

ANNUAL NARRATIVE REPORT

OF

MRS. ISABELL PACE, HOME DEMONSTRATION AGENT

MISS VIRGINIA E. TWITTY, ASS'T. HOME DEMONSTRATION AGENT

MISS MARYETTA SHOUP, ASS'T. HOME DEMONSTRATION AGENT

MARICOPA COUNTY

ARIZONA

From December 1949 to December 1950

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## SUMMARY OF ADULT HOME DEMONSTRATION WORK

Isabell Pace, Home Demonstration Agent  
Virginia E. Twitty, Ass't. Home Demonstration Agent  
Maryetta Shoup, Ass't. Home Demonstration Agent

Maricopa - December 1, 1949 to November 30, 1950

The Agent, Isabell Pace, and Assistant Agents, Virginia Twitty and Maryetta Shoup, served the entire twelve months. The Assistant Agents gave the major portion of their time to furthering the Girls' 4-H Club program, however, they participated in Agent and leader training meetings conducted by Specialists in relation to the adult subject matter and project work.

The Maricopa County program of Home Demonstration Work as planned at the annual Program Planning Council Day, October 7, 1949, has been carried out. The program evolved after careful consideration of past programs and suggestions, discussion of problems brought to the meeting from local clubs and study of trends in subject matter and lists prepared by the Extension Specialists in their respective fields.

Briefly outlined, the resultant program, representing the three major fields of homemaking follows:

### I. Foods and Nutrition

- A. Foods and Attractive Serving for Large Groups
- B. Easy Entertaining - Teas and Party Service
- C. Up-to-date Canning Methods, Pressure Cooker Clinics

### II. Family Economics and Home Management

- A. Importance of Cooperation in Family Spending
- B. Money Management for the Family

### III. Clothing and Related Problems

- A. Pattern Selection and Alteration
- B. Making Simple Dresses

### IV. Special Interest Projects - Sponsored by local leaders and popular choice as:

- A. Sewing Machine Clinics
- B. Use of Sewing Machine Attachments (New groups)
- C. Making Dress Forms
- D. Health and Home Safety Education
- E. Recreation and Community Life Development
- F. Family Outings and Picnics
- G. Home Freezing Methods

Methods employed to put over the adult program included: leader training meetings; method demonstrations and workshops; open discussion forums for club members; and carry-over local meetings with demonstrations, workshops

and discussions and recreational events and community activities.

The following summary indicates further methods employed with statistical facts and estimates to show results and distribution of the Agent's time and efforts, including 4-H Club work done by the two Assistant Agents.

Months of service			<u>36</u>
Days devoted to adults			<u>352<sup>1</sup>/<sub>2</sub></u>
Days devoted to 4-H and Junior			<u>458<sup>3</sup>/<sub>4</sub></u>
Home visits <u>322</u>	Different homes		<u>272</u>
Newspaper articles			<u>40</u>
Telephone calls <u>1017</u>	Office calls		<u>622</u>
Bulletins distributed			<u>5152</u>
Radio broadcasts			<u>29</u>
Adult Leader Training Meetings <u>26</u>	Attendance		<u>474</u>
4-H and Junior Leader Training Meetings <u>34</u>	Attendance		<u>702</u>
Method Demonstrations Adult <u>24</u>	Attendance		<u>347</u>
Method Demonstrations 4-H Club <u>165</u>	Attendance		<u>3159</u>
Adult Achievement or Rally Day <u>1</u>	Attendance		<u>141</u>
4-H Achievements <u>25</u>	Attendance		<u>3690</u>
Adult Encampment (State Sponsored) <u>1</u>	Co. Att. <u>36</u>	Total	<u>165</u>
4-H Club Encampment <u>2</u>	Attendance - <u>64</u> girls <u>17</u> others		
Other meetings, including organization, program planning, cooperation with other agencies, etc. not already reported: Adult <u>110</u>	Att.		<u>4092</u>
	4-H Club <u>81</u>	Att.	<u>3653</u> est.
Voluntary local leaders <u>237</u>	Days given		<u>777</u>

An estimated 2700 families were reached by one or more phases of service this year, and an estimated 650 were reached for the first time.

Bulletins were used extensively, especially to extend information to people not in organized groups. Many such requests related to food preservation, which includes canning, freezing, pickling and curing. Specialty crops such as dates, citrus, figs and olives contributed considerably with the influx into the area of people unfamiliar with them.

In-service training planned by the State Leader and Extension Nutrition Specialist for all Home Demonstration Agents was attended by the three Agents. Improved methods, equipment, containers, wrappings etc. for all phases of food preservation were used. Judging and setting standards for products were also important factors of this training.

Pressure cooker clinics were offered to the entire County with interest shown in two areas. Three clinics were held in the two areas with 23 cookers checked. Twenty-one women came in. This lack of interest is apparently due to the change to freezing for preserving meats. Not a great deal of vegetables are canned, since year-round truck and home gardens provide fresh vegetables.

#### Forecast for 1951

The Homemaker Club Program for 1951 was planned October 6, at the annual

Program Planning County Council Meeting and is already approved at the State Office for Specialist assistance with subject matter and leader training. The January Council Meeting is planned to give officer training and instructions as to how the year book may be more helpful. State and County Extension Workers cooperate with the Home Agents to make the planned program a reality.

Agents participate in County and State events, and they cooperate with related organizations when opportunity affords.

ANNUAL NARRATIVE REPORT  
of  
HOME DEMONSTRATION WORK  
in  
Maricopa County  
From December 1, 1949 to November 30, 1950

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Maryetta Shoup, Assistant Home Demonstration Agent

Adult Organization and Planning

The Home Demonstration Program for adults in Maricopa County for the year 1950 resulted from consideration and evaluation of recent programs and of problems submitted by local club groups represented at the annual Program Planning Day, October 7, 1949. Following is an outline of the program as planned and methods followed:

Foods Projects -

1. Foods and Attractive Service for Large Groups
2. Party Refreshments and Ways to Serve
  - A. Two leader training meetings in three areas of the County with Nutrition Specialist cooperating
  - B. Local followup demonstration meetings
  - C. Member participation

Home Management Project -

1. Value of Cooperation in Family Spending
2. Planned Family Spending
3. Discussion meetings directly with Club members in two areas of the County (no participation in east County area due to conflicting pre-arranged programs)
4. Home Management Specialist cooperation
  - A. Illustrative material bulletin service
  - B. Planned discussion outlines for local group discussion and followup

Clothing Project -

1. Pattern Alteration and Making Simple Dresses
2. Four leader training meetings in each of four areas
3. Clothing Specialist assistance with two meetings in each training series - Agent carried two
4. Leaders to conduct clothing construction classes with inexperienced members of local groups and to demonstrate techniques of construction and fitting at regular club meetings

Special Interest Projects -

1. Sewing Machine Clinics - Agent's direction
2. Use of Sewing Machine Attachments - Agent's direction

3. Making Dress Forms - Local leaders and agents assisting by request
4. Health Discussions - Local leaders and guest speakers
5. Current Problems Discussions
6. Crafts, as Aluminum Trays - Local leaders
7. Recreation and Community Activities
8. Pressure Cooker Clinics - Agent's direction

The local clubs made selections and generally conducted the clinics according to the community interests.

Detail work and achievements are discussed elsewhere under specific project heads.

Clothing was the most popular program with 64 leaders from 15 Homemaker Clubs and 15 Relief Society groups participating. Planned classes and technique demonstrations were held for total memberships. A full report of this project will appear in next year's annual report.

The Homemakers County Council consists of a President, Vice President and Secretary-Treasurer elected annually. Local club officers are automatically voting members as are the project leaders for program planning. Council meetings are held three times a year. There were 329 regularly enrolled members in Homemaker Clubs and an estimated 600 active members of Latter Day Saints Relief Societies participating in all or part of the 1950 Extension Program for women.

#### Plans for 1951

The Annual Program Planning Meeting was held on October 6th. Acting State Home Demonstration Leader, Helen Church, three home demonstration agents and 102 women representing twenty-five community groups, either Homemaker Clubs or L.D.S. Relief Societies all participated in the Extension Service Program Planning for the County.

The day was opened with a short business meeting of the County Council conducted by the new president, Mrs. Mavis Narramore of Palo Verde.

J. H. O'Dell, County Agricultural Agent, gave an interesting talk on "The Agricultural Outlook of the County, Nation and Its Probable Effects on Home Life". The County Agent's talk at these annual events is much appreciated by the women as shown by their subsequent comments and evaluations. One such comment was, "I'm so glad our neighbor tells me Mr. O'Dell said at your annual meeting 'Investment in a few head of calves or cattle would be an excellent idea'." The spokesman was a former 4-H Club girl who had purchased jointly with a neighbor seven head of calves to eat pasture forage on several acres of land for a long time unused. She was elated to have such backing in her venture!

Those attending the meeting were divided into four discussion groups each with a chairman and secretary. The women brought with them problem suggestions gathered at local meetings held in September. They had been supplied with lists of projects or problems considered in recent years and those selected were for programs. Out of each of the four groups came two or more recommendations in each of the three major homemaking fields: Nutrition and Food Preparation; Clothing and Home Management and Furnishings and for



Special Interests such as: Discussion Topics, Health and Safety, Home-crafts and Community Activities.

Final balloting was not as difficult as had been anticipated since there was an amazing agreement in recommendations as reported by chairmen.

The results as mailed to the State Office for approval and calendaring for Specialist assistance follows:

- Clothing: 1. Selection of Fabrics, Fabric Facts and Care of Fabrics  
2. Clothing Accessories
- Foods and Nutrition: 1. Planning and Buying Better Meals for the Money Expended  
2. Yeast Breads - Emphasis on Whole Wheat Products
- Home Furnishings and Management: 1. Furniture Arrangement - considering color and background in relation to furnishings on hand to create more attractive homes  
2. Slip Covers - extending life of well made furniture.
- Special Interest: Locally sponsored
  - Crafts - Ceramics, leathercraft, metal etching
  - Health - Cancer, polio, Tuberculosis, common diseases, household pest control
  - Safety - Home and Farm Safety
  - Clothing-Dress Forms
  - Sewing Machine Clinics
  - Making Western Shirts

The program is now approved, Specialist help is arranged for and dates are set for training meetings or Agent demonstrations through 1951. The major activity planned for the January Council Meeting is to assist local officers schedule their programs, especially to train officers of newly organized groups as to presiding and leadership responsibilities and to outline special activities for the year.

The Home Demonstration Agent has administrative and over-all responsibility for the Home Demonstration program in the County and for major work with adults, Assistant Agent Twitty is immediately responsible for Girls' 4-H Club work, and Assistant Shoup has worked chiefly with 4-H also. The three Agents participate in subject matter training by Specialists.

Three Homemaker Clubs have been organized since mid-summer; one small club has dropped due to lack of leadership and members sufficient to continue interest.

The following combined statistical summary presents a picture of the Agents' program development and distribution of time:

	<u>Agents' Time</u>
Months of Service	36
Days devoted to adults	352½

Days devoted to 4-H Club and Older Youth	458 $\frac{1}{2}$	
Days devoted to Office	409 $\frac{3}{4}$	
Days in Field	401 $\frac{1}{2}$	
Days devoted to Home Visits	322	
Number of different homes visited	272	
Calls relating to Extension Work - Office	622	
Telephone	1017	
Number of News Articles	40	
Number of bulletins distributed	5152	
Number of radio talks	29	
Number of adult training meetings for local leaders	26	Att. 474
Number of 4-H training meetings for local leaders	34	Att. 702
Number of Method Demonstrations adult	24	Att. 347
Number of Method Demonstrations 4-H Club	165	Att. 3159
Number of Achievement Days (Annual Co.-wide) adult	1	Att. 141
Number of Achievement Days	25	Att. 3690
Encampments held adult	1	Co. Att. 36
		Total 165
Encampment held 4-H Club	2	Girls 64
		Others 17
Other meetings of Extension nature	110	Att. 4092
Other meetings of Extension nature	81	Att. 3653
Local Leader Meetings adult	117	Att. 1758
Local Leader Meetings 4-H Club		
No. of communities organized to do Extension work adult	27	
No. of communities organized to do Extension work 4-H	33	
Days State Staff helped in County	44	3/4
(includes State events in County)		

All projects considered, and with the best possible evaluation and effort to eliminate duplications, an estimated 2700 families have made changes or improved practices as a result of the Home Demonstration program, with an estimated 650 reached this year for the first time. An influx of new people and the specialty crops--dates, figs, citrus and olives contribute to the number of requests for information which pour into the office.

Twenty-seven communities participated in the program, an increase of ten over last year; 4-H was carried in 33 communities. Eighteen carried both adult and junior programs.

An organized Japanese Club composed of members residing in Glendale and Mesa areas requested participation this fall in the Clothing Project. The Japanese women leaders were very much pleased with the reception the home-makers extended and with the worthwhileness of the training. The Agent plans to contact them and provide further assistance if needed.

The State Extension Staff, County Agents and Assistant Agents have been cooperative in assisting with problems, subject matter and project development.

The Information Specialists have been most helpful with a consistent flow of newspaper articles and radio material.

COOPERATIVE EXTENSION WORK  
IN  
AGRICULTURE AND HOME ECONOMICS  
STATE OF ARIZONA

University of Arizona  
College of Agriculture  
U. S. Department of Agriculture  
and Maricopa County Cooperating

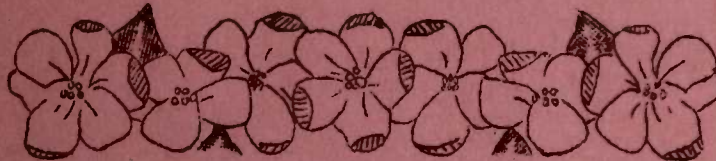
P. O. Box 751  
Phoenix

Agricultural Extension Service  
Home Demonstration Work  
County Agent Work

September 1, 1950



# HOMEMAKERS



Greetings from your Home Demonstration Agent's Office and congratulations to most of the club groups who maintained "Special Interest Activities" through the summer.

We trust a pleasant vacation was your happy lot!!

## VACATIONS AND EVENTS

Virginia Twitty, Assistant Home Demonstration Agent, vacationed with her family in Missouri through July--Maryetta Shoup, Assistant Agent, is now on vacation to her home state, Nebraska--we all wish her a good time.

Maryetta is to have a new car when she returns--congratulations! The Home Demonstration Agent spent a few days in Albuquerque with her daughter and family, and incidentally, has had some time off to enjoy her new home.

Twenty-one 4-H Club leaders and junior leaders of Maricopa County participated in the State-wide Leaders Conference held at Camp Geronimo, near Payson. We anticipate better club work as a result!!!

On August 17th, forty-seven 4-H Clubbers with Assistant Agents Dean Voskuil and Virginia Twitty returned from 4-H Club Camp at Groom Creek, near Prescott. A good time was had by all.

Miss Jean M. Stewart, State Leader of Home Demonstration Work, has been given Sabbatical Leave and is already on her way to "Harvard" where she will study for a year. This is a fine opportunity. We all wish her success and many pleasurable experiences on the side.

### HOMEMAKERS COUNTY COUNCIL CHANGES FOR 1951

Personal health problems indicated a "slowing-up" period for Mrs. Edith Currie, President elect for 1951. At her request, the Council Executive Committee met August 15th to consider her resignation and to fill the vacancy occasioned. We know you will all regret this need, but are equally sure you all wish Mrs. Currie well and will welcome her fine contributions to the Homemaker Club program, as she can assist from the sideline. Mrs. Mavis Narramore of the Palo Verde Club, Vice President elect, was advanced to President, and Mrs. Johanna Reismann of the Litchfield Club was selected for Vice President. Mrs. Helen Voss of Tempe is Secretary-Treasurer. These women with a fine background of experience are ready to go--MAY WE ALL WORK TOGETHER TO MAKE 1951 A BANNER YEAR?

### SUGGESTED GOALS

1--Better home and community life through shared responsibilities, general well-being of all, increased happiness and improved health.

2--Greater opportunity for growth by sharing in a well-planned club program.

3--Improved home surroundings and practices through greater knowledge of fundamental principles and well-developed homemaking skills in the fields of Food; Clothing; Housing; Home Furnishing; Management of Time, Energy, and Money; Health and Recreation.

4--Maintained interest and appreciation of Art, Literature, Music Religion and Citizenship.

### BETTER LIVING FOR A BETTER WORLD

Quiz for Homemakers - Objective: To see if you can make "your world" better.

To make the world-at-large better, you know, we all have to start right at home with ourselves. Here are the quizzers:

Am I a "putterer", forever picking up and putting down?

Am I a "can't finder", always on the hunt?

Am I a "never-get-througher"?

Am I an "Atlas", carrying the weight of a day's, week's or month's work on my shoulders as I do my task?

Am I a "putter-offer", and at the last minute do I hurry and rush to get things done?--and maybe have an accident?

Am I an "over-doer" one day, and then do I take 2 days to get over it?

Am I a "nasty-nice" housekeeper who wears out herself and the family on unnecessary work?

Am I a martyr to my work and glory in being worn out?

WHAT TO DO IN SEPTEMBER

1. Plan for a well-attended Club meeting.
2. Reorganize for 1951 or complete your organization if already done.
3. Select one or preferably two project leaders for each of the major activity fields of club work--foods, clothing, home furnishing and management, special interest projects of your choice.
4. Mail officer, leader and membership lists to the Home Demonstration Agent's office early.
5. Report to the H. D. A. the day of the week and which week of the month you will regularly hold local meetings.
6. Let the agents know your needs.
7. Allow time, at this meeting, for the members to discuss their problems and how the club program and Extension Service may help solve these problems--both home and community.

TO GUIDE YOUR THINKING

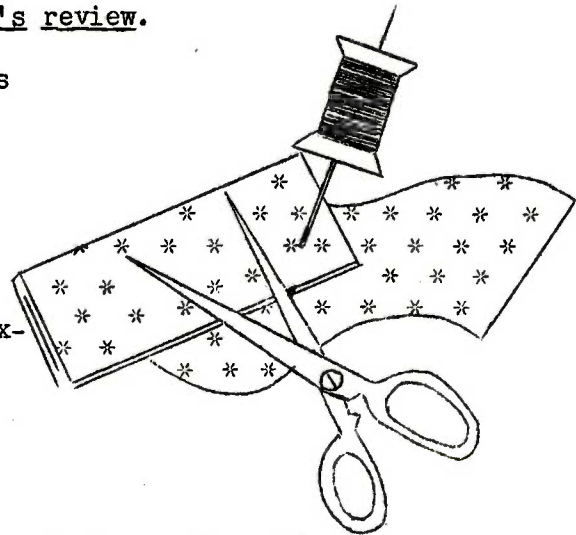
1. Consider Past Programs--Is further consideration needed?  
(We should finish what we start before going on to something new.)

Refer to your 1950 Year Book for this year's review.

2. Check carefully the following questions related to the fields of homemaking. Answering them may help you determine what you want for your family and community--

A. Planning the Clothing Program

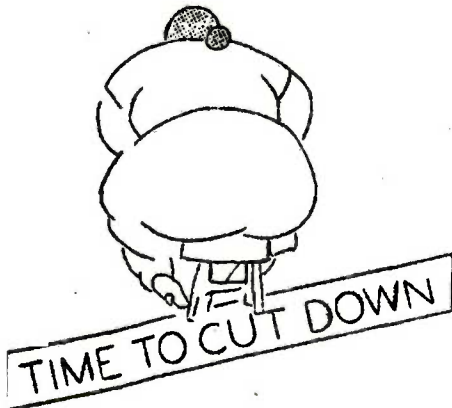
1. Are you up-to-date on new textiles, their use and care?
2. What can you do to control quality and high prices in clothing?
3. Are you satisfied with your wardrobe purchases?
4. Do you make most of your children's clothing?
5. Are you using sewing techniques used by your grandmother?
6. Are you interested in learning techniques developed by the Ready-to-Wear Industry?



7. Where do you have difficulties in sewing?
  - a. Selecting a design for yourself?
  - b. Selecting and combining colors?
  - c. Altering the pattern to fit you?
  - d. Fitting yourself?
  - e. Finishing to give that expensive look?
8. Are your housedresses comfortable?
9. Can you make accessories to add spice to your costumes?
10. Could you organize a sewing center to make your sewing more efficient?
11. Do you know how your dry cleaner cleans your clothing?  
What are his problems?
12. Would you like to learn to clean your own?
13. What are some of the new sewing gadgets that make sewing easier?
14. Do you make-over clothes? For yourself? For children?
15. Do you help select your husband's clothing?

B. Planning the Foods and Nutrition Program

1. Do you believe that food makes a difference in your health?
2. At what age level can food habits be formed the easiest?
3. Do you know what the basic seven food groups are?
4. Do you have trouble working them into the day's menu?
5. Are you overweight? Are you underweight?

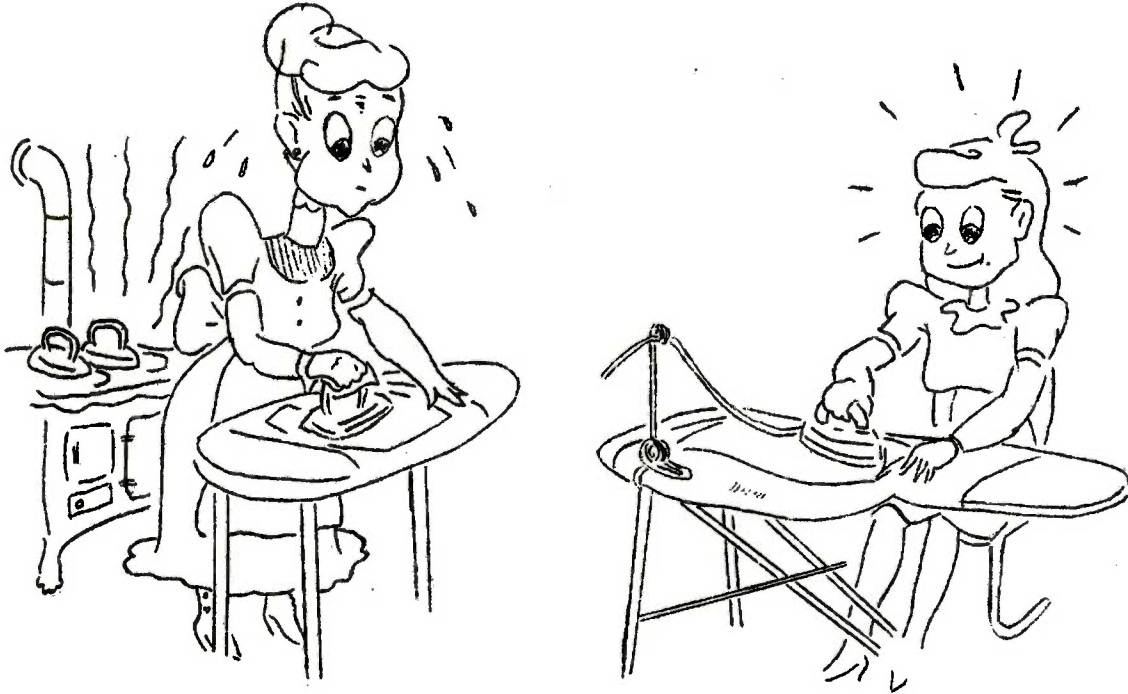


6. Should you be using more of certain foods, considering you are pregnant or nursing a baby?
7. What foods should the older person eat?
8. How can you tell safe restaurants in which to eat?
9. How can you make sure the food you eat is clean and safe?
10. How can you stretch the food dollar?
11. Do you believe everyone should like all foods?
12. Are fathers a bad influence in developing good food habits in children?
13. Would a food forum to which both father and mother came help?
14. Is mealtime a happy occasion at your house?
15. Do all the grudges of the day come out at meal time?
16. Do you entertain easily with small numbers or large?
17. Are your son and daughter proud of you when guests arrive?  
Do they meet your guests with ease?
18. Are you training your children so that they will have confidence when they entertain?

C. Planning the Home Furnishing and Home Management Program

1. Where should emphasis be--on understanding homemaking or the skills of housekeeping?
2. What should I look for when buying furniture?
3. What can I do to make my old furniture last longer and take on a modern touch?
4. How can I arrange my furniture to achieve a more pleasing effect and make the room look less cluttered?
5. How can I improve lighting in the home to achieve health and comfort?
6. Is there anyway I can recover my old lamp shades?
7. What can I do to improve window treatments and draperies in my home?
8. How can I save steps in the kitchen?
9. How can I get more storage out of my cupboards?

10. What is the easiest way to make a bed, to wash dishes, to do the family washing?
11. How can I cut down on fatigue in doing household tasks?



12. How does one go about setting up a family spending plan?

"Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmities."

D. Planning the Health Program--Recreation

1. How can I best care for the health of my family?
2. What can I do to prevent accidents in my home, on the farm?
3. In case of accidents what should I do until we can get to a doctor?
4. What "Health Facilities" are available at the County Health Center?
5. What is needed in my area to make it a better and safer place to live?
6. How may I learn to recognize the symptoms of illnesses which may affect my family?



7. How can I tell my children about the facts of life?
8. How can teen-agers be kept out of trouble?
9. What toys are best for children of various ages?
10. What can we do with children during club meetings?
11. Does your family enjoy working and playing together?

