ANNUAL NARRATIVE REPORT

OF

HOME DEMONSTRATION WORK

IN

APACHE COUNTY

December 1, 1938 - November 30, 1939

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Mrs. Isabell Pace Home Demonstration Agent Apache County, Arizona 1939

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#### SUMMARY OF HOME DEMONSTRATION ACTIVITIES APACHE COUNTY

December 1, 1938 to November 30, 1939

ANNUAL CONFERENCE: January 4th to 12th inclusive was spent in Tucson attending the Annual Extension Conference. State leaders and resident faculty members combined to make the Conference a most worthwhile and inspirational event. Three days were given over to consideration of National Agricultural programs and problems. Outstanding men in their respective fields led in the discussions.

PROGRAM PLANNING: Following the Annual Conference at Tucson in January, Agent met with eleven representatives from four County communities: St. Johns, Eagar, Springerville, and Eagar (Nutrioso was unable to send representative) at Alpine to plan the 1939 Home Makers Program. With the coming of new specialists it was necessary to revamp the plans already tentatively worked out. Unavoidable shifting and changing of dates served to dampen interest periodically; however, four of the five groups have carried the rather unified program. The Leader and the Secretary of the Home Makers Group at Springerville both moved early in the year; interest and attendance fell off measurably and it was decided to discontinue the club. A few interested persons have attended quite regularly at Eagar.

Miss Delphine Dawson, State Leader, contacted leaders in several communities in February relative to State Office cooperation in the Home Demonstration Agent's programs.

HOME MANAGEMENT & HOUSE FURNISHING: No close follow-up was given Home Accounts as it was felt the previous year should have established the real value of the project with the women. However, Agent and Miss Thelma Huber, Home Management Specialist, while conducting refinishing of furniture projects, during January and March, assisted several ladies to start their project. The Bureau of Home Economics books were ordered by the women.

At least eleven pieces of furniture were completely over-hauled and re-finished. These projects involved tieing of springs, re-pading, covering, wood refinishing and slip covers. One set of three pieces at St. Johns looked like new at a small cost. The women have done considerable work on their own since.

In addition to the reupholstery and slip cover projects, Miss Bertha J. Virmond, H.D.A. of Cochise County, presented in September, three all day demonstrations on Rug Making. This was a project long expected and fully appreciate, however, the women feel they need more help. Miss Virmond also gave to the groups a most interesting lecture on her trip to Europe and the Rural Womens Conference in London. The women enjoyed her illustrative material very much.

> Mrs. Idabell Pace Apache County, 1939

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YARD IMPROVEMENT: Mr. Harvey F. Tate cooperated with the Agent and D. W. Rogers, Agricultural Agent, in presenting illustrated lectures on yard beautification in St. Johns to 41 women and at Round Valley High School xx to 26 men and women from Eagar and Springerville. Selection of plants and shrubs for the particular area was stressed also suggestions for care of plants was given. Mr. Tate further cooperated by sending to Agent formula for plant pest control which were distributed on request. Flower gardens at Eagar were indeed beautiful this summer. The extreme drought at St. Johns seriously effected both flower and vegetable gardens.

FOODS & NUTRITION: A series of four Foods and Nutrition demonstrations were given in each of the four active clubs; the Agent carrying the first and fourth and Miss Jean M. Stewart, specialist in Nutrition directing the second and third as follows:

1-Whats New in Vegetable Cookery-Vegetable Cookery Methods emphasized.

2-Making Health Attractive; Whole Grain Cereals 3-Meats, Meat Structure, Meat Extenders and Meat Substitutes.

4-Preserving the Characteristics of Youth with Uses of Sour Milk in the Diet.

In each demonstration typical aishes were prepared and served the women participating. Mimeographed subject matter, bulletins and recipes, were provided by Miss Stewart from the State Office. These have been much used and continue to bring comments from women in every group.

