

ANNUAL NARRATIVE REPORT

NAVAJO COUNTY
ARIZONA

MARCH 28, 1950

to

NOVEMBER 30, 1950

By

Lida E. Logan
Home Demonstration Agent

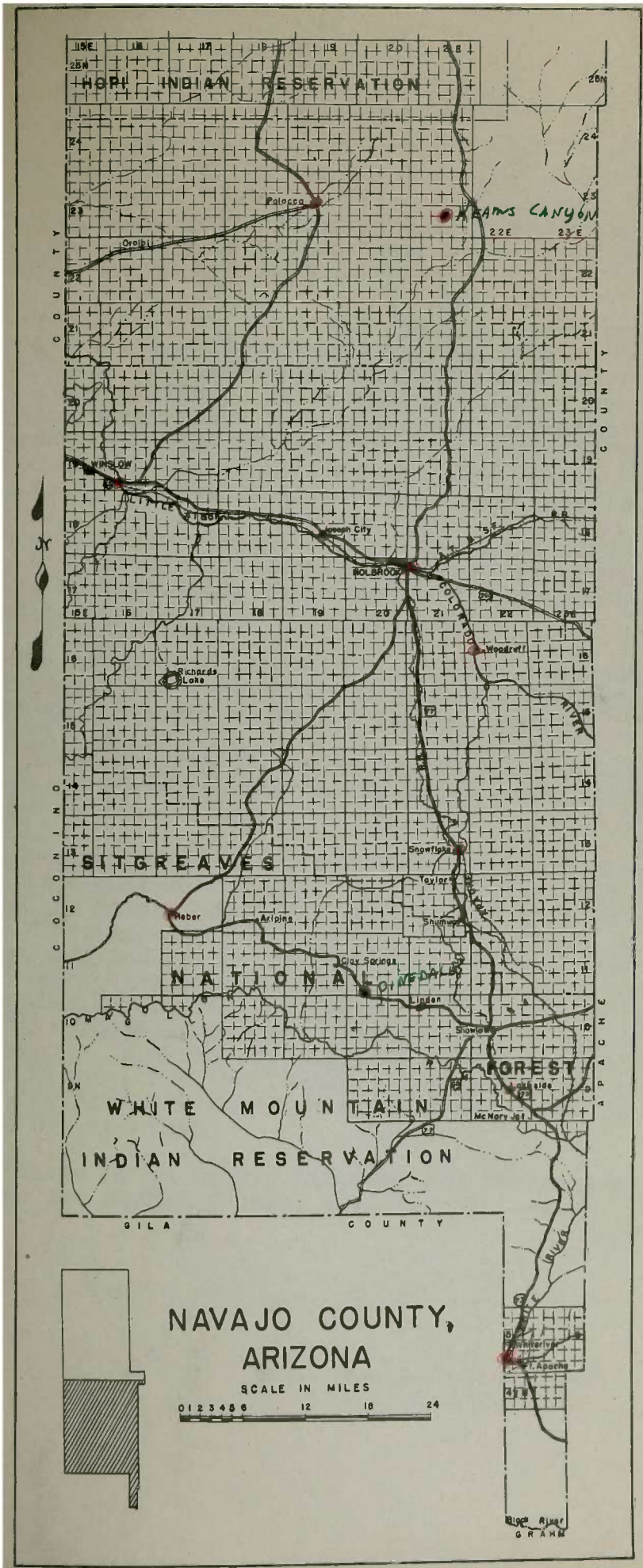
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Home
Demonstration Work

Mileage from Hol-
brook:

Joseph City	10
Woodruff	12
Snowflake	29
Linden	55
Pinedale	48
Whiteriver	87
Keams Canyon	75
Polacca	85
Hotevilla	100
Cibecue	85
East Fork Mission	91

Above places
contacted in 4-H
Club work

Adult Work

Holbrook	
Winslow	32
Snowflake	29
Heber	50
Pinedale	48
Lakeside	59
Whiteriver	87

DESCRIPTION OF COUNTY

Navajo County, in the Northeastern part of Arizona, is approximately 300 miles long and about 60 miles wide. It ranges in altitude from 5,000 to 7,000 feet. About 60% of the County is Indian Reservation territory for the Hopi, Navajo and Apache tribes.

Agriculture is the basic industry, with cattle and sheep the chief agriculture products. About 5% of the County is in irrigated and dry-land farms, representing about 430 families. It is with the latter group that the major part of the Extension Home Economics program is conducted. The income from cattle was affected to some extent by the summer drought, but prices are good, so there is money available for home improvements. This increased prosperity of the farm group is due, in part, to a gradual return of sub-marginal dry-farm land to range land, and more land under irrigation. Also, more jobs are available outside the farm--in tourist trade and construction work.

The non-Indian population is chiefly Mormon, with Spanish-American groups in Holbrook and Winslow, and other groups in these two towns and in Show Low.

Holbrook, the County Seat, and Winslow are shopping centers, but several stores have been built recently in Show Low.

