

ANNUAL NARRATIVE REPORT

OF

MRS. ISABELL PACE, HOME DEMONSTRATION AGENT

MISS VIRGINIA E. TWITTY, ASS'T. HOME DEMONSTRATION AGENT

MRS. ELIZABETH EBY, ASS'T. HOME DEMONSTRATION AGENT

MISS MARYETTA SHOUP, ASS'T. HOME DEMONSTRATION AGENT

MARICOPA COUNTY

ARIZONA

From December 1948 to December 1949

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SUMMARY OF ADULT HOME DEMONSTRATION WORK

Isabell Pace, Home Demonstration Agent
Virginia E. Twitty, Ass't. Home Demonstration Agent
Elizabeth Eby, Ass't. Home Demonstration Agent
Maryetta Shoup, Ass't. Home Demonstration Agent

Maricopa - December 1, 1948 to November 30, 1949

The Agent and Assistant Agent Virginia Twitty served the entire twelve months, Mrs. Eby served ten months and Maryetta Shoup has served since October 15, a total of thirty-five and a half months' service in the County. The Assistant Agents gave the major portion of their time to the Girl's 4-H Club Program; however, they participated in the agent and leader training meetings conducted in relation to the adult subject matter and project work.

The Maricopa County program of Home Demonstration Work for 1949 was developed from suggestions registered by local Homemaker Club members and others. These suggestions were discussed, and carefully considered by the Homemaker's Council in close cooperation with County and State Extension Service workers.

The Homemaker's Council is made up of officers and designated project leaders from twelve Homemaker Clubs with 236 members, and fourteen Relief Society groups of the Maricopa and Mesa Stakes, Latter Day Saints Church with an estimated five hundred members within the County. Other agencies designed to work with women are invited to participate in program planning but are not voting members of the Council.

At the Council meeting, problems suggested by local groups are weighed in relation to past projects and achievements also considered as to county-wide interest and as to meeting the needs of the greatest number. Problems are further considered and limited by a sifting committee before being submitted to the State Office for clearance as to feasibility for Specialist help on subject matter and for training of agents or local project leaders from community groups.

Some months of the year are regularly left open so as to allow ample opportunity for special interest programs. These may be of a recreational nature, study topics, discussions, crafts, or dress forms for agents or older and experienced homemakers to bring, to new clubs or newer enrollees of clubs, interesting programs from past years.

A county program resulted with the three major fields of homemaking (1) nutrition and food preparation, (2) home furnishings and home management, and (3) clothing and related projects being represented as follows: (1) a. Basic Principles of Cookery to Preserve Food Values and b. Low Cost Meals that Save and Satisfy; (2) Improvement of the home through use of refinishing techniques for furniture and the application of "Modern Finishes for Unfinished Articles"; (3) Bring about better dressed families at lower cost through learning tailoring techniques, Learning to Use Sewing Machine Attachments and Conditioning Machines through Sewing Machine Clinics.

By special request, two groups not regularly enrolled in Extension Work were given children's tailoring. One was a group of nine younger mothers of the Kyrene Parent Teachers Association and the other, fifteen representatives from seven Phoenix Latter Day Saint Relief Society wards. Twenty-one garments, about half of them from used material, were made. The same plan, making pressing equipment, and construction techniques work followed as in the tailoring classes of 1948.

Tailoring of women's coats and suits followed logically the children's tailoring of the previous year with exhilarated interest and larger enrollments; this was the highlight of the year's program with eighty-five garments made. Leaders were trained in a series of five classes in each of four areas of the County. Leaders took back to their local clubs, techniques and construction ideas and in some instances they plan to conduct classes in simple tailoring.

SEWING MACHINE CLINICS

Eleven Sewing Machine Clinics were conducted by office workers with ten Home-maker Clubs and one with the Pima Indian Service.

The Extension Clothing Specialist trained all Home Demonstration Agents of the State in March at Tucson. Eighty-nine machines were cleaned at the clinics. Considerable satisfaction has been expressed by the women who now feel a confidence in working with their machines and will give them better care as a result of the work done. A leaflet, Farmers Bulletin 1944, was provided each woman for her files.

USE OF SEWING MACHINE ATTACHMENTS

The use of sewing machine attachments was another project enthusiastically received by homemakers. Leader training was given in two districts of the County by Miss Helen Church, Clothing Specialist. A third had been planned for the eastern area but was cancelled because of conflicting events.

Twenty-six trained leaders conducted well planned demonstrations with eleven groups attended by 163 homemakers. Leaders prepared samples of the use of attachments at the training meeting, then requested local members to bring in their attachments for identification and use. Many women had no idea what some of the attachments were for.

Other methods employed in carrying out the Home Demonstration program included:

- (1) circular letters, 40 with 5376 copies mailed out;
- (2) mimeographed leaflets and bulletins, 3403;
- (3) newspaper articles, 69;
- (4) training meetings by Specialists for Agents or for local leaders, 39, attendance 646 adult; 4-H training meetings 33 with 757 attending;
- (5) method demonstrations by agents, 40 with 441 attending and demonstrations by local adult leaders, 55 with 915 attending; method demonstrations 4-H, 156 with 3153 attending and 1000 meetings by 4-H Leaders with 20,000 attending;
- (6) one encampment, Country Life Conference, a state-wide event, with 30 women from Maricopa County attending; three 4-H encampments with 140 attending;
- (7) other meetings, including organization, program planning, cooperation with other agencies, etc. adult, 95 with 3629 attending; 4-H Club, 160 with 11,561 attending;

- (8) one county-wide adult achievement day and picnic with 106 attending; 4-H achievement, 23 with 5116 attending;
- (9) farm home visits 509; different homes 346;
- (10) telephone calls, 1485;
- (11) office calls, 1061;
- (12) radio broadcasts, 10.

Bulletins were used extensively especially to extend information to people not in organized Extension groups. An estimated 2500 farm families, 700 of whom were probably reached for the first time, and an estimated 500 non-farm families, 350 probably reached for the first time were influenced to make changes or improve practices as a result of the home demonstration adult and junior programs.

Food preservation was not included in the county program but continues to be an active service cared for through the county office via bulletins, telephone and office calls. Home curing of dates and olives and freezing information were the greater demands. Leaders in rural areas continue to serve as information centers and are kept abreast of newer developments through our office. Health programs and a variety of community activities were participated in by local groups. These were planned generally and executed by the program chairmen.

Three Homemaker Clubs, one at Chandler last spring, two recently at Avondale and Tempe, have been organized. Another is set for early December and a fifth is reported pending which will bring the total to fourteen.

The 1950 Home Demonstration Program as planned at the October Planning Council Meeting has been approved at the State Office and Leader Training dates set through the year. Local clubs will complete their programs after calendaring the county program they will carry. Increased efficiency, confidence, and competence of local project leaders is perhaps the most note-worthy development in local organizations.

State Extension Workers cooperate with County workers to help make the planned programs a reality; likewise, County Agents are truly cooperative.

The Agents attended, and as requested, participated in all State-wide events, annual conferences, Round-up, Country Life Conference, 4-H Camp, Radio School, etc.

ANNUAL NARRATIVE REPORT
of
HOME DEMONSTRATION WORK
in
Maricopa County
From December 1, 1948 to November 30, 1949

Isabell Pace, Home Demonstration Agent
Virginia E. Twitty, Ass't. Home Demonstration Agent
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Maryetta Shoup, Assistant Home Demonstration Agent

Organization and Planning

The Home Demonstration program for adults in Maricopa County for 1949 was developed as a result of careful consideration of problem suggestions brought to the County Council planning meeting by officers and project leaders from local club groups.

The program was planned in October 1948 by fifty-four representatives and the Home Demonstration Staff, and presented to the State Office for approval and clearance as to subject matter, help by Specialists, and dates for training meetings.

The county program as planned was carried out in its entirety by nine Homemaker Club groups. Two groups, Chandler and Liberty, organized after the first of the year, were unable to follow all of the program and chose other demonstrations. Relief Societies of Mesa and Maricopa Stakes Latter Day Saints (fourteen in number) located in the county did all projects also.

All of the Homemaker Clubs also carried special interest projects through the months for which no planned program is provided. These months allow local clubs to plan such programs as meet their special needs or which serve to promote interest for new members.

The 1949 program included two projects in each of three major homemaking fields; I. "Basic Principles of Cookery" and "Low Cost Meals" in the Food Selection and Preparation field; II. Improvement of the Home through the use of "Refinishing Techniques" and "Modern Wood Finishes for Unfinished Furniture" in the Home Furnishings field; III. "Use of Sewing Machine Attachments" and "Women's Tailoring" in the Clothing and Textiles field. Each of these projects is discussed elsewhere in this report.

Special interest programs locally planned included Health Talks, Recreation Events, Family Nights, Community Programs, Household Pest Control Meetings, Book Reviews, Yard Improvement Projects, Crafts Work, Dress Forms, etc. County Agents, State Specialists, and other agencies were cooperative in making such meetings worthwhile.

The Homemaker's County Council consists of a President, Vice President, and Secretary-Treasurer elected annually. Local club officers are automatically members and for program planning, project leaders also are responsible as members.

There were 236 regularly enrolled members in Homemaker Clubs and an estimated 500 members of Latter Day Saint Relief Societies within the County. One hundred and eleven women served as volunteer leaders of adult projects during the year.

Program planning for 1950 was approached in a little different manner than for the past few years. In advance of the October County Council Meeting, four district meetings planned jointly by the Home Demonstration Agent and club officers of the different areas served to review past programs, to evaluate them and to outline ways whereby local members would discuss their needs and problems as a basis for the next year's project activities in the county.

These meetings were fully attended and as a result twelve community Homemaker groups came to the planning meeting with many suggestions. A summary of suggestions from Mesa and Maricopa Stake Relief Societies was brought in since most of the leaders were attending the Church-wide Convention in Salt Lake City at the time.

These many suggestions were grouped for committee consideration under four phases of homemaking, namely, Foods and Nutrition; Home Management and Furnishing; Clothing and Textiles; and Special Interest Projects.

Problems selected at the planning meeting were further considered by a sifting committee as to county-wide interest and as to meeting the needs of the greatest number before being submitted to the State Office for clearance as to feasibility for Specialist help on subject matter and for training agents or local project leaders from community clubs.

The program is now approved, specialists contacted, and dates set for training meetings through 1950. A major activity of the January Council Meeting is to check local club program schedules and to help newer groups develop their programs and leadership assignments.

The Home Demonstration Agent has administrative and overall responsibility for the Home Demonstration program in the county and major work with adults while Assistant Twitty is immediately responsible for girls 4-H Club work supervising clothing and related projects and also assisting with the adult program. Assistant Eby gave full time to girls 4-H Club work with emphasis on Foods.