## PROGRAMS IN COUNTY

1949	Clothing	1950
Use of Sewing Machine Attachments Care & Cleaning Sewing Machines Childrens and Adult Tailoring Making Dress Forms (Special Interest)		Use of Sewing Machine Attachments (same groups) Care & Cleaning Sewing Machines (5 groups) Pattern Alteration (this fall) Making Simple Dresses (this fall) Making Dress Forms (Special Interest)
1949	Foods and Nutrition	1950
Basic Principles of Cookery Meals That Save and Satisfy (low cost meals) Mexican Foods		Menus and Service for Large Groups Menus, Service and Table Decorations for Teas and Parties Pressure Cooker Clinics (4)
1949	Home Management and Home Furnishings	1950
Develop Skills In Care and Repair of Furniture Wood Finishes Standard finishes Modern finishes Crafts--Textile Painting (Special Interest)		Planning the Family Spending (2 meetings)
1949	Other and Special Interests	1950
Textile Painting Health Discussions (Special speakers) Cancer Control Swim Parties Family night--dinner & picnics		Textile Painting Aluminum Etching Cancer Control Leader Training With Follow-up Meetings (Club groups--men & women comb.) Making Western Shirts Crafts Varied Family nights--dinner & picnics

4-H CLUB COMMENTS

by

Virginia Twitty, Assistant Home Demonstration Agent

Along with the Fall program of Homemakers we are ready to begin another year of 4-H Club Work. Most clubs came through with nice accomplishments last year and we hope they can find it even more satisfactory this year.

Your help in promoting the 4-H program is needed. If you cannot serve as a leader, you may help secure other leadership or assist with the club program. We appreciate any help you can give, as boys and girls are important in your community.

We were glad to have good representation of leaders at the Leaders Conference in Payson, and wish all might have gone to have the fine help given there.

At 4-H Club camp a good program of recreation, swimming, singing, plant life, courtesies and leather craft kept the youngsters, as well as the Agents and Leaders, busy.

As our 4-H Club program increases in quantity and quality, we will need more and more help. As Agents, we plan more leader training meetings which we expect to give leaders more confidence in their jobs and to make their jobs easier, as well.

BRIEF SUMMARY OF EXTENSION ACTIVITIES WITH GROUPS  
IN MARICOPA COUNTY 1949-50

Group	No. of Groups	Projects	Enrollment
Homemaker Clubs	14	12 Clubs (Clothing Total (Foods Projects (Home Mgt. 2 new (Spec. Int.	290
Phoenix Stake Relief Societies	6 wards	2 (Clothing (Foods	310
Maricopa Stake Relief Societies	5 wards	2 (Clothing (Foods	235
Mesa Stake Relief Societies	4 wards	2 (Clothing (Foods	250
4-H Home Economics Clubs	34	Meal Planning Clothing Food Preservation Home Management	752

IMPORTANT--PLEASE NOTE

Thirty-six groups--14 Homemaker Clubs and 22 rural area Relief Societies have asked to be served by participation on the 1950 Clothing projects this fall. To care for this great number necessitates handling this work through Leader Training and will require five, rather than three, training units. Will each club group immediately designate two Clothing Leaders--preferably experienced women who will carry certain techniques to all group members and who in addition will conduct "Clothing Construction Classes" with the inexperienced members for whom the project was specially planned this year--four meetings with classes will be needed. The project includes Pattern Alterations and Construction of a Simple Dress. Helen Church, Extension Clothing Specialist, and your Home Demonstration Agent Staff will cooperate with training leaders.

DATES AHEAD FOR OFFICERS AND PROJECT LEADERS

COUNTY COUNCIL PROGRAM PLANNING FOR 1951--This important meeting calls for the attendance of Club Presidents, Vice Presidents and all Project Leaders--members are welcome.

<u>Date</u>	<u>Time</u>	<u>Place</u>
Friday, Oct. 6, 1950	10:00 o'clock	To be announced later.

TRAINING MEETING SCHEDULE FOR PATTERN ALTERATION

Tuesday, Oct. 3, 1950	9:30	County Agent's Office 1201 W. Madison, Phx.
For:		
Washington	So. Phoenix	Paradise Valley
Westwood	Haydens Corners	Phoenix Stake Relief Society
Alhambra	Valley Heights	ward Representatives

Wednesday, Oct. 4, 1950	9:30	Palo Verde School Palo Verde
For:		
Palo Verde	Liberty	Avondale
Buckeye	Litchfield	Tolleson
		Buckeye Relief Society

Thursday, Oct. 5, 1950	9:30	Mesa--Place to be announced later
For:	Mesa and Maricopa Stake Relief Society Representatives	

DRESS CONSTRUCTION

As scheduled in Year Book--Tues., Oct. 10--Wed., Oct. 11--Thurs., Oct. 12. Extra dates to be worked out at Pattern Alteration Meetings.

*Isabell Pace*  
Isabell Pace  
Home Demonstration Agent

All Agents attended the Annual Conference. No Home Demonstration Agent Conference was held due to the absence of Jean M. Stewart, State Leader. Agents participated in the Food Preservation Workshop held last May in Tucson.

Agents Twitty and Shoup attended the 4-H Round-up at Tucson, and Agent Twitty also attended the 4-H Club Camp and Leaders Conference.

### Food Preservation and Storage

The three Agents joined with Home Demonstration Agents of the other counties and with others in an in-service training planned by State Leader, Jean M. Stewart and Extension Nutritionist, Reva Lincoln, to bring us up-to-date on approved methods of food preservation.

The three-day school covered freezing techniques and recommended packaging methods and materials; comparison of qualities of variously prepared foods; canning techniques, including making of jams, jellies and marmalades. Processed foods were defined, scorecards studied, and practice judging was conducted. Canned foods and pickles were brought in by County Home Demonstration Agents. These were presented with the idea of helping Agents acquire standards by which they may better meet the often requested needs of judging at fairs.

### Pressure Cooker Clinics

Following the Food Preservation Workshop three Pressure Canner Clinics were conducted by Agent Pace and Assistant Agent Shoup. Two days were spent at Phoenix, and one at Mesa. All organized groups were contacted and newspaper and radio announcements were made, however, only 21 women came from nine communities. Twenty-three gages were tested, ten of which were off 2 pounds or slightly more. Only one was as much as 3 pounds off. Ten safety valves popped off or leaked before the 15-pound pressure was reached.

An exhibit of jars, closures and canning equipment was set up, and leaflets on the subject of food preservation and care of equipment were available to all who came. This is the first time in three years a clinic has been offered due to absence of requests and seeming lack of interest.

The conclusion is that freezing, especially for meats, is the popular method of preservation. The fact that fresh vegetables are plentiful the year round and that there is a decrease in the small home garden and its occasional surplus is back of this transition. Most of the women who came indicated that they seldom used their canners. Facilities of several active community canning centers are widely used.

The Home Demonstration Agent's Office is a clearing house for canning information on all phases of food preservation, canning, freezing and pickling and for home curing of dates, olives and figs, which are specialty crops of this area. These requests are met through office calls, telephone calls and distribution of Federal and State-prepared bulletins. Some communities have requested freezing help for 1951.

A pleasant relationship exists with other agencies such as Central Arizona Light and Power Company, Community Canning Center Phoenix Area, O. S. Stapley Company, Arizona Food Lockers, Arizona Farmer and Latter Day Saints Welfare Departments in maintaining home service personnel in the interest of furthering approved methods of food preservation.

CANNING TIPS FOR CANNERS  
Isabell Pace  
Home Demonstration Agent

JUICE LOSS FROM JARS

A familiar and troublesome problem in home canning is loss of liquid from jars of food during the canning process. The housewife who puts jars of food in the canner, all nicely filled and well-covered with protecting liquid, may well be dismayed when they come out with part of the food bare and unprotected at the top of the jar, because some of the liquid has been drawn out into the canner. The uncovered food is likely to lose its appetizing color, texture and flavor as the jars stand in storage. In addition, there will be a loss of nutritive value.

Recent research by Arnold E. Barager of the Nebraska Experiment Station shows how to avoid this liquid loss when canning vegetables or other foods in a pressure canner.

First, he says, leave enough headspace--that is, unfilled space at the top of the jar--to allow the contents to expand during heating. Without enough headspace, pressure forces liquid out. Mr. Barager advised three-eighths of an inch headspace for pint jars; three-fourths of an inch for quart jars.

A tight closure at the top of the jar also helps hold in liquid. He finds that a two-piece closure, sealed tightly, keeps a greater pressure inside the jar in the pressure cooker and prevents the liquid in the jar from boiling and being forced out. Two-piece closures include a metal top with affixed sealing compound and a metal band.

The lightning seal type of closure--a glass top and rubber-- works well too, if sufficient headspace is left in the jar, and the jar is sealed before going into the canner.

If zinc lids or three-piece glass top closures are used, jars must not be sealed while in the cooker. Because jars cannot be sealed, some liquid loss may be inevitable, even with the recommended headspace allowed.

Mr. Barager also stresses the need for keeping the pressure steady during canning because fluctuating pressure is one cause of liquid loss.

## Food Selection and Preparation

Interest in the foods and nutrition project for 1950 in Maricopa County groups centered around food preparation and service for large groups, with requests for "Attractive Service for Large Groups" and "Teas and Party Service". Leader training meetings with Miss Reva Lincoln, Extension Nutritionist, directing were held in three County areas for each project.

Buffet Service was emphasized as the most practical for large group service. An array of possible materials was provided from which small groups at each training meeting selected and set up table decorations which they explained as to motif and suitability. This created great fun and gave amazingly satisfactory results. One motif was a "Horn of Plenty" made from a discarded ordinary paper bag with vegetables and fruits and a length of colored paper tape. Other motifs included "western themes" using pottery, bits of cacti and greenery. A delightful menu was prepared by the women. It was followed in preparing the luncheon for the day. Miss Lincoln provided a mimeographed leaflet, and she and the Agent worked out a bibliography of sources for acquiring quantity menus and recipes. Sixty-five leaders participated. Ten Homemaker Clubs and seven Relief Society groups reported local meetings or special events at which the Buffet Service training was used. Menus were prepared and followed in serving 1177 persons.

One event during January and February was a Church luncheon at which 807, mostly business men, were served a hot meal in 1 3/4 hours. This was an excellent example of efficiency and service. The Agent had never witnessed a better planned and executed luncheon. The two leaders, who had been trained, supervised this event.

One club held a Buffet Service demonstration, the occasion being "husbands' night". A fine time was reported. One leader remarked, "It afforded an opportunity for the men to become acquainted with each other as well as to learn about the Extension program."

Daintiness in foods and food service and gracious friendliness characterized the training for leaders in the "Teas and Party" project.

Varieties of dainty cookies and sandwiches were prepared by the women. A hot drink and Grapefruit Alaska dessert completed the menu for the luncheon. A "Valentine" motif was selected for the table decorations and linens. Hostesses were assigned and the entire program was carried out as if in a home or club setting. Miss Edith Stevens, Head of the Home Economics Department at Phoenix College and a former Extension Service worker, very graciously loaned us her new kitchen and dining room with its fine facilities, which contributed much to the atmosphere of the Central area training meeting. Twenty-four leaders participated in this meeting.

Fifteen local "Teas and Party" demonstrations conducted by trained leaders were held by Homemaker Clubs during the succeeding two months of February and March.

Most of the Relief Society Groups chose to use the suggested menus and service ideas in connection with monthly luncheons on regular "Work and Business" days.

Due to the many changes of leadership, some having moved etc., the check on the 1950 Foods project was done by sample check sheet of eight well-distributed groups as listed. Summaries follow:

SUMMARIES OF LEADER'S REPORT ON TEAS AND PARTIES FROM EIGHT COMMUNITIES  
Sample Check

As a Result of the Demonstration	Club Members	Others (Relatives, neighbors, friends, 4-H members, etc.)
How many have invited friends in for tea or coffee? Punch?	108	60
How many have entertained friends at a dessert party?	106	
How many have assisted in planning and serving a large tea since the demonstration?	343	58
How many teas or dessert parties have been given in connection with club meetings?	77	150
How many have used food ideas presented at meeting in their entertaining, such as tea sandwiches, oatmeal wafers, grapefruit alaska, cranberry tarts?	124	74

Directions: Please fill out this sheet at your September Club Meeting and return to Mrs. Isabell Pace, Home Demonstration Agent, 1201 W. Madison, Phoenix, Arizona.

2 Wards 1st and 6th - Maricopa Stake L.D.S. Relief Societies - East Co. Area  
Palo Verde - Homemakers Club - West Co. Area  
Scottsdale - Phoenix Stake Relief Society  
Tolleson - Homemakers Club  
Westwood - Homemakers Club  
Washington - Homemakers Club  
Litchfield - Homemakers Club

SUMMARY OF LEADER'S REPORTS ON BUFFET MEALS FROM EIGHT COMMUNITIES  
Sample Check

	Club Club Members	Others (Relatives, neighbors, friends, 4-H members, etc.)
How many have served buffet meals in their homes as a result of the demonstration?	98	209
How many of your club meals have been planned and served buffet style?	68	104

Comments: (Please give here at least one interesting story or experience which is an outgrowth of your club's study and use of buffet service.)

"The Deer Valley 4-H Club gave an elk barbecue and served it buffet style under our direction. I made a center piece to look like a little forest with a hunter's camp."

"Many of our meals and parties wouldn't have been given if we had not had your help--but having your help has made them very much easier and much more interesting to all of us. We have used your suggestions. They help a great deal and we do appreciate it very much.

"We prepared beans for 5000, cooking 500 pounds and making salad to go with them. We made potato salad from ~~300~~ pounds of potatoes, using a recipe for fifty that you gave us. It was good and all went well. It was served buffet style of course."

"Our Indian Group, to whom we carried the demonstration, later served a lovely buffet luncheon to 65 people--a delightful occasion. All seven of our Ward Groups had the program."

"We had so much fun with the luncheon demonstration. Our ladies enjoyed all the grand ideas brought back, especially the table decoration ideas."

"Our Boston Baked Bean Buffet Luncheon was a grand success. It was held in the open, and the food was served on one long table with western motif and setting. We served 55 members and neighborhood friends."

Forecast

Foods projects asked for at the October 6, 1950 Planning Day were "Better



COOPERATIVE EXTENSION WORK  
IN  
AGRICULTURE AND HOME ECONOMICS

University of Arizona  
College of Agriculture  
U. S. Department of Agriculture  
and Maricopa County Cooperating

State of Arizona  
P. O. Box 751  
Phoenix

Agricultural Extension Service  
Home Demonstration Work  
County Agent Work

February 3, 1950

DEAR PROJECT LEADER:

Enclosed is a "Grapefruit Desserts" leaflet you requested and two Extension cards for reporting each of your demonstrations with your local group or groups. Please fill one out following each meeting and drop into the mail box. This cooperation will be appreciated.

April 10 to 14 inclusive is Country Life (rural women's state-wide meet) at the University at Tucson; may I suggest it would be a splendid thing if each local Relief Society group could have at least one representative attend.

May I ask you as a leader if you will talk of it to your women-- you'll be receiving an announcement soon from Miss Jean M. Stewart, State Leader of Home Demonstration Work.

Truly women who have ever attended one of these meets have so much enjoyed the mingling with women from over the state that they eagerly look forward to the next years event.

Don't overlook contacting your women for "Quantity Recipes" then mail those contributed to my office and I'll have them compiled into a leaflet for distribution.

We enjoyed working with you and wish you success with your local demonstrations.

Sincerely,



Isabell Pace  
Home Demonstration Agent

IP/eli

COOPERATIVE EXTENSION WORK  
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SOURCES FOR QUANTITY RECIPES

Below are listed publications on Quantity Recipes and the serving of food to large groups. You may obtain single copies in most cases free of charge by writing directly to the companies and schools which have published them.

Commercial:

Recipes for Fifty  
General Foods Corporation  
250 Park Avenue  
New York, New York

Quantity Recipes Using Bakery Products  
American Institute of Baking  
1135 Fullerton Avenue  
Chicago 14, Illinois

Canned Food Recipes for Serving Fifty  
Home Economics Division  
National Cannery Association  
Washington, D. C.

Cooking Meat in Quantity  
National Livestock and Meat Board  
407 South Dearborn Street  
Chicago 5, Illinois

Attention Food Managers  
National Dairy Council  
111 North Canal Street  
Chicago, Illinois

Meals for Many with Margarine  
National Association of Margarine Manufacturers  
75 East Wacker Drive  
Chicago 1, Illinois

Summer Camp Manual  
Kellogg Company  
Institution Division  
Battlecreek, Michigan

Quantity Recipes for Quality Foods and  
Quantity Recipe Cards  
Evaporated Milk Institute  
307 North Michigan Avenue  
Chicago 1, Illinois

Quaker Quantity Recipes  
The Quaker Oats Company  
223 West Jackson Blvd.  
Chicago 7, Illinois

Quantity Serving Recipes  
Knox Gelatine Company  
Johnstown, New York

Carving and Serving Poultry Meat  
Poultry and Egg National Board  
308 West Washington Street  
Chicago 6, Illinois

Planning Institutional Diets, Bulletin  
503  
American Dry Milk Institute, Inc.  
221 North LaSalle Street  
Chicago, Illinois

Quantity Recipe Cards  
Home Service Department  
Carnation Company  
Oconomowoc, Wisconsin

Serving Fifty & Sandwich Fillings to Serve  
One Hundred  
Pet Milk Company  
San Francisco 11, California

American Can Company  
230 Park Avenue  
New York 17, New York

Quantity Recipes for Sunsweet Dried Fruits  
California Prune & Apricot Growers Ass'n  
San Jose, California

Soya for Quantity Cookery  
The Glidden Company  
Home Economics Department  
5165 West Moffat Street  
Chicago, Illinois

Cooking for Fifty  
Betty Crocker  
General Mills, Inc.  
Minneapolis, Minnesota

Grocery Store Products Sales Company, Inc.  
480 Lexington Avenue  
New York 17, New York

University and U. S. Department of Agriculture Publications:

Soybeans and Soy Products in Quantity  
Cookery, Bulletin 204  
Agricultural Experiment Station  
Michigan State College  
East Lansing, Michigan

Community Meals, Bulletin 743  
New York State College of Home Economics  
Cornell University  
Ithaca, New York

School Lunch Recipe Cards for One Hundred  
The Production and Marketing Administration  
United States Department of Agriculture  
Washington 25, D. C.

Fish Cookery for One Hundred  
Fish and Wildlife Service  
U. S. Department of Interior  
Washington, D. C.

**Nutrition for the Money Spent for Foods" and "Yeast Breads with Emphasis on Whole Wheat Products."**

As we are without a Nutritionist in the State Office, the Agent plans to organize the projects and will present the yeast breads directly with groups if arrangements can be worked out to serve all groups.

The Home Demonstration Agent from <sup>Pinal</sup> Pinal County and this Agent are planning to do some cooperative self-preparation and mimeographed material for the project.

#### Family Economics and Home Management

Money Management or Cooperative Family Spending was the project selected in the field for 1950 program.

Because of the intangible nature and a quality of reserve on the part of women, generally to discuss money management problems, it was deemed best to have open meetings at which Miss Grace Ryan, Extension Home Management Specialist would conduct a general discussion of family finance in relation to improved home life followed by small group discussions. Four local Home Management leaders from each of the central and west County areas were given some guidance material and all such leaders were asked to meet in the forenoon to receive training in conducting discussions with groups.

The subject was treated under four topics as ways of getting money ideas across.

1. Standards of living
2. Family planning
3. Spending plans
4. Three changes in family circle

Miss Ryan had done an excellent job of planning, selecting reading helps and key questions and preparation of illustrative material to make the topic interesting and worthwhile.

The attendance was not all that we would have liked (35 leaders at 2 discussion sessions and 110 at the 2 open sessions) however, the women left feeling they had learned much and had many suggestions for local discussion meetings. Also there were requests for Farm Family Account Books, mostly from women who have already used this guidance in setting up household accounts as a basis for better family spending. East County area could not hold Home Management meetings due to County Fair responsibilities at the time, and they were not able later to include it in their program.

During the following two months, 9 local discussion meetings were held with 139 women attending. The directing leaders reported good expression of interest and discussion participation, however, not as much enthusiasm as when work or skill activities are a part of a meeting. This method has not been used as freely and the Agent feels more discussion meetings may be a future development, as many problems lend themselves to this type of education in an effort to reach solutions.

Requests for Children's Bureau bulletins and other "finance leaflets" indicate a carryover of interest.

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Home Demonstration Work  
County Agent Work

February 15, 1950

Dear Home Management Leader:

As you know a general meeting has been planned for all club members to consider the areas of Home Management as Related to Family Spending. The time 1:30 p.m.; the date Thursday, February 23; the place The L.D.S. Church Building at the corner of Latham and Third Avenue, Phoenix.

All home management leaders are asked to meet at 10:30 a.m. same date at the County Agent's Building, 1201 West Madison for training in conducting discussions.

Four of the leaders have been asked to lead discussions with groups at the afternoon meeting. Discussion topics as follows:

- Group I - Standards of Living
- Group II - Family Conferences and Sharing
- Group III - Spending Plans
- Group IV - Changing Stages in Family Life

Come prepared to participate and I am sure we will have a profitable day.

Sincerely,



Isabell Pace  
Home Demonstration Agent

IP/eli

P. S. Bring your sandwich if you choose or there should be ample time to go out for a lunch.

35 c.

## Clothing and Textiles

Tailoring of Adult Garments was the project selected for 1949 and followed logically the children's tailoring of the previous year. While a series of five training classes in each of four areas of the County with a final enrollment of 68 members of Homemaker Clubs and Latter Day Saint Relief Society Clothing leaders had been completed during October and November of 1949, it was too early to report results, hence the summary is here presented:

Enrollment cards were supplied to local clubs before the September meeting. Those enrolling pledged themselves to attend all necessary training meetings (at least 4), to indicate preference as to suit or coat to be made and to express a willingness to serve as a local leader in their community to present certain techniques which all club members could apply to home clothing construction.

Training followed logically through selection of fabric and pattern; shrinking fabric, unless already treated; cutting and fitting in muslin; making alterations and all the construction techniques such as seams, inner facings, shrinking out fullness, pressing techniques, putting on collars, setting in zippers and sleeves, skirt bands and hems and other detail finishes. Help was given along the way as to which techniques were probably most useful and most possible for demonstration to local groups.

Eighty-five coats and suits were completed by the 68 class enrollees during October and November.

Thirty-nine local demonstrations were reported with 640 women attending. Making Pressing Equipment (have round press cushion, press roll and wool press cloth) was the most popular demonstration with workshop follow-up, in which 85 sets of pressing equipment were made in the County. Putting in zippers, hems, shrinking out fullness, bound buttonholes, importance of grain line and value of fitting in muslin to achieve satisfactory alterations were among interesting leader demonstrations. More than thirty women procured clappers to be used in tailoring. The form below was sent to each enrollee, who was later asked for her scoring of the garment made and worn. The 60 replies returned are summarized below:

ARE YOU SATISFIED WITH THE TAILORED COAT OR SUIT YOU MADE  
Score Card

	Check	
	Need to Improve	Satisfactory
<b>1. Fabric and Design</b>		
Is fabric suitable for the garment?	_____	<u>60</u>
Color becoming and practical?	_____	<u>58</u>
Design suitable to fabric?	_____	<u>50</u>
<b>2. Fit</b>		
Does garment allow ease for movement		
When standing?	<u>2</u>	<u>58</u>
When sitting?	<u>3</u>	<u>57</u>

	Need to Improve	Satisfactory
Do sleeves hang without wrinkles?	_____	<u>58</u>
Is shoulder padding adequate?	_____	<u>60</u>
<b>3. Construction</b>		
Is machine stitching even and straight?	<u>9</u>	<u>57</u>
Does thread match?	<u>1</u>	<u>59</u>
Straight edge down front edge?	_____	<u>60</u>
Are lapels sharp, even and same size?	<u>1</u>	<u>59</u>
Buttonholes well made?	<u>4</u>	<u>56</u>
Buttons correct size, color and shape?	<u>1</u>	<u>59</u>
Are pockets in correct position?	<u>2</u>	<u>58</u>
Is lining put in correctly?	<u>3</u>	<u>57</u>
Does lining pull in any place?	_____	<u>60</u>
Are hems at cuff and bottom inconspicuous?	_____	<u>60</u>
<b>4. Pressing</b>		
Were darts pressed correctly?	_____	<u>60</u>
Were seams pressed adequately?	<u>2</u>	<u>58</u>

**5. Money Value**

Eighty-five coats or suits were made during the training period.  
 Total cost given \$2012.80  
 Estimated store value 3936.00

**6. Communities participating**

- |               |                 |
|---------------|-----------------|
| 1. Alhambra   | 9. Mesa         |
| 2. Alma       | 10. Orangeland  |
| 3. Buckeye    | 11. Palo Verde  |
| 4. Chandler   | 12. Phoenix     |
| 5. Cartwright | 13. Queen Creek |
| 6. Gilbert    | 14. Scottsdale  |
| 7. Liberty    | 15. Tolleson    |
| 8. Litchfield | 16. Washington  |
| 17. Westwood  |                 |

Many of the L.D.S. districts are designated by Ward numbers

A check sheet sent out almost a year later to leaders brought the following report of further use of techniques and processes from the fifty who replied by November 20, 1950:

ACCOMPLISHMENTS FROM TAILORING SCHOOLS  
 Summary

Leaders-50

1. Have you made garments other than the one made at Tailoring Meetings?

How many 105.

Do you plan to make a Tailored Garment this Fall or Winter?

31 leaders intend to make tailored garments this year.