Health facilities are limited, but are improving. There is a full-time Public Health Officer, but no Public Health Nurse. Winslow and Holbrook have School Nurses. There are ten doctors and two hospitals in the County, not including the three Indian hospitals at Whiteriver, Winslow and Keams Canyon, and the doctors on the Indian Reservations. Immunizations are optional except in epidemics, but are generally given yearly to school children. There are eight milk pasteurization plants in the County, but the family cow is still the chief source of the milk supply and cases of Brucellosis are reported now and then.

There is no County Library, and recreational programs, outside the Mormon Church, are very limited.

Lida E. Logan
Home Demonstration Agent
Navajo County, 1950

GENERAL ACTIVITIES:

Days given to work in Navajo County.....	169.5
Days given to work with adults	91
Days given to work with 4-H Clubs	78.5
Days in office	118.25
Days in field	51.25
Home visits made	110
Different homes visited	92
Office calls	167
Telephone calls	92
Individual letters written	390
Circular letters prepared	14
Circular letters mailed	278
News articles published	22
Bulletins distributed	819
Adult method demonstrations	11
Attendance	205
Adult Leader Training meetings	1
Attendance	8
4-H Leader Training meetings	2
Attendance	19
4-H Method Demonstrations	8
Attendance	131
4-H Achievement Days	6
Attendance	197
Other meetings of an Extension nature, Adult.....	11
Attendance	111
Other meetings of an Extension nature, 4-H.....	6
Attendance	208
Meetings by 4-H Leaders, not attended by HDA.....	104
Attendance	1200
Farm homes making changes, result of HDA work.....	172
Farm homes reached for first time	10
Number of 4-H Clubs	11
Number of girls enrolled	136
Number of girls completing	44

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SPECIAL ACTIVITIES:

Number of groups carrying HDA work	11
Membership	200
Families assisted with:	
Improving home furnishings.....	102
Food preservation problems	119
Meal planning and food preparation	43
Clothing construction problems	133
Clothing care problems	133
Family and community recreation	48

Lida E. Logan
Home Demonstration Agent
Navajo County, 1950

COUNTY OUTLOOK FOR 1951

Since agriculture is the basic industry in the County, and the income from this industry during 1950 was fair, there will be money available for home improvements.

In the irrigated areas, most families produce much of their food supply. The trend in food preservation is toward freezing.

With freezer locker plants in Holbrook, Snowflake, Joseph City and Show Low, the sale of home freezers in the County was only about twelve. There will probably be an increased use of frozen foods, and of frozen food lockers rather than home freezers.

An increasing number of people are expressing interest in learning more about nutrition, so work in this area should be effective.

Lida E. Logan
Home Demonstration Agent
Navajo County, 1950

EXTENSION ORGANIZATION AND PLANNING:

Adult Work:

Program Planning:

Miss Jean M. Stewart, State Leader in Home Demonstration Work, was in the County on July 21 and 22, and helped the Agent with plans for the County Fair and the Home Demonstration Agent's program planning day.

On August 30, in Holbrook, a program planning meeting was held by Miss Stewart and this Agent. The program consisted of speakers during the morning session, who emphasized problems which were discussed in the afternoon session. At noon, a luncheon was served at the Motaurant to eighteen women.

At the afternoon session, attended by eighteen women from six communities, homemaking problems were presented and discussed. Miss Stewart assisted the Agent in the office on August 28 and 31 in preparing the program for next year. See pages 1, 2 and 3 of the Appendix.

Home Furnishings:

Preliminary upholstering classes were held during April in Snowflake and Holbrook. These classes covered the supplies needed and the time required for the different phases of work in the upholstering workshop to be held in May.

Miss Grace Ryan, Home Management Specialist, spent the week of May 8-13 in Navajo County. On Monday and Saturday the Specialist instructed the Agent in re-upholstering furniture. On May 9 and 10 a workshop on re-upholstering furniture was held in the Snowflake L.D.S. Church for general instruction, with an attendance of 45, and with 12 receiving personal help. The Agent returned to Snowflake on May 15 to help the women finish the work on their chairs.

A workshop on re-upholstering furniture was held in the Holbrook L.D.S. Church on May 11 and 12. The attendance was low, due no doubt, to the ready availability of semi-professional upholsterers.

The long range goal in teaching re-upholstering furniture is for the women to recognize what constitutes good furniture from the standpoint of beauty, comfort and durability. The immediate aims were to teach inner repair and covering of upholstered chairs.

About three-fourths of the women reported having utilized the information themselves or in helping someone else.

In July work was given in the County on refinishing furniture. The requests for this work arose out of the upholstering work given in May. Demonstrations on furniture care and refinishing were given by Miss Ryan in Snowflake and Lakeside. Publicity was done by circular letter to the LDS Relief Society mailing list, and by public announcement there and in Lakeside. See letter on page 4 of the Appendix.

