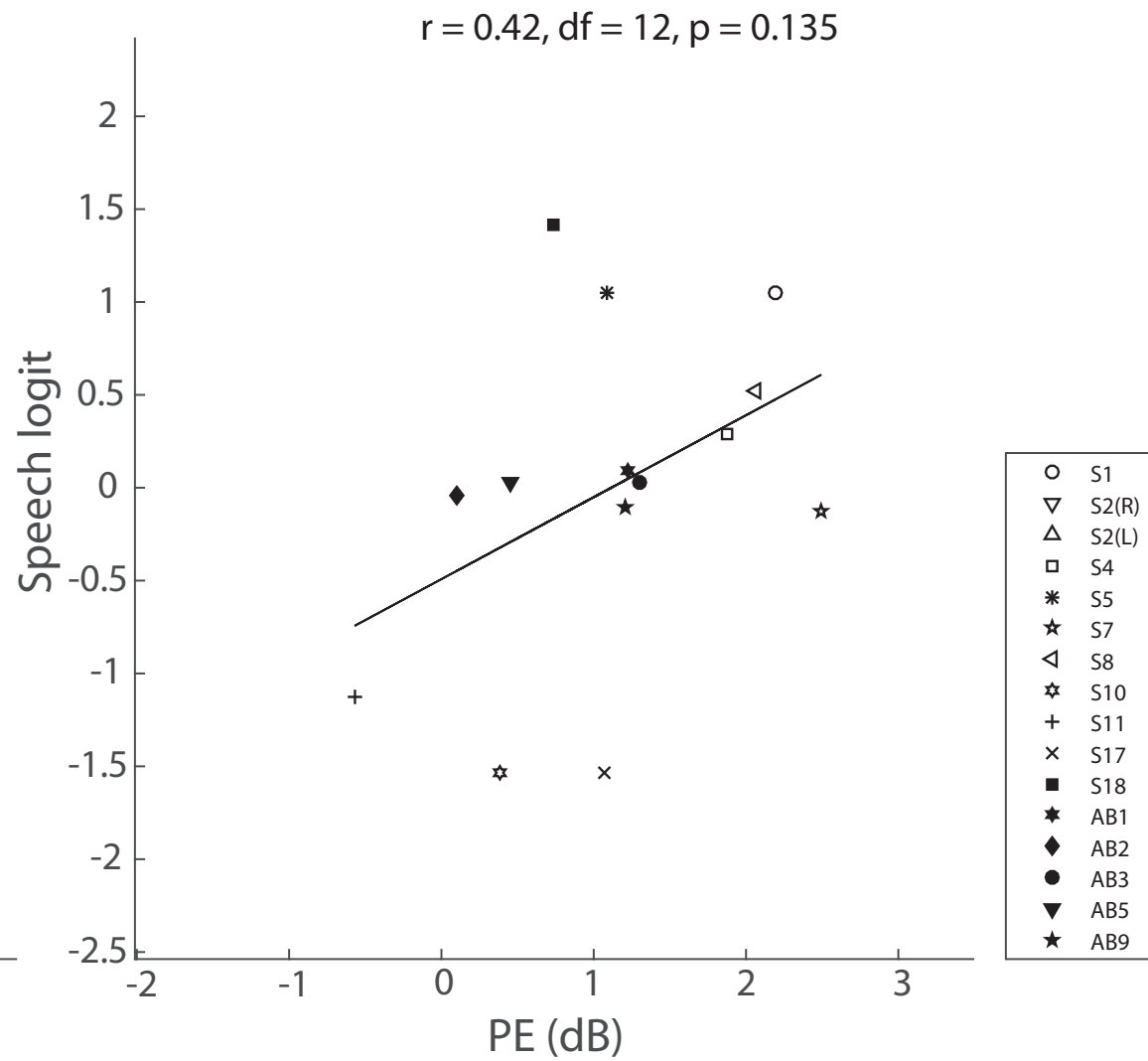
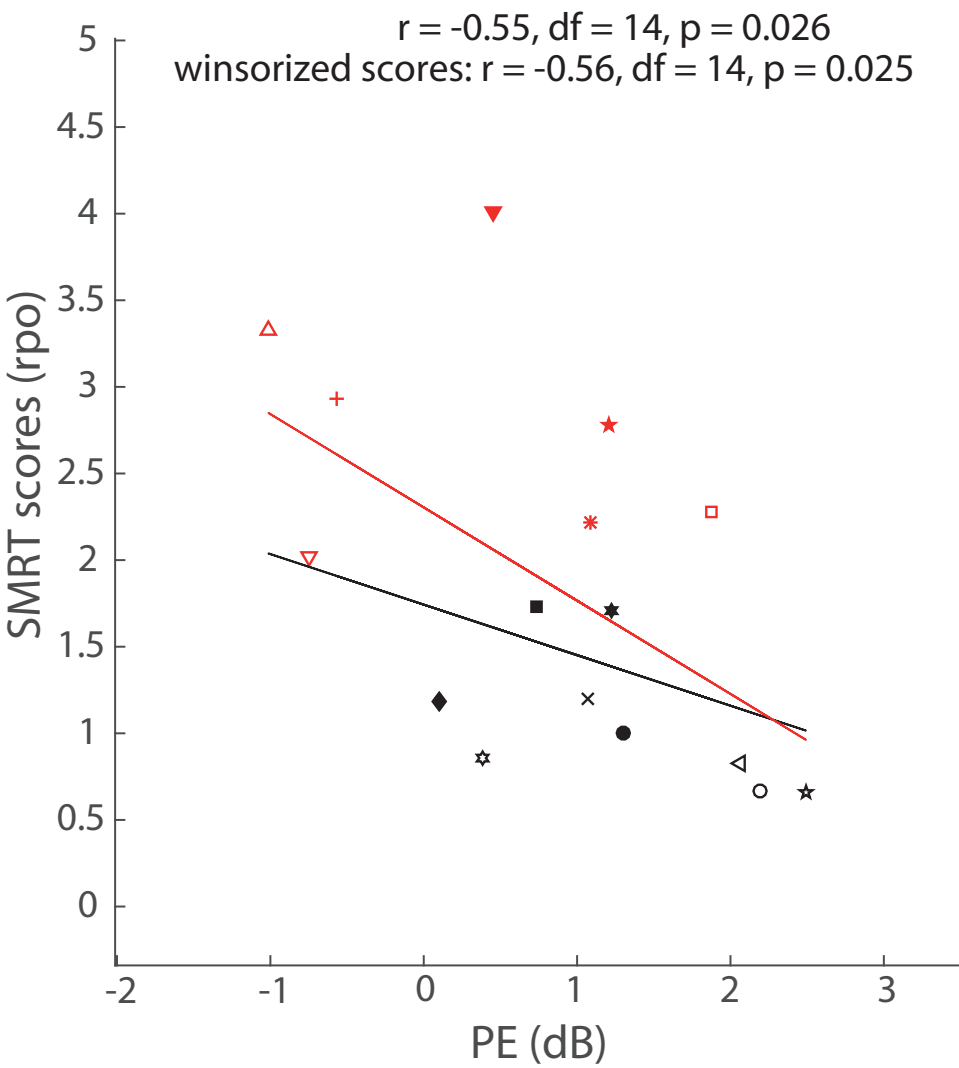












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Sincerely yours,

Quentin Mesnildrey