ANNUAL NARRATIVE REPORT

OF

MRS. ISABELL PACE, HOME AGENT EDNA H. WEIGEN, HOME AGENT BETTY JO NELSEN, ASSISTANT HOME AGENT BARBARA FREESE, ASSISTANT HOME AGENT PEGGY H. PUTNAM, ASSISTANT HOME AGENT MARICOPA COUNTY

From December 1956 to December 1957

INDEX

SUMMARY OF ADULT HOME DEMONSTRATION WORK a FORECAST FOR 1958..... c GENERAL OBJECTIVES - HOME ECONOMICS EXTENSION 1 EXTENSION ORGANIZATION AND PLANNING 1 OUTLINE OF 1958 PROGRAM 2 PROJECT REPORT 2 2 Clothing Foods and nutrition 3 Home management 4 Home furnishings 4

PAGE

SUMMARY

Edna Weigen, Home Agent Betty Jo Nelsen, Assistant Home Agent Peggy H. Putnam, Assistant Home Agent

Maricopa County December 1, 1956 to November 30, 1957

The Home Agent was appointed to fill the position in Maricopa County when Mrs. Isabell Pace retired on July 1, 1957. Upon arriving in the county, the agent found that Mrs. Pace had left a well organized group of 14 homemakers extension clubs with an active membership of 284. These clubs are located in the rural and non-rural areas of the county. The agent has contacted all of the groups and met with several of them.

The home agent has the responsibility of supervising all of the home economics program in the county. She works with two assistant home agents. Their efforts are mostly with the 4-H clubs. Mrs. Betty Jo Nelsen has been with the extension service in Maricopa County for about four years. Miss Peggy H. Putnam began work in this county on July 1, 1957. These two agents conduct leader training meetings for all 4-H home economics leaders. They attend all adult subject matter training meetings. Mrs. Nelsen and the home agent worked together in preparing material for the adult clothing project, "Pattern Selection," with help from Miss Helen Church, Extension Clothing Specialist. The lessons were given for all dult and 4-H clothing leaders.

The adult program is planned through the cooperation of all homemakers clubs. Suggestions from subject matter specialists were sent to all of the members by the home agent in August. These were discussed in the individual groups before the annual program planning day. On October 4, delegates (officers and project leaders) brought their suggestions of local community needs, members interest, program sequence, and evaluation. From this discussion, the 1958-59 program was developed.

A brief statistical summary of home agent work is broken down as follows:

		Adult He Agent We		4-H Home Agent Work
Months of service		$5\frac{1}{2}$		17
Days devoted to adult work		1112		73
Days devoted to 4-H work		17		332
Home visits		51		80
Office calls		66		240
Telephone calls		281		769
News articles prepared		2		
Radio programs				5
Television programs		1		
	No.	<u>Attendance</u>	No.	Attendance
Leader training meetings	6	132	18	376
Other meetings agent participating	23	6 29	89	4420
Adult meetings by leaders	28	383		
4-H meetings by leaders			325	3222

A summary of projects carried and the clubs participating follows.

SUMMARY OF PROJECTS CARRIED

CLUBS	Casserole Dishes for the Freezer (L.T.M.)	Outdoor Cookery Chicken Barbeque (L.T.M.)	Modern Paints (L.T.M.)	Household Accounts (Agent)	Foundation Garments (L.T.M.)	Pattern Selection (L.T.M.)	Community Property Laws-Wills (Special Interest)	Book Reviews (Special Interest)	Crafts (Special Interest)
Alhambra		X	X		x	<u>x</u>	X		
Buckeye	X	X	X		X	X	X		X
Cashion	X	X	X		x	X			<u>X</u>
Gilbert	X	X	X		X	X			
Isaac	X	<u> </u>	X	X	X	X	X	X	
Laveen	X	X	X		X	X	X		X
Liberty	X	X	X		X	x	X		X
Northview	X	X	<u> </u>		x	X			
Palo Verde	X	<u>X</u>	X		<u>X</u>				
Paradise Valley	X	<u>X</u>	X	X	X	X		X	X
Squaw Peak*		······			<u> </u>	X			
Sunnyslope	X	X	X	X .	X	X			<u>X</u>
Valley Heights	X	X	X		X	X			X
Washington	X	X	X		X	X			x
Westwood	X	<u>X</u>	X		X	X		X	X
First Ward Relief Society, L.D.S.	·					_ <u>X</u>			
Scottsdale, Relief Society, L.D.S.	f	· · · · · · · · · · · · · · · · · · ·		X					

*New Club

FORECAST FOR 1958

The program as planned by the homemakers council is a varied one, including the three major phases of homemaking. The subject matter will be given by leader training meetings so that the clubs will function more independently. This will also give the home agent time to make more home visits, and do some publicity work.

One new club has been organized since this agent took over in July. It is planned to further the program in areas not now reached by the extension service.

A more extensive job on program planning is anticipated. Due to the fact that most of the organized groups do not meet during the summer months, it is felt that more should be done in the spring. A more thorough evaluation of community problems will help the agent do a more complete job.

ANNUAL NARRATIVE REPORT of

ISABELL PACE HOME AGENT

for

Maricopa County From December 1, 1956 to July 1, 1957

ORGANIZATION AND PLANS

Supervision of the Women's Extension Service Program in the county is the responsibility of the Home Agent. She has also an over-all responsibility for correlating activities and policies of the homemaking staff. Three workers cooperated through the period covered by this report. The assistant agents carried major responsibilities of the 4-H Club program.

Monthly joint staff meetings and weekly home agent conferences served to keep agents abreast of developments and current needs, policies and programs.

Schedules were worked out and plans made to care for the unexpected events and activities of a large diversified county with ever changing demands. These conferences serve as a clearing house for problems and contribute to the smooth running office setup enjoyed by the entire staff of eleven to thirteen workers plus office personnel.

This mid-year report is occasioned by the retirement of the Agent who began work in the State Extension Program in 1937 with more than seventeen years service in Maricopa County.

The Home Agents each participated in in-service workshops, the Assistant Agents attended adult leader training meetings related to the planned program and on occasions attended local club meetings to assist with or present a project demonstration. They likewise participated in special events, and activities of anadult nature.

Arizona, and especially the Phoenix area and Maricopa County as a whole, is experiencing rapid population growth, with its attendant problems of changed attitudes, unrest, and almost bewilderment of times. Rural groups find themselves taken into metropolitan areas. Expansion, particularly in school districts brings greater activity such as parent-teacher associations. These organizations consistantly drafted "leadership" developed in homemaker clubs to an extent that has truly discouraged some groups and handicapped others. Women coming from other states express a desire to organize clubs within the city boundaries — office personnel, plus lack of space for large gatherings and demonstration facilities, does not, at present, warrant such expansion. Individuals are urged to contact already organized groups if, and when, one exists in an area. Transportation often hinders such possibilities.

Local homemaker clubs elect officers annually; a President, Vice-President, Secretary-Treasurer, Reporter and name project leaders who automatically make up the County Council. Committees are named as needed or occasion demands. Volunteer project leaders are urged to serve several years when possible as over a period of training and service they develop self assurance, efficiency and recognition within the community. They have at their command bulletins, notes and illustrative materials. Well trained and adjusted leaders are indeed a real source of assistance to the Agent in putting over the planned program and to provide information to neighbors in need. The Agent has noticed a trend, however, for more members to volunteer as leaders since they have come to realize the value of training, closer contacts with agents and specialists, as well as acceptance by the group.

"Better Homes Through Improved Condition, Good Family Relationships and Better Skills," with all members contributing their share, is the over-all goal when planning and executing the "Homemakers' Club Program."

The County Homemaker's Council is made up of local club officers and project leaders who function in planning the program, special events and promotion of the work in general.

