

1 **Predicting performance at the group-phase and knockout-phase of the 2015**
2 **Rugby World Cup.**

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11

12 **Abstract**

13 *Objectives:* The primary aim of this paper was to produce a model that predicts outcome in the
14 group-phase of the 2015 Rugby World Cup and to determine the relevance and importance of
15 performance indicators (PIs) that are significant in predicting outcome. A secondary aim
16 investigated whether this model accurately predicted match outcome in the knockout-phase of
17 the competition. *Methods:* Data was the PIs from the 40 group-phase games of the 2015 RWC.
18 Given the binary outcome (win/lose), a random forest classification model was built using the
19 data sets. The outcome of the knockout-phase was predicted using this model and accuracy of
20 prediction of the model from the group-phase. *Results:* The model indicated that thirteen PIs
21 were significant to predicting match outcome in the group-phase and provided accurate
22 prediction of match outcome in the knockout-phase. These PIs were tackle-ratio, clean breaks,
23 average carry, lineouts won, penalties conceded, missed tackles, lineouts won in the opposition
24 22, defenders beaten, metres carried, kicks from hand, lineout success, penalties in opposition
25 22m and scrums won. For the group-phase matches tackle ratio, clean breaks and average carry
26 were accurate standalone predictors of match outcome and respectively predicted 75%, 70%
27 and 73% of match outcomes. The model based on the group-phase predicted correctly 7 from

28 8 (87.5%) knockout-phase matches. In the knockout-phase clean breaks predicted 7 from 8
29 outcomes, whilst tackle ratio and average carry predicted 6 from 8 outcomes.

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31 Keywords: Rugby World Cup, random forest, performance indicators, LIME.

32

33 **Introduction**

34 The Rugby Union World Cup (RWC) is a quadrennial tournament with forty group-phase and
35 eight knockout-phase matches. Factors influencing success in rugby union, as in other sports,
36 are evaluated and quantified through performance indicators¹ (PIs). It is essential to understand
37 the relationship between success and PIs as this information can be used to improve
38 performance² with the most meaningful PIs differentiating successful and unsuccessful
39 outcomes¹. Previous rugby union investigations attempting to determine the PIs associated with
40 success at a RWC have had varied conclusions³⁻⁷. Kicking from hand was a successful tactic
41 at the 2011^{3,6} and 2015⁵ RWC. A team's average number of kicks predicted success in the 2011⁶
42 competition knockout stages, whilst at the 2015 knockout stages winners kicked the ball more
43 between the halfway and opposition 22 m line⁵. Scrutinising the details of kicking strategy
44 during the group and knockout-phases of the 2011 RWC suggests scrum halves of winning
45 teams kicked the ball more frequently and over a greater distance than those of losing teams³.
46 Positional attacking and defensive qualities³ were also related to success at the 2011 RWC in
47 both the group and knockout-phases. Specifically, successful teams had scrum halves, front
48 rows and inside backs that were more effective at the tackle area, but outside backs that missed
49 more tackles attempts. The same study revealed that in attack, the outside and inside backs of
50 winning teams were better ball carriers and the second and front rows of winning teams
51 completed more offloads³. This study also demonstrated the second rows of winning teams
52 made more line breaks, while those of losing teams made more pick and drives³. Research
53 examining the knockout stages alone revealed that winning teams stole a greater percentage of
54 opponents' throws⁵. In the knockout stages penalty statistics also varied; although there were

55 no differences in the number of penalties winners and losers conceded in 2011, winners
56 conceded a larger percentage of penalties between halfway and the opponent's 22 m line⁶.

57

58 The nature of the RWC means that in the group-phase higher ranked teams face lower ranked
59 teams, whereas in the knockout-phase teams are more evenly matched. This could lead to
60 changes in strategy between the group and knockout-phases and hence differences in how PIs
61 relate to outcomes. In rugby union, match-type and level of competition have previously been
62 demonstrated as circumstantial variables when differentiating outcome. Indeed, the PIs that
63 identified winning teams in closely contested Super 12 matches did not relate to match outcome
64 in closely contested international matches⁸. This is corroborated by research on the 2007 RWC
65 that demonstrated the number of rucks teams won in the group-phases of the competition was
66 positively related to outcome, but in the knockout-phases the association was negative⁷.
67 However, van Rooyen et al.⁷ examined only a single PI and no research has examined how
68 multiple PIs relate to success during the group-phases of the RWC and whether these PIs can
69 also explain success in the knockout-phases.

