

ANNUAL
NARRATIVE REPORT

Yuma County

December 1, 1949

November 30, 1950

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AGRICULTURAL EXTENSION SERVICE

Miss Mariel Hopkins
Home Demonstration Agent
and
Miss Mary Gail Bonsall
Itinerant Assistant Home Demonstration
Agent

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of

Miss Mariel Hopkins
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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS

(a) Adult Work - Highlights

Eight Home Demonstration Clubs and two Associate Clubs have held one hundred and twenty-seven meetings during the year with a total attendance of twenty-one hundred and eighty-six. Of these, fifty-three were attended by the Agent with a total attendance of nine hundred and fifty-four.

The above shows a twenty-four percent increase over the year 1949, the reason being that the Agent has had the help of an Assistant Home Demonstration Agent for a part of the year. The assistance has, in large measure, been with the 4-H Club program.

To show how the work has been divided during the last six years is the following:

<u>Year</u>	<u>Home Demonstration Agent</u>		<u>Assistant Home Demonstration Agent</u> <u>Days work in County</u>
	<u>Days devoted to adult work</u>	<u>Days devoted to 4-H work</u>	
1945	166	118	
1946	141	143	
1947	134	160	
1948	116	168	24
1949	125	154	14
1950	145	140	*90

Until this fall, because of a very crowded schedule, there has been very little time for the Agent to work at an expansion program. At present writing, two new Home Demonstration Clubs are being formed in the Southern part of the County and the Agent is looking forward to added contacts with adult groups in the Northern Part of the County.

* Fifty of these ninety days are included in the statistical report as Home Demonstration Agent service. The remaining forty days are accounted for as Specialist help.

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (con't)

There are calls from organizations which each year depend on the Home Demonstration Office for part of their program. This current year the Agent has served nine organizations, other than Home Demonstration Clubs, each with one or more method demonstrations during the year. There have been other requests which the Agent has not been able, because of a full program, to fill in person. Other than this, such organizations as the Business and Professional Women's Club, Yuma Chapter No. 14, Order of the Eastern Star, The Zonta Club, and Delta Kappa Gamma Educational Association, Parent-Teachers and Church organizations have been served by the Agent. A County-wide program in nutrition, clothing and Home Management was planned with the State Office and has been carried out.

NUTRITION

In February of 1950, the Extension Nutritionist was in Yuma County for a local leader meeting on "Meals that can Wait" featuring the use of home prepared "Mixes" and broiler meals. This meeting was given back to all organized groups in the County.

In March a second Leader Meeting on "Salads from Locally Grown Produce" was held. This meeting was given back to nine communities by eighteen leaders and to one community by the Home Demonstration Agent.

As in previous years, the Agent has found repetition among clubs of nutrition leader meetings of previous years such as: "Favorite Mexican Dishes"; "Holiday Meals"; "Grapefruit Desserts".

The Agent gave back to all organized groups the subject matter material in Food Preservation from the school held in Tucson, May 23-25. In addition, actual help has been given in the preservation of dates, poultry, meat, citrus, peas, tomatoes, sauerkraut, peaches, pears, plums.

As in previous years, the Agent has answered inquiries and distributed Extension bulletins on freezing and canning of foods; child care and training; food preparation and selection; gardening, menu planning, etc.

A bulletin board in the Agent's office has served to dispense bulletins on the various phases of nutrition. Among these may be mentioned the following: Home Curing of Dates; Home Freezing of Fruits and Vegetables; Freezing Meat and Poultry Products; Money Saving Main Dishes; Turkey on the Table the Year Round; Ways with a Pressure Sauce Pan; Family Fare - Food Management and Recipes.

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (Con't)

CLOTHING

The State Clothing Specialist spent fourteen days in the County during the year. These days were equally divided between work with adults and 4-H Clubs. New subject matter presented at Adult Leader Training Meetings was on the subject "Pattern Alteration". Subject matter carried over from meetings in 1949 was on "Tailoring". Both have been widely used throughout the southern part of the County. One follow up meeting on "Tailoring" was held in Parker.

Two schools of two days duration each were conducted by the Specialist training 4-H Club Leaders.

There have been method demonstrations by the Agent during the year on Tailoring Techniques; Dress Forms; Short Cuts in Sewing; Christmas Toys.

There has been a spread of influence in all communities through local leaders and it is estimated that approximately five hundred and fifty families have been assisted by the adult and 4-H program.

HOME MANAGEMENT AND FAMILY ECONOMICS

As in previous years, household accounts are being kept by the major portion of Home Demonstration Club members. The practice is in part due to the Home Demonstration program. However, for several years now, income tax returns have been the biggest factor in making the practice mandatory.

The State Home Management Specialist spent nine days in the County in the interest of the adult program. The subjects presented at Leader meetings were "Modern Wood Finishes" and "Lighting", the latter combined with the making of modern lamp shades. "Modern Wood Finishes" followed a Leader meeting the last of November, 1949, on "Refinishing Furniture". While these subjects are for special interest groups, club members in all centers have reported refinishing one or more pieces. The Agent supervised work meetings in two communities during the summer at which furniture was actually refinished by members attending. In all the Agent has a record of fifty seven pieces of furniture refinished. There are doubtless more of which she has no record. The work on "Lighting" and "Lamp Shades" was initiated this fall. It is too soon, at present writing, to list results. However, work is in progress and being enthusiastically received.

The making of slip covers and re-upholstery of furniture continues to be practiced in all communities as a result of Home Demonstration work. Most of these practices are a result

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of demonstrations in previous years. During the current year six demonstrations or all day work meetings have been held by the Agent. There has been a report of nine such meetings being conducted by Leaders. There have been others not reported.

JUNIOR WORK--HIGHLIGHTS

A combined report for 4-H Home Economics and Agriculture Club Work is being submitted in separate report. However, since the time of the Home Demonstration Agent was approximately half, devoted to 4-H Club Work, it can scarcely be omitted from her report.

The Agent has supervised 4-H Home Economics projects in the County. In addition time has been spent with the preparation and operation of such special events as a Yuma County Junior Agricultural Fair, County Recognition Event, Council meetings, etc. For the first time, this current year, there has been a 4-H Recreation School for Leaders and older members. This school was conducted by Miss Jane Farwell. Better recreation procedures have resulted in all communities from this school.

As in previous years, the Fair this year required much time in preparation. A new feature was that all Home Economics Exhibits were shown in Community booths. All communities in the County participated and the results were rated an improvement over all previous years. Two hundred and twenty girls exhibited from one to seven articles. The quality of all divisions showed an improvement over previous years. Demonstrating in clothing and foods ran continuously the first day and a half of the Fair. In the afternoon of the second day judging contests in both clothing and foods were conducted.

The Recognition Event, again this year, took the form of a banquet with 4-H Club members, Leaders, and Parents invited. Awards for the year were made: Leader, County, State. This current year Yuma County placed first in the following State Home Economics contests: Dairy Foods Demonstration Team; Dress Revue.

During the year a total of twenty-one Home Economics Clubs were supervised by the Agent. Because of our climate, the major portion of project work was carried during the school year. For the past four years local achievements have not been held, as previously, in the spring of the year, but have been incorporated with the Recognition Event previously discussed.

In part of the County, however, local achievement events were held in May and this fall in addition to the County Achievement, local Achievements are being held in the various communities.

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (con't)

STATISTICS

From the statistical report is the following:

Days spent in Adult Work	145
Days spent in 4-H Club Work	140
Total for year	285
Days spent in Office	69
Days spent in Field	216
Total for year	285
Days spent on Projects	
Organization and Planning	109
Improvement and Equipment	48
Nutrition and Health	62
Clothing, Family Economics	
Parent Education, Community	
Life	66
Total for year	285

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HIGHLIGHTS FOR THE ITINERANT ASSISTANT HOME DEMONSTRATION AGENT

Fifty days have been spent in Yuma since being sent for an indefinite length of time beginning the first of October. Prior to this, there were three periods totaling forty days spent in Yuma County during the calendar year 1950. These were for the purpose of helping with preparations for the Junior Agricultural Fair held in April.

The majority of the fifty days residence time has been planned to work with the 4-H club members and leaders of the county. This has involved becoming familiar with the county program, organizing and reorganizing clubs, and helping the clubs begin their project work. Clubs and leaders with whom the Itinerant Assistant Agent has worked are as follows:

<u>Community</u>	<u>Club</u>	<u>Leader</u>
Bouse	Bouse 4-H Club	Mrs. Ruth Lattie
Crane	Community Club	Mrs. Harry Bickers
	1. House of Busy Workers	Mrs. Cecil Moore
	2.	Mrs. M. G. Upshaw
	3.	Mrs. John Holmes
	4.	Mrs. Fay Williams
Gadsden	Jolly Commuters	Mrs. J. O. Cannon
	Go-Getters	Mrs. Mary Cansler
		Mrs. J. R. Mason
		Mrs. Everett Jones
North Gila Parker	Stitch & Cackle	Mrs. Henry Frauenfelder
		Mrs. J. H. Minter
		Mrs. Leta Johnston
		Mrs. Mattie Brasher
Poston Quartzsite	Up & Coming	Mrs. Edw. Shappell
	Colorado River	Mrs. A. F. Loveridge
	Redskins	Mrs. Ruth Scott
	Stitch & Stir	Mrs. Mildred Cowell
Roll	Poston Sunmaids	Mrs. Ila Davidson
	Hi-Jolly	Mrs. Nell Gaines
	Busy Bees & Beavers	Mrs. John Batina
		Mrs. Bertha Waddell
		Mrs. Pearl Hopkins
		Mrs. Joe Reilly
Rood Salome Somerton	Wellton-Mohawk	Mrs. Ernest Johannsen
	Rood Hustlers	Mrs. R. S. Hume
	Salome 4-H	Mrs. Harry Ellis
	Little Women	Mrs. G. Barrientos
Somerton Jr.	Somerton Jr. Homemakers	Mrs. Howard Salyer
		Mrs. Ovie Taylor
	Sewing Bess	Mrs. Florence Craddock

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<u>Community</u>	<u>Club</u>	<u>Leader</u>
South Gila		Mrs. D. R. Brown
Wellton	Busy Desert Queens	Mrs. Percy Campbell
Wenden	Harqua Hala	Mrs. Viola Grosco
Yuma Mesa	Sunshine Club	Mrs. W. Morgan
	Mesa Jackrabbits	Mrs. Myrtle Paulsen
	Yuma Mesa 4-H	
	Clothing Club	Mrs. Bailey Sleeth

Special activities during this fifty day period have included:

1) Recognition Banquet and Local Achievement Days.

The Recognition Banquet is held in the county annually to give recognition to leaders and to state and county winners. The local Achievement Days are held in each community where more time can be given in recognizing the individual club members.

The Itinerant Assistant Agent has helped in the preparation for these events:

2) State Fair

Eighteen 4-H Members and two Leaders traveled to the State Fair in Phoenix to take part in the judging contests. Elimination contests were conducted to determine who would be eligible for the trip.

The Itinerant Assistant Agent conducted the elimination contest and helped in chaperoning the girls on the trip.

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS

(c) Local factors influencing the work of the Home Demonstration Agent in Yuma County, are modified by local conditions most of which have to do with topography and climate. For this reason, as in previous years, a brief explanation seems justified. While the total acreage of Yuma County is in round figures six million, or one-twelfth of the acreage of the entire State of Arizona, nevertheless the total acres on which cultivated crops have been grown has been relatively small. Since the 1940 census about twenty-five hundred acres of land in the South Gila Valley and on the area north of the former Army airport have come into cultivation. And now, with the Wellton-Mohawk project being developed, the above promises to be changed.

However at present, the acres under cultivation in Yuma County is little more than two percent of the total. In general this low percentage is due to unused land divided into soil highly productive but without water supply, and hard pan plus caliche desert soil including small mountain ranges of comparatively low elevation. Of the land under cultivation, approximately one-third is farmed by tenants while two-thirds is owner-operated.

There is, as in previous years, a high percentage of shifting rural population. These factors; that is distances to travel and large transient population, make follow-up checks of much more than average difficulty. Local leaders, also, can not function as effectively as in many other sections.

In some localities in Yuma County, the soil and water are of such mineral content as to make the growing of a home vegetable garden very difficult. Because until the year 1942, vegetables are available in our Yuma markets in good variety and for much less than these particular communities could produce them (irrigation costs, etc), the practice of home gardens was confined to the upper and lower Yuma Valley and communities where the salt soil is not prevalent.

Another local factor influencing Home Demonstration Work in Yuma County is the Mexican population. Approximately one-third of the County is Mexican. Of these Mexicans only a small percentage (approximately seven percent) are naturalized. These are highly patriarchal in family life. This accounts for the fact that while the children are accessible for extension work through the schools, the women are practically unapproachable. There are, however, women in our Home Demonstration Clubs who speak Spanish and who have acted as interpreters in all community projects.

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Mention should also be made of the Indian population. There are two Indian Reservations as follows:

- (1) Colorado River Agency located at Parker.
- (2) The Cocopah Reservation, located in the lower Yuma Valley. There is also the Fort Yuma Indian Agency located on Indian Hill, in California, directly across the river from Yuma.

For the past few years, the State policy has been for Extension personnel not to work directly with Indians. Last year this policy was done away with and were taken to carry an Extension program with the new settlers in the Parker area as told later.

(d) Form of Organization

Yuma County Home Demonstration Work is organized under two headings as follows:

- (1) Work with Adults through regularly organized Clubs; through clubs other than those primarily organized for Home Demonstration Work; through home visits; office and telephone calls; through individual and circular letters; through newspaper articles and radio broadcasts.

Regularly organized Home Demonstration Clubs include the following areas: (1) Yuma vicinity (2) Upper Yuma Valley (3) Yuma Mesa (4) Somerton (5) Gadsden (6) North and South Gila (7) Wellton (8) Roll and Tacna (9) Yuma Mesa Air Base.

All Home Demonstration Clubs have a roster of members in the Agent's office and notices of meetings are sent to each member.

Clubs programs have been initiated at the County Home Demonstration Council Meeting when club representatives, the Agent and State Office representatives have formulated a calendar for specialists work in the County and for subjects to be presented based on needs and interests. As nearly as possible, programs for the clubs have been planned on a yearly basis. However, during the current year, as in recent years, it has been difficult to realize this completely. Limiting factors have been: shift in interests; change in duties of club members; prolonged summer heat.

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In the various subject matter fields in the Adult program the following Leader meetings with the State Specialists in charge have been held:

February	Nutrition "Meals that can Wait" - Miss Reva Lincoln, Extension Nutritionist.
March	Nutrition "Salads from Locally Grown Produce" - Miss Reva Lincoln, Extension Nutritionist.
April	Home Furnishings "Modern Wood Finishes" - Miss Grace Ryan, Home Management Specialist
May	Clothing "Pattern Alteration" - Miss Helen Church, Clothing Specialist
June	Clothing "Pattern Alteration" - Miss Helen Church, Clothing Specialist
September	Home Furnishings "Lighting" "Lamp Shade School" - Miss Grace Ryan, Home Management Specialist
October	Home Furnishings "Lighting" "Lamp Shade School" - Miss Grace Ryan, Home Management Specialist

During the year, the Agent has given back to clubs subject matter obtained at Extension and other meetings outside the County as follows: Arizona Conference on Rural Life and Education, Phoenix; Country Life Conference, Tucson; Food Preservation School, Tucson; 4-H Club Round-up, Tucson; National Bi Annual Convention of Business and Professional Women, San Francisco; State 4-H Leader Camp, Geronimo.

