

The behaviour of housed dairy cattle with and without pasture access: a review

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1 **The behaviour of housed dairy cattle with and without pasture access: a review**

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6 ABSTRACT

7 With more dairy cows being housed indoors, for at least part of the year, it is important to understand
8 how housing impacts on ‘normal behaviour’ and the implications for cow welfare. For cows on
9 pasture, nutritional requirements and climatic conditions are the major concerns, whilst indoor
10 housing systems can restrict natural behaviours and reduce health as incidences of lameness and
11 mastitis increase. When given a choice to be at pasture or in cubicle housing, studies have shown that
12 time of day, season, and where feed is provided can influence preference. Previous experience also
13 had a big effect on pasture preference: the longer calves/heifers/cows were reared without experience
14 of pasture the stronger their preference for housing. The ontogeny of grazing also requires pasture
15 experience i.e. the instinctive foraging behaviour of calves is to suckle and they have to learn through
16 experience how to graze. These results raise the question: if cattle are to be housed for part of the
17 year, would it be better to house them continuously? Other results would suggest not, as there are
18 clear production, health and welfare benefits to pasture access. Cows at pasture had lower levels of
19 lameness and mastitis, and cows with free access to pasture and indoor housing also produced more
20 milk than those continuously housed. Approximately half of this extra milk was attributed to grass
21 intake, and increased lying, improved comfort and/or lower stress probably accounted for the rest.
22 Although incorporating free access between housing and pasture is difficult on many farms, it is
23 postulated that developments in precision livestock farming offer the potential to provide a
24 technological solution to this problem. These research findings could be used as the basis to design
25 novel, adaptive housing that responds to cow behaviour. The aim would be to incorporate the best
26 aspects of pasture with the best aspects of housing to provide an environment that meets the needs of
27 the cows all year around.

28 *Keywords:* Pasture, indoor housing, dairy cattle, behaviour, precision livestock farming, technologies

29 **1. Introduction**

30 Public concern for the welfare of intensively farmed animals is increasing (Prickett *et al.*, 2010).
31 Consumers have a strong preference for livestock to be reared in natural environments, such as
32 pasture access for farm animals (Cardoso *et al.*, 2016; Vanhonacker *et al.*, 2008), and it has been
33 assumed for many years that natural or extensive husbandry systems provide better welfare (Webster,
34 1994). However, in recent years, intensification of the dairy industry has increased. In many European
35 countries and in the United States whilst the number of dairy farms has decreased, this has been offset
36 by increased herd sizes (Barkema *et al.*, 2015) and increased average yield per cow (DairyCo, 2016;
37 EC, 2015). These yield increases have led to many cattle being housed indoors, for at least the winter
38 months, if not all year around; with straw yards and cubicle housing the most common indoor housing
39 systems (Haskell *et al.*, 2007).

40

41 For cattle, pasture is a natural environment, allowing them to express normal behaviours. It can
42 provide ample comfortable lying space, allowing cows to lie in stretched positions (Krohn and
43 Munksgaard, 1993) and may reduce incidences of lameness and mastitis compared to indoor housing
44 (Fregonesi and Leaver, 2001; Haskell *et al.*, 2006). However, as milk yields increase, pasture alone
45 may be insufficient to meet nutritional requirements, which could result in cattle on pasture becoming
46 hungry (Kolver and Muller, 1998), reducing their welfare. Indoors, feed such as a Total Mixed Ration
47 (TMR) is often fed to dairy cattle, allowing them to more easily meet their nutritional demands and
48 therefore maintain milk yields (Kolver and Muller, 1998). Climatic conditions (Schütz *et al.*, 2010),
49 managing pasture quality and availability and the use of automatic milking systems (AMS) may also
50 influence the decision to house cows indoors. However, the welfare of cattle indoors may be reduced.
51 Housing design (Tucker *et al.*, 2004b) and bedding quality can influence lying times (Fregonesi *et al.*,
52 2007a), reduced space allowance can lead to increased aggression (Fregonesi and Leaver, 2002),
53 incidences of mastitis (Washburn *et al.*, 2002) and lameness may increase (Vanegas *et al.*, 2006), and
54 natural behaviours may be restricted (Miller and Wood-Gush, 1991). There are clear benefits of

55 pasture access and indoor housing and there are also aspects of both environments which may
56 compromise dairy cow welfare.

57

58 The emerging field of Precision Livestock Farming (PLF) may provide solutions to the issues raised
59 above. PLF is already having a big impact in dairy cow management (Rutter, 2012), and technology
60 has the potential to facilitate the management of pasture access and, possibly, to help make ‘smart’
61 management systems that adapt to cow behaviour and are better able to meet the needs of cows all
62 year around.

63

64 This article aims to review the behaviour of dairy cattle that have access to pasture; to determine how
65 cows spend their time when they are given the choice of indoor housing and pasture, what factors
66 influence preference, the benefits of pasture access and postulates how advances in precision livestock
67 farming could provide dairy cattle with an environment better able to meet their needs.