FOOD PRESERVATION: In addition to carrying the food selection and preparation program, food preservation discussions were carried at half day meetings in May and June at which time pressure cooker gauges were tested. A manometer prepared at the University was used and a total of 91 gauges in the County tested during the two visits made by Miss Stewart. More than 100 Canning Bulletins, Extension Circular No. 94 were distributed. Miss Pearl Pace, Home Management Supervisor in the F.S.A. cooperated by bringing to the centers, gauges of cookers owned and operated by F.S.A. Clients. This service has been keenly appreciated and I think contributed materially to sponsering more and safer canning and to waylay existing fears as to operation. Instruction as to care of the equipment was given; in fact, the women were requested to clean the steam vent, ball bearings, etc, while at the meeting.

One meat canning demonstration was held at the Hugh Jamison Ranch forty-two miles northeast of Holbrook. Mr. S. W. Armstrong, Gila County Agricultural Agent and wife assisted Miss Stewart and Agent with the demonstration. Seventeen adults attended chiefly ranchmen of the area. Seventy-eight cans of roast, hemburger, steak and soup were canned from three quarters of a beef.

> Mrs. Isabell Pace Apache County, 1939

Summary of Home Demonstration Activities in Apache County continued--

HOME HEALTH & SANITATION: Home Care of the Sick was presented in each of the foblowing groups: Springerville, Eagar, Nutrioso end Alpine. Mrs. Pearl Tenney, a trained nurse, assisted with the discussion. Agent presented several devices which could be easily made or used to add to the comfort of the patient and assist the home nurse. The second planned demonstration was given over to the County nurse who came into service about this time.

<u>CLOTHING:</u> Miss Lorene Dryden, Clothing Specialist, directed a series of two demonstrations on the WelllDressed Woman. The first dealt with Selection of Styles for the individual figure; the second, Selection of Color, Texture, and Fabric Design in Clothing for the Well Dressed Woman. It is planned we should have Miss Dryden early next year for fitting and fabric study.

4H Clubs: 4H Club work was carried in five communities and was limited to Clothing projects. Individual club membership was small and second year.

First and second year baking clubs got off to a good start at Springerville, but because of a second change of leadership in the first month and inability of the girls or Agent to get another leader, club work was dropped.

Thirty-seven girls enrolled for Clothing; thirty-six completed.

One leader and seven girls attended the 4H Round-up. Lois Peterson and LaMel Farr of St. Johns took second place in the Junior Judging; the demonstration team from Eagar failed to place. The experience was worthwhile and all enjoyed Round-up activities.

PROGRAM FOR 1940: The 1940 Program is only tentatively planned as indicated on accompanying table. Clothing, Handicraft, Nutrition, Food Preservation and Home Furnishings are represented as to subject matter.

Agent appreciates sincerely the subject matter bulletins provided by specialists. Three communities of the County have requested 4H Clubs in connection with public school set-ups--organizations not yet affected, however. Intensive 4H work will be sponsored as a Summer Program.

> Mrs. Isabell Pace Apache County, 1939

Projects	Home Furnishings	Home Health and Sanitation	4H Club Clothing	4H Club Bekîng
No. of Groups Plenned	5	4	9	Q2
Location	.St. Johns .Eagar .Nutrioso	. Eagar Nutrioso Alpine Springerville	St. Johns Flenty Vernon Springerville Nutrioso Eagar	Springerville 'St. Johns
No. of Groups Achieved	2	4	2	r Norte
Location	r Same as Planned	. Same as Planned	St. Joins Plenty Vernon Nutrioso Fagar	
No. Enrolled	• 48	46	37	* * *
No. Completing	, 16 pieces finished		36	~ ~ ~
Goels	nditi y & with oblem	conditions-Better care of ' it 'patients and greater' g'efficiency for ' cery & 'nurse' froblems' problems'	r 100% completion	Better know- ledge of food preparation & values

TABLE SHOWING PROGRAM AS FLANNED & ACHLEVED APACHE COUNTY 1939 (continued)

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Mrs. Isabell Pace Apache County, 1939