The following combined statistical summary presents a picture of the agents' program development and distribution of time:

	<u>Agents' time</u>
Months of service	35 1/2
Days devoted to adults	399
Days devoted to 4-H Club & older youth	433
Days devoted in office	375 3/4
Days devoted in field	456 1/4
Days devoted to organization & planning	408 1/8

Number of home visits made.	509
Number of different homes visited	346
Calls relating to Extension work Office	1061
Telephone.	1485
Number of news articles prepared.	69
Number of radio broadcasts.	10
Number of bulletins distributed	3403

Activities No. of Meetings Attendance

Training meetings (adult)	39	646
Training meetings (4-H Club)	33	757
Method Demonstration (adult)	40	441
Method Demonstration (4-H Club)	156	3,153
Tours conducted (4-H Club)	2	80
Achievement Days (adult)	1	106
Achievement Days (4-H Club)	23	5,116
Encampment (adult)	1	30
Encampment (4-H Club)	3	140
Other meetings of Extension Work (adult)	95	3,629
Other meetings of Extension Work (4-H Club)	160	11,561
Local Leader Meetings not reported (adult)	55	915
Local Leader Meetings not reported (4-H)	1000	20,000

Number of communities organized to carry (adult).	21
Extension Work in County (4-H Club)	26
Number of Club groups (adult)	21
Number of Club groups (4-H Club) girls.	45
Days State Staff in County.	71½
(Includes State events in county)	

All projects considered, and with the best possible evaluation and effort to eliminate duplications, an estimated 2500 farm families have made changes or improved practices as a result of the home demonstration program, with an estimated 700 reached this year for the first time. An estimated 500 non-farm families were reached. Of this number 350 were probably new contacts.

The influx of new people, and the specialty crops, dates, figs, citrus, and olives, contribute to the number of requests for information which pour into the office.

Twenty-one communities carried the county program and two others organized for children's tailoring. 4-H Club work was carried by 26. Fourteen carried both junior and adult programs.

The State Extension Staff, County Agent and Assistant Agents have been cooperative in assisting with organization, planning, subject matter and project development.

The Information Specialist has been most helpful through his consistent program of getting current Extension topics before the public through radio and newspaper articles.

All Agents attended both the 1948 and 1949 Annual Conferences and the Home Demonstration Agent Conference. Both Mrs. Pace and Virginia Twitty participated in the training for Sewing Machine Clinics.

**HOMEMAKERS CLUB GUESTS
OF MRS. LeROY BROWN
AT FRIDAY MEETING**

The Chandler Homemakers Club met Friday evening at the home of Mrs. LeRoy Brown, 211 West Elgin street. A brief business meeting was held, at which time there was a discussion of a tailoring course which will be undertaken at the first meeting in October. The course will cover the tailoring of coats, suits, dresses and children's wear.

Following the business, the hostess gave a demonstration of preparing mock enchiladas and cheese onion pie, the latter being a dish served with a meat course and not a dessert. Those present were then served the prepared dishes.

Present, in addition to Mrs. Brown, were seven members of the club and Mrs. Isabel Pace, county home demonstration agent and author of the Hints for Homemakers column in the Arizonan.

It was announced that Mrs. Brown and Mrs. J. Stanley Knox will attend a sewing machine attachment demonstration in Mesa on September 28.

COUNTY CALENDAR FOR HOME DEMONSTRATION PROGRAM

Maricopa County
1949

- January - Leader Training in three areas of County for Basic Principles of Cookery - Miss Reva Lincoln, Nutrition Specialist, directing
- 11th - County Agent Building, 1201 West Madison, Phoenix - 10:00 to 3:00
12th - Buckeye - place to be arranged.
13th - Mesa - place to be arranged.
14th - Leader training for all 4-H Foods Clubs' Leaders - Judging and Demonstrations - afternoon
-
- February - Leader Training - Adult Low Cost Meals - Stretching meat in menus. Reva Lincoln, directing
- 2nd - County Agent Building, 1201 West Madison, Phoenix
3rd - Buckeye - place to be arranged
4th - Mesa - place to be arranged
- February - Leader Training for Wood Finishes - Refinishing Old Woods - Miss Grace Ryan, Home Management Specialist, directing
- 23rd - County Agents' Building, 1201 West Madison, Phoenix
24th - Palo Verde School Auditorium
25th - Mesa - place to be arranged
-
- March - Leader Training for Wood Finishes - Treatment for Modern Finishes on New Woods (light finishes)
- 8th) - Palo Verde School Auditorium
9th) - County Agent's Building, 1201 West Madison - Miss Ryan, directing
10th) - Mesa - place to be arranged
- 16th)
17th) - Agent Training at Tucson for Sewing Machine Clinic
18th)
-
- April 17th- Easter Sunday
- 18th-21th - Possible date for Country Life Conference on University Campus.
29th - Maricopa County Homemakers' Achievement Day to be arranged
-
- May - Special interests of your own choosing (Health Studies & Services
and Suggestions - (Cancer Control
(Tuberculosis control
(Polio control
June - 4-H Roundup - U. of A. campus, Tucson (Water Testing
(Home Pasteurization of Milk
or (Household Pest Control
through (Recreation
the year (Sewing Machine Clinics (Textile Painting
(Yard Improvement & Landscaping (Out-of-Door Events
-

July &
August - Vacations

&

Special Interests - Enroll for Tailoring of Adult Garments - to be held September
October & November

September - Possible date for Country Life Conference.

- 27th - Leader Training in Use of Sewing Machine Attachments - Helen Church,
Clothing Specialist, directing
 - 28th - Tailoring - for specially enrolled members and Clothing Leaders -
place to be arranged
 - 29th - Same
-

October - Continuation of Adult Tailoring Series to Rotate for Home Assignment Work

11th, 12th, 13th,
18th, 19th and 20th

November - Final Series on Tailoring of Adult Garments

1st, 2nd & 3rd

- State Fair

11th - Armistice Day

24th - Thanksgiving Day

December - Local Club Demonstration Meetings and Christmas Parties

(through
the month) Topics of group planning

Dec. 25th) Christmas Day (Sunday)
26th)

PLEASE BRING THIS TO THE COUNCIL MEETING!

COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS

UNIVERSITY OF ARIZONA
COLLEGE OF AGRICULTURE
U. S. DEPT. OF AGRICULTURE
AND MARICOPA COUNTY COOPERATING

STATE OF ARIZONA
P. O. Box 751
Phoenix

AGRICULTURAL EXTENSION SERVICE
HOME DEMONSTRATION WORK
COUNTY AGENT WORK

December 16, 1948

Dear Homemaker:

The County Homemaker Club program has been calandered with dates set through the year for specialist help on projects selected at the October planning meeting.

Friday, January 7th, at 1:00 o'clock is the date of the Homemakers County Council meeting at the Agriculture Extension Office assembly room, 1201 West Madison, Phoenix. All club members and interested people are invited--it is important that all officers attend this meeting. Scheduling "Local Club Programs" will be the chief business of the session.

Club presidents please bring with you the following information:

1. Day and week in the month of your regular meetings. We need this information in the office.
2. Your project leaders' names and addresses.
3. Information relative to any special requests for organized clubs or for special groups interested in Extension work.
4. Local club enrollments.

Do you have your secretary book for the new year?

Blanks have been provided for your convenience in working out your schedules and a simple "year book" can be prepared if it is desired.

Nutrition Leaders: Mark your calendar for the leader training meeting you will attend for "Basic Principles of Cookery."

Date	Place	Time
Tuesday, January 11th	1201 West Madison, Phoenix	10:00 to 3:00 o'clock
Wednesday, January 12th	Buckeye - place to be arranged	
Thursday, January 13th	Mesa - place to be arranged	

Sincere wishes for a Merry Christmas and a Prosperous New Year.

Sincerely yours,

Isabell Pace

Isabell Pace
Home Demonstration Agent

COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS

University of Arizona
College of Agriculture
U.S. Department of Agriculture
and Maricopa County Cooperating

State of Arizona
P.O. Box 751
Phoenix

Agricultural Extension Service
Home Demonstration Work
County Agent Work

October 4, 1949

Dear Homemaker Club Officer and Project Leader:

The most important meeting of the year and a major responsibility for you as a community leader occurs on Friday, October 7, 1949.

The meeting is called for 10:30 at the county agents building, 1201 West Madison, Phoenix. Come prepared to discuss the problems of your area and to help with suggestions as to how the Extension Service may assist through your club with the solving of such problems.

Bring to this meeting the thinking of your entire membership if possible. List in order of importance the problems presented under the four major areas of homemaking (1) Clothing (2) Nutrition & Food Preparation (3) Home Furnishings and Home Management (4) Special Interests such as discussion programs; health information; crafts; recreation; special programs, etc.

Already you should have canvassed your group and have considered program suggestions as offered by the Extension Specialists.

Be seeing you Friday at 10:30. Bring your bag lunch.

Very truly yours,

Isabell Pace

Isabell Pace
Home Demonstration Agent

IP/fls

COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS

University of Arizona
College of Agriculture
U.S. Department of Agriculture
and Maricopa County Cooperating

State of Arizona
P. O. Box 751
Phoenix

Agricultural Extension Service
Home Demonstration Work
County Agent Work

October 8, 1949

Dear Homemaker:

The following is a compilation of program recommendations of project groups for your consideration and action:

CLOTHING

1. Selecting of clothing and material suited to individual
2. Special Finishes
3. Basic pattern and pattern alterations
4. Making plain dresses
5. Making accessories
6. Children's clothing

SPECIAL INTEREST

1. Accessories other than leather
2. Information on polio, cancer and undulant fever
3. Good grooming
4. Household repairs that women can do.
5. Leather work
6. Neighborhood recreation
7. Stenciling
8. Knitting and crocheting

NUTRITION

1. Food selection in relation to the physical well being
Well balanced meals. Over-all goal.
2. Use of Pressure cookers
3. More rigid inspection of our dairys for undulant fever
4. Large group dinners--Party refreshments and attractive ways to serve
5. Drying of fruits and vegetables and ways to use them.

HOME MANAGEMENT

1. Budgeting of money and time
2. Basic Human relationship
3. Home decoration and picture hangings
4. Slip cover and draperies
5. Brightening dark corners

Very truly yours,

Isabell Pace

Isabell Pace
Home Demonstration Agent

COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS

University of Arizona
College of Agriculture
U.S. Department of Agriculture
and Maricopa County Cooperating

State of Arizona
P.O. Box 751
Phoenix

Agricultural Extension Service
Home Demonstration Work
County Agent Work

October 14, 1949

Dear Homemaker Club President:

The attendance at the Program Planning Meeting was most gratifying and you'll be glad to know the three areas not represented either sent someone in to the sifting committee meeting on Friday, October 14 or indicated by writing or telephone their chief interests so our 1950 program should help to solve our problems.

Following the "Sifting Committee" consideration of the recommendations are as follows:

I Clothing

- a. Pattern alterations
- b. Making plain dresses

Preferred date - October and November

II Food Preparation and Nutrition

- a. Large group dinners - attractive service
- b. Party refreshments attractive ways to serve
- c. Spanish or Mexican dishes

January and February

III Home Management and Home Furnishings

- a. Budgeting of money and time
- b. Basic human relationships
- c. Making slip covers

March and April

IV Special Interests

- a. Accessories other than leather
- b. Good grooming - care of hair, skin, etc.
- c. Household repairs women can do
- d. Neighborhood Recreation

Summer months

Very truly yours,

Isabell Pace
Isabell Pace

Home Demonstration Agent

IP/fls

Isabell Pace
Maricopa County, Arizona
1949

Three Agents participated in the Radio School conducted at Tucson.