68

69 **2. Preference for pasture and the effect of pasture access on time budgets**

70 Preference testing allows animals to choose which environment or commodity they prefer and can
71 give us some indication of what is better or worse for animal welfare (Dawkins, 2003). Research
72 offering cows a choice of spending their time indoors or on pasture has found that dairy cow
73 preference for indoor housing or pasture is complex, with numerous factors influencing preference
74 and resulting in time spent on pasture ranging from 9% to over 70% (Krohn *et al.*, 1992; Charlton *et al.*
75 *et al.*, 2011a; Motupalli *et al.*, 2014). Pasture use can depend on the season (Charlton *et al.* 2011b),
76 weather conditions (Legrand *et al.*, 2009), the location of food (Charlton *et al.*, 2011b), distance
77 between indoor housing and pasture (Charlton *et al.*, 2013) and time of day, with a stronger
78 preference to be at pasture during the night (Charlton *et al.*, 2011b, 2013; Legrand *et al.*, 2009;
79 Motupalli *et al.*, 2014).

80

81 Cattle are grazing animals and have a distinct diurnal feeding pattern (Phillips, 2002). Intake is
82 usually split into several meals over the day, with the largest meal in the evening (Shabi *et al.*, 2005).

83 Feeding behaviour can be influenced by milk yield, with high yielding cows consuming more food
84 and spending longer eating than low yielding cows (Tapki and Şahin, 2006; Charlton *et al.*, 2011b) in
85 an attempt to meet their nutritional demands and sustain production. Cows at pasture may spend 9.5
86 h/d grazing (Kennedy *et al.*, 2009; O'Driscoll *et al.*, 2010). Foraging for food and grazing is more
87 time consuming compared to eating a TMR, and therefore cows are likely to spend longer feeding at
88 pasture compared to indoors. Sward height and quality can influence grazing behaviour (Kirkland and
89 Patterson, 2006; Ribeiro Filho *et al.*, 2005). Grazing times may also be reduced if a supplement is
90 provided (Hetti Arachchige *et al.*, 2013) or if pasture access is restricted (Kennedy *et al.*, 2009). Cows
91 without pasture access will spend, on average 3 to 5 h/d eating (DeVries *et al.*, 2004; DeVries and von
92 Keyserlingk, 2005), split into approximately 7 meals/d (DeVries *et al.*, 2003b). However, the type of
93 indoor housing can influence eating times (5.6 vs. 5.2 h/d, for cubicle housing vs. straw yard,
94 respectively). Indoors, competition at the feed fence (DeVries *et al.*, 2004) and delivery of fresh food
95 (DeVries and von Keyserlingk, 2005) can also influence intake.

96
97 Charlton *et al.* (2011a, 2011b) found that when dairy cattle were given a choice between indoor
98 housing and pasture, the cows generally chose to be indoors immediately following morning and
99 afternoon milking, probably to eat TMR. Other studies have also observed a peak in feed intake
100 following milking (DeVries *et al.*, 2003a; Legrand *et al.*, 2009). Delivery of fresh feed is also likely to
101 have influenced this decision (Charlton *et al.* 2011a). When cows had a choice between eating TMR
102 indoors or grazing at pasture they spent between 23.4% and 35.1% of their time eating in both
103 locations (Charlton *et al.*, 2011a, 2011b, 2013), and in agreement with Krohn *et al.* (1992), the cows
104 chose to eat a mixture of the TMR and grass, but in different proportions. Krohn *et al.* (1992) reported
105 that the cows spent 76% of their total eating time eating the TMR and 24% grazing. Charlton *et al.*
106 (2011a, 2011b, 2013) found the cows spent between 18% and 44% of their total eating time, grazing.
107 The amount of time spent eating depends on the type of food eaten, for example, TMR can be
108 consumed more quickly than grazed herbage. It can also depend on quality of the food and its
109 availability (Ginane and Petit, 2005), bite and intake rate (Gibb *et al.*, 1998), body condition score
110 (BCS) (Tucker *et al.*, 2007), and nutritional requirements of the animal.

111

112 Lying down and resting are both high-priority activities for dairy cows (Krohn and Munksgaard,
113 1993; Munksgaard *et al.*, 2005) and are essential to maintain good health and welfare and high
114 productivity levels (Tucker *et al.*, 2004a). When dairy cows are provided with a suitable lying area
115 they will choose to rest for 8-14 hours per day, over 8-25 lying periods (Krohn and Munksgaard,
116 1993; Tucker *et al.*, 2004a), with preference for lying during the evening and night time (Broom and
117 Fraser, 2007; Wierenga and Hopster, 1990).