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Projects	' Program	, Beautification, Foods & Nu , of Home , Selection , Grounds , Of Foods		trit. Food Preserva. & Prep.tion & Pressurg , Gauge Testing	Clothing
No. of Groups Plenned	<pre>'11 attended 'at Alpine from' '4 communities'</pre>	4	a	• • •	4
Location	'Alpine 'St. Johns 'Eagar 'Springerville 'Nutrioso(ex)	'Alpine 'St. Johns 'Eagar 'Springerville	St. Johns Eagar Nutrioso Alpine Springerville	St. Johns Eagar Nutrioso Alpine Vernon & Vic.	St. Johns Alpine Eagar Nutrioso
No. of Groups Achieved	4	23	4	÷ + ي	23
Location	*Esgar *St. Johns *Alpine *Nutrioso	'Et. Johns 'Eagar & 'Springerville 'Combined	St. Johns Nutrioso Alpine Tagar	Same as Planned	Et. Johns Alpine Nutrioso
No. Enrolled		• 67	148	r 148	148
Goals	A お の の の の の の の の の の の の の の の の	yards suite is & is &	tter plennin -More attra serving- tter food velue; enconsumptio importentfoo ve time, ene; food values er methoos at Canning& acid veg.giv	Encours affer, bet ap, care better tion of tion of tion of to women record record	tter, tter, od.by ofequip.of fig. as to methods.type,line & distripu-style. foods 2. Color & te year besign; its rel ssure to the ind. cested as related to romised the Woman ior lyp. Woman
				Mrs. Isabell Pa Apache County,	Pace 7, Ariz.,1939

TABLE SHOWING PROGRAM AS PLANNED & ACHIEVED APACHE COUNTY 1939

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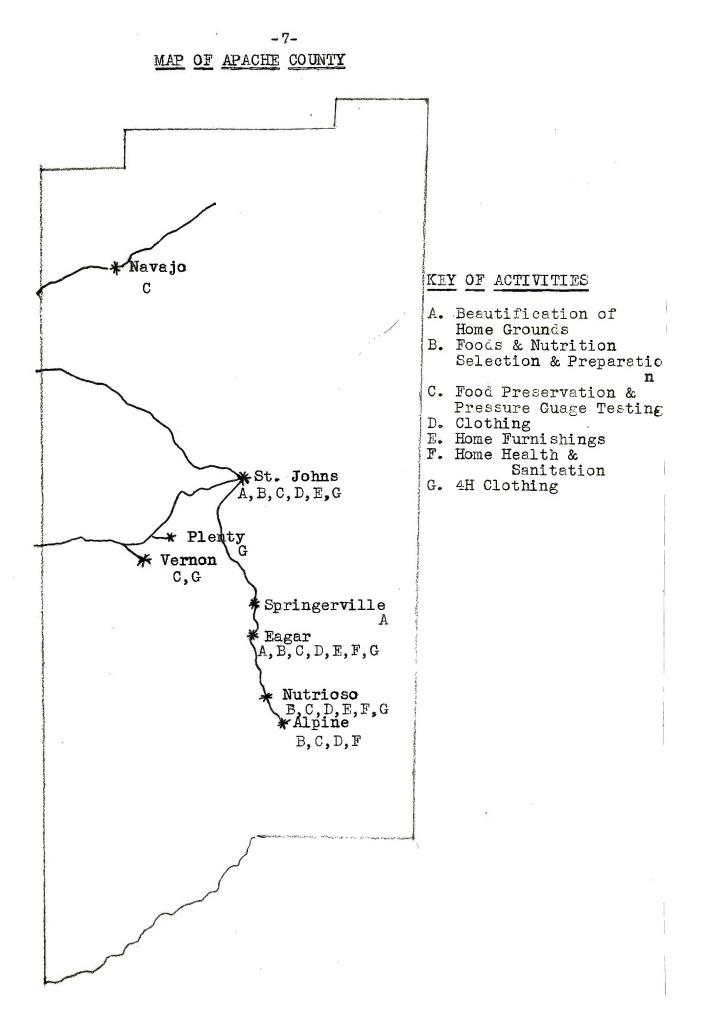
#### TAELE SHOWING ADULT LEADERSHIP BY COMMUNITIES FOR 1939

Community	President	Vice-President	Secretary
St. Johns	'Josephine ' Patterson	'lst.Amy Thurber '2nd.Bertha Viait	
Fegar	'Leila Turley	'l-Lulu U.Rogers '2-Phoebe Hale	' <u>Mrs. Bille Ash</u> croft
Nutrioso	Delora Simpson	Laura Slade	Vera Sharp
Alpine	'Pearl Tenney	' Ive Judà	'Eliza Jepson

