

A N N U A L
N A R R A T I V E R E P O R T

YUMA COUNTY

December 1, 1950

November 30, 1951

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AGRICULTURAL EXTENSION SERVICE

Miss Mariel Hopkins
Home Demonstration Agent
and

Miss Mary Gail Bonsall
Itinerant Assistant Home Demonstration
Agent

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ANNUAL NARRATIVE REPORT
of
Miss Mariel Hopkins
Home Demonstration Agent
Yuma County
1951

C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS

(a) Highlights

Adult Work

Ten Home Demonstration Clubs and four associate clubs have held one hundred and sixty-eight meetings during the year with an attendance of twenty-five hundred and twenty-six. Of these seventy-eight were attended by the Agent with a total attendance of twelve hundred and sixty-three.

The above shows an increase of twenty-eight per cent over 1950 and an increase over all previous years. The reason is that this year, the Agent has had more help in the form of an Itinerant Assistant Home Demonstration Agent than in any previous year.

To show how the work has been divided during the past five years is the following:-

Year	Home Demonstration Agent		Assistant Home Demonstration Agent
	Days devoted to adult work	Days devoted to 4-H work	Days work in County
1947	134	160	
1948	116	168	24
1949	125	154	14
1950	145	140	90
1951	127	154	148

The explanation for the increase in number of days spent on 4-H club work lies in the fact that there was a general transition from clubs in schools to community club. In many instances, leaders required a lot of Agent help and, even so, 4-H completions have this year reached a new low. An explanation of this will be given in the pages which follow.

This year, as usual, there have been calls for the Agent to do special programs or arrange for special services other than the above. Among these can be mentioned: The Wellton Parent Teachers association; the Yuma County Farm Bureau; the Arizona Library Extension Service; the Baptist Missionary Center; the Somerton Methodist Auxiliary.

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (con't)

(a) Highlights (con't)

Adult Work (con't)

Other than this, such organizations as the Business and Professional Women's Club, the Zonta Club, the Delta Kappa Gamma Educational Association, the American Association of University Women, Yuma Chapter Number 14, Order of the Eastern Star, have been served by the Agent. A county-wide program in nutrition, clothing and home management was planned with the State Office and has been carried out.

Nutrition

Until September, there was no State Nutritionist for the current year. For that reason, there was but one Leader Meeting in the County during the year with the State Nutritionist. This meeting was held in November on the subject "Foods When Entertaining". While the work was well-received, obviously, no results can be reported until there is time for the subject matter to be given back to local groups.

During the year, the Agent has carried a program with all Home Demonstration Clubs by means of demonstrations, discussions and work meetings. Subjects included have been: Christmas Foods, Nutrition and Health, "Family Fare", "Eat and Stay Young", Dairy Foods and Home Pasteurization of Milk, Packaging Foods for Freezing. Results from these meetings have been tabulated and entered in the statistical report.

As in previous years, the Agent has found repetition among clubs of nutrition leader meetings from previous years such as: "Meals that Can Wait", "Salads from Locally Grown Produce", "Favorite Mexican Dishes", "Holiday Meals", and "Grapefruit Desserts".

In January a recipe contest using locally grown produce, was put on by the Yuma County Farm Bureau. The Agent cooperated in the project. Results showed that approximately five hundred families increased their use of dairy products, vegetables and fruits because of the contest.

As in previous years, the Agent has answered inquiries and distributed Extension Bulletins on freezing and canning of foods, child care and training, gardening, menu planning, etc. In addition, a bulletin board in the Agent's office has served to dispense bulletins on the various phases of nutrition.

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (con't)

(a) Highlights(con't)

Adult Work (con't)

Clothing

In January, Mrs. Mary Robertson, Acting State Clothing Specialist, conducted a Leader meeting in the County on the subject "New Techniques in Clothing". Subject matter from this meeting was in turn given back to all organized groups.

There have been method demonstrations by the Agent and Leaders during the year on: Pattern Alteration, Christmas Gift, Suggestions, Stencilling, Stay Stitching, Pressing, Accessories, Dress Alterations, Shirt Making, Tailoring Techniques, Dress Forms, etc.

There has been spread of influence in all communities through local leaders and it is estimated that approximately four hundred and twenty-five families have been assisted by the adult program.

Home Management and Family Economics

As in previous years, household accounts are being kept by the major portion of Home Demonstration Club members. The practice is in part due to the Home Demonstration program. However, for several years now, income tax returns have been the biggest factor in making the practice mandatory.

In September of 1950, the Home Management Specialist was in the County for a Leader meeting on the subject "Importance of Correct Lighting in the Home". This meeting was followed in October and November by two Leader meetings on "Making of Lamp Shades". This current year, the subject matter from these meetings has been given back to all organized groups. From records, it is estimated that four hundred and twenty families have made improvements in home lighting as a result of the meetings. The making of modern lamp shades continues to be practiced in all communities through Leader meetings.

In February of this current year, the Home Management Specialist conducted Leader Meetings in the County on Laundry Methods. The subject matter has, at present writing, been given back to all organized groups. From records it is estimated that three hundred and seventy-five families have made improvements in laundry methods as a result of these meetings.

Work on "Refinishing Furniture" continues to be practiced in the County as a result of Leader Meetings in 1949 and 1950. It is estimated that one hundred and seventeen families have

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (con't)

(a) Highlights (con't)

Adult Work (con't)

Home Management and Family Economics

improved methods of repairing, remodeling or refinishing furniture during the current year as a result of this work.

The making of slip covers, re-upholstery of furniture and making of lined drapes continues to be practiced in all communities as a result of Home Demonstration work. Most of these practices are a result of demonstrations in previous years. During the current year, fifteen demonstrations or all day work meetings have been held by the Agent. There has been a report of twelve such meetings being conducted by Leaders. There have been others not reported.

Junior Work

A combined report for 4-H Home Economics and Agricultural Club Work is being submitted in separate report. However, since a little more than half the Home Demonstration Agent's time and practically all the Itinerant Assistant Home Demonstration Agent's time was given to 4-H club work, it can scarcely be omitted from this report.

The Agents have supervised 4-H Home Economics projects in the County. In addition, time has been spent with the preparation and operation of such special events as a Yuma County Junior Agricultural Fair, County Council Meetings, County Leader Association Meetings, Leader Training Schools, delegations to 4-H Roundup and 4-H Camp, Recognition Banquet, etc.

As in previous years, the Fair this year required much time in preparation. Specific examples were: work on Fair Catalog, entry sheets, superintendent books, sweepstakes book, planning and executing the setting up of booths, decorations, etc, working with leaders on Fair entries and on Dress Revue plans, supervising the preparation of demonstrations, etc. One hundred and eighty-two girls exhibited from one to seven articles. The quality was very good, especially was this true of the senior grade exhibits. Nineteen Home Economics Junior and twelve senior demonstrations were given.

The Recognition Banquet was attended by approximately three hundred 4-H members, leaders, parents and guests. Awards for the year were made: Leader, County, State. This current year, Yuma County placed first in the following State Home Economics contests: Dress Revue, Girl's Record, Dairy Foods Demonstration Team, Dairy Foods Demonstration Individual,

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (con't)

(a) Highlights (con't)

Junior Work (con't)

Room Improvement, Santa Fe Trip, Health Improvement, and Recreation.

During the year, a total of twenty-six Home Economics clubs were supervised by the Agents. This year, practically all clubs were community clubs. School authorities played no part in organization or in operation. However, because of our hot summer climate, the major portion of project work was carried during the school year. Since completions were due in the State Office when our extreme heat had not as yet broken, and since Leaders, as a County policy, were made responsible for reporting completions, instances have since come to the Agent's attention of 4-H'ers reported incomplete when they actually completed. In some cases, leaders had just returned from vacation trips and because of distances, extreme hot weather and the congestion of school starting, it was not possible for Leaders to contact all their club members. This is, in large measure responsible for our low 64 per cent member completions. It is hoped that this can be corrected this coming year. The Agent believes that achievements should be checked in June and again in September. She also feels the great need of more time allowance on her part for personal checking with leaders and 4-H members.

Statistics

From the statistical report for the Home Demonstration Agent is the following:

Days spent in Adult Work	127	
Days spent in 4-H Club Work	154	
Total for the year		281
Days spent in the Office	65	
Days spent in the Field	216	
Total for the year		281
Days spent on Projects		
Organization and Planning	93	
Improvement and Equipment	54	
Nutrition and Health	58	
Clothing, Family Economics, Parent Education, Community Life	69	
Miscellaneous	7	
Total for year		281

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (con't)

(a) Highlights (con't)

Statistics

For the Itinerant Assistant Home Demonstration Agent is the following:

Days spent in Adult Work.	10 $\frac{1}{2}$	
Days spent in 4-H Club Work	137 $\frac{1}{2}$	
Total for the year.		148

Days spent in the Office.	40 $\frac{1}{2}$	
Days spent in the Field	107 $\frac{1}{2}$	
Total for the year.		148

Days spent on Projects

Organization and Planning	39	
Improvement and Equipment	3	
Nutrition and Health.	53	
Clothing, Family Economics, Parent Education, Community Life	53	
Total for the year		148

(c) Local Factors Influencing the work of the Home Demonstration Agent in Yuma County, are modified by local conditions most of which have to do with topography and climate. For this reason, as in previous years, a brief explanation seems justified. While the total acreage of Yuma County is in round figures, six million, or one-twelfth of the acreage of the entire State of Arizona, nevertheless, the total acres on which cultivated crops have been grown has been relatively small. Within the last ten years, about twenty-five hundred acres of land in the South Gila Valley and on the area north of the former Army airport have come into cultivation. And now, with the Wellton-Mohawk project being developed, the above promises to be changed.

However, at present, the acres under cultivation in Yuma County is little more than two per cent of the total. In general, this low percentage is due to unused land divided into soil highly productive but without water supply, and hard pan plus caliche desert soil including small mountain ranges of comparatively low elevation. Of the land under cultivation, approximately one-third is farmed by tenants while two-thirds is owner-operated.

There is, as in previous years, a high percentage of shifting rural population. These factors; that is distances to travel and large transient population, make follow-up checks of much more than average difficulty. Local leaders, also, can not function as effectively as in many other sections.

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (con't)

(c) Local Factors Influencing (con't)

Another local factor influencing Home Demonstration Work in Yuma County is the Mexican population. Approximately one-third of the County is Mexican. Of these Mexicans only a small percentage (approximately seven percent) are naturalized. These are highly patriarchal in family life. This accounts for the fact that while the children are accessible for extension work through the schools, the women are practically unapproachable. There are, however, women in our Home Demonstration Clubs who speak Spanish and who have acted as interpreters in all community projects.

Mention should also be made of the Indian population. There are two Indian Reservations as follows:

(1) Colorado River Agency located at Parker.

(2) The Cocopah Reservation, located in the lower Yuma Valley. There is also the Fort Yuma Indian Agency located on Indian Hill, in California, directly across the river from Yuma.

For several years, the State policy was that Extension personnel should not work directly with Indians. Two years ago this policy was done away with and steps were taken to carry an Extension Program with the new settlers in the Parker area as told later.

(d) Form of Organization

Yuma County Home Demonstration Work is organized under two headings as follows:

(1) Work with Adults through regularly organized clubs; through clubs other than those primarily organized for Home Demonstration Work; through home visits; office and telephone calls; through individual and circular letters; through newspaper articles and radio broadcasts.

Regularly organized Home Demonstration Clubs include the following areas: (1) Yuma vicinity (2) Upper Yuma Valley (3) Yuma Mesa (4) Somerton (5) Gadsden (6) North and South Gila (7) Wellton (8) Mohawk Valley (9) Yuma Mesa Air Base (10) Tacna.

All Home Demonstration Clubs have a roster of members in the Agent's Office and notices of meetings are sent to each member.

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (con't)

(d) Form of Organization (con't)

Clubs programs have been initiated at the County Home Demonstration Council Meeting when club representatives, the Agent and State Office representatives have formulated a calendar for specialists work in the County and for subjects to be presented based on needs and interests. As nearly as possible, programs for the clubs have been planned on a yearly basis. However, during the current year, as in recent years, it has been difficult to realize this completely. Limiting factors have been: shift in interests; change in duties of club members; prolonged summer heat; shift in duties of State Office personnel.

In the various subject matter fields in the Adult program the following Leader meetings with the State Specialists in charge have been held:

January: Clothing "New Techniques in Clothing"
Mrs. Robertson, Acting State Extension Clothing Specialist.

February: Home Management "Laundry Methods"
Miss Grace Ryan, Home Management Specialist

November: Nutrition "Food for Entertaining"
Mrs. Elsie Morris, Extension Nutritionist

During the year, the Agent has given back to clubs subject matter obtained at Extension and other meetings outside the County as follows: Annual Extension Conference, University of Arizona; State Business and Professional Women's Club Convention, Prescott; State 4-H Roundup, University of Arizona; National Zonta Convention, Chicago; 4-H Club Camp, Y.M.C.A. Camp near Prescott; Annual 4-H Encampment, A & M College, New Mexico; State 4-H Leaders' Conference, Flagstaff; State Home Demonstration Agent Conference, Prescott; State A.A.U.W. Conference, Scottsdale.

The work of the Agent entails, in addition to regular meetings, many home calls, telephone calls, conferences, publicity measures, etc.

As in past years, an effort has been made to supply home-makers with the latest published material in the Home Demonstration field. For the past four years, this task has been simplified. A bulletin board has been installed in the Home Demonstration Agent's Office, now located in the Court House in the County Agent's Office headquarters. In addition to the use of this bulletin board, bulletins are distributed at meetings and are mailed upon request.

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (con't)

(d) Form of Organization (con't)

The County Newspaper continues to be helpful in forwarding Home Demonstration Work in the County. Special meetings have been announced and visits of the State workers to the County. The Agent has, on occasions, furnished articles as the need has developed.

Yuma County now has two Radio Stations cooperating with the County Agricultural Agent's Office. Station KYUM has, since early in the spring of 1946, given a fifteen minute period once a week. The Agent has taken her "turn" at this broadcast time and has presented timely Home Economics programs. A few times this has taken the form of a dialogue with some one else, but in the great majority of cases, the Agent has done it alone.

This current year, the County Office has also carried a program with the new Station KYMA. These take the form of tape recordings and up to the present, have been largely taken up with purely agricultural news. The Home Demonstration Agent has, however, on four occasions, cooperated with other staff members in making recordings.

In all, during the year, twenty-four broadcasts have been given by the Home Demonstration Agent and eight have been given by the Itinerant Assistant Home Demonstration Agent.

D. PROGRAM OF WORK

(a) Factors Considered and Methods Used in Determining the Program of Work

As previously stated, the Agent has made an effort to keep the program of work as nearly uniform as possible. A great aid in this direction has been the County Home Maker Council. That is, programs have been planned with club leaders, with state workers, and with other club women in the County. However, this practice has not interfered with the established plan of inquiring preferences from women in attendance at meetings as well as from constant study of local conditions.

The local leader movement began in Yuma County in the Fall of 1939. Because of limiting factors, it, at first, functioned on a limited basis only. The last four years have seen the biggest advance in the movement partly because women are interested in the 4-H Club movement and want to help in every way possible and partly because they are coming to the realization that the movement has real worth.

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D. PROGRAM OF WORK (con't)

(a) Factors Considered and Methods Used in Determining the Program of Work (con't)

Handicaps in the local leader movement have had to do with travel distances, climate, etc; and these handicaps, of course, continue. From the beginning, the movement has been carried in cooperation with the State Home Demonstration Staff and after plans have been formulated at State Conferences.

In 1946, the Council set up County goals which have been used each year since when setting up club year-books, etc. These goals are as follows:

1. Each club work for a certificate of achievement.
2. Make possible a yearly physical check-up for every rural woman.
3. An adequate lunch for every school child.
4. Improve club kitchens.
5. Establish calling week.
6. At least one annual family get-together.

Requirements for a Certificate of Achievement had been set up by the State Office as follows:

1. One meeting each month, minimum eight meetings a year.
2. Satisfactory secretary book.
3. Take part in a County or local achievement day; or a tour or exhibit.
4. Reports - Minimum two stories a year.
5. Majority of active members attend each meeting.
(club decides who is active)
6. Carry at least one project with local leader giving the subject matter back.
7. A representative attending each county meeting - state, if possible.
8. Sponsor at least one community activity.

After 1946, for several years, these goals and Certificate of Achievement requirements were consciously checked. Of late, they have come to be routine things from which each club operates.

In 1947, an excellent school lunch was established at Wellton for the first time and the movement was initiated by the Home Demonstration Club. A building was constructed in the school yard especially for the cafeteria and equipped with large electric refrigerator, institutional gas stove, adequate counter, sink, table space, dishes, utensils, etc.

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D. PROGRAM OF WORK (con't)

(a) Factors Considered and Methods Used in Determining the Program of Work (con't)

This school lunch has operated continuously to the present time. To date there have been two head-operators both of whom have been Home Demonstration Club Members.