2. Summary of equipment and techniques used by leaders since classes:

- |                             |                 |                |
|-----------------------------|-----------------|----------------|
| 1. Clapper for pressing     | yes <u>50</u>   | no <u>    </u> |
| 2. Shoulder pads            | yes <u>40</u>   | no <u>10</u>   |
| 3. Method of finishing hems | yes <u>45</u>   | no <u>5</u>    |
| 4. Press cloth              | yes <u>46</u>   | no <u>4</u>    |
| 5. Buttonhole method        | yes <u>44</u>   | no <u>6</u>    |
| 6. Interfacings             | yes <u>36</u>   | no <u>14</u>   |
| 7. Other                    | yes <u>    </u> | no <u>    </u> |

3. Have you helped others with tailoring problems? yes 42 no     

4. Have you used information learned in purchasing ready made coat or suit? yes 34 no 16

5. Other Voluntary Comments Made by Members

"I have been making coats and suits for my children for 35 years and didn't realize how much help you could give in doing such things. As soon as I finished the suit I made, I made a child's coat and it was much easier. However, the real test came months later when I made a tailored jacket for my daughter's trousseau. Everything I had learned came back to me. I did have to look up a few things in the bulletin and found that they helped a lot too. My daughter was so thrilled with her jacket that I had to go back and get material for a skirt and that made a whole suit for her. She was as proud of it as the one she bought the year before for \$60.00. Both of the girls have used the clapper and the ham and other helps and like them very much. I will start a suit for Donna next week. Thanks so very much for all the help you have given to me. My daughter, Virginia, is married and wants these pressing helps to take with her to another State."

"I've used the information I received in helping sister and mother to buy a suit and coat. This training made me 'correct' conscious of all my sewing. When talking with friends, I've often mentioned things I learned and helped them to do many things. My two demonstrations at Relief Society were well received."

"I helped a girl in my neighborhood with clothes for high school by using the methods learned at Tailoring School. She was delighted with the results, and secretly I was pleased with my accomplishment. I refer to the leaflets often and am so happy for all the help."

"I use all the pressing equipment and wonder how I ever got along without it."

"One of my 4-H girls asked me to help her set in a gusset under the arm of a satin housecoat, and also to put on a chinese collar. The tailoring



taught me how to ease the collar in, press seams open and really trim enough. Frieda flinched as much as we did when Miss Church and you trimmed seams for us."

### Sewing Machine Clinics

During the summer months, May through July, six Sewing Machine Clinics were conducted by the Agent. Forty-four machines were cleaned and instructions were given on care and oiling. Makes of machines included Singer, Kenmore, Rotary White, Domestic, Wards, Firestone, Western Electric, Free and National, and they ranged in age from 12 to 50 years. A recent follow-up questionnaire shows all machines giving good performance.

### Use of Sewing Machine Attachments

Demonstrations were presented by the Agent to two newly organized Homemaker Clubs. The Clothing Specialist cooperated with the loan of the illustrative kit from the State Office. Thirty-one women attended these demonstrations, bringing with them the attachments for their machines. An amazing discovery was that some of them had no idea what the purpose of certain attachments were. Similarities were pointed out and women used certain attachments with the portable machines brought in. Items made to take home at one of the meetings were wrist pin cushions. At the other meeting, organization of the Club took up the time.

A summary turned in by two women who were selected to check will be found on the following page.

### Pattern Alteration and Making a Simple Dress

#### 1950 - Clothing and Textile Project

Again this year, the 1950 Clothing program cannot be fully reported, since leader training occurred in October and November. The program, namely "Pattern Alteration" and "Making a Simple Dress", as set up at the Annual Program Planning Day, October 7, 1949, was carried out. Both projects were logical because the women doing tailoring and the club members generally realized, as never before, the importance of pattern selection and alteration to get satisfactory results. Likewise, many of the members who did not have the background experience to take up tailoring of garments wished help with the simpler construction techniques required to make a dress appropriate for wearing to club meetings and for shopping etc.

#### Method Followed

Due to the fact that 31 different organized groups requested this project, it became necessary to conduct the work through trained local leaders, since Specialist and Agent time was not available for class groups in County areas as had been anticipated last fall.

Two leaders from an organized group of Japanese women joined in the leader training, and they plan to carry out the program with groups at Glendale and Mesa. One of the ladies attended the Country Life Conference at Tucson last April and became very interested in Homemaker Club Work.

COOPERATIVE EXTENSION WORK  
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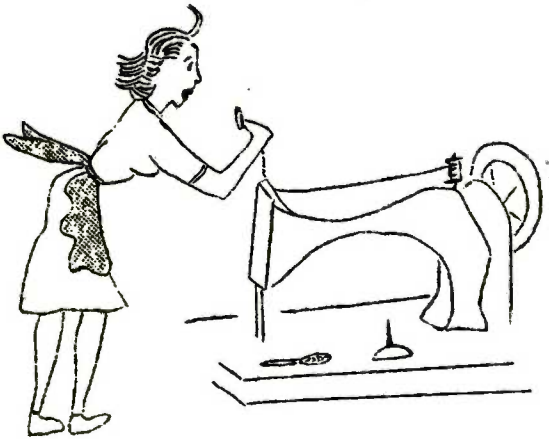
Agricultural Extension Service  
Home Demonstration Work  
County Agent Work

Dear Mrs. \_\_\_\_\_:

Come to \_\_\_\_\_ at \_\_\_\_\_ on \_\_\_\_\_  
(meeting place) (hour) (date)

Bring: -

Your sewing machine in standard - if possible. If not, remove the head. You will find screws under the head that fastens it to the frame.



Oil can  
Screw drivers - large one and small one.  
Pliers  
Old toothbrush or handbrush  
Rags, old papers  
Muffin tins or 6 cups (old ones)  
Pie pan  
Bread pan - or shallow pan to hold machine head or 1" deep tray.  
Thread, bobbin, sewing machine needle  
Hand cream  
Tweezers if you have them  
Your machine instruction book if you have one

Be sure that you wear old clothes or an apron if you wish.

Bring a school box lunch - no time to visit, eat or wash dishes.

No children, please!

Sincerely yours,

*Isabell Pace*  
Home Demonstration Agent

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LEARNING PROJECT SURVEY

SEWING MACHINE ATTACHMENTS

County Maricopa

Club Paradise Valley Valley Heights

Date November 20, 1950

Leaders Mrs. Grace Dunnington  
Mrs. Catherine Sanetra

	CLUB MEMBERS	OTHERS*
How many women learned to correctly adjust machine.....	23	5
How many used the attachments listed below in sewing.		
Seam gauge.....	10	3
Hemmer.....	9	3
Binder.....	10	2
Ruffler.....	9	
Zipper foot.....	8	3
Gatherer.....	6	2
Kick rack attachment.....		
Quilter.....		
Others		
1... Zigzagger.....	2	
2... Buttonhole maker.....	4	
3... Zipper foot.....	3	
List new attachments purchased for the sewing machine		
1... Seam gage.....	19	
2... Zipper foot.....	3	2
3.....		

\*Relatives, neighbors, 4-H leaders, friends that you may have helped.

Other Comments:

A series of four training meetings held in October and November in each of four districts in the County served to prepare the 64 designated Clothing leaders from 30 communities (5 leaders and 1 community dropped out because of conflicting responsibilities) to conduct local classes. Each leader selected and altered a pattern and made a cotton or spun rayon dress, developing all the techniques under supervision of the Clothing Specialist or Agent.

Miss Church, Clothing Specialist, was able to assist with two demonstration workshop sessions in each series. The last class at Mesa was held November 17th.

Leaders did a good job and expressed sincere appreciation for this work. A folder of printed instruction material and an outline of work plus illustrative material prepared by leaders will be used with similar bulletins to put over the project locally to less experienced club members who wish to enroll. The final summary of the project will appear in next year's annual report.

Leader Training Summary

West County Area Homemaker Clubs	<u>5</u> Communities	<u>10</u> Leaders
Central County Area Homemaker Clubs	<u>10</u> Communities	<u>21</u> Leaders
Central Area L.D.S. Relief Societies	<u>8</u> Communities	<u>14</u> Leaders <u>1</u> Stake Board Rep.
East County Area L.D.S. Relief Societies	<u>7</u> Communities	<u>12</u> Leaders <u>6</u> Stake Board Rep.
Total: <u>30</u> Communities		
<u>64</u> Leaders		

To date, only one local group has reported completion of the class project. All leaders have reported having given the individual measurement demonstration for pattern size and for making major alterations to their entire club group at a regular meeting.

Dress Forms

The making of dress forms was a "Special Interest" within several club groups. This activity, however, was conducted chiefly by members of clubs who have had considerable experience and enjoyed the experience of extending the "know how" to others. Miss Virginia Twitty, Assistant Home Demonstration Agent, assisted one group of four women to complete their forms. Mimeographed instruction leaflets have been supplied on request.

Nineteen forms were reported made in four areas of the County.

Miscellaneous Activities

House and Furnishings

There was no major project in 1950 for House and Furnishings, however, a

holdover of interest from previous years resulted in numerous, widely scattered requests for furniture repair and care information, as well as information on slipcovers and re-upholstering. These were met through distribution of excellent bulletins furnished by the State Office and prepared jointly by the Home Management Specialist and Information Specialists.

Textile Painting and Metal Etching used as summer special interest activities contributed both useful and decorative articles to the home.

Aluminum tray making has been a far-reaching interest. The spread of interest and training stemmed from local leaders who were including it in their teaching of others. These crafts afforded a splendid example of the extension of information and skills, and also of how interested women can be in acquiring new skills with their hands and using any artistic abilities they possess. Literally hundreds of trays, all sizes, shapes and designs, have been made from copper and aluminum.

#### Health and Safety

Representatives from 7 Homemaker Clubs participated in a "Cancer Training School" set up by the Arizona Division of the National Cancer Control Association in Phoenix. Each of these clubs sponsored discussions in their clubs or public meetings at which educational films were employed, as well as talks by eminent physicians, in an effort to acquaint the people with warning symptoms of cancer and the importance of an early diagnosis and treatment. Meetings were well attended.

A conscious attempt is made to relate all project work to health and well-being of the family.

#### Fire and Accident Prevention

Leaflets were distributed and club members were urged to conduct clean up campaigns in their areas, and especially to rid their own surroundings and homes of hazards.

There are frequent requests for information on Household Pest Control. These are taken care of by Dr. J. N. Roney's bulletin carrying that title. An actual count is not available.

#### Recreation and Community Life

This year all club groups reported at least one recreational event in addition to the usual Christmas parties. These events were more often arranged for entire families, and they consisted of considerable diversity-- Mexican dinners; pot-luck dinners with swimming or organized games; desert picnics and evenings at the park etc.

The County Rally Day, with "Buckeye Homemakers" as the hostess club, was attended by 141 women from all organized areas of the County.

An excellent program coming from the individual clubs, with community singing, presentation of corsages by the County Council, and presentation by the Home Demonstration Agent of certificates of appreciation to officers and



## *An Orchid To You*

As we celebrate National Home Demonstration Week in Maricopa County, we pay homage to you for the service you have given as an extension club officer or project leader.

Your members and neighbors have welcomed your help. Your family is proud of the service you have given to the community.

The county is a better place to live in because of you.

Homemaking is a serious job, and offers a real opportunity for you to serve your country. We commend you for the fine work you are doing.

State Home Demonstration Leader

Home Demonstration Agent

Ass't. Home Demonstration Agent

Ass't. Home Demonstration Agent

project leaders in recognition of work well-done, occupied the forenoon. The whole event was directed toward celebrating National Home Demonstration Week. Miss Jean M. Stewart, State Leader, joined us and gave emphasis to this event. A copy of the certificate used is attached. A sumptuous banquet followed the program and mixer.

The Home Demonstration Agent of Maricopa County was one of 53 Agents, and the Arizona Agent, honored at the National Conference in Chicago for having given more than ten years of outstanding service in Extension work.

#### Country Life Conference

The seventh Country Life Conference was held on the University Campus at Tucson, April 10-13 inclusive. An excellent program of learning, participation, entertainment, recreation and singing moved along with unusual smoothness. Dr. Edith Lord of the State Mental Health Department was perhaps one of the most outstanding speakers and workshop directors. Twenty-nine club representatives, five non-club women and two Agents attended from the County. It was the largest delegation to ever attend this event.

The Annual State Home Economics Association meeting also came in April. It was well attended, and an excellent program and outdoor banquet were outstanding features.

The County 4-H Fair at Tempe, the County Fair at Mesa and the State Fair were events of interest and responsibility for Extension workers.

News articles were prepared for local papers. Despite the effort made to present timely and current topics, these are not always utilized. Apologies are offered because of limited space etc.

COOPERATIVE EXTENSION WORK  
IN  
AGRICULTURE AND HOME ECONOMICS

University of Arizona  
College of Agriculture  
U. S. Department of Agriculture  
And Maricopa County Cooperating

STATE OF ARIZONA  
P. O. Box 751  
Phoenix

Agricultural Extension Service  
Home Demonstration Work  
County Agent Work

March 21, 1950

Attention Homemakers!!!

Have you made plans to attend the Annual Country Life Conference, April 10 to 13 inclusive, on the University of Arizona Campus at Tucson.

Don't miss this event if you can possibly make it. There will be four days of fun, change, good meals - prepared and served without your help, a chance to visit old friends and make new ones. It is an opportunity to get acquainted with your University and to meet some of the faculty. There is to be a Tea, the compliments of Mrs. J. Byron McCormick, wife of the President; an international pageant which will include skits of the home life of other countries using typical colorful costumes, announces Miss Jean Stewart, State Leader of Home Demonstration Work.

There will be group singing, varied entertainment, tours, talks, and recreation. Oh! Yes and classes. You may select one of the following five:

1. Skills in living with people.
2. Applied design in the home.
3. Helping to make my club click.
4. Changes that take place at different ages in the physical and educational growth of a child.
5. Recreation for club and family.

You will attend the same class both days.

The Banquet is always a highlight long remembered by all. Thursday morning it's breakfast and farewell.

Important - Make your reservation by calling or mailing in your name to the Home Demonstration Office by Monday, March 27. This information is required by the University in order to prepare facilities.

If you have space in your car for another person please indicate or if you need transportation perhaps we can help you to get a ride. We sincerely trust every club group in Maricopa County will be represented. Invite your friends, they will be most welcome.

Other News Items

A new Extension leaflet, "Accessories," by Helen Church, Clothing Specialist, has just been received. It is available for the asking at the Home Demonstration Agents Office, 1201 West Madison, Phoenix.

\*\*\*\*\*

Maricopa County 4-H Club Fair will be held on the Arizona State College Campus at Tempe, April 14 and 15. Be sure to see what our 4-H'ers are doing.

\*\*\*\*\*

Do you listen to the 4-H Broadcast regularly heard over KOY each Saturday at 1:00 P.M.?



Clara Dudley, one of the country's outstanding authorities on home decoration, will be at Barrows Furniture Company March 27 and 28; she will lecture on "Color Sense Can Save You Dollars" and show her new technicolor sound film "Before and After." I am asked to extend an invitation to homemakers to attend.

\*\*\*\*\*

Keep in mind Homemaker's Rally Day, Friday, April 28. The Buckeye Club is to be host - good program, pot-luck dinner - get in touch with your Club President or Rally Committee. Let's Make This A Banner Event!

\*\*\*\*\*

Nationally, Home Demonstration Week will be observed April 30 to May 6. The theme, "The Home - A Cradle For a Nation." Efficient homemaking through adult education is the main practice of Homemaker Clubs in Arizona.

Do You Know -

That one hour of work in the United States will buy 2.8 baskets of food. In England, one hour of work will buy 1.3 baskets of food. The same amount of work will buy 1.2 baskets of food in France, 1.1 in Belgium, 1.0 in Germany, 0.7 in Italy, and 0.4 in Russia.

\*\*\*\*\*

That it may be good economy to throw that chipped or cracked glassware, enamelware and China away. You may find it more thrifty to throw them away than to save them. Such dishes and utensils are likely to leave chips in the food when they are used and it is almost impossible to get them thoroughly clean and sanitary. You might also eliminate that tipsy pot or pan that will not stand steady on the stove. These are likely to cause serious burns or even fires.

\*\*\*\*\*

That the average United States citizen uses about 40 pounds of fresh oranges a year, 25 pounds of fresh apples, 20 pounds of bananas, and 17 pounds of peaches every year. Altogether--counting both citrus and deciduous fruits--he consumes about 142 pounds of fresh fruit annually.

\*\*\*\*\*

That all good eggs are not sold on grade, but it is a problem to know which ungraded ones are good.

\*\*\*\*\*

That it is best to eat at the same time every day. The stomach is just like a person when it comes to habit. It produces enzymes at just about the time it knows food is on the way. If food does not arrive, the enzymes are partly taken back or thrown off; and then when food does arrive, the stomach is not ready and so gets upset. This is one of the things that may cause ulcers. When meals are skipped, the bile doesn't have a chance to move along. This is one of the things which may cause gallstones to form.

Sincerely,

*Isabell Pace*

Isabell Pace  
Home Demonstration Agent

## KEY TO MAP

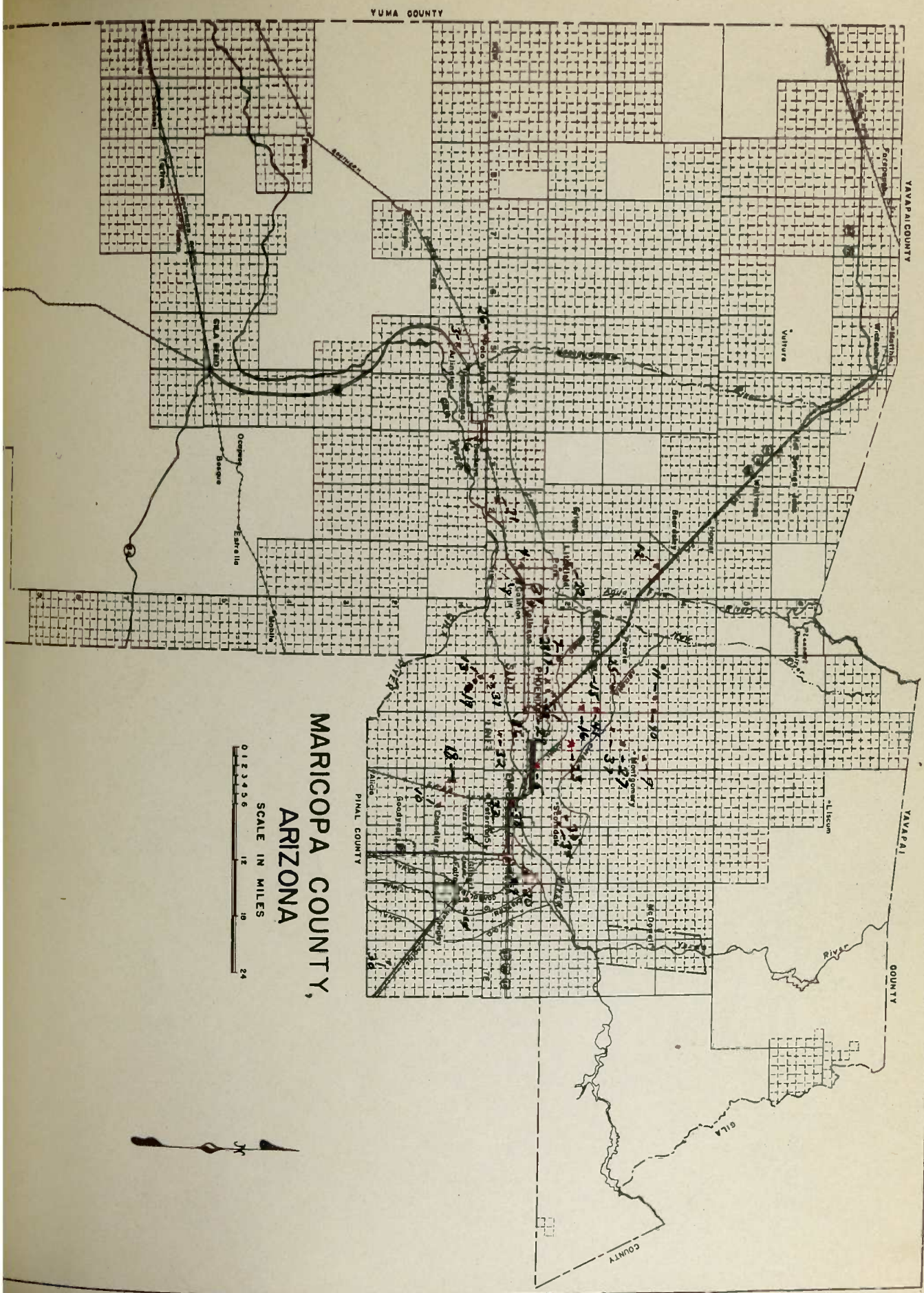
### ADULT

- A. ORGANIZATION
- B. HOUSE & FURNISHINGS
- C. NUTRITION
- D. FOOD PRESERVATION & STORAGE
- E. FOOD SELECTION & PREPARATION
- F. FAMILY ECONOMICS & HOME MGT.
- G. CLOTHING & TEXTILES
- H. RECREATION & COMMUNITY LIFE
- I. FAMILY RELATIONS

### JUNIOR

- A. ORGANIZATION
- B. CLOTHING
- C. FOOD SELECTION & PREPARATION
- D. FOOD PRESERVATION
- E. HOME MAKING & ROOM IMPROVEMENT
- F. RECREATION
- G. JUNIOR LEADERSHIP

1. Alhambra - A,C,E,F,G,H,I - A,C,F
2. Alma - A,C,D,E,G,I
3. Arlington - A,B,F
4. Avondale - A,C,E,F,G,H,I - A,B,C,F
5. Balsz - A,B,C,F,G
6. Buckeye - A,C,E,F,G,H,I - A,B,C,F
7. Cartwright - D,G - A,B,C,D,E,F,G
8. Cashion - A,B,F
9. Cave Creek - A,B,F
10. Chandler - A,C,D,E,G,H,I - A,B,C,F,G
11. Deer Valley - D - A,B,C,F
12. Dysart - A,B,C,F
13. Gila Crossing - A,B,F
14. Gilbert - A,C,D,E,G,I - A,B,C,F
15. Glendale - A,C,D,E,F,G,I - A,B,F
16. Grandview - A,C,F
17. Isaac - G - A,B,C,D,F,G
18. Kyrene - A,B,C,F
19. Laveen - E,G - A,B,F
20. Lehi - A,C,E,G,I
21. Liberty - A,C,E,F,G,H,I - A,B,C,F
22. Litchfield - A,C,E,F,G,H,I
23. Madison - A,B,C,F
24. Mesa (10 areas) - A,C,D,E,G,H,I - A,B
25. Orangeland - A,C,E,F,G,H,I
26. Palo Verde - A,C,E,F,G,H,I - A,B,C,E,F,G
27. Paradise Valley - A,D,G,I - A,B,F
28. Pendergast - A,B,C,F
29. Phoenix - A,C,D,E,F,G,H,I
30. Queen Creek - A,D,E,G,I - A,B,F
31. Riverside - A,B,F
32. Roosevelt - A,C,F
33. Rural - A,B,F
34. Salt River - A,B,F
35. Scottsdale - A,C,E,F,G,H,I - A,B,C,E,F
36. South Phoenix - A,C,E,F,G,H,I
37. Sunnyslope - A,B,F
38. Tempe - A,C,D,E,F,G,H,I - A,C,F
39. Tolleson - A,C,E,F,G,H,I
40. Valley Heights - A,G,I
41. Washington - A,C,E,F,G,H,I - A,B,C,F
42. Westwood - A,C,E,F,G,H,I



**MARICOPA COUNTY,  
ARIZONA**

SCALE IN MILES  
0 1 2 3 4 5 6 12 18 24



## 4-H CLUB WORK

### A. County Situation

Because of the citrus, vegetable, grain sorghum and cotton crops and the need for seasonal labor, many areas of Maricopa County have an ever changing population. Due to this transient population, it is very difficult to have good year around community 4-H Club programs as there is such a great turnover in membership and leadership. It is also difficult for these people to provide suitable projects for their boys and girls. Parent interest and support is very weak.

With increasing and the ever present emphasis of volunteer membership and leadership and year around club work, the Agents feel that progress is being made in the direction of good community clubs but the above mentioned changes will always be a problem. The past year's enrollments included only two clubs in which membership in the club was not strictly on a volunteer basis. This year, 1950-51, does not include any such situation.

With the limiting factor of transportation and time for club work outside of school, it is still necessary to accept school time and facilities for meetings if the community is to maintain a 4-H Club. The large school districts where bus transportation is necessary and the children leave home early and get home late, leaves them no time for attending meetings other than at school. Most of these situations are fairly satisfactory now as the number of community or lay leaders serving has greatly increased.

As effort has been placed on securing and training lay leaders in the County, the increase in numbers serves as reward for the efforts. The numbers serving during the past three years show increases as follows:

	<u>1948-49</u>	<u>1949-50</u>	<u>1950-51 (to date)</u>
Home Economics	15	44	46
Agriculture	9	24	30

Junior Leadership quality and quantity is increasing and we are this year to the point of definitely screening applications and requiring more definite plans, work and reports. A committee of adult leaders, appointed by the County Council, approved applications and will require a further report of progress by the member and leader before final enrollments are made. Junior Leadership has increased as follows:

<u>1948-49</u>	<u>1949-50</u>	<u>1950-51 (to date)</u>
10	15	26

Ten Junior Leaders received pins and certificates for satisfactory completion in 1949-50. Through proper training and experience these members should prove of great value to our County 4-H program in the future. We will also give them a more active part in County events this year.