TABLE SHOWING 4H CLUB LEADERSHIPBY COMMUNITIES FOR 1939

Community	Leader	' Kind of Club
St. Johns	'Stella J. Peterson 'Clare Tanner	'3rd year Clothing '1st & 2nd year Clothing
Eeger	'Glenda Wiltbank 'Pearl S. Nelson	'lst year Clothing 'lst year Clothing
Nutrioso	'Mae Thompson	'2nd & '3rd year Clothing
Vernon	'Fern Phipps 'Luella B. Webb	'lst year Clothing 'lst year Clothing
Plenty	' 'Mittie Hill	'lst year Clothing

Mrs. Isabell Pace Apache County, 1939



	Gorals	Unified	weit prannea			Assist rural women	to prepare simple	nseint Stirs			Achievenent Day	assistance; Better Dressed	Women								Achi	Day	Wise use of scraps	& worn materials			
TENTATIVE PLAN OF HOME DEMONSTRATION WORK FOR 1940 BY PROJECTS & COMMUNITIES APACHE COUNTY	Methođ		or z or more representatives "			Demonstrate methods'	k supply patterns & to prepare	A TORJOSTITT	materials '	Supply demonstration		'specialist assistant		followup		•	*	•	•	-	Illustrative material	Turnish designs and	_	of construction			
VE PLAN OF HOME R 1940 BY PROJEC APACHE CO	No. of '	65	0r 1 8	Jen. 15+'	30 +	E	or each				- 20	for each	April ' 12 '	÷	-	6- 0-	6-	6= 6=			۲ ۲		July ' for '	r each	10		
TENTATI FO	I.ocation	tion & St. Johns 1	approver of "Eager" Program "Nutrioso"	'Alpine'	'Springerville'	'Alpine''	raft 'Eagar	DEDTIONT.	Needle Art 'Vernon'		s 'St. Johns '	ng the 'Eagar	lressNutrioso		Home Const.	2.Materials	e.fabric study'	0.legislation *	c.household '	linens '		t. Johns 1	•	'Nutrioso'	Alpine	'Vernon'	

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Mrs. Isabell Pace Home Demonstration Agent Apeche County, 1939

TENTATIVE PLAN OF HOME DEMONSTRATION WORK FOR 1940 BY PROJECTS & COMMUNITIES APACHE COUNTY (Continued)

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r Goals Theach women how			' 'Better quality of	d canned products		2. Safer methods				1. Better knowledge	fof food values either	'as purchased or	'grown	'2. Better diets for less	money.	High % of completions	'GOOD ACDI EVEMENTS	'Representation &	articipation	ាជិន	- 1	0
1 1 Method 1 Demonstrate	"cleaning & adjust-"to care for "ment of machine "ment		' Snecialists	'assistance in field canned products	"End subject matter"			•			*	4	Same	- •	-	Provide:	a.uutines *h.illustrative	helps	'c.patterns	<sup>1</sup> 2. Demonstratemetho	S.Train judging & ' demonstration tooms	
'No. of 'Demons.	'l for 'each	0		•	•	• •	J for	Ø		- 12		•	-		-		teoni red	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	<b>6</b> 11	ð=		
Time	June		0- ga		•	August	'october'	•	•	•	-	•			-	1 Time to		' September	• ,	•		
Location	3 <b>•</b> • •		Preserv'	laking		St. Johns	on 'Nutrioso	0H	•	-	grow'	olen'	eat		ractices	'Plenty	Meel Planning'Vernon	'Springerville	Tagar	Nutrioso St forec		Å
Project Alothing	Machine	- 1	Foods Pre	1.Jelly Waking	2.Non-eci	3.Meets &	Check-up on	Cenning r	OL	Foods	1.How we	2.Let's plan	what we e	5. Good food	AN ALLE DEACTCOS	Beking	Meel Plan	Clothing				