Agents Twitty and Eby attended 4-H Round-up and 4-H Club Camp. Miss Twitty also participated in the 4-H Leaders Training at Flagstaff.

Three Homemaker Clubs, one at Chandler last spring, one at Avondale and the other east of Tempe, have recently been organized and another will be organized December 9, at Tolleson, bringing the total to fourteen. Prospects are fair for a successful 1950 Home Demonstration Year.

House and Furnishings

Wood finishes as a factor for improving homes and making them more attractive was the project in the field of home furnishings selected by the program planning group for 1949.

Miss Grace Ryan, Extension Specialist, prepared an excellent leaflet entitled "The Finish Counts" which presents methods to be used for refinishing old furniture and to obtain modern finishes for unfinished pieces. A series of two leader training meetings in each of three areas of the county with Miss Ryan directing served to prepare local project leaders to give the work to their groups. Thirty-four leaders from 19 groups trained in the first "Refinishing techniques" and 37 leaders from 26 clubs in the second of the series "Modern finishes." Prior to the training meetings, kits of wood finishes, brushes, paint removers and various finishing materials, were prepared by the agent under Miss Ryan's direction. There was one kit for each area. These were to be circulated to assist leaders with their demonstrations.

Twelve homemaker club demonstrations by leaders and two by the agent were attended by 203 women who seemed thoroughly interested. The women were given information on how to care for and preserve the finish on really good woods and they acquired an appreciation of fine, perhaps old furniture of good woods, as well as how to provide acceptable and attractive modern functional finishes and how to care for these.

No real workshop sessions have been reported; however, women have cooperated to help each other and neighbors especially on refinishing. Nine Relief Society groups attended by 173 women also enjoyed the demonstrations. Followup activity was not reported since groups were inactive during the summer months and organization changes have made contacts quite impossible.

Incomplete reports for the county at the Agent's Office are as follows:
Meetings held 23, old pieces refinished by members 134, by others 9; new finishes by members 47, by others 17.

Women often speak of plans they have for furniture repair and finishing but somehow they do not get the time to attack the problem with its messiness, hard work, and confusion. Requests come into our office for both the furniture repair, finishing and slip cover leaflets. There are many commercial upholstery shops in this area and after investigation, women often give the job of re-upholstery over to professional people despite the high cost.

Isabell Pace
Maricopa County, Arizona
1949

Next year's program centers more particularly around the financial planning and family cooperation in management of the home.

Food Preservation and Storage

Problems of food preservation and storage were not directly included in the county plan of work for the year. No community clinics or canning demonstrations were requested.

The Home Demonstration Agent's Office is, however, a clearing house for information on all phases of food preservation, including canning and freezing and for home curing of dates and olives, specialty crops of this area.

United States Department of Agriculture Bulletins on both canning and freezing of fruits, vegetables and meats as well as others prepared at the State Office of the University were distributed, on request, over the county. However, the greatest number of these requests come from the Phoenix and nearby areas, chiefly from people relatively new in the area.

Calls into the office indicate considerable increase in home freezing equipment, also there has been an expansion of commercial food freezing plants with better service reported by locker holders.

Berries, figs, cantaloupe, and poultry were frozen at the office with excellent results using the small home freezer contributed by the O. S. Stapley Company for working with local products.

Forty-eight freezing bulletins were supplied to Mrs. Hickman, Home Service Director of O. S. Stapley Company, for use in four freezing demonstrations she conducted. Names and addresses of recipients were given our office.

The office plans to offer pressure gauge testing when equipment is available as considerable time has elapsed since this service was emphasized.

Year round production of vegetables, active community canning centers, increased freezing facilities and other markets probably account for the noticeable decrease in canning inquiries.

Two articles were prepared for the Mesa Journal-Tribune on The Value of the Home Freezer.

In outlying communities homemakers, long-time members of Extension groups, respond to calls and assist local people with their food preservation problems or refer them to our office.

A pleasant relationship exists with other agencies such as Central Arizona Light and Power Company, O. S. Stapley Company, Arizona Farmer, and Latter Day Saint Welfare Departments maintaining home service personnel in the furthering of approved methods in this field.

In-service training is planned for Home Demonstration Agents in May of 1950 to bring new developments in the Food Preservation Field.

Isabell Pace
Maricopa County, Arizona
1949

Food Selection and Preparation

The high cost of foods especially meats and other proteins, plus the ever present desire of the homemaker club members to provide nutritious and appetizing meals for their families was behind their request for "Basic Principles of Cookery" and "Low Cost Meals or Stretching Meat in the Menu," at the program planning for 1949. A series of two leader training meetings in each of three areas of the county with Miss Reva Lincoln, Extension Nutritionist, directing were planned and well attended. Forty-one leaders from eighteen communities came in for the first "Basic Principles of Cookery." Emphasis was given to the importance of using little water in vegetable cookery and of low temperature cookery to preserve both nutrition and flavor. Film strips were introduced as a teaching device in egg and vegetable cookery. These were made available to leaders for demonstrations with local groups.

For the second series, Miss Lincoln prepared a mimeographed leaflet entitled "Main Dishes That Save and Satisfy." All nineteen organized groups were represented by the 41 leaders at the training meeting. Five main dishes were prepared by the women which, with a drink and a crisp salad, were served as a luncheon. Following the meal, the women evaluated the dishes nutritionally and for flavor and appetite appeal, then planned how they would present the project to their local groups. Great interest has been expressed by women of local clubs and especially interesting were the reports of acceptance by the menfolks of the families. Four hundred twenty-five leaflets were distributed to groups and continued requests have come to the office for these recipes as a result of their use by homemakers at luncheons and large group dinners. Quite a number of copies have gone beyond the State borders, as women sent them to friends in other States. Mock Enchilades and Onion Cheese Pie were voted most popular.

Local leaders conducted 12 similar demonstrations with 218 attending at homemaker club meetings. The 14 Relief Society groups decided to serve one or two of the "Main Dishes" at their local monthly work meetings until all were used. These dishes were popular; however, a complete summary of results was not sent to the office. Stake Workers estimated between 400 and 500 learned of the food value of the dishes since all groups used them.

A copy of "Main Dishes that Save and Satisfy" is on the following page.

A popular request from people not enrolled in Clubs has been for Bulletin AIS-69 "Money Saving Main Dishes" as a result of the announcement made by the Extension Service Information Specialist.

"Grapefruit Deserts," a leaflet prepared by Reva Lincoln, Extension Nutritionist, has also been a popular request. One leader requested 38 copies for her entire membership, most of whom grow their grapefruit.

Freezing of grapefruit juice and sections has been a popular request.

The fancy Yeast Breads of the 1948 program was well received by the new club group at Chandler. The planned date happened to fall on the second day of the Bakery Strike, which fact added to its popularity and the loud acclaim from club members families.

M A I N D I S H E S

that Save and Satisfy

Prepared by ..

Reva Lincoln, Extension Nutritionist
University of Arizona

Most of us spend more of our income on food than for any other item of family living. But cost alone is not the measure of a good diet. By careful planning, we can whittle down costs and at the same time increase the nutritive value of our meals.

The "Main Dish" usually costs more than any other dish served at a meal because it contains meat or some other protein food. Very often we can cut food costs to good advantage here. Less expensive cuts of meat are just as nutritious as those which cost more. Other protein foods such as fish, cheese, and eggs may be substituted for all or part of the meat and still give us a dish of excellent protein quality. Beef and pork liver are food bargains for they have high health values in relation to cost. Dried peas and beans can be served at least once a week. They have good protein value if combined with small amounts of meat, eggs, or cheese.

Main dishes should be filling as well as nourishing and tasty. The main dish should be "main" in that all the other dishes are planned around it. The other dishes provide the "rounding out" of the meal. When the main dish includes both the protein food and the vegetables, it is not necessary to serve vegetables separately.

The 10 main dish recipes which are included in the following pages are each accompanied by a menu. These menus are merely suggestive. You will no doubt think of other foods which you would like to serve with these main dishes.

Most of these recipes are ideally suited to the use of leftovers. You can adapt them to make use of that half cup of meat, bit of cheese, or other leftovers on hand. In dishes of this type, it is necessary to know the basic recipes such as for white sauce and baking powder biscuits and to apply the basic principles of cookery for protein foods and vegetables. After that you can use your ingenuity.

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Cooperative Extension Work in Agriculture and Home Economics, the
University of Arizona College of Agriculture and the U. S. Department of
Agriculture Cooperating

SAVORY FISH LOAF

Menu No. 1

- Savory Fish Loaf
- Baked Potato
- Peas

- 2 teaspoons lemon juice
- 1 1/2 cups flaked cooked fish
- 3 tablespoons margarine
- 3 tablespoons flour
- 3/4 cup milk
- 1/2 cup bread crumbs
- 1/4 cup finely chopped celery
- 3/4 tablespoon chopped parsley
- 1/2 teaspoon salt

Pickled Beet Salad
Prune Whip

Add the lemon juice to the flaked cooked fish. Melt the fat, stir in the flour and then the milk, and cook until mixture is smooth and thick; cool. Add flaked fish, bread crumbs, celery, parsley, and salt; mix well. Place in a greased bread pan; bake in a moderate oven (350°F.) for about 45 minutes. Turn out on a platter and serve with egg sauce. Serves 4 to 6.

MOCK ENCHILADAS

Menu No. 2

- Mock Enchiladas
- Coleslaw
- Fresh Fruit Cup with Date Filled Cookies

- 1 pound ground beef
- 2 tablespoons fat
- 1/3 cup chopped onion
- 1 teaspoon salt
- 1/4 tsp. pepper
- 1 No. 1 can (2 cups) chili con carne with beans
- 1 small can tomato paste or 1/2 cup liquid
- 1 3 1/2-ounce package corn chips
- 1 1/4 cups diced American cheese (1/2 pound)

Brown meat in hot fat. Add onion; cook until golden. Season with salt and pepper. Add the chili con carne and tomato paste. Place layer of corn chips in greased pan. 1 1/2 quart baking dish. Alternate layers of chili con carne mixture, corn chips, and cheese. Bake in moderate oven (350°) about 10 minutes. Serves 6.

Suggestion: Cut down costs in this recipe by making your own chili con carne.

BAKED SAUERKRAUT WITH SAUSAGE

Menu No. 3

- Baked Sauerkraut with Sausage
- Glazed apple rings
- Tomato Aspic Salad
- Honey-Pecan Custard

- 1 quart sauerkraut
- 12 small pork sausage cakes

Place 1/2 the kraut in the bottom of a baking dish. Sprinkle with 1 tablespoon of flour. Add the remainder of the kraut and sprinkle with a tablespoon of flour. On this place 12 small sausage cakes. Add 1 cup hot water. Cover with a crust made of your favorite baking powder biscuit dough. Bake at 350° F. for about 45 minutes. If you wish, serve with a brown gravy made from sausage drippings.

Menu No. 4

DELICIOUS LIVER CASSEROLE

Delicious Liver Casserole

1 pound sliced liver
Water

Feathered Rice

2 tablespoons margarine
2 tablespoons flour

Green Beans

1 1/2 cup liquid in which liver was
cooked

Crisp Relishes...