118

119 Lying times of 10.9 to 12.6 h/d were reported for pregnant cows and heifers on pasture (Chen *et al.*,
120 2017; Hernandez-Mendo *et al.*, 2007). Indoors, lying times can vary greatly and the type of housing
121 can affect the time budget of dairy cows (Munksgaard *et al.*, 2005). Charlton *et al.* (2014) reported
122 lying times of 8.7 to 13.2 h/d for dairy cows in cubicle housing. Lactating cows in a compost bedded
123 pack spent 8.6 to 11.4 h/d lying (Endres and Barberg, 2007) and lying times in a straw yard varied
124 between 12.3 to 14.1 h/d (Fregonesi and Leaver, 2001; Fregonesi and Leaver, 2002).

125

126 Pasture can provide dairy cattle with ample, comfortable lying space, which allows them to easily
127 transition between lying and standing and to lie in more stretched positions and even on their sides
128 (Krohn and Munksgaard, 1993), which is not always possible indoors, especially in cubicles. Lying
129 behaviour in cubicle housing can be affected by design and management practices, such as lying
130 surface (Tucker *et al.*, 2003), bedding type (Haley *et al.*, 2001), bedding quality and quantity (Tucker
131 and Weary, 2004; Drissler *et al.*, 2005; Fregonesi *et al.*, 2007a), cubicle size and design (Tucker *et al.*,
132 2004b), cubicle availability (Fregonesi *et al.* 2007b) and management procedures such as feeding and
133 milking (Overton *et al.*, 2002; DeVries and von Keyserlingk, 2005). When lying areas are
134 unsatisfactory cows indoors may choose to lie in alleyways (Manninen *et al.*, 2002) or reduce lying
135 times and the number of lying bouts (Wechsler *et al.*, 2000) which can negatively affect their welfare.
136 Unsatisfactory lying conditions are not limited to indoor housing. At pasture, Chen *et al.* (2017)
137 reported lying times of 12.6 h/d, however lying time reduced to as low as 3.2 h/d when the soil was
138 very muddy, and the cows even chose to lie on concrete rather than pasture when it became very wet.

139

140 Studies comparing lying times of cows at pasture to those housed indoors with cubicles have shown
141 inconsistent findings. Olmos *et al.* (2009) found that cows on pasture had longer lying times (10.3 vs.
142 9.1 h/d) and showed fewer interruptions to their lying behaviour (8.2 vs. 11.4 lying bouts (LB)/d) than
143 cows housed indoors on cubicles bedded with a rubber mat. Hernandez-Mendo *et al.* (2007) however,
144 found that cows at pasture had shorter lying times (10.9 vs. 12.3 h/d) and lay down more often (15.3
145 vs. 12.2 LB/d) than cows housed indoors with sand bedded cubicles. Differences in lying behaviour
146 may be a result of feed quantity and quality provided both indoors and at pasture. Lying comfort may
147 also vary between the cubicles with mats and sand bedded cubicles, influencing lying times (Tucker *et*
148 *al.*, 2003). Alternatively, the cubicles indoors may restrict the cows from standing and the pasture
149 may provide a more comfortable standing surface compared to the concrete flooring indoors
150 (Hernandez-Mendo *et al.*, 2007).

151

152 When given a choice between lying indoors in cubicles or lying at pasture, the total lying time across
153 the two areas varied between 43.8% and 58.3% (Charlton *et al.*, 2011a, 2011b, 2013). Legrand *et al.*
154 (2009) found that during the summer cows spent approximately 30% of their total lying time indoors,
155 but preferred lying on pasture. Krohn *et al.* (1992) reported that during the summer months cows
156 spent the majority of their time on pasture (over 70% of their time), and preferred lying outdoors.
157 However, during the winter months the cows reduced pasture use to approximately 20% per day, and
158 preferred lying indoors, on straw bedding. Charlton *et al.* (2013) found that although the absolute time
159 spent lying indoors was higher than that recorded at pasture, the relative proportion of time spent
160 lying on pasture was higher than indoors (44.9% vs. 54.0%; for lying indoors vs. lying on pasture,
161 respectively). However, the recording of behavioural activities in this study was limited to daylight
162 hours, so lying times on pasture may have been higher, especially as the cows spent most of their time
163 on pasture during the night, and cattle have been found to spend the majority of the night time lying
164 (Tolkamp *et al.*, 2010).

165

166 As well as feeding and lying time, time spent walking may also be influenced when cows have access
167 to pasture. Research by Charlton *et al.* (2011a, 2011b, 2013) found walking time was higher on
168 pasture compared to indoors. Natural grazing behaviour involves slowly walking forward (Broom and
169 Fraser, 2007) which may explain the increased walking times on pasture. Indoors, movement may
170 have been restricted by the design of the housing (Boyle *et al.*, 2008) as forward movement whilst
171 eating is not necessary when food is provided at a feed fence.

172

173 **3. Positives and negatives of pasture and indoor housing**

174 Pasture is a natural environment for dairy cattle, and despite concerns about climatic conditions there
175 are numerous health and welfare benefits of providing dairy cattle with access to pasture compared to
176 being continuously housed (see Arnott *et al.*, 2016 for a health-focussed review). Studies have shown
177 that even partial pasture access can have beneficial effects compared to total confinement (Chapinal *et*
178 *al.*, 2010; Washburn *et al.*, 2002).

