

ANNUAL NARRATIVE REPORT

OF

MRS. ISABELL PACE, HOME DEMONSTRATION AGENT

MISS VIRGINIA E. TWITTY, ASS'T. HOME DEMONSTRATION AGENT

MRS. ELIZABETH EBY, ASS'T. HOME DEMONSTRATION AGENT

MARICOPA COUNTY

ARIZONA

From December 1947 to December 1948

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SUMMARY OF ADULT HOME DEMONSTRATION WORK

Isabell Pace, Home Demonstration Agent

Virginia Twitty, Ass't. Home Demonstration Agent, and

Elizabeth Eby, Ass't. Home Demonstration Agent

Maricopa - December 1, 1947 to November 30, 1948

The Maricopa County program of Home Demonstration Work for 1947-48 was developed from suggestions registered by members of homemaker clubs and others, carefully considered by the Rural Homemakers Council in cooperation with county and State Extension Service Workers.

The Homemakers Council is made up of representatives from nine Homemaker Clubs with 209 members, and fourteen Relief Society groups of the Maricopa and Mesa Stakes Latter Day Saints with 600 members within the county. Other agencies designed to serve women in the county were invited to participate in program planning but not voting members of the council. Problem suggestions from local groups are considered as to county-wide interest and needs, and finally submitted to the State office for clearance as to feasibility for specialist help on subject matter and training for either agents or leaders from community groups.

A fairly uniform county program resulted with opportunity for variations and special interests to be developed within community groups. The program for 1948 included: (1) Use of the pressure saucepan in meal preparation; (2) Making fancy yeast breads (3) Out-door or garden meals in the nutrition and food preparation fields; (4) Color and its use in home furnishing; (5) Selection and buy-manship of furniture with "consumer speaks" study on selection of straight chairs in the home furnishings field; (6) Tailoring of children's garments in a series of five classes with specially enrolled members who in turn served as leaders to take back to their clubs certain techniques or equipment items members can use in the construction and care of clothing in the home; (7) Special interest topics and activities selected by local groups. Methods employed in development of the home demonstration program were: (1) circular letters 46 and 8,495 mailed out; (2) mimeographed leaflets 4,493; (3) newspaper articles 54; (4) Training meetings by specialists for Agents or for local leaders, 21, attendance 412; (5) Method demonstrations by agents 34, attendance 626 and by local leaders 52, attendance 1054; (6) One Encampment - Country Life Conference, State-wide event; (7) Other meetings, such as organization, program planning, cooperation with other agencies, etc. 87, attendance 11,949; (8) County-wide Achievement Day and picnic 1, attendance 130 who ate. Farm home visits 322, different 240; office calls 962; telephone calls 986; news articles 54; radio talks 18 and bulletins carrying information in various phases of homemaking were utilized in putting over the program, 4493 total bulletins distributed an estimated 2550 farm families; 720 of whom were probably reached for the first time, and an estimated 598 non farm families, 195 reached for the first time were influenced to make changes or improve practices as a result of the home demonstration adult and junior programs.

The Home Demonstration Agent served the entire 12 months. Each of the Assistant Agents spent 2 months each in other counties on special assignments, which makes a total of 32 months service in the county.

Home furnishings, food selection and preparation and clothing construction (Tailoring techniques) were included in the planned program. Food preservation continues to be an Extension Service demand which is handled through contacts in the county office. Local leaders serve as information centers in outlying communities. Health projects and community activities were participated in by local groups although such programs usually do not stem from our office.

Each club group sponsored one or more special interest activities or educational discussions to round out its program and to reach more people.

Program plans for 1949 are now being considered by specialists concerned in order to work out the project calendar for the state.

Two new homemaker clubs have recently been organized. One in south Phoenix area, and one at Liberty.

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Maricopa County, Arizona
1948

ANNUAL NARRATIVE REPORT
of
HOME DEMONSTRATION WORK
in
Maricopa County
From December 1, 1947 to November 30, 1948

Isabell Pace, Home Demonstration Agent
Virginia E. Twitty, Ass't. Home Demonstration Agent
Elizabeth Eby, Assistant Home Demonstration Agent

Organization and Planning - Adult

The Home Demonstration program in Maricopa County for 1948 was planned and developed through Homemaker Council, consideration of problem suggestions registered by members of rural homemaker groups and in cooperation with county and state Extension workers.

Past programs were reviewed in a circular letter from the Home Demonstration Agent; at the opening Fall meeting of local clubs and detail plans were worked out at the October Council meeting for gathering suggestions, selecting chairmen in the four fields of homemaking in an effort to get wide expression of interests and fair consideration for all county groups.

Fifty-four representative members from the nine homemaker clubs and Maricopa and Mesa Stakes Latter Day Saint Relief Societies constituted the program planning committees.

There were 209 regularly enrolled members of Homemaker Clubs and an estimated 600 members of the Latter Day Saint Relief Societies within the county. One hundred thirty four women served as volunteer leaders of adult projects during the year.

Projects planned and developed in the 1948 program fell into several phases of homemaking: (1) Food selection and preparation; and food preservation; (2) Home Furnishings and buymanship principles; (3) Clothing construction and selection of materials; (4) Special interests as: Community activities; health and recreation, landscaping or yard improvement; discussion topics. A uniform program in the first three named phases was carried out with each club selecting one or more special interest projects. County Council recommendations were sent to the State office for clearance as to feasibility for specialist assistance on subject matter and training for either agents or local club leaders, and for calendaring.

The following combined statistical summary gives a picture of the organization and development within the county.

	<u>AGENTS' TIME</u>
Months of service.	32
Days devoted to adults	333
Days devoted to 4-H & older Youths.	405½
Days devoted to office	366½
Days devoted to field.	371
Days devoted to organization & planning.	154

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Separate projects are discussed elsewhere in this report.

The Home Demonstration Agent availed herself of the opportunity for professional advancement by registering for two courses in summer session at Colorado A & M College at Fort Collins. Aside from the formal class work under able instructors from the Federal Extension Offices, contacts with 107 Extension workers from thirty states and three foreign countries was both informative and inspirational. The Colorado staff certainly goes all out to make this Extension experience one long to be treasured and remembered.

Outlook

The program for 1949 is planned, following the same procedures as for the 1948 planning, and awaits final calendaring with specialists. It includes Home Furnishing, Food Selection and Preparation, Clothing Construction and Selection phases. Food preservation, information and pressure cooker gauge testing, will continue to be an Extension Service demand which will be cared for through office personnel; leaders also render information service locally.

Health projects will also claim time and cooperation, although they usually do not originate in our office.

Two new clubs are just organized to carry adult work.

"County Council and local club presidents plan 1949 Homemaker Club Program"



Each active club plans to sponsor or promote a community interest or project as: Better Hospital facilities; Recreation centers etc.; Educational book reviews and discussions.

Again this coming year we anticipate the same fine cooperation and understanding from State Office personnel.



CLOTHING GROUP CONSIDERING SUGGESTED PROJECTS
AT PLANNING MEETING-OCTOBER, 1948

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House and Furnishings - Adult

Two projects in the home furnishing field are (1) Color in the Home; (2) Line in Furniture. Selection and Buymanship of Furniture were especially well received. Forty-three leaders from 21 organized groups were trained by the specialist and relayed the material to their local clubs with assistance of very well worked out illustrative kits prepared by Home Management specialist, Grace Ryan. Routing the kits through the county presented a real problem, since bus service proved inadequate and independable the agent attended a majority of the local demonstrations both to assist leaders and to get the illustrative material to the groups for meetings.

The agent was pleased to loan the color kit to two high school Home Economics teachers and to the leader of the Senior 4-H Club girls of Scottsdale. These groups thoroughly enjoyed the exhibit, and teachers reported girls later wrote most interesting reports on what they learned, 77 girls attended.

Four leader training meetings with 20 groups represented; total attendance of 82 designated leaders, twenty-six demonstrations in local groups with 474 attendance was reported. One hundred sixteen reported having selected some more attractive furnishings, 39 others have selections in mind, and are planning such improvements as soon as they can afford them or in some cases, as soon as they find the right items to fit or go with good things they already have. One group as such began individual scrap books, looking forward to the time they may move from the housing project into a home of their own.

Thirty-seven reported having helped neighbors with color or furniture selection.

Consumer speaks study on buymanship of straight chairs was conducted by leaders in 5 Relief Society groups and in two Homemaker groups, with a total of 170 women expressing themselves as to desirable and necessary qualities for satisfactory service and appearance for chairs.

Assistance with kitchen and general household storage has been a carry over interest from previous programs. This service has been rendered through office calls 162, loan of material and distribution of bulletins, 50 copies of The Step Saving U Kitchen, 20 copies of closet storage bulletins.

Textile Painting

Two homemaker clubs selected to do textile painting as a summer activity, so the agent gave three demonstrations. Many household articles, also blouses and other wearing apparel was decorated.

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Food Preservation and Storage - Adult

Service in the field of food preservation and storage carried through the year.

Although no regular community clinics or demonstrations were requested; the office is a clearing house for information on all phases of canning, canning equipment, its use, analyses of spoilage problems, pressure cooker care and pressure gauge testing, also directions for food freezing, pickling, date and olive curing.

Operation of three community canning centers within the county is perhaps one of the chief reasons plus the increased available Freezer Locker space and installation of home freezer units in the homes for the absence of demonstration requests in this field.

U.S.D.A. bulletins on canning of meats, vegetables and fruits; freezing of fruits, vegetables and meats, as well as processing leaflets prepared in the state for dates and olives, were distributed.

Twenty communities of the county were served through office calls, telephone calls, gauge testing and mailing service. Three-hundred-fifty-eight food preservation bulletins were distributed on request, to families. Eight pressure cooker gauges were tested at the office.

The Home Demonstration Agent cooperated with Ass't. County Agent H. B. Powers in one date curing demonstration, attended by 56 interested men and women. Samples of fresh dates, pasteurized dates, dates stored varying periods and under differing conditions, also equipment for homeprocessing and packaging were discussed and demonstrated. Those attending brought their problems for analyses and discussion.

Ass't. Home Demonstration Agent Twitty gave a demonstration of packaging fresh fruits, vegetables and meats, also baked products to 125 school lunch room managers and workers from 52 schools of the state in connection with a training school held by the Dept. of Education administering the school lunch program in the state.

A Phoenix distributing firm very graciously placed a small home freezing unit in the county office to facilitate work in freezing local food products and to answer some of the many questions being raised as to methods for getting best results.

Meats other than poultry are generally cut and wrapped at commercial locker plants.

Actual reports from cooperators as to amounts canned or otherwise preserved are not available.

Farm families in increasing numbers are producing and storing their meat and poultry supply.

Agents were represented at a convention of Arizona Food Locker Association, held in March 1948 at which time Dr. Karl D. Butler, a native of Mesa, Arizona, currently president of the American Institute of Cooperation and W. C. Naylor, Treasurer of the National Food Locker Association were guest speakers.

Saturday, March 6, 1948

Locker Plant Men To Meet

Two nationally-recognized authorities on food preservation will speak before the annual Convention of the Arizona Food Locker Association, opening in Hotel Adams tomorrow and continuing through Monday, Harvey Platt, Phoenix, president, disclosed yesterday.

Dr. Karl D. Butler, Washington, president of the American Institute of Co-operation, is slated to speak on Better Food for Better Living, and W. C. Naylor, Boyne City, Mich., treasurer of the national association, will discuss The Locker Plant as a Public Service.

DR. BUTLER is a native of Mesa and graduate of the University of Arizona and Cornell University. Naylor has been spending a winter vacation at the Mustang ranch near Elgin. Other speakers will be Fred Blanc, Tucson; W. G. Simmons, Buckeye, and Ray Smith, Phoenix.

Registration for the annual meeting is scheduled for 11 a. m. tomorrow, with a meeting at 2 p. m. in the hotel's Crystal room to be followed with a dinner at 7 p. m.

THE MONDAY meeting will be devoted to formulating a set of regulations and standards to be followed by the members of the Arizona association. This desire for uniform standards has been expressed by practically all members of the association, Platt said.

Other officers of the association are Simmons, vice-president; Smith, secretary-treasurer; Dave Thomas, Chandler; Bert Randall, Mesa; Guy Van Landingham, Tolleson, and Joe Dora, Globe, directors.

LOCKER PLANT OPERATOR MUST KNOW ABOUT MEAT

The operator of a frozen locker plant today must be cook and butcher as well, if families are to be satisfied with the meat from the locker, says K. F. Warner, extension meat specialist of the U. S. Department of Agriculture. The operator must be able to judge the quality of each carcass as it comes across his block so that he can cut and label the meat according to the way it should be cooked.

Mr. Warner, who gave meat-cutting demonstrations in Arizona last year, points out that some beef has enough natural tenderness to cook with dry heat—in the frying-pan, broiler or oven. But other cuts contain so much connective tissue that they can be made tender only by moist cooking in a covered kettle or pressure cooker.

The operator of the locker plant must be able to determine which is which, and classify borderline pieces satisfactory. He must decide, for example, whether a round is tender enough to label simple "steak" or whether it should be marked "swiss steak." He must determine whether the fourth or fifth ribs of chuck are tender enough to be stamped "oven roast" or whether they should be "pot roasts," and whether the seventh and eighth cuts would be better as "pot roasts" when cooked in the oven.

When locker users boast that the meat is the best they ever ate, the operator can give much of the credit to his skill at judging meat before freezing.

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Food Selection and Preparation

Pressure Saucepan Cookery

One of the programs asked for was ways for making better use of the pressure saucepan in preparation of family meals. A great many women had this equipment, others wanted it as a result of popularity and advertising.

Two leader training meetings were held with 16 groups represented, 31 leaders trained, only 2 Maricopa Relief Society groups sent leaders.

"Ways With the Pressure Saucepan" was the title given this demonstration. A main dish of fruited lamb shanks with vegetables and rice, a steamed nut-date bread and custard were prepared and served to women of groups who participated in the preparation. Nine Relief Society groups through the trained leaders used the demonstration for luncheons at their monthly work and business meetings. The agent provided a beef, rice and vegetable stew and brown bread recipe they liked better than lamb, which was difficult to get and not liked by many women. The brown bread was less expensive and less sweet which they preferred. An attendance of 197 women was reported. As a special interest request, the Pressure Saucepan demonstration was given to Phoenix Second Ward Relief Society, 29 attended, and six of the ladies help with the preparation, while others observed. Seven different makes of the saucepans were brought in for use and evaluation. Eight Homemaker groups all enjoyed these demonstrations with an attendance of 134 women. Six young homemakers waited for the demonstration in January to determine which make to buy as a pressure pan was to be a Christmas gift in their homes. One woman has reported recently that she used her pressure pan to prepare appetizing and highly nutritious meals on a cross country trip, they took along a small gas stove and were able to save considerable money and time with three children on the long trip.

The specialist prepared mimeographed material which since has been printed. Five hundred copies were supplied to leaders and members confident in using this equipment as well as increased satisfaction is expressed by women of the county.