The work of the Agent entails, in addition to regular meetings, many home calls, telephone calls, conferences, publicity measures, etc.

As in past years, an effort has been made to supply homemakers with the latest published material in the Home Demonstration field. For the past three years, this task has been simplified. A bulletin board has been installed in the Home Demonstration Agent's office, now located in the Court House in the County Agent's office headquarters. In addition to the use of this bulletin board, bulletins are distributed at meetings and are mailed upon request.

The County Newspaper continued to be helpful in forwarding Home Demonstration Work in the County. Special meetings have been announced and visits of the State workers to the County. The Agent has, on occasions, furnished articles as the need has developed.

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (con't)

Yuma County's Radio Station, KYUM, has continued to be very cooperative. Since early in the spring of 1946, a fifteen minute period once a week has been used by the County Extension Office. The Agent has taken her "turn" at this broadcast time and has presented timely Home Economics program. A few times this has taken the form of a dialogue with some one else, but in the great majority of cases, the Agent has done it alone. In all, sixteen broadcasts have been given this current year.

D. PROGRAM OF WORK

(a) Factors Considered and Methods Used in Determining Program of Work.

As previously stated, the Agent has made an effort to keep the program of work as nearly uniform as possible. A great aid in this direction has been the County Home Maker Council and the State Country Life Conference. That is, programs have been planned with club leaders, with state workers, and with other club women in the County. However, this practice has not interfered with the established plan of inquiring preferences from women in attendance at meetings as well as from constant study of local conditions.

The local leader movement began in Yuma County in the Fall of 1939. Because of limiting factors it, at first, functioned on a limited basis only. The last three years have seen the biggest advance in the movement partly because women are interested in the 4-H Club movement and want to help in every way possible and partly because they are coming to the realization that the movement has real worth.

Handicaps in the local leader movement have had to do with travel distances, climate, etc.; and these handicaps, of course, continue. From the beginning the movement has been carried in cooperation with the State Home Demonstration Staff and after plans have been formulated at State Conferences. Because Yuma County has had Home Demonstration Work since the work was first inaugurated into Arizona and because pre-establishment discussion of the local leader movement had not met with favor, the Agent, has from the beginning, made a special effort to make the surroundings as pleasing as possible for an added appeal. Until the fall of 1943, meetings were held at the Agent's home and the social aspect was included. In 1943, because it was necessary to curtail

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D. PROGRAM OF WORK (con't)

travel as much as possible two centers were established and the work repeated in these centers. In 1946, the local leader movement resumed pre-war status. At that time, the Home Demonstration Council held a luncheon meeting at the Agent's home, officers were elected and the following County goals were accepted:

1. Each club work for a certificate of achievement.
2. Make possible a yearly physical check up for every rural woman.
3. An adequate lunch for every school child.
4. To establish at least one result demonstration on housing in each community.

The club goals suggested to be submitted to the various clubs for approval were:

1. Improve club kitchens.
2. Establish calling week.
3. At least one annual family get-together.
4. Start building fund for a club house.

Requirements for a certificate of achievement had been set by the State Office as follows:

1. One meeting each month, minimum eight meetings a year.
2. Satisfactory secretary book.
3. Take part in a county or local achievement day; or a tour or exhibit.
4. Reports--Minimum two stories a year.
5. Majority of active members attend each meeting
(club decides who is active)
6. Carry at least one project with local leader giving the subject matter back.
7. A representative attending each county meeting--state, if possible.
8. Sponsor at least one community activity.

1947 saw the realization of part of the above goals. Three Home Demonstration Clubs completed requirements for a Certificate of Achievement. All centers publicized the possibility of physical examinations at the Cancer Detection Centers in Phoenix and in Tucson.

An excellent school lunch was established at Wellton for the first time and the movement was initiated by the Home Demonstration Club. A building was built in the school yard especially for the Cafeteria and equipped with large electric refrigerator, institutional gas stove, adequate counter, sink, table space, dishes, utensils, etc.

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D. PROGRAM OF WORK (con't)

At the present writing it is still being operated by the woman originally employed who is a Home Demonstration Club member.

School lunches are at present writing being operated in all schools where Home Demonstration families attend and in all cases they are permanent institutions rather than make shift affairs.

For several years a program has been underway to create a club house or community center in the North Gila Valley and in the Rood or Upper Yuma Valley. The opportunity has come from school consolidations leaving an unused school building in each of these communities. In both communities real progress has been made this current year.

The Rood School building has not been used for school purposes for four years, children being sent to Crane School instead. During this period the Home Demonstration Club has made continuous efforts to have the school established as a Community Center building. Among other things, it was necessary to install rest rooms and a kitchen. With the help of the State Extension Staff, several years ago blue prints were drawn up for such installations. Developments, however, have been slow, because until last fall the district had not made final decisions about re-opening the school. After the decision, it was found that funds which had been set apart by the community board had been used in developing the Crane School.

This current year the Home Demonstration Club has called in the local Farm Bureau to work with them on the project. As a result there have been local contributions and both the rest rooms and the kitchen, complete with sink, counter space, shelves and stove has been built. The building will undoubtedly serve the community and adjoining country in a very worthwhile way for many years to come.

In years past, the North Gila Club has raised funds and purchased chairs for the school building which is serving them as a club house, they have purchased a Butane Cooking Range, and a large crude oil heater, have installed cupboards toward a club kitchen, have supplied dishes and table forks and spoons, have made temporary curtains and have installed electricity for lights and for a cooler.

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D. PROGRAM OF WORK (con't)

This fall the North Gila Club has painted the building both inside and outside and are making and putting up drapes. The interest of the club members is very gratifying. For as long as the Home Demonstration Agent has been in the County, the North Gila Club, with the help of the Agent, has been trying to secure electricity for their valley. Year before last they were successful. Electricity was turned on for the first time in June, 1948. It has already shown effects in the growth of the valley. Most homes are now equipped with good cooling systems and lights. Now all communities in Yuma County are supplied with electricity.

The Gadsden Club for some twenty five years has had its own Club house. It is a one room frame structure with a small kitchen and entry way. For years it has served as the community center for club meetings, for voting, for Farm Bureau meetings, for youth organization meetings, for Sunday School, etc. Three years ago, a youth center building was erected across the road from the school house and has absorbed some of the functions of the Women's Club House. Since the building was originally an inexpensive one, twenty five years of service has weathered it considerably, and the club decided to sell it and to work toward building again. Within the last few months it was sold. The Club still has the lots on which the building stood and a fund has been established toward building a new club house.

(b) Influence of State and National Agricultural Agencies.

These Agencies may be listed as: Agricultural Extension Service; Farm Labor Office; Farm Bureau. Except for 4-H Club Work, Home Demonstration work in Yuma County is quite distinct from other Agencies. However, correlation does occur coming naturally rather than from a planned program.

Until three years ago, the independence came from the fact that the office of the Home Demonstration Agent was in her own home. This came about originally because of the crowded condition in the County Court House. There was no suitable place for the Home Demonstration Agent's Office. Early in the spring of 1947, the Agricultural Adjustment Administration Office was moved out of the County Agricultural Agent's headquarters. Thus office space became available. Considerable remodeling was done putting in partitions, etc., so that each of the three Agents could have a room of their own with a general room and a general reception room as well. While the room for the Home Demonstration Agent is small, it is quite conveniently set up with desk, filing cabinets, bulletin racks and bulletin board. Telephone calls continue to come mostly to the Agent's home. This is to be understood since for twelve years women called the Agent before or after hours

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C. PROGRAM OF WORK (con't)

in order, as they say "to catch her in".

The Home Demonstration Agent has not made a practice of attending Farm Bureau meetings in the County unless especially requested to do so. The reason is a very full program making scheduling difficult. This present year she has served on a Board under the auspices of the Farm Bureau to lay plans for a County Fair. Two luncheon meetings were held and then because of the Korean situation it was decided to drop the idea of a Fair for the present. As before mentioned the Farm Bureau and Home Demonstration service have worked together this year to bring about improvements at the Rood Community Center.

(c) Project Activities and Results

1. Organization

Sub-Project A-Farm Organization

The town of Yuma is the center of interest for all the southern part of the county. Rural people without exception come to Yuma for shopping and a large percentage of them have business interests in Yuma. The town is increasing rapidly in population and this increase is largely due to agricultural developments. The civic interests of the town all have part membership from the surrounding rural communities. For this reason it has always been hard to draw a line between urban and rural activities.

It may be of interest to here state that the suburban section just south of Yuma and referred to as Yuma Mesa was, in 1945, incorporated into the city proper. This is a residential section where the Agent goes, from time to time for meetings. More than ten miles beyond is another section which is still known as the Yuma Mesa and whose principal industry is the growing of citrus.

In the fall of 1949, a black topped desert road between Yuma and Quartzsite was opened which makes transportation much less difficult, and the people in the northern part of the County more accessible than at any time in the past.

In Yuma County needs of the different communities are varied and so the Agent can in no way limit her services to being a specialist in one line of work.

There is a high percentage of very well educated women in the clubs with which she works so she must ever be on the alert that the material she gives is up-to-date and sound.

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D. PROGRAM OF WORK (con't)

This also operates to make the data given, adopted for use. The Agent finds that practices are quickly worked out by the groups in question to incorporate needs in a practical way. As a whole, the county is very reticent to do anything from a campaign angle, but people are serious minded and energetic in making the most of any opportunities for advancement which can be made practical. It is with this in mind that the Agent endeavors to make her program service really function.

Sub-Project B--Home Economics Extension

As previously explained, the County Home Demonstration Program, as much as is feasible, operates from the State Home Demonstration Office which in turn operates from the Agricultural Extension Service Office at the University of Arizona. Yuma County is allowed its share of the services of the State Clothing Specialist, the State Home Management Specialist and until this fall of the Extension Nutritionist. The reason for the above is that the Extension Nutritionist resigned this fall and the position is now vacant.

In addition the County is visited by the State Leader of Home Demonstration work and by the State Assistant State 4-H Club Leaders in the interest of the Agent's program. The current year, Miss Mary Gail Bonsall, Itinerant Assistant Home Demonstration Agent, was assigned to Yuma County for the periods March 15-31 and April 13 to 22 to help with preparations for the Junior Agricultural Fair. The first of October she was again assigned to the county to serve for an indefinite period as an Assistant Home Demonstration Agent.

Meetings actually attended by the Agent during the current year are as follows:

December:

Dec. 6	Wednesday Afternoon Home Demonstration Club
Dec. 7	Roll, Tacna Home Demonstration Club
Dec. 8	Upper Valley Home Demonstration Club
Dec. 9	North and South Gila Home Demonstration Club
Dec. 15	Wellton Home Demonstration Club
Dec. 16	Gadsden Home Demonstration Club

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January:

Jan. 10 North and South Gila Home Demonstration Club
Jan. 11 Roll, Tacna Home Demonstration Club
Jan 12 Upper Valley Home Demonstration Club
Jan 18 Gadsden Home Demonstration Club

February:

Feb. 3 Parker Woman's Club
Feb. 9 Upper Valley Home Demonstration Club
Feb. 14 North and South Gila Home Demonstration Club
Feb. 22 Gadsden Home Demonstration Club

March

March 8 Yuma Mesa Home Demonstration Club
March 10 Upper Valley Home Demonstration Club
March 20 Gadsden Home Demonstration Club

April

April 14 Upper Valley Home Demonstration Club
April 18 North and South Gila Home Demonstration Club
April 19 Gadsden Home Demonstration Club

May

May 10 Gadsden Home Demonstration Club
May 16 North and South Gila Home Demonstration Club
May 19 Upper Valley Home Demonstration Club
May 20 Yuma Mesa Home Demonstration Club

June

June 5 Yuma Mesa Homesteader's Home Demonstration Club
June 19 Upper Valley Home Demonstration Club
June 27 North and South Gila Home Demonstration Club
June 28 Gadsden Home Demonstration Club

July

July 18 North and South Gila Home Demonstration Club
July 19 Gadsden Home Demonstration Club
July 21 Upper Valley Home Demonstration Club

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August

Aug. 1 North and South Gila Home Demonstration Club
Aug. 4 Upper Valley Home Demonstration Club
Aug. 16 Gadsden Home Demonstration Club

September

Sept. 1 Upper Valley Home Demonstration Club
Sept. 6 Yuma Mesa Home Demonstration Club
Sept. 8 Wellton Home Demonstration Club
Sept. 14 Gadsden Home Demonstration Club
Sept. 29 North and South Gila Home Demonstration Club
Sept. 30 Somerton vicinity Home Demonstration Club

October

Oct. 4 Gadsden Home Demonstration Club
Oct. 9 Yuma Mesa Homesteader's Home Demonstration Club
Oct. 10 North and South Gila Home Demonstration Club
Oct. 12 Wellton Home Demonstration Club
Oct. 19 Somerton vicinity Home Demonstration Club
Oct. 20 Upper Valley Home Demonstration Club
Oct. 30 Roll, Tacna Home Demonstration Club

November

Nov. 1 Gadsden Home Demonstration Club
Nov. 14 North and South Gila Home Demonstration Club
Nov. 15 Yuma Mesa Homesteaker's Home Demonstration Club
Nov. 16 Somerton vicinity Home Demonstration Club
Nov. 29 Wellton Home Demonstration Club
Nov. 30 Upper Valley Home Demonstration Club

Sub-Project C--Home Maker Councils

A County wide home maker council whose function is to determine program content for Home Demonstration work in the County, is becoming more and more a reality. By way of recording progress made to the present time, the following is told: During the war period, it was impossible to hold County wide home maker councils because of the restrictions in travel which war brought. The Agent found it necessary to go from group to group in order to formulate plans. These group decisions were pooled for a county decision. Then it was she met individually with program committees and planned with them for the year for this particular club. The Victory Year Book, supplied by the State Office, was used for posting these programs, and was distributed to members.

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In the Fall of 1946, the County Office published its own Home Maker's Year Book. In it were found: County goals; club enrollment; officers, suggested program subjects; Homemakers creed; a calendar of monthly meetings. Also scattered through the book were timely quotations and there was space for note taking. The form for this year book came from the state office. The details were worked out by the County Council.

In the Fall of 1947, there still were on hand a sufficient number of these Homemakers Year Books to supply club members so it was decided to use the books for the second year. The supply was thus completely exhausted.

In the Fall of 1948, it was impossible to make new Year Books because of the shortage of stenographic help. However, in January of this current year, year books were prepared for all Home Demonstration Clubs. They were filled in by Club committees and distributed to all club members. It is planned to have this an annual procedure from now on.