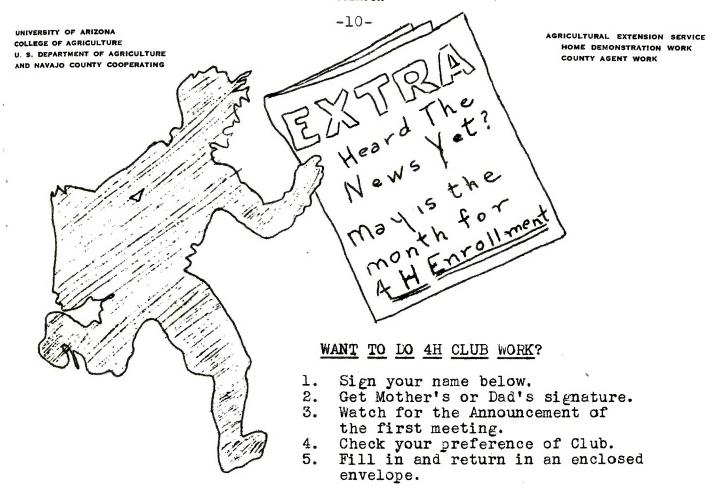
Mrs. Isabell Pace Apache County, 1939

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#### COOPERATIVE EXTENSION WORK

#### IN AGRICULTURE AND HOME ECONOMICS STATE OF ARIZONA

HOLBROOK



Your Name	
Parent's Neme	
Kind of Club	Check One (x)
Clothing	
Baking	
Canning	
Meal Planning	

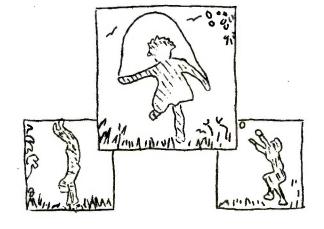
Yours, "To Make The BEST BETTER" Isabell Pace

Mrs. Isabell Pace Home Demonstration Agent

#### -11-COOPERATIVE EXTENSION WORK IN AGRICULTURE AND HOME ECONOMICS STATE OF ARIZONA

HOLBROOK

UNIVERSITY OF ARIZONA COLLEGE OF AGRICULTURE U. S. DEPARTMENT OF AGRICULTURE AND NAVAJO COUNTY COOPERATING AGRICULTURAL EXTENSION SERVICE Home demonstration work county agent work



#### MAKING HEALTH ATTRACTIVE

The Selection and Use of Whole Grain Cereals is the Nutrition Demonstration Jean M. Stewart, Specialist in Nutrition, will present:

St. Johns, 2 P.M. Tuesday, May 9th, Relief Society Hall

Nutrioso and Alpine combined 1:30 P. M. Wednesday, May 10th at Ivy Juda's Home, Alpine

Eager--1:30 P.M, Thursday, May 11 at Geneva Wiltbank's home.

Those who bring in pressure cooker gauges may have them tested if brought to meeting place by 10:30 of the days designated above.

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Mrs. Isabell Pace Home Demonstration Agent

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#### COOPERATIVE EXTENSION WORK

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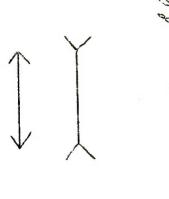
AGRICULTURE AND HOME ECONOMICS

STATE OF ARIZONA

HOLBROOK

UNIVERSITY OF ARIZONA College of Agriculture U. S. Department of Agriculture Apache and Navajo Counties Cooperating.





AGRICULTURAL EXTENSION SERVICE Home demonstration work County Agent work



EVERY WOMAN WISHES TO BE WELL DRESSED

Here is our chance to learn the principles which will help us attain our desire. Miss Lorene Drygen, Extension Clothing Specialist, cooperating with your County Home Demonstration Agent, Snowflake Stake Relief Societies, and Home Makers Clubs will carry out the following demonstrations in Apeche and Navajo Counties.

Holbrook 1:30 P.M. Monday, Oct. 25 L.D.S. Church St. Johns 1:30 P.M. Tuesday, Oct. 24 L.D.S. Church Alpine )et Alpine 1:30 P.M. Wednesday, Oct. 25 L.D.S.Church

Eager 1:30 P.M. Thursday, Oct. 26 L.D.S. Church

Snowflake 1:30 P.M. Tuesday, Oct. 31 L.D.S. Church

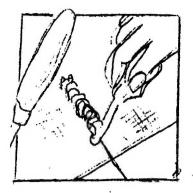
Showlow 1:30 P.M. Wednesday, Nov. 1 Relief Society Hall

This is Miss Dryden's first trip into our Counties. LET'S GIVE HER A GOOD RECEPTION.