Fancy Yeast Breads

The nutrition specialist worked with the agents late in December to work out time and temperatures favorable for quality products, also to develop recipes to give variety to the program. A Basic Batter and a Basic Sweet Dough recipes were with drawings and suggestions for 9 variations of rolls, also a variety of fillings to make many variations were compiled into a mimeographed leaflet with a list of ten pointers for success with rolls and fancy yeast breads.

It has been a policy to have one of the county programs taken to the local clubs by the Home Demonstration Agents so the yeast bread demonstrations were so given to each of the nine homemaker clubs. The Relief Society Groups passed up this project as most of their members make bread variations and it came at a particularly busy time for them. One hundred twenty six members attended. Women continue to talk about their products as do the children. Hot rolls are nearly always a feature of potluck lunches at clubs.

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Food Selection and Preparation (Continued)

Outdoor Meals

Perhaps the County Agent is more responsible than any other one person for the fact that Outdoor Meals was asked for as a project at the program planning meeting. He had been asked to present the Agriculture Outlook for 1948 in the county council meeting, and incidentally to meet the homemakers. When reviewing situations he mentioned that before everybody had coolers in their houses they would get together in their yards in family and neighborhood groups to enjoy the superb Arizona evenings while partaking of simple meals and a general good spirit prevailed and people really knew their next door neighbors.

The project was planned for the fall opening, but the Nutrition Specialist was ill and out of the State, so the Agent appealed to the State Leader who loaned her suggestion books and gave other help, then 500 copies of a 9 page mimeographed leaflet was prepared.

Two leader training meetings in the county were held in preparation for October local club meetings. These relay meetings according to suggestions given, which were varied. Four hundred groups had family evening events; 2 others had desert parties preparing all food over the open fire and a small charcoal grill; 3 others were prepared mostly in the kitchen and served in yards or at the park. Mesa Stake Relief Society Groups plan later to put over this project. Attendance was not fully reported, however, in some instances not as many turned out as expected.

Health and Safety

A Household Pest Control demonstration was presented to a newly organized Homemaker's group. Dr. J. N. Roney, Extension Entomologist cooperated. There were 14 present at this meeting, and subsequent requests indicate spread of information. Fifteen requests for control of garden pests came at this same meeting.

Homemakers as groups lend assistance to put over health and safety measures and campaigns, although schools P.T.A. and other organizations usually lead in starting these projects.

Clothing and Textiles

The principle clothing phase of the program this year centered around tailoring of children's garments, with those who enrolled for the series of classes to extend over the months of October and November.

Enrollees indicated they would be willing to take back to their organized groups some phases of the work in which all members could apply to clothing construction and its care.

Registration was not limited to club members, hence 3 areas not before working with Extension groups are represented in the classes.

Clothing and Textiles (Continued)

All enrollees met together for the first session and the clothing specialist outlined procedures and directed the making of pressing equipment. The women had been asked to bring the necessary materials and equipment. The pressing equipment consisting of a wool press cloth, press roll, and a press cushion; also making a simple bound buttonhole is the demonstration club members are giving back to their local groups in November and December.

Twenty-nine coats or jackets were tailored; four were made from other garments and others from all new material.

No project in the experience of this agent has seemed to get more whole hearted support of participants, and the comments from the outside indicate it is evident more such classes will be asked for.

Since the series has just been completed a check sheet (copy attached) has been furnished the women for their own evaluation of the garment they made. These results with further use of techniques will be a part of next year's report.

Dress Forms

As a summer activity the Buckeye homemakers made dress forms. Virginia Twitty, Assistant Home Demonstration Agent directed the construction of nine completed forms. Since then, club members have made nine others for a price to women of the community which amount has been contributed to the club hospital fund along with the money raised at a bazaar for this purpose. Two pictures illustrate process of construction and the finished forms with the proud owners. Pictures on next page.

Family Relationships

While no scheduled project was labeled with improvement of family relationships title, effort is consistently placed on possibilities of improved housing; improved storage; more attractive indoor and outdoor situations; cooperative family planning in relation to spending for food, clothes and home furnishings to add up to making better family relationships and greater satisfactions which influence the community as well as the home.

ARE YOU SATISFIED WITH THE CHILD'S TAILORED COAT OR JACKET?
Score Card

	Check Need to Improve	Satisfactory?
1. Fabric and Design		
Is fabric suitable for child?	_____	_____
Color becoming and practical?	_____	_____
Design suitable to fabric?	_____	_____
2. Fit		
Does garment allow ease for movement		
When standing?	_____	_____
When sitting?	_____	_____
Do sleeves hang without wrinkles?	_____	_____
Is there adequate length for let down of sleeve? (1 1/3 to 2 inches)	_____	_____
Is Shoulder padding adequate?	_____	_____
Can you lengthen coat?	_____	_____
3. Construction		
Is machine stitching even and straight?	_____	_____
Does thread match?	_____	_____
Straight edge down front edge?	_____	_____
Are lapels sharp, even and same size?	_____	_____
Buttonholes well made?	_____	_____
Buttons correct size, color and shape?	_____	_____
Are pockets in correct position?	_____	_____
Is lining put in correctly?	_____	_____
Does lining pull in any place?	_____	_____
Are hems at cuff and buttons inconspicuous?	_____	_____
4. Pressing		
Were darts pressed correctly?	_____	_____
Were seams pressed adequately?	_____	_____
5. Value		
If you had purchased this garment, how much would you have paid for it?		\$ _____
What was the actual cost of garment:		
Material?		\$ _____
Buttons & other findings?		\$ _____
Lining?		\$ _____
Shoulder pads?		\$ _____
	Total	\$ _____
	Saving	\$ _____



DRESS FORMS 1. STEPS IN CONSTRUCTION



2. SIX OF THE COMPLETED FORMS WITH PROUD POSSESSORS







Recreation and Community Life

Homemaker Clubs have reported that including in their programs recreational events such as family "get togethers", "Husbands evenings", "Christmas parties", "Garden and Desert Pot Luck Suppers", "Secret Pals" and presentation of spirited games at the regular meetings, have added zest to the club activities as a whole.

Annual Achievement Day

Fifteen groups were represented by the 134 who gathered at South Mountain Park April 30th for the Annual Homemakers picnic and program. Each group was responsible for a program number, which consisted of square dances in western costume, group singing, readings and a quiz program. Clipping on next page.

The Washington Homemakers Club served a typical "Western Dinner" in fine style and with such smoothness. The afternoon program of reports, election and installations of new officers was all accomplished by 3:00 o'clock. Miss Jean Stewart, State Leader of Home Demonstration Work, conducted the formal installation of officers. She and Miss Helen Church, Clothing Specialist, were honored guests.

The following Council officers were installed: Mrs. Mina Lightfoot, Alhambra, President; Mrs. Vivian Bruner, Palo Verde, Vice-President; Mrs. Edith Currie, Washington, Secretary and Treasurer; Mrs. Archie Enloe, Buckeye, Farm Bureau Representative. Corsages were presented to the honored guests, new and returning officers, County Home Demonstration Agents and to the eldest and youngest club members present.

Achievement Day Frolic

FOOD, fun, flowers—and some down-to-earth business — attended the Maricopa County Rural Homemakers Achievement Day picnic, held April 30 in South Mountain Park.

Such a program! It included square dancing by Washington members; humorous readings by Olive Taylor of Higley, Mrs. Karstetter, Buckeye, Mary Sorensen, Mesa; songs by Mrs. Spencer Wilson and Mrs. Archie En-

loe, of Buckeye; a hilarious "Zuize Program" conducted by Mrs. Mary Abraham and Mrs. June Hayden, wherein losers had to compete in a bubble gum blowing contest; a skit by Mrs. W. L. Lightfoot and Mrs. Dora Varner of Alhambra; a tribute to Homemakers, by Mrs. Vida D. Brinton, of Maricopa Stake LDS Relief Society; and all manner of community singing, accompanied by Mrs. Gordon

Mrs. C. E. Samson, of Washington, gave a welcoming address, and Mrs. Isabell Pace, County home demonstration agent, presented special guests including Jean Stewart, State leader of home demonstration work; Helen Church, extension clothing specialist; and Arizona Farmer's women's editor, Maude Longwell.

Flowers made their appearance in corsages presented by Mrs. Hattie McKibben, council president, Washington, to the special guests; to Mrs. Pace; Mrs. Pace's assistants, Virginia Twitty and Mrs. Elizabeth Eby; and all the outgoing and incoming officers.

A real Western dinner was prepared and served by hostesses of Washington Club, to fortify members for the serious events of the afternoon. These included Miss Twitty's reports on 4-H Clubs in the County; Mrs. Pace's summary of 4-H demonstration work; Mrs. Eby's resume of adult projects; and Miss Stewart's pep talk on the Country Life Conference to be held June 2-5 at the University of Arizona.

Election of officers resulted in the choice of Mrs. Lightfoot, president; re-election of Mrs. Vivian Bruner, Palo Verde, vice-president; and choice of Mrs. J. W. Currie, Washington, secretary-treasurer. Mrs. Enloe was named Homemakers' representative in Farm Bureau. Officers were installed immediately by Miss Stewart.

Washington Club was presented the coveted Achievement Certificate, awarded by the Agricultural Extension Service for its outstanding program and accomplishments during the past year. Mrs. Fannie Hegge, Buckeye, was honored as the oldest Home-



Washington Homemakers presented square dance techniques as part of the entertainment provided at the Maricopa County Rural Homemakers Achievement Day meet.

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Recreation and Community Life (Continued)

Country Life Conference

Seventeen women from twelve areas of the county and the three agents attended the Country Life Conference held annually on the University Campus at Tucson. Several more women registered but were forced to withdraw because of not being able to get satisfactory care for young children.

Maricopa Group At Country Life Conference June 1948



As in previous years the Extension Staff and resident professors were marvelous hosts and the women never cease to enjoy talking of this experience.

The program was full and varied, group singing; radio programs by women; health, library and education for better living were discussion topics. (Clipping on next page)

Swimming; tours; dramatics; youth guidance direction; housing problems and a barbecue at the University Farm preceded the climaxing event, which is the annual banquet. It was indeed an enthusiastic 125 women who were guests of

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Recreation and Community Life

Country Life Conference

the Tucson Chamber of Commerce the morning of June 5, and then said goodbye as they departed for home points weary, but happy.

The Fifth and the Best

Arizona Country Women Gather for Annual State Conference

FARM homes that grow along with farm families. Better health for rural Arizona. More libraries in rural districts. Enlightened guidance for rural youth.

These are some of the subjects that were thoroughly discussed at the Fifth Annual Country Life Conference of Arizona Women, June 2-5, at the University of Arizona in Tucson. And there'll be a new State Council of Rural Homemakers to help build such subjects as solid planks in a platform for better rural living.

Jean Stewart, state home demonstration leader, who after years of a country life conference in her sleep, experience, could probably organize believes this year's Conference led all the rest in enthusiasm and accomplishment. Her belief is shared by most of the 99 women who registered for the Conference at Gila Hall and many who came just for the last day or to attend the Friday evening banquet. There were more homemakers on the program, they pointed out; more ideas freely aired in discussions;

more splounce to the county reports; more work achieved with less fatigue; more fun and more singing.

Steps Ahead

The State Council of Rural Homemakers was organized in the Thursday afternoon session, on a temporary basis pending the adoption of a constitution and recognition by the National Home Demonstration Council. The idea of State organization was credited to Mrs. Hattie McKibben, absent from the Conference on account of illness. Mrs. McKibben proposed the idea last year during her term as president of the Maricopa Council of Rural Homemakers. Her plan was worked out at a Rural Homemaker presidents' luncheon Thursday, and presented that afternoon in general session, by Mrs. M. S. Emmett and Mrs. J. W. Currie of Maricopa County, and Mrs. Cloa Cannon of Yuma. It was emphasized that organization on a state level will lend weight and support to Homemaker programs; entitle Ari-

(Please Turn to Page 34)

The Fifth And The Best

(Continued From Page 1)

zona Homemakers to membership in the National Council and to official representation in national and international meetings. Officers elected for the temporary council were Mrs. Emmett, president; Mrs. Ida Christensen of Cochise County, vice-president; and Mrs. Cannon, secretary-treasurer. Each county was given a particular job in connection with completing the permanent organization—jobs like drawing up a constitution and selecting an official name for the new council.

Humanizing Documents

The round table discussion method of presenting Homemaker reports was introduced by Mrs. Warner Taylor, of Pima County, who acted as

of its tuberculosis sanatorium, is a mere one and a third percent of the State's total tax appropriation. "Arizona spends more for prevention of illness in livestock than it does for prevention of illness in humans," he asserted. He explained that expenditures for public institutions and welfare agencies could be sharply reduced by establishment of such health projects as mental hygiene, dental and cancer clinics; education in industrial, farm and home safety.

When asked how a county may get a health department established, Dr. Ward said, "The Board of Supervisors is the County's wife, and holds the purse strings," adding that the State will pay 50% of county health de-



The expandible farm house, designed by former Extensioner Jerry Cain, was thoroughly examined by homemakers attending the Arizona Country Life Conference, June 2-5. Pictured with the model (left to right): Larita Lunt, Duncan; Isabel Nasson, Duncan; Cloa Cannon, Yuma; Lois Neal, Willcox; Mrs. B. F. Bloodworth, Willcox; Nila East, Pomerene; Pauline Land, Yuma; and Minnie I. Birdsall, Tucson.

moderator while a corps of reporters from 11 counties told of projects ranging from high altitude baking, through health and welfare programs and special interest studies, to homemaking skills such as making modern, up-to-date house dresses and renovating furniture. Among the most interesting community programs reported was the fly eradication campaign in Northern Arizona counties, described by Alta Mortenson, Navajo-Apache home demonstration agent.

The one exhibit in the first floor reading room of the University library, where general sessions were held, was a model of the "expanding farmhouse," designed by Jerry Cain, formerly extension agricultural engineer. The planning of a farmhouse so that it might be expanded with a minimum of "undoing" and expense, was discussed by Grace Ryan, extension home management specialist. Miss Ryan demonstrated the use of paper cutouts in planning and remodeling a farm home. The cutouts are available through county extension offices to anyone needing them.

"A Touch of the Southwest in Your Home" was the subject of Mrs. Leionne Salter, of the Arizona Studio in Tucson. Mrs. Salter showed many interesting combinations of color in draperies, upholstery fabrics, accessories and pictures.

Better Health For Arizona

Highlights of the Thursday morning session was a talk by Dr. J. P. Ward, State superintendent of public health. In pointing out the usefulness of public health procedures, Dr. Ward gave figures to show that many acute communicable diseases have been reduced in Arizona to less than one-fifth their former frequency. Tuberculosis death rate has dropped by more than two-thirds in the last 20 years. Death rate from diseases of pregnancy and childbirth has been reduced by more than four-fifths in 20 years; infant mortality by over 60%.

However—"Arizona can afford better health," Dr. Ward stated. He added that the public health appropriation for Arizona, including maintenance

partment personnel salaries.