The last three years, have seen a real advance in Home Demonstration planning through the Homemaker Council.

In October of 1948 a Council meeting was held in the Business and Professional Women's Club House in Yuma. Unlike previous such meetings, it was thrown open to any Home Demonstration Club member who might wish to attend. Notices were sent out the middle of September enclosing a card for reply. The card asked their preference for a noon lunch; paper sack lunch, potluck; luncheon served at cost. The last named was the unanimous choice. The program was as follows:

11:00 a.m. Panel discussion of Country Life Conference by
the fifteen Yuma County Delegates who attended
12:15 p.m. Buffet lunch
1:15 p.m. Program

The field of a Home Demonstration Agent - Mariel Hopkins
The Expanding House - Grace Ryan, Home Management Specialist
What's new in Clothing - Helen Church
How an Entomologist can help a Homemaker - Dr. J.N. Roney
Technicolor Film - What's new in Freezing Foods
Election of Officers - Mrs. Janet McElhaney, Presiding
Program Planning - Miss Jean Stewart in Charge

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Selected for Club study was the following:

Foods and Nutrition

Use of Plentiful Foods
Pre Preservation of Foods by Freezing
New Methods of Freezing Citrus Foods
Nutrition

Clothing

Making over Clothes
Tailoring Techniques
Selection of Foundation Clothing
Making and Buying Children's Clothing
Home Dry Cleaning
Laundering Wool Sweaters
Basic Patterns

Home Furnishings

Color
Problem Windows
Draperies
Types of Furniture
Furniture Rejuvenation
Furniture Finishing and Repairing

In October of 1949, a Council meeting was held at Clymers Tea Room in Yuma. All communities in the southern part of the County were represented by one or more delegates. The program was as follows:

10:00 to 10:30 a.m.	Registration
10:30 to 10:40 a.m.	Highlights of the Yuma County Agricultural Program - Al Fade, County Agric. Agent.
10:40 to 10:50 a.m.	Highlights of the Yuma County Home Demonstration Program - Mariel Hopkins, Home Demonstration Agent
10:50 to 11:00 a.m.	Highlights of the Yuma County 4-H program - Bob McCreight, Ass't County Agent
11:00 to 11:50 a.m.	Planning the Nutrition Program - Reva Lincoln, Extension Nutritionist
11:50 to 12:00 noon	State Fair Entries - Mrs. Clyde Gaines, County Chairman, Home Economics Exhibits, Arizona State Fair
12:00 to 1:00 p.m.	Buffet luncheon and Social Hour
1:00 p.m.	Planning the Home Demonstration Program - Jean Stewart, State Leader, Home Demonstration Work

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Division Chairman:

Clothing Mrs. Cloa Cannon
Nutrition Mrs. Lucille McElhaney
Home Management and Interior Decoration - Mrs. Betty
Frauenfelder
Recreation & Community Activities - Mrs. Adele Wright

After group discussions, the following recommendations were reported back as follows:

Clothing

1. Continuation of Tailoring School
2. Wardrobe Planning
Individual Styling
Individual Color Schemes
3. Pattern Alterations and Correct Measurements
4. Introductions of new Fabrics

Nutrition

1. Meals that can wait
2. Salads using local grown foods
3. Freezing foods

Home Management and Interior Decoration

1. Refinishing furniture
2. Lighting - Making of lampshades

Recreation and Community Activities

1. Library consideration
2. Health Consideration
Sewage
Brucellosis
Fluorine
Cancer Research
3. Recreation
Square Dancing
Roller Skating
Baseball, Basket Ball, Volley Ball
Leadership School in Recreation

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On October 17, the Sifting Committee made up of the Division Chairmen and the Agent held a luncheon meeting at the Agent's home. The following calendar was adopted for the year 1950.

- January - Lamps and Lamp Shade School - Miss Grace Ryan, Home Management Specialist in charge
- February - Meals that can wait - Leader Meeting - Miss Reva Lincoln, Extension Nutritionist in Charge
- March - Salads using Local Grown Foods - Leader meeting - Miss Reva Lincoln, Extension Nutritionist in Charge
- April - (After the Junior Agricultural Fair) Special Wood Finishes, Miss Grace Ryan, Home Management Specialist in charge.
- May - Pattern Alteration - Leader meeting - Miss Helen Church, Clothing Specialist in charge.
- June - Yuma Country Life Conference - Mohawk Valley School - Miss Jean Stewart, State Leader, Home Demonstration Work in charge
- Afternoon: Movies on Freezing Foods
Family pot luck supper - contests for attendance, etc. sponsored by wellton-Mohawk Kiwanis
- Evening: Dr. Roney, Extension Entomologist in Charge.
Movie on Brucellosis and on cancer control.
- October - County Home Demonstration Council meeting - New Fabrics by Miss Helen Church, Clothing Specialist.
Family Credit by Miss Grace Ryan, Home Management Specialist.
- November - Wardrobe planning - Leader meeting - Miss Helen Church, Clothing Specialist in Charge.

After consultation with the State Office, the following dates, for the year 1950 were set for work in Yuma County. Certain modifications were necessary, as might be expected to conform with the state program. The use of specialist with 4-H Club work was also included.

January 23 to 28

4-H Clothing Leader Workshops
Tailoring School Achievement meeting

February 13 to 18

Nutrition Leader Meeting "Meals that Can Wait"
4-H Leader Meal Planning Work Shops

March 16 to 17

Nutrition Leader Meeting "Salads using Local Grown Foods"

April 25 to 26

Home Furnishing Leader Meeting "Special Wood Finishes"

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May 5 to 6

Clothing Leader meeting "Pattern Alteration"

May 8 to 9

County Homemaker Council meeting - "Plans for Achievement
meeting in June"

June 16 to 17

Clothing Leader Meeting - "Pattern Alteration"

June 19 to 20

County Home Makers Achievement "Yuma County Country
Life Conference"

September 25 to 27

Home Furnishing Leader Meeting "Lighting"

October 4

County Homemaker Council Meeting "Program Planning"

October 12 to 18 and 24 to 25

Home Furnishing Work Shop "Lamp Shades"

November 16 to 17

Clothing Leader meeting "Wardrobe Planning"

With the exception of the meeting on "Wardrobe Planning" the meetings have been carried out as planned. The reason for this omission is that the State Clothing Specialist was this fall made Acting State Leader to serve during the sabbatical of the State Leader. In view of her very heavy schedule, the Council officers suggested that this clothing meeting be postponed.

On November 3rd of this current year, the regular fall meeting of the Yuma County Home Maker Council was held. As usual, the meeting began in the morning and was held at Clymers Tea Room. A noon luncheon was served for which each member attending purchased tickets.

Mrs. Kightlinger from the State Office came for the meeting and Miss Mary Gail Bonsall was present to be introduced to the group. The program included: a review, with the aid of slide pictures of 4-H Club Work; an explanation of the Wetzel Grid; a showing of the United Nations Flag, together with an explanation of making the flag from kits obtainable from the National Committee of Boys and Girls Club Work. In the afternoon, the special interest chairmen were announced and the

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group separated to formulate requests for the 1951 program in: clothing, Home Management and Home Improvement; Nutrition; and Recreation. The reports were given back to the entire group and officially accepted. From these reports, the proposed program for 1951 was forwarded to the State Office.

At this council meeting orders were taken for United Nation Flag kits. These kits were ordered and subsequently made for presentation on United Nations Day, October 24th. The following groups made flags and presented them as follows:

Gadsden Home Demonstration Club	Gadsden Grammar School
"Little Women" 4-H Club	Crane Grammar School
"Jolly Commuters" 4-H Club	Crane Grammar School
Upper Valley Home Demonstration Club	Second Ave. School, Yuma
North Gila Home Demonstration Club	Fourth Ave. School, Yuma
Trainmens Auxiliary Club	Elizabeth Post School, Yuma
Mesa-Air Base Home Demonstration Club	Air Base School
Wednesday Afternoon Club	Carver School
Business & Professional Womens Club	Yuma Mesa School
Roll 4-H Club	Roll Grammar School
Wellton-Mohawk Club	Wellton-Mohawk School

In addition a kit was ordered by the Home Economics department at the Yuma Union High School. With the exception of the high school, the Agent supervised the making of all these flags.

The dates which have been confirmed by the State Office for Specialist work in Yuma County during 1951 are as follows:

January 22 to 24

Clothing Leader Meetings "New Techniques"

January 25 to 26

4-H Clothing Leader Workshops

February 21 to 23

Home Management Leader Meetings "Laundry Methods"

February 22

Home Management Leader Workshop

Week of June 11

Country Life Day

"Materials and prices in Ready to Wear" Clothing Specialist

"Food in Relation to Financial Security" Home Management Specialist, Assistant 4-H Club Leader

Week of November 5

Nutrition Leader Meeting - "Food and Entertaining"

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Organization - Sub Project D - 4-H Clubs

For the two years a request has come from the State Office that a separate report should be submitted for 4-H Club Work. It is deemed advisable to also include the report in the Home Demonstration Agents Narrative for the following reasons:

- (1) Approximately half of the time of the Agent was devoted to 4-H Club Work.
- (2) Printed Form ES-21 (Revised April, 1949) by the Extension Service, Washington, D.C., states "The Annual Report is a record of the year's work--is the inventory of the past years' efforts."

From December 1949 to December 1950, Home Economics 4-H Clubs in Yuma County have been in operation and have shown completions. Data is submitted for clubs whose year's work closed in October. Clubs organized since then will be submitted in next year's report.

4-H CLUBS Showing Completions During 1950

<u>Clothing</u>	<u>Enrollments</u>	<u>Completions</u>
Bouse	8	8
Crane		
Merrymakers	27	14
Clover Leaf	11	10
Jolly Commuters	17	17
Gadsden		
Stitch and Cackle	5	5
Go Getters	21	19
North Gila	17	14
Parker		
Stitch & Stir	20	11
Parker Valley	10	9
Quartzsite	2	2
Roll		
Busy Bees	11	11
Wellton-Mohawk	5	5
Salome	4	4
Somerton		
Beauties	23	21
Talkie Talkers	24	23
Chatter Boxes	28	25
Little Women	13	13
Wellton	7	7
Wenden	4	4
Yuma Mesa	8	8

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Meal Planning And Food Preparation

Bouse	5	5
Crane		
Meal Planners	28	21
Jolly Commuters	11	11
Gadsden		
Stitch and Cackle	5	5
Go Getters	8	8
North Gila	9	5
Parker		
Stitch and Stir	21	10
Parker Valley	10	9
Quartzsite	3	3
Roll		
Busy Bees	10	10
Wellton Mohawk	5	5
Smerton		
Beauties	23	21
Talkie Talkies	24	22
Chatter Boxes	28	24
Little Women	16	16
Wellton	7	7
Yuma Mesa	8	8

Canning

Crane	5	2
Gadsden	4	2
Roll	2	1

Home Furnishings

Bouse	2	
Crane	3	1
North Gila	1	
Parker	4	
Smerton	1	1

Girl's Junior Leader

Crane	2	1
Gadsden	1	
Roll	1	
Smerton	2	1

Percent of completions - 84

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The above figures are for enrollments in the various Home Economics projects. Obviously a good many members were enrolled in more than one project. The number of Yuma County 4-H members carrying one or more Home Economics Projects during the year 1950, and showing one or more completions is 263.



" Busy Bees" 4-H Club - Roll

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"Little Women" 4-H Club - Somerton Vicinity

During the current year the Home Demonstration Agent has spent approximately fifty per cent of her time with 4-H Club Work. In addition, Mary Gail Bonsall has been a full time 4-H Home Economics worker for ninety days. This brings the percentage of time spent to sixty or to $\frac{3}{5}$ of the total for the Home Demonstration Program. This is an increase over any previous year and shows that the club program is becoming more and more exacting.

For the past five years, Yuma County has had an Assistant County Agricultural Agent who has been organization Leader in 4-H work for the County. New features have consequently been introduced into the program, such as: A junior Agricultural Fair, Recognition Banquet, night meetings for the older youth, County Council meetings. All of these events have made an increased demand on the Agent's time.

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In addition, the Agent has been called on many times to "pinch-hit" for leaders. Leader movement is each year showing an improvement with this current year the best.

State workers who have visited the county for one or more days during the current year, in the interest of 4-H Home Economics club work are as follows:

January

Miss Helen Church, State Clothing Specialist
Mrs. Ellen Kightlinger, Assistant State 4-H Club Leader

February

Miss Reva Lincoln, Extension Nutritionist
Miss Mary Gail Bonsall, Itinerant Home Demonstration Agent

March

Miss Reva Lincoln, Extension Nutritionist
Miss Mary Gail Bonsall, Itinerant Home Demonstration Agent

April

Miss Helen Church, State Clothing Specialist
Miss Reva Lincoln, Extension Nutritionist
Mrs. Ellen Kightlinger, Assistant State 4-H Club Leader
Miss Mary Gail Bonsall, Itinerant Home Demonstration Agent

September

Mr. Kenneth McKee, State 4-H Club Leader
Mrs. Ellen Kightlinger, Assistant State 4-H Club Leader

October

Mr. Kenneth McKee, State 4-H Club Leader

The events incident to the above visits were as follows: 4-H Leader Training Schools in Clothing; Conferences on Nutrition with 4-H Leaders; Assistance in Preparation for the Junior Agricultural Fair; Judging at the Fair; Planning the County 4-H Program; the Recognition Banquet.

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The first Fair took place on April 6th, 1946 and was cooperated in by the Agricultural Extension Service and the vocational classes at the High School. The event was sponsored by the Yuma County Senior Chamber of Commerce. Since it was the first such Fair attempted in the County more than the usual amount of organization work had to be done in preparation. An effort was made to simplify the activities so that better grading could be accomplished. Finally the girl's 4-H work was divided into two main divisions. (1) Exhibits mainly clothing (2) Demonstrations. Of the approximate 200 girls, 130 brought exhibits varying in number from one to five. Those were carefully entered according to catalog classification and judged for white, red or blue award. The exhibit was culminated in the afternoon by a dress revue at which time three county dress revue representatives were named.

The meal planning entries included posters on the general theme, "Food and Health", and one "House of Health" exhibit built from cereals and fruits.

Demonstrations were thrown into two divisions, (1) Senior (2) Junior. Subjects for demonstrations included: Shrinking Washable Material; Table setting the 4-H Way; Shining Shoes the 4-H Way; Sewing on Fasteners; Making a simple salad; Glue Method of Cleaning Washable Woolens; a Quick Patch for Work Clothes; Accurate Measurements for a Dress. The winning senior team demonstrated "A Quick Patch for Work Clothes" and the winning Junior Team demonstrated "Table Setting the 4-H Way".

In 1947, the Fair took place on April 11th and 12th. So that more people might visit the Fair, it was thrown open to the public Friday evening as well as all day Saturday.