Fourteen Homemaker Clubs with 267 active members — (This year clubs put on an inactive list, members who did not attend regularly and did not include their names, which cut down considerably on enrollments.) These people were for the most part women who have gone to work outside the home but who wish to receive literature, announcements and to attend special activities whenever possible.

Latter Day Saint Relief Societies chose this year not to attempt to carry the Homemaker Club Program; however, they have asked for and have been given suggestions and leaflet assistance with their current projects centering around nutrition, food preparation, selection and storage.

The program as planned for 1957 could not be carried out as planned in October 1956 for reasons we could not overcome. Mental Health for this year was cancelled by the State Mental Health Department as they could not meet all the demands. We hope next year to get their aid. The clothing program, for unavoidable reasons, was postponed until fall -- (October and November) it is set up for two years.

Such factors caused some distrubance and anxiety, however, the Home Management Specialist cooperated to present, with the agents, the Modern Paints Project in the spring. Local leaders put on the "Arizona Laws or Legal Matters of the Family" with the help of local bankers and attorneys. The adjustment perhaps gave added interest and a sense of achievement.

The following is an outline of the program as finally worked out for 1957 and shown in the Year Book.

Foods

January - Leader Training Meetings 3 areas of county --

Casseroles - for family table; to freeze for future use -- Agents develop project and presentation including leaflet.

<u>April</u> - Leaders Assist -- All members attend - Outdoor Meals - Chicken Barbeques for the Family -- Specialists and Agents cooperating. February - Leader training meetings 3 areas Modern Paints -- How to Use and Apply Them -- Their Care. Home Management Specialist and Agents.

Home Management and Economics I

<u>March</u> - Arizona Laws Affecting the Family -- Legal phases. Locally planned -- with guest speakers bankers and attorneys.

II <u>September</u> - Money Management - Family Spending. Financial Planning. Agents In-Service training in May at University. Agents take directly to club groups.

Clothing

October - Selection and Value of Foundation Garments. Specialists and Agents.

<u>November</u> - Style and Pattern Selection. Order and arrangements to be worked out later.

Homemakers Program -- How Developed

A rather set pattern has evolved in Maricopa County which gives club members an opportunity to evaluate past programs and to help determine what goes into the new program. This affords an opportunity to express and discuss in their local meetings their interests and problems in an effort to best serve the greatest number.

Specialists assist the agent in suggesting trends and new information which is sent to all members in a circular letter to stimulate better evaluation, a clearer look at present problems of communities and members.

Council members come to the planning meeting with suggestions - which are pooled for discussion - out of this meeting comes the recommendations for the new program.

How Home Demonstration Program is Carried Out

Methods employed to put over the women's adult work in the county both with organized groups and the many other services provided include one or more phases: (1) In-Service training of agents; (2) Workshops; (3) Training local leaders who in turn teach and demonstrate at local club meetings; (4) Specialist, Agent and leader demonstrations and discussions relating to problems and projects; (5) Distribution of printed and mimeographed leaflets, county, state and federal source; (6) Other related agencies and research materials; (7) Telephone and office calls, home visits, circular letters, information articles, reports, programs and meetings other than regular homemaker and council meetings. All phases were important in putting over the program and meeting the requests from scattered areas of the county.

Narrative Report by Months of Projects to Date

December - Agents attended Annual Conference, 4 through 7th at Tucson.

Highlights of the Conference were Dean Harold E. Myers presentation of ideas for more effective Extension Service work, and Irene Fagin, Program Director, University of California, Extension Service on better ways of meeting new problems, and current needs.

In the county, Homemakers spread Christmas spirit with appropriate seasonal programs; remembering needy families; simple gift exchange and refreshments, good fellowship.

January

Food and Nutrition - Casseroles - For the Family to Freeze

The major project of the month was in the foods selection, preparation, storage and serving area.

Agents Pace and Nelsen jointly planned the training meetings; prepared the mimeographed leaflet, selected recipes and prepared casseroles and deserts ahead of time to be taken from the freezer and served attractively.

The women had asked for dishes which would make use of cheaper cuts of meat, one-dish types which could be prepared ahead of time to meet special occasion demands, unexpected company, club and community servings.

Also included was how to get better use of their home freezers.

The women reported liking the dishes used and being shown how properly to prepare several casseroles and how to freeze and reheat when ready to use.

Facilities at our office are not adequate to participation of women in the size groups we have also freezing and expense made mass participation impossible.

Two casserole dishes, a desert and beverage served with sandwiches the women brought served as a light lunch at meeting.

Twenty-nine official leaders attended the three training meetings. Leaflets were provided for leaders and local club members. Agents shared conducting demonstrations and discussions at meetings. Casseroles have been much discussed and appear often at meetings and special occasions.

The Agents enjoyed thoroughly attending a demonstration given by the Arizona Public Service at their center using the Electronic Range. Bacon and eggs cooked to perfection in four minutes was fascinating to observe.

Meat loaf, layer cake, baked apple, baked potato each turned out in good quality - lack of browning and less crust on some products might be lacking in psychological appeal also less aroma. Sixty-two women and college students attended this demonstration. It was a delightful experience - Miss Ruth Kruger announced ten or eleven are now in use in the Phoenix area.

Homemakers Council - Officers and Leaders Training

The January Homemakers Council is the outstanding business meeting of the year. Special committees are named, Rally Day plans set - officers and leaders training for general responsibilities was given under three divisions: Project Leaders; Secretaries and Treasurers; Presidents and Vice Presidents.

February - House and Furnishings

Modern Paints - Uses - Application - Care.

The study and know-how of modern paints was a follow-up of last years "Wall Finishes" and the prevailing "Do It Yourself" idea.

Three leader training meetings were attended by 28 Home Management leaders and eight highly interested members of the Liberty Club (as we were using their building on regular meeting day) were invited to join in.

Two mimeographed leaflets (1) Notes on Paint for Home Use; (2) Suggestions for Cleaning Painted Surfaces, were prepared by the Home Management Specialist and mimeographed in our office for distribution to leaders and members. Also a check sheet for paints was used.

Small boards were given leaders to test types of Paint — at the meetings they then were provided painted boards for care tests at their relay meetings.

To date no complete report of use of this material has been made.

Sixteen local meetings with 193 reported attending these meetings were held.

Other activities beyond Homemakers organized groups included, 3 assisted with building new home; 7 remodeling; 11 improved kitchen; 45 improved storage space.

As a follow-up use of the Wall Treatment 175 did something to improve finishes and color schemes, and the Drapery Kits have been loaned frequently and one leader has developed quite a business of helping select materials and making drapes.

March - Arizona Laws and Legal Interests

No training was held for this project and as fitting the topic into a changed program - getting trained speakers -- date and time problems these local meetings were scattered over March, April and May.

Local attorneys and bankers cooperated graciously - the discussions included audience questions - which doubtless bordered onto acquiring personal information yet these professional people, usually of the local community were most patient, I'm told.

Three of the Northern area clubs met jointly - 39 attended. Another had as their guests the "Optimist Club" of their community with 44 attendance an appreciative audience. Husbands attended several of the meetings and commented they learned much and plan to use the information relative to property, legal transactions and safe keeping of important papers especially.

<u>April - Foods - Outdoor Meals - Chicken Barbecues - Annual 4-H Club Maricopa</u> County Fair 4th, 5th - Country Life Conference - April 22 through 25th.

Foods and Nutrition - Outdoor Meals - Chicken Barbecues

The major project of the planned program for April was "Outdoor Meals" which was carefully planned in February in cooperation with the Extension Nutritionist, Miss June Gibbs; Mr. Matthew Lonsdale, Poultry Agent in Maricopa County and was set up to include members of the homemakers clubs rather than on a leader training basis.

Planned, were two events at County Parks -- with club groups attending the one geographically nearest them. On April 17th, Estrella Park, south of Buckeye Road near Avondale served for the Alhambra, Buckeye, Cashion, Isaac, Laveen, Liberty, and Palo Verde clubs. Eighty people participated.