Books and Farm People

Mrs. Phil Nowlin, of Apache in Cochise County—although she said she'd "rather cook a meal for a bunch of men"—made a fine talk on "What Rural Women Read." Women of her area, she said, are 33 miles from the nearest public library. "They read what they can get—selections of the book clubs, and anything else from The New Yorker to Ranch Romances." She stressed the need for mobile libraries in isolated districts. "If the public library were as persistent at our door as the Raleigh man, we'd welcome its regular arrival and make full use of its wares."

Donald M. Powell, U. of A. reference librarian, followed Mrs. Nowlin with a discussion of ways and means of getting library service in rural communities. He echoed Dr. Ward's observation that county boards of supervisors were the agencies who had to be sold. "Organize your clubs, civic organizations and community leaders," he said, "and show your board of supervisors that you need a library and can afford one." He pointed out that, with one exception, every county in the state has enough taxable income to provide for public libraries, also that the State Legislature should be urged to appropriate funds for a central agency for planning and guiding library service in rural districts.

Mr. Powell illustrated his remarks with a movie entitled "Books and People," which depicted how one southern state had made library service available in every community—with resultant rise in happiness and standards of living. He stated that the film is available to clubs and organizations, upon request to the Visual Aids Bureau, University of Arizona, Tucson. Requests for information on library extension may be secured by writing the Arizona Association of Librarians. Miss Gertrude James is current president, address Phoenix School Administration Bldg., 331 N. First Ave., Phoenix.

Informing the Young

Much interest was shown in a talk given Friday morning by Dorothy I. Marquart, U. of A. instructor of

psychology, on "How to Answer Questions to Guide Young People."

This was no birds-bees-flowers discussion, but a clear-headed approach to the problem of informing children of various age groups on matters of sex, human relations, and behavior.

Between sessions, women went on tours, enjoyed a plunge in the University pool, gathered for gabfests and singing in the Gila Hall lounge, or relaxed in their rooms. Outstanding among the tours was one taken by nearly all the conferees Friday afternoon, to Town and Country, one of Tucson's leading home furnishing shops. There they learned much of modern and period furniture, furniture construction and arrangement.

The Friday evening banquet enter-

tainment featured hilarious and dramatic skits by representatives from each county, under leadership of Mrs. Vinnie Marshall of Eden. Arizona Farmer's women's editor chose this occasion for handing out folding money as prizes for some of the numerous letters written to her, by request, by women attending the conference. All this, and wonderful food, too, served under direction of Betty Monroe, dining hall manager.

The banquet was followed by a trip to the Steward Observatory, to see stars telescopically and hear about planets and galaxies from Dr. Edwin F. Carpenter, Observatory director.

The midnight frolic which traditionally follows the banquet mushroomed in the Gila Hall lounge Friday night, and provided a merry medley of dancing, songs, stories and skits until dawn threatened on the horizon.

As though all this weren't enough, conferees were guests of the Tucson Chamber of Commerce, at the Santa Rita Hotel Saturday morning. The departing guests were given a royal sendoff by Frederick R. Stofft, C. of C. president, and Tucson Mayor E. T. Houston, who said some mighty complimentary things about farmers, farm youth, and especially those farm homemakers who gather each June in Tucson to gather friendships and wisdom at the Country Life Conference.

The Arizona Homemaker

"You" Letters for Me

Letters from the Conference

Starring Arizona Country Women, Beginning
With Goldye Colvin of Casa Grande in Pinal



Fun and frolic in the Gila Hall living room followed the Conference banquet Friday evening, June 4, and lasted into the wee sma' hours. That's Goldye Colvin of Casa Grande at the piano—she who won Arizona Farmer's first prize for her letter to the Women's Editor.

By MAUDE LONGWELL

NO, I didn't get to go swimming in the University of Arizona pool the final afternoon of the Country Life Conference. Nor could I be among those who made a visit to Town and Country, one of Tucson's leading furniture shops.



I was in my room at Gila Hall, catching up on my correspondence. I had about 50 letters to read—letters that provoked me by turn to giggles and tears, to sympathy and admiration. Letters that added up to a wonderful total of wisdom, friendliness and kindness—in short, letters from Arizona Homemakers.

Of the 99 women registered in Gila Hall for the Conference, more than half wrote me letters, mailing them at the desk or delivering them "special" to my room. I had asked them to write to me, but I was downright amazed that so many of them took time from their busy round of Conference activities to humor me. I had asked that each of them write me a "You" letter. . . .

A "You" letter (in case you should

decide to write me one, and I hope you will) is a letter about you and your life. Your childhood, your memories, your school days, puppy love days, and your real romance. And what about you now? What about your home, your house-planning, kids and/or grandkids, pets, and that-man-you-married? What about your household trickery, gardening, work and play in your family and community? What are your hobbies, likes and hates, and philosophy of living? What do you think is to be done about this sad old world? What are your opinions on juvenile delinquency, and what do you think we should do to give our young folks a helping hand?

These are some of the subjects I asked the women at the Country Life Conference to discuss in their letters to me. Their letters were as varied as the personalities of the half-hundred writers—yet their opinions were startlingly similar on fundamentals. I spent a baffling afternoon before the Friday evening banquet, trying to decide which of the letter writers should receive prizes.

There were cash prizes given out for an even dozen of the "You" letters, as part of the banquet program. First prize went to Mrs. John Colvin of Casa Grande in Pinal County; second to Mrs. Millie Ellis of Cochise County's

DEAR MAUDE LONGWELL: I was born in Casa Grande a few years ago, in July. The town was still small enough for everyone to know everyone else. 'Twas almost like one large family. So most of our activities included adults and children. We had big dinners at Thanksgiving and Christmas time for all the children. There were about as many Mexican families as others. We learned tolerance at a very early age. I believe that it was at these gatherings that I learned "how to have a good time."

I can remember many enjoyable afternoons and evenings, especially in the summer time, visiting, singing and playing with some of our very musical Mexican neighbors. No one was an outstanding star, but each one present, from the youngest to the oldest, was expected to take his turn at helping to sing or play or dance. Each one tried to do his very best in everything, whether it was in church, a party, play or ball game. You couldn't help learning how to do, if for no other reason than repetition. We learned how to have a good time with other people, by helping make our own fun.

Movin' On

Yes, there were boy friends, and in February, 1929, I married the husband I still have. We moved 14 times the first three years of our life together, then I stopped counting. We have lived in all but three towns in Pinal County, as well as near Prescott and out of this state for a year and a half. About five years ago we moved to a farm to live. It is a rented place, and I call the house a crackerbox—but

wide open spaces; and third to Mrs. W. B. Allen of Yuma. Other awards of folding money went to Mrs. Clyde Etter of Coconino County; Mrs. B. F. Bloodworth, Cochise; Mrs. Thelma Hart, Graham; Mrs. Isabel Nasson, Greenlee; Mrs. Harry C. Thompkins, Maricopa; Mrs. Lee P. Allen, Pinal; Mrs. Hanna Lundberg, Pima; Mrs. Paul Knight, Yavapai; and Mrs. Cloa Cannon, Yuma.

So much for prizes, except that there simply weren't enough of them! As for the letters, they speak for themselves and for their writers—as you'll see when you read them on these and future pages of Arizona Farmer.

we have installed a bathroom, remodeled and painted the inside to make the house more comfortable and home-like.

We have one boy, 17 years old. He has been very active in 4-H Club work for the past two years, and has raised several calves. My husband and I have helped him and his club by serving as 4-H leaders in the farm and livestock division. We have three horses, quite a few head of cattle, a dog and cat. Due to the water shortage, this work has helped us quite a lot the past two years, for the buying and selling of cattle has made up for the absence of a crop.

Household trickery? The automatic washing machine which takes the drudgery out of my washing. Pants frames to "iron" the levis on the line. They work swell, too!

Living at Home

We leveled out a lawn this spring and plan to do a little landscaping soon. We live on our lawn in the summer, and have made quite a bit of our lawn furniture at a very small cost. I made a chair out of an old crate by putting a seat in it. I'm working on coffee tables made of nail kegs and flour barrel tops. They're cute.

Our 4-H kids have potluck picnics at our place, and bring their parents, during the summer months. It helps keep up the interest in the season when the Club's activity is at a low ebb. We are taking square dance lessons now, and all enjoy them very much. Last summer I helped with the teen-age dances. We believe we must play a little along with our work.

I have too many hobbies, from crocheting to embroidering and all sorts of craftwork. They are all interesting, but I don't have much time for them now.

I dislike to write letters, and company who come for a few days and stay several months.

Concerning Youth

I don't believe our young people are taught respect and discipline enough any more. And parents should require their children to earn part of the money they spend. Expensive gifts can become a habit and taken for

(Please Turn to Page 29)

Isabell Pace
Maricopa County, Arizona
1948

Recreation and Community Life (Continued)

Miscellaneous Activities

The agents participated in both Spring and Autumn meetings of the State Home Economics Association.

Recipes and quantity information were supplied to three communities in different areas of the county for community meals.

The Agent gave talks to three youth groups on Home Economics as a career. The Agent also gave talks on Family spending, and Family Relations to adult study groups.

The tailoring of children's clothing project was opened to special interest groups and individuals. Enrollees from three areas not carrying Extension work are participating.

Serving as judge for homemaking exhibits at local and county fairs and youth groups was also a service rendered.

Agents were invited to join with Home Economists from related agencies in an effort to put before the public the work of their departments through the special edition of "Arizona Times" newspaper, which organization sponsored the Cooking School. (Clippings on next page)

Home Beautification

Two homemaker groups selected yard improvement as their special interest project. In each case the Ass't. Agent in charge of Horticulture was approached, and he cooperated with the widely separated groups.

One of the new Homemaker groups is located in a new subdivision west of Phoenix. Their homes are on one to one and one-half acre lots with both water and soil conditions quite different to their former experiences, hence, what to plant, preparation of the soil, and irrigation were major problems with them.

The other group in one of the older areas of the county has soil problems also. The Ass't. County Agent and State Extension Horticulturist are working with this community to bring about the desired changes.

The Ass't. County Agent will give the report on progress of these projects.

Work Of Home Demonstration For Rural Groups Of All Ages Is Described By Mrs. Pace

ARIZONA By Isabell Pace

TIMES

Home Demonstration Agent

3/1/48

The Home Demonstration Agent's program is a part of co-operative work in Agricultural and Home Economics in a nation-wide system of rural education. It is maintained to aid rural men, women, boys and girls in meeting the everchanging problems of the farm, the home, and the community, and developing for themselves a more satisfying country life.

The theme, "Today's Home Builds Tomorrow's World," is the guide to program planning, which is developed by a county council made up of representatives from local groups. These representatives bring to the program planning meeting suggestions from their local membership from which a unified county program is worked out.

The program is carried out largely through local volunteer leaders who receive training in the various phases of homemaking given by subject-matter specialists, at the state level, and the home demonstration agents in the county.

Programs take on a long distance view and show progressive achievement and sequence of interest.

January and February of this year the emphasis has been on the foods phase. Helping the housewife to make the most of her pressure saucepan has been most enthusiastically received because families have enjoyed main dishes, steamed breads and puddings, tender custards and fresh vegetables with all their flavor.

The aroma of freshly baked yeast rolls, coffee cakes, Swedish tea rings and braids have served to stimulate appetites as a result of the "Fancy Yeast Breads" demonstrations through February.

Home Furnishing problems

will be the topic for March and April with "Color in the Home" and "Selection and Arrangement of Furniture" the demonstration emphasis.

April 30th is Maricopa County's Homemakers Achievement Day and will bring together several hundred women from all areas of the county for inspiration, fun and recreation. The Washington Club, with Mrs. C. E. Samson, president, will be hosts to county groups.

May 2-7 is National Home Demonstration Week.

June 2-5 will be Country Life Conference at Tucson. At this event Homemaker Club members over the state get together on the University campus.

Summer months give opportunity for new groups and special interest groups to catch up on programs missed, such as—

Construction of dress forms

Stenciling on fabrics

Rug making

Food Preservation phases, canning and freezing

Household Pest control and others.

Outdoor meals and cookery are anticipated for early fall opening, followed by construction and remodeling of garments for children, to include tailoring and pressing. Recreation and social programs are regular events for December.

Over 1,300 Join 4-H Club Work

Maricopa County has about 1,300 boys and girls enrolled in 4H club work in 30 communities this year. Home economics projects are: clothing, foods and home management, with clothing being the most popular. The agricultural projects include livestock, field crops, handicraft, gardening, poultry, home beautification and insects.

The organization is one for voluntary leaders and members who want to "Make the Best Better" for themselves and their community.

Some of the club work is done in close co-operation with the schools, while others are organized on a community basis.

In addition to the project work done, the boys and girls learn how to carry on a business meeting, how to judge their work, to raise standards and how to teach others through demonstrations.

The Annual Maricopa County 4-H Club Fair, which is this year being held April 23 and 24 on the Arizona State College campus at Tempe, is the opportunity for all members in the county to exhibit their work and compete in the demonstration, judging and showmanship contests.

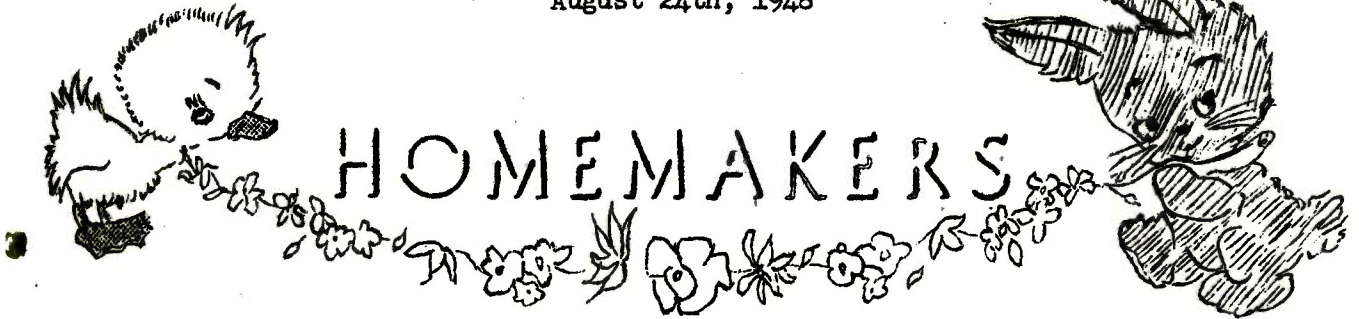
COOPERATIVE EXTENSION WORK
IN

UNIVERSITY OF ARIZONA AGRICULTURE AND HOME ECONOMICS
COLLEGE OF AGRICULTURE STATE OF ARIZONA

U. S. DEPT. OF AGRICULTURE
AND MARICOPA COUNTY COOPERATING P. O. BOX 751
PHOENIX

AGRICULTURAL EXTENSION SERVICE
HOME DEMONSTRATION WORK
COUNTY AGENT WORK

August 24th, 1948



Your Home Demonstration Agents send "Greetings" and trust that you have survived the heat and perhaps had a pleasant vacation period.

Vacations and Other Events

Isabell Pace, Home Demonstration Agent, spent three weeks at Fort Collins attending the Extension Summer Session at Colorado A & M College. In addition to the courses on "Housing" and "Extension Methods", Colorado mountain scenery, lakes, streams, picnics and fish fries are pleasant memories.