The 4-H Home Economics division was divided into three general divisions. (1) Exhibits (2) Demonstrations (3) Judging contests. By far the greater portion of exhibits was clothing work. This was partly, at least, because baked goods exhibits were barred from the premium list because of the shortage of fats and sugar. There was, however, a food for health exhibit contest and four communities entered exhibits. Only a small amount of canning was exhibited which was to be expected since Yuma County has not found it practical to can and the canning done by 4-H girls is not stored any great length of time.

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More than eighty per cent of the 4-H Clothing Club girls exhibited from one to five articles including approximately one hundred dresses. These dresses were modeled by their owners in a dress revue and senior winners in the four classes were named by the judges.

There were a total of twenty-four demonstrations given in the Junior and Senior divisions on the following subjects: Bread Making; Forming of Yeast Rolls; Outdoor Cooking; Making a Simple Salad; Washing Sweaters, Glue Method; Shining Shoes the 4-H Way; Making a French Braid; Curing Skins for Fur; Sewing on Fasteners; Putting on Fasteners without Sewing; New Method of Putting in Slide Fasteners; Making Worked Button Holes; Sewing in Dress Sleeves; Making Point Trimming; Stenciling; Cutting True Bias; Making Lemon Pies; Making a sock doll; Table Setting.

Judging contests included the judging of dresses, aprons and baking powder biscuits. In each case there were four rings to judge and contestants were asked to give reasons for their placements.

The Rood Home Demonstration Club acted as hostess club for the Fair, decorating, putting up exhibits, etc.

In 1948 and 1949, the Junior Agricultural Fair was held for two entire days. In 1948, clothing exhibits at the Fair surpassed previous years in both quality and quantity. All four years the point system has been used to compute rewards and in 1948 because of the size of all exhibits (clothing and foods) the value of points for awards had to be reduced from forty cents in previous years to twenty-five cents in 1948.

A new venture was undertaken in 1948 in that all 4-H Leaders were invited to the Agent's home the evening of March 25 for the purpose of making final plans for the Fair. The Agent served a buffet supper and fifteen Leaders were present. This proved a very fine method for activating committees, etc. Duties of Superintendents were explained and all details including the putting up of decorations planned.

The dress revue, for the first time, was, in 1948, held in in the evening and was supplemented by a program from various clubs. The dress revue proper was divided into the Junior and the Senior Divisions.

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Because of the availability of such food supplies as sugar and fat, in 1948, there were entries in foods. Baked goods from the three years of meal planning project requirements were selected for the premium list as follows: Baking Powder Biscuit; Muffins; Gingerbread; Butter Cake; Sponge Cakes; Yeast Rolls. Entries were good both in amount and quality for the first year's showing.

In 1948, the poster exhibit at the Fair took a different form in that it was put on an individual rather than a club basis.

Gym bleachers were used, the steps covered with paper and used for shelves for food entries. These were placed on paper plates and covered with long strips of cellophane. The posters were thumb tacked to the side of the steps and green rosettes were used as a trim.

1948 also saw the introduction of a frozen foods premium list. A freezer unit was loaned by a local firm for display purposes and a good start made toward including such a division in future Fairs.

In 1949, the Junior Agricultural Fair took place the eighth and ninth of April and, as in previous years, was held at Crane School. The 4-H Home Economics division was divided into four parts: Exhibits, Dress Revue; Demonstrations; and Judging.

Two hundred and thirty eight girls exhibited from one to five articles making a total exhibit of well over a thousand articles. The quality of all divisions showed an improvement over previous years. In the clothing exhibit, blue ribbon dresses were exhibited on special standards for the first time. There were also raised platforms for exhibiting small articles. In the frozen foods exhibit, two up right home freezers were loaned by local firms. In the foods exhibit, two bleacher sections were covered with white paper, decorated with 4-H rosettes and used to display the entries. Foods poster entries showed an increase in both number and quality.

The Dress Revue took place the evening of the eighth at eight o'clock. The stage was attractively decorated with large floral arrangements. In the revue, the theme was the 4-H Record Book. Four girls, recent Chicago trip winners, dressed in pastel formals, were mistresses of ceremonies. Mona Berry was narrator and used her own record book to talk from. A large record book formed a door through which the dress revue girls stepped. Opening and closing the door were Betty Jo Frauenfelder and Mary Lott. Joan Cannon Brown assisted Mona Berry as

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narrator. Winners in the dress revue contest were as follows: Nedra Tudor, Wool suit Division; Jill Cannon, School dress division; Dixie Anderson, Best dress division; Julia Sleeth, Junior Division. In addition to the Dress Revue, there was a Spanish Dance in costume by the Gadsden 4-H girls and a playlet by the Wellton-Mohawk 4-H Club. There were several hundred people in the audience and the program was well received.

There were thirty-three Home Economics demonstrations including Clothing, Food Preparation, Food Preservation, Dairy Foods; Home Management and Home Furnishings. Subjects included were as follows: How to Use the Sewing Machine; Designs for Three Types of Teen Ager's; Putting on a Collar; Making an April; Grooming; How to Make Stuffed Thys; Equipping a Sewing Box a 4-H Clothes Closet; Making a Bound Button Hole; Setting the Table, Making Cocoa; Star Salad; Measuring Flour, Making Muffins; Spring Salad; Vegetalbes for Health; Making Beef Patties; Making Cookies; Forming Cookie dough, Making Biscuits; Making a Cake; Packing a School Lunch; Eggs for Breakfast; Preparing Poultry for Freezing; Freezing Grapefruit; Making Cream Soups; Home Pasteurization of Milk; Making a bed; Storage in the Home; Furnishing a Room. From these, seven demonstrations were awarded trips to the Roundup in Tucson.

This current year, the Junior Agricultural Fair dates were April 21st and 22nd. The Fair this year showed an increase, both in quality and quantity, of all phases of 4-H nutrition work. There were more demonstrations this year with Meal Planning members from the following clubs competing: Gadsden Go Getters; Gadsden Stibch and Cackle; Somerton Talkie Talkers; Little Women; Crane Merry Meal Planners; Mohawk Valley Baste and Brew; Yuma Valley Jolly Commuters; North Gila Meal Planners; Subjects for demonstrations included: Level Measurements; Preparing Grapefruit; Making Cup Cakes; Washing Dishes; Setting the Table; Making a Sunshine Cake; Making a Spice Chiffon Cake; Making a Butter Cake; Making a Tuna Scallop; Milk Around the Clock; Ways with a Pressure Sauce Pan; Pacing a School Lunch; The Home Freezer, an Emergency Shelf.

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Junior Demonstration Team - Fair



Community Booth Exhibit - Fair

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Nutrition

Exhibits at the Fair conformed closely with the entry list which in turn had been made to conform with requirements for the different project years. In addition to baked goods, there were poster exhibits, canned foods exhibits, and frozen exhibits. This last showed the biggest proportional increase of any division among Home Economics exhibits. This is the third year that frozen foods have been exhibited, each year showing an increase over the previous.

From contestants at the fair, the following Roundup delegates were selected: Senior Dairy Food Demonstration Team, Frances Barrientos and Delia Torres; Junior Dairy Food Demonstration team, Charlotte Salyer and Betty Smith; Senior Food Preparation Team, Betty Bickers and Dorothy Anderson; Senior Food Preparation Individual, Eugene Ochoa; Junior Food Preparation team, Sandra Gaines and Dolly Adams; Junior Food Preparation Individual, Arlene Johnston; Senior Food Preservation Team, Jill Cannon and Ann Thacker; Breakfast contest, Martha Jane Guthrie and LaDonna Euhus. Senior Food judging team, Martha Jane Guthrie, Betty Bickers and Dorothy Anderson; Junior Food Preparation Judging team, Sandra Gaines, Charlotte Salyer, and Betty Smith.

Clothing

Clothing contests at the Fair resulted in the following delegates: to the 4-H Roundup: Tailored Suit, Dress Revue, Billie Jean Whitman; Best Dress, Dress Revue, Julia Sleeth; School Dress, Dress Revue, LaDonna Euhus, Party Dress, Gloria Martinez; Play Suit, Myrna Ellis; Senior Clothing Demonstration Team, Gloria Martinez and Myrna Ellis; Senior Clothing Demonstration Individual, Billie Jean Whitman; Junior Clothing Demonstration Individual, Dorothy Lee; Senior Clothing Judging Team, Jill Cannon, Julia Sleeth and Myrna Ellis; Junior Team, Dorothy Lee, Charlotte Salyer and Arlene Johnston.

The Dress Revue at the Fair this year had for a theme "Fashions in the Sun". A back drop with cathedral windows through which special lighting effects were arranged was used. The revue itself was well done and showed an improvement in form over previous years. Between scene entertainment consisted of the following: A Spanish Dance by the Gadsden Go Getter Girls; A Tumbling Act by the Somerton Girls; Two solos (4-H songs) by Myrna Ellis of the Little Women Club.

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This current year, as for the previous four years, the Recognition Banquet was held at Crane School with the food prepared by the Crane School Cafeteria staff. It was attended by approximately three hundred 4-H boys and girls, leaders, parents, and guests. A new departure this year has been that the individual 4-H certificates and pins were not given out at the banquet but are being given at special recognition events to be held in each community. Leadership certificates, County and State Awards were announced as follows:-

Leaders: - Mrs. Ruth Lattie, Mrs. J. O. Cannon, Mrs. Maxine Cole, Mrs. Warren Serrine, Mrs. J. H. Minter, Mrs. J. R. Mason, Mrs. Everett Jones, Mrs. E. A. Tennyson, Mrs. Henry Frauenfelder, Mrs. Idis Pappin, Mrs. Wren Smith, Mrs. Gertrude Lenon, Mrs. Ben Langendorf, Mrs. Morrie Sevada, Mrs. Mildred Cowell, Mrs. Madeline Young, Mrs. Wayne Wright, Mrs. Clyde Gaines, Mrs. Ila Davidson, Mrs. F. H. Burd, Mrs. John Slaughter, Mrs. Harry Ellis, Mrs. Percy Campbell, Mrs. Viola Orosco, Mrs. Bailey Sleeth, Mrs. Carl Burgett.

County Winner:- Clothing, Billie Jean Whitman; Dairy Foods Team, Delia Torres and Frances Barrientos; Dress Revue, Gloria Martinez; Food Preparation, Eugene Ochoa; Food Preservation, Martha Jane Guthrie; Girl's Record, Caroline Lott; Room Improvement, Betty Bickers; Achievement, Mona Berry; Better Methods, Dorothy Lee; Leadership, Myrna Ellis.

State Winners:- Gloria Martinez, Dress Revue; Delia Torres and Frances Barrientos, Dairy Foods Demonstration.

Gloria won the State Dress Revue with the party dress costume which she modeled at the Junior Agricultural Fair. The over dress was of lavender cotton eyelet embroidery and the under dress of lemon yellow cotton broad cloth. As well as making the costume herself, Gloria designed it herself. It was particularly becoming to her Spanish type of beauty.

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State Dress Revue Winner

GLORIA MARTINEZ

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The subject of the winning Dairy Foods demonstration was "Making a Dairy Food Scalloped Dish". The girls received an average score of 97 out of a possible 100 from the Judges at the Roundup.



State Dairy Foods Demonstration Winners

FRANCES BARRIENTOS

DELIA TORRES

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The Roundup this year, as in the past four years was participated in by 4-H'ers who won in contests at the County 4-H Fair. Sixteen girls and one boy made up the Home Economics delegation as follows: Dolly Adams, Roll; Dorothy Anderson, Crane; Betty Bickers, Yuma vicinity; Jill Cannon, Rood; Myrna Ellis, Yuma Mesa; La Donna Euhus, Crane; Sandra Gaines, Tacna; Martha Jane Guthrie, Gadsden; Arlene Johnston, North Gila; Dorothy Lee, Somerton Vicinity; Julia Sleeth, Yuma Mesa; Betty Smith, Somerton vicinity; Ann Thacker, Yuma Valley; Billie Jean Whitman, Yuma; Frances Barrientos, Somerton; Delia Torres, Somerton;

Contest Line Up Was As Follows

Dress Revue - Wool Suit, Billie Jean Whitman; Party Dress; Gloria Martinez; Best Dress, Julia Sleeth; School Dress, LaDonna Euhus; Sport's Dress, Myrna Ellis.

Clothing Demonstrations

Senior Division - "Preparations for Making a Garment"
Billie Jean Whitman
Junior Division - "How to Iron a Shirt"
Dorothy Lee
- "Pattern Interpretation"
Myrna Ellis and Gloria Martinez

Dairy Foods Demonstration

Senior Division - "Use of milk in Scalloped Dishes"
Frances Barrientos and Delia Torres
Junior Division - "Making Cream of Tomato Soup"
Charlotte Salyer and Betty Smith

Food Preparation Demonstrations

Senior Division - "Making a Sponge Cake"
Betty Bickers and Dorothy Anderson
- "Ways with a Pressure Sauce Pan"
Eugene Ochoa
Junior Division - "Making a Butter Cake"
Sandra Gaines and Dolly Adams
- "Setting the Table the 4-H Way"
Arlene Johnston

Food Preservation Demonstration

Senior Division - "The Home Freezer Locker As An Emergency Shelf" Jill Cannon and Ann Thacker

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Breakfast Contest - LaDonna Euhus and Martha Jane Guthrie

Clothing Judging

Senior Team - Julia Sleeth, Delia Torres, Jill Cannon

Junior Team - Dorothy Lee, Arlene Johnston, Betty Smith

Foods Judging

Senior Team - Betty Bickers, Dorothy Anderson, Ann Thacker

Our blue ribbon winners were as follows:- Billie Jean Whitman, Dress Revue; Gloria Martines, Dress Revue; Julia Sleeth, Dress Revue; LaDonna Euhus, Dress Revue; Myrna Ellis and Gloria Martinez, Clothing Demonstration; Dorothy Lee Clothing Demonstration; Frances Barrientos and Delia Torres, Dairy Foods Demonstration; Charlotte Salyer and Betty Smith, Dairy Foods Demonstration; Betty Bickers and Dorothy Anderson, Food Preparation Demonstration; Sandra Gaines and Dolly Adams, Food Preparation Demonstration; Dorothy Lee, Arlene Johnston, Betty Smith, Junior Clothing Judging.



Delegation to the 4-H Roundup

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Yuma County's Dress Revue Contestants - 4-H Roundup
Gloria Martinez, Ladonna Euhus, Julia Sleeth, Billie Jean Whitman



Senior Clothing Demonstration - 4-H Roundup
Gloria Martinez
Myrna Ellis

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Junior Food Preparation Demonstration - 4-H Roundup
DOLLY ADAMS SANDRA GATNES



Junior Dairy Foods Demonstration Team - Roundup
CHARLOTTE SALYER BETTY SMITH

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Two 4-H Leader Training schools of two days duration each were held the week of January 23rd. Miss Helen Church, State Clothing Specialist was in charge. Mrs. Ellen Kightlinger, Assistant State 4-H Club Leader, was in the County for the first three days of the meetings. Previous to these meetings, the Agent made home visits to all clothing leaders planning with them for the meetings. It was decided that mothers as well as Leaders should be included in the invitations. As a result, the meetings were attended by approximately an equal number of Leaders and mothers. The meeting in the Wellton, Mohawk area was held at the Antelope Ranch near Roll with Mrs. Wayne Wright as hostess. The meetings for the Valleys were held in the 4-H Work shop at Somerton. Meetings began a little after nine o'clock and adjourned around four o'clock in the afternoon. In both schools, a very busy two days were spent in explaining the clothing project requirements and in working up illustrative material. All in all, it was a very successful piece of work and has materially strengthened the 4-H clothing club work.