179

180 **3.1 Weather conditions**

181 At pasture, cattle can be exposed to a range of weather conditions including rain, wind and solar
182 radiation, which may affect behaviour and physiology (Schütz *et al.*, 2010), and reduce welfare.
183 Indoors, concerns about environmental conditions affecting welfare are much lower, as cattle are
184 often protected from the extremes in environmental conditions, and although climatic control of dairy
185 barns is not common in maritime climates such as the United Kingdom, in hot climates it is possible
186 to control ambient temperature with ventilation systems and air conditioning.

187

188 Cattle have a thermoneutral zone (Laloni *et al.*, 2003), which ranges between 2-25°C for lactating
189 dairy cows (Berman *et al.*, 1985; Albright and Arave, 1997). Thermal comfort can also be measured
190 using a temperature-humidity index (THI), with a THI >72 (equal to 25°C and 50% humidity) usually
191 accepted as the upper critical climate (Igono *et al.*, 1992; Kendall *et al.*, 2006). When given a choice,
192 preference to be indoors or at pasture was not affected when the average THI remained within the
193 thermal comfort zone for dairy cows (Charlton *et al.*, 2011a, 2013). However, Legrand *et al.* (2009)

194 found that during the daytime when the THI was high, the cows spent more time indoors, which they
195 were likely using for shade. Langbein and Nichelmann (1993) reported that cattle on pasture exposed
196 to temperatures up to 28°C spent 85% of each hour in shade.

197

198 When temperatures are high, behavioural and physiological changes occur in an attempt to reduce
199 heat load and cattle are extremely motivated to access shade to reduce respiration rate and body
200 temperature (Schütz *et al.*, 2008; Schütz *et al.*, 2010). Increased heat load can cause numerous
201 negative effects. For example, nutritional needs may change (West, 2003), feeding activities decrease,
202 diurnal patterns of activity may alter (Langbein and Nichelmann, 1993; Tapki and Şahin, 2006),
203 production levels are reduced (West, 2003) and lying times decrease (Schütz *et al.*, 2010). With
204 excessive heat load the quality of colostrum composition is lowered (Nardone *et al.*, 1997),
205 reproductive efficiency declines (García-Ispierto *et al.*, 2007), the animals immune system function is
206 reduced, resulting in increased susceptibility to disease (Webster, 2005) and in some cases it may
207 even lead to death (St-Pierre *et al.*, 2003).

208

209 The behaviour and welfare of cows on pasture may also be affected when exposed to inclement
210 weather conditions (Phillips, 1993; Tucker *et al.*, 2007). Studies which have allowed cows a choice
211 between indoor housing and pasture have found that rainfall influenced time spent on pasture, with
212 the cows spending more time indoors on rainy days (Charlton *et al.*, 2011a; 2013; Legrand *et al.*,
213 2009) and on frosty, winter days (Krohn *et al.*, 1992). Ketelaar-de Lauwere *et al.* (2000) also reported
214 changes in cow behaviour when it rained, and on days with heavy rain, Ketelaar-de Lauwere *et al.*
215 (1999) found that cows either stopped their behavioural activity or returned to the indoor housing.

216

217 Exposure to cold and wet winter weather can cause a reduction in lying times, an increase in time
218 standing in postures which may reduce the amount of surface area exposed to the wind and rain and
219 an increase in cortisol concentrations compared to cows housed indoors (Tucker *et al.*, 2007).
220 Langbein and Nichelmann (1993) reported that during the rainy season, Holstein Friesian cattle spent
221 less time grazing and Vandenheede *et al.* (1995) found that cattle spent three times longer under

222 shelter during hours when it rained compared to hours without rain. Charlton *et al.* (2011b) found that
223 preference for pasture declined between mid-August and early November, likely due to deteriorating
224 weather and ground conditions. Even in the absence of rain or wind, muddy ground conditions are
225 aversive for dairy cattle and can compromise welfare (Chen *et al.*, 2017).

226

227 These findings show how extreme weather conditions can influence the behaviour and physiological
228 responses of cattle, and reduce welfare. Therefore, indoor housing may be more suitable for the
229 welfare of cattle during the winter months and also in summer if the ambient temperature exceeds
230 25°C, as it provides shelter from the environmental conditions and it is easier to control temperatures.
231 Alternatively, the cows should be provided with plenty of shade and shelter from the wind and rain
232 when outdoors, in an attempt to maintain welfare.