The objectives of the demonstration were to show:

1. How to give annual care to furniture
2. The types of finishes best adapted to the many kinds of wood of which furniture is made
3. How to remove the old finish and apply the new one.

Since standard and modern finishes, to be fully covered, each require a full day of demonstration, the audience was given a choice of one or the other finish to study. Both groups were given a complete demonstration on standard finishes. The Snowflake group had an attendance of 46, and the Lakeside group, 16. Many of them had special problems in furniture refinishing.

Mrs. Gerda Flake, of Snowflake, requested advice about drapery selection and construction. Miss Ryan and the Agent helped her with this, and the Agent gave further help at a later date.

Leader Training meetings for November on "Color in the Home" were requested at the County program planning day. The Agent met with Miss Grace Ryan, Home Management Specialist, in Tucson on October 23 and 24, to receive instruction and demonstration materials for this work. Publicity for the meeting consisted of a circular letter, followed by a post-card reminder, sent to all representatives present at the planning meeting, to Relief Society Presidents and to 4-H Club Leaders having completions.

The meeting was held in Snowflake, with representatives from that town, from Lakeside and from Whiteriver. The Leaders from Heber arrived at the end of the meeting. The Winslow Leaders were unable to attend, but requested bulletins and other teaching materials.

This work was also given at a meeting of the Holbrook Woman's Club.

The long-range goal in teaching this work is to make the appearance of the home worthy of its high purpose, to provide a place for the promotion of the spiritual, intel-

lectual and physical growth of the family. The immediate aims were to teach the art principles underlying the selection of color schemes for the home. This was done by giving:

1. The source of color
2. A brief treatment of the history of color
3. The Color vocabulary - hue, value, tint, shade, tone, warm and cool colors
4. Color wheel, based on the pigment theory
5. Accepted color scheme
 - Related - one family, neighborly
 - Contrasting - complement, split complement triad, double triad
6. Sources of ideas for color schemes

The women of the County were very much interested in this work. The Leaders with whom the Agent has talked report very successful meetings. Many individual requests for assistance were received. The work was given too late in the year for a report on its effectiveness to be available.

Food Preservation:

The Agent attended a food preservation school in Tucson on May 23, 24 and 25. Requests have been received from this County for better methods of drying fruits and vegetables, and for demonstrations on preparing foods for the freezer. Plans are being made to give this work in July and August.

A demonstration on preparation of food for freezing was given in Lakeside on August 8 by the Agent, with J. D. Gardner, the REA Cooperative Electrical Advisor, present to answer questions about the cost of operating home freezers. Publicity for the meeting was carried out through circular letters to the Lakeside mailing list, and by announcements at Church meetings. Eighteen women from Lakeside and Pinetop attended.

The objectives of the demonstration were to:

1. Show how meats, fruits and vegetables should be selected and prepared for freezing
2. Show good packaging materials for different purposes
3. Show good wrapping techniques
4. Give an understanding of the different causes of poor quality in frozen products -- off-color, and flavor; freezer burns and spoilage
5. Give information about the storage life of the different foods
6. Answer questions pertaining to freezing

All of the women attending report that they have used some or all of the information received at the meeting. Since the new

power line had just gone through that section of the country, several families had just bought home freezers and waited to freeze any food until after attending the meeting. The major change in freezing practices was in the use of better packaging materials---plastic cartons and bags, and particularly in the use of aluminum foil.

The work on drying fruit was not given, since the request came from the Hopi Indians and their fruit crop was almost completely destroyed by a late freeze.

One pressure canner gauge was tested.

Housing:

When in the communities at various times for other Extension work, the Agent surveyed a total of six families on the play space for pre-school children and the storage space for their toys. Most of the people interviewed seemed never to have given any thought to these requirements of their children, so work in this field would probably be successful.

Consumer Education:

The Agent attended a meeting in Tucson on May 27, at which Mrs. Dodridge, UNESCO representative from Washington, D. C., discussed this subject.

FAIRS:

The Agent visited the 4-H Fair in Maricopa County for the period of April 13 to the 15th for the purpose of learning the procedure followed in conducting these fairs.

The Agent judged the Home Economics Exhibits at the Fair held at Whiteriver by the Apache Indian Reservation on September 8.

The Navajo County Fair was held September 14, 15 and 16 at Holbrook. The Agent assisted with this Fair for four days. The handicraft and 4-H Exhibits were good, but the food preservation exhibits were very poor, due to the late freezes this year. Considerable interest was shown in the Fine Arts and Floriculture exhibits. The women from Holbrook, Joseph City and Snowflake cooperated in the work that was done in the Women's and 4-H Divisions of the Fair. Publicity on Score Cards was prepared by the Agent and published in the Home Demonstration Agent's Column in the Holbrook newspaper.

The purpose of the County Agricultural Fair is to present the best products in the field of Agriculture and Home Economics, thereby generally raising the standards of products throughout the County.