The 4-H Recreation School was held December twelfth, thirteenth and fourteenth and was for the purpose of training Leaders. Miss Jane Farwell, a nationally known Recreation Specialist from Wisconsin directed the school. Place of meeting was the Crane School. While only sixteen leaders were actually enrolled, there was a total of thirty-eight Leader and Junior Leaders who benefited from one or more meetings. They represented a total of six communities. Miss Farwell made the work fit the requested needs of the Leaders with the result that more than sixty games from mixers, contests, and team games, small group games, school room games to various musical games were taught. Miss Farwell was an enthusiastic competent teacher and was very well liked. However, because of the scope of recreation, the group at the close of the school realized that more extensive training is highly desirable and expressed the hope that a recreation school may become an annual affair.

Since the Recreation School, the Agent and Leaders have included some of the games taught, when possible at meetings. In every instance, whether 4-H Club or Home Demonstration Club, those present have entered into the spirit of things and have had a very happy time.

The last week in February, our 4-H Council sponsored a demonstration by a representative of the International Harvester Company on "Preparing Foods for Freezing". At this time, Jill Cannon, Yuma County's 4-H girl who won the 1949 award in the State Frozen Food contest, was singled out for special attention. In addition to the bond from the Inter-

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national Harvester, she was given a check from the local company and her picture was publicized in the local paper. The demonstration on Freezing proved very successful and was well attended by 4-H Leaders and club members.

As stated before, the Agent has had ninety days assistance with 4-H Club work during the year in the person of Miss Mary Gail Bonsall, Itinerant Assistant Home Demonstration Agent. Her first service began February thirteenth. She returned to the State Office at the end of the month and came again to the County for a short period in March and again in April at the time of the Fair. Previous to her coming in February, the Agent sent a letter to all 4-H Leaders explaining her coming and enclosing a card for reply in case they wanted her assistance. As a result Miss Bonsall worked with Leaders and 4-H girls in the following communities: Roll, Crane, Somerton, Gadsden, North Gila. In each of these communities, demonstrations were prepared for the Fair. At the time of the Fair, Miss Bonsall made out entry tags, was in charge of the judges books, arranged exhibits according to lots and divisions as they were brought in and assisted in figuring the sweepstakes winner in the home economics division. This last October and November, she has worked on 4-H organization and has done 4-H Leader Training work. She has in addition chaperoned the eleven Yuma County 4-H judging girls on their trip to the State Fair in Phoenix. This service has been much needed by the Home Demonstration Agent and very gratefully received.

Mr. Kenneth McKee and Mrs. Ellen Kightlinger were in Yuma on September 7th and the Agent in cooperation with Mr. Bob McCreight, Assistant County Agricultural Agent, and the State workers spent the day making plans for 4-H Club work during the fall and winter of 1950-1951. It was agreed that 4-H Club work should be taken out of the schools even at the sacrifice of enrollments. Centers most vitally affected will be Somerton and Crane. In the former case, sewing classes will continue in the school which will greatly reduce the number of girls who can do both 4-H and class sewing. With Crane, the bus situation and transportation difficulties will greatly reduce the number of girls who can enroll.

The Agent has attended and taken part in the meetings of the County 4-H Council. Dates for these meetings have been scheduled to precede County events when it was necessary to formulate policies and plans.

This year, for the first time, we have had a County 4-H Leader Council. This organization has been a big help in organizing and scheduling duties for all County 4-H events.

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Before leaving the subject of 4-H activities and results it should be here stated that 4-H files in the County office take the form of a card index which works for a permanent record of enrollments and completions.

A monthly 4-H news letter is published under the caption "Covered Wagon" and sent to all 4-H members and their leaders. While the Ass't County Agent assumes the initiative for these news letters, it is a joint publication of the Ass't County Agent and the Home Demonstration Agent staff.

SUB PROJECT E - Reports

Reports from the Home Demonstration Agent's Office take the form of a monthly narrative and statistical report. Weekly reports have been practically impossible because of congestion in stenographic services or in the Agent's program.

The Agent has a calendar outline where she writes down appointments, makes notes concerning meetings, etc. Reports are largely made from this calendar.

XIII - Nutrition

In no phase of Home Demonstration work are the effects of a long term program more evident than in nutrition. Requests for assistance came from what communities have learned to be important sometimes extending many years back. For this reason, it seems hardly fair to tell of one years work in nutrition without going back for at least a brief account of teachings and accomplishments in previous years.

A decade and a half ago, Yuma County through the Home Demonstration service had an intensive course in child care. The Agent is still feeling the influence of this course and not a month passes that she does not have some requests for the literature from the Children's Bureau in prenatal, Infant and Pre-School child care.

In 1949, the Agent added to her bulletin supply, the one entitled "Your Children from 6 to 12", published by the Children's Bureau of the Federal Security Agency. This last named went to Camp Fire Guardians, to Parent Teacher Association committee members as well as to our Extension Personnel. This current year there have continued to be requests for this bulletin.

D. PROGRAM OF WORK (con't)

The long established custom of giving advice on food preparation means that the Agent is called on for advice in all phases of food preparation from supplying recipes to interpreting unusual results. For the past four years there has been increased interests in the school lunch program. There has been an increase in quality of lunches served and in percentage of children served. The problem has been simplified by the closing, within the last six years of three rural schools, the children being sent to either Crane School or to the Yuma Grammar School. These schools have been Sunnyside, North Gila School, and Rood. Up until last fall, this arrangement has been looked upon as more or less a temporary affair but now it has become permanent for all three districts involved. As far as the not school lunch program is concerned, this is definitely a good thing.

In the fall of 1945, a hot school lunch was instituted at the Roll, Mohawk School with the President of the Home Demonstration Club acting as Cafeteria Manager. This lunch is at present functioning under the same management. Not only is it doing a splendid service with the daily school lunches but serves for many school and community functions. The entire community is appreciative of the service.

In the fall of 1947, a school lunch room was opened at Wellton. The Wellton Home Demonstration Club initiated the movement, and a Home Demonstration Club member was selected as manager. A building was erected on the School grounds for the purpose and nicely equipped. Last year more equipment including a dish washing machine and a "walk-in" refrigerator were added. The lunch room is operating at present under its original management and is a real credit to both the school and the community.

The fall of 1948 saw quite a re-organization of grammar schools in Yuma proper. The new school buildings were put in operation and the school lunch or cafeteria was moved from the basement of the Fourth Avenue Grammar School to a building all its own. Modern equipment was installed in the building and the management of the cafeteria placed in the hands of a trained dietitian entirely separate from school authority supervision. The cafeteria has taken its place not only to serve a large number of school children but it is used for many evening civic club dinners as well. While obviously, Home Demonstration Work has had no direct part, it has indirectly helped build public opinion to bring about this needed change.

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At the Yuma Union High School, the Cafeteria continues to be in charge of a former Crane Cafeteria Manager. From time to time she comes to the Agent requesting help with recipes and menus. The Agent has supplied her with tested quantity recipes and menus.

At the Somerton Grammar School, the 4-H meal planning club this year assisted the school lunch manager with planning menus and with certain operation tasks. Both the Principal and the Manager remarked to the Agent very favorably on the clubs participation. The cafeteria has long been a very fine example but this year it seemed to be operating even better. It serves on an average of four hundred each school day at noon. At present writing, there has been a necessary change since 4-H Club work has been removed from all school work.

Sub Project A--Food Production

Three factors have always influenced the growing of home vegetable gardens in Yuma County as follows: character of the soil and water supply; climate; proximity of commercial vegetable growers. In a large portion of Yuma County, the soil is salt and does not lend itself to the growing of a variety of produce. Irrigation systems furnish water for comparatively large areas but are difficult to adjust for a small area such as a home vegetable garden. The growing season extends for the entire year with the possible exception of two months in extreme heat of the summer. Because of commercial truck gardens, Yuma County markets are abundant in both variety and amounts of fresh vegetables and fruits and at a cost less than that of production on a small scale. In short, the growing of home vegetable gardens, is not generally practical in Yuma County. There are of course certain exceptions such as: The Yuma Valley, where the soil is not salt.

Always, the Home Demonstration program in Yuma County, in all phases of Food Production, has been subsidiary to that of the County Agricultural Agent. The Home Demonstration Agent has included timely information on poultry and egg production as well as home gardens in radio broadcasts which she has given. 4-H garden and poultry projects are supervised by the Assistant County Agricultural Agent.

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Sub Project B—Food Preservation

A part of the Home Demonstration Agent's time each month of the year is occupied with dispensing information on food preservation. This is because food material grows in Yuma County the year round. However, this presence of fresh food materials has made Yuma County not one which cans or freezes heavily. The practice is to preserve the surplus which occurs and to use it to supplement the fresh vegetables and citrus fruits of the long growing season. Such fruits as apricots, peaches, pears, plums, cherries do not grow to any extent locally. The the last few years there has been rather large scale trucking of such fruits from California which has stimulated home canning and freezing. Then, too, since Yuma is located on the border of California, many home makers make rather extended visits to California orchards, when the fruit is ripe, for the purpose of canning and drying the fruit.

The year 1943 saw an effort to make the drying of vegetables in Yuma County practical. Dehydrators were built in farm communities and two result demonstrations conducted. While the dried products were fairly palatable yet, without exception home makers preferred canned foods. Drying was not deemed of much practical use in Yuma County because surplus can better be conserved by canning or freezing. A possible exception may be the drying of figs. ~~Place the figs on trays in the sun protected from insects.~~

In 1943, also, when pressure canners were being rationed approximately one hundred new pressure canners were purchased in Yuma County. This has, in all subsequent years, helped materially the home canning of food materials. In all years past, some work has been done by the Agent in testing the accuracy of pressure gauges. She has, at present a maximum registering thermometer and tests gauges on request. However, Yuma County's dry climate together with seal level altitudes tend to keep gauges accurate and to minimize the importance of such testing.

The years 1944 and 1945 saw the practice of home canning in Yuma County reach a new high. This was accounted for by the following:

1. High point value of commercially canned foods.
2. Increase in California fruits trucked into Yuma.
3. Surplus from vegetable gardens.
4. Increase in number of pressure cookers in the County.

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The last three years have seen a decided decline in canning in favor of freezing as a method of preservation. This seems to be due to the greatly increased facilities for freezing. In September of 1945, a commercial freezer storage locker plant was opened for trade with more than sixty percent of the rentals going to rural people. In addition, the last three years have seen home freezer cabinets installed in a great many of the rural homes in Yuma County.

In August of 1945, the Agent attended a work shop on Freezing of Foods at the University. The school was under the direction of Miss Reva Lincoln, Extension Nutritionist. This work shop was good preparation for demonstrations and conferences in the County. At the University, the group used the new freezer cabinet located in the nutrition research department. The Agent came away from the work shop with a good comprehension of the principles and operations involved in deep freezing.

In October and November of 1945, demonstrations on freezing were given to Yuma County Home Demonstration Clubs and to the Yuma Garden Club, the Senior Delta Club and a Tenant Purchase Group from the Farm Security Administration.

During 1946, a demonstration on the preparation of foods for freezing was given to the Mother's Club of Yuma. In addition three repeat demonstrations were given to Home Demonstration Clubs on request.

During the year of 1947, the Agent was twice called into the State Office for meetings on Food Preservation. The first of these occurred in March and its purpose was to acquaint all Agents with the new time table for canning vegetables and fruits which lend themselves to freezing.

During the year of 1947, the Agent was twice called into the State Office for meetings on Food Preservation. The purpose of the first meeting was to acquaint all Agents with the new time table for canning vegetables and to plan a program of food preservation in various counties.

The second of these meetings was a Frozen Foods School with the guest instructor Mr. K. F. Warner, meat specialist, Extension Service, Washington, D. C.

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Both of these above meetings have been helpful in forwarding Yuma County's Food Preservation Program. Upon receipt of the new time tables for processing non-acid vegetables, explained at the March meeting, the Agent explained and distributed the time tables at all Home Demonstration Club meetings. She also publicized it in a radio broadcast and has supplied it to home-makers on request.

After returning from the Frozen Foods School, Mr. Al Face, Ass't County Agent and the Home Demonstration Agent shared a fifteen minute broadcast over KYUM, telling the highlights of the school. This broadcast resulted in stepped up requests for information on both freezing and canning. At a Roll Home Demonstration Club meeting, the Agent prepared and wrapped chicken for sharp freezing.

The past three years have seen the usual run of requests for information on preserving of food materials. While there have been numerous calls for the United States Department of Agriculture Bulletins "Home Freezing of Fruits and Vegetables" and "Freezing Meat and Poultry Products", the bulletin most requested has been the Arizona Extension Circular W-37 "Home Curing of Dates". All requests have been answered with home visits or phone calls or, where the request was for a bulletin only, with the mailing of the bulletin requested.

In October of 1948, at the County Home Demonstration Council meeting, with sixty County women in attendance, a technicolor film on freezing foods was shown. The film was secured for the meeting by Miss Jean Stewart, State Home Demonstration Leader. It showed approved methods for preparing fruit, vegetables, meat poultry, etc, for freezing. It also showed the advances which have been made in freezing cooked foods. A description of this film has been taken back to all Home Demonstration Clubs in the County.

In January of 1949, Miss Reva Lincoln, Extension Nutritionist, was in the County. All 4-H Meal Planning Clubs in the Southern part of the County, as well as some Home Demonstration Club members, were included in two demonstration meetings at that time. The subject presented by Miss Lincoln was "Preparing Food Materials for Freezing". One demonstration was given at the Mohawk School for the benefit of club members in the Roll-Wellton area. Another demonstration was given at the Crane School for the Benefit of club members from Crane, Rood, North Gila, Gadsden and Somerton. All this has had an influence on Food Preservation work as accomplished during the current year. There has been stepped up interest in preservation of food by freezing over all previous years.

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May 24rd and 25th of the current year of Food Preservation School was again held at the University under the auspices of the State Office. Surprising as it may seem, there was a very full program of entirely new material presented. The work on freezing was, of course, the most practical for Yuma County. The Agent has since relayed this to all adult groups in the County.