School lunches are at present writing being operated in all schools where Home Demonstration families attend and in all cases they are permanent institutions rather than make-shift affairs.

For several years a program has been underway to create a club house or community center in the North Gila Valley and in the Rood or Upper Yuma Valley. The opportunity has come from school consolidations leaving an unused school building in each of these communities. In both communities real progress has been made this current year.

The Rood School building has not been used for school purposes for five years, children being sent to Crane School instead. During this period the Home Demonstration Club has made continuous efforts to have the school established as a Community Center building. Among other things, it was necessary to install rest rooms and a kitchen. With the help of the State Extension Staff, several years ago, blue-prints were drawn up for such installations. Developments, however, were slow, because until a year ago, the district had not made final decisions about re-opening the school. After the decision, it was found that funds which had been set apart by the community board had been used in developing the Crane School.

During 1950, the Home Demonstration Club called in the local Farm Bureau to work with them on the project. As a result, there were local contributions and both the rest rooms and the kitchen, complete with sink, counter space, shelves and stove were built. The building is now serving the community and adjoining country in a very worth while way. It is being used for Home Demonstration Club Meetings.

In years past, the North Gila Club has raised funds and purchased chairs for the school building which is serving them as a club house. They have purchased a Butane Cooking Range, and a large crude oil heater; have installed cupboards toward a club kitchen; have supplied dishes and table forks and spoons, have made temporary curtains and have installed electricity for lights and for a cooler.

Last fall the North Gila Club painted the building both inside and outside and made drapes. The transformation in

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D. PROGRAM OF WORK (con't)

(a) Factors considered and Methods Used in Determining the Program of Work. (con't)

the appearance of the club room has had a good effect upon the entire community. The building is treated with much more respect than in the past. Club members take turns with cleaning, etc. The interest of the club members is very gratifying. For as long as the Home Demonstration Agent has been in the County, the North Gila Club, with the help of the Agent, has been trying to secure electricity for their valley. As a result, electricity was turned on for the first time in June, 1948. It has shown effects in the growth of the valley. Most homes are now equipped with good cooling systems and lights. Now all communities in Yuma County are supplied with electricity.

The Gadsden Club, for some twenty-five years, had its own Club house. It was a one room frame structure with a small kitchen and entry way. For years it served as the community center for club meetings, for voting, for Farm Bureau meetings, for youth organization meetings, for Sunday School, etc. Four years ago, a youth center building was erected across the road from the school house and absorbed some of the functions of the Women's Club House. Since the building was originally an inexpensive one, twenty-five years of service weathered it considerably, and the club decided to sell it and to work toward building again. In 1950, the building was sold. The club still has the lots on which the building stood and a fund has been established toward building a new club house.

(b) Influence of State and National Agricultural Agencies

Except for 4-H club work, Home Demonstration work in Yuma County is quite distinct from other Agencies. However, correlation does occur coming naturally rather than from a planned program.

Until four years ago, the independence came from the fact that the office of the Home Demonstration Agent was in her own home. This came about originally because of the crowded condition in the County Court House. There was no suitable place for the Home Demonstration Agent's Office. Early in the spring of 1947, the Agricultural Adjustment Administration Office was moved out of the County Agricultural Agent's headquarters. Thus office space became available. Considerable remodeling was done; putting in partitions, etc., so that each of the three Agents could have a room of their own with a general room and a general reception room as well. While the room for the Home Demonstration Agent is small, it is quite conveniently set up with desk, filing cabinets, bulletin racks and bulletin board. Telephone calls continue to come

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D. PROGRAM OF WORK (con't)

(b) Influence of State and National Agricultural Agencies. (con't)

mostly to the Agent's home. This is to be understood since, for twelve years, women called the Agent before or after hours, in order, as they say, "to catch her in".

The Home Demonstration Agent has not made a practice of attending Farm Bureau meetings in the County unless especially requested to do so. The reason is a very full program making scheduling difficult. This present year, the Agent, as before mentioned, worked with the County Farm Bureau in the planning and operation of their recipe contest. Last year she served on a Board under the auspices of the Farm Bureau to lay plans for a County Fair. They also worked together to bring about improvements at the Rood Community Center. Thus each year, as the need arises, there are instances of cooperative work.

(c) Project Activities and Results

1. Organization

Sub Project A - Farm Organization

The town of Yuma is the center of interest for all the southern part of the County. Rural people, without exception, come to Yuma for shopping and a large percentage of them have business interests in Yuma. The town is increasing rapidly in population and this increase is largely due to agricultural developments. The civic interests of the town all have part membership from the surrounding rural communities. For this reason, it has always been hard to draw a line between urban and rural activities.

It may be of interest to here state that the suburban section just south of Yuma and referred to as Yuma Mesa was, in 1945, incorporated into the city proper. This is a residential section where the Agent goes, from time to time for meetings. More than ten miles beyond is another section which is still known as the Yuma Mesa and whose principal industry is the growing of citrus. A third division designated as Yuma Mesa is adjacent to the Air base. It is here that the Yuma Mesa veteran families live, those who drew plots of land from the government after the second World War.

In the fall of 1949, a black topped desert road between Yuma and Quartzsite was opened which makes transportation much less difficult, and the people in the northern part of the County more accessible than at any time previous.

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D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project A - Farm Organization (con't)

In Yuma County, needs of the different communities are varied and so the Agent can in no way limit her services to being a specialist in one line of work.

There is a high percentage of very well-educated women in the clubs with which she works so she must ever be on the alert that the material she gives is up-to-date and sound.

This also operates to make the data given, adopted for use. The Agent finds that practices are quickly worked out by the groups in question to incorporate needs in a practical way. As a whole, the county is very reticent to do anything from a campaign angle, but people are serious minded and energetic in making the most of any opportunities for advancement which can be made practical. It is with this in mind that the Agent endeavors to make her program service really function.

Sub Project B - Home Economics Extension

As previously explained, the County Home Demonstration Program, as much as is feasible, operates from the State Home Demonstration Office which in turn operates from the Agricultural Extension Service Office at the University of Arizona. Yuma County is allowed its share of the services of the State Clothing Specialist, the State Home Management Specialist and the Extension Nutritionist and also the State Assistant 4-H Club Leader in charge of Home Economic Club Work.

The State Leader of Home Demonstration Work assists with all County Council Meetings which have to do with planning.

Adult Home Maker Club Meetings actually attended by the Agent during the current year may be listed as follows:-

December

11 Yuma Pecan Grove
12 North and South Gila
13 Gadsden
14 Somerton Vicinity
29 Yuma

January

2 Gadsden

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D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project B - Home Economics Extension (con't)

January (con't)

3 Wednesday Afternoon Club
4 Yuma Valley
5 Parker
9 North and South Gila
10 Gadsden
11 Somerton Vicinity
12 Upper Valley
16 North Gila
31 Sunnyside

February

1 Yuma
7 Gadsden
9 Upper Valley
13 North and South Gila
15 Wellton
16 Somerton Vicinity
21 Mohawk Valley
22 North and South Gila
27 Yuma Mesa
28 Yuma Vicinity

March

3 Mohawk Valley
5 Sunnyside
7 Gadsden
9 Upper Valley
10 Snyder Ranch
13 North and South Gila
14 Tacna
21 Snyder Ranch
27 Yuma Mesa
30 Somerton Vicinity

April

4 Gadsden
6 Upper Valley
9 North and South Gila
10 North and South Gila
11 Gadsden
12 Upper Valley
16 Wellton
18 Wednesday Afternoon Club
20 Somerton Vicinity

D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project B - Home Economics Extension (con't)

May

8 North and South Gila
11 Upper Valley
15 Mohawk Valley
16 Gadsden
25 Citrus Yuma Mesa
29 Veterans Yuma Mesa

June

9 Somerton Vicinity
12 North Gila
13 Mohawk Valley
26 Yuma Mesa
29 Citrus Yuma Mesa

July

6 Yuma Mesa
9 Citrus Yuma Mesa
11 Gadsden
12 Yuma Valley
17 North and South Gila

September

6 Yuma
11 North and South Gila
12 Mohawk Valley
20 Somerton Vicinity
25 North and South Gila

October

3 Gadsden
4 Yuma Mesa
9 North and South Gila
10 Mohawk Valley
19 Upper Valley

November

1 Yuma
2 Yuma Mesa
7 Mohawk Valley
9 Upper Valley

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D. PROGRAM OF WORK (con't)

(c) Project activities and Results (con't)

1. Organization (con't)

Sub Project B - Home Economics Extension (con't)

November (con't)

13 North and South Gila
14 Gadsden
15 Yuma Vicinity
21 Snyder Ranch

Sub Project C - Home Makers Council

A county-wide home maker council, whose function is to determine program content for Home Demonstration work in the County, is becoming more and more a reality. By way of recording progress made to the present time, the following is told: During the war period, it was impossible to hold County wide home maker councils because of the restrictions in travel which war brought. The Agent found it necessary to go from group to group in order to formulate plans. These group decisions were pooled for a county decision. Then it was she met individually with program committees and planned with them for the year for this particular club. The Victory Year Book, supplied by the State Office, was used for posting these programs, and was distributed to members.

Since 1946, the County Office has published its own Home Maker's Year Book. The general outline has each year been as follows: County goals; Club enrollment; Officers; Suggested program subjects; Homemakers Creed; a Calendar of Monthly Meetings. Also scattered through the book have been timely quotations and space has been provided for note taking.

This current year, for the first time, year books have been made for each club. This has entailed working with program committees from each club separately. It has had certain advantages because less has had to be written in and clubs have been able to proceed in a better organized fashion.

The last four years have seen a real advance in Home Demonstration planning through the Home Maker Council.

In October 1948, the County Council Meeting resulted in members selecting the following for club study during the year 1949:

D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project C - Home Makers Council (con't)

Foods and Nutrition

Use of Plentiful Foods
Preservation of Foods by Freezing
New Methods of Freezing Citrus Foods
Nutrition

Clothing

Making over Clothes
Tailoring Techniques
Selection of Foundation Clothing
Making and Buying Children's Clothing
Home Dry Cleaning
Laundering Wool Sweaters
Basic Patterns

Home Furnishings

Color
Problem Windows
Draperies
Types of Furniture
Furniture Rejuvenation
Furniture Finishing and Repairing

In October of 1949, the County Council Meeting resulted in the following recommendations for the year 1950:-

Clothing

1. Continuation of Tailoring School
2. Wardrobe Planning
Individual Styling
Individual Color Schemes
3. Pattern Alterations and Correct Measurements
4. Introductions of new Fabrics

Nutrition

1. Meals that can wait
2. Salads using local grown foods
3. Freezing Foods

Home Management and Interior Decoration

1. Refinishing furniture
2. Lighting - Making of Lampshades

Miss Mariel Hopkins
Home Demonstration Agent
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(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project C - Home Makers Council (con't)

Recreation and Community Activities

1. Library consideration
2. Health Consideration
 - Sewage
 - Brucellosis
 - Fluorine
 - Cancer Research
3. Recreation
 - Square Dancing
 - Roller Skating
 - Baseball, Basket Ball, Volley Ball
 - Leadership School in Recreation

After consultation with the State Office, the following dates, for the year 1950 were set for work in Yuma County. Certain modifications were necessary, as might be expected to conform with the state program. The use of specialists with 4-H club work was also included.

January 23 to 28

- 4-H Clothing Leader Workshops
- Tailoring School Achievement meeting

February 13 to 18

- Nutrition Leader Meeting "Meals that Can Wait"
- 4-H Leader Meal Planning Work Shops

March 16 to 17

- Nutrition Leader Meeting "Salads using Local Grown Foods"

April 25 to 26

- Home Furnishing Leader Meeting "Special Wood Finishes"

May 5 to 6

- Clothing Leader Meeting "Pattern Alteration"

May 8 to 9

- County Homemaker Council Meeting - "Plans for Achievement Meeting in June"

June 16 to 17

- Clothing Leader Meeting - "Pattern Alteration"

June 19 to 20

- County Home Makers Achievement "Yuma County Country Life Conference"

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(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project C - Home Makers Council (con't)

September 25 to 27

Home Furnishing Leader Meeting "Lighting"

October 4

County Home Maker Council Meeting "Program Planning"

October 12 to 18, and 24 to 25

Home Furnishing Work Shop "Lamp Shades"

November 16 to 17

Clothing Leader Meeting "Wardrobe Planning"

With the exception of the meeting on "Wardrobe Planning",
the meetings were carried out as planned.

The fall of 1950, the Council made plans for work with the
specialists during the current year as follows:

(These were later confirmed by the State Office.)

January 22 to 24

Clothing Leader Meetings "New Techniques"

January 25 to 26

4-H Clothing Leader Workshops

February 21 to 23

Home Management Leader Meetings "Laundry Methods"

February 22

Home Management Leader Workshop

Week of June 11

Country Life Day

"Materials and prices in Ready to Wear" Clothing Specialist

"Food in Relation to Financial Security" Home Management
Specialist, Assistant 4-H Club Leader

Week of November 5

Nutrition Leader Meeting - "Food and Entertaining"

This current fall, a County Council Meeting was held in the
Business and Professional Women's Club House in Yuma. Miss
Jean Stewart, State Leader of Home Demonstration Work came
to the County for the meeting.

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(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project C - Home Makers Council (con't)

Seventeen leaders were present representing nine home maker clubs. The meeting was called to order at ten thirty in the morning with the showing of films on Child Care and Growth and on the operation of the Security Council. At noon there was a paper-sack lunch and in the afternoon the business session. This was presided over by Mrs. Robert Fram, Council President. Mr. Al Face, County Agricultural Agent, told briefly of the agricultural program in the County. Mr. Lonnie McGrew, the newly arrived 4-H club agent, was introduced to the group and spoke on the 4-H program in the County. Mrs. Ellen Kightlinger told of 4-H club work from the state angle. Miss Jean Stewart then gave the over-all state Home Demonstration program and the leaders divided up in chatter groups to discuss what was of first interest for the year of 1952. From the reports of these discussions, the following requests for Specialists help were made:

Clothing

Work shops on Better DressFebruary, 1952
Wardrobe Planning.October, 1952

Foods

Good BreakfastMarch, 1952
Food at Mid-Day.December, 1952

Home Furnishing - Home Management

Room AccessoriesJanuary, 1952
Care of Household Equipment.November, 1952

At this meeting, plans were made for a second meeting to take the form of a luncheon at the newly constructed Yuma Country Club. The purpose of the meeting was to plan for a Rural Life Day which had not materialized as planned originally for June of the current year. At the meeting Officers elected were: President - Mrs. Clara Townsend of the North Gila Valley; Secretary, Mrs. Lena Ammons of Gadsden. Mrs. Lillie McCain Smith was chosen as official delegate to the Governor's Council on Youth to be held beginning November 8. Plans for a Rural Life Day included selection of the Wellton-Mohawk area as the place of meeting; a tour of the Wellton-Mohawk project in the afternoon under the auspices of the Wellton Mohawk Kiwanis club and with Mr. R. H. McElhane as spokesman; pot luck supper at the Mohawk School followed by a program. The women of the Mohawk area agreed to take charge of arrangements for the pot-luck supper. The date finally set was December 2.

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(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project D - 4-H Clubs

It has become the custom to submit a separate report for 4-H club work.

It is deemed advisable to also include the report in the Home Demonstration Agent's Narrative for the following reasons:

(1) More than half of the time of the Agents was devoted to 4-H Club Work.

(2) Printed Form ES-21 (Revised April, 1949) by the Extension Service, Washington, D. C., states "The Annual Report is a record of the Year's work - is the inventory of the past years' efforts."

From December 1950 to December, 1951, Home Economics 4-H Clubs in Yuma County have been in operation and have shown completions. Data is submitted for clubs whose year's work closed September 10th. Clubs organized since then will be submitted in next year's report. Home Economics enrollments and completions by clubs for 1951 are as follows:

<u>Club</u>	<u>Enrollments</u>	<u>Completions</u>
Bouse	8	8
Crane		
Jolly Commuters	13	13
Stitch & Stir	14	0
Crane Juniors (2 clubs)	34	34
Gadsden		
Stitch and Cackle	8	8
Go-Getters	23	16
Gila		
North - Up & Coming	8	6
South - Desert Rats	5	4
Parker		
Redskins	8	6
Sunmaids	18	10
Quartzsite		
Hi Jolly	10	6
Rood Hustlers	8	6
Roll (Mohawk Valley)		
Busy Bees	16	15
Welliton-Mohawk	6	4
Salome	7	5

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(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project D - 4-H Club Work (con't)

<u>Clubs</u>	<u>Enrollments</u>	<u>Completions</u>
Somerton		
Little Women	17	10
Jr. Homemakers	8	7
Sewing Bees	9	4
Wellton		
Desert Queens	17	6
Baste & Brew	11	6
Wenden		
Harquahala	7	7
Yuma Mesa		
Busybodies	10	9
Hem and Ha!	9	5
Jackrabbits	7	6
Sunshine	8	0
	<u>289</u>	<u>184</u>

Per cent completions - 64

During 1951, the Home Demonstration Agent and the Itinerant Assistant Home Demonstration Agent spent 291½ days with 4-H club work. This brings the percentage of time spent to 67 or to 2/3 of the total for the Home Demonstration program. This is an increase over any previous year and shows that the club program is becoming more and more exacting.