Monford Park in the Sunnyslope district was selected for the Gilbert, Northview, Paradise Valley, Valley Heights, Sunnyslope, Washington and Westwood clubs. Ninety-one participated on the 18th.

The project, in addition to Miss Gibbs and Mr. Lonsdale who set up the methods and techniques of barbecuing and equipment simple to prepare and use, drew the professional "know-how" of Dr. J. N. Roney, Extension Entomologist, who gave instructions on control of insects at picnics --- and also provided repellents to do the job. The hungriest gnats were much in evidence at Estrella Park.

Two leaflets — one prepared by Miss June Gibbs, Extension Nutritionist were given to those present and copies supplied to officers, for club members unable to attend. Another entitled "Chicken Barbeque for the Family," was provided for foods leaders. These were gotten from New Hampshire Planning and Development Commission, Concord, New Hampshire.

Miss Gibbs' leaflet carries general instructions, special points for chicken barbeque and types of equipment fuel, sauces and seasonings.

A mild sauce was used in our programs so as to enjoy the natural flavor of the chickens which were indeed top quality, thanks to Mr. Lonsdale's connections, one-half chicken was served each individual with baked beans, potato salad, fresh vegetable plate, buttered rolls, fice cream bars, coffee and ice tea.

Potato salad, beans and vegetables were brought by club members adequate for their number. The agent provided other items the cost of which was prorated among those participating. Without exception, everyone enjoyed these events, the learning and eating including Miss Jean M. Stewart, Miss Peggy Putman, Ted Welchert from the Tucson Office and Mr. O'Dell, County Agricultural Agent, Assistant County Agents, Otis Lough, Matthew Lonsdale; Dr. J. N. Roney, Extension Entomologist; Assistant Home Agents Betty Jo Nelsen and Barbara Freese. The gracious and efficient help of non-homemaking staff members is truly appreciated - a nice experience of cooperative effort.

We were disappointed not to have had some photographs on the processes but planned for photographers and Information people were otherwise tied up until past the hour. Local barbeques will be a regular part of the summer activities of Homemaker Clubs. Requests for the leaflets indicate others than Homemakers are interested in the communities of Salt River Valley.

Annual 4-H Club Fair - April 5th and 6th

This is truly a major event in Maricopa County each year - Assistant Agents will provide a full coverage for the Annual Report.

The Home Agent rendered assistance with various phases, six days of the Agent's time was given to various activities connected with 4-H and the fair proper.

Country Life Conference - April 22nd through 25th

The Home Agent gave considerable time to promoting interest in attendance at the Annual Country Life Conference on the University Campus at Tucson. Thirtyfour women made reservations; however, when time came for the departure only twentyfive made it. Illness of women or in the families accounted for all but three cancellations. Unexpected company from a distance kept three drivers at home, so last minute adjustments for rides presented problems.

Home Agent Isabell Pace and Assistant Agent Betty Jo Nelsen attended. The Agent was asked to appear on a television program with eight other women in a program known as "Visiting with Virginia" and Betty Jo Nelsen took time Thursday after the farewell breakfast to make a tape recording featuring "Plans in Your County for recognizing National Home Demonstration Week April 28 through May 4."

The entire program of Country Life Conference was voted a success and was both informative and challenging. This Agent enjoyed especially the "On Being an American" (panel) and the class "What Every Wife Should Know About Family Business," conducted by Enriqueta de Meester, Manager, Credit Sales, Jacomes, Tucson. Also the mixer and program on Monday evening. It is always an interesting experience to meet former friends and acquaintances and to make new contacts. It has been my good fortune to have attended each of these conferences.

The attached clipping from the Arizona Farm Paper and Country Life Conference Program indicates the quality of the program and the adequate cooperation not only of the University of Arizona Faculty and Staff but of representative guest contributors from many walks of life.

Maricopa County women, who attended and others who listened carefully to reports from those who did express sincere appreciation to Miss Jean M. Stewart for a fine conference and each resolves to make a greater effort to participate another year.

May - Annual Homemakers Rally Day - Money Management - Agents In-Service Training

The Annual Homemakers Rally Day is the chief community and recreation event of the year. It is regularly scheduled to coincide with "National Home Demonstration Week" — and a special effort is made to express evaluation of officers and leaders efforts and loyalty. This year the agent had copies of the telegram prepared by President Dwight D. Eisenhower and relayed to Home Demonstration Agents across the nation by the Secretary of Agriculture the Honorable Ezra Taft Benson. This telegram, a copy attached, expresses the value of "Homemakers" ideals, skills and efforts and extends best wishes for continuance in the program.

Home Demonstration BIB

WESTERN UNION

TELEGRAM

- THE WHITE HOUSE WASHINGTON DC 30 -

:THE HONORABLE EZRA TAFT BENSON -

SECRETARY OF AGRICULTURE WASHDC -

:TO THE WOMEN PARTICIPATING IN NATIONAL HOME DEMONSTRATION WEEK I SEND GREETINGS.

AS YOU LEARN NEW HOMEMAKING PRACTICES, AND SHARE SKILLS WITH YOUR NEIGHBORS, YOU HELP BUILD BETTER HOMES AND COMMUNITIES ACROSS THE LAND. AND BY DEMONSTRATING THE LATEST FINDINGS OF HOME ECONOMICS RESEARCH IN AMERICA, YOU SHOW THE HOMEMAKERS OF OTHER COUNTRIES THE STANDARD OF GENEROUS LIVING MADE POSSIBLE THROUGH A DEMOCRATIC WAY OF LIFE.

MY BEST WISHES AS YOU CONTINUE THIS PROMISING PROGRAM IN COOPERATION WITH THE UNITED STATES DEPARTMENT OF AGRICULTURE -

: DWIGHT D EISENHOWER

In Orchid To you

As we celebrate National Home Demonstration Week in Maricopa County, we pay tribute to vou homemakers for vour helpful cooperation, Officers and project leaders bave carned the respect of members and neighbors which will long be remembered.

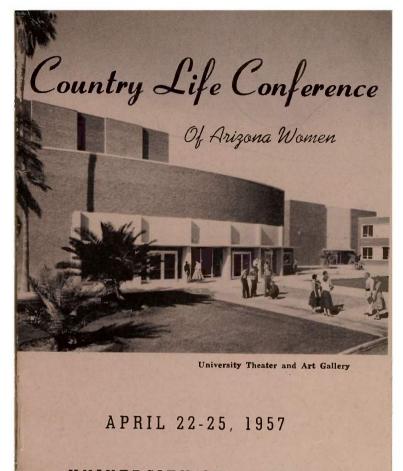
The county is a hetter place to live because of vou and your service. May your life be enriched because of the associations Extension Service Club has offered.