Mrs. Elizabeth Eby, Assistant Home Demonstration Agent, spent three weeks in California and apparently cool weather was one of the chief interests for her.

Virginia E. Twitty is to be in Navajo and Apache Counties until October to fill in the vacancy created by the resignation of Alta Mortensen, Home Demonstration Agent. Alta is to be Home Economics teacher at Litchfield High School. We welcome her to Maricopa County.

We hear Mrs. W. L. Lightfoot, our newly elected Council President is on vacation. She has big plans for a banner "Homemaker Club" year for 1948-49. We will soon announce the date for the 1949 program planning meeting. Officers and leaders, be watching for the date!!!!

Sincerely yours,

Isabell Pace

ISABELL PACE
Home Demonstration Agent

EVENTS

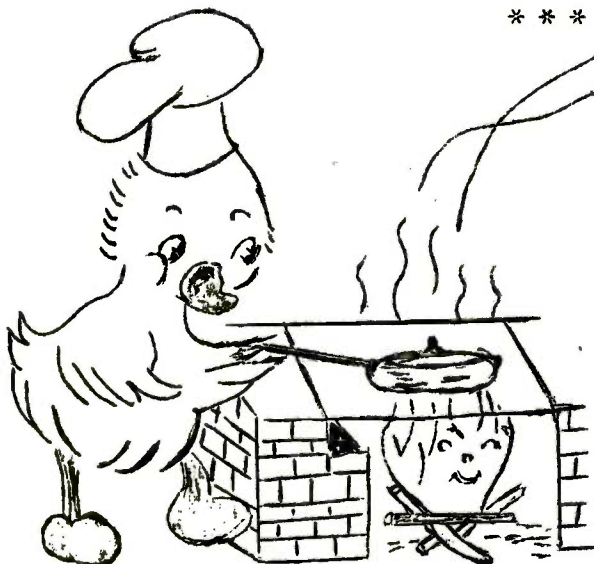
Barbara Jane Austin, Scottsdale, one of our former outstanding 4-H Club members and a Junior Leader, is to become Mrs. Rae Ingram on September 2nd. She will make her home in northern California.

Twenty-seven 4-H Clubbers enjoyed five days camping at the Y.M.C.A. Camp near Prescott August 10 to the 15th. A total of 140 members from five counties participated. The program included crafts, hiking, musical and competitive games, talent programs and the traditional candle lighting and Indian ceremonials.

Nine 4-H Girls Clubs have carried projects through the summer. Seven fine, older 4-H girls have served as Junior Leaders, while also doing active Club work. More power to these girls!

Are you planning to sponsor 4-H Club Work in 1948-49? Your help is needed to make this program bigger and better.

September is almost here! If your Homemakers Club is not fully organized and ready to go we suggest: (1), Get together early, (2) name your officers, (3) choose your project leaders, (4) send their names to this office, (5) have a membership drive, and (6) a Club social as an opening event.



FINAL PROGRAMS FOR 1948

I. Outdoor Meals -

Two leader training meetings for this project will be held. Food Preparation and Nutrition leaders take note.

<u>Date</u>	<u>Place</u>	<u>Time</u>
Sept. 28	Mrs. Harry Nelson's yard, Buckeye	6:30 p.m.
Sept. 29	Mrs. J. W. Currie's yard, 2770 West Myrtle, Phoenix	6:30 p.m.

II. Clothing Construction for Children's Garments

This will include tailoring and pressing and will be open to members especially interested in the project and who are willing to give help to other Homemakers. Four all-day meetings are required, the first to come October 6th, at the County Agent's office and the others to be arranged following enrollment. Enroll, if interested, on the enclosed card and return to this office.

INFORMATION YOU CAN USE

PESTS IN YOUR PANTRY?

Clean Your Pantry Shelves --

Some food is bound to get spilled on shelves. Particles sift out of packages and remain on the shelf or lodge in cracks and corners. Insects can live on these food particles. Also, they get into food you might later place on the shelf. Clean the shelves of your cupboard and remove sources of infestation.



Spray with DDT --

While you're cleaning the shelves and have all packages of food out, spray a 5% DDT solution on the interior surfaces of the cupboard. After the liquid has dried, a deposit of DDT crystals remain that will be effective for several months. Any insects that insist upon crawling around after the cupboards have been sprayed will be killed before they have a chance to lay eggs and start a new infestation.

Wait until the spray dries before putting packages back on the shelves. The deposit of DDT crystals remaining will not harm food inside packages.

Inspect Your Food Packages --

A DDT spray treatment will be of no value against insects inside packages-- they will not come in contact with the insecticide crystals. So look through your flour, meal, cereals, cornstarch, crackers, breakfast foods, etc.

Soap is better than detergents for cleaning cotton, linen, rayon, or mixed cotton and wool, according to laundering tests at the Experiment Station. Due to its alkaline nature, soap cleans plant fibers better. Detergents were better for all-wool white blankets, soap for blankets 75% wool and 25% cotton. Each was about equal for all-wool or silk.

Cooking snap beans in the pressure saucepan saves appearance, flavor and vitamins better than any other method, reports the Experiment Station.

Ironing is a better way than stretching to dry curtains, according to tests of "glass curtain" materials by the Experiment Station. Thirty-six fabrics, including cotton, voile, scrim, marquisette, bobbinet, filet, rayon voile, were tested. All except acetate rayon lost more strength when stretched than when ironed.

H E L P !
Yourself

H E L P !
Your Country

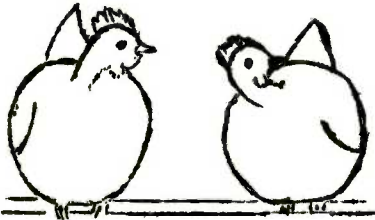
H E L P !
Save Food

By writing to your Home Demonstration Agent's office, 1201 West Madison, Phoenix, for a copy of "MONEY-SAVING MAIN DISHES" (USDA's cook book of 150 recipes) and learning how to feature menus that will stretch your food dollar, use foods in plentiful supply, assure well-balanced nutritious meals, and conserve foods for hungry peoples in other lands.

* * * * *

Invisible Plastic Proects Woolens

Mothers with active sons will welcome a new invisible plastic heralded by the NEW YORK JOURNAL OF COMMERCE. This plastic puts an invisible coating on each fiber of cotton or wool fabrics, increasing the tearing strength ten per cent or more. A slide into home plate is only half as damaging to trousers coated with the plastic. Moreover, use of the plastic reduces shrinkage of woolens to almost nothing, even when washed in hot, soapy water.



Keep Eggs Cool and Covered

Eggs need to be kept both cold and covered in home kitchens if they are to keep fresh and in prime condition for eating.

Speed eggs to the refrigerator or other cold place and keep them there until they are used. At ordinary room temperature, eggs lose as much freshness in three days as they do in the refrigerator in two weeks.

Keep eggs covered in the refrigerator for two reasons: (1) To keep them from losing moisture through the porous shell in the dry atmosphere of the refrigerator, and (2) to protect them from absorbing odors of "off flavors." Instead of keeping them in a cardboard carton or an open bowl in the refrigerator, as is usually done, put them in a covered dish or one of the closed containers used for vegetables.

Keep eggs far enough away from the ice container or freezing unit so that there is no danger of their freezing. But, keep 'em COOL!

* * * * *

LAST MINUTE NEWS

Maude Longwell writes that she has a brand new job as assistant editor of the FARMER'S WIFE with an alluring increase in pay and the prospect of a very good life in the east. Philadelphia will be headquarters and Gertrude Dieken her editor. Daughter Jeanne was married August 7 and her son is to be married to a Phoenix girl August 27th. We wish Maude all the luck in the world and will miss her.

* * * * *

SUMMARY OF PROGRAM PLANNING FOR YOUR CONSIDERATION

(Please send any corrections or additions to the Home Demonstration Agent's office)

Recommendations of CLOTHING Project Group

Chairman - Mrs. H. H. Heath Sr.

Secretary - Mrs. Higginbotham

1. Sewing machine clinic - special interest.
2. Using sewing machine attachment.
3. Making house dresses.
4. Adult tailoring.
5. Beginners' sewing.
6. Dress forms - special interest.
7. Bazaar gifts.
8. Mending made easy.
9. Improving clothes closets.
10. Leather and felt craft - for accessories.
11. Textile painting.
12. Decoration, trimming and finishes on clothing.

Recommendations of NUTRITION Project Group

Chairman - Mrs. Alice M. Baker

Secretary - Mrs. Ruth Dorris

1. How to stretch meat in menus.
2. Low cost economical meals (new dishes and recipes).
3. Basic fundamentals of cooking (each homemaker should have Basic 7 Chart).
4. Preparing food for community meals.
5. What foods our children should eat and,
6. How to get children to eat the foods recommended for them.
7. Preparing foods for freezing lockers.

Recommendations of HOME MANAGEMENT Project Group

Chairman - Mrs. Noble Woodward

Secretary - Mrs. J. W. Currie

1. Wood finishes - wall hangings.
2. Expandable house.
3. Spending plan.
4. Slip covers.
5. Flower arrangements.
6. Comparative equipment.
7. Floor coverings.
8. Short cuts in general cleaning.
9. Furniture cleaning.
10. Drapery making.

Recommendations of RECREATION and COMMUNITY ACTIVITIES

Chairman - Eliza Narramore
Secretary - Mrs. M. L. Meyers

I. Health

1. Household pest control.

New methods)
New sprays) - Dr. J. N. Roney, U. of A.

2. Learn what public health services are available and cooperate in programs.

- a. Undulant fever control.
 - b. Public sanitation in food handlers.
 - c. Tuberculosis control.)
 - d. Cancer.)
 - e. Polio)
- County Health
Speakers, etc.

3. Water testing.

II. Laws of Arizona -- Local attorney or legislation on pertinent subjects.

1. Highway safety - highway patrol and their responsibilities.

III. Recreation

- 1. Family night.
- 2. Games at each meeting.
- 3. Community activities.

IV. Yard improvement.

Special interest.

Please return promptly to the Home Demonstration Agent Office,
1201 West Madison, Phoenix, since the sifting committee will consider
program suggestions Thursday, October 25th.

4-H CLUB WORK
in
Maricopa County
From December 1, 1947 to November 30, 1948

A. County Situation

Maricopa County, being an agricultural county with field crops of cotton, grain, grain sorghums, alfalfa, commercial vegetables and citrus fruits as the main sources of income, has a rather transient laboring group of people, with whom organized 4-H Club work is rather difficult. However, income has been fair over the past several years and home ownership seems to be on the increase, which gives hope for more success.

The 4-H Club program in Maricopa County is planned on a county-wide basis, with variance of the community situations given specific consideration. The general program has been in connection with the school program and term, but increasing emphasis is being placed on getting the program on a community basis, with lay leadership.

With large school districts having one center for activity and the necessity for long distances of travel for the children, the idea of community 4-H Clubs has seemed an impossibility to those in the schools and community. Progress is being shown, however, by the increase in lay leaders serving this year and added number of clubs, including activities for the community.

With the addition of an agent to the staff, it has been possible to give more intensive training to the leaders and members of the clubs.

County school records show a total of 35,854 boys and girls between the ages of 10 and 21, about 50% of whom we may assume are girls. Of this number there are 1,105 Girl Scouts, 1,640 Camp Fire Girls, of comparable 4-H age groups, both rural and urban. There are 708 girls enrolled in rural 4-H. These probably comprise the three largest girls' organizations in the county. There are of course, church organizations that do much toward providing wholesome recreational and social activities for their youth, but they could also be developing greater skills in various projects if reached by at least one of the above mentioned organizations.

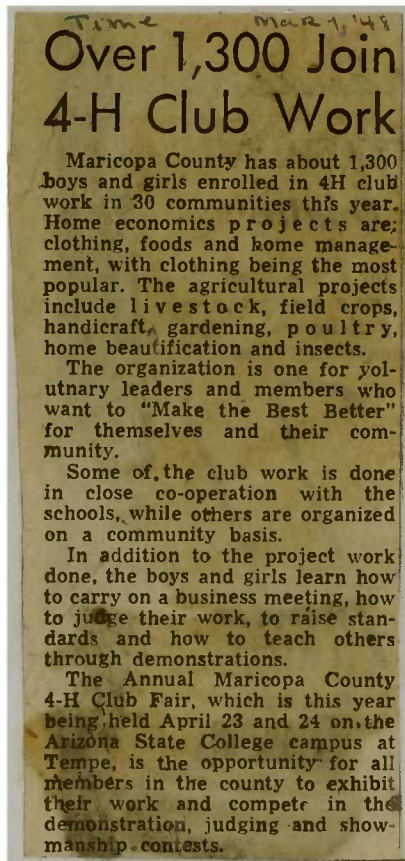
Although local lay leadership has not been developed to any great extent in 4-H Clubs, it is the opinion of the Agents that with proper training, guidance and supervision, leadership possibilities are rather adequate if they can be convinced of their abilities. Fifteen local lay leaders served in 4-H this year as compared to 10 last year.

With the limited amount of rural churches, hospitals, libraries, and community centers other than schools, it is ever more important that strong community 4-H Clubs might serve to bring about wholesome community activity for the families.

B. Summary

Statistical Summary

- 24 - 4-H Clubs in Home Economics
(21 of these School Clubs - 3 Community Clubs)
- 42 - leaders (27 teachers, 15 lay)
(No junior leaders)
- 3 - leader training meetings
- 708 - total girls (686 enrolled in home economic projects)
- 743 - projects in Home Economics
- 23 - Achievement Days
- 12 - Home Economics girls went to camp
- 3 - National 4-H Club week radio programs
- 2 - news stories (approximately; not just on Home Ec phase)



C. Organization and Planning

In the fall of 1947 the Agents and the Assistant County Agricultural Agent in charge of Club work, made personal contacts with school principals and 4-H Club leaders where work had previously been in progress. At this time these people were informed of the possible assistance that could be expected from the agents and county and State offices, and at the same time the advisability of community organization, the inclusion of extra activities and the use of lay leadership was emphasized.

Kits of project and reference bulletins were furnished leaders. These materials and their proper use were discussed. As enrollments were received in the office project manuals and officers' supplies were furnished.

Twenty-three communities had home economics projects this year, eighteen included both boys and girls project groups and two other communities carried two or more projects with girls. These groups were fairly well distributed in the county and even though they did not all function ideally as a community organization, more activities such as health, safety and recreation were included; more clubs participated in judging and demonstration at the fair.

Project and business meetings, activity and recreational meetings, were conducted by members and leaders, varying in time from forty minutes to two hours. Facilities for work varied from the class room set-up with only school desks to the home or well equipped laboratory. Leadership varied from the non-trained, volunteer homemaker leader to trained home economics teachers. As these leaders were given training, either in meetings or their community, each responded well and the degree of accomplishment of their girls was quite easily measured by this help.

The Maricopa County 4-H Council is composed of all leaders in the County. This council meets regularly two times during the year. Members of the Council are selected to serve as 4-H County Fair Commission or other committees to further the program. They make decisions concerning the County 4-H program, thus relieving the agents of full responsibility and making for greater satisfaction and participation by the leaders.