EXTENSION ORGANIZATION AND PLANNING:

4-H CLUB WORK:

The Agent helped organize 4-H Clubs in Joseph City, Snowflake, Pinedale, Whiteriver, Linden and Woodruff. Three Clubs had been organized among the Apache Indians, two among the Hopi Indians, and a mixed white and Indian Club at Keams Canyon before the arrival of the Agent in the County.

Leaders' Training Meetings:

The Agent spent the priod May 3-6 in conference and in the field with Mrs. Ellen Kightlinger, Asst. State 4-H Club Leader, in 4-H program planning. A Leaders' Training meeting was held on May 4 in Snowflake. Due to bad weather, only the Whiteriver and Snowflake Leaders were present. As a result of this meeting, the Snowflake Club has reported that, as a community service, they are providing flowers for the Church altar, and are visiting the sick of the neighborhood. There is evidence of better program planning.

Foods:

Since there are only two food preparation clubs in Navajo County, these Leaders were invited to attend the Leaders' Training meeting in St. Johns on June 13. Mrs. Marge Hunt and Mrs. Clara Nikolaus, of Snowflake, were present.

Clothing;

Miss Helen Church, Extension Clothing Specialist, conducted a Leaders' Training meeting in Holbrook on June 22, which was attended by Mrs. Foster and Miss McKnight from Whiteriver; and by Mrs. Marken and Mrs. Sipes from Keams Canyon, who are replacing Mrs. Maxwell and Mrs. Madge Paukens; by Mrs. Elsie Talashoma, the new Leader from Hotevilla; and by Mrs. Hunt and Mrs. Nikolaus from Snowflake.

Several of these Leaders have expressed their appreciation for the training received, and regret that it did not come earlier in the Club year. The Agent believes that Clubs in these communities can be organized much earlier next year, which will lower the number of incompletes due to early dropouts.

Method Demonstrations:

Four clubs were given a demonstration on, and experience in, judging 4-H projects. These clubs were Whiteriver,

Pinedale (the two Clubs in Pinedale combined), Snowflake and Joseph City, these last two meeting together. The Clubs not receiving this training were the Indian Clubs on the Reservations. This work had been scheduled for the Hopi Indian Clubs, but was cancelled, since the Snake Dance was announced for the time set for the meeting. The Indians on the Apache Reservation were reported to be too widely scattered to be reached for this particular training.

The judging had a three-fold purpose. First, to give judging experience; second, to teach higher standards of workmanship; and third, to give the Agent an opportunity to see the quality of the project work being done in the County. In cases where the work was of less than average quality, the club members would have time to correct their mistakes before their local Achievement Day and the County Fair.

Miss Mary Gail Bonsall, Home Demonstration Agent-at-Large, and the Agent worked together on this on August 21, 24 and 25. Previous arrangements had been made with the Leaders to have the clothing club members bring all their project work, and the foods club members bring representative samples of their work. Rings were set up of some of the items; for example, sewing boxes, aprons, seam and hem samples. The club members judged one or two of these rings formally. All other projects were discussed, with the club members leading the discussion as much as possible. The foods clubs judged and discussed biscuits, custards, yeast breads and cakes, as appropriate for their level of project work. Menus were discussed through use of the flannelgraph and food models.

The club members were very much interested in the judging and seemed to learn a great deal. The final results were, of course, seen in County contests held this year.

In all clubs, health and safety problems were restricted to the homes of the individual members. See page 5 of the Appendix.

Camps and Conferences:

The Agent, six club members and two Leaders attended 4-H Round-up at Tucson June 6-10. Two members and one Leader were Hopi Indians, and this was the first time that Hopis had participated in a State 4-H event.

The Agent and three 4-H Leaders attended the Leaders' Conference at Camp Geronimo July 25-29. These Leaders were Mrs. Clara Nikolaus, Snowflake; Mrs. Mary Pickett, Joseph City; and Mrs. Nellie Jackson, Pinedale. All were well

pleased with the information and recreation offered at the Conference.

The 4-H Camp for the Northern Counties was held at the Sky-Y Camp near Prescott, August 12-17, with four Navajo County members (two from Joseph City and two from Snowflake) and the Home Demonstration Agent attending. The Club members all report they enjoyed the Camp very much.

Achievement Days:

Achievement Days were held at Whiteriver on August 24 and at Joseph City on the 26th. An interesting program was given by both groups. The Whiteriver Club gave the skit "Dr.-Fix-It", which appeared in the National 4-H News this year. It is very entertaining, and a perfect build-up for the dress and apron revue which followed. Project work not modeled (sewing boxes, etc.) was exhibited. The entire program was planned and conducted by the Club members. Seventy-five people attended.

The Joseph City group had an attendance of twenty-two. The work was exhibited, and a good recreation program was given. The five girls who enrolled all completed with good quality products.

The Pinedale Club completed four out of seven enrolled members. The project work, particularly that done by the advanced girls, was good. The Leader, Mrs. Nellie Jackson, is doubtful whether she will lead a club again, since she has numerous church and community offices.