2 tablespoons chopped celery

Broiled Grapefruit

Drop liver into boiling water and simmer 5 minutes or longer. Drain; save liquid. Cut into 1/4 inch cubes. Melt margarine, add flour and gradually pour in liquid, stirring until thickened. Add liver, celery, olives, seasonings and hard-cooked eggs. Pour into casserole. Sprinkle with bread crumbs. Bake uncovered in a moderate oven (350° F.) 20 minutes or until thoroughly heated. Serves 6.

1/2 cup sliced stuffed olives
1 teaspoon salt
1/4 teaspoon paprika
1 tablespoon Worcestershire
Sauce
2 hard-cooked eggs, diced
1/2 cup buttered bread crumbs

Menu No. 5

VEGETABLE CHEESE CASSEROLE

Vegetable Cheese Casserole

2 tablespoons butter
1 1/2 cup milk

Brown Potato Cakes

1 tablespoon chopped onion
1 cup liquid in which vegetables were cooked

Grapefruit and Endive Salad

3 tablespoons flour
2 eggs, beatenHot Gingerbread Squares
with Whipped Cream

1 teaspoon salt
1 cup grated yellow cream cheese
dash of pepper
2 cups cooked green beans
1 tablespoon Worcestershire
2 cups sliced cooked carrots
Sauce
Buttered cracker crumbs

Melt Butter, cook onion in it slightly and add flour and seasonings, blending well. Gradually add the milk and vegetable liquid, stirring while cooking. When slightly thickened, add beaten eggs. Cook 1/2 minute while stirring constantly. Do not let the sauce boil after adding the eggs. Last of all, add the grated cheese and stir in the vegetables. Pour into a greased baking dish, cover with buttered cracker crumbs and bake at 350° F. for 30 minutes. Serves 6.

Menu No. 6

TUNA PUFF

Tuna Puff

- 3 1/2 cups hot mashed potatoes
- 4 tablespoons margarine
- 3/4 cup hot milk
- 2 teaspoons salt
- 1/4 teaspoon paprika
- 1/8 teaspoon pepper
- 3 eggs, separated
- 1 cup flaked tuna

Mushroom Sauce

Buttered Broccoli

Orange-Avocado Salad

Taploca Cream

Whip hot mashed potatoes with margarine, milk and seasonings. Beat egg yolks until light. Stir the beaten yolks and flaked tuna into the potatoes. Fold in the stiffly beaten egg whites. Spoon lightly into greased muffin tins and bake at 325° F. for 45 minutes. Serve with a mushroom sauce.

Substitutions: Any cooked ground meat or grated cheese may be substituted for the tuna.

Menu No. 7

HAMBURGER PIE

Hamburger Pie

Tossed Green Salad

Chilled Pears
with

Crisp Cookies

- 1 pound ground beef
- 2 tablespoons fat
- 1 medium onion, chopped
- 1 teaspoon salt
- 1/8 teaspoon pepper
- 2 1/2 cups cooked green beans
- 1 can tomato soup
- 3 1/2 cups hot mashed potatoes
- 1/2 cup hot milk
- 1 egg, beaten
- 1 teaspoon salt
- 1/8 teaspoon pepper

Brown the meat in the hot fat. Add the onion and cook until it is golden. Season with salt and pepper. Add the green beans and tomato soup. Pour the mixture into a greased 2-quart casserole. Whip the hot mashed potatoes with the milk, beaten egg and seasonings. Spread the potatoes over the meat mixture. Bake at 350° F. for 35 minutes. Serves 6.

Menu No. 8

ONION CHEESE PIE

Onion Cheese Pie

Buttered Spinach

Fresh Fruit Salad

Chocolate Cup Cakes

1 1/2 cups fine soda cracker crumbs
1/2 cup margarine, melted
2 1/2 cups onions, sliced thin
2 tablespoons margarine
1 1/2 cups milk

3 eggs, slightly beaten
1 teaspoon salt
1/4 teaspoon pepper
1/2 pound cheddar processed cheese
finely shredded

Combine cracker crumbs and melted butter. Blend thoroughly and press evenly in buttered deep 9-inch pie plate. Saute onions in margarine until lightly browned. Place in bottom of cracker crumb crust. Put the cheese on top of the onions. Scald the milk and slowly add to the eggs, stirring constantly. Add the salt and pepper and pour over the onions and cheese. Bake in an oven at 325° F. about 45 minutes. Serves 6.

Menu No. 9

CARROT SOUFFLE

Carrot Souffle

Buttered Cauliflower

Pineapple & Watercress Salad

Brownies

1 1/4 cups milk
4 tablespoons margarine
6 tablespoons flour
1 to 1 1/2 teaspoons salt
1 teaspoon finely chopped onion

3 eggs separated
1 1/2 cups finely grated raw carrot

Heat milk. Blend fat and flour together and add to the hot milk and cook, stirring constantly until thickened. Add salt and onion. Stir the white sauce mixture gradually into the slightly beaten egg yolks. Cool slightly. Stir in the carrots. Fold this mixture gently into the stiffly beaten egg whites. Pour into an ungreased casserole and bake at 325° F. for about 1 hour. Serves 6.

Meat Turnovers
with Creamed PeasSweet Potato SlicesWaldorf SaladLemon JunketFrosted Graham CrackersMeat Filling

- 1 1/4 cups cooked, chopped ham or beef
 2 tablespoons bacon fat
 1 1/2 tablespoons flour
 1/2 cup milk or meat broth
- 1 tablespoon grated onion
 2 tablespoons finely chopped celery
 1/2 teaspoon salt
 pepper

Brown meat lightly in fat. Add flour and stir until well blended. Add milk and stir until mixture is thickened and smooth. Remove from heat and mix in remaining ingredients.

Biscuit Dough

- 1 1/4 cups sifted flour
 2 teaspoons baking powder
- 1/2 teaspoon salt
 3 tablespoons shortening
 1/2 cup milk

Sift together flour, baking powder, and salt. Cut in shortening. Add milk, stirring to make soft dough. Turn out onto lightly floured board or pastry cloth. Knead gently to shape into smooth ball. Divide into six balls--roll each separately.

Put 1/6 of meat filling on each circle. Fold dough over and press edges together with fork. Bake 15-20 minutes at 425° F. Serve with meat gravy or a creamed vegetable sauce. Serves 6.

Substitutions: Raw ground beef; cubed, cooked chicken; or ground cooked ham mixed with 1 tablespoon prepared mustard may be substituted for the cooked, chopped beef.

Variation: Roll biscuit dough to 1/4 inch thickness. Spread meat filling over the dough. Roll like a jelly roll, cut into 1-inch slices; place in greased pan; brush top with butter or margarine. Bake and serve as suggested for the turnovers.

LEADER'S REPORT

SUMMARY OF BASIC PRINCIPLES OF COOKERY
as reported by 5 Homemaker Clubs
Westwood Washington
Alhambra Palo Verde
Liberty

	Club Members	OTHERS (Relatives, neighbors, friends, 4-H members.)	
		4-H girls	others
As a result of the meeting on Basic Principles of Cookery			
How many have put the following into practice:			
Low temperature cookery for meat.....	105	30	35
Low temperature cookery for eggs.....	93	30	35
Small amount liquid in cooking vegetables.....	106	30	35
Make good use of any vegetable liquid left.....	78	30	20
Barely mix muffins long enough to combine ingredients.....	81	30	10
Blend fat and flour and add to hot milk to make creamy white sauce.....	90	30	13

SUMMARY OF MAIN DISHES THAT SAVE AND SATISFY

	No. of Club Members Who Prepared Recipe	Total No. of Times Recipe Prepared by Those Reporting
As a result of the meeting on Main Dishes that Save and Satisfy		
How many have prepared each of the following recipes:		
Mock Enchiladas.....	89	534
Onion Cheese Pie.....	38	114
Hamburger Pie.....	27	108
Vegetable Cheese Casserole.....	15	47
Meat Turnovers.....	24	120
Liver Casserole.....	5	11
Fish Loaf.....	48	144
Baked Sauerkraut with Sausage.....	18	21
Tuna Puff.....	25	127
Carrot Souffle.....	18	33
Tamale Loaf.....	54	131

Isabell Pace
Maricopa County, Arizona
1949

Another Food Preparation Service was a pressure saucepan cookery demonstration at the request of Mrs. Jean Wellman, Phoenix Technical School, as a feature of the program for training practical nurses. Twenty-six trainees participated.

A complete meal consisting of beef roast and vegetables, steamed brown bread, broccoli and custard was prepared and served to the group. Various types of pressure pans were discussed with time allowed for questions. These women will go into homes to assist with nursing and general household duties.

Other miscellaneous service in the field consisted of special recipes, menus for community dinners, and special cookery problems.

Next year's program centers around foods and how to serve community dinners and party groups. Women expressed a need for more attractive ways of serving since they serve or cooperate with other groups in community dinners.

Clothing and Textiles

Tailoring of children's garments was the final project for 1948 and since the series of classes was scarcely completed, it was impossible to properly evaluate garments made or get a summary prepared for the annual report, hence this report is here included.

Enrollees, on registering, pledged themselves to attend all classes necessary to complete their garments and to serve as leaders to assist others by passing on tailoring techniques. Relief Societies of Mesa area did not enroll in this project.

The women all made three pieces of pressing equipment - a wool press cloth, pressing roll, and a press cushion - to be used in their class work.

These articles, with demonstrations of their use and the making of bound button holes, also other techniques which can be applied in any clothing construction, constituted the demonstrations leaders took back to local club groups.

Nine Homemaker Club members gave 16 demonstrations with attendance of 254, one 4-H group included. Two leaders directed 7 Relief Society women in making coats and did a very satisfactory job.

Twenty-nine women trained in the first series and made 30 coats; one enrollee made coats alike for twin daughters.

Miss Helen Church, Extension Clothing Specialist, worked with this series. Later the agent responded to two urgent requests, a Parent Teachers Association group of young mothers at Kyrene and the Phoenix Relief Society leaders. Nineteen coats or jackets were made.

The following summarizes the project:

ARE YOU SATISFIED WITH THE CHILD'S TAILORED COAT OR JACKET?
Score Card

	Check Need to Improve	Satisfactory?
1. Fabric and Design		
Is fabric suitable for child?	<u>10</u>	<u>31</u>
Color becoming and practical?	<u>10</u>	<u>33</u>
Design suitable to fabric?	<u>9</u>	<u>32</u>
2. Fit		
Does garment allow ease for movement		
When standing?	<u> </u>	<u>37</u>
When sitting?	<u> </u>	<u>37</u>
Do sleeves hang without wrinkles?	<u>2</u>	<u>33</u>
Is there adequate length for let down of sleeve? (1 1/3 to 2 inches).	<u> </u>	<u>35</u>
Is Shoulder padding adequate?	<u>3</u>	<u>34</u>
Can you lengthen coat?	<u>5</u>	<u>29</u>
3. Construction		
Is machine stitching even and straight?	<u>4</u>	<u>29</u>
Does thread match?	<u>9</u>	<u>34</u>
Straight edge down front edge?	<u>9</u>	<u>36</u>
Are lapels sharp, even and same size?	<u>9</u>	<u>26</u>
Buttonholes well made?	<u>8</u>	<u>27</u>
Buttons correct size, color and shape?	<u>12</u>	<u>32</u>
Are pockets in correct position?	<u>9</u>	<u>25</u>
Is lining put in correctly?	<u>8</u>	<u>23</u>
Are hems at cuff and buttons inconspicuous?	<u>9</u>	<u>29</u>
4. Pressing		
Were darts pressed correctly?	<u>10</u>	<u>33</u>
Were seams pressed adequately?	<u>12</u>	<u>33</u>
5. Value of projects - (money)		
49 coats or jackets made.		
40 from new material, 9 from used but good material.		
Total Cost <u>\$390.87</u> , Estimated Store Value <u>\$903.10</u> .		