Very truly yours,

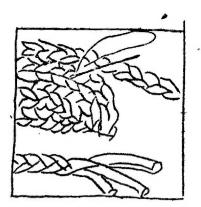
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Mrs. Isabell Pace Home Demonstration Agent



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#### ATTENTION HOMEMAKERS!!



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At Lest Our Opportunity Is Here Let's Get Together And Hook Up The Scrap Bag

The following all day meetings are scheduled for Navaja and Apache Counties the week of September 18 to 23, inclusive; a pot luck luncheon suggested.

#### Meetings begin 9:30 A.M. to 4:00 P.M.

#### Town

#### Place

Joseph City Relief Society Hall Monaay, 18th. Relief Society Hall St. Johns Tuesday, 19th. Weanesasy, 20th. Thursday, 21st. Alpine & Nutrioso Alpine Church House L.D.S. Church Eager L.D.S. Church Relief Society Hall Snowfleke Friday, 22nd. Lakeside Saturday, 23rd.

Miss Berthe J. Virmond, Home Demonstration Agent, of Cochise County will conduct the rug making demonstration and entertain us with an illustrated account of her European trip this Summer. You can't afford to miss this treat!

#### WHAT TO DO

- Bring eny rugs or interesting rug suggestions you may have.
- 2. Bring regs for work, any hooks or other equipment you have.
- 3. Bring scissors, thimbles, needles; otherwise, come to do things.
- 4. Bring your lunch and plan to meet your friends and spend a pleasant day.

Heber ) Winslow ) Holbrook) Invited to join with Joseph City Woodruff)

Vernon Invited to join with St. Johns

Linden ) Clay Springs) Pinedale ) Teylor ) Shumway )

Invited to join with Snowflake

Pinetop Showlow Ft. Apache McNary White River

Invited to join with Lakeside

Mark that celender!

Sincerely, Pace

Mrs. Isabell Pace Home Demonstration Agent

UNIVERSITY OF ARIZONA Tucson COLLEGE OF AGRICULTURE AGRICULTURAL EXTENSION SERVICE

COOPERATIVE EXTENSION WORK IN AGRICULTU U. S. DEPARTMENT OF AGRICULTURE AND STATE LAND-G	
Dear Home Maker:	
Please attend th Scheduling meeting a Consumer Protection be held:	nd, also, the
<u>Time</u> :	
Doctor Place:	
FAMILY FAMILY FINANCES FINANCES Mrs.	rely, GHL Pace Isabell Pace Demonstration Agent

COOPERATIVE EXTENSION WORK IN AGRICULTURE AND HOME ECONOMICS U. S. DEPARTMENT OF AGRICULTURE AND STATE LAND-GRANT COLLEGES COOPERATING
DON'T MISS THE HOME MAKERS LEMONSTRATION!
"Selection of Color, Texture, and Fabric Design in Clothing for the Well Dressed Woman." by Miss Lorene Dryden Clothing Specialist
PLACE
TIME
Come and bring your neighbors.
Eincerely, Lo abell Pace Mrs. Isabell Pace Home Lemonstration Agent

# 4.H Club Presentation Over KTAR

4-H Club members in Arizona will have the opportnity to listen to the story of 4-H Club work and the National 4-H Club Camp during two radio programs to be broadcast over Station KTAR, Phoenix, on Monday, June 19, between 9:30 and 10:15 a. m. and on June 21, between 9:45 and 10:05 a. m., according to in. formation received by the Agricultural Extension Service of the University of Arizona.

The first program will include the welcoming address to the delegates attending the National Club Camp; the discussion of "Bread, Beauty, and Brains Essential for Satisfactory Farm Living" will be given by six 4-H delegates representing six states; and four 4-H club members will tell about their visit to Washington and their experiences at the Club Camp. Music will be furished by the U.S. Marine Band.

The second program, on Wednesday, June 21, will include interviews with two extension leaders and two club members on the subject, "The Past as a Guide for the Future."