Kan M. Stewart State Lead

Jahell P. Vace

Assistant flome Agent

Saltary Tallee Assistant Home Agent



UNIVERSITY OF ARIZONA

TUCSON

PROGRAM

MONDAY, APRIL 22

AFTERNOON

1:00 Registration-Coconino Hall

EVENING

- 6:30 Dinner-East Cafeteria, Student Union Building

 - Dinner-East Cafeteria, Student Union Building Get-Acquainted Evening Chairman, Jean M. Stewart, State Leader, Home Economics Extension Progress in Adult Education for Rural People Harold E. Myers, Dean, College of Agriculture University of Arizona Film "Blueprint for Tomorrow" Music and Songs Carroll Rinehart, Elementary Vocal Music Consultant, Tucson Public Schools

TUESDAY, APRIL 23 MORNING

7:00 Breakfast-East Cafeteria, Student Union Building to

8:00

Campus Tour of Flowers and Shrubs 7:30

Steve Fazio, Assistant Professor of Horticulture University of Arizona Assemble at Fountain by Old Main

- General Assembly—Junior Ballroom, Student Union Building 8:30

Invocation - Isabell Pace, Home Agent, Maricopa County

Chairman, Elina T. Wright, Valle Verde Homemakers

What Should Be the Educational Program for Young Women? (Panel)

Moderator: Karen Carlson, Dean of Women, University of Arizona

Panel Members: Richard A. Harvill, President Richard A. Harvin, President University of Arizona Pearl Coulter, Director, School of Nursing University of Arizona Ruth Hall, Director, School of Home Economics

School of Home Economi University of Arizona Francis A. Roy, Dean, College of Liberal Arts University of Arizona Polly Browning, President, Arizona State Cowbelles, Willow

Willcox

Recess

10:30 Classes

How to Make a Speech - - - Student Union Building 256

James Lambert, Assistant Professor of Speech University of Arizona

Identifying Minerals and Rocks of Arizona - -

Liberal Arts Building 415 Spencer R. Titley, Instructor in Geology University of Arizona

Crafts - - Crafts and Ceramic Section, Art Bldg. Maurice Grossman, Assistant Professor of Art University of Arizona

Why Does Your Child Behave as He Does - -Student Union Building 250

Frances I. Stromberg, Assistant Professor of Home Economics

University of Arizona

What Every Wife Should Know About Family Business - - - Student Union Building 205 Enriqueta deMeester, Manager, Credit Sales, Jácome's, Tucson

12:00 Luncheon—East Cafeteria, Student Union Building

AFTERNOON

1:30 General Session—University Theater

to 2:20

Chairman, Francelle Ledford, President Graham County Homemakers' Council

TV and the Rural Family

Ben Markland, Manager, Radio-Television Bureau

- University of Arizona
- Color TV

Clayton Niles, Niles Radio & Television Center Tucson

Changing Arizona - Conserving Our Water

Resources

George Barr, Head, Department of Agricultural Economics University of Arizona

Tour-Art Building

- 3:00
- Tea-Home of Pres. and Mrs. Richard A. Harvill 4:30 85 Calle Encanto
- 6:30 Dinner-East Cafeteria, Student Union

EVENING

8:00 University Theater

Chairman, Lillie J. McCain Smith, Yuma Don't Be Yourself

Peter Marroney, Professor of Dramatic Arts and Head of Dramatic Arts Department, University of Arizona

Widening Our World Italy—Millie Ellis, Willcox Switzerland—Betty Lane, Tucson Fiji Islands—Esther Allen, Yuma

Skits or Stunts

Group Singing - Carroll Rinehart

WEDNESDAY, APRIL 24 MORNING

7:00 Breakfast-East Cafeteria, Student Union Building to 8:00

7:30 **Campus Tour of Flowers and Shrubs - Steve Fazio** Assemble at Fountain by Old Main

8:30 General Session - Junior Ballroom, Student Union Building

Chairman, Helen L. Church, Clothing Specialist Agricultural Extension Service, University of Arizona

University of Arizona On Being An American (Panel) Moderator: Arthur H. Beattie, Assistant Profes-sor of French, University of Arizona Panel Members: Emmy Chambers, Student, University of Arizona Helen Goetz, Student and Homemaker, University of Arizona Charles O. Hucker, Associate Professor, Anthropology University of Arizona Robert H. Hurlbutt, Assistant Professor, Philosophy

Professor, Philosophy University of Arizona Roy Woodruff, Student, University of Arizona

Recess

10:30 Classes

How to Make a Speech - - - Student Union Building 256 James Lambert

Identifying Minerals and Rocks of Arizona - -Liberal Arts Building 415 Spencer R. Titley

Crafts - - - Crafts and Ceramic Section, Art Building

Maurice Grossman

Why Does Your Child Behave As He Does? - -Student Union Building 250 Francis I. Stromberg

Keeping Farm and Ranch Books for Tax Pur-Poses - - Student Union Building 205 Albert Thompson, Internal Revenue Agent, Tucson

12:00 Luncheon—East Cafeteria, Student Union Building

AFTERNOON

1:30 General Session-Junior Ballroom, Student Union Chairman, Ruth Templin, President Pima County Homemakers' Council

Why Do Some People Have Accidents and Others Not?

William E. Keegan, Assistant Supervisor, Traf-fic Safety Division, Arizona Highway Department, Phoenix

Ann E. Hodges, Member, Board of Directors, Greater Tucson Safety Council

Rural Library Extension

Fleming Bennett, Head Librarian, University Library, University of Arizona

Catherine S. Chadwick, Extension Librarian, Department of Library and Archives, Phoenix

Recess

The Farm Bureau Market Basket Claire Cordes, State Chairman, Arizona Farm Bureau Women, Glendale

Sophoronia Bennett, Vice Chairman, Arizona Farm Bureau Women, Glendale

4:00 Tours-Nursery School and Home Management House - 2nd Avenue at Cherry

Collection of Arizona Plants for Identification. Agricultural Building

The Story of Tree-Ring Dating and Prehistoric Man in Arizona - Museum

Assemble in first floor lobby of Student Union Building

EVENING

7:00 Banquet—Student Union Ballroom Mistress of Ceremonies: Ruth Winsor, President Maricopa County Homemakers' Council

THURSDAY, APRIL 25

MORNING

6:30 Breakfast—East Cafeteria, Student Union Building to 7:30

HOMEWARD BOUND!

GUEST CONTRIBUTORS

Mrs. Esther Allen	Yuma
Mrs. Anthony H. Bennett	Vice Chairman, Arizona Farm Bureau Women, Glendale
Mrs. Catherine S. Chadwick	Extension Librarian, Depart- ment of Library & Archives, Phoenix
Miss Emmy Chambers	Student, University of Ariz.
Mrs. Fred Cordes	State Chairman, Arizona Farm Bureau Women, Glendale
Mrs. Georges deMeester	Manager, Credit Sales, Jácome's, Tucson
Mrs. J. E. Browning	Arizona Cowbelles, Willcox
Mrs. Marwood Goetz	Homemaker and Student, University of Arizona
Mrs. P. W. Hodges	Member, Board of Directors, Tucson Safety Council
Mr. William E. Keegan	Assistant Supervisor, Traffic Safety Division, Ariz. High- way Department, Phoenix
Mrs. Joe Lane	Arizona Cowbelles, Tucson
Mr. Clayton Niles	Manager, Niles Radio and Television Center, Tucson

-

Mr. Carroll Rinehart	Elementary Vocal Music Consultant, Tucson Public Schools				
Mr. Albert Thompson	Internal Revenue Agent, Tucson				
Mr. Roy Woodruff	Student, University of Ariz				
University of Arizona Faculty and Staff					
Dr. Richard A. Harvill	President				
Dr. Robert L. Nugent	Vice President				
Dr. Harold E. Myers	Dean, College of Agriculture				
Chas. U. Pickrell	Director, Agricultural Extension Service				
Jean M. Stewart	State Leader, Home Economics Extension				
Dr. George W. Barr	Head, Department of				

Dr. Arthur H. Beattie

Mr. Fleming Bennett

Dr. Karen L. Carlson Mrs. Pearl Coulter Mr. Steve Fazio

Mr. Maurice K. Grossman Assistant Professor of Art Dr. Ruth C. Hall Director, School of

Dr. Charles O. Hucker

Dr. Robert H. Hurlbutt

Dr. James D. Lambert

Dr. Ben C. Markland Mr. Peter R. Marroney

Mrs. Isabell Pace

Dr. Francis A. Roy

Mrs. Francis I. Stromberg

Mr. Spencer R. Titley

е Agricultural Economics Assistant Professor of French Head Librarian, University Library Dean of Women Director, School of Nursing Assistant Professor of Horticulture Director, School of Home Economics Associate Professor of Anthropology Assistant Professor of Philosophy Assistant Professor of Speech Manager, Radio-TV Bureau Professor and Head of Dramatic Arts Department Maricopa County Home Agent Dean, College of Liberal Arts Assistant Professor of Home Economics Instructor in Geology



ECENT SCENES: San **R**Mission under a full moon; masses of lupines on the road between Florence and Tucson; cactus blooms, both yellow and that almost fluorescent purple, along Black Canyon Highway; the snow-covered San Francisco Peaks beyond Flagstaff; palo verde in bloom throughout a large part of the state; the solemn stillness of Montezuma Castle; ante-lopes just beyond the green of Chino Valley; red-tipped ocotillo bowing in a stiff wind; the sheer drop of the Canyon of the Little Colorado; and then the Grand Canyon itself.