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71 In rugby, outcome depends on the ability and performance of both teams. Therefore, when
72 considering associations between PIs and outcome, equal emphasis should be placed on data
73 from each team², with failure to do so likely distorting any relationships present¹. Processing
74 PIs as a differential between opponents is known as descriptive conversion⁹ with this procedure
75 providing a better evaluation of a contest's outcome^{9,10}. Descriptive conversion has been shown
76 to alter the meaning and conclusions drawn from data in rugby union¹⁰ previously.

77

78 This study has two aims. First, to produce a model that predicts performance in the group-phase
79 of the 2015 RWC and determine the importance and relevance of PIs that are significant in
80 predicting match outcome. Second, to determine how effectively the group-phase model applies
81 to the knockout-phases.

82

83 **Methods**

84 PIs from the 2015 Rugby World Cup were downloaded from the OPTA website
85 (optaprorgby.com). The data consisted of 40 group-phase and 8 knockout-phase matches.
86 All team PIs (n = 26) were utilised in the analysis; these PIs and their definitions are listed in
87 Table 1. This project has been approved by the College of Engineering Research Ethics
88 Committee, Swansea University (approval number: 2019-047).

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91 For each match, descriptive conversion was undertaken by calculating the differences between
92 teams for each PI investigated¹⁰.

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94 Collinearity was assessed as per Bennett et al¹⁰, with collinearity being noted between defenders
95 beaten and tackles missed. A separate analysis was run with tackles missed eliminated¹¹; results
96 indicated that collinearity had no effect on either predictive ability or causal inferences from
97 the model. Indeed, multicollinearity has no effect on extrapolation of a fitted model to a new
98 data set, provided predictor variables follow the same pattern of multicollinearity¹². Taking this
99 into account, the analysis was run with the full set of PIs.

100

101 *Insert Table 1 around here*

102

103 The 26 descriptively converted PIs were used as predictors for match outcome. To interpret
104 relationships between PIs and match outcome a random forest classification model was
105 developed, using data from the group-phase matches with randomForest¹³ in the R¹⁴ caret¹⁵
106 package. This ensured viable utilisation of the model with the LIME (Local Interpretable
107 Model-Agnostic Explanation) package^{16,17} later in the analysis. Classification models predict
108 categorical outcomes from predictor variables¹⁸. The RandomForest package uses ensembles
109 of decision-making trees to classify data¹⁹. Decision trees repeatedly repartition data, with
110 binary splits, to maximise subset homogeneity, and estimate the class or distribution of a

111 response²⁰. The aggregate tree approach of a random forest algorithm has improved
112 performance compared to a single tree¹⁹. Random forests utilise bootstrapped data samples and
113 random subsampling of predictors in each tree to improve prediction accuracy and prevent
114 overfitting¹⁹. The mean decrease of accuracy (MDA)¹⁹ was utilised to assess PI importance
115 towards classification of match outcome in the group-phase. A negative MDA represents a
116 decrease in importance, not the presence of inverse relationships²¹. The significance level ($p <$
117 0.05) of the MDA of each PI was calculated, using the rfPermute package²², which permuted
118 the response variable and produced a null distribution for each predictor MDA and a p-value of
119 observed. Predictive accuracy of the model was recorded (overall accuracy of prediction and
120 balance). The predictive ability of the model's performance on the knockout-phase matches
121 was assessed with the F-measure. The F-measure produces a single numerical value to assess
122 predictive performance using precision and recall^{23,24}. Precision is defined as the proportion of
123 predicted positives that are truly positive and recall as the number of true positives divided by
124 the total number of true positives and false negatives²³. A maximal F-measure of performance
125 would be 1, a minimum 0²⁴. For each PI found significant in predicting match outcome, a
126 standalone value for its ability to predict match outcome was calculated, which was the
127 percentage of matches won when that particular PI had a more advantageous relative value.