Communities from which enrollees came:

- | | |
|---------------|------------|
| Palo Verde | Cartwright |
| Buckeye | Scottsdale |
| Litchfield | Kyrene |
| Washington | Tempe |
| South Phoenix | El Ritero |
| Tolleson | |

SUMMARY OF
ACCOMPLISHMENTS FROM TAILORING SCHOOLS

NAME Maricopa County Children's Tailoring

1. Have you made garment other than the one made at Tailoring Meetings?

How many 37 garments.

Do you plan to make a Tailored Garment this fall or winter?

2. What of the following have you used

- | | |
|-----------------------------|------------------------------|
| 1. Clapper for pressing | yes <u>48</u> no <u> </u> |
| 2. Shoulder pads | yes <u>24</u> no <u>4</u> |
| 3. Method of finishing hems | yes <u>52</u> no <u>1</u> |
| 4. Press Cloth | yes <u>42</u> no <u> </u> |
| 5. Buttonhole Method | yes <u>29</u> no <u>1</u> |
| 6. Interfacings | yes <u>18</u> no <u>3</u> |
| 7. Other | |

3. Have you helped others with tailoring problems Yes 15 No 2

4. Have you used information learned in purchasing ready made coat or suit? Yes 7 No 4

Help to others:

One Relief Society Worker in Phoenix has trained leaders from nine groups to use pressing equipment and also to make bound buttonholes according to tailoring leaflet. Each woman made a press roll, round press cushion and wool press cloth.

One Kyrene member writes, "I'd never had the nerve to attempt bound buttonholes before. Since the tailoring class, I've made them in two dresses and I'm really proud of my own buttonholes. I've also used interfacings and my garments look so much better and my collars look so much nicer. I've taught my younger sister to make sure when she cuts out to watch grain line and how to shrink out fullness in wool. I do so much appreciate what I've learned.

Thanks truly,"

COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS
State of Arizona

University of Arizona
College of Agriculture
U.S. Department of Agriculture
and Maricopa County Cooperating

P. O. Box 751
Phoenix

Agricultural Extension Service
Home Demonstration Work
County Agent Work

August 30, 1949

Dear Homemaker Clothing Leader:

Are you surprised that it is now time to "get-set" for our Fall Homemaker Club Program? It is the long anticipated "Use of Sewing Machine Attachments" project; with Miss Church to supervise this training. I'm sure you, as a leader, will be able to present the subject to your local club at your October meeting.

Dates for training are as follows: You may attend the session most convenient for you.

Tuesday, September 27, 1949 - Palo Verde School 1:30 to 4:30
Wednesday, September 28, 1949 - Mesa 2nd Ward L.D.S. Relief Society Hall 1:30-4:30
Thursday, September 29, 1949 Phoenix County Agents Office, 1201 West Madison, 10:00 to 3:00 - Better bring your sandwich.

What to bring:

1. A portable or other machine for each two (club) leaders.
2. Full set of attachments for machine.
3. Screw driver
4. Instruction book for machine used.
5. Thread
6. Scraps of material for practice - preferably cotton (not too heavy).

Very truly yours,

Isabell Pace

Isabell Pace
Home Demonstration Agent

IP/fls

COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS
State of Arizona

University of Arizona
College of Agriculture
U.S. Department of Agriculture
and Maricopa County Cooperating

P. O. Box 751
Phoenix

Agricultural Extension Service
Home Demonstration Work
County Agent Work

September 12, 1949

Dear Homemaker:

The adult tailoring classes in Maricopa County will begin with all enrollees meeting at the County Agriculture Office Assembly, 1201 West Madison, Phoenix at 10:30 Friday, September 30th.

You have expressed a desire to participate in this project, hence, the enrollment card is enclosed for your convenience in enrolling. The September 30th date is especially important since Miss Helen Church, Extension Clothing Specialist, will discuss and plan with members for pattern, style and fabric selection.

Tentative dates for subsequent classes in three areas of the county are as follows:

<u>COMMUNITY</u>	<u>PLACE</u>	<u>DATE</u>
Buckeye	To be arranged	October 11, 1949
Mesa	L. D. S. 2nd Ward Building	October 12, 1949
Phoenix	County Agents Bldg. 1201 W. Madison	October 13, 1949
Phoenix	County Agents Bldg. 1201 W. Madison	October 18, 1949
Mesa	L. D. S. 2nd Ward Building	October 19, 1949
Liberty	Community House	October 20, 1949
Palo Verde	School auditorium	November 1, 1949
Phoenix	County Agents Bldg. 1201 W. Madison	November 2, 1949
Mesa	L. D. S. 2nd Ward Building	November 3, 1949

It may be necessary to have a fifth class if all projects are not completed. Enrollees should plan to attend all classes in their area, and those registering early and who are regular members of Homemaker clubs will have preference should more people register than can be cared for.

Please get card in by September 17 as requested.

Very truly yours,

Isabell Pace

Isabell Pace
Home Demonstration Agent

IP/fls

Isabell Pace
Maricopa County, Arizona
1949

No project in the experience of this agent has gotten so much enthusiastic support, not only from class members but from local Homemaker Club members as well. It was logical that the 1949 County program should demand women's tailoring even though it meant all members could not and were not experienced enough to register for the work.

A series of five classes with four groups, one in the west county area, two to accommodate the central area and one at Mesa, was held. It was necessary to limit enrollments to Homemaker Club Members and Relief Society Clothing Leaders. The enrollment was finally adjusted to 68. The homemakers at Chandler had many wishing the course; however, they could not come in so far to meet with planned groups, hence, the Home Economics teacher at Chandler High School conducted a tailoring class with 17 enrolled.

As was true last year, the coats and suits are not completed in time for evaluation of the project or a complete summary. Seventy-two garments have been made, all from new material. A tea is planned for an early date following the holidays when all of the garments made will be modeled. It is hoped our State Leader, Miss Jean Stewart, and Miss Helen Church, Clothing Specialist, can join us.

We are expecting to have Mr. Joe McClelland, Information Specialist, attend to take pictures of women wearing their suits and coats.

Miss Church was able to assist with most of the classes.

A complete summary of results will be a part of next year's report.

Pattern Alteration and Making a Simple Dress has been chosen as the Clothing program for 1950.

Use of Sewing Machine Attachments

Another project for which leader training was given in two areas of the county for Homemaker Club Clothing leaders was the Use of Sewing Machine Attachments.

Twenty-four leaders from eleven clubs prepared samples using their own attachments in preparation for their local demonstrations. Many of the leaders had not known what certain attachments were intended for.

The simple seam gauge attachment has been talked of in all clubs as truly a find.

Relay demonstrations were given to all clubs in October or November. The University of Arizona Circular 143 was provided women participating.

Sewing Machine Clinics

Agents from all counties were given In-Service Training in preparation for the Sewing Machine Clinics by Miss Church at Tucson. In Maricopa County eleven clinics were held with 89 machines cleaned and as many women taught how to properly oil, adjust, clean and care for their machines. Farmers Bulletin 1944 was provided for the women's files.

Homemakers in Chandler to Meet

The Chandler Homemaker's Club will meet Friday, at 1:30 at the Chandler Community Methodist Church, for a regular monthly demonstration meeting.

Mrs. Kenneth Chilton will give a demonstration on "Sewing Machine Attachments" and will be assisted by Mrs. Stanley Knox.

The purpose of the demonstration is to show the many uses of the sewing machine attachments, such as the gatherer, the hemmer, the ruffler, the tucker and other attachments.

The meeting is open to anyone interested. Women owning portable sewing machines are asked to bring them in learning the use of the attachments.

Mrs. James Gossett and Mrs. Wesley Baugh will be hostesses and will serve refreshments.

HOMEMAKERS CLUB TO SPONSOR CLASS IN TAILORING

The Chandler Homemakers Club is sponsoring a tailoring class in the new home economics room of the high school, with the first class scheduled for Monday, October 3. The time for the classroom meetings has been set from 7:00 p. m. to 9:00 p. m.

The instructions will be under the direction and supervision of Miss Margaret Lopp, of the high school faculty, and the classes are open to members of the Homemakers group. Facilities are limited and Mrs. LeRoy Brown, club president, asked that those interested in receiving the instructions be on hand at the first meeting.

The classes will meet each Monday evening at the same hour.

Isabell Pace
Maricopa County, Arizona
1949

This training has given these women a confidence and satisfaction they seem to appreciate keenly. Machines were of all makes, ages and conditions; some showed signs of long neglect and poor treatment.

More clinics will be arranged for less busy months next summer.

Dress Forms

Making dress forms was a special interest program with three Homemaker groups. For the most part local leaders of experience have planned for and guided the project. Assistant Twitty assisted two of the groups and the women were pleased with the improved methods she used.

Twenty-eight forms were completed in these three areas.

Miscellaneous Activities

Health and Safety, fire prevention leaflets sent by the Extension Sociologist, A. B. Ballantyne, were distributed to Homemaker Club members and they were urged to initiate cleanup campaigns in their communities.

Family Economics and Home Management

Four Household Pest Control Meetings at which Dr. J. N. Roney, Extension Entomologist, talked and demonstrated newest insecticides and how to effectually use them, was held. Chandler, South Phoenix, and Orangeland Homemaker Clubs, all new groups, asked for the service. A member of the Orangeland Club arranged for Dr. Roney to present the demonstration to 80 Phoenix men and women. Thirty-two attended the club meetings.

Family Relations

A conscientious attempt is made to point out opportunities for developing good family relationships in connection with all project work, not only through better home conditions but by encouraging families to play and work together and to contribute to better community life through planned programs.

The Annual Homemaker's Rally Day and Picnic was attended by 106 members. A sumptuous dinner, rousing program, and business meeting was held at the new community house at Liberty. Miss Jean Stewart, State Leader, was a guest speaker and installed the newly elected officers.

Country Life Conference

Twenty-seven women and three agents from Maricopa County attended the Country Life Conference on the University Campus, April 18 to 21. The well-planned program with fine speakers, fun sessions, etc., gave the women something to think about and to bring back to their groups. We especially enjoyed Miss Amy Kelly of the Missouri Extension Service because of her fine philosophy of living.

We look forward to having more women attend next year.

July 18 41

Roney Tells Homemakers about Insects

The Chandler Homemakers Club met at the Methodist church Friday afternoon for its monthly meeting and social hour.

Dr. J. N. Roney, Entomologist of the Agricultural Extension Service, University of Arizona, gave a very interesting and beneficial demonstration on household insects and their control. He presented each member present a bulletin which listed harmful insects and the method by which they can be controlled. Anyone wishing a copy of this bulletin may contact Dr. Roney, Agricultural Extension Service, 1201 W. Madison St., Phoenix, Arizona.