Rural communities in Maricopa County are very low in church, hospital, library and community center facilities except for those in schools. School facilities are not adequate for the great increases in enrollments they are having. Home and school facilities are being used as meeting places for 4-H

community club meetings in many areas, and the club meeting provides a hub for family and community gatherings. Palo Verde is a good example of this. Until the past year their 4-H meetings were held during school time. Last year's program included a monthly community club evening meeting at the school and weekly project meetings in homes during the day. With a good set of officers and leaders and a well planned monthly meeting to include all phases of club work as business, pledge, demonstrations, singing, recreation, community service and refreshments, every member and parent enjoyed and looked forward to a profitable and enjoyable evening. Other clubs are fast reaching this more nearly ideal situation.

The three day recreation school held in our County in December under the direction of Miss Jane Farwell has added much to the clubs' interests in recreation at their meetings. Recreation and song leaders from each club were again given training at the time of officers training in November.

Program planning has been stressed this year and last, resulting in about one-fourth or more of the clubs of the County having written plans. Others will be given help on this in December and January. The Washington Club wrote definite plans for each meeting of the year which made it possible and easy for them to complete all requirements and add extra activities. They presented program planning on one of the weekly radio programs.

#### B. Summary

##### Statistical summary:

- 95 4-H Clubs in 35 communities (16 school, 19 community)
- 112 leaders (44 teachers, 68 lay leaders)
- 17 junior leaders
- 40 leader training meetings
- 1167 club members
- 1438 projects
- 33 achievement days
- 7 4-H fairs (1 county, 6 community)
- 2 encampments (45 boys, 64 girls, 17 others)
- 28 radio programs
- 36 news stories

#### C. Organization and Planning

The organization and planning of the County 4-H Club program is a constant year around process. This year we sat down for two days the last part of August and planned the activities which might be carried out on a County level and also thoroughly discussed the possibilities and necessary changes which we would suggest in each of the various communities which carried 4-H club work last year. Then as each of these communities were being discussed, we also put more thought into methods and new contacts to be made in regard to additional leadership for the coming club year. We always kept in mind the fact that each community should be approached with the idea of a community 4-H Club program instead of the program which is sometimes being carried on in the school where the school allows time for the 4-H Club meetings. The 4-H Club Leaders and other key people in the community were then contacted and wherever it was possible a meeting was arranged at which time the parents, youngsters and anyone interested in 4-H Club work could attend, and one of the Extension personnel would discuss possibilities, activities and methods used in the 4-H Club program. The

importance of program planning was also stressed at that time. After the meeting, it was left up to the leaders that had been selected and a club was organized under their direct supervision. In a few cases someone from the Extension Office was asked to attend the organization meeting to further discuss some of the projects and to give suggestions as to what might be included in the program plan for the coming year. The community meetings proved to be of great value in some areas of the County. Parents became better informed as to the objectives of 4-H Club work. Parent support was more evident in some of our clubs this past year.

Liberty community 4-H Club is a good example of what we think is the best procedure for a sound and progressive club. This is a community in which club work has been carried entirely by the school until last year when the Homemakers assumed the responsibility for seeing that members already enrolled were given help for completion. During the past summer, as project leaders were selected to carry on Homemakers program, a 4-H Club committee was also appointed. This committee arranged for an evening meeting. Written invitations were sent to all parents in the community. At this meeting, Agents explained the general club program and project requirements. A 4-H Club film was also shown. A questions and discussion period followed. Volunteer leaders were presented and a tentative enrollment was taken. Recreation and refreshments were furnished by the Homemakers. A two week period was allowed for final decisions on enrollment. A club program is planned. Each project group has two leaders and a community club leader is in charge of monthly meetings. Parents and club members attended these meetings. All leaders have attended training meetings in their field and several attended the council and junior leader meeting. Except for the fact that the community leader is leaving the State and another homemaker will assume her responsibilities, this should be a very strong club.

As to project work in connection with the organization of 4-H Clubs, the tightening down of the handicraft project making it a secondary project being carried in connection with another agricultural project, greatly reduced enrollment in handicraft this past year. In so doing we did away with about 75 club members who were carrying 4-H Club work as manual arts in the school. I don't believe it has hurt our general program any way, in fact it tends to put it on a more sound basis and emphasizes to youngsters that a more worthwhile project such as livestock would be of more value to them.

New communities in which 4-H Club work was established this past year include the following: Queen Creek, Chandler, Higley, Riverside, Buckeye, Paradise Valley, Cave Creek and the two Indian Clubs, Gila Crossing and Salt River. A great deal of time was spent in organizing the Chandler and Buckeye 4-H Clubs. The Chandler community in particular seems to be an ideal situation with their 44 enrolled in agricultural projects to about 19 in home economics work. They were a big club. The leadership was young and ambitious but because the club was so big, it took more time than they had to devote to it and it seemed that being a new club, they just didn't catch on to the ideas of 4-H Club work as fast as they should have. This year with a year of experience, they should weed out some of the less ambitious members and get down to a more sound 4-H Club. The Buckeye 4-H Club under the leadership of William McElhannon was quite a problem all year. The agricultural groups was left unattended most of the year as he is not an agricultural man. He did a fair job of arranging the monthly community meetings, but never put his finger on an agricultural leader. The record books were not checked, the

youngster was not followed up and there were no agricultural completions in the Buckeye Club this past year. In organizing that club this coming year, definite and adequate agricultural leadership must be had before the club can be organized. The Paradise Valley 4-H Club is a community club, meeting in the evenings once every two weeks. It seems to be a very promising group with good parent support. The youngsters are very ambitious, interested and this Paradise Valley is one of our most promising new 4-H Clubs. This was the first year that we worked with Indian 4-H Clubs. We had two in the County and the Gila Crossing Club under the leadership of Mr. Shea and Mrs. Byers was very successful. It was a poultry club and had 100% completions in the agricultural field and did almost as well in the home economics work. They had a very well planned program at their monthly meetings. It included a good deal of recreation. The success of the agricultural group at Gila Crossing can be traced directly to the diligent work on the part of the leaders, Mr. Shea and Mrs. Byers. The Salt River group, our other Indian group in the County, did not fair as well. In fact, after about three meetings, I found that the members did not have their projects like they told the leader that they did and therefore, there was nothing to keep a record on. There were no agricultural completions in that club and it can be traced directly back to the fact that the members were enrolled without having a project and in many cases without having prospects of ever getting a project. Before that club organizes next year, there must be adequate facilities and more determined leadership on the part of Mr. Davis who did not carry through as he had promised this past year.

In all our 4-H Clubs, we are working toward a community club program. While this change over is very fast in some cases, it may take three or four years in some of the other communities. In Scottsdale this past year the senior group voted to hold a monthly night meeting instead of the half hour, once a week meeting they were holding in high school. Although the Scottsdale Senior 4-H Club did not have as good a program as they might have had this past year, they have laid the ground work and have given the club members and the parents the idea of community 4-H Club work. With a well planned program and additional leadership the coming year should show more improvement than in the past.

On September 28, 1950, Ass't. Agents Shoup and Voskuil attended a meeting at Sacaton at which time Indian 4-H Club work in general was discussed. A meeting called by Mr. Pratt, Principal of all Indian Agency Schools on the reservation in Maricopa and Pinal Counties, was for the purpose of setting up a policy in regard to the 4-H Club work on the reservations. The 4-H Club requirements were discussed and voluntary Indian leaders were in attendance, and gave their views of the program and what could be done to make it more effective for the Indian Club members. The Indian Agency feels a great need for 4-H Club work and intends to give it a boost in every way possible. The following policies were set up as a result of the meeting: First, Indian Agency operated schools will allow as much time as necessary to conduct the 4-H Club program in the school. Second, transportation will be provided by the school for 4-H Club members to attend and participate in County 4-H activities in both Maricopa and Pinal Counties. Third, any voluntary teacher leader will be allowed time and transportation to attend leader training meetings conducted by Extension Service personnel. Fourth, Indian agency officials will in some cases make financial arrangements for boys and girls to secure projects and carry on their work. Fifth, a great effort will be made to secure additional voluntary leadership from among parents, and to establish more livestock projects on Indian owned farms.

In summarizing organization and planning, it can be said that the County program of activities is planned primarily by the County Extension Staff, keeping in mind the suggestions, changes and recommendations made by the 4-H Club leaders throughout the year. The Extension Staff only assists in the organization of the local 4-H Club program. It is the responsibility of the local club leader to organize and publicize 4-H Club work in his community. It is the feeling of the County Extension personnel that we should help in any way possible, giving suggestions whenever they are needed and to try to get the leaders from the various communities to incorporate into their club program the activities which would be of interest to the club members.

A monthly letter of information, announcements and helps for clubs is sent to each leader the first part of each month. This letter includes recreation suggestions each time also. Clubs are encouraged to send in news of their activities to be included as an exchange of ideas. The September letter takes a calendar of County and State events as planned, then as these come up, reminders are given.

The weekly radio program over the KOY Station served to bring clubs, leaders and club members and their activities before the public, but the time of 2:00 P.M. on Saturday proved to be a very poor time for having 4-H Club listeners.

We were happy to have Miss America, Jacque Mercer, as a former 4-H Club member from Maricopa County. During an interview, Jacque was very gracious and generous with her praise of 4-H Club work. She has on several occasions posed with 4-H Club members from the County. The cover page of National 4-H Club News, during National Club Congress, carried a picture of Miss Mercer and Joan Walt and Bobbie Wright of Scottsdale. She also modeled one of her Simplicity designed costumes and talked to the group at a Style Show this Fall under the direction of Miss Ada Mae Marshall, Simplicity director.

The Litchfield Kiwanis Club has for the past several years given recognition to blue ribbon demonstration winners in the west end of the County by having them and their leaders as a guest at one of their dinner meetings at which time cash awards were made. They decided this year to let each club vote on the outstanding boy and girl in their club. These members were Kiwanis dinner guests and given a very good looking bronze medal denoting outstanding club work.

The college Leadership Class at Tempe was again this year under the direction of Mr. Gerald Fuller. County Extension Staff members continued to hold one session a week as planned by the State and County 4-H workers and Arizona State College Sponsor. This class gave excellent assistance with the County 4-H Fair held on their campus.

#### E. Leadership of 4-H Club Work

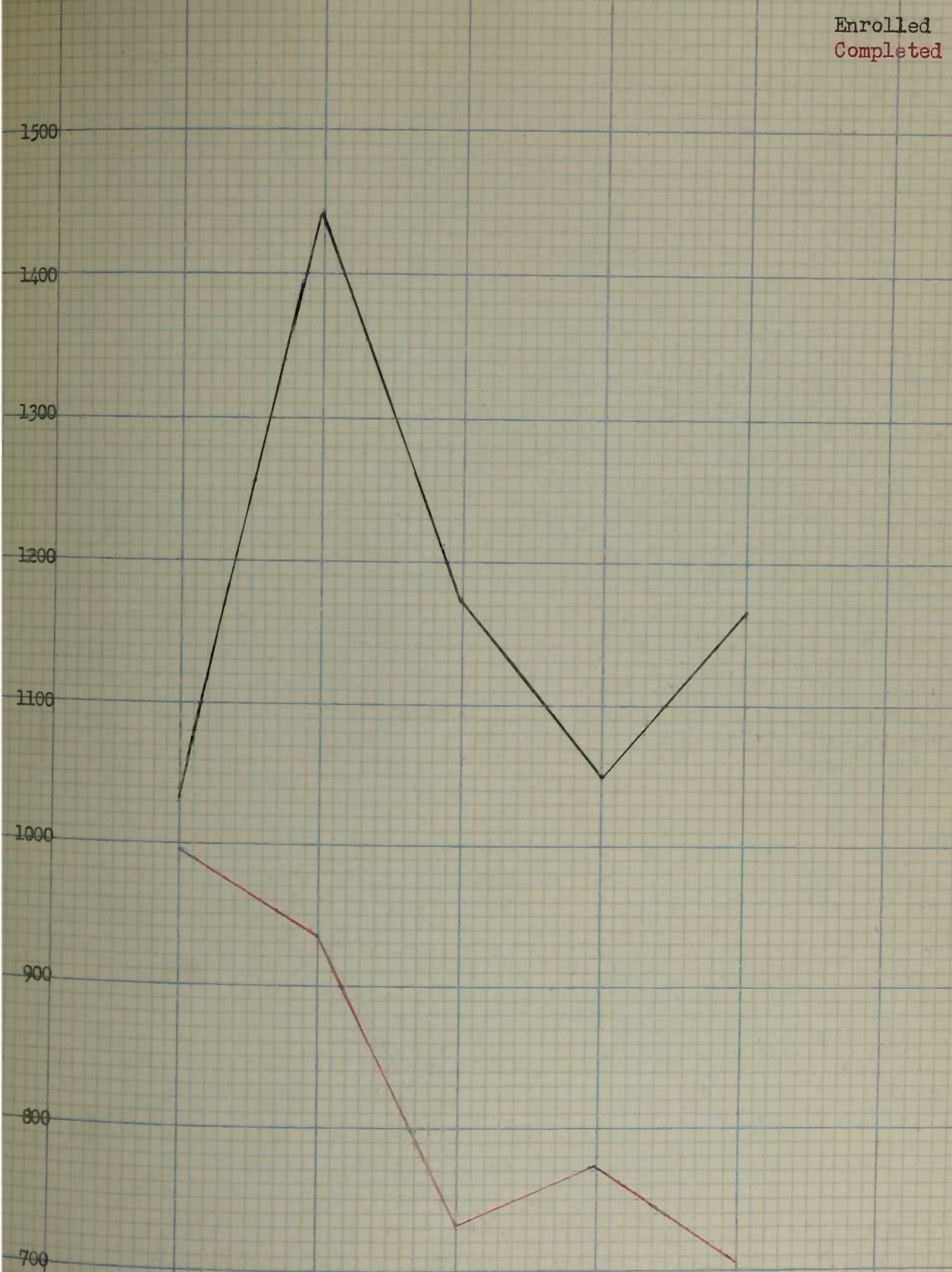
The problem of securing adequate, efficient and ambitious leadership for the 4-H Clubs in every community in the County is a real problem. Some communities take it upon themselves to find their own leaders, others expect the County Office to come out and pick the leaders for the club that year. We have emphasized the fact that it is a community program and that it is



No. 45-46 46-47 47-48 48-49 49-50

Enrolled  
Completed

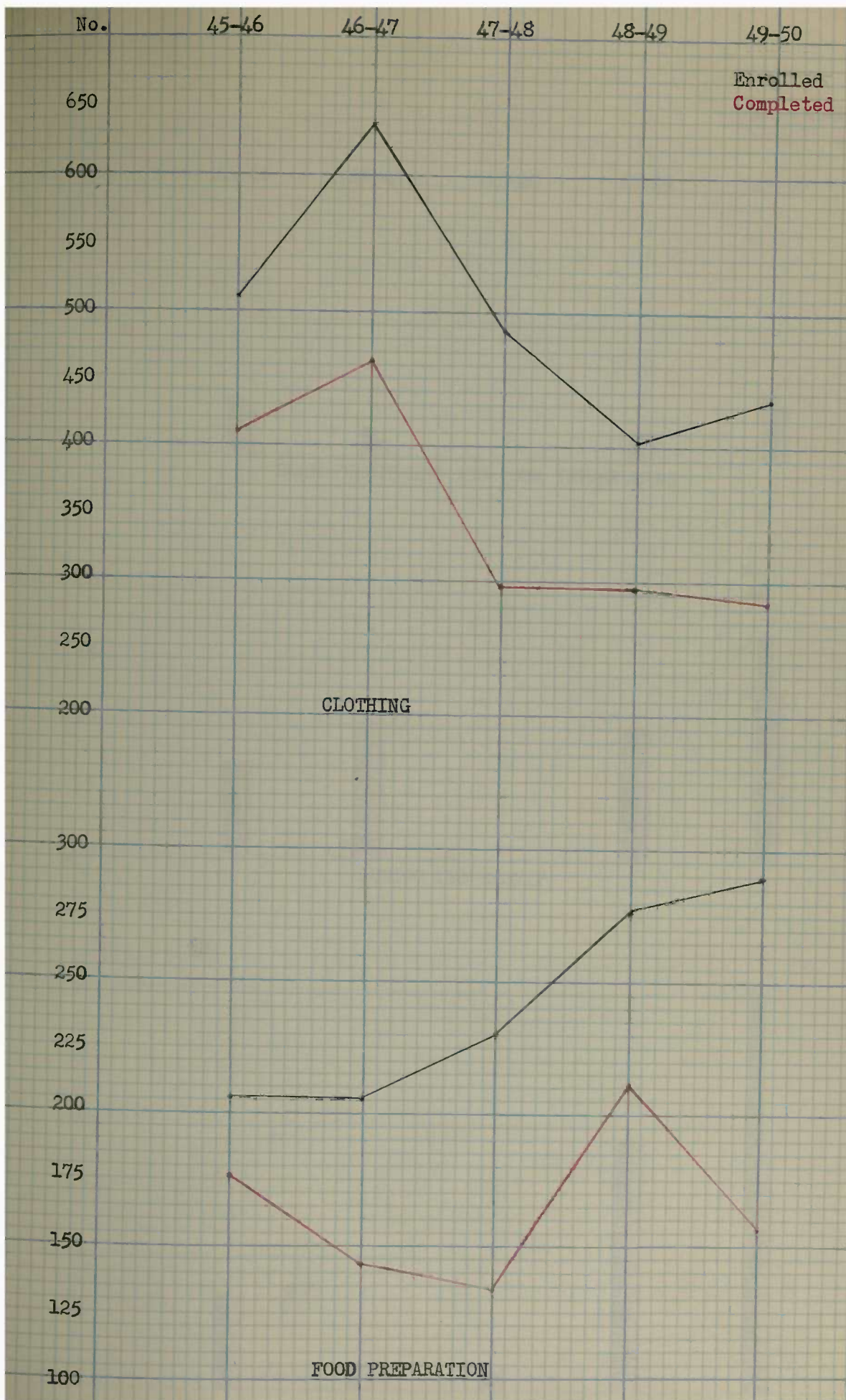
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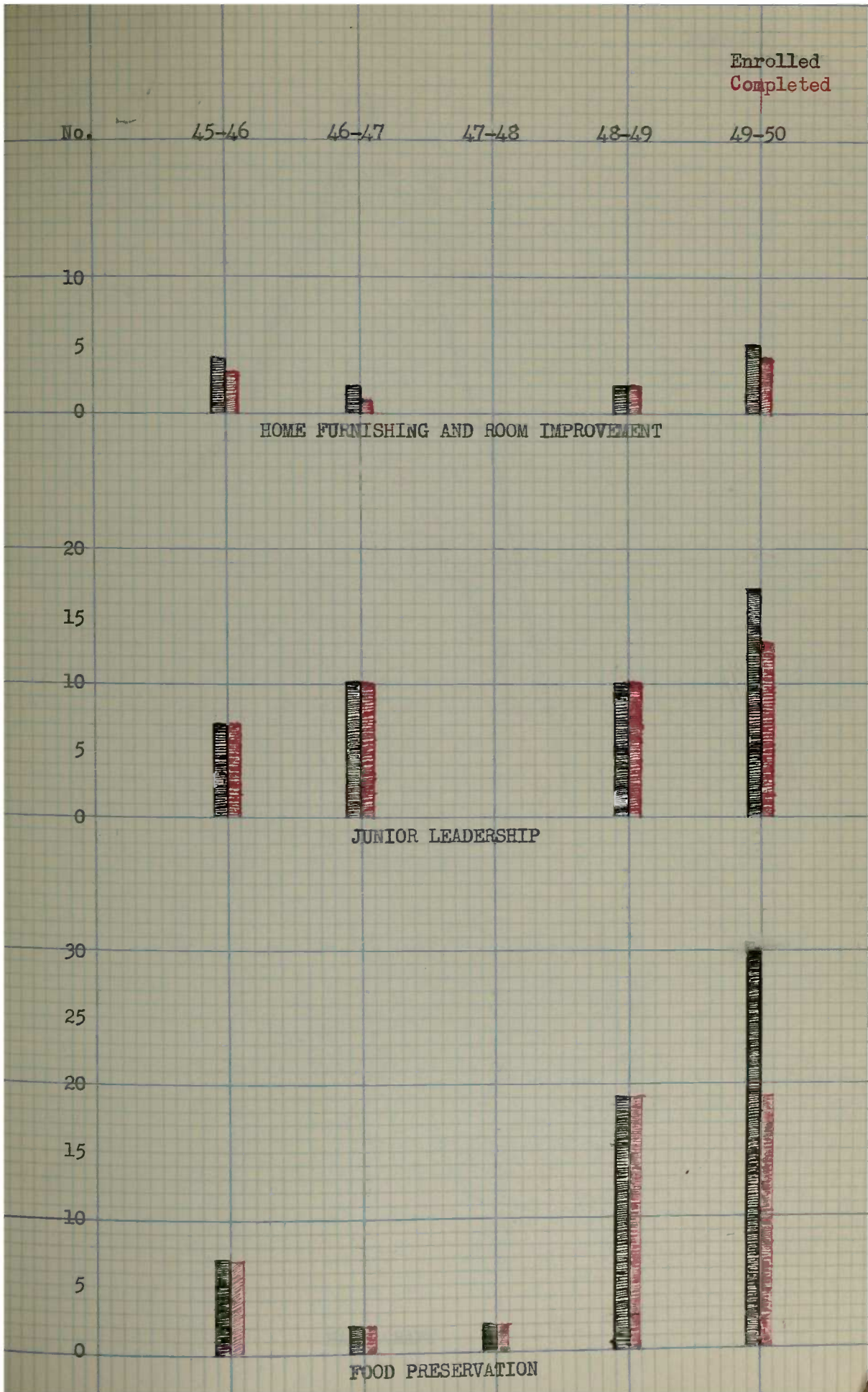


Percentage complete

87.9% 65.4% 62% 73.3% 60.7%

4-H ENROLLMENTS AND COMPLETIONS





No.

45-46

46-47

47-48

48-49

49-50

Enrolled  
Completed

160

140

120

100

80

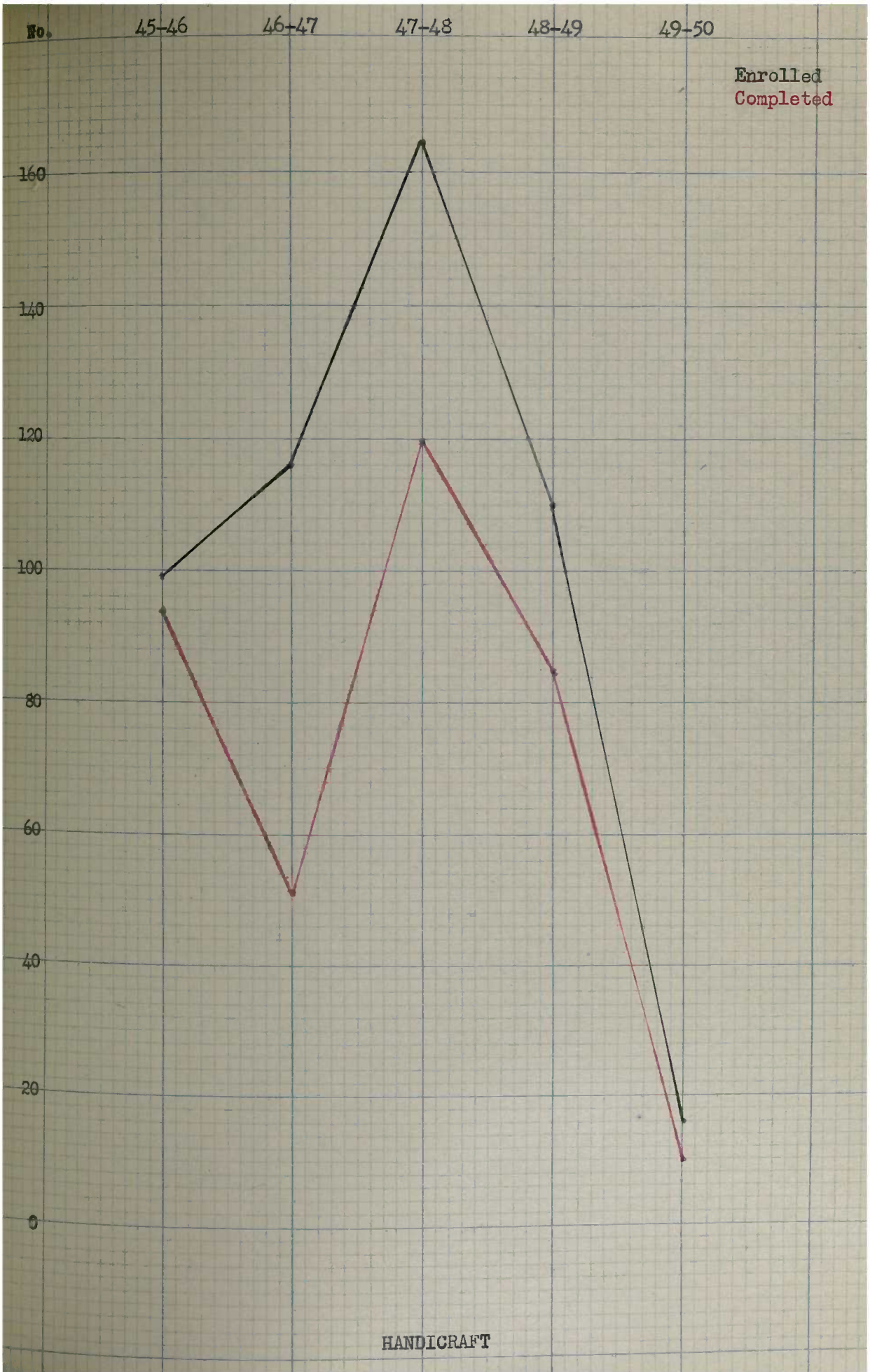
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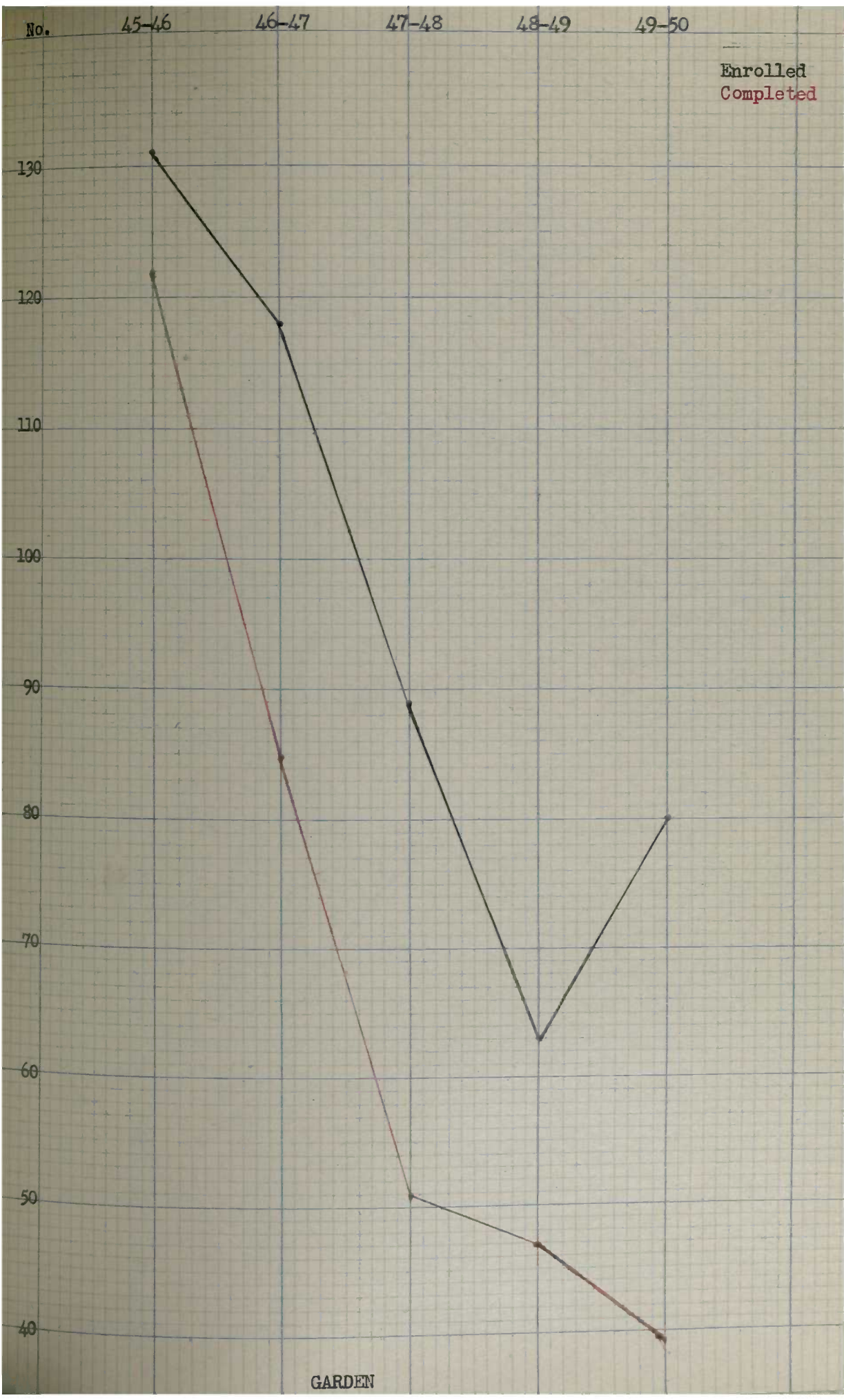
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20