The Keams Canyon Club completed six out of eight enrolled members. The project work was of good quality. Mrs. Marken and Mrs. Sipes were both new leaders. The Club had open house after the judging was completed and pins were awarded, and many of the parents, other than those of the club members, came in to see the project work done.

The Achievement Day of the Whiteriver Day School and the Cibecue Indian Club was attended by Miss Florence McKnight, Home Economist, on the Apache Indian Reservation.

County Contests:

Mrs. Kightlinger, Mr. Armer and the Agent held a competition in first year foods judging and demonstration at Polacca on May 5, to select the Round-up delegates. This competition was necessary, since these Indian clubs

had been unable to enter into County-wide competition last fall.

The Navajo County 4-H contests were held in the Recreation Hall of the Snowflake LDS Church on Saturday, October 14, with 21 members and leaders attending. Judging, demonstrations at both Junior and Senior level, and Senior Dress Revue were conducted. Mrs. Marvel B. Smith from Snowflake, and Mrs. Joyce Epperson from Holbrook, both former Home Economics teachers, judged the contests.

County Awards:

Winners of medals in this County were:

Dress Revue: Sylvia Nikolaus
Clothing Achievement Program: Joycelyn Hatch
Food Preparation Program: Carma Smith
4-H Girls' Record: Sonya Hunt

Summary of Club Work:

Twelve clubs carrying Home Economics projects were organized in Navajo County as of May 1. Of this number, only seven completed some of the members enrolled. The greatest number of incompletions occurred among the Indian groups. These clubs seemed to require strong leadership, and constant attention, since the Indian children had considerable difficulty in following written instructions. No strong 4-H Leaders were to be found among the Indians themselves. The usual source of leaders is the teaching staff in the Indian Service schools. These people already have many demands on their time during the school year, and usually are away for long summer vacations. Unless good leaders are found, it is useless to begin 4-H Club work among the Indian groups in this County, for the children lack the initiative to carry on under a leader of mediocre ability.

Three of these clubs--two Hopi Clubs at Hotevilla and Polacca--and the East Fork Mission at Whiteriver, which is an Apache Indian Club, had no completions. The Apache Indian Club at Cibecue completed six out of ten enrolled members, and the Whiteriver Day School completed two out of eleven. This accounts for 62 incompletes out of a total of 146 projects carried in the County. Among those completing, the work was of poor quality, as observed by the Agent.

Of the 4-H Clubs composed of white members alone and the mixed white and Indian groups enrolled in public schools, 43 out of 81 projects were completed. The Linden Club and the

foods project of the Woodruff community club both failed to complete. The project work done in the white and mixed clubs was of good quality.

A Conference was held on November 30 at Whiteriver, with representatives from the County and State Extension offices, the Superintendent of the Indian Agency, and the Extension Agents on the Reservation. Ways to increase the percentage of completions in 4-H were discussed.

Recognition for Leaders:

The Agent called on Mr. W. E. Ferguson, President of the Holbrook Rotary Club, and Mr. Roy Gibbons, Chairman of the Youth Committee of this organization, and suggested that they sponsor a banquet for Navajo County 4-H Leaders and outstanding members. The date was set for December 1. Mr. Kenneth L. McKee, State Leader of 4-H Club work, was invited as the speaker. The Agent believes that providing more recognition for the good Leaders we have now will encourage them to continue as 4-H Leaders.