Sub Project C -- Food Selection and Preparation

Work in food selection and preparation falls into three classes as follows:

1. Project work with adults
2. Request work with adults
3. 4-H Club Work

In November of 1947, a project local leader meeting was held on Poultry. The Extension Nutritionist, assisted by the Home Demonstration Agent, gave the demonstration. Before the demonstration, a chicken was cleaned and stuffed ready for the oven. This was put in the oven to roast at the beginning of the demonstration. A New York dressed turkey bought at a local market by the Home Demonstration Agent was then used to show all the steps in cleaning and stuffing a turkey. Points stressed were: killing and dry picking versus scalding with hot not boiling water; head and feet left on the bird at time of killing; removing pin feathers using crochet hook #8; removing tendons, seven at back and two at front of each lower leg using wooden clothes pin, skin cut an inch or more below knee joint before dis-jointing and severing foot, neck severed from head with no loss of neck; bird given soap and water bath using brush; incision made in skin at back of neck drawn through to be cut at body line, leaning skin in front of insert; crop tied off before being cut from alimentary tract; T shape or band shape incision made for drawing the turkey; stuffing, skewering, fastening wings and legs to body, larding and salting.

The chicken roasted during the demonstration was carved as a demonstration and eaten by the leaders at lunch. A mimeograph sheet, prepared by the Specialist, gave a suggested Holiday meal menu, which included a "Horn of Plenty" Pie. This pie is particularly good for Yuma County because it used dates and pecans, locally grown products. It is a one crust pie combining cranberries with the dates and nuts. This recipe the Agent made up ahead of time and the Leaders had small wedges of pie at lunch time. This meeting closed with a discussion of centerpiece decorations for the Holiday meal.

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Since this meeting came late in the year, all the local meetings carrying this subject matter were held in the year, 1948, when the eight Home Demonstration Clubs had such poultry demonstration. This has proven to be a very timely demonstration because of the abundance of turkeys.

During 1949 and 1950, there has been continued interest in grapefruit desserts as a result of the leader meeting held in 1947, with Miss Reva Lincoln, Extension Nutritionist in charge. Leaders have reported distributing the leaflet on the subject during both years. The Agent has also had many requests. This was proven one of the best food demonstrations ever given in the County because it makes use of our abundant grapefruit crop and has pointed the way to new uses.

In January of 1949, a leader meeting was held with Miss Reva Lincoln, Extension Nutritionist in Charge. The subject of the demonstration was "Favorite Mexican Dishes". A buffet luncheon was actually prepared, its nutritional value developed in a round table discussion and cooking techniques such as peeling green chile peppers (paraffin method) and deep fat frying were demonstrated.

A buffet table with the Mexican theme was prepared and all present were served. The menu was as follows: Chiles Rellenos; Frijoles Refritos; Rospadas; Ensalada de Aguscata; Cocada; Coffee.

Attending the meeting were twenty nine women representing the following Clubs: Gadsden Home Demonstration Club; Rood Home Demonstration Club; Yuma Mesa-Somerton Vicinity Home Demonstration Club; North Gila Home Demonstration Club; Wellton Home Demonstration Club; Doll Home Demonstration Club; Snyder Ranch Club; Wednesday Afternoon Club; Senior Delta Club.

The subject "Favorite Mexican Dishes" proved quite a drawing card because of Yuma County's location on the border of old Mexico. During the year, the meeting has been repeated to all groups represented. In two instances the Agent was present. The other meetings were carried entirely by the Leaders.

In October of 1949, the Extension Nutritionist came to Yuma County for the County Home Makers Council meeting. She gave a stimulating illustrated talk on the why of good nutrition. It set forth the importance of the actual use of the seven basic group chart in maintaining good food habits. After the meeting this talk was reported back to the clubs represented.

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The last three years have seen a revival of requests for work meetings on "Christmas Sweets" which were popular during the Pre-war days and for obvious reason had to be discontinued when sugar became scarce. During December of 1949, there was time for but one such meeting as follows:

The leader of the Mohawk-Wellton 4-H Club requested that the Agent meet with the club and supervise a Christmas candy making meeting. The meeting was held at the Wayne Wright ranch in Roll, fourteen high school girls and two leaders were present and approximately thirty five pounds bon bons, Chocolate creams, and divinity were successfully made.

The last five years have seen a material strengthening of 4-H Food Preparation and Meal Planning work in Yuma County. This has come as an indirect result of the Junior Agricultural Fair awakening communities to some of the possibilities of 4-H Meal Planning Club Work. This year's exhibits and demonstrations have continued to be a factor. Among the demonstrations worked on by club members are the following: School Lunch; Around the Clock with Milk; Increasing Use of Milk through Scalloped Dishes; Preparation of Custards; Table Courtesies; Preparing Foods for Freezing; Making Cream Soups; Making a Sponge Cake; Making a Butter Cake; Level Measurements; Making Muffins.

During the year the Agent and Assistant Agent met with the various clubs and their leaders in the interest of demonstrations, helped them with outlines, with practices, with props, and in anything that would encourage the cause. All Meal Planning Clubs practiced demonstrations during the year. Those giving demonstrations at the Fair were as follows: Somerton Chatter Boxes; Little Women; Gadsden Go Getters; Stitch and Backle; Jolly Commuters; Crane Clover Leaf; North Gila; Roll Busy Bees; and Mohawk Wellton.

After the Junior Agricultural Fair, the Agent spent some time in preparing the winning foods teams for participation in the State 4-H Roundup Demonstration Contests as previously told under D (c) d.

It was necessary to select delegates for the Breakfast Contest from among other winners at the 4-H Fair because the quota of delegates was exhausted with the other contests. After due consideration the 1st fell to two girls who live some distance apart and it was difficult to get them together for plans and practice. The Agent had to help them out supplying on occasion both transportation and meeting place. Next year an

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effort will be made to work it out differently, if possible by making a selection from a County contest. If circumstances prevent this being arranged, it would seem best not to enter the Roundup Breakfast contest.

As previously stated, the Extension Nutritionist conducted a series of two leader meetings in the County during the current year. At the first of these "Meals that Can Wait", mimeograph material had been prepared in the State Office by Miss Lincoln. It was explained and the Leaders worked in groups preparing the foods which comprised their noonday meal. They made up a "Master Mix", "Roux", etc, and used them in the preparation of an oven meal, a broiler meal, as well as top stove dishes. At the second meeting, the morning session was taken up with an introductory illustrated talk on "Salads from Locally Grown Products". This was followed by a preparation period when the entire group worked at preparing salads for the noon meal. After lunch and the summary discussion on salads, some time was spent in checking pressure canners brought by the Leaders from the various communities which they represented. Both these meetings were thoroughly enjoyed by all who attended as well as being very beneficial. They were subsequently given back to all clubs represented.

A discussion of Food Selection and Preparation Activities in Yuma County during the year 1950 should not be closed without mentioning broadcasts. As before mentioned, the Home Demonstration Agent has for four years taken her turn with the County Agricultural Agents in filling a weekly fifteen minute broadcast time over KYUM. This current year she has given a total of sixteen such broadcasts and with each of these she has included timely suggestions for food selection and preparation. She is continuously having responses to these discussions, thus, she knows that her audiences have been a goodly number and that the suggestions given are being used by Yuma County Home Makers.

XIV—CLOTHING

Since the beginning of Home Demonstration work in Yuma County more than three decades ago, clothing has been perhaps its strongest program. It is no wonder that there are now a nucleus of women who have learned many Home Economics Clothing Technics. These women are scattered through out the County in all communities and act either formally or informally as adult and 4-H leaders. Because of the added demands made upon the Agent's time by an expanding program, the Agent has, whenever possible, for the past four years, left formal instruction to these leaders. This has meant that there have

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been fewer adult demonstrations in clothing work given by the Agent than in previous years. The work on Tailoring presented by the State Clothing Specialist during 1949 has greatly expanded the long time program. For this reason it seems best to tell of it in its relationship to the teachings of other years.

SUB PROJECT A--SELECTION

As market conditions have changed, selection of materials has been a repeat program. In 1942, "Identification of Fibers" was presented at a Leader Meeting and in Turn was given to all Home Demonstration Clubs.

With the war, market conditions changed. There was very limited choice of materials and the work on identification of fibers was not used so much for a purchase guide as for an aid to proper care of material.

In 1947 new materials again appeared in the stores, so again the study of selection of materials was in order. In October of that year, Miss Helen Church presented work in the County on the use and care of new materials. This included an exhibit of materials classified as cotton; rayon; nylon; combination nylon and rayon; fire resistant fabrics; materials (wool, cotton, linen) specially treated for overcoming laundering and wearing shortcomings. This work, together with the exhibit and a bulletin specially prepared by Miss Church was subsequently given back to all Home Demonstration Clubs and in addition to the Parker Women's Club, the Wednesday afternoon club, the Vi-sa-Wen Club in Salome and to a group of women in Bouse.

In February of 1948, a clothing leader meeting was held with Miss Helen Church in charge. The subject of the meeting was "Style Trends". As usual, this was an all day meeting. The morning was occupied with an illustrated discussion. The afternoon was spent with a clothes "clinic". Some of the leaders brought dresses which they wanted to remodel. They modeled the garments and there was a round table discussion of what could be done to modernize them. Subsequent to this Leader meeting, the Agent assisted in meetings on "Style Trends" throughout the County.

In October of 1948, Miss Church was again in the County for a Homemaker Council meeting. She brought along an exhibit of children's clothing bearing tags giving the Gaulmer measurements made according to government specifications.

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In 1949, Yuma County had its most ambitious project so far in the clothing field, that is, we had a clothing school and actually made tailored coats and suits. To introduce the school, Miss Church was in the County One day in February for a Leader meeting. As usual the meeting was divided morning session and afternoon session. The morning session was spent in discussing fabrics suitable for tailoring. Basis for selection was based on possibility of proper pressing as well as whether it was worsted, was sanforized, was of proper weight for suit or coat, etc. During the summer the Agent, at the suggestion of the Specialist, secured samples of suitings and coatings from a list of large firms in other states--the list was supplied by the Specialist. These samples, together with samples from local firms, were used for discussion and actual selection of materials at the first school sessions in September. The afternoon of the February meeting was spent with a demonstration of pressing equipment and its use after which the leaders broke up into club groups preparing shoulder pads and pressing cushions to take back as illustrative material, to their respective groups. Each leader was given a supply of a pamphlet prepared by Miss Church entitled "Simple Equipment Needed for Tailoring". At this meeting there were thirty two leaders representing ten organizations. The subject matter was subsequently given to these organizations. In most cases these included a work period when pressing cushions were made.

SUB PROJECT B--Construction

Garment construction techniques have always been popular with Home Demonstration Club members in Yuma County. During 1947, the chief achievement in this field was adoption of short cuts in sewing from a Leader meeting conducted by Miss Helen Church, State Clothing Specialist. Miss Church wrote a bulletin for this meeting entitled "Save Time by Short Cuts". The short cuts taught at this meeting have proven very popular all years since to the present and have been used not only with adult groups but with 4-H Clubs as well. The wrist pin cushion is much in use partly because it is also one of the first year 4-H clothing requirements but also because of the above short cut meeting. The jiffy method of putting in zippers is being used in every community.

In April, 1948, Miss Helen Church initiated a program with Home Demonstration Clubs on "Use of Sewing Machine Attachments". This took the form of all day meeting with the Wellton Home Demonstration Club. Members brought their sewing machines and were actually instructed in the use of their own attachments. Subsequently, the Agent conducted similar meetings

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with all Home Demonstration Clubs. It was estimated a year ago that one hundred and eighty-one homemakers had extended their use of sewing machine attachments because of these meetings. One woman enthusiastically remarked "It was the best meeting I ever attended. I just didn't know how wonderful sewing machine attachments can be". In the case of the Gadsden and Roll Home Demonstration Clubs, repeat demonstrations were held in order that the women might become even better acquainted with their attachments.

While the Agent has not had time for meetings, as such, on sewing machine attachments this current year, meetings have been held in all communities with Leaders in Charge.

In 1949, the tailoring school has been the major undertaking in the clothing field. As already told Miss Helen Church, Clothing Specialist, laid the foundation for the school at the Leader meeting in February. In July the Home Demonstration Agent sent a letter to Club representatives enclosing an enrollment card. This enrollment card was stated as follows:

"I wish to enroll in the Tailoring School".

Yes _____ No _____
I plan to Make (check one)
Coat _____ Suit _____

"I will attend the four meetings necessary for finishing the garment".

Yes _____ no _____
Signed _____
name

_____ address

During July thirty one enrollments were received fairly evenly distributed between a preference for coats and suits. All Home Demonstration Clubs were represented and in addition there were twelve 4-H Club Leaders.

In August the Clothing Specialist spent one day in the County planning for the School. By the time of her arrival forty women had enrolled so it was decided to have a day for the suit group and another for the coat group. The series of meetings was planned to include four for each group beginning in September and ending in November. In the beginning Miss Church used projector slides to give a survey of all the steps involved from start to finish.

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During October, two all day meetings were held on suit making and two on coat making. After material and patterns had been selected, shoulder pads were made. Next, muslin garments were cut from the patterns selected. These were then very carefully fitted to the owners. Grain lines were very carefully watched. If the materials were not marked "sanforized" it was shrunk by class members at home following directions by Miss Church. Pattern alterations were made from the muslin after fitting. The following bulletins were used as source material. At the first meeting each class member made up a kit of these bulletins together with mimeograph sheets on "stay lines" compiled by Miss Church.

- U. S. Dept. of Agr. Farmer's Bulletin No. 1894 "Coat Making at Home"
- U. S. Dept. of Agr. Mis. Pub. 591 "How to Tailor a Woman's Suit"
- U. S. Dept. of Agr. Farmer's Bulletin No. 1968 "Pattern Alteration"
- U. S. Dept. of Agr. Farmer's Bulletin No. 1964 "Fitting Dresses"

In November it was necessary for Miss Church to come one day in addition to the regularly scheduled series in order to complete all instructions. In addition, the Agent spent four days with special work with neighborhood groups. Because of the tailoring School, thirty six leaders, adult and 4-H have reached a higher level of accomplishment than ever before. They are proving very helpful in building correct clothing procedures in their communities and will continue to do so for years to come. The Agent considers it a job extremely well done.

The culmination of the Tailoring School came in January of this current year in the form of a "Dress Revue" tea with Miss Church as guest of honor. The place for the event was the home of Mrs. Esther Whitman, a member of the Class. Mrs. Whitman is a Home Economics graduate who, before her marriage taught Home Economics in the Yuma schools. Her home shows evidence on every side of the things which are taught in the Home Demonstration program so it furnished a very appropriate setting. Each class member had the privilege of inviting five guests. Approximately one hundred and fifty people attended. Each class member modeled the suit or coat she had made. One of the members wrote a very fine poem depicting the School's experiences. This was mimeographed and presented diploma fashion to each member of the school.

In May and June of this current year, a series of Leader meetings on "Pattern Alteration" were held with the State Clothing Specialist in charge. The series began with a comprehensive discussion of choice of pattern followed by a demonstration on how to

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measure using one of the leaders as a model. Afterwards, Leaders worked in groups of two with the result that each had her own card with her accurate measurements tabulated. Farmers' Bulletin No. 1968 "Pattern Alteration" was given to each leader to use as a guide in giving the work back to her own group. At the second meeting, after an illustrated talk on the techniques of pattern alteration, leaders each altered a pattern for herself. This work was subsequently successfully given back to all organized groups. A total of 199 members altered patterns at meetings. For the follow-up meetings a kit was left in the County by Miss Church and was used by all groups.