0

HANDICRAFT





GARDEN

No.

45-46

46-47

47-48

48-49

49-50

Enrolled  
Completed

50

40

30

20

10

0

SWINE

140

130

120

110

100

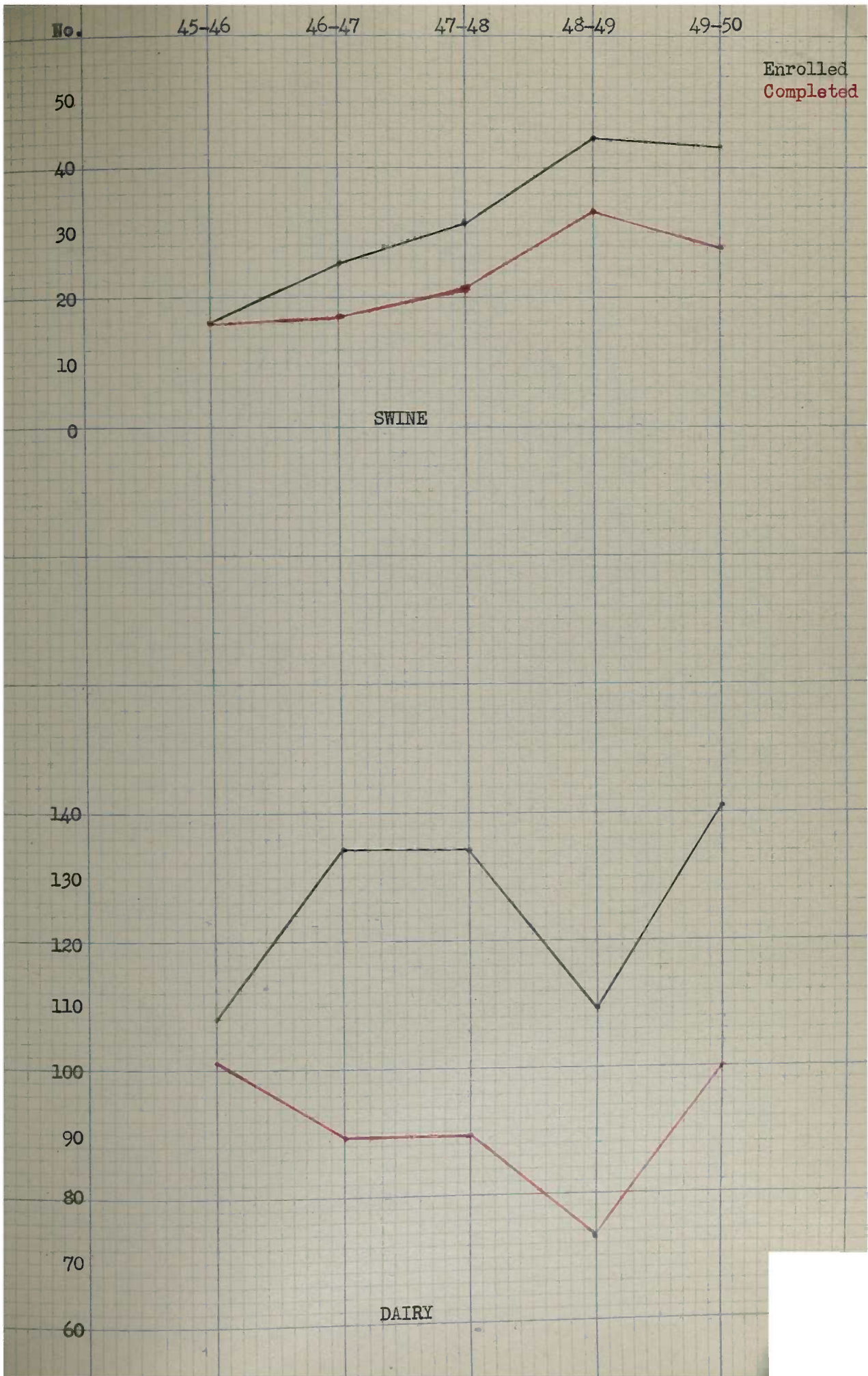
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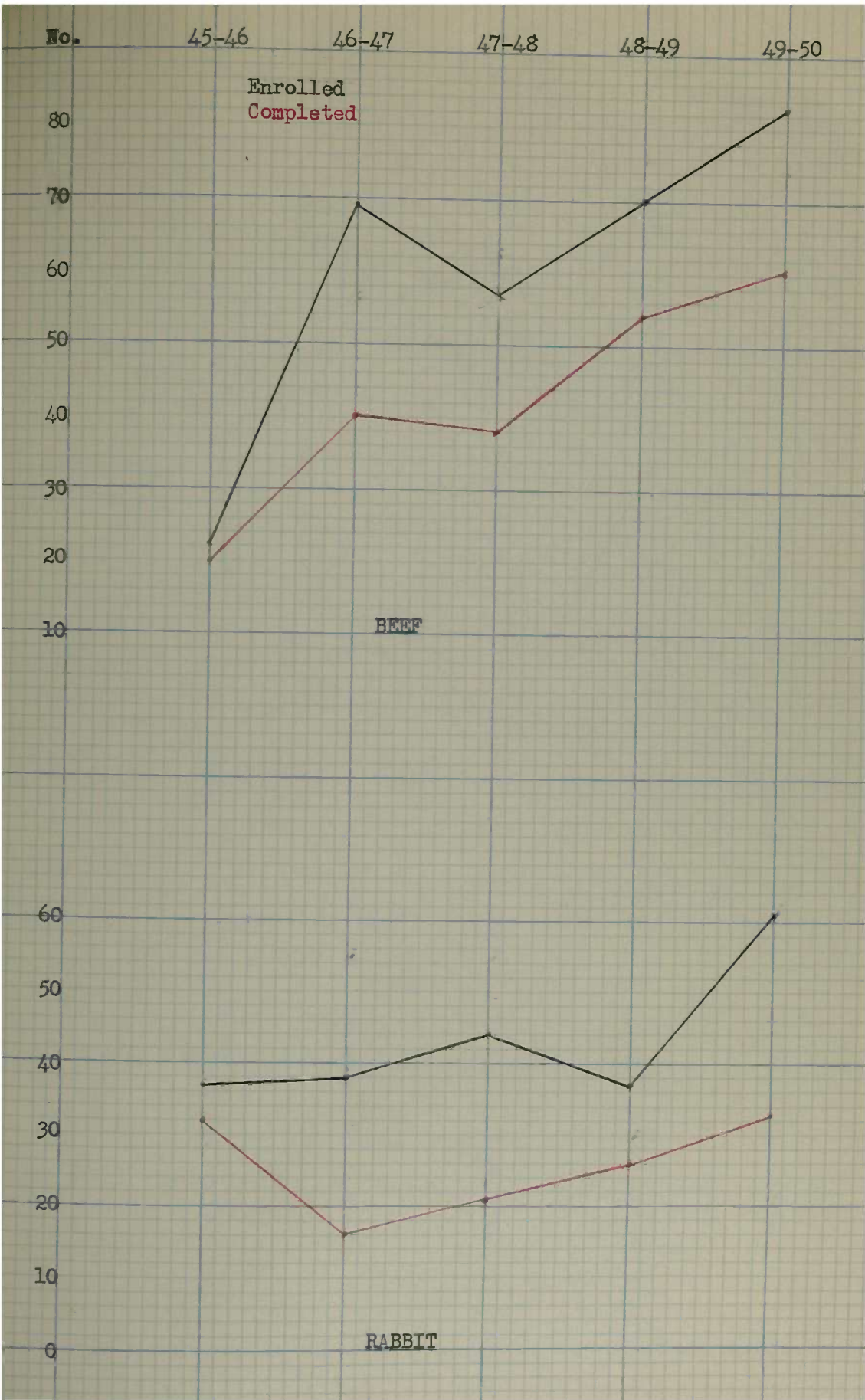
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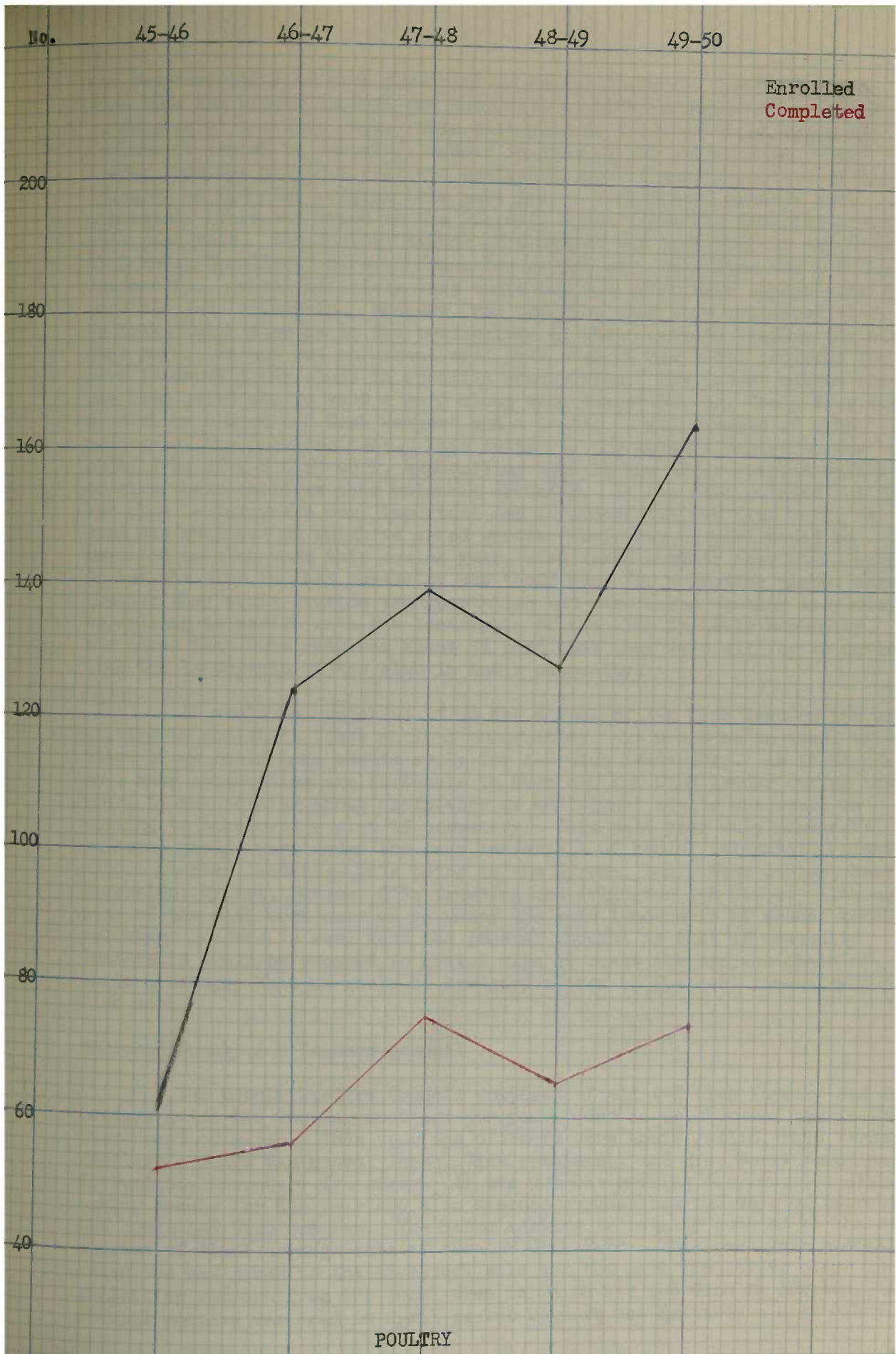
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60

DAIRY









the responsibility of each community to select their own leaders, and to give them the proper support and cooperation which is necessary to carry on successful 4-H Club work. This past year we tried in about every way we knew to assist in securing leaders in some of our communities. The leader from the previous year was contacted, and in most cases was willing to carry on the club program this past year. Farm Bureau members were contacted. This was tried in the Buckeye, Queen Creek and Chandler areas this past year. The Junior Chamber of Commerce was contacted in one case, that being Chandler. Several Homemakers groups were solicited for 4-H Club leadership. School officials were contacted and often made suggestions for possible 4-H leadership. Members from the past year were contacted then. We talked with some as to the possibility of their parents leading the club that year. We put out an urgent call over some of the radio programs for more leadership for clubs in specific communities. The latest method which has been tried was to send a card along with Folder No. 52, "Help Your Boy or Girl be a Good 4-H Club Member" and a letter to all parents of club members of the previous year. This letter to the parents explained the objectives of 4-H Club work, emphasizing that it was their responsibility to give their children this valuable training. It was also pointed out that the club leader was a very important cog in successful 4-H Club work. A card was enclosed on which we asked whether their boy or girl would be enrolled in club work this coming year, also asked whether they would agree to let the club in that community use their home for a meeting place, asked whether they would provide transportation and also asked whether they would be willing to assist with the leadership of the club in their community. On the cards that were returned about 5% said that they were willing to assist with the leadership of the club in their community.

It would be wonderful if we had a pool of 4-H Club leaders who are willing to assist in these various communities. It would be an ideal situation if we could have adults apply for 4-H Club leadership. As it stands now, many communities are fortunate to have one 4-H Club leader during the year, to say nothing about assistance or additional adults who would be willing to take over a club if necessary. This past year only nine agricultural groups were under the same leadership of school personnel, voluntary school teacher leaders,—this being in the Kyrene, Lehi, Mesa Junior, Buckeye, Riverside, Dysart, Laveen, Gila Crossing and Arlington 4-H Clubs. Although some of the club work carried on under the same leadership of school teacher voluntary leaders is very good the general thought is that if community leadership could be secured to assist with at least the project phase of their meetings, that we would be one step closer to the real community 4-H Club work.

#### Maricopa County 4-H Leaders Council

The County Leaders Council composed of all 4-H Club leaders and Junior Leaders holds two regular meetings per year. One in October and one in the first part of March. This year the officers were Louis Joslin, Palo Verde, President; Hodge Rasmussen, Isaac, Vice President; and Mrs. Harry Tompkins, Cartwright, Secretary Treasurer. At the October meeting they usually discuss coming events for the year and also discuss suggestions and ways of improving the local 4-H Club program. The March meeting is usually devoted to the discussion of final arrangements of the 4-H Club Fair. This past year special attention was given to the livestock sale and the part the leader plays in soliciting support from the local area in which his 4-H Club is located. A special meeting was held in April on the 25th at the Scottsdale High School

at which time the 4-H Club Fair was discussed and the awards for long time 4-H Club leadership were made. Mrs. Frank Hanna of the Rural 4-H Club was awarded a pearl clover pin and certificate for 15 years of 4-H Club leadership. W. J. Sutter of Alhambra was awarded the same 15 year pin and certificate. The five year pin and certificate went to Mary Joslin at Palo Verde. At the Council meeting held October 12, 1950, new officers elected were Cecil Fry, Scottsdale, President; Herbert White, Fowler, Vice President; and Jessie Junkin, Pendergast, Secretary Treasurer. A junior leadership application committee was appointed and consists of B. D. Stallings, Cartwright, Mrs. Hanna of Rural and Mrs. Othel Narramore of Palo Verde. Another committee was also appointed to set up a form on which the leader can rate himself at the end of the year in competition for the outstanding leader award presented by the estate of the late Dr. Ostrander of Arizona State College at Tempe.

Unfortunately only about one half of the leaders have been participating in the Leader Council activities. It might be the distance that some of them have to travel. In other cases it may be that the leaders are just too bashful to get out and attend the meetings. We feel that more unity of the County program could be achieved if participation in this Leaders' organization was more near 100%. We have tried to leave the council work up to the leaders so that they will participate freely and feel that it is their responsibility.

#### Junior Leadership

The Junior Leadership project and the development of young leaders for future leadership in communities throughout the County is becoming more important. The junior leader with the practical member experience he has had behind him and then working under an adult leader and carrying on a series of the club programs can be one of the most valuable leaders we can hope to have in the future. Those who completed the Junior Leadership project last year as certified by the State Office in the agricultural division are as follows: Harry Tompkins, Jr. - Cartwright, Tom Stallings - Cartwright, Homer Smith, Jr. - Madison, Louis LaSalvia - Roosevelt, Bondena Stevenson - Scottsdale. Junior Leaders in the Home Economic division are as follows: Betty Joe Tompkins and Ada Mae Smith of Cartwright, Georgiann Hussey - Icart, Billie Jane Narramore - Palo Verde, and Barbara Gaddis - Chandler.

To keep the Junior Leadership project on a sound basis, the County Leader Council President appointed a committee of three to go over all Junior Leader applications. The screening of the applications stemmed from a meeting held September 26, at which time all eligible Junior Leaders who were interested in carrying the project were asked to meet at the County Agent's Office. The requirements were discussed, the junior leadership record was discussed in detail and the overall program planning was brought to their attention. Suggestions as to business, program, recreation, health, safety and community service were given. It was emphasized to these eligible junior leaders that a variety of activities was very important in their 4-H Club meetings. It was also brought out that in addition to this overall community program plan, they would be expected to have a detailed project plan worked out for the project group in which they would be working this year.

In addition to the Junior Leader application form every member was asked to present a tentative plan of what they were to do as a project and how they would carry it out. Each member was also required to have two or more years experience in the project with which they would give help.

These applications were turned in to the 4-H Club Office by October 14 and the application committee met a short time after that and approved 25 junior leader applications for this coming year. It is from this group of junior leaders that we should be able to draw some valuable assistance in conducting various phases of the County 4-H Club program during the year. The Committee decided to have all approved Junior Leaders submit the completed club program plan and a report of accomplishments by December 15. A report from their leader will also be required. At this time final approval for enrollment in the project will be given only if good plans and progress are shown.

#### Leader Training Program

There has long been a need for a definite leader training program in the agricultural field here in this County. The work in the past was done at County field days and involved the leader and all the 4-H Club members. Usually only two or possibly three County Field days a year were held. The primary subject would be judging of agricultural projects. Some time was devoted to giving leaders helps and assistance which they needed at the leader council meeting. This was far from adequate and reached only about one half of the leaders. This year a new leadership training program for agricultural leaders has been started. There has been a great need for a project outline based on the 4-H Club manuals which we have to offer the club leaders. When they organize their club, we give them the manual, the project requirement bulletin, the planning sheets and the other material which they need and unless it is broken down on a meeting basis, the leaders are very apt to lay it aside and say "I don't know how" or "I don't have the time to do it." This year the five major projects - dairy, poultry, livestock, gardening and rabbits have been outlined on a meeting lesson basis, and is based on the project bulletins which we have to offer club leaders. With this outline, they can take their project group and very easily carry on an eight or ten meeting discussion of dairy, poultry, livestock or whatever group they might have.

At our first leader training meetings held October 24, 25 and 26, we presented these outlines to the leaders and went over one lesson in each group on each project outline to give them an idea as to how it might be used in their 4-H Club. The meeting at Liberty on October 25, was only attended by leaders from two clubs. The meeting held in Phoenix at the County Agent's Office was attended by representatives from 16 different clubs. The one held at Mesa was attended by representatives from 6 clubs. Therefore, over two-thirds of our agricultural clubs were represented at these leader training meetings. If the leader did not attend the meeting, the Ass't. Agent made a personal contact with him and gave him the outlines and briefly discussed it with him. At the same time that this contact was made, it was brought out that the leaders asked for another leader training session in January of this coming year. Since the leaders asked for it, we will expect them all to be there. One hundred percent participation is a lot to ask, but we can expect the leader to put out some of his time to better equip himself to carry on his own 4-H Club program. With the limited amount of time that the Agent can spend with each 4-H Club during the year, it is becoming more important that the leader be properly trained so it takes less of the Agent's time to devote to each 4-H Club.

#### Clothing:

During January two leader training meetings for 4-H Clothing Club leaders were presented by Miss Church, State Clothing Specialist. Particular

emphasis was placed upon work of second year level and above, since information and techniques regarding first year clothing work had been presented to these leaders either in previous training meetings or through Agent contacts. Information was presented and demonstrated on the following subjects:

1. First Year Clothing
  - a. Techniques for each article were discussed briefly.
2. Second Year and Advanced Clothing
  - a. Seams, facings and fastenings for laundry bags.
  - b. Seams, darts, neck finishes and hems for slips.
  - c. Selection of patterns and fabrics for dresses.
  - d. Construction techniques pertaining to dresses.

#### Food Preparation and Food Preservation:

Two leader training meetings on 4-H Food Preparation and Food Preservation projects were presented by the Extension Nutritionist. Requirements for the Food Preparation and Food Preservation projects were discussed and the organization of revised food preservation units was outlined.

The following method for conducting 4-H foods project meetings was recommended:

1. Follow up from previous meeting.  
Judge products made by members.  
Demonstrations of previous lesson by members.
2. Presentation of current lesson.  
Demonstration or discussion by leader.  
Set standards.
3. Assignment.

Methods of preparing the following were demonstrated:

1. Fresh citrus  
Whole sections  
Halves
2. Soft custard
3. Tomato sauce

Leaders were informed of other materials pertaining to foods projects which are available.

1. Film strips - egg cookery, meat cookery
2. Charts - Basic 7, Meat
3. Bulletins
4. Food Models

#### Home Management:

In February a training meeting was held for Home Management leaders and members. This meeting was conducted by the Ass't. Home Demonstration Agents and had as its purpose the teaching of the following to members and leaders:

1. The principles of work simplification.
2. How to do time and motion studies.
3. How to use the Home Management manuals.
4. What type of activity is suitable for a Home Management project.
5. Keeping records

## Judging and Demonstration:

During March, three Judging and Demonstration training meetings were conducted by Ass't. Agents Shoup and Twitty. Approximately 50% of the Home Economics 4-H Clubs in Maricopa County were represented.