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129 The model that predicted match outcome for group-phase matches was utilised alongside the
130 LIME package¹⁶ to predict and explain outcomes of matches from the knockout-phase using
131 descriptively converted PIs. LIME is a novel technique that explains the predictions of
132 classifiers in an understandable manner by learning an interpretable model locally around the
133 prediction²⁵. The basis of the explanation is that globally complex models are approximated
134 well at a local-level through linear models²⁵, with 'explanation' meaning the presentation of
135 textual or visual artifacts that enables qualitative understanding between the instance's
136 components and the prediction the model has made²⁵. To explain a prediction, LIME permutes
137 the data-set to create replicated data with slight modifications. It then calculates similarity
138 distance measures between this new information and the original. Outcomes for these data-sets

139 are then computed with the original machine-learning model and features that best describe the
140 model are selected. A simple local model is fitted to the permuted data sets, weighting each by
141 its similarity to the original. The feature weights are extracted from the simple model and used
142 to describe the prediction in question¹⁷. LIME predictions provide greater than 90% recall on
143 classifiers and the explanations provided are accurate to the original model²⁵. The explanations
144 were presented as separate plots for each knockout-phase match classification (Figure 1). The
145 plots examined 13 PIs (all significant PIs included in the explanations; Table 1) and their
146 weighting towards match outcome. The X-axis represents the LIME algorithm's weighting of
147 the PI as it related to match outcome. The greater the value assigned to the weighting the greater
148 the influence the model suggests that the PI had on match outcome²⁵. Negative values represent
149 PIs that contradicted a winning outcome, whereas positive values represent PIs that supported
150 a winning outcome. The prediction of the model can be confirmed by the summation of the
151 feature weightings, in this study a positive sum meaning a winning outcome, negative a losing
152 outcome²⁵.

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154 **Results**

155 Using the group-phase data, the model was trained to an accuracy of 100% (95% CI 95-
156 100%, $p < 0.05$). From the knockout-phase, this model then correctly predicted 7 from 8
157 winning data sets and 7 from 8 losing data sets for an overall accuracy of 87.5% (95% CI 62-
158 98%, $p < 0.05$). The F-measure for the knockout-phase was 0.88. The magnitude of the MDA
159 values for the 26 predictors ranged from 23.90 to -3.14 (Table 2) and the model determined
160 that 13 predictors had distributions that varied significantly from the null ($p < 0.05$). The ability
161 of significant PIs to predict group-phase match outcome as a standalone predictor also varied
162 across the PIs (Table 2).

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164 Plots representing LIME's explanation of each knockout-phase match are presented in Figure
165 1; negative values are red and positive are green. The explainer graphs are plotted from the
166 winning team's relative data. Therefore an overriding green colour means that the actual

167 outcome agrees with the LIME explanation, a dominant red colouring means a disagreement
168 between the actual match outcome and the LIME explanation. LIME correctly predicted
169 seven from eight outcomes, the incorrect prediction being the match between Australia and
170 Argentina (Figure 1, Plot F).

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172 *Insert Table 2 around here*

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174 **Discussion**

175 The primary aim of this study was to produce a model that predicted match outcome in the
176 group-phase of the 2015 RWC and determine the importance and relevance of PIs deemed
177 significant in predicting match outcome. The secondary aim was to investigate whether the
178 model that predicts success in the group-phase of the competition could be successfully
179 applied to the knockout-phase. The model produced from the group-phase matches predicted
180 the outcomes with 100% accuracy. Identifying 13 PIs that predicted outcome far exceeds the
181 number observed in the previous literature³⁻⁷. The potential reasons for this disparity are
182 twofold and relate to the structure of the data used and the analytical method. First, previous
183 research examining multiple PIs at RWCs³⁻⁶ have not utilised descriptively converted data,
184 meaning distortions in any relationships present¹ and inaccurate reflections of the sport's
185 nature⁹. Indeed, descriptively converted data produces a more accurate model of match
186 outcome and identifies a greater number of significant predictors in comparison to isolated
187 data in rugby union¹⁰. Second, the analytical method has likely influenced findings, previous
188 methodologies have used parametric statistical methods³⁻⁶, but the complexity of the data and
189 the possible non-linearity of relationships means these methods are sub-optimal²⁶. This is
190 further reinforced by rugby union's dynamic and chaotic nature²⁷. The MDA values for "clean
191 breaks" and "percentage tackles made" are very similar in magnitude. Taking into account the
192 stochastic nature of a random forest²⁶, it would not be advisable to conclude which of these
193 PIs has the greater importance in predicting match outcome, only that each was highly
194 relevant in ensuring model accuracy in predicting match result. The importance of PIs that

