

## Glandular Odontogenic Cyst: Case Series

### Abstract

Glandular odontogenic cyst (GOC) is an uncommon and aggressive jaw cyst with a high recurrence rate. It may grow into a large size. Diagnosis of the cyst is challenging since it may be confused with some other jaw cysts and malignancies. Treatment methods vary from conservative surgery to radical bone resection. In this case series, we briefly present five cases of GOC diagnosed and treated at our clinic. Thorough histopathological diagnosis and long-term follow-up are necessary in patients with GOC.

**Keywords:** Glandular odontogenic cyst, histopathology, recurrence, surgical treatment

### Introduction

Glandular odontogenic cyst (GOC) is an uncommon jaw cyst that arises from odontogenic origin and was first described by Gardner *et al.* as a definite pathology in 1988.<sup>[1]</sup> In 1992, the World Health Organization (WHO) classified odontogenic tumors histologically and described GOC as “a cyst arising in the tooth-bearing areas of the jaws and characterized by an epithelial lining with cuboidal or columnar cells both at the surface and lining crypts or cyst-like spaces within the thickness of the epithelium.”<sup>[2]</sup> The prevalence of GOC varies from 0.012% to 1.3% of all jaw cysts with a mean of 0.17%.<sup>[3,4]</sup> Its clinical importance arises from two properties, “high recurrence rate”<sup>[3]</sup> and “aggressive growth pattern.”<sup>[4]</sup> Multicystic lesions treated by conservative surgery had a recurrence rate of 55% with an average duration of 4.9 years.<sup>[3,4]</sup> Padayachee and Van Wyk in 1987 reported two cases of botryoid odontogenic cyst (BOC) but with glandular element, so they proposed a term of sialo-odontogenic cyst. Later, in the following years, more evidence supported its odontogenic origin rather than sialogenic origin depending on lack or minimal marker expression besides several cases of hybrid lesion composed of GOC and other odontogenic lesions.<sup>[5-8]</sup>

Clinically, it is most commonly present at the mandibular anterior region and appears usually as asymptomatic slow

growing swelling. GOC occurs most commonly in the middle age with a slight male predilection.<sup>[5,6]</sup> Radiographically, it is an intraosseous localized lesion that appears unilocular or multilocular with well-defined margins with or without root resorption.<sup>[7,8]</sup> Histologically, it also mimics lateral periodontal cyst (LPC), BOC, radicular cyst and residual cyst with mucous metaplasia, and low-grade mucoepidermoid carcinoma. Thus, it is really hard to make definitive diagnosis.<sup>[3]</sup> Treatment methods vary from conservative surgery to aggressive resection.

In this article, we summarized clinical, radiological, and histopathological features of five cases diagnosed as GOC.

### Case Report

Five patients (1 female and 4 males) were admitted to our clinic with a complaint of “facial swelling” [Figure 1]. The patients reported that swelling was slow growing, firm, and painless, but they could not exactly remember the time of onset of swelling. They also did not specify any numbness or pain. The age of the patient ranged from 33 to 51 years with a mean of 41.8 years. Patients’ medical histories did not reveal any significant evidence. Extraoral examination showed enlargement of the facial counter with an intact overlying skin. Intraoral examination showed vestibular swelling, but the mucosa appeared healthy. Panoramic radiography and cone-beam computed tomography revealed either well-defined

**Gokhan Gurler,  
Humam  
Al-Ghamian,  
Nihan Aksakalli<sup>1</sup>,  
Cagri Delilbasi**

*Department of Oral and Maxillofacial Surgery, School of Dentistry, Istanbul Medipol University, <sup>1</sup>Department of Tumor Pathology and Oncological Cytology, Istanbul University Institute of Oncology, Istanbul, Turkey*

#### Address for correspondence:

*Dr. Gokhan Gurler,  
Department of Oral and Maxillofacial Surgery,  
School of Dentistry, Istanbul Medipol University, Atatürk Bulvarı No 27, 34083 Unkapanı-Fatih-Istanbul, Turkey.  
E-mail: [ggurler@medipol.edu.tr](mailto:ggurler@medipol.edu.tr)*

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unilocular or multilocular radiolucent lesions in all patients. Lingual cortical perforation close to the base of the mandible was present in two patients (patient #3 and patient #5) [Figures 2 and 3]. Depression of the inferior alveolar canal was observed in patients with mandibular lesions. Root resorption was evident in two patients (patient #1 and patient #3). Histopathological diagnosis of GOC was made for all cases after incisional biopsy under local anesthesia. Marsupialization followed by enucleation and curettage (patient# 1) or only enucleation and curettage were the performed treatment methods (other patients). Intraoperative view of a patient who underwent enucleation is given in Figure 4. The removed lesions were reprocessed for pathological diagnosis which confirmed the initial diagnosis of GOC. Postoperative courses were uneventful, and the patients are still being called for follow-up. No recurrence was seen in the follow-up period of 2–4 years. Data of the patients are given in Table 1. Histopathological features are given in Figures 5-8.