From north to south, east to west, it has been a beautiful spring in Ari-zona, and I hope that most of you have enjoyed as much as I the gran-deur to be found anywhere you lift your eyes.

May I recommend a small walk prough the desert — it's still not

May I recommend a small walk through the desert — it's still not too late. You will see dozens of small, beautiful flowers, shrubs, animals, birds, and, yes, rocks too, that you can not possibly know simply by whizzing by in a high-powered car over the highway. At the present time it seems to me there can be no more beautiful for the present time it seems to me there can be no more beautiful for the present time it seems to me there can be no more beautiful for the present time it seems to me there can be no more beautiful for the present time it seems to me there are on more beautiful for the present time it seems to me there are others who would on up into Oak Creek — but no doubt there are others who would on up into Oak Creek — but no doubt there are others who would sadly admit that I haven't been all the places I would like to have tra-veled to this spring.

However, besides this summer, fall and winter still to come, there will, I trust, be many other springs in which to get over thisaway, down thataway, and, as a matter of fact, just every whichaway. One of my not-so-lesser ambitions is to see just as much of Arizona as there is to see. And that's a large order if, like me, you want to mosey around a bit, not just skim by. Change of Topic. However, that's about enough tra-velogue for a bit; let's change the subject. Next month your women's editor

subject. Next month your women's editor returns to the big 4-H Roundup in Tucson — my first since 1954 — and there certainly will be a lot of youngsters to get to know. I'ts one of the events of the year that I most look forward to, although it's just one big whirlwind of activity while it's happening. Some of the pleasure of watching the kids go through their paces comes later — years later paces comes later — years later — when they go on to new successes.

For instance, in this issue of the Farmer, there's news of five 4-H'ers who have won college scholarships. Three of the five have special places in my memory. It was only a few years ago that I was watching Roger Frauenfelder in my memory. It was only a few years ago that I was watching Roger Frauenfelder — considerably smaller then — give his first 4-H Roundup demonstration on making a tool box. And shy Mary Roden showing me her steer which later won the grand championship at the Yavapai fair. There also was a tour of her home during which I learned a great deal about home beautification projects. Or Pauline Bruner, anxiously await-ing the judge's decision on her cake in the Maricopa 4-H Fair — she won a blue ribbon. a blue ribbon.

a blue ribbon. It is truthfully a deep pleasure to become acquainted with these young-sters as they win their first blue ribbons in county events, watch them at their first Roundup, see them return for successive years — to have some of them win trips to the National 4-H Congress or National 4-H Camp — to hear of scholarship awards and college graduations. And it won't be much longer before I will be hearing of some of these same youngsters in their roles as parents and 4-H leaders themselves.

ARIZONA COUNTRY LIFE CONFERENCE

Planned Entertainment and Education Combine with Spontaneous Combustion of Good Spirits For Success of Panels, Workshops, Tours, Movies, Speeches, and Demonstrations

By JO PERRILL

THEY CAME from 11 of Arizona's 14 counties - from farms 20na's 14 counties — from farms and distant ranches, large and small owns, Indian reservations, the sub-urban areas of Phoenix and Tuc-son. They gathered at the Univer-sity of Arizona in Tucson, April 22-25, for the eleventh Country Life Conference of Arizona women.

They brought with them a fine friendliness, enthusiasm, and plans to move their cornerposts of knowl-edge a little farther out. They went home with plans fulfilled, friend-liness reciprocated, and enthusiasm unabated. unabated.

And so, "mission accomplished" can be scrawled across the planning chart and it can be folded up for another year.

But what happened at Country Life Conference? What were the highlights? What was learned? What was relished?

Was refished? Well, I was there — sharing dor-mitory life in the new Coconino Hall, listening attentively to panel discussions, sitting in on workshops, chortling at hilarious incidents, lis-tening and talking and listening again, meeting old friends and new friends. But it may be that my story of what happened is completely of what happened is completely singular.

You see, this is one event in the year during which, willy-nilly, I discard my role as reporter and am discard my role as reporter and am drawn into participation. And, may I add, it takes a plenty powerful pull for that to happen! Best you should come next year and see if it happens to you too. Howsoever, here's my report. here's my report:

Panel Talks

At the general assembly each morning panel discussions were fea-tured — and both panels heard nu-merous questions from the audience after prepared pieces were present-ed. The Tuesday topic, "What Should Be the Educational Program for Young Women?" brought out no final answers, but plenty of theories. With Dr. Karen Carlson, U. of A. dean of women moderating Dr With Dr. Karen Carlson, U. of A. dean of women moderating, Dr. Richard Harvill, University presi-dent, spoke first, briefly outlining the history of high school and col-lege education for women. Dr. Ruth Hall

Ruth Hall, director of the Dr. School of Home Economics on the campus, had a fine sales talk about the double preparation of her department — homemaking and ca-reers — the wide-open opportunities in the field, and couldn't resist tell-ing of the new building to be ready by the fall of 1958, probably. The director of the brand-new

When this picture was taken these wet clay ashtrays didn't have too much resemblance to objects d'art, but before the workshop was over, all were turned out in presentable form, and many women returned from Country Life Con-ference with souve-nirs of their own making. Participants in other workshops had to be content with less tangible — but just as practical — accomplishments.

Mrs. Mae Davis of Maricopa County, garbed as Lady MacBeth, practices histrionics under the direction of Professor Peter Marroney. A few moments later she startled the professor, who had been urging her to greater efforts, by throwing her arms about his neck in a dramatic welcome scene.

School of Nursing at the University of Arizona, Mrs. Pearl Coulter, just as enthusiastic about her field. And how the questions poured in about the new School of Nurs-



Extension Director Charlie Pickrell congratulates Mrs. Oscar (Mary) Helmhout of Gilbert, only non-official who has attended all 11 Arizona Country Life Conferences, beginning with the first back in 1938. Pickrell himself has attended each Conference, and Mrs. Isabell Pace, Maricopa home agent, also shares the distinction.

which opens this fall and will lead to a degree as well as prepare its students for the state Registered Nurse examination.

Dr. Francis Roy, dean of the Col-lege of Liberal Arts, acknowledging the special talents of women in the fields of home economics and nurs-ing, also stood staunchly for a broad liberal education, not career-confined.

The only member of the panel not a professional educator, Mrs. Polly Browning, president of the Arizona Cowbelles, drew applause with her quiet, sincere contention that the educational program for girls begins in the home at an age - and continues throughout her

Americanism

The Wednesday morning panel, "On Being an American," drew con-siderable interest because of the siderable composition of members — each had spent considerable time outside the United States. Moderator Arthur H. Beattie was born in Canada; Mrs. Helen Goetz, student and home-maker, is a native of Germany; maker, is a native of Germany; both are naturalized Americans. Two other University students, Emmy Chambers and Roy Woodruff, have been exchange students in The Netherlands and Sweden respec-tively. Dr. Charles O. Hucker of the (Please Turn to Page 38)

try Life Conference for individual interests. Workshops — in ceramics, the art of speechmaking, child guidance, family bookkeeping and income tax, identification of Arizona minerals and rocks — were well attended. So were the early morning tours of flowers and shrubs on campus, conducted by Steve Fazio, assistant professor of horticulture.

Other tours — of the new art building at the U. of A., the nursery school and home management house of the School of Home Economics, the collection of Arizona plants, and the story of tree-ring dating and prehistoric man in Arizona at the campus museum — had plenty of participants.