In agreement with the 4-H Council the County Farm Bureau this year offered \$1000 for County Fair premiums if it could be matched by the Council. The Clubs in various ways such as pie socials, plays, community suppers, solicitation from businesses, etc. raised \$987 which was used as Fair prizes and to help defray expenses of the Fair, trips to State Roundup and for sending delegates to National Camp.

To match what had been done for the Agricultural Club, the Phoenix Kiwanis Club gave \$75 to pay expenses of Home Economics demonstration teams to State Roundup. These girls were also luncheon guests of the Kiwanis Club where they were introduced and given an opportunity to tell of their work.

With an enrollment of 35 members the 4-H College Leadership Club of Arizona State College at Tempe, under the sponsorship of Mr. Gerald Fuller and cooperatively instructed by him, and County and State Agricultural Extension workers, was very helpful in making the fair a success. These prospective leaders were given a comprehensive course in 4-H leadership. They were each required to visit local Club groups in action and to assist with the organization and carrying on the County 4-H Club Fair.

With the additional agent in the County more training and helps in the way of leader and member contacts, and specific training in demonstration and judging, have been possible. Insofar as possible, parents were visited and given a better idea of the possibilities and requirements for good 4-H Club work. It is the opinion of the Agents that individuals have definitely been aided toward greater accomplishments and better understanding, through home visits, and it seems definitely true that the general program is being influenced toward more lay leadership and community clubs through such contacts made over a period of years.

Due to change of policy in the State program it seems wise to give an account here of the organizations functioning during the summer in carrying out project work for the Club year of 1948-49. In seven communities there were nine project groups organized to do a great portion of their work during the summer when more time was available, than to have more activities in the winter program, when they are busier with school work. Six older 4-H girls served as Junior Leaders in these Clubs. The hope is for year around Club work with all of these and other groups. Agents were able to give a larger portion of time to these clubs than is possible during the school term.

D. Enrollment and Completions.

1. & 2. By clubs and projects.

Girls in home economics projects were enrolled in 24 clubs, with the divisions and projects as follows:

<u>Club</u>	<u>No. Girls</u>	<u>Project</u>
Arlington	11	Clothing
Avondale	24	Clothing
Balsz	31	Foods
Cartwright	22	Clothing, Canning, Home furnishings & Foods
Cashion	37	Clothing
Chandler	16	Foods & Clothing
Creighton	42	Foods & Clothing
Deer Valley	3 (3 boosters)	Clothing
Dysart	86	Foods & Clothing
Gilbert	51	Clothing
Glendale	36	Clothing
Isaac	55	Foods & Clothing
Kyrene	32	Foods & Clothing
Laveen	9	Clothing
Lehi	60	Clothing
Liberty	36	Foods & Clothing
Machan	12	Clothing
Madison	6	Clothing & Foods
Palo Verde	27	Foods & Clothing
Pendergast	14	Clothing
Roosevelt	48	Foods & Clothing
Rural	33	Clothing
Scottsdale	49	Foods & Clothing

The enrollment in projects was divided with 254 in foods, 486 in clothing, 2 in food preservation and one in home furnishings.

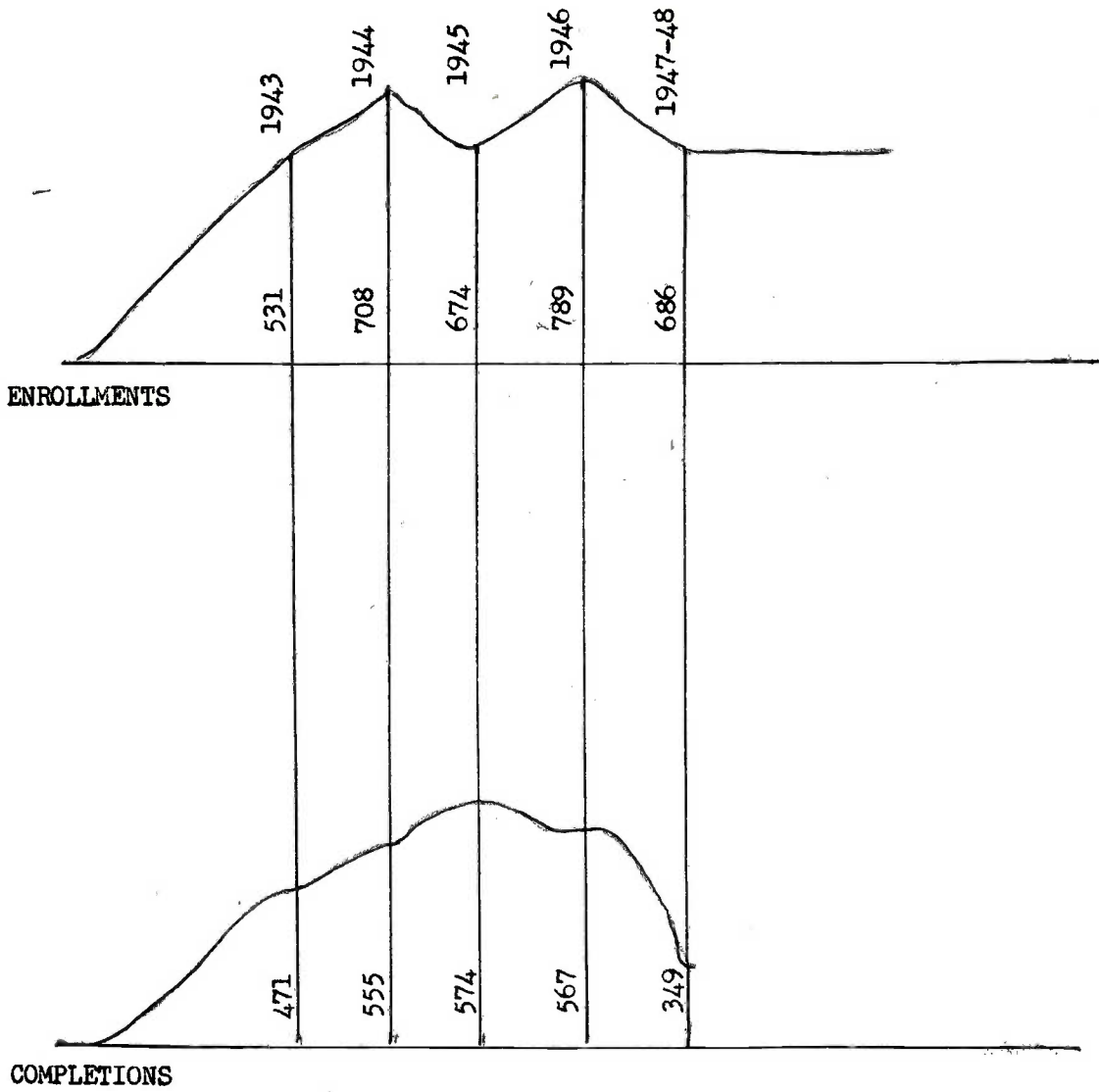
3. Five year graph (number of individuals club members enrolled & completed)

<u>Year</u>	<u>Girls Enrolled</u>		<u>Girls Completed</u>		<u>H. E. Percentage</u>
	<u>Total</u>	<u>Home Economics</u>	<u>Total</u>	<u>Home Economics</u>	
1943-44	555	531	487	471	88%
1944-45	771	708	618	555	78%
1945-46	731	674	631	574	85%
1946-47	921	789	644	567	71%
1947-48	708	686	438	349	50%

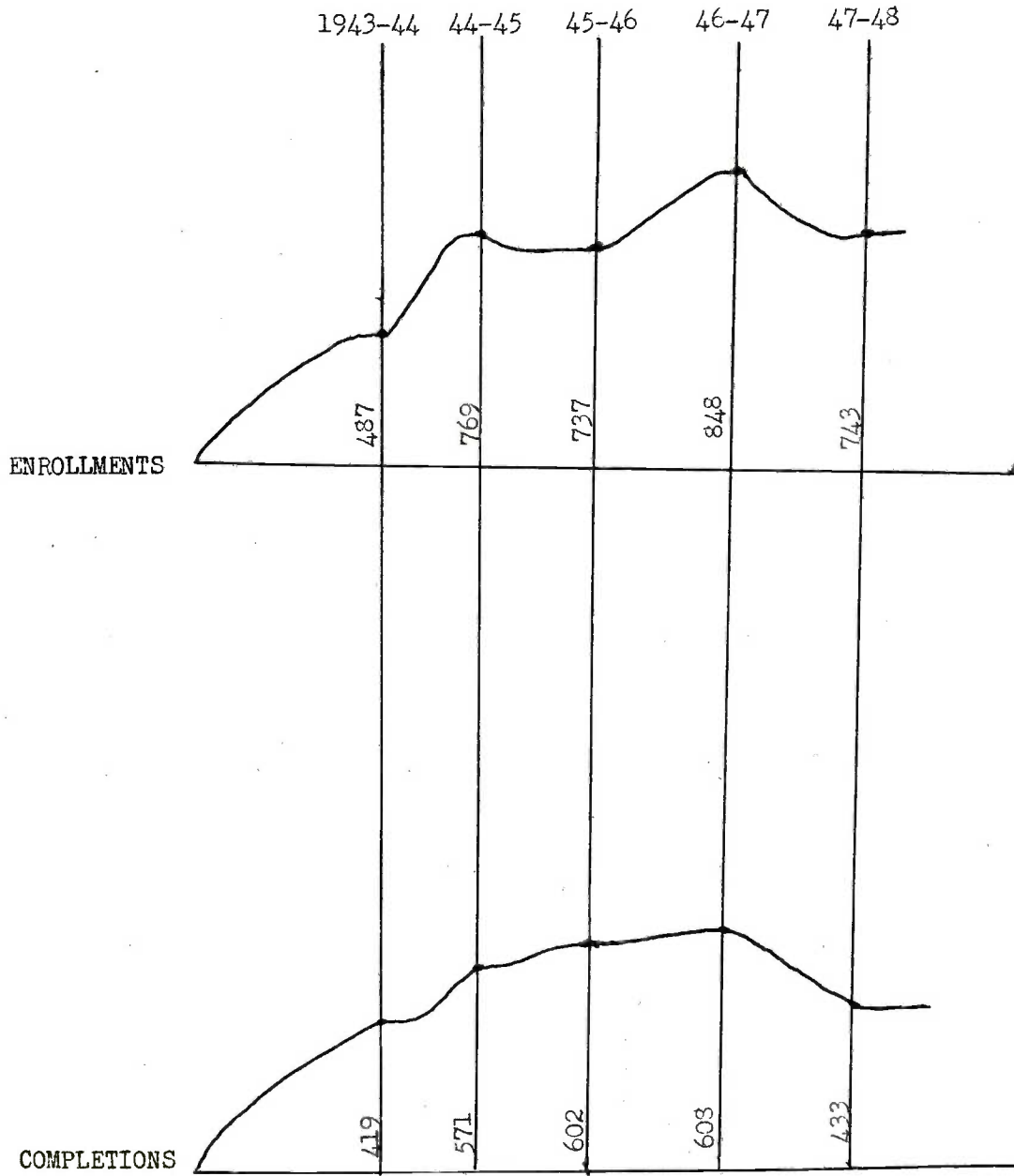
4. Five year project enrollments & completions in Home Economics' Club.

Projects	1943-44		1944-45		1945-46		1946-47		1947-48	
	Enrol.	Comp.	Enrol.	Comp.	Enrol.	Comp.	Enrol.	Comp.	Enrol.	Comp.
Food selection	152	115	261	191	211	177	209	142	254	134
Food Preservation	17	16	9	9	7	7	2	2	2	2
Clothing	318	288	499	371	510	410	636	462	486	296
Home Mgt. & Home Furnishing					4	3	2	1	1	1
Jr. Leadership					5	5	1	1	1	1

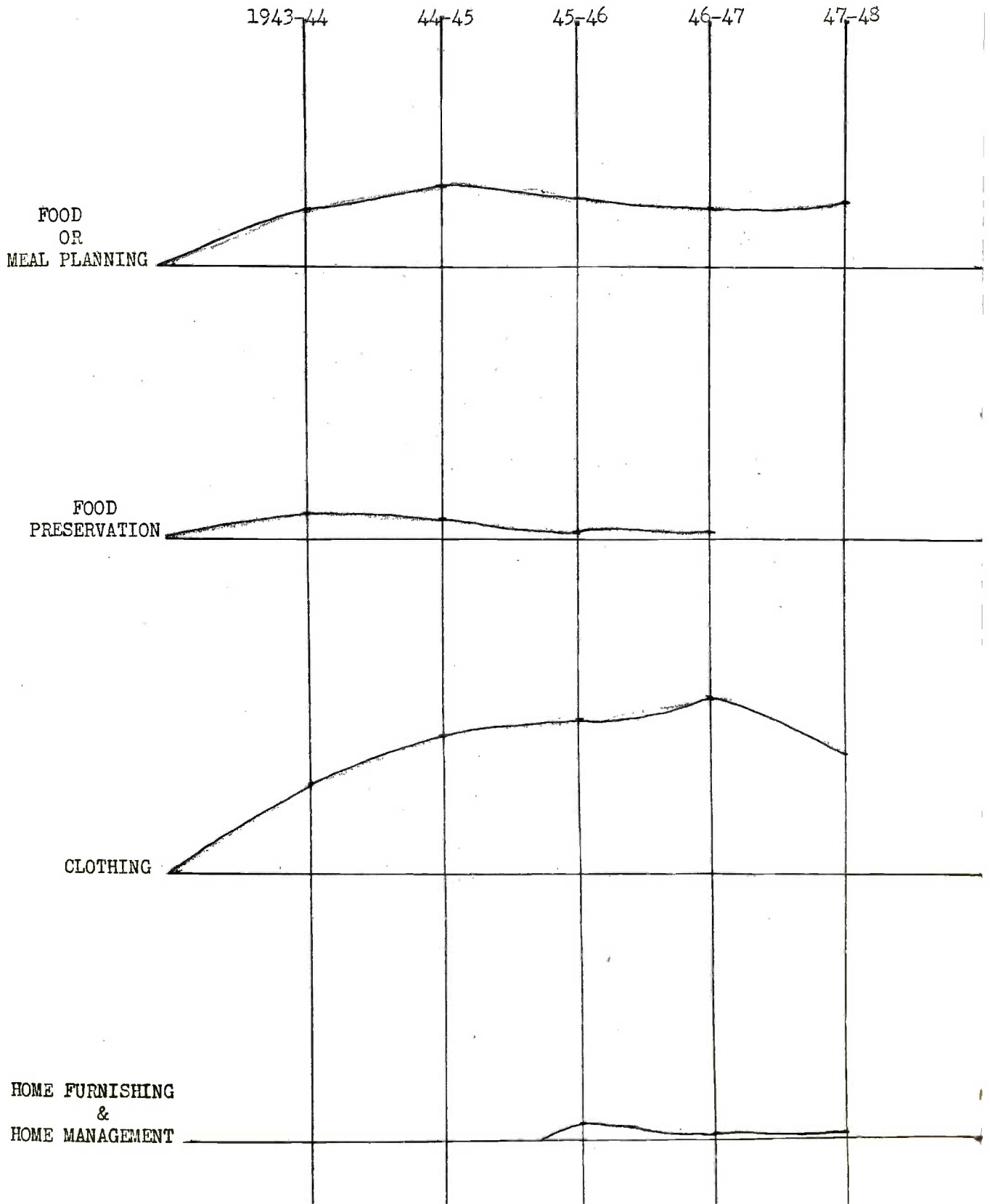
FIVE YEAR GRAPH OF 4-H CLUB WORK



FIVE YEAR GRAPH OF ALL PROJECTS



FIVE YEAR GRAPHS FOR PROJECTS



E. Leadership of 4-H Club Work

1. Sources leadership.

For some years the County 4-H Club leaders have mostly been those in classroom teaching, but with the increasing emphasis on local lay leadership and community Club work the number of voluntary lay leaders has naturally increased. This year's program rated 15 volunteers while there were only 10 last year. Nine of these 15 were parents of club members.