Foods and Clothing classes were set up and judged as in contests. Leaders and members received training in:

1. Standards for each article or product.
2. How to give oral and written reasons.
3. The rules and regulations of judging contests.
4. Evaluation of judging and its continuous use.

How to demonstrate was taught by actually presenting a demonstration. The three main steps of organization of this or of any other demonstration were discussed by members and leaders. 4-H groups followed up this training day by having judging and demonstration contests in their own clubs to select teams for the 4-H Fair. Emphasis was placed on program planning to include continuous use of demonstrations and judging in meetings.

Greatest evidence that leaders made use of the help given them at leader training meetings was in the improved quality of garments and products made by members.

Again this year, leaders most in need of training are those who do not attend training meetings. This "absenteeism" is not wholly due to school teacher leaders. Reasons for not attending leader training meetings include:

1. Failure to realize the importance of the training (partly because some leaders feel they already know all about this subject; others are merely negligent)
2. Legitimate excuses such as illness.
3. Some school teacher leaders are not excused during school hours, even though all principals have been contacted and have given their consent to Agents regarding this matter.

Every attempt is made to insure good attendance; letters are written to leaders and school principals, personal reminders are extended wherever possible, and meetings are scheduled in different areas throughout the county so that leaders will not have to travel great distances. Leaders who do not attend training meetings are supplied with any printed materials which were presented at the meeting and a brief summary of the meeting. They are requested to schedule a meeting with an Ass't. Home Demonstration Agent at some time other than at their regular meeting, to discuss the information presented at the training meeting. Leaders who do not take advantage of this opportunity are contacted by home visits whenever possible.

Leader training in meal planning and clothing projects for the 1950-51 club year again stressed:

1. Requirements, standards and techniques.
2. Using the demonstration method to teach.
3. Suggested methods for conducting the project meeting.

In addition, home economics leader training for the coming year emphasized the importance of:

1. Preparing a written program plan for project work.
2. Familiarizing parents with all aspects of 4-H work.

These leader training meetings were conducted by Ass't. Agents Shoup and Twitty. Letters were sent to all leaders prior to these meetings giving the time and place for every meeting. These letters were also sent to principals of school teacher leaders in order that arrangements might be made to dismiss the teachers from classes.

Clothing Leader Training meetings were held at Palo Verde, Riverside, Phoenix and Mesa. Twenty-six leaders representing slightly more than 50% of the communities having 1st and 2nd year clothing attended.

Seven leaders representing five communities attended the Meal Planning Leader Training meetings. Here again this was approximately 50% representation.

In both cases leaders not attending the training meetings were contacted by letter giving them a brief summary of the meeting, and a copy of mimeographed material presented at the meeting and suggesting that they make arrangements for an Ass't. Agent to meet with them regarding this information. Those leaders who requested assistance (very few did) were taken care of immediately. Others have been and will continue to be given this information as the Ass't. Agents are able to contact them.

#### F. Local 4-H Club Programs

##### Achievement Days:

All but one 4-H Club in Maricopa County had an Achievement Day Program. Types of programs presented at these achievements varied but all included one or more of the following:

1. An exhibit of the members' project work
2. Talks and demonstrations by 4-H'ers and their leaders regarding their 4-H activities.
3. Dress revues.
4. Pot luck dinner.

At least one representative from the County Office attended each of these achievements to present pins and certificates to members who had completed their project work. In some cases the Achievement Days were held as a part of the school awards program, in others as a part of the monthly Farm Bureau meeting, but in most cases, community 4-H Clubs planned and carried out their own achievement programs with parents and other interested persons invited.

##### Program Planning:

No record was kept regarding the number of clubs preparing written programs but an estimated 25% of the 4-H Clubs in Maricopa County did so. Those clubs which plan written club programs feel that it is very worthwhile,

and, as might be expected, these groups are more active in all phases of 4-H activity than groups without written programs. An increase in program planning is showing up this year. Written programs have proved helpful for the following reasons:

1. Much of the responsibility for the program is shifted from the leader to the members since everyone knows what is to be done and who is responsible for doing it.
2. Project work is more apt to be completed on schedule.
3. Demonstrations and judging practice by the members are more likely to be included in the regular project meeting.
4. Participation in health and safety, community service and recreational activities is greater when clubs plan written programs.
5. Participation in tours, field trips, judging and demonstration days, and other county events, is greater when clubs plan written programs.

#### Local 4-H Recognition:

Gila Crossing 4-H'ers were honored at a banquet presented by the Gila Crossing P.T.A.

Each member told of his 4-H activities during the past year. Parents and other members of the community also talked on the benefits of 4-H Club work.

The 4-H'ers sang several 4-H and other songs and repeated the 4-H pledge.

Two poultry club members presented a demonstration which was their first attempt. It was not a polished demonstration, but was certainly graphic.

With a great deal of emphasis being placed on the planning of the community 4-H Club program, we also found that more attention was being paid to the planning of the project phase of the 4-H Club program for the year. The Community meeting held once a month with boys and girls in attendance is very important. It has to be a good business meeting. If the project meeting is a failure, the youngsters lose the educational value of carrying a project and keeping their records and learning how to judge and demonstrate. It is in the project phase of this 4-H Club work that they get the more specific information about the project field in which they are working. With this in mind, 4-H Club leaders, especially the agricultural leaders, were reminded repeatedly that it was important to plan a program of activity for the project groups, to keep them busy with a variety of activities and as they left each project meeting they should leave with a feeling that they had learned something new and had accomplished something at that session.

With the trend being toward more community leadership and more of the 4-H Club meetings being held away from the school facilities, it can also be seen that more of these project groups are devoting more time to judging and demonstration work in the field, especially where the project groups meet at the home of one of the members. Tom Johnson, the Chandler leader, with the sponsorship of the Junior Chamber of Commerce arranged for a judging field day for the Chandler, Higley, and Queen Creek 4-H Clubs this past March.

Mr. Joslin of the Palo Verde Club arranged for a similar judging field day for the Arlington, Palo Verde, and Buckeye 4-H Clubs. There are still too many agricultural groups which depend on the County Office to arrange for any and all judging done by their 4-H Club members.

Four County judging field days were held during the past year. One at Arizona State College at Tempe in the Fall to select the judging teams for the State Fair. The second was held in January at the Lawrence Robertson Ranch, west of Tolleson, at which time only dairy and poultry was judged. The third field day was held at Arizona State College Farm at Tempe on March 18, at which time the agricultural teams were selected to represent this County at the 4-H Roundup in June. The fourth County judging field day was a strictly beef judging session to select the Maricopa County teams to participate in the Phoenix Stock Show judging contests. The beef judging was done at the Suncrest Hereford Ranch and the Pierce Shorthorn Farms. Although these four County judging field days are held each year, it is not enough because there isn't time to give attention to all the details which youngsters have to have to learn how to judge. It takes a lot of experience and practice before these youngsters become good judges and the balance of that work and the majority of it must still be done by the local 4-H Club leader with his own club in his own community. This is being constantly emphasized and some results have been noticed.

Of particular interest is the fact that several junior fairs are held throughout the County during the fall and spring of each year, and all these fairs are held prior to the Maricopa County 4-H Club Fair in April. A fall fair was held at Gilbert and Chandler which gave 4-H Club members in the eastern part of the County a chance to participate in competition. A spring fair was held at Buckeye, Glendale, Cashion and Scottsdale giving a good many other club members throughout the central and western sections of the County a chance to get some practice in showing their animals before they brought them to the County 4-H Fair. The Scottsdale Junior Fair was directed entirely by the Senior 4-H Club members and drew entries from nine 4-H Clubs in the central section of the County.

Something a little bit unusual as far as the local 4-H program is concerned is the fact that one of the leaders in the Scottsdale community, Mr. Cecil Fry, had the misfortune of having his home destroyed by fire. It was the Scottsdale 4-H Club members and parents who put on a benefit dinner and raised almost \$500 to help refurnish and rebuild his home.

Two project groups worked with the tractor maintenance project this past year. The Cartwright and Glendale 4-H Clubs were under the project leadership of Harry Tompkins and Emil Rovey respectively. The members were very interested in the tractor maintenance program. The leaders felt that it was the best outline project which we have in 4-H work. The record books are particularly good and it lends itself to a workshop type meeting, which the members enjoy. It is an ideal type of thing and is set up on the demonstration basis. The meetings which were attended were very well carried out by the leader.

The State winners who attended the National 4-H Club Congress and the National 4-H Club camp in Washington were used as speakers at several 4-H Club community meetings this past year. Gilbert, Washington, Buckeye, Deer Valley and Palo Verde all invited the winners of this County to speak at their club meetings. The club members of these various groups seemed very



interested in how they won their trips to Chicago and Washington. It was brought out each time that these State winners had to start and keep building up and working hard to compile a creditable all round 4-H Club record before they won the right to represent this State at the National 4-H Club Congress or Camp.

#### Recreation, Health and Safety:

As a result of the recreation school held in December of 1949, most 4-H Clubs in Maricopa County include recreation in their 4-H Club program. All club members are required to fill in the G-2 health sheet in their record books and several clubs plan additional health activities. Icart and Cartwright 4-H Club members had physical and dental check-ups and, these and other groups included films, discussions and reports in their health program.

#### Judging and Demonstrations:

The importance of 4-H'ers judging and demonstrating was stressed at all training meetings. Probably an increasing number of 4-H groups are including these activities in the regular program but too many 4-H'ers still prepare demonstrations for contest purposes only. As the year progressed it was apparent to the Ass't. Agents that 4-H members coming to County judging events as presented above under leader training program were more aware of the standards for foods products, and clothing articles.

#### G. 4-H Activities

##### Maricopa County 4-H Club Fair:

The twenty-fourth annual Maricopa County 4-H Club Fair was held April 14 and 15 on the campus of the Arizona State College at Tempe. This fair gives the boys and girls throughout the County a chance to compete and exhibit their projects which they have carried during the 4-H Club year. It also gives the public an opportunity to see what progress is being made in 4-H Club work, also a chance to view the exhibits which the boys and girls have prepared.

Preparations for the 4-H Club Fair started way back the previous October when the County Council had its meeting and made suggestions and recommendations for the coming event. Then in December the County 4-H Club Fair Commission met. This Commission, composed of representatives from the Leaders Council, County Extension Office, Arizona State College at Tempe Leadership Class and the advisor of this 4-H Leadership Class, sat down and went over the premium list which was to be used for the 24th Annual County 4-H Club Fair. The Fair Commission's recommendations were followed very closely in setting up the premium list. Their recommendation as to the program at the 4-H Club Fair was followed very closely. They suggested that the Fat Stock sale be at 9:30 a.m. to give more time to the Farm Bureau picnic. They also suggested that the Judging Field Day, at which time we select the teams to represent Maricopa County at the 4-H Club Roundup, be held at a separate time other than at the 4-H Fair because the program was too crowded. The Breakfast Contest was also to be held prior to the fair. These were the main changes and proved to be for the better.

In the agricultural department we had the following entries: Handicraft - 28; Beef - 64; Dairy - 124; Poultry - 198; Rabbits & Pigeons - 134; Sheep & Swine - 63; Vegetables - 136; Flowers - 57 and Insects 7.

The physical part of the 4-H Club Fair was set up by the Arizona State College Leadership Class under the supervision of Mr. Gerald Fuller. This class took over the responsibility of receiving entries in their department, of getting their department ready for the entries and also were responsible for getting the entries in the various departments judged. They did an excellent job in running the physical part of the Fair. The poultry division particularly was set up very neatly and this was the first year that all the birds and rabbits have been leg-banded and ear-marked for positive identification. No difficulty was encountered when the entries were being checked out.

The four girl members of the class were the best help ever had. Two were former 4-H members and another a prospective H.D.A. who was anxious to learn about the work. These girls also recruited other assistance needed.

Much credit for the success of the 4-H Club Fair was due Mr. Gerald Fuller and the members of the 4-H Leadership Class who carried out their work as it was planned and did an excellent job from start to finish.

The general program for the Fair called for receiving of the entries Wednesday evening and Thursday. The Clothing entries were judged Thursday. Foods ~~were~~ judged Friday morning. Home Economics judging contests and dress revue judging was held on Friday afternoon. Local leaders served as chairmen and helpers in contests.

The agricultural entries were judged Friday morning, starting with beef and dairy at 8:30 a.m. There were two show rings and the beef and dairy were judged at the same time. The poultry and rabbit division was not judged until 10:00 a.m. Friday morning and the same goes for the vegetables. Following the judging the beef and dairy showmanship contests were held and the Demonstration contests followed that.

On Saturday morning the Home Economics demonstration contests were held.

On Saturday morning the agricultural activity for the most part was the livestock sale which began at 9:30 a.m. Al Downard from Glendale was the auctioneer. Then came the Farm Bureau picnic and that was followed by the Awards program and dress revue Saturday afternoon.

Judging of the agricultural exhibits was done mainly by Extension Specialists as follows: Kenneth McKee - Handicraft; Harvey Tate - Flowers and Vegetables; Walter Armer - Beef; W. R. Van Sant - Dairy. Outside judges were as follows: E. S. McSweeney - pigeons; John Wells - rabbits; Don Steward - Swine; Burt Heywang - Poultry. Ted Myers assisted Walter Armer in judging beef.

As each member entered the show ring with either a beef or dairy animal he was given a number and he kept that number until the showing was completed. If he did a good job while showing his animal in the various classes, he was selected to compete in the Junior and Senior Showmanship (Beef and Dairy) finals. The numbers were called out and the youngsters were brought back into

the ring if their number was called. The Champion Senior Beef Showman was Tom Stallings, Cartwright, and the Junior was Ira Beck, Glendale. Senior Dairy division winner was Alfred Austin, Scottsdale, and the Junior division winner was Allen Dale Eads of Madison.

About 2:30 p.m. the demonstration contests started with a dairy, livestock, poultry and rabbit and miscellaneous ring set up and operating at the same time. Twenty-two demonstrations were presented, six each in the dairy and livestock and five in the poultry and rabbit and miscellaneous divisions. In each of these respective divisions a Junior and Senior individual and a Junior and Senior team was selected to participate in the State Contest at the 4-H Roundup in June.

With the first day's activities concluded by about 4:30 p.m., the members of the 4-H Leadership Class at the College took over and were responsible for the boys who stayed at the camp Thursday and Friday night. The boys slept on the grounds, and this year no special activities were arranged for them because they were there under the supervision of their own leaders and it was felt that they could participate in whatever activity they wanted and most of them preferred to take a spin through Tempe. If a good evening program were lined up for the boys and girls staying over during the Fair, it would be an improvement. This is a possibility for next year.

The livestock auction started Saturday morning about 9:30 a.m., April 15th. Twenty-eight beef animals were sold, 18 fat hogs and 6 fat lambs. The order of the sale of these fat animals was determined the previous day as the animals were judged in their light and heavy weight groups respectively and when they left the ring they were marked with even or odd numbers. The heavy animals were marked 1, 3, 5, 7, 9, etc., as they stood in their class and the light group was marked 2, 4, 6, 8, etc., as they stood in their class. The sale order was determined by the number which they had painted on their side. They were stamped with an ear tag for positive identification corresponding to the number which they had painted on them. After all the fat steers were sold, the heifers were sold in their respective order as they stood in their class. Conditions of the sale were that as soon as the animal was sold, the boy was not to feed or water the animal and that immediately following the sale all fat stock was trucked to the Cudahy scales and weighed. That was the selling weight. No shrinkage was allowed. The buyer had the alternative of either sending the animal directly to Cudahy for resale; picking the animal up themselves at the plant, or having another packer process the animal for them. Checks were made payable to the boys and sent to the County Agent's office so a positive check could be made to make sure the boys got paid for their animal.

The beef animals sold for, the top one going at 40¢ per pound, the next one at 35¢, the next for 33½¢, five at 30½¢, seven for 30¢, two for 29½¢, four for 29¢ and three sold for 28½¢. One fat heifer which was not a desirable type of animal was sold for 25½¢. The prevailing price on the day of the sale was 27¢ so all but one boy received at least 1½¢ premium above market price.

Prices on the hogs ranged from 17¢, which was about market price that day, through 26¢ for the top animal. Lambs ranged from 26¢ to 32¢. The buyers seemed very pleased with all the animals. Several of the animals dressed out over 63% with the top fat steer dressing out 64.7%. Twenty-three different buyers purchased animals and no one buyer bought more than five animals. Almost every 4-H Club boy selling a fat animal received a small premium. Several of the parents who expected their boy or girl to make big money were disappointed.

The question of large premiums for the 4-H Club livestock will always be a debatable one. The general feeling of the buyers in this County is that a small premium is fine and that an outrageously large premium defeats its own purpose.

The Maricopa County Farm Bureau had their annual picnic at noon and this picnic was followed by the assembly program at 2:00 p.m. in the College Auditorium. The Master of Ceremonies at this assembly program was Talmadge Huber, President of the Arizona State College 4-H Leadership Class. A word of welcome was given by Gerald Fuller, instructor of the class, response was made by Mr. Howard R. Baker, Assistant Director of the Extension Service and a short talk was made by Warren Austin, President of the Maricopa County Farm Bureau. The program then went ahead with a revue of the dresses which had been made by the girls in the Home Economics Department followed by the giving out of the awards for demonstrations and judging. The announcement of the teams representing the County in the agricultural division of the Roundup judging contest was not made until the assembly program. This was the contest that was held March 18th at the College Farm and the results were announced at this assembly program. This way it brought in all the awards at one time.

The Phoenix Kiwanis Club again contributed awards to outstanding exhibitors at the 4-H Fair. In the Beef Division they gave a feeder calf to the 4-H'er exhibiting the champion fat animal. This award cannot be awarded to the same member two years in succession which made Homer Smith, Jr., Madison, ineligible even though he showed the two top animals. A total of \$100 was made available to purchase awards for champion exhibits in each division which Agents considered worthy of a prize. Winners were as follows:

Beef (steer)	Frank Erramuzpe	Gilbert	Feeder Calf
Beef (heifer)	Edwin Jones	Laveen	Feeder Calf
Dairy	Alfred Austin	Scottsdale	
Rabbit	Dick Reinbold	Isaac	
Poultry	James Pippl	Scottsdale	
Swine	John Reddell	Scottsdale	
Handicraft	Ronald Vietmeier	Scottsdale	
Vegetable	Junas Kahn	Fowler	
Clothing	Joan Walt	Scottsdale	Pinking & Cutting Shears
Food Preparation	Betty Boggio	Scottsdale	Pressure Saucepan
Food Preservation	Georgiann Hussey	Icart	Set of Knives
Home Furnishing			
& Home Management	Billy Jane Narramore	Palo Verde	Iron
Secretary	Margie Heffelfinger	Washington	Fountain pen

On the Tuesday following the Fair these respective division champions were guests of the Phoenix Kiwanis Club at which time they were introduced to the Kiwanis Club members.

A total of 812 entries were received in the Home Economics Department at the 4-H Fair. These were distributed as follows:

Clothing	476
Foods	272
Food Preservation	59
Home Furnishing	5

Exhibits were quite representative of 4-H work done in Maricopa County. The quality of the clothing exhibits showed improvement over the 1949 exhibits. The number of foods exhibits increased over the 1949 figure making for more competition in that area. Foods exhibits were very crowded. Space for clothing exhibits was adequate, though not optimum.

All entries were classified into blue, red, white and no ribbon groups and so designated by small ribbons. The top three of the blue ribbon class in each lot were awarded a large blue, red, or white ribbon. This system of judging is now well understood by 4-H leaders and members and they are in favor of continuing it. This year posters were made to explain the judging system to the public. This practice needs to be enlarged upon and continued. It is the feeling that this system gives more importance to the top three, yet the classification serves the same educational value as the true danish system of judging.

Champions were named in all projects and merchandise prizes were awarded to each by the Phoenix Kiwanis Club as mentioned above.

Awards were made to the champion exhibitors in each project year's work of the Home Economics Divisions at the 4-H Fair. Awards were made on the basis of the 4-H'ers exhibits at the Fair as follows:

- 3 points for each blue ribbon entry
- 2 points for each red ribbon entry
- 1 point for each white ribbon entry

Sears & Roebuck of Phoenix awarded a dress length of fabric to class winners in the Clothing Division. Foley Equipment Company donated kitchen equipment awards to Food Preparation and Food Preservation winners. Equipment awards were made to Food Preparation and Food Preservation winners at local achievements. Exhibits of Clothing winners were placed on display for one week in Sears & Roebuck window. Champion Clothing exhibitors were:

Joan Walt	Scottsdale	Advanced
Barbara Gaddis	Chandler	4th Year Clothing
Shirley Rademacher	Deer Valley	3rd Year Clothing
Sharon Vietmeier	Scottsdale	3rd Year Clothing
Mary Louise Tompkins	Cartwright	2nd Year Clothing
Juanita Dees	Scottsdale	1st Year Clothing

Champion Food Preparation Exhibitors were:

Virginia Solas	Gilbert	1st Year Foods
Roberta Jean Hayden	Scottsdale	1st Year Foods
Mae Allen	Scottsdale	1st Year Foods
Marie Holt	Palo Verde	1st Year Foods
Eva Earle	Alhambra	1st Year Foods
Delores Vining	Pendergast	1st Year Foods
Shirley Rademacher	Deer Valley	2nd Year Foods
Shirley Doyle	Cartwright	3rd Year Foods
Mary Lou Bergero	Balsz	4th Year Foods
Betty Boggio	Scottsdale	5th Year Foods

Champion Food Preservation Exhibitors were:

Harriet Hussey	Icart	Food Pres. - Unit I
Ada Mae Smith	Cartwright	Food Pres. - Unit II
Betty Joe Tompkins	Cartwright	Food Pres. - Unit V
Georgiann Hussey	Icart	Food Pres. - Unit V

## Contests:

Eighty-two 4-H'ers participated in County Foods and Clothing judging contests. Each Club was allowed to enter a team in the junior and senior division of both the Foods and the Clothing contest. About 50% of the 4-H Clubs in the County entered at least one team. Twenty-five percent of Maricopa Home Economics Clubs entered a team in every contest they were eligible to enter.

Twenty-three individual or team Home Economics demonstrations were presented at the Fair. These were distributed in the various subject matter fields as follows:

Clothing	6
Food Preparation	12
Food Preservation	2
Home Furnishing	1
Dairy Foods	2

Many of these demonstrations were not of good quality and Roundup entries required a good deal of additional training.

The Maricopa County 4-H Breakfast Contest was held April 1, at Balsz School. This contest was held prior to the Fair because of crowded time and facilities at the Fair. In this contest a team of two Foods members plan a menu for a day, shop for the breakfast menu, prepare and serve the breakfast. Two hours are allowed to prepare, serve and do up the dishes for the breakfast which is served to a judge and an invited guest in addition to the contestants. The breakfast can cost no more than \$.25 per person. Teams from four communities competed. For the most part, contestants did quite well in preparing their breakfasts. All teams kept within the two hours allowed; the menus were quite well planned and all were nutritionally good, and none exceeded the \$1.00 total cost limit. Serving, etiquette and conversation was acceptable but could have been more polished.

Carolyn Sanders and Billie Jane Narramore of Palo Verde placed first and represented Maricopa County at Roundup.

Blue Ribbon winners in the County Dress Revue Contest were:

School Dress:	
Betty Joe Tompkins	Cartwright
Ruth Smith	Scottsdale
Georgiann Hussey	Icart
Play Outfit:	
Gene Russell	Scottsdale
Best Dress:	
Joan Walt	Scottsdale
Billy Jane Narramore	Palo Verde
Harriet Hussey	Icart

In analyzing the 4-H Fair it is very plain to see that the beef department was being given fine encouragement by the Kiwanis Club in that they are giving large awards in that department. It was also plain to see that the Dairy division was somewhat overshadowed by the beef division.

The number of exhibits in the handicraft division was greatly reduced this year due to the fact that handicraft members had to carry the work in addition to the regular agricultural project; therefore, more articles of an agricultural and more useful nature were on exhibit.

Most of the people attending the Fair seemed quite pleased with the number and quality of the exhibits although the general Fair area is still too scattered. The agricultural exhibits out on the grounds and the home economics, handicraft and vegetable exhibits in the Training School are too far apart. More signs should be set up if there is no other way of getting the exhibits closer together. Too many people missed the Home Economic exhibits this year. There is also a need for a larger show ring, especially for the beef animals, which had 29 animals in one class. It seems that there is an apparent need for a committee to handle the livestock sale. More work could be done on the sale and take some of the direct responsibility off the shoulders of the Extension Service personnel. Too many parents are still blaming the 4-H Agent for the fact that they don't get 75¢ a pound for their son's beef calf.

Groups which gave special cooperation to the 4-H Club Fair in general this year were the Phoenix Kiwanis Club in providing prizes for department winners - championship winners; the Farmers Cooperative in loaning us the necessary lumber to set up the Fair; the Arizona State College 4-H Leadership Class for all the hard work they put in on putting the Fair across; the State Fair Commission for loaning us the poultry cages; the Cudahy Packing Company who was very cooperative in the processing of the beef animals purchased by the various businessmen and concerns in Phoenix; and the Guerin Implement Company for providing many awards to the top three in the fat steer and the fat heifer division.