For the past six year, Yuma County has had an Assistant County Agricultural Agent who has been organization Leader in 4-H work for the County. New features have consequently been introduced into the program, such as: A Junior Agricultural Fair, Recognition Banquet, night meetings for the older youth, County Council meetings. All of these events have made an increased demand on the Agent's time.

State workers who have visited the County for one or more days during the current year, in the interest of 4-H Home Economics club work are as follows:

January

Mrs. Ellen Kightlinger, Assistant State 4-H Club Leader

February

Mrs. Ellen Kightlinger, Assistant State 4-H Club Leader

Mr. Kenneth McKee, State 4-H Club Leader

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(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

April

Miss Helen Church, State Clothing Specialist and Acting
State Leader, Home Demonstration Work
Mrs. Ellen Kightlinger, Assistant State 4-H Club Leader
Miss Virginia Twitty, Assistant Home Demonstration Agent,
Maricopa County

September

Mrs. Ellen Kightlinger, Assistant State 4-H Club Leader
Mr. Kenneth McKee, State 4-H Club Leader

October and November

Mrs. Ellen Kightlinger, Assistant State 4-H Club Leader

The events incident to the above visits were as follows:
4-H Officers Training School; County 4-H Council Meeting;
Assistance in Preparation for the Junior Agricultural Fair;
Judging at the Fair; Planning the County 4-H Program; the
Recognition Banquet; 4-H Leader Training Meetings.

For a brief history of the Junior Agricultural Fair, the
following is submitted.

The first Fair took place on April 6, 1946 and was cooper-
ated in by the Agricultural Extension Service and the
vocational classes at the High School. The event was sponsored
by the Yuma County Senior Chamber of Commerce. Since it
was the first such Fair, attempted in the County, more than
the usual amount of organization work had to be done in
preparation. An effort was made to simplify the activities
so that better grading could be accomplished. Finally the
girl's 4-H work was divided into two main divisions. (1)
Exhibits, mainly clothing (2) Demonstrations.

This was a one-day Fair and was culminated in the afternoon
by a dress revue and announcement of awards. In 1947, the
Fair date was April 12th. However in order that more people
might visit the Fair, it was thrown open to the public
Friday evening April 11th as well as all day Saturday,
April 12th.

The Home Economics division was divided into three general
divisions. (1) Exhibits (2) Demonstrations (3) Judging
contests. By far the greater portion of exhibits were cloth-
ing work.

This second year saw a total of twenty-four demonstrations
given in the Junior and Senior divisions. Judging contests
were held in both clothing and foods.

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(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

Beginning in 1948, the Fair has been open to the public for two complete days. Dress Revues have been held in the evening and have been supplemented by a program from the various clubs.

Because of the availability of such food supplies as sugar and fat, in 1948, there were entries in foods. Baked goods from the three years of meal planning project requirements were selected for the premium list as follows: Baking Powder Biscuits; Muffins; Gingerbread; Butter cake; Sponge Cakes; Yeast Rolls. Entries were good both in amount and quality for the first year's showing.

In 1948, the poster exhibit at the Fair took a different form in that it was put on an individual rather than a club basis.

Gym bleachers were used, the steps covered with paper and used for shelves for food entries. These were placed on paper plates and covered with long strips of cellophane. The posters were thumb tacked to the side of the steps and green rosettes were used as a trim.

1948 also saw the introduction of a frozen foods premium list. A freezer unit was loaned by a local firm for display purposes and a good start made toward including such a division in future Fairs.

In 1949, the Junior Agricultural Fair took place the eighth and ninth of April and, as in previous years, was held at Crane School. In the clothing exhibit, blue ribbon dresses were exhibited on special standards for the first time. There were also raised platforms for exhibiting small articles. In the frozen foods exhibit, two up right home freezers were loaned by local firms. In the foods exhibit, two bleacher sections were covered with white paper, decorated with 4-H rosettes and used to display the entries. Foods poster entries showed an increase in both number and quality.

For the first time, a theme was selected and carried through for the dress revue in 1949. The theme was the 4-H Record Book. Four girls, recent Chicago trip winners, dressed in pastel formals, were mistresses of ceremonies. Mona Berry was narrator and used her own record book to talk from. A large record book formed a door through which the dress revue girls stepped. Opening and closing the door were Betty Jo Frauenfelder and Mary Lott. Joan Cannon Brown assisted Mona

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(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

Berry as narrator. In 1949 there were thirty-three Home Economics demonstrations.

In 1950, exhibits at the Fair showed a marked increase in the foods division. Exhibits conformed closely with the entry list which in turn had been made to conform with requirements for the different project years. Frozen foods exhibits showed the greatest increase in entries of any division.

The theme for the Dress Revue was Fashions in the Sun. A backdrop with cathedral windows through which special lighting effects were arranged was used. The revue itself was well done and showed an improvement in form over previous years. Between scene entertainment consisted of the following: A Spanish Dance by the Gadsden Go Getter Girls; A Tumbling Act by the Somerton Girls; Two solos (4-H songs) by Myrna Ellis of the Little Women Club.

This current year, has seen an advance in community leadership in preparation for the Fair. There were two Pre-County Fairs as follows: The Wellton Kiwanis Club sponsored a pre-county fair for the communities of Roll and Wellton. The affair was held at the Wellton-Mohawk school and represented both agricultural and home economics projects. Home economics clubs exhibiting were the Desert Queens of Wellton, the Busy Bees and Wellton-Mohawk of Roll. Approximately 200 articles were judging in the divisions of clothing and foods. Demonstrations and a Dress Revue were also presented.

Gadsden had a pre-county fair at the Gadsden Grammar School. Clubs exhibiting were the Go-Getters and Stitch and Cackle. Approximately 200 articles were judging in the division of clothing and foods. Demonstrations were given. Judging Home Economics exhibits and demonstrations, was Miss Charlotte Vandiver. Women in the community prepared and sold tickets for a fried chicken dinner at noon. This drew an extremely large crowd to the fair grounds.

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(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

Organization of the Fair was planned through the County 4-H Leaders Association and the County 4-H Council. This included such details as: Catalogue, entry forms, superintendent sheets; rules concerning exhibits and exhibitors; appointment of superintendents and assistant superintendents; committees for Dress Revue.

Special mention should be made of the catalogue which this year for the first time, was full paper size and exhibited an improved organization and style over previous years.

Dates for the Fair were April 13 and 14. However, since all clothing entries for the Fair had to be in by Wednesday at 5 p.m. and since setting up of booths, decorations, etc, had to be done prior to that, it really meant that the Fair for Home Economics workers extended from April 10 to 14.

As in 1950, the overall decoration of booths was done by Home Demonstration clubs. Three Home Demonstration Clubs, as such, were active in setting up the physical plant such as repairing and building dress standards, making the letters which spelled out the names of the clubs or communities, setting up the booths and doing the over all decorations. These clubs were: The Gadsden Home Demonstration Club, the Upper Valley Home Demonstration Club; the North and South Gila Home Demonstration Club.

The making of booths does present a problem because the exhibit room is the school gymnasium which makes it impossible to nail supports to the floor or walls. This year, the school principal asked that we change the over all plan for the booths as little as possible and so the only change planned was for decorations. Float paper was purchased by the 4-H Council from the Earl W. Gasthoff Co. of Danville, Illinois. While the initial expense was considerable, it has been carefully stored since the Fair, for future use, and should serve for future occasions.

Dress Revue

For the first time this year, the Dress Revue was held out doors. A special stage was built by the school and a carpenter employed by the 4-H Council. There are many things in favor of having a Revue out doors. However, this year, in spite of considerable planning, the lighting was poor.

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(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

The Dress Revue (con't)

Something must be done to assure improved lighting or the whole plan must be abandoned.

It is the opinion of the Agent that the quality of the Dress Revue this year was an improvement over previous years. Those chosen to represent Yuma County at the 4-H Roundup were:

Party Dress - Nedra Tudor of the Jolly Commuters Club
Best Dress - Myrna Ellis of the Little Women Club
Tailored Suit - Rosalie Robles of the Hem and Ha! Club
Sports Dress - Bonnie Lou Jones of the Stitch and Cackle Club

Demonstrations

In general, the Home Demonstration Agent took the responsibility of working with the 4-H Senior age clubs and their leaders on Demonstrations for the Fair while the Ininerant Assistant Home Demonstration Agent took the responsibility for the Junior age clubs. By the first of April, it was well established who were to demonstrate and what. All groups and leaders, however, requested special coaching.

Teams and individuals given special help by the Home Demonstration Agent were as follows:

Stitch and Cackle Club - Gadsden
Caroline Lott and Ruth Anderson - Doughnuts as a Party Dessert
Martha Jane Guthrie - Making a Fool-Proof Frosting

Little Women's Club - Somerton
Frances Barrientos and Gayle Kerr - Making French Fries
Alice Barrientos and Amanda Araza - Cutting out a Garment

Junior Home Makers - Somerton
Charlotte Salyer and Betty Smith - Milk Drinks
Marilyn Carlisle - Hair Styles for Teen Agers

Hem and Ha! Club - Yuma Mesa
Rosalie Robles and Ruth Darrah - The Art of Bed Making
Joan Koogler - Stain Removal

Mohawk Valley Club -
Sandra Gaines and Juanita Hopkins - Dress Accessories

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(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

Demonstrations (con't)

Jolly Commuters Club - Crane
Betty Bickers and Dorothy Anderson - A 4-H Party Dessert
Barbara Smith and Dixie Anderson - Around the Clock with Milk
Jill Cannon and Ann Thacker - Making a Notched Collar
Eugene Ochoa - Pressing at Home

There were, of course, many instances when the Agent counselled with leaders and 4-H'ers on final preparation of clothing and other exhibits.

In all, nineteen Junior demonstrations were given and twelve Senior demonstrations. These can be further broken down into seven Junior Clothing, twelve Junior Foods, six Senior Clothing, four Senior Foods, two Senior Home Management Demonstrations.

Judging

This year, for the first time, Home Economics judging was not included with the Fair program. Rather, it was decided to hold it the Saturday following the Fair at the Yuma Union High School.

In previous years, it has been difficult to get pictures of the Dress Revue partly because the Revue has come at night and partly because girls have many other interests during the Fair. This year arrangements were made and pictures made immediately following the judging contest. These were used in a film strip of the Fair which has been shown County-wide this fall with good results.

At the judging contest fourteen leaders helped. Sixty girls participated. The 4-H members were divided according to Junior and Senior age.

The following rings were judged:

Clothing

1. Pattern, fabric, and findings
2. Equipped sewing boxes
3. Cotton dresses
4. Aprons
5. Accessories

Foods

1. Custards
2. Muffins
3. Menus
4. Table setting
5. Cakes

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(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

Judging (con't)

Food Preservation

1. Canned Vegetables
2. Canned Fruit
3. Frozen Food Equipment

High point winner in each division won a trip to the Roundup.
Winners in the contest were as follows:

JUNIOR

SENIOR

Clothing

- | | |
|--------------------------|------------------------|
| 1. Sharla Fletcher 545 | 1. Sandra Gaines 546 |
| 2. Alice Jones 529 | 2. Caroline Lott 544.5 |
| 3. Barbara Castleton 526 | 3. Jill Cannon 544.3 |

Foods

- | | |
|----------------------------|-------------------------|
| 1. Patricia Craddock 524.3 | 1. Sandra Gaines 585 |
| 2. Betty Langford 524 | 2. Ruth Anderson 565 |
| 3. Nancy Apfel 511.6 | 3. Dixie Anderson 563.3 |

Food Preservation

- | | |
|----------------------|------------------------|
| 1. Dawn Apfel 271 | 1. Caroline Lott 274.3 |
| 2. Betty Smith 271 | 2. Jill Cannon 266.7 |
| Charlotte Salyer 271 | |
| 3. Nancy Apfel 263.3 | 3. Sandra Gaines 263.3 |

Sweepstakes

At the Fair, sweepstakes were determined by the number of points earned by each 4-H member. Every blue and red ribbon represented a given number of points.

Winners in this individual contest were:

1. Bonnie Lou Jones
2. Jill Cannon
3. Ruth Anderson

Club sweepstakes were determined by the average number of points accumulated per club member in the club.

Winners in this club contest were:

1. Stitch and Cackle
2. Jolly Commuters
3. Busy Bees

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(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

Sweepstakes (con't)

Some statistical results from the Fair are as follows:

182 - exhibitors
459 - clothing exhibits
 215 - 1st year
 101 - 2nd year
 79 - 3rd year
 64 - advanced
283 - food exhibits
 134 - 1st year
 65 - 2nd year
 51 - 3rd year
 13 - 4th year
 20 - advanced
58 - food preservation exhibits
 11 - canning
 47 - freezing
11 - home management and room improvement exhibits

Roundup

Thirty-four members of County 4-H Clubs participated in the Thirty-Third Annual 4-H Club Roundup at the University of Arizona. Three leaders also attended the four-day session.

They competed with 4-H'ers from all over the state in demonstrations, dress revue, showmanship, and judging competitions. Expenses of the Yuma delegates were paid by the Yuma County Chamber of Commerce and the Somerton Chamber of Commerce. All members attending Roundup were selected on the basis of their competition at the Junior Fair contests. Awards made to Yuma County Home Economic delegates were as follows:

<u>CONTEST</u>	<u>CONTESTANTS</u>	<u>AWARDS</u>
Jr. Clothing Demonstration - Hair Styles for Teen Ager	Marilyn Carlisle	Blue-medal
Sr. Clothing Demonstration - Pressing at Home	Eugene Ochoa	Blue-medal
Sr. Clothing Demonstration - How to Make a Notched Collar	Ann Thacker Bill Cannon	Blue-medal

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(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

Roundup (con't)

<u>CONTEST</u>	<u>CONTESTANTS</u>	<u>AWARDS</u>
Jr. Clothing Judging	Charlotte Salyer Betty Smith Marilyn Carlisle	Blue
Sr. Clothing Judging	Bonnie Lou Jones Rosalie Robles Jill Cannon	Blue
Jr. Foods Demonstration Measuring Dry Ingredients	Esther Chadwell	Red
Sr. Foods Demonstration Doughnuts as a Party Dessert	Caroline Lott Ruth Anderson	Blue - medal
Sr. Food Preservation Demonstration Freezing Strawberries	Claudia Yowell	Blue
Sr. Dairy Foods Demonstration Banana Cream Pie	Betty Bickers	Blue - medal
Sr. Dairy Foods Demonstration Around the Clock with Milk	Dixie Anderson Barbara Smith	Blue - medal
Jr. Dairy Foods Demonstration Milk Beverages	Charlotte Salyer Betty Smith	Blue - medal
Sr. Home Management Demonstration The Art of Bed Making	Rosalie Robles	Red
Jr. Foods Judging	Charlotte Salyer Betty Smith Marilyn Carlisle	White
Sr. Foods Judging	Sandra Gaines Dixie Anderson Willis Ann Smith	Red
Sr. Food Preservation Judging	Ruth Anderson (Medal) Caroline Lott (Medal) Ann Thacker	Blue -2 medals

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1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

CONTEST

Dress Revue

CONTESTANTS

Bonnie Lou Jones
Rosalie Robles
Myrna Ellis
Nedra Tudor

AWARDS

Red
Blue
Blue
Blue - trip to
club congress.



This Foods Demonstration team was selected to give their demonstration at the Awards Assembly the last evening of the Roundup. This was a big honor for the girls.

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1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

20 GIRLS STAGE 4-H DRESS REVUE

Gremlins and Fairy Godmother Help Arizona Farmer Get Interesting Sidelights on Achievement Story

ARIZONA Farmer's special fairy godmother, who clears the way to lots of interesting things for its readers, was in especially good form when it perched on this reporter's shoulder and led us to get pictures and interviews of four especially interesting boys and girls, all of whom later won blue ribbons. It even included the slender blonde girl champion who won the trip to Chicago in the dress revue.

It was impossible to picture the 20 girls who were featured in the

from Yuma, made a handsome heavy blue wool suit out of her father's navy uniform. Her father, who taught in Flagstaff and in Yuma before going to war, and who got three years' service out of his Petty Officer's uniform which now is in Rosalie's wardrobe, has been studying at the U. of A.'s College of Pharmacy since leaving the service, and has only little more than a year to go to get another degree, this time as a pharmacist.

It took between three and four months for Rosalie to rip up the uniform (for which she used a razor blade) and remake it into a suit. A McCall pattern served for the skirt, and a Buttrick pattern for the jacket. Every seam was carefully steam-pressed, as was each piece before she cut it. On finishing the suit, it was then sent to be pressed professionally.