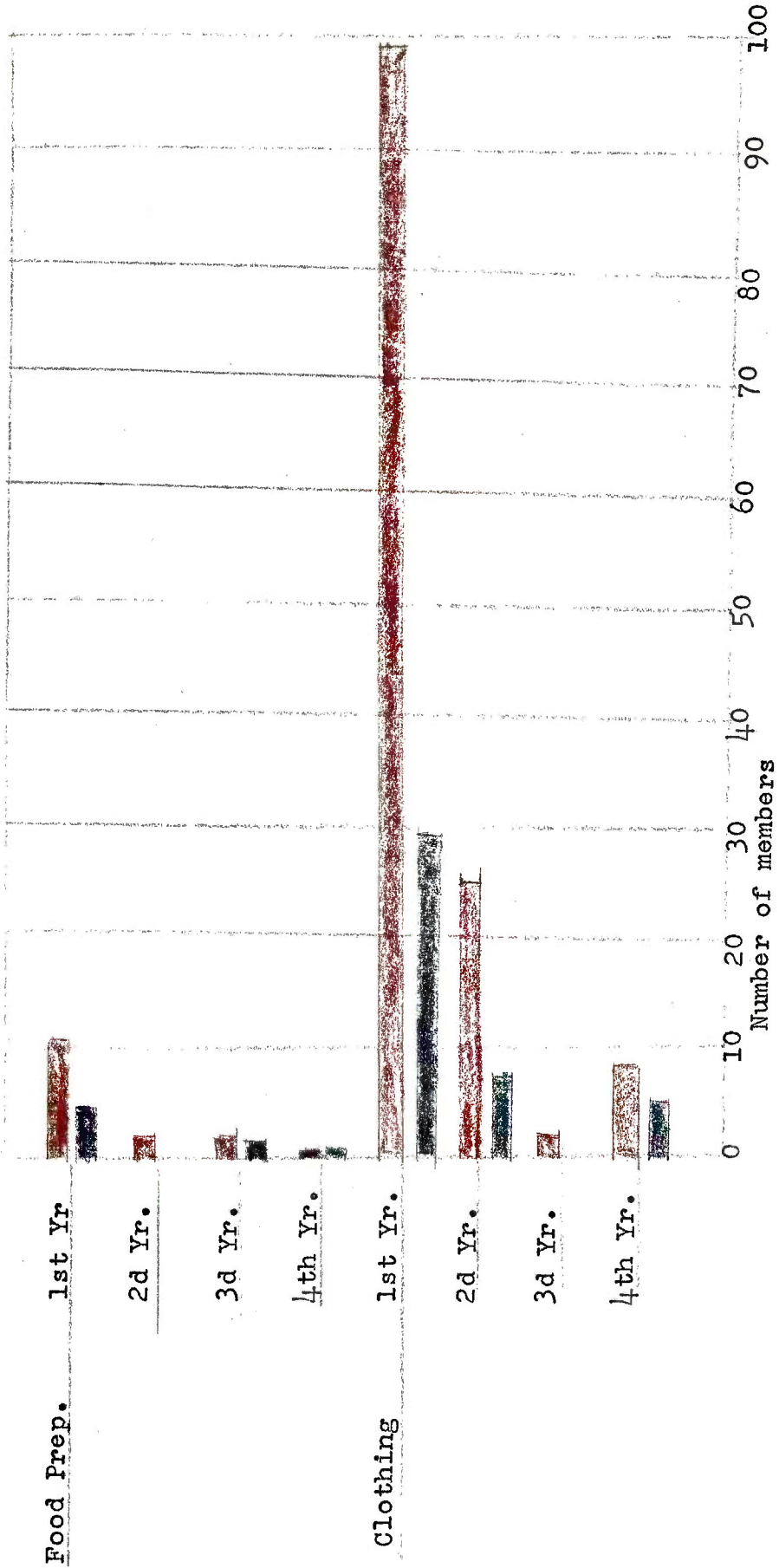
Enrollments:

Enrollments and completions for 4-H Clubs in Navajo County for the past five years, and the project summary for the year 1950, are shown on the following graphs, on pages 15 and 16.

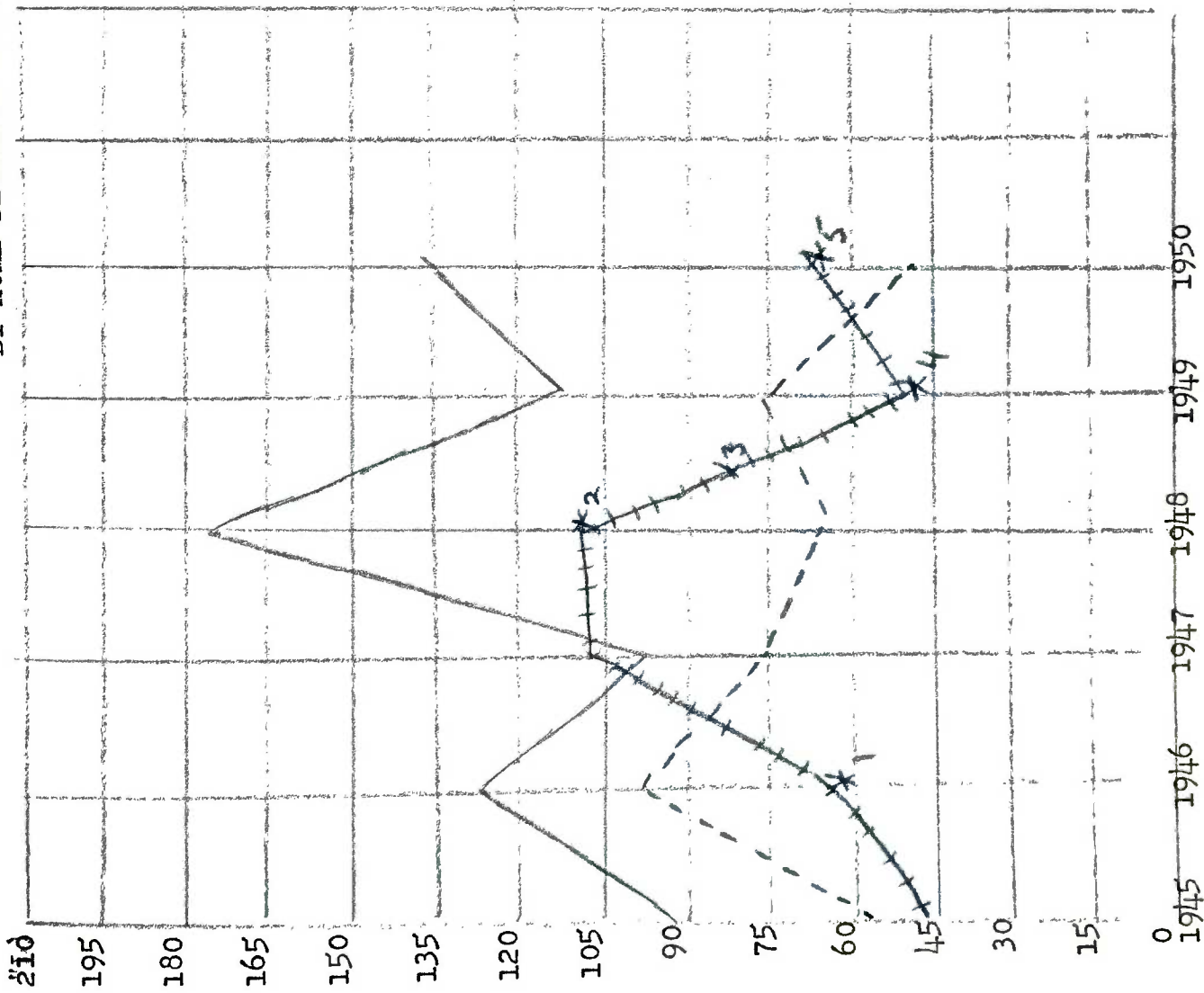
Lida E. Logan
Home Demonstration Agent
Navajo County, 1950