### Discussion

GOC is a local aggressive cyst from odontogenic origin with a high recurrence rate. The average age at diagnosis of

the cyst is 51 with a peak ranged from the 5<sup>th</sup> to 7<sup>th</sup> decade. GOC has no gender predilection, and the mandible is the most common site for development, especially the anterior region.<sup>[9]</sup> Maxillary lesions usually localize in the canine region.<sup>[10]</sup> Radiographically, it appears as a unilocular or multilocular radiolucency surrounded by radiopaque sclerotic margin with or without root resorption.<sup>[11]</sup>

Histologically, the identification of ciliated cell of surface epithelium and duct-like spaces filled with mucin pool easily differentiates LPC and BOC from GOC and is highly suggestive of GOC.<sup>[12]</sup> The identification of superficial cuboidal cells, epithelial whorls, ciliated cells, and intraepithelial microcysts highly suggests GOC in differentiating GOC and low-grade mucoepidermoid carcinoma.<sup>[13]</sup>

In 2008, Kaplan *et al.* introduced specific criteria for histological diagnosis of GOC.<sup>[3]</sup> Five major criteria should be present for diagnosis, and four minor criteria can support the diagnosis if present.



Figure 1: Extraoral view of the patient (patient #4)

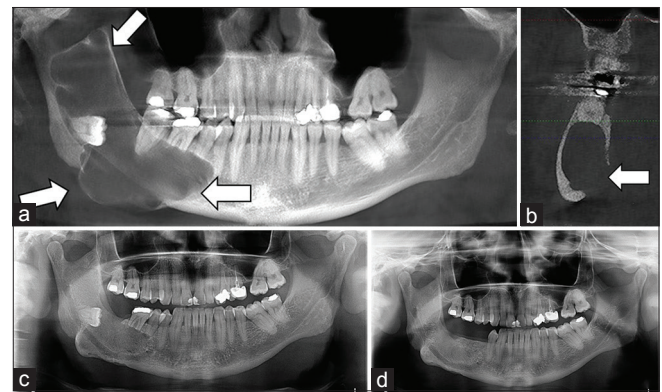


Figure 2: (a) Extension of the lesion from the right mandibular incisor to the sigmoid notch in patient no. 3. Note the thinning of the mandibular base (arrows). Root resorption is evident in the second premolar and first molar. An impacted tooth can be noticed within the lesion. (b) Lingual perforation was noted in cone-beam computed tomography sagittal section. (c) 1 year following marsupialization. At this period, residual lesion was curettaged together with impacted tooth removal and extraction of mobile teeth with root resorption. (d) Postoperative 3-year follow-up with no evidence of recurrence

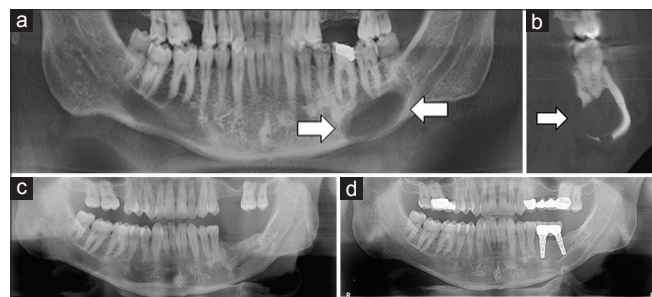


Figure 3: (a) Panoramic cone-beam computed tomography view showing the lesion located in the base of the left mandible in patient no. 5. (b) Lingual perforation and depression of the inferior alveolar nerve can be seen in the sagittal section (arrow). (c) Six months following enucleation. (d) Follow-up view at 4 years. The patient was rehabilitated with dental implants and fixed prosthesis



Figure 4: Intraoperative view after enucleation (Patient #4)



The major criteria include:

- Nonkeratinized squamous epithelial lining with flat connective tissue wall interface

- Various thickness of epithelial lining with or without epithelial sphere or whorls or focal luminal proliferation