She has even used the original buttons for her suit. It has, however, a new lovely satin lining.

Nedra Tudor Wins Highest State Prize With "Paris" Creation

TWO YEARS ago a school class in Yuma started writing to a similar class of students in Europe, while pupils all through the nation were doing the same thing in the interests of better international understanding. One of those Yuma pupils was Nedra Tudor. And because of her pen-pal, and her own clever ability to learn her 4-H project well, she is now state winner in a fashion revue contest.

The revue was held on the U. of A. campus as one of the major events of the 4-H Round-Up. Her winning Chicago trip will take her to the National 4-H Club Congress this fall.

Nedra fell in love with the dress she saw in a Parisian fashion book her French pen-pal sent her. She couldn't read the description, but knew it was of net and probably taffeta. So, she got to work. The gown, complete with net stoll, and dress zipper, cost her all of \$10.

She likes sewing best of all the 4-H projects she has undertaken. Living with her parents in Yuma, she received much encouragement from them, but her grandmother who also lives there was a tremendous help to her, as was her home economics teacher, along with her 4-H leader.

Publicity given Yuma County 4-H Dress Revue Contestants at the Roundup. Nedra Tudor won first place in the Dress Revue.

Nedra figures it took her 50 hours to make her Parisian creation, in which she has five yards of net and two of taffeta.

Her pen-pal has already started his medical studies in France. He keeps writing. So does she. Now he'll get a picture of some fashion creating which is not the exclusive property of Parisian couturieres. A little blonde maid in Yuma can do a sensational job in that field too.



When the Blue Ribbon awards were announced at the Fashion Revue during the 4-H Round-Up, Rosalie Robles (above) of Yuma was left out by a gremlin's wicked trick. Arizona Farmer had already selected her for this picture because of her difficult achievement in making the suit. But later, her big brown eyes sparkled with joy as someone told her about the mistake and that she was winner anyway.

dress revue, held Wednesday night in the Greek Amphitheater on the U. of A. campus, and get them into our limited space. So we settled on two girls whose difficult feats of accomplishment in dressmaking were outstanding. Those two were Nedra Tudor, who won the state contest, with her "Parisian" evening gown, and Rosalie Robles, one of the blue ribbon winners.

Rosalie, who, like Nedra, comes



Yuma-born Nedra Tudor, high school senior, in the two-tone green taffeta and net gown she copied from a Paris fashion magazine sent her by a pen-pal she has been corresponding with for two years. This gown made her state winner in a contest and awards her with a coveted trip to Chicago. The classroom pen-pal happens to be a medical student. Male, too. Now she'll send him a picture. This one.

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D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project D - 4-H Clubs (con't)



Winning Senior Clothing Demonstration Team at the Roundup.
Jill Cannon and Ann Thacker made a Notched Collar.



Winning Senior Clothing Demonstration Individual. Eugene Ochoa's
subject was "Pressing at Home". He won the highest score given any
demonstrator.

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D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project D - 4-H Clubs (con't)



Winning Senior Dairy Foods Team at the Roundup. Dixie Anderson and Barbara Smith demonstrated "Around the Clock with Milk".

Candidates for National 4-H Club Camp

The outstanding 4-H club boy and girl are selected on the basis of all around club work with emphasis on club work. This boy and girl are Yuma County's candidates for the National 4-H Club Camp contest. This year, E. F. Sanguinetti Company, Inc. presented a \$100 check for each. The Sanguinetti Co. has made awards to outstanding 4-H'ers in the past and this year decided to establish the E. F. Sanguinetti award which will be presented in May of each year. Selected for the award this year were Myrna Ellis of the Little Women in Somerton and Bill Kryger of the Jolly Commuters in Crane.

Safety

During the spring, Yuma County 4-H members were given a safety check sheet. They were instructed to use this check sheet at home and correct the hazards found. Awards were to be given for outstanding work since these safety activities would contribute to the welfare of the club member, his family and community. The following 4-H'ers were selected to receive Yuma County 4-H Safety awards:

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1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

Safety (con't)

Senior winner was Elsa Chapman of the Hi Jolly 4-H club at Quartzsite. Junior winner was Jerry Orendorff of the Crane Agriculture 4-H club; both received a \$5.00 check from the Yuma County 4-H Council and a 4-H metal sign "A 4-H Member Lives Here". Other winners were Patsy Jo Thompson of the Yuma Mesa Jackrabbits 4-H club and Mary Young of the Hi-Jolly 4-H club; these girls received a 4-H sign.

Health

Each year, the Yuma County 4-H boys and girls devote at least one 4-H club meeting to discuss health activities and ways to improve their health. A county contest is conducted to select the Senior and Junior boy or girl that has done the most to improve their health and to help other 4-H Members and friends in their community to become more health-minded.

As health award, one Junior receives a \$5.00 award and one Senior 4-H club member wins a free trip to the State 4-H Roundup in June and becomes the Yuma County representative in the State and National 4-H Health Improvement contest. This year, winners for Yuma County are: Junior - Jens Johannsen of the Rood Hustlers 4-H club; Senior - Willis Ann Smith of the Somerton Junior Farmers and Home Makers.

Rural Life Sunday

In observance of 4-H club Sunday, 4-H members were encouraged to attend the church of their own choice, attend church in a body with other club members or to take an active part in the service.

Reports were received from 10 clubs telling their method of observance. The most popular was attending the church of their own choice, though several members did take part in the service and others asked that Rural Life Sunday be mentioned in the program.

National 4-H Club Week

National 4-H club week was observed in Yuma County through newspaper articles, a radio program and a window display in E. F. Sanguinetti's. Posters carrying the theme of "Working Together for World Understanding" were also distributed throughout the Northern and Southern parts of the County.

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(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

National 4-H Club Week (con't)

The window display in Sanguinetti's window served to tell the status of 4-H club work in Yuma County. Signs were displayed showing the project enrollments for both agricultural and home economics projects. Snapshots of 4-H members engaging in various club activities were also mounted and used as part of the exhibit.

The newspaper articles carried more details as to the number of clubs organized in the county and the type of activities in which they were engaged.

Recognition Banquet

The County Recognition Banquet was held Saturday, October 20th. As in previous years, it was held at Crane School with the food prepared by the Crane School Cafeteria Staff. In the Agent's judgment this was the best Recognition Banquet Yuma County 4-H has had. This, in spite of the fact that it was necessary to report the lowest per cent of completions as of any previous year. It is hoped that with closer cooperation of parents and 4-H'ers which is being worked on this year, our percentage completions next year will be much better.

An excellent spirit prevailed among the three hundred 4-H'ers, parents, leaders and friends in attendance at the Banquet. The program was as follows:-

Master of Ceremonies	Jerry Cannon, President Yuma County 4-H Council
Invocation	Rev. R. O. Douglas
Dinner Fun	Mrs. Mary Joslin
4-H Trio	Marianne Euhus Rowena Slocum Corinne Moore
Certificates of Leadership . . .	Albert R. Face
Inspirations to 4-H Leaders . .	Mr. Louis Joslin
County Winners	Mariel Hopkins Lonnie McGrew
State Winners	Ellen Kightlinger
Speaker	Harold Giss
Installation of 4-H Leaders' Association Officers	
Installation of 4-H Council Officers	
God Bless America	

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(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

Recognition Banquet (con't)

An innovation this year was the head table personnel. The 4-H County Council Officers both retiring and incoming took the place of the County Extension workers and their wives. The Agent thought this an improvement.

County Home Economics winners were announced as follows:

Better Methods	Rosalie Robles
Clothing Achievement	Rosalie Robles
Dairy Foods Team	Dixie Anderson Barbara Smith
Dairy Foods Individual	Betty Bickers
Dress Revue	Nedra Tudor
Food Preparation	Caroline Lott
Frozen Foods	Martha Jane Guthrie
Girl's Record	Jill Cannon
Health Improvement	Willis Ann Smith
Leadership	Myrna Ellis
Room Improvement	Sandra Gaines
Santa Fe	Eugene Ochoa Bonnie Lou Jones

Mrs. Ellen Kightlinger, Assistant State 4-H Club Leader announced the Chicago Trip winners for Home Economics projects as follows:

Nedra Tudor	Dress Revue
Jill Cannon	Girl's Record
Sandra Gaines	Room Improvement
Willis Ann Smith	Health Improvement
Eugene Ochoa	Santa Fe Trip

In addition there were four state winners other than trip winners, as follows: Dixie Anderson and Barbara Smith, Dairy Foods Demonstration Team; Betty Bickers, Dairy Foods Demonstration Individual; Myrna Ellis, Recreation. Of these, Mrs. Kightlinger explained that Betty Bickers record had been sent in for contest in the regional Dairy Foods award. Word has since come that Betty is alternate regional winner.

The five trip winners left Yuma for the 4-H Congress in Chicago the morning of November 23rd.

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(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

Special Events

Two 4-H Clothing Leader Schools were held in January. Mrs. Mary Robertson, Acting State Clothing Specialist was in charge. The meeting was held on Tuesday, January 23rd beginning at 10:30 in the morning, at the Mohawk Valley School with three communities represented. Discussions and demonstrations centered around stylings and sewing techniques for advanced 4-H girls. Of particular interest was a scarf made from Scotch plaid gingham which girls can make as a costume accessory.

On January 25th, a similar school to the one held on January 23rd, was held in the Somerton School Sewing Center. This was for the benefit of the 4-H Leaders and Mothers in all the Valley areas. To this school came eleven leaders representing six clubs. Again the school was a success in every way.

On February 10th, Yuma had its Annual Silver Spur Rodeo parade. This is an event in which practically all organizations in Yuma and vicinity take part and, as usual, there was a 4-H Float. The parade theme was "Sunshine and Water" and the County Council decided to construct a garden for the float. This required quite a little experimental work on the part of the Agent. It also necessitated preparation in arranging for the painting of a Mural, in securing the use of a Low Boy Tractor, in plans for trimmings and in actual decoration of the float. In all of these, the Agent took part. The Float made a very fine showing and was a good advertisement for 4-H Club Work.

During the year, training meetings have been held on demonstrations and judging with Mrs. Ellen Kightlinger, Assistant State 4-H Club Leader, in charge. As a result of these meetings, there has been an increase in judging practice in the local club meetings.

One training meeting, directed toward club members rather than leaders was the Officer Training Meeting conducted by Mrs. Kightlinger and Mr. Kenneth McKee, State 4-H Club Leader. Results of this meeting have been used during almost every club meeting attended since.

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(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

Special Events (con't)

On September 19th, the County workers in the persons of Al Face, Lonnie McGrew and the Home Demonstration Agent spent the day with Mr. McKee and Mrs. Ellen Kightlinger formulating a 4-H Club Calendar and working out details of the program.

4-H Club Camp

The Agent together with Frank Pritchard, Assistant County Agricultural Agent, chaperoned a group of twenty-four Yuma County 4-H'ers to the State Camp held August 1 to 6 at the YMCA camp grounds near Prescott. The Agent was scheduled to conduct classes in "Original Table Decorations" to both the "A" and "B" girls; to be chairman of the committee in charge of Western Cook-Out Party; to be in charge of the Church Services Sunday morning. Things moved smoothly throughout - even the rain didn't interfere too much with the general good times. One of our girls was very homesick, it was her first experience away from home. Otherwise all the Yuma County Campers had a grand time and are anxious to go again next year.

Local 4-H Club Programs

The local 4-H club programs include not only project work, but also recreation, health, safety and community activities as well. In the community clubs, the recreation is a part of most every meeting and usually one or two meetings are set aside during the year for a complete meeting on recreation. The health, safety, and community activities do not contribute to each meeting, but enter into different meetings throughout the year. All but several clubs in the county are using the Wetzel Grid as part of their health activity. Written club programs have not been used to any great extent in Yuma County this past year. Those clubs that have written an outline for their program have found it exceedingly helpful. Those leaders attending Leader's Conference are the first to realize the importance of this visible planning. In the County Agent's Office, it is easy to detect the difference in the summaries of programs for a club that has planned and a club that has not planned. Differences show up for the most part in the activities and in the Fair participation.

D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

Special Events (con't)

State 4-H Leader Conference

This was held in Flagstaff at the State College. It was not originally planned that the Home Demonstration Agent should attend the Conference. However, because of the resignation of Mr. Bob McCreight, Assistant County Agent in charge of club work, a last minute adjustment was made. Yuma County had a delegation of eleven leaders and Junior leaders as follows: Mrs. Merle Bickers from the Crane area; Mrs. Blanche Ellis from the Somerton area; Mrs. Nell Gaines from the Wellton-Mohawk area; Mrs. Dan Williams from the Yuma-Mesa area; Mrs. Ruth Scott from Quartzsite; Mrs. Lois Pappin from the North and South Gila area; Mrs. Jim Minter from Gadsden; Mr. and Mrs. Arthur Loveridge from Parker and Poston; Myrna Ellis from the "Little Women" Club; Sandra Gaines from the Wellton-Mohawk club. The over-all emphasis of the conference was on recreation. However, work on organization and planning was included as well. All our Leaders entered into the spirit of the conference in great style and expressed themselves as having been helped for better leadership.

Council Meetings

The Agent has attended and taken part in the meetings of the County 4-H Council. Dates for these meetings have been scheduled to precede County events when it was necessary to formulate policies and plans.

This is the second year that Yuma County has had a 4-H Leader Council. This organization has been a big help in organizing and scheduling duties for all County 4-H events.

Before leaving the subject of 4-H activities and results it should be here stated that 4-H files in the County office take the form of a card index which works for a permanent record of enrollments and completions.

A 4-H news letter is published under the caption "Covered Wagon" and sent to all 4-H members and their leaders. While the Assistant County Agent assumes the initiative for these news letters, it is a joint publication of the Assistant County Agent and the Home Demonstration Agent staff.

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(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project E - Reports

Reports from the Home Demonstration Agent's Office take the form of a monthly narrative and statistical report. Weekly reports have been practically impossible because of congestion in stenographic services or in the Agent's program.

The Agent has a calendar outline where she writes down appointments, makes notes concerning meetings, etc. Reports are largely made from this calendar.

XIII- Nutrition

In no phase of Home Demonstration work are the effects of a long term program more evident than in nutrition. Requests for assistance came from what communities have learned to be important sometimes extending many years back. For this reason, it seems hardly fair to tell of one years work in nutrition without going back for at least a brief account of teachings and accomplishments in previous years.

A decade and a half ago, Yuma County through the Home Demonstration service had an intensive course in child care. The Agent is still feeling the influence of this course and not a month passes that she does not have some requests for the literature from the Children's Bureau in prenatal, Infant and Pre-School child care.

In 1949, the Agent added to her bulletin supply, the one entitled "Your Children from 6 to 12", published by the Children's Bureau of the Federal Security Agency. This last named went to Camp Fire Guardians, to Parent Teacher Association committee members as well as to our Extension Personnel. This current year, there have continued to be requests for this bulletin.

The long established custom of giving advice on food preparation means that the Agent is called on for advice in all phases of food preparation from supplying recipes to interpreting unusual results. For the past five years there has been increased interests in the school lunch program. There has been an increase in quality of lunches served and in percentage of children served. The problem has been simplified by the closing, within the last seven years of three rural schools, the children being sent to either Crane School or to the Yuma Grammar School. These schools have been: Sunnyside, North Gila School, and Rood. Up until a year ago, this arrangement has been looked upon as more or less a temporary affair but now it has become permanent for all three districts involved. As far as the

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(c) Project Activities and Results (con't)

XIII Nutrition (con't)

hot school-lunch program is concerned, this is definitely a good thing.

In the fall of 1945, a hot school lunch was instituted at the Roll, Mohawk School with their President of the Home Demonstration Club acting as Cafeteria Manager. This lunch is at present functioning under the same management. Not only is it doing a splendid service with the daily school lunches but serves for many school and community functions. The entire community is appreciative of the service. The cafeteria manager is now serving as local 4-H club leader for Foods projects.

In the fall of 1947, a school lunch room was opened at Wellton. The Wellton Home Demonstration Club initiated the movement, and a Home Demonstration Club member was selected as manager. A building was erected on the School grounds for the purpose and nicely equipped. Since then, more equipment including a dish washing machine and a "walk-in" refrigerator have been added. The lunch room is operating at present and is a real credit to both the school and community.

The fall of 1948 saw quite a re-organization of grammar schools in Yuma proper. The new school buildings were put in operation and the school lunch or cafeteria was moved from the basement of the Fourth Avenue Grammar School to a building all its own. Modern equipment was installed in the building and the management of the cafeteria placed in the hands of a trained dietitian entirely separate from school authority supervision. The cafeteria has taken its place not only to serve a large number of school children but it is used for many evening civic club dinners as well. While obviously, Home Demonstration Work has had no direct part, it has indirectly helped build public opinion to bring about this needed change.