Club members are urged to tune in on these programs.



Hurray! 4-H Sewing Club has finally commenced. July 26, was our first club meeting. We elected the following officers:

Coleen Patterson-President. Ruth Patterson -- Vice President. Lois Peterson-Secretary. Nadine Brown-Song Leader.

Peggy Heap-Yell Leader. LaMel Farr-Reporter.

After selection of officers we

sewed for the remainder of the time.

We hope to get our work done in record time this year.

Following are the club members in their respective groups. FIRST YEAR—Francis

Udall Nadine Brown, Ailean Waite. SECOND YEAR-Coleen Patter.

son, Ruth Patterson, Peggy Heap. THIRD YEAR-Lois Peterson, LaMel Farr.

> LAMEL FARR. Reporter.

# To Sept. 2

4-H Club boys and girls will as miscellaneous demonstrations. semble at the University of Arizona | A very colorful part of the Roundmorning, September 2.

During their stay at the Roundup thee young folks will be housed in honors. the University dormitores and meals characterized by activity from the the girls in the Revue will be devaried contests and demonstrations scribed as to cost and construction. in which this group o frural youth will participate

girls judging will include competition nition. in baking, canning, clothing and the boys and girls wil lbe divided into a junior and senior group on for the following year. the basis of their ages, with their fiftenth birthday as the dividing ling. County judging teins are now being trained under the direction of the county agricultural agents

State 4-H Club that the state contest will climax and home demonstration agents, so their training and club work. Then they will be ready to start a new Roundup Aug. 30 they will be ready to start a new year of club work early in September The demonstration team contest will also be divided into junior and senior divisions and will include cometition in clothing and home im. provement, baking and canning, Some 275 or 300 of the outstanding health. crops. livestock, dairy and

for their 26th Annual 4.H Roundup, un will be the Dress Revue. The according to Emil Rovey, Boys' and girls entered in the Senior Dress Girls' Club Specialist. This large Revue will be fifth year garment group of winners coming from almost making club members so their entry every part of Arizona will arrive on will represent the finest and most the University campu at Tucson advanced work of this kind among Wednesday afternoon, August 30, 4-H Club girls. The winner of the and will remain until Saturday Senior Dress Revus will be awarded. a trip to the Mational Club Congress Chicago to compete for national

the man Toyne will be will be served from the cafeteria filled with entries from the junior on the campus. The program will division of those girls in the first be sponsored by the Agricultural to fourth ears of clothing clubs. All Extenson Service and will be of the dresses made and modeled by

The 4-H Club Roundup will be climaxed by the annual banquet pro-Competition between county teams gram on Friday evening, September will be keen in both the girls and 2. At this program the winner in the boys' judging contests. The each of the contests will be awarded boys will judge dairy and general their respective ribbons. The boys livestock at the University Farm and girls winning the trips to the where some very fine stock will be National Club Congress in Chicago used in each of the classes. The will also be named and given recog-

The aspeciation and contests of meal preparation contest, which will this Roundup will serve as a stimulus be conducted in the School of Homo for both the club membrs and Economics. Competition for both munities and build better club work leaders to return to their own com-

Specialist Here the principles which will help us attain our desire. Miss Lorene Clothing Specialist, cooperating TION. with your County Home Demonstration Agent, Snowflake Stake Relief Societies, and Home Mak ers Clubs will carry out the following demonstrations in Apache and Navajo Counties. Holbrook—1:30 P. M. Mon-day, Oct. 23, L. D. S. church. St. Johns-1:30 P. M. Tuesday, Oct. 24, L. D. S. church. Alpine & Nutrioso-at Alpine 1:30 P. M. Wednesday, Oct. 25

Ladies Clothing

L. D. S. church.

Eagar-1:30 P. M. Thursday, Oct. 26, L. D. S. church. Snowflake—1:30 P. M. Tues-day, Oct. 31, L. D. S. Church. Here is our chance to learn day, Nov. 1, Relief Society Hall. This is Miss Dryden's first our desire. Miss trip into our Counties. LET'S Dryden, Extension GIVE HER A GOOD RECEP-

ISABELL PACE.