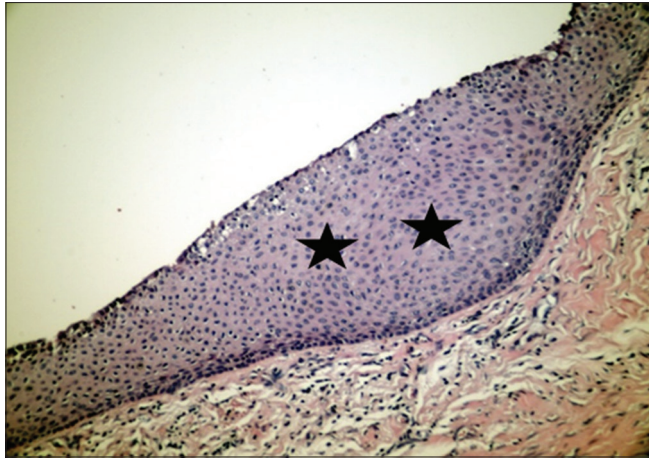


Figure 5: Epithelial lining showed plaque-like thickenings into the cyst wall. Epithelial cells assumed a swirled appearance (stars). H and E,  $\times 200$

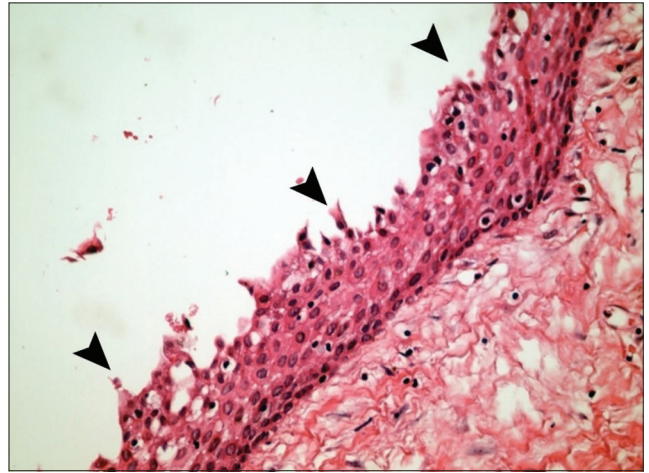


Figure 6: Epithelial lining surface had eosinophilic cuboidal or columnar cells, so-called «hobnail cells», showed papillary appearance into the cyst lumen (arrows) H and E,  $\times 400$

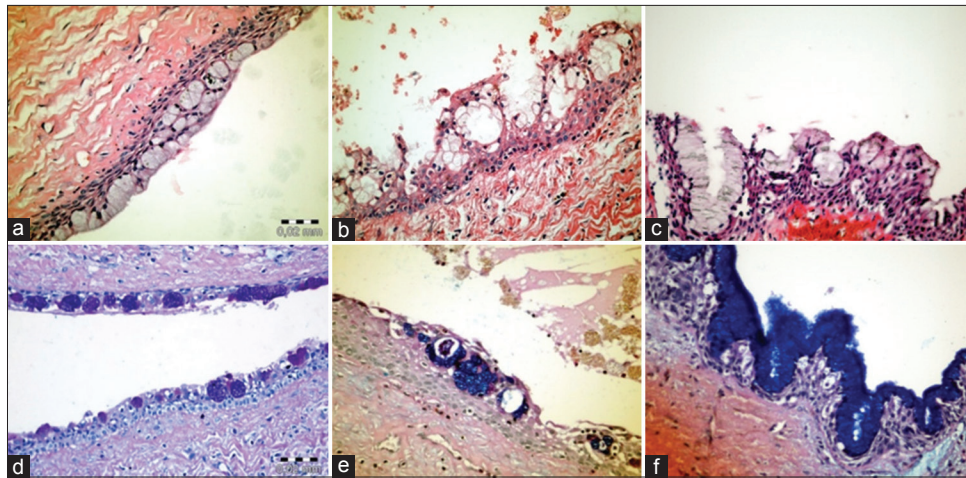


Figure 7: Different histopathological areas of glandular odontogenic cysts. The squamous epithelial lining showed numerous mucous cell (a; H and E,  $\times 400$ ) and duct-like structures (b and c; H and E,  $\times 400$ ,  $\times 400$ , respectively). Periodic acid-Schiff + alcian blue staining highlighted the mucin in the cytoplasm (d-f;  $\times 40$ ,  $\times 200$ ,  $\times 400$ , respectively)