That FBI Man

And there was time out for entertainment, too. Monday night's get-acquainted program snared an extra guest, incidentally, who af-forded much hilarity throughout the rest of the conference. Seems a stranger on campus - an FBI man, yet - just happened to wander into the cafeteria at the head of the line. Told to sit at his "birthday table" he meekly acceded. By the time he was aware that something special was going on, he was surrounded by Country Life Conferees, and for once a dauntless G-man was daunted. Caught between being conspicuous as one of only four men present or being more conspicuous by threading his way throughout the room to get to the exit, he chose to sit tight --throughout the entire evening!

Don't Be Yourself

Other events included a tea at the home of Dr. and Mrs. Harvill, a "theater" night with Conference members dressed in costumes of other days, travel movies and talks by Conference members who had been there, and, of course, the big banquet which was the official windup. Unofficial windup for around half of those attending came in the wee hours in the morning after the banquet. We had gathered in the lobby of Coconino Hall for a session of song, dancing, general high-jinks, and good conversation.

Arizona homemakers assisting in the program, other than those already mentioned, included Mrs. Elina T. Wright of Pima County, Mrs. Francelle Ledford of Graham County, Mrs. Lillie Smith of Yuma County, Mrs. Ruth Templin of Pima County, Mrs. Buth Winsor of Maricopa County, Mrs. Esther Allen of Yuma County, Mrs. Millie Ellis of Cochise County.

CLEAN WOOLENS HELP PREVENT MOTH DAMAGE

MAKE SURE woolens are clean when you put them away for the summer or moths may make meal of them while in storage.

Sweaters, suits, socks, blankets, anything made of wool or other animal fiber must be clean to be mothproof reports Mrs. Isabell Pace, Maricopa County home agent.

Soiled goods are especially tempting to the destructive little pests. Food and grease spots seem to be their favorite food. They also like clothes that are stained with perspiration.

With the special soaps and cleansers on the market today, it is easy to remove those moth attractions. Just be sure to follow directions carefully.

Mrs. Pace points out that closets need to be clean too, if moths' are to be discouraged. Before hanging your woolens away, vacuum corners and any other place where they might lurk. Moths love dust, lint and dark places.

As an added precaution, she suggests storing woolens in a sealed garment bag or other suitable container. A quart-size bag will hold about four pairs of socks or a folded sweater. Large glass jars with tight covers also might be used.

May 11, 1957

Country Life Conference

(Continued from Page 34)

anthropology department has spent considerable time in the Far East. In summary, here's what the panel members had to say:

Dr. Robert H. Hurlbutt — If Americans wish to keep the advantages of democracy, they must guard the means, must uphold the American contract theory of certain unchangeable rights adhering to the individual, the belief that law derives from consent of the governed.

Dr. Hucker — Every American owes it to himself and his country to be informe³ and to understand the viewpoints of others.

Miss Chambers — It is necessary to hear all point of iew, to listen to another side, to learn to accept non-conformity.

Roy Woodruff — D 't take the United States for granted. It's a citizen's duty to participate in the processes of democracy.

Mrs. Goetz — It's most important to run the house on a democratic basis, with each member of the family having responsibility and a voice in management.

Sensitive Americans

In the discussion which followed this panel, it occurred to me that Americans are all too aware of their

shortcomings — less and less inclined to enough pride in their achievements, both material and otherwise. The questions that were thrown to the panel members, either by implication or directly, acknowledged the American scene as too commercial, scored American education heavily, deplored American family habits. Probably, however, it was just a case of criticizing among ourselves; I doubt that many felt as humble inwardly.as might have appeared.

Most spontaneous laugh of the session came at a moment when Mrs. Goetz, in describing the German family way of life said, "Wives in Germany live within their husband's income!"

Surprise was registered when Roy Woodruff revealed that in socialistic Sweden a credit system is practically non-existent, and it is necessary to pay for a home within one year of purchase.

And the audience learned that their avid interest in things Due pean probably is exceeded, at least in The Netherlands, by an interest in things American.

General sessions during the two afternoons of Country Life Con-



From len to right in the receiving line at the tea given at the home of Dr. and Mrs. Richard Harvill, Mrs. Harold Myers, Mrs. Harvill, and Jean Stewart. Not shown in the picture, but also in the line, Mrs. Charlie Pickrell, Apache woman on the right came from Whiteriver to attend the Conference.

subjects.

A prognosis on the future of TV programs came from Ben Markland, manager of the U. of A. radio-television bureau, while Clayton Niles, Tucson business man, explained why color television is not yet on a daylong, year-around schedule and spoke of some of the technical and financial difficulties that must be overcome.

Dr. George Barr, agricultural economist, spoke briefly on Conserving Arizona Water Resources — warning that drastic action in the future can only be averted by moderate, but positive, action now.

Bill Keegan of the Arizona Highway Dept. pulled no punches in discussing traffic safety and the cause of accidents, while Mrs. Ann Hodges of Tucson sharpened awareness of safety factors in the home.

Keen interest was expressed in Arizona's newly inaugurated rural library extension service, an explained by Mrs. Catherine Chadwick, extension librarian. Mrs. Chadwick is now making a circuit of the state to get the project under way.

When Mrs. Claire Cordes, state chairman of the Arizona Farm Bureau Women, assisted by Mrs. Sophronia Bennet, vice-chairman, had finished her Market Basket demonstration there was no doubt in anyone's mind about the immense value and diversity of Arizona farm products — and a new awareness of farm problems.



Most embarrassing moment for Mrs. Betty Jo Nelsen, Maricopa County assistant home agent, is shown here as dramatics professor Peter Marroney explains that she is wearing her Queen Elizabeth costume wrong side to — the farthingale, a kind of hoop skirt, belongs in back!

The program consisted of skits or other numbers by each Homemaker Club; brief reports by Club Presidents, exhibits pointing up achievements of the year; election of Council Officers for the ensuing year.

Corsages were presented, by the Hostess Club "Buckeye" to retiring officers, in coming officers; Home Agents and the State Leader.

A beautiful silver bowl was presented on behalf of the Homemaker Council to the Home Agent in appreciation of her long service in the county.

In-Service Agents Money Management Training May 14 through 17 - at Tucson

The three Home Agents attended the Money Management In-Service training workshop at Tucson, May 14 through 17 - planned for Specialists, all Home Agents and others.

Miss Grace Ryan, Home Management Specialist had truely developed a most interesting and informative program. Specialists who co-operated to make it so successful were Dr. Starley Hunter, Family Economics Specialist from the Washington office, Dr. Geo. W. Campbell, Agriculture Economist U. of A., and Mrs. Mary Eberly, Insurance Director from New York. Each presented phases of the subject. Equally valuable were panel discussions and talks by representatives of business and industries of Tucson.

Individual Agents were given problems relating to credit, installment payments, etc., to be worked out through contacts with local firms. All of this was interesting and quite revealing.

Later in the year such a program is scheduled for Maricopa County Homemakers groups, a request for 1957 program.

June - Annual 4-H Club Roundup 4th through 8th

This event will be reported by the Assistant Agents supervising 4-H Club Work. The Agent, though very occupied with activities connected with preparing the office for the in-coming Home Agent, writing the annual report-to date; and incidentally hoping to take advantage of enjoying as much of accrued annual leave as possible, was pressed into service to assist with judging clothing demonstrations.

The demonstrations varied greatly both as to subject and quality. Several were of exceedingly high quality.

This Agent always enjoys seeing youngsters in clean competition and actionso it was a rather "last time" experience after all.