A number of years ago, the Home Demonstration Agent, because of popular demand, held meetings in all communities including the northern part of the County on the making of paper dress forms. Many dress forms were made at that time and since the Agent has heard from time to time of groups who have met to make forms for each other. The last two years, however, there has been a real revival of interest in the making of forms. When the Agent could not find an experienced Leader, she has, upon request conducted work meetings herself. During the current year there have been two such meetings held at each of which two dress forms have been completed.

This current year, because of a crowded program, clothing meetings in preparation for Christmas have had to be curtailed. There were, however, a number of such meetings with Leaders in charge. For these the Agent furnished illustrative material, etc., as follows: Patterns for Stuffed Toys; Stencil Patterns with Stencil Paints; Apron Patterns.

SUB PROJECT C-- Clothing Economics

While there has been no time for formal meetings in clothing Economics during the current year, previous years work has had its influence. For several years clothing economics was carried under the caption "Care of Clothing Series". The first of the series was "Identification of Fibres", the second was "Laundering Techniques", the third was "Dry Cleaning". Later the series branched out into clothing storage. The phase chosen was storage of shoes and sewing equipment and included a work meeting for making, among other things, portable sewing cabinets. These cabinets have proven very popular. The first year they were made in all Home Demonstration Clubs. Since then there have been numerous reports of sewing cabinets having been made.

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SUB PROJECT D -- 4-H CLOTHING

One thing was added to the 4-H clothing program this current year which is proving a real step in advance. For the first time we have held a Leader Training School. For the convenience of leaders, two divisions of two days each were made as follows:- one for the Clothing Leaders and 4-H Mothers in the Roll-Wellton area - the other for Leaders and Mothers in the Upper and Lower Yuma Valleys and in the North and South Gila Valleys. A careful study of 4-H clothing bulletins was made and illustrative material made. The State Clothing Specialist was in charge of these meetings and they were highly successful both in interest shown and in spread of influence.

For five years now, the Junior Agricultural Fair has considerably altered the activities of the Home Demonstration Agent with 4-H clothing club work. Active step-up in project and special preparation has continued from January until the Fair began.

This current year, as before told, the Agent has had part time assistance in the person of Miss Mary Gail Bonsall, Itinerant Assistant Home Demonstration Agent.

In the clothing field, the work centers around work with leaders and club members on completing projects, on preparing demonstrations, on judging instructions, on plans for exhibits of entries and for the dress revue.

Exhibits at the Fair this year were as numerous as in previous years and their quality was better. It was agreed that the good effects of the Leader Training in January was in evidence. As before mentioned, this was the first year when all 4-H Home Economics exhibits were arranged in Club or community booths. All clothing clubs as well as all communities in the County had booths. This required quite a little special planning and work on the part of everyone concerned: Home Demonstration Agents; Club Leaders; Home Demonstration Clubs; 4-H Clubs. However, in the final analysis it was well worth the effort, the general effect of the clothing as well as other exhibits was a real improvement over previous years and community and club interest was increased.

The Dress Revue at the Fair this year had for a theme "Fashions in the Sun." A back drop with cathedral windows through which special lighting effects were arranged was used. The revue itself was well done and showed an improvement in form over previous years. Between scene entertainment consisted of the following: A Spanish Dance by the Gadsden Go Getter girls; A Tumbling Act by the Somerton Girls; two solos (4-H songs) by Myrna Ellis of the Little Women Club.

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Clothing contests at the Fair resulted in the following delegates to the 4-H Roundup: Tailored Suit, Dress Revue, Billie Jean Whitman; Best Dress, Dress Revue, Julia Sleeth; School Dress, Dress Revue, LaDonna Euhus; Party Dress, Gloria Martinez; Play Suit, Myrna Ellis; Senior Clothing Demonstration Team, Gloria Martinez and Myrna Ellis; Senior Clothing Demonstration Individual, Billie Jean Whitman; Junior Clothing Demonstration individual, Dorothy Lee; Senior Clothing Judging Team is Jill Cannon, Julia Sleeth and Myrna Ellis; Junior team is Dorothy Lee, Charlotte Salyer and Arlene Johnston.

At the Roundup, the following contestants were in the blue ribbon class: -

Dress Revue : Billie Jean Whitman - Tailored Suit
 Julia Sleeth - Best Dress
 LaDonna Euhus - School dress
 Gloria Martinez - Party Dress

Senior Clothing Demonstration Team:
 Gloria Martinez and Myrna Ellis

Junior Clothing Demonstration Individual:
 Dorothy Lee

Junior Clothing Judging Team:
 Dorothy Lee, Charlotte Salyer, Arlene Johnston

Of the above, Gloria Martinez was State Dress Revue winner and as such has won a trip to the Club Congress in Chicago. Gloria is a Spanish American girl and as such is the first to have won the State Dress Revue. She designed her own costume as well as making it. While it is very becoming to Gloria, it would not suit the average girl, so she stands out among other as a distinctive person. As before told, the overdress is of lavender cotton eyelet embroidery and the underdress is of lemon yellow cotton broad cloth. Her slippers are multi-colored and she wears some artificial sweet peas which repeat the colors of her dress.

As this report is being written clothing clubs have been organized for the year 1950-51. Leaders are functioning better than in any previous year. This is largely due to efforts and contacts of previous years supplemented by incentive gained at the State 4-H Leader Camp held this current August; by a Leader meeting held this October in Yuma; and by help in the person of Miss Mary Gail Bonsall.

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XV. Home Management

SUB PROJECT A--Selection

Since a Home Management Specialist was added to the Staff three years ago in the person of Miss Grace Ryan, the Agent has observed a real advance in Home Management and Home Furnishing Work in the County.

The 1947 meeting on "Kitchen Storage" was held in May with nine communities represented by their leaders.

The specialist brought with her excellent illustrative material and the morning was spent in discussing things that can be done to improve kitchen storage following the theme of making the kitchen work for the homemaker, rather than the homemaker working for the kitchen.

In the afternoon, the group was taken for a tour of the Manual Training Center at the Yuma Union High School. The instructor in charge demonstrated the proper use of such tools as: cross-cut saws; rip saws; chisels, rasps, planes.

The entire day was well spent and the leaders expressed themselves as judging the subject matter practical and very logically presented.

Miss Ryan, the Specialist, left her illustrative material for use in the individual club meetings. It included suggestions for stagger and vertical sectioning of shelves and drawers to make for convenient kitchen storage; devices such as knife holders, spice shelves, arrangement of equipment to make for saving labor, etc. There was a file of picture clippings and an ample supply of reprint of the Country Gentleman, May, 1946, article entitled "Better Kitchen Storage".

This furnished material for excellent meetings on "Kitchen Storage" in all Home Demonstration Clubs.

In 1948 and 1949, two hundred and thirty seven homemakers have reported using at least one suggestion. Reports are as follows:

Number who have scored their kitchens	143
Number who have made a labor or time saving improvement	219
Number who have fixed a better work area	122
Number who have stored items near job	215
Number who have planned storage to fit articles	116
Number who have studied storage for articles seldom used	108

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In January of 1948, the second leader meeting was held on "kitchen storage" with Miss Ryan in charge.

As is the custom the meeting began at ten in the morning. Nine communities were again represented by leaders and a busy day was spent. This time, rather than storage for small equipment the work centered around floor plans and the arrangement of large equipment. This work has subsequently been presented to all Home Demonstration Clubs. Homemakers who were definitely planning to build or remodel their homes and who promised to make use of the material were supplied with miscellaneous publications No. 622 of the United States Department of Agriculture entitled "Your Farm Home Cut-Outs to Help in Planning. Twenty-seven of these publications were given out and the names recorded. All have reported using the cut-outs in planning.

Last year and this year "Cut-out" books have been given out by special request to rural homemakers who are prospective "builders". There have been twenty one of these. All have reported finding the cut-outs very helpful. This current year the Agent has visited homes in nine communities where ideas from the kitchen storage meetings have been used. These had varied from an entirely new kitchen to a rearranged cupboard or a utensil drawer.

In October of 1949, Miss Ryan was again in Yuma County for our Home Demonstration Council meeting. She brought along the floor plans and miniature replica of the expanding farm house which had been prepared for the Country Life Conference at the University. This Miss Ryan used for an illustrated discussion on the subject at the meeting. She left the material and it remained in the County until this current Fall. It was used for the following:

- 1) Discussion at various home demonstration club meetings
- 2) An Exhibit in the Agent's office
- 3) Illustrative material for talks at Yuma-Mesa and Crane Farm Bureau meetings.
- 4) Illustrative material for work on storage with senior 4-H girls.

There has since been published by the State Extension Service an Extension Folder 59 entitled "The Expanding Farm House". Copies of this folder are kept on the bulletin board in the Home Demonstration Agent's office. While to the Agent's knowledge no houses have been erected using the plan as a whole, still many of the ideas have been used. Particularly is this true of the storage plans.

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The last of November, 1948, a leader meeting was held on the subject "Problem Windows" with Miss Ryan in charge. The subject was chosen because of a preference expressed by several communities as a follow up of the County Council meeting in October. Follow up of this leader meeting was a part of 1949 year's program.

Since that time, the Agent has used the "Problem Window" subject matter to help with request conferences on selection of drapes, etc. There were seventeen such requests in 1949 and eighteen in 1950.

SUB PROJECT B - Construction

In 1949, one Home Demonstration Club voted to actually make drapes for one of their members who has been a member of the community for many years and who recently moved into a new home built on the place. The Agent helped with the selection of material to harmonize with the "ice-green" walls. Lined drapes were made by the club under the supervision of the Agent. They were really professional looking when finished and the room was made over in appearance. Everyone concerned was delighted.

On three occasions during the current year, the Agent has counselled with leaders who were undertaking the making of drapes as a club project.

On another occasion, a member of the Wednesday Afternoon Club had recently added three rooms to her home. The Agent met with the group and directed making drapes for these three rooms. The drapes are at present up and very satisfactory.

On still another occasion, the Agent met with a group from the Junior and Senior Yuma Woman's Club and directed making drapes for their new club house. This building is used a great deal for community affairs. The drapes are at present up and very satisfactory.

The Home Management Specialist's bulletin "Tailor Your Draperies" is being used in all communities. Home Makers are reporting that is very understandable and easy to follow. It has been distributed at Club meetings and is kept for distribution on the bulletin board in the Home Demonstration Agent's office

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XV. HOME MANAGEMENT

SUB PROJECT B - Construction

In April of the current year, Miss Ryan, Home Management Specialist, was in charge of a Leader meeting on the subject "Special Wood Finishes". This was the second in a series of two meetings, the first having been held the last of November in 1949 and dealt with the subject of "Furniture Refinishing". During the current year, subject matter from both leader meetings was given back to all organized clubs. Incomplete reports show that one hundred and fifty seven home makers have actually used the subject matter to improve their homes. Bulletins written by Miss Ryan entitled "furniture Repair" and "The Finish Counts" have had circulation in all communities and requests for additional copies are coming to the Agent all the while.

During the summer months Home Demonstration Clubs in the Upper Yuma Valley and in the North Gila Valley maintained work shops for the purpose of refinishing furniture. The meetings extended over a period of six weeks and chairs, tables, chest of drawers, dressers were worked on. Perhaps the most pretentious was the lime oaking of a set of dining room chairs. Another was the refinishing of a large vanity dresser. When the white paint was removed it was found to be birdseye maple. Hot linseed oil was used in refinishing. It was much improved in appearance.

In September of the current year, Miss Ryan was in the County and an introductory meeting on the subject "Importance of Correct Lighting in the Home" was held for County Leaders. Twenty one leaders attended representing eleven communities. Miss Ryan opened up a new field in lighting and its importance for all those who attended the meeting. Her approach was to show the importance of correct light to the maintenance of eye sight. Her illustrative material was practical, readily interpretable by the leaders and very much to the point. The kit was left in the County for the use of leaders at Home Demonstration Club meetings and it was taken by one of the leaders at the close of the meeting for use that same evening at a meeting. This leader reported back its successful use. The kit has subsequently been used for successful meetings in all organized clubs. The bulletin "Making Light Work for You" has been distributed and briefed.

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Following this initial Leader meeting two schools of two days duration each have been held for the purpose of showing the mechanics of lamp shade construction. Miss Ryan was again in charge and leaders worked up some very fine examples of modern lamp shades. All steps had been thoroughly explained by Miss Ryan in two mimeographed bulletins entitled "Making Lamp Shade Patterns" and "Making Simple Lamp Shades". These are being used by the Agent and leaders in work meetings in the various communities. So far meetings have progressed to the stage of making patterns. Most groups have decided to postpone actually making the shades until January of 1951 because of the press of things to do over the holidays. Any report of results must obviously await the 1951 Annual Report. Suffice it to say that there is decided interest in good lighting and in lamp shade making and that schools are planned for all communities.

Home Demonstration Clubs have been working with upholstery and slip covers for many years, so there is a good amount of experienced information on the subject in all communities. Because of a full program, the Agent now personally supervises work meetings only when it is to maintain standards.

This current year the work on re-upholstery has been materially helped thru the use of the bulletin "Re-upholstering a Chair at Home". The bulletin originated at Oregon State College and reprinted by our own State Extension Service. This bulletin has been distributed to all communities of Yuma County and the Agent has had twelve reports of its use.

In January of the current year, the Agent supervised two work meetings when an over stuffed chair and divan were covered.

In March, the Agent supervised one all day meeting on slip covers and draperies combined. Twenty-four women were in attendance and a lot of work was accomplished. Everyone was amazed and delighted at the results.

SUB PROJECT C - Economics

The Economic phase of the Home Management program has been a part of all project work in the County. In March of 1949, it was separated for special consideration when Miss Ryan, Home Management Specialist was in charge of a leader meeting on buying techniques, the subject of which was "Outwitting the dollar". Miss Ryan left a kit for the use of leaders in presenting the program and the meeting was subsequently given back to all organized groups. While results have been intangible and no attempt has been made to reduce them to mathematical proportions, there has undoubtedly been much spread of influence and still continues to be.

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XVIII Community Activities

SUB PROJECT A -- Related Agencies

For the past five years, the first place on the list of helps from relation agencies goes to the Yuma Senior Chamber of Commerce and to the Crane School. The Chamber of Commerce has furnished funds for all cash prizes at the Junior Agricultural Fair and for trips to the 4-H Roundup in Tucson. The Crane School has been host for five years for the Junior Agricultural Fairs and for the Recognition Banquets. Not to much can be said for the splended cooperating of the school principal, Mr. Warren Sirrine, as well as his grounds maintenance staff.