The Homemakers Club meets on the second Friday of each month, the next meeting to be held August 12, at which time the ladies will have their third lesson in textile painting. For further information those interested may call the president, Mrs. Billie Brown, phone 3713, Chandler.

At the close of the meeting refreshments were served by hostesses Mrs. E. A. Guptill and Mrs. James Frost.

Homemakers Rally Held at Liberty

CELEBRATING their first Homemakers Rally Day, which takes the place of the former annual Achievement Day, 105 members of the Maricopa County Homemakers Council and their guests held an all-day session at the Liberty Community Clubhouse April 29. Liberty Homemakers were hostesses for the occasion and served a bountiful pot-luck luncheon at noon.

Special guests were Lucy Knox of Laveen, president of the Pima Women's Council, Ruth Bohnee of Santan, Stotonic Club member and vice-president of the Pima Council, and Oleta Brinkerhoff, home demonstration agent for the Indian Service. Their visit marked the first meeting of representatives of the Indian homemakers clubs with the Maricopa council.

Morning hours were devoted to introduction of state and county extension representatives and guests and a program featured by music and skits. Buckeye Homemakers Club led a community sing, Litchfield, Washington, Orangeland, Liberty and Alhambra Clubs presented skits, and Palo Verde and Westwood clubs were represented by musical numbers. Eliza Narramore of the Palo Verde Homemakers was program chairman.

Mrs. W. W. Parker, 72-year-old Buckeye member who has been an active Homemaker for 12 years, and Mrs. Archer Seaver, 19-year-old Litchfield member who joined the Homemakers recently, were given special honor, respectively, as the oldest and youngest council members present.

Mina Lightfoot of Alhambra was re-elected president at the annual election which took place early in the afternoon. Edith Currie of Washington, retiring secy.-treas., was chosen vice-pres. and Mavis Narramore of Palo Verde, secy.-treas. Vivian Bruner of Palo Verde is retiring vice-president. Jean M. Stewart, state home demonstration leader, installed the new officers immediately following their election.

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College of Agriculture
U.S. Department of Agriculture
and Maricopa County Cooperating

P. O. Box 751
Phoenix

Agricultural Extension Service
Home Demonstration Work
County Agent Work

April 15, 1949

Dear Homemaker Club President:

A check-up made by your county Homemakers Council President and myself indicates plans for our Annual Rally (Achievement Day) is progressing nicely.

Can you answer yes to the following questions:

- 1- Do you have a program number ready?
- 2- Is your club to be fully represented at the rally?
- 3- Have you planned for luncheon for your group? The committee suggest a main dish, a filling salad, a desert, bread and butter. The Liberty Club will provide silver, paper cups and plates, also a cold drink.
- 4- Are you all primed for a truly good time? Let us make it an occasion to be remembered!

PLACE: Liberty Community House, 26 miles west of Phoenix on Buckeye Road, next to Liberty School and Church.

TIME : 10:30 - Friday, April 29th 10:00 to 10:30 A.M.

Eliza Narramore of the Palo Verde Club will be program chairman - she is anxious to know what the numbers are.

Mrs. Edith Currie, Secretary of the County Council will register numbers as they arrive.

The nominating committee will present a ~~slate~~^{slate} of officers for next year.

Be seeing you at the Homemaker's Rally.

Tear Off Here

CLUB _____

PRESIDENT _____

Please fill in the information asked for below and return in the enclosed envelope not later than Saturday, April 23rd.

1. Numbers who will attend from your club _____.
2. Program number from your group _____.
3. Estimated time for program number presentation _____ minutes.

Sincerely,

Isabell Pace
Isabell Pace
Home Demonstration Agent

COUNTY WOMEN AT COUNTRY LIFE MEETING



Among Maricopa County delegates to sixth annual Country Life Conference of Arizona farm women held recently at University of Arizona were: (front row) left to right, Mrs. H. H. Heath, Route 8, Mrs. Albert Favor, Buckeye, Mrs. Oscar Helmhout, Higley, Mrs. Gerald Kirwin, 5124 North 21st Avenue; Mrs. B. D. Stallings, Route 3; Blanche W. Boles, Route 12, and Joy E. Collins, 2313 East Harrison Street; (center row) Mrs. Ben Guptill, Chandler; Mrs. Edward Chappel, Gilbert; Clara Emmett, Mesa; Mrs. L. G. Robertson, Tolleson; Mrs. H. C. Tompkins, Route 3; Mrs. Jack Cartwright, Christy Road; Mrs. Albert Tone, Mesa; (back row) Isabell Pace, county home demonstration agent; Elizabeth Eby, assistant home demonstration agent; Mrs. R. C. Picquette, Buckeye; Mrs. F. E. Bledsoe, Route 8; Mrs. Wayne Heffelfinger, Route 8; Mrs. Max D. Green, Route 6; Virginia Twitty, 1522 West Madison Street, and Mrs. George Hussey, Route 3. A report on the conference will be broadcast at 5:30 p. m. tomorrow over Station KOY.

CHANDLER WOMEN TO ATTEND TUCSON COUNTRY LIFE PARLEY

Mrs. Ben Guptill and Mrs. J. S. Knox will represent Chandler at the Sixth Country Life Conference of Arizona Women to be held Monday, April 18 in Tucson.

Mrs. Isabell Pace, home demonstration agent in making the announcement said that approximately 30 women will be present and that an unusually interesting program is planned.

COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS
STATE OF ARIZONA
P. O. BOX 751
PHOENIX

UNIVERSITY OF ARIZONA
COLLEGE OF AGRICULTURE
J. S. DEPARTMENT OF AGRICULTURE
AND MARICOPA COUNTY FARM BUREAU COOPERATING

AGRICULTURAL EXTENSION SERVICE
HOME DEMONSTRATION WORK
COUNTY AGENT WORK

April 8, 1949

Congratulations on having made reservation for the sixth Country Life Conference on the University of Arizona Campus, Tucson, April 18 to 21. I'm very sure you will be delighted with this event with four days away from routine tasks and with the varied programs of entertainment, talks, tours on the campus and to other interesting points, as well as the opportunity to learn and to participate.

You may register at Yuma Hall on the Campus any time after 1:00 P.M. until 6:00, at which time you will also make your choice of class activity. You may wish to give some thought to which one of the five possible classes you will wish to participate.

They are: (1) Basic Values in Human Relations, by Dr. Donald S. Klaiss, associate professor of sociology at the University of Arizona; (2) The Artist in Each of Us, by Frances D. Richards, instructor in art; (3) Recreation for 'Teen Agers, by Gilbert Ray, director of Pima County recreation department; (4) Design in Flower Arrangements, by Mildred R. Jensen, assistant professor of home economics; (5) Answering the questions of Young People, by Dr. Dorothy I. Marquart, instructor in psychology.

Unless you have made special request we take for granted you have worked out transportation to and from Tucson. Contact the County Agents office, 1201 W. Madison, Phone 4-2133 if you need further information. Be sure to listen to "Arizona Highlights" with Howard Pyle Tuesday or Wednesday of next week at 7:45 A.M.

Please tell your friends they may make reservations up to April 9th. It's an opportunity to get the college "touch" as an "Easter Gift".

Sincerely,

Isabell Pace
Home Demonstration Agent

IP/fls

Hints to Homemakers

by ISABELL PACE

Home Demonstration Agent

FOOD SUGGESTIONS FOR WARM WEATHER

In August, the friendly warmth of kitchens has a way of becoming a bit too ardent. Homemakers try to think up ways of spending the least possible time in their kitchen. At the same time they want their families well fed. The rules of good nutrition are just as important in August as in every other month. For children they may be almost more important, for it is during the summer months that many youngsters build up a "health reserve" to help carry them healthfully through the school year.

All of this means plenty of vegetables and meat, cheese, eggs, milk and fruit, and plenty of energy yielding foods for growing youngsters as well as their parents.

Any number of table-reading or near table-ready foods can be combined with macaroni, spaghetti and noodles to make appealing and eye tempting dishes. There is a great variety of fine foods in cans: salmon, tuna, shrimp, meats, sausages, sauces, vegetables, mushrooms, soups and so on down a long list.

Then there are cheeses of all kinds; table ready meats from the market and eggs.

Keep in mind that warm weather food needs to be extra-attractively served to stimulate flagging appetites.

Make dishes colorful with fresh garnishes of watercress, parsley, pickles, green pepper, or pits of pimento, or with golden mounds of shredded cheese, or sieved hard cooked egg yolk. Don't overlook the value of buttered-crumbs topping on casserole dishes.

Take a delightful new food combination, a table set with crisp fresh linens or colorful place mats, a centerpiece of gay summer flowers—and you have a three-part recipe tested and proved to make people forget soaring August temperatures. To help with the first and most important of these three ingredients try marine Tomato Salad, because it seems to have one eye on the mercury and the other on a tight food budget that should take a starring role in a sunny days luncheon.

Flaked salmon and elbow spaghetti, expertly seasoned, form a filling main dish combined with slices of luscious garden ripe tomatoes. To accompany this main dish salad, we suggest buttered lima beans, spicy pickled beets and cucumbers and fragrant hot muffins. For dessert, fresh ripe fruit, melon or sherbet with cookies or white cake squares.

More suggestions next week!

Hints to Homemakers

by ISABELL PACE

Home Demonstration Agent

FOOD SUGGESTIONS FOR WARM WEATHER

A good warm weather main dish is a feather-light Corn and Frankfurter Souffle suggested by The Wheat Flour Institute of Chicago.

Thrifty frankfurters and minced onion do the good flavoring job while creamy egg noodles donate their good protein to make the dish satisfying and healthful.

A delicate hint of mint gives a new touch to an easy top-of-the-range main dish called "Minted Lamb Patties." Elbow macaroni is folded into mint sauce to form an enticing nest on which to serve the browned patties. Extra mint makes a crisp garnish.

Puffy Spaghetti Omelet, with golden finely shredded cheese peeking from between light crusts of the omelet is topped off with a tangy smooth tomato sauce. Serve with a salad of tender green cabbage in lemon gelatin. Crisp rolls are good with this.

MARINE TOMATO SALAD

4 ounces elbow spaghetti
4 tomatoes
1 teaspoon salt
1 green pepper
1 cup salmon (1 8-oz. can)
¼ cup cooked salad dressing
½ teaspoon salt
Dash pepper
1 tablespoon lemon juice
½ teaspoon Worcestershire sauce

Cook spaghetti in boiling salted water until tender (about 8 minutes). Drain and rinse in cold water. While spaghetti is cooking, peel tomatoes. Slice off tops and scoop out tomato pulp. Sprinkle with about 1 teaspoon salt. Remove core from pepper and slice four thin rings. Chop remaining pepper and combine with spaghetti and tomato pulp. Add remaining ingredients in order given and mix thoroughly. Fill each tomato with part of salmon mixture. Arrange remaining salmon mixture on chop plate with pepper rings on top. Place one tomato on each pepper ring. Serve chilled. Makes 4 servings.