Summary - Statistical Data for Agents 7 months

The following statistical summary gives a further picture of program development and distribution of Agent's time and effort:

Days devoted to 4-H Club 14
Total days worked
Days devoted to organization and program planning 39
Days devoted to In-service training 10
Days devoted to house surroundings and furnishings 14
Days devoted to home management 20
Days devoted to family economics
Days devoted to clothing
Days devoted to foods and nutrition
Days devoted to Health 4
Days devoted to family life development 2
Days devoted to community development 16
Days not accounted for above 7
Home visits 13
Office calls119
Telephone
Letters written
Circular letter
Bulletins distributed 1687
Televsion broadcasts
Press articles prepared 8
Adult training meetings
Attendance
Other meetings adult
Other meetings attendance 1010
Other meetings 4-H Clothing Roundup4 days
Other meetings 4-H Clothing attendance-estimate
Meetings by local leaders 60
Meetings by local leaders attendance
Organized Homemaker Clubs 14

Retirement

The Agent anticipates thoroughly enjoying retirement rather change of activity -- the opportunity to do many things time has not favored doing through more than thirty years of teaching and extension work.

The Homemakers have in so many ways expressed love and appreciation for the more than seventeen years the Agent has spent in Maricopa County. Likewise, co-workers have been so very gracious and in many ways expressed the good will and closeness felt in our office force.

ANNUAL NARRATIVE REPORT of adult HOME DEMONSTRATION WORK in

Maricopa County From December 1, 1956 to November 30, 1957

Edna Weigen, Home Agent Betty Jo Nelsen, Assistant Home Agent Peggy H. Putnam, Assistant Home Agent

General_objectives_of Home Economics Extension

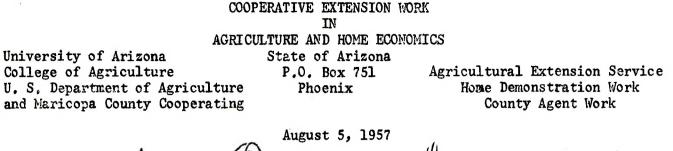
- 1. To acquaint the general public with the total Extension Service and its educational program for homemakers.
- 2. To disseminate information pertaining to the betterment of home and community life.
- 3. To help families understand their part in planning and carrying out the extension program.

Extension Organization and Planning

The over-all planning of the extension program in Maricopa County is correlated through regular monthly staff meetings of all members. The home economics staff has three members. The home agent has the responsibility of supervising the entire home economics extension program. The adult program is the main responsibility of the home agent. Assistant Agent Putnam has assumed the responsibility of checking the organization of home economics 4-H clubs and the leader training meetings on foods projects. Assistant Nelsen has the responsibility of leader training meetings for 4-H clothing and home furnishing projects. She will also participate in the adult training meetings. It is planned that 4-H home economics leaders will receive training with adult leaders when feasible. The home agent will assist in training these leaders also.

The County Homemaker's Advisory Council is composed of two members from each organized group. Usually this is the President and Secretary. The purpose of this advisory board is to make recommendations to the home agent regarding the program to be carried out in the county. They also plan special events and carry on a general promotion of the Extension Service.

There are fifteen organized homemaker clubs in Maricopa County with an active membership of approximately 300. Other organizations enjoy the services of the home agent on certain subjects. The Relief Societies of the L.D.S. churches in the past have participated in part of the program. Invitations to attend leader training meetings have been extended to them.





DEAR HOMEMAKERS AND 4-H LEADERS:

May we come in and get acquainted? All of you know that Mrs. Pace retired as of July 1. Barbara Freese, Assistant Home Agent resigned to accept a similar position in Colorado. Betty Jo Nelsen, Assistant Home Agent, is still on the job. She has set a record for assistants in this county.

Miss Peggy Putnam has replaced Miss Freese and Miss Edna Weigen is in the Home Agent's Office. Miss Putnam has been in Arizona since April, and Miss Weigen came in January.

These three Agents are here to assist you with your problems and to help you carry out the adult and 4-H activities. We are going to try to coordinate the two programs. Please feel free to call on us at any time.

Program planning for 1958-59 is foremost in our minds right now. We are looking to you for guidance in the development of this phase,

For the adult program we are enclosing some suggestions for you to check. Will you take these to your September meeting and tabulate them? We would like to have them in the office as soon as possible so they can be used for our <u>October 4th program planning day</u> which will be held at the Riverside School Auditorium, starting at 10:00 a.m. Be prepared to give your club's ideas.

FOODS NUTRITION

Marketing

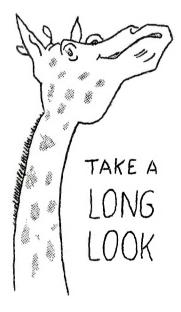
- 1. Do you spend your foods dollar for optimum nutrition, health and satisfaction of your family?
- 2. Are you aware of the added cost of built-in services in today's market basket?
- 3. Do you analyze your food purchases for content, nutrition, economy, and home use?
- 4. Are you an "impulse" shopper?

Making of Family Clothing:

- 1. Do you know that patterns have new standards as of June 15, 1956? This should help you to select a pattern size that more nearly fits.
- 2. Do you have fitting problems?
- 3. Do you have trouble with synthetics and new finishes when sewing?
- 4. Do you sew for men and boys in your family? Do you make sport shirts, preschool boys? clothing?
- 5. Do you have children to sew for and do you need help in basic clothing construction?
- 6. Is your big problem in sewing construction the selection of a pattern that is becoming to you?
- 7. Are you afraid to use colors and to combine colors?

Economics:

- 1. Do you plan the family wardrobe season to season?
- 2. Is clothing the teen-ager your problem? Does she have her share or more than her share of the family clothing budget?
- 3. Do you have a closet full of clothes that are not appropriate for the places that you go?
- 4. Do you dislike mending? Does it consume too much of your time?



HOME FURNISHINGS

In this part of our program the whole house is important. We need to study it as a whole rather than just spots. Perhaps we need to have long time goals. The main categories would be common to any room, but other phases such as storage would be different in each room.

HOME MANAGEMENT.

We have three things to spend: Time, energy, and money. No matter what phase we study, we are going to use one or more of these three. Perhaps it will be on one of the following:

> Money management Family spending Financial planning Household accounts Laundry problems

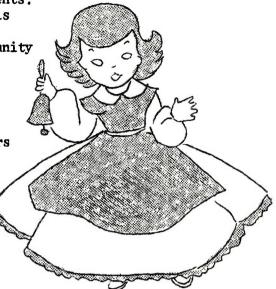
<u>4-H</u>

The new 4-H club year begins October 1, and we hope to have a bigger and better year than ever. The homemaker clubs can help in many ways. These youths will be our future adults. Some ways the adult clubs can help are:

- 1. Secure a community leader for the 4-H club.
- 2. Homemakers serve as home economics project leaders in local 4-H club.

- 4 -
- 3. Provide transportation for club members to local club meetings, county and state events.
- 4. Aid club members in securing the materials needed for project work.
- 5. Assist 4-H club in sponsoring joint community events, such as Socials, Community Recreation Nights, Parent Parties, and other community activities.
- 6. Help club leader interpret club work to parents and newcomers in the community.
- 7. Assist 4-H leaders in helping club members select suitable projects.
- 8. Work on joint programs along the lines of health and safety with local 4-K club.

If you have other ideas, we will welcome your suggestions. One of us will be happy to attend your September meeting if you will call at the office either by telephone or in person.



Sincerely yours,

Edna N. Heigen

Edna H. Weigen Home Agent

Peggy, Putnam Peggy Putnam

Assistant Home Agent

Betty Jo Nelsen Betty Jo Nelsen

Assistant Home Agent

EHW/BJN/PP:kl

340 c.

The homemaker clubs elect their officers annually, at which time project leaders are also appointed. The project leaders are urged to serve several years when possible as this develops more self assurance and efficiency. The trained leaders are a big help to the agents in putting across the program; to not only their members but neighbors as well.