At the Yuma Union High School, the Cafeteria continues to be in charge of a former Crane Cafeteria Manager. From time to time she comes to the Agent requesting help from her for recipes and menus. The Agent has supplied her with tested quantity recipes and menus.

At the Somerton Grammar School, the lunch room has long been an example of a well run institution. The principal, manager, and 4-H Leaders work together to maintain standards for good nutrition. Approximately four hundred children are served each day. This fall the manager conferred with the Home Demonstration Agent on plans for redecorating the dining rooms.

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(c) Project Activities and Results (con't)

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Sub Project A - Food Production

Three factors have always influenced the growing of home vegetable gardens in Yuma County as follows: character of the soil and water supply; climate; proximity of commercial vegetable growers. In a large portion of Yuma County, the soil is salt and does not lend itself to the growing of a variety of produce. Irrigation systems furnish water for comparatively large areas but are difficult to adjust for a small area such as a home vegetable garden. The growing season extends for the entire year with the possible exception of two months in the extreme heat of the summer. Because of commercial truck gardens, Yuma County markets are abundant in both variety and amounts of fresh vegetables and fruits and at a cost less than that of production on a small scale. In short, the growing of home vegetable gardens, is not generally practical in Yuma County. There are, of course, certain exceptions such as: The Yuma Valley, where the soil is not salt.

Always, the Home Demonstration program in Yuma County, in all phases of Food Production, has been subsidiary to that of the County Agricultural Agent. The Home Demonstration Agent has included timely information on poultry and egg production as well as home gardens in radio broadcasts which she has given. 4-H garden and poultry projects are supervised by the Assistant County Agricultural Agent.

Sub Project B - Food Preservation

A part of the Home Demonstration Agent's time each month of the year is occupied with dispensing information on food preservation. This is because food material grows in Yuma County the year round. However, this presence of fresh food materials has made Yuma County not one which cans or freezes heavily. The practice is to preserve the surplus which occurs and to use it to supplement the fresh vegetables and citrus fruits of the long growing season. Such fruits as apricots, peaches, pears, plums, cherries do not grow to any extent locally. The last few years there has been rather large scale trucking of such fruits from California which has stimulated home canning and freezing. Then, too, since Yuma is located on the border of California orchards, many homemakers go to California, for the purpose of canning and drying the fruit.

The year 1943 saw an effort to make the drying of vegetables in Yuma County practical. Dehydrators were built in farm communities and two result demonstrations conducted. While the dried products were fairly palatable, yet, without

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XIII Nutrition (con't)

Sub Project B - Food Preservation (con't)

exception, home makers preferred canned foods. Drying was not deemed of much practical use in Yuma County because surplus can better be conserved by canning or freezing.

In 1943, also, when pressure canners were being rationed approximately one hundred new pressure canners were purchased in Yuma County. This has, in all subsequent years, helped materially the home canning of food materials. In all years past, some work has been done by the Agent in testing the accuracy of pressure gauges. She has, at present a maximum registering thermometer and tests gauges on request. However, Yuma County's dry climate, together with sea level altitudes, tend to keep gauges accurate and to minimize the importance of such testing.

The last four years have seen a decided decline in canning in favor of freezing as a method of preservation. This seems to be due to the greatly increased facilities for freezing. In September of 1945, a commercial freezer storage locker plant was opened for trade with more than sixty per cent of the rentals going to rural people. This plant is at present operating at peak capacity. In addition, the last four years have seen home freezer cabinets installed in a great many of the rural homes in Yuma County.

From 1945 to the present time, the Agent has attended a total of five work shops on Food Preservation given at the University under the auspices of the State Extension Staff. Each of these has served as a refresher course and results have been given back to all organized groups in the County. The last of these was held May 24th and 25th, last year (1950) and was very helpful for the program of work in Yuma County.

This current year not a week has passed without requests for information on packaging for freezing. These have, of course, all been answered.

One thing should be mentioned here and that is the influence 4-H club work has had in spreading up to date information on packaging for freezing. Some of the girls have worked up excellent demonstrations and in the process of so doing have become very well informed, along with their leaders, on the subject. It has created an authoritative source of information in at least three County areas.

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(c) Project Activities and Results (con't)

XIII Nutrition (con't)

Sub Project C - Food Selection and Preparation

Work in food selection and preparation falls into three classes as follows:

1. Project work with adults
2. Request work with adults
3. 4-H Club work

Project Work with Adults

In November of 1947, a project local leader meeting was held on Poultry. Representatives from all organized groups were present and the work was given back in all communities. Two results are still in evidence from these meetings: There is wide spread use of the bulletin entitled "For That Holiday Dinner". This bulletin was compiled by the Extension Nutritionist and describes the method of preparing and roasting a Fowl as taught at the meeting. This bulletin has been supplemented in the last and current years by "Turkey on the Table the Year Round", a U.S.D.A. Publication; There are calls for the recipe "Horn of Plenty" pie. This pie is particularly good for Yuma County because it used dates and pecans, locally grown products.

Another leader meeting on Food Preparation which is still being used in all or in part in the County is one on the subject "Grapefruit Desserts" - Leaders still report distributing the leaflet on the subject and the Agent has requests. This has proven an excellent demonstration for our County because it makes use of our abundant grapefruit crop and has pointed the way to new uses.

In 1949, the Extension Nutritionist, was in charge of a Leader Meeting, "Favorite Mexican Dishes". It took the form of a buffet luncheon prepared, served, and its nutritional value developed in a round table discussion. The menu was as follows: Chiles Rellenos; Frijoles Refritos; Rospadas; Ensalada de Aguacata; Cocada; Coffee. While returns from this meeting have been fair, yet women have not been very enthusiastic because the dishes were elaborate and relatively expensive and because living near the Mexican border, the art of Mexican cooking is already highly developed in all communities.

In 1950 before Miss Reva Lincoln, Extension Nutritionist, resigned her position, she conducted two leader meetings in the County as follows: "Meals that Can Wait", "Salads from Locally Grown Products". These demonstrations have been

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(c) Project Activities and Results (con't)

XIII Nutrition (con't)

Sub Project C - Food Selection and Preparation (con't)

repeated in part and in whole by Leaders and by the Agent during the current year. In the former, a "Master Mix", "Roux", etc, are used in the preparation of an oven meal, a broiler meal, as well as top stove dishes. The latter consisted of just what the title implied, the making of luncheon and dinner salads. Suggestions given in the demonstrations have been widely used in all communities.

Early in November of this current year, Mrs. Elsie Morris, our present Extension Nutritionist responded to a long expressed request of the County Home Maker Council. She conducted a Leader Meeting on "Food for Entertaining". Twenty-three leaders from eleven communities assembled in the Business and Professional Women's Club House for the day's work beginning at ten thirty in the morning. The morning was spent in discussion and a demonstration by one of the Leaders on level measurements after which the group divided for actual preparation of a noon day buffet meal designed for entertaining. Foods prepared were correct nutritionally as well as being very attractive. Powdered skim milk was used in abundance. Foods prepared included: A center-piece of an egg plant, tooth picks stuck with carrot curls, baconettes (broiled bacon curls with peanut butter); olives and cream cheese pecan halves; Chile Rellenos; Brocoli and Cauliflower Salad with Carrot Lemon Dressing; Grapefruit, Pomegranite Salad on Romaine; Pin-wheel Biscuit; Cocoa with Powdered Milk Topping; Ambrosia; Scotch Toffee.

The resulting meal was highly successful. While time has not been sufficient to give results, the Agent has since attended three Home Demonstration Club meetings where the work has been given back and they were each very well conducted. It has been interesting to learn that many home makers are already using powdered skim milk. However, in each case there were a group of women who were not and who planned to begin. Recipe sheets from the meeting have been in demand.

Request Work with Adults

For special interest meetings in the County during the current year, the following can be said:-

The past several years have seen a revival of requests for work meetings on "Christmas Sweets". These were popular during the pre-war days and for obvious reasons they had to be discontinued when sugar became scarce. During December of 1950, there was time for but one such meeting as follows:-

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The Gadsden Club requested a Candy Making Day. The meeting was held at the Frauenfelder home the morning of December 13th. Each club member brought some candy made from her favorite recipe. Mrs. George Pickering and the Agent demonstrated the making of oriental creams and various fondant candies. In the afternoon, the candy was pro-rated among the members present. It was a very successful and happy meeting.

The Yuma County Farm Bureau contacted the Home Demonstration Agent at the first of 1951 requesting assistance in the planning and operation of a recipe contest. A planning meeting was held at a luncheon on Saturday, January 6th. Representative home makers from each Farm Bureau in the County who together with the Farm Bureau Secretary, Mr. Wm. J. Walker and his wife made up the committee, were present at this meeting. Rules were formulated for the contest and a score card for judging was formulated. It was decided to allow a good percentage for use of locally grown produce.

The contest opened officially Wednesday, January 10th and closed January 31st. Entries were judged each evening from 5:30 until 6:30. Daily, weekly and grand prizes were awarded. There were a goodly number of contestants each day and there was publicity over KYUM and in the Yuma Daily Sun. The Agent felt it was a successful educational venture in that the public was informed of the many possibilities of using locally grown produce in food preparation.

YUMA COUNTY WOMEN PROVE THEIR PROWESS AS COOKS

THERE are a lot of expert cooks down Yuma way. That's been a recognized fact for a long time, but after what happened there in the three weeks ending Feb. 3, Yuma County Farm Bureau staffers and many a Yuma merchant are ready to believe there's more women in that area who can claim to be good cooks — and prove it — than in any place else on earth.

It all started when the Farm Bureau decided to hold a recipe contest, open to the women of Yuma County. They set the date, decided a \$5.00 cash prize would be awarded daily for the best recipe, a weekly prize-winner would be chosen, and a grand prize awarded at the end of the contest. They spread the word around and sat back to await results.

They got them! Favorite recipes and samples of the results began to pour into the Farm Bureau office in such volume that Mariel Hopkins, head of the judging committee, and her aides were in danger of both physical and mental colic. So many outstanding recipes came in that the rules were amended to provide for a daily second prize of \$2.00. Even then it was hard to narrow it down to the two best.

When time came to determine the grand prize winner, it just wasn't possible at all—adhering closely to the score card as they did. Two women came up with less than one point difference in their scores, so what could the judges do but name them both grand award winners and let them split the prizes! Accordingly, Mrs. Denny Smith and Mrs. H. C. Bucholz shared the acclaim, the \$15 cash, 2 cases of Desert King grapefruit, \$10 worth of garden tools, a Parker 21 pen and pencil set and an electric bean pot, all donated by Yuma firms.

Miss Mariel Hopkins
Home Demonstration Agent
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D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

XIII Nutrition (con't)

Sub Project C - Food Selection and Preparation (con't)



Pictured at the left
are the winners of
the Recipe Contest
which was sponsored
by the Yuma County
Farm Bureau.

Most expert of the experts, Mrs. H. C. Bucholz, left, and Mrs.
Denny Smith tied for the grand prize in the recipe contest.

There has been distribution and use of the U. S. D. A. Bulletin "Nutrition, Up to Date, Up to You", or the later edition "Family Fare" in all communities. In some cases, this has taken the form of a club discussion on nutrition using the wheel of good eating as background material. In other instances, the Nutrition Chairman, has reviewed the bulletin which has been followed by a Round-Table Discussion. At meetings of three Home Demonstration Clubs, the Home Demonstration Agent, responded to special requests for demonstrations by preparing one of the menu suggestions in "Family Fare" using it as a basis for a discussion of good nutrition habits.

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Under nutrition can be reported the work of the Agent while at the New Mexico State 4-H Encampment. Mrs. Isabella Pace, Maricopa County Home Demonstration Agent, and Mr. Ralph Van Sant, State Poultry Specialist, together with the Yuma County Agent were delegated to act as Judges. Upon arrival at noon, August 7th, the Yuma County Agent was assigned to judge Dairy Foods Demonstrations. She began at one o'clock and was kept busy mornings and afternoons until Friday afternoon, August 10th. Miss Elsie Cunningham, State Leader of Home Demonstration Work, served as chairman of all the Dairy Foods Sessions. Demonstrations were grouped as follows: Junior Individual; Senior Individual; Junior Team; Senior Team. In all, more than forty demonstrations were given and all had been well prepared. It was interesting that there were more individual than team demonstrations. Two boys gave individual demonstrations and they were very well received by both staff and audience. The thing in evidence more than anyone thing was cottage cheese. However, the demonstrations showed good variation.

4-H Club Work

It is a little difficult to determine where the subject matter influence of nutrition work with adults leaves off and where 4-H influence begins. This is true because Leaders and mothers of 4-H'ers are more often than not, members of Home Demonstration Clubs. The influence of the 4-H Dairy Food Demonstrations on family food habits has been very evident. For instance a few years ago when 4-H'ers began talking about "safe milk", and demonstrating home pasteurization, home makers began immediately to inquire about it. These inquiries have continued to the present time.

This current year our winning Senior Dairy Foods demonstrations have been "Around the Clock with Milk" and "A Dairy Foods 4-H Company Dessert". In the former, the girls stated that we all knew the value of safe milk in the daily diet, yet an average person did not make a business of putting it in the diet. They proposed to actually put a quart of milk in an individual's three meals of the day. This they actually did winding up with a very attractive day's meals which they justified on the wheel of good eating.

The Individual Dairy Foods demonstration told of the various uses of milk as follows: Beverages; Sauces; Made Dishes. As an example of a made dish, she made banana cream pie using milk in the pastry, milk and butter in the blanc-mange!

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filling and whipped cream for the topping. It is this demonstrator, Betty Bickers, who is alternate winner for the Western Section of the United States.

Yuma County's Junior Dairy Foods team demonstration at the 4-H Roundup was entitled "Milk Drink". They made a series of six drinks and were high Junior team in the State.

It is interesting to know that in nearly all foods demonstrations, the importance of safe milk in the diet has come to be emphasized. For instance, our winning Senior Foods demonstration at the Roundup was making doughnuts. In the summary when the girls exhibited their finished product, they placed beside the doughnut serving a glass of pasteurized milk as a suggestion for a 4-H Party Dessert.

All 4-H Food Demonstrations given at the Junior Agricultural Fair this year, showed careful preparation reflecting subject matter study in the communities represented by Leaders and Mothers as well as 4-H'ers. Some of the titles were: "Making Cocoa"; "Making Soup"; Table Setting; Freezing Strawberries; Making Baking Powder Biscuits; Making Muffins; Making Butter Cake; Making an Icing; Preparing Grapefruit for Breakfast; Milk Beverages; and French Fried Potatoes.

During the year an effort was made to use the Wetzel Grid in 4-H Health Activity work. At the meetings of three clubs, members were weighed, measured and charted. However, the work cannot be counted as successful because of our limited trained supervisory staff. It is also, in the opinion of the Agent, one project which would much better fit into a school set up rather than into a community set up.

Broadcasts

A discussion of Food Selection and Preparation Activities in Yuma County during the year 1951, should not be closed without mentioning broadcasts. As before mentioned, the Home Demonstration Agent has taken her turn with the County Agricultural Agents in filling a weekly fifteen minute broadcast time over KYUM. This current year she has given a total of eighteen such broadcasts for food selection and preparation. She is continuously having responses to these discussions. Thus, she knows that her audiences have been a goodly number and that the suggestions given are being used by

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Yuma County home makers. In addition to these broadcasts by the Agent, there have been eight broadcasts by the Itinerant Assistant Home Demonstration Agent at Large and four broadcasts by the Agent over KYMA. This brings the total to thirty-two.

Thus the Nutrition influence of the Home Demonstration program in Yuma County for improved practices is considerable. It is estimated that in round numbers, five hundred families have been assisted materially this year in improving diets and that an equal number have been helped with food preparation problems, runs a close second, or four hundred and fifty families.

XIV Clothing

Since the beginning of Home Demonstration work in Yuma County, more than three decades ago, clothing has been perhaps its strongest program. It is no wonder that there are now a nucleus of women who have learned many Home Economics Clothing Techniques. These women are scattered through out the County in all communities and act either formally or informally as adult and 4-H leaders. Because of the added demands made upon the Agent's time by an expanding program, the agent has, whenever possible, for the past several years, left formal instruction to these leaders. This has meant that there have been fewer adult demonstrations in clothing work given by the Agent than in previous years. The work on Tailoring presented by the State Clothing Specialist during 1949, has greatly expanded the long time program. In addition there have, for two years past, been 4-H Leader meetings on Clothing Techniques. For these reasons it seems best to tell of the Clothing program in its relationship to the teachings of other years.

Sub Project A - Selection

For the past ten years, as market conditions have changed, selection of materials has been a repeat program. In 1942, "Identification of Fibers", was presented at a Leader Meeting and in turn was given to all Home Demonstration Clubs. This was good basic information which is still used in all communities for identification and care of materials.