Organizations working during the summer for the 1948-49 program include seven volunteer leaders and six junior leaders. Young leaders have served in previous years but have been listed as assistants, until the new Junior Leadership program was introduced in the county.


Throughout the past several years the Agents have urged the adult organized groups to include some sponsorship of 4-H Club work in their program, which included help in securing local leaders. It is felt that it is through this work, home visits, securing greater parent interest and other such types of "groundwork" as well as the present year's contacts, that volunteer leadership is increasing.

Many of the community contacts are begun through the schools where, of necessity, the largest number of children can be reached. School principals and teachers are given the information concerning the organization and project requirements. If they are to serve as leaders the Agents follow through with necessary training, but in communities where local lay leadership seems desirable and possible, the school people usually have suggestions of leaders whom the Agents contact. In some instances where leadership was not readily available, the children have been very helpful in securing parents or other volunteers to serve. This latter has proved very successful up to date, as children choose those they will follow and the leader is usually pleased to be solicited by the members.

There are instances of school teacher leadership with volunteer lay assistants. Twenty-six of the 42 leaders serving in the 1947-48 program were new in club work this year.

Nine leaders of the county were given the 4 Leaf Clover Leadership pin according to the years they had served. The following publicity was given in County papers.

MESA JOURNAL-TRIBUNE
Thursday, July 29, 1948



**4-H
News**

Sixteen Arizona voluntary 4-H club leaders have been honored for outstanding service to their communities, announces Charles U. Pickrell, director of the agricultural extension service of the University of Arizona.

The award for more than 10 years' of 4-H leadership service went to W. J. Sutter, Howard Woodlum, L. E. Joslin and Mrs. R. E. Brannon, of Maricopa County; Mrs. Minnie Bowler, of Navajo

County; and Mrs. Lynn Early of Pinal County. Each received a certificate of recognition and gold clover pin.

A recognition certificate and a silver clover pin was awarded for more than five years' service to Mrs. Winona Uhl and Mrs. R. W. Spencer of Cochise County; Mrs. Grace Y. McElhannon, Miss Ruby Louise Ostrander, Miss Lucille Eyers, Robert Colford, and William McElhannon, of Maricopa County; Mrs. Pauline Hansen of Navajo County; Miss Esta Trotter of Pima County; and Mrs. Viola Loucks, of Pinal County.

These national 4-H leadership awards, made during 4-H club week, help to indicate the extreme importance of voluntary rural adult leadership in conducting 4-H activities with boys and girls in rural communities. Director Pickrell said:

"To the club leader must go a great deal of credit for the outstanding work our boys and girls are doing in their 4-H enterprises," he said.

Rural girls in Arizona between 14 and 21 again have the opportunity to take part in a special 4-H "wear-care" clothing demonstrations awards program, which is being renewed this year.

The demonstrations, which will be held in this State Aug 3, may apply to what the participants have learned regarding good methods of selecting, wearing and caring for a clothing wardrobe. The care may include washing, drying, ironing, removal of spots or stains, and handling of garments when not in use.

State champions—either two individual demonstrators or two members of a demonstration team—named by the State club office, will each receive a \$25. cash award provided by American Viscose Corp.

2. Leader training program.

All leaders in the county were invited to a training meeting to discuss and plan for the 4-H organization program in the county. An outline of requirements for clubs and club members was given to each leader. At this same time some general plans for the County 4-H Fair were discussed. Mr. McKee, of the State Office, presented the new suggestion for more uniform county and State organizations.

This meeting was followed by the agents and leaders discussion of the same topics on many occasions.

Both clothing and foods State Specialists gave training to the leaders in the county. The clothing training consisted of demonstrations and discussion of requirements and techniques followed by the leaders making illustrative samples to use in teaching the girls.

The foods leaders had the requirements of the projects carefully explained. They were then given a demonstration on biscuit making to help them in training the girls in the biscuit making or "Food Showmanship" contest as well as giving demonstrations. This was followed by a judging contest among the leaders to prepare them in teaching judging.

At every opportunity in home or school visits, office or telephone calls and meetings, the Agents provided written materials and discussed with the leaders any and all problems relating to their project. At almost every club visit one or more demonstrations of techniques were given by the Agents. The problem of giving assistance to school teacher leaders has been a difficult one unless they were permitted to attend Leader Training meetings. Upon visits to leaders who were teachers, there has not been enough time from their work for the Agent to give proper training.

Leaders were contacted on an average of once every two months. The kind of help given varied as to type of organization, background of leader, whether or not she had attended training meetings and the situation regarding equipment in the place of meeting, as well as that in the homes of the members. Almost without fail there was definite visible proof that the leaders whose problems seemed greatest and whose quality of work was not up to standard, were those who had neither attended training meetings nor allowed time for receiving help from the Agents.

The exhibits at the County 4-H Fair gave evidence of value received from training as the uniformity of techniques and quality was greater and there were very few entries in the miscellaneous lots other than requirements or recommended extra articles. The judges, being the same as last year, expressed the opinion that quality had improved over the previous year.

Thirty-five young men and women students of Arizona State College at Tempe, were given a comprehensive 4-H Club leadership course by the instructor, Mr. Gerald Fuller, County and State Extension staff and 4-H Club Leaders. These students met two times weekly to receive this information on organization, projects and planning and carrying out a Club program. Each member also attended meetings of the local 4-H Clubs to learn the job first hand. It was also this group that assisted in serving as chairmen and superintendents of the County 4-H Fair where they were further trained for similar tasks when they may serve as leaders.

F. Local 4-H Club Program

Each Club in those that completed held a local achievement at which pins and certificates were awarded by the Agents. The programs were varied in type as to the organization, whether in or out of school. Many were held in connection with the school honor assembly which is not the most desirable, but does have the advantages of bringing 4-H before a larger group of people than would probably be possible with a strictly 4-H Club program.

Other types of Achievement programs varied from those held in the homes or other meeting places with exhibits of work and the program done entirely by members with parents and neighbors present, to those held in connection with P.T.A. or other community program where the members had a definite part in the entire program. Programs by members consisted of the pledge, singing, readings, reports of activities, the meaning of Club work, demonstrations and various recognition and awards.

The following various types of community activity were provided by 4-H Clubs. Cartwright girls planned, prepared and served a breakfast to all parents, school board members and Agents as a climax to their first year foods work.

Chandler Club entered in the community Junior Fair and later held a public auction of articles donated by members and other interested citizens.

Scottsdale Parents Club and members of the 4-H Club prepared and served a community dinner, proceeds of which paid for their community 4-H Fair held previous to the County 4-H Fair.

Leaders and girls of Rural visited Papago Park for a picnic and outing. It was the first time some of the girls had been to the park even though it is but a few miles from them.

The following picture and story gives an example of the type of publicity given these activities:

The Arizona Times Phoenix, Arizona, Thursday, April 1, 1948 PAGE 18

Cartwright 4-H Club Girls Prepare To Give Breakfast Saturday At School



TIMES PHOTO

Making grapefruit baskets and other food pretties for the table are these Cartwright 4-H Club Girls who will entertain their parents and other special guests at breakfast Sunday at 9 a.m. in the Cartwright School cafeteria.

From left to right are Barbara Holmes, Harriet Hussey, Sally Shufflebarger and Earlene McKelvey.

The club has recently completed a course in food preparation and will give the morning affair as a climax to the study. Mrs. Harry Tompkins is the club leader, assisted by Mrs. George Hussey.

Besides their parents, the girls have invited Mrs. Isabell Pace, county home demonstration agent,

and her assistant, Miss Virginia Twitty; LeRoy Gavette, assistant county agent; G. L. Downs, school principal, and Mrs. Downs.

Other club members are the Misses Georgiann Hussey, Ada Mae Smith, Harriet Smith, Katherine Swearingen, Jean Swearingen, Louellen Broyles, Ella Lee Sibley and Betty Joe Tompkins.

Few clubs in the county have a year around planned club program, but several do plan one or more meetings in advance. It is, of course, the Clubs who do plan in advance that are considered the most successful. They accomplish more business and work in the meetings and by having a definite assignment can and will usually meet it. (See community project meeting picture on following page.)

When club programs are planned they usually include: Business, health and safety studies and some form of recreation. The use of the Health and Attractiveness bulletin has been very useful in the health, grooming and posture studies.

Demonstrations have been a part of the better planned over-all Club program, but almost without exception demonstration and judging training have been a part of the project meetings. There has not been as much effort on these two phases of the program as there should have been. More concentrated training was offered in preparation for the fair rather than throughout the year.

It is regrettable that all Club members in all Clubs do not have training in demonstrations and judging, but progress was made this year in that the Agents were able to give more time to training Club groups. All members were given opportunity for training in these two phases of work. We do know that there was greater participation in the Clubs in making eliminations for selection of teams for county competition. Greater participation and interest was manifest in County contests because the girls had won the right to represent their club.

Improvements in quality of work can be directly attributed to judging training given the leaders and members.

A very good example of the importance of following directions occurred at the Cartwright Club when the girls were divided into groups as to age to make biscuits. The younger girls had superior biscuits because they had followed directions and used correct measurements while the older girls felt capable of changing the recipe.

G. 4-H Activities

1. County

The Maricopa County 4-H Fair, held at the Arizona State College, is probably the only 4-H County Fair in the nation that is held at, and under the auspices of a State College. The members of the 4-H Leadership Class at Arizona State College served as superintendents of the various departments of the Fair.

This fair was financed for the first time by a donation of \$1000 from the Maricopa County Farm Bureau, to be matched by an equal amount raised by the 4-H Clubs in the county. The Clubs gave pie, or other socials, or events to try to earn their money as a group, rather than to assess members a certain fee.

The Fair is organized by the Fair Commission which is composed of two home economic 4-H Club leaders, two agricultural 4-H Club leaders, and the county chairman of the Farm Bureau, the Extension staff acting as ex-officio members.

On the following pages are pictures and clippings on the Maricopa County 4-H Fair.



A COMMUNITY 4-H CLUB PROJECT MEETING



CLOTHING EXHIBITS AT COUNTY FAIR



GIRLS IN FOOD JUDGING CONTEST AT COUNTY 4-H FAIR



COUNTY FAIR CLOTHING JUDGING



WINNERS IN EACH CLASS IN THE DRESS REVUE
HAZEL ZIMMERMAN, GEORGIANA HUSSEY, JOAN WALT
AND JOAN PALMER



WINNING CLOTHING DEMONSTRATION TEAM AT COUNTY FAIR



COUNTY 4-H CLUB FAIR PARADE

CHANDLER ARIZONAN

4-H FAIR AT ARIZONA STATE COLLEGE, TEMPE, FRIDAY, SATURDAY

Arizona State College Friday and Saturday will be the scene of the annual Maricopa County 4-H club fair, thought to be the largest in the nation, sponsored jointly by the Maricopa county Farm Bureau and the 4-H Leaders Council in cooperation with the college.

The two-day event will include representatives from all the 4-H clubs throughout the county who will compete in the contests with their entries and farm products.

Judging of the entries will commence at 9 a. m. Friday with a showmanship contest of dairy and beef set for 2 p. m. At 2:30 p. m., agricultural demonstrations by 4-H boys will be staged.

At 9 a. m. Saturday judging contests for both boys and girls will take place and at 10:30 a fat stock auction sale of steers and hogs has been scheduled.

The annual Farm Bureau picnic on the college campus will be at 11:30 a. m. and at 1:30 p. m. the parade of 24 agricultural clubs and 32 home economics clubs will take place, followed by the grand assembly and awarding of prizes.

Cash awards totaling \$1,556, will be made this year for the first time. The awards are sponsored by the Farm Bureau.



Representative of the many young men and women attending Tempe College who are primarily interested in agriculture, is this group. They did the hard work involved in making the Maricopa County 4-H Fair the big success it was this year. They are: (front row, left to right) Joann Lewis, Wayne Earley, Dave Monday, Veldonne Taber, John Meyers, Glen Huish, Tommy Gibbons, Lester Matlock, Clare Huber. (Standing) Linda Turner, Lester Reid, Bob Chevalier, Dale Riggins, Jr., Gerald R. Fuller, Bevan Morensen, George Smith, Franklin Gray, Malcolm Adams. (See front page editorial, and story elsewhere in this issue, concerning the status of Arizona State College at Tempe as an agricultural school.)

FRIDAY, MARCH 5, 1948

Farm Youths Preparing For April Fair

Some 1,300 Maricopa County 4-H Club members are in the lime-light today in 30 local communities as members point activities during the wind-up of National 4-H Club week ending tomorrow toward preparations for their annual fair.

Work projects of the 4-H Clubs that train young people in agriculture, home economics and leadership, were cited by Gov. Sidney P. Osborn in proclaiming National 4-H Club Week.

THE FAIR will be held Apr. 23 and 24 on the Arizona State College campus at Tempe. LeRoy Gavette and Virginia Twitty, in charge of 4-H Club work through the offices of the county agent and the county home demonstration agent, are aiding in plans for the fair.

Recognition of the aid of voluntary 4-H Club leaders throughout the state also was given today in the awarding of certificates of recognition and gold or silver clover pins to 16 adult leaders who have done outstanding work in their own communities in 4-H Club leadership.

CHARLES U. Pickrell, director of the Agricultural Extension Service of the University of Arizona announced that the awards of gold pins for more than 10 years of 4-H leadership service went to W. J. Sutter, Howard Woolum, L. F. Joslin and Mrs. R. E. Brannon in Maricopa County; Mrs. Minnie Bowler, Navajo County; and Mrs. Lynn Early, Pinal County.

Five-year leadership certificates and silver pins were awarded: Mrs. Grace Y. McElhannon, Miss Ruby Louise Ostrander, Miss Lucille Byars, Robert Colford and William McElhannon of Maricopa County; Mrs. Winona Uhl and Mrs. R. W. Spencer, Cochise County; Mrs. Pauline Hansen, Navajo County; Miss Esta Trotter, Pima County and Mrs. Viola Loucks, Pinal County.