#### Leader Recognition:

Each year a 4-H Sweepstakes Cup is presented to the Clubs who have the outstanding record at the 4-H Fair. The Clubs are divided into three groups. Class A competition includes clubs with 5 to 15 members, Class B includes clubs with 16 to 25 members and Class C includes clubs with over 26 members. In determining the winner of the Cup each year we take into consideration the number of 4-H Club members who attend the Fair from the Club, the number of members exhibiting at the Fair, the number of ribbons won on exhibits, the number of contests entered and the number of ribbons won on contests. It is all worked out on a percentage basis, giving the clubs an equal opportunity to win the Cup in their division. This year Deer Valley won the Class A, with Balsz and Grandview taking 2nd and 3rd respectively. Isaac won the Class B cup with Washington and Roosevelt following in that order. Class C division was won by Cartwright, Scottsdale and Madison as 2nd and 3rd. These awards were made at the Leader Award Dinner at Scottsdale in April.

#### Phoenix Stock Show.

A beef judging contest and field day was held December 17, in cooperation with Pierce Farms and Suncrest Hereford Ranch. The purpose of this contest was to select two teams to represent this county at the junior judging contest at the Phoenix Stock Show. Sixty-two club members from eleven different clubs turned out for competition. Five classes were judged with written reasons required on the two female classes. The teams selected were

as follows: Tommy Stallings and George Hawkins - Cartwright, Earl Pugh - Isaac, Homer Smith - Madison, Bondena Stevenson - Scottsdale, and Raymond Rice, Cecil Waldrip and Myron Beck from Glendale. To give these two teams further practice, an all day judging session was held and judging was done at the Pierce Short-horn Farms, Milky Way Hereford Ranch, Evans Angus Farm and John Jacobs Hereford Ranch. A total of eight classes were judged, special emphasis being placed on oral reasons. Ass't. Agent Wuertz assisted with the judging training. In the judging contest at the Phoenix Stock Show, the two Maricopa County teams placed sixth and eighth out of the eleven teams participating.

George Hawkins and Billy Rifley showed their Hereford heifers in the junior division of the show and won champion and reserve champion respectively in that division. The junior division of the stock show is making some rather large money awards which has created more interest for the 1951 Junior Division of the Phoenix Stock Show.

#### Roundup:

Sixty-four boys and girls and fifteen 4-H leaders from Maricopa County participated in the 1950 4-H Roundup.

The Maricopa County Farm Bureau again paid half of the expenses for each of the boys, girls and leaders representing Maricopa County at the 4-H Club Roundup. The total expenses this year including insurance was \$11.20 per member, the Farm Bureau paying \$5.60 and the member or leader paying the other half.

4-H Roundup contestants were selected on a competitive basis from the results of the County 4-H Fair. Transportation was provided in school buses from Palo Verde and Scottsdale schools. Expenses of these buses were paid for by the Maricopa County Leaders Council. A summarization of statistics is as follows:

Total 4-H'ers attending		64
Agricultural Contestants	32	
Home Economic Contestants	32	
Total Contests Entered		41
Agricultural Contests	25	
Blue Ribbon	20	
Red Ribbon	4	
White Ribbon	1	
Home Economic Contests	16	
Blue Ribbon	11	
Red Ribbon	3	
White Ribbon	2	

Placings of Maricopa County Teams were as follows:

#### Blue Ribbon Groups:

- Dairy Demonstration Contest - Senior Team
- Dairy Demonstration Contest - Senior Individual
- Dairy Demonstration Contest - Junior Team
- Dairy Demonstration Contest - Junior Individual
- Livestock Demonstration Contest - Senior Team
- Livestock Demonstration Contest - Junior Individual
- Miscellaneous Demonstration Contest - Senior Team
- Poultry & Rabbit Demonstration - Junior Team
- Poultry & Rabbit Demonstration - Senior Individual



Clothing Demonstration - Junior Team  
 Food Preparation Demonstration - Junior Team  
 Food Preservation Demonstration - Senior Team  
 Clothing Demonstration - Senior Individual  
 Clothing Demonstration - Junior Individual  
 Home Furnishing Demonstration - Senior Individual  
 Dairy Foods Demonstration - Senior Individual  
 Beef Showmanship  
 Dairy Showmanship  
 Dairy Judging Contest - Junior Team  
 Dairy Judging Contest - Senior Team  
 Garden Judging Contest - Junior Team  
 Livestock Judging Contest - Senior Team  
 Poultry Judging Contest - Junior Team  
 Poultry Judging Contest - Senior Team  
 Rabbit Judging Contest - Junior Team  
 Rabbit Judging Contest - Senior Team  
 Clothing Judging Contest - Senior Team  
 Food Preparation Judging Contest - Junior Team  
 Food Preparation Judging Contest - Senior Team  
 Food Preservation Judging Contest - Senior Team

Red Ribbon Groups:

Miscellaneous Demonstration - Senior Individual  
 Poultry and Rabbit Demonstration - Senior Team  
 Livestock Judging Contest - Junior Team  
 Rabbit Judging Contest - Senior Team  
 Clothing Demonstration - Senior Team  
 Clothing Judging Contest - Junior Team  
 Breakfast Contest

White Ribbon Groups:

Poultry & Rabbit Demonstration - Junior Individual  
 Food Preparation Demonstration - Junior Individual  
 Food Preservation Judging Contest - Junior Team  
 Highest Score in Contest

High Scoring Individuals were:

George Hawkins - Cartwright - Senior Livestock Judge  
 Betty Dees - Scottsdale - Senior Clothing Judge  
 Paula Thomas - Icart - Senior Food Preparation Judge  
 Georgiann Hussey - Icart - Senior Food Preservation Judge

In preparing the teams and demonstrations for 4-H Roundup, Ass't. Agent Voskuil called on Ass't. Agents Gavette and Milne for assistance in working with the agricultural judging teams and demonstrations. All of the judging teams had at least one Saturday morning practice session and the demonstrations were worked on by an Extension Agent at least twice before they went to Tucson. All demonstrators and judges won the right to represent the County in a competitive contest. Therefore, there was just no hand picking of judges. It just happened to be the ones that did the best job on the day of the contest.

In the dairy fitting and showing contest, the Maricopa County team of Bondena Stevenson and Alfred Austin both from Scottsdale, placed first in the contests and were awarded a blue ribbon. This is the third year that a team from this County has won this dairy fitting and showing contest. In the same contest for boys, fitting and showing beef animals, Tommy Stallings - Cartwright and Homer Smith - Madison, representing Maricopa County won the first prize and a blue award for the third consecutive year.

Home Economics teams were all given help by Agents on improving demonstrations or further judging training between the time of County 4-H Fair and going to Roundup. Leaders were very cooperative and the attendance of county leaders at Roundup was a great help to Agents at that time as well as serving to give them more training and experience.

#### State Fair:

About 40 Home Economics 4-H members exhibited at the State Fair in the 4-H Food Preparation, Food Preservation, Clothing and Home Furnishings divisions. These 4-H'ers made about 200 entries of which approximately 30% were in the blue ribbon group, 20% were in the red ribbon group, 20% were in the white ribbon group, 10% were in no award group and 10% were classified as "no entry".

In the State Fair Home Economics Judging Contest, Maricopa County teams won blue ribbons in both the junior and senior divisions of the Food Preparation and Clothing Judging Contests. Georgiann Hussey of Icart and Roberta Hayden of Scottsdale were high scoring individuals in the senior and junior Food Preparation Judging Contests. Exhibits and contests were judged by the Danish system.

Forty-four entries were made in the 1950 Arizona State Fair 4-H Club agricultural division. Forty-two of those were from this County but due to last minute cancellations, only thirty-six animals showed. Twenty-four were dairy and twelve were in the beef department. The Danish system of judging was used this year at the State Fair and was somewhat confusing to some of the boys and girls who were used to the American system of placing first, second and third prize instead of the blue, red and white award group. In the dairy showmanship contest the senior division was won by Glen Hulet of Chandler, the junior division by Allen Dale Eads of the Madison 4-H Club. In the beef division the senior showmanship contest was won by Tommy Stallings of Cartwright, junior division showmanship contest was won by Ann Robbins of Scottsdale. Swine showmanship, senior division, was won by Robert Fuller of Mesa. Junior division was won by George Truman, Dysart. The goat showmanship contest was won by Sharon Vietmeier of Scottsdale.

Maricopa County entered a team in all of the agricultural and home economics contests available in the 4-H judging contest at the State Fair. In the Agricultural division, eight teams were awarded a blue ribbon, one team a red and one team a white. The red ribbon going to the senior live-stock team and the white ribbon to the junior rabbit team. High individuals in their respective contests were as follows: Allen Dale Eads, junior dairy; Bondena Stevenson, senior dairy; Donna Thompson, Mesa; junior livestock; George Jarvis, junior poultry, Mesa; John Sparks, Cartwright, senior poultry; Richard Rademacher, junior vegetables.

A suggestion in the agricultural division for the improvement of the contest might be that time be allowed for the giving of reasons and final placings by the official judge of all classes being judged by 4-H Club members.

#### County Winners in National Awards Contest:

Participation in the National 4-H Awards Contests continued to increase. County winners received a gold medal; they were:

Betty Joe Tompkins	Cartwright	Leadership
Betty Boggio	Scottsdale	Dairy Foods
Billie Jane Narramore	Palo Verde	Home Improvement
Georgiann Hussey	Icart	Knitting & Crocheting
Betty Dees	Scottsdale	Clothing Achievement
Ada Mae Smith	Cartwright	Canning
Tom Stallings	Cartwright	Leadership
Larry Stallings	Cartwright	Garden
Harriet Hussey	Icart	Farm & Home Electric
Paul Rademacher	Deer Valley	Home Grounds Beautificat- ion
Harry Tompkins, Jr.	Cartwright	Poultry
John Sparks	Cartwright	Field Crops
Homer Smith, Jr.	Madison	Wilson Meat Animal
Lee Chatham	Scottsdale	Dairy
George Hawkins	Cartwright	Cudahy Meat Animal
Myron Beck	Glendale	Tractor Maintenance
Max Green, Jr.	Deer Valley	Farm & Home Safety
Alfred Austin	Scottsdale	Achievement (boys)

Blue Ribbon clubs in Recreation were:

Palo Verde 4-H Community Club  
 Avondale 4-H Community Club  
 Icart 4-H Club  
 Deer Valley Go-Getters  
 Washington Daughters of the Kitchen  
 Cartwright Four Leaf Clover Club

Maricopa County received a \$25 award for the records turned in by these clubs.

This year the Cartwright Four Leaf Clover Club again received a \$20 award for their health report

State Contests:

State Record Contest winners from Maricopa County were as follows:

Georgiann Hussey - Icart - Knitting and Crocheting  
 Harriet Hussey - Icart - Farm and Home Electric  
 Ada Mae Smith - Cartwright - Canning  
 Larry Stallings - Cartwright - Garden  
 George Hawkins - Cartwright - Cudahy Meat Animal  
 Max Green, Jr. - Deer Valley - Farm & Home Safety  
 Alfred Austin - Scottsdale - Achievement  
 Billie Jane Narramore - Palo Verde - Home Improvement

All of these 4-H'ers attended National Club Congress as State winners with the exceptions of Georgiann Hussey, National Winner; and Alfred Austin, sectional winner in their respective contests. This was the third time Georgiann and Alfred had attended the Club Congress.

4-H Club Camp:

The summer 4-H Club camp held at the YMCA Camp near Prescott, Arizona was attended by 44 Maricopa County 4-H Club members. Miss Twitty and Mr. Voskuil from the County Extension Office also attended. Transportation was by Sun Valley Bus Lines and had a cost of \$2.50 per member for round trip. Insurance was carried on all campers through the Vermont Accident Insurance

Company at a cost of 50¢ per member. Total camp cost was \$13.00. The type of program presented at camp was of interest to all who attended. It offered a great variety of activity which included nature studies, singing, leather craft, a class in courtesy, recreation, swimming along with a fine varied evening program, consisting of opening and closing camp ceremonies, square dancing, movies and stunt night. Boys camp chief elected was Bill Criger from Yuma County and girls camp chief was Bondena Stevenson from Scottsdale. Comments from members who attended the camp showed that it was the type of program which the youngsters like and that they enjoyed themselves to the utmost.

#### Leader Recognition:

Maricopa County leaders and junior leaders were honored by the 4-H Leaders Council at a pot luck supper held April 25th at the Scottsdale High School. Two leaders received pins in recognition of their having served 15 years as a 4-H leader. They were:

Mrs. Frank Hanna - Rural  
Mr. Wilbur Sutter - Alhambra

A five year pin was awarded to Mrs. Mary Joslin of Palo Verde.

#### Recreation School:

Twelve Maricopa County 4-H communities were represented at one or more sessions of the Recreation School conducted by Miss Jane Farwell, a recreation director.

Recreation needs of the various clubs represented were determined by means of an introductory game in which the participants described their club.

Games and songs were taught according to the needs of the group present but gradually progressed from simple activities which required a minimum of leadership and skill from the participants to more complex activities which required more leadership, the learning of a routine and skill from the participants as an individual or a member of a team. Members were taught to lead games and songs. Each member left the school with a card listing the games and songs learned at the school according to the following classifications:

1. Chairs in a row
2. Mystery games and stunts
3. Contests and team games
4. Songs
5. Mixers
6. Folk games and squares
7. Small groups

4-H groups throughout the County made use of the games and songs learned at this meeting in their 4-H program. Palo Verde Community used their recreation program to stimulate parent interest. Agents taught some of the games and songs to 4-H groups which did not send representatives to the school. Recreational activities learned at this school were used at meetings of the County 4-H Leaders Council and at the State 4-H Leaders' Conference.

#### 4-H Leaders' Conference:

Approximately 21 leaders and junior leaders from Maricopa County attended the 4-H Leaders' Conference held at Camp Geronimo near Payson. The theme of the conference was "The Local 4-H Program." Discussions and demonstrations gave leaders helpful suggestions in planning for all phases of 4-H activity. Leaders expressed satisfaction with the conference and felt that they had gained a more complete understanding of 4-H activities.

#### National Winners:

For the third successive year Georgiann Hussey of Icart, attended National Club Congress. This year Georgiann won the National Knitting and Crocheting Contest.

#### National 4-H Club Camp:

Betty Joe Tompkins, Cartwright, and Bob Fuller, Mesa, were Arizona delegates to National 4-H Club Camp in Washington, D.C. Betty Joe had completed 7 years of 4-H Club work with projects in Food Preservation, Better Methods, Home Management, Clothing, Meal Planning, Home Furnishings, Garden, and Junior Leadership. Bob was in his tenth year of 4-H Club work and has carried Swine, Handicraft, Beef, Dairy, Rabbit, Garden and Poultry projects. Both have been delegates to National 4-H Club Congress.

#### Rural Life Sunday:

Rural Life Sunday or a 4-H Club Sunday was observed by Icart, and Cartwright 4-H Clubs. 4-H'ers participated in the service by providing music, reading the Scripture and leading the prayer. Ministers based their sermon upon 4-H.

#### United Nations Day Observance:

Members of the Washington Daughters of the Kitchen 4-H Club made two U. N. Flags in observance of United Nations Day.

#### National 4-H Club Week:

The week of March 4 through 12 was celebrated in Maricopa County as National 4-H Club Week and was observed in the following manner: Leaders in nearly every community were responsible for a fine window display featuring club activities and project work. Window displays were put in the following places: Sunnyslope, Glendale, Buckeye, Cartwright, Tempe, Chandler and three in Phoenix. The Cartwright 4-H Club was honored by the dedication of the Sunday Service to 4-H Club work. Members of the club took part in the presentation of the morning program and were responsible for all except the sermon.

The March 4, 4-H radio program was devoted to National 4-H Club Week. Mr. George Christy of the First National Bank gave a nice talk, and Governor Garvey proclaimed National 4-H Club Week. Emil Rovey, Glendale 4-H Leader, represented the leaders in highlighting 4-H Club work in this county.

## National 4-H Achievement:

Arizona's first 4-H television show was presented on the Central Arizona Light and Power Company program on November 10, during National 4-H Achievement Week. Billie Jane Narramore of Palo Verde gave a demonstration on "Improved Methods of Ironing a Shirt" which she has worked out as her Home Management project this year. Barbara Hobbs of Pendergast demonstrated "Cleaning Silverware" learned in her food preparation project. The 4-H Club flag, motto and pledge penants were used as a background. Both girls were highly complimented for a job well done and we are invited to present other demonstrations on this program.

## H. Outlook and Recommendations

The past year has seen an increase in the number of community organized 4-H Clubs. There has also been an increase in community leadership. This past year we have had sixty-four volunteer community leaders or two-thirds of the total adult leadership for all the clubs in Maricopa County. With the additional community leadership and clubs, we have the general spreading of the 4-H Club spirit and idea in these areas. More parents are becoming conscious of what the 4-H Clubs are doing. The leaders are beginning to realize more and more the importance of parent cooperation and support and are making a point and special effort to contact their 4-H Club members' parents. Some of the groups which are meeting in schools are looking at successful community clubs and mentioning the fact that they are having large groups, that the members of the community are attending the meetings and that these community clubs are the ones which are coming out with the county 4-H Club winners year after year. They are asking questions and as we have more successful community clubs, we feel that more of these groups which are now meeting in schools will turn to the evening community club basis. The 4-H leadership problem is one that still exists but we feel we are making a definite step toward the securing of more energetic and qualified leaders. The leader training assistance and project outlines which have been supplied by the County Extension Office have tended to give the leaders more confidence in their ability to lead a 4-H Club. It is also encouraging to see the number of 4-H Club leaders who are parents of 4-H Club members in the community.

Along with the leader training program we can see very good results as far as the overall local club programs are concerned in the County. They are incorporating into their program not only the project work, but also other activities such as health, safety and community service. The recreation school held a year ago has done much to emphasize the importance of recreation and is being widely used in the communities which hold their evening meetings. The general trend toward community meetings has brought more variety of activity in the 4-H Clubs and it has tended to build up the interest in club work in the community. Our leader training program has just been initiated, but from the years work we can see that it is already showing results and that we have less night work and we are asked to attend fewer meetings. The leaders themselves feel qualified and are handling their own club meetings more and more.

Much more adequate facilities are definitely needed for the Maricopa County 4-H Club Fair. As it stands now, the lawn of Arizona State College at Tempe is being used for livestock and poultry exhibits and the training school area is being used for vegetables, handicraft and home economics exhibits.

There is definitely a need for bringing these two separate displays, as it now stands, closer together so it would be coordinated as one large 4-H Club exhibit. The general quality of the exhibits seems to be on the up grade and this is partly due to the fact that more leaders are putting emphasis on quality instead of quantity in their 4-H Club work. The agricultural bulletins are very good for the most part and with the outline based on these bulletins being distributed to the leaders and the meeting of leaders to discuss these outlines, the project material is being put across to the 4-H Club leaders very well. They are giving their members more project instruction than they were before. There is still need for more up-to-date visual aids. The development of a set of slides, particularly for agricultural projects, would be a good project for someone to work on this coming year because there is a definite need for such as slides.

The general support and sponsorship of 4-H Club work is good on a County level, but there is still a need for more local sponsorship of 4-H Clubs. Junior Chambers of Commerce, Homemakers' Clubs, the Farm Bureaus, Parent-Teacher Associations and any other local organization could undertake sponsorship of 4-H Club work in that area. This may be financial support, publicity, or even the securing of leadership which is a community responsibility, but it is a definite need and although there seems to be a trend towards these organizations taking more responsibility for club work in the community, it still has a long way to go.

COOPERATIVE EXTENSION WORK  
IN  
AGRICULTURE AND HOME ECONOMICS

University of Arizona  
College of Agriculture  
U.S. Department of Agriculture  
And Maricopa County Cooperating

State of Arizona  
P. O. Box 751  
Phoenix

Agricultural Extension Service  
Home Demonstration Work  
County Agent Work

GREETINGS AND BEST WISHES  
For A  
HAPPY, PROSPEROUS NEW YEAR  
from  
YOUR HOME DEMONSTRATION AGENT OFFICE

To wish you good times,  
Good friends and good cheer,  
Each day of the week,  
Each week of the year!

Can we work together to make 1950 a "Banner Year" for Homemaker Club Achievement?

Begin by resolving to attend the first of Homemaker Council meetings -- the date -- Friday, January 6, 1950 -- the Place -- County Agriculture Agents Building, 1201 West Madison Street, Phoenix -- the time -- 10:00 a.m. to 2:30 p.m.

This means all officers, all project leaders and any members who can come are welcome. An interesting program is planned including officers training. Bring your ideas and your sandwich.

NUTRITION LEADERS take notice: Please mark your calendar, and be sure to attend the "Leader Training Meeting" in your area.

Topic - "Food Selection and Attractive Service for Large Groups"

Phoenix - 10:00 a.m., Wednesday, January 11, 1950 - County Office Building  
Liberty - 10:00 a.m., Thursday, January 12, 1950 - Community House  
Mesa - 10:00 a.m., Friday, January 13, 1950 - 5th Ward Relief Society Hall

Yours very truly,



Isabell Pace  
Home Demonstration Agent

IP:bw



DO YOU KNOW???

A pastry brush can be your righthand helper in the kitchen. Use it to put a glaze on that baked ham, to butter tops of those yeast rolls, to glaze cookies with egg white. It can also be used to put butter on bread or toast or for sandwiches. And without messy fingers it can be used for greasing your baking dishes.

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In the U. S. today, two bushels of potatoes grow on the same area that grew only one bushel 25 years ago.

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Brucellosis is found in about 20 percent of the nation's cattle herds and in five percent of all cattle.

- - - - -

The homemaker provides social, mental and physical health for her family by providing an atmosphere of love where there is security from fear and anxiety and where members learn to assume responsibility and enjoy the satisfactions of democratic living.

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Approximately eleven million horses would be required on American farms today to do the work now performed by tractors, trucks, and other power-driven equipment.

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The descendants of today's farm youth will make up more than 80 percent of our total population within the next three or four generations.

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CHRISTMAS TOYS

Many toys will need daily storage, while others will be tucked away rather permanently. There were just too many to be enjoyed all at once.

There is a real danger of serious fall when there is no plan for storage. So, make housekeeping easier and reduce the hazards of home accidents by having a place to store toys. Toy boxes and shelves can be easily made at home.

A planning sheet for a decorative set of "box-shelves" is available for the asking from your county home demonstration agent's office. Ask for the working drawing, "H-M Furniture #5," or have your child donate one or two of his or her toys to the Tide of Toys drive conducted by your local American Legion for the children of Europe.



19

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# MERRY CHRISTMAS

Compiled by  
Isabell Pace  
Home Demonstration Agent  
Maricopa County, Arizona

COOPERATIVE EXTENSION WORK  
IN AGRICULTURE AND HOME ECONOMICS

University of Arizona  
College of Agriculture  
U. S. Dept. of Agriculture  
and Maricopa County Farm  
Bureau Cooperating

State of Arizona  
P.O. Box 751  
Phoenix

Agricultural Extension  
Service  
Home Demonstration Work  
County Agent Work

CHRISTMAS CANDIES

Turkish Delight

2 level tablespoons Knox gelatine	2 tablespoons lemon juice (1 lemon)
$\frac{1}{2}$ cup cold water	$\frac{1}{2}$ cup chopped nut meats
2 cups sugar	$\frac{1}{2}$ cup raisins
$\frac{1}{2}$ cup boiling water	Red coloring (paste or liquid)
$\frac{1}{4}$ cup orange juice (1 orange)	$\frac{1}{4}$ teaspoon salt

Soak gelatine in cold water about 5 minutes. Heat sugar, salt and boiling water to boiling point. Add softened gelatine and boil slowly for 20 minutes. Add orange juice and lemon juice to hot mixture and color red. Allow to cool and when starting to thicken, add nut meats and raisins. Pour into pan size about 8 x 4 inches that has been rinsed in cold water and allow to cool until thick and firm. With a wet, sharp knife, loosen edges of pan, turn out on board lightly covered with powdered sugar. Cut in cubes and roll in powdered sugar. Makes about 100 pieces, weighs about 2 lbs.

After Dinner Jelly Mints

2 level tablespoons Knox gelatine	Green coloring
$\frac{1}{2}$ cup cold water	$\frac{1}{2}$ t. peppermint extract
2 cups sugar	2 tablespoons lemon juice
$\frac{3}{4}$ cup boiling water	
$\frac{1}{4}$ t. salt	

Soak gelatine in cold water about 5 minutes. Heat sugar and boiling water to boiling point and add softened gelatine. Boil together for 15 minutes. Remove from fire, add green coloring, the extract of peppermint, lemon juice and salt. Pour into pan size about 8 x 4 inches, that has been rinsed in cold water and allow to cool for at least 12 hours in a cold place (not a refrigerator). With a wet, sharp knife, loosen around edges of pan and turn out on board lightly covered with powdered sugar. Cut into cubes and roll in powdered sugar. Makes about 100 pieces of candy

FONDANTS

General Directions for Making Fondant

Fondant, the basis of all French candies, is made of sugar and water boiled together (with a small quantity of cream of tartar to prevent sugar from granulating) to a soft ball stage, 115 degrees C. If the temperature rises above 115 degrees C, add cold water at once to reduce temperature. Use granulated sugar. Always have plenty of water in making fondant and add the cream of tartar to the sugar and water before boiling begins. Keep the sauce pan covered during the first boiling to prevent the sugar granulating on the sides of the pan. Do not stir while boiling. Boil until a little tried in cold water will form a soft ball that will just keep its shape. Pour slowly on an oiled marble slab or platter. Do not drain kettle.

## Candies --2

### Fondant

2 cups sugar                      1/8 teaspoon cream of tartar                      2 cups water

Mix sugar with cream of tartar. Add water (hot preferred) and proceed according to general directions.

### Uncooked Fondant

1 cup rashed potato, partially cooled. To this, work in as much powdered sugar as the potato mixture will hold. Knead carefully until creamy.