195 describe open field play is clear; the top three PIs predicting outcome describe the ability to
196 prevent the opposition making metres in contact or the ability to beat opposition players. This
197 supports previous findings where descriptively converted data has been used to describe
198 match outcome¹⁰. The importance of the tackle area and the ability of a team to beat opposing
199 defenders is verified by the fact that in 24 out of 25 (of a possible 40) group-phase matches
200 where a team had both a more advantageous tackle ratio and a greater number of clean-breaks
201 relative to the opposition, the match outcome was a win. It is unsurprising that in collision
202 sports the team dominating the tackle and breaking opposition tackles are most likely to win
203 matches. The number of scrums a team wins, number of lineouts won, field position of
204 lineouts won (i.e. in the opposition 22) and percentage lineout success were all positively
205 related to match outcome at the group-phase of the competition. The ability of a team to
206 successfully win their own lineout ball has previously been shown to be a factor in knockout-
207 phases of a RWC⁵ though not in group-phases. This research confirms the importance of
208 winning lineout ball but the MDA values indicate that set-piece ability is not as important as
209 general open-field play in deciding match outcome. Villarejo³ has previously demonstrated
210 that tight five forwards of successful teams were superior in open-field play at the 2011
211 RWC. The research presented in the current paper was not able to ascertain whether superior
212 open-field abilities of winning teams were a result of differences across the team or consist
213 wholly of positional differences. The results of this paper indicate that in the group-phase,
214 penalty count and location of conceded penalties are contributors to match outcome. Similarly
215 in the knockout-phase of the 2011 RWC, winning teams conceded more penalties between the
216 opposition 22 m and half-way lines⁶. Although this PI was not available for investigation in
217 the current study, winning teams did win more penalties in the opposition 22. Further work is
218 needed to investigate whether penalties won in the opposition's 22 reflect point scoring
219 opportunities (kicks for goal) or whether, alongside lineouts in this area of the field, they
220 provide insight into areas of the field successful teams have field position and possession.

221

Insert Figure 1 around here

222 The model produced on the group-phase has predicted, with a high degree of accuracy (87.5%),
223 outcomes in the knockout-phase with only a single match being predicted incorrectly (Figure
224 1F). The LIME explainer plots allow examination of individual match to understand reasons
225 behind each classification (Figure 1). The explainer plots in Figure 1 confirm the importance
226 of open-field skills in the prediction of match outcome in the knockout-phase stages of the
227 competition as well as the group-phase. Clean breaks predict 7 from 8 winning outcomes, with
228 tackle ratio, average carry and number of kicks predicting 6 from 8 winning outcomes. Eventual
229 champions New Zealand (Figure 1 B, E and H) were superior in every aspect of open field play
230 in all knockout-phase matches. Figure 1F describes the semi-final contest between Australia
231 and Argentina, the single match predicted incorrectly. LIME assessed the probability of a
232 positive outcome for Australia at 46% and Argentina 54%. The explainer plots demonstrate
233 that Australia had the greater number (+6 kicks) of kicks from hand. Prior research indicates
234 kick number to be a strong predictor of match outcome in the RWC^{5,6}. A kick value of +6 has
235 also been found a strong indicator of match success in English Premiership rugby leading to the
236 suggestion that kicking possession away is a successful tactic to gain field position and provide
237 space for attack¹⁰, and also to relieve pressure situations when penalties or turnovers become
238 likely. The original model in the current study was built with group-phase data where the ability
239 of teams is often not evenly matched and superior teams can play from weak positions without
240 the need to kick, devaluing the importance of kicking in comparison to evenly matched
241 competitions. It is therefore possible that the kicking of Australia produced success in this
242 match and this was not weighted heavily enough in the model given that the group-phase data
243 were used to develop/train the model. The order of the PIs in the graphs remains relatively
244 consistent (Figure 1). The five PIs, which are most important in the group-phase, are always
245 the most important in explaining knockout-phase matches, confirming the homogeneity of the
246 PIs that are required for success in each stage of the tournament. It allows conjecture that the
247 same abilities separate teams in close knockout-phase matches as separate those in unevenly
248 contested group-phase matches, and that relative quantitative differences in these PIs are the
249 differentiator rather than a change in PI.

250

251 This research compares the importance of multiple PIs across the group-phase and knockout-
252 phase of a RWC, the first time this type of comparison has occurred. It demonstrates the
253 importance of basic open play abilities in the competition and suggests they are just as relevant
254 in the knockout-phase as in the group stages, indeed the winners of the competition are superior
255 in every aspect of open play in the knockout-phase of the competition.