County 4-H Fair - Cont'd

The County 4-H Council handles the funds and pays out all of the awards. The officers of this Council are three 4-H Club leaders in the County; Ruby L. Ostrander, music teacher, is president, and Mr. Cecil Fry, principal at Scottsdale, is secretary and treasurer.

There were a total of 662 exhibits in the home economics division at the 4-H Fair. This included 139 entries in meal preparation. Two girls made entries in food preservation and one girl made two entries in the home furnishings division. There were 519 entries in clothing. In the contests in Home Economics, five clubs were represented with one girl each in the food showmanship contest. There were 48 girls from 16 clubs competing in the clothing judging and 26 girls in the food judging contests. These girls were trained in their local clubs and all who wished could enter the contest.

Two girls were in the food preservation judging contest and later placed first in the State. A total of 81 demonstration teams were organized in 39 clubs. These clubs held elimination contests as only one team from a club could compete in the county. However, alternates were not called for and thus at the last minute when some team members could not come, the club was not represented in this contest. There were 14 teams giving clothing demonstrations, one individual home furnishings demonstration, and four teams in meal planning, competing in the county contest. The 4-H parade at this Fair is an "on foot" parade with each club carrying out their idea of the main theme. This year the theme was "Building Health for Strong America." The club that won featured every food in the basic seven group.

c. County awards program

There is no county-wide awards program in this county other than Achievement pins and what is carried on in connection with the 4-H Fair. Kiwanis Clubs in Phoenix and Litchfield gave dinners to honor county winners going to State Roundup and \$75 to help with expenses to Roundup. Other awards were medals won by county winners competing in State and National trip contests. Such medals were won by seven winning Maricopa County girls in dairy foods, frozen foods, dress revue, clothing, canning and junior leadership. These were the county winners competing in these State contests.

Ariz. Republic 4-28-48
Page 8

4-H Winners Presented To Kiwanis Club

Winners of Kiwanis awards at the annual 4-H Club fair at Tempe last week-end were presented to the Phoenix Kiwanis Club yesterday at the weekly luncheon in Hotel Westward Ho.

Winner of the grand award, a registered purebred calf, was Henry Evans, whose fat heifer was grand champion of the fair. In a brief speech, he explained the care of the animal which won him the award.

Homer Smith, jr., winner of the Kiwanis calf club last year, told of his experiences in raising the calf which weighed 980 pounds at the fair this year and was sold for 38 cents a pound.

The boys were introduced by Leroy Gavette, assistant Maricopa county farm agent.

Miss Virginia Twitty, assistant Maricopa county home demonstration agent, presented the girls who won Kiwanis awards.

They were Wanda Adair and Betty Harshman, both of Laveen, in clothing; Frances Dimick and Louise Lancaster, both of Kyrene, in food preparation; Margarie Hopkins and Ann Mondo, both of Isaac, in dairy foods; Hazel Zimmerman and Mae Westfall, home management; and Wanda Riggs, Mollie Bridges and Betty Joe Tompkins, in miscellaneous awards.

HAZEL ZIMMERMAN AND
JOAN WALT WERE TOP
SCORERS IN THE
DRESS REVIEW



STATE WINNING JUNIOR CLOTHING DEMONSTRATION TEAM



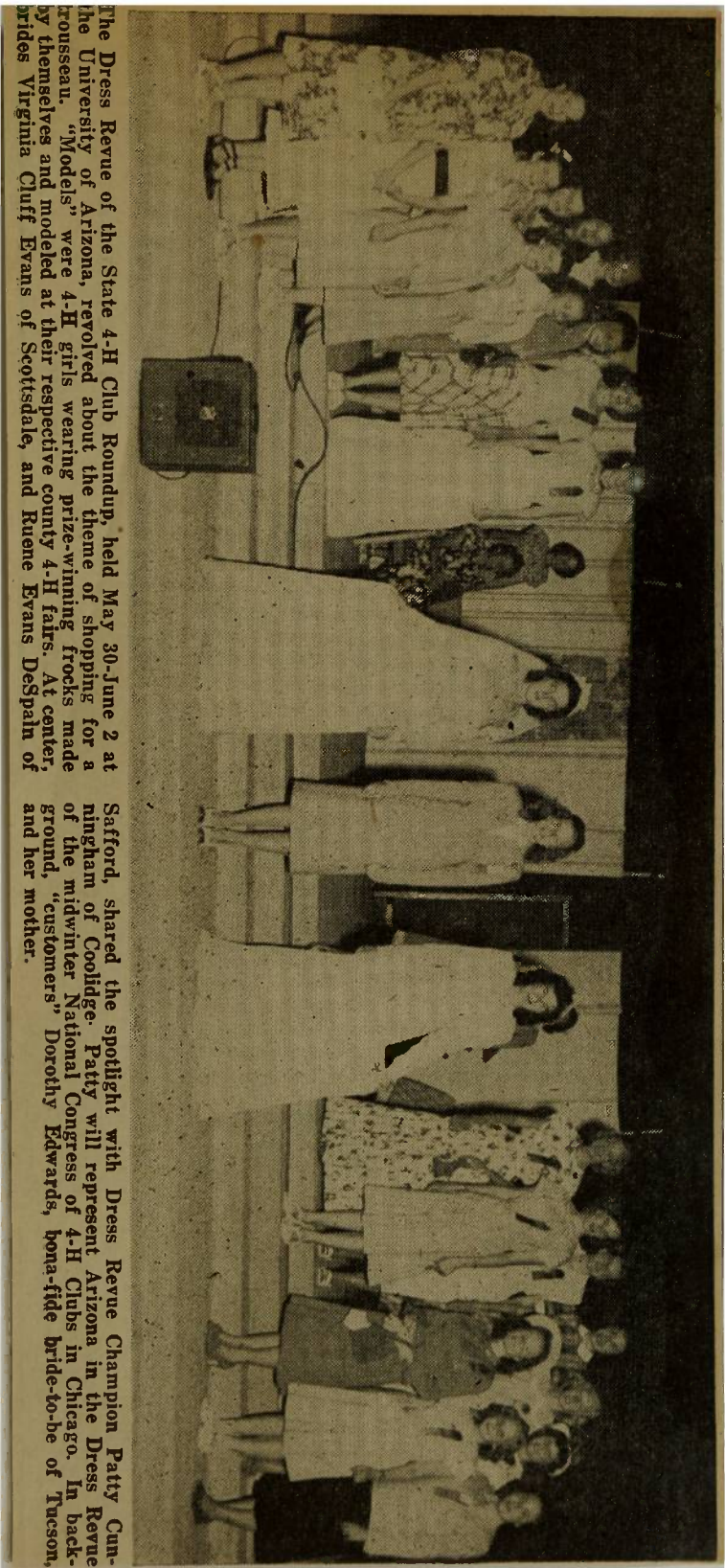
BETTY JO TOMPKINS RECEIVES THE AWARD FOR THE BEST
INDIVIDUAL HOME MANAGEMENT DEMONSTRATION AT
THE STATE ROUNDUP



STATE WINNING FOOD PRESERVATION TEAM
BETTY JO TOMPKINS
GEORGIANN HUSSEY



HARRIET HUSSEY
REPRESENTATIVE IN STATE FOOD SHOWMANSHIP CONTEST



The Dress Revue of the State 4-H Club Roundup, held May 30-June 2 at the University of Arizona, revolved about the theme of shopping for a Rousseau. "Models" were 4-H girls wearing prize-winning frocks made by themselves and modeled at their respective county 4-H fairs. At center, brides Virginia Cluff Evans of Scottsdale, and Ruene Evans Despain of

Safford, shared the spotlight with Dress Revue Champion Patty Cunningham of Coolidge. Patty will represent Arizona in the Dress Revue of the midwinter National Congress of 4-H Clubs in Chicago. In background, "customers" Dorothy Edwards, bona-fide bride-to-be of Tucson, and her mother.

4-H Roundup Honors Taken By Maricopa

TUCSON, June 1—(AP)—Teams and individuals from Maricopa county captured most first places in the 30th annual Arizona 4-H Club roundup today.

When victors in judging and demonstration contests were announced at the conclusion of the three-day gathering tonight, 11 came from Maricopa. Pima followed with five; Pinal and Yuma each three; and Cochise and Greenlee one.

MARICOPA WAS particularly strong in the boys' events.

The roundup was held on the University of Arizona campus. It attracted 124 girl delegates and 135 boys.

Among the high individuals were Mary Lou Hennes of Pinal county and Billy Schrader of Maricopa, each of whom won ribbons in three events.

Miss Hennes won honors in the dress revue, clothing judging, and home economic demonstration. Schrader shared top awards in dairy judging, dairy grooming and showmanship, and livestock judging.

THE RESULTS announced at a banquet tonight were: girls dress revue, blue ribbon awards, Maricopa county—Hazel Zimmerman, Joan Walt; Pima county—Donna Adams, Carol Adams; Pinal county—Mary Lou Hennes, Patty Cunningham, with Miss Cunningham winning the state contest; Yuma county—Mona Berry, Joan Cannon, Jean Koogler.

Clothing judging: first, Pinal county, team composed of Teresa Cruz, Mary Lou Hennes and Bonnie Powell.

Food preservation judging: first, Maricopa county; team—Georgiana Hussey and Betty Jo Tompkins.

Food preparation judging: first, Pima county; team—Donna Adams, Carol Adams and Zona Wade.

HOME ECONOMICS demonstration, junior: first, Maricopa county; team—Billy Jane Narramore and Lee Rubin.

Home economics demonstration, senior: first, Pinal county; team—Teresa Cruz and Mary Lou Hennes.

Home management demonstration, senior individual: first, Maricopa county, Betty Jo Tompkins.

Home management demonstration, senior team: first, Yuma;

team—Mary Lott and Betty Jo Frauenfelder.

Dairy foods, senior team: first, Maricopa county; team—Hazel Zimmerman and Mae Westfall.

DAIRY FOODS, senior individual: first, Greenlee county, Donna Lee Lunt.

Food demonstration, senior team: first, Yuma county; team—Louis Headington and Frances Hanna.

Food demonstration, junior team: first, Yuma county; team—Caroline Lott and Ruby Brunley.

Food Showmanship: first with score of 99, Pinal county, Patty Cunningham.

Dairy judging, senior; first Maricopa county; team—Alfred Austin, Billy Schrader, Bondena Stevenson, Tuggy Treat.

Dairy judging, junior: first, Pima county; team—Charles Wood, Larry Hunts, Joe Glass, Phillip Abbott.

RABBIT JUDGING, senior; first, Pima county; team—John Harrison, Shirley Ellis, Jim Gibron, Josephine Guitteay.

Rabbit judging, junior; first, Cochise county; team—Louis Shaw, Jim Brown, Junior Hodges.

Garden judging, junior: first, Maricopa county; team—Donnie Recker, Eugene Stevenson, Larry Stallings, Bobby Gount.

Garden judging, senior: first, Maricopa county; team—Bob Fuller, Claire Huber, Tuggy Treat, George Hawkins.

Dairy grooming and showmanship: first, Maricopa county; team—Billie Schrader and Alfred Austin.

BEEF GROOMING and showmanship: first, Maricopa county; team—Tommy Stallings and Larry Stallings.

Livestock judging, senior: first, Maricopa county; team—Bondena Stevenson, Mickey Richmond, Billy Schrader, Alfred Austin.

Livestock judging, junior: first, Maricopa county; team—John Riddell, Larry Kent, Jimmy Frye, John Weiler.

Poultry judging, senior: first, Pima county; team—Dorothy Meikle, Fred McAninch, Ed Guitteay, Kernie Dishaw.

Poultry judging, junior: first, Pima county; team—Jerry Coppola, Dudley Guitteay, Charles Wood, Jimmy Moody.

DEMONSTRATION teams, winners were:

Miscellaneous agriculture, junior: first, Pima county, Sidney Peel and Jerry Coppola.

Miscellaneous agriculture, senior: first, Yuma county, Frank Minter and Roy Nelson.

Beef and dairy, senior: first, Maricopa county, Bondena Stevenson and Rene Lee Barkdell.

Beef and dairy, junior: first, Yuma county, Keith Garrett and Milton Johnson.

Scottsdale Girls Win Contest



Mae Westfall, left, and Hazel Zimmerman, both of the Scottsdale 4-H Club, show a chart and their prize winning luncheon which won them the state title in a 4-H dairy foods demonstration contest.

Three Given State Awards

Dona Lee Hunt of Duncan and Mae Westfall and Hazel Zimmerman, both of Scottsdale, Wednesday were declared Arizona winners of a national 4-H Club dairy foods demonstration contest sponsored by the Carnation Milk Company.

Miss Hunt, 16 years old, won the individual contests with a demonstration on ice-cream making. Misses Westfall and Zimmerman won team demonstration entries with a dairy luncheon plate using cottage cheese with fruits and vegetables and preparing punch made with whey.

The dairy foods contests were conducted with the objective of developing appreciation of the values of dairy products in relation to general health. The girls will be presented gold watches by the milk company.

Mrs. Ray Davis is the Duncan 4-H leader. Mrs. A. W. Austin leads the Scottsdale group.

d. Camp

In the 4-H camping program Maricopa County joined with Yuma, Yavapai, Navajo, and Coconino Counties. The total attendance at the camp was 140 4-H boys and girls. The camp was held for five days, August 10th through the 15th, at the YMCA "Sky-Y" camp at Prescott. The County 4-H Club leader from Yuma was general chairman of the camp and plans were made in conference with Extension agents from all counties involved.



**4-H
News**

Many Maricopa 4-H Club members will attend 4-H camp in the mountains near Prescott, August 10 to 15 this year, announced LeRoy M. Gavette, assistant County extension agent.

Any 4-H Club boy or girl who has completed his or her project this year may attend the camp. Cost for the entire period and transportation by bus will be about \$12.50.

Club members to attend the camp must send in tentative reservations to the county Extension office not later than June 1, with a \$5 deposit.

The 4-H camp program will include swimming, hiking, nature study, crafts, Indian ceremonies, and games. Facilities of the YMCA Camp near Prescott are being used by both Maricopa and Yuma counties this year. Maricopa has a quota of 70 boys and girls that can be taken care of.

Last year only 35 members could attend the camp held at Payson, but the change in location provides ample room for the larger group this year. All club members wanting to attend should be able to do so.

Registration blanks and additional information about the club camp may be obtained from the agricultural Extension office, 1201 W. Madison St., Phoenix.

- e. In September a meeting was called of all workers in youth organizations to emphasize National Youth Week. This culminated on September 25th with a county-wide all youth organization parade. The 4-H Club Float was planned by the Extension Staff and featured the emblem and the membership eligibility. There were two junior leaders, one girl and one boy, in the float.

2. State

b. Roundup

There was a total of 22 girls who went to State Roundup, three of whom had agricultural projects. Nineteen competed in home economists contests. Three local 4-H Club leaders, one assistant leader, one mother, the home demonstration agents and two assistants comprised the county group. All of these girls placed in the upper three awards group with State winning demonstration and judging teams, as well as an individual demonstration. Three of the girls were in the State dress revue contest and two placed in highest score.

c. State Fair

The Arizona State Fair was held from November 5th to 14th. In the home economics division Maricopa County girls entered 247 exhibits, a clothing judging team and a foods judging team. In the adult division there were 20 exhibits entered by 4-H girls in this County. In the 4-H exhibits these girls won a total of 35 firsts, 35 seconds, and 35 third places. Maricopa had the high clothing team and individual in the judging contest and 3rd place in Food Judging contest.