SUB PROJECT B -- Conferences

Conferences attended without the County has been less than in 1949 when eight were attended:

April 10 to 13	- Country Life Conference, Tucson
May 23 to 25	- Food Preservation School, Tucson
June 6 to 10	- 4-H Roundup, Tucson
July 25 to 30	- 4-H Leader Camp, Geronimo
Oct. 5 and 6	- Cochise County Fair, Douglas

There were, however, two additional conferences attended by the Agent on Annual Leave time which had a direct bearing on her work as follows:

March 24 and 25	- Arizona Conference on Rural Life and Education, Phoenix
June 30 -July 7	- Biennial Convention, Business and Professional Women's Club, San Francisco

The Home Demonstration Agent is very sorry to report a small delegation to the Country Life Conference. It appears that the Easter holiday will never be an oportune time for Yuma County. Our crops are just enough advanced over other counties to make the time one of the busiest of the entire year and rural women do not like to be away from home as a result. Then house guests and children home from school seem to keep many at home. But three women from as many Yuma County communities attended while scores of women expressed their sincere regret at not being able to attend.

The Food Preservation School at Tucson has been previously reported under XIII, B and the 4-H Roundup has been likewise reported under D, I, D.

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Representatives From Somerton Attend Conference

The Somerton area was well represented at the 4-H Club Leaders' and Junior Leaders' conference held last week at Camp Geronimo near the Mogollon Rim.



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Those attending were Mrs. Jim Minter, Mrs. Everett Jones, Frank Minter, and Lester Gibson. Going from the Upper Valley were Carter Wilsey, Bill Kryger, and Betty Bickers and from the Roll-Wellton area were Mrs. Clyde Gains, Gary Todd and Sandra Gaines. Miss Mariel Hopkins, Yuma county home demonstration agent, was a staff member.

The conference was very much a success both in the meetings proper and in the activities and camp life. Morning and afternoon sessions were devoted to training leaders to conduct successful 4-H Club meetings and projects. Much was gained from exchange of ideas among leaders and in round table discussions.

The evenings were given over to recreation stressing things which can be successfully done in club work "back home."

In all, one hundred fifteen leaders and staff members from various communities in the state attended. The weather was ideal, the scenery beautiful, camp facilities satisfactory, and the food good. It was a profitable and very pleasant experience, this second annual State 4-H Leader conference and all delegates are looking forward to the third next summer. A big thank you goes to the Sears Roebuck Foundation who sponsored the conference and paid the expenses of all leaders while at camp.

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Five days were spent in attendance at the State 4-H Leader Conference July at Camp Geromino. A delegation of twelve went from Yuma County including leaders and Junior leaders as follows:

Leaders - Mrs. Clyde Gaines of the Wellton-Mohawk area
 Mrs. Frank Minter of Gadsden
 Mrs. Everett Jones of Somerton Vicinity

Junior Leaders - Bill Kryger of the Upper Valley of Yuma
 Carter Wilsey of Crane
 Gary Todd of Roll
 Milton Johnson of Somerton vicinity
 Betty Bickers of Crane
 Frank Minter of Gadsden
 Lester Gibson of Gadsden
 Sandra Gaines of Wellton-Mohawk area

The Agent was in charge of the delegation and was a staff member during the conference.

The subjects discussed included: Organizing your 4-H Club Program; Planning 4-H activities; Health in 4-H Club meetings; project plans; Judging for local club meetings; Safety activities for 4-H Clubs; Demonstrations; 4-H Business meetings; etc. Each evening there was recreation, demonstrating things which can be done in connection with 4-H work. Yuma County took its turn at directing recreation the first evening of camp. On Thursday evening, there was a sunset service on Tonto Ridge with the Yuma County delegation again in charge. The service was built around the official rural life Sunday program. It was short but very impressive and the scenery was awe inspiring. One of the pleasant surprises of the conference was the banquet. In spite of the handicap of camp equipment, a very successful banquet was carried out - table decorations, food, program. All the Yuma County delegation felt that the conference was very helpful in forwarding 4-H Club work and I'm sure it has helped Yuma County's Junior Leadership program.

At the Cochise County Fair the Agent was official judge of Foods and Canning.

Of conferences attended while the Agent was on Annual leave the following can be said:

The State office for Public Instruction in cooperation with the National Education Association sponsored an "Arizona Conference on Rural Life and Education" in the Central Methodist

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D. PROGRAM OF WORK (con't)

Church in Phoenix, March 23, 24, and 25. The Agent was asked to be moderator of the group working on the subject "Securing and keeping satisfactory Teachers and Leaders in Small Communities". She invited Mrs. Anna D. Holling, a former Yuma County School Superintendent and a present Crane School Board member to act as recorder for the group. Together they made the trip to Phoenix on Thursday afternoon, March 23rd. The group discussion occupied the entire day Friday and the findings were given back to the general session at the dinner meeting that night. The trip back to Yuma was made on Saturday. The Agent felt that she got much help and inspiration from the conference.

The Biennial Convention of the Business and Professional Women's Clubs was attended as an official delegate from the Yuma Club where the Agent is serving this year as President. The convention was a very stimulating experience and can well be listed as professional advancement.

Of conferences within the County, the following may be told chronologically:

In January, a joint meeting of the 4-H Leaders and 4-H Members Councils was held at which plans were developed and committees appointed for the 4-H Silver Spur Rodeo Float for February. There was also a discussion of the premium lists and booths for the 4-H Fair to be held in April.

A 4-H County Council meeting was held again in May. Its purpose was to discuss the Junior Agricultural Fair and to make recommendations for the 1951 Fair. In the Home Economics division it was decided to request an Assistant Judge for Miss Church, Clothing Specialist. Clothing exhibits have advanced to the point that two judges are essential. It was recommended that Miss Church judge the senior division exhibits and the Assistant Judge the Junior division exhibits. It was decided to hold the Dress Revue program out of doors which will release a good deal of needed space in the Crane School auditorium for community and club exhibits.

Also in May, A County Homemaker Council meeting was held, the purpose of which was to plan for a Yuma County Country Life Conference. It was decided to have the conference in June and detailed plans were formulated. Results are reported under XVIII, D - Achievement Days.

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D. PROGRAM OF WORK (cont)

Also in May, the Agent met with a group of representative citizens to discuss the development of a Yuma County Fair. It was planned to run it concurrently with the Junior Agricultural Fair. However, it was later decided to abandon the project for 1951, because of our uncertain National picture.

In September, a conference between State and County 4-H Staff members was held in the person of Mr. Kenneth McKee, State Leader, Mrs. Ellen Kightlinger, Assistant State Leader, Mr. Bob McCreight, Assistant County Agent and the Home Demonstration Agent. Plans were made for the County 4-H program for the coming year.

In October, the regular Fall meeting of the Yuma County Homemaker Council was held. Officers were elected for the ensuing year. The program included: a revue, with the aid of slide pictures of 4-H Club work in Arizona; an explanation of the Wetzel Grid; a showing of the United Nations Flag; together with an explanation of making the flag from kits obtainable from the National Committee on Boys and Girls Club work. In the afternoon, the special interest chairmen were announced and the group separated to formulate requests for the 1951 program in: clothing, home management and Home Improvement, nutrition, recreation. The reports were given back to the entire group and officially accepted. From these reports the proposed program for 1951 was forwarded to the State Office.

At the Council meeting, orders were taken for eleven United Nation Flag kits. These were ordered and subsequently made for presentation to eleven schools on United Nations Day, October 24th.

Also in October, a County 4-H Council and Leader Association luncheon was held. Officers were elected for the ensuing year and plans were formulated for the Annual Recognition Banquet.

SUB PROJECT C - Publicity

Publicity may be classified under three heads as follows:
newspaper, radio broadcasts, circular and mimeographed letters.

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D. PROJECT OF WORK (con't)

The Yuma Daily Sun, which is the local newspaper, has given regular publicity to 4-H club work as well as other activities of the Extension Program. The Home Demonstration Agent has shared with other staff members of the County Agricultural Agent's office, a farm page appearing each week in the paper. Until November, this page has appeared each Saturday. For the present the Saturday paper has been discontinued and the farm page changed to Wednesday.

As before told, the Home Demonstration Agent from time to time has given a 15 minute broadcast over KYUM, Yuma. Most of these were given as her share of a regular weekly 15 minute broadcast series given under the auspices of the County Agricultural Agent's office. Some of these dealt with Home Economics subject matter, while others publicized special events such as Junior Agricultural Fair, County Life Conference, State 4-H Roundup, 4-H camp, 4-H Recognition Banquet, 4-H Exhibit at the State Fair, regular Home Demonstration Club meetings and special leader meetings.

There have also been mimeographed newsletters sent to all the mailing list, and as before told a 4-H newsletter published cooperatively by the Ass't County Agricultural Agent and the Home Demonstration Agent.

SUB PROJECT D - Achievement Days

Yuma County's first Country Life Achievement Day was held Sunday, June 11th at the N. C. O. Club House of the Air Base on the Yuma Mesa. It was under the Auspices of the County Home Maker Council and was very successfully carried out. The number of adults attending was approximately one hundred and fifty. Programs distributed prior to the meeting were as follows:

AFTERNOON:-

- 2:00 p.m. Get acquainted
Community Singing led by Yuma-Mesa Homesteaders Club
- 2:30 p.m. Introductory remarks by Miss Jean Stewart, State
Leader of Home Demonstration Work, University of
Arizona, Tucson
- 2:45 p.m. Illustrated talk - "Yuma County's Tailoring School"
by Miss Helen Church, Extension Clothing Specialist,
University of Arizona

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D. PROGRAM OF WORK (con't)

- 3:00 p.m. Movies of Yuma County's 5th Junior Agricultural Fair
- 3:15 p.m. Intermission
Refreshments by Gadsden Home Making Club
- 3:30 p.m. Conducted Tour - Yuma-Mesa Homes and Farms - in charge of Yuma-Mesa Homesteaders Club.
- 5:30 p.m. Pot Luck Supper - arrangements by North and South Gila Homemakers Club. Coffee and iced tea by Upper Valley Home Makers Club (bring sufficient food and service for your own family.)

EVENING:-

- 6:45 p.m. Agriculture Today by Mr. Howard Baker, Assistant Director of Agriculture Extension Service.
- 7:00 p.m. Illustrated Talk "Preface to a Life" by Dr. Edith Lord, Director Arizona State Department of Health Hygiene.
Special Session - "Movies for the children"
- 7:45 p.m. Panel Discussion - "Pioneering in Yuma County"
Moderator - Mrs. Anna Holling
Panel Members - Mr. Henry Frauenfelder
Mrs. Clara Townsend
Mrs. E. C. Cuming
Mr. & Mrs. R. H. McElhaney
Mr. Herman Reeves
Mrs. R. H. Fram
Mr. John Gardner
- 9:00 p.m. Lights out

This is a family day for Yuma County's rural people. Come, get acquainted, and learn about our past, present, and future. A nursery room for the care of small children will be provided.

During May of the current year, the Agent, in cooperation with the Assistant County Agent, visited 4-H Clubs in the northern part of the County and awarded certificates and pins to the 4-H'ers who had completed Home Economics project. Clubs visited were as follows: Quartzsite, Bouse, Parker, Salome, Wenden. In all centers there was a good percentage of completions and enthusiasm over continuing the work for another year.

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D. PROGRAM OF WORK (cont)

This current year the Recognition Banquet was held at the Crane School Auditorium as usual. Approximately three hundred were in attendance including 4-H Club members, leaders, parents, and guests. Leadership certificates, County and State Awards were announced. A new departure this year is that the individual 4-H certificates were not given out at the banquet but have been given at special recognition events held in each community. The reason is that the program, in previous years has been too long drawn out.

Mr. Kenneth McKee was the dinner speaker this year. He gave some helpful suggestions for forwarding 4-H club work in the County.

Subsequent community achievements have been held in all communities in the Southern part of the County. In all cases, these have taken the form of community get-togethers participated in by parents, leaders, 4-H'ers and staff members. They have proven a successful means of measuring enthusiasm for the 4-H program.

On November 4th of the current year, a 4-H Dress Revue was held under the sponsorship of the Simplicity Pattern Company. Miss Ada Lee Marshall was the company representative and she came with twenty costumes complete with accessories for 4-H girls of various ages. There was excellent leader cooperation in preparation for the Revue. The place selected as best adapted for the event was the Recreation room in the Masonic Temple. This we were permitted to use without charge. Decorations were large baskets of zennias together with 4-H Banners and flags. The Revue was followed by a Tea at which fruit punch and home made cookies were served. The affair was really lovely and all who attended or took part were delighted. Miss Marshall gave the 4-H girls excellent coaching in modelling. The only trouble was that it was Yuma County day at the State Fair and free trips as well as program responsibility were furnished to practically every 4-H High School Girl. Many of our most representative girls could not, as a result, be a part of the Dress Revue because they had to be in Phoenix. However, there were approximately one hundred fifty 4-H'ers, their mothers and leaders in attendance.

SUB PROJECT K - Recreation

For the first time in Yuma County, a 4-H Recreation School has been held for the purpose of training Leaders in Recreation Leadership. Dates for the school were December 12, 13, 14, 1949.

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D. PROGRAM OF WORK (con't)

Miss Jane Farwell, nationally known recreation specialist from Wisconsin directed the school. Place of meeting was the Crane School. While only sixteen leaders were actually enrolled, there were a total of thirty eight leaders and junior leaders who benefited from one or more meetings. They represented a total of six communities. Miss Farwell made the work fit the requested needs of the leaders with the result that more than sixty games from mixers, contests and team games, small group games, school room games to various musical games were taught. Everyone felt that the time was well spent and would be very helpful in directing 4-H recreation in the County. However, every one realized that more extensive training was highly desirable. Miss Farwell was an enthusiastic, competent teacher. We liked her presentation and herself very much.

Since the Recreation School, there has been marked improvement in Recreation Leadership in all communities. Communities which could not be represented at the school were contacted by the Assistant County Agent and the Home Demonstration Agent and training meetings held. Particularly have the Junior Leaders who attended the school carried on in directing subsequent recreation meetings.

During the last five years, 4-H Club recreation has received impetus over previous years. Particularly is this true for the older youth groups. Meetings have included a period for singing and for folk dances. In this the Agent has helped when it was expedient, some times as accompanist, others as song leader and in directing games.

One cannot be a Home Demonstration Agent in one County for fourteen years without making many contacts that serve to stimulate Community life, recreational and otherwise. Hence many services have been rendered which, in themselves, may not warrant mention but which have together been a real positive factor.

E. OUTLOOK AND RECOMMENDATIONS

As in previous years, the outlook for Home Demonstration Work in Yuma County seems to be one of comparative security because the things, which the work has to offer are timely and needed in the operation of homes.

With adult groups specific studies for the coming year include: Clothing - "New Techniques in Garment Construction", Home Management - "Laundry Methods", and Nutrition - "Foods for Entertaining". The 4-H Club program is becoming better

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E. OUTLOOK AND RECOMMENDATIONS (con't)

integrated into community life. While the present policy of removing club work from school programs will undoubtedly cause a temporary decrease in the number of boys and girls enrolled, it should deepen the programs roots for real accomplishments.