CORN AND FRANKFURTER SOUFFLE

3 ounces noodles
2 tablespoons butter or margarine
2 tablespoons enriched flour
1 teaspoon salt
1 tablespoon prepared mustard
¾ cup milk
2 eggs, separated
1 cup whole kernel corn
4 cooked frankfurters, sliced
1 small onion, diced

Cook noodles in boiling salted water until tender (about 5 minutes). Drain and rinse. While

noodles are cooking, melt butter or margarine in top of double boiler. Stir in flour, salt and mustard. Gradually add milk, stirring constantly until thickened. Stir in slightly beaten egg yolks and cook 2 minutes longer. Add corn, frankfurters, onion and noodles and mix thoroughly. Fold noodle mixture into stiffly beaten egg whites. Pour into greased 1-quart casserole. Bake in slow oven (325°F.) 30 minutes. Serve hot. Makes 4 servings.

MINTED LAMB PATTIES

¼ cup vinegar
1 cup water
½ cup brown sugar
½ cup chopped fresh mint leaves
4 ounces elbow macaroni
½ cup very thick white sauce
1 pound ground lamb
½ cup enriched bread crumbs
1 egg, beaten
2 tablespoons fat or drippings
2 tablespoons enriched flour
1 teaspoon salt
Sprigs of mint leaves

Combine vinegar, water and brown sugar in saucepan and bring to boil. Add mint leaves and allow to cool. Cook macaroni in boiling salted water until tender (about 10 minutes). Drain and rinse. While macaroni is cooking, prepare lamb patties. Add white sauce to ground lamb and mix well. Divide into patties of desired size and roll in bread crumbs, then roll in egg, and again in bread crumbs. Melt fat or drippings in heavy skillet and brown lamb patties. Strain mint sauce and add flour and salt, mixing thoroughly. Pour gradually into skillet and add macaroni. Cover and simmer gently 10 to 15 minutes. Serve hot garnished with sprigs of fresh mint. Makes 4 generous servings.

PUFFY SPAGHETTI OMELET

4 ounces spaghetti, finely broken
4 eggs, separated
½ teaspoon salt
Dash pepper
¼ cup water
1 tablespoon butter or margarine
1 cup shredded cheese (about ¼ pound)

Cook spaghetti in boiling salted water until tender (about 8 minutes). Drain and rinse. While spaghetti is cooking beat egg whites until stiff, but not dry. Beat egg yolks until thick and lemon colored. Add salt, pepper, water and spaghetti to egg yolks and carefully fold into egg whites. Melt butter or margarine in heavy skillet, add egg mixture and cook over low heat about 3 minutes. Then bake in moderate oven (350°F.) 15 minutes. Cut about halfway down, across the center. Sprinkle one half with shredded cheese and fold over. Serve immediately with tomato sauce.

TOMATO SAUCE

1 can condensed tomato soup
¼ cup milk

Combine soup and milk and bring to a boil. Reduce heat and simmer gently about 5 minutes. Serve hot over Puffy Spaghetti Omelet. Makes 4 servings.

KEY TO MAP

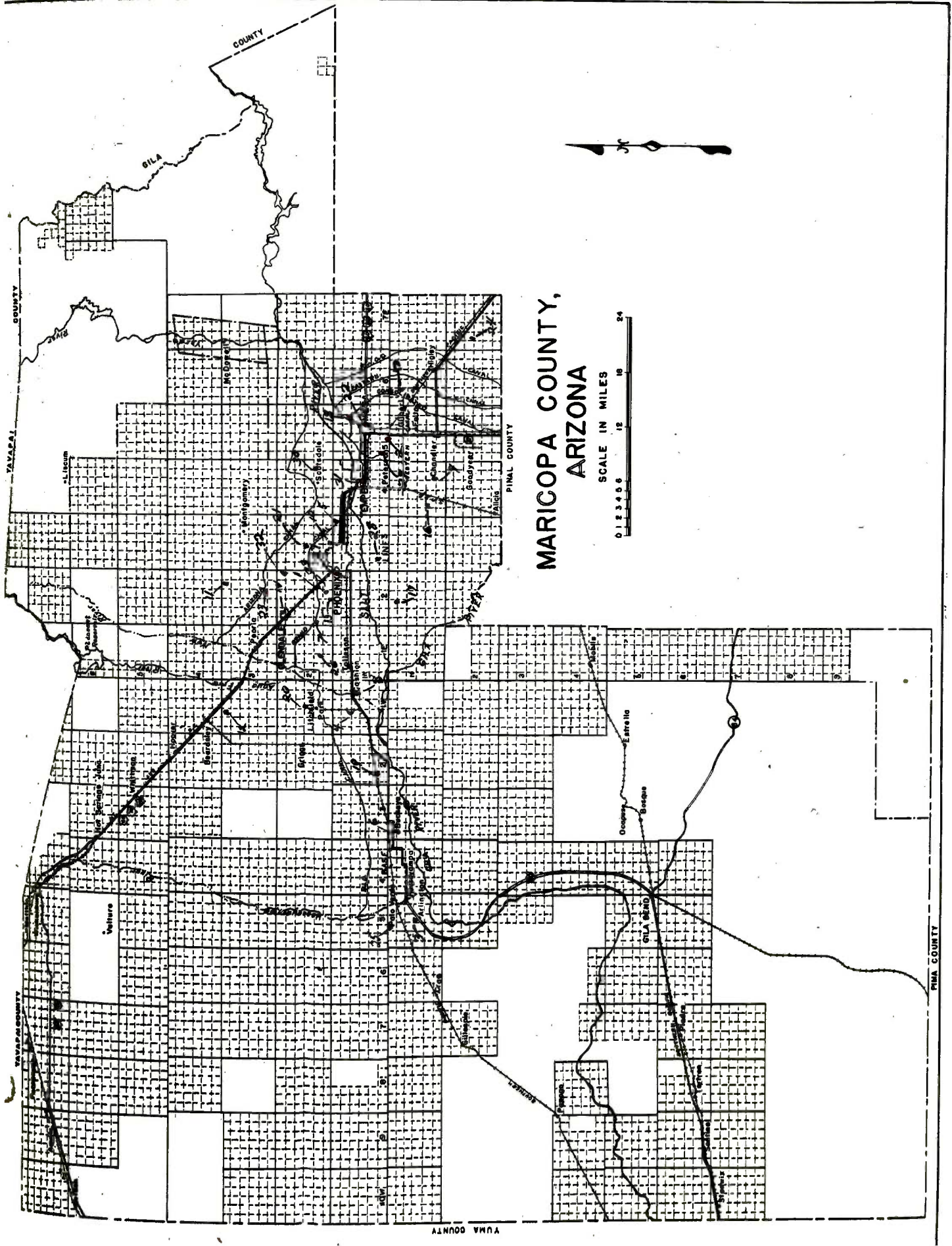
ADULT

- A. ORGANIZATION
- B. HOUSE & FURNISHINGS
- C. NUTRITION
- D. FOOD PRESERVATION & STORAGE
- E. FOOD SELECTION & PREPARATION
- F. FAMILY ECONOMICS & HOME MGT.
- G. CLOTHING & TEXTILES
- H. RECREATION & COMMUNITY LIFE
- I. FAMILY RELATIONS
- J. YARD IMPROVEMENT

JUNIOR

- A. ORGANIZATION
- B. CLOTHING
- C. FOOD SELECTION & PREPARATION
- D. FOOD PRESERVATION
- E. HOME MAKING & ROOM IMPROVEMENT
- F. RECREATION
- G. JUNIOR LEADERSHIP

- 1. Alhambra - A,B,E,G,H,I - A,C,F
- 2. Alma - A,B,E,G
- 3. Arlington - A,B,F
- 4. Avondale - A,G - A,B,C,F
- 5. Balsz - A,C,F
- 6. Buckeye - A,B,E,G,H,I - A,B,C,F,G
- 7. Cartwright - D,G,H - A,B,C,D,E,F,G
- 8. Cashion - A,B,C,F
- 9. Chandler - A,B,E,F,G,H,I
- 10. Creighton - A,B,C,F
- 11. Deer Valley - A,B,C,F
- 12. Dysart - A,B,C,F
- 13. Gilbert - A,B,E,G,H - A,B,C,F
- 14. Glendale - A,B,F
- 15. Isaac - A,B,C,D,F,G
- 16. Kyrene - A,G - A,B,C,F
- 17. Laveen - A,B,F
- 18. Lehi - A,B,E,G - A,B,F
- 19. Liberty - A,B,F,G,H,I - A,B,C,F
- 20. Litchfield - A,B,D,E,F,G,H,I
- 21. Madison - A,B,C,F
- 22. Mesa - A,B,D,E,G - A,B,C,F
- 23. Orangeland - A,B,E,F,G,H
- 24. Queen Creek - A,G
- 25. Palo Verde - A,B,E,G,H,I,J - A,B,C,E,F,G
- 26. Pendergast - A,C,F
- 27. Phoenix - A,D,G
- 28. Roosevelt - A,B,E,F,G - A,C,F,G
- 29. Rural - A,B,F
- 30. Scottsdale - D,G - A,B,C,E,F,G
- 31. Tempe - A,H - A,B,C,F
- 32. Washington - A,B,E,G,H - A,C,F
- 33. Westwood - A,B,E,G,H,I



MARICOPA COUNTY, ARIZONA

SCALE IN MILES
0 1 2 3 4 5 6 12 18 24



ANNUAL NARRATIVE REPORT
of
HOME DEMONSTRATION WORK
in
Maricopa County
From December 1, 1948 to October 30, 1949

Elizabeth Eby, Ass't. Home Demonstration Agent

Organization and Planning

In laying plans in this office for a new year of 4-H Club work with Mr. Gavette, it was decided to send a letter to principals of schools asking them not to reorganize 4-H clubs until we had contacted them. Responses to this letter were followed by conferences with the principal, former 4-H leaders, and the two agents.

In a few of the communities, parents meetings were held before organization took place. The agents requested in these conferences that both membership and leadership be made voluntary and that classroom procedures in 4-H be abolished. In some of the situations even this seemed impossible. Arlington, Laveen, Lehi, Kyrene, and Scottsdale Grammar School carried on under classroom project work with teachers being assigned to leadership and no special recreational meetings. Two mothers volunteered assistance to the teacher at Scottsdale.

New communities contacted for 4-H Club work in which clubs were not organized were Queen Creek, which should be ideal for 4-H, but did not come through, Wickburg, Wittman, Nadaburg, Morrystown, El Mirage and Marinette. The children from Marinette are taken to the Dysart School. With the exception of Wickburg, which was emphasizing Junior Red Cross, in none of these other communities would 4-H Club work be possible.

In the organization of the Home Economics Clubs in 1948-49, a very definite effort was made to get them on the community basis. All new clubs organized were on the community basis with the exception of Alhambra, but this was carried as a 4-H Club in the time allotted by the school for that purpose, with leadership volunteered as well as membership.

The folder, Help Your Boy and Girl, was provided for all members before they were enrolled, requesting their parents signature on same and returned to local leader. This assured the leader of parents cooperation and was later used by the leader in asking cooperation of the parents.

Home Economics 4-H Club work was organized in eight new communities with eleven new clubs. These were Alhambra, Buckeye, Glendale, Grandview, Mesa, Tempe, South Central, and Washington. With the exception of Alhambra, all of these were community 4-H Clubs. A new club of first year foods was also organized in Scottsdale with May Westfall as Junior Leader.