### Mints

Melt some of the fondant in a double boiler over hot water, flavor with a few drops of oil of peppermint, wintergreen, cinnamon, clove or orange and color delicately if desired. Drop from a spoon on to oiled paper. These mints may be dipped in chocolate when cold.

### Honey Caramels

2 cups granulated sugar                      1/4 cup strained honey  
1/2 cup cream or rich milk                      1/4 cup butter

Mix all, stir until sugar dissolves. Then cook without stirring to hard ball. Beat until mixture begins to crystallize, turn into buttered pan and cut into squares size of caramels. Nuts or cocoanut may be beaten into this.

Note: When finished, this is really more like a fudge, not as chewy as caramels.

### Marshmallows

Dissolve 1 pkg. of gelatine (2 Tbsp) in 10 Tbsp. cold water. Meantime boil together 2 cups sugar and 3/4 cup boiling water, until it forms a soft ball in cold water. Add soaked gelatine and beat constantly for 20 minutes (more if necessary) A thick, elastic substance will form, rather difficult to beat. Whisk whites of 2 eggs and beat 10 minutes more. Pour into a platter. When cold cut into squares and dip into rolled nuts or toasted, shredded cocoanut. Add vanilla or other flavor to taste while beating.

### Fudges and Divinty

#### Chocolate Fudge

2 cups sugar                      2/3 cup milk  
2 squares unsweetened chocolate or                      Few grains salt  
2 tablespoons cocoa                      1 teaspoon vanilla  
2 tablespoons butter or butter substitute

Combine sugar, milk, butter or butter substitute, salt, and grated chocolate or cocoa. Cover until boiling point is reached. Boil to soft ball stage (234 degrees to 238 degrees F.) Add flavoring and cool, without stirring to room temperature. Beat until mixture is creamy, thick, and will hold its shape when dropped from a teaspoon. Pour into a well buttered shallow pan, cut in squares. Nuts may be added before beating process.

## Candies--3

### Caramel Fudge

Boil together 2 cups granulated sugar,  $\frac{2}{3}$  cup rich milk. While this is boiling, caramelize 1 cup white sugar to a medium brown and add slowly to boiled mixture. Test as soon as caramelized sugar has dissolved. Remove from fire at soft ball stage and add a heaping tablespoon butter and 1 teaspoon vanilla flavoring. Beat until thick and creamy. May be dropped on waxed paper from tablespoon to make drops or may be poured in a well buttered shallow pan and cut in squares. Nuts or shredded coconut add to the flavor. The longer this fudge stands, the better it tastes.

### Peanut Butter Fudge

$\frac{2}{3}$ cup Eagle Brand sweetened condensed milk	2 $\frac{1}{3}$ cup confectioners (4x) sugar
2 tablespoons peanut butter	1 teaspoon vanilla

Place sweetened Condensed milk in the top of double boiler. Add peanut butter and cook over boiling water 3 minutes or until mixture is smooth and well blended. Remove from fire, add vanilla and sifted confectioners' sugar gradually. Blend thoroughly. Pour into buttered pan. Chill. When firm cut in squares.

### Fudge with Syrup

2 squares chocolate	$\frac{2}{3}$ cup milk
2 cups sugar	2 tablespoons butter
2 tablespoons corn syrup	1 teaspoon vanilla

Break the chocolate into small pieces. Place it in a saucepan with the sugar, syrup and milk. Cook slowly, stirring constantly, until the sugar is dissolved. Continue cooking and stir frequently to keep the mixture from curdling. If the candy forms a rather firm soft ball, when a small portion is dropped in cold water, add the butter and vanilla. Do not stir. Let cool until lukewarm. Then beat until the fudge loses its shiny appearance and until a small amount dropped from a spoon holds its shape. Pour into buttered pans and cut in squares. Sometimes it is necessary to knead the fudge into the pans. The use of the syrup causes the candy to remain moist for a long time, as well as giving a smooth, creamy texture.

### Sour cream Fudge

3 cups light brown sugar	1 cup walnut meats, coarsely chopped
2 cups dark brown sugar	or 1 cup shelled peanuts, coarsely chopped
1 pint sour cream	$\frac{1}{2}$ teaspoon vanilla

Cook the sugar and cream together, stirring all the time until it boils. Cook till the mixture forms a soft ball when dropped into cold water. Let stand until cool. Add vanilla and walnut meats and beat until firm, pouring into a good sized buttered cake tin. Cut in small pieces.

## Divinity

$\frac{1}{2}$ Cup corn syrup	1 tsp. vanilla
$\frac{1}{2}$ cup water	$\frac{1}{4}$ cup nuts
2 cups sugar	$\frac{1}{4}$ cup raisins
1 egg white	

Boil the syrup, water and sugar together until a fairly hard ball will form in cold water or the mixture registers 240 degrees on the thermometer. This is a trifle harder than the fudge mixture. Beat the egg white until it is stiff, but not dry. Over this pour the hot mixture, a drop at a time, until it can be added faster without cooking the egg white. Beat rapidly until all the syrup is added, stir in the vanilla, and when fairly stiff, add the nuts and raisins. Continue beating until the mixture will stand alone, and then drop by spoonfuls on oil paper or a buttered surface. When dry enough to handle, divinity may be served.

## CAMELS

1 cup brown sugar	$\frac{1}{2}$ cup condensed milk
1 cup granulated sugar	1 cup milk
1 cup corn sugar	1 cup cream
1 teaspoon vanilla	

Cook together the light brown sugar, granulated sugar, light corn syrup, condensed milk, milk and one-third of the cream until a teaspoon of the candy will form a soft ball when dropped in cold water. Add the remainder of the cream and continue cooking until the candy when dropped in cold water is hard as the caramel should be. Remove from the fire, add the vanilla and pour into greased pans. When cold, turn the candy out and cut in squares with a sharp knife. Wrap every piece in waxed paper.

## Cream Caramels

2 cups sugar	1 cup corn syrup
3 cups thin cream	

Put the sugar and syrup in a saucepan and add 1 cupful of the cream. Bring to the boiling point and cook to the soft ball stage. Stir constantly to prevent burning, but do not beat. When the soft ball stage is reached, add a second cup of cream and cook again until a soft ball is formed when a few drops are tried in cold water. Then add the third cupful of cream. Cook until a firm ball is made when a little of the syrup is dropped in cold water. Pour the hot syrup in oiled pans and mark off in squares. One cup of nut meats or shredded cocoanut may be added to the caramel syrup just before it is poured into the pans.

## Vanilla Caramels

2 cups sugar	$1\frac{1}{2}$ cups milk
1 cup brown sugar	$\frac{1}{3}$ cup Crisco
1 cup light corn syrup	$\frac{1}{4}$ teaspoon salt
1 cup condensed milk	$1\frac{1}{2}$ teaspoons vanilla

Cook sugar, corn syrup, condensed milk and milk together in a saucepan, stirring constantly until the sugar is dissolved. Cook slowly, stirring occasionally to prevent burning, until the temperature is 248 degrees F. or

## Candies--5

### Vanilla Caramels (Continued)

until mixture forms a firm ball when tested in cold water. Remove from fire, add Crisco, salt and vanilla and mix well. Pour into a greased pan. When cold remove from pan, cut in cubes and wrap each caramel in waxed paper

### Chocolate Caramels

Follow recipe for vanilla caramels, cooking 5 squares unsweetened chocolate, in pieces, with the other ingredients.

### BRITTLE CANDIES

#### Peanut Brittle

1 cup unshelled peanuts or 2 cups unshelled peanuts  
2 cups sugar (granulated or light brown)

Shell and chop peanuts. Put sugar in a smooth frying pan and stir constantly with bottom of the bowl of a spoon until melted to a golden brown syrup. Remove immediately from the fire, stir in the nuts and pour onto the bottom of a tin; press into shape with buttered knives and mark into square.

#### Butter Scotch

1 cup sugar  
4 tablespoons molasses  
1 tablespoon vinegar  
2 tablespoons boiling water  
 $\frac{1}{2}$  cup butter

Stir the ingredients together and cook, without stirring, to the hard crack stage. Turn into a buttered tin. When partly cool, mark in squares or when the candy is cold break into pieces with the handle of a knife.

#### Date Loaf

2 cups sugar, 1 cup milk,  $\frac{1}{2}$  pound dates. Simmer to soft ball stage, beat to creaminess, then knead and roll; wrap in damp towel over night, then slice.

#### Sugar Taffy

2 cups sugar  
2 tablespoons butter  
 $\frac{1}{2}$  cup vinegar

Combine the ingredients and boil to the soft ball or hard crack stage. Stir while cooking until the sugar is dissolved. Turn on a buttered platter to cool. When cold enough to handle, pull until porous and white. Cut in pieces with scissors.

### UNCOOKED CANDIES

#### Chocolate ting-a-Lings

8 squares Baker's Dot Chocolate  
2 cups Post Toasties

Heat chocolate over boiling water until partly melted; then remove from boiler and stir rapidly until entirely melted. Add Post Toasties and mix lightly until post toasties are completely coated with chocolate. Drop from teaspoon on waxed paper. Cool 1 to 2 hours, or until firm. Makes  $2\frac{1}{2}$  dozen.

Candies--6

Raisin Nut Bars

$\frac{2}{3}$  cup seedless raisins  
 $\frac{2}{3}$  cup broken walnut meats  
8 squares Baker's Dot Chocolate

Wash raisins in hot water and dry thoroughly. Arrange raisins in lined pan; then sprinkle with nuts. Cover with melted chocolate. Cool and cut into bars.

Opera Rolls

$2\frac{1}{2}$  cups sugar  
1 cup Evaporated or whole milk

1 package dates (10 oz.)  
2 cups chopped nuts

Boil sugar and milk to soft ball stage (235 degrees F.) Add dates that have been washed, pitted and chopped and cook until dates soften and blend with the mixture, 236 degrees F. Add nuts and cool, then turn into pan and knead until creamy and stiff. Shape in a roll. Wrap in a damp cloth and place in covered container until ready to slice. Yield: 1-7/8 lb.

CRYSTALLIZED FRUITS

Candied Grapefruit and Orange Peel

Remove fruit in sections; cut into  $\frac{1}{4}$  inch strips. Cover with cold water and bring to boil. Boil 10 minutes. Drain. Repeat twice. Drain. Cover with boiling water and simmer until tender. Drain. Make heavy syrup of 2 cups sugar and 1 cup water. Have sufficient syrup to cover peel. Cook slowly until tender. Allow to stand in syrup over night then drain and roll in granulated sugar. (May dry slightly in very slow oven but not needful in this dry climate)

Orange and grapefruit peel may be cooked together, thus saving time. For Christmas,  $\frac{1}{3}$  syrup may be colored red,  $\frac{1}{3}$  green and  $\frac{1}{3}$  left uncolored and the peel cooked in these syrups.

12/17/45  
100 c





### CHRISTMAS TREE COFFEE CAKE



2 packages yeast, compressed  
or dry granular  
 $\frac{1}{4}$  cup lukewarm water  
1 cup milk  
 $\frac{1}{4}$  cup margarine or butter  
 $\frac{1}{2}$  cup sugar

1 teaspoon salt  
2 eggs, beaten  
5 cups sifted enriched flour  
(about)  
Confectioners' Sugar Icing  
Sliced candied cherries

Soften yeast in lukewarm water. Scald milk. Add margarine or butter, sugar, and salt. Cool to lukewarm. Add enough flour to make thick batter. Add softened yeast and eggs. Beat well. Add enough more flour to make a soft dough. Turn out on lightly floured board and knead until satiny. Place in greased bowl, cover, and let rise until doubled in bulk. When light, punch down. Divide dough into two parts. Form into smooth balls, cover, and let rest ten minutes. Divide one of the balls into several equal parts. Reserve 1 portion. Roll remaining portions under palm of hands to form long smooth rolls about  $\frac{3}{4}$  inch thick. Swirl rolls back and forth on cookie sheet to form branches of tree, allowing rolls to touch. Roll remaining portion under palm of hand to form a smooth ball. Place at base of tree to form trunk. Let rise until doubled in bulk. Bake in moderate oven (375 degrees F.) 25 to 30 minutes. Ice with confectioner's sugar icing and garnish with cherries. Yield: Two 12-inch trees.

### CHRISTMAS WREATH

2 Packages yeast, compressed  
or dry granular  
 $\frac{1}{4}$  cup lukewarm water  
1 cup milk  
 $\frac{1}{4}$  cup shortening  
 $\frac{1}{2}$  cup sugar

2 teaspoons salt  
2 eggs, beaten  
5 cups sifted enriched (about)  
Confectioners' sugar icing  
 $\frac{1}{4}$  cup candied cherry halves



Soften yeast in lukewarm water. Scald milk. Add shortening, sugar, and salt. Cool to lukewarm. Add flour to make a thick batter. Add yeast and eggs. Beat well. Add enough more flour to make a soft dough. Turn out on lightly floured board and knead until satiny. Place in greased bowl, cover and let rise until doubled in bulk. When light, punch down. Divide into 4 equal portions. Shape each into a smooth ball. Cover and let rest 10 minutes. Roll dough under palms of hands, shaping into long, smooth rolls. Twist together 2 rolls and form into ring on greased cookie sheet. The ends in single knot to represent "bow" of wreath. Let rise until doubled in bulk. Bake in moderate oven (350 degrees F.) 25 to 30 minutes. Ice with Confectioners' Sugar Icing and sprinkle with chopped candied citron and cherries. Yield: 2 Christmas wreaths.

## Mrs. Isabell Pace Honored

Mrs. Isabell Pace, 322 West Edgemont Avenue, was honored for her outstanding work in extension service homemakers' clubs in Maricopa County in recognition given in Chicago.

The recognition was given in the national meeting of home demonstration agents in the annual convention of their association.

Mrs. Pace was not attending the convention, but was in the field today, carrying on her work.

M. L. Wilson, director of extension of the United States Department of Agriculture, made the award of the certificates of recognition to only 30 agents throughout the nation. There is a home demonstration agent, or sometimes a number for each county office in each state in the nation.



MRS. ISABELL PACE

## **Mrs. Isabelle Pace Honored**

Maricopa County's Home Demonstration Agent, familiar to many of our Valley Readers, was honored for her outstanding work in the extension division of the United States Dept. of Agriculture.

The recognition was given at a national meeting of home demonstration agents.

Mrs. Pace writes a weekly column for this paper.

## Palo Verde News

By Mrs. Louis Joslin

Jack Narramore bagged the first and only deer of any Palo Verdean. He and Morris hunted north of Flagstaff for four days. Fred and Jerry Nichols, Pete and Ruby Narramore went with them. Jack's deer was small, a 2 point buck.

The Palo Verde Homemakers held their October meeting at the home of Mrs. Ethel Moser last Friday afternoon, Oct. 27. Mrs. Moser and Mrs. Clifton Tyree gave a demonstration lesson on Proper Measurements in Selection of Dress Patterns. A committee was selected for the Annual Christmas Party of the Homemakers Secret Pal Organization.

The 4-H Clothing Leaders of Arlington, Palo Verde, Buckeye and Liberty met at the home of Mrs. Othel Narramore, last Friday afternoon. Miss Virginia Twithy and Miss Marietta Shupe of the County Agents Office presented some very fine help for 4-H leaders.

March 28, 1950  
*Home News*

By ISABEL PACE  
Home Demonstration Agent

Eat out of the freezer as much as possible to get the best returns for money invested in the home freezer. Home-frozen food comes cheapest when the turnover of food in the freezer is rapid.

As pointers on keeping a freezer busy and on thrifty freezing, here are a few suggestions.

Follow a freezing schedule, based on a food production plan that meets the family's needs.

#### Use Variety

When figuring how much of a vegetable or fruit will be wanted from a home garden, remember that a succession of varieties will give a longer period of harvest from the same amount planted.

If some food is bought for freezing, try to buy cheaply in large quantities at the height of the season.

#### Home Produce

If the family has poultry or other produce to sell, let the home freezer help when it can increase profits. Poultry, for example, may be frozen and held for a better market or when in prime condition frozen for family use to eliminate feed costs.

Whether in the long run the family saves money on food or not by use of a home freezer depends on whether food is home-grown or purchased, the kinds and quantities frozen, and how the freezer is used. Obviously, it does not pay to freeze foods commonly available and relatively inexpensive at all seasons.

For many families the financial angles of home freezing are rated less important than the benefits of saving time in marketing and preparing meals and the satisfaction of enjoying a variety of fresh-flavored foods of high nutritive value the year round.

#### How to Freeze Chickens

Chicken in the freezer? Yes—for those company meals, planned or unexpected, and to have on hand for extra busy days the year round.

A new leaflet, "Chicken in the Freezer," recently published by the U. S. Department of Agriculture, will tell you all you need to know about preparing and freezing the birds.

Copies of the well-illustrated leaflet may be obtained free from the Home Demonstration Agents, 1201 W. Madison, Phoenix, office. Just ask for the Chicken Freezing folder number AIS-74.

# Hints to Homemakers

by ISABELL PACE  
Home Demonstration Agent

## LITTLE GIRLS' DRESSES STRESS MORE COMFORT

Dresses, simply styled, combine beauty and usefulness in little girls' clothing, whether made at home or purchased ready-made.

Illustrating the principles of comfort and beauty, a bulletin, "Dresses Designed for Little Girls," may be obtained from your county home demonstration agent's office, announces Helen L. Church, Clothing Specialist for the Agricultural Extension Service at the University of Arizona.

Five new dress designs are presented in the leaflet. These suggest dresses without waistlines and belts, roomy sleeves without cuffs or bands, and collarless necklines, low enough in front to be comfortable. Short sleeves are good far all year 'round, and for summer sleeveless dresses with wings or ruffles.

These suggestions, plus ideas about hems, trimmings, fastenings, material, and workmanship, are included in the bulletin. Four of the dress designs have been made into paper patterns, one of which stresses a coat-dress easy for the little girl to put on and take off by herself.

March 1950  
*Home News*

By ISABEL PACE  
Home Demonstration Agent

With western fashions on display and the weather hinting that spring is just around the corner, the call of the out-of-doors is echoing in our ears.

The thought of the out-of-doors suggests the countryside and a picnic.

This brings up the question: What shall we pack in the picnic basket? This year's turkey bounty makes that question simple to answer, and makes it a simple matter for mother to prepare a picnic feast that will live in the memories of the family for years to come.

#### Twice As Much

We've got more than twice as much turkey in cold storage this year as we had last year. This is true for both the west and the nation as a whole.

On February 1, western cold storage warehouses had approximately 43 million pounds of turkey in them, about 24 million more than last February. And in the nation's ice box, there were around 137 million pounds on February 1 this year, compared with about 55 million pounds last year.

Not only are turkeys plentiful, but they are priced attractively. On an average, wholesale prices to retailers are around 20 cents per pound below a year ago. And in comparison with red meat prices, turkey prices are favorable announces the U.S.D.A. Production and Marketing Administration.

Plentiful and priced right, what could be better for a picnic feast? Or, for that matter, for any other occasion — a friendly get-together, a family reunion, an informal dinner party, or a club social?

If a whole turkey sounds like a lot, there's no need to despair. Modern marketing makes it possible to purchase turkey by the piece — halves, quarters, the family's favorite leg, breast, or wing, for instance, as well as steaks and "fricassee pieces."

Many readers are already familiar with the U. S. Department of Agriculture's booklet titled "Turkey On the Table the Year Round," which illustrates and tells in narrative form how to cook turkey parts. For those who are not, a copy may be obtained by writing to the Home Demonstration Agent's Office, 1201 W. Madison St., Phoenix, requesting Farmers Bulletin No. 2011—"Turkey on the Table the Year Round."

# Home News

By ISABEL PACE

Home Demonstration Agent

## This Is the Season

Does your home need a "face-lift?" Do you feel an urge to brighten up the inside to complement the color riot in your yard?

There is magic in color! It lifts the spirit, brings light into a dark room, changes drabness to beauty, gloom to cheerfulness.

Your home may glow with color without costing any more than if you use drab or uninteresting colors in paint, wallpaper and fabrics.

If the homemaker knows a few simple principles of color harmony and color mixing she can plan a satisfactory color scheme for the house even if she has never worked with color before.

## Use of Color

Color is one of the best and least expensive means of making the inside of a house pleasant and attractive. Select colors for the living room that make it cheerful and inviting. Choose colors for the bedrooms that are restful; those in the Kitchen to make you whistle while you work.

If colors are to be satisfying to the family, one needs to know how to choose furniture, draperies, rugs, pictures, wallpaper or other wall finishes that look well together.

The homemaker must have a plan before she acts.

You will find some basic guides to color planning in a bulletin, circular No. 147 entitled "Color in the Home" which is available without charge at the County Home Demonstration Agent's office, 1201 West Madison St., Phoenix.



## Cancer Fight Planned By Rural Women

**R**URAL women's groups can play an important part in helping to control cancer, representatives of county homemakers councils attending the state training school of the Arizona Division, American Cancer Society, Feb. 9-11, were told. During the work shop session which highlighted the last day of the meeting, the rural women were urged to go back to their communities and spearhead an educational program on cancer control.

Tentative plans were made by the rural women for arranging open meetings in their communities at which qualified speakers will discuss the necessity for early diagnosis and treatment, familiarize those attending with the symptoms, and stress the necessity for a visit to a qualified doctor at the first suspicion of the disease.

Among homemakers club representatives attending the sessions, held at Trinity Cathedral, were: Mrs. Parker Dougan, Superior Homemakers Club, who was named Pinal County captain of the Field Army of the American Cancer Society; Mrs. Julian O. Cannon, president Yuma Homemakers Council; Thelma Hart, president Graham Homemakers Council and Fort Thomas Homemakers Club; Mrs. R. J. Cartwright and Mrs. L. G. Robertson, Tolleson; Mrs. J. M. Dawson,

McNeal, Double Adobe club; Mrs. Barry Dodd, Sedona; Elizabeth Evans, Duncan; Mrs. Ross Peterson, Hayden's Corner; Clara Palmer, Casa Grande; Mrs. Archie Enloe, Mrs. Ernest Ames, Mrs. Ruth Karstetter, Mrs. Wade Loudermilk, Mrs. Fred Nichols, all of Buckeye.

Also Mrs. George M. Vensel, Maricopa County Farm Bureau; Mrs. K. W. Voss, Tempe, Home Extension Club; Jean M. Stewart, state home demonstration leader who assisted in planning the school; Maryetta Shoup, assistant Maricopa county home demonstration agent, and Isabell Pace, Maricopa county home demonstration agent, who took part in the program.

# THE ARIZONA REPUBLIC

Tuesday, April 11, 1950

THE STATE'S GREATEST NEWSPAPER

## Farm Women Of State Open Annual Meet

TUCSON, Apr. 10—(AP)—The seventh annual four-day country life conference of Arizona women opened here officially Monday night.

Jean M. Stewart, state home demonstration leader, is in charge of the general assembly. The conference is being conducted on the University of Arizona campus and is being attended by farm women from all parts of the state.

A feature of the session was an international pageant staged by the Pima county homemakers.

Tuesday and Wednesday will be the big days of the conference with general assemblies in the mornings, afternoons, and evenings. The closing event on the schedule is a farewell breakfast Thursday morning.

The women will be welcomed by Dr. J. Byron McCormick, president of the University, at Tuesday morning's general assembly.

Other speakers on the program include: John L. Anderson, university comptroller, who will tell what it costs to send a son or daughter to the university; Dr. Paul S. Burgess, dean of the college of agriculture, who will speak on "Service To the Nation;" Dr. W. H. Fuller, agricultural chemist, who will talk on research and its application; and Oliver K. Garretson of the college of education, who will tell of scholarship opportunities.

Buckeye Valley News, Thurs., Nov., 2, 1950

## Homemakers Club Activities

By Isabell Pace, Home Demonstration Agent, Maricopa County.

Homemaker Club interest centers around the Clothing Project through October and November with thirty community groups participating in four area training centers in the County.

Selected leaders from the Buckeye, Palo Verde, Liberty, Litchfield, Avondale, Glendale and Tolleson clubs make up the West county area training class.

"Pattern Selection and Alteration," followed by "Techniques Used in construction of Simple Dresses" is covered. The trained leaders take to their local clubs demonstrations of techniques members may apply in their home sewing problems or in the selection of ready-made dresses. In addition members with limited sewing experience may enroll in leader supervised classes where they may make cotton or spun rayon dresses for themselves.

The final training meeting for the West area groups will be held at Liberty Community House at 9:30, Thursday, November 2nd.



Preparing  
to  
Etch  
Aluminum  
Trays

Aluminum tray making has been a popular craft enterprise county-wide -- Local leaders from the Washington Club initiated the project - the "know-how" was passed on to seventeen groups - several hundred trays have been made for home use and for Christmas gifts.



Washington  
Homemakers  
Christmas  
Party

**This Maricopa County Homemaker's Club Divides and Multiplies.**

This club boasts thirteen years of continuous activity, divided twice when they outgrew their small homes; again have multiplied to an enrollment which made necessary arranging for meeting space at the "Mens Club Room" at Washington School. Two other fine clubs--Orangeland and Westwood are offshoots from this parent group.



TAILORING FOR THE FAMILY  
MRS. GEORGE RUSMANN AND DAUGHTERS  
LITCHFIELD HOMEMAKERS



MODELING GARMENTS MADE IN ADULT TAILORING CLASSES  
COUNTY REVUE  
1950 AT SARIVAL  
COMMUNITY HOUSE - LITCHFIELD



Homemakers Make Simple Dresses  
under local leadership following training classes-  
First group to complete the 1950 Clothing project





MARICOPA COUNTY REPRESENTATIVES AT COUNTRY LIFE  
CONFERENCE  
APRIL 1950