233

234 **3.2 Lameness**

235 Lameness is a source of chronic pain for dairy cows and is one of the most common welfare problems
236 within UK dairy herds (Webster, 1994). Major housing and feeding changes, such as an increase in
237 the use of starchy feeds and silage since the middle of the twentieth century have largely contributed
238 to an increase in lameness in dairy cattle (Webster, 1994). Pain from foot and leg problems can impair
239 behaviour (Broom and Fraser, 2007). Lameness may have restricted locomotion and movement
240 (Telezhenko and Bergsten, 2005), a reduction in the expression of oestrus (Walker *et al.*, 2008), a
241 change in body posture indicative of pain and discomfort (Sprecher *et al.*, 1997), a reduction in
242 feeding time, and a change in standing and lying behaviour (Gomez and Cook, 2010; Blackie *et al.*,
243 2011). Lameness also causes financial losses as a result of a reduction in milk yield, a decline in
244 reproductive success, and an increase in treatment costs and culling rates (Green *et al.*, 2002; Juarez *et*
245 *al.*, 2003; Booth *et al.*, 2004).

246

247 Research has shown that the prevalence of lameness is significantly greater when cows are housed
248 indoors compared to pasture (Somers *et al.*, 2005b; Olmos *et al.*, 2009). A study by Haskell *et al.*
249 (2006) found that there was double the number of lame cows on zero grazed farms, compared to

250 farms which allowed cows access to pasture to graze. Furthermore, the study revealed that of the
251 indoor housing systems, lameness was higher on farms with cubicle housing compared to those with
252 straw yards.

253

254 Higher incidences of lameness in indoor cubicle systems may be a result of the flooring. Most indoor
255 cubicle housing systems have concrete flooring which is unnaturally hard compared to the softness of
256 pasture, increasing the likeliness of hoof damage. The design of cubicles may also contribute to the
257 increase in lameness (Somers *et al.*, 2005a; Haskell *et al.*, 2006) and the social status of animals could
258 play a role, as low ranking animals are more likely to stand half in cubicles in an attempt to avoid
259 dominant animals (Galindo *et al.*, 2000). This unnatural posture may lead to a reduction in heel depth,
260 increasing the chances of infection and resulting in clinical lameness (Galindo *et al.*, 2000). It is also
261 suggested that the exposure of claws to faeces is a likely cause for the increase of lameness indoors
262 (Somers *et al.*, 2005b). The acidity of the slurry can also soften and erode the hoof (Webster, 1987). It
263 is likely that wetter slurry, caused by cattle eating wet silage, increases foot problems. The presence of
264 slurry on concrete floors also reduces walking speed and alters walking patterns of cattle as they
265 attempt to reduce the risk of slipping (Phillips and Morris, 2000).

266

267 Hoof health may be improved by a period at pasture (Hernandez-Mendo *et al.*, 2007). Pasture
268 provides a soft, comfortable surface which allows proportional pressure on the claw, allowing the feet
269 to recover and reducing further hoof damage (Hernandez-Mendo *et al.*, 2007). The friction level of
270 the soft soil also reduces the risk of cows slipping. Olmos *et al.* (2009) suggests a period on pasture of
271 at least 85 days to allow cows to recover from hoof disorders and lameness. Yet, Hernandez-Mendo *et*
272 *al.* (2007) reported improvements in gait scores after just four weeks on pasture. However, this period
273 on pasture resulted in reduced milk yield, and the cows lost more weight relative to cows housed
274 indoors. In an attempt to prevent these consequences, Chapinal *et al.* (2010) limited pasture access to
275 the night time and the results showed that milk production and TMR intake were not affected, but
276 night time pasture access did not have clear beneficial effect on gait score. Somers *et al.* (2005b)

277 found that restricting grazing time (i.e. being kept indoors at night) was highly associated with digital
278 and interdigital dermatitis and hoof erosion, which can lead to lameness.

279

280 Waking to and from pasture can also have beneficial effects on hoof health and overall health and
281 welfare of the animal (Bielfeldt *et al.*, 2005; Regula *et al.*, 2004). During exercise, blood flow to the
282 claw is stimulated, improving the transport of nutrients and oxygen to the horn-producing area
283 (Bielfeldt *et al.*, 2005). However, the track should be well maintained with good drainage and small
284 stones removed to avoid injuries to the claws of the cows (Vermunt, 2006). The cows should also be
285 moved down the track calmly and with patience (Hulsen, 2005). Changes to management can reduce
286 the incidence of lameness, and the same principles can be applied to indoor housing systems. It is
287 possible, with changes to the management and design of indoor housing to provide cows with an
288 environment which reduces the occurrence of lameness and maintains milk yield and body condition
289 (Haskell *et al.*, 2006). Regular foot trimming and foot bathing (Haskell *et al.*, 2006), regular floor
290 scraping (Somers *et al.*, 2005a; Somers *et al.*, 2005b) to remove slurry and reduce the time cattle
291 spend standing in it, and softer flooring, such as rubber mats (Telezhenko and Bergsten, 2005;
292 Vanegas *et al.*, 2006) can increase locomotion and are beneficial for hoof health, reducing lameness.
293 Changes to the cubicle design can also improve hoof health. Longer cubicles increase the lunging
294 space and reduce lameness (Somers *et al.*, 2005b; Haskell *et al.*, 2006), and cubicles with unrestricted
295 neck rails can reduce the risk of lameness and increase cow comfort, but this may be at the expense of
296 udder and cubicle cleanliness (Bernardi *et al.*, 2009; Fregonesi *et al.*, 2009).