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Sub Project A - Selection (con't)

In 1947, new materials again appeared in the stores after the war shortage. So, in October of that year, Miss Helen Church presented work in the County on the use and care of new materials. This included an exhibit of materials classified as cotton; rayon; nylon; combination nylon and rayon; fire resistant fabrics; materials (wool, cotton, linen) specially treated for over-coming laundering and wearing shortcomings. This work, together with the exhibit and a bulletin specially prepared by Miss Church was subsequently given back to all Home Demonstration Clubs and in addition to the Parker Women's Club, the Wednesday afternoon club, the Vi-Sa-Wen Club in Salome and to a group of women in Bouse.

In February of 1948, a clothing leader meeting was held with Miss Helen Church in charge. The subject of the meeting was "Style Trends". As usual, this was an all day meeting. The morning was occupied with an illustrated discussion. The afternoon was spent with a clothes "clinic". Some of the leaders brought dresses which they wanted to remodel. They modeled the garments and there was a round-table discussion of what could be done to modernize them. Subsequent to this Leader meeting, the Agent assisted in meetings on "Style Trends" throughout the County.

In October of 1948, Miss Church was again in the County for a Homemaker Council meeting. She brought along an exhibit of children's clothing bearing tags giving the Gaulmer measurements made according to government specifications.

In 1949, the Tailoring School conducted by Miss Church included work on selection of materials. To introduce the school, Miss Church was in the County one day in February for a Leader meeting. As usual the meeting was divided into a morning session and afternoon session. The morning session was spent in discussing fabrics suitable for tailoring. Basis for selection was based on possibility of proper pressing as well as whether it was worsted, was sanforized, was of proper weight for suit or coat, etc. During the summer the Agent, at the suggestion of the Specialist, secured samples of suitings and coatings from a list of large firms in other states - the list was supplied by the Specialist. These samples, together with samples from local firms, were used for discussion and actual selection of materials at the first school sessions in September. The afternoon of the February meeting was spent with a demonstration of pressing equipment and its use after which the leaders broke up into club groups preparing shoulder

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Sub Project A - Selection (con't)

pads and pressing cushions to take back as illustrative material, to their respective groups. Each leader was given a supply of a pamphlet prepared by Miss Church entitled "Simple Equipment Needed for Tailoring".

Since the Tailoring School, no meetings as such have been held on Selection of Clothing. In 1950, the County Home Maker Council, planned for a Leader Training Meeting on Wardrobe Planning. However, because of the double duties of the Clothing Specialist as Acting State Leader and Specialist, it was necessary to cancel the appointment. It is hoped that this work can be done at some future date.

During the current year, the Agent has included in her broadcasts, timely information on Clothing Selection. She has also been called on to give counsel concerning selection of materials for 4-H as well as adult garment construction work.

Sub Project B - Construction

Garment construction techniques have always been popular with Home Demonstration Club members in Yuma County. During 1947, the chief achievement in this field was adoption of short cuts in sewing from a Leader Meeting conducted by Miss Helen Church, State Clothing Specialist. Miss Church wrote a bulletin for this meeting entitled "Save Time by Short Cuts". The short cuts taught at this meeting have proven very popular all years since to the present and have been used not only with adult groups but with 4-H clubs as well. The wrist pin cushion is much in use, partly because it is one of the first year 4-H clothing requirements but also because of the above short cut meeting. The jiffy method of putting in zippers is being used in every community.

In April, 1948, Miss Helen Church initiated a program with Home Demonstration Clubs on "Use of Sewing Machine Attachments". This took the form of an all day meeting with the Wellton Home Demonstration Club. Members brought their sewing machines and were actually instructed in the use of their own attachments. Subsequently, the Agent conducted similar meetings with all Home Demonstration Clubs. It has been estimated that more than two hundred home makers have extended their use of sewing machine attachments because of these meetings. One woman enthusiastically remarked, "It is the best meeting I ever attended. I just didn't know how wonderful sewing machine attachments can be".

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During the current year repeat demonstrations have been given all communities by Leaders. The Agent has had many opportunities to use the information with individuals and groups.

Since the Tailoring School, held in 1949, is the most recent work when Miss Helen Church, Clothing Specialist, has actually been in the County for garment construction work, and since its teachings have been repeatedly used during the current year, it seems well to describe it in some detail.

As already told, the foundation for the school was laid with a Leader Meeting on selection in February. In July the Home Demonstration Agent sent a letter to club representatives enclosing an enrollment card. As a result there were forty enrollments expressing fairly evenly distributed preferences for coats and suits.

In August the Clothing Specialist spent one day in the County planning for the School. It was decided to have a day for the suit group and another for the coat group. The series of meetings was planned to include four for each group beginning in September and ending in November. In the beginning, Miss Church used projector slides to give a survey of all the steps involved from start to finish.

During October, two all day meetings were held on suit making and two on coat making. After material and patterns had been selected, shoulder pads were made. Next, muslin garments were cut from the patterns selected. These were then very carefully fitted to the owners. Grain lines were very carefully watched. If the materials were not marked "sanforized" it was shrunk by class members at home following directions by Miss Church. Pattern alterations were made from the muslin after fitting. The following bulletins were used as source material. At the first meeting each class member made up a kit of these bulletins together with mimeograph sheets on "stay lines" compiled by Miss Church.

U. S. Dept. of Agric. Farmer's Bulletin No. 1894 "Coat Making at Home"

U. S. Dept. of Agric. Miss. Pub. 591 "How to Tailor a Woman's Suit"

U. S. Dept. of Agric. Farmer's Bulletin No. 1968 "Pattern Alteration"

U. S. Dept. of Agric. Farmer's Bulletin No. 1964 "Fitting Dresses"

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In November it was necessary for Miss Church to come one day in addition to the regularly scheduled series in order to complete all instructions. In addition, the Agent spent four days with special work with neighborhood groups. Because of the tailoring School, thirty-six leaders, adults and 4-H, have reached a higher level of accomplishment than ever before.

They have proven very helpful in building correct clothing procedures in their communities and will continue to do so for years to come. The Agent considers it a job extremely well done.

It seems worth while telling of two very recent incidents. On Thanksgiving Day of this current year, the Agent was a guest in a home along with one of the Tailoring School members. This member had on the suit which she had made at the school. It was really very smart looking and the home maker said, "I surely love my suit. Every time I wear it I thank Miss Church for seeing that I chose correct material and a conservative style." The next morning, the Agent was at the railroad station seeing our Yuma County delegation off to the 4-H Congress. Here was a mother in the suit which she had made at the school. Again it was outstanding in appearance and she said, "I like my suit better than anything I have ever had in my life. And, you know, people won't believe that I made it. They say that it just looks too good - nothing home-made looking about it."

The culmination of the Tailoring School came in January of 1950 in the form of a "Dress Revue" tea with Miss Church as guest of honor. The place for the event was the home of Mrs. Esther Whitman, a member of the Class. Mrs. Whitman is a Home Economics graduate who, before her marriage taught Home Economics in the Yuma Schools. Her home shows evidence on every side of the things which are taught in the Home Demonstration program so it furnished a very appropriate setting. Each class member had the privilege of inviting five guests. Approximately one hundred and fifty people attended. Each class member modeled the suit or coat she had made. One of the members wrote a very fine poem depicting the School's experiences. This was mimeographed and presented diploma fashion to each member of the school.

While the Tailoring School was the last Leader Meeting conducted by Miss Church on garment construction, there have since been Leader Meetings on Pattern Alteration: namely, in May

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and June of 1950. The series began with a comprehensive discussion of choice of patterns followed by a demonstration on "How to Measure" using one of the leaders as a model. Afterwards, Leaders worked in groups of two with the result that each had her own card with her accurate measurements tabulated. Farmers' Bulletin No. 1968 "Pattern Alteration" was given to each leader to use as a guide in giving the work back to her own group. At the second meeting, after an illustrated talk on the techniques of pattern alteration, leaders each altered a pattern for herself. This work was subsequently successfully given back to all organized groups. A total of 199 members altered patterns at meetings. For the follow-up meetings a kit was left in the County by Miss Church and was used by all groups.

During the current year, pattern alteration work has been carried on by Leaders.

In January of the current year, Mrs. Mary Robertson, Acting State Clothing Specialist was in Yuma County for a series of three Leader Meetings. Two of these were for 4-H Leaders and have already been told. The third was a meeting for Home Demonstration Club Leaders. It was held at the Business and Professional Women's Club House in Yuma. The subject was "New Techniques in Sewing" featuring placket finishes, cordings, collar and pocket finishes, belts, etc. Twenty-four home makers were present, sixteen of whom were leaders representing eight clubs. The techniques taught have since been given back to all organized groups.

For the past two years, because of a crowded program, clothing meetings in preparation for Christmas have had to be curtailed. Each year, however, there have been a number of such meetings with leaders in charge. For these the Agent furnished illustrative material, etc, as follows: Patterns for Stuffed Toys; Apron Patterns; Stencil Patterns. In addition this current year, at each Home Demonstration Club meeting in December, roll call was responded to with a Christmas gift suggestion which was in most cases illustrated. As a result there were lovely home-made aprons, children's dresses, toys, bags, etc., shown.

During the current year, the Agent has responded to special requests for meetings such as the following:-

A group of young mothers in the Upper Valley requested a meeting on Shirt Making. At an all day meeting, a shirt for a twelve year old boy was cut, sewed, and completed with

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Sub Project B - Construction (con't)

an explanation of all steps involved.

A request work meeting was held at the Agent's home for a group of women in the Wellton area. They worked on dress alterations.

The Somerton vicinity club had a meeting on garment construction. Each woman brought either a dress cut out, or material and pattern for a dress. There were a number of machines and good table space. The Agent was able to show checking of measurements with the pattern, simple alterations, cutting with a grain line, matching plaids, stay stitching and sewing in a zipper. The women accomplished a lot and were very enthusiastic.

The Yuma-Mesa Veterans Club requested that the Agent come to one of their meetings and clear up some points on clothing techniques. Accordingly, she demonstrated putting in a zipper and showed the use of sewing machine attachments.

Four Home Demonstration Clubs during the year have requested work meetings on stenciling. In each group there have been one or more sets of stencil paints in addition to the Agents. From previous years, the Agent has quite a supply of stencil patterns. These the women have used very successfully and dirndl skirts, aprons, lunch cloths, scarfs and even bags have been successfully finished.

Bulletins

The Agent has explained and distributed the new bulletin "Stay Stitching Makes Sewing Easier" by Miss Helen Church at all adult meetings. She has, in addition sent them to 4-H Leaders who have requested them.

The bulletin on Bound Button Holes has just recently been received. It will be explained and distributed at meetings in the near future.

Sub Project C - Clothing Economics

While there has been no time for formal meetings in clothing economics during the current year, previous years work has had its influence. For several years clothing economics was carried under the caption "Care of Clothing Series". The first of the series was "Identification of Fibres", the second was "Laundering Techniques", the third was "Dry Cleaning".

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(c) Project Activities and Results (con't)

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Sub Project C - Clothing Economics (con't)

Later the series branched out into clothing storage. The phase chosen was storage of shoes and sewing equipment and included a work meeting for making, among other things, portable sewing cabinets. These cabinets have proven very popular. The first year they were made in all Home Demonstration Clubs. Since then there have been numerous reports of sewing cabinets having been made.

Sub Project D - 4-H Clothing

For six years now, the Junior Agricultural Fair has considerably altered the activities of the Home Demonstration program with 4-H Clothing Club work. There has been active step-up in project work and special preparations have continued from January until time for the Fair.

This current year, it has required the efforts of both the Home Demonstration Agent and the Itinerant Assistant Home Demonstration Agent at Large. The work has centered around work with Leaders and Club members on completing projects, on preparing demonstrations, on judging instructions, on plans for exhibits of entries and for the dress revue.

The 4-H Leader Clothing meetings in 1950 and again this current year have helped to make the clothing work follow the directions given in the 4-H bulletins. The clothing exhibits at the Junior Agricultural Fair this year were an improvement over previous years. The mechanics for handling clothing exhibits this year were better than in previous years. All exhibits were required in by Wednesday at 5 p.m. which was one day sooner and allowed more time for judging and for assembling exhibits.

The Dress Revue at the Fair this year was for the first time held out of doors. A special stage was built for the occasion. In the decorations the theme of "Busy Fingers" was effectively carried out with an arbor on which was draped materials and huge cut-outs of scissors, thread, needle and thimble. The Revue was divided into project years: first year girls exhibited aprons and mit pot holders; second year girls - simple wash dresses, etc.; Senior girls were grouped together and from there a winner in each of four divisions was selected as follows:

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(c) Project Activities and Results (con't)

XIV Clothing (con't)

Sub Project D - 4-H Clothing (con't)

Party Dress - Nedra Tudor
Tailored Suit - Rosalie Robles
Best Dress - Myrna Ellis
Sports Dress - Bonnie Lou Jones

These four girls were each awarded a trip to the 4-H Roundup. There were many costumes in both the Junior and Senior division any one of which Yuma County would have been proud to send to the Roundup contest.

This year, at the Fair, all Home Economics demonstrations were held in the Home Economics department. This was much an improvement in set up over previous years.

Demonstrations which Senior Clubs worked on in preparation for the Fair were as follows;

Wellton-Mohawk Club.	Accessories
Jolly Commuters.	Making a Notched Collar
	Putting in Sleeves
	Pressing at Home
Little Women	Cutting out a Garment
Mesa Hem and Ha.	Stain Removal

Junior Clubs have chosen to work on demonstrations as follows: the sewing box; putting in a hem; sewing aids such as the skirt marker and the tracing wheel; cording; seams; threading a needle; stuffing a toy; measuring for a garment; hair styles for teen-agers.

Fair entries in the clothing field which carried through to win at the Roundup were as follows:-

Junior Division

Clothing Demonstration "Hair Styles for Teen Agers" by Marilyn Carlisle of Somerton - Blue ribbon and medal

Clothing Judging - Charlotte Salyer, Betty Smith, Marilyn Carlisle - Blue ribbon award.

Senior Division

Clothing Individual Demonstration "Pressing at Home" by Eugene Ochoa of Crane - Blue ribbon award and medal

Clothing Team Demonstration "How to Make a Notched Collar"

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Sub Project D - 4-H Clothing (con't)

by Jill Cannon and Ann Thacker of Crane - Blue ribbon award and medal

Clothing Judging - Bonnie Lou Jones, Rosalie Robles, Jill Cannon - Blue ribbon award

Dress Revue:

Tailored Suit - Rosalie Robles, Yuma Mesa - Blue ribbon award
Best Dress costume - Myrna Ellis of Somerton - Blue ribbon award
Party dress costume - Nedra Tudor, Crane - Blue ribbon award
and trip to the 4-H congress

Of the above contestants, three have won trips to the 4-H Club Congress in Chicago as follows:

Nedra Tudor won the Roundup Dress Revue. She represents Arizona in the Dress Revue at the Congress. Her party costume is of two shades of green net with gold accessories.

Jill Cannon is Arizona's Girl's Record representative at the Congress. Jill and Ann Thacker, as shown above, gave a demonstration "Making a Notched Collar" at the Roundup and were high scoring senior team in the Clothing Division. Jill has a very good record not only in clothing but in Meal Planning and in Food Preservation, particularly in Frozen Foods.

Eugene Ochoa is a Home Economics Santa Fe Trip Winner. With his demonstration "Pressing at Home" Eugene won the highest score given for a demonstration. Eugene has a very fine 4-H club record.

As this report is being written clothing clubs have been organized for the year 1951-52. Leaders are functioning in an excellent way. However, because of other activities for members and because of the difficulty of getting together for meetings, leadership is difficult. The Agent feels that every effort must be made to help these Leaders. The State Leaders Conference and County Leaders Schools are fine. However, the Agent regrets she is not two people so that she could be of more help. There is no Itinerant Home Demonstration Agent at Large in Yuma County this fall.

Statistically speaking, the approximate number of families assisted this current year with buying of clothing is three hundred. The approximate number of families assisted this

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Sub Project D - 4-H Clothing (con't)

year with:-

- (1) Clothing construction problems is four hundred and twenty
- (2) Selection of clothing and textiles is one hundred and twenty-five
- (3) Care, renovation, remodeling of clothing is one hundred.

XV Home Management

Sub Project A - Selection

Since a Home Management Specialist was added to the Staff four years ago in the person of Miss Grace Ryan, the Agent has observed a real advance in Home Management and Home Furnishing Work in the County.

The 1947 meeting on "Kitchen Storage" was held in May with nine communities represented by their leaders.

The specialist brought with her excellent illustrative material and the morning was spent in discussing things that can be done to improve kitchen storage following the theme of making the kitchen work for the homemaker, rather than the home maker working for the kitchen.

In the afternoon, the group was taken for a tour of the Manual Training Center at the Yuma Union High School. The instructor in charge demonstrated the proper use of such tools as: cross-cut saws; rip saws; chisels; rasps; and planes.