PROJECT SUMMARY FOR 4-H GIRLS CLUB WORK IN NAVAJO COUNTY IN 1950

Enrollments
Completions



NAVAJO COUNTY ENROLLMENTS, COMPLETIONS AND TIME SPENT ON 4-H CLUB
 BY HOME DEMONSTRATION AGENT
 NAVAJO COUNTY ENROLLMENTS, COMPLETIONS AND TIME SPENT ON 4-H CLUB
 BY HOME DEMONSTRATION AGENT



- Girls enrolled in 4-H work
- - - Girls completed in 4-H work
- + + + Days spent on 4-H by H.D.A.

* changes in personnel

1. Cook replaced by Mortensen-1946
2. Mortensen left 1948
3. Twitty temporarily assigned
4. Shoup temporarily assigned
5. Logan assigned

A P P E N D I X

COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS
State of Arizona
Holbrook
September 1950

University of Arizona
College of Agriculture
U.S. Department of Agriculture
and Navajo County Cooperating

Agricultural Extension Service
County Agent Work
Home Demonstration Work

Dear Members of the Program Planning Committee:

The recommendations made by the Program Planning Committee are being sent you. It is from these recommendations that the tentative program has been planned. Please study these carefully and let me know if you have any further suggestions.

During the morning session Governor Dan E. Garvey spoke on civilian defense. He explained that there are three points of entry for evacuees from Southern California--Yuma, Ehrenberg and Topock. In the event of a major disaster, it can be anticipated that a million to a million and a half persons would evacuate. It is Arizona's responsibility to assist in their progress across the State. In preparation for such an event, towns and cities must organize, making plans for shelter, food, sanitary measures, medical care and first aid, as well as police protection. All must also guard against sabotage of communications, dams, fuel and power lines and bridges.

J. C. Armer, County Agricultural Agent, spoke of the tremendous steps forward made in agriculture in Navajo County during the past twenty years. With range feeding, greater economic returns are received from livestock; the poultry industry has shifted from farm flocks only to commercial production. Joseph City, Shumway and Snowflake have large poultry cooperatives. In addition, fryers and meat are marketed in Joseph City cooperatives. There are eight milk processing plants in the County. Irrigated farm land is increasing, while some dry land farms have been returned to range. Under a national emergency, we can anticipate maximum production of all foods for humans and animals.

Mrs. Dorothy Palmer, Red Cross Nursing Chairman, spoke of efforts to secure a Public Health Nurse. Needs in Navajo County include: control of communicable diseases through immunization programs in the schools; a follow-up program for T.B. cases; safe milk; control of rheumatic fever and early detection of cancer. She urged that school children receive adequate breakfasts and plenty of rest and sleep to insure resistance to infection. Lakeside was complimented on its excellent hot lunch program.

Those in attendance were; Katherine Ledfors, Julia T. Wilkinson, Florence Laskowsky, Alice Scott, Holbrook; Isaphine Gardner, Lila Rhoton, Hazel Earl, Jeanne Thomas, Lakeside; Folvia Porter, June Brewer, Heber; Nellie Jackson, Pinedale; Clara Miller, Belle Tanner, Joseph City; Adele Ballard, Hazel Hakes, Snowflake.

Very truly yours,
Lila E. Logan
Home Demonstration Agent

Encl.