Miss Jean Stewart, State Leader; and Specialists, Miss Helen Church, Clothing; Miss June Gibbs, Nutrition; Miss Grace Ryan, Home Management and Home Furnishings have assisted in phases of program planning. They have provided outlook information and trends for the coming year which were studied by all clubs.

The program planned for 1957 was carried on in its entirety. One subject, household accounts, was not completed by all clubs. It is being carried over into the 1958 program. This was probably due to a change in agents.

OUTLINE OF 1958 PROGRAM

Foods and Nutrition

- I. Marketing spending the grocery dollar.
- II. Salads and salad dressings.

Clothing

- I. Construction techniques of a one piece better dress 1958. II. Tailoring 1959.
- III. Accessories and grooming correlated in both years.

Home Furnishings - Home Management

- I. Budgeting time and money. Income tax receipts filing.
- II. Floor coverings types and care.

Special Interest

- I. Mental health for homemaker study.
- II. Safety in the home.

PROJECT REPORT

CLOTHING

General Objectives

- 1. To help families know how to make and care for clothing so that they will be better dressed.
- 2. To assist families to get more for their clothing dollar.

There were 92 homemakers attending the lesson on foundation garments. This represented 15 communities. The purpose of this special program was to show the women how they could look smarter in their clothes, to know how to be measured for garments and to know when they were well fitted. It was also to teach them how to properly care for these garments.

The lesson was given in three communities. At each of the sessions four to six women were selected for models. Figure analysis of each woman preceded the selection of the proper garment for her. Small women were considered as well as the larger ones.

Care of the garments was another specific lesson. Detergents and hot water deteriorate the elastic. The garments should be laundered in warm water with mild soap.

Results

The 30 clothing project leaders of 15 clubs have reported that 189 women were shown how to be measured for foundation garments. This is approximately two-thirds of the total membership.

Three leader training meetings on pattern selection were conducted by Assistant Nelsen and the Home Agent. Objectives of this lesson were:

- 1. To show changes made by pattern companies as of June 1, 1956.
- 2. To teach the women how to measure for correct size of pattern.
- 3. To have the women select the correct size from the measurement charts.
- 4. The same styles of dresses may be selected for the various figure types.

At the meetings the leaders were given a demonstration on the above items. Illustrative material had been made for them to use in giving it back to their clubs. To date eight clubs have used this lesson. Eighty-seven women have been measured for correct size patterns.

FOODS AND NUTRITION

General Objectives

- 1. To help families plan and provide for the foods needed to insure good nutrition for each member.
- 2. To help other homemakers use and adopt these recommended practices.

The projects selected in this field were:

- 1. Casserole dishes for the freezer.
- 2. Outdoor cookery chicken barbeque.

These projects were written up in detail by Mrs. Isabell Pace in her annual report. Requests are still coming in for recipes on both projects.

Many requests come to this office for information on caring for Arizona speciality foods such as: olives, figs, dates, and sour oranges. These inquiries were answered by use of the bulletins on hand. Other questions were on food preservation, chiefly freezing and drying; nutritive values of foods; meat cookery; and miscellaneous recipes.

HOME MANAGEMENT

General Objectives

- 1. To emphasize that good management is evident in all phases of homemaking.
- 2. To show that management is using what you have to the best possible extent to get what you want.

Guidance for household account keeping was selected in the home management field. The purpose of this lesson was to put across the fact that household accounts are family affairs, that keeping these records are important for income tax receipts.

The lessons were conducted on a workshop basis with the women participating. Each of them put down their approximate income and fixed expenses. From this they found what they had left for day to day living, or what they were supposed to have left. More on record keeping is scheduled for 1958. It will be on leader training basis.

The lesson was set for September for the agent to give. Three clubs took advantage of it.

HOME FURNISHINGS

General Objectives

- 1. To emphasize that home furnishing can be attractive even though not expensive.
- 2. To learn the importance of color combinations in home decorations.
- 3. That each member of the family should have some privacy for personal belongings.

One leader training meeting was conducted on modern paints in wall treatment and care. This was written in detail by Mrs. Pace with results established.

Requests have come in for making draperies, lampshades, cleaning upholstering, rugs, etc. Perhaps the most significant point in this field is the number of bulletins requested on Refinishing Furniture and Furniture Repair. Through a small news item approximately 550 bulletins were mailed out.

IN-SERVICE TRAINING

Writing news stories, feature stories, circular letters and news columns were studied at the first in-service training meeting held during the year. Information Specialists Joe McClelland, Robert Doan, and Robert Halvorson conducted the workshop. The workshop was planned so that everyone could do a better information job. The formula for deciding exactly how to put news out may be the five S's, Select, Sift, Sort, Sell, Say. These can apply no matter what type of information is put out. The five W's of Who, What, Where, When, Why must not be forgotten either.

The 4-H training week was particularly set up to acquaint the agents with philosophy and regulations of club work in Arizona. Each of the Home Economics Specialists had a part on the agenda. Judging contests to be held at the annual 4-H Roundup were explained. Mr. Gaylord of the National 4-H Club Foundation explained the projects they carry on. These are: National 4-H Club Center, Citizen Improvement Center, Human Relations Learning, and International Farm Youth Exchange.

The home agents training session was conducted by Miss Stewart, State Leader. Brought out in this session was the fact that our first obligation is to the rural population, and to do more mass media. The program needs to be determined and then carried out. Strengthen local planning with long range goals. Start plans in the spring and make final ones in the fall.

The money management workshop was set up to help us understand the part that money, credit, and prices play in our economy; to aid us in helping ourselves and others to live better and happier. It was brought out in the workshop that we have three things to spend -- time, energy, money; two things to cultivate -- knowledge, skill; and one thing to change -- attitude. All of this can be adopted in working out lessons on money management.

Annual Conference was another phase of in-service training the agent attended. The theme "Building for the Future," was carried out in all talks. Challenges were given to the agents on how they could improve their work. Agents responsibilities were received. Agents were told that they needed to extend their program.

Country Life Conference was planned by the State Leader, Miss Jean Stewart, with assistance from key homemakers in the state. The program was a varied one of interest to everybody. A panel on "What Education do you Want," with Dr. Karen Carlson, Dean of Women, University of Arizona, as moderator provided many answers. Discussion on library facilities in the state by Mrs. Catherine Chadwick; talks on safety; dramatics; radio and television opened many avenues for the women. Class choices consisted of ceramics, credit, income tax records, giving a talk, child care and others provided avenues of expression for those attending Country Life Conference. Fun was also a part of the program when everyone ate together on the campus.

4-H Roundup was really in-service training for the agent because she had not attended one like it before. The Roundup is held each year for outstanding 4-H club members in the state who have won contests in their respective counties. This agent had charge of registration, chairman of the home furnishing judging contest, one of the judges for home furnishing demonstrations, and a judge for junior clothing judging contest. It was a good experience. The 4-H Leader's Conference was another experience the agent had the opportunity of attending. The general theme was "Today's Challenge, Tomorrow's Citizen." The program was planned to include information on judging, giving demonstrations, keeping records, and new projects.

It was attended by 4-H leaders and junior leaders from throughout the state. In summing up the conference, the agent would say that in one week the leaders received a comprehensive study of the aims and purposes of 4-H. They gained many new ideas, not only for project work but for special interest groups, to take back to their clubs. They should indeed, "Make the Best Better."

Prior to going to Maricopa County, the agent had worked at large out of the state office, starting on January 21, 1957. During this time the agent assisted Miss Stewart, State Leader, with special assignments in the various counties of the state. The agent received good orientation of the whole state and the Arizona Extension Service. Her time was distributed as follows:

PLACE	NO. ADULT DAYS	NO. 4-H DAYS
State Office	43	33
Cochise County	1	3
Maricopa County	5	2 <u>1</u>
Navajo County		4
Pima County	3	$5\frac{1}{2}$
Pinal County	11	1
Santa Cruz County		3
Yavapai County		6
Yuma County		4
	63	$\frac{4}{62}$