Isabell Pace
Maricopa County, Arizona
1949

In the following schools where 4-H had been carried on as a classroom activity, lay leadership was secured and special time was allotted for 4-H Club meetings and recreation:

Cashion School with Mrs. Hume and Mrs. Robertson as leaders.

Gilbert where two teachers volunteered leadership, but carried the work at a special 4-H Club Meeting time.

Madison where Mrs. Mohn and Mrs. Gibson served as leaders and Palo Verde with Mrs. Narramore and Mrs. Joslin as local leaders.

The Roosevelt School club was organized as a community club with an adult leader assisted by a junior leader. Meetings were held after school in the Community Club House.

The Pendergast group had definite 4-H Meetings with planned programs and members demonstrating. Two demonstrations from this club went to Roundup-- a team and an individual.

A definite attempt was made to get lay leadership at Balsz. Miss Ostrander wished to continue as before, but she did cut her enrollment from sixty members to twenty-five, and carried through with a better program and results. She tells us she plans to have only fifteen or sixteen members next year.

In Buckeye two new community clubs were organized in the summer of 1948--a group of older girls in clothing with Mrs. Babcock as leader, and a beginning group in clothing with Mrs. Edwards as leader and Peggy Nelson assisting. Both clubs completed. The following spring Mrs. Harry Nelson became leader of a group of older girls in a summer clothing project. She is also leader of a beginning group in foods assisted by her daughter Peggy as junior leader. The Grandview Club was also organized with mother-daughter leadership as Betty Jo Tompkins and her mother in Cartwright, Georgiann Hussey and her mother in the Isaac Summer Community Food Preservation Club.

The new club at Glendale is in the Rovey district. While the girls had separate project meetings, Recreational Meetings with the boys club were planned. The boys first invited the girls to a corn roast; the girls responded with a wiener roast.

The Tempe Club met in the evening with a teacher volunteering leadership. Except for meeting at the school building, it was a community club and completed nicely. One member went to the 4-H Camp.

The South Central Club organized as a summer club with Mrs. Groff as leader and carried through with a nice achievement. This club will reorganize under Mrs. Groff's leadership. One of the members of this new club also went to 4-H Camp.

Isabell Pace
Maricopa County, Arizona
1949

The club organized in the Washington District under Mrs. Doris' leadership came through with four members winning trips to Roundup. This club reorganized in the summer with Mrs. Heath as local leader. In each community where new clubs were organized the agent met with prospective leaders giving help on plans and methods in 4-H. The leader then called at the homes explaining 4-H to mothers before the club was organized. The mothers signed the slip offering cooperation and did cooperate.

In 1947-48 there were eleven clubs in the county carrying the Meal Preparation Project and all the rest carrying Clothing. Effort was made to get a more even distribution of projects. Old clubs such as Avondale, Cashion, Deer Valley, Gilbert and Pendergast for the first time carried Foods Project as well as the Clothing. With the new food clubs, this gave a more even balance in the two projects, being almost equal.

The cooperation of the Homemakers Clubs and the Farm Bureau made the achievement programs fine parent meetings. The Homemakers sponsored the three club achievement programs in the Washington District. The Farm Bureau sponsored the achievement program at Cartwright and at Scottsdale. Other community clubs held achievement with parents present and some of the school clubs combined 4-H achievement with their special award days. This year also a Home Economics Record Summary sheet was prepared to go in all record books. This was so designed that it will become the permanent achievement record on file in this office.

Leadership of 4-H Club Work

In the organization of 4-H Clubs for 1948-49, a very definite effort was made to secure lay leadership for clubs in schools. One of these was the Cashion School, where the Home Economics teacher had previously been 4-H leader, carrying on the work in her classroom. Two mothers, Mrs. Hume, and Mrs. American came to the school twice a week for a special time set aside for 4-H. This was also true in the Madison School where the Home Economics teacher carried 4-H after school. Mrs. Bohn and Mrs. Gibson brought the club through with fine parent interest. At Palo Verde, teachers had also carried 4-H before. Mrs. Joslin and Mrs. Narramore gave splendid lay leadership.

The Isaac 4-H Club which carried through the year with teacher leaders, had lay leaders, Mrs. Hussey and Georgiann, carrying the Food Preservation summer project as a community club. Efforts were also made to try to establish 4-H on a community basis in Liberty this summer. The problem of transportation proved unsolvable.

There are some teacher leaders who do a very excellent piece of work. While they need assistance, we would not want to see them replaced. Lucille Byars, Mrs. Hanna, and Mrs. Ramsey have been long time 4-H leaders.

In the Scottsdale Grammar School, a teacher leader was assisted by two mothers as lay leaders, Mrs. Walt and Mrs. Anderson.

Isabell Pace
Maricopa County, Arizona
1949

The Roosevelt school club became a community club with lay leadership meeting after school in the community club house. Other community clubs with lay leaders were Buckeye, Cartwright, Deer Valley, Glendale, Mesa, South Central, and Washington.

Seven older 4-H Club members served as junior leaders this year. The first to start were Hazel Zimmerman and May Westfall. When Hazel left for college in the East, May carried the club through with regular meetings. May's records were entered in the State Leadership contest and she received the gold watch as outstanding girl junior leader in the State. In June she was one of the delegates to the National 4-H Camp in Washington D. C.

In the Cartwright Club, Betty Jo Tompkins who had been a 4-H member seven years assisted her mother as leader of the club, Betty Jo being more responsible for the beginning girls in Meal Preparation. In Palo Verde, Sarah Hazen, a five year club member, worked with a beginning group in Meal Preparation. She was assisted by Billy Jean Narramore, who had been a four year member but was not old enough to classify as a junior leader. This club also came through with a high achievement record.

In Buckeye, Mrs. Edwards, a new leader, asked Peggy Nelson, a seventeen year old girl, to help her with the recreation and other phases of her clothing club. Peggy had not been a 4-H member before but she was largely responsible for helping the members complete their records and plan for their achievement. She was credited with her Junior Leadership Record. This spring she wanted to help with a first year food club. Her mother is leader of a group of beginning girls and Peggy assists her as Junior Leader.

In the Roosevelt Club, a new young lay leader asked a 4-H member, Leila Rubin, to help her. Leila was entirely responsible for getting the group together to organize, for reminding them of meetings, helping with the program, and especially with completion of records.

In the Isaac School Club, Georgiann Hussey, a five year 4-H member assisted with the clothing project being responsible for all work on judging and demonstration. This summer Georgiann and her mother took a group of the Isaac girls in a community club summer project of Food Preservation. Georgiann, who was state champion canning girl last year said, "I want to help some other girls to make this record." This was a very successful club.

A new community club was organized this summer in the Grandview district with Mrs. Wister as leader and Kathryn assisting as Junior Leader. This club will carry on through the year.

Many of our leaders this year were new. Others have served for some time. Mrs. Buse at Cashion completed her fifth year of leadership. Mrs. McElhannon of Arlington completed her eighth year. Miss Byars of Avondale finished her seventh year. Miss Ostrander of Balsz completed her seventh year. Mrs. Massey of Kyrene finished her thirteenth year. Mrs. Hanna of Rural completed her fifteenth year.

Isabell Pace
Maricopa County, Arizona
1949

Also Mrs. Austin of Scottsdale, completed her eighth year. Mrs. Lee of Dysart completed her fourth year. Mrs. Joslin of Palo Verde completed her fifth year. Mrs. Ione Austin of Roosevelt was not a leader this past year because of double sessions at school. She has completed eighteen years and hopes to continue as a 4-H leader.

Leader Training Program

Just as soon as enough clubs were organized or reorganized, a county wide leaders meeting was held with the two state leaders attending. Help was given in strengthening organization and planning programs of work. The calendar of state and county events then known was presented. After supper a recreational program, directed by Miss Gillanders from Arizona State College, was given.

Following this, county workers gave subject matter, health and recreational helps to all leaders as contacted with very special guidance and help to new leaders and junior leaders.

Mr. Makee, State Club Leader, met with all junior leaders in November explaining this new project in Arizona and showing pictures of the National Leadership Camp.

The Clothing Specialist met with clothing leaders twice giving subject matter help and training. The Nutrition Specialist met with the food club leader for subject matter training. The Nutrition Specialist also gave special help to leaders on the new showmanship contest preparing a breakfast. This came through with four teams entering our county 4-H fair contest.

Other evidence that leaders used the help given them was seen when county workers attended 4-H meetings, and also in the training of judging and demonstration teams. Special help was given by the county workers to junior leaders and to adult leaders who could not attend these meetings.

Local 4-H Club Programs - Foods

Most of the clubs in the Foods Project tried to divide their meetings into three phases. First a business meeting, then the project presented as a demonstration with judging of finished products; then some form of recreation. In most of the foods clubs, the food demonstrated at the meeting was used for refreshments. Trips were planned to commercial bakeries and canneries, as well as frozen foods division by both Food and Food Preservation Project Clubs.

4-H Activities

Because of the increased enrollment in the Foods projects this year, there were many more exhibits at the county 4-H Fair. One of the interesting exhibits in which there were a large number of entries was in the Poster Contest. These were of two main classifications, one being posters depicting menus for various special meals as well as combined meals for the day; the other was on Food Conservation. Some of the latter ones were very striking and were interesting in presenting ideas. The winning poster "Feed Men not Mice" was also chosen as the championship foods exhibit.

Isabell Pace
Maricopa County, Arizona
1949

There were more entries in Food Preservation project since more girls are now carrying this project. For so long only two girls were enrolled in food preservation in this county.

There were nineteen food demonstrations and one in food preservation. Delegates were available for every contest at state Roundup but all could not go because of cancellation of some contests.

A new contest this year created much interest on the part of leaders and girls. Two girls did all the planning, buying, preparation of, hostessing, and clean-up for a breakfast for four in limited time and at less than a quarter a piece. There were four teams in the county contest. The Washington team representing the county at Roundup and winning a blue ribbon there.

The Foley Mills Company sent kitchen equipment to be awarded to outstanding exhibitors at the fair. These were presented on achievement days.

The Kiwanis Club has always given a calf to exhibitors in the Dairy Project. This year they increased their gifts to make an award to champion exhibitors in each Home Economics project. Also gifts were awarded to the best record each by a boy and a girl. This agent attended the Kiwanis Luncheon given to championship exhibitors. This agent also participated in the county wide leaders recognition/dinner and helped prepare a 4-H float to be in the parade of all county youth organizations.

State

Delegates in the Foods Project that represented the county at State Roundup proved very worthy of their selection. No one placed lower than second in the contest she was in. It is encouraging to younger girls that contests are now set up for junior members also.

State Contests

Two Maricopa County girls won in State contests this year. Georgiann Hussey won state canning championship. May Westfall received the gold watch awarded the outstanding girl junior leader in the state. May later was chosen as a delegate to National 4-H Club Camp.

Outlook and Recommendations

This agent feels that the biggest challenge in 4-H Club work in Maricopa County lies in the health activity. Efforts were made in many ways to try to make this more effective. Since it is probably one of the finest things we could do for youth, it is a program that needs much in development.