Miss Ryan, left her illustrative material for use in the individual club meetings. It included suggestions for stagger and vertical sectioning of shelves and drawers to make for convenient kitchen storage; devices such as knife holders, spice shelves, arrangement of equipment to make for saving labor, etc. There was a file of picture clippings and an ample supply of reprints of the Country Gentlemen, May, 1946, articles entitled "Better Kitchen Storage".

This furnished material for excellent meetings on "Kitchen Storage" in all Home Demonstration Clubs.

In January of 1948, the second leader meeting was held on "kitchen storage" with Miss Ryan in charge.

As is the custom, the meeting began at ten in the morning.

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XV Home Management (con't)

Sub Project A - Selection (con't)

Nine communities were again represented by leaders and a busy day was spent. This time, rather than storage for small equipment, the work centered around floor plans and the arrangement of large equipment. This work has subsequently been presented to all Home Demonstration Clubs. Homemakers who were definitely planning to build or remodel their homes and who promised to make use of the material were supplied with miscellaneous publications No. 622 of the U.S.D.A. entitled "Your Farm Home Cut-Outs to Help in Planning.

For the past three years, "Cut-Outs" books have been given out by special request to rural home makers who are prospective "builders". There have been twenty-five of these. All have reported finding the cut-outs very helpful. This current year the Agent has visited homes in seven communities where ideas from the kitchen storage meetings have been used. These have varied from an entirely new kitchen to a rearranged cupboard or a utensil drawer.

In October of 1949, Miss Ryan was again in Yuma County for our Home Demonstration Council meeting. She brought along the floor plans and miniature replica of the expanding farm house which had been prepared for the Country Life Conference at the University. This Miss Ryan used for an illustrated discussion on the subject at the meeting.

There has since been published by the State Extension Service an Extension Folder 59 entitled "The Expanding Farm House". Copies of this folder are kept on the bulletin board in the Home Demonstration Agent's office. While to the Agent's knowledge no houses have been erected using the plan as a whole, still many of the ideas have been used. Particularly is this true of the storage plans.

In September of this current year, the Agent was asked to sit in on making plans for remodelling a church kitchen in Somerton. She advised with the group at one meeting and the following week spent a morning on a field trip seeing various institutional kitchens in Yuma and vicinity. Afterward, the Agent wrote the Extension Department at Cornell requesting reference material. They sent a very helpful kit which the Agent passed on immediately to the Somerton group. Construction work on the kitchen is to begin in the near future.

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(c) Project Activities and Results (con't)

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Sub Project A - Selection (con't)

The last of November, 1948, a leader meeting was held on the subject "Problem Windows" with Miss Ryan in charge. The subject was chosen because of a preference expressed by several communities as a follow up of the County Council meeting in October. Follow up of this leader meeting was a part of 1949 year's program.

Since that time, the Agent has used the "Problem Window" subject matter to help with request conferences on selection of drapes, etc. There were seventeen such requests in 1949, eighteen in 1950, and twenty in 1951.

In September of 1950, Miss Ryan was in the County and an introductory meeting on the subject "Importance of Correct Lighting in the Home" was held for County leaders. Twenty-one leaders attended representing eleven communities. Miss Ryan opened up a new field in lighting and its importance for all those who attended the meeting. Her approach was to show the importance of correct light to the maintenance of eye sight. Her illustrative material was practical, readily interpretable by the leaders and very much to the point. The kit was left in the County for the use of leaders at Home Demonstration Club meetings and it was taken by one of the leaders at the close of the meeting for use that same evening at a meeting. This leader reported back its successful use. The kit has subsequently been used for successful meetings in all organized clubs. The bulletin "Making Light Work for You" has been distributed and briefed.

During the current year, meetings on correct lighting in the home have been held for two rural groups which were not represented in the original groups.

Sub Project B - Construction

In April of 1950, Miss Ryan, Home Management, Specialist was in charge of a Leader Meeting on the subject "Special Wood Finishes". This was the second in a series of two meetings, the first having been held the last of November in 1949 and dealt with the subject of "Furniture Refinishing". During 1950, subject matter from both leader meetings was given back to all organized clubs. Follow up of these meetings has continued through the current year. Bulletins written by Miss Ryan entitled "Furniture Repair" and "The Finish Counts" continue to be given out on request.

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Sub Project B - Construction (con't)

Following the initial leader meeting on "Importance of Correct Lighting in the Home", a year ago this Fall, two schools of two days duration each were held for the purpose of showing the mechanics of lamp shade construction. Miss Ryan was again in charge and leaders worked up some very fine examples of modern lamp shades. All steps had been thoroughly explained by Miss Ryan in two mimeographed bulletins entitled "Making Lamp Shade Patterns" and "Making Simple Lamp Shades". These were used by the Agent and Leaders in work meetings in the various communities. Because the original lamp shade meetings came in the Fall of 1950, and because the holiday season intervened, most of the community meetings on lamp shade making have been held this current year. To date, correct lighting and lamp shade schools have been conducted in all organized groups. The Agent has discussed Correct Lighting in the Home at meetings of the Parker Women's Club and the Wednesday afternoon club as well. In all, seventy-three lamp shades have been made following the principles of correct lighting as developed at the Leader Meeting.

Home Demonstration Clubs have been working with upholstery and slip covers for many years, so there is a good amount of experienced information on the subject in all communities. Because of a full program, the Agent now personally supervises work meetings only when it is to maintain standards.

Both this year and last, the work on re-upholstery has been materially helped thru the use of the bulletin "Re-upholstering a Chair at Home". The bulletin originated at Oregon State College and reprinted by our own State Extension Service. This bulletin has been distributed to all communities of Yuma County and the Agent has had twelve reports of its use.

In December of 1950, the Agent met with a group of home makers in the Pecan Grove sub-division. The group very successfully covered a davenport under the Agent's supervision.

In January of 1951, a slip cover work meeting was held in the Sunnyside district. Again a davenport was very successfully covered.

In March, three meetings were held on upholstery and one on making drapes. All of these were work meetings and in every case the finished products were very satisfactory.

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The two bulletins - one on "Tailor Your Draperies" by Grace Ryan and one on "Re-Upholstering A Chair At Home" by Myrtle M. Carter were distributed to the members of each group and were used as reference material.

Two Home Demonstration Clubs have held request meetings on Upholstery during May, 1951. One was the Gadsden Club meeting at the home of Mrs. L. C. Cravens on May 16th when an occasional chair was very successfully covered. The Cravens have just completed remodeling their home which included building an entirely new kitchen. The Agent was delighted to find that Mrs. Cravens had incorporated suggestions from the Extension meeting on Kitchen Storage and Kitchen arrangement.

The second upholstery meeting was under the auspices of the Somerton vicinity club and was at the home of Mrs. Juanita Harmon. The Harmons are building a lovely new home and the job was to cover a cushion lounge in plastic material. The Agent tried to discourage the use of the material but it was the thing that fitted into the scheme of things so with the explanation that it was the Agent's first experience with such material, the group went to work. To the Agent's delight and surprise a very professional looking job was accomplished.

In June, the summer brought several requests for work meetings on upholstery. No matter how hot the day, women don't seem to mind doing upholstery or slip cover work.

The Mohawk Valley Home Demonstration club met at the home of Mrs. Ted Crismon and the day was spent in covering two chairs in plastic. While results were quite satisfactory, the Agent is finding that plastic is more difficult to work with than woven fabrics.

On the Citrus Mesa, a group spent a day covering a winged overstuffed chair. The chair was covered with leather and the new cover was material. It was necessary to cover the chair first with an old cotton flannel blanket. The chair turned out very well and was greatly improved.

In July there were three such meetings all with good results. In the case of the Gadsden Club, a chair of unusual style was to be recovered. When the Agent arrived at the meeting, she found that the man of the house had taken it apart down to the frame. He thought he was helping by so doing but it did require a lot

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of work to rebuild it. However, it did prove a good thing because when the chair was finished it looked exactly like new and was very comfortable - much more comfortable according to Mrs. Ammons, the home maker, than it had ever been before.

Sub Project C - Economics

The Economic phase of the Home Management program has been a part of all project work in the County. In March of 1949, it was separated for special consideration when Miss Ryan, Home Management Specialist was in charge of a leader meeting on buying techniques, the subject of which was "Outwitting the Dollar". Miss Ryan left a kit for the use of leaders in presenting the program and the meeting was subsequently given back to all organized groups. While results have been intangible and no attempt has been made to reduce them to mathematical proportions, there has undoubtedly been much spread of influence and still continues to be.

This current year, a very important Home Management project was initiated by Miss Ryan. It was work in "Laundry Methods" and began with Leader Meetings in February.

By special request one of these meetings was held in the Roll-Wellton area and the other was held in the vicinity of Yuma in the South Gila Valley. Both meetings were called for ten-thirty in the morning and both were held in rural homes. In the vicinity of Roll, the meeting was held at the home of Mrs. Bonnie Isler and there were representatives from Tacna, Roll and Wellton present. In the South Gila, the meeting was held at the home of Mrs. George Reese. This home has recently been completed. It was made from army barracks and has turned out to be quite a show place of the valley. The Leaders were very happy for the opportunity of seeing it and Mrs. Reese was a very gracious hostess.

In both cases, the meeting began with a wool blanket washing demonstration using the latest method developed for proper care of blankets. It was really a report by Miss Ryan of the research on washing woollens which has recently brought practical procedure changes. This proved of great interest to all the Leaders present. It is interesting to note that the particular brand of water softener used in the demonstration was not to be found on our local markets. However, because of urgent requests it was stocked in one of our leading groceries and has had a large sale ever since.

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In the afternoon, the functions of water softeners and detergents were further developed. The leaders tested for hardness samples of water which they had brought. There was an explanation of built and unbuilt soaps and synthetics with a classified list of different brands. The blanket washed in the morning was combed after drying with the results that the blankets looked like brand new ones.

This work on Laundry Methods has been particularly helpful for Yuma County where hard water is a big problem. The Agent and Leaders have presented the work to all organized groups. Everyone has been enthusiastic about the value of the subject matter presented. To the Agent's knowledge, more than forty blankets have been washed following the demonstration procedure. There are others, of course, which have not been reported.

In addition, on every side, Home Demonstration Club members are conditioning their wash water more intelligently.

4-H Club Work

While the number of projects in Home Management and Room Improvement has been relatively small this current year, some very nice results have come out of the work.

When Miss Grace Ryan was in the County in February, she spent one day in consultation with all 4-H Leaders who were leading in Home Management or Home Furnishings projects. The meeting took the form of a luncheon at the home of the Agent. Ten leaders were present. Miss Ryan had prepared some very good illustrative material and there was a very careful discussion of procedures for carrying on projects. The leaders took part freely and expressed themselves as having a much better understanding of what to do.

While this work came too late for new enrollments in the project, it did serve to help the quality of work accomplished by those already enrolled.

Heading the list of accomplishments is that of Sandra Gaines. She has done a very successful job of re-decorating her own room including walls, floor and furnishings. Her color sense was unusually good and she worked with a small expenditure of money. She won the right to represent the County in the Home Improvement Contest. Her record was sent into the State Office where she won the state contest. She is consequently a delegate to the 4-H Club Congress in Chicago.

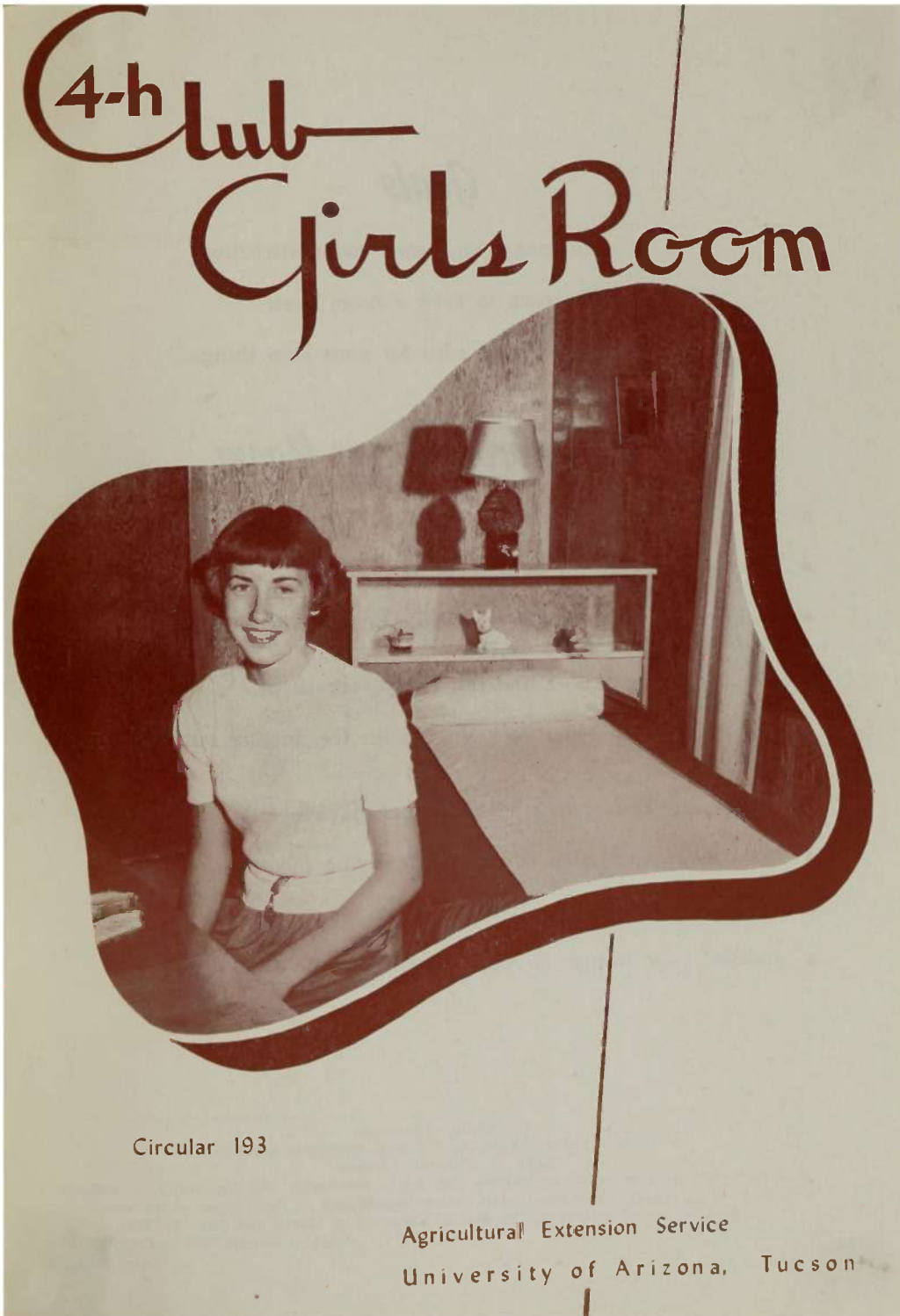
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Sandra Gaines' picture taken in her redecorated room has been used for the cover of the new State 4-H bulletin on Girl's Room. The above is a sample cover.

Circular 193

Agricultural Extension Service
University of Arizona, Tucson

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Two Home Management demonstrations were practiced by club members for the Junior Agricultural Fair as follows: Bed Making; Ironing a Shirt. Of these Rosalie Robles gave a senior demonstration on "The Art of Bed Making". At the Roundup as sometimes happens in obtaining equipment for a demonstration, a standard bed could not be obtained. The "Roll-Away" bed furnished did not lend itself to as good a finished product as Rosalie had acquired the skill of obtaining. She was given a red ribbon award as a result.

Statistically speaking, the number of families improving methods of repairing, remodeling, or refinishing furniture or furnishings was, as nearly as could be determined one hundred and seventeen. Number of families improving laundry methods is approximately three hundred and seventy-five, while families assisted in selection or use of electric lights is estimated at four hundred and twenty.

XVIII Community Activities

Sub Project A - Related Agencies

For the past six years, the first place on the list of helps from related agencies goes to the Yuma Senior Chamber of Commerce and to the Crane School. The Chamber of Commerce has furnished funds for all cash prizes at the Junior Agricultural Fair and for trips to the 4-H Roundup in Tucson. The Crane School has been host for six years for the Junior Agricultural Fairs and for the Recognition Banquets. Not too much can be said for the splendid cooperating of the school principal, Mr. Warren Serrine, as well as his grounds maintenance staff.