297

298 **3.3 Udder health**

299 Poor udder health is a major animal welfare concern which can cause considerable pain and distress
300 (Fall *et al.*, 2008). In general, cattle housed indoors are at greater risk of environmental mastitis than
301 cows on pasture. Goldberg *et al.* (1992) showed that fewer udder health problems occurred per month
302 in cows that had been kept on pasture than those kept indoors. Similarly, Washburn *et al.* (2002)
303 reported fewer cases of clinical mastitis for cows on pasture than those housed indoors with cubicles.
304 With more lying space outdoors, cattle have a greater opportunity to avoid each other's personal space

305 and dirty lying areas. Indoors, several studies have reported a greater incidence of mastitis in straw
306 yards compared to cubicle housing (Peeler *et al.*, 2000; Fregonesi and Leaver, 2001). Limited space in
307 a straw yard can result in teats being trodden on, and the cleanliness of the straw is likely to increase
308 the risk of infection (Schreiner and Ruegg, 2003).

309

310 **3.4 Productivity**

311 One of the main concerns of incorporating pasture into the management of high-yielding dairy cattle
312 is that they may not be able to meet their nutritional demands (Fike *et al.*, 2003), and grazing alone
313 could compromise their freedom from hunger, and limit productivity. Fontaneli *et al.* (2005) reported
314 that cows on pasture produced 19% less milk than those in confined housing, and similarly
315 Hernandez-Mendo *et al.* (2007) found that compared to cows housed indoors, cows continuously
316 housed on pasture produced less milk and lost more weight, and this is often the reason dairy cows are
317 kept indoors. However, if cows have access to TMR indoors then it may be possible to allow them
318 access to pasture and to maintain intake and production levels (Chapinal *et al.*, 2010). Furthermore,
319 Motupalli *et al.* (2014) found that cows given a choice of spending their time indoors with access to a
320 TMR or to pasture produced, on average, 6.7 kg/d more milk than cows continuously housed. This
321 substantial increase in milk yield may be a result of higher lying times and the addition of grass
322 intake. Allowing cows control over their environment may also have contributed to these finding,
323 resulting in welfare and production benefits for dairy cattle.

324

325 **4. Factors affecting preference**

326 The preference of dairy cows to be indoors or on pasture is complex, with numerous factors
327 influencing where cows choose to spend their time. Milk yield appears to affect preference, with high
328 yielding cows spending more time indoors than lower yielding cows (Charlton *et al.*, 2011a). The
329 intake rate of TMR is higher than that of grazed herbage (Bargo *et al.*, 2002; Holden *et al.*, 1994), so
330 cows with a higher nutritional requirement may choose to be indoors, closer to the TMR, so they can
331 meet their nutritional demands and still have time for other high priority activities such as lying and
332 ruminating. Lameness may also influence preference, with cows with a greater degree of lameness

333 (i.e. a higher lameness score) spending more time indoors (Charlton *et al.*, 2011b). Pasture is a soft,
334 comfortable surface which can provide a period of recovery for lame cows (Hernandez-Mendo *et al.*,
335 2007), whereas indoors, concrete flooring is not an ideal surface, especially when covered in slurry as
336 it can cause damage to the hoof (Phillips and Morris, 2000), and natural locomotion behaviour may be
337 impaired (Cook and Nordlund, 2009).

338

339 **4.1 Previous experience**

340 Charlton *et al.* (2011a; 2011b) found conflicting results on time spent at pasture when cows were
341 given a choice between indoor housing and pasture. One of the main differences between the two
342 studies was the rearing of the cows and their previous experience. The cows in Charlton *et al.* (2011a)
343 had been reared indoors, and although they had access to pasture prior to the study they had little
344 experience of pasture or grazing. In the study of Charlton *et al.* (2011b) the cows had greater
345 experience of pasture and grazing, and from a young age were given access to pasture during the
346 summer months. Previous experience can influence preference (Kirkden and Pajor, 2006), so it is
347 possible that the cows without pasture experience expressed a partial preference to be indoors as this
348 was the environment they were more familiar with.

349

350 A follow up study by Motupalli *et al.* (2013) to determine if previous experience influenced
351 preference for pasture vs. housing found that cows without prior experience of pasture spent 79.0% of
352 their time indoors and 13.6% of their time at pasture compared to 54.9% of time spent indoors and
353 37.0% at pasture, for animals reared with experience of pasture. Also, the cows without pasture
354 experience spent more time investigating grass and less time grazing than those with pasture
355 experience. These results suggest that preference for pasture and grazing behaviour are learned, which
356 then raises two questions: do cattle miss pasture access (and grazing) if they have never experienced
357 it? If so, then if cattle are to be housed for part of the year, would it be better for them to never
358 experience pasture and to house them continuously? If grazing is not instinctive then it is possible that
359 cows without experience of grazing do not have the motivation to graze, and therefore will not
360 experience frustration when prevented from performing such behaviour. Indeed, cows allowed pasture