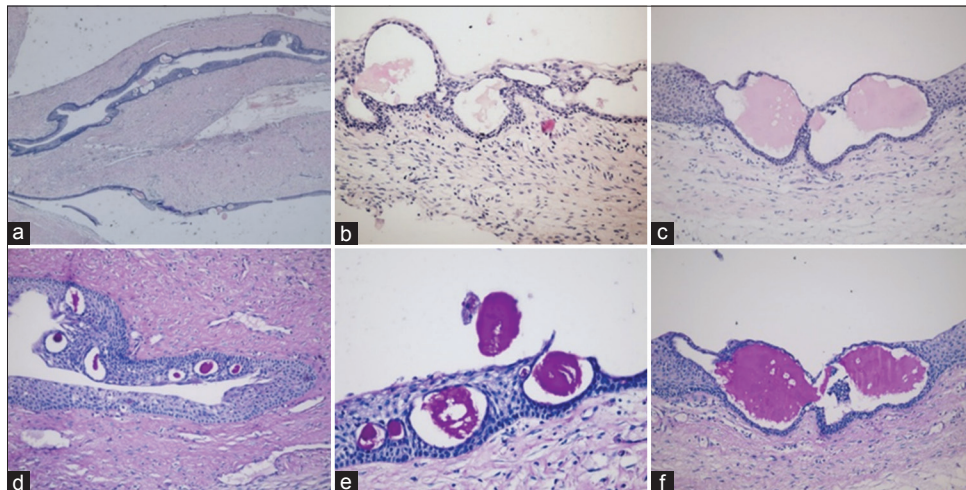


Figure 8: Intraepithelial microcysts (mucin pools). (a-c) H and E,  $\times 40$ ,  $\times 200$ ,  $\times 200$ , respectively. (d-f) Periodic acid-Schiff stain  $\times 200$ ,  $\times 200$ ,  $\times 200$ , respectively

**Table 1: Data of cases diagnosed as glandular odontogenic cyst**

Patient	Age	Sex	Location of lesion	Clinical symptom	Size (cm)	Radiological features	Treatment	Follow-up (years)
1	44	Male	Posterior mandibular body right	Buccal painless swelling	3×1	Unilocular radiolucency with well-defined margin, #46 roots resorbed	Curettage	3
2	39	Female	Posterior maxilla right	Labial painless swelling	2×1	Unilocular, well-defined expansion, no root resorption	Enucleation	2
3	51	Male	Posterior mandibular body and ramus	Buccal and lingual painless swelling, tooth mobility	6×2	Multilocular, well-defined expansion, #45,46 roots resorbed, 48 impacted and displaced lingual cortex perforation	Marsupialization + curettage	3
4	33	Male	Anterior maxilla	Labial painless swelling	4×2	Unilocular, well-defined expansion, no root resorption	Enucleation	2
5	42	Male	Posterior mandibular left	Buccal painless swelling	2×1	Unilocular, well-defined margin, lingual cortex perforation	Enucleation	4

- Cuboidal “hobnail” cells
- Intraepithelial mucous pool with mucous cell, with or without crypts lined by mucous-producing cells
- Microcyst or duct-like structure in the epithelial layer.

The minor criteria include:

- Lining epithelium with papillary proliferation
- Ciliated cells
- Multicystic or multiluminal architecture
- Clear or vacuolated cells in basal or spinous layer.

Fowler *et al.* suggested some criteria to distinguish GOC from GOC mimickers. The following criteria should be present and considered individually: microcysts, epithelial sphere, clear cells, and variable thickness of cyst lining. Furthermore, the presence of seven or more microscopic parameters of Kaplan is highly predictive of GOC while the presence of five or less microscopic features is highly predictive of GOC mimickers.<sup>[9]</sup>

Several studies support the aggressive pattern and high recurrence rate of GOC, and this can be explained by multilocular nature of GOC and easy separation of epithelium from underlying connective tissue.<sup>[14]</sup> Furthermore, the conservative treatment methods may cause high recurrence.<sup>[6,10]</sup> The recurrence mechanism may be due to the thinness of the cyst wall and the presence of microcysts which make completely removal of the cyst very difficult.<sup>[15]</sup>

The treatment of choice is controversial ranging from enucleation, curettage, or en block resection.<sup>[16]</sup> Most of the GOC cases were treated conservatively, and a recurrence rate of 30% has been reported.<sup>[10]</sup> The treatment of choice in our study was conservative treatment as all of them were primary lesion. During follow-up period of the patients, if any signs of recurrence appear, we will perform for more aggressive surgical treatment.

GOC is a rare jaw cyst of odontogenic origin. It has a potentially aggressive behavior and high recurrence rate, so definite diagnosis is very important and should be carefully determined by correlating the microscopic criteria with

clinical and radiographical findings. Furthermore, long-term follow-up is mandatory not to overlook any recurrence.

#### Declaration of patient consent

The authors certify that they have obtained all appropriate patient consent forms. In the form the patient(s) has/have given his/her/their consent for his/her/their images and other clinical information to be reported in the journal. The patients understand that their names and initials will not be published and due efforts will be made to conceal their identity, but anonymity cannot be guaranteed.

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Nil.

#### Conflicts of interest

There are no conflicts of interest.

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