Sub Project B - Conferences

Conferences attended without the County have been as follows:

Dec. 4 - 8	Annual Extension Conference, Tucson
June 4 - 9	State 4-H Roundup, Tucson
Aug. 1 - 6	State 4-H Club Camp, YMCA Camp, Groom Creek near Prescott
Aug. 7 - 11	New Mexico State 4-H Club Encampment, A & M College
Aug. 21- 25	State 4-H Leaders' Conference, Flagstaff
Aug. 27- 31	State Home Demonstration Agent Conference, Prescott
Sept. 28	Coconino County Fair, Flagstaff

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There were two additional conferences attended by the Agent on Annual Leave time which had a direct bearing on her work as follows:

June 15 - 20 National Zonta Convention, Chicago
Oct. 27 State Convention, American Association
of University Women, Scottsdale

Five days time was spent in attendance at the Annual Extension Conference. The Agent left Yuma for Tucson on Monday, December 4th in company with the County Agricultural Agent staff to attend the Annual Extension Conference. On Tuesday morning, December 5th, the first general session was held. We were given a welcoming address by Dr. J. Byron McCormick, President of the University. This was followed by discussions as follows: Measuring the Results of our Program, by Dr. Larson, Professor of Education; Federal Security for Farm Workers by Mr. Schneider, Manager, U. S. Social Security Administration; Leadership and Persuasion by Dr. Schineck, Professor of Philosophy and Psychology; Meaning of Teaching, by Mr. Warner of the U. S. D. A.

The second general session featured talks by Dr. Burgess, Dean of the College of Agriculture; Dr. Hubbard, Professor of History; Mr. Baker, Assistant Director of the College of Agriculture; Mr. McClelland, Extension Information Specialist. All these talks featured subjects of timely but general interest while succeeding topics were of Extension interest. There were discussions on "Bell Ringing Ideas for 4-H Club Work", on "Raising the Percentage of 4-H Completions", "Color Pictures" and on "News, Radio, Television Publications".

In all there were three Home Demonstration Agent sessions and in addition a period for conferences with Specialists. These Home Demonstration sessions featured discussions on Leadership, on Nutrition, on Library Service and on trends in teaching household equipment. All in all, the conference was a very full one and very much worthwhile. Mr. Warner from the U. S. D. A. was particularly helpful in his talks on teaching methods.

The Home Demonstration Agent and the Itinerant Assistant Home Demonstration Agent chaperoned a Yuma County delegation to the 4-H Roundup. The delegation consisted of 34 4-H members, three leaders and three agents. Home Economics 4-H members competed in Judging, Demonstrations, and Dress Revue. Details of these have already been told.

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The Agent together with Frank Fritchard, Assistant County Agricultural Agent chaperoned Yuma County's delegation to the 4-H Club Camp near Prescott. Details of activities have already been told in this report under DI Sub Project D.

At the New Mexico 4-H Club Encampment, the Agent served on a Committee for Judging Dairy Foods Demonstrations. Details have already been told under D XIII.

The State 4-H Leaders' Conference was well represented by a delegation of nine leaders, two junior leaders and the Home Demonstration Agent. The Conference has definitely given 4-H Club work in Yuma County a boost. All the Leaders who attended are doing a fine job leading clubs this Fall. It is interesting to note that while there were the same number attending this year as attended the Leader Conference at Camp Geronimo last year, there were this year, three times as many Senior Leaders. The number attending last year were three leaders and eight Junior Leaders. This year the Junior Leaders who did not attend had, without exception, summer jobs which prevented.

The reason for the Agent's attending the Coconino County Fair was that she was one of the official judges, judging the foods in the Home Economics Department.

Of conferences attended while the Agent was on Annual leave, the following can be said:

The Agent went to the Zonta Convention as a representative from the Yuma organization. Women were gathered together from all corners of the globe and the Agent received much help for her extension program as well as help for the Zonta club proper. In the development of the program, the work of 4-H clubs was mentioned several times.

The first of November, the Agent was one of the delegation attending the State American Association of University Women's conference. This afforded her an opportunity to take the Yuma County 4-H Club entries to the State Fair. Such entries were more numerous this year than ordinarily for two reasons:

1. Special tags were put on quality clothing exhibits at the County Junior Agricultural Fair stating that the exhibit was of State Fair quality.

2. The Agent sent a special letter containing entry

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blanks to each Leader. The letter explained that there was a dead line for entries, etc. As a result there was an increase in clothing entries. Not many girls attempted foods because of the danger of staling before time for judging.

From the 4-H Home Economics entries the following awards were made:

Blue ribbon awards	20
Red ribbon awards.	10
White ribbon awards.	2

Of conferences within the County, the following may be told chronologically:

On Saturday, December 2nd, there was a meeting of the Yuma County Rural Library Council. It came about as follows:

The Rural Library Chairman had for the past two years, been Mrs. Wayne Wright of Roll. She called the Agent requesting that a meeting be called at which time, Mr. Powell, President of the Arizona State Library Association and Miss James, Supervisor of Libraries in the Phoenix Elementary Schools, would be present to talk on Library Extension. Because the time was short and Mrs. Wright could not come to Yuma to make arrangements, the Agent made arrangements for a luncheon meeting at the State Cafe and notified chairmen of the various clubs. The response was very gratifying. Eight communities were represented and there was real interest in the movement. Mrs. Wright felt that she could not continue as chairman because of ill health and Mrs. Harold Woodhouse of Roll was elected to fill her place. However, since the meeting, Mrs. Woodhouse has resigned, and because the issue has not been developed sufficiently to make action from Yuma as a County feasible, such action is being delayed for the present. The American Association of University Women in Arizona has taken the Rural Library movement as their special project. At the Fall Conference near Scottsdale, attended by the Agent, the Saturday morning session was devoted to the Panel Discussion on the movement. Miss Jean Stewart, State Leader of Home Demonstration Work, was a member of the Panel. It may be that our local County Council may be able to help forward the movement later when the time is ripe.

During January, conferences within the County included a 4-H County Council Meeting which featured plans for the

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4-H division of the Junior Agricultural Fair. In addition, there was a 4-H Officers Training meeting participated in by Mr. Kenneth McKee, State 4-H Club Leader and Mrs. Ellen Kightlinger, Assistant State 4-H Club Leader. This latter was a new venture in the County. It was attended by sixty officers from the 4-H clubs in the County and much good was accomplished for club procedures.

In February, a 4-H County Council meeting was held on the 17th, when Fair plans were developed in detail.

During March and April until the Fair took place, there were special committee meetings to work on details for the Dress Revue, for decorations, for demonstrations, etc.

Because it has not been told previously, a special conference or school which has been used by leaders in Home maker and 4-H Clubs is as follows:

The Recreation Department of Yuma sponsored an Arts and Crafts School the week of April 16th. The Agent sent letters to each of our club Presidents and 4-H Home Economics leaders. As a result, seven of our women took the course. Things taught included belt making by braiding (five loop, etc.), finger weaving, spatter painting, candle making, book binding, etc.

In July, the Agent met with the Leaders from the North Gila who attended the Arts and Crafts School and made plans for a Home Demonstration Club Meeting on Crafts. The club met at the home of Mrs. Townsend beginning at nine-thirty in the morning. Since some members of the Roll Home Demonstration Club had expressed a desire to attend this meeting, an invitation was sent to each member. Because of the severity of the weather as well as for other emergencies, only two of the Roll members came to the meeting.

At the meeting, three groups were formed, one working on belt weaving, one working on candle dipping and one working on spatter work. The meeting was a happy social affair as well as successful as to the program.

In September, the County Home Maker Council Meeting was held on the 18th. Miss Jean Stewart, State Leader of Home Demonstration Work, came from Tucson for the meeting. In addition to planning the 1952 program, the group discussed the feasibility of a Rural Life Day this Fall. It was

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decided to have a luncheon meeting at the Country Club as the guests of two Country Club members in the group. Mrs. Lillie McCain Smith was elected delegate to the Governor's Conference on Children and Youth held in Phoenix the first week in November.

On September 22nd the first County 4-H Council meeting was held. This took the form of a luncheon when general plans for the year were discussed. On October 13th there was a County 4-H Leader Association meeting and a County 4-H Council Meeting when plans for the Recognition Banquet were developed.

In October and November there developed a trend toward more community get-togethers to talk over 4-H problems and projects. In every case these have been "sugar coated", that is, they have been parties, banquets or teas. Those that have come to the Agent's knowledge are: Two teas at the home of Mrs. Dan Williams, one for the mothers of the Hem and Ha! Club and the other for the mothers of the Mesa Busy Bodies; a tea at Wenden and another at Salome for the mothers of the Harquahala 4-H Club and the Dick Wick Hall 4-H Club; a recognition party for the parents and members of the Stitch and Cackle and the Gadsden Go-Getters; a recognition banquet for the Somerton 4-H clubs and their parents; a tea for mothers and girls of the Little Women and Jolly Commuters clubs.

Sub Project C - Publicity

Publicity may be classified under three headings as follows: Newspaper, Radio Broadcasts, Circular and Mimeographed letters.

The Yuma Daily Sun, which is the local newspaper, has given regular publicity to 4-H club work as well as other activities of the Extension program. The Home Demonstration Agent has shared with other staff members of the County Agricultural Agent's office, a farm page appearing each week in the paper.

The Agent has also contributed to the weekly column which is sent by the County Agent's office to the Somerton Star. This paper is published each Wednesday and has wide circulation in Somerton, Gadsden and surrounding valleys.

As before told, the Home Demonstration Agent from time to time has given a 15 minute broadcast over KYUM, Yuma. Most of these were given as her share of a regular weekly 15

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minute broadcast series given under the auspices of the County Agricultural Agent's Office. Some of these dealt with Home Economics subject matter, while others publicized special events such as the Junior Agricultural Fair, State 4-H Roundup, 4-H Camp, 4-H Recognition Banquet, 4-H Exhibit at the State Fair, regular Home Demonstration Club meetings and special leader meetings.

In addition, the Agent has helped out with the Weekly broadcast now being given over KYMA.

There have also been mimeographed newsletters sent to all the mailing list, and as before told, a 4-H newsletter published cooperatively by the Assistant County Agent and the Home Demonstration Agent.

Sub Project D - Achievement Days

Yuma County's first Country Life Achievement Day was held Sunday, June 11th, 1950, at the N. C. A. Club House of the Air Base on the Yuma Mesa. It was under the auspices of the County Home Maker Council and was very successfully carried out. The number of adults attending was approximately one hundred and fifty. Programs distributed prior to the meeting were as follows:

Afternoon:

- 2:00 p.m. Get Acquainted
Community Singing led by Yuma-Mesa Homesteaders Club
- 2:30 p.m. Introductory remarks by Miss Jean Stewart, State Home Demonstration Leader, University of Arizona
- 2:45 p.m. Illustrated talk - "Yuma County's Tailoring School" by Miss Helen Church, Extension Clothing Specialist, University of Arizona
- 3:00 p.m. Movies of Yuma County's 5th Junior Agricultural Fair
- 3:15 p.m. Intermission
Refreshments by Gadsden Home Making Club
- 3:30 p.m. Conducted Tour - Yuma-Mesa Homes and Farms - in charge of Yuma - Mesa Homesteaders Club.
- 5:30 p.m. Pot Luck Supper - arrangements by North and South Gila Homemakers Club. Coffee and iced tea by Upper Valley Home Makers Club (food brought by each family.)

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Evening:

- 6:45 p.m. Agriculture Today by Mr. Howard Baker, Assistant
Director of the Agricultural Extension Service
- 7:00 p.m. Illustrated Talk "Preface to a Life" by Dr.
Edith Lord, Director Arizona State Department
of Health Hygiene
Special Session - "Movies for the Children"
- 7:45 p.m. Panel Discussion - "Pioneering in Yuma County"
Moderator - Mrs. Anna Holling
Panel Members - Mrs. Henry Frauenfelder
Mrs. Clara Townsend
Mrs. B. C. Cuming
Mr. & Mrs. R. H. McElhaney
Mr. Herman Reeves
Mrs. R. H. Fram
Mr. John Gardner

9:00 p.m. Lights out

This was a family day for Yuma County's rural people.
A nursery room for the care of small children was provided.

This first Country Life day was so successful, there has
been concerted effort to have a similar day this current year.
However, it has been very difficult to find a suitable day.
In order that the entire family may attend, the day has
been confined to a Sunday. The heat came this year early
while farmers were still very busy with harvesting. For
this reason, it was decided to wait until this fall for the
day.

Since the meeting of the County Home Maker Council several
dates have been set beginning with October 28. Finally a
date has been arrived at. It is December 2nd. Programs
have been mailed and publicity given over the radio and in
the paper as follows:

Afternoon: Tour of Wellton-Mohawk Division of the Gila Project

Starting point - Ligurta which is twenty-five miles east
of Yuma on Highway 80.

Time - Beginning at 1:30 in the afternoon cars are to tour
in groups of six. As soon as six cars arrive, they will
start. Last group not to leave later than 3:30 p.m.

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Sponsor - The Wellton-Mohawk Kiwanis Club. Members are to accompany each group of cars as guides and narrators. The Club will distribute leaflets explaining points of interest.

5:30 p.m. Pot Luck Supper at Mohawk School - Arrangements are to be made by the Home Makers of the Wellton-Mohawk area. Coffee and soft drinks - sold by the 4-H Clubs.

Evening: Program - 6:30 p.m. to 7:30 p.m.

Moderator - Mrs. E. P. Townsend, North Gila Valley,
President, County Home Maker Council

The History of the Project - R. H. McElhaney, President,
Wellton-Mohawk Irrigation and Drainage District

The Agricultural Future of the Project - Phil S. Eckert,
Dean and Director of the College of Agriculture, University
of Arizona

The Home Making Future of the Project - Jean Stewart,
State Leader, Home Demonstration Work, University of
Arizona.

7:45 p.m. Homeward Bound

This current year, the Recognition Banquet was held at the Crane School Auditorium as usual. Approximately three hundred were in attendance including 4-H club members, leaders, parents, and guests. Leadership certificates, County and State Awards were announced. A new departure for the past two years is that the individual 4-H Certificates were not given out at the banquet but have been given at special recognition events held in each community. The reason is that the program, in previous years has been too long and drawn out.

Subsequent community achievements have been held in all communities in the Southern part of the County. In all cases, these have taken the form of community get-togethers participated in by parents, leaders, 4-H'ers and staff members. They have proven a successful means of measuring enthusiasm for the 4-H program.

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XVIII Community Activities (con't)

Sub Project D - Achievement Days (con't)



Dorothy Lee of the Little Women's Club is shown giving a demonstration on "Ironing a Shirt". Dorothy won a high score on this demonstration at the 1950 Roundup. This year Dorothy was elected National President of the Future Homemakers of America. At her first local broadcast, she was asked by the announcer what she wanted to do professionally. She promptly replied, "I want to be a Home Demonstration Agent".

Miss Mariel Hopkins
Home Demonstration Agent
Yuma County, Arizona
1951

D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

XVIII Community Activities (con't)

Sub Project K - Recreation

During the past several years, 4-H Club Work has received impetus over previous years. Particularly is this true for the older youth groups. Meetings have included a period for singing and for folk dancing. Events leading up to this are briefly as follows:

For the first time in Yuma County, a 4-H Recreation School was held for the purpose of training Leaders in Recreation Leadership. Dates for the school were December 12-14, 1949.

Miss Jane Farwell, nationally known recreation specialist from Wisconsin, directed the school. Place of meeting was the Crane School. While only sixteen leaders were actually enrolled, there were a total of thirty-eight leaders and Junior leaders who benefited from one or more meetings. They represented a total of six communities. Miss Farwell made the work fit the requested needs of the leaders with the result that more than sixty games from mixers, contests and team games, small group games, school room games to various musical games were taught. Everyone felt that the time was well spent and would be very helpful in directing 4-H recreation in the County. However, every one realized that more extensive training was highly desirable. Miss Farwell was an enthusiastic, competent teacher. We liked her presentation and herself very much.

Since the Recreation School, there has been marked improvement in Recreation Leadership in all communities. Communities which could not be represented at the school were contacted by the Assistant County Agent and the Home Demonstration Agent and training meetings held. Particularly have the Junior Leaders who attended the school carried on in directing subsequent recreation meetings.

This current summer at the 4-H Leader conference in Flagstaff, recreation was the overall theme of the Conference. Mrs. Mary Joslin was Recreation Leader and she did an excellent as well as thorough job in teaching recreation leadership. Our twelve Yuma County Leaders were greatly benefited and recreation work is at present going forward in all clubs.

One cannot be a Home Demonstration Agent in one County for sixteen years without making many contacts that serve to stimulate Community life, recreational and otherwise. Hence many services have been rendered which, in themselves, may not warrant mention but which have together been a real positive factor.

Miss Mariel Hopkins
Home Demonstration Agent
Yuma County, Arizona
1951

E. OUTLOOK AND RECOMMENDATIONS

As in previous years, the outlook for Home Demonstration Work in Yuma County seems to be one of comparative security because the things which the work has to offer are timely and needed in the operation of homes.

With adult groups specific studies for the coming year include:

Clothing - Better Dressmaking School
Wardrobe Planning

Nutrition - "Better Breakfast"
"The Mid-Day Meal"

Home Management - Room Accessories
Care of Small Equipment

The 4-H Program is becoming better integrated into community life. While the present policy of removing club work from school programs will undoubtedly cause a temporary decrease in the number of boys and girls enrolled, it should deepen the program's roots for real accomplishments.