361 access for part of the year may experience more frustration than zero grazed cattle, as they have
362 developed the motivation to graze, and the desire access to more space and a comfortable lying area,
363 yet are denied this for several months of the year. Philosophical arguments about whether animals can
364 ‘miss’ something they have never experienced are beyond the scope of this review. Also, at a practical
365 level, such arguments are countered by the clear production, health and welfare benefits of pasture for
366 dairy cattle, as discussed earlier. On the balance of current evidence, the wide-ranging benefits of
367 pasture access appear to outweigh possible negative consequences of frustration associated with lack
368 of access to pasture in the winter, although further research in this area is needed.

369

370 **4.2 Distance between indoor housing and pasture**

371 When dairy cows have access to indoor housing and pasture, the distance between the two locations
372 may influence where the cows choose to spend their time (Charlton *et al.*, 2013; Motupalli *et al.*,
373 2014). A study by Ketelaar-de Lauwere *et al.* (2000) investigated the effect of distance between
374 indoor housing and pasture and the results revealed that cows preferred lying on pasture, even when
375 the distance between the indoor housing and pasture was 360 m. The cows also preferred grazing,
376 rather than eating forage indoors. However, as the sward height decreased, use of the indoor area
377 increased. Spörndly and Wredle (2004) also investigated the effect of distance between indoor
378 housing and pasture on cow behaviour and the use of an automatic milking system (AMS). In contrast
379 to the finding of Ketelaar-de Lauwere *et al.* (2000) the results revealed that distance did influence
380 pasture use. Cows allowed access to near pasture (50 m from the indoor housing) spent 68% of their
381 time outdoors and spent 20% of their time grazing and preferred lying on pasture, whereas those on
382 distant pasture (260 m from the indoor housing) spent significantly less time on pasture (44% of their
383 time) and preferred lying indoors. Similar results for daytime pasture access were reported by
384 Charlton *et al.* (2013).

385

386 **5. Motivation for pasture**

387 A limitation of preference testing is that it fails to provide information on the strength of preference
388 and whether the animal prefers one option or is simply avoiding the alternative (Fraser and Matthews,

389 1997). Motivational tests can be useful to determine the behavioural needs of an animal (Edwards,
390 2010). One approach is to use operant conditioning techniques, where motivational strengths are
391 measured by imposing an increasing cost of access to perform particular behaviours (Jensen and
392 Pedersen, 2008).

393

394 Research using motivational tests suggest that pasture access is important for dairy cattle. To test the
395 motivation of cows to access pasture, Charlton *et al.* (2013) conducted a study to determine whether
396 providing pasture access 60, 140 or 260 m from the indoor housing would influence pasture use. The
397 study revealed that at night time the cows spent an average of 79.6% of their time on pasture, which
398 was not influenced by the distance, whereas during the day pasture use declined with increasing
399 distance. These findings suggest that night time pasture access is important for dairy cattle, and they
400 are motivated to walk 260 m to access the pasture. This is possibly because they do not generally eat
401 at night (Rutter, 2006) so they may have had a lower requirement to be close to the TMR at night
402 compared to the day. Air temperature is usually lower at night, reducing the need of shelter from the
403 sun and, as cows spent a large proportion of their time lying at night time, the pasture may have been
404 more comfortable than the cubicles indoors. Similar results were also reported by Motupalli *et al.*
405 (2014). In addition, Cestari *et al.* (2013) found that when dairy cattle were required to push through a
406 weighted gate to gain access to pasture, cows that were normally housed indoors were just as
407 motivated to access pasture as they were to access fresh TMR following milking.

408

409 **6. Areas for future research**

410 Compared with cubicle housing, pasture provides cows with different resources that serve a variety of
411 functions: ground which is usually less slippery and softer than concrete; open space in which to
412 move and also interact with or avoid other cows; open areas and a different substrate on which to lie
413 down, and the ability to graze herbage and possibly browse from hedges or trees. To date, studies on
414 pasture access have not attempted to explore the relative importance of these different functions, and
415 research into the comparative motivation of cows for these different aspects of pasture is needed.

416

417 Although Motupalli *et al.* (2014) showed that offering cattle a choice between pasture and cubicle
418 housing improved both animal welfare and production, it is possible that some (or even all) of these
419 benefits derived from simply offering the animals a choice (rather than deriving from pasture access
420 *per se*). There is increasing recognition of the importance of choice for animal welfare, with Webster
421 (2016) recently arguing that one of the FAWC (1993) Five Freedoms i.e. ‘freedom to express normal
422 behaviour’ would be better expressed as ‘freedom of choice’. He believes this would address his
423 greatest criticism of ‘factory farming’ i.e. “by assuming more or less total control of the physical and
424 social environment, we deny the animals the opportunity to make choices designed to promote their
425 own quality of life”. Although a variety of studies have demonstrated the animal welfare benefits of
426 offering captive animals a choice and a degree of control over their environment, the majority of
427 research to date has focussed on providing choice and control to zoo animals (Kurtycz, 2015). Further
428 research is needed to explore the benefits (for animal welfare and production) of giving a greater
429 element of choice to farm animals, especially those kept under intensive management and
430 continuously housed.