256

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259

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Table 1. Isolated and descriptively converted PIs from a single game (South Africa V Argentina)

Team	Isolated		Descriptive conversion	
	South Africa	Argentina	South Africa	Argentina
Round	Knock out	Knock out	Knock out	Knock out
Outcome	Win	Lose	Win	Lose
Carries made	96	184	-88	88
Metres made	367	560	-193	193
Average carry	3.82	3.04	0.78	-0.78
DefenderBeaten	17	32	-15	15
Offloads	6	15	-9	9
Passes	134	245	-111	111
Tackles	195	106	89	-89
Tackles missed	32	17	15	-15
Ratio tackles made to tackles missed	0.164	0.160	0.004	-0.004
Turnovers	14	21	-7	7
Kicks from hand	29	18	11	-11
Clean breaks	8	7	1	-1
LO throws won on own ball	15	13	2	-2
LO throws lost on own ball	1	0	1	-1
LO Opp 22	3	1	2	-2
Percentage line out success	93.8%	100.0%	-6.3%	6.3%
Scrum Won	4	5	-1	1
Scrum Lost	0	1	-1	1
Percentage scrums won	100%	83.3%	16.7%	-16.7%
Rucks won	67	141	-74	74
Rucks lost	3	6	-3	3
Penalties conceded	11	15	-4	4
Free kicks conceded	1	0	1	-1
Scrum won opposition 22	0	1	-1	1
Penalties in opposition 22	2	2	0	0
Yellow cards	0	1	-1	1

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Table 2. Performance indicators (PIs) downloaded from OPTA website including operational definitions.

Performance indicator	Definition
Carries made	A player touching the ball is deemed to make a carry if they have made an obvious attempt to engage the opposition
Offloads	The ball carrier passed the ball in the process of being tackled
Clean breaks	The ball carrier breaks the first line of defence.
Defenders beaten	A ball carrier has made a defending player miss a tackle through evasive running, physical dominance or with a chip kick
Metres made	Total metres carried past the gain line
Tackles	A player has halted the progress or dispossessed an opponent in possession of the ball
Tackles missed	A player has failed to affect tackle when they were in a reasonable position to make the tackle
Ratio tackles made to tackles missed	Tackles missed divided by tackles
Turnovers	A player has made an error which leads to the opposition gaining possession of the ball, either in open play or in the form of a scrum/lineout
LO throws won on own ball	Own line out throws won
LO throws lost on own ball	Own line out throws lost either from opposition stealing the ball or from an offence at the lineout
LO throws won opposition 22	Number of LO won on own throw in when in opposition 22
Percentage line out success	LO won on own ball divided by total line out throws awarded to a team
Scrum won	Scrum won on own put in
Scrum lost	Scrum lost on own put in
Scrum won opposition 22	Number of scrum won on own put in when in opposition 22
Percentage scrums won	Scrum won on own put in divided by total scrums awarded to a team
Penalties in opposition 22	Total penalties a team is awarded in the oppositions 22
Penalties conceded	Penalties conceded by a team
Free kicks conceded	Free kicks conceded
Kicks from hand	Kicks made when the ball is in hand, excluding penalties and free kicks.
Average carry	Total metres carried past gain line divided by carries made
Passes	The ball carrier performs a pass
Rucks won	Rucks won when in possession
Rucks lost	Rucks lost in possession
Yellow cards	The team has had a player sin binned for a penalty offence