The 4-H girl in this county who is state canning champion this year, won a total of \$94 in prizes on her exhibits at State Fair. The home agents assisted the State staff in 4-H division at this Fair.

d. State Contests

While State Roundup and State Fair are the only 4-H State contests, there are some National trips and awards that County 4-H members compete for. Maricopa County girls won in the State in all such contests entered except clothing. Ella Lee Sibley placed second in this contest in the State. Georgiann Hussey won the State Championship in canning and a trip to National Club Congress. Mae Westfall and Hazel Zimmerman were awarded gold watches as team members of the State winning Dairy Foods Demonstration. Betty Jo Tompkins was the State winner in the Frozen Foods contest and Mae Westfall State Junior Leadership and the gold watch award.

Maricopa County Home Demonstration Agents feel that they do not have a health program that warrants entering a contestant for State and National 4-H Health Contests.

"Hazel Zimmerman and May Westfall, State Winning Dairy Foods Demonstration Team "



3. National

b. National 4-H Club Week

Plans were made for radio and newspaper publicity, and for window displays and emphasis at local meetings. The J.C. Penney Company and Newberrys placed 4-H exhibits in their windows. Pictures and posters of 4-H activities were displayed in Goldwaters, Korrick's, Sears & Roebuck, Montgomery Ward and Diamonds' Stores. In some communities such as Deer Valley, clothing exhibits were displayed in their own local store and in the Sunnyslope Store. The Balsz Club made an exhibit in Tempe in cooperation with the College leadership class.

c. National 4-H Club Camp

Maricopa County had one of the 4 members that represented Arizona at National 4-H Club Camp but he was enrolled in Agricultural projects. Most local 4-H Clubs helped earn money to help finance the way of Arizona's first four Arizona delegates to National Club Camp.

FRIDAY, MARCH 5, 1948

THE PHOENIX GAZETTE

The 4-H Achieves

This is National 4-H Club Week, set aside to call attention to the services and achievements of this fine organization. The 4-H Clubs represent a youth movement at its best. Their members toe no political line. They grind no axes—except the ones they use on the farm. Their goal is to become better and healthier farmers, housewives and citizens.

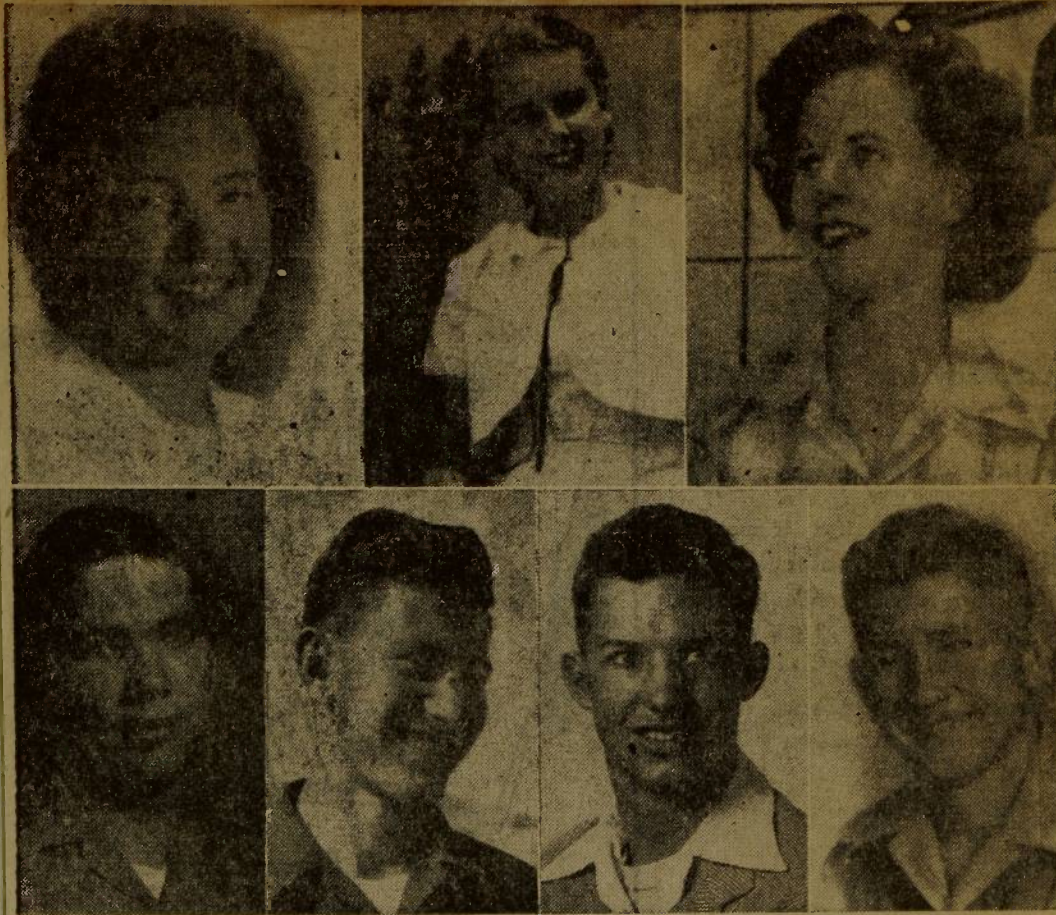
The 4-H is the world's largest rural youth group. Nationally it has 75,000 clubs, nearly 1,700,000 members representing 950,000 farm homes and 250,000 non-farm homes and 62,000 adult leaders.

The greatest concentration of 4-H Club work in Arizona naturally is in Maricopa County, which has 1,300 boys and girls in active club work in 30 rural communities. Nearly a hundred adult leaders work with the youngsters. This compares favorably with other counties in Western states, and is even better than many in the agricultural Middle West.

Each spring—this year on April 23 and 24—the Maricopa County 4-H Clubs hold their fair at the Arizona State College at Tempe. It is always an interesting and productive exhibit of the accomplishments of young farmers and homemakers.

The 4-H Clubs merit a salute from all citizens, rural and urban, for their example of effective democracy in action, for their service in training more useful citizens and for their substantial contributions to the national economy.

THEY SHOW THE WAY IN 4-H CONTESTS



Winners in national 4-H Club contests, now competing with other western state winners for regional honors, are, left to right, top row, Mae Westfall, Scottsdale; Betty Jo Tompkins, Phoenix;

and Mona Berry, Roll. Bottom row, left to right, Alfred Austin, Scottsdale; Clare Huber, Mesa; Pete Segulja, Gadsden; and Burl Avery, Scottsdale. The seven winners have spent years in 4-H Club work.

7 From Arizona 4-H Clubs Win In National Contests

Five 4-H Club members in Maricopa County and two in Yuma County have won national 4-H contests, according to Kenneth L. McKee, state leader of club activities for the agricultural extension service.

Boys and girls now vying for regional 4-H honors are: From Maricopa County, Betty Jo Tompkins, Phoenix; Mae Westfall, Burl Avery and Alfred Austin, Scottsdale, and Clare Huber, Mesa; from Yuma County, Mona Berry, Roll, and Pete Segulja, Gadsden.

Miss Tompkins, 16, is Arizona's winner in the frozen foods contest. In her six years of 4-H Club work, she has frozen 1,385 packages of food, with a value of more than \$1,700. She will receive a \$50 savings bond.

Leadership contest winners are Miss Westfall, 19, to be awarded a gold wrist watch, and Huber, 20, who also will get a watch.

in developing recreational projects such as the 4-H Camp and 4-H Roundup in Tucson.

Segulja, 17, won the national meat animal contest. He was one of four Arizona delegates at the national 4-H Club Camp in Washington, D. C., last year. His meat animal projects have resulted in personal income and value of stock on hand at \$3,400. He will get a gold watch.

Austin, 17, will receive a \$25 savings bond for winning in the dairy production contest.

The home grounds beautification event was taken by Avery, now owner of a herd of 30 Guernsey cows, 11 of which are registered. He will be given a gold wrist watch.

The recreational and rural arts contestant is Miss Berry, 16, who has had five years' experience in 4-H activities. She has been active

H. Outlook and Recommendations

With the increasing emphasis on Local Lay Leadership of 4-H Clubs operating on a community basis, progress has been shown as stated in various phases of this report.

It is the hope of the Agents that the increase in parent and community interest will continue as more voluntary responsibility is assumed and more activities including all members of the communities are incorporated into the program.

Closer supervision, more leader training and thus the building of self confidence in lay leaders should help to bring about volunteer leadership in community sponsored 4-H club with an increasing higher quality work.

KEY TO MAP

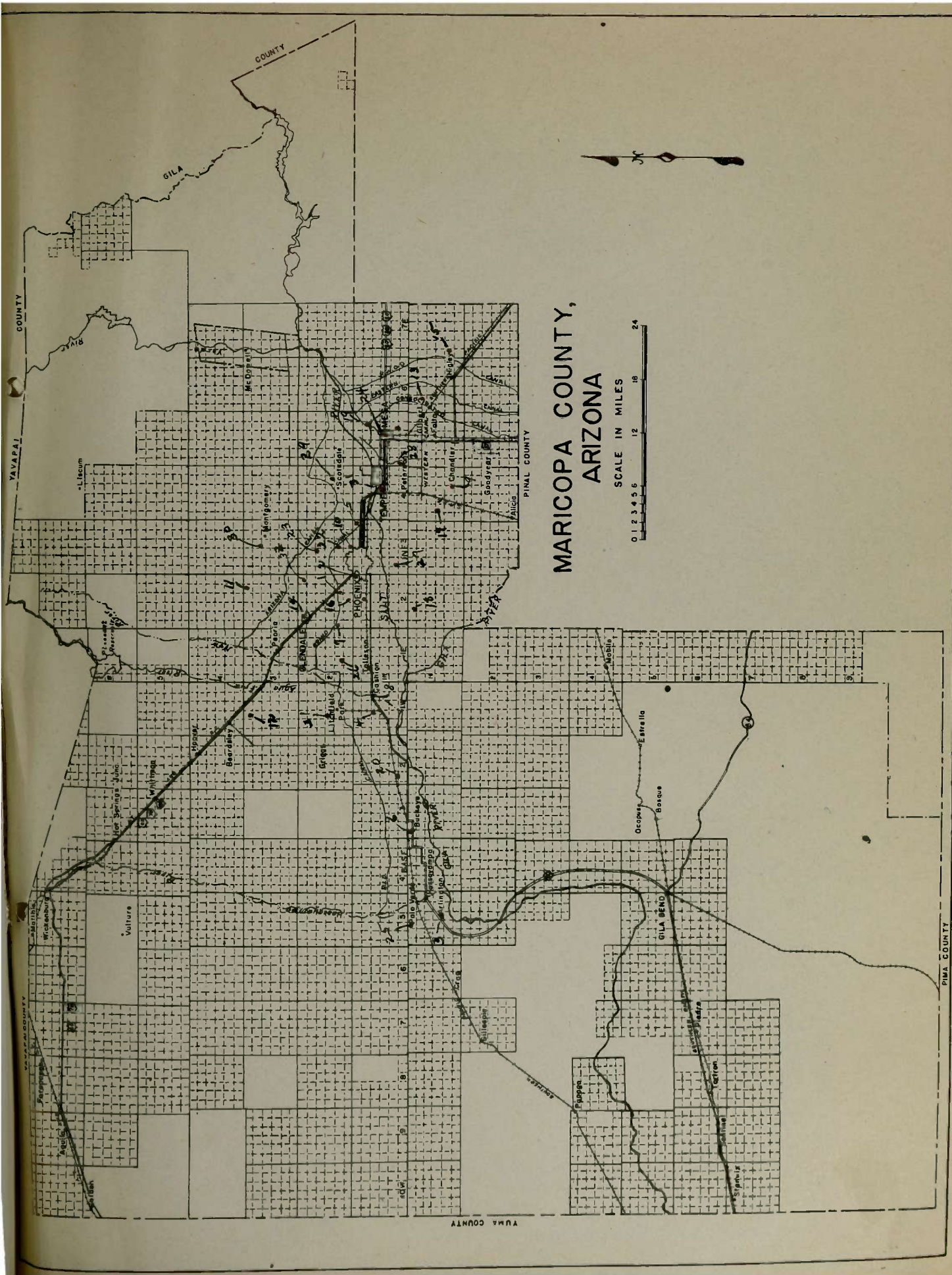
ADULT

- A. ORGANIZATION
- B. HOUSE & FURNISHINGS
- C. NUTRITION
- D. FOOD PRESERVATION & STORAGE
- E. FOOD SELECTION & PREPARATION
- F. FAMILY ECONOMICS & HOME MGT.
- G. CLOTHING & TEXTILE
- H. RECREATION & COMMUNITY LIFE
- I. FAMILY RELATIONS

JUNIOR

- A. ORGANIZATION
- B. CLOTHING
- C. FOOD SELECTION & PREPARATION
- D. FOOD PRESERVATION
- E. HOME MAKING & ROOM IMPROVEMENT
- F. RECREATION
- G. JUNIOR LEADERSHIP

- 1. Alhambra - A,B,C,E,G,H,I
- 2. Alzona Park - A,B,C,E,G,H
- 3. Arlington - A,B
- 4. Avondale - A,B
- 5. Balsz - A,C
- 6. Buckeye - A,B,C,E,G,H,I
- 7. Cartwright - A,G - A,B,C,D,E,F
- 8. Cashion - A,G - A,B
- 9. Chandler - A,B,C,F
- 10. Creighton - A,B
- 11. Deer Valley - A,B,D,E,G,H,I - A,B
- 12. Dysart - A,B,C
- 13. Gilbert - A,B,D,G - A,B,C
- 14. Glendale - A,B
- 15. Higley - A,B,E,G,H,I
- 16. Isaac - A,B,C
- 17. Kyrene - A,B,C
- 18. Laveen - A,B
- 19. Lehi - A,B,G - A,B
- 20. Liberty - A,B,C
- 21. Litchfield - A,B,D,E,F,G,H
- 22. Machan - A,B
- 23. Madison - A,B,C
- 24. Mesa - A,B,D,E,G,H,I
- 25. Palo Verde - A,B,E,F,G,H,I - A,B,C,F
- 26. Pendergast - A,B
- 27. Roosevelt - A,D,G,H - A,B,C
- 28. Rural - A,B,C
- 29. Scottsdale - A,D,G,H - A,B,C,E,F
- 30. Sunnyside - A,B
- 31. Tempe - A,B,D,E,G - G
- 32. Washington - A,B,C,E,G,H,I



MARICOPA COUNTY, ARIZONA

SCALE IN MILES
0 1 2 3 4 5 6 12 18 24



YAVAPAI COUNTY

GILA COUNTY

PINAL COUNTY

PIMA COUNTY

YUMA COUNTY