Recommendations of Navajo County Program Planning Committee,
August 30, 1950, at Holbrook, Arizona.

The following problems were recommended for study:

1. Understanding Children: suggestions:
 - (a) Supervision of children by a group of mothers or an organization which would draw up and put into use a code of conduct for children in the community
 - (b) Teaching them to cooperate
 - (c) Giving children a job
2. Importance of breakfast and lunch for the whole family, with emphasis on knowledge of basic 7 supply and getting the most for the food dollar
3. Home improvement:
 - Proper lighting
 - Color in the home
 - Re-upholstery
4. Sanitation:
 - Fly control
 - Safe milk - home pasteurization
5. Do better homemaking by organization and planning
6. Mothers trading for baby-sitting
7. Cooperative canning
8. Recreation - especially for children
9. How to reach young mothers
10. Development of a park in Holbrook

COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS
State of Arizona
Holbrook
November 16 1950

University of Arizona
College of Agriculture
U.S. Department of Agriculture
and Navajo County Cooperating

Agricultural Extension Service
Home Demonstration Work
County Agent Work

PROGRAM FOR THE YEAR 1951

1. Feb. 21 St. Johns Yes () No ()
 Feb. 23 Snowflake Yes () No ()
 Feb. 24 Holbrook Yes () No ()
 A discussion meeting on "Understanding People" by Dr. Edith Lord,
Supervisor of Mental Hygiene, State Department of Health.

2. Feb 27 and 28 Apache County Yes () No ()
 Mch. 1 and 2 Navajo County Yes () No ()
 A two-day Leader Training meeting on "Upholstering Furniture" by
Miss Grace Ryan, Extension Home Management Specialist, and Miss Lida
E Logan, Home Demonstration Agent.

3. March Apache County Yes () No ()
 Navajo County Yes () No ()
 "Safe Milk" - Discussion meeting by Miss Logan and local authori-
ties. Deals with economic and health aspects of brucellosis.

4. April 19 Apache County Yes () No ()
 April 20 Navajo County Yes () No ()
 "Principles of Lighting" - Special interest group (public invited)
by Miss Ryan and Miss Logan.

5. May Apache County Yes () No ()
 Navajo County Yes () No ()
 "Fly Control" - Discussion meeting in each community by Miss
Logan and local authorities.

6. June Apache County Yes () No ()
 Navajo County Yes () No ()
 "Importance of Breakfast and Lunch for the Family" - Discussion
meeting in each community by Miss Logan.

7. July Apache County Yes () No ()
 Navajo County Yes () No ()
 "Lamp Shades" - Special interest group - Please attend "Lighting"
meeting in April, if you plan to make lamp shades.

8. July Apache County Yes () No ()
 Navajo County Yes () No ()
 "Preparation of Food for Freezing" - meeting in each community
given by Miss Logan.

4

COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS
State of Arizona
Holbrook
July 7, 1950

University of Arizona
College of Agriculture
U.S. Department of Agriculture
and Navajo County Cooperating

Agricultural extension service
County Agent Work
Home Demonstration Work

Dear Homemaker:

Many women have found pleasure, much satisfaction, and real economy in refinishing pieces of furniture that might otherwise have been discarded. If the old articles that you possess have the three necessary qualities of good furniture--that of good line, good wood, and good construction-- the time, expense and effort required to refinish them will be worth while.

In order to successfully refinish furniture, however, you must know two most important things--the types of finishes that are best adapted to the many kinds of wood of which the furniture is made, and how to remove the old finish and apply the new one.

If you would like to learn about this, come to the L.D.S. Church at 10:00 A. M. on Tuesday morning, July 11, in Snowflake, Arizona, where Miss Grace Ryan, Extension Specialist in Home Management, will demonstrate this for you.

Yours very truly,

Lida E. Logan

Lida E. Logan
Home Demonstration Agent

LEL/t

COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS
State of Arizona
Holbrook
July 15, 1950

University of Arizona
College of Agriculture
U.S. Department of Agriculture
and Navajo County Cooperating

Agricultural Extension Service
County Agent Work
Home Demonstration Work

Dear 4-H Club Leader:

As was discussed at the program planning meeting recently, Health and Safety are two important phases of your 4-H Club program.

The week of July 23 to 29 is National Farm Safety Week. It would, therefore, be a very appropriate time to include Safety in your Club work. The following named bulletins are available in this office:

I. HEALTH:

1. Ears That Hear
2. Healthy Eyes
3. Your Teeth and Their Care
4. Home Care of Communicable Diseases
5. Immunizations
6. Facts About T.B.
7. What You Should Know About T.B.
8. Poliomyelitis
9. Crippler in Disguise (Undulant Fever)
10. Poster on Polio
11. A Message to Parents About Infantile Paralysis

II. SAFETY:

1. Safe at Home

Please let me know what bulletins you want, and when you plan to use them.

Sincerely yours,

Lida E. Logan

Lida E. Logan
Home Demonstration Agent

LEL/t