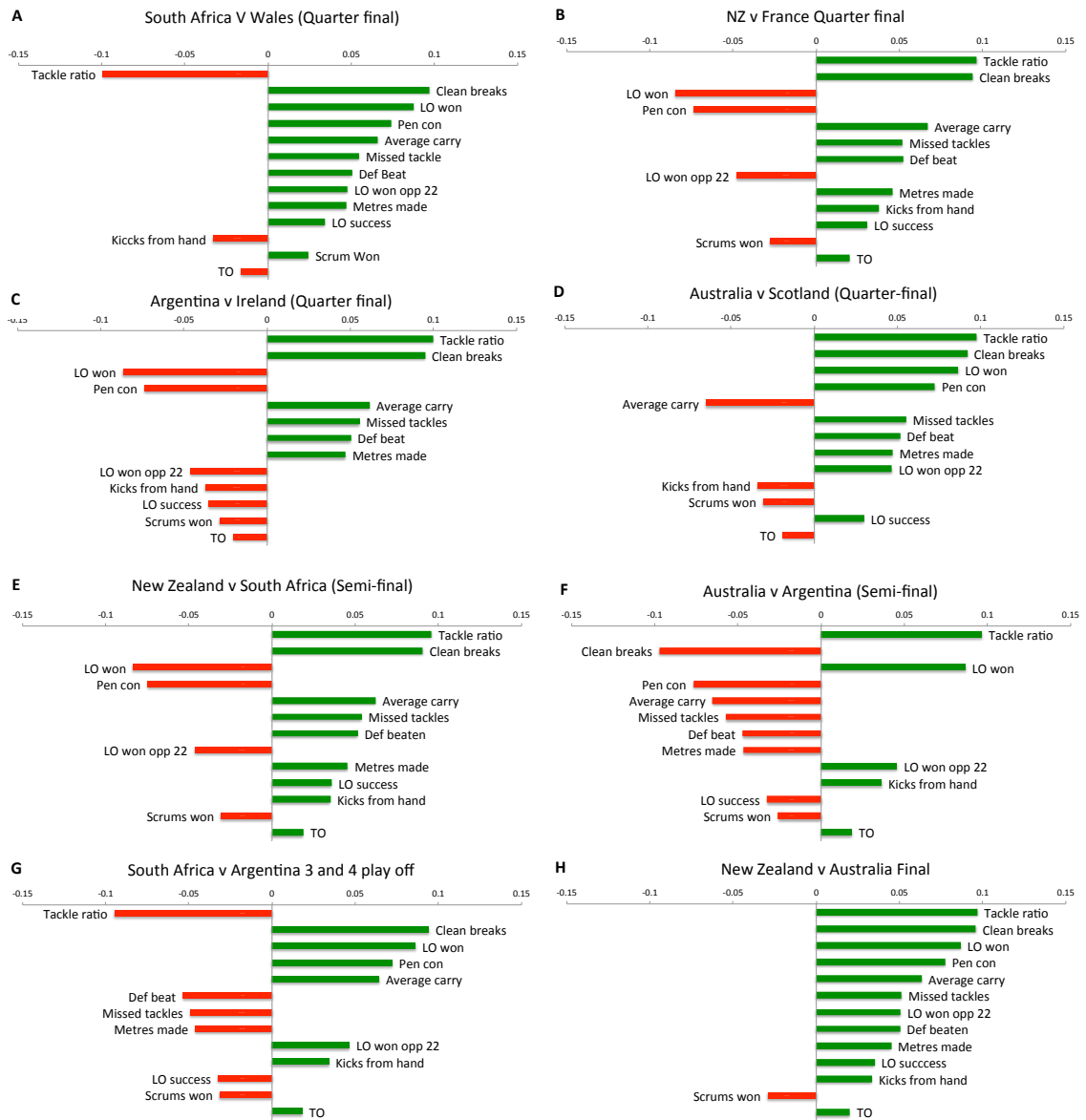
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Table 3. Mean decrease in accuracy (MDA) for the Random Forest model based on the group-phase data (* denotes significance $p < 0.05$). Accuracy IP reflects the accuracy of the performance indicator (PI) as a standalone predictor of match outcome in the group-phase, calculated only for significant PIs.

Performance indicator	MDA	Accuracy IP
Tackle ratio	23.90 *	75%
Clean breaks	23.25 *	70%
Average carry	18.57 *	73%
LO won	18.42 *	64%
Penalties conceded	17.40 *	67%
Missed tackles	16.58 *	70%
LO won opp 22	15.08 *	65%
Defenders beaten	15.07 *	70%
Metres made	12.45 *	67%
Kicks from hand	10.91 *	54%
LO success	10.02 *	59%
Penalties in opp 22	8.07 *	60%
Scrum won	6.12 *	60%
Pass	5.29	NA
Turnovers	4.29	NA
LO lost	3.70	NA
Carries	3.40	NA
Scrum Success	2.87	NA
Tackles	1.59	NA
Rucks won	1.48	NA
Rucks lost	1.48	NA
Scrum won opp 22	0.89	NA
Offloads	0.14	NA
Scrum lost	-1.10	NA
Yellow cards	-2.61	NA
Free kicks	-3.14	NA

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Figure 1. Graphical representation of the LIME algorithm's local explanation for the outcome of each knockout-phase match