431

432 Offering high-yielding dairy cows continuous free choice between cubicle housing and pasture
433 becomes increasingly difficult as herd size increases as it requires long tracks to access the large areas
434 of pasture required. As demonstrated by Ketelaar-de Lauwere *et al.* (2000) and Charlton *et al.* (2013),
435 cows will reduce their use of pasture if they have to walk a long way to access it. This is where the
436 emerging field of Precision Livestock Farming (PLF) could play a key role in facilitating cow choice
437 on dairy farms in the future. Automatic milking systems (AMSs) are already being used on an
438 increasing number of commercial dairy farms (Jacobs and Siegford, 2012), and such systems
439 demonstrate how technology can facilitate farm animal choice i.e. enabling the cow to choose when
440 and how often she is milked. Automatic milking systems also reduce cow stress as they dramatically
441 reduce aversive contact with humans and close contact with conspecifics at milking time compared
442 with traditional parlours (Bruckmeier, 2010). Each AMS typically milks approximately 60 cows
443 (Jacobs and Siegford, 2012) and so large herds could be split into a number of smaller units, each with
444 a separate building with one (or at the most two) milking robots and surrounded with sufficient

445 pasture within easy walking distance for the small group. This would have the added benefit of
446 keeping the cows in smaller, more socially appropriate group sizes.

447

448 One likely factor that contributes to the production benefit of pasture access is that it offers animals an
449 alternative source of feed to the single TMR offered indoors. There is evidence that grazing cattle can
450 and, when given the opportunity, do select diets that optimise their own efficiency of nutrient capture
451 (Rutter, 2006). Although TMRs are formulated to meet the nutritional needs of the ‘average’ cow in
452 the herd (or feeding group), they are likely to be sub-optimal for a significant proportion of the
453 animals in the group (Atwood *et al.*, 2006). Manteca *et al.* (2008) and Rutter (2010) have argued that
454 TMRs could compromise animal welfare as they remove (or at least severely restrict) the cow’s
455 ability to select their own diet, leading to frustration and stress. Fully automated feeding systems are
456 now being used on commercial dairy farms. These replace manually driven mixer wagons and so
457 reduce labour costs and enable more regular feed delivery. These automated feeding systems could
458 also facilitate diet choice as they could be used to deliver e.g. two different partial mixed rations
459 (PMRs). These could be formulated so that cows can select a combination of the two PMRs that
460 meets their own nutritional requirements. As well as potentially improving welfare by enabling diet
461 choice, production efficiency could be significantly increased (Atwood *et al.*, 2006).

462

463 Another likely benefit of pasture is that, compared with cubicles, it provides a more comfortable place
464 for animals to lie down. The design of cubicles i.e. rectangular shapes in straight rows is, in part, to
465 facilitate manure removal by scrapers pulled through straight, fixed-width passages. The development
466 of autonomous robotic scrapers that can turn, scrape around curves and clean large, open areas means
467 that the need for straight rows of rectangular cubicles is removed and radical new designs of cow
468 lying spaces can now be considered.

469

470 Finally, commercial systems that allow the locations of all the animals in the herd to be determined
471 and tracked over time have the potential to help make housing more ‘adaptive’. For example, it should
472 be possible to increase the ventilation in one part of the building by automatically opening side

473 curtains or adjusting fan speeds and then see how the cows respond. If more cows move into the area
474 with increased ventilation, more side curtains could be opened or others fans adjusted to meet the
475 ‘demand’. Later, cows may start to move to the more sheltered part of the building, and consequently
476 the side curtains could start to be closed. In this way the building could adapt to the behaviour of the
477 cows and help facilitate their choice of environment.

478

479 These potential technological solutions to achieving the welfare and production benefits of pasture
480 access require further research, not least an economic cost-benefit analysis. However, it is possible
481 that they could contribute to the design of novel dairy cow housing that, by facilitating cow choice,
482 improve production efficiency and animal welfare by meeting the needs of the cows all year around.

483

484 **7. Conclusion**

485 Research has shown that preference of dairy cows for indoor housing or pasture is complex; there are
486 benefits to both locations and preference is influenced by several environmental and animal factors,
487 including climatic conditions, walking distance, lameness, milk yield and previous experience.
488 Although there are clear benefits to allowing cows a choice of where to spend their time this is not
489 always a practical solution for dairy farmers, and therefore ongoing developments in Precision
490 Livestock Farming may offer the potential to provide a technological solution to this problem. These
491 advances may allow farmers to incorporate the best aspects of pasture with the best aspects of housing
492 to provide an environment that meets the needs of cows